Computational Medical Diagnosis

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Abstract

Computers are increasingly being used in the medical industry. They are used to provide structure and efficiency to record management and patient organization to both hospitals and medical labs, but the intelligence and efficiency of computers is also advanced enough to be able to analyze massive quantities of information and produce intelligent, reasonable conclusions. In the context of human medical records and genetic code, conclusions can be diagnoses and care planning. Analysis of this information is currently conducted by one or more highly trained doctors or medical experts. The cost of these trained professionals is relatively high compared to the time it takes to perform the analysis per patient. Using computers, with advanced algorithm and high level cognitive science research, we are able to replicate the team of specialists and come to the same results in significantly less time and hard work, freeing those professionals to be able to perform harder problems.

1   Introduction

Computational intelligence and capability is quickly becoming noticeable in today's society as a helpful tool. People are beginning to experiment with them in a range of industries and corners of society. We have Siri on our Smartphones, robotics taking over as the manufacturing work horse, and computer diagnostic tools becoming smart enough to help us fix the very computer that they live on. Programs are more and more capable of reading in available information, digesting it and coming to a helpful conclusion. There are network diagnostic tools to figure out why your computer cannot connect to the internet, and antivirus programs that analyze every inch of memory to snoop out malware, spyware, or even simple corruption in the file structure. They do this multiple multitudes of times faster than their human predecessors and with significantly increased efficiency. Computer programs don't become bored or fatigued- the only problem they run into is that they are as powerful and effective as the programmer that designed their algorithm.

Diagnostic tools are at the point where problems such as network connectivity and search and find algorithms are child's play. They are faster and more powerful than ever before and history, and AI researchers are starting to experiment with ways of applying these tools to human diagnostics. A program can read in massive amounts of information and make sense of it, which is essentially what human doctors are paid and trained for years to do. There are recognizable patterns in the data that result in diagnoses. The patterns are distinguishable through medial histories and current symptoms, both are sources of information that computers can read from quickly and efficiently. The advantage of computer diagnostics are more readily seen when the source of information is so massive and complex that it would take a human specialist a long and costly time to find the pattern and resulting conclusion (in context of the medical field, a medication or treatment plan). An example would be in the form of DNA sequencing and finding deeply hidden and complex diseases or cancers.

Using computers to aid in the diagnostic and treatment in the human medical field will increase productivity and effectiveness overall. Of course programs and algorithms cannot be trusted completely for some time- the wrong diagnosis can be come to whether it's a human or a computer. The speed and sheer scaling power of using computers is an advantage that the medical field needs

to take advantage of. Power artificial intelligence can aid in medical devices such an ultrasounds, aid in diagnoses of complex genetic diseases that would otherwise take a highly trained team of specialists, and even provide foresight and prevention of human mistakes in diagnosis.

2   Computer Aided Medical Tools

Doctors are still absolutely necessary for the health of a population, especially since production of AI and their respective robotics that pass the Turing Test, and can thusly replicate the feel of a human person, isn't within immediate sight. Person to person contact is vastly preferred when it comes to health care rather than talking to a screen, even though I believe that a program could simulate that relationship well enough to be satisfactory. An advantage is algorithmically generated and thus highly personalized relationships with a medial device.

Doctors rely on their instruments and tools to accurately provide information so that they can make an accurate and well informed diagnosis. Many of these tools are invasive and reduce the comfort of a patient, so better computer aided tools are necessary. There is a moving trend towards high resolution, 3D imaging to provide information in a non-invasive, accurate way [10]. This method allows doctors to literally see what is going on within their patients. 3D imaging using ultrasound has no unwanted side-effects similar to radiology imaging and is incredibly accurate, especially in shallow areas [10].

2.1   Improved Imaging Analysis

Researchers are working on improving this technology using clusters of computers connected through a low latency network to increase computing power and speed up algorithm time. Images, and virtually all graphic algorithms, are better calculated in parallel because of the nature of the problem. By increasing calculation power, doctors can perform more detailed ultrasounds of their patients and potentially see results in real time [10].

