

Facilitators' Handbook

Maize Plant Discipleship Handbook

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PRE-PUBLICATION DRAFT

Not intended for wide distribution

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Maize Plant Discipleship Learning Groups

What is Maize Plant Discipleship?

Maize Plant Discipleship is a learning resource, designed to be practical, relevant and accessible for use in African and other majority world contexts. It has been derived and road-tested in collaboration with Africans, formulated in response to contextual doctoral research in Burkina Faso and is being published as a series of short, modular, low-cost handbooks:

- suitable for formal and informal modes of study,
- incorporating reflective learning and group discussions,
- reliant simply upon facilitators co-ordinating small learning groups,
- easily replicable, in terms of both republication and training.

Its goal is to facilitate biblical learning that continuously moves outwards, drawing whole communities into patterns of scripturally-based discipleship, in living dialogue with contextual culture.

Maize Plant Discipleship Learning Groups

Maize Plant Discipleship is intended to be an open, reflective, group learning process, in which leaders and learners alike participate together in discovering what the Spirit is saying, as Scripture is studied and related to contextual *signs of the times*.

Why learning groups?

There are many reasons to bring together a group of people to learn together. Some people would point to Jesus' gathering of twelve disciples. For most people, groups represent a natural and lively place in which to learn. They bring together people with different experiences, gifts, capacities and perspectives.

When we share our lives, we learn together and *learning groups* mirror this reality. Together, we experience and learn quite differently to when we study alone. Reflective discussion with others, in particular, provides a highly stimulating forum for learning through exploration, listening and discovery. See *Maize Plant Discipleship Learning Process* for further discussion.

Learning, not teaching?

Yes. Maize Plant Discipleship is principally a learning, not a teaching resource. Facilitating Maize Plant Discipleship provides a profound *opportunity*, yet the decision to learn always rests with the student and depends upon many things, including desire, temperament, experience, opportunity, talent, time, energy, environment and so forth.

Accordingly, discipleship should be recognised as a form of learning that is *called out* of students or disciples, through the guidance and direction of a facilitator, mentor, educator or teacher. People in those roles come alongside motivated learners to assist, encourage, facilitate and call out the learning that is taking place within those being discipled.

Facilitating Maize Plant Discipleship

A Maize Plant Discipleship Facilitator can help a group open up to the message of Scripture, to one another and, above all, to the leadership of the Holy Spirit. This section explores how.

Facilitating Spirit-led discipleship

Discipleship can never be reduced to a mere replication of information, from teacher or textbooks into students. We may have been taught this way in school; Spirit-led discipleship is different. It *forms*, as well as informs.

The intention is that through teaching, reflection and discussion, God's Spirit is able to speak to, lead, warn, direct, encourage, educate, challenge and exhort us, personally and corporately. Since each person differs in gift, personality and development, at any time, each person may be learning something different from the Spirit.

Pause for thought...

The goal of discipleship — is not to establish shared dogmatic belief or conformity to the convictions of a leader, mentor or facilitator, nor to church traditions, certainly not to every aspect of Maize Plant Discipleship.

The goal — is conformity to the Spirit of the Messiah, Jesus, and obedience to the will of the Father.

Facilitating openness

Fostering an environment of learning and discovery, where debate and discussion are lively, yet relaxed and uncompetitive, is essential. An ideal environment will allow strong and diverse views to be expressed, without creating conflict or conformity, so that all present feel comfortable to contribute their views, questions and burdens.

It can be particularly challenging to foster openness in cultures where authority traditionally flows downwards and conformity is highly valued. Thus, facilitators should typically contribute to discussions as regular group members, never dominating or belittling the views of others.

- Allow discussion to ebb and flow, as people consider their responses and return to earlier discussions. Encourage others to contribute, especially quieter members, women, youth and elders.
- If discussion becomes harsh or factious, quieten the group, then invite a member with a harmonious or gentle spirit to summarise (not resolve) the tension, then move on.

Who can facilitate?

A facilitator needs to be someone who senses a calling to help others become faithful Christian disciples. This must motivate them to be humble, patient, flexible, warm, open and secure enough to allow others to explore personal boundaries of vocational understanding, experience and creativity, at their own pace.

A facilitator does not hold a position of authority over people. They simply facilitate the gathering of people into groups, for learning and discussion. Accordingly, a facilitator:

- may be a lay-leader;
- may be relatively young;
- may be a woman;
- need not have gone to bible college;
- need not be an established church leader;
- need not be an experienced mentor.

Of course, Maize Plant Discipleship can be facilitated by established leaders, mentors or disciplers, providing they are willing and comfortable to facilitate group discussions that are genuinely *reflective and exploratory*.

Practical Considerations

Facilitating a discipleship group will be most effective when practicalities are considered in advance and appropriate planning takes place.

Getting started

Maize Plant Discipleship is ideal for learning groups of 8-10 people. This is small enough to allow group members to grow together with a degree of intimacy and large enough for group members to explore discipleship commitments at their own pace.

Pause for thought...

More than ten? — Think about helping others to facilitate additional learning groups; what problems might you face?

Involving others

Although a facilitator is responsible for convening gatherings, they may delegate responsibility for hosting, presenting the teaching, or moderating group discussions. Ideally, over time, all group members will carry some responsibility, according to their gift and capability. This avoids one person carrying too much and gives everyone some experience of the responsibilities of the facilitating role.

The person responsible for presenting a topical study should read through it carefully, in advance: absorbing, familiarising and reflecting upon the teaching and its lessons. If anything is unfamiliar or unclear, invite discussion about that area of the study, encouraging group members to bring forward their perspectives.

Replication

Replication is an important goal of Maize Plant Discipleship. See *Maize Plant Philosophy of Discipleship* (chapter 4) for a detailed exhortation about its significance and importance. It may not be necessary for a group member to complete the entire syllabus before branching out to facilitate another learning group. Be led by the Spirit.

Location

Meeting together can take place in any appropriate location that can comfortably accommodate a Maize Plant Discipleship learning group. For example, a large room in someone's home, or a communal building, such as a church.

Pause for thought...

Arrange seating — in order to create intimate and practical spaces, whereby everyone can hear and see the presenter and each other during discussions.

