

# Evaluating the effects of sex chromosome dosage on autism spectrum disorder risk

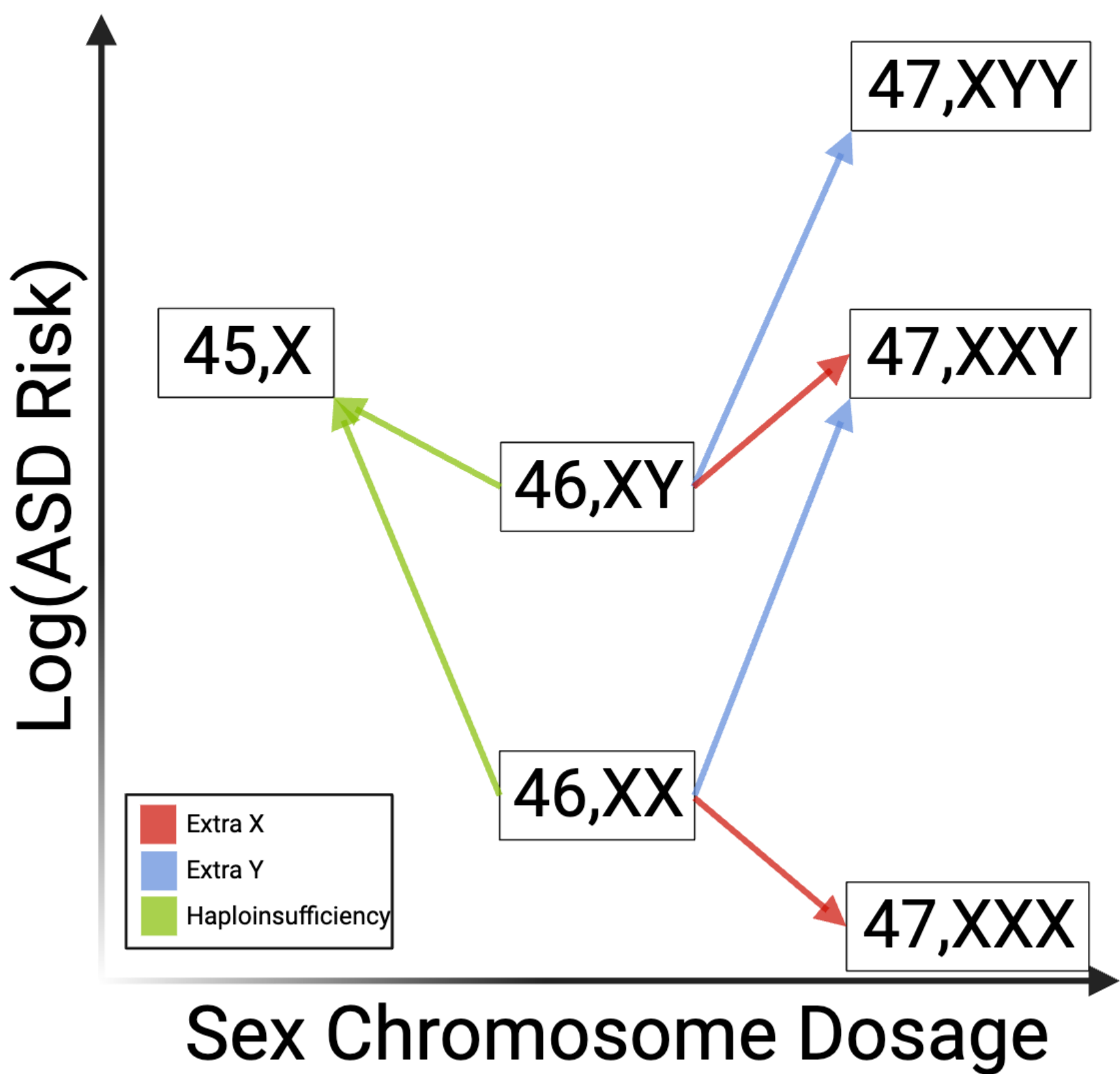
Geisinger

Alexander S.F. Berry<sup>1</sup>; Brenda M. Finucane<sup>1</sup>; Scott M. Myers<sup>1</sup>; John Seibert<sup>1</sup>; David H. Ledbetter<sup>1</sup>; Christa Lese Martin<sup>1</sup>; Matthew T. Oetjens<sup>1</sup>