3   Genetic Problem Solving

One of the areas of medical diagnosis that computers can help the most is in cancer and genetic disorder treatment and diagnose. These illnesses are generally extraordinarily complex and hard to calculate treatments for, assuming that the human specialist needed to diagnosis and treat the problem was able to accurately do so. I should say hard for current specialists, and very expensive. Computers have always provided an excellent means to create an expert system, but unfortunately cancer treatment is so large and complex that the system has to be flexible and consider or weigh a staggering amount of variables [7].

Tumor classification based on Gene Expression Profiles (GEPs), which is a way to accurately diagnose and personalized treatment for different types of tumors, has drawn a great attention in recent years [7]. Because of the sheet amount of genetic material in the human genome, spotting health problems before they can even form is near impossible unless you know what you're looking for. One possible avenue in biology is to create correlation filters to find patterns in genetic material, no matter what different gene type they happen to be expressed in. Minimum Average Correlation Energy (MACE) and Optimal Tradeoff Synthetic Discriminant Function (OTSDF), are introduced to determine whether a test sample matches the templates synthesized for each subclass [7]. The template represents a known genetic pattern for a tumor type, and the test sample represents up to an entire gene (which contains an immense amount of genetic information). Each correlation filter attempts to take advantage of a computer's processing power to determine the correlation of a gene and a known tumor pattern.

Analyzing genetic information is further complicated by almost never having identically matching patterns. The lengths of genetic material that represents the testing samples are produced in chunks, and so test samples may overlap and mismatch. MACE and OTSDF have shown progress in being able to detect similarity of the overall pattern while ignoring common mismatches [7].

3.1   Quicker, Efficient Analysis

Computer intelligence armed with these power filtering algorithms have produced incredible results. They are able to find overall similar patterns in half the time it would take a team of

geneticists to sift through results. Not only is the batch operation time better, but applications are optimizing the process by finding similarities in the smallest amount of genes possible [6]. The significance of this finding results in the ability to extract simple diagnostic rules to diagnose a problem without the need for classifiers. The largest, and most clear benefit is that now problems can be found with relatively few gene expressions rather than thousands to have to filter through.

Many types and subtypes of cancer can be linked directly to DNA mutations or corruption, so being able to find the problematic gene patterns early can reduce the risk of developing a large amount of lethal cancer cells. While prevention is preferred, treatment is obviously of high importance also. Treatment is very difficult because of all the variables that come into the play: diet, bodily reaction, medications, and underlying genetic conditions. A cancer treatment center has recently been developing a computer system that optimizes a simulation to accurately piece together effective treatment solutions [1].

3.2 Solving Problems

There are three primary reasons to use computers to aid in diagnosis and treatments in the medical industry. They reduce errors, provide economy and efficiency, and quantitative quality of probability [9]. One of the obvious problems with integrating computers into the diagnosis and treatment planning cycle is if physcian to computer interaction is scarce, and the general limitation of hardware for such a daunting data processing task. The use of computers for record storage and retreival is immediately feasable, but the ability to process complicated biological and mathematical models concerned with probabilty and symptom to disease matching, which exists inherently in the problem, may not be within the common hospital's or medical lab's reach [9].

Another problem to solve is the interaction between humans and machines. Person to terminal interaction, as discussed before, is a challenge to overcome because of a person's ability to spot a fake human [2]. These problems are easy to overcome, but will have to come with the passage of time and the further integration of interactive technology with every day life.

4 Diagnostic Decision Making

Computer expert systems are being used in the medical field more and more. They are being used by doctors to help make diagnostic decisions, but as increasingly being seen, giving the medical diagnosis as well. Decision making artificial intelligence is advancing to the point where learning based on test cases is relatively easy. A challenge with using computers is that they are very good at coming up with a final decision, but lack the ability to give argumentative support as to why or how they came to that conclusion. At least in a way that the user can understand, and that is a meaningful problem.

