¹ Regression models for Cylindrical data in Psychology

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## Abstract

Cylindrical data are multivariate data which consist of a directional, in this paper circular, and a linear component. Examples of cylindrical data in psychology include human navigation (direction and distance of movement), eye-tracking research (direction and length of saccades) and data from an interpersonal circumplex (type and strength of interpersonal behavior). In this paper we adapt four models for cylindrical data to include a regression of the circular and linear component onto a set of covariates. Subsequently, we illustrate how to fit these models and interpret their results on a dataset on the interpersonal behavior of teachers.

*Keywords:* cylindrical data, regression, interpersonal behavior

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<sub>22</sub>                                **Introduction**

<sub>23</sub>        In social sciences the use of cylindrical data is very common. Such data consist of a

<sub>24</sub> linear and a circular component. Gurtman (2011) refers to such data as vectors, with a

<sub>25</sub> directional measure (i.e., the circular component) and a measure indicating the magnitude

<sub>26</sub> (i.e., linear component). Many established models in psychology are often referred to as

<sub>27</sub> circular or circumplex models, but those models are cylindrical. Examples of such cylindrical

<sub>28</sub> models are the interpersonal circle/circumplex (Leary, 1957; Wiggins, 1996; Wubbels,

<sub>29</sub> Brekelmans, Brok, & Tartwijk, 2006), the circumplex of affect (Russell, 1980), the circumplex

<sub>30</sub> of human emotion (Plutchik, 1997) or the model of human values (Schwartz, 1992).

<sub>31</sub>        Also, many of the more recent types of data that are studied in psychology are

<sub>32</sub> cylindrical. For example, research on human navigation uses data where distance (i.e., linear

<sub>33</sub> component) and direction (i.e., the linear component) are of interest (Chrastil & Warren,

<sub>34</sub> 2017) or in eye-tracking, the saccade data also consist of both the direction (i.e., the circular

<sub>35</sub> variable) and the duration (i.e., the linear variable)(e.g., Rayner (2009)). Apart from the

<sub>36</sub> social sciences data with a circular and linear outcome more commonly occur in meteorology

<sub>37</sub> (García-Portugués, Crujeiras, & González-Manteiga, 2013), ecology (García-Portugués,

<sub>38</sub> Barros, Crujeiras, González-Manteiga, & Pereira, 2014) or marine research (Lagona, Picone,

<sub>39</sub> Maruotti, & Cosoli, 2015)

<sub>40</sub>        Up until now researchers studying cylindrical data had to rely on linear statistical

<sub>41</sub> methods to analyze their research results. However, lately more and more of these

<sub>42</sub> researchers acknowledge that linear methods are not sufficient and call for new methods

<sub>43</sub> (Gurtman, 2011; Pennings, 2017b; Wright, Pincus, Conroy, & Hilsenroth, 2009) that take

<sub>44</sub> into account both the circular and the linear component of these data.

<sub>45</sub>        The aim in the present paper is twofold. Firstly, we we intend to fill the above

<sub>46</sub> mentioned gap in the literature by showing the use of cylindrical models can benefit the

⁴⁷ analysis of circumplex data and cylindrical data in psychology in general. More specifically

⁴⁸ we will show these benefits for interpersonal teacher data from the field of educational

⁴⁹ psychology. Apart from modelling the dependence between the linear and circular

⁵⁰ component of a cylindrical variable we would also like to predict the two components from a

⁵¹ set of covariates in a regression model. Our second aim therefore is to adapt several existing

⁵² cylindrical models in such a way that they include a regression of both the linear and

⁵³ circular component of a cylindrical variable onto a set of covariates. From now on we will

⁵⁴ therefore refer to the components of the cylindrical variable as outcome components. These

⁵⁵ adapted circular models are then used to analyse the teacher data.

## Cylindrical data

⁵⁷     Data that consist of a variable and a circular variable is called cylindrical data. A

⁵⁸ circular variable is different from the linear variable in the sense that it is measured on a

⁵⁹ different scale. Figure 1 shows the difference between a circular scale (right) and a linear

⁶⁰ scale (left). The most important difference is that on a circular scale the datapoints 0° and

⁶¹ 360° are connected and in fact represent the same number while on a linear scale the two

⁶² ends, $-\infty$ and $\infty$, are not connected and consequently the values 0° and 360° are located on

⁶³ different places on the scale. Both circular data and cylindrical data require special analysis

⁶⁴ methods due to this periodicity in the scale of a circular variable (see e.g. Fisher (1995) for

⁶⁵ an introduction to circular data and Mardia and Jupp (2000), Jammalamadaka and

⁶⁶ Sengupta (2001) and Ley and Verdebout (2017) for a more elaborate overview).

