

# DreamHarmony: Unveiling Sleep Patterns through Lifestyle Modeling and Predictive Analytics

Hoang Q. Nguyen

Md Mahmudul Hassan  
*University of Science and Technology*  
Seoul, South Korea

Solomon Rukundo

**Abstract—** [1]

**Index Terms—**big data, sleep, health, lifestyle

I. INTRODUCTION

II. DATA

III. ANALYSIS

IV. HYPOTHESIS TESTING

V. MODELING

VI. CONCLUSION

VII. FUTURE WORK

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REFERENCES

- [1] E. Preišegolavičiūtė, D. Leskauskas, and V. Adomaitienė, "Associations of quality of sleep with lifestyle factors and profile of studies among lithuanian students," *Medicina (Kaunas, Lithuania)*, vol. 46, pp. 482–9, 07 2010.