Find out what works for your group — consider using different locations; perhaps even meeting outside sometimes.

Adaption

Be prepared to adapt the teaching and the method of presentation, in order to create a helpful and culturally-appropriate learning environment. Take account of the abilities and capacity of each particular discipleship group.

Pause for thought...

Ensure literature is a helpful servant — not a hard task-master, especially to oral learners. As far as possible, keep things simple and lighthearted.

Invite creative people to contribute — by interpreting or celebrating an aspect of the teaching through songs, drama or art.

Timetable

The entire Maize Plant Discipleship syllabus incorporates approximately 64 studies. When considering a timetable, take into consideration the nature of the group availability. *For example, are members affected by the demands of agricultural seasons or academic terms?*

Other learning forums

Maize Plant Discipleship handbooks can easily lend themselves to personal study, theological education or other forms of guided learning. In particular,

- Scripture references, within in the footnotes, provide a rich treasury of addition material for in-depth biblical study, while
- discussion questions can be adapted for use as a basis for written answers, or even short essays.

Personal study

Students using Maize Plant Discipleship handbooks for personal study should seek to incorporate reflective learning methods by either submitting the fruit of their study to the oversight of a mentor, or sharing it with a fellow student, for reflection, discussion and critical consideration.

Theological education

Bible school students should be encouraged to form and facilitate small learning groups, either within or alongside classroom contexts, and to reflect on their experiences together. This will provide highly valuable experience and momentum for facilitating Maize Plant Discipleship learning groups within their own vocational contexts.

Congregational teaching

Maize Plant Discipleship studies can be adapted for use in local congregations. For example, the congregation, after receiving a teaching study, could divide into small discussion groups. Alternatively, learning groups could meet on a separate occasion, to reflect upon and discuss the teaching and to pray together.

Questions for reflection and discussion

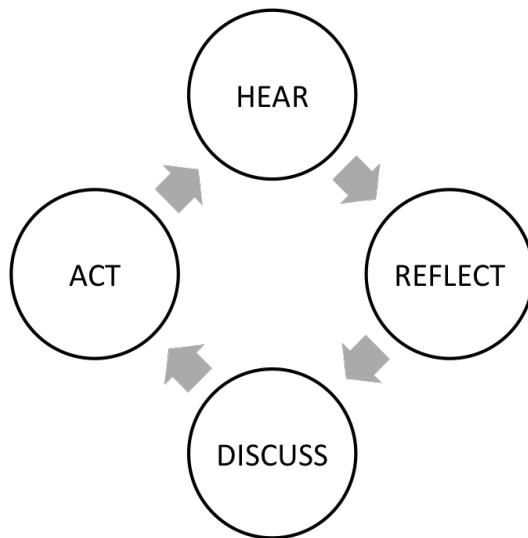
- In what other ways might aspects of the Maize Plant Discipleship Learning Cycle be adapted and incorporated into personal study, theological education or congregational life?

Maize Plant Discipleship Learning Process

Maize Plant Discipleship modules are structured to provide a *reflective learning process* incorporating practical, educational principles combined with practical, spiritual principles, drawn from Scripture. Reflective group learning must minimally incorporate these four components:

- Hearing
 - ... about others' experiences and perspectives; practice informing theory and theory informing practice.
- Reflection
 - ... upon the interaction of old and new ideas, concepts and perspectives.
- Discussion
 - ... testing understanding and sharpening conviction in conversation with others.
- Action
 - ... integrating learning into praxis, within vocational contexts.

As this learning process is repeated, it becomes a *cycle*, which can be illustrated figuratively.



The *Maize Plant Discipleship Learning Process* builds upon this basic cycle, by incorporating a simple pattern, drawn from Acts 2:42:

They continued faithfully in the teaching of the apostles, in fellowship, in breaking bread and in prayer.

This provides The *Maize Plant Discipleship Learning Process* with six elements (in practice, it may not be possible to incorporate all the elements, each time a learning group meets):

1. **HEAR** ... listen, heed
2. **RETAIN** ... meditate, reflect
3. **OPEN** ... discuss, debate
4. **SHARE** ... celebrate, proclaim
5. **PRAY** ... intercede, bless
6. **ACT** ... work, serve

HEAR What the Spirit is Saying



When we gather together as disciples of the Messiah, to hear biblical teaching, we are opening ourselves not simply to human ideas or wisdom, but to spiritual words and truths, taught by the Spirit of God.

Now we have not received the spirit that belongs to the world, but the Holy Spirit Who is from God, given to us that we might realise and comprehend and appreciate the gifts of divine favour and blessing so freely and lavishly bestowed on us by God. And we're setting these truths forth in words not taught by human wisdom but taught by the Holy Spirit, combining and interpreting spiritual truths with spiritual language to those who possess the Holy Spirit—*1 Corinthians 2:12-13 TAB*

Pause for thought...

We listen in order to live more faithfully — this type of listening is called *heeding*: listening with the intention to learn and follow, or obey.

We listen with our mind, but also with our heart — in order to *hear what the Spirit is saying to his people* (Revelation 2:29, 3:6,13,23; Matthew 11:15, Mark 4:9 etc), not to become puffed up with knowledge.

RETAIN God's Message Inwardly



It is not enough only to hear God's message: we must learn to *retain* God's word inwardly, where it can begin to *dwell richly within us*. (Colossians 3:16)

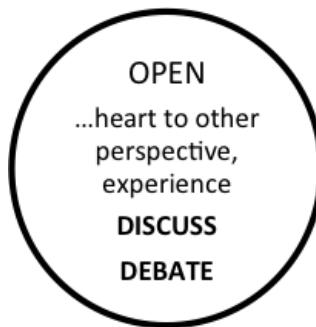
The one who received the seed that fell on rocky places is the man who hears the word and at once receives it with joy. But since he has no root, he lasts only a short time... The one who received the seed that fell among the thorns is the man who hears the word, but the worries of this life and the deceitfulness of wealth choke it, making it unfruitful. The seed on good soil stands for those with a noble and good heart, who hear the word and *retain* it, and by persevering produce a crop... yielding a hundred, sixty or thirty times what was sown — Matthew 13:18-23; Luke 8:15

Pause for thought...

