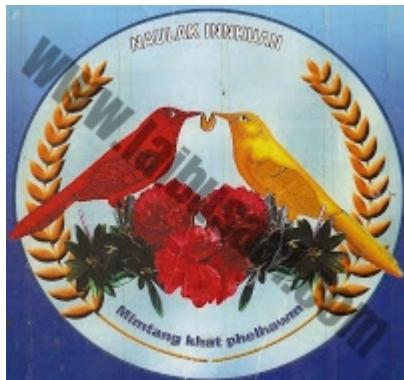


# NAULAK BEH TANGTHU



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## **NAULAK BEH TANGTHU.**

### **1.PIANCIL NA THU**

#### **1.Mikhempeuh pianna bulpi**

A kipat cilin Pasian in vantung le leitung a piangsak hi. Mihingte hong bawl a, mikhempeuhte' Pa dingin 'ADAM' hong piangsak hi. Laisiantho siamte in Adam pian hun pen BC4004 hi ding hi, ci-in ciamteh uh hi. Pasian in thupha pia aa, tu le ta neisak in, Leitung ah pungin hong kizel sak hi.

#### **Leitungah Minampi Thum**

Adam khang pan Noah khang dong leitung ah pungin khangin nuamsa-in om uh hi. Noah khang cianuhgin mikhempeuh asia gamta a, Pasian' muhna ah siangtho nawnlo ahih manin Pasian in Tuiciim tawh leitung sawpsiang ding hongsawm hi. Misiangtho Noah tembaw bawlsak a, Noahte innkuan le ganhing kop namkim bek suakta hi. Noah tembaw sunga a suakta a tapa thumte Shem, Ham, Japheth ahi hi.

Hih Noah tapa thumte'n suan le khak hong nei uh a leitung hong zel hi. Tuhun mihingthu tawh kisai a sin mipilte (Anthropologist) in leitungah minam khenpi thum mah om hi cih thu kipsak uh hi: A Open Shem' suante pen Asia gam mi, mai-san te hi. A naulai Ham' suante pen Africa gammi, mai-vom te hi. A nautum Japheth' suante pen Europe gam mi, mai-kang te hi.

#### **Sengam Kitung Masa**

Shem suante Asia continent, Tibet, Mongolia, Sengam hong tung masa uh hi. Tua sungpan zomi i pu i pate hong khang uh a, Sengam ah kum tampi sung teeng uh hi. Sengam kidalna kulh saupi (Great-Wall) cianna ah zong Zomi pupite' khutma kihel hi. Sengam kumpite Zo kumpi (Yo Dynasty -BC.1027-256) le Chin Kumpi (Chin Dynasty- BC.221-206) sungah Zomite hong khangkhia a, ih minam min Zo, Chin cihte zong hih kumpite' minte apua hikha ding hi ci-a, a ciamteh zong om hi. Sengam a Chin lung Khul (Chin Lung Cave) Zomite tawh kisai ding hi a ci pawl zong om uh hi.

#### **Kawlgam Sung Luut Na**

Tintwe. Hanlin, Pagan Popate ah a teen kawikawi khit ciang Tuikaang kuam ah teeng uh hi. Tuikaang dung zui a onglal to te Khawlkhene (Kalaywa) khua hong tun ciangin khua satin hong teng uh hi. Ong khangto a, hong tam simsim ciangin galte in sim uh hi. A khua kisia in khennih kisuah a, pawlkhat tuikang dung zuisuk in tai uh a, pawl khat saklam ah taito uh hi.

## Zanggam Zomite

Tuikaang dung zui-a a taisukte Salengyi, Aunglan, Thayet, Minbu, Mague. Taungdwingyi, Myindung, Ngaphe, Pinmana, Pyi, Delta, Sitohtara, Kyaukpyu, Rakhangam cih bangin muntuamtum ah va tung uh a, zanggam -Zomite kici hi. A munmun ah kampau, lai le ngeina nei teei napi, Kawlpau zangh a Kawl asuak zong tampi om uh hi.

## Khamtung Zomite

Khawlkhene khua pan saklam a taitote Khawlzang (Kalaymyo)atun uh ciangin khusaatin teeng uh hi. Hong khangto a hong pawlcin simsim uh ciangin galte in nasim leuleu a, khenthum kisuah in na ki khenthang leuleu uh hi.

Thanglam manawh a taite Gangawgam Kanpetletgam, Matupigam, Paletwagam tung uh a , a tamzaw in Zogam khanglam a teengte (Southern-Chin State) hizawdiak uh hi. Saklam manawh a taite Tamugam, Naga Muadlung le India-meitei gamsung tung uh a, Indiagam a te hizawdeuh hi. Nitumna lam manawh a taite Tonzanggam, Tedimgam, Falamgam, Hakhagam, Thantlanggam tunguh a, Zogam saklam (Northern-Chin State) a teengte hizawdeuh hi.

## Khul Suanghawm

Khanglui papite in mikhempeuh 'KHUL' pan kipiang hi. Unau pata khat hitek hihang ci-in anuam a bangin la na phuak uh hi.

(a) *"Eiteng khawlkhawm a tuam omlo, Vannuai cipeuh KHUL a piang, Tuunsung khat pan piang hi ngeingei e.*

*(b) Tuunsung khat pan piang hi ngeingei , Sanggam suaophi laogui zawngkhawm hi ngeingei e".*

Hih Khul thu tawh kisai-in ciinna, ciamtehna, a tuamtaum om a, Tibetgam, Sengam, Tuikaangdung, Ciimnuai cih bangin kiciamtek hi. 'Khul' i cih bel suanghawm, leihawm, leidum, Innkulh, khuakulh cihna hi-a, i pu i pate-in inn le lo a neih ma, tualgal tawh a om lai-in a teenna munmun ah a buk theihtheina, singheng, suangheeng kawma a bu hi-a khul cihbel a om kawikawi thei mah hi.

Pu le pate in lawki lai-in dawipi a thoih ciangin a phuisamna I ngaihsut ciangin, 'Khul' pen Kalaymyo le ciimnuai kikal ah omleh kilawm hi. Ciimnuai pen Saizang le Phaileng kikal ah om a, khuamun lui hi. Cimnuai khulpi (biakpiakna khul) khat Balzang guam gun tunglam ah om gige lai hi.

" Khimpi ziin ni'n, khapi kiatni'n,

Khawlkipah khawl khen ah, khawlzang ah,

khulvang ah hong suak ta teh,

....."

Pasian min lawhna Innsungpi biakna, tualphui, bumlehna te ah kinei a, "Ka khuhpi, ka phahpi, a kulhpi ka lungzai (suangpi), Ka siampa, ka Pasian...", cih phui kammal te ih nei hi.

## 2. MINAM TUAMTUAMTE PIANNA

### Pong Kumpigam (Pong Kingdom)

A.D 80-1474 sungin Pong kumpi (Shante) in hong uk ngei-a, Bengalagam, Sengam, Vietnamgam le Kawlgam Laizang phei pawlkhat haum hi. A kumpite in Thailand Panin uk a, Pong kumpi khangsimna ah Zomite na ki hel hi. Hih pong kingdom ah State 10, District 99 om a, state nambat gna pen Zo kumpi gam (Zo Province) kici hi. Zo kumpi gam sungah District 4 om a, Khangsei (Nagaland leh Manipur saklam teng) Kathe-meitei, Kalay(Chindwin), leh Khampat hi in, Khampat pen nitumna lamah khuapi pen, District Center ahiih hi. Tua ahiih manin 'Zo' cih pen tanglai pek a omsa, kumpigam khat a makaih, a kizomsuksuk min hi ci-in ki ciamteh hi.

### Ei leh Ei Ih Ki Lawhna Min

Pawlkhat in Zomite pianna pupi min Pu Zo hi-a, tua ii suan le khakte khempeuh Zomi hi ci-in ciamteh uh a, khangsimna paipi zong Pu Zo pan in kipan sak uh hi.

Pawlkhat in Zomite mualtung ah ki teenga, mualtung pan 'Zogam ki ci-in, ih teenna mun min pua a 'mualtung mite' cihna in Zomi' kici hihang ci-a aciamteh om hi.

Pawlkhat te ciamtehna ah sangmangte khamtung ah hong paicil lai-in, note kua suan hi-a napu min uh bang hiam, ci-a a na dot ciangin tangthu theizawdeuhte in kapu uh 'CIN HIL' hong ci hi, ci uh hi. Tua manin Mikangte in amau' lawh theih pen in Zomite 'CHIN' hong ci-a, I gam 'CHIN HILL' hong ci hi, ci pong uh hi.

Tua ahiih manin khamtung gama a teeng mite ei le ei 'CHIN' a kici tatak omlo-in 'Zomi' ahiih kei leh tua tawh akhiatna kibang, a ki zawitawnin kilo, kisim hi hang, cih anuai-a bangin kilawhna tuamtuamte kimu thei hi.

### (1) ZOMI

Tedim, Tonzang, Kalay khenkhat, Tamu khenkhat le India gam a Khen khatte.

**(2) LAI ZO**

Falamgam a teeng te.

**(3) LAI MI**

Hakha & Thantlanggam a teeng te.

**(4) ZO/CHO**

Mindat le Kanpetletgam a teeng te.

**(5) KHUMI**

Paletwagam a teeng te .

**(6) ACHO**

-Kawlgam khanglam zaanggam Zomi te.

**(7) MIZO**

Indiagam Aizawl State sunga teeng te .

**(8) KUKI**

Bengaladesh ,India, (Assam State ah Old Kukite, Manipur ah New kukite ) kawlgam, Nagaland, Tonzanggam a teeng Zomite.

**(9) THADO**

Kukite Thado minam akibang hi-a, amun leh amau' deihna zui-a kikhen hi.

**(10) MEITEI**

Indiagam, Meitei uk sunga teeng te.

**(11) NAGA**

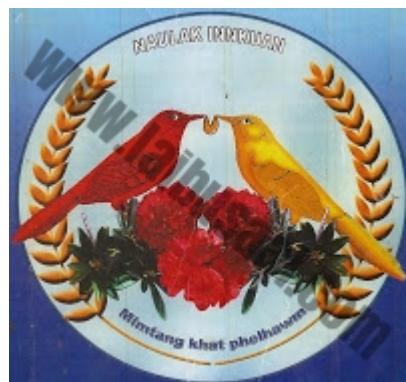
Indiagam Nagaland Le Sagaing Division leilu lam kuam ah teeng hi.

**(12) CHAUNG**

Bangladesh gam mualtungte ah teeng hi.

**(13) YAO, MIEN, MYO, HMONG**

Vietnam, Lao, Thai le Sengam mualtungte ah tawmtawm teenguh hi.



Mite' Hong Lawhna Min

Eite bangbang in min ki neisak talehang, apualam panin minam dang te'n hong lawhna le hong ki sapna khattek omhi.

**(1) CHIN**

Kawlgam kumpi in hong ciamtehna min hi-a, zumthu cihte ah aki zangh ih minam min hi.

**(2) KHANG**

Ih beh Kachin te hong sapna min hi.

**(3) CHIANG**

Yaw, Rakhin leh Shante hong sapna min hi.

**(4) CHAW**

Kayin te hong sapna min hi.

**Minam Hong Pianna**

Zomi a kici diak, Tedim, Tonzang, Manipur, Khanti, Lesi, Homalin, Tamu le Kalaygamsung a mite sungah zong teenna mun le mual zui-in 'pau' kilam danga, Minam neu tuatuam in kilawhna hongpiang hi. Amunmun ah mun leh mual zui-in a tuamtuam om a, 1962 kum a Tawlanzi kumpi hong khan ciangin, 1967/68 pawl in amunmun a tangthu leh ngeina hong kan a, Tedim, Tonzang, Tamu le Kalaygam sunga Zomi a kici diakte minam 10 in hong kipsak hi;

1. *Saizang*
2. *Teizang*
3. *Dim*
4. *Khuano*
5. *Guite*
6. *Sihzang*
7. *Zo*
8. *Thado-Kuki*
9. *Hualngo*
10. *Tedim*

Sukte

Guite

Thahdo

Vaiphei

Khuangzang

Manlun

Mantuang

Munluah

Zilom

Naulak

Hatzaw

Hatlang

Lethil

Bawmkhai

Buansing

Valte

Hangluah

TapsakGualnam

Tawmbing

1 Kam Hau gam – Tedim lei tawhtan le Laitui saksiah, tu laitaka Tedimgam le Tonzanggam teng huam hi. Tdim le Tozang innpi pan ki-uk hi.

1 Sukte gam – Tedimlei tawhtan nuaisiahleh gungal Kaptel Khangsiah, tu laitaka, Tedim gam sung teng huam hi. Saizang innpi pan ki-uk hi.

1 Sihzang gam – Tu laitak a Tedim gam sung sihzang kual teng huam hi. Akhuakhua a ukpi te in uk hi.

**KHANG PA MIN TATE MIN SUAN LE KHAAKTE' TEENNA KHUATE**

1. ZO	1 Mun Luah	-Kaalzang ah teeng hi.
2. CIN HIL	2 Zil-Om	-Zilkhuuk ah teeng hi.
3. DO EL	3 NAULAK	-Dimpi ah teeng hi.
4. NAULAK-	1 El Thuam	-Tuimui, Pangmual, Cikha,
5. El Thuam-	2 Luh Song	(Indiagam Aizawl uk sungah tam pen)
6. Lak Mang	1 Lak Mang	-Tedim, Tonzang, Kansau, Singgial,Tuitum, Gamlai,
7. Mat Sing	2 Tuah Hil	-Suangpi, Tuisau, Kiangzang,
8. Lim Vungh	3 Hil Suang	Taaklaam, Sim-Suangzang, Mualbeem, Ngennung,
9. Lim Ai-	4 Thuam Lai	-Dimpi, Zung, Phunom
10. KhupVungh	1 Mat Sing	-Indiagam Phaipi uk sungah tam pen
11 Go Kim-	2 Hen Go	-Dimlo, Tuithang, Vutbuak
12 Vungh Do-	1 Lim Vungh	-Dimlo, Sezang, Ngalbual, Kaihlaam,
13 Kim Tuang	2 Sing En	Simzawl, Hansiip, Saibual
14 Teel Khum	3 Suak Thang	-Dimlo,Sezang, Tuithang
15 Tuang Kai	1 Lim Ai	-Phunom, Suangpi, Thaangnuai,
16 Khum Mang	2 Hen Zom	Laibung, Pimpih,Tuisau, Tuivial, Mualluum
17 Don Mang	1 Khup Vungh	-Tungzang,Laitui, dimlo, Sezang,
18. Mang Kham	2 Vungh Luah	Tedim, Kalaymyo,Pyidawtha,sialsih, Hiangmun
19. Mang Nau	1 Go Kim	

NAULAK BEH TANGTHU. | Laibu Saal

No LAIBU BAWL THU DOTNA LAIBU MIN-ATHU ALA KUM

1.	Pu Pum Za	SUKTE KHANG TANGTHU	1924
2.	Mang	TEDIM NGEINA (Committee-	1967
	Pu Son Cin Lian	secretary)	
3.	BSPP	တ န ိ ဝ ါ ရ င ် ဗ ီ သ ဝ ာ ဗ ီ သ ဝ ာ ဗ ီ ခ ေ မ ြ ာ ြ	1971
4.	Pu Thang Tuan	တ ဗ ီ သ ဝ ာ ဗ ီ သ ဝ ာ ဗ ီ ခ ေ မ ြ ာ ြ	1950
5.	Rev.Sing Khua	KHAMTUNG GAM TANGTHU	1981
6.	Khai		1973
		SUANPI MUAL SUANG	
7.	Capt.Khup Za		1960
	Thang	ZOSUAN KHANG SIMNA	
8.	Pu.J.Gin Tuang	ZOMI INNKUAN LAIBU	1970
		Thudotna-Tungzang Khua	
10	Pu Eng Za Kam	Suanghoih	1986
11	Pu Vungh Za		
	Kham	Tonzang	
12	Pu Ngul Za	Phaitu	
13	Thawng	Laibu le magazine tuamtuamte	
14	Pu Vungh Pum	Aituam zontawm ciamteh nate	
15	Pu Zel Pum		
16	Pu Go Za Thang		
17	Pu Cin Za Pau		
18.19.20.21.22.	Pu Zel Khan		
	Khup		

NAULAK BEH TANGTHU. | Laibu Saal

## (1) Saizang Mite' Pianna

Mi masa te ciimnuai khua ah ateen lai-in, khusung ah gamsaai kung pona zaangtam khat om a, tua zaanga tengte amun min pua-in 'Saizangte' na kici uh a, a nung sang ciangin tua pana apiang mite 'Saizang minamte' kici hi. Ciimnuai khua hong siat ciangin tua Saizang khuamun ah kituah uha, tuapan hong khangkhia uh hi. Teenna Khuate ; Saizang, Tualzang, Teeklui, Lailo, Thaangzang, Vongmual, Aipha, Mualpi, Tuitawh, Thalmual, Phaiza, Zampi, Taleek, Hiangawn, Tuitang.

## (2) Teizang Mite' Pianna

Ciimnuai khua ah a kiteen lai-in, pawl khat meitei gun dungah lalsuk uha, gunpika a tun ciangin Luikakhua ci-in na teeng uh hi. Khua zaangtual biakna pen khualaizang a Paaangsing pi nuai suangtumpi khat gei ah bawl uh hi. Nitak khuaphat, khatan ciangin naupangte tua suangpi phuang ah kimawl zeeel uh a, naupang mang thei zeel hi.

Hong et phat uh ciangin tua suangpi nuai ah kuahawm khat om a, tua sung pan in gulpi khat in naupang la thei zeel hi. Khua mite in thaang a siah leh gulpi awk a, akaih uh leh a gulpi saulua in ki kaikhia zolo hi. Tua the a gulpi hong pau-a, "Ka omna thuuk mahmah a, ka mei-in gun abaan hi, vansuangzawl ah kivial hi, hong kai zo kei nuteh' acih ciangin gulpi attan in a khuazangin a sa hawm uh hi.

Meigong nupi khat asa pialo-in, a lutang pia uh a, tua nitakin meigongnu in bualtungkhua pan zin nih a nei hi. Nupinu in a gul lutang huan a, buhetei tawh a zauh leh gul lutang hong pau-in : "ka mit nong sun kha deh" ci hi. Nupinu zong lau- in vokkuang ah bua hi.

Zankim tak ciangin ak lamdang khat hong khuanga, "zinte kha ve vua" ci hi. Innteknu lunghimawh in a khuapihte kiangah agen hang thudon lo uh hi. Innteknu in akkhuang a zakkik tak ciangin, aui tal le a zinte nih tawh pai khia in, khuanawl a tunphet in huihpi nunga a khua kicim in a khuabup un sicip uh hi.

A zin tegeel akhua uh ah ciahsuak a, nupinu baangzang ah teeng hi. Nupinu a gaisa in a pasal in a nusiat hi a, a uital tawh luika khua Baangzang khua hong teen ciangin nau hong suak a, amin Suk Zo phuak hi. Naupang ong khan ciangin tu a Mualbeem khuamun Teeipi phung khat ah hong teeng hi. Tua teeipi paulam in Teeizang pau le minam hong piang khia hi.

*NB: Ak khuan aw ciaptehna tuamtuan te:*

*"Ngente te khua kilawi, malzinte tai ta ve un"*

*"khuabe khua min in luan, alai-a nutate le zin tun aw na tai in" (Zote)*

Baangzang khua ah nupi nu a nopsak sunga a la phuah:

(a) *Luika khua men in vuk taleh,*

*Baangzang dawh in tam nalai hi e.*

(b) *Lianu Khat in khua vasaat ing,*

*Baangzang ah bansang ka gual hi e.*

Teenna Khuate: Mualbeem, Zangzawl, Dakdung, Buan, Heilei, Suangphei, Sim Suangzang, Langzang, Pangsak, Zangtui, Mualnuam, Gawsing, Tuipi, Pangzang, Keltal, Luangel, Saipimual, Lingthuk, Vaikhuamun, Sialtui, Fartlang.

### (3) Dim Mite' Pianna

Ciimnuai khua panin pawlkhat in Geeltui khua hong saat a, tagah Thang Ho leh Lian Do te unau hong nuamsa hi, ci-in ki ciameh hi. Geeltui panin pawlkhat in Dimpi khua hong saat a, Dimpi pan Dimlo ah pawlkhat hong peem in, tua Dimpi, Dimlo pan a hong khangkhia teng Dim minam kici hi.

Teenna khuate: Dimpi, Dimlo, Sezang, Laitui, Tuicinlui, Tungzang, Suanghoih, Mal Suangzang, Tedim, Pyidawth, Kalaymyo.

### (4) Khuano Mite' Pianna

Ciimnuai pan geeltui, Dimpi a teengte lakpan in Suante pawlkhat in Sasih khua saat hi. Inn(7) bek pha-a, Tawmno cik tengden ahih manin khuano a kici pai suak ahi hi. Sasih khua pan a khangkhiate khuano mite kici uh a, tua pan Phunom khua hong zuan uh hi.

**Teenna khuate:** Zung, Phunom, Thangnuai, suangpi, Tuisau, Laibung, Tuivial, Pimpih, Ngalzang, Tampi, Cingpikot, Muallum, Vando, Dimzang, Pyidawtha, Nawikai, Dolluang, Mualnuam, Budiman, Lalta, Khuabem, Tuilang, Lunmual, Phaileng.

### (5) Guite mite' Pianna

Ciimnuai ah Pu Song Thu Suan Thadogam luah Aisan gui Sek Thah in a zi ta nei theilo ahihmanin apa nota nu Nem Nep(Nepbuk) tawh om khawm hi. Nau gil hong neih ciangin a zi pi lungkim nangin a pi-in ngaihsutna khat hongngah a, aktui tang(2) la in, akong khang singheeng sung khat ah koih hi. Khat vei akhua-update in a et leh aktui tang (2) muhi. La in khathuan a a ciap leh "kha ei" ci uh hi. A tangkhat om lai pen a taang beem tung nizangkapna ah koih sakhi.

A Sanggam nunau hong suak tak ciangin, a zipi theih loh kal in beem tunga aktuila khia in, a naungeek koih a, "beem tungah nau kap,i aktui keuh hi'n teh" ci-in azipi lasak hi. Tua ciangin a khua-upate sam kik in,nizang kapna pan a kingah cihna in a min Nitui Nigui"GUIDE" phuak uh hi. Guite suan le khak te quite minam kici a,laamzang, Vangteh pan hong khangto in India gam dong tung hi.(Ni gui ta upa Guite hi'n tapa nauzaw Ni Vang tate munluah, Zil om,Naulak..unaute ahih hi. Anaute Phiam Phu le Vang Suk tawh unau khat a a ciameh zong omlai hi.

**Teenna khuate :** Vangteh, pakzang,Tuizang, Thaangsan, Haiciin, Tuimui, Tuimang, Pangmual,Tongciin, selbung, Sekpi, Vaivet, Suangbem

## (6) Sihzang Mite' Pianna

Ciimnuai khua ah pawl khat sihkhuuk omna zang khat ah teeng uh a, tua pan a hong khangte Sihzang mi kicihi. Tua pan Thuantak hong saat uha, tu-a sihzanggam sung tengah hong teeng uh hi hi.

**Teenna khuate:** Thuklai, Khuasak,buanman, Lophei, Bung, Zongal,Voklak, Pumva, Theiizang, Dolluang, Suangdawh, Takkhawl.

## (7) Zote'Pianna

Ciimnuai khuapanin Pu Hang Hil makai in TungNung,Lian Zaw, te tawh Baalzang khua saat uh hi. Baalzang khua pen mual dawn zopi lak ah om ahih manin, tuapan a piangte"Zote"Kici a,minam min hong suak hi.

**Teenna khuate:** Paitu, Haimual, Tualmu, Khuadai, Bumzang, Salzang, Takzang, Phuntong, Sialthaw, Lamthang, Buangzawl, Mimbil, Khamzang, Gamngai,

Lungtak, Sialmawng, Anlun, Geelmual, Khianglam, Talzang, Phaidim,Thauth, Maulawn, Khuamun,Lomzang, Seksih, Haipi, Buangmual, Khuaivum, Sialmei, Bizang,,Vanlai, Thenzang, Sialthawzang, Tuigialzang, Tuilam.

