

Daily Focus

Thursday, July 10, 2025

- ☐ CBI (Psyche, Medical, Nutrition, Casework, Housing)
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- ☐ Daily Nutritional Values %DV (Food, Beverage, Vitamins, Protein, Carbohydrates, Hydration)
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- ☐ Exercise (VASA Fitness)
- ☐ Mental Sanity (Isolation, Organization, Preparation, Meditation)
- ☐ Sobriety
- ☐ Apartment (Downtown / Tucson / Oro)

Completed

- ☒ Job Search
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