



Judy Shorts

I N S T R U C T I O N B O O K L E T

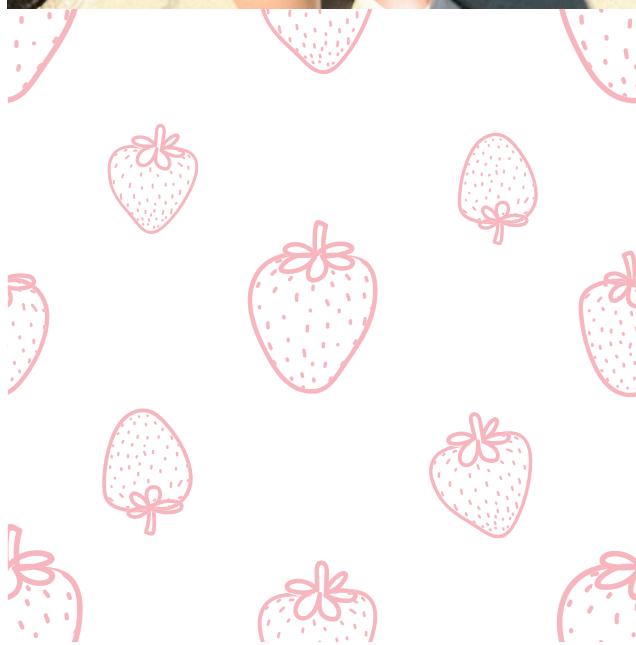
A SEWING PATTERN
FROM JOANNA BLÜM STUDIO



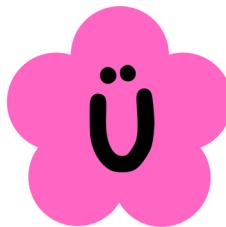
#judyshorts

Difficulty: ★★★★☆

Ideal for the **Confident Beginner**



THE COMFIEST SUMMER **SHORTS**



SEWING PATTERN TERMS AND CONDITIONS

“

**Your pattern is ready.
Thanks for downloading!**

Before you get started, here are a few important T&Cs



© Copyright of this pattern is owned by Joanna Blüm Studio.

This pattern has been created for you to print and copy for individual home use only.

This pattern is designed for personal, non-commercial use only. It may not be reproduced or distributed, digitally or physically, for commercial purposes.

If you wish to share this pattern online, please kindly include a link to joannabluumstudio.com.

We'd love to see your creations! Share them with us on social media by tagging @joannabluumstudio and using #judyshorts

Got Questions? Shoot us an email at joannabluumstudio@gmail.com

Table of Contents

SIZE INFORMATION	5
GETTING STARTED & PRINTING INSTRUCTIONS	6
PATTERN INVENTORY & FABRIC CONSUMPTION	7
GLOSSARY	8
SEWING INSTRUCTIONS	9
FEEDBACK SURVEY	13

Size Chart

Imperial System (inch)

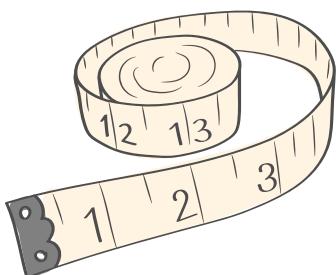
	Chest	Waist	Hip
XS	30"	25"	36"
S	33"	27"	38"
M	36"	29"	40"
L	39"	31"	42"
XL	41"	33"	44"



Metric System (cm)

	Chest	Waist	Hip
XS	76cm	63cm	91cm
S	84cm	68cm	96cm
M	91cm	74cm	102cm
L	99cm	79cm	107cm
XL	104cm	84cm	112cm

Please note that there might be slight fit differences depending on the fabric you choose, so we highly recommend making a prototype if you desire a perfect fit.



Let's get started!

What do I need?

- Your Choice of Fabric
- 11/2"(38mm) Elastic
- Sewing Machine
- (Optional) Serger
- Sewing Supplies (Pins, Clips, Pattern Weights, Chalks, Fabric Marking Pen, etc)
- Iron board, iron



Fabric Recommendation

Cotton Voile: This lightweight and breathable fabric has a soft, slightly crisp feel. It drapes beautifully and is comfortable to wear.

Linen: Linen fabric has a natural texture and excellent breathability, making it perfect for summer shorts.

Chambray: Similar to denim but lighter in weight, chambray is breathable and soft. It offers a casual, stylish look for summer shorts.

