# NIRCA Midwest Regional Saturday October 24, 2009 10:30 A.M. Pope Farm Park - Middleton, WI

# **OFFICIAL MEN'S CHAMPIONSHIP RESULTS**

Place	TmPI	Bib	Name	Yr	Team	Time	Pace
1	1	290	Nathan'moses' Peters	JR	Michigan RC	26:20.9	5:26
2	2	401	Ben Garbe	JR	Wisco TC	26:35.5	5:28
3	3	285	Max Hock	JR	Michigan RC	26:46.1	5:31
4	4	347	Mike Spillone	JR	Illinois	26:58.2	5:33
5	5	337	Andrew Jacobi	JR	Illinois	27:04.5	5:34
6	6	377	Colin Zauner	so	Minnesota	27:14.3	5:36
7	7	255	Luke Demmell		Iowa State	27:20.6	5:38
8	8	414	Isaac Newman	FR	Wisco TC	27:24.7	5:39
9	9	346	Justin Smith	JR	Illinois	27:25.5	5:39
10	10	369	Steele Lorenz	SR	Minnesota	27:41.3	5:42
11	11	417	John Prusynski	SO	Wisco TC	27:42.6	5:42
12	12	396	Bryan Barker	JR	Wisco TC	27:44.7	5:43
13	13	253	Ryan Wells	FR	Indiana	27:50.6	5:44
14	14	228	Alex Donaghy	SR	Central Michigan	27:51.7	5:44
15	15	341	Dan Luis	SR	Illinois	27:55.8	5:45
16	16	292	Alex Prasad	JR	Michigan RC	27:57.1	5:45
17	17	325	Michael Streicher	SO	Purdue	27:59.0	5:46
18	18	398	Ben Carr	JR	Wisco TC	28:00.5	5:46
19	19	403	Kyle Hall	JR	Wisco TC	28:05.0	5:47
20	20	232	Adam Richmond	SR	Central Michigan	28:06.5	5:47
21	21	406	River Karl	SO	Wisco TC	28:06.8	5:47
22		405	Jc Jesmok	JR	Wisco TC	28:07.1	5:47
23		395	Brian Atkinson	SR	Wisco TC	28:10.6	5:48
24	22	252	Dustin Spanbauer	JR	Indiana	28:15.1	5:49
25	23	318	Roderick Lammers	SO	Purdue	28:19.5	5:50
26	24	345	Aaron Silver	SO	Illinois	28:20.5	5:50
27	25	286	Joshua Lumley	SO	Michigan RC	28:22.2	5:50
28	26	289	Charlie Mouch	JR	Michigan RC	28:24.3	5:51
29		402	Nathan Haggerty	SO	Wisco TC	28:25.6	5:51
30	27	303	Justin Jones		Michigan State	28:27.0	5:51
31	28	368	Zachary Krause	FR	Minnesota	28:43.8	5:55
32		421	Adam Zais	SO	Wisco TC	28:44.0	5:55
33	29	362	Keith Behrman	SR	Minnesota	28:46.7	5:55
34		407	Sam Keepman	SR	Wisco TC	28:48.8	5:56
35	30	293	lan Prochaska	FR	Michigan RC	28:49.9	5:56
36	31	294	Zach Prochaska	FR	Michigan RC	28:50.1	5:56
37	32	334	Mike Frigo	SO	Illinois	28:57.7	5:58
38	33	349	Todd Teren	SR	Illinois	28:58.8	5:58
39	34	379	Mitch Beck	FR	Mizzou	28:59.6	5:58

40		404	Peter Holmes	SO	Wisco TC	29:00.7	5:58
41		412	Evan Mast	SO	Wisco TC	29:02.5	5:59
42		408	Neal Kivi	SO	Wisco TC	29:09.5	6:00
43	35	224	lan Blanding	JR	Central Michigan	29:14.5	6:01
44	36	320	Will Naville	SO	Purdue	29:14.9	6:01
45		295	Mike Roth	SR	Michigan RC	29:15.2	6:01
46		296	Ari Schorr	SO	Michigan RC	29:19.7	6:02
47	37	323	David Schuls	FR	Purdue	29:21.1	6:03
48	38	302	Adam Izer		Michigan State	29:25.4	6:03
49	39	250	Josh Smith	JR	Indiana	29:26.2	6:04
50		419	Jake Thorson	SO	Wisco TC	29:31.2	6:05
51	40	373	Tyler Mandry	FR	Minnesota	29:32.0	6:05
52		298	Matthew Shaheen	JR	Michigan RC	29:33.1	6:05
53	41	221	Scott Gogolin	FR	Ball State	29:34.3	6:05
54	42	311	Josh Current	SR	Purdue	29:34.6	6:05
55	43	308	Eric Allen	SR	Purdue	29:34.9	6:05
56	44	306	Eddie Roginski		Michigan State	29:35.4	6:05
57		397	Nick Burant	SR	Wisco TC	29:40.2	6:06
58	45	254	Kit Coppess		Iowa State	29:41.2	6:07
59		300	Scott Wagner	JR	Michigan RC	29:44.2	6:07
60		328	David Holmberg	JR	Cincinnati	29:47.5	6:08
61		342	Declan McDonnell	SO	Illinois	29:48.6	6:08
62		332	Sean Berbert	JR	Illinois	29:48.9	6:08
63	46	301	Jeff Girbach		Michigan State	29:50.2	6:09
64	47	391	Michael Nordlund	GR	Washington	29:52.5	6:09
65	48	365	Ryan Daye	SO	Minnesota	29:53.2	6:09
66		420	Matt Walker	FR	Wisco TC	29:55.6	6:10
67	49	384	Isaac Robertson	SR	Mizzou	29:57.1	6:10
68		411	Andy Lang	SO	Wisco TC	29:58.5	6:10
69	50	235	Alex Beruscha	FR	Illinois State	30:00.0	6:11
70	51	390	Andrew Luecking	SR	Washington	30:01.1	6:11

