Daily Focus

0	Daily 0 of 5	Nutritional Values % DV (Food, Beverage, Vitamins, Protein, Carbohydrates, Hydration)
	0	Emergen-C
	0	Orgain Protein
	0	Multi-Vitamin
	0	Berry Greens
	0	Wal-Mart
0	Sobr	iety (Safe Paths, AA, Routine)
0	Exercise (VASA Fitness) 0 of 14	
	0	Elliptical Climber
	0	Treadmill
	0	Inclined Bench
	0	Flat Bench
	0	Planks
	0	Sit-Ups
	0	Vertical Jumps
	0	Leg Presses
	0	Leg Raises
	0	Bench Presses
	0	Pull-Ups
	0	Shoulder Raises
	\bigcirc	Rows

	0	Squats	
0	Software Research & Development (Work Flows)		
0	Job Search (Online / On-site) 0 of 6		
	0	VASA	
	0	Walmart	
	0	Raytheon	
	0	Rincon	
	0	Berry Green	
	0	UA	
0	Men	ral Sanity (Isolation, Organization, Preparation, Meditation, Breathing, Stretching)	
0	Apartment / Share (Downtown , Tucson, Oro)		
0	CBI (Psyche, Medical, Nutrition, Casework, Housing) 0 of 13		
	0	Bridget	
	0	Tife	
	0	Judith	
	0	Helen	
	0	Shawn	
	0	Jesse	
	0	Nicole	
	0	DJ	
	0	Alysha	

Ryan Miranda Marissa Bridget Chors Reorganize Wipe Down Surfaces Sweep Vacuum Dishes Prepare Food Check for Maintenance Issues Get Gas Cleaning Laundry **Work Flows** Minimum Ensemble AI (Ensemble Method for Random Signal Classification, Reconstruction, and Decisions) ∩ ∩f 1∩

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ΑII

	0	Contractions
	0	Compressions
	0	Noise
	0	Geometry
	0	Ciphers / Decryption
	0	Reconstruction
	0	Deconstruction
	0	Model Fitting
	0	Search
	0	Discrimination
0	Enha 0 of 2	nced Finite Difference Methodology (MEAI Integration)
	0	Efficiency
	0	Applications / Updates
0	Busir 0 of 9	ness Intelligence
	0	Business Data
	0	Instrument Data
	0	Simulation Data
	0	Sensitivity Analysis
	0	Efficiency Reinforcements
	0	Strategies
	0	Forcasts
	0	Measurement
	0	Presentations

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Errands CSL Plasma (Wednesday, Friday) Laundry (Grant & Alvernon / Pima & Alvernon) Hygiene Groceries Job Interviews Fuel Snail Mail Social Security Card Venmo Debit Card CashApp Card **Blood Donor Card** 0 of 1 0 0+ Voter Registration Card Medical Marijuana Card 0 of 1

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Free Weed

0	Vasa	Fitness Card	
0	Tax Return / W2 0 of 3 • ☐ Wed, Apr 15, 2026		
	0	USPS	
	0	CashApp	
	0	Turbo Tax	
Shopp	oing		
0	Ama 0 of 7	zon Wishlist	
	0	Reebok Boots	
	0	Mummy Bag	
	0	Tent	
	0	Sleeping Pad	
	0	Leatherman	
	0	Clothes (Hoodie, Undies, Socks, Shirts)	
	0	USB-C Phone Charger	
0	Nike	Pegasus 41 Premium	
0	Coac	th Tri-Fold Wallet	
	0	\$60	
0	Oakl	ey's (Flak 2.0 Sapphire Lenses)	
	0	\$267	

0	Reebok Stealth Tactical Composite Toe Boots		
0	Condor Assault Backpack		
0	Binoculars		
0	Cell Phone 0 of 2		
	O Samsung Galaxy		
	O Assurance Wireless		
0	Trek / Specialized Gravel Bicycle (Checkpoint / Diverge)		
0	Car (License, Insurance, Title, Registration, Plates, Tags, Emissions) 0 of 1		
	O Honda Accord		
0	Glock 43X 0 of 3		
	O Case		
	O Hollow		
	O Full		
Health (1)			
0	VASA Fitness 0 of 6		
	O InBody Score of 90		
	O 315 lbs. / 225 lbs. Bench Press		
	O 20km, 10km, 5km Arc / Run		
	O Elliptical Climber 20 / 99 for 30 min / 1 Hour		

	O Vertical Jump of 50"+
	O Hygiene
0	Brain MRI / CT (Banner Medical) ⊟ Thu, Sep 25
0	Chiropractic 0 of 1
	O \$40.00 / Appointment
0	Dental Exam (Screening, Cleaning, Rear Molar Cap, Cavity Filling)
0	Heart Check-Up (Pima Heart)
0	Pelvic X-Ray
0	Blood Work (El Rio Health Center)
0	Urinalysis (El Rio Health Center)
0	Vaccinations (El Rio Health Center / Wal-Mart Pharmacy)
0	Fertility Examination
0	Prescriptions (Trazadone / Ibuprofen / Multi-Vitamin / Magnesium Oxide) @ Wal-Mart
0	Alano Clubs 0 of 4
	O East Side
	O North Side
	O Center Side