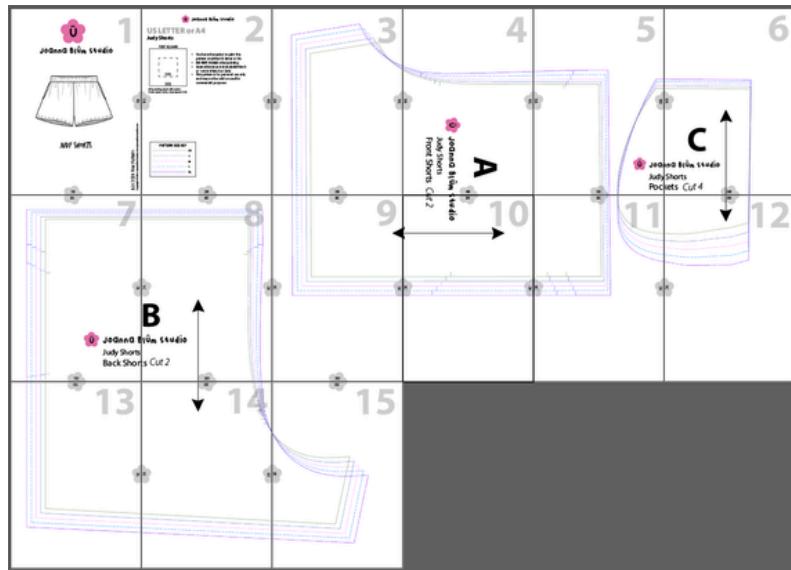
Printing Instructions

This pattern file has embedded layers (organized by size). If you don't want to print all sizes, you can choose to print only your size using Adobe Reader (**FREE!**):



1. Open in Adobe Acrobat Reader
2. Menu -> View -> Show/Hide -> Side Panels -> Make sure Layers is checked.
3. Click on the Layers option on the side panel.
4. There will be an eye next to each layer in the pattern. Turn off (by clicking) all the layers you do not need. The DO NOT TOUCH layer needs to remain on for all sizes.

Pattern Inventory



- A.** Front Shorts: Cut 2 (1 Pair)
- B.** Back Shorts: Cut 2 (1 Pair)
- C.** Pocket: Cut 4 (2 Pairs)

Fabric Consumption

You will need about **1 yard**. This calculation is based on fabric width ranges from 48 to 60 inches (120 to 150 cm). Wider fabric can accommodate a little more, but there won't be a significant difference. If you're a beginner and not used to tightly laying out pattern pieces, I highly suggest you get about **1-1.3** yards for this project.





Glossary



Seam Allowance: Seam allowance refers to the space between the seam and the cut edge of the fabric. It provides room for stitching and helps reinforce the seam for durability.

Open Seam: An open seam is one where the seam allowances on each side of the seam have been pressed open, with the wrong side of the fabric facing the wrong side. This technique creates a flat, neat finish and is commonly used in garments and sewing projects.

Right Side of the Fabric: The right side of the fabric refers to the side that is intended to be visible on the outside of the garment.

Wrong Side of the Fabric: The wrong side is the interior-facing side that remains hidden on the inside of the finished piece.

Notches: Small, strategically placed markings or cuts on fabric pieces that serve as reference points to align and match corresponding pieces accurately during assembly.

Finish: To finish a seam means toneaten the raw edge to prevent fraying. This can be done in several ways:

1. **Overlock (Serging):** This method trims the seam allowance while simultaneously encasing it in thread, creating a neat and secure edge.
2. **Zigzag Stitching:** Zigzag stitching involves sewing along the edge of the fabric with a zigzag pattern, which helps bind the raw edge and prevent fraying.
3. **Pinking Shears:** These are scissors with a serrated edge that cuts the fabric in a zigzag pattern. Pinking shears are commonly used for lightweight fabrics and create a finished edge that reduces fraying.

Staystitch: A row of stitching just inside the seam line on a single layer of fabric to prevent the fabric from stretching or distorting during construction. It is typically used on curves and bias edges.

Back Stitch: A sewing technique where stitches are made backward before sewing forward, creating a reinforced seam.