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Wisconsin Track Club - Madison, Wisconsin - http://www.witrackclub.org

# NIRCA Midwest Regional Saturday October 24, 2009 10:30 A.M. Pope Farm Park - Middleton, WI

# OFFICIAL MEN'S CHAMPIONSHIP RESULTS

Place	TmPI	Bib	Name	Yr	Team	Time	Pace
71	52	315	Sam Harvey	SR	Purdue	30:01.9	6:11
72		338	Vigneshwar Karthikeyan	FR	Illinois	30:07.1	6:12
73	53	242	Danny McMahon		Illinois State	30:09.8	6:13
74		409	Scott Klasek	JR	Wisco TC	30:11.3	6:13
75		418	Jeff Schacherl	SR	Wisco TC	30:13.1	6:13
76	54	304	Damon King		Michigan State	30:14.1	6:13
77	55	261	Daniel Sevcik		Iowa State	30:20.1	6:15

78	56	241	Levi Seif	JR	Illinois State	30:22.3	6:15
79		351	Ben Zeman	JR 	Illinois	30:24.1	6:16
80	57	374	Slavo Tkac	FR	Minnesota	30:25.2	6:16
81	58	246	Alex Kovach	SO	Indiana	30:30.4	6:17
82		314	Spencer Ferrier	FR	Purdue	30:31.0	6:17
83		350	Kevin Wolz	FR	Illinois	30:31.8	6:17
84	59	392	Victor Pinedo	FR	Washington	30:32.5	6:17
85	60	257	Mason Frank		Iowa State	30:33.9	6:18
86	61	233	Casey Stokes	SR	Central Michigan	30:36.2	6:18
87		327	Adam Hehr	JR	Cincinnati	30:39.5	6:19
88		316	Chris Knapp	SO	Purdue	30:40.2	6:19
89		413	Matt Mixdorf	FR	Wisco TC	30:40.7	6:19
90	62	355	Jacob Mack	SO	Michigan-Dearborn	30:42.1	6:19
91	63	264	Andrew Beck	FR	Loyola	30:42.8	6:19
92		275	Nick Kelly		Miami	30:44.8	6:20
93	64	262	David Sevcik		Iowa State	30:50.9	6:21
94		339	Steven Kelder	FR	Illinois	30:51.3	6:21
95		312	Mike Ducore	SR	Purdue	30:51.9	6:21
96		410	Andy Kump	FR	Wisco TC	30:52.6	6:21
97	65	226	Scott Cooke	SO	Central Michigan	30:59.4	6:23
98		400	Trent Evans	JR	Wisco TC	30:59.8	6:23
99	66	383	Ben Moore	SR	Mizzou	31:00.2	6:23
100		297	David Schwartz	SO	Michigan RC	31:00.6	6:23
101	67	249	Ben Scott	JR	Indiana	31:04.2	6:24
102		336	Alex Harrison	FR	Illinois	31:09.0	6:25
103	68	218	Joe Barrera	JR	Ball State	31:09.4	6:25
104		309	Evan Anderson	SO	Purdue	31:11.0	6:25
105		415	Ben Overeem	FR	Wisco TC	31:14.9	6:26
106		378	Evan Baeten	SO	Minnesota	31:15.1	6:26
107		340	Steven Kleine	JR	Illinois	31:20.2	6:27
108	69	387	Marc Hendel	SO	Washington	31:24.0	6:28
109		273	Joe Carlin		Miami	31:24.4	6:28
110		326	Jason Barhorst	JR	Cincinnati	31:26.9	6:28
111		344	Alec Nickolls	FR	Illinois	31:32.0	6:29
112	70	460	Michael Jaisle		Michigan State	31:33.6	6:30
113		276	Jeremy Miner		Miami	31:35.0	6:30
114	71	305	Eric Loveland		Michigan State	31:36.2	6:30
115		313	Rick Feddema	SO	Purdue	31:42.6	6:32
116		274	Sammy Kaburi		Miami	31:45.7	6:32
117		376	Andrew Pratt	SR	Minnesota	31:47.9	6:33
118	72	260	Ben McKinley		Iowa State	31:59.7	6:35
119		375	Josh Doebbert	JR	Minnesota	32:00.5	6:35
120	73	222	Joe Schmidt	GR	Ball State	32:07.7	6:37
121		331	Matthew Schluneker	FR	Cincinnati	32:13.2	6:38
122	74	386	Andrew Bechtel	FR	Mizzou	32:14.9	6:38
123		287	Elliott Manzon	GR	Michigan RC	32:15.9	6:38
124	75	263	Danny Banas	JR	Loyola	32:17.6	6:39