⁶⁷     In the literature, several methods have been put forward to model the relation between

⁶⁸ the linear and circular component of a cylindrical variable. Some of these are based on

⁶⁹ regressing the linear component onto the circular component using the following type of

⁷⁰ relation:

$$y = \beta_0 + \beta_1 * \cos(\theta) + \beta_2 * \sin(\theta) + \epsilon,$$

71 where $y$ is the linear component and $\theta$ the circular component (Johnson & Wehrly, 1978;

72 Mardia & Sutton, 1978; Mastrantonio, Maruotti, & Jona-Lasinio, 2015). Others model the

73 relation in a different way, e.g. by specifying a multivariate model for several linear and

74 circular variables and modelling their covariance matrix (Mastrantonio, 2018) or by

75 proposing a joint cylindrical distribution. For example, Abe and Ley (2017) introduce a

76 cylindrical distribution based on a Weibull distribution for the linear component and a

77 sine-skewed von Mises distribution for the circular component and link these through their

78 respective shape and concentration parameters. However, none of the methods that have

79 been proposed thus far include additional covariates onto which both the circular and linear

80 component are regressed.

## Teacher Data

82 The motivating example for this article comes from the field of educational psychology

83 and was collected for the studies on classroom climate of Van der Want (2015), Claessens

84 (2016) and Pennings (2017a). An indicator of the quality of the classroom climate is the

85 students' perception of their teachers' interpersonal behavior. These interpersonal

86 perceptions, both in educational psychology as well as in other areas of psychology, can be

87 measured using circumplex measurement instruments (see Horowitz and Strack (2011) for an

88 overview of many such instruments).

89 The circumplex data used in this paper are measured using the Questionnaire on

90 Teacher Interaction (QTI) (Wubbels et al., 2006) which is one such circumplex measurement

91 instrument. The QTI is designed to measure student perceptions of their teachers'

92 interpersonal behavior and contains items that load on two interpersonal dimensions:

93 Agency and Communion. Agency refers to the degree of power or control a teacher exerts in

94 interaction with his/her students. Communion refers to the degree of friendliness or

95 affiliation a teacher conveys in interaction with his/her students. The loadings on the two

⁹⁶ dimensions of the QTI can be placed in a two-dimensional space formed by Agency (vertical)

⁹⁷ and Communion (horizontal), see Figure 2. This space is called the interpersonal

⁹⁸ circle/circumplex (IPC) and different parts of this space are characterized by different

⁹⁹ teacher behavior, e.g. "helpful" or "uncertain". The IPC is "a continuous order with no

¹⁰⁰ beginning or end" (Gurtman, 2009, p. 2). We call such ordering a circumplex ordering and

¹⁰¹ the IPC is therefore often called the interpersonal circumplex. The ordering also implies that

¹⁰² scores on the IPC could be viewed as a circular variable. This circular variable represents the

¹⁰³ type of interpersonal behavior that a teacher shows towards his/her students.

¹⁰⁴      Cremers et al. (2018a) explain the circular nature of the IPC data and analyze them as

¹⁰⁵ such using a circular regression model. The two dimension scores, Agency and Communion,

¹⁰⁶ can be converted to a circular score using the two-argument arctangent function in $(1)^1$,

¹⁰⁷ where $A$ represents a score on the Agency dimension and $C$ represents a score on the

¹⁰⁸ Communion dimension. Note that when placing a unit circle on Figure 2 we see that the

¹⁰⁹ Agency dimension is related to the sine of the circular score and the Communion dimension

¹¹⁰ is related to the cosine of the circular score.

$$\theta = \operatorname{atan2}(A,\ C) = \begin{cases} \arctan\left(\frac{A}{C}\right) & \text{if } C > 0 \\ \arctan\left(\frac{A}{C}\right) + \pi & \text{if } C < 0 \ \& \ A \geq 0 \\ \arctan\left(\frac{A}{C}\right) - \pi & \text{if } C < 0 \ \& \ A < 0 \\ +\frac{\pi}{2} & \text{if } C = 0 \ \& \ A > 0 \\ -\frac{\pi}{2} & \text{if } C = 0 \ \& \ A < 0 \\ \text{undefined} & \text{if } C = 0 \ \& \ A = 0. \end{cases} \tag{1}$$

¹¹¹ The resulting circular variable $\theta$ can then be modelled and takes values in the interval $[0, 2\pi)$

¹¹² or $[0°, 360°)$. Note that the round brackets mean that $2\pi$ and $360°$ are not included in the

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[1] The selection of the origin in circumplex data depends on the scaling of the Agency and Communion scores. Agency and Communion are measured on a scale from 1 to 5 and for analysis purposes they are later converted to scale ranging from -1 to 1. Their respective 0 scores form the origin. Scaling is however only considered an issue in those instances where cylindrical data is derived from measurements in bivariate space.

113 interval since these represent the same value as 0 as a result of periodicity.

