

# Daily Focus

Sunday, July 13, 2025

☐ Sobriety ( Safe Paths, AA, Sponsorship, Routine )

☐ CBI ( Psyche, Medical, Nutrition, Casework, Housing )  
0 of 8

☐ Bridget

☐ Tife

☐ Judith

☐ Helen

☐ Shawn

☐ Jesse

☐ Nicole

☐ DJ

☐ Daily Nutritional Values %DV ( Food, Beverage, Vitamins, Protein, Carbohydrates, Hydration )  
0 of 5

☐ Emergen-C

☐ Orgain Protein

☐ Multi-Vitamin

☐ Berry Greens

☐ Wal-Mart

☐ Exercise ( VASA Fitness )

☐ Mental Sanity ( Isolation, Organization, Preparation, Meditation )

☐ Job Search ( Online / On-site )  
0 of 10

☐ VASA



# Daily Focus

Sunday, July 13, 2025

- ☐ Pet Smart
- ☐ Walmart
- ☐ Raytheon
- ☐ Rincon
- ☐ Coffee Shop
- ☐ Bowling Alley
- ☐ Berry Green
- ☐ UA
- ☐ Bacio
  
- ☐ Apartment ( Downtown / Tucson / Oro )

