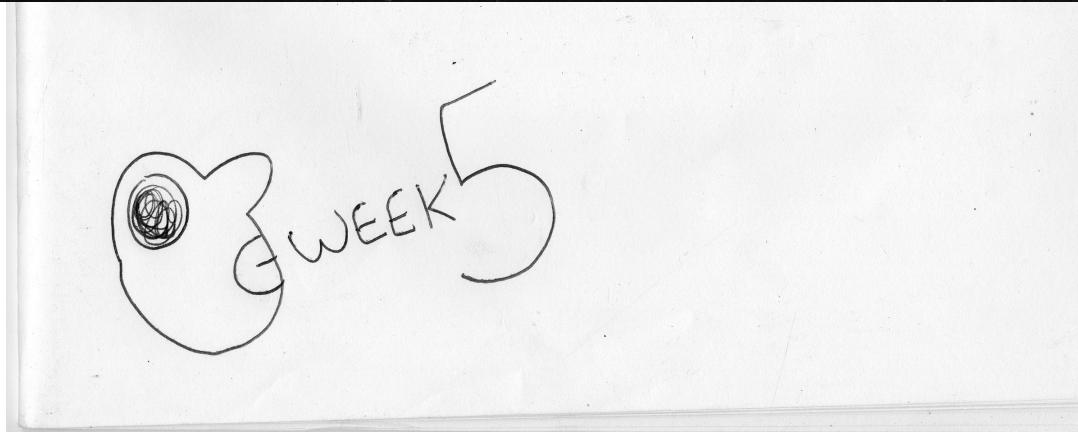




**thanks**  
*illustrating daily life  
thru routine*  
a project by  
**John Charles Bricker**





JUSTiNE



**4/11/2016 - 4/17/2016**



# thanks

illustrating daily life thru routine

You are the best! Please fill out the sheet with 3 daily tasks. These tasks will become John's routine for seven days. All tasks will be documented visually by John. Tasks can be as mundane or extraordinary as you like. No violent nor sexual tasks will be accepted. You understand. Thank you!

Your Name: JUSTINE

Morning

Do one Sun Salutation (Yoga thing). It's fun, I promise it doesn't take long! Google it.

Noon

Listen to at least one song by Gucci Mane! Enjoy.

Night

Read one paragraph from a random book in your house, out loud.

Hunky dory! In exchange for sharing your time, thoughts, and energy you are granted one favor. What can John do for you? Comb your hair? Sit your babies? Leave you alone? Let us know below!

Draw a sketch of me, preferably a silly one!

**99¢<sup>only</sup>**  
STORES

300

MORNING  
DAY 1  
4/11/2016

i youtubed "sun salutation"  
and watched a 3-minute  
video on beginners YOGA,  
gave the sun MY BEST  
SALUTATION i COULD MUSTER.  
i AM SURE it WAS terrible.  
MY BACK IS 90 YEARS OLD.  
LOOKING FORWARD TO  
TOMORROW's ATTEMPT.



NOON  
DAY 1  
4/11/2016



NIGHT  
DAY 1  
4/11/2016

"Yet this uneventful life was significant. It followed the slow rhythmic dance of a destiny which over three-quarters of a century had like many others succeeded in avoiding the violence of a abrupt political change, while yet absorbing it, and reflecting the mundane stages of human existence."

~ RAYMOND COGNIAT  
author of book on Bonnard

Read ONE PARAGRAPH  
FROM A RANDOM Book  
IN MY HOUSE OUT LOUD



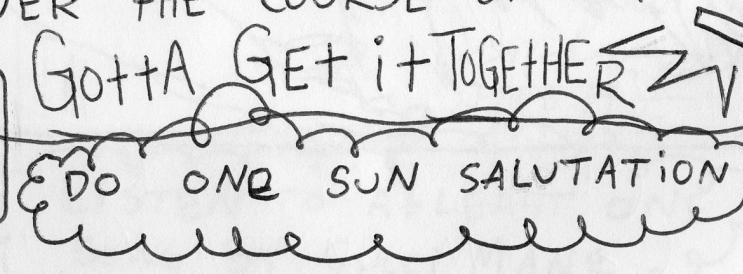
MORNING  
DAY 2  
4/12/2016

Over slept this morning.....  
Didn't get up until 1:00 PM  
I AM REALLY BAD AT THIS  
WHOLE ROUTINE THING.  
THIS PROJECT IS A LEARNING  
Exercise in AWAY BUT Still...

NEED TO GET A GRIP   
ON SOME DISCIPLINE.....  
I GOTTA GO TO SCHOOL TO  
WORK ON SENIOR SHOW THINGS...  
Motivation for school is   
HARD TO COME BY THESE DAYS.  
I'LL TRY AND DO SOME STRETCHING  
OVER THE COURSE OF MY DAY.