114 A circular analysis of circumplex data has several benefits: it is more in line with its

115 theoretical definition and it allows us to analyse the blend of the two dimensions Agency and

116 Communion instead of both dimensions separately. This provides us with new insights

117 compared to a separate analysis of the two dimensions that is standard in the literature (see

118 e.g. Pennings et al. (2018), Wright et al. (2009) or Wubbels et al. (2006)). There is however

119 one main drawback: when two-dimensional data are converted to the circle we lose some

120 information, namely the length of the two-dimensional vector $(A, C)^t$, *i.e.*, its Euclidean

121 norm $|| (A, C)^t ||$. This length represents the strength of the interpersonal behavior a teacher

122 shows towards his/her students. In a cylindrical model this strength (the linear outcome)

123 can be modeled together with the type of interpersonal behavior of a teacher (the circular

124 outcome). This leads to an improved analysis of interpersonal circumplex data, over either

125 analyzing the two dimensions separately or using a circular model, because we take all

126 information, circular and linear, into account. In the next section we introduce several

127 cylindrical models that can be used to analyze the teacher data. First however we will

128 provide descriptives for the teacher data.

## Data Description

130 The teacher data was collected between 2010 and 2015 and contains several repeated

131 measures on the IPC of 161 teachers. Measurements were obtained using the QTI and taken

132 in different years and classes. For this paper we only consider one measurement, the first

133 occasion (2010) and largest class if data for multiple classes were available. This results in a

134 sample of 151 teachers. In addition to the type of interpersonal behavior (IPC), the circular

135 outcome, and the strength of interpersonal behavior (IPC strength), the linear outcome, a

136 teachers' self-efficacy (SE) concerning classroom management is used as covariate in the

137 analysis. In previous research, in psychology and education it has been shown that higher

138    self-efficacy is related to the quality of interpersonal interactions (Locke & Sadler, 2007; Van

139    der Want et al., 2018). After listwise deletion of missings (3 in total, only for the self-efficacy)

140    we have a sample of 148 teachers. Table 1 shows descriptives for the dataset. For the circular

141    variable IPC we show sample estimates for the circular mean $\bar{\theta}$ and concentration $\hat{\rho}$. The

142    circular concentration lies between 0, meaning the data is not concentrated at all *i.e.* spread

143    over the entire circle, and 1, meaning all data is concentrated at a single point on the circle

144    The population values of these parameters are usually, and also in this paper, referred to as

145    $\mu$ (circular location) and $\kappa$ (circular concentration). For the linear variables (strength IPC

146    and SE) we show sample estimates of the linear mean and standard deviation (sd). Figure 3

147    is a scatterplot showing the relation between the linear and circular outcome of the teacher

148    data for teachers with low SE (below 1 sd below the mean), average SE (between 1 sd below

149    and 1 sd above the mean) and high SE (above 1 sd above the mean).

## Four Cylindrical Regression Models

151    One of the goals of this paper is to show the benefits of cylindrical methods for the

152    analysis of circumplex data and cylindrical data in psychology in general. To do so we decide

153    to focus on four cylindrical models. The models were selected for their relatively low

154    complexity and the ease with which a regression structure could be incorporated. But also

155    because they show different ways of modelling the the linear and circular outcome and

156    thereby illustrate a wider range of cylindrical models available in the literature. The

157    cylindrical models contain a set of $q$ predictors $\boldsymbol{x} = x_1, \ldots, x_q$ and $p$ predictors $\boldsymbol{z} = z_1, \ldots, z_q$

158    for the linear and circular outcomes, $Y$ and $\Theta$, respectively. The first two models are based

159    on a construction by Mastrantonio et al. (2015), while the other models are extensions of the

160    models from Abe and Ley (2017) and Mastrantonio (2018). The four cylindrical models are

161    introduced separately in the subsections below. However, to provide a more succinct

162    overview and comparison of the four models, Table 2 gives an overview of the similarities

163 and differences between the models.

## The Modified Circular-Linear Projected Normal (CL-PN) and Modified Circular-Linear General Projected Normal (CL-GPN) Models

166 Following Mastrantonio et al. (2015) we consider two models where the relation

167 between $\Theta \in [0, 2\pi)$ and $Y \in (-\infty, +\infty)$ and $q$ covariates is specified as

$$Y = \gamma_0 + \gamma_{cos} * \cos(\Theta) * R + \gamma_{sin} * \sin(\Theta) * R + \gamma_1 * x_1 + \cdots + \gamma_q * x_q + \epsilon, \qquad (2)$$

168 where the random variable $R \geq 0$ will be introduced below, the error term $\epsilon \sim N(0, \sigma^2)$ with

169 variance $\sigma^2 > 0$, $\gamma_0, \gamma_{cos}, \gamma_{sin}, \gamma_1, \ldots, \gamma_q$ are the intercept and regression coefficients and

170 $x_1, \ldots, x_q$ are the $q$ covariates for the prediction of the linear outcome. We thus assume a

171 normal distribution for the linear outcome.

