

Constraints are mutually beneficial



**Technical
constraints
define**

**Targets' constraints
offer insightful
observations**

**Creative
constraints
enlighten
decisions**

Constraints are mutually beneficial



God, I always forget to check tasks after writing them down.

I lose patience and motivation when planning for a large amount of tasks beforehand 😞 !!!!!



Me toooooooooooooo. I seldom take actions because the tools I use never have meaningful notification ... u know they fire notifications to me when I was doing something else..