## 8) Thado-kukite' Pianna

Ciimnuai Khua pan pawl khat gun gal nitumna lam Tuimu, Nuamkhua, Ankhum, Tuithang, Tungzang, Ngalbual, Lalta,Tangkhawng, Zampi, Mualpi cihte ah teeng to in India gam dong na tung hi. Thado-kukite pen minamkhat, pau namkhat, ngeina khat hinapi, pawlkhat thado inkilo uh a, pawlkhat KUKI kici uh hi. Guite pianna Pu Sek Thah in a nung sang ciangin azi pi tawh aneih tapate panin Thado namte piang hi.

Thado akicite in amau pen apupi uh Thado min tawh kilo in ki ciameh hi. Kuki akicite in amau pen Zomi khem peuh huam a i min hi ci-in ciameh uh hi.

**Teenna khuate:** Hangken, Sebawk, Khuangkhan, Thangsih, Bualzang, Hiangzang, Singpial, Tangsit, Balbil, Suangpeek, Halkom, Siallup, Sihpeek, Khuamnuuai, Khuatei, Zonglawn, Aisih, Mawngzang, Pawnpi, Mangkuh, Sulpi.

**(9) Hualngo mite plan na**

Pu Thlapa in Kachingam tawn in a tap lusei-a tawh Khampat ah hong teenga, tua pan Falamgam suumpi khua ah lal hi. Lusei-a tate sungpan Pu Hualngo le khak te Hualngo mi kici-a, Falam, Tedim, Tonzang gamgi dung teng ah teeng uh hi.

Teenna Khuate:Darkhai, Bapi,Bukphir, Ngente, Zimpi, Zimte, Thinghlei, Tuidil, Dampi, Vutbuak, Haimual, Kawilam.

**(10) Tedim mite' Pianna**

Tedimte (Tedim clan) ci-in a tuung lam in kua mah om tuam lo hi. Hun hong sawt toto a Pu Kam Hau in Tedim hongluah ciangin tua laitak a ateengsa mi nam(7) Saizang, Teizang, Dim, Guite, Zo,Thahdo-kuki, Vaiphei (Hual Ngo) te sungpanin pautaang (common language TEDIM ngeina hongpiang khia hi. Tua ahih main Tedim pau pen a neituam omlo-a akitaanga ih neih vek ahi hi.

Hih minam(7) sungah Ngeina Tatzia tawh kisai a bulpi (3) Teizang, Dim, Zo om a, tua teng sungpan ngeina taang TEDIM ngeina hongpianga, hih zong i taaangneih mah hi hi.

Tua ahih manin minam tuamtuan kigawmte Tedim hong teen ciang, tua pan pautaag-TEDIM pau, ngeina taang-TEDIM ngeina hong pian aki pan kuama ai tuam hilo-in, Zomi akici deuh minam(clan) 10 te ki gawmna ahi hi.

Mangkang te hong khanma in Tedim ah Pu Kam Hau'galmatte simloh beh nampi 20 te teen khawmin,pautaang, ngeina taang zang khawm thei hi, ci-inki ciameh hi.

**Tua beh te:**

Tedim khua inn 300 aphak laitak (AD-1810) khit ciangin Pu Kam Hau (sukte) makai in Pu Khoi Lam (Hatzaw) leh Pu Mang Gin (Hatlang) te tawh KAM HAU UPADI nabawl-a, Tedimgam taangpi a ki-ukna hi. Vaihawm upate lak ah Thawmte, nauak(Zil Om), Lethil, Samte behteng kihel hi.

**3.BEH NAM TUAMTUAM TE PIANNA**

**KHUA TUAMTUAMTE KISAATNA**

Mangkangte hongkhanma in, Tedimgam le Tonzanggam ki gawm pen anuai-a bangin khenthuminki-uk hi.

Kam Hau Gamsung Khuasat Kumte

(Innpi laibu a a kiciamtehna bang)

**MEITEI GUNNISUAHNA LAM KHUTE**

No. *KHUAMIN SAATKUM THUPIAK*

1.Lamzang || Kam Hau

2.Gawng 1885 Kam Hau

3.Lailo 1886 Kam Hau

4.Tuilang 1885 Hau Cin Khup

5.Tualzang 1900 Hau Cin Khup

6.Laitui 1884 Hau Cin Khup

7.Teeklui 1919 Hau Cin Khup

8.Sezang 1901 Hau Cin Khup

9.Valvum || Hau Cin Khup

10.Ngennung 1890 Hau Cin Khup

11.Haupi 1889 Kam Hau

12.Kahgen || Khua Cin

13.Vongmual 1904 Khua Cin

14.Zozang || Khua Cin

15.Thangzang 1922 Khua Cin

16.Bumzang 1913 Khua Cin

17.Khuadai 1911 Khua Cin

18.Tualmu Kam hau khanma kum 200lai

19.Mawngken 1899 Hau Cin Khup

20.Gamngai 1775 Hau Cin Khup

21.Gelzang 1910 Hau Cin Khup

22.Lomzang Kam Hau Khanma

23.Taakzang || Kam Hau

24.Salzang || Kam Hau

25.Phuntong || Kam Hau

26.Tonzang 1886 Khua Cin

27.Phaitu || Khua Cin

28.Tuitum || Khua Cin

29.Sial Mawng || Khua Cin

30.Lungtak || Khua Cin

31.Khamzang || Khua Cin

32.Khianglam || Hau Cin Khup

33.Geemual || Kam Hau

34.Khuamun || Hau Cin Khup

35.Mualpi 1902 Hau Cin Khup

36.Anlun || ||

37.Taakzang 1912 Hau Cin Khup

38.Langphun 1912 Hau Cin Khup

39.Senam || Khua Cin

40.Khuangkhan || Khua Cin

41.Lennakot || Khua Cin

42.Sihpee 1901 Hau Cin Khup

43.Tangsiat 1915 Hau Cin Khup

44.Hiangzang 1891 Hau Cin Khup

45.Hawlkom 1916 Hau Cin Khup

46.Tuilaam 1896 Hau Cin Khup

47.Khumnuai || ||

48.Kikhan 1899 Hau Cin Khup

49.Phaidim || Hau Cin Khup

50.Thauthhe || Khua Cin

51.Hangken || ||

52.Suangpeek 1901 Hau Cin Khup

53.Thangsih 1919 Hau Cin Khup

54.Khiangkan 1925 Hau Cin Khup

55.Bualkuang 1920 Hau Cin Khup

56.Seelsih 1902 ||

57.Mimbil 1894 ||

58.Sialthaw 1916 ||

59.Lamthang 1920 ||

60.Mawnglang 1915 ||

**MEITEI GUN NITUMNA LAM KHUATE**

No. KHUAMIN SAATKUM THUPIAK

61.Laitui. Mikang khanma kum(10)

62.Muizawl (8)

63.tongsial 1986 Hau Cin Khup

64.Cingpikot 1896

65.Tuicinlui 1896

66.Mualnuam 1897

67.Guasing 1923

68.Phaiza 1890

69.Thalmual 1898

70.Tuithang 1886

71.Tungang 1899

72.Buanli 1899

73.Ngalbual 1901

74.Suangsang 1902

75.Lalta 1922

76.Talek 1912

77.Zampi 1906

78.Luangel 1899

79.Tuimang 1896

80.Saipimual 1923

81.Mauvom 1897

82.Vaivet 1897

83.Tuimui 1901

84.Selbung 1894

85.Haiciin 1894

86. Lezang 1895

87.Anlang 1896

88.Gamlai 1915

89.Khuaimua l1925

90.Tuipi 1888

91.Pangzang 1925

92.Keeltal 1917

93.Tuitang 1920

94.Mualkawi 1906

95.Seitual 1917

97.Singgial 1912

98.Kansau 1902

99.Khuadam 1901

100.Vanglai 1896

101.Khuaivum 1894

102.Aisih 1894

103.Phaisat 1897

104.Sialmei 1919

105.Bizang 1896

106.Haipi 1907

107.Buangmual 1895

108.Tualkhiang 1894

109.Buatal 1895

110.Losau 1893

111.Tongciin 1895

112.Suangbeem 1895

## NAULAKTE PIANNA

### *1.Naulak Beh Min*

Pu Do El in Tapa 3 nei-a a u pen in inn mun logam teng luah ahih manin "MUNLUAH" kici-in, anaulai pen zil tui ngaak in omsak ahih manin "ZIL-OM" kici-a, anu tum pen u le nau te kiangah tengsak ahih manin "NAULAK" kici hi.mi taktak min hi lo-in kilawhna min hi. Ci-a a ciingpawl khat om hi.

Ahih zongin pawl khatte ciapteh na ah ami' mintaktak mah hi-a, Pu Naulak in a tapa u bel Pu El Thuam inn luah sak in, Dimpi khua ah zong Hausa seem pah in siah kaai hi, ci-in a ciamteh zong om hi.

Hih thu ah Pu El Thuam na gina mahmah a, la tampi a phuakte tu dongin Naulak beh lapi in kizang hi. Kalzang Suan Kai tawh a khan kituak hi. El Thuam pen Naulak Hausa (5) dongki zom hi. A lapite patna ah, "Mimbang pianna Dimtui vangkhua ..."Pu Nalak ta Pu El Thuam, innpiluah Hausa ahihna hong kilanghi. Tuhun in Munluah, Zil Om, Nau Lak te kituam lawh khol nawnlo in, apung pen ahih Naulak min tawh amunmun ahkihuai ki uap uh hi.

**Dimpi Khua Saatna**

Dimpi khua tual phuaisamma ah, "Siam Suang khuasaat, Hatzaw khuasaat, Nam Thang khuasaat..."na kici hi. Tual phuaisamna pen khuasaat te min kilo hi-a, Siam Suang pen Naulakte' Pu hi: Hatzawte' pu hi: Nam Thang pen gualnamte' pu hi, ci-in na kiciamteh ahihmanin, Dimpi khuasaat pen Naulak, Hatzaw, Gualnam beh te ahihna kician hi. Hong tung kik beh tuamtuan te tawh khuasaat cil lai in mi 188 pha-a tualbiak ciangin sabak 188 kipia hi.

## Dimlo Khua Saatna

Dimpi khua ah gualnamte hong thahat ciangin, Pu El Thuam pan khang 7 na Pu Khup Vungh in in Dimlo khua saat in Naulak innpi naluah hi, ci-in ciampuh hi. Khup Vungh zi pen Muang Suan sanggamnu hi-a, a sungta in Dimpi pana alo zuatna uh ah teeng pah ahih manin "Dimlo ki ci hi.

## Pu El Thuam Gamgi

Vangteh leh Dimpi ki kal mual pai to Laipi mual kici in, Thangmual man to hi. Thangmual dung zui to-in Thangsan mual ah, Zalui mansuk in, tua pan kah to in Guamual ah, Guamual paisuak zui-in Zawm mual ah Sialtang lui tawh ki mat hi.

## Naulak Leh Thangho

Naulak Tualphui-ah, "Ciimnuai, Geeltui, Khuangen, Sasih, Dimpi,...," Kalzang,..., ci-in kipan hi. Thang Ho leh Lian Do pen Ciimnuai pan geeltui, Dimpi ah teengin, alutang uh dimpi khua naulak te Han ah om hi, kici hi.

Thang Ho pen zi neilo-in si a ,Lian do in zi nei-in, a zi'Min Neih Tong (Neichong) kici hi. Lian Do in Daal lamdang khat nei-a, sial(30) tawh Vanleeng khua ah zuak hi. Lailen khua te'n a sial a deih gawh manin that hi. A lutang naulak te'n la-in, Dimpi han ah Thang Ho aa tawh vui hi. Lian Do'gamh Naulak te'n Songla(tonlapi)in nei hi. Thang Ho leh Lian Do pana piang sumtawng lui nek lam ah om hi. Tangthu sung a "a gamh a go te lei ah phum" cih thu tawh kizom in Suangpi khua mi khat in tua van gil phumna mukha ngei hi ci-in Captian Ngul Za Thang a khan lai in gen ngei hi.(VKM)

## "Ciimnuai A Sa Kibaak, geeltui Ah Kithuk"

Thang Ho leh Lian Do, Ciimnuai ah a teenlai, a tagah laitak, a ni bek a it om a,a nuntakna uh gen thei mahmah in haksa mahmah hi. Khat vei a khua sungah sialpi khat kigo a, a mau unau zong akiang khawngah a va daakdaak leh, papi khat in asial kheguh khat sattan in "no unau in hih saguh ciahpih unlha huan un"ci-in pia hi. Amau unau zong nuam mahmah aa ciahpah in a saguhhuan pah liingliing uh hi.

Thang Ho leh Lian Do, Ciimnuai pan Geeltui hong lal ciangin hong hau pha mahmah uh hi. Tua ciangin a neu lai-a Ciimnuai khua-a ahehpih saguh a pia pa phawk kik in sam hi. An lim theithei huanin, sagawh in zu le sa tawh zindo hi.

Lian Do in a zi'kiangah, "A sa hongpiak saguh bawk hi, a tak nemnem na pia aw NeihTong aw" ci-in an lim ci tak in lungdam koh na bawl hi. Tua ahih manin thu ciin in tu dong kinei hi.

Thang Ho leh Lian do, Geeltui khua ah hong nopsak ciangin la phuak a:

1. a) *Ka tun nu'n kuangpi hong khup e,*  
*nuai a muan lei suak ta ding aw e.*

1. b) *Nuai a muan lei suak ta ding aw e,*  
*ni nu'n dalgua bang hong hah ta e*

1. a) *Ni nu'n dal gua bang ahah hi e.*  
*Geeltui ah ni bang ka lun hi e.*

1. b) *Geeltui kam kei sa vungvung e,*  
*Khuathang vaipi (phuipi) a pal bang ka nan aw.*

## 2.NAULAK KHANGGUI PAIPI

### Khangsim Na Paipi Kipsak Na

Naulak beh tangthu le khangsimna amun mun ah kikan kiciamteh tek a, gam bup beh kikhop le kikup khawmna a ki hanciamnciam hangin haksatna tuamtuan te hangtawh ki hih zo lo hi.

1976 kum ciangin Pu Son Cin Lian M.P (Tedim), Pu J.Gin Za Tuang(Tedim) le Rev.Cin Lian Sum (Tungzang) teng makai in Tungzang khua ah a KHAT veina gambup Naulak beh kikhoppa, Oct,6-8 1976 sung nuamtakin kinei hi.

Khua 30 val pan tangthu a kan le a uuk makaite hong pai a, ni(3) sung sun le zan in adawldawl in kikupna kinei hi. Pu Son Cin Lian in beh tuamtuanle naulakte kizopna zia teng hong suut hi.Pu.J.Gin Za Tuang in Pu Zo pan Pu Cin Hil, Zomite Cin hil suante hong ki cihna teng hong suut hi. Rev.Cin Lian Sum in Adam khang pan Naulak khang dong kizopna, a san huai thei pen ding Naulakte khang paipi, naulakte teenna leh tangthu tuamtuanle kicing takin kikum uh hi.

Ni(3) sung nakpi taka kikup na a kineih khit ciangin a nuai-a teng thukim na khen tatna kinei hi.

1. Naulak beh khang paipi leh suan le khak te teenna khuate kikip sak hi.
2. Khangsimna gualhna ah Naulak tungsiah Cin Hil, Zo cihte buaipih lo-a, Naulak bek pan gualh ding ki thukim hi.
3. EIKHANG-BAWNG ciatciat i kaatna tek pan zom-a, i KHANG-TANGTHU ciat, i kan I suut tek ding ki thukim hi.
4. Naulak, Zil-Om, Munluah pen min kiphuak, ki lawhna bek in sang lo-a, mi mahmah sangphot uh a, khang paipi nambat KHAT a kohi pah ding ki thukim hi.
5. Hih khang simna pai pi mualsuang khat bawl-a, Tungzang khua ah phuh ding ki thu kim hi.
6. Athu a kicinga i ngah zawh hun cianga Naulak beh khang-tangthu leh khang-simnate lai bupi khat a bawl ding ki thukim hi.

Hih khang-simna paipi kipsak a thu kikupna khempeuh akizawh ni(8-10-1976) ni-in Thukimna Sialpi khat kigo-a, Naulak u zaw Khanggui paipi a innpi, Tungzang khua Ngul Khua Kham te'n inn ah kine hi. Pupa te'n lapite sa-in ,laphuak in nuam kisa mahmah hi.

## Naulak Beh Tuul

Zo ngeina ah beh khat, gui khat, gamh kitomkhat pen 'Tull' khat kici hi. Tua beh tuul pen a kipatcilin innpi innluah pa in tawi hi. Tuul a kikhen mateng (beh a kikat luat mateng) Tua behtull pen beh innpi zaamna zui-in kiluah suksuk hi. Nidang lai-in unau pasal kicingte in khuasat-in teeng khawm uh a, tua ah Pa ahih kei leh u bel in khua haus a leh beh namtuul tawi thei uh hi. A khang khangin kiluah suk a, hun khat ciangin haus a nasep pen pil na siamna hong kisam ahih manin haus a leh tuul nasep hongkikhenta hi. Ahi zongin behtuul (namtuul) pen i luahna tawh na tonkhawm hi.

Naulak beh tul tawh kisai-in khang tangthu kante ciaptehna ah Pu El Thuam pan in u zaw in tuul a tawi suk, Naulak pan khang (5) na Pu Lim Vungh in tuul a tawi laitak in si hi. Pu Lim Vungh'tate naupang lai-a tuul tawi thei om loo ahih manin anaupa Pu Sing En in tuul na tawi hi.

Pu Sing en a kipan tuul na zaam suksuk a, khat vei tuulpi akisap leh tuulpipa sazuk thaang vilnop hun tawhkituak hi. Tuulpipa in sazukthang vildinga a naute asawl leh kuamah utlo hi. Tuulpi pa inn kua mah pai ngamkei na in the ci-in, "no pai vua leh" ci-a a tuul bawm tawh a den leh anaute khat pai tak pi in vathoih sak hi. Tua-a kipan Pu Vungh tong bang kua ah tuul khat suak hi ci-in kiciamteh hi. Hih tuul pen Laitui khua Pu Kham Lian – Pu Vungh Khua Pau baangkua ah kizom hi.

Pa Vungh Tong Suan, Pu Naulakte tawh tuul kikhenna hongpianghi. Laitui tuul Pau Za Go'genna ah; Pu Dongh Khup in a zima tawh Go Zam, Kham Lian, Kham Vialte aneih khit ciangin a zi si hi. Tua ciangin dimlo a Tual tung-naulakte Pi en Niang tawh kiteenga, Pu Gin Awn leh Numei khat a neih khit ciangin Pu Dongh Khup si-a. "Nong mak uh hi" ci-in pia nuamlo hi. Tua laitak in Sezang khua ah En Son tong nuamin Laitui tuul a vasap leh "En Niang" Khimua hong pia phot un" ci-in paipah lo hi. Tua hangin Dimlo khua te tuul khat suak a Pu Loh Awn Tuul tawisak in sialsun sak a, tua a kipan Dimlo inn a tuul khat a ngahsuak uh hi.

## NAULAKTE SIM LE MAL AH KIKHEN NA

### Dimlo Khua Pan Galtai

Pu Go Kim le Pu Vungh Tong a khangno lai, Dimlo khua-a ateen lai un khuakhung Hawmpah thalpi tung khat ah vakhu bu khat hawi uh hi. Ni khat ni'n a punote Langh Thang le Langh Hang (Hatlangte) in na laaksak uh hi. Go Kim le Vungh Tong, a pute inn a sawmgiak hi-a Vakhubu uh pute laak a theih ciangin heh mahmah uh ahih manin, a pute' innliim nauLuai sunga puandum dok a a taipih leh a puandum tawh naungeek khat kituun ahih manin anaungeek suangphah tungah kia in si hi.

A pute heh mahmah ahih manin zankimtak ciangin a tute a thah theih na ding ai san a, a mau unau a pute haam a sawmgiak ahih manin a zaak ciangin lau a, zan tai uh hi. A beh te Luh Song le Hen Go' suante zawn in gal hong tai uh hi. Khen nih kisuah in pawl khat pen Pu Luh Song le Hen Go te makai in Saizang khua taw gunpi ngap toh mun pan ngap tan in gun gal kai uh hi.

Pawl khat leuleu Pu Go Kim le Vungh Tong makai in, a sawm giak na haam tunga a sanggam pa khat uh a zotsim na lamteng un, guahpi hong zupak a, gunpi pen ngapsuk pan ngap ding acih leh tui hong san a ngap ngam paklo-in akhawl uh le tuikhang hong kizom suak ahih manin ngap tan zo nawn lo-in gunpika ah phaibu lam in teng phot uh hi.

Luh Song le Hen Go te pawlin Buanli taang, Zampi taang cih bangah ngak zel paizel uh a, Ngurte tlang panin Pu Luh Songte ciaugal kai a Aizawl gam tung uh hi. Pu Hen Go te Malgam manawh in Phaipi gam tung uh hi. "Unau pate sing zangle sing dang akikhen, behiang kumkua in ki mukik zo nawn lo" a cih hi pan hong pianga, tu dongin sim le mal ah a ki khen kisuak hi.

Vungh Tong le Go Kimte Saizang khuataw ah teeng suak (kum1 leh lang sung bang kici) a, tongin hi bangin la na phuak uh hi.

(a) *Thang gunpi kan in lel tangh, phaibuk nuai a phusial kasut, kei ei sawm taang bang thee'ng*

(b) *Si le hing laak maisuan ing, khuangging lama phusial kasut, han min ka sial hi ee.*

Tua laitak in Saizang khua ah Gualnam-Luisuk Phung mang te haus a hi. Hausa nu in akhuataw gunpi kaa a meikhukhu amuh ciangin, "I khua taw phaibuk ah mi om ding hi, va la un. Kung mui zong lumbawng puasak nuam hanga, Lusum zong biingin zom hi.hang" ci-in samsak hi. Amau zong zui-in tosa in, a liangtak kai hi.

Go Kim le Vungh Tong galhang mahmah ahih manin Saizang te'n ado do, Kilzang galdo pih in zopah ah manin hi bangin lana phuak hi.

- -Kilzang ka do sa vungvung, sau kuam nuai-a anamtem ka tawi, lak mai luh kei hing e.
- -Zan khat in khua kua suan ing, mang teng that ing khua phei lam ah Suangzang ah liit ing e.

Tua ciangin apu Saizang hausate in "bangdeih pen nei vua" ci-a a dot ciangin "Dimlo khua luah kik nuam ung" na ci hi. Tua ciangin hih bangin aisanna bawl hi. Inntual phung nuai ah biphuah koih a, biphuah le phung kikal ah tehlop-thaang koih hi. Hih bangin phuisam a: "Dimlokhua la zo takpi hen nei cih leh zusa kitheng pailhin ong awk in", ci-a a koih leh zusa (2) kitheng pailhin awk takpi hi.

Tua ciangin Dimlo khua hong sim uh a, hong zawk ciangin Go Kim in haus a innpi luaha, Vungh Tongin Tualkong Innpi luah ah manin, asuan akhakte "Hausa sungte, Tualkongte" kici hi.

Dimlokhualaak khit ciangin hi bangin la phuak hi. Asuan a khak te in Naulak lapi in zang uh hi.

Kei ei eng in khua kiim a ei sawm, bat lah ka nei lo-a,

Sung inn ah al bang that ning cing e

- Kim ii zua pa gal le sa in va. Sai tui a cial tual ah, lum suangin phut ing.
- Zuagam lo ah khu va no ka hawi hi e, khuva no kam kei ka suak sak ngawn hi e.
- Khuva no kam kei ka suaksak ngawn hi e, zuagam lo sansi ka zeel sak ngawn hi e.

## Teenna Khuat Le Kampau

Naulak te in Dimpi khua saata anuai-a bangin haus a hong sem hi.

1. El Thuam (Naulak)
2. Lak Mang (Naulak)
3. Mat Sing (Naulak)
4. Lim Vungh (Naulak)
5. Lim Ai (Naulak) Dimlo ah ki tuah
6. Vungh Luah (Gualnam)
7. Hen Kai (Gualnam) Kizom suak:

Pu Naulak te unau(3) sungah a u pen Mun Luah Kalzang ah teeng hi. Anau lai Zil-om –Zilkhuk ah teeng hi. Anautum Naulak – Dimpi Khua ah teeng hi.