Think about how we receive and retain food — chewing it, enjoying the taste, swallowing, digesting, inwardly retaining its vitality and goodness.

It's the same with God's word — we must *chew it over*, meditating and reflecting upon its meaning and application to our lives, both as individuals and as communities, allowing it to settle in our spirit, where it can form and shape our convictions and renew our hope.

OPEN Hearts to Others



Discussion and debate is an opportunity to open our hearts to the perspectives and experiences of those around us and those who see things differently to ourselves.

- This requires listening with the heart, as well as the head, in order to appreciate what others are sharing, rather than to win an argument.
- Discussion of practical, *vocational* applications of the topical study is vital; think about how Maize Plant Discipleship teachings relate to the cultural contexts amongst which group members live.
- Allow plenty of time for this aspect of Maize Plant Discipleship learning!

Pause for thought...

Vocation is more than simply our job, or employment —

It incorporates all the responsibilities towards which God calls us, including workplaces and practices, families, communities and networks.

Consider traditional proverbs that relate to study topics —

the sweet *talk* of proverbs can provide fresh insight and be helpful in discussing Maize Plant Discipleship with others, including elders and non-believers.

SHARE Daily Bread



The celebratory breaking of bread, in order to remember the sacrificial obedience of Jesus, is a significant symbol of new covenant and a profound way for discipleship groups to proclaim their shared devotion to the Messiah.

- Breaking and sharing bread is typically ceremonial, in modern forms of Christianity (*Eucharist, Holy Communion, Mass*). The earliest messianic communities, however, based it simply upon the Passover meal, like the one Jesus shared with his disciples, prior to his death.
- Sharing food together is therefore both a vital part of human fellowship and a practical way of celebrating and proclaiming God's covenantal provision and blessing.

Pause for thought...

Consider incorporating a simple meal — perhaps once each month, into times of meeting together and prayerfully identifying it as a form of breaking bread.

If a meal is not a practical possibility — consider sharing a small amount of bread together, as a symbolic act of shared hospitality and commitment to membership of the body of the Messiah.

PRAY for God's Kingdom to Come



After discussion has taken place, invite the group to pray together, including intercession on behalf of neighbours, networks and communities and local and national rulers and governors.

- Allow the teaching to infuse prayer with fresh confidence concerning God's will and purpose, including personal and vocational concerns and challenges faced by group members.
- Allow the Holy Spirit to lead you in speaking blessings, rooted in Scripture, over one another's lives and over your community or nation, or with regards to a specific problem.
- Expect the power of God to overcome all opposition, through the blessing of his overcoming life at work in and through us!

Pause for thought...

Pray for the gospel — to deeply impact and transform individuals, communities, cultures and societies throughout your nation, Africa, Europe, Asia and the Americas; pray for unreached people groups.

Pray for the Maize Plant Discipleship project — that it will be used by God to edify, strengthen and bless the Messianic Community, within Africa ... and beyond!

ACT in the Light of God's Message



The purpose of our gathering to hear God's message is not simply to hear it, but to act upon it. As the epistle of *James* explains, we deceive ourselves when we listen to God's word, yet do not do what it says:

Don't deceive yourselves by only hearing what the Word says, but do it! For whoever hears the Word but doesn't do what it says is like someone who looks at his face in a mirror, who looks as himself, goes away and immediately forgets what he looks like. But if a person looks closely into the perfect *Torah*, which gives freedom, and continues, becoming not a forgetful hearer but a doer of the work it requires, then he will be blessed in what he does — *James 1:22-25*

Pause for thought...

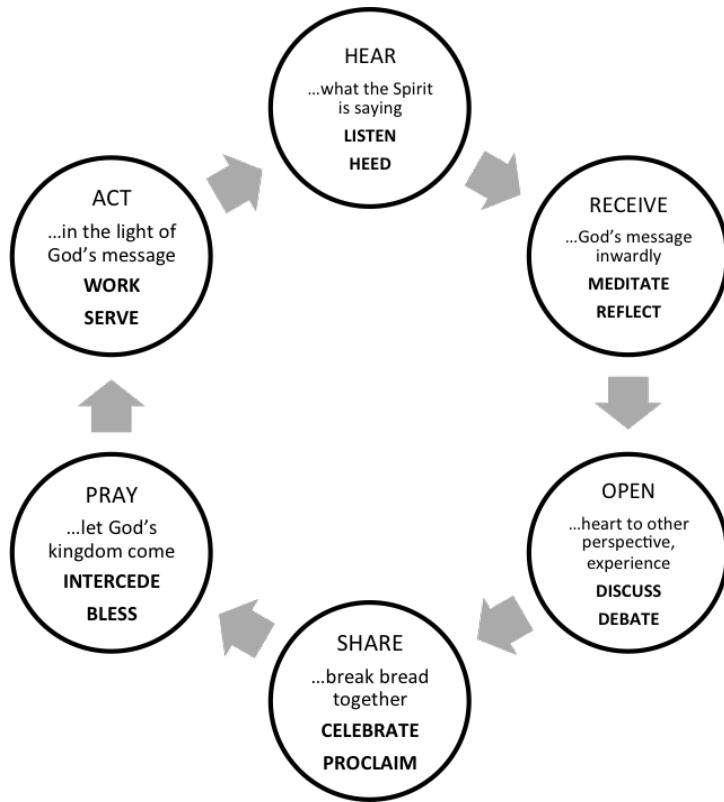
The goal of discipleship — is to be transformed ourselves and to become a transforming influence in our homes and workplaces and communities.

As we are transformed — as part of a growing, dynamic movement of disciples, we begin to fulfil our corporate vocation: to be a *Messianic Community blessed to be a blessing to the families of the earth!*

Maize Plant Discipleship Learning Cycle

Maize Plant Discipleship Learning Cycle

Combining the six elements of our learning process together produces the Maize Plant Discipleship learning cycle.



Pause for thought...

The Maize Plant Discipleship learning cycle is a tool —

like everything else in Maize Plant Discipleship, its purpose is to serve facilitators and learning groups. Allow it to stretch, but not to limit your learning. Where appropriate, adapt it.