172 For the circular outcome we assume either a projected normal (PN) or a general

173 projected normal (GPN) distribution. These distributions arise from a projection of a

174 distribution defined in bivariate space onto the circle. Figure 4 represents this projection. In

175 the left plot of Figure 4 we see datapoints from the bivariate variable $\boldsymbol{S}$ that in the middle

176 plot are projected to form the circular outcome $\Theta$ in the right plot. Mathematically the

177 relation between $\boldsymbol{S}$ and $\Theta$ is defined as follows

$$\boldsymbol{S} = \begin{bmatrix} S^I \\ S^{II} \end{bmatrix} = R\boldsymbol{u} = \begin{bmatrix} R\cos(\Theta) \\ R\sin(\Theta) \end{bmatrix}, \qquad (3)$$

178 where $R = \| \boldsymbol{S} \|$, the Euclidean norm of $\boldsymbol{S}$; the lines connecting the bivariate datapoints to

179 the origin in the middle plot. We call $\boldsymbol{S}$ the augmented representation of the circular

180 outcome, it is a variable that in contrast to $\Theta$ is not observed and thus considered latent or

181 auxiliary. This then means that we do not model $\Theta$ directly but indirectly through $\boldsymbol{S}$.

182 For both the PN and GPN distribution the circular location parameter $\mu \in [0, 2\pi)$ is

183 modeled as $\hat{\mu}_i = \text{atan2}(\hat{\mu}_i^{II}, \hat{\mu}_i^{I}) = \text{atan2}(\boldsymbol{\beta}^{II}\boldsymbol{z}_i, \boldsymbol{\beta}^{I}\boldsymbol{z}_i)^2$ where $\boldsymbol{\beta}^{I}$ and $\boldsymbol{\beta}^{II}$ are vectors with

184 intercepts and regression coefficients for the prediction of $\boldsymbol{S}$ and $\boldsymbol{z}_i$ is a vector with predictor

185 values for each individual $i \in 1, \ldots, n$ where $n$ is the sample size. Note that as a result of the

186 augmented representation of the circular outcome we have two sets of regression coefficients

187 and intercepts, one for each bivariate component of $\boldsymbol{S}$. This leads to problems when we want

188 to interpret the effect of a covariate on the circle. A circular regression line is shown in

189 Figure 5, with covariate values on the x-axis and the predicted circular outcome on the

190 y-axis. As can be seen it is of a non-linear character meaning that the effect of a covariate is

191 different at different values of the covariate. A circular regression line is usually described by

192 the slope at the inflection point, the point at which the slope of the regression line starts

193 flattening off (indicated with a square in Figure 5). By default, the parameters from the PN

194 and GPN model do not directly describe this inflection point. For the PN distribution

195 however, Cremers et al. (2018b) solved this interpretation problem and introduce new

196 circular regression coefficients. They introduce a new parameter $b_c$ that describes the slope

197 at the inflection point of the regression line. For the GPN distrbution the interpretation

198 problem however remains.

199     The main difference between the PN and GPN distribution lies in the definition of

200 their covariance matrix. For the PN distribution this is an identity matrix, causing the

201 distribution to be unimodal and symmetric, whereas for the GPN distribution

202 $\boldsymbol{\Sigma} = \begin{bmatrix} \tau^2 + \xi^2 & \xi \\ \xi & 1 \end{bmatrix}$, allowing for multimodality and assymetry/skewness.

203     For the teacher dataset the predicted linear outcome, strengths of interpersonal

204 behavior, in the CL-PN and CL-GPN model is the following:

$$\hat{y}_i = \gamma_0 + \gamma_{cos} \cos(\theta_i) r_i + \gamma_{sin} \sin(\theta_i) r_i + \gamma_1 \text{SE}_i.$$

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[2] Note that for the CL-GPN model the circular location parameter also depends on the variance-covariance matrix and the circular predicted values should be computed using numerical integretion or Monte Carlo methods because a closed form expression for the mean direction is not available.

The predicted circular outcome, type of interpersonal behavior, equals:

$$\hat{\theta}_i = \mu_i = \text{atan2}(\beta_0^{II} + \beta_1^{II}\text{SE}_i, \beta_0^{I} + \beta_1^{I}\text{SE}_i).$$

where $\text{SE}_i$ is the self-efficacy score of one individual. The CL-PN and CL-GPN models thus allow us to assess the average type and strength of interpersonal behavior through the parameters $\beta_0^{I}$, $\beta_0^{II}$ and $\gamma_0$ as well as the effect of self-efficacy on type and strength of teacher behavior through the parameters, $\beta_1^{I}$, $\beta_1^{II}$ and $\gamma_1$. In addition, because the type and strength of interpersonal behavior are modelled together via the regression in (2) we can assess the effect of the type of interpersonal behavior on the strength through the parameters $\gamma_{sin}$ and $\gamma_{cos}$. In the teacher data these are the regression coefficients for the effect of the sine and cosine of the type of behavior which are related to the scores on the Agency an Communion dimensions respectively.

