



Instructor's Corner

ECCU 2010 and First Aid Guidelines Release

New CPR and Emergency Cardiovascular Care (ECC) treatment recommendations released today may impact the content of American Red Cross CPR/AED courses. This process is being led by the International Liaison Committee on Resuscitation (ILCOR) and is sponsored by the American Heart Association (AHA).

Additionally, the International First Aid Science Advisory Board, sponsored and co-led by the American Red Cross and AHA, conducted research on first aid science and is releasing new treatment recommendations and first aid guidelines at the same time as the consensus on science with treatment recommendations for CPR and ECC.

The new Guidelines will be available in the *Circulation* Journal. Following the release the American Red Cross Advisory Committee on First Aid, Aquatics, Safety and Preparedness (ACFASP) in conjunction with Red Cross program development will review and determine how the latest science will be incorporated into Red Cross training to be released beginning in the Spring of 2011. For more information, see the joint Red Cross and AHA First Aid Science Advisory Board [release](#) and the Red Cross Statement on the CPR Guidelines [release](#).