Khang No.1 na Pu Luh Song Suante Dimlo galta na pan ciaugal na kai a, Indiagam Aizawl uk sung Nausel, Hansip, Songtal, Zopi, Kaillam, Suangkot, Mimbung cih bangte pawl natunga Mizo pau na zang uh hi. Pawl khat kawl gam ah om lai-a Tuimui, Pangmual, cikha tengah teengin Guite pau na zang uh hi.

Khang No.2 pan Pu Tuah Hil suante Dimpi pan Zung, na tung uh a, Tedim, Tonzang Kansau, Singgial, Tuitum, Gamlai, cih teng na tunguh a, Tedim pau a zangsuk zaw deuhte hi. Zung-Naulak zongkici uh a, "Tedim pau -Eima 'pau" aci diakte ahihi.

Khang No.2 pan Pu Hil Suang suante in Dimpi khua pan Sasih khua na saat-a, khuano kual a teng pianna mun ahi hi. Khuano pau zangin Dimpi ngeina mah tawh kibang hi. Hil Suang pan khang (10) sung teeng in Zong Tuang khan sungin pulnatna na tung ahih main Sasih khua nusia uh hi.

Khang No.3 pan Pu Hen Go suante in dimlo Galtai na pan Malgam Phaipi uk sung Phaipi, Lamka, Singat, Soncinvum, Sialsih cih teng na tung uha, paite pau na zang uh hi.

Tedim khua ah Pu Kam Hau a khan laitak, Inn 300 val akiphak laitak Naulak, Zilom, Munluah te a tam pen kiteeng a, minam dang tuamtuamte in apau tek uh khia pha lo-in, Naulakte in Tedimpau mah zangpah ahih main, Lailo khua ateeeng Pu Mang Gin (Hatlang) le Pu Khoi Lam (hatzaw in " *Beh khempeuh lak ah Naulak te tampen a, Naulakte tungpan Tedimpau hongpiang hi*" na ci uh hi.

Hi bang dan in nuntakna zonga khua akilal kawikawi tak ciangin mun tuamtuam ki bang, i tunna muna pau a kizang tampen kizui pahpah ahih manin, Mangpau, Kawlpau, Teizang pau, Saizang pau, Khuano pau, Sihzang pau, Zopau, Thahdo-kuki pau, Hualngopau, Falam pau, Hakha pau cih bangin pau nam kim kizang hi. Ahi zongin koi mun koi mun i tung zongin dimpi khua pan apiang Dimmit e i hi hi.

#### **Naulak Te Kilawh Na Min Tuamtuam Te**

Naulakte teenna mun le mual le a thu khat tawh kizui-in naulak sung veve ah anuai-a bangin min tuamtuam in na kisam uh hi.

1. **Zung-Naulak:** Dimpi khua pan Zungkhua a sat Pu Tuah Hil' suante hi. Tedim, Gamlai, Kansau lam a deuhte hi-a, Tedim pau a zang zaw deuhte hi.
2. **Tualtung-Naulak:** Dimlo khua-a teenna pan tual bawlna tunga teengte kicihna hi.
3. **Hausasung-Naulak:** Saizang khua pan Pu Kim leh Vungh Tongin Dimlo khua a luahkik ciangin, Go Kim suante in Hausa innpi luaha, ama suan, naulak khang paipi(Iinnpite) kicihna hi.
4. **Tualkong-Naulak:** Dimlo khua aluah kik ciangin Vungh Tong suantein Tualkong inpi luaha, Vungh tong suan teng Tualkong Naulak te kici hi.
5. **Douthang-Naulak:** Pu Dou Thang' suan, khangpai pi a kizom suak teng, Do Thang Naulak kici hi.
6. **Tuang Eng-Naulak:** Pu Dou Thang tap nihna Pu Tuang Eng suanteng pumin tamh in Tuangeng-Naulak kici hi.
7. **Lunzong-Naulak:** Pu Dou Thang tapa thumna Pu Lun Zong, Dimlo khua ah a teen lai-in lam nuai khatah teen ahih marin asuan te Lamnuai-Naulak kici hi. Pu Lun Zong Suante in Tungzang a innpi Khup Za Liante 'inn ah phungsa go uh a, "Lamnua" kici nawnlo-in "Lunzong" kici ding ci-in kheel uh a, mualsuang khat phut uh hi.
8. **Haizang-Naulak:** Dimlo khua pan Luh Song, Hen Go, Gunpi kantan in, ciaugal na kai a, sim leh maal ah kikhen na hong piang hi. Dimlo khua gei Haizang ah Pu Song Vum suanteng naki busa uh a, tua mun panin, Falam gam Saimun khua gei Suaimual nuai na zuan a, hih mun pan pawl nih kisuah in, pawlkhat Tedim gam Zimte, Zimpi ah, Mizogam le Manipur gam dongah na ki khen zau uh hi. Saimun pan pawlkhat Khuadal, Liannah,Haiheng, Leisan, Bocung, Khuaphual, Tuicilh, Mualkawi, Khuadai, Dihai, Khuangzang, Seipi, Khiang rawn, Duhmang, Zahua a om pawlkhat in kawl zang hong zuan uh a Pinkhonghyi, Mainuai, Munlai, Santaih, Saikhua, Haikhawl,Aungzua, Tuingo, Kawlkulh, Sekan, Myoungsone, Li-ingsuh tengah na teen kawikawi uh hi. India lam a teng pawl in , "Ralte Naulak"na ki ci uh a, kawl gam lam a a ompawl in, "Haizang Naulak"na kici uh hi. Dimlo khua gei "Haizang" a teen masak na mun min na pua uh hi. Hih "Ralte Naulak" leh "Haizang Naulak" a kici khem peuh pen Luhsong tapa nih na Pu Song Vum suan in kiciamteh hi.

#### NAULAK TE OMNA KHUA TENG(A Suan/a Bawngzui)

(Laibu bawl AD-2002 ciang kaihkhop zawh teng)

1. Naulak -Dimpi
2. El Thuam -Dimpi:LuhSong -Pangmual,Tuimui, Cikha, Nausel, Cianghpi, Kaihlam ,Kawlbem, Valvum, Bukpi, Tedim, Kalay, Khuadai, Munlai, Pinkhonghyi, Mainuai,Kawlkulh, Bocung, Santaikh, Khuaphual,Duhmang, Haikhawl, Li-ingsuh,Aungzua,Tuicilh, Liannah, Aizawl, Hansip,
3. Lak Mang -Dimpi :TuahHil -Kansauzang, Singgialzang, Tedim, Kalay, Nahnuai, Taklam, Tonzang,Zonuam,Gamlai, Dimmual,Tonglawn, Dimzang, Lezang, PinOoLwin,Tuitum. :HilSuang - Suangpi,Tuisau, Taampi, Bualpi,Tuivial,Dimzang, Tedim, Tahan,Kalay,Hakha, Yangon,
4. Matsing -Dimpi :HenGo -Mizoram, Manipur, Indiagam, Phaipi, Lamka,
5. Lim Vungh -Dimpi :Sing En -Dimlo,Tuithang, Ngalbual, Vutbuak, Singzung, Kalay, Phaltang, Tuilangh,Chiantagyi, Tahan :Suak Thang -Saitual, Bukpi:
6. Lim Ai -Dimpi, :Hen Zom -Dimlo, Sezang, Kalay,
7. Khup Vungh -Dimlo,:Gen Mit -Phunom, Tuivial, Vando, Zonuamzang, Pyidawta,Myitkyina, Laibung, Budingman, Khiangzang, Than,Laihan, Bualpi, Bawlwin, Dimzang, Kalay,Falam
8. Go Kim -Dimlo :Vungh Tong -Tungzang, Laitui, Tedim, Dimlo, Sezang, :Pyidawta, Sialsih, Hiangmun, Aizawl, Kalay, Yangon, Tuidil, Tamdeng
9. Vungh Do -Dimlo :Nuam Khum -Muallum, Zozang, Khampat, Mandalay, Keizang, Tedim, Pyidawta,Singgialzang, Zung,Bodiman, Laibung, Pimpiah,Thuklai, Ngalzang,Thantlang, Dimpi, Hiangzang, Meitala, Kalay, Yangon, Munlai :Luh Khup -Muallum, Pyidawta, Phunom, Tuivial, Aizawl, Laibung, Taklam,
10. Kim Tuang -Dimlo :Dou Thang -Tungzang, Hiangmun, Sialhsih, Behiangzang, Suanghoih,Cikha, Mal Suangzang, Khuadam, Dimlo, Tuicinlui, Anlang,Thalmual, Tedim, Kalay, Pyidawta, Tamu, Aizawl, Tonsim, Gamlai, Tonzang, Mawbi, Lashio, Maisuu, Shwepyita, Kawlbeem, Lamka, Mandalay, Yangon, Prome, Nyaunglibin, Tosial, Khanti, dimlo, Taklam, Nahnuai, Gamlai :Kham Eng -Theizang, Singunau,
11. Teek Khum -Dimlo, :Thang Ziam -Ngennung, Gawngmual, Taklam, Khiangzang, Tahan, Tedim, Singzung, Tuicinlui, Nahnuai, Dimzang, Yangon, Kalay,Tuikhali
12. Tuang Kai -Dimlo :Vungh Tuang -Khuadam, Tungzang, Suanghoih, Tuithang, Behiangzang,Sialsih,Tedim, Kalay, Pyidawta :Khum En -Sim Suangzang,Mualbeem,Kalay
13. 13.:Khum Tawn -Anlang, Tedim, Kalay, Tahan, Pyidawta, Teekzang, PinOolwin,
14. Don Mang -Dimlo :Tawn En -Tuicinlui :Do Thang -Tuzang, Kalay
15. Mang Kham -Tunzang, Kalay :Sing Vungh -Yangon, :On Phung -Tungzang
16. Mang Ngul -Tungzang :Vungh Gin -Tungzang, Pyidawta
17. On Khua Zel -Tungzang,
18. NgulKhua Zel -Tungzang :VunghZa Langh -Tungzang
19. Zel En Pau -Tunzang :ThangSianSuang -Hiangmun
20. Kam Za Mung -Tunzang

**4.NAULAK OMNA KHUATENG (*Mun & gamzui*)**

Dimpi Dimlo Suangpi Phunom Thangnuai

Zung Laibung Pimpiah Tuisau Taampi

Bualpi Tuivial Vando Laibuang Khiangzang

Laihan Thuklai Lophei Tamdeng Theizang

Tedim Sezang Gawng Lamzang Tuilang

Mualbem Suangphei Suangzang Vangteh Laitui

Keizang Muallum Guasing Mualnuam Tuicinlui

Tongsial Tuitawh Thalmual Lalta Ngalbual

Tuithang Tungzang Gamlai Anlang Lezang

Phaltlang Taklam Ngalzang Anlun Leilum

Teekzang Dimzang

**TONZANG GAM**

Tonzang Tuitum Suanghoih Suangzang Cikha

Tungtuang Cauleng Singgial Kansauzang Tuimui

Haiciin Paangmual Khuadam Khenman Vaivet

Hiangzang Siallup Khumnuai Mauvom

**KALAY VELLEY**

Kalaymyo Tahan Li-ingsuh Munlai Singunau

Mainuai Singgialzang Nahnuai Vutbuak Singzung

Chatagyi Zonuam Pyidawtha Bodiman Dimzang

Khampat Kawlkulh Bocung Santaih Nawikai(Ahteywa

MUN TUAMTUAM (Kawlgam sung)

Hakha Thantlang Falam Tamu Beken

Yangon Mandalay PyinOolwin Myikyina Bawdwin

Lashio Maishu Phakan Mokok Tuanggyi

# **NAULAK BEH TANGTHU. | Laibu Saal**

Khanti Prome Bahtoo Nyaunglibin Yenanchaung

Hmawbi Shwepyitha

## **MIZORAM (India)**

Aizawl Nausel Cianghpi Kailham Kawlbem

Liannah Hansip Saitual Bukpi Hiangmun

Teikhang Mimbung Aibulen Cartang Cerput

Tonsim Vapal Coloship Dallawn Dailo

Duhmang Kawlkuh Khuanggin Luantlang Parkhuang

Vaphai

## **MANIPUR GAM (India)**

Phaipi Lamka Dimmual Tonglawn Sialsih

Behiangzang Haikhawl Kangkäp Khuadak Lamzang

Singat Suangdawh Soncimvum Suangkot Tangnuam

Tonglawn Sialbu Simbuk Tangzawl Bukpi

Moreh

## **4.NAULAKTE OMNA KHUATENG (Laimal/ ། ຂ ແ ແ ແ)**

1.Aibulen 40.Haupi 79.Munlai 118.Taklam

2.Aizawl 41.Hiangmun 80.Myitkyina 119.Tamu

3.Anlang 42.Hiangzang 81.Nahnuai 120.Tangnuam

4.Anlun 43.Kaankap 82.Nausel 121.Tangzawl

5.Awngzua 44.Kailham 83.Ngalbual 122.Tauleng

- 6.Aungawn 45.Kalay 84.Ngalzang 123.Tedim  
7.Bahtoo 46.Kapteel 85.Ngennung 124.Teekzang  
8.Bawdwin 47.Kawlbeem 86.Nyaunglibin 125.Thalmual  
9.Behiangzang 48.Kalkulh 87.Pangmual 126.Thangnuai  
10.Bekan 49.Kanti 88.Parkhuang 127.Theizang  
11.Bocung 50.Khenman 89.Phaipi 128.Thuklai  
12.Bodiman 51.Khiangzang 90.Phalthlang 129.Tuanggyi  
13.Bualpi 52.Khuadak 91.Phunom 130.Tonglawn  
14.Bukpi 53.Khudam 92.Pimpih 131.Tongsial  
15.Cartang 54.Khuang-gin 93.Pinkhongyi 132.Tonsim  
16.Cerput 55.Khuaphual 94.PyinOowin 133.Tonzang  
17.Chanthargyi 56.Khumnuai 95.Pyidawta 134.Tuicilh  
18.Cianghpi 57.Laibung 96.Santaih 135.Tuicinlui  
19.Ciengpikot 58.Laitui 97.Sawbwa 136.Tuidil  
20.Cikha 59.Lalta 98.Sezang 137.Tuikhah  
21.Coloship 60.Lamka 99.Shwepyitha 138.Tuillang  
22.Cyikong 61.Lamzang(Mal) 100.Sialbung 139.Tuimui  
23.Daido 62.Lamzang(Sim) 101.Sialsih 140.Tuitawh  
24.Dallawn 63.Lashio 102.Simbuk 141.Tuithang  
25.Darkhai 64.Li-ingsuh 103.Singat 142.Tuitum  
26.Delhi 65.Leilum 104.Singgial 143.Tuivial

- 27.Dimlo 66.Lezang 105.Singlei 144.Tungtuang
- 28.Dimpi 67.Lophei 106.Singzung 145.Tungzang
- 29.Dimzang 68.Luannuai 107.Suangbeem 146.Vaivet
- 30.Duhmang 69.Luanthlang 108.Suangdawh 147.Valvum
- 31.Fakan 70.Maisu 109.Suanghoih 148.Vangteh
- 32.Falam 71.Mandalay 110.Suangkot 149.Vapal
- 33.Gamlai 72.Mauvom 111.Suangphei 150.Vaphai
- 34.Gawngmual 73.Mawbe 112.Suangpi 151.Yangon
- 35.Gawsing 74.Mimbung 113.Suangzang(mal 152.Yenanchaung
- 36.Haiciin 75.Mokok 114.Suangzang(Sim 153.Zonuamzang
- 37.Haikhawl 76.Mualbeem 115.Sumcinvum 154.Zozang
- 38.Hakha 77.Muallum 116.Taampi 155.Zung
- 39.Hansiip 78.Mualnuam 117.Tahan

### **III. NAULAK DIM NGEINA TATZIATE**

Taanglai ciimnuai hun lai in Pu le Pate Zuhawm sahawm ngeina ah "Tuinak tat" Leh "Tuitawh tat" ci-in "Dim tat" leh "Teizang tat" na ommasa hi. Tua panin Saizang tat, Zo tat, Sihzang tat, cih bangin ka toto hi. Tedimkhua ah Kam Hau a khanlai, a kiteenkhop lai-in, minam pau tuamtuan sung pan pau taang "Tedim pau" hongpiang in tattang "Tedim tat" cih khat zong hongpiang hi. Tuhun ciangn a khuazui in themthem ki lamdang hi.

Hih sungah "Naulak Dimmite' ngeina Tatziate" ci-a konggelh uh ciangin Naulak veve, Dimkam pau veve, a kibat lohloh na, akisam deuh, aval deuh om kha ding hi. Kicing tak in hong kigelh zo hilo-a, tulaitak a Naulak khangpaipi innpi Tungzang khua akizang laite leh Dim ngeina bulteng kaikhawma aphanpi(abulpi) deuh teng bek kong gelh uh ahi hi.

Hihbangdan pen ngeina man pen hi, cihna dan hilo-a ipu ipate ngeina tatzia pawlkhat, anop adah uh teh a sak uh lapi pawlkhat bek kong gelh uh ahi hi.

## 1.KITEENNA

### *Ki Ngai*

Nungak leh tangval akingaih ciangin tangvalte nitak in nungak te'n ah hawhin vaheel uh hi. It le ngaih thu kumkhawm in la zong kiphuah thei uh hi. Laizong kikhak in akiten sawm te'n itna kip kigen uh hi.

### *Zuthawl Ki Pia*

Nungak leh tang tangvalte pumkhat suak thei zah dong dinga hong ki ngaih ciangin, pasal lamte'nu le pate kiangah dotsak uh hi.akisaan theih leh zuthawl ci-in,ki khaamna in zu bung khat beel phel khat vapuak uh hi.

### *Ki-pi (Mo Ki-la)*

Zuthawl piak zawh ciangin ahun lem thei kikum in ki-pina (*ki-laakna*) bawl uh hi. Pasal akuanlam te'n zu bung(3) beel khat in guang in, anumei te' innah taak uh hi. Innteeek leh a saggam bulteng acil hai khatciat pia masa hi. A ciah ciangin innteeekte akuante' a ciahmain zu guan uh hi. Pasalte' innpi pan zu taak in kine hi. Monu leh azuihteng meipi lupna lukhungah tuu in, innteeek te'n zubeel khat luup uh hi.

### *Ki-Lei (Mo Man Kipia)*

Mo man kipiak ni ding ciangin, Pasal lamte zu bung (2) beel khat tawh va kuan a beel nek uh hi. Innteeek numei lam te'n zu a cik mah tawh nathuk kikin luup uh hi. Moman pen ahun hun in kilaih a, ahi zongin, atampen in sialpi nuta man kingen thei pen hi. Thaman Ks 6.00 tawh kipia hi.

### *An Tawi Ki Guan*

Mo man kipiak ni in numei lamte'n antawi in vok khat va gawh thei hi. Pasal lamte'n sagawh zu in zu beel khat la hi. A sa khen teng keng-4, pang-1, ik-1 ,khanuai phal-1 ,a sin lang-1, angoi kawn-1. A omlai teng innteeek te'n tangciim in huan in a om tengin kine hi.

Pasal lamte' puakteng ahawm dan:

Bultong -Bangkua

Meizu -Pupi

Bultong -Tuitaak(*Hai tawi*)

Liangtong -Tanu nihna

Liantong -Tanu thumna

-Meltheih om laiteng baakkhat ciat tan.

-A omlai teng tangciimin huanin kine cip.

### MIKHAAK NA (*Sial khupsa*)

Numei lamte in Mo khakna leh sial khupsa kigawm in vok ahiih leh luang2, gan ahiih leh luang khat gawh thei uh hi. Sa gawh pen a nangpheek leh alutang innteeek ah kikhai hi. Asa seh nih kisuh a, pasal lamte anuai a teng kikhen hi. Keng-6 (*atuilawi ahehtan atong*), pang-2, iik-2, tek-4, ngoi kawn-5 (*agol a3, aneu a 2*), asin kaa-4, khannuai phal-2, meizu-2, (*agol mei bang leh aneu mei bang lo*), angawng-1, (*agol a*) innteeek a omlai teng aliang gol leh abul neu, pang gol leh pang neu, iik gol leh iik neu, meizu gol leh meizu neu, Tekgol 2 leh neu, angawng neu, asin kaa -4, khanuai phel-2.

### Innteeek (Numei lam) Sahawm na:

Tanu-pang-2 hawm hi. Alian bel atanu zah, aneu bel atanu zahin seh suah in tan2 ciat in tang uh hi. A tek-4 pen a bul bul in gualin kipia hi. Angoi kawn 2, asin kaa 2, le aphawh lawh teng tanu sabawl tengin hawm uh hi. Tua sungah sang pangpi nawl khat(*sazungzui*) at khia in Nuphal kipia hi.

Sanggam: 1-aneu bul, 2-agol khanuai, 3-aneu khanuai, 4-aneu meizu. Pu-1- alian bel liang (*adawn at tan*), 2-aneu ngawng, 3-agol meizu (*tuilawi pan atan*) 4-meizu guh (*agol a*) Innteeek nu' saleep: ngoi kawn khat leh asin kaa 1 meeltheih teng baak. Ngoi tum, leh sin them khat ciat beh nupi leh pu akilawm ciang pia. Ngoi tum, le sin them khat ciat beh papi sa at teng kibaak.

Asa khen teng apuak ma in pasal lamte' Baangkuapa le Tuitaak pa samina sateng ki en sak a, zu beel khat kiluup hi. Nitak khumial ciangin numei lamte' tanute'n sakhen teng leh Zu bung 3 beel khat le bung beel khat, (*agawm beel 2*) taaksih seng khat, satui beel khat, vapuak tanute in azu puak taak pah hi. Sapuak tuitaakpa in asin leh angoi at in inteeek te innkuan leh bang kua pa baak hi. Asa teng beh papite at uh hi. Sapuak tui taak nu in taaksih leh satui innteeek tuitak nu ap in, nupi naupang teng ki nesak hi.

### Sahawmna (Pasal Lam)

Tanu -Pang 2 (*nuphal aa ding sazung zui euu*) ik-2, Tek -4.

Sanggam -1 -alian bel bul

-2 -alian bel liang (*adawn euu-teek khai*)

-3 -aneu bel bul

-4 -aneu bel liang

-5 -meizu gol (*atuilawi atan*)

-6 -akhanuai gol

-7 -akhanui neu

Pu -1 -bul gol

-2 -bul neu

-3 -ngawng gol

4 -meizu gol (*meibang*)

5 -meizu guh

-Inntek nu sabah: sungkua ngoi kawn 1 leh sinkaa khat.

-Sin khat le ngoi tum khat ciat sanggam le pu akilawm ciang

pia .

-Tanu salaak: angoi kawn nih

#### ***Zu Hawmna :***

Sapuak tuitaak pa in inntek le beh bul papi teng zucil hai khat ciat pia., a om khempeuh zulai haikhat ciat pia. Inntek, sanggam bul teng, pu bul teng leh akuan teng zucil kituah.(*akuan te'n ne masasapuak te'n asungh te'n vai khakna bang gen in ciah san.*

#### ***Nau Min Phuah Na***

Nu- pate ta hong neih ciang anuai abangin 'min' kiphuak hi. Tanglai tapa te Inntek pu kitamh in, tanu te inntek pi kitamh sak uh hi. Khang masa alai min nih kitam phuak in , tuhun in min thum kiphuak zaw uh hi.

Tapasal- 1- Pasal' pa (Inntek pu) in tamh

2-Numei' pa (sungh pa) in tamh

3-Pasal' sanggam pasalte abanban in tamh

Ta nuimei- 1-Pasal' nu (Inntekpi) in tamh

2-Numei' nu (Sungh nu) in tamh

3-Pasal' sanggam numei (anite) aban ban in tamh

Note: Munluah, Zilom, Naulak te in Naulamh phaitam kong gei bikha ah khai a, behdang te in nuai ah aphum pawl, sing tungah a khai pawl om uh hi.

### *Inn Tuan Na*

Nupate in tu le ta nei in a kimuan ciangin innpi panin inntuan khia uh hi. A inntuan na pan akhawlsa tunga khawi leh vulh hong neih ciangin, INN-TUAN-SA ci-in a innpi te sial ahi-a, bawng ahi-a, vak ahi zongin, aneih bangbang gawh uh hi. Tua ciangin inn tuam suang taktak hi-a, innpite in gamh khen uh hi. Naulak te inntuan mengmeng lo hi. Inn lam zia a ngeina cing tektek a lam akulsak te hi-a. phaibuk peuh ah lo uh hi. Kigin, kitoptop phot kul hi.