Both the CL-PN and CL-GPN models are estimated using Markov Chain Monte Carlo (MCMC) methods based on Nuñez-Antonio, Gutiérrez-Peña, and Escarela (2011), Wang and Gelfand (2013) and Hernandez-Stumpfhauser, Breidt, and Woerd (2016) for the regression of the circular outcome. A detailed description of the Bayesian estimation and MCMC samplers can be found in the Supplementary Material.

**The Modified Abe-Ley Model**

This model is an extension of the cylindrical model introduced in Abe and Ley (2017) to the regression context. It concerns a combination of a Weibull distribution, with scale parameter $\nu > 0$ and shape parameter $\alpha$, for the linear outcome and a sine-skewed von Mises distribution, with location parameter $\mu \in [0, 2\pi)$, concentration parameter $\kappa > 0$ and skewness $\lambda \in [-1, 1]$, for the circular outcome. In contrast to the CL-PN and CL-GPN models, the linear outcome $Y$ is in this model defined only on the positive real half-line $[0, +\infty)$ and thus can not be negative.

In this model we predict the linear scale parameter and circular location parameter,

229   both of which we can express in terms of covariates: $\hat{\nu}_i = \exp(\boldsymbol{x}_i^t \boldsymbol{\gamma}) > 0$ and

230   $\hat{\mu}_i = \beta_0 + 2\tan^{-1}(\boldsymbol{z}_i^t \boldsymbol{\beta})$. The parameter $\boldsymbol{\gamma}$ is a vector of $q$ regression coefficients

231   $\gamma_j \in (-\infty, +\infty)$ for the prediction of $y$ where $j = 0, \ldots, q$ and $\gamma_0$ is the intercept. The

232   parameter $\beta_0 \in [0, 2\pi)$ is the intercept and $\boldsymbol{\beta}$ is a vector of $p$ regression coefficients

233   $\beta_j \in (-\infty, +\infty)$ for the prediction of $\theta$ where $j = 1, \ldots, p$. The vector $\boldsymbol{x}_i$ is a vector of

234   predictor values for the prediction of $y$ and $\boldsymbol{z}_i$ is a vector of predictor values for the

235   prediction of $\theta$.

236        For the teacher data, the predicted values for the circular outcome in the Abe-Ley

237   model are:

$$\hat{\theta}_i = \hat{\mu}_i = \beta_0 + 2 * \tan^{-1}(\beta_1 \text{SE}_i).$$

238   We do not directly predict the linear outcome. The conditional distribution for the linear

239   outcome is Weibull, meaning that we can use methods from survival analsis to interpret the

240   effect of a predictor. In survival analysis a "survival" function is used in which time is plotted

241   against the probability of survival of subjects suffering from a specific medical condition. In

242   the teacher data we can thus compute the probability of a teacher having a specific strength

243   on the IPC. This probability is computed using the "survival-function" defined as

$$\exp\left(-\alpha y_i^{\hat{\nu}_i (1 - \tanh(\kappa)\cos(\theta_i - \hat{\mu}_i))^{1/\alpha}}\right),$$

244   with $\hat{\nu}_i = \exp(\gamma_0 + \gamma_1 \text{SE}_i)$. From the survival function we also see that the circular

245   concentration parameter $\kappa$ and the linear shape parameter $\alpha$ regulate the circular-linear

246   dependence in the Abe-Ley model. The Abe-Ley model thus allows us to assess the average

247   type and strength of interpersonal behavior through the parameters $\beta_0$ and $\gamma_0$ as well as the

248   effect of self-efficacy on type and strength of teacher behavior through the parameters, $\beta_1$

249   and $\gamma_1$.

250        We can use numerical optimization (Nelder-Mead) to find solutions for the maximum

251   likelihood (ML) estimates for the parameters of the model.

**Modified Joint Projected and Skew Normal Model (GPN-SSN)**

This model is an extension of the cylindrical model introduced by Mastrantonio (2018) to the regression context. The model contains $m$ independent circular outcomes and $w$ independent linear outcomes. The circular outcomes $\mathbf{\Theta} = (\mathbf{\Theta}_1, \ldots, \mathbf{\Theta}_m)$ are modelled together by a multivariate GPN distribution. The linear outcomes $\boldsymbol{Y} = (\boldsymbol{Y}_1, \ldots, \boldsymbol{Y}_w)$ are modelled together by a multivariate skew normal distribution (Sahu, Dey, & Branco, 2003). Thus also in this model the linear outcome is defined constrained to be positive. Because the GPN distribution is modelled using a so-called augmented representation (see also the description of the CL-PN and CL-GPN models) it is convenient to use a similar tactic for modelling the multivariate skew normal distribution. As in Mastrantonio (2018) dependence between the linear and circular outcome is created by modelling the augmented representations of $\mathbf{\Theta}$ and $\boldsymbol{Y}$ together in a $2m + w$ dimensional normal distribution.