125	76	394	Keita Uchida	JR	Washington	32:21.7	6:40
126	77	240	Alejandro Montoya	FR	Illinois State	32:29.6	6:41
127	78	239	Don Macatangay	SR	Illinois State	32:30.7	6:42
128	79	243	Brandon Arnett	FR	Indiana	32:35.0	6:42
129	80	357	Rob Mengel	FR	Michigan-Dearborn	32:41.3	6:44
130	81	393	Jordan Sanders	JR	Washington	32:43.8	6:44
131	82	382	Chris Miller	SO	Mizzou	32:53.9	6:46
132		291	Alex Petti	FR	Michigan RC	32:55.4	6:47
133	83	247	Peter Krombach	FR	Indiana	32:56.6	6:47
134		280	Garrett Carpenter	FR	Michigan RC	32:57.8	6:47
135	84	234	Jacob Winbingler	JR	Central Michigan	32:58.7	6:47
136		248	Matt McNeil	SR	Indiana	33:07.3	6:49
137	85	352	Anwar Beydoun	SO	Michigan-Dearborn	33:11.0	6:50
138		371	Michael Seely	FR	Minnesota	33:11.6	6:50
139		251	Solomon Snyder	SR	Indiana	33:15.5	6:51
140		284	Matt Harkreader		Michigan RC	33:33.9	6:55

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# NIRCA Midwest Regional Saturday October 24, 2009 10:30 A.M. Pope Farm Park - Middleton, WI

# OFFICIAL MEN'S CHAMPIONSHIP RESULTS

Place	TmPI	Bib	Name	Yr	Team	Time	Pace
141	86	267	lan Grosfelt	FR	Loyola	33:37.4	6:55
142	87	265	Kevin Brejcha	JR	Loyola	33:39.9	6:56
143	88	225	Drew Brown	SR	Central Michigan	33:45.6	6:57
144		321	Pat O'Connor	FR	Purdue	33:50.7	6:58
145	89	238	Ryan Hollister	JR	Illinois State	33:57.4	6:59
146		231	Tarkington Newman	SR	Central Michigan	33:59.9	7:00
147	90	381	Kevin Donnelly	SO	Mizzou	34:04.7	7:01
148		278	John Bennett	FR	Michigan RC	34:15.8	7:03
149		372	Michael Kasinkas	FR	Minnesota	34:20.1	7:04
150	91	223	Andrew Solomon	FR	Ball State	34:22.2	7:04
151	92	360	Mark Waterbury	FR	Michigan-Dearborn	34:28.9	7:06
152	93	356	Josh Matthews	SR	Michigan-Dearborn	34:44.0	7:09
153	94	385	Karl Roskamp	FR	Mizzou	35:01.6	7:13
154		279	Kevin Carney	SO	Michigan RC	35:06.1	7:13
155		324	Mackenzie Sopko	FR	Purdue	35:18.6	7:16
156	95	270	Richard Magallon	FR	Loyola	35:23.8	7:17
157		317	Andy Kohls	SR	Purdue	35:25.8	7:18
158	96	268	John Hatherly	SO	Loyola	35:27.8	7:18
159		288	Connor Molemann	JR	Michigan RC	35:29.7	7:18
160		245	Christian Herridge	FR	Indiana	35:35.1	7:19
161	97	220	Matt Gauen	SO	Ball State	36:12.4	7:27
162		307	Tim Schintzius		Michigan State	36:27.8	7:30

