

Referencing [Getting to Know a New Plane](#) and [C172S GAIT](#)

\_\_\_ = to be determined in plane

\* = to be confirmed in plane

Plane Used: N\_\_\_

## Day 1: Standard Operations

### 1) Estimate Taxi Leaning

Altitude	FFlow	Rough Measurement
Sea Level	___	Thumb to first knuckle?
4000' MSL	TBD	
8000' MSL	TBD	

### 2) Leave for practice area








### 3) Practice Stalls and Slow Flight

Simulate what it will be like to land

### 4) Complete GAIT below

C172S Gaits	Flaps	Pitch	RPM	IAS (kts)	VSI (fpm)
----------------	-------	-------	-----	--------------	--------------

---

<b>C172S Gaits</b>	<b>Flaps</b>	<b>Pitch</b>	<b>RPM</b>	<b>IAS (kts)</b>	<b>VSI (fpm)</b>
 $V_G$ (9:1*)		—	idle	68	—
 $V_R$	10°	—	max	55	—
$V_{X(10^\circ)}$	10°	—	max	56	—
$V_X$		—	max	62	—
 $V_Y$		+10°*	max	74	+600*
 Cruise Climb		+5°*	max	90	+500*
Cruise (75% Power)		0°	2500	105*	0
Cruise Descent		-2.5°	2500	115*	-500*
 IAF Inbound Level		+2°*	2200*	90	0
 IAF Inbound Descent		-2°*	1700	90	-800*
 Prec Appr to DA	10°	-3°*	1900	90	-450*

<b>C172S Gaits</b>	<b>Flaps</b>	<b>Pitch</b>	<b>RPM</b>	<b>IAS (kts)</b>	<b>VSI (fpm)</b>
 Non-Prec Appr to MDA	10°	-4°*	1500	90	-800*
 Downwind		—	2000	90*	0
 Abeam Numbers	10°	—	1500	80	—
 Base	20°	—	1500	70	—
 Final	30°	—	1500	65	—
Short	30°	—	1500	61	—

Recommended: 50°F Rich of Peak EGT (For Best Economy, use Peak EGT)

<b>Power</b>	<b>RPM</b>	<b>Pressure Altitude</b>	<b>KTAS (Std. Temp) maybe KIAS?</b>	<b>Rough FFlow with Lean Mixture*</b>
75%	2500	2000'	112*	10 (-9°C OAT), 9.5 (11°C), 9 (31°C)

<b>Power</b>	<b>RPM</b>	<b>Pressure Altitude</b>	<b>KTAS (Std. Temp) maybe KIAS?</b>	<b>Rough FFlow with Lean Mixture*</b>
75%	2500	4000'	115*	10 (-13°C OAT), 9.5 (7°C), 9 (27°C)
75%	2550	6000'	116*	10 (-17°C OAT), 9.5 (3°C), 9 (23°C)
75%	2600	8000'	120*	10 (-21°C OAT), 9.5 (-1°C), 9 (19°C)