

# Poor Clares, Arundel



Among the other gifts which we have received  
and do daily receive from our benefactor, the  
Father of mercies, and for which we must  
express the deepest thanks to the glorious Father  
of Christ, there is our vocation for which we  
owe the greatest thanks to Him.

(Testament of St Clare)

Welcome into our house.  
Come first to see  
the Chapel



This is the  
back,  
then we look  
towards the  
altar.



Let the sisters celebrate the Divine Office according to the custom of the Friars Minor. (Rule of St Clare)



Visit our refectory where we eat our meals.



One day the sisters had only half a loaf of bread,  
the other half having been sent to the brothers,  
the Lady (Clare) directed the witness to make fifty slices  
out of the half loaf – and the Lord multiplied the bread  
so that she made fifty good slices as Saint Clare had directed her.  
(From the Canonization Process of St Clare)







Come into the  
kitchen, where  
the sisters  
prepare meals  
for the  
community  
and our  
guests.



While preparations for the meal are going on,  
the other sisters are also at work.



Let those who know how to work do so.  
(Rule of St Francis)





Those who  
have a skill,  
practice it.



St Clare said: Let the sisters to whom the Lord has given the grace of working, work faithfully and devotedly.













The house needs caring for as well.



Each one does  
things  
her own way.





The sisters may  
always and  
everywhere  
communicate  
what is necessary,  
briefly and in a low  
tone of voice.

(Rule of St Clare)



The sisters may speak at all times for the service and recreation of the sick. When the sick sisters are visited, let them respond with some good words to those who speak to them.



This is our craft room.



There is a small Chapel where the sisters may pray.





The sisters shall have as much land as is necessary  
and this land may not be cultivated except as a garden  
for the needs of the sisters.

(Rule of St Clare)





Here are some views of our garden.









In a quiet corner of our garden is our peaceful cemetery.



Thank you for  
visiting our  
house.