163		227	Mike Dabkowski	SR	Central Michigan	37:09.2	7:39
164	98	258	Dan Huebelhannzh		Iowa State	38:11.5	7:52
165	99	359	Eric Stuart	JR	Michigan-Dearborn	38:15.4	7:52
166	100	236	Tim Facius	SR	Illinois State	38:36.7	7:57
167		363	Paul Swim	SO	Minnesota	38:39.2	7:57
168	101	219	Adam Donaldson	so	Ball State	39:03.4	8:02
169		380	Steven Brandenburg	SO	Mizzou	40:35.4	8:21
170	102	353	Steven Brettschneider	JR	Michigan-Dearborn	43:21.9	8:55
171		237	Tim Gradel	FR	Illinois State	44:56.8	9:15
172		229	Mike Hesche	SR	Central Michigan	50:38.3	10:25
173		322	Chris Ruderschmidt	JR	Purdue	51:58.9	10:42

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### NIRCA Midwest Regional Saturday October 24, 2009 10:30 A.M. Pope Farm Park - Middleton, WI

#### OFFICIAL MEN'S CHAMPIONSHIP TEAM SCORES

1.	51	Wisconsin Track Cl	.ub			(	27 <b>:</b> 30	2:17:30)
1	2	Ben Garbe	JR	26 <b>:</b> 36				
2	8	Isaac Newman	FR	27:25				
3	11		so	27:43				
4	12		JR					
5	18	Ben Carr	JR	28:01				
6		Kyle Hall	JR	28:05				
7		River Karl	so	28:07				
,	( 21)	River Rair	50	20.07				
2.	57 ======	University of Illi	nois			(	27:34	2:17:47)
1	4	Mike Spillone	JR	26:59				
2	5	Andrew Jacobi	JR	27:05				
3	9	Justin Smith	JR	27:26				
4	15	Dan Luis	SR	27 <b>:</b> 56				
5	24	Aaron Silver	so	28:21				
6		Mike Frigo	SO	28:58				
7		Todd Teren	SR	28:59				
	,							
3. =====	71	Michigan Running (	lub		==========	(	27 <b>:</b> 35	2:17:54)
1	1	Nathan'moses' Pete	ers JR	26:21				
2	3	Max Hock	JR	26:47				
3	16	Alex Prasad	JR	27 <b>:</b> 58				
4	25	Joshua Lumley	so	28:23				
5	26	Charlie Mouch	JR	28:25				
6	(30)	Ian Prochaska	FR	28:50				
7	(31)	Zach Prochaska	FR	28:51				
4.	113	University of Minr	nesota	L		(	28:24	2:22:00)
1	:=====		.====	27 - 15	==========	:====		
1 2	6 10	Steele Lorenz	SO SR	27:15 27:42				
3	28		FR					
4	29	Zachary Krause Keith Behrman	SR	28:47				
5				29:32				
6	40	Tyler Mandry Ryan Daye	FR SO	29:52				
7		Slavo Tkac	FR	30:26				
,	( 37)	SIAVO IKAC	FK	30:20				
5 <b>.</b>	155	Purdue University				(		2:24:31)
1	17	Michael Streicher	so	27 <b>:</b> 59				
2	23	Roderick Lammers	so	28:20				
3		Will Naville	so	29:15				
4	37		FR	29:22				
5	42		SR	29:35				
6		Eric Allen	SR	29:35				
7		Sam Harvey	SR	30:02				
,	( 32)	Dam Harvey	510	30.02				