This means that we have a shared mean vector and variance-covariance matrix for the linear and circular outcome(s), much like having multiple outcomes in a MANOVA (multivariate analysis of variance) model. In our regression extension of the GPN-SSN model we have $i = 1, \ldots, n$ observations of $m$ circular outcomes, $w$ linear outcomes and $g$ covariates. The mean vector then becomes $\boldsymbol{M}_i = \boldsymbol{B}^t \boldsymbol{x}_i$ where $\boldsymbol{B}$ is a $(g + 1) \times (2m + w)$ matrix with regression coefficients and intercepts and $\boldsymbol{x}_i$ is a $g + 1$ dimensional vector containing the value 1 to estimate an intercept and the $g$ covariate values. This means that in contrast to the other three models, we have to use the same set of predictors for the circular and linear outcome.

For the teacher data, $\boldsymbol{B} = \begin{bmatrix} \beta_{0_{sI}} & \beta_{0_{sII}} & \beta_{0_y} \\ \beta_{1_{sI}} & \beta_{1_{sII}} & \beta_{1_y} \end{bmatrix}$. The predicted circular[3] and linear

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[3] Note that for the GPN-SSN model the predicted circular outcome also depends on the variance-covariance matrix and the circular predicted values should be computed using numerical integretion or Monte Carlo methods because a closed form expression for the mean direction is not available.

274 outcomes in the GPN-SSN model are

$$\hat{\theta}_i = \text{atan2}(\beta_{0_{sII}} + \beta_{1_{sII}}\text{SE}_i, \beta_{0_{sI}} + \beta_{1_{sI}}\text{SE}_i),$$

275 and

$$\hat{y}_i = \beta_{0_{y_i}} + \beta_{1_{y_i}}\text{SE}_i.$$

276 The GPN-SSN model thus allows us to assess the average type and strength of interpersonal

277 behavior through the parameters $\beta_{0_{sI}}$, $\beta_{0_{sII}}$ and $\beta_{0_y}$ as well as the effect of self-efficacy on

278 type and strength of teacher behavior through the parameters, $\beta_{1_{sI}}$, $\beta_{1_{sII}}$ and $\beta_{1_y}$. In

279 addition, because the type and strength of interpersonal behavior are modelled together

280 using a multivariate normal distribution we can through its variance-covariance matrix also

281 assess the dependence between the type and strength of interpersonal behavior.

282        We estimate the model using MCMC methods. A detailed description of these

283 methods is given in the Supplementary Material.

284 **Model Fit Criterion**

285        For the four cylindrical models we focus on their out-of-sample predictive performance

286 to determine the fit of the model. To do so we use k-fold cross-validation and split our data

287 into 10 folds. Each of these folds (10 % of the sample) is used once as a holdout set and 9

288 times as part of a training set. The analysis will thus be performed 10 times, each time on a

289 different training set.

290        A proper criterion to compare out-of-sample predictive performance is the Predictive

291 Log Scoring Loss (PLSL) (Gneiting & Raftery, 2007). The lower the value of this criterion,

292 the better the predictive performance of the model. Using ML estimates this criterion can be

²⁹³ computed as follows:

$$PLSL = -2 \sum_{i=1}^{M} \log l(x_i \mid \hat{\boldsymbol{\vartheta}}),$$

²⁹⁴ where $l$ is the model likelihood, $M$ is the sample size of the holdout set, $x_i$ is the $i^{th}$

²⁹⁵ datapoint from the holdout set and $\hat{\boldsymbol{\vartheta}}$ are the ML estimates of the model parameters. Using

²⁹⁶ posterior samples the criterion is similar to the log pointwise predictive density (lppd)

²⁹⁷ (Gelman et al., 2014, p. 169) and can be computed as:

$$PLSL = -2 \frac{1}{B} \sum_{j=1}^{B} \sum_{i=1}^{M} \log l(x_i \mid \boldsymbol{\vartheta}^{(j)}),$$

²⁹⁸ where $B$ is the amount of posterior samples and $\boldsymbol{\vartheta}^{(j)}$ are the posterior estimates of the model

²⁹⁹ parameters for the $j^{th}$ iteration. Because the joint density and thus also the likelihood for

³⁰⁰ the modified GPN-SSN model is not available in closed form (Mastrantonio, 2018) we

³⁰¹ compute the PLSL for the circular and linear outcome separately for all models. Note that

³⁰² although we fit the CL-PN, CL-GPN and GPN-SSN models using Bayesian statistics, we do

³⁰³ not take prior information into account when assessing model fit with the PLSL. According

³⁰⁴ to Gelman et al. (2014) this is not necessary since we are assessing the fit of a model to data,

³⁰⁵ the holdout set, only. They argue that the prior in such case is only of interest for estimating

³⁰⁶ the parameters of the model but not for determining the predictive accuracy.