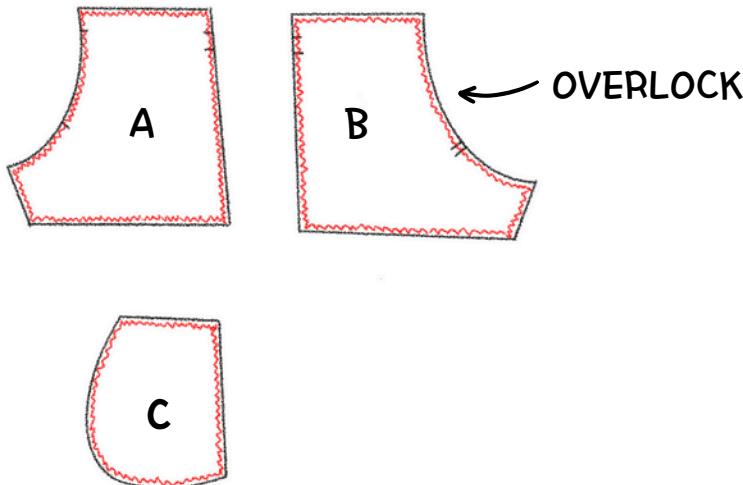
Pressing: The process of using an iron to smooth and flatten fabric, seams, or finished garments to achieve a crisp and professional appearance.

Under Stitching: Stitching the seam allowance to the facing, to prevent the facing from rolling towards the right side of the garment.

Zipper Foot: A sewing machine attachment specifically designed for installing zippers neatly and accurately.

Sewing Instructions

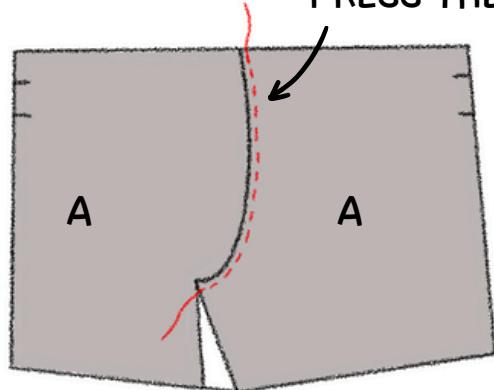
Step 1. Finish Edges



Overlock (or zigzag) **all the edges** of the pattern pieces to prevent fraying.

Step 2: Sew Front Rise

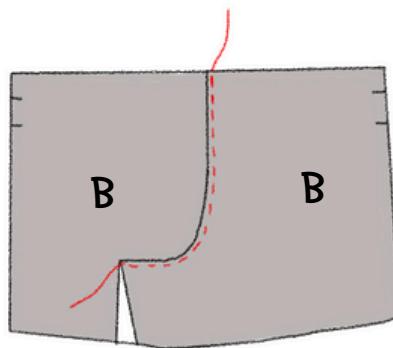
PRESS THE SEAM OPEN!



Place the Front Shorts pieces (A) **right sides together**. Sew along the **rise** with a 3/8" (1 cm) seam allowance. Press the seam open.

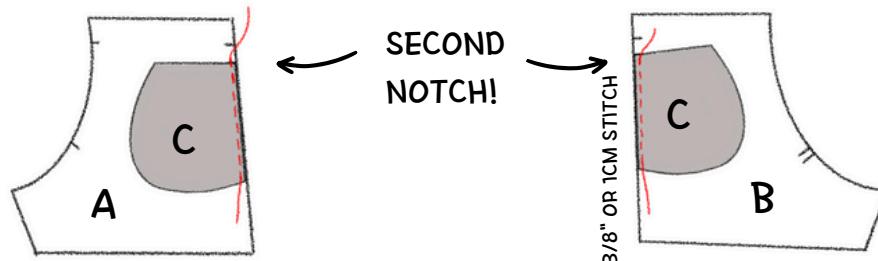
Sewing Instructions

Step 3. Sew Back Rise



Place the Back Shorts pieces (B) **right sides together**. Sew along the rise with a 3/8" (1 cm) seam allowance. Press the seam open.

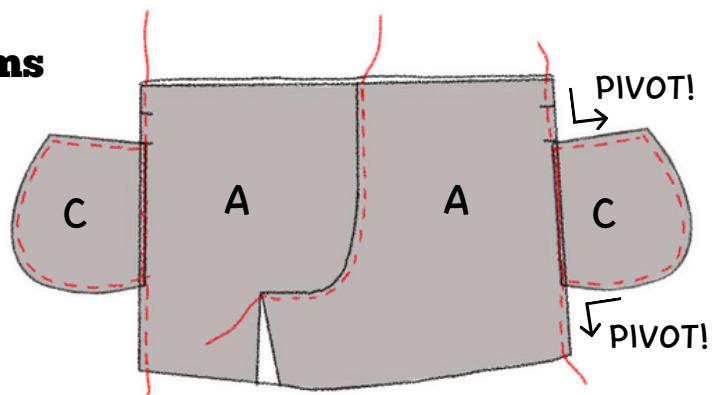
Step 4. Attach Front & Back Pockets



Position the pocket (C) on the **second notch** of the Front Shorts (A) side seam. Sew with a 3/8" (1 cm) straight stitch to join.