### **2.TONG (TON THU)**

#### *A Deihna:*

(1) Pu-pa ngeina gawh le luup kidemna ah, tungnun na lianpen.

(2) Lawiki vai-a inn sung pi biakna lianpen

(3) Sih ciang a Lapi neihna

Ton pen ni(30) sung sawt hi. Pansikh pan Zeh tan tawh ni (5) sawt thei hi. Ciimnuai mi khempeuh in ton nei kimlo uh hi.

#### *Pansikh Ni: (Kipat Ni)*

Pansikni in atong te'n a Bangkuate' gawh ding(gan-meipum ahih leh khat , vok ahih leh hih peelmawh) kigo hi. Tua ni sunin Thusa nihte' azu bung 2 ta beel 2 kiluup hi.

Sahawm na(Baagkua te' gawh-gan)

Asungkua seh 5 kisueh hi.

(1) Sialgo te' (Baangkua te') tanute.

(2) Song sa- Sialngoi kawn2 leh sungkua namkim, taaksih tawh songsui teng in, nikai tak in songphung ah ne;

(3) A tongte inkuan le beh bul tenginn sungah kibaak sungkua seh khat leh angawng, agote'tanu te in huansa inpi;

(4) Agote'n ah sannangpheek khai-alung phal 1, akal1, azel tum 1, agilpi bek 1,atuap them 1, asin phal 1

(5) A tongte'n ah sanaang pheek khai-a agote'n aa bang No.(4) (Sianhon ni zingsang in nepan)

Aliang gel sapeh in kineih hi.

Liangkhat -atongte' pupi in ngah

-atuitaak pa'n huansak(ahuan man sathem teng ngah)

-khuamial teh apupi in ama' beh teng tawh innliim ah ne.

Liangkhat -atong tein gah, atuitaak pa'n huansak

-khuamial the apupi te tawh aki bang in innliim ah ne.

-Tualaitak in tongte' thusa pa'n tongte' zu beel khat an nete' kikal ah

luupin nekhawmuh hi.

Bulkhat (meizu baanglo bel) -song suite'n hawm (sapini sunin)

Bul tongkhat (meizu baanglam) -agote' pupi in.

Ameizu-(abultong dawnlam) -agote' taangpu in (Pu nihna)

Azaang khat -Teek khat ( a tong te'n ngah)

Azang khat -Agote' Baangkua te ki pia.

Naakbul tawn 1, iik 1, pheisa taak 1 – agote' tanu teng in.

Naakbul tawn 1 ( le lawigawh sawh thaak) -tongte' tanu tengin

Lawi Gawh

Tongte' innkadawn dawhsuk geiahmeicih nang tap kiluah hi. Tua zawh nikaai pawlin Lawi gawh ci-in vok khat, tongte' lawi gawh bawl 2 (*Tanuval bul gel*) in inn ka ah go uh hi.

Sahawmna:

Liangkhat -Baangkua in( sapeh) -Lawigawh bawl te'n huansak hi.

Liangkhat -Taangpu in(sapeh) -Nitak in inn liim ah Sial liang sabalte tawh

Kine khawm. Akikal ah Baangkuate' zubeel khat luup in, tua tawh kimeh.

Bul khat -Baangkuate in

Bul khat (meizu laaksa) -Dawisa pa in

Ameizu -Tongte' pu 4 na in

Angawng -Pu 3 na in

Pang 1, iik 1, tek 2 -Lawigawh bawl geel in hawm

Ngoi kawn 2, sinka 1

Sawh Thaak

A sungkua le alutang -pial ah khai, sian sa in kinei.

Akhanaui -Tongte beh nihna (zinthaak) leh thumna (Tuulpi kai)in

Hawm

Sa lutang leh naang pheek (along, akal, atuap, aleei)- innteeek ki khaisak.

Dawi Gawh

Tongte' innsung – sungpi ah meicih nang pial tap kiluak hi. Nitaak lovai-in vok tuuk 4 khat leh anuno 1, Tuulpi pa in innsung – sungpi ah, innsung thoih bangin phuisam in go hi.

Sahawmna:

Anuno-Bulkop -phaitam zu si in ( ngaih peuh kisawl thei hi)

Liang 1 -Tuulpi in

Tualo teng -Tanute'n huanin necip uh hi.

Agol -Bul 1(meizu laaksa)-Pupi in

Meizu -Pu 3 na in

Bulk hat -Baangkua in(meizu laaksa)

Meizu 1 -Sanggam sa.

Liang 1 -Zinthaak in

Liang 1 -Tuulpi in

A ngawng -Pu 2 na in

Pang geel, iik 1, tek teng ( ngilh thaak) -Tanute in

Iik khat, ngoi, sin, phawhlawh -Siansa(zingsang)

Kha naui 1 -Tuitaak Lutang leh nang pheek khai in

Kha naui 1 -siansa tawpni in siansa in nei

## **SIANG HONG**

Tuulpi leh tanu pasal tengin pial tawngah ne masa. Kuang lai ah beh nupi teng taaksih leh satui kuangkhat luiin ngoi khat leh sinkhat tek tawh mehsak. Tangpu leh pupi taaksih lawh khat tuak tawh innka ah pu suahin, satui tawh mehsak.

### ***Gawlpi***

Pansikh in nitumpawlin tongte' gawhpi ding sial tal kisiang khat, inntual ah kigo hi. Asial pen aguak tangin innuai pan kihawl khia a, sialkong pan sialkhau tawh kisiah in, songtungahkikhilhi. Tua ciangin aut peuh peuh in singkuah(ciang) tawh saat in, asihkuan ciangin khau tawh henton insut dingin kikoih hi.

Tuulpi pain innsung pan sialpuan(anawl bepi the a kigelh ) khat silhin , muthasiik leh akgia, tot in,sialteipi in mei det insial sun dingin hong pusuak hi. Tuulpi pa in phuisam insial pang lam asut khit ciangin , tumkik hi. Sialsut main inn sungah inn teekte'n zu beel khat luup hi.

Sialpen a deek saat in thatluma, inka ah avun hawk in, kisem hi. Asem zawh the innsungah asa kiseng phot hi.

Asungkua teng inn tek nu leh baangkua nu, ahoih khop khat tuak akileep zawh ciang, anuai a bangin she (9) kisuah a kihawm khia hi.

- (1) Sapi ni zingsang a sadak nang -kikoih
- (2) Zawl leh Nuphal vaakna -tawpni nitak lam
- (3) Siansa in kine- vok lusuan ni -tawpni zing ciang zingsang
- (4) Sialbawl- zanzu sii te pia -sangagam 4 na
- (5) Gawhpi bawl teng
- (6) Siampi sa
- (7) Sanggam bul 7 na ciang bang kipia
- (8) Pu bul 5 na ciang bang leh Thusa leh sasem teng kipia
- (9) Tanupi teng leh lawi gawh bawl gel. (*Tan 2 kipia, tanpi leh sallak*)

Sialgawh zawh sasungkua hawm sungin, innnteek te in Sial gawh zu leh daklaam zu, bung 2 ta beel 2 innka ah luup uh hi. Sial gawh zu pen inn tual a sial (*gawhpi*) go tengin ne in. daaklam zu pen tua laitaka adaatum zu pen tua laitaka daaktum teng leh alaam tengin ne uh hi.

### **Songzu**

Gawhpi sungkua hawm zowteh tongte' sanggam 5 in zu bung 2 ciat songzu hong luup uh hi. Songsui 5 in alangah bung2 ciat mah akikop in luup uh hi. Innsunglam nawlah innteeek te donna bung 2 beel khat ki luup hi

Nupi tengin taangteep msa, papi hamtengin leelp, zu bawl in delh, teek tuah,songsui teng leh sanggam teng kituah hi.

### **Puzu Tawi**

Ton ciangin Pu Zu Tawi ci-in pansikh ni zan in Pu teng khempeuh zu beel khat ciat kiluup hi. Inn sungah baangkua nu leh pu nupi teng, innka ah baangkua pa leh Pu pasal tengin ne uh hi. Zu tawi ngahte'n a it khat zu bawl sal in nekhawm uh hi.

### Sapi Ni(*Ninlh Ni*)

Khua vaak tungin innka pan alam sa in huansak ah pai in, pial vang tawnin inn sungah kiluuut hi. Innsungpan daakilaam sa in ki pusuak leuleu a tuitaak pa sialkhau tawh songah kikhil cip hi. Inn teek nu'n zu phel khat intanh in daaklam tengin ne uh hi.

Sasem gelin zu bung 2 bel tuak la in innlam ah sasem te' tanu tuak in taak in, innteeek, beh pu tuah hi.

Zantak a innsung a kiseng gawh pi bulk hat pusuah in, sasem leh beh papi tengin hawm khia uh hi.

-Saphaiphah leh taak khat -tanupi tengleh lawi gawh bawl geel in hawm

-Taak khat -Salaak in tanupi teng kipia

-Taak khat -thusa 2 leh sasem 2 in hawm

-Tualo teng -sanggam 6 na pan leh pu 2 na pan kipia

tanu valteng zong them khat tek kiton

-Akhe tawng (akhuk buuk pa tan)- inn nuaite kilot

### Sagual Gawh (*Sanggam leh Pu*)

Innlak sanggam leh pute' sungpan tngte pahtawi na sangual a gawh nuam tengin, asapi ni zing sangin tongte' in ah hong go a, saluang khiat (*Tongte apiak ding sakhen*) teng apiak zawh ciangin, amu' tan ding teng a inn ah hawm in ne hi.

Pupite' saluang khiat (*bul 1, liang 1, zang1, iik 1*) leh bang kua te' gawh bul songsui tengin hawh uh hi.

Sagual go te'n amau tan ciat(*bul 1, liang 1, zang 1, iik 1*) leh Baang kute' gawh bul song sui teng in hawm uh hi.

Sagual gote'n amau tan ciat (*bul 1, liang 1, zang 1, iik 1*

### Ahawmna:

-abultong (meizu laak) -inntek(agote) in tutphah

-ameizu -tangpu

-azang -baangkua

-aliang -Pupi

-Naakbultawn, iik 1, pheisa taak 1 -tanu teng

Tongte'n sanggam leh pute' saluang khat teng gawm in

-Baang kuat'e' saluang bulk hat aloh kik

-Tuitaak song cialte bulkhat pia

-Gan iik gol pen leh vok iik gol pen dok in, she 4 suahin Thusa leh sasem pia

-Akeng teng Tanupi leh lawi gawh bawl hawm sak.

-Azang leh aiik teng – innteek in a kisapna munmun ah zang

### ***Sial Zupi***

Sapi ni sunin sanggam 5 ciangin zubung 3 beel 2 ta innka ah luup in, a 4 na belin sapi ni zanin bung 4 taak hi. Aluupte' tanute in zu bawlin delh in teektuah hi. Tua zawh ciangin sialzu hawm mi 2 in taangpi mihon te nesak uh hi.

Tua laitak in papiteng in tuang dung ah Ai Lawng to, innka lasa a, tangval innka ah daktum in laam uh hi.

### ***Sial Zu Taak***

Sapi nil eh kheekleh ni insial zu taak nikhat in zu bung 6 ta inntual phungah atongte' a kitaak hi. Tua zu pen ago aluup mas leh up te in sai hi. A tong khempeuh hai khat ciat kitan kim hi.

Saluang Hawm Pai Na (Gawhpi sa hawm na)

Sapi ni nikaai pawl in innka a daaklam tangval teng le puteng daaklaamsa in phaitam ah pai in, laam uh hi. Tua ah phaitam zusiipa leh inn teek te in zubeel khat tuak luup in, phaitam lasa hi.

Phaitam lasak sungin innsungah akiseng akihawm nailo gawhpi samal teng, hawm, dingin sasem te'n nagual uh hi. Innka meicih nang a tap luahna ah, saluang hawm pai laitak a pute tot dingin lawi gawh bawl gelin mei nacih uh hi.

### **Gawhpi Sa Gualh na: (*Sahawmna*)**

-A launghawm leh umzu -Pupite'n (Pupite' tanu'n pua)

-(Umzu pua- tongte zinthaak in pua. Umzu- zuha sinsen bung khat val umpi  
khat sungah kiguangin, tua mah pupate kipuak hi)

-Gawhpi bul dawi gawh bul, lawi gawh bull eh saluang lohna bul,(*saluang*  
khiatte sungpan bulkhat) -Baangkua te'n (Baangkuate tanute'n)

-Liangkhat -zinthaak(*zinhhakte' tanu te'n pua*)

-Liangkhat -Tuulpi kaai (*sanggam 3na*)

-Zangkhat -Zanzu sii (*sanggam 4 na*)

-Zangkhat (*sanggam 5 na*)

Phaiatam lasa te in azawh kuan nitum kua laitak in, phaitam pan inntual ah lasa sa-in hong taangsuak phei  
uh hi. Sialkong atun laitak in sateng leh umzu, asang dingte' inn ciat ah kipaii pih hi. Sapai laitak in Siampi  
pa'n inntung pan gua mung khia in, songsui te'n agua mung naphut hi. (*Song tawh phut khawmin hen*  
*hi*). Dawigawh kici vok, inntek gawh sabak khat tulip pain gua ton mung tung ah khilh khawm in suang hi. Tua  
laitak in siampipa intuangah laam hi. Tua laitak amahin Phaitam pan a puteng makaia laamsa ahong paite in,  
innka a meiphual kicich kiimkot in in laam hi. Nawh laam tektek in a tawpna ah Putengin tua meiphualpi kicich,  
ache uh tawh tuan in mit sak hi.

Meiphual atot' zawh ciangin Tonlapi teng kisa hi. Tua ciangin Pu-zu kiluup hi.Taangpute'a inn sngah kiluup in,  
Pupil eh a dante' aa innka ah kiluup hi. Tonlapi teng akisak zawh ciangin, ut peuhpeuh kisa hi.

### Kheek Leh Ni (*Ni Thumni*)

Tanu te' sungpan tongte pahtawi na sagual a go nuamte in, kheekleh ni in go uh hi. Tongte saluang khat  
liang 1, zang 1, iik 1 pia hi. (*Vok ahih leh liang 1 leh iik 1*). Tanute' inn a tongpa, pupi ahih leh, liang 2, akop in  
ngah hi. Tanu saluang khat teng gawmin, Lawi gawh bawl gel in huanin , kaai pawl in nupi pasal a omteng  
kibaak uh hi.

Phaitam zu siil(zawl le Nuphalpi lu kheuh )te' sagual gawh saluang khat pen tanute'n sallak in la uh hi.

Kheekleh ni sunin Tanu pi tengin zu bung 3 ta beel 2 pai luup uh hi. Zawl le Nuphal in bung 3 ta in phaitam  
ah taak uh hi. Nitum kuan the Beh bull eh Pubul teng leep uh hi. Nitaakteh inntek vaaak hi. Zawl le Nuphal  
a, abei teh inn teek in tawi hi.

Sunin zawl le nuphal in gawhpi lu kheuh in, ciing tawh kaan in inn sungpi ah Suansak hi. Sagual gawh luteng tanu valte 2 in lukhat ta kheuh in, zubeel khat tuak taak in, a gan go te leh innteeek pia hi.

### Kheek Leh Ni Zing (*Ni Li Ni*)

Tuulpi pa in dawi gawh voklu pen kheekleh ni zing ciang zing sangin suanga sian hong hi. Sanangpheek kikhai teng (*khen khat – kheekleh ni-in zawl le nuphal vaak nan kipia zo*) siansa in kihawm hi.

Tua ni-in Tanu tengin zu bel khat ciat la uh hi.

A zing ciang (NINGA NI) in Sanggam leh pu tengin zibel khat le ak khatciat pia hi.

A tongte'n akipat nipan ni 5 ciang zeh tang uh hi. Asian zawh teh gamsa bengin, a tun ni in siampi teng samin, zulup in sianhong hi. (*Tua mateng gamlak tui nethei lo hi*)

### Sial Kop Gawh

Zu pen a tangsut tawh kibangin kiluup hi.

Sial 2 ahih manin khang song 2 kiphut hi.

Sate adang mah bangin azom in kigual hi.

Saluang hawmpen -agol bel – Pupi (*liangkhat kithuah, at khia lo*)

Atun na pan baangkua in tang.

-aneu bel -taangpu.

### Saluanghawm hawm na(Pupi)

lik khat -baangkua.

Ngawng phal -tanu

Ngawng phal -tanu salaak

Tualo teng abaak ina kilawm bangin hawm.

**Adeih na**

- (1) A tong sate asih ciangin sanam 12te sanolh theih nang.
- (2) Asih ciangin sanam kim la khempeuh akisak theih nang.
- (3) Ngeina gawh le luup sin sak na

**Sa-aih Zia:**

- (1) Leitang aih-sanautang aih kici-in, samin nei sanam 12te aman, ih deihte

Vaak a, sial, bawng, vok tawh aih na

- (2) Salian khat man-a aihna

Sa-aih na ah SIAL kigo in tuat leng – sahawm dan:

Liangkhat leh iik khat, vaak 12 te' aadingin kila khia masa hi.

Sanggam-1- Bultong (*meizu laakzawh ah taak 2 kila lai*) -(Baangkua)

2- Liang( *a dawn tawm kitan*) -(Zinthaak)

3-Zaang golbel -(*Tuulpi kaataaaa*)

4-Zaang neu bel -(Sial bawl)

5-Meizu (meinei lo lam – atui lawi atan)

6-Napan sabaak ....

Bultong pan akila nih sungah taak khat, thusa leh sasem 4 in hawm, taakkhat tanu sa beh lapna

**Pu-** 1-Bultong (meizu bang lam – baangkuate' aa bang)

2-A ngawng

3-meizu(atuilawi atan)

4-napan meizu guh teng hawm

Bultong pa akila taak nih sungah taak khat, sanggam ah zom, taakkhat tanu

Salaak.

**Tanu** 1-naakbul tang 3 atan, iik kawi, pheisa baak 1, sungkua namkim

2-naak tang 2 atan, iik, pheisa , sungkua

3-napan tanu zah kibangin hawm.

-Tanu valte baak khat ciat

***Sa sungkua hawm na:***

– Sa nangpheek khai (*lu, lungtang bup, kalgeel,zelbup, tuapthem,gilpi,*

Sin,a gilkha kual khat)

– Innteeek nu sungkua namkim leep sak phot in, aomlai teng she 5 suah:

(1) Sanggam 6 na ciangin seh khat hawm.

(2) Pu 4na ciangin seh khat hawm.

(3) Tanu pi tengin she khat hawm.

(4) Siampi tengin seh khat leh angoi minsia kawnkhat, anaakbul sa baak khat, ahuai tawm khat.

(5) Tanu pi tengin salaak in she khat hawm.

Apheisa taak khat zong salaak mahin Tanu pi tengin hawm

**Lungpi Zuu**

Sa aih na sa a kihawm khit, sunlaitak a innteeek sa-aite leh sanggam leh tanuteng zu luup pen Lungpi zu(Sa-aihzu) kici hi.

Bithalaap naui ah innteeek te' aa bung (3) beel pi khat kiluup hi. Tua pan-a akizom tuangdung phei ah sanggam bul samal ngah teng-a kigual phei hi. Bithalaap nuai innteeek te-a panin innliim lam baangkua ciang tanu zu kigual hi.

Siampi pa in zu sia, nupi te'n taangteep, papi tengin leep, zu bawlte'n zunei te leh innteeak ateep sak khit ciangin, lungpi zu hawm dinga akiseh mi 2 in nautang ah hawm hi.

### Vaak Zuu

Innteeak sa-aite in vaak dinga adeih asa man mi12 teel in, saliang leh iik tawm seh 12 suah in hawm uh hi.

Vaak 12 te in zuu bung khat ciat la in, azu bawl sawlte in inntual ah taaki uh hi. Vaakzu taakteng gawmin, vaak 12 te alangah, sanggam le pute alang ah, gualtutu tuakin kituah uh hi.

Inntual a vaak zuu akineek laitak in, innka ah innteeak te' asahang zu bung(3) khat leh saizu bung (2) khat kiluup hi. Sahang zuu pen sahang man tengin sai-in hawm uh hi.

### Vaak (12)Te:

(1)Sai (sai) (2) Sahang(gial) (3) Cinghpi(Vuung) (4)Zangsial(sial)

(5)Vom(Buai) (6)Ngal (ngawk) (7) Sazuk (zual) (8)Vaphual (phual)

(9)Sakuh (siai) (10)Sazaw (zaw) (11)Siahnial(Nial) (12)Saza(Za)

Hih vaak (12) pen sa-ai pa asih ciangin sivui kuanah sanolh la abanban in kisa in, atawp na saza la (za-e)akisak laitak in siluang ki paipih in kivui hi.

Sun -a atung a zu-pi teng akineek sungin innka ah tangval teng daaklaam hi. Nitaak lovai ciangin siampi tengin siampi daaktum khawmin songkot in vial 3 pai hi. Tua zawh ciangin daaklaam teng alaam sain inn sungah tum hi. Inn sungah vaak-sala te kisa hi. Inn sungah innteeak te' luup phiitzu bel khat leh thusa sasem teng azu bel 4 kine hi.

Innsung pan sa-la teng a kisa khit ciangin, phiit tumsa in hong taangsuak phei-a, inntual leh innka kiimkot in laam hi. Tua laitak in Pu teng zuu inntual suangphah ah gualphei in naki luup hi. Pu-zuu neek sungin sa-late kisa kik hi. Khuavak dong sala te sa in kizan hak thei hi.

### Sahang Khim Na:

Sahang a kimat ciangin kimawk om theilo-sa sial khat peuh mah akhim kul hi. Tua pen Galngam leh Hangsai' panan kipan hi-a, akhim zolo te sahang in khem thei,ne thei mai hi.

Sahawmdan: (*Sahang khimnba sa pua ki paipih theilo, ne meek*)

-Liang khat -samal man pa'n (*Huan in a it teng tawh ne cip*)

-aom laiteng ahuan min zawh the seh thum suah in:

seh khat-sahang khimsa tengin ne meek hi.

seh nih –nautang in nemeek hi.

-sanaangpheek innteeek ki khai hi.

Samal manpa'n zubung (3) bel khat la in luup hi.

Innteeek in zuu bung (3) bel khat tawh na do hi.

### Gal Ai

Sa-aite in akheek leh ni-in Gal-aih na vok khat tawh hih thei hi. Tua in zunun sa-aih gal-aih zawnha leh, asih cianga gal la leh sakol la akisa theih nang hi.

Sahawm na leh zuuluupna:

-Liangkhat leh iik khat ta khia in gal le sakol vaak (2) in hawm hi.

-Adang teng sa aih n amah bangin kihawm hi.

-Zu zong sa aihna mah bangin kiluup hi.

-Inntual ah gal leh sakiol vaak te geel zu beel (2) kitaak in, sa-aih vaakzuu mah bangin kituah hi

-Innkaa ah galzu bung(3) innteeek in luupin galman tengin sai-in, Sai le sahang man teng pia masa in, kihawm hi.

\*Sanggam, Pu, Tanu mong dawnte' zuulaak beelte bungkhia in kigawm a, innteeek te'n adeihna peuh ah zang theih hi.

Nitak lovai ciangin siampi te in siampi daak tum in songkot uh hi. Tua zawh ciangin sunkim a innka adaak laamte innsung ah tum in, gal la te leh sakol lasa in, innteeek, te' luup phiiitzu beel khat leh thusa leh sasem te'n beel 4 ne uh hi.

Alasak zawh ciangin phiiit tumin taang suak hi. Inntual suangphah ah Pu zuu kigual akine hi. Zuu neek sungin gal la leh sakol la mah kisa kik hi.

### Khuai Ai

Khuai ai te asih ciangin pial a laang tunga kilum sak penl, tho hong dingin zutui phih in khuai kisam hi. Khuai hong pai in si bawk tho te pet lum in hong thei hi. Tua deihna leh khuaila sak theihna tungnun nangin khuai ki-ai hi. Khuai ai nuamte in khuaibu(*Tuunpi/ngaltheen*) khat suang phot hi. Phiiit bu khat, mal 12 sat hi. Khuai khau laam 50 heek hi. Meilah puak 5 bang kiging khol uh hi.

