



Start position.





Move Left Hand from hold 'h0' to hold 'h3'.





Move Right Hand from hold 'h0' to hold 'h3'.





Move Left Hand from hold 'h3' to hold 'h6'.





Move Right Hand from hold 'h3' to hold 'h6'.





Move Right Hand from hold 'h6' to hold 'h7'.





Move Right Hand from hold 'h7' to hold 'h10'.





Move Left Hand from hold 'h6' to hold 'h7'.





Move Left Hand from hold 'h7' to hold 'h10'.