Repeat for the other side of the Front Shorts (A) and both sides of the Back Shorts (B).

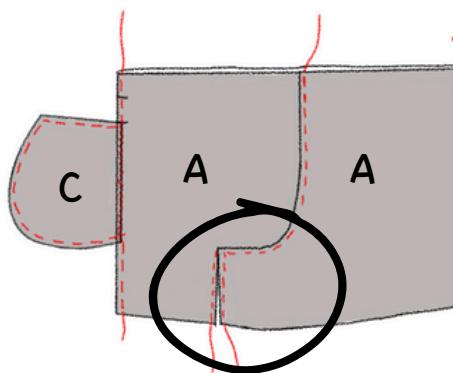
Step 5. Sew Side Seams



Lay the Front Shorts with pockets (A+C) and the Back Shorts with pockets (B+C) right sides together. Close the **side seam** with a 3/8" (1 cm) seam allowance, using the **pivot** technique around the pocket areas.

Sewing Instructions

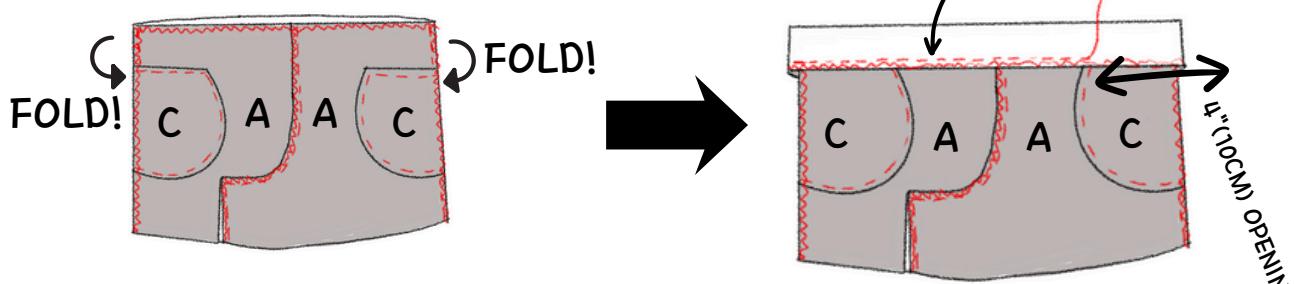
Step 6. Sew Inseam



With right sides together, sew the **inseam** of the Front Shorts and Back Shorts with a 3/8" (1 cm) seam allowance. Press the seam open.

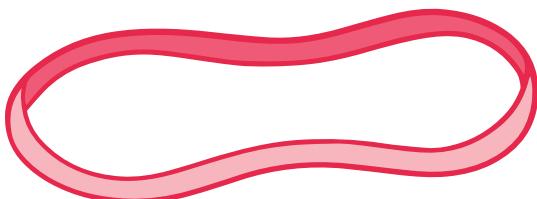
Step 7. Create a Waist Tunnel

TOP STITCH!



Fold the waist opening **1 1/2"** (3.8 cm, elastic width) + **1/8"** (0.3 cm, space to prevent elastic from twisting) towards the inside and press. Topstitch around the waist opening, leaving a **4"** (10 cm) gap at one side seam for inserting the elastic.

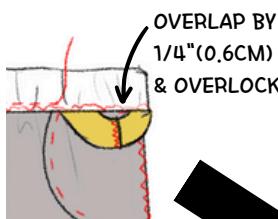
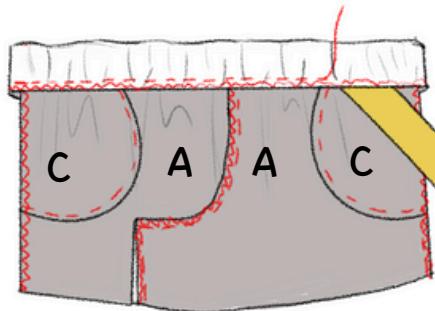
Step 8. Insert Elastic (Elastic Length Guide)