Maize Plant Discipleship Syllabus

THIS CHAPTER INTRODUCES the metaphor of the maize plant and the sixteen modules of the Maize Plant Discipleship Syllabus.

The Maize Plant Metaphor

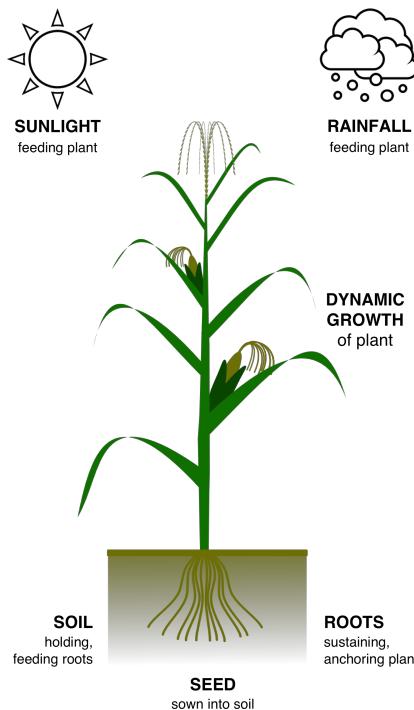
Jesus refers to his own mission using the metaphor of a seed that enters the ground and dies, in order to produce a large harvest.

I tell you that unless a grain of wheat that falls to the ground dies, it stays just a grain; but if it dies, it produces a big harvest — *Jesus, John 12:24*

Grown throughout sub-Saharan Africa, the maize plant provides a similar, highly recognisable metaphor. The Maize Plant Discipleship Syllabus is structured to symbolically reflect this metaphor of a maize plant:

- **Good seed sown in good soil, stimulated by sunshine and refreshed by rainfall produces dynamic growth and a good harvest.**

- Likewise, messianic communities need to be rooted in good ground that allows them to draw on vital, spiritual nutrients, stimulated by the revelatory light and refreshed by the living water of the Messiah's Spirit.
- Strong growth anchors messianic communities against destructive winds of false teaching and sustains them amidst the withering heat of trials, temptations and vocational responsibility.



Drawing on this metaphor, the Maize Plant Discipleship Syllabus is divided into three parts:

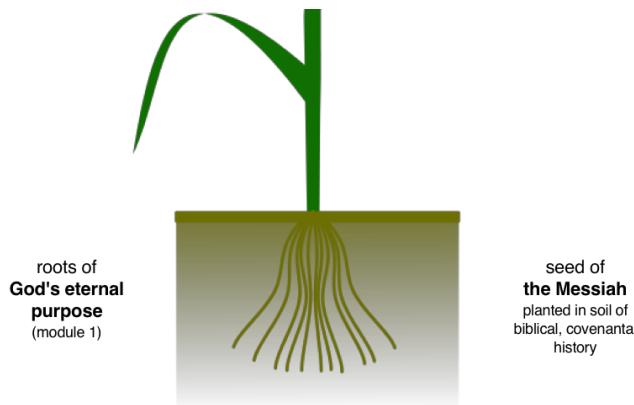
1. Soil and roots (Module 1)
2. Maize plant (Modules 2–9)
3. Sunlight and rainfall (Modules 10–16)

Soil and roots

Metaphorically, the roots of the maize plant represent the biblical community of Israel. The soil in which the roots grow equates to the historical, cultural and geo-political contexts of Israel's covenant vocation (such as Egypt, Canaan, Babylon and the Roman occupation).

• Module 1, The Eternal Purpose of God

A panoramic overview of Scripture, revealing God's unchanging, eternal purpose. In this scheme, the Messiah is *the Seed* that enters the soil of the biblical, covenantal history of the people of Israel, in order to die and ultimately produce a rich harvest of people—a Messianic Covenant Community—from amongst all the peoples of the earth. *Module 1, thus forms the foundation of the entire syllabus.*

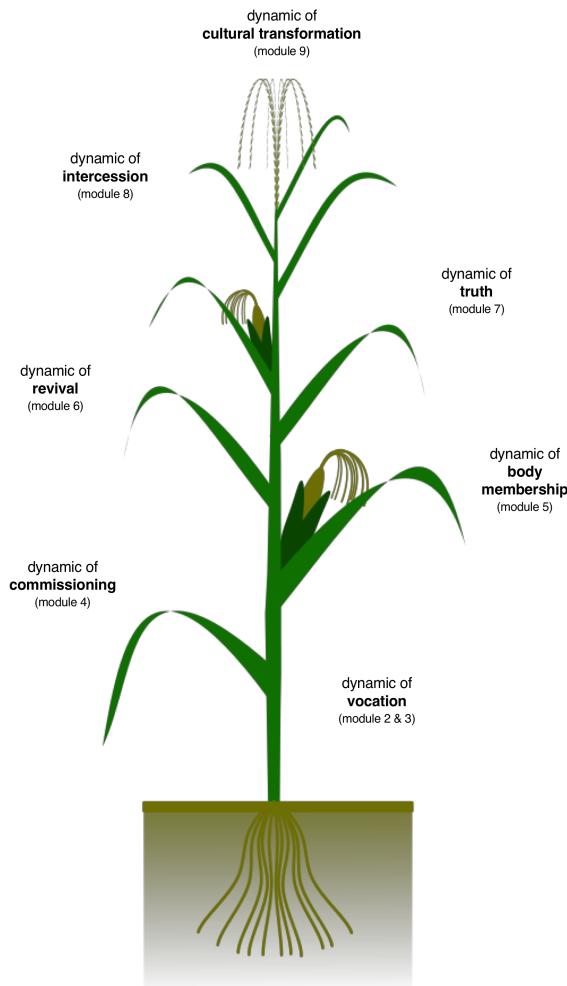


Pause for thought...

Maize produce — effectively represents *daily bread* for millions of African people; like the Messiah, the Messianic Community is called to become a kind of *life-giving bread* to the peoples of the world—see John 6 (& 20:21).