<sup>1</sup>Autism & Developmental Medicine Institute, Geisinger, Lewisburg, PA

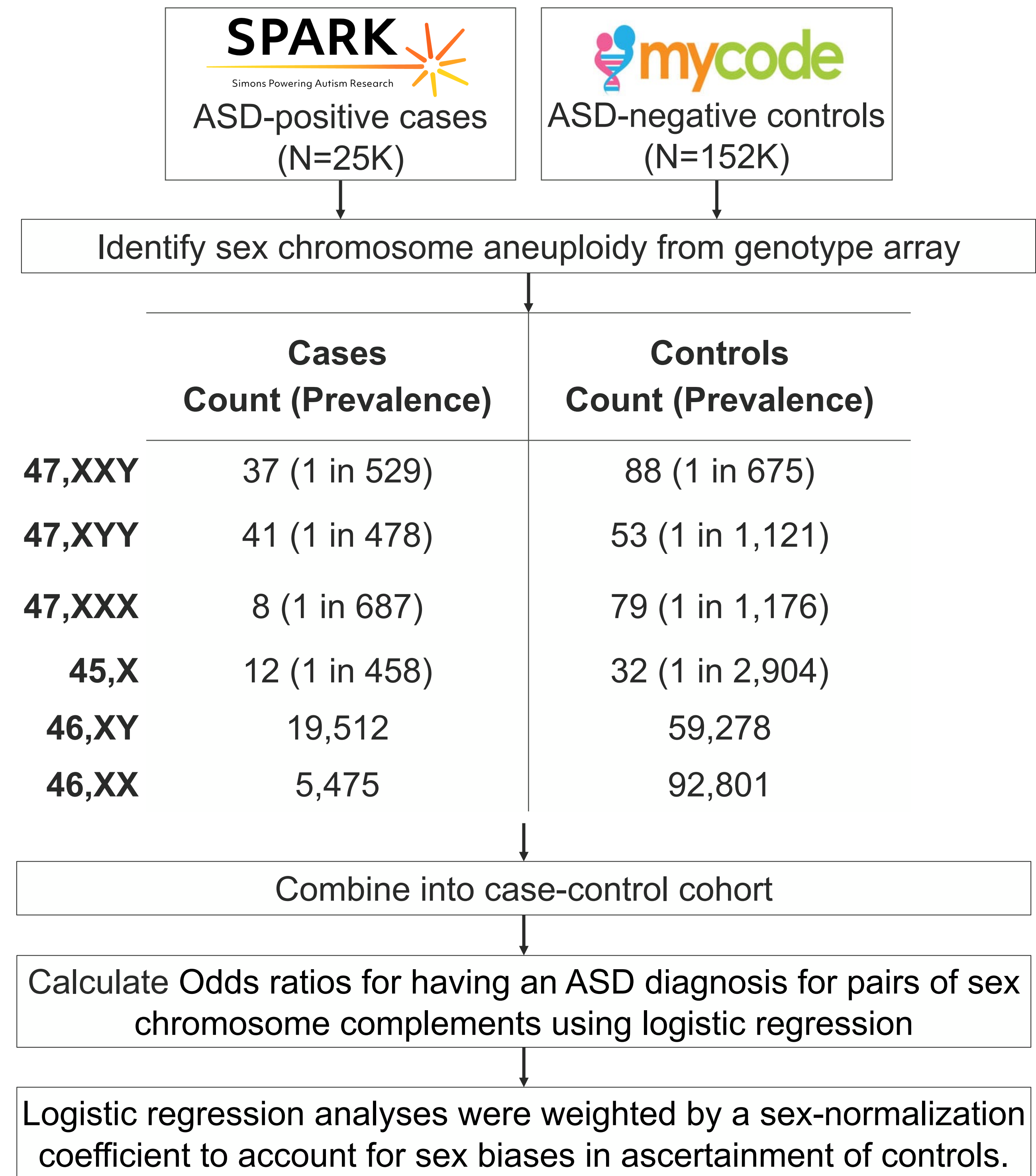
## Background

- Autism spectrum disorder (ASD) is 3.8 times more prevalent among males than females, however an explanatory mechanism remains elusive.<sup>1</sup>
- Individuals with an atypical number of X and/or Y chromosomes, a genetic condition called sex chromosome aneuploidy (SCA), can be a useful model to examine the relationship between sex chromosome dosage and human phenotypes.
- The prevalence of ASD reported among the four most common SCAs (45,X, 47,XXX, 47,XXY and 47,XYY) were aggregated from clinical studies and summarized into a model by Green et al.<sup>2</sup>