Financial systems and problems are similar to medical diagnostics. Both involve accepting huge amounts of variables and attempting to come it a conclusion that explains what caused the variables to come to the result that they did. Researchers in Oregon studied fiancial systems' decision making, and how it is similar to human decision making [3]. They figured out the discrete algorithms that the student's came to by asking them to talk out loud during their decision process. The researchers attempted to mimic this effect with the computer systems, having them 'talk' out loud as they computed. This obviously didn't work as well because of linguistic rigidity, but it shed some light to the decision making process.

This technique struck me as an effective way to test computer medical diagnostic systems as well. As doctors come to trust output from computers, whether they be a fledged out system or the doctors' tools, they will need to know how the computers came their conclusions. Some sort of traceable output to map the path to the answer. Unfortunately, the same challenge that the researchers in Oregon will present itself here as well. Computers cannot voice their various steps as well as a financial student, but as interactive systems advance this become a minor problem [3].

5 Trusting Solutions

Expert computer systems for medical diagnosis are no where near advanced enough to be able to replace doctors in the field. Their aid in the process is clear, as both tools, but increasingly as

almost peers. A system that accepts variables to compute solutions in the context of diagnosis, medication, and patient care are common for complex, genetic diseases because of the sheer difficulty of those diagnoses. Computer systems are still not trusted to make common problems even though they clearly have the raw power to reach a correct solution. This mistrust comes from the skepticism of the doctors themselves. I see a trend in moving towards a trust, but it's coming slowely.

5.1 Suggestions

The current state of using computers to come to medical diagnoses is to take the conclusions in the sense of suggestions. The information about a patient is largely controlled digitally, so involving a computer becomes a trivially simple task when feeding it information is that easy. They are largely given caused symptoms (i.e. liver toxicity) and managed (i.e. elevated blood pressure) and medical histories to come to common diagnoses. Researchers from the U.S. Journal of Medicine studied physicians accross the country. They gave the physicians a system to use, and were told to consider the suggestions from the system. Results found that clinical errors were greatly reduced, and that 51 percent of the physicians stated that they were satisfied to have a computed validation [5].

5.2 Solutions

Suggestions are easily the best current day solution. Doctors can use artifical intelligence or automated diagnostic machines to help reach a conclusion, but ultimately society isn't ready to leave medical diagnosis in the hands of computers. That being said, there is incredible research being conducted that proves that in some very rigid expert systems, progress towards independent diagnostics and medical regiments are being made. Researchers on project DART have made an expert system to analyze patient records and reach a conclusion on whether or not a patient had schitzophrenia, psychoses, and non-affective psychoses. The researchers gave the system 101 records of real patients, had it compute and then scanned the results for accuracy based on accepted doctor diagnoses. The researchers found that the system was correct 88% of the time with schitzophrenia, 71% of the time with psychoses, and 91% of the time with non-affective psychoses [9].

These results are clearly not optimal. We don't want to prescribe and label someone with schitzophrenia when they do not, which is why this system would still be used to offer suggestions rather than automated. The numbers are still very high, and offer hope that one day expert systems will be effective in increasing the effectiveness of the medical industry.

6 Conclusion

Human illness is a very challenging problem to figure out, despite the patterns associated with each disease. The immensity of the information associated with the process, not to mention the enormity of the database held in DNA, has lead to a coming paradigm shift of using computers as diagnostic machines for humans. Analyzing these patterns and using probably models and DNA sequencing to calculate the most effective treatment plans is increasingly being done by artificially intelligent machines. Computers are less likely to commit preventable errors, and have vastly increased economy and efficiency in the diagnostic process. IBM's Watson was just recently released onto genome data to detect cancer in patients, soon this won't be news but everyday events.

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