

# Sample Medical Guideline

Medical Team

2025-01-17

## Overview

This is a sample medical guideline template.

## Indication

Brief description of when this guideline applies.

## Contraindications

List of contraindications.

## Procedure

Step-by-step procedure or treatment protocol.

## Pre-Procedure Checklist

- ☐ Verify patient identity and consent
- ☐ Review medical history and allergies
- ☐ Confirm procedure site and laterality
- ☐ Ensure all equipment is available and sterile
- ☐ Complete pre-procedure timeout
- ☐ Verify emergency protocols are in place

## Procedure Steps

1. **Preparation**
  - Follow standard precautions
  - Position patient appropriately
  - Prepare sterile field
2. **Procedure Execution**
  - Perform according to protocol
  - Monitor vital signs continuously
  - Document all steps
3. **Completion**
  - Ensure hemostasis
  - Apply appropriate dressing
  - Move patient to recovery

### **Post-Procedure Checklist**

- ☐ Monitor vital signs stable
- ☐ Assess procedure site for complications
- ☐ Document procedure details
- ☐ Patient education completed
- ☐ Discharge instructions provided
- ☐ Follow-up appointment scheduled

### **Monitoring**

What to monitor during treatment.

### **Patient Monitoring Checklist**

- ☐ Blood pressure within normal range
- ☐ Heart rate and rhythm stable
- ☐ Respiratory rate adequate
- ☐ Temperature within normal limits
- ☐ Pain level assessed and managed
- ☐ Neurological status unchanged
- ☐ Surgical site without bleeding

### **References**

1. Reference 1
2. Reference 2