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6. 195 Central Michigan University
                                                 ( 29:23 2:26:51)
______
    14 Alex Donaghy SR 27:52
 1
   20 Adam Richmond SR 28:07
35 Ian Blanding JR 29:15
61 Casey Stokes SR 30:37
65 Scott Cooke SO 31:00
 2
  (84) Jacob Winbingler JR 32:59
    ( 88) Drew Brown SR 33:46
 7. 199 Indiana University
                                                 ( 29:26 2:27:10)
______
 1 13 Ryan Wells FR 27:51
     22 Dustin Spanbauer JR 28:16
 2
     39 Josh Smith JR 29:27
58 Alex Kovach SO 30:31
 3
     58 Alex Kovach
 4 58 Alex Rovach SO 30:31
5 67 Ben Scott JR 31:05
6 (79) Brandon Arnett FR 32:35
7 (83) Peter Krombach FR 32:57
 8. 209 Michigan State University
                                      ( 29:31 2:27:35)
_____
    27 Justin Jones
                           28:27
    38 Adam Izer
44 Eddie Roginski
46 Jeff Girbach
     38 Adam Izer
                           29:26
 2
                           29:36
 3
                           29:51
    54 Damon King
                           30:15
 6 (70) Michael Jaisle 31:34
7 (71) Eric Loveland 31:37
                           31:37
                                                 ( 29:46 2:28:49)
 9. 231 Iowa State University
______
 1 7 Luke Demmell 27:21
     45 Kit Coppess
                           29:42
                         30:21
    55 Daniel Sevcik
60 Mason Frank
 3
                           30:34
    64 David Sevcik
(72) Ben McKinley
                           30:51
                           32:00
    ( 98) Dan Huebelhannzh
                           38:12
 7
10. 302 Washington University
                                                 ( 30:51 2:34:14)
______
 1 47 Michael Nordlund GR 29:53
 2
     51 Andrew Luecking SR 30:02
    59 Victor Pinedo
 3
                       FR 30:33
    69 Marc Hendel
76 Keita Uchida
                       SO 31:24
 4
                       JR 32:22
 5
 6 (81) Jordan Sanders JR 32:44
11. 305 University of Missouri
                                                  ( 31:02 2:35:08)
______
 1 34 Mitch Beck FR 29:00
     49 Isaac Robertson SR 29:58
66 Ben Moore SR 31:01
 2
 3
    74 Andrew Bechtel FR 32:15
82 Chris Miller SO 32:54
 4
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6 (90) Kevin Donnelly SO 34:05
     ( 94) Karl Roskamp
                         FR 35:02
12. 314 Illinois State University
                                                   ( 31:07 2:35:34)
_____
     50 Alex Beruscha FR 30:00
     53 Danny McMahon 30:10
56 Levi Seif JR 30:23
 2
 3
     77 Alejandro Montoya FR 32:30
 4
 13. 370 Ball State University
                                                  ( 32:42 2:43:29)
______
 1 41 Scott Gogolin FR 29:35
 2 68 Joe Barrera JR 31:10
3 73 Joe Schmidt GR 32:08
4 91 Andrew Solomon FR 34:23
5 97 Matt Gauen SO 36:13
6 (101) Adam Donaldson SO 39:04
14. 406 Loyola University Chicago
                                                       ( 33:09 2:45:43)
______
    63 Andrew Beck FR 30:43
75 Danny Banas JR 32:18
86 Ian Grosfelt FR 33:38
87 Kevin Brejcha JR 33:40
 1
 2
 3
 5 95 Richard Magallon FR 35:24
 6 (96) John Hatherly SO 35:28
15. 412 University of Michigan-Dearborn
                                                  ( 33:10 2:45:49)
______
     62 Jacob Mack SO 30:43
80 Rob Mengel FR 32:42
85 Anwar Beydoun SO 33:11
92 Mark Waterbury FR 34:29
93 Josh Matthews SR 34:44
(99) Eric Stuart JR 38:16
 1
 2
 3
 5
     (102) Steven Brettschneider JR 43:22
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# NIRCA Midwest Regional Saturday October 24, 2009 10:30 A.M. Pope Farm Park - Middleton, WI

# OFFICIAL WOMEN'S CHAMPIONSHIP RESULTS

Place	TmPI	Bib	Name	Yr	Team	Time	Pace
1	1	139	Sarah Brewer	SR	Michigan RC	24:34.5	6:37
2		171	Melissa Helton	FR	Cincinnati	24:41.2	6:39
3	2	169	Erika Utter	JR	Purdue	24:49.8	6:41
4	3	213	Sarah McCall	SO	Wisco TC	25:17.0	6:49
5	4	217	Jade Schmitt	JR	Wisco TC	25:19.3	6:49
6	5	192	Annie Bellantone	JR	Illinois	25:19.7	6:49
7	6	190	Eden Slater	SO	Mizzou	25:21.1	6:50
8	7	180	Elizabeth Zupanc	SR	Minnesota	25:21.6	6:50
9	8	107	Lacey Kreft	SR	Central Michigan	25:30.7	6:52
10	9	184	Candice Todryk	FR	Minnesota	25:47.1	6:57
11	10	185	Molly Watkins	FR	Minnesota	25:51.3	6:58
12	11	115	Kristen Schneider	FR	Illinois State	25:52.6	6:58
13	12	148	Mollie Pozolo		Michigan RC	26:00.0	7:00
14	13	424	Heather Bartos	SO	Illinois State	26:02.5	7:01
15	14	101	Madeline Goheen	SO	Ball State	26:09.0	7:03
16	15	197	Ryoh Shinohara	FR	Illinois	26:09.7	7:03
17	16	209	Lindsey Carlson	SR	Wisco TC	26:20.7	7:06
18	17	212	Nicole Kornder	GR	Wisco TC	26:27.2	7:07
19	18	195	Viviana Morales	GR	Illinois	26:29.7	7:08
20	19	170	Jillian Yanos	SO	Purdue	26:41.0	7:11
21	20	181	Erin Bennett	JR	Minnesota	26:46.0	7:12
22	21	215	Laura Platner	SO	Wisco TC	26:51.2	7:14
23	22	105	Lauren Johnson	JR	Central Michigan	26:52.0	7:14
24	23	214	Lauren Moore	SO	Wisco TC	27:01.5	7:17
25	24	160	Kate Vann		Michigan State	27:02.4	7:17
26	25	102	Liz Hajek	JR	Ball State	27:06.7	7:18
27	26	165	Katie Micon	FR	Purdue	27:09.9	7:19
28	27	106	Kaylee Kreft	FR	Central Michigan	27:21.0	7:22
29	28	117	Jessica Kitchell	FR	Indiana	27:26.4	7:23
30	29	131	Michelle Stein	SO	Loyola	27:29.9	7:24
31	30	145	Melissa Hoffman	JR	Michigan RC	27:31.3	7:25
32	31	112	Morgan Schanski	FR	Central Michigan	27:35.3	7:26
33	32	144	Jane Harness	FR	Michigan RC	27:36.4	7:26
34		172	Kelly Meyer	SO	Cincinnati	27:36.7	7:26
35	33	211	Taylor Heinselman	SO	Wisco TC	27:37.5	7:26
36	34	164	Brittany Lump	SR	Purdue	27:41.5	7:27
37	35	108	Ruth Leibfritz	FR	Central Michigan	27:43.8	7:28
38	36	132	Haein Sung	FR	Loyola	27:51.0	7:30
39	37	193	Alexandra Lock	FR	Illinois	27:52.1	7:30

