

Faculty Advisor's Statement

Faculty Advisor Information:	
Faculty Advisor Name:	Gregory Cox
Faculty Advisor Title:	Assistant Professor
School/Department:	Psychology
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Project Information:	
Student Principal Investigator Name:	Ella Bremmer
Study Title: Mindfulness Attention and Life Satisfaction	

I. Please explain your understanding of this research and the qualifications of the researcher(s) to effectively conduct this research:

The proposed study will examine correlations between mindfulness, life satisfaction, and attention. The purpose of the study is to understand whether the construct of "mindfulness" is related to the attentional capacity, which in turn may moderate the relationship between mindfulness and general life satisfaction. The researcher is an undergraduate student who has already supported the research work of other graduate students in the department. She has previously worked in a behavioral neuroscience lab with mice and eminently qualified to conduct the current project (she already devised the scales for measuring mindfulness and life satisfaction). She has also completed all necessary ethics training to conduct research with human subjects.

II. Please explain your understanding of potential risks involved in this research:

The risks of the proposed research are minimal—participants will answer questions and perform simple visual search tasks presented on a computer screen. The questions are not of a sensitive nature and no personally identifying information is recorded in the data that is saved. There may be risks of discomfort from answering questions about oneself and risks of physical discomfort from using a computer for the duration of the study (e.g., eye strain).

III. Please explain your understanding of risk mitigation plans for this research:

The risks to participants are no greater than they would experience in typical daily life. Participants are free to withdraw from the study at any point and are encouraged to take breaks as they need. No personally identifying information will be retained, thereby mitigating the risk of loss of confidentiality.



Signature

Submission of this statement indicates that I have reviewed and approved all the submitted application materials. Faculty Advisor responsibilities may only be carried out by a member of the University at Albany faculty. The faculty member is considered the responsible party for assisting the PI in making ethical decisions throughout the life of the project.