Tuuk khuado sagawh ding nitak (meivaak nitaak) in khua zang a ut khempeuh tawh khuamual ah kuan uh hi. Khuamual pan akhuai khau khungin,laam khat hal ah mi khat, meilah tensa lom khat ta de in om uh hi. Amasa tengin phiit le khuang tum inl, tua bang in khau len kawm leh meide sa in kizom ngiit ngeet in inn lam zuanin ciah uh hi. Lampi ah meel theih numei te in zuthawl tawh na dawn thei uh hi.

Inn atun ciangin mel theih te' laak zute inntual ah luup in, khuaila sa in kilaam hi. Innteeek te in vok khat go-a a om tengin ahih thei bangin kine meek hi.

#### **4.SIH NA**

Mikhat asih ciangin sivui hun ding, siluang koih tanding pen innteeek leh ule nauteng kikum in ani kiciangtan hi. Asihlai tak in, nia om lai leh tuani ni khat in kisim pah a, ni atum khit leh tuani kisim nawnlo hi. Si pen nikop cing kikoh nuam lo a, ni 3 pan a tung siah kikoh tampen hi.

Sihni in simai na innteeek in gan ahi-a, vok ahi zongkhat go thei hi. Innteeek in zubeel khat luup in Sanggam le Pu tengin zula hi.

**Simai sa hawm na (vok)**

**Sanggam - 1- Bultong Pu- 1- A ngawng**

2-Khanuai phal 1 2-Meizu(Meibaang)

3-Khanuai phal 1 3-pan meizu guh –

4-Meizu **Tanu-1-Bultong**

5-na pan meizu guh 2,3- Liangtong

4.5-Zaang

6 -pan aom bang.

#### **Si-Mai-An**

Simai an ci-in simai na sa phuukka, ngoi 1, tek 1 (Ciang bang) lehtaaksih lawh khat si lukhung ah valuui hi. Tawmvei acoh zawh ciangin lakik in tanu tengin hawm uh hi.

## Ni Nih Ni

Azing ciang ninih ni in Tanu tengin zuu bel khat ciat la-in kiluup hi.

Siluang om sung a lasak:

-A tong lote lasak ding kineih lo hi.

-Sa ai lo a Tong bekte zangta la kisa hi.

-Tong a sa-ai, Gal ai te, Zangta la, Sa la, Gal la te kisa hi.

\*hankuang din gleh kuul tawh pen tanu te'n tavuan hi.

\*Misi pen in tuu aneihleh, atuu te tengin zu bung khat bel tek tawh nitak khat

min zuu luup uh hi.

## Laang Khet Ni(*Si Pusuah Ni*)

Laangkhet ni pen avui niding ma nikhat ni hi-a, tuani zan in si kizan hahpih hi. Tua ni-in si a vui nuam sanggam leh pu teng in sivui nagan/ Vok go uh hi. Gn ahi leh misi te'n kigo in, saluang khiat teng apiak zawh ciangin, amau tan teng amau' inn ah ciahpih in hawm uh hi. Vok ahih leh amau' inn ah go in, saluang khiat teng nitak the azu tawh pauk hi.

Sagual gan gote'n a naangpheek seh nih suah in, misite leh sago te'n hawm hi. A lu leh acing khat misi te nusiat uh hi.

Saluang khiat in :Bulk hat, Liangkhat, Zaangkhat, iik bup, pia hi. Tua sung pan azing ciang si vui ni abul meizu (mei baanglo lam) la in, abultong agote'n tutphah in, ameizu misi te'n ngah hi.

Sagual go te'n amau' tanteng ahawm na:

**Sanggam -1-** Bultong (*meizu leh taak 2 la*) **Pu -1-** Liang(adawn tawm eu)

2-Zaang 2-meizu(*Tuilawi atan*)

3-Naak tang 3 3-pan meizu guh

4-pan sabaak. **Tanu-1-** Naaktang 3(Sg.3 te' alang)

2-pan naaktang 2 ciat

\*Vok ahih leh saluang khat:Bul 1, Liang 1, Lu, iik bup

### **Si Pu Suah**

Sivui ni ding ma nitak khuamial cil pawlin si ki pusuah hi. Si a ki pusuah ding ciangin siampi tengin zuutaak teekte' aa thawl 1, Pupite' a thawl 1,Tangpute' aa thawl 1, thawl 3 ne masa hi. Tua khit ciangin innsung pan siampi daak tumin hong pusuak a, thankuang zawn pen tanu tengin pua in, nupi tengin sikuang zui in, Papi teng minsial in thau lawn hi. Innka ah pusuah phei in, atong sialtang go ahih leh song 3 vei kiimkot in, sial kopgo ahih leh 9 vei kiimkot uh hi. Tuazawh ciangin innka lai ah kingaa hi.

Si pusuah man ciangin sialtang go ahih leh zu beel mai khat, sialkop go ahih leh zu phelta khat, bang kua te in siampi te luup hi.

Tua laitak in vuina sago tengin si mai-an pia hi. Tuateng intEEK te' tanu te'n khawm in, amau tengin hawm uh hi.

A nungta laite' thasap na in siampi khuangtum pa'n, azu neek ma in ak khat tawh phuisam hi. A aksa nelo-in kikhia-a, misi kikeng sak hi.

Tuazawh ciangin Pu zuu inntual suangphah ah gual in kiluup hi. (*Nidangin hih puzuuh pen taaksa in kitawi hi.*) Pupi te' bangin zutui taaksa taubeelsa khaap 9 nih peuhmah bangcikul hi. Ahih zong in azu leh a an haksatna leh ami kitam zaw ahawm cing nawnlo hihna tawh, ahoih zaw ding ci-in si pusuah zawh cingin Pu zu kibeele luup sak hi. Siampi khuang tumpa in Simpizu asiat khit ciangin Puzu sia hi. Puzu neek sungin Sihtawi la (Sialgawh ton simna) la kisa hi.

Puzuuh apeen zawh lup hun zan nai 10 pawl khawng ciangin tanu zuu luup kipan hi. Tanu zuu neek kawmin anuai a late abanban in kisa a innka si kilaam hi. Khuavaak dongin lasa in kizan hak a, Tanu zu apeen a kikhomkei leh, inntEEK te'n ahi zong, meeltheih khat peuh in a hi zong, laakbeh luup beh thei hi.

### ***La kisa tea ban ban in:***

-Zangta la,

-Lapi(*Naulak ahih leh Naulak lapi, Hatzaw ahihleh Zatzaw lapi*)

-Numei ahih leh Nuthaak la

-Pasal ahih leh Pasal la

-Pasal ahih leh Gal la

-Pasal galding phuuk ahih leh Gallu lap la.

-Sa a aih leh a aih zawhteng salate:

(*Sai, Sahang, Cingh, Zangsial, Vaphual, .....*)

-Hual la

-Dol la

-Sialkop go ahih leh Tungnun la,

(*Hih Tungnun lasak sungin huansung khawng ah pai in kilam thei hi. Huan a nate singno te asuk siat loh ding zuubeel tawh kitan thei hi.*)

### Si Vui Ni

Sivui ni in innteeek pan akawsah ding a teek gawhpi pen kigo hi. A tampen in kawsah pi in sial kigo thei hi. Hih sivui ni manhin Tanute' sung pan a avui nuamte in sihvuina sagual go uh hi.

*Kawsahpi sahawmna:*

Tanu 1-abul bit **Sanggam**-1-Bultong (*meizu leh taak 2 la*)

2-aliang 2-Innlak gawh liangkhat

3-aliang (Innlak a a om kei leh Naakbul 3)

4-azang 3-pan aom bang

5-azang

6-pan apang tan 2 zom

**Pu** 1-A ngawng **Thusa sasem** -Gawhpi pheisa taak khat leh

2-Innlak gawh a ngawng innlak pan a kigovaok iikgol

(*Innlak a aom kei leh ameizu*) khat

3-pan sabaak

Sagual gote: Saluang khiat pan a bul ah meizu lakhia in a bul tong agote pia. Vok ahih leh bultongleh iik khat pia.

Siampi sa in: Gawhpi naakbul 1, ahuai tawm 1, sungkua namkim, ngoi kawn 1 kipia hi.

Gawh pi sungkua hawm na:

Nangpheek khai in, seh (7) kisuh hi.

1-Innteeek tanu sabawl tengin seh khat

2-Sanggam tengin

3-Pu tengin

4-Tanu tengin

5-Tanu salaak

6-An guai huan (Tanute khat peuhpeuh)

7-Si mai an

### **Asin Tawi**

Angoi tum 1 leh utok, thung khat ah kiguan sak in, sivui a han a kiphum ding cingin,pupi in sehnih suahin vei ah khat, tak ah khat tawi sakin zutui phih in phuisam hi. "Na veilam a natawi natuah masak pia in la, Naulak lam a natawi na Pu puak in" ci-in mi si vaikhak hi.

### **Khun Sa**

Gawhpi iikbup leh sagual iikbup khempeuh gawm in, Sanggam, Pu leh Tanu zahzah in kiseh saat hi. Sanggam teng alang khat ah, pu le tanu teng alng khatah akikim in kigual sak hi. Amau'kisai pih ciangin innteeekte in zuubeek khat luup in siampi tengin a neek khit ciangin, siampi daaktum in, zantak a si pusuah a songkot bangin, khat veikot leuleu hi.

### **Khun Zuu**

Songkot zawh ciangin khunzoo ci-in sanggam teng zuu(Beh zuu) inntual kiimkot ah kigual in abulpi Bangkua te a bithalaap nuai suangphah pan kipan hi. Siampi pa'n zusia in, papi tengin leep in, zuu bawlin aneek zawh teh teektuah hi. Tua zawh teh Thusate'n zuneite leh alang aki saipih Pu (or) Tanu te' tuah hi.

Khunsa ding a sehnih ta ahen sa akikhai satante, zuubeel sim ah khai khat ciat kikhai sak hi. Tua sate Sanggam leh Pu/Tanute zuubawl te in amau' kisik sasan hawm uh hi. Sivui zawk ciangin zubawl khunsa ngahte in akhunsa neite a inn uh ah ciahpih in siatvat (hehnem) uh hi.

Thusa leh sasem tengin Phaitam lasak zawk nitum pawl ciangin, sivui zawk the inn sungah tuahin innteeke te vaakna in hehnep na in nei uh hi.

Khunzu neek sungin sihla, sala, gall ate sa in si kilaam hi. Nikai pawl ciangin Thantan la kisa hi. Thantan lasak zawk nitum pawl ciangin, innka pan inntual ah siluang tuahin Sanolh late abanbanin kisa a, atawp na saza lasak laitak in, vui dingin han lam ah kipai pih suak hi.

Sivui khit ciangin inntekte innsung kiluuut pih a, thusa sasem te' zuu hehnem in kivaak hi. Nitaak in nungak tangvalte hawhin lapeuh sa in va kinop bawlpikh hi. Sanggam, Pu, Tanu bul teng amauj' tanu, ule nau leh azu bawlte in ainn ciat uh ah ciahpih in, siatvat a, inn teekte'n asa sante uh huan uh hi.

Han Dal Ni:

Handal ni-in salu teng kikheuh in, nangpheeek khai teng tawh kihuan hi. Sanggam leh Pu tengin zuu kila hi. Innteeke te PUTHAAK ZUU beel khat luup uh hi.

Azing ciangin Tanute'n handal in beel khat tek la hi. Innteeke te'n tanu thaak zuu beel khat luup uh hi.

Theih ding:

-Aton kei leh ki pusuah lo-in, avui ding the insung pan kipaipih suak hi

-tonlo-a sa aih leh, siampi lo-in saila tawh kipusuah hi.

-Innka pan Sihtawi la kisa theilo in sala tengkisa hi. Sa nolh theih hi.

-tong a sa aih kei leh siampi tawh ki pusuah thei hi.si tawila sathei in, sala leh Sanolh la kisa thei lo hi.

-tong a sa ai lo te'n te'n simai ni'n vokno khat go in, zuu phel khat luup in Upate theisak hi.

-Tonglo, sa ai lo hinapi, abeh sung sanggam khat in ama' gawh le luup asim sak no;p leh, ama'n kawsahpi saat hi. Tua hi leh amah innteeke suakin panna neilo in,zuu le sa ama' inn apn mun le hawm ding bangin she in kihawm pah hi.

## **5.SA KI GAWH**

**Numei Sagawh**

Numei sagawh cihpen Pasal khatin a sangggam numeite agawh sate hi. Sa akigawh ding ciangin sa gawh ngah ding nu in Sagawh zuu ding bung 3 beel khat leh Tuukzoo thak nang bung 2 beel khat tawh kuan uh hi. A zute kitaak in aneek ding ciangin innteek te in ata, atu, asuan akhakte thu;pha pia hi.

ASa Khen: Keng-4, Pang-1 iik-1, khanuai-1, Sinphal -1, ngoi-1. Hih atung a sateng khen in, Zuu bung 3 beel khat leh saseeeng sin dingin puan ahi a sum ahi zong, khat peuhpeuh guan uh hi. Azu pen a satunna pan ne in, sasengsin pen numei akuan lamte zubawl tanu in ngah hi.

Sago, innteek te'n ah nangpheek teng khai in, tua lo teng huan ciim in, ahi thei bangin kine hi. Sangawng pen kibaak hi.

*Satun na pan sahawm na:*

-Keng tong(3) -Numei tanu lamte'n hawm hi.

-Kengtong(1) -Baangkua in tang hi.

-Meizu -Pupi

Asa gawh pen, agawh ngahte daipaam peuh ahih leh a innpi tun thei hi. Atutna te'n vokno khat bangin na aih sak thei hi. Aki aih leh, a aihna liang agawhte kipia in, tualo teng leh, sapi kihawm loteng huancium in kine hi.

Innpi Sagawh:

Mi Khat inntuan a akhawi avulh, a khawh atuk akicin ciangin inntuan sa innpi sa kigawh thei hi. Tua sagawh ni ciangin, tua inn tuanpa inntuan khia taktak hipan a, innpi panin neih le lam, inn mun logam, gamh hawm khia hi. Tuani a ahawm pen u le nau in theihpih in thu kip hi. Sagawh pen Gan ahi a, Vok ahi zong kigawh thei hi.

Innpi sagawh pen innpi te'n beel in kigawh hi. Bulkhat, lutang leh nangpheek kikhaw sak hi. Gan ahih leh abul khat sagawh tuakte' tanute in liang khat, sungkua khen khat, ngoi khen khat, sagawh ngahte leh iik bup zuu beel simsa inn kihawm hi. Tulo teng, aom tengin kine cip hi.

Sungh Sagawh:

Mi khatin zi nei a inn suang a tu le ta aneih ciangin, asungh te sagawh thei hi. Zuhawm sahawmna pen innpi sagawh tawh kibang hi. Sungh sagawh pen Sungh te'n ah zuanin kigawh hi.

## **6.ZO NGEINA VANZAT TE**

Pute Pate' Biak Inndawi Namte (Dawi Thoih Namte)

- (1) Pusa dawi (2) Huan dawi (3) Khansang dawi  
(4) Sumtawng dawi (5) Khakham dawi (6) Naupang dawi  
(7) Siam thoih (8) Kaih (9) Pulen  
(10) Kikhakhup (11) Ki-mit-et (12) Lingnanna  
(13) Baangtung (14) Mei dawi (15) Kongsak ankha  
(16) Kau peh (17) Ngil (18) Ciampal  
(19) Si-an-siah (20) Dawisia (21) Sial dawi  
(22) Bangkuahon (23) Khuksia (24) Kongsangdawi  
(25) Tual dawi

Gam dawi Namte

- (1) Gampi dawi (2) Luilam dawi (3) Gun dawi  
(4) Lo dawi (5) Kalzangdawi (6) Singsia dawi  
(7) Kongpi hon (8) Mual dawi

Dawi Thoihna-a Kizang Thei Ganhingte

- (1) Ak (2) Ui (3) Vok  
(4) Keel (5) Ai-sa (6) Sial

Dawi Thoihna-a Kizang Vante

1.Sialsawl 2.Sesing 3.Sialnuh sawl

4.Gua 5.Vomh khau 6.Naang paan

7.Tuaitung 8.Sial-luang 9.Kaiteem

10.Phaipi 11.Aisa guh 12.Nga guh

13.Toktoll 14.Aikanglo 15.Khimpi

16.Kaaiciin 17.Peeng 18.Aisan

19.Sutzo 20.Guapiteh 21.Khuaipinun

22.Khiangsing 23.Vaguhsing 24.Ngalbu-lo

25.Mualkham 26. Kanval 27.Linggaui

28.Bepi-tang 29.Mawngteh 30.Sising-tang

31.Tung-man(Buan) 32.Khau (san/vom)

Pute Pate In Zatui-a Azat Theih Uh Vante

1.Zuha 2. Ai namkim 3. Sing(Siing)

4.Tuibuuuk 5.Khuaizu 6.Ui-sii( Sisan)

7.Ngau si 8.Sazuk-kidawng 9.Vom-sinkha

10.Zangsa 11.Saam-Sinkha 12.Za-ek

13.Zo-zu 14.Innkhang

Mi Tampi Kihel Theihna Laam Namte

1.Laamvui 2. Laamsai 3. Phitlaam

2.Dak laam 5. Sazawngpheikhai 6. Sawngsiik

3. Khawkhai 8. Saipi khuksu 9. La-tawm-laam

10.Khangtunglaam 11.Sungluh laaam 12.Tualtun laam

13.Siampi laam 14.Laampak/Pahlam 15.Khuangpi laam

16.Suktua laam 15.khual laam 16.Palap laam

19.Cingkhup le Ngambawm laam

Mi Khat Bek Tanglaam Namte

1. Ailawng laam 2.Lumsuih 3.Phitlaam
2. Tomu laam 5. Suklep laam 6. Gualkhawl laam

Zo Ngeina La Nam te (a-aw-kaih zuih)

1. Akaihna la aw 2. Anawhna la aw 3. Khupna la aw
2. Ton la aw 5. Gaal la aw 6. Khuado la aw
3. Pule pa'la 8. Zola 9 Zawl la ( La Awi)

Sih Cianga Akisa La Te (Sih-la)

1. Sihtawi la 2. Zangta la 3. Munzangla
2. Innveel la 5. Nu- khak la 6. Khuado la aw
3. Vontawi la 8. Sanggah la 9. Nau-awih la
4. Sanolh late nam (12)
5. Sai -Vui 2. Zangsial -Sial

3.Cinghpi -Vuung 4. Sahang -Gial

5.Vompi -Buai 6. Ngal -Ngawk

7. Sakuh -Suai 8. Sanang -Nang
8. Sazaw -Zaw 10.Saza -Za

11.Vaphual -Phual 12. Siahnial -Nial

Gal La (Lazek) te

1. Galla kaihna 2 Galla nawhna
- 3.Gallu lap la 4. Galkheemna

Sa La Te

1. Sai la 2. Cinghpi la 3. Sial la(Gamsial la)
  2. Innsial la 5. Zangsial la 6.Sagial la
- 7.Sawng la 8. Sakol la 9. Vaphualla

Ton La Te

1.Ton lapi 2. Songla 3. Inntam la

4.Sialhawl la 5.Tonko la

Tungnun La Te

1. Tungnun Lapi 2.Gawhtuan la 3. Dol la 4. Hual la  
La Tuamtuam Te

1. Zola 2. Zawl la 3. Ailawng la  
4.Thado- Kuki la 5. Vaiphei la 6. Phiit la

7. Lamsai la 8. Daak la 9. Khawkhai la  
8. Tongkim la 11.Salukan la 12.Lumsuih la  
13.Gualngaih la 14. Khuai la 15.Khuado la

16. Tuibung la 17.Hanla  
Tum TheihTuamtuam Te

1.khuang 2. Zam 3.Sialkii.  
4.Daak 5.Daktal 6. Phiit

7.Namsau 8.Teipi 9. Lum  
10.Thau 11.Guasem 12.Daltuah  
13.Kilong 14.Tamngai 15.Dingdong  
16.Akgia,Sonkai,Tukpaak 17. Liamlo 18.Lawinget(pengkul)

#### **Vanzat Tuamtuam Te**

(1) Tu le hei  
-Tu -Tupeek -Tuzum -Sikpum -Kawbia -Kuangtu

-Tem -Temptapi -kawngtem -Namsau -TEmtawng -Heipi heita

(2) Lawh le Ciang  
-Lawhta -Lawhbeu -Lawhkhuk -Haai -Beem -Khum  
-Seng -Bawmta -Bawmpeek -Seu -Leel -Ciangpi(Sa-  
ngkia)

-Paipel -Keubawm -Bawmpi

(3) Um Leh Bel

-Uum -Tui um -Ngaugthawl -Theei -An Um -Dawn

-Taubel -Pulungbel -Zu-um -Keu -An bel -Leibel

-Nganbel -Thambel -Belngum

-Zabel -Belpeu(pei)

(4) Nik ten Puan silh

-Puanbu -Tualpuanza -Tualpuan-ak(angki)-Tualpuan

-Niksing,(Nik/vom/san-Puandum -Puanlaisan -Sialsutpuan

-Dialtuamtuaam -Tangcing -Bombi -Mawngkhak(thei-

theek,mokthak

-Mongvom -Khephiau

(5) Siamsin vante

1. Patkol 2. Muitung 3.Muiphei 4.Siambu

2. Pathal 6. Khaukhnawna 7.Siksekna-pum 8.Dummui

9.Sek 10.Suangtat 11.Suum 12.Sukpum

13. Kuangzawn 14. Ankuang

**Kimawl Na A Tuamtuam**

1.Sungthai 2.Singlam 3.Sikh-ling

4.Sapi-umtuah 5. Gatangkap 6.Kanteh

7.Bukteh 8.Seningmaw 9.Phaithai

10.Luai 11.Ta-ci-tek 12.Tuktuan

13.Siallei-gatang 14.Puanseel 15.Khaukisut  
16.Seng 17.Sial-ki-li-leh 18.Suktum-thalthawh  
19.Zuhei-sukkum 20.Mialzawt 21.Cikpi-meikai  
22.Zawngtuitawi 23.Musane 24.Sikh-kik-bawk  
25.peuliip 26. Suktuan 27.Ling-kineih  
28.Teengta-kineih 29.kibuan(zakbal, Uipitut, 30.Ki taiteh  
lupbial, kizutang'bawh)  
31.Ciangtang sat 32.Thaukap 33.Leilam kan  
34.Suanglot 35.ThalkapgThallii/Thaltang 36.Sakol tungtuan taikidem

### Gal Hiam

1.Sailii 2. Thal 9Thallii/Thaltang 3.Hei,Temptawng  
4.Namsau 5.Tupithau 6.Zothau(Holland)  
7.Tei 8. Lum 9. Ciangkhut  
10.Za ip tem, 11.Sakhau 12.Zangsial kii(thauvui guan  
kawngtem na  
13.Tong kalang 14.Thau kapteh um 15.Thauvui nel um(Tungki,um  
thei)  
16.Thautang(azawl, abem) a tangsi (tawhnen)

### Tehna Namte

A gik teh na pen khai, puak cih tawh ki teh a.  
A phazah pen nuai-a bangin kiteh hi.