Maize plant

Modules 2 to 9 explore seven messianic *dynamics* that are responsible for the characteristic development, growth, structure, shape and fruit of the Messianic Community.¹



¹Dynamic derives from a Greek word, *dunamis*, meaning power and refers to forces stimulating change or progress within a system or process.

- **Module 2, Dynamics of Vocation, The Nations**

The historical development of the Messianic Community's vocational mission to bless the peoples of the world.

- **Module 3, Dynamics of Vocation, The Jews**

The special responsibility of the Messianic Community towards the Jewish people.

- **Module 4, Dynamics of Commissioning**

Strategic and structural dynamics of messianic commissioning and community growth.

- **Module 5, Dynamics of Body Membership**

Membership, commitment and spiritual maturity within the body of the Messiah.

- **Module 6, Dynamics of Revival**

The dynamics of revival and a spiritual harvest of covenant faithfulness.

- **Module 7, Dynamics of Truth**

Encountering truth as we walk in practical, covenantal faithfulness towards God's revelation, wisdom and direction.

- **Module 8, Dynamics of Intercession**

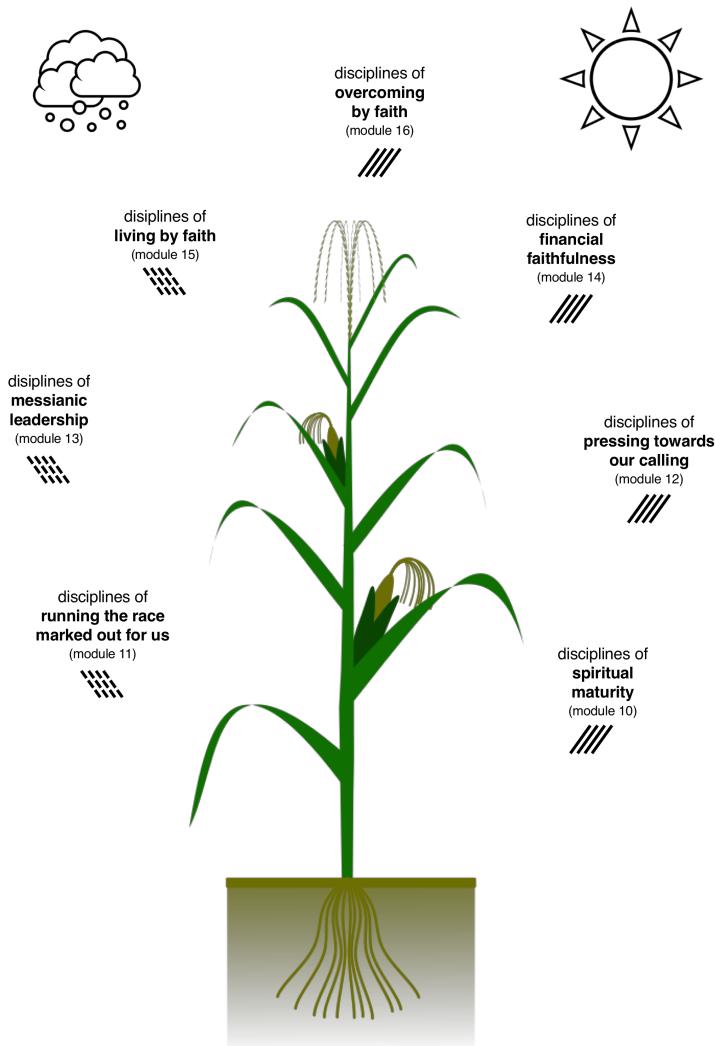
The priestly vocation of the Messianic Community: to be *a house of prayer for all nations*.

- **Module 9, Dynamics of Cultural Transformation**

The call to work amongst and on behalf of the nations, towards cultural transformations that signal the presence of God's kingdom.

Sunlight and rainfall

Modules 10 to 16 examine seven characteristic *disciplines* that enable messianic communities to receive the revelatory *light* and sustaining *living water* of God's Spirit, without which we become spiritually weak and incapable of producing good fruit or a plentiful harvest.



- **Module 10, Disciplines of Spiritual Maturity**

Three stages of encounter and growth in spiritual maturity of messianic disciples and communities.

- **Module 11, Disciplines of Running the Race**

Motivations, qualities and disciplines for living an enduring life of service.

- **Module 12, Disciplines of Pressing Toward Our Vocation**

Identifying and excelling in our personal vocation, through a deepening of our relationship with the Messiah.

- **Module 13, Disciplines of Economic Faithfulness**

A biblical perspective upon economic faithfulness, wealth and poverty—radically different to that of the world.

- **Module 14, Disciplines of Messianic Leadership**

Qualifications, motivations and characteristics of faithful messianic leadership.

- **Module 15, Disciplines of Living by Faith**

Seeing with eyes of faith enables us to endure times of testing and purification and to embrace challenge as an opportunity for experiencing God's faithfulness.

- **Module 16, Disciplines of Overcoming**

Confronting idolatrous, cultural strongholds in the power of the Spirit and discerning strategies that make room for a transformative encounter with God's overcoming power.

Module Handbooks

Each syllabus module is incorporated in a handbook, containing four interrelated *studies*, each incorporating:

- Scripture readings
- topical sections, illustrations and summaries
- discussion questions

Pause for thought...

Illustrations — passing a single handbook around a group isn't ideal. Instead, diagrams and illustrations should be reproduced, using blackboards or other aids, even drawing on the ground if necessary, in order to allow all group members to appreciate the relevance of the topical illustration.
If you have an artist in the group, try giving them this task.

Scripture Versions

Scripture references are typically provided, rather than quotations. Where a quotation is provided, these abbreviations indicate the version:

- CJB — The Complete Jewish Bible
- NIV — The New International Version
- TAB — The Amplified Bible

Pause for thought...

Mother-tongue is the natural language of the heart — mother-tongue Scripture translations should be encouraged and utilised as much as possible, including during group discussions and particularly for reading and memorisation.

Significant Terms

Important definitions provided below explain how these significant terms are used in the the Maize Plant Discipleship Syllabus.

Messiah — *anointed or poured on*, referring to the anointing oil poured onto Israel's kings and priests, as they were invested with their authority, typically by prophets (e.g. Exodus 30:22–25). The anointing oil represents the pouring out, or placing of God's Spirit upon a leader.