³⁰⁷       For each of the four cylindrical models and for each of the 10 cross-validation analyses

³⁰⁸ we can then compute a PLSL for the circular and linear outcome by using the conditional

³⁰⁹ log-likelihoods of the respective outcome (see Supplementary Material for a definition of the

³¹⁰ loglikelihoods). To evaluate the predictive performance we average across the PLSL criteria

³¹¹ of the cross-validation analyses. We also assess the cross-validation variability by means of

³¹² the standard deviations of the PLSL criteria.

# Data Analysis

³¹⁴       In this section we analyze the teacher data with the help of the four cylindrical models

³¹⁵ from the previous section. We will present the results, posterior estimates and their

316  interpretation for all four models.

317  **Results & Analysis**

318       In the Supplementary Material we have described the starting values for the MCMC

319  procedures for the CL-PN, CL-GPN and GPN-SSN models, hence it remains to specify the

320  starting values for the maximum likelihood based Abe-Ley model:

321  $\eta_0 = 0.9, \eta_1 = 0.9, \nu_0 = 0.9, \nu_1 = 0.9, \kappa = 0.9, \alpha = 0.9, \lambda = 0$. The initial number of iterations

322  for the three MCMC samplers was set to 2000. After convergence checks via traceplots we

323  concluded that some of the parameters of the GPN-SSN model did not converge. Therefore

324  we set the number of iterations of the MCMC models to 20,000 and subtracted a burn-in of

325  5000 to reach convergence (the geweke diagnostics show absolute z-scores over 1.96 in 6% of

326  the estimated parameters). Note that we choose the same number of iterations for all three

327  models models estimated using MCMC prodedures to make their comparison via the PLSL

328  as fair as possible. Lastly, the predictor `SE` was centered before inclusion in the analysis as

329  this allows the intercepts to bear the classical meaning of average behavior.

330       Tables 3, 4 and 5 show the results for the four cylindrical models that were fit to the

331  teacher data. For the models estimated using MCMC methods, CL-PN, CL-GPN and

332  GPN-SSN we show descriptives of the posterior of the estimated parameters (posterior mode

333  and lower and upper bound of the 95% highest posterior density (HPD) interval). For the

334  Abe-Ley model we show the maximum likelihood estimates of the parameters. To compare

335  the results of the four models we focus on the following aspects: the estimated average scores

336  (intercept) on the type and strength of interpersonal behavior (1), the effect of self-efficacy

337  on the type and strength of interpersonal behavior (2), the dependence between the type and

338  strength of interpersonal behavior (3) and the model fit (4).

339       **Average type and strength of interpersonal behavior.**   The parameters $\gamma_0$ in

340  the CL-PN, CL-GPN and Abe-Ley model and the parameter $\beta_{0_y}$ in the GPN-SSN model

inform us about the strength of interpersonal behavior at the average self-efficacy. For the CL-PN, CL-GPN and GPN-SSN model the parameters are estimated at 0.38, 0.37 and 0.30 respectively and are a direct prediction of the strength of interpersonal behavior at the average self-efficacy. The estimate for the GPN-SSN model is notably lower and likely to be caused by its skewed distribution for the strengths of interpersonal behavior. In the Abe-Ley model, $\gamma_0$ influences the shape parameter of the distribution of the strength of interpersonal behavior and does not directly estimate the average strength. Instead we can use the survival function to say something about the probability of having a certain strength of interpersonal behavior. Figure 6 shows this function for several values of self-efficacy. We look at the survival function at average values of self-efficacy. Note that this function is the average of all survival functions for observations that fall within 1 standard deviation of the mean. The survival function indicates that the probability of having a low strength of interpersonal behavior is higher than having a high strength. We however can not make any direct statement about the estimated strength using the Abe-Ley model.

The parameters $\beta_0^I$, $\beta_0^{II}$, $\beta_0$, $\beta_{0_{sI}}$ and $\beta_{0_{sII}}$ inform us about the type of interpersonal behavior at the average self-efficacy for the CL-PN, CL-GPN, Abe-Ley and GPN-SSN model respectively. For the CL-PN, CL-GPN and GPN-SSN model we need to combine the estimates for the underlying bivariate components $\{I, II\}$ into one circular estimate using the double arctangent function[4]. Table 6 shows that these circular estimates are similar for the three models at 32.29°, 33.70° and 35.53°. In the Abe-Ley model the type of interpersonal behavior at the average self-efficacy is estimated at 0.36 radians or 20.63°.

