

#### User Story 1

As a user I want to be able to find an easy program to exercise from home.

#### User Story 5

As a user I want to be able to watch videos of the exercises I want to do. That will motivate me a lot more.

#### User Story 9

As a user I want all this information for free. Maybe I give them my email address, but no money!

#### User Story 13

As a user I would like to be able to share the website on social media with my friends, if I want to.

#### User Story 2

As a user I want to be able to do some exercises from work. Maybe in the privacy of my office.

#### User Story 6

As a user I want to have a mobile ready site so I can go to the park and stream and read from my smartphone.

#### User Story 10

As a user I want short paragraphs to read, not long amounts of information. Maybe two paragraphs max per article.

#### User Story 14

As a user I like to have links to other sites that share the same type of information as this website.

#### User Story 3

As a user I want to exercise on my own time. Whenever I want!

#### User Story 7

As a user I want to be able to contact the website developers so I can give them my feedback.

#### User Story 11

As a user I like to be motivated by pictures and motivational passages.

#### User Story 15

As a user I want to know who made the website and if my information is being protected. Privacy is very important to me.

#### User Story 4

As a user I need a source of knowledge about how to and how often I should exercise without injuring myself.

#### User Story 8

As a user I don't want be bombarded with emails and newsletters all the time.

#### User Story 12

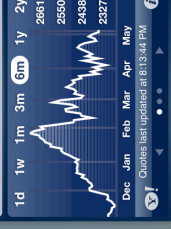
As a user I want variety of exercises, different types for different parts of my body.

#### User Story 16

As a user I want to be able to copy or download the pictures for future references without having to worry about copyrights.



DOW J	23930.15	+	5.17
NASD...	7088.15	-	12.75
AAPL	176.89	+	0.32
GOOG	1023.72	-	0.66
AMZN	1572.08	+	2.39
BA	330.69	+	6.5
JDST	47.68	-	1.87
NUGT	26.26	+	0.71
JNUG	15.03	+	0.47



**Thursday**  
**3**

**May 2018**  
S M T W T F S  
29 30 1 2 3 4 5  
6 7 8 9 10 11 12  
13 14 15 16 17 18 19  
20 21 22 23 24 25 26  
27 28 29 30 31 1 2  
3 4 5 6 7 8 9

for camilo's Birthday  
Floridaliza Camilo's Birthday  
Sofiana Ramirez  
Hernandez's Birthday