Sip 4 -Mikah 1

Mikah2 -Pota 1

Pota2 -Lawh 1

Lawh 2 -Haai 1

Haai 2 -Seng 1

Seng 10 -Beem 1

Beem 10 -Pang 1

Zulup pen anuai-a bangin kisim hi:

Kaubeltung(tawnta)

Beltung

Siatvatbeel

Beelman

Phel(ta+pi)

Bung khat + nih, thum beel (khauvawh bel)

Saibel

### **Kiciam Na**

Kiciamnate (ကြိုင် ၁။ ၂။ ၃။)

1. Suangpet
2. Tuisiadawn
3. Tuikulluh

Kihaamsiatnate (အော်မြန်မာ ၁။ ၂။ ၃။)

1. Phak le lol
  2. Humpi sahang vompi peh/phuai
  3. Keekden
  4. Khansih (dawnsih), pulsih, sihsia.....

Kiluut kilepna (အ ဗိုလ်ချုပ်မြို့၏ ရွှေးကြော်မြို့၏ သွန်းသွန်းလွှာ)၊

## 1. Sagiltat(sisan lui)

kamciamna( က ထ တ ိ ။ တ ိ ပ ပ ိ မ ။ ခ ံ း ။)

1. Saban
  2. Sathal dawt
  3. Zuhaak teep
  4. Sial meitawh kisat, sialmit deng

Mo Man

(Kiteenna Mo Man a kipia thei teng)

- 1 Manpi -Sial 1 pan 10 dong (Sial 1 Ks 50.00)
  2. Lam taam -Sum 2/- pan 6/- (Baangkua te ngah)
  3. Kaan Man -Sum 10/- pan 30/- (Akaan – au nu aa ding )
  4. Angkhen man -Sum6/- pan 10/- (A luppih pen in ngah)
  5. Pu Man -Sum2/- (Pupi in ngah)
  6. Min man -sum2/- (amin tappih in ngah)
  7. Zaangdawh -sum1/- (Tuulpi pa ngah)
  8. Mualkhup man -sum6/-pan 10/- (Khuadang pai ahih leh)
  9. Nu man -sum10/- (or) Puanza(A nu a ding)
  10. Tampi/Tamdawl -sum4/- pan 30/- (Behte aa ding)
  - 11 Sawmkhakna -sum10/- or Zubel 1 (Sawmgiahpihte khakna)
  12. Sasengpua -sum 1/- (Thusapa)
  13. Moliah -sum 25/- or 50/- (Akikhen leh pia kik)

## Mo Van Ken Namte (*Numei lem Pan*)

Seeng -1

Hei -1

Tu -1

Puanbu/Puandum \*

Khi-awh, Taubuh \*

Beelsuan \*

Zam \*

Vokthau biing \*

Sasengsin \*

Khuasaat Na

1. Hausa -1 (Upa inn 10 teh khat)
2. Mičim (thu le la thei) -1
3. siampi pawl - \* Tual teek siampi-1

\*Dawisa-1

\*Khuangtum-1

\*Daak tum -3

(4) Khaici len -1

(5) Sikseek -1

(6) Tangko -1

(7) Siam (Na'ng) Phan -1

NB: Hiteng akimn leh aisan phot in, ai aphat leh khua sat thei hi.

Innsung Panmun (Inn-dongta)Seh na

1.Tuulpi (Beh zui in ga kuam bup vaan)

2.Behte (Pasal lam pan beh le phungte)

3.Pute (Numei lam pan sungh le pute)

4.Tanute (Tanu numei lam naseem dingte)

5.Nuphal (Zite sanggam numeite)

6.Thusate (Behsung leh Veng sung pan vaihawm ding 2)

7.Sasemte (Sahawm dingte a at, a sem ding deih teel 2)

8.Zawl ( I lawm it )

Sih Cianga dial Kikhai Te

1.Sai Simna-a kaang

2.Sahang simna-asan

3.Cinghpi+zangsial simna-avom

4.Vaphual simna-a vomtunga a kang gial

5.Tang 100 simna-Naangpukphan

6.Gal ai simna-asan teepnei leh mu kha veng

7.Samualsuah peuhmah simna- sawmkai kuitung

Theih ding:

Zomite' biakna paaina, zatui zaha, laamna, thu le la, van nazat leh kimawl na dan a kipan anamkima in I pu I pate in a naneihs uh ahi hi. I mun le I gam tek pan I zat dan le a thu a cingin kan kik tek le hang, minam bulk hat i hihna, Pasian' Thupha piakte i hihna tel in, I mangsiam semsem ding hi.

By Cin Lian Sum

#### **IV.NAULAK DIM NGEINA LAPITE**

##### **1 NAULAK BEH LAPI TE**

###### **(A) Pu El Thuam Lapi**

1.Miim bangpianna, laituivang khua, Sihkhuk in mangbang bawm e,

Sihkhuk in mangbang bawm e, Huisa in dai bang pial e

2. Miim bang pianna seino gual aw, Lunta'n sibang sawmta e

Lun aw saibang nong sawm kum in, Saunenah tul suang ing e

3. Kaltui lunlai mizathumten, vakhuaibang hong phulta e,

Vakhuaiibang hong phulta e, kum khal in dai bang neek (pial) e,

4. Giltuamkhumbang huang a nongkhiat, Vakhuai sanglah hang zaw'ng e,

Valkhuaisang lah hangzaw'ng e, Kimpih aw hong leel lo aw,

5. Ka minpawh nibang lun e, Thuamtangah min kisang e,

Thuamtangah min kisang e, simlei ah zil kisang(tanang) e,

6. Thuam ii vontawi vannuaisiah ah Alsi bang zen nuam ing e,

Alsi bangzen nuam ing e, Zatang bang pawi nuam ing e,

7. Hongdemlo aw khua kim gual aw, thuam vontawi zata suah'ng e,

Thuamvontawi zata suah'ng e, Mualcin minlo ciat ing e,

1. Ka inn thangah sihkhuk om e, Ka inn zangah kenliang om e,

Ka innzangah kenliang aw e, zang a khuapi-in bawm e,

2. Ka lam aw tungpipen aw, Tongtong lam aw tung pipen aw,

Sang leh Lalmangka kaih na aw, Tongtong lam aw phei dildial aw,

10.Ka lam aw phei dil dial aw, hawp lam aw phei dildial aw,

Mim leh sawm tang kakaih na aw, Hawp lam aw phei dildial aw,

11.Hawpguam kuam a Zonun damtui, na luan siamna lei hiam aw,

Na luan siamna lei hiam aw, Zu lamh ka diah na hi e,

12.Phualva tuanna zangdolcial aw, Lenpal in ciang ning cing e,

Lenpal in ciang ning ciang e, Tanglungtup tung man lo e,

13.Lentusunga hualpi aw e, kawl hei tawi-in vala'ng e,

Kawlhei tawi-in va la'nge, Cial in dawh in zaa na e;

14.Zuakankong a gam thek thei aw, Tun in dumpuan a ban na;

Tun ii dumpuan a banna, Zua ii ciandal a khai na,

15.Zo nun ka sih khuk aw ka sih khuk sial in zuan;

Kasih khuk sialin zuan, ka ken kong khuai in bawm.

16.Lal hing kai ingh ka pahtang ah heenkol bulh naubangkap,

Sang kep ingh e nahn sing nuai ah sang tunnu nau bangkap.

17.Lal hang nusakna lia teng ning hai, tangin khua mual ah khawl e,

Ning hail eh na seino gual tawh,khumual muizil zial ungh e.

18.Dai teng lal tang ka nan na aw lunleileh siallum thuah'ng e,

Lun lei leh siallum thuanh'ng, khuang suan mual ki tawi sang e,

19.Leido pal bang ka nan na aw khua kiim ah kan to ing;

Khua kim ah kan to ingh kido zan sial bang lian e,

20.Ka khua mual pin lumbang sung e tanglal theh in tang bang a tawi;

Dimtui khua mual kitawi tungah ngau gal i lu ka lel naw aw.

*A Khupna:*

21. Tongtong nuai a khua aw e, kua khu ahiam, lai aw ei vangkhua hi e , nibang lun e,

Lai aw ei vang khua hi e, Nibang lun, Lallu suan na, khua mualgising nem

Veh e;

22.Ka zam luan ging dildil e, mual tawn ve'n, Hultui(tultui) a ka nutun aw, na

ngai veaw, Hultui a ka nutun aw nazak(ngaiho a leh ka von zam luang hi na

nacici nam aw e.

23.Khua kim a mi apau te'n (tha vang el te'n) el ii suanteng, gil al bang mang aw ci e,

El ii suan teng gil al bang mang dingin alawmlo, Tung Pasian in hual nam

Bang hek sa hi e;

El Thuam daak la;

24.Thuam ii tute sakamkei bangngial leido a liat sial in,

Saituitate'n lumsuangbang beel e;

Note:No.5 na la in Thuammual min Pu El Thuam' Phuak ahihna kilang sak hi. No.6,7, 23, te in suanphat ding alunggulh na, along muanna(muhkhohlha vision) la te ahi hi. No.3,4na late-in Kalzang Hausa te tawh khan kituak cih na hi hi.

**(B) Pu Go Kim leh Pu Vungh tong Lapi;**

(Asuan a khak te in Naulak beh lapi in zang hi.)

1. (a) Kei ei eng aw Khuakim a ei sawm, bat lah k aneilo aa, sung innah al bang that ning ci e.  
(b) Kim ii zuapa gal leh sa in sawm, saitui a ciantualah lumsuang in phut ing.

2. (a) Sau innpha leh pahtang zathuah ing, kimpiah leh phung namlai ah e, kei mah tum, te'n tangbang theeng ee.

(b)Leido a nuhsial saitui a ciantualah lumsuangin phut ing.

3. (a) Thnggunpi kan in lel tangh, phaibuk nuai ah phutsial kasut , kei ei sawm-tangbang the'ng

(b) Si leh hing lak maisuan tang' khuangdiing lam a namtem katawi, hanmin kasial hi e;

1. (a) tongh ii nuai ah ciin tawh khuava sang, tangsial ka sutnaan nei tah e;

sangkap leh laihen in tung nung ee;

(b) Thuam ii tusuan sakam keei ii suan, mawngbang peem lawibang ka thang hi ee;

5. (a) Khua zim a leh khua phual a mi aw, Thuamlai bang hong ki dodo lo aw,

(b) Thuamlai bang ki do do lo aw, sawm in cing la'ng ee.

6. (a) ka von Vungh aw, khua na ngailo aw, na sua lah tumbang guaitangh e,

sau nih thum buan bangtuang nu'ng siang ee.

(b) Vangkhuazon leh ngalpa puan bangthua'ng, laambangpaak ding ka tuai

lia nu umbangkhuai veng ee;

7.(a) Ka lamh aw e, guabanghing ve aw, thakiat mawh a, tungvangkhua ii siam;

(b) Tha kiat mawh a tungvang khua iii siam, laitawi mawh in, gua bang hing e

aw.

8.(a) Ka lal leido a tong sia lawm lawm, zingin geldawnbang kituak leng,

pasal a hang khuangbang kai lo leeng"

(b) Ciau kuam pan tuibang la ing, tuaitang pa aw, namtemka tawi, mai bang

zut gaamsak ee;

9.(a) Zuagam loah khuvano ka hawi hi e, khuvano kamkeei kasuak sakngawn hi

e;

(b) Khuvano kaamkei kasuaksak ngawn hi e, zuagamlo sansi kazelsak ngawn

hi ee.

### (C) Pu Luh Song La Pi

1.Ka tup tak in zangta man leng ci'ng, zngta lah man ta nang e,

Ka tuai laizaom umbang khuai ing e.

\*Sau inn sia leh nuhthaai pham tan tah, albang ka mang ding sang e

laikhun ah naubang ka kap hi e.

2.Mi sing ii ta nuhthaai in la'ng e, nua ciang lianlo kho e, tunbg ciang setang beem

saal in sia'ng

\*Phel gua tawi lo sang deih teel na'ng e,

hang kisa buai vom a min thang tawh, khua mual a min thei ka lo hi e.

3.Nawh suk tang nawhto tang e, pusial nuai ah hang kisa buaivom mul khu'ng,

pusial nuai ah man tazeel ung'e

\*Khuamual gii sing ahiang zau sing seng, lallu suanna'n bei e,

nuai ah holsuang zah'n a vuum hi.

#### (D) Sagial La (Humpi, Sahang)

1.Ciin tawh kumlo ciau dung zuiing, thuam vum ah khua sat ing e.

Thuam ii tate sakam kei bang gial, leido a nuhsial in saitui cial tuang lumsuang

in phut ing.

2.Tangta al bang ka keuhna aw, ka khua mun lui om nah ee.

Gunlui mi zathum lai ah phui gua bang akhup hi veng e, tangta theu luangin zeel

ee.

3.Sak enleng sik khuk aw e,khang en leng ken liang aw e.

ka sih khuk sial in zuan e, ka ken liang khuai in bawm e.

#### (E)PU Mun Luah La Pi

Pu, Munluah Kalzangah teng a, Tuingo, Tuicingh, Tehtuah, Vangzang gam teng gam in na nei hi. sila zong nei a, Khuai siah zong na kai hi. Dimpi khua Pu, El Thuam khangma in, nauzaw innluah na zang hi. Pu Munluah in, gam nei-in, mun leh gam teng na luah hi.

***Munluah Lapi Te:***

1.(a) Khua sang e, Khua sang e, vangzangah ,vang khua sang ee;

(b) vangzangah mungbang phuttang ee, Suangtuiah vang khua sang e;

2.(a) K awh khi tawh kaciandal tawh, luahkhawmang in om in ee,

(b) Lai alum suang bang kapo a, luahkhawmang in om in ee;

3.(a) Khuasakah kenliangkoih tang e, khua kangah sihkhu koih tang;

(b)Kasikhuk sial in zuan e, ka kenliang khuai in bawm ee;

4.(a)Kasak muaitui kaaizawl tang e, pahtangah zin bangtut ee;

(b) Pahtangah zinbangtut tang e, hanning neknan hawm thaw'ng ee;

5.(a)Ka do suangsanah that tang, zangmang a hing in kai tang e,

(b)Zangmang a hing in kai tahe, sesum deih tuang hong sut e.

6.(a)Kei ka tun leh ka zua in e, Aisa lungah gulh hi ee;

(b)Aisa lungah gulh tah a, zang tawi lawm ho cing sake e;

7.(a)Selgaw dawhpahtang tungah e, ciandal patbang sai ing ee;

(b) Sangleh laal mang kasuah na aw, kotkawl hansuang in daw'ng ee;

8.(a)Lal deih ing e, thangmual zui ing, asau laiah thilmubang zam ee;

(b)A saulaiah thilmubang zaam e, sun nikaaiman sualgua ang zaam ee;

**(F) Pu Zil-Om La Pi**

1.(a)Kazua sumtual tukawl aka zik tang sial moh sun leng ka ci; sa vang el ten pel

aw ci, pam a gual en na om lo;

(b)Sai tawh ka lung tup hi kiang ah sausa in ka zun zo hi e;

2.(a)Ciin sum koih sum in ka pau ci, ih tung se-al nuai ah ciin hen le tuai hen sawl

bang kaai e;

(b)Phuiva lo tang gising zing nuaiah ngotui a she tak ah,

zua min hai thei bang ka lo hi e;

3.(a)Phung ka deih man sesum sawl bang pha'ng sesum lah zin in,

hen kol hong bulh phung aw hawm in taan in ee;

(b)Phung aw cing e, ka ning zu aw cing, ka ning zu lah tung lah tah,

phung aw hawm in taan in ee;

### Lamla

1.(a) Dawng hong hon dawng hong hon aw, nulnu aw dawng hong hon aw,

(b) Ih tung solkha sun ni tawh kim nulnu aw dawng hong hon aw,

2.(a)Ih tung khangvan ka et leh alsi bei mawh sa bei mawh;

(b)Hau ih sung inn ka et leh ningzu bei mawh sa bei mawh;

3.(a)Njunbang nop leh al bangdah gibing khen ding, lengvan asi laukha lungzuang

ding hi e;

(b)Phat lung suan na hi lo a, seino gual aw, seino gual aw, tuan apupa heisiam

dungzilh hi ci vua;

### Tangsukla

1.(a)Zu hong pia zu hong pia aw, sawmsuan ten zu hong pia aw;

(b)Sa hong pia sa hong pia aw, voksa thau hong pia aw;

2.(a) Nong awi nam nong awi naam aw, khuum pi aw nong awi naam aw;

(b)Khumpi aw nong awi nam aw, nu le pa in Siam ve aw;

3.(a)Ka khua nap ha nap ha aw, munzang napha na pha aw;

**Mualla**

1.(a)Vavum in gee, va vum in gee, ciin khua mual va vum in gee;

(b) Ciin mang te ngau no aw; khua mual beemtang bang vum ee;

**(A)Ton La Pi**

1.(a) Ka ton khuang aw thangzawm aw e, ka han khuang aw thangzawn aw,

(b) Ton khuang le han khuang thuah tang e mual ii hem a thang aw e,

2.(a) Khua mual a lensing aw e, ngau zu a ka laak aw e,

(b) Ngau zuu aka laak aw e, gamsing bang mang thong aw e;

3.(a) Ka khua mual aw/na vum aw e, sing khua mual aw na vum aw;

(b) Ciin Haute' ngauzu twain aw, Khua mual beemtang bang vum aw;

4.(a)Lung aa ih tup seino gual aw, lengsesing phung cing sang ee;

(b)Lensesing phungcingsaveng e, sumtual buanciim kaisang ee;

5.(a) Lensesing le Dai teng phui gua, kop in sumtual ah siang ee;

(b) Tul mawh hen aw khuakim gen ding, zolei tulpaan kaai hen aw;

6.(a)Theibang sen a lung aka tup, daitengphuigua a khankuui ngiil ngeel e,

(b) Daiteng phugua akhan kuingiilngeel, Kotkawl a suan mawngneel kaai ziil zeel;

7.(a) Ka sumtual aphuigua lum zem aw, mauki honna te nasa hiam aw;

(b) Mauki hon n ate lah hilo, Kawitawh laukha ka hual na hi e;

8.(a)Tungpinpen tungpinpen, kalam aw tung pinpen aw;

(b) Mim le sawmtang ka puakna aw, ka lam aw tungpinpipen aw;

9.(a) Vui vit viat vuivit viat aw e, ka lam aw vui vit viat aw;

(b) Zuksial za leng ka kaihna aw, ka lam aw vuivit viat aw;

10.(a) Ka sumtualah sim singgil phut ing, simsinggil phut sawmsial in sii ee;

(b) Ka pahtangah lailen hongtuang e, Lai len tuang e miza in bawm ee;

11. (a) Ka sumtual tamdiu deu e, sial ii zahna, ka pahtang tamdiu deu e, taang ii laalna;

(b) Sumtual tamdiudeu tungah e, lia leh tang aw, daitengphui gua ka suanloh a

meeng aw ee;

12.(a) Ka sial aw pikang aw e, na kitangsawm ka lapna hi ee;

(b) Na kii tangsawm ka lapna hi e, nap haw tualgal ka do na hi ee;

13.(a) Ka gal a sial kua sial hiam,zangta khau khih le kei ma sial hi ee;

(b) Ka gal a tang kua ii tang hiam aw, kawltu pam pampaih leh kei ma' tang hi e

14.(a) Sial om e, sial om e, thangtui piau ah sigal om e sial om ee;

(b) Tang om e tang om e, gamdawh nemmah tang om e tang om ee;

15.(a) ka laak ii nuaiah setal vomkual e, thai tawh ka lam ee;

(b) Thai tawh ka lam e, sumtualah siang e, miza in bawm ee.

16.(a) Sial aw ki sii ki sii aw e, a sih zangah ki sii aw sial aw e;

(b) A sihzangah kisii inla, talvom leh talking ki sii aw sial aw e;

- 17.(a) Khangnem nuaiah tulta hiang bangzau, tun aw e na lung tup;  
(b) Tun aw e, na lungtup, sumtualah tuu bang ka suan hi ee aw;
- 18.(a) Sumtual tangsial ngul lup niin e, vang le laizom ngai in gee;  
(b) Vang le lai zom ngai ing, tuai tuum tangpa ngai in gee;
- 19.(a) Sial aw ka lam lohpi-in e, sial ii ki mah tum ing e;  
(b) Tang aw ka khawh loh pi-in e, tang ii zu mah tee ping ee;
- 20.(a) Sial ka lam sial ka lam aw e, thai zawn tawh sial ka lam aw ee;  
(b) Ngul lup kul ka khual na aw, vang leh laizom ngai ing ee.
- 21.(a) Ka sum tual ah tang sial lian lum e, phungin bawm e mi za in bawm ee.  
(b) Phungin bawm e miza in bawm e, gua suang pallun e miza in bawm ee.
- 22.(a) Zua ton mung le zua han mung aw, zang huih khi hong sem lo aw ee.  
(b) Zanghuih khi hong sem lo aw, kawi tawh lau kha ka hual na hi ee.
- 23.(a) Sial aw lam aw, sumtual nuam e sial aw lam aw ee.  
(b) Tang aw lam aw, pahtang nuam e, tang aw lam aw ee.
- (B) Song La**
- 1.(a) Pahtangtam diudeu tung katuan leh, tulsing in vundehi tawi e, phui gua hi ee;  
(b) Phuigua hawmtel sang ding aw tuai lia nu aw, a kop in suailung na tai, tai ei  
maw ee;
- 2.(a) Tomkhuang bawl in ciin leh tuai ka sawlsangin leeng van a si laukha aw nong  
zoo ve aw;  
(b) Leng van a si laukha awnong zoo mawh leh, mualhem a tuai tum no aw, hong

zoo ve aw;

3.(a) Ka khua tongtong ii nuai ah kua khua hiam, tui aw ih vang khua hi ee; ni bang lun ee;

(b) Tuai aw na vang khua hi ee ni bang lun ee; manglu tuan na khuamual gising nem veh ee;

4.(a) Ka khua paam a mual in sung e, guam in sung, taaiteh gam mawh khua hi e, khua liap hi ee;

(b) Taiteh gammawh khua hi e, khua liap hi, sulkha khaimubang kilam hong tang nawn ee;

5.(a) lensesing aw na khanguitang bangpha e; ningbeellian leh sawmsialin tui bang la'ng ee;

(b) Ningbel lian leh sawmsialin tuibang laang e, lunglau lo aw, thaan gia bang zuun veng ee;

6.(a) Mual lui khua leh Mual thak khua galsial bang kidon,tuai aw thak khua beel tuibang so lua sang ee;

(b) Dimtui ih tuanglam laiah gamtulta aw, sang kap simna zang sakamkeei gial bang ee;

7.(a) Tom khuang pawh zoo nuam ing e, ka gual lai ah ka besam in, gam a thal paan duangsuun ee;

(b) Ka besam in gam a thalpaan duang sun e, ka silhpuanin gam anah neu dung sun ee;

8.(a) Kakhua tutawm ka daitengah,tuinaal gua aw, ka ton sawl leh ka hansawl a bei

aw ee;

(b) Ka tonsawlo leh ka hansawl a bei aw, tonsawl han sawl sabuai vom giah nang

pha ee;

9.(a) Mi a hang a ei zong tualah zin bangtha e,nang bang hong heekdawh tuangah

Nau bang kap ee;

(b) Dawhtuang anau bang na kah, ka hawm thawhah, kapah tangah tangni sa ka

el sak ee;

10.(a) Do aw na minthang veh aw, khua van nuaiah,zang aphualva ih kiangah hong

tuangta aw;

(b) Zang a phualva ih kiangah hong tuangta e, laimi hen bangpahtangtui bang

sang ee;

**(C) Phaitam La**

1.(a) Ka phaitam a kawlbe kang keel in ne, beng ta ve lusuang te,

( b) Beng t eve lusuangte, ka phai tam a kawlbe kang keel in nee;

2.(a) Ka phai tam a phitu pak, quite tangval in bawm ee;

(b) Guite tangvang namtemtawil, a vei tawi hiam tak tawi hiam;

3.(a) Ka lo lai a suangpipo, a vak bual e sial bual ee;

(b) A vok bual e, sial bual e, tum taak sih tawh lom khawm ee;

4.(a) Ka huanthang a tang anah aw, sun in laam cia zan in laam cia tangnah aw,

(b) Tangh nah aw kei ka laam leh ningzu ne a tai ciang a ka laam ee;

5.(a) Lo taw pa ka va pat leh, miim leh tang inn sung dim ee;

(b) Thai iii tu kawl tawi lo leng ih ci ve le ci'ng ee;

6.(a) Kalo a thei tap o, a kum in thei ta hong thei;

(b) A kum in thei ta hong thei, sokbang san na ngiikngiak ee;

7.(a) Ciah ning ka cih ka ciah na, om ning ka cih ka om na;

(b) Ciah leng om leng bang sam diam, inn ah ka ngaih om hi ee;

8.(a) Luai leng aw ka bah, ka sing phongsa luai leng aw ka bah;

(b) Lia awi aw ka cih, thantha vom leh lia aw ka cih ka ci;

### 3.GAL LA TE

#### *(A) Gal La Kaihna(Pasal)*

1.(a) Kuansuk tang e, luipi dungzui ing, ka khang a sihpiauah leido phaibi bang ka

zial hi ee;

(b) Kawlni suak e sumlu lai lawng e, ka khua kaltui tungah do sumlu beel bang ka

suang hi ee;

2.(a) Kilzang ka do sa vungvung, saukuam nuaiah namtem katawi, lak nuai do kei

hing ee;

(b) Zan khat in khua kua suan ing mangteng that ing khuaphei lamah, suangzang

ah lee ting ee;

3.(a) Laltang daisa nung leh makhak ing, gual in lum bang sung e, han leh lui tui

bang ka gawm hi ee;

(b) Ka han thang lawm lawm zubang k momlai in, sunni tawh lawi bang ka thang

hi ee;

4.(a) Lalthang hangsul a leh tangh kasial lumtawh nah singnuaiah sumlu khai zel  
ing e.