40	38	187	Janelle Harrison	JR	Mizzou	27:55.5	7:31
41		121	Nicole Bentz		Iowa State	27:56.7	7:31
42	39	168	Lisa Strueh	SO	Purdue	27:59.1	7:32
43	40	230	Andrea Kramer	JR	Central Michigan	28:02.9	7:33
44	41	113	Brittany Spencer	JR	Central Michigan	28:08.4	7:35
45	42	161	Destiny Baccino	SR	Purdue	28:23.7	7:39
46	43	200	Rachel Greenstein	FR	Washington	28:24.2	7:39
47	44	154	Hannah Coval		Michigan State	28:26.8	7:40
48	45	140	Elise Carolan	SO	Michigan RC	28:29.0	7:40
49	46	183	Cassandra Mironczuk	FR	Minnesota	28:31.3	7:41
50	47	142	Chrissie Costakis	SO	Michigan RC	28:35.4	7:42
51	48	188	Olivia Harrison	FR	Mizzou	28:42.5	7:44
52	49	163	Jenna Lee	FR	Purdue	28:46.4	7:45
53	50	116	Madeline Haller	JR	Indiana	28:48.0	7:45
54	51	100	Laura Allen	JR	Ball State	28:54.2	7:47
55	52	120	Jeanne Weller	SO	Indiana	28:56.8	7:48
56	53	150	Alaina Vouaux	FR	Michigan RC	28:57.3	7:48
57		166	Laura Rank	FR	Purdue	29:06.8	7:50
58	54	118	Felicitas Strautman	FR	Indiana	29:09.8	7:51
59	55	423	Abigail Meyers	JR	Illinois State	29:11.2	7:52
60	56	138	Viona Zhang		Miami	29:14.7	7:52
61	57	194	Maria Ludeka	FR	Illinois	29:17.7	7:53
62	58	157	Kayle Noble		Michigan State	29:21.1	7:54
63		210	Brittany Farrell	SR	Wisco TC	29:21.9	7:54
64	59	422	Aggie Cieniawski	FR	Illinois State	29:51.9	8:02
65	60	178	Samantha Michaels	FR	Michigan-Dearborn	29:54.7	8:03
66	61	136	Karen Rans		Miami	29:56.9	8:04
67		111	Olivia Rauen	SO	Central Michigan	30:01.3	8:05
68	62	174	Gabby Boyer	FR	Michigan-Dearborn	30:08.4	8:07
69	63	153	Amanda Boyd		Michigan State	30:08.7	8:07
70		122	Carrie Emgarten		Iowa State	30:09.2	8:07
/24/2000 0.3	CDM						

10/24/2009 8:36PM

Wisconsin Track Club - Madison, Wisconsin - http://www.witrackclub.org

# NIRCA Midwest Regional Saturday October 24, 2009 10:30 A.M. Pope Farm Park - Middleton, WI

# OFFICIAL WOMEN'S CHAMPIONSHIP RESULTS

Place	TmPI	Bib	Name	Yr	Team	Time	Pace
71	64	198	Jennie Wojtas	FR	Illinois	30:09.9	8:07
72	65	134	Virginia Fulford		Miami	30:24.4	8:11
73	66	203	Emily Kelin	SO	Washington	30:29.8	8:13
74	67	119	Chelsea Sutton	JR	Indiana	30:32.5	8:13
75	68	204	Courtney Lecompte	SO	Washington	30:35.4	8:14
76		149	Allison Reid	FR	Michigan RC	30:36.4	8:14
77	69	189	Kelsea Inman	SO	Mizzou	30:38.1	8:15