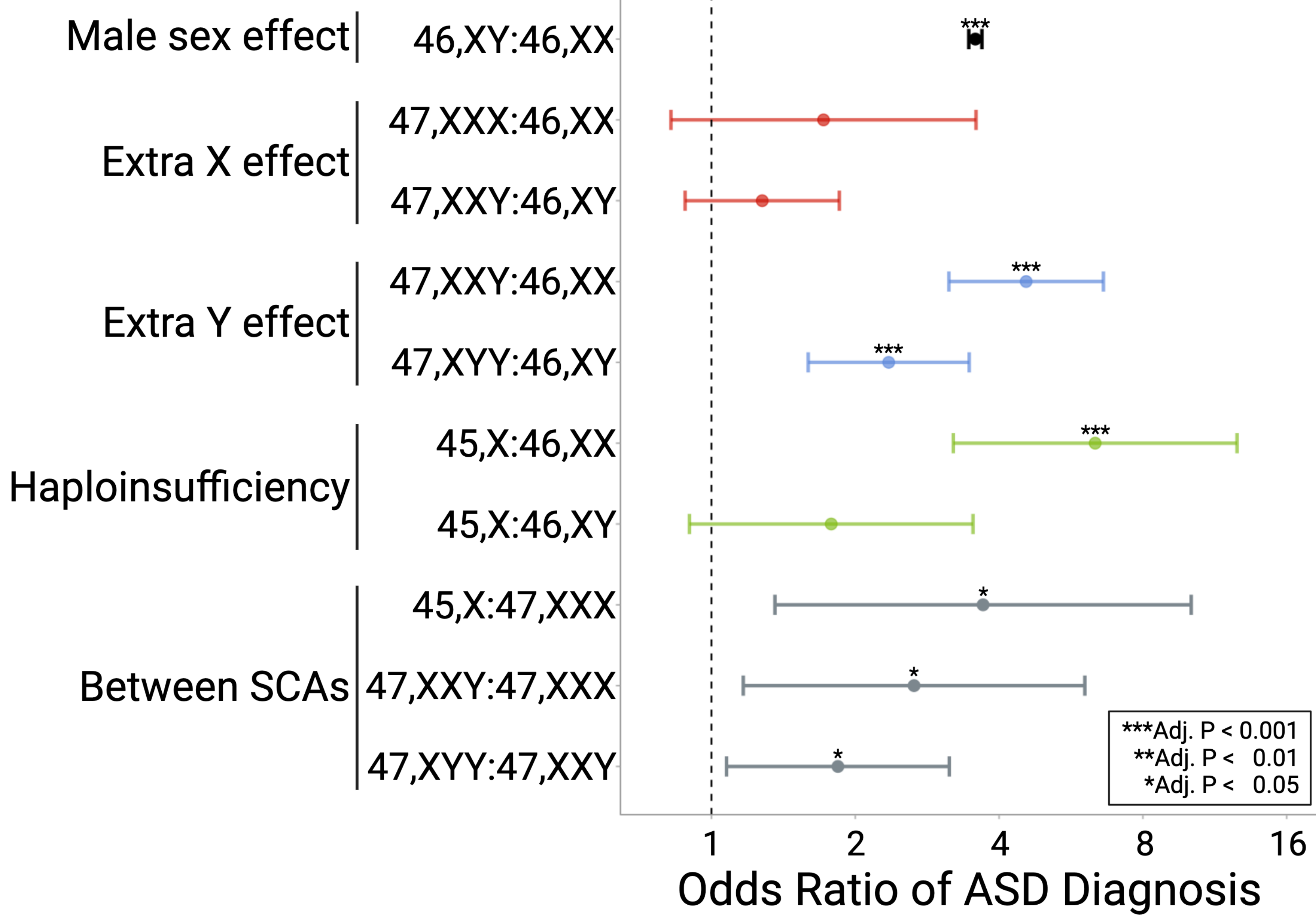


- In this study, we genetically identified individuals with SCA and tested this model of how sex chromosome dosage modulates ASD risk and contributes to the sex difference in ASD prevalence.

## Methods



## Results



**Association between sex chromosome dosage and ASD.** Forest plot shows the odds ratios of having an ASD diagnosis for one sex chromosome complement relative to another.

### Summary of Results:

- The Y chromosome increases ASD risk among males
- No evidence of a dosage sensitive factor on the X chromosome protective of ASD
- Haploinsufficiency of the X chromosome substantially increases ASD risk.

## Conclusions and Future Directions

- By confirming the Green model in a large genetic cohort, this study bridges findings from decades of observational studies of SCA among clinical cohorts with emerging studies of SCA in large scale genetic biobanks.
- Our study provides a framework for using SCA to understand the role of X and Y chromosome dosage on phenotypes with a sex bias.
- Plan to use this framework to study the association between sex chromosome dosage and other phenotypes with sex biases.

## Acknowledgements

Funding/Support: This study was supported by grants R01MH074090 (Gene Dosage) and U01MH119705 (G2MH) from the National Institute of Mental Health

## References

- Maenner, M. J. (2023). Prevalence and Characteristics of Autism Spectrum Disorder Among Children Aged 8 Years — Autism and Developmental Disabilities Monitoring Network, 11 Sites, United States, 2020. *Morbidity and Mortality Weekly Report. Surveillance Summaries*
- Green, T., Flash, S., & Reiss, A. L. (2019). Sex differences in psychiatric disorders: what we can learn from sex chromosome aneuploidies. *Neuropsychopharmacology: Official Publication of the American College of Neuropsychopharmacology*, 44(1), 9–21.