

Option #2 Having Faith in the Atonement of Jesus Christ

In Alma 30 and 31, both Korihor and the Zoramites didn't believe in Christ or His Atonement. But in Alma 32–34, Alma and Amulek teach how we can gain real faith in Jesus Christ by acting on His word.

Alma compares faith to planting a seed. He says if we give the word of God a chance and act on it, even with just a little desire to believe, it can grow. If the seed is good, it will start to feel right and bring light into our lives. That's how we can know it's true—by what it does to us. Then in Alma 34, Amulek teaches that Jesus Christ will perform the infinite Atonement, and that now is the time to believe, repent, and act in faith. He really stresses not waiting to change and turn to Christ.

I've gained faith in Christ's Atonement by trying to follow Him and seeing the difference it's made. There have been times when I've felt peace and strength I couldn't explain, especially after making mistakes or going through hard things. When I pray, study the scriptures, and try to live what I learn, I feel closer to Him. Over time, those small efforts have built up my faith. I know He's real because I've felt His help in my life.