The concept essentially refers to a mediator or saviour, acting with God's authority, to deliver a people from the hands of their enemies. In the biblical history of Israel, deliverance came through a variety of mediators such as prophets, priests, judges and kings. Thus the idea of God's priestly, kingly and prophetic authority is inherent in the concept of Messiah.

The New Testament identifies Jesus as the Jewish Messiah—*the one Mediator between God and humanity*²—who was anointed by the Spirit to mediate on behalf of God's people and the nations—see Matthew 3:13–17; Mark 1:9–11; Luke 3:21–22 & 4:16–19; John 1:32–34—by fulfilling all three mediatory roles of prophet, priest and king. (*Christ* is the Greek translation of the Hebrew word *Moshiach* (Messiah). Jesus Christ is the Greek rendering of *Yeshua Moshiach*.)

Messianic — *of or relating to the Messiah*; primarily used in the syllabus to refer to Messianic Community.

Messianic Community — (capitalised) referring to the whole, worldwide and historical body of people belonging to the Messiah. In the New Testament this community is referred to as *the body of Christ, or Messiah*. The reference is broadly equivalent to *worldwide Christian community, or Church*. Those terms are avoided because of their association with particular historical expressions of Christianity that are not inclusive.

messianic communities — (un-capitalised) referring to localised congregations of the Messianic Community. The term is used in preference to *churches* in order to emphasise the biblical link to the whole body of the Messiah, the Messianic Community.

²1 Timothy 2:5

Vocation — a calling, life's work, mission, purpose, function; profession, occupation, career, job, employment, trade, craft, business, line, line of work, métier.

Vocation and *vocational* may refer to both personal and communal calling. Within the syllabus, the terms are used to emphasise that both an individual and a local community's sense of vocation flow from the divine calling to serve God's eternal purpose, through following the Messiah.

Vocation also represents an umbrella term that incorporates and dignifies all forms of work and ministry. It looks beyond traditional divides of laity and clergy, male and female, pointing towards the reality that all followers of the Messiah are *called* to faithfully serve God's purposes, within homes, workplaces and communities.

Maize Plant Philosophy of Discipleship

THIS CHAPTER EXPLORES the foundational biblical perspectives of messianic discipleship, upon which Maize Plant Discipleship is established.

What is Messianic Discipleship?

Maize Plant Discipleship approaches messianic discipleship as a dynamic, generational process, empowered by the Holy Spirit. Two crucial statements made by the apostle, Paul, in his second letter to his disciple, Timothy, reveal the essence of this process.¹

Keep safe the great treasure that has been entrusted to you, with the help of the Holy Spirit, who lives in us... and the things you heard from me, which were supported by many witnesses, these commit to faithful people, such as will be competent to teach others—*2 Timothy 1.14, 2.2*

¹The two statements are separated only by Paul's emotional response to two disciples who failed to stand with him at a crucial time, which he contrasts with Onesiphorus' loyalty.

Together, these two Scriptures establish three key components of messianic discipleship:

1. The great treasure of knowing the Messiah, Jesus Christ

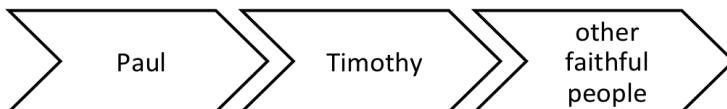
The real, personal, experiential knowledge of the Messiah is more than human knowledge or philosophy: it is *a great treasure*, a divine relationship, mediated by the Holy Spirit.

2. The vitality of the Holy Spirit

The Holy Spirit provides an intimate source of divine help to messianic disciples,² mediating and helping to safeguard the reality of the Gospel and the presence of the Messiah amongst his people.

3. The necessity of generational formation

Having received through Paul an impartation of the reality of the Messiah, Timothy is called upon by his mentor to safeguard the treasure by committing it to the stewardship and safekeeping of other faithful people. *This is generational discipleship in action.*



Generational discipleship is how treasure is kept safe in the kingdom of God. The significance of this principle can be further illustrated by considering the metaphor of seeds and the harvest that comes from sowing seeds into good soil.

Seed and harvest

In farming contexts, seeds are a form of wealth. They are a type of treasure. Yet seed is generally stored only for a short time before being used. Whatever is not required for food, *for daily bread*, must soon be sown to produce another harvest.³

In a similar way, God supplies spiritual life to us. This is what Paul refers to as the treasure of knowing the Messiah. This experience of being alive to God, experiencing the grace of the Messiah and the love,

²John 16:7-15

³2 Corinthians 9:6-12

joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control of the Holy Spirit,⁴ is the spiritual equivalent of receiving daily sustenance—daily bread.

This personal aspect of knowing the Messiah, however, is not the whole purpose of our relationship with him. In fact, the Messianic, New Covenant Community (the whole body of the Messiah's people) has been called to know God *in order to become his servant community*. This means that we are called to give ourselves, our lives, to serve his purposes. This requires sacrifice and discipline—that is what it means to be a disciple.

This sacrificial, disciplined giving of ourselves in service to God is the equivalent of taking precious seed that could be consumed by ourselves and instead sowing it into the ground, in order to produce another harvest.

Sharing treasure

Sadly, discipline and sacrifice are amongst the most significant secrets to living a truly messianic life, which many people seem never to properly discover. Yet the illustration of seeds teaches us that hoarding the treasure of our knowledge, relationship and communion with God is not the way to a rich harvest. It is only in sacrificially sharing our spiritual treasure, both within and beyond our own communities, that we discover and realise our vocation and, in due time, reap a harvest of faithfulness.⁵

Spiritual treasure, however, should never be wasted or cast away carelessly. Whilst inevitably some seeds fall onto unreceptive ground, a farmer never intentionally wastes his seed. Likewise, our treasure is too precious to be deliberately squandered on people who spurn its value.⁶ The greatest investment must be with people who recognise the worth of this treasure and who make room for its power to also transform them.

This is what Jesus, in the parable of the sower, calls *good soil*⁷: people willing to be transformed through a personal knowledge and experience of the Messiah, who will share it with other faithful people ... who share it with other faithful people ... and so on and so forth.

