

[illegible]

Location	NOTAMS / PIREPS / Significant Weather Forecasts
	XC.5

VFR Cruising Altitudes	
Magnetic Course	
180°-359° <i>(inclusive)</i> EVEN thousands + 500' 4500, 6500, 8500...	0°-179° <i>(inclusive)</i> ODD thousands + 500' 3500, 5500, 7500...

[illegible]

A yellow sticky note with a black border. The word "notes" is written in the top left corner. In the center of the note, the text "XC.4" is written in a large, black, sans-serif font.

[illegible]

Runway			
Altitude			
Cell / Vis			
Wind			
Code			
Airport			
ATIS			
FSS	flight plan	closed?	activated?
notes			
XC.2			
Runways			
TPA			
UNICOM			
FSS			
CTAF/Tower			
Ground			
Clearance Del			
ATIS			
Airport			
Airport Frequencies / Information			

fold

Flight Plan							1-800-WX-BRIEF						
1	type	2	acft ident	3	acft type, spl. equipment	4	true airspeed	5	departure point	6	dep time	7	cruise alt.
	VFR										Z		
	IFR												
	DVFR												
8	route of flight												
9	destination name & city			10	est. time enroute		hours	mins	11	remarks			
12	hours		mins	13	alternate airport		14 pilot's name, address, phone, & acft home base						
15	number on board		16		color of aircraft		17 destination contact / phone (optional)						
Special Equipment Suffixes for (3)		A - DME, Xpdr WITH alt encoding B - DME, Xpdr w/ NO alt encoding D - DME NO Xpdr X - NO Transponder		R - RNAV, Xpdr WITH alt encoding C - RNAV, Xpdr w/ NO alt encoding W - RNAV, NO Xpdr U - Xpdr WITH alt encoding T - Xpdr w/ NO alt encoding		Add Suffix to Acft Type on Flt Plan -- ex: "P28A/ALPHA"							
Weather Go/No Go Checklist				Light Gun Signals				Weight and Balance					
Current Enroute WX				signal				item					
Forecast Enroute WX				on ground				weight					
Forecast Destination WX				in flight				x arm = moment					
Forecast Alternate Airport WX				steady green				basic empty wt / mom					
Winds & Temp Aloft Forecast				flashing green				seats 1&2					
Better WX Area Forecast				steady red				seats 3&4					
Synopsis & Area WX				flashing red				seats 5&6					
Temp / Dew Point Spread (Fog)				flashing white				baggage					
Freezing Levels				alternating red/green				fuel					
PIREPs, including Top Reports				Warning - Use Caution				generally 6 lb / gal					
NOTAMS				VHF Frequencies				CG = Σ(moment) / Σ(weight)					
I'M SAFE				Emergency / ELT				takeoff wt/ cg/mom					
Illness				EFAS / "Flight Watch"				taxi / trip fuel					
				Air to Air				landing wt/ cg/mom					
				Military VHF									
				FSS (general)									
				UNICOM (Towered Airpts.)									
				Medication				Alcohol					
				Stress				Fatigue					
				Date / Initials				Emotion					
				Fuel Management				power					
				taxi / take-off				% RPM					
				climb				fuel flow					
				cruise				gph					
				app.									
				alt.									
				res.									
				total									
				Time									
				Fuel Req.									

fold

XC.4

XC.6

XC.7

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