GOTTA GET IT TOGETHER 

DO ONE SUN SALUTATION



NOON  
DAY 2

4/12/2016



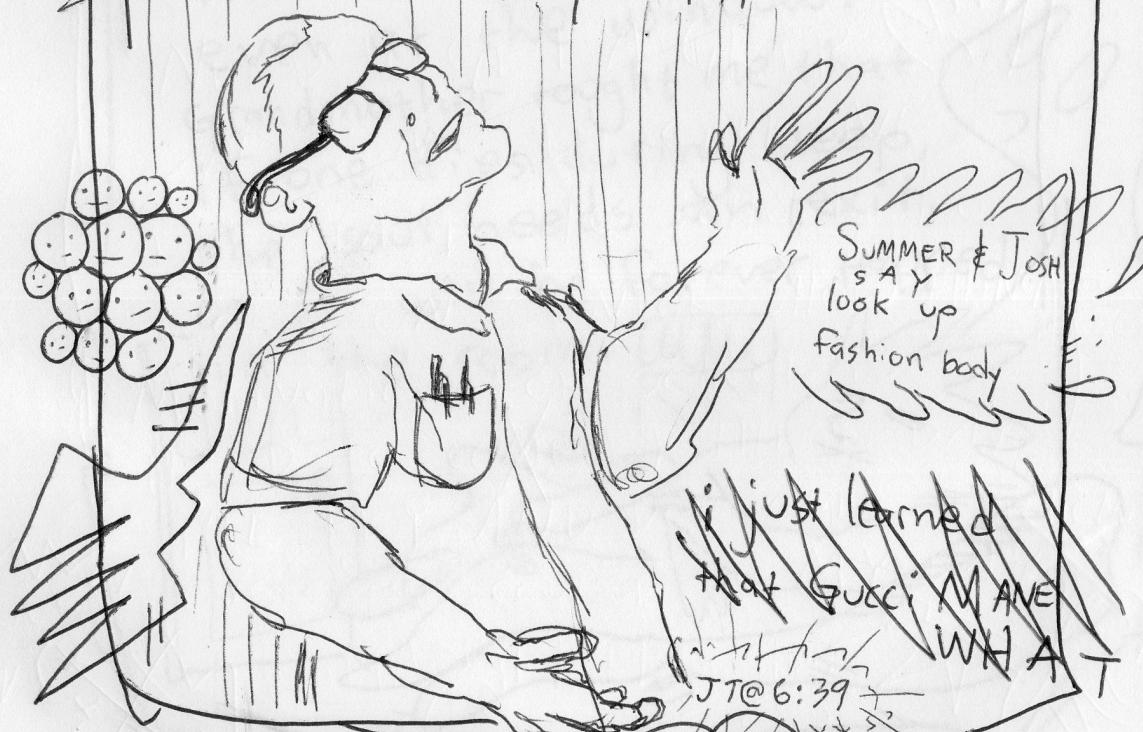
KUSH IS MY COLOGNE  
by Gucci MANE

bubba for trubba

smokin on a dream  
its the bomb



very trappy beat w/ those hi hats



SUMMER & JOSH  
say  
look up  
fashion body

i just learned  
that Gucci MANE  
isn't from  
JT@6:39  
WHAT

LISTEN TO AT LEAST ONE  
SONG BY Gucci MANE

NIGHT  
DAY 2  
4/12/2016

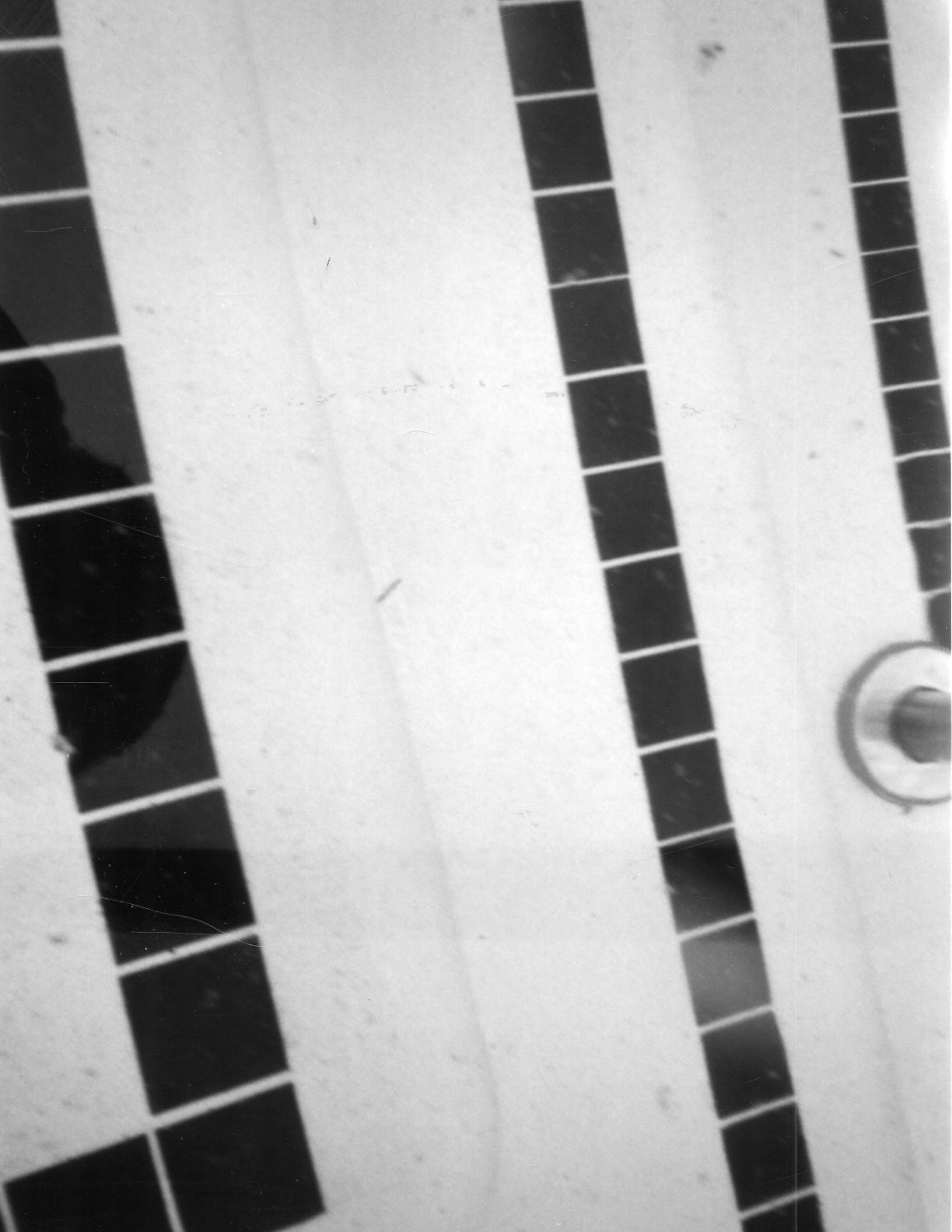
From 'PIECES OF YOU' by TABLO  
LENT TO ME BY ASHLEY izumi.

ANDANTE  
FALL, 1998

i always make sure there's an opening in the room - an inch at the door, or maybe even at the window. MY grandmother taught me that if one dies during sleep, the soul needs an exit, or it will be forever trapped in the room.



Read ONE PARAGRAPH  
FROM A RANDOM BOOK  
IN MY HOUSE OUT LOUD



MORNING  
DAY 3  
4/13/2016

how will this project work  
if i continue to fail  
these 3 daily tasks?  
why can't i just be like,  
more committed to  
the process of this project?  
is there something wrong  
with me?

i want to follow  
this project thru  
properly, but  
to put that notion  
into practice  
is proving to be  
quite difficult so far.

DO ONE SUN SALUTATION

NOON  
DAY 3  
4/13/2016

;-)

Listen to at least one  
song by Gucci MANE

NIGHT  
DAY 3  
4/13/2016

i am failing once again.  
what is it that i lack?  
i am sorry Justine,  
your tasks were wonderful.  
i am sorry gucci mane  
i am sorry for what i cannot  
seem to manage.  
is routine the problem?  
am i the problem?  
all mighty someone help me please,  
pick up the pieces.

Read one paragraph from  
a random book in my  
house out loud.





no

no  
no

no  
no

it is up to me

# PROJECT STATEMENT

I am asking for people to give me 3 daily tasks that I will implement into my routine for a period of 7 days. I am documenting these tasks visually/verbally. After I complete a person's 3 daily tasks for 7 days, I will do them any 1 favor of their choosing.

What interests me is exploring relationships shared between record keeping, documentation and daily life. Through this exploration I hope to gain a better understanding of myself and how daily structures work for me. I want to find small ways to be thankful for each day I am here to live. I want to improve at asking for help.

Hopefully you find nuggets within my project to latch on to, that resonate with you. I hope you enjoy flipping through the pages, and that you feel things or think things that perhaps you would not have otherwise. I hope that this project helps you, if even for a small instance, feel a bit less alone in this world.

This is my boring and amazing and desperate attempt to find meaning and rhythm in the day to day. Thanks for being here.

Stay fresh,

John



**John Charles Bricker**  
**Illustrator/Writer**  
**Currently in Los Angeles**



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edition

BE  
FREE