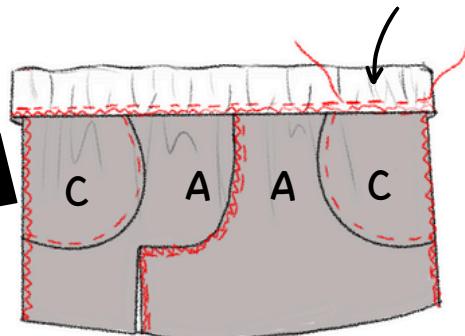
	inch	cm
XS	25 1/2"	65cm
S	27 1/2"	70cm
M	29 1/2"	75cm
L	31 1/2"	80cm
XL	33 1/2"	85cm

Sewing Instructions

Step 8. Insert Elastic



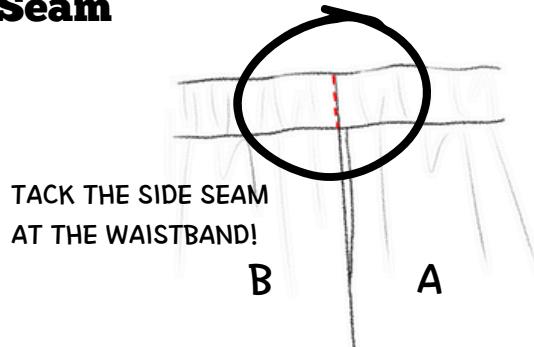
CLOSE TOP STITCH GAP AREA!



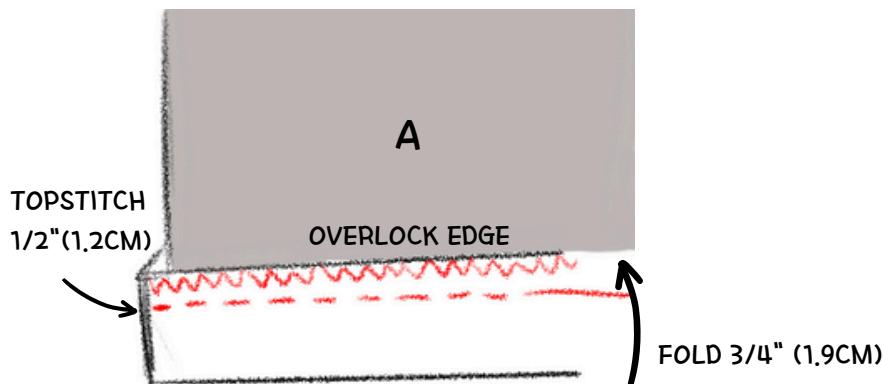
Insert one end of the elastic through the waistband tunnel, using a safety pin or bodkin, until it meets the other end. **Overlap the ends** of the elastic by 1/4" (0.6 cm) and zigzag or overlock to join. **Close the waistband opening** by continuing to topstitch the gap.

Step 9(Optional). Tack Side Seam

Tack the side seam at the waistband to **avoid** the elastic **twisting** inside the tunnel.



Step 10. Hem Leg Openings



Fold the hemline **3/4"** (**1.9 cm**) towards the inside and topstitch **1/2"** (**1.2 cm**) from the fold to hem the leg openings.



Feedback Survey



Thank you for your valuable feedback! Your input will help us improve. As a token of our appreciation, you have the chance to win a **\$25 gift card**. We truly appreciate your support.

Please **email** this form to: **joannablumstudio@gmail.com**

What is your proficiency level in sewing?

Beginner Intermediate Advanced

How satisfied are you with the digital pattern and sewing instructions provided?

Very Satisfied Satisfied Neutral
 Dissatisfied Very dissatisfied Other: _____

Were the sewing instructions **clear** and **easy** to follow?

Yes Somewhat No

Did you encounter any difficulties understanding the instructions?

Yes No

Were the pattern pieces accurate and properly labeled?

Yes No

Any problems preparing (printing/cutting/taping) pattern pieces?

Yes No

Did the pattern provide accurate sizing information?

Yes No

How did the final garment fit compared to your expectations?

Exactly as expected Slightly larger Slightly smaller
 Much larger Much smaller Other: _____

If you answered negatively to any of the questions above, we kindly ask you to provide further details or explanations.

Would you recommend this digital pattern and instructions Yes No Maybe

to others?

Did this pattern exceed your expectations? Yes No Maybe

Would you consider purchasing patterns from us in the future? Yes No Maybe

Additional Feedbacks: