



# NEWSLETTER

## AUTISM RESOURCE CENTRE LAHORE



The Autism Resource Centre Lahore (ARCL) was established in 2015 by Dr. Ahmad Faraz Bhatti, driven by a personal commitment to improving the lives of children with autism, inspired by his own experiences as a parent. As a non-profit organization, ARCL has become a beacon of hope for families navigating the challenges of autism. Led by Syeda Mehwish, the center prides itself on a team of highly educated and trained professionals, including therapists, educators, and support staff, who specialize in autism spectrum disorders. ARCL provides a wide range of services, including therapeutic interventions, personalized education plans, and skill-building programs, designed to help children reach their full potential. With its state-of-the-art facilities and a strong emphasis on innovation and care, ARCL has established itself as a trusted and leading institution for autistic children, ensuring their growth in a supportive and inclusive environment.

### Quarterly Highlights

- April
- May
- June

# Preview



1

**2022 – April**

- World Autism Day
- Farewell Ceremony for Assistant Director Dr. Aqsa Rabbani



2

**2022 – May**

- Eid Millan Party
- Kids Day Out
- Watermelon Activity day



3

**2022 – June**

- 2-day Trip
- Informative Lectures on Autism & Communication
- Mango Day Celebration

# Autism Awareness Day

"They are different, but not less." At ARCL, we believe that every child is capable of achieving greatness. Our Autism Awareness Day was a celebration of abilities, resilience, and potential. Through engaging activities, we highlighted the importance of inclusion and empowerment, reinforcing that individuals with autism can grow, excel, and achieve milestones just like anyone else.



# Farewell Ceremony for Assistant Director Dr. Aqsa Rabbani

ARCL hosted a heartfelt farewell in honor of our esteemed Assistant Director, Dr. Aqsa Rabbani. Her invaluable contributions, knowledge, and guidance have left a lasting impact on our team and children. Though saying goodbye is never easy, we part with immense gratitude, prayers, and best wishes for her future. Her dedication and leadership will always be cherished as she continues to inspire others in her journey.



## Eid Milan Party – A Joyous Celebration

Eid was celebrated with immense joy as ARCL's bright stars dressed in beautiful traditional outfits, exchanged hugs, and shared gifts. The celebration fostered love, togetherness, and happiness, making the occasion even more special for our children. Their laughter and smiles truly reflected the spirit of Eid, reminding us of the beauty of unity and kindness.



# **Outdoor Activity – Embracing Nature's Power**

Nature has an incredible way of uplifting the mind and soul. ARCL's little champions enjoyed an exciting outdoor activity, embracing the pleasant weather and refreshing surroundings. This experience encouraged them to connect with nature, promoting relaxation, creativity, and overall well-being. Engaging in outdoor play not only strengthens physical health but also enhances sensory development and social skills.



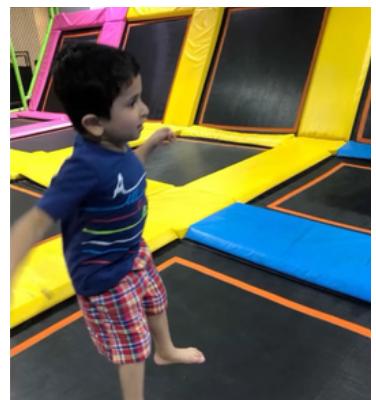
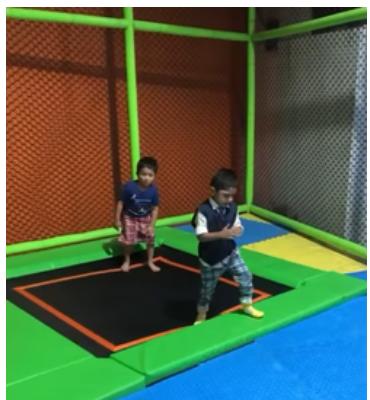
## **Watermelon Activity Day**

Our champions had a fun-filled Watermelon Activity Day, where they enjoyed the delicious fruit while engaging in interactive activities. This simple yet meaningful experience encouraged healthy eating habits and sensory exploration. Seeing their excitement and joy reinforced the importance of integrating playful learning into everyday activities.



# Two-Day Trip – Fostering Socialization

Socialization plays a crucial role in personal growth, and at ARCL, we emphasize its importance through experiential learning. We arranged a successful two-day trip for our champions, providing them with an opportunity to explore, interact, and develop essential social skills. The trip was filled with adventure, laughter, and valuable experiences, strengthening friendships and building confidence.



# **Informative Lectures on Autism & Communication**

Effective communication is key to fostering meaningful connections. ARCL conducted a two-day lecture series on "Autism and Communication" for parents under the guidance of our Speech & Language Pathologists. The sessions provided valuable insights into speech development and communication strategies, equipping parents with essential tools to support their children's language growth. Through practical examples and expert guidance, the lecture empowered parents to enhance their child's verbal and non-verbal skills.

## **Day 1**



## **Day 2**



# Mango Day Celebration

ARCL's Mango Day was a delightful event filled with joy and excitement as children indulged in the king of fruits. This celebration not only brought happiness but also introduced sensory learning experiences through taste, texture, and colors. Watching our little ones enjoy the juicy flavors of mangoes made the day even more special.





**AUTISM**  
AWARENESS

## AUTISM AWARENESS MESSAGE

Autism is often misunderstood due to stereotypes. It's not just about social challenges; it's a diverse spectrum where individuals may have unique talents, interests, and ways of processing the world. Some may struggle with eye contact, while others are highly expressive. Instead of making assumptions, let's take the time to learn and appreciate their unique perspectives.

## OUR VISION

The Autism Resource Centre aims to become nationally and internationally acknowledged Centre with the distinction of implanting Quality services combined with outstanding outcomes through conducive learning environment, experienced staff, efficient, and friendly management.

## OUR MISSION

The mission of the Autism Resource Centre (ARC) Lahore is to support individuals with autism and their families by providing education, therapy, and resources. We aim to develop each child's potential, improve their quality of life, and prepare them for integration into mainstream schools, fostering a better understanding of autism across communities.



# Support Us



Your support can transform lives at ARCL. Every donation helps us provide a safe, empowering space where children with autism can thrive. Together, we can offer quality education, life-changing therapies, and a brighter future for these incredible kids. Join us in this journey of hope and possibilities—because every child deserves a chance to shine. Donate now and make a lasting impact!

## DONATION DETAILS

### CONTACT US:

**042 35248222 | 0300 9579526 | 0303 6655444**

### BANK DETAIL:

**Account Number: 0000 0000 1478 4462 MCB Bank,  
wapda Town Lahore.**