

# Daily Focus

Tuesday, July 8, 2025

☐ CBI ( Psyche, Medical, Nutrition, Casework, Housing )  
0 of 8

- ☐ Bridget
- ☐ Tife
- ☐ Judith
- ☐ Helen
- ☐ Shawn
- ☐ Jesse
- ☐ Nicole
- ☐ DJ

☐ Daily Nutritional Values %DV ( Food, Beverage, Vitamins, Protein, Carbohydrates, Hydration )  
0 of 5

- ☐ Emergen-C
- ☐ Orgain Protein
- ☐ Multi-Vitamin
- ☐ Berry Greens
- ☐ Wal-Mart

☐ Exercise ( VASA Fitness )

☐ Mental Sanity ( Isolation, Organization, Preparation, Meditation )

☐ Sobriety

☐ Apartment ( Downtown / Tucson / Oro )

Completed

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Job Search  
0 of 10

- ☐ VASA
- ☐ Pet Smart
- ☐ Walmart
- ☐ Raytheon
- ☐ Rincon
- ☐ Coffee Shop
- ☐ Bowling Alley
- ☐ Berry Green
- ☐ UA
- ☐ Bacio