⁴Galatians 5:22

⁵Matthew 10:38–39, 13:23; Galatians 6:6–10; Hebrews 12:11; James 3:18

⁶Matthew 7:6

⁷Matthew 13:1–23

Discipleship Movements

The formation of faithful disciples was at the heart of the Messiah Jesus' life and work. The entire historical and now-worldwide Messianic (Christian) movement began with one small, core group of disciples, formed around Jesus.

Discipling movements have significant potential to impact and transform. Leaders, money, books and power all have their places within radical, popular movements. But socially-impacting people movements have the greatest capacity to produce deep, wide, enduring change.

Two things are essential to transformative people movements: *vision* and the *formation of disciples*. Visionary leaders must impart a hope that is powerful, challenging and instrumental. A vision capable of gripping the hearts of others and forming them into faithful, active disciples who are:

- committed to significant transformation
- persistent and determined to turn vision into reality
- operating as co-workers—not selfishly ambitious individuals
- actively forming other faithful disciples.

Thus develops a visionary, discipling movement of focused, inspired, dynamic people, deeply and profoundly allied to a vision and a purpose greater than themselves.

Pause for thought...

The book of Acts provides a powerful illustration of the dynamic growth of the first messianic discipling movement, as it spreads across geographical, ethnic and cultural boundaries.

From its beginnings in Jerusalem, it expands rapidly throughout Israel, into Asia Minor, across Greece and finally to Rome, the seat of imperial power.

Examine the context of these verses, in your own Bibles, to witness how this growth takes place:

- Acts 2:46–47, 6:7, 9:31, 12:24, 16:5, 19:20, 28:30–31

Intercultural movement

Since its birth in the first century, over the course of two millennia, the Messianic, New-covenant Community has continued to grow and develop dynamically. From its origins as an obscure, tiny, Jewish sect it has developed into an international, intercultural, multi-ethnic community. It now exists, in some form or another, in practically every nation of the world, impacting peoples, stories and cultures, throughout the world. It will surely affect many more in the days and years that are ahead. Its dynamism can be directly traced to its operation as *a movement of disciples*, continually spreading out across geographical, social, ethnic, linguistic and cultural boundaries.

Renewal of movement

Thus, any messianic movement or community that earnestly desires spiritual revival or renewal must place visionary, messianic discipleship at the core of its spirituality and its practical formation.

Disciples must be invited, formed and sent forth as part of a *world-facing* movement. The goal is much more than the maintenance of congregational activity. It is more than learning to serve one another, within messianic communities. The goal is to be part of a movement of disciples responding to God's call to serve his eternal purpose, amongst a world of lost, hurting, confused, oppressed, fear-filled and idol-bound populations.

It is there, amongst the corruption in society, behind its social, political, economic and religious walls and beside its filthy gutters, that the Messiah is at work, by his Spirit. From there he calls his co-workers to come alongside him in his work of redemption and transformation of individuals, families, marriages, partnerships, communities, organisations, structures, workplaces and working practices.

Anointed community

To make possible such an otherwise impossibly-high calling, messianic discipleship provides a unique ingredient that no other philosophy, ideology or faith can provide: the dynamic of the indwelling Spirit of the Messiah.

Through the Spirit, the covenant community is transformed into a charismatic community—a group of people endowed with spiritual gifts that are profoundly shaped to liberate human beings from idolatry and

the allegiances and falsehoods that compete against the knowledge of God.⁸

Thus, the Messianic Community is a body of people anointed with the fragrant presence of the Holy Spirit, having been brought under God's authority, through baptism into the Messiah. It is a body learning to walk in the footsteps of Jesus: learning to exercise its God-appointed mediatory, intercessory role, under the direction of the Spirit of God.⁹

This community of disciples is thus a messianic, charismatic people called into covenant relationship with the Father, through the Son and sent into the world to bless the nations in the power of the Spirit!

Pause for thought...

Charismatic — from the Greek, *charism*, meaning *gift*; the *charisma* of the Messianic Community derives from its spiritual anointing

Messianic — essentially means *anointed to bring deliverance*: anointed with the Spirit to mediate on behalf of God's people and the nations

Dying to live

God's intention is that this messianic, charismatic, covenant community co-works in partnership with him, using the strength, the power, the spiritual life, the anointing that he provides. Too often though, the power of the anointed-life-of-Christ-within seems to elude us. It seems out of our reach. Beyond our grasp.

Indeed, it is not something that can be grasped. Rather, the pathway to life is through dying. Yielding ourselves to God the Father, through the Messiah, by the Spirit. That is the message of the cross. As we *die to self*, we become *alive to God*.¹⁰

⁸2 Corinthians 10:3–5

⁹Romans 6:3–4; Galatians 3:26–29; Hebrews 6:4

¹⁰Romans 6:4–13

The heart of discipleship

Thus we end where we began. With the foundational principle of transformative discipleship: seed sown into the ground, in order to produce a harvest.

I tell you that unless a grain of wheat that falls to the ground dies, it stays just a grain; but if it dies, it produces a big harvest—*John 12:24*

This life-giving spiritual reality is at the heart of Jesus' own life, mission, ministry and pain-filled death. And this same principle forms the foundation and wellspring of Maize Plant Discipleship:

As we embrace a practical form of discipleship, incorporating a daily dying-to-self, we learn how to truly become alive-to-God and equipped to serve his eternal purpose.

That is the heart of Maize Plant Discipleship.

Questions for reflection and discussion

- How is discipleship valued in your context?
- How faithfully is it practised?
- If there is a gap between what is believed and valued and what is practised, discuss why you think that might be so.

Maize Plant Discipleship and Africa

THIS CHAPTER EXPLAINS the development and potential of Maize Plant Discipleship as a resource for use in African contexts.