(b) Ciin aw thel bang tho suk aw, laiciin thaamna leido vangkhuu belbang suang  
zel ing ee;

5.(a) Nuai omlai aw khuaibang hang lawmlawm, na ciin ka that hiam aw, tuai  
batphu lambing na zong hiam aw;

(b) Ka, Ciin that cia sawi lung tai lah cia, namcin tuibang la cia, sumlu tawh vang  
khuu na zong hi ee;

6.(a) Ka khua sim khua a mi aw; khuai bang hang e, siphuka zon leido al za that ing  
ee;

(b) Leido alza inthat tangh, khua lai a mi aw, tang tawi ka lap tungnung ee;

7.(a) Tuanglamtungah tangpa khaubang ciah, lahva tongsuah sia e, tual kungahtuak  
lo kawi aw ci ee;

(a) Lahva tongsuah tangpa sin lai liaplumsuang ka maikal in tungkhai mu tawi in lam zo ta ee;

**(B) Gal La Nawhna**

1.(a) Ka lal in dai hong vel khua dai paam a e, pasal in kuambang do e,

(b) Khangluite lah phamzota, gualkhat tang aw, e khisa taito zel leng ee;

2.(a) Ka khua a mi peem kawi aw e, milian ten sawl bang ban na ee;

(b) Peemkawi batphu ka zon nin e, gundung gun vai zui in gee;

3.(a) Hong en ve aw hong en ve aw, gel kawi nuai hong en ve aw,

(b) Gelkawi nuai hong en ve aw, e, lallu sia vau paak bang ee;

4.(a) Hong vel ve aw hong vel ve aw, khua mual buungpi vel ve aw;

(b) Lallu belbang ka suan na aw; khua mual buungpi vel ve aw;

5.(a) Khangnote lalthah lu aw e, a lu kang lailam bang ee;

(b) Khangluite lalthah lu aw e, a lu suang mual dim sinsian;

6.(a) Ka nung a ten lal ci e, kamai a ten lal ci ee;

(b) Lal hi lo sing zua pa hi e, ka nungah so leeng sak ee;

7.(a) A si batphu ka zon nin e, gundung gun vai zui ing ee;

(b) Gundung gunvai zui ing e, sakamkeei bang gial ing ee;

8.(a) Mualkisung ciciai nuai ah e, zangsa bang a gial hing ee;

(b) Zangsa bang a ka gial lai in, mualcin sang peuh zui ing ee;

9.(a) Hang hi veng e hang hi veng e, zanglei tualah hang hi veng ee;

(b) Zang lei tualah hang hi veng e, zanglei tualah hang hi veng ee;

10.(a) Tanggualphuh singbang kho sang e, khua daipamah zal ing ee;

(b) Khuadai pamah zal ing aw e, tanggual phuh bang kho sang ee;

11.(a) Zangsa bang ka giallai in, mualcinsang pen zui ing ee;

(b) Mualcinsang pen zui ing, se al nuai ahvak ing ee;

12.(a) A si batphu gilgial aw e,gual in ni bang tawi na ee;

(b) A si batphu cih omlo a, lambing zon pih omlo ee;

13.(a) Dim tui in a thah leh aw kam kei gial laitan hi e.

(b) Khua kim in lal a thah leh aw, singbang nip zaw zong hi ee.

14.(a) Zang le a dawhtam tungah e, nungleh ka masuan mawng ee;

(b) Sulkiktang e, ka siallum tawh zangsih vangkhuang ing ee;

15.(a) A si batphu ka zon nin e, zang lei ah tuang tung ing ee;

(b) Zanglei ah tuang tung e, do lai thei bang met ing ee;

16.(a) Lungka hehna za in tam ee, zangtawi ah inn bang heng ee;

(b) Lungka hehna zangtawita aw, siahkunah ningtui dia'ng ee;

17.(a) Simbutal ta lalthah leh tulungah han lu sia ee;

(b) Milai ta pan lalthah leh khua mual ah han lu sia ee.

18.(a) Tungleng zawlbang ka kaihna aw,to leng paai ah ka kuah na ee;

(b) Bang vel ve aw cih lai tak ah, cih lai um bang khuai aw ee.

19.(a) Mika that mi ka that aw e, sunni nuai mi ka that aw ee;

(b) Sau ka hal sau ka hal aw e, sunni nuaiah sau ka hal aw ee;

20.(a) Gil khang bualgia nel ka deih man in, dodai tengah siallum zan sial bang

giang ee;

(b) Dodaiteengah siallum zansail bang giang ee, kawlni suak ee, sumlu tawh

khau bang ciah ee.

***(C) Gallu Lapna La(Galding Phukte)***

1.(a) Lalthah kua pat a hiam aw, simbutal ta' pat hi ee;

(b) Simbutalta pat hi e, pengpelep lal thah hi ee;

2.(a) Lamsak a pang dinden e pasal lulaang e, kei ka hi hi na pee ting ee;

(b) Lam khangah pang dinden ing, nupi lulaang e, nupi lulang kei ka hi hi na peet

ing ee;

3.(a) Lamsak a ka milu pah miaksi in bawm eee miaksi aw bawmbawm lo aw, tho  
vai aw bawmbawm lo aw;

(b) Lamkhang amilu pah miksi in bawm e, miaksi aw bawmbawm lo aw; thovai  
aw bawmbawm lo aw;

4.(a) Leisanmualah suak ning ci, suak na pee ting ee; dai a phui gua sat ning ci, sat  
na pee ting ee;

(b) Dai a phu gua sat ning ci, sat na peet ing e, pam a gua leh lel a a lel ah zolo ee;

5.(a) Za in bawm za in bawm, ahang sumlu za in bawm;

(b) Ahangsumlu ka tawi leh, kei pawh mihang tang ing ee;

6.(a) Suiden ing sui den ing, ka pu siallum sui den ing ee;

(b)Bual khuate ka nawh nading ka ;pu siallum sui den ing ee;

7.(a) Hong khak hong khak aw, ka pu sial lum hong khak aw;

(b) Bualkhuat kanawhna ding ding kapusiallum hong khak aw;

8.(a) Khup ing e khup ing e, pasal that in ka zua khup ing ee;

(b) Pasal that in ka zua khup ing e, nupi that ing ka tun khup ing ee;

9.(a) Kawinakin kian kawina kinkian e, ka haikengta kawina kinkian ee;

(b) Kahai keng takawi nakin kian e, tanglai that ten tembang deih ee,

10.(a) TAwita mah ing tawi ta mawh ing e, ka hai keng ta tawi ta mawh ing ee;

(b) Ka haikengta tawi ta mawh ing e, tang ci peuh in tembang a deih ee;

11.(a) Simbugtal tan lal thah leh, tulung ah hanlu sia ee;

(b) Milai tapan lal thah leh, khua mual ah han lu sia ee.

12.(a) Gal in phawng gal in phawng, losau pangal in phawng ee;

(b) Ngaih aw na gtaai masa aw, kei mah'n nua ciang daal ning ee.

#### **4.SA LAPI TE**

##### **(A) Sai La**

1.(a) Zanglei don a vuisai limbang lian, ka kawlciangtawh nuai a buanbang nuai

sia'ng ee;

(b) U le kanau tawh ka pah tangah, sok ngei san bang ee;

2.(a) Hong to e hong to e, thang pan sai mang hong to ee;

(b) Kik suk e, lento sungah kik suk ee;

3.(a) Sai aw e, sai mang aw e, lungtup zan sial bang giak ee;

(b) Lungtup zansial bang giah tangh e, ciin aw hanmual suah tang ee;

4.(a) Vuisai lim a alian bel aw, phaibu bang puak cing sa'ng ee;

(b) Phaibi bang puak cingsa veng e, sualgua bang kaih ham sang ee;

5.(a) Sai aw e, sai mang aw e, na liat pal bang han pih cia;

(b) Nan liat na pal bang han pih ve cia hawk guam naubang sial ing ee;

6.(a) Sai aw e sai mang aw e, na tungah tuang zo ing ee;

(b) Na tungah tuang zo ing aw e, sawmsial tawh tuang zo ing ee;

7.(a) Thangnen nuai a zangvui sai aw na ha sunni tang bang ee;

(b) Na ha sun ni tang bang e, gual tawh ka et cim lo'ee;

8.(a) Na ha pha e zang vui sai aw,tul dawn heisa eng bang ee;

(b) Tuldawn heisa eng bang aw e, zaang dung ka manna ci ee;

9.(a) Vuisai in k maang ci e, nahnuai ka vang khua ci e;

(b) Kamkeei inm ka bang ci e, nahnuai ka vang khua ci e;

10.(a) Sai aw e sai mang aw nahnaui khat a mang aw ee;

(b) Nah nuai khat a mang aw e, kawlciah khat a pham aw ee;

11.(a) Vuisai n apian na dang sa'ng e, lento apiang na hiam aw;

(b) Lentu a piang vuisai tun nu, tang in zingtui bang la'ng aw ee;

12.(a) Vuisai tun nu vun awi aw e, zangdung va suit a ve aw;

(b) Zandung nasui na cim leh zangvai va sui ta ve aw;

13.(a) Vuisai a cih len mualpi tawh kim,kawlciahkhat apham aw e;

(b)Kamkei a cih alsi tang bang a,sul a leng ngam om lo e;

14.(a) Thumdimdim thum dimdim, ka cialdawh thum dimdim ee;

(b) Zang a vuisai ka lap na aw, ka cialdawh thum dimdim ee;

**(B) Sial La**

1.(a).Sial hong lam sial hong lam e, kul ii sawmsial hong laam ee;

(b) Na tatna khumtaam hi e, na pianna dim tui hi ee;

2.(a) Ka phaizang liap silsial e, muitui phaizang liapsilsial;

(b) Teembang ka deih gual lia nu aw, sing van khua sui kana cia;

3.(a) A mual sangah khia'ng e, a piau zangah sial ing ee;

(b) A phiauzangah sial ing aw e,ka lung sawl bang dam na ee;

4.(a) Ka tuah phat ka tuah phat aw e,sih lui ah ka tuah phat aw;

- (b) A tengah ai sa ai a dawn ah khua va phul ee;
- 5.(a) Tangno phe velvel ing aw e, tuigial sawmsial hawl ing ee;
- (b) Tuigial sawmsial hawl ing aw e, tun aw na lung tup hi ee;
- 6.(a) Ka tun nu thawlzu hong guan e, mualcin sangah lui ing ee;
- (b) Mual cinsangah lui ing aw e, sang mang ka deih teel ing ee;
- 7.(a) Ka tun na tup tangsial hi e, ka zua na tup phual tang hi ee;
- (b) Ka zua na phual tanggia aw e, lengvan na mual suah nam aw;
- (C) Cinghpi La**
- 1.(a) Meelmak pa paing saminthang aw, piandangsang e gual aw ee;
- (b) Piandangsang e gual aw e a kikhumsial kibang ee;
- 2.(a) Savuong sialbang na hong suah ni'n, khukimin tong sia lo ee;
- (b) Khuakim aw tongsial lo aw, saminthang aw pakbang katawi cimla'ng ee;
- 3.(a) A sa hong suak savung aw e, khang a hong suak ngo sai aw;
- (b) Savung in sumtual aw e, Vuisai in pahtang lawm ee;
- 4.(a) Sing a pau gual a pau in na daap zinleeng hi ci ee;
- (b) Zinleng hi lo sang lun hi e,na kap khumsial kibang ee;
- (D) Sagial La (Humpi, Sahang)**
- 1.(a) Kapa Ngamtawn tawh tong kaciam leh, ciampel a sialtual na delh hi e;
- (b) Ciampel a sialtual na delh aw, amah ciampellauluang in sun ee;
- 2.(a) Ngamtawn tawh tong kaciam in e, tui le luan a ciampel masa nang hi cia;
- (b) Tui le luan a ciampel masa nang hi cia;

3.(a) Kual ngiaungeu kual ngiungeu aw e, sihzang zawl a keeisa kual ngiungeu,

(b) Sang gual pahtangah laamta e, humpi'n suangmual a don ee;

4.(a) Zangsakamkeei na hong leen in, na len phual ngo no bang ee;

(b) Sawmsial sunglawh a na neih aw, na len pampaih zo ve cia;

5.(a) Kamkeei in ka Hang ci e, nah nuaikavangkhua ci ee;

(b) Nahnuai ka vang khua ci aw e, Kawl ciangkhat a pham aw e;

6.(a) Hangkisa e zang sakamkeei, kabesam dawnlailawng ee;

(b) Dawnlai hong lawh zangsakam keei, sungnikaaima'nkakhua lenmual a suang

e;

7.(a) Ciaudungzui pa'n mual hong tawn e, alsi bang ka vaam ci ee;

(b) Khua nih khua thum kawm salang aw e, lun khua mualah tuang aw e;

8.(a) Sang aw na tat sia lawm lawm e, Ka vundawng lainong dawh sak na ka sa e;

(b) Mawh in khial e, ziin in paai e, khua mual ah al va'n bawm ee;

9.(a) Zangsa kamkei hangci e, hong kithang ven keitawh dawnbang kituakleng kual

ngiungeu ee;

(b) Keitawh dawnbang kituak leng kual ngiungeu e, kapah tangah lawmgual tawh

kalaam sak ee;

#### ***(E) Vaphual La***

1.(a) Tuiliimsung a phualva aw e, vuntui natawi nuamnam aw;

(b) A gial tuimawng a tu aw e, a gial setang sim hi ee;

2.(a) Vuntuilah tawi nuam na veng e, zangtui lahmel in mang ee;

(b) A gial tuimawng a tu aw e, agial setang sim hi ee;

3.(a) Phualva aw e, duanghoih aw e, na manna amalgam hi ee;

(b) Maalgam a mang zang phualva aw, simgamah suntui lawng ee;

4.(a) Phualva ka mimphung hi ci e, na liim zui zui nuam ing ee;

( b) Phualva e, duanghoih aw e, na liim zui zui nuam ing ee;

5.(a) Zang phualva in gundung tuang lam a tawn e, thai a lak ciang van lai tuang

lam a tawm ee;

(b) Sesum lo a zangphualva thai zong aw e, tun leh sua tongdam a nem ta ci maw ee;

**(F) Sakol La**

1.(a) Vaimang tuanna zangkolsa aw, ka ten niik in sim in gee;

(b) Teen nik a sim kaih dial veh siam, ka pah tangah khai ing e;

2.(a)Kolsa na thangta zawm aw e, zangmangna thang ta zawm aw;

(b) Kolsa besam ka sumtualah han mung lelah khai ing ee;

3.(a) Zu mangkham na lungngil mawng e, zangleitam tung zui in gee;

(b) Zanglei tamtung zui ing aw e, zangkolsa leh leido sumlu nuaciang sawlbang khai ing ee;

4.(a) Kiang aw ma bang na kipat in,kui ii vum pan en ing ee;

(b) kui I vum pan en ing aw e, Zangmang na man na mu'ng ee'

5.(a) Vaimang tuan na zangkolsa aw, na tu kawl ding la ing ee;

(b) Na tu kawl ding na sim sal ding, nuaizin tan lut na ing ee;

6.(a) Vala tang e va la tang e, gun a toktol va la ing ee;

(b) Gun atoktol ka naudeih lo, kei ma tum in la ing ee;

7.(a) Kolsa aw e, zang mang aw na minlian e, na pinanazang gam hi ee; pianna dai

ee;

(b) Napianna zangam hi e pinna daai e, sunni nuaiah, zangkolsa nau bang kap e;

**(G) Sawngpi La**

1.(a) Phelgua nemno tawi ing e, khua phelamah, sawngpi limlian kap ing ee kei au veng ee;

(b) Sawngpi lim lian kap ing ee, tualpizawhla, mupita mah tungnung ee;

2.(a) A mi hong lam hong laam e, tualpi zawlah, mupita mah tungnung ee;

(b) A sa hong lam hong lam e, lentusungah, sabuaivom mah tungnung ee;

3.(a) Sawngpi ka kap nin ka gual laiah e, a thang masa kei hing ee;

(b) Ka min theibang nong lawh leh lun ii taw aw, sang ka kap gual sing ing e;

4.(a) Mual zumzil zel zui ing, sihkhuk pilpel tuak ing;

(b) Sihkhuk pilpel pupa tangkhau phahsulah, gun va bang ka zem hi.

5.(a) Mual zumzil zel zui ing, a hang va bang man ing;

(b) A mi leh mi kim lo aw e asa le sa kim lo ee;

6.(a) Zua aw na tuum thang hek aw e, gual hek sang leh zum zaw;

(b) Gual heeksang lah zum zawsang, cih ka deih luai na;

7.(a) A sa aw e mual vom sa aw, a kpinsai leng ci'ng ee

(b) A sa len mual kaai nuam kisa, kawlciang leng in khawl sak ee;

## 5. TUNGNUN LA TE

### (A) *Tungnun La Pi*

- 1.(a) Lui lii lii, lui lii lii, daakpi lui lii lii e.  
(b) Daakpi lui lii lii e, tang a aih thang daak pi lui lii li;
- 2.(a) Go tuan ingl, Go tuan ing, sawmsial lian go tuan ing e.  
(b) Saituan ing, sai tuan ing, ka lamkil saituan ing e.
- 3.(a) Thuum dimdim thuum dimdim, khuangpi thuum dimdim e.  
(b) Khuangpi thum dimdim, tang a aih thang, khuangpi thum dimdim.
- 4.(a) A va aw e, vakwl aw e, len ii zangah na giak aw.  
(b) Len ii zangah na giak aw, na khuangpi sik nangai aw.
- 5.(a) A zu aw e zutang aw e, tang kawma khua sa tawm e.  
(b) A va aw e va taak eaw e, taak dawn a bus a aw e.
- 6.(a) Hong dom lo aw khual le tual aw, ka sung inn sihkhuk bang e.  
(b) Ka sung inn sih khuk bang aw e, ka pahtang khua mual bang e

### (B) *Kai Tu Pui La*

- 1.(a) A va aw e vaphual ngo leng aw, van lai zawl ah na len sing in ee  
(b) A sa aw e Sabuai vom lang aw, heh lua sial nan luang sing bang lum ee.
- 2.(a) Ka tu pui aw lim a lian aw e, na sih na ziam aw nun ka lai hen;  
(b) Na sih na ziam aw nun kalai hen, gual phai hong leng e nun ka lai hen;
- 3.(a) Ka khua mual lun mual ah nun pui nap huh, na nun hai thei bang a khuum aw ee

(b) Na nun hai thei bang ah khum kum in, mom no mom khaubang ah luai hi ee.

4.(a) Ka khua mual lo ah thai tawh ka kuan, ka do in tuang lam tan e sul a ka zuih.

(b) Ka do in tuang lam tan e sul a ka zuih, ka khua mual lo a muan lei suangh ee.

5.(a) Ka zua na kawm pallun aw e, lai cin tawi buh bang bawlna un ee.

(b) Lai cina na kiat nuam tuai na mal nuan, sing tan ken lam bang lawi zo ta ee.

6.(a) Thei sen sanggah na lawm lawm e, nun thei lel ah luai ing ee.

(b) Nun thei lel ah luai ing lawh ciang khuk luin khuinge, hen te sang lah thang

zaw

7.(a) Ni nu tuai mawng bang zuagam zang ah, seino te tang bang a khan na aw ee.

(b) Seino te tang bang a khan na aw e, ka se khuan in sanggah tang lang ee.

8.(a) Tupui in gam a zawt ah sulka zuih, ka zua pan gam a zawt thang ih nen a.

(b) Ka zua pan gam a zawt ah sulka zuih, ka zua pan gam a zawt thang ih nen a.

9.(a) Kei zong ciam na ung ka ninu tawh, tang kuah sial zua ciam ung ee.

(b) Ko zong ciam na ung ka gang pa tawh, nuh lo tual tungah ciam na ung ee.

***(C) Vun Tawi La (Nau Ngek Sih ciang Ki Sa)***

1.(a) Mi in vun deih a tawi leh, pah tang ah sang bang no ee.

(b) Ei in vun deih ih tawi leh, awh khi bang ang a siangh ee.

2.(a) Mi in vun deih a tawi leh, awh khi bang ang a siangh ee.

(b) Ei in vun deih ih tawi leh, ang lai ah tawi ciim lo ee.

3.(a) Ka vun a pham ka ngaih leh, tah bang ah khing an siangh ee.

(b) Ka vun a pham ka ngaih le, tah bang ah khing an siangh ee.

4.(a) Vun ka tawi in zaitha dawn ding sang, vun kiak tang bang pal e, zaihtha vai lo

bang ka lel hi ee.

(b) Vun ma zap lah sul a zui lah tang tuai lun tang bang pal aw, khua thang bual

gia zun nuam ing ee.

5.(a) Vun aw kawi ah na hawh diam aw, sim zawng vaigit na hong diam aw vun aw

ee.

(b) Sim zawng vaigitna hong diam aw, pam pan nuh sawl lum suang lim buk, tun

ang lai na na sahiam aw vun aw ee.

6.(a) Ka vun zongin thang ah kuan suk ing, tun aw thol zu guan aw, sing khual le sai

khual zong kap ing ee

(b) Ka vun zon lah zang tual tung zota, sung kial lai ana e, ka ban zal pat banga

nem aw ee.

7.(a) Vun tawi suan gua bang mongthang'min sim ing e dawh nem tungah mom

zubang kuai ing ee.

(b) Vun kiat ma lo bang pan tang' sun le zan ah, mimbang ka thum, ka tong khat

om lo ee.

**(D) Sim Lei La**

1.(a) Sim lei nun in thum lah tangh, lengvanzilza ma ciang ka sawt nun nuam in

thuum lang ee.

(b) Khan pawh thei bang pal lawm lawm, um bang dawn lai tang kei khan pih kul

sin zal zo ta ee.

2.(a) Tam na diudeu taam na diudeu e, sim lei dawh in taaamna diu deu ee.

(b) Sim lei dawh in taam na diu deu e, leng van kan in sang na dil dial ee.

3.(a) Nuai sim lei tung bang a zum zawm aw, leng van mual sing bang a suang zawm aw

(b) Leng van mual sing bang a suang na ven, um bang no teng kha hong kia ta ee.

4.(a) Sim lei zilza aw ka ngaih man in, pampan lawkta in vat au ing ee.

(b) Sim lei zilza aw ka ngaih man in, pampan lawkgta in vat au ing ee.

5.(a) Ka zua pa aw nang ih gam zow aw, zowng khua lo liang gan va zuan ve cia.

(b) Zowng khua lo liang gam va zuan ta leh, zawl khua lo leh lau tang tual dawng silpuan bang thang ee.

6.(a) Nu aw ka ci nu aw ka ci, lui suk a ham a nu aw ka ci.

(b) pa aw ka ci pa aw ka ci, zuang sing apa apo apa aw ka ci.

#### ***(E) Hual La***

1.(a) Cil ih suan ing Hualpi tung tup ing pahtang a cial suan a, sai tuiah lawi bang

ka thang hi ee.

(b) Ka kawl hei tawh kuan suk ing, lento sungah, hualpi lianmai bangka sem hi e;

2.(a) Ka zua gelbang ahauh lai in hualpi liim cial in dawh ee.

(b) Hualpi liimcial indawh ing e, munzang saupha aw cii ee.

