

Sample Medical Guideline

Medical Team

2025-01-17

Overview

This is a sample medical guideline template.

Indication

Brief description of when this guideline applies.

Contraindications

List of contraindications.

Procedure

Step-by-step procedure or treatment protocol.

Pre-Procedure Checklist

- ☐ Verify patient identity and consent
- ☐ Review medical history and allergies
- ☐ Confirm procedure site and laterality
- ☐ Ensure all equipment is available and sterile
- ☐ Complete pre-procedure timeout
- ☐ Verify emergency protocols are in place

Procedure Steps

1. **Preparation**
 - Follow standard precautions
 - Position patient appropriately
 - Prepare sterile field
2. **Procedure Execution**
 - Perform according to protocol
 - Monitor vital signs continuously
 - Document all steps
3. **Completion**
 - Ensure hemostasis
 - Apply appropriate dressing
 - Move patient to recovery

Post-Procedure Checklist

- ☐ Monitor vital signs stable
- ☐ Assess procedure site for complications
- ☐ Document procedure details
- ☐ Patient education completed
- ☐ Discharge instructions provided
- ☐ Follow-up appointment scheduled

Monitoring

What to monitor during treatment.

Patient Monitoring Checklist

- ☐ Blood pressure within normal range
- ☐ Heart rate and rhythm stable
- ☐ Respiratory rate adequate
- ☐ Temperature within normal limits
- ☐ Pain level assessed and managed
- ☐ Neurological status unchanged
- ☐ Surgical site without bleeding

References

1. Reference 1
2. Reference 2