The Africa factor

Tite Tienou, a Malian who grew up in Burkina Faso, encapsulates a significant aspect of the philosophy that has guided the development of Maize Plant Discipleship: African voices should determine the theology that is of practical relevance to African contexts. He states:

Africanness and (theological) correctness should not be measured in either dissimilarity or similarity to the West. The way forward is to measure the Africanness of any theology purporting to be African by the degree to which it speaks to the needs of African's in their total context. Quite naturally, the needs of African Christians should be taken seriously when determining these needs — *Tite Tienou, The Uphill Road: Indigenous African Christian Theologies, 1990*

Although Maize Plant Discipleship is authored by an outsider to Africa, it could and would not have developed without the critical input, as well as missional energy, encouragement, friendship and culture of African people. At each stage of its formation, it has been:

- authored exclusively in response to African leaders and learners
- road-tested in collaboration with African leaders and learners

Finally, in this last stage of development, it has been formulated for publication as a series of low-cost, practical, relevant and accessible modular handbooks, in response to contextual doctoral research carried out amongst Burkinabé leaders and learners.

Doctoral Research

The author carried out doctoral research, between 2009 and 2013, consisting of a qualitative consultation of Burkinabé leaders and learners. Following Maize Plant Discipleship seminars, delivered to conferences in Léo and Ouagadougou, a series of survey questionnaires, focus groups and personal interviews:

- enabled the gathering of a wide range of reflective opinions, perspectives, information, insights, questions and concerns, relating to discipleship, theology, leadership training, methodologies, literature and intercultural dynamics;
- revealed a number of significant findings, which have directly shaped the formulation of Maize Plant Discipleship, particularly in relation to: *discipleship, theology and literature*.

Pause for thought...

Romans 4:17 describes Abraham as a man whose faith *called into being things that did not exist*; in essence, Maize Plant Discipleship has been *called into being* by the faith of Africans, acting in response to African contexts.

Discipleship

Research participants identified strongly with the concept of discipleship and, in particular, the need to freshly embrace holistic, disciple-forming practices. Accordingly, Maize Plant Discipleship focuses upon:

1. Awakening or strengthening contextual ownership of the call to serve God's eternal purpose
2. Promoting lifelong commitment to missional action and disciplines, including the generational formation of other disciples
3. Envisioning personal, communal and cultural transformation.

Theology

Participants consistently validated the theological content of the training prototype. Accordingly, Maize Plant Discipleship incorporates a:

1. holistic worldview, communal orientation, charismatic spirituality
2. historical, covenantal, missionary interpretation of Scripture
3. biblical theology of discipleship, suffering and overcoming; spiritual revival, intercessory prayer and spiritual power; poverty and prosperity; personal and corporate vocation; Christ-centred servant-leadership and cultural transformation.

Pause for thought...

One Burkinabé theological educator — examining a prototype Maize Plant Discipleship booklet, stated:

You are touching something that is not already existing. If we talk about evangelism, it may well be a new way of approaching evangelism, but we already have many methods of evangelism. But (a series of books on) discipleship is something that is really an innovative thing.

Literature

Participants strongly expressed a desire for *appropriate literature*. In Burkina Faso, as in Africa and the Majority World generally, leaders and learners typically mediate between two cultural worlds of orality and literacy respectively. Accordingly Maize Plant Discipleship handbooks are:

1. Formulated to cross boundaries of orality and literacy:
 - focussed on practical discipleship, not theoretical ideas
 - studies worked through in relationship with co-learners
 - incorporating reflective learning, group discussion and scripture memorisation
 - containing numerous graphical and metaphorical illustrations.
2. Intended to be translatable into mother-tongue languages:
 - thematic, modular structure of studies and topics
 - absence of academic, philosophical language
 - encouraging contextual adaption.
3. Published according to a missional philosophy:
 - licensed for reproduction under the terms of a *Creative Commons* licence, allowing Maize Plant Discipleship handbooks to be republished, translated, distributed and sold, at a low cost
 - the Licence maintains the copyright of the author and translators, yet releases the traditionally tight, commercial control of copyright owners and publishers, by allowing sharing and adapting of the resource, providing licensing terms are respected. *The licence is reproduced at the end of this chapter.*

Pause for thought...

Over 70 Burkinabé participants — contributed data to the research, a significant proportion of whom held local, regional, national and denominational responsibilities for leadership training and the development of discipleship praxis.

Books and African Contexts

Over the past three to four decades, the African Christian community has multiplied and expanded hugely, such that the global Christian community's statistical centre of gravity is now located in Africa.

Yet, while this extraordinary numerical growth has taken place, there has been a significant shortage of book publishing within Africa. Resources serving to edify, disciple and inspire Christian communities have been particularly sparse within Francophone Africa.

- **Books imported into Africa for theological education have typically been written for Christians in western cultural contexts and translated only as an afterthought.**

As a result, they are concerned with quite different questions, cultural values and missiological convictions to those concerning African communities. In short, many textbooks utilised in African leadership training are contextually inappropriate.

- **Books are generally published and distributed in a manner designed to protect the commercial interests of authors, publishers, distributors and retailers.**

Thus, many books are practically unattainable to those who are economically poor—including many leaders hungry for resources to enrich their vocational work of forming Christian disciples.

Pause for thought...

A 52 page handbook — printed double-sided on A4 paper, folded, stapled and trimmed to produce A5 booklets, with a single-colour printed cover, can be produced for the equivalent of approximately \$2.

An agency organising the republication of handbooks on behalf of a number of other organisations may be the most effective way to achieve low costs.

A creative economic model could then potentially allow the agency to subsidise handbook costs for the economically poorest.

Improvement and Republication

Maize Plant Discipleship has been intentionally developed in response to African contexts, to be practical, relevant and accessible for use in African and majority world contexts. After you have explored and used Maize Plant Discipleship resources, if you have ideas about how it might be improved, please contact us.

Pause for thought...

Are you aware of stories, proverbs or examples — that would illustrate and illuminate the teaching contained in the Maize Plant Discipleship syllabus, in a way that is especially suited to your local context?

If you send your ideas to us, we may be able to incorporate them into future editions. However...

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Questions for reflection and discussion

- Do you think it's important that African Christians decide upon what is theologically appropriate to African contexts?
- Has this happened historically in your contexts?
 - If not, why not?
 - If so, what has changed?
- What theological issues are important to you and others in your context?
- If they aren't in this syllabus, what might you do?

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