	Online Meeting	
0	AHCCCS / EBT Benefits Renewal (1-855-777-8590, AZTEC Case ID: 05848681)	
Legal	1)	
0	Domestic Disturbance Case (McDonald / Janet, 11555 W. CIVIC CENTER DRIVE, BLDG. C MARANA AZ 85653) 0 of 1 。 🕞	Δ,
0	O (520) 382-2700 Go to court in-person when? New DUI Evaluation 0 of 2 • □	
	O Sonoran Serenity	
	520-554-3812	
	Sonoran Serenity DUI Evaluation / Treatment	
0	DUI Informal / Formal Hearing (Illinois -> Arizona) 0 of 1	
	O 773-794-5822	
0	Driver's License (Sobriety, Informal / Formal Hearing, AA Letters / References / Sponsor, Risk Assessment, Treatment) 0 of 6	
	O DMV Appoinment	
	O PD Appointment	
	O Plates	
	O Tags	
	O Registration	
	O Insurance	
0	Insurance (Rental, Car, Life, Medical, Dental)	

0	Psychological Waiver / Psychiatry 0 of 3
	O El Rio
	O Tucson Outpatient Psychiatry
	O CBI
0	On Duty Public Defender (407 W Congress, Tucson AZ, 85701) 0 of 1 $ \cdot \Box$
	O 5208797500
	We need to develop a strategy, or direction for the hearing in Illinois. What are the facts about reciprocity, jurisdiction, and statute between states?
0	Concealed Carry Permit (NICS / FBI / IL Waiver) □ Note
	Need psyche waiver
\bigcirc	Military Reserve (Army / Air Force)
\cup	□ Note
O	Need Driver's License
Subsc	
Subsc	Need Driver's License
Subsc	Need Driver's License riptions
Subsc	Need Driver's License riptions VASA Fitness
Subsc	Need Driver's License riptions VASA Fitness Microsoft Office 365 Subscription Amazon Prime
Subsc	Need Driver's License riptions VASA Fitness Microsoft Office 365 Subscription Amazon Prime 0 of 1
Subsc	Need Driver's License riptions VASA Fitness Microsoft Office 365 Subscription Amazon Prime 0 of 1 O 18882803321 Cellular Service

0	Netflix
0	Spotify
Debt	
0	Repayment (Student Loans / CARE / SAVE / Federal Balance) 0 of 1
	O CARE
0	Credit Cards 0 of 9
	O Capital One
	O Discover
	O Revvi
	O Credit One
	O Merrick
	O Premier Bank
	O Destiny
	O Old Navy
	O FNBO
0	Private Loans 0 of 2
	O Lending Point
	O Buffalo Lake
Deliqu	ency
0	VASA Fitness

ΑII Thursday, September 11, 2025 The Springs on 5th TEP Verizon **Further Education** Higher Education (PhD. EE / MBA) Activities Gift Shop **Boogie Boarding** Skim Boarding Surfing **Indoor Surfing** Trampoline Certification Leisure Driving Sand Castles

0	Cooking Classes
0	Karate
0	Ju-Jitsu
0	Yoga
0	Casino
0	Hair Dresser
0	Salon
0	Spa
0	IV Clinic
0	Four Wheeling
0	Darts
0	Play Catch
0	Skate Boarding
\circ	Roller Blading

0	Sight Seeing
0	Table Tennis
0	Pool
0	Self Defense Classes
0	Hang Gliding
0	Go for a Drive
0	Listening to Music
0	Music Instrument Lessons
0	Kava / Kratom Bar
0	Grab Coffee
0	Gifting
0	Laying Out
0	Picnic
0	Volley Ball

0	Material Scavenging
0	Item Donations
0	Riding the Bus
0	Driving Range
0	Golf
0	Tennis
0	Sensory Deprivation Tank
0	Rock Wall Climbing
0	Honey Sequence
0	Surfing the Internet
0	Video Games / Computer Games
0	Swimming
0	Reading
0	Writing

0	Drawing / Painting
0	Arts & Crafts
0	Dog Walking
0	Board Game
0	Play the Lottery
0	Dirt Biking
0	Dune Buggy
0	Sand Surfing
0	Sex
0	Hunting
0	Bar Hopping
0	Paddle Ball
0	Theatre Play
0	Music Concert

0	Mud Run
0	Fencing
0	Panic Rooms
0	Sporting Event
0	Window Shopping
0	Blood Donations
0	Documentary
0	Lecture
0	Lecture Ballet
OOO	
0 0 0	Ballet
	Ballet Planetarium
	Ballet Planetarium Symphony Orchestra

0	Horse Races
0	AA
0	Church 0 of 1
	O Pantano
0	Grooming
0	Meditation
0	Sleep
0	Puzzles
0	Learning
0	Speech Practice
0	TV Show
0	Movie Theatre
0	Fishing
0	Camping
0	Photography

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0	Coding		
0	Volunteering 0 of 3		
	O Reid Park Zoo		
	O Humane Society		
	O Church		
0) Biking		
0) Dining Out		
0	The Loop		
0	Walking / Jogging / Running (Day / Night)		
0	Shooting Range		
0	Bird Watching		
0	Star Gazing		
0) Hiking		
0) Public Skating		
0	Pickle Ball		

0	Indoor / Outdoor Sky Diving
0	Paintball
0	Arcade
Bucke	et List
0	Visit Jerusalem, Israel
0	Visit London, England
0	Visit Edinburgh, Scotland
0	Visit Rome, Italy
0	Visit Dublin, Ireland
0	Get an MBA
0	Bungee Jumping
0	Get a PhD
0	Travel the World
0	Publish Literature
0	Meet an Extraterrestrial in Person

0	Children
0	Patent
0	Self-Run Business
0	Marriage
0	Wingsuit Jumping

Outdoor Sky Diving