3.(a) Lento sungah sing limlian aw, kawlhei tawi in va laang ee;

(b) kawl hei tawi in va lang aw ee, cial in dawh e taam na ee;

4.(a) Tangin ka tup tung sak ing e, gam a hualpi lai lawng ee;

(b) Tang in ka tup tung sak ing e, gam a hualpi lai lawng ee;

5.(a) Tang ka zaitha siam bang hat e, singlim lian sial in la'ng ee;

(b) Singlim lian sial in lang e, tanggual in, mang bang bawm ee;

6.(a) Tang ka lung tup zang phual mul aw, a tuanna kan sang sang ee;

(b) Lia' nu lungtup khang dum puan aw, sing duang a ki bang aw ee;

**(F) Dol La**

1.(a) Zangsih jvang khua zangdol cial aw, len pan ngosai sum bang ee;

(b) Lenpan ngosai sumbang aw e, sak ciang ngo mei kaai bang ee;

2.(a) Tam diudeu e tam diudeu e, zang lei dol cial tam kisa;

(b) Tam diudeu e tam diu deu e, zang lei dol cial tam kisa;

3.(a) Mang kisa e mang kisa e, zang lei dol cial mang kisa;

(b) Zang leidol cial mang kisa e, kokiang pheiphung in nei ee;

**(A) Sih Tawi La**

1.(a) E sip e, E sip e. E sip kuang zawn tawi ing ee;

(b) E sip kuangzawn ka tawi le ka lalleido kalaakmai sok ee;

2.(a) Phialvano phialva no aw e, zuang lui a phialva no aw e;

(b) Na mul sawmsial ka sim na e, na tak kel son in tuang ee(bel sawm in ai e)

3.(a) Sialgolo sialkawng teeng aw e, lalthahlo sawn tel tuan aw ee;

(b) A go lo go aki bawl aw, aman lo man a ki bawl ee;

4.(a) Tun aw na tup tangsial aw e, leengvan na mual suah nam aw;

(b) Zua aw na tup phualtan gia aw e, leengvan na mual suah nam aw;

5.(a) Ka sumtual mitmei khup ing u le nau aw, laihen va bang a tuanna mui zilzel;

(b) ka sumtual mitmei khup ing u le nau aw, laihen va bang a tuanna mui zilzel ee;

6.(a) Ka mazap mitmei khup ing u le nau aw, kiak loh tan sawl bang khuh ee;

(b) Kiak loh zam a zil ding aw u le nau aw, nuaihawm tan maciang suan ee;

7.(a) Kalo gam pha sing vatul, lawi be bang ka zai hi ee;

(b) Lawibe bang ka zaih hi e, hai thei bang ka zai hi ee;

8.(a) ka tunnu ka ngaih zawm aw e, ka zua minthang vabang pau ka ngai zawn aw;

(b) Ka tunnu ka ngaih zawm aw e, ka zua minthang vabang pau ka ngai zawn aw;

9.(a) Gundung hong zui mauve aw, tang gualte aw, tang tawi ka lap na hi ee;

(b) Gam a huiva hong leeng e liplai zawl ah, mualsip zangah tang laam aw ee;

10.(a) Len a so ngei san zawm aw e, tualkel na zawm san zawm aw e;

(b) Len aso ngei zungpuk aw e, tualkel na sawn san zawm aw e;

11.(a) Setang puakna ciaugal tuanglam,tun in gal sial bang don aw;

(b) Setang puakna ciaugal tuanglam, tun in gal sial bang don aw;

**(B) Zangta La**

1.(a) Pawi ham thot ing zaangta lai lawng e,ka thang gunpi tungah hen tawh gamgul

bang ka vial hi ee;

(b) Zangva ham e, hen aw tho zuk aw, nut un suihlung lau ee, siangah zing

vaibang lap nuam ing ee;

2.(a) Ka zoh nak in e, ka zoh nak e, va awm pan la e, ka zoh nak e;

(b) Va awm pan la e, ka zawh nak e,tuitaw sialkha e va mu ing ee;

3.(a) Ka ngaih nakim e, ka ngaih nak e, va awm pan la e, ka ngaih nak e;

(b) Va awmpan la e, ka ngaih nak e, zangta naulen e va mu in gee;

4.(a) That na keek ing, man na keek ing, that lo man lo na cih aw;

(b) That lo man lo na cih leh ee, dai a tang luang va dong aw;

5.(a) ka vun tem bang na deih le, zangta va mat sak ve aw;

(b) Zangta na mat zawh ciangin e, na deih bel paai ah kuah aw;

6.(a) OM ven ciah ven ciah ven zangta naulen om ven cia;

(b) Zangta naulen om ven cia tuitaw sial khal om ven cia;

7.(a) Dallum khai khat ka khai aw, khai nih khai thum bang siang ee;

(b) Khai nih khai thum a ka khai aw, nua ciang ka dal na hi e;

8.(a) Kawltei bung le na deih le,ngalpa kansial bang sun aw;

(b) Vanlai khasiik na deih le na do lai al bang that aw;

9.(a) Ka tan tan a, zang sumlu aw, khausa dim in pua in gee;

(b) Suan bel a suan loh ding aw e, al va tai na pua ing ee;

10.(a) Hong vel ve aw hong vel ve aw, dallum ka khai hong vel aw;

(b) Dallum ka khai bang hong vel ve aw, sontel ka tan hong vel aw;

11.(a) Sontel tan kht ka tan aw, tan nih tan thum bang siang ee;

(b) Tan nih tan thum ka tan aw e, lal thah ka sial na hi ee;

12.(a) Gingsilsial e, gingsilsial e, ka khausai ging silsial ee;

(b) Milai sumlu ka puaki na aw, ka khausai ging silsial ee;

13.(a) Khua mual a tuang ih ziam aw e, al va ziam aw;

(b) Alva te lah milai sik e, milai sum lute aw e;

14.(a) Mualcinsang dildial ka zuih aw, ka zuih bang zui ve ni cia;

(b) Tuisuk luangdildial ka zuih aw, ka zuih bang zui ve nacia;

15.(a) Lianu nang kong ngaih man in e,zangdung ka sui ni tam ee;

(b) Tangpa nang kong ngaih man in e, zangdung ka sui ni tam ee;

16.(a) Ka soi mun ka vak mun, ka vak mun vak ka lei aw;

(b) Ka vak mun ka vak mun, ka vak mun vak ka lei aw;

17.(a) ka soi mun ka soi mun, ka soi mun thang ii neen ah;

(b) Ka vak mun ka vak mun, ka vak mun liangdang nuai ah;

18.(a) That ing e, ka mat zangtual a kiang e, zang tualah khiatdo tun nu naubang

Kap ee;

**(C) Sih Vuila(Munzang La – Hantan la)**

1.(a) Munzang a phuigua phung pha zin in khiph e, phu nawm khup ee; tuuk tang  
bang tung na ee;

(b) Nuai om lai gial bang kia tah, ciin leh ka tuai ning ka neekpih, kulsin zalzo ta  
ee;

2.(a) Simmtung pawh sial in sa tang, meelmuh loh a sabang katat, soilungtai lua  
sang ee;

(b) Simlei le leengvan kidon zil in za e, milian khua sat phamlo in bei hang ee;

3.(a) Ciinmang le tuaimang ka oihlai in, ka nuai mui khua zing kasa hi ee;

(b) Ka tung sunni tum ka sa hi e,ka nuai mui khua zing ka sa hi ee;

- 4.(a) Zin ki kha ni, zin ki kha ni e, mui khua zin in zin ki kha ni ee;
- (b) Nong khak le zin bang hong kha ve aw, nong khoh le khuang bang hong kho ve aw;
- 5.(a) Ka zua pan zin bang nong khak le thau luang in zin bang hong kha ve aw,
- (b) Na thau luanglah mai bang a thau a, kaho luanglah thup bang alum ee;
- 6.(a) Ka tuai mang aw iih nakah hiam aw, ei gual in lenliang ih thei hiam aw;
- (b) Eisang a ni bang a lun zaw zong kulsinah ngul bang alum hi ee;
- 7.(a) Muikhua zin a al bang ka dah man in, ka tungsun nit um ka sa hi ee;
- (b) Ka tung sunni tum ka sa hi e, ka nuai muikhua zing ka sa hi ee;
- 8.(a) Ka sau aw pham in ka ci lo a, cial suan aw nem aw ka ci lo ee;
- (b) Zan khat a kha a kiat leh vun aw nuh lo bang thual aw cing ee;
- 9.(a) Tulta ka muang ci huihkhi lang e, dawnlai ei lawh tulta aw muanglo aw;
- (b) Lumsuang in ka muang ci thulguah luang e, kaih min in zel lum suang aw muang lo ee;

***(D) Nu Thaak La***

- 1.(a) Ka sumtual ah ngo mei kaai zilzel, kiang aw tho zuk aw;
- (b) Kiang aw tho zuk aw, sang gahteng lah va(nga) bang laam) sak aw;
- 2.(a) Kulsin that e kumkhua vei zota, ka laukha aw tuibang tung mawh ee;
- (b) Ka lau kha aw tui bang tung mawh e, ka setang aw tuibang tungmawh ee;
- 3.(a) ka awih khi aw lawibang thang zawn aw, ka lenliang aw lawi bang thang zawn aw;

(b) Awh khi phalah ngo sai pampaih tangh' kalen liang aw lawi bang thang zawm

aw;

4.(a) Ka ngau zu tawh killam ii zawl ah tang aw laam aw ci;

(b) Tang awlaam aw ci, besam kuai e, laam loh tang ing ee;

5.(a) Ka zua ii setang aw, lobang phuuk ing beem tul a siang;

(b) Ka zua ii ang puan aw, phei lam tang e, ngo tula siang;

6.(a) Lia nu in sial bang suak ing, tung kawl va bang zu laam ee;

(b) Tangpa in sial bang suak ing, tung kawl va bang zu laam ee;

7.(a) Ka zua galo gii sing ii nuaiah sai bang sat lengtang aw om ve cia;

(b) Saibang sat leng tang aw om ve cia, laltang tai a valh bang vial e a sul a hei  
mawng ee;

8.(a) Tangsial sunpa nuam na veng, tuailai zom aw ban in saam ee;

(b) Lia nu in sial bang suak ing, tang lai zom aw, ban in sam ee;

9.(a) Mui ih pia mui ih pia mui si sawh pa muita maw le ciing ee;

(b) Hong pia ve le ciing e umpi kawm ah belpi kawm ah hong pia ve le cing ee;

#### **(E) Sanolh La**

1.Sai e sai e sa sai e sai e (sai)

2. Sial e, sial e, sa sial e, sial e (Zangsial)

3.Vuong e, vuung e, sa vuung ee, vuung e (Cingh)

4.Gial e, gial e, sa gial e, gial e (Sahang)

5.Buai e buai e, sa buai e,buai e, (Vompi)

6.Ngawk e, ngawk e, san gawk e, ngawk e (Ngal)

7.Phual e, phual e, sa phual e, phual e (Vaphual)

8.Suai e, suai e, sa suai e, suai e, (Sakuh)

9.Mang e, mang e, sa mang e, mang e (Samang)

10.Nial e, nial e, sa nial e, nial e, (siahnial)

11.Za e, za e, sa za e,za e (Saza)

12.Zaw e, zaw e, sa zaw e, zaw e (Sazaw)

13.Zual e, zual e, sa zual e zual e (Sazuk)

## 7.LA TUAM TUAM

### (A) *Zawl la (Laa Awi)*

1.-Ngaih ngii ngei aw lung tu diing na hi naam, kei ngaih bang gual tuak aw,

nong ngai naam aw;

-Kei ngaihbang gual lungtuak aw nong ngaih a leh seino taang gual laiah, na zaal,

lo aw,

2.-na neem ngii ngei ngai in gee, ngaihna buuktui ciau zuang damtui na hem luan

kenngai ing e

-Tulhum heisa kaai bang a konglawh lah aw, nahem cinthu ngaih aw saan lungcim

laang ee;

3-Ngai ing ci a tumtaai bang hul ing nong cih ngaihlo damtui na hong le kaih na hi

ee;

-Ngailoh damtaai bang hul ing nong cih ngaihloh damtui na hong le kaih na hi e;

4- Ka ngaih ngii ngeii no aw ee don loh paal aw, ah tui luangsuk li cin na, ka lai kuai

ee;

-Ah tuiluang suk licin na ka lai hong kuai ah singbawm ngo paal va hoih zeem no

aw e;

5.-Tuanglam tung a heisa kaai ningniang no aw, konglo diam aw lawh lah in, na hul

diam aw,

-Singlawh lah in leel ah mangbang kaai in, taang kei baan zaal lai lawh in, tual

niam ve aw;

6.-Ngaih ngii ngei aw na tong kaai tui luang bang lungah ngulh leng ma ka zam lah

ding bang ee;

-Lungah ngulh ing zaal lai khangthei lo ing, hem a nong biak sinlai taang bang tel

laang ee;

7.-Sunkim mazap tullimpan kongsial ciangin lomei hi leng naneenah zam nuam ing

ee;

-Tungkhai mu bang laamthei leng vanlai zawlah, ngaih nang hei na ni khat meel

mu nuam ing ee;

8.-ngiingeii aw na tongdam aw, ciau lui lomei, ciaulummei nahhem neem sang hi

vang ee;

-Thangneen phial va laam bang akong bat lah aw, na heem no luai nau bang saang

hi vang ee;

9.-Ngaih aw ei cin thu bang leh tuah ding bang, sing tong zaang va bang pau in khen

aw ci ee;

-Ih khen zaw diam phualmei bang ih tuah zawdiam, ngaih aw nang cin thu hon hil  
dih lai ve aw;

10.-Ih kha vang lah ngual in luitui bang ngawm ven,ih tak lah tuah ding cin thu  
ciam lo ee;

-Tak a zang siik bang ngawm loh vaang ngaih lung cingh laukhang sum bang  
tuah in,sin lai lun ee;

11.Miimphung tamlah ngai ken gee, hau lamp tam lah, singbang nauzaw lah liang  
von tawingai ing e;

- Lah liang vontawi ahih zong dam tui bang luang, lai baan sam anial lo keek  
mah ngai ing ee;

12.-Na neem ngaii ngeii tembang deih ta buang ing, na paal silsial lo bang tul, pih  
nuam ing ee;

-Ngaih aw na neem ngingeii le na paal silsial, ngul saan thong ding ngam sing  
bang khaam nuam ing ee;

13.-Ka ngaih tongdam ka the pih ding omlo khua zo neen a damtui phei luang no  
bang ee;

-Khua zo neen a damtui pheiluang no bang;phai va lawh a ngaih no tongdam  
ciau kuam zaang va ham bang ee;

14.-Ngaih tawh khawlkhawl ning ci leng kikhawl mawh ven, zangleen sun ni'n kei  
ka tum ta ding cii ee;

-Sun ni aw na tum lo aw na khawl in, ngaih tawh ka om cim tak in ho nuam ing

e;

**(B) Thang Ho & Lian Do La**

1.-Ka tuun nun kuangpi hong khuh luh ee, nuai a muan lei suak ta ding aw ee,

-Nuai a muan lei suakta ding aw e, ni-nun nal (dal) gua bang hah ta e,

2.-Ni-nun nal(dal) gua bang hong hah gta ee; Geeltui ah ni bang a lun hi e,

-Geeltui kamkeia sa vungvung ee, khuathang phai pi a pal bang ka nan aw,

3.-Ni-nun nal(dal) gua bang hong hah ta ee,dumpuan ka kawngah ka teeng hi ee.

-Ka sak le ka khang hong en ve aw, dai a khuva tawn a bang hi ee;

4.-Thang Ho aw nai dial san hong khim ve aw, Liando aw dial nai hong khim ve aw.

ni-nu tualah taang hong laam ve aw,

-Kei pawh taang lam ding ka lawm lo a, ka tam gual kaai-in ka zasak hi ee;

5.-Gangpa keei bang a lan lai in, lulvok tawh lai kuang ka um khawm hi;

-Lulvok tawh laikuang ka um khawm hi e, sawm sial tunu in ka nei hi ee.

6.-Gang pa keei bang ka kih man a, laaknuai ih khun in ka nei hi ee;

-Laaknuai ah khun in ka nei hi e, sawm sial nutuun in ka nei hi ee;

7.-Gangpa keeii bang ka kih man a, gam kim ah sabang ka tai hi e;

-Gam kim ah sa bang ka taai hi e, kamkeei tawh dawn bang ka tuak hi ee;

8.-Ka sial aw na pain a pai ve aw ka khua geeltui lam na zuan ve aw,

-Geeltui suangmuah dawh in tamnah e, sang le lal lop nan a pha hi e.

9.-Dawh suangah sawm sial ka cin leh e, nutuun tawh dawn bang ki tuak ing ee;

-Nu tuun in ka meel hongma ta e, vontawi liang pu von aw hong ci ta ee;

10-Sawmsial laak nuai theng ka va zuk a, nutuun in kaankong ah beel hi ee;

-Nu tuun in kankong a beel hi ee, se-ui in sang bang a no hi ee;

11.-Ka tuunnu ni khat hong zingzin ee, bu-al ciangbaal in ka lui hi e.

-Thang ii bu-al aw va ci veng ee, ka sau ngawlbang kiim na pilpel e.

12.-ThangHo le Lian Do a Sem sanggah e a mi kaai e mi zaluang kaai e;

-A mi kaai e mi zaluang kaai e, hen tam kaai e lawi bang thang na e.

13.-Thang Ho Lian Do thei sen sanggah e, mual ah suak leh hei ngel ngel;

-Mual ah suak le hei ngel ngel, Geeltui ah ni bang a lun hi.

14.-Geeltui kamkei a sa veng vung, khua thang vai pi a pal bang ka nan aw.

-Khua thang vai pia pal bang a ka nan.....

15.- Thei ka sen a ka mel nei mak, buh nong piak a buh ei non piak, sa non piak a  
guh tawh non pia;

-A guh bawk tuk duh lo a, siang buh zu le a tak nemnem pia ve aw thai tong aw.

16.-Kakiang a thum thum tautau te aw, nemnem tamtam pia ve aw thei tong aw;

-Thei aw tho aw tho ning zu lup aw sum tual ah len lual kawl va lam bang e;

17.-Lamlii le lom tual zawl ah se tong pal dial dial leng e;

-A sa nek in tonleng, guh sa nek in ton leng.

18.-Inn thang mual ah u'm bang po tangh, ka len lual tawh ciin ii lam sial va mung  
e;

-Ciin ii lam sial ka tan nin khua tuang lam ah, ka thei aw ni bang lun e.

19.-Ka kuan lam in pal sial sial tangh ka ciah lam ciang gun tui a lian;

-Gun tui tung ton ban a kai ka thei tong aw na paam lua hi e.

A Khupna:

20.Sanggah vai lo kuan ing ee, khua tuang lam ah, khai mu in ka meel hong thei ta

ee;

Khaimu in ka meel hong thei ta ee, se-gul nu tuun in ka nei hi ee;

**(C) Biakna La**

(Pau Cin Hau –Lai pianla)

1.-thang van a zaal Sian za mang aw, tong khaak in zaang ee;

-Pupa patlaoh khua van nuaiah, sian awi a sin gthu hi ee,

2.-tungthang van le simlei zilza, Sian mang nag am lei hi e;

Simlei le thangvan kalah e, na hawm siam zaam ziin zeen ee;

3.-Tung Pasian hawm siam lawm lawm e, zinleng laiah mang hi e;

Zin van nuai lian zatam kaih sa, na maan sun ni shing aw ee;

4.-Zapi lun hawm siam lawm lawm e, pupa khan a sim khua zingsa,zaang ni in

z alai taan ee;

5.-Za lun cin thu taang bang pha ee, miza taan tembang deih ee;

-Zinleng om lain a hawm siam le pian ki theek lo diing hi ee;

6.-Nam cih lai tan tung Pasian aw, min lun lawi bang thang aw e;

-Zin van nuai lian zatam kaihsa, ah maan sun ni shing aw e;

7.-Ka zaalmang in lim belh Sian lun meel va mu'ng e, ah duang zaang phai paak

bang hi. ee, baan lai leen gtaang ngeek bang ee;

8.-ka lim belh le nuaizin mangin, gil al bang mang aw ci ee;

-Zalun in maciang hong suan e, phamtam tham na, zin leeng beelbang suan ing ee;

9.-Ka zaalmangin thangvan tuang lam vazui tang ee, zalun nuntual lum saang ee;

-Banzaal lim sung seino ngual aw,meel muh piandang sang ee;

10.-Pupa khan a sing gual ii gen, Sian tawh ho lung kum ing ee;

-Pupa gualgen Sian minthang tawh tuai hau tui bang ciim khawm ee;

11.-Zinleng paaibang ka pom lai in, gual in ka mel hong ma e;

-nam cih tga leh zinleng laiah hei ing e, ka min Sian laiah vial ee;

12.-Langka lam ding huang a khat ding zalun mun mun mal bang ko ing.

-Zalun mun malbangko ing e, lang lamp li bang cing na ee;

13.-Om lai ka vei kum khua saw tee, Sianmang hong tual kum ve aw;

-Sianmang hong tual kumve aw, hen kol khau bang sut ve aw;

14.-Zinleng puak sing bang leel tang e, Sianmang hong tual kum ve aw;

-Na vaang phuhsing bang muang ing e, Sian aw limsawl bang liah aw;

15.-Zin aw gibing hong neek lo aw, sian angah zaal sa hing ee;

-Heina peuhah khua van nuaiah sian zatam in ngawlbang kiim e, lung a lau'h na  
om lo ee;

16.-Ngai in gee, sian aw, na vang mubang ngai ing e Sian aw;

-Hong sung aw, Sian aw, na vanglum bang hong sung aw Sian aw;

17.-Sian mang hawmsiam khua van nuai ah, zata tui bang cim na ding a, sin lai lung

tawl na hi ee;

-Sing taan siam bang hong nui zong a, ka tong dam neem ki saang ee;

18.-Ka leen maciang saat omlo a, ka hei dung zil te aw ee;

-Zin leeng laiah hanzai saang ee, ka min Sian laiah vial ee;

19.-Taangbang khan na tuunnu khum aw, ka lawh Sian paak sial aw ee;

-Paak sil ka tawi lo bang siim te, ka min suan nuam tam ta ee;

A Khupna;

20.-Sianmang bawl tung sun ni le tung soltha aw, na bawl cin thu sim lei leen tual  
taang veh ee;

-Tuukawl tawi ing sun ninuai ah hei ing e, ngul lum ngiingeei solkha nuaiah zaal  
veng ee;

-Sian bawl sesum phung cing le sung lawh namcin, dawl tui zuih zata nun nopna  
ee;

#### (D) *La Tuam Tuam*

Pu Za Tual La (Pu Kam Hau' Ta Upa)

(Meitei leeng mang te suang suang dawna a azawh a a phuak -1857)

-Vung tui lui ah mihang kamkei kual veng e, zalui tungah muvan lai in laam veng e.

Khua kiim aha apu om diam aw ahang om diam, nuai zin leng zong hen kol bulh leng ci lai veng e.

-Sak ciang muite ka hang ci e, kei mah bang hong phuk ing e.

kei mah bang mang phuk ing aw e, ngul lui ah nang bang diang e.

Pu Khua Cin La

(Pi Vung Khua lian (azi) tawh akikhen a a phuak)

-Tul kuan buuk tui ci ken aw lung siit ken aw, nah sing nuai ah sang sul an khual  
pih sa hi.

-Zal na n alai khun tung pan na kawi ang pan len lai tuak khial lung mawl aw nong  
ci nam aw.

Pi Vung Khua Lian La

(Pu Khua Cin tawh kikhen na a la thuhna)

-Len lai tuak khial lung mawl aw ci kei ning e, tui luang zozam lianno aw hong ci  
ning e.

Tui luang zozam lianno hong ci ning e, kawi tawh tang sial ka sut pihsa ci ning e.

Pu Hang Hau La

(Tungzang khua saat aaphuak-1899)

-Dimtui vangkhua sai bang ka sat, a tul mawh in piang hen aw;  
A tul mawh in hong piang en la, momno teng kik bang khang hen aw.

Pu Pau Ngul La

(Suanghoih khua saat aaphuak-1928)

-Singgam om muang sai bang ka sat, ka do kam kei no bang e.  
Singta vontawi maciang ka suat, tanggual ka hen no bang e.

Pa Thawng Za Kham La

(Tungzang khua ah beh ki khoppi a a phuak -8oct,1976)

-Pupa pian khau bang sut dingin, khua cih ah lawi bang kit hang sak ee,