78	70	158	Noelle Sciarini		Michigan State	30:40.0	8:15
79	71	127	Jurlina Emily	SR	Loyola	30:46.7	8:17
80	72	137	Kathryn Starrett		Miami	30:47.3	8:17
81	73	206	Katie Olson	FR	Washington	30:47.8	8:18
82	74	186	Jennifer Ewan	JR	Mizzou	30:50.3	8:18
83	75	191	Jessica Ang	FR	Illinois	30:53.6	8:19
84	76	201	Jennifer Head	FR	Washington	31:01.9	8:21
85	77	205	Alexandra Millett	FR	Washington	31:19.6	8:26
86	78	155	Eileen Gonzales		Michigan State	31:45.1	8:33
87		110	Danielle McCarty	FR	Central Michigan	31:48.2	8:34
88	79	133	Julie Biolchini		Miami	31:53.7	8:35
89	80	130	Emily Siemiesz	FR	Loyola	31:53.9	8:35
90	81	425	Becca Wheeler	JR	Illinois State	32:15.4	8:41
91		124	Abby Gustafson		Iowa State	32:18.7	8:42
92		123	Jennifer Garter		Iowa State	32:18.9	8:42
93	82	103	Erica Hutt	JR	Ball State	32:44.0	8:49
94	83	128	Fromme Sammy	SO	Loyola	32:53.0	8:51
95	84	159	Erica Shugart		Michigan State	33:12.8	8:57
96		208	Kaitlyn Buck	GR	Wisco TC	33:14.9	8:57
97	85	199	Sarah Brooks	SR	Washington	33:28.7	9:01
98	86	114	Jenny Niendorf	SO	Illinois State	33:31.3	9:02
99	87	179	Angela Yu	SR	Michigan-Dearborn	33:50.1	9:07
100	88	173	Erika Antanovich	FR	Michigan-Dearborn	36:03.3	9:42
101	89	104	Kim Kreuzman	SO	Ball State	36:03.9	9:43
102	90	177	Holly Gerring	JR	Michigan-Dearborn	36:53.4	9:56
103		207	Alison Stempel	SR	Washington	37:57.7	10:13
104		151	Colleen Wagner	SO	Michigan RC	39:35.6	10:39

10/24/2009 8:36PM Wisconsin Track Club - Madison, Wisconsin - http://www.witrackclub.org

#### NIRCA Midwest Regional Saturday October 24, 2009 10:30 A.M. Pope Farm Park - Middleton, WI

#### OFFICIAL WOMEN'S CHAMPIONSHIP TEAM SCORES

1.	61	Wisconsin Track Cl	ub		 (	26:04	2:10:18)
1	3	 Sarah McCall	so	25 <b>:</b> 17	 		
2	4	Jade Schmitt	JR	25:20			
3	16	Lindsey Carlson	SR	26:21			
4	17	Nicole Kornder	GR	26:28			
5	21	Laura Platner	so	26:52			
6	(23)	Lauren Moore	so	27:02			
7	( 33)	Taylor Heinselman	so	27 <b>:</b> 38			
2.	92	University of Minn	esota		(	26:28	2:12:20)
1	====== 7	============== Elizabeth Zupanc	===== SR	25 <b>:</b> 22	=====		
2	9	Candice Todryk	FR	25:48			
3	10	Molly Watkins	FR	25:52			
4	20	Erin Bennett	JR	26:46			
5	46	Cassandra Mironczu		28:32			
•	100					06.50	0 14 00
3. =====	120	Purdue University			 ( =====	26 <b>:</b> 53	2:14:23)
1	2	Erika Utter	JR	24 <b>:</b> 50			
2	19	Jillian Yanos	SO	26:41			
3	26	Katie Micon	FR	27:10			
4	34		SR	27:42			
5	39	Lisa Strueh	SO	28:00			
6		Destiny Baccino	SR	28:24			
7		Jenna Lee	FR	28:47			
,	( 4)	Jenna Lee	110	20.47			
4. =====	120	Michigan Running C	lub =====	======	 (	26:51	2:14:13)
1	1	Sarah Brewer	SR	24:35			
2	12	Mollie Pozolo		26:00			
3	30	Melissa Hoffman	JR	27:32			
4	32	Jane Harness	FR	27:37			
5	45	Elise Carolan	so	28:29			
6	(47)	Chrissie Costakis	so	28:36			
7	(53)	Alaina Vouaux	FR	28:58			
5.	123	Central Michigan U	niver	sity	(	27:01	2:15:04)
1	:=====: 8	======================================	===== SR	25:31	 =====		
2	22	<del>-</del>	JR	26:52			
3	27		FR	27:21			
4	31	-	FR	27:36			
5	35	Ruth Leibfritz	FR	27:44			
6		Andrea Kramer	JR	28:03			
7	, ,	Brittany Spencer	JR	28:09			
6.	132	University of Illi	nois		(	27:03	2:15:11)

