## HEALTH CARE

| Agency           | Description   | Contact Info                       |
|------------------|---|------------------------------------|
| Lestonnac Free   | Community Clinic. Offers basic health care including      | 714-633-4600                       |
| Clinic           | physical examinations, immunizations, family planning,    | Website: lestonnacfreeclinic.org   |
|                  | nutrition assistance and diagnosis and treatment of       | Email:                             |
|                  | common ailments. Provides pediatric primary care          | rpeters@lestonnacfreeclinic.org    |
|                  | services to children and adolescents. Services may        | 1215 East Chapman Avenue           |
|                  | include immunizations, check-ups and physicals.           | Orange, CA, 92866                  |
| Share Our Selves | Provides primary health care to people without health     | 949-270-2100                       |
|                  | insurance or those with inadequate health insurance.      | Website: www.shareourselves.org    |
|                  | Services include preventative health care and chronic     | Email: info@shareourselves.org     |
|                  | disease management. Services to established patients      | 1550 Superior Avenue               |
|                  | may include radiology, lab tests, medications, patient    | Costa Mesa, CA, 92627              |
|                  | education, and coordination of specialty care such as     |                                    |
|                  | cardiology, nephrology, neurology, optometry,             |                                    |
|                  | gastroenterology, gynecology and physical therapy.        |                                    |
| AltaMed Health   | Provides referrals to AltaMed Clinics, Primary Care       | 888-499-9303                       |
| Services         | Physicians, Specialists, Dentists and Senior Programs. As | Website:                           |
| Corporation      | a secondary service, patients without health insurance    | www.altamed.org/find_a_clinic doct |
|                  | will be screened for eligibility for low-cost or no-cost  | <u>or</u>                          |
|                  | insurance programs including Healthy Families, Healthy    |                                    |
|                  | Kids, Medi-Cal and other government-funded programs       |                                    |
| CalOptima        | Provides health insurance through a network of            | 888-587-8088                       |
|                  | hospitals, clinics, physicians and health networks        | Website: www.caloptima.org         |
|                  | through the Medi-Cal, Healthy Families and OneCare        | 505 City Parkway West              |
|                  | programs.   | Orange, CA, 92868                  |