

Daily Focus

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- ☐ Daily Nutritional Values % DV ( Food, Beverage, Vitamins, Protein, Carbohydrates, Hydration )  
0 of 5 ★
- ☐ Sobriety ( Safe Paths, AA, Routine ) ★
- ☐ Exercise ( VASA Fitness )  
0 of 14 ★
- ☐ Software Research & Development ( Work Flows ) ★
- ☐ Job Search ( Online / On-site )  
0 of 8 ★
- ☐ Mental Sanity ( Isolation, Organization, Preparation, Meditation, Breathing, Stretching ) ★
- ☐ Apartment / Share ( Downtown , Tucson, Oro )
- ☐ CBI ( Psyche, Medical, Nutrition, Casework, Housing )  
0 of 13

Shopping

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- ☐ Amazon Wishlist  
0 of 7
- ☐ Nike Pegasus 41
- ☐ Coach Tri-Fold Wallet  
0 of 1
- ☐ Oakley's ( Flak 2.0 Sapphire Lenses )  
0 of 1
- ☐ Reebok Stealth Tactical Composite Toe Boots



All

Saturday, August 30, 2025

- ☐ Condor Assault Backpack
- ☐ Cell Phone  
0 of 2
- ☐ Trek / Specialized Gravel Bicycle ( Checkpoint / Diverge )
- ☐ Car ( License, Insurance, Title, Registration, Plates, Tags, Emissions )  
0 of 1
- ☐ Glock 43X  
0 of 3

