

Tasks

- ☐ Marry Ava Alice Raubach
☀ My Day

Daily Focus

- ☐ CBI (Psyche, Medical, Nutrition, Casework, Housing)
0 of 8
 - ☐ Bridget
 - ☐ Tife
 - ☐ Judith
 - ☐ Helen
 - ☐ Shawn
 - ☐ Jesse
 - ☐ Nicole
 - ☐ DJ
- ☐ Daily Nutritional Values %DV (Food, Beverage, Vitamins, Protein, Carbohydrates, Hydration)
0 of 5
 - ☐ Emergen-C
 - ☐ Orgain Protein
 - ☐ Multi-Vitamin
 - ☐ Berry Greens
 - ☐ Wal-Mart
- ☐ Exercise (VASA Fitness)
- ☐ Mental Sanity (Isolation, Organization, Preparation, Hugs, Kisses)



- ☐ Sobriety
- ☐ Apartment (Downtown / Tucson / Oro)

Work Flows

- ☐ Minimum Ensemble AI (Ensemble Method for Random Signal Classification, Reconstruction, and Decisions)
- ☐ Enhanced Finite Difference Methodology (MEAI Integration)

Errands

- ☐ Hygiene
- ☐ Groceries
- ☐ CSL Plasma
- ☐ Laundry
- ☐ Fuel

Shopping

- ☐ Amazon Wishlist
0 of 7
 - ☐ Reebok Boots
 - ☐ Mummy Bag
 - ☐ Tent
 - ☐ Sleeping Pad
 - ☐ Leatherman






- ☐ Clothes
- ☐ USB-C Phone Charger
- ☐ Oakley's (Flak 2.0 Sapphire Proper) (\$267.00)
- ☐ Coach Tri-Fold Wallet
- ☐ Cell Phone (Samsung / Motorola / Verizon / T-Mobile \$100.00 - \$1300.00)
0 of 2
 - ☐ Verizon
 - ☐ Cricket
- ☐ Trek / Specialized Bicycle (Gravel Checkpoint / Diverge \$1999.99 - \$5999.99)
- ☐ Car (License, Insurance, Title, Registration, Plates, Tags, Emissions)
0 of 1
 - ☐ Honda Accord

Health (1)

- ☐ VASA Fitness
0 of 4
 - ☐ Raise InBody Score
 - ☐ Hygiene
 - ☐ Set New PRs
 - ☐ Set New PRs
- ☐ Alano Club
0 of 3
 - ☐ East Side
 - ☐ North Side

- ☐ Center Side
- ☐ Dental Exam (Cleaning, Rear Molar Cap, Cavity Filling)
- ☐ Brain MRI / CT
- ☐ Heart Check-Up
- ☐ Pelvic X-Ray
- ☐ Fertility Examination

Legal (1)

- ☐ Domestic Disturbance Case (McDonald / Janet, 11555 W. CIVIC CENTER DRIVE, BLDG. C MARANA, AZ 85653)
 Note
- ☐ DUI Formal Hearing (Illinois -> Arizona)
- ☐ New DUI Evaluation
 Note
- ☐ On Duty Public Defender (407 W Congress, Tucson AZ, 85701)
 Note
- ☐ Driver's License (Sobriety, Formal Hearing / AA Letters / References / Sponsor, Risk Assessment, Treatment)
- ☐ Psychological Waiver / Psychiatry
0 of 3
 - ☐ El Rio
 - ☐ Tucson Outpatient Psychiatry
 - ☐ CBI

Subscriptions



- ☐ VASA Fitness
- ☐ Microsoft Office 365 Subscription
- ☐ Amazon Prime
 - 📅 Fri, Jul 18

Debt

- ☐ Repayment (Student Loans / CARE / SAVE / Federal Balance)
 - 0 of 2
 - ☐ CARE
 - ☐ CARE
- ☐ Credit Cards
 - 0 of 9
 - ☐ Capital One
 - ☐ Discover
 - ☐ Revvi
 - ☐ Credit One
 - ☐ Merrick
 - ☐ Premier Bank
 - ☐ Destiny
 - ☐ Old Navy
 - ☐ FNBO
- ☐ Private Loans
 - 0 of 2
 - ☐ Lending Point
 - ☐ Buffalo Lake



Delinquency

- ☐ VASA Fitness
- ☐ The Springs on 5th
- ☐ TEP
- ☐ Verizon

Further Education

- ☐ MBA
- ☐ Higher Education (PhD. EE)

Activities

- ☐ Material Scavenging
- ☐ Item Donations
- ☐ Riding the Bus
- ☐ Driving Range
- ☐ Golf
- ☐ Tennis



- ☐ Sensory Deprivation Tank
- ☐ Indoor Skydiving
- ☐ Rock Wall Climbing
- ☐ Honey Sequence
- ☐ Surfing the Internet
- ☐ Video Games / Computer Games
- ☐ Swimming
- ☐ Reading
- ☐ Writing
- ☐ Drawing / Painting
- ☐ Arts & Crafts
- ☐ Dog Walking
- ☐ Board Game
- ☐ Play the Lottery



All

Tuesday, July 8, 2025

- ☐ Dirt Biking
- ☐ Dune Buggy
- ☐ Sand Surfing
- ☐ Sex
- ☐ Hunting
- ☐ Bar Hopping
- ☐ Paddle Ball
- ☐ Theatre Play
- ☐ Music Concert
- ☐ Mud Run
- ☐ Fencing
- ☐ Panic Rooms
- ☐ Sporting Event
- ☐ Window Shopping



- ☐ Blood Donations
- ☐ Documentary
- ☐ Lecture
- ☐ Ballet
- ☐ Planetarium
- ☐ Symphony Orchestra
- ☐ Cards
- ☐ Starr Pass / Hotel
- ☐ Cabin
- ☐ Horse Races
- ☐ AA
- ☐ Church
 - 0 of 1
 - ☐ Pantano
- ☐ Grooming
- ☐ Meditation



- ☐ Sleep
- ☐ Puzzles
- ☐ Learning
- ☐ Speech Practice
- ☐ TV Show
- ☐ Movie Theatre
- ☐ Fishing
- ☐ Camping
- ☐ Photography
- ☐ Coding
- ☐ Volunteering
 - 0 of 3
 - ☐ Reid Park Zoo
 - ☐ Humane Society
 - ☐ Church
- ☐ Biking



All

Tuesday, July 8, 2025

- ☐ Dining Out
- ☐ The Loop
- ☐ Walking / Jogging / Running
- ☐ Shooting Range
- ☐ Bird Watching
- ☐ Star Gazing
- ☐ Hiking
- ☐ Public Skating
- ☐ Pickle Ball
- ☐ Sky Diving
- ☐ Paintball
- ☐ Arcade

