CSCE 190

Assignment Name: Problem Statement

Group Name: Throuple

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Problem Statement

 Most new gym members have no idea what any machines do or what muscle groups they work. Our solution is to create a website that helps new people in the gym to find a good workout plan and know what they are doing while working out.

Who is experiencing the problem?

- Any new members trying to get into the gym and get interested in it.

What is the Problem?

- People who are new to fitness and working out might not know how to do certain workouts, or what workouts to do.

Where does the problem present itself?

 Most people who are new to the gym do not know any complex workouts and/or workout programs and need somewhere to find a new plan.

Why does it matter?

- People who might not know how to start working out, or are too scared to try something new can be given a plan, and shown how to do different workouts depending on what outcome they want.