

SEAFARERS HARRY LUNDEBERG SCHOOL OF SEAMANSHIP

45353 Saint Georges Ave • Piney Point, MD 20674 • (301) 994-0010



SIU Port Offices

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Important Medical Information – Please read carefully

The job of a Merchant Mariner has unique challenges-physically, psychologically and socially-that require ongoing evaluation and medical clearance to maintain fitness for duty. Participants in the Unlicensed Apprentice program are required to meet the medical standards established by SIU to comply with the USCG and Military Sealift Command (MSC) requirements.

There are certain medical/mental health conditions that are disqualifying for work as a seafarer, and others that may require further review to obtain medical clearance. If you have any questions or concerns about meeting the medical standards to attend SHLSS UA Program, or to work as a seafarer, you may contact the school nurse via email: sthompson@seafarers.org or **Text: 240-524-2691**.

The Unlicensed Apprentice Physical Exam appointment will be scheduled through Acuity International. Your Union Hall Representative will assist you with ordering the required exam services. The exam will include the Vaccines required to meet MSC shipping standards as required by SHLSS.

If selected, UA participants are required to submit a copy of their vaccine records to sthompson@seafarers.org and studentservices@seafarers.org prior to the exam appointment. This attachment will be included with your Step 2 letter if you are selected to move forward.

UA applicants with a BMI (Body Mass Index) of 40 or more will be required to successfully complete a Functional Capacity Evaluation (FCE) prior to being accepted to the program. This exam must be ordered through your local SIU Hiring Hall.

In addition, all UA participants will be required to pass a Functional Fitness Evaluation administered by the SHLSS staff and participate in regular fitness training while at the Seafarers Harry Lundeborg School of Seamanship to remain in the program. You are encouraged to participate in a conditioning program prior to your arrival, which should include aerobic exercise several times a week (running, biking, and swimming) as well as flexibility, stretching and strength training.

Drug Testing / Urinalysis - It is important to note that as a Merchant Mariner, you will be subject to both pre-employment and random drug screening regularly throughout your career. Drug testing is required to obtain your documents, any time you get a raise of grade on your credentials, as well as randomly on a ship. Failure to take a drug screen or failure of a drug screen will result in a Mariner losing their Credential (ability to ship) for at least one year along with significant personal costs. In addition, you will be required to show the USCG proof of rehabilitation in order to reinstate your credential after the one-year suspension. **Please note:** if you leave the clinic prior to taking a required drug screen, it is considered a failed drug screen. Please schedule the drug screen collection at a time when you are able to stay at the clinic for three hours, in case you are not able to provide a specimen when initially requested.

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Department Declaration

I, _____ am choosing the _____ department upon successful completion of my training program. I understand that after I make this choice that I will not be allowed to change departments unless I appeal to the Seafarers Appeals Board, and they approve the change.

I understand that the USCG training requirements vary from department to department and switching departments would require extensive additional training that I did not receive.

Name _____

Signature _____ Date _____

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Criminal Record (Convictions and Drug Use)

If you answer "Yes" to ANY of the questions below, you must disclose the information regarding the conviction. You may complete the optional form CG-719C for each question marked "Yes".

- a. Have you ever been a user of/or addicted to a dangerous drug, including marijuana, within the last 10 years?

- b. Have you ever been convicted of violating a dangerous drug law of the United States, District of Columbia, or any state, or territory of the United States?

- c. Have you ever been convicted by any court-including military court – for an offense other than a minor traffic violation?

- d. Have you ever been convicted of a traffic infraction arising in a connection with a fatal traffic accident, reckless driving or racing on a highway, or operating a motor vehicle while under the influence, or impaired by, alcohol or a controlled substance?

- e. Have you ever had your driver's license revoked or suspended for refusing to submit to an alcohol or drug test?

- f. Have you had a drug test with a result other than negative within the last 10 years?

Applicant Name: _____