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    5 Annie Bellantone JR 25:20
     15 Ryoh Shinohara FR 26:10
 2
 3 18 Viviana Morales GR 26:30
4 37 Alexandra Lock FR 27:53
5 57 Maria Ludeka FR 29:18
6 (64) Jennie Wojtas FR 30:10
7 (75) Jessica Ang FR 30:54
 7. 219 Illinois State University ( 28:40 2:23:16)
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 1 11 Kristen Schneider FR 25:53
     13 Heather Bartos SO 26:03
     55 Abigail Meyers JR 29:12
59 Aggie Cieniawski FR 29:52
 3
    81 Becca Wheeler JR 32:16
 5
 6 (86) Jenny Niendorf SO 33:32
 8. 235 University of Missouri
                                                  ( 28:43 2:23:31)
______
 1 6 Eden Slater SO 25:22
     38 Janelle Harrison JR 27:56
 2
 3
     48 Olivia Harrison FR 28:43
    69 Kelsea Inman
                       so 30:39
     74 Jennifer Ewan JR 30:51
 9. 251 Indiana University
                                                  ( 28:59 2:24:55)
______
 1 28 Jessica Kitchell FR 27:27
     50 Madeline Haller JR 28:48
 2
 3
     52 Jeanne Weller SO 28:57
     54 Felicitas Strautman FR 29:10
    67 Chelsea Sutton JR 30:33
 5
10. 259 Michigan State University
                                                  ( 29:09 2:25:41)
______
                            27:03
     24 Kate Vann
 11. 261 Ball State University
                                            ( 30:12 2:30:59)
______

      14 Madeline Goheen
      SO
      26:09

      25 Liz Hajek
      JR
      27:07

      51 Laura Allen
      JR
      28:55

      82 Erica Hutt
      JR
      32:44

      89 Kim Kreuzman
      SO
      36:04

 2
 3
12. 299 Loyola University Chicago
                                              ( 30:11 2:30:55)
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 1 29 Michelle Stein SO 27:30
2 36 Haein Sung FR 27:51
3 71 Jurlina Emily SR 30:47
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4	80	Emily Siemiesz	FR	31:54				
5	83	Fromme Sammy	SO	32:53				
13.	326	Washington Univers	i+17			,	20.17	2:31:21)
13.	320 =====:	washington onivers	=====	.========	========	( ==	30.17	2:31:21)
1	43	Rachel Greenstein	FR	28:25				
2	66	Emily Kelin	so	30:30				
3	68	Courtney Lecompte	so	30:36				
4	73	Katie Olson	FR	30:48				
5	76	Jennifer Head	FR	31:02				
6	(77)	Alexandra Millett	FR	31:20				
7	(85)	Sarah Brooks	SR	33:29				
14.	333	Miami University				(	30:28	2:32:19)
=====	=====		=====		========	==		
1		Viona Zhang	=====	29:15	=======	==		
2	61	Karen Rans	====	29 <b>:</b> 57	=======	==		
2	61 65	Karen Rans Virginia Fulford	====	29:57 30:25	======	==		
2 3 4	61 65 72	Karen Rans Virginia Fulford Kathryn Starrett	====	29:57 30:25 30:48	======	==		
2	61 65	Karen Rans Virginia Fulford Kathryn Starrett	====	29:57 30:25	======	==		
2 3 4 5	61 65 72 79	Karen Rans Virginia Fulford Kathryn Starrett Julie Biolchini	igan-	29:57 30:25 30:48 31:54	======		33.73	2.46.53)
2 3 4	61 65 72	Karen Rans Virginia Fulford Kathryn Starrett	=====	29:57 30:25 30:48 31:54	===========	== ( ==	33:23	2:46:53)
2 3 4 5	61 65 72 79	Karen Rans Virginia Fulford Kathryn Starrett Julie Biolchini	igan- ===== FR	29:57 30:25 30:48 31:54	=======================================	( ==	33:23	2:46:53)
2 3 4 5	61 65 72 79 387	Karen Rans Virginia Fulford Kathryn Starrett Julie Biolchini University of Mich	===== FR	29:57 30:25 30:48 31:54 Dearborn	========	== ( ==	33:23	2:46:53)
2 3 4 5 15. =====	61 65 72 79 387 ======	Karen Rans Virginia Fulford Kathryn Starrett Julie Biolchini University of Mich Samantha Michaels Gabby Boyer	FR FR	29:57 30:25 30:48 31:54 Dearborn ====================================	==========	( ==	33:23	2:46:53)
2 3 4 5 15. ===== 1 2	61 65 72 79 387 ===================================	Karen Rans Virginia Fulford Kathryn Starrett Julie Biolchini University of Mich Samantha Michaels Gabby Boyer	FR FR FR SR	29:57 30:25 30:48 31:54 Dearborn ====================================	==========	( ==	33:23	2:46:53)