**The effect of self-efficacy.** The parameters $\gamma_1$ in the CL-PN, CL-GPN, Abe-Ley model and $\beta_{1_y}$ in the GPN-SSN model inform us about the effect of self-efficacy on the strength of interpersonal behavior. For the CL-PN, CL-GPN and GPN-SSN model the parameters are estimated at 0.03, 0.03 and 0.09 respectively and are a direct estimate of the

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[4] $\text{atan2}(\beta_0^{II}, \beta_0^I)$ or $\text{atan2}(\beta_{0_{sII}}, \beta_{0_{sI}})$

366 effect of self-efficacy on the strength of interpersonal behavior, *i.e.* an increase of 1 unit in

367 self-efficacy leads to an increase of 0.09 units in the strength of interpersonal behavior

368 according to the GPN-SSN model. These estimates are however quite small and only

369 different from 0 (the HPD interval does not contain 0) in the GPN-SSN model. It is hard to

370 say which of the three models, CL-PN, CL-GPN or GPN-SSN, to use to base our conclusions

371 on. The model CL-GPN and CL-PN fit the linear outcome best according to the model fit in

372 Table 7. In these models the linear outcome has a symmetric distribution whereas in the

373 GPN-SSN the distribution of the linear outcome is skewed. However, the effect of

374 self-efficacy is different from 0 only in the GPN-SSN model which does not seem to match

375 with its lower model fit.

376        In the Abe-Ley model, $\gamma_1$ influences the shape parameter of the distribution of the

377 strength of interpersonal behavior and does not directly estimate the effect of self-efficacy.

378 Instead we can use the survival function to say something about the probability of having a

379 certain strength of interpersonal behavior for different values of self-efficacy. Figure 6 shows

380 this function for low, average and high values of self-efficacy (as defined in Figure 3). This

381 function indicates that the effect of self-efficacy on the strength of interpersonal behavior is

382 not linear. The probability of having a higher strength of interpersonal behavior is highest

383 for low self-efficacy and lowest for average self-efficacy.

384        The parameters $\beta_1^I$, $\beta_1^{II}$, $\beta_1$, $\beta_{1_{s_I}}$ and $\beta_{1_{s_{II}}}$ inform us about the effect of self-efficacy on

385 the type of interpersonal behavior in the CL-PN, CL-GPN, Abe-Ley and GPN-SSN model

386 respectively. For the CL-PN and Abe-Ley model we have drawn the circular regression lines

387 for this effect in Figure 7 (see the description of the CL-PN and CL-GPN models). For the

388 CL-PN model the inflection point is indicated with a square in Figure 7. The inflection point

389 for the Abe-Ley model falls outside the bounds of the plot and is therefore not displayed.

390 The slope at the inflection point, $b_c$, for the CL-PN model is computed by using methods

from Cremers et al. (2018b) and is equal to 1.67 (-24.66, 29.33)[5] The parameter $\beta_1$ is the

slope at the inflection point for the Abe-Ley model and is equal to -0.03. Even though these

slopes are quite different, the regression lines in Figure 7 are quite similar in the data range.

Both the regression line of the Abe-Ley model and the CL-PN model show slopes that are

not very steep in the range of the data indicating that the effect of self-efficacy on the type

of interpersonal behavior is not large.

In the CL-GPN and GPN-SSN model we cannot compute circular regression

coefficients due to the fact that not only the mean vector of the GPN distribution but also

the covariance matrix influences the predicted value on the circle. Instead, we will compute

posterior predictive distributions for the predicted circular outcome of individuals scoring the

minimum, maximum and median self-efficacy. The modes and 95% HPD intervals of these

posterior predictive distributions are $\hat{\theta}_{SE_{min}} = 215.74°(147.36°, 44.49°)$,

$\hat{\theta}_{SE_{median}} = 25.93°(337.02°, 138.59°)$, $\hat{\theta}_{SE_{max}} = 30.86°(8.63°, 72.19°)$ for the CL-GPN model.

Note that we display the modes and HPD intervals for the posterior predictive distributions

on the interval $[0°, 360°)$ and that $44.49° = 404.49°$ due to the periodicity of a circular

variable. The posterior mode estimate of $215.74°$ thus lies within its HPD interval

$(147.36°, 44.49°)$. For the GPN-SSN model the modes and 95% HPD intervals of the

posterior predictive distributiona are $\hat{\theta}_{SE_{min}} = 206.87°(117.12°, 72.02°)$,

$\hat{\theta}_{SE_{median}} = 24.68°(334.73°, 128.27°)$, $\hat{\theta}_{SE_{max}} = 29.81°(0.74°, 80.61°)$. For both the CL-GPN

and GPN-SSN model the HPD intervals of the mode of the posterior predictive intervals of

individuals scoring the minimum, median and maximum self-efficacy overlap. This indicates

that the effect of self-efficacy, if there is any, on the type of interpersonal behavior a teacher

shows is not expected to be strong. Had the HPD intervals not overlapped we could have

concluded that as the self-efficacy increases, the score of the teacher on the IPC moves

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[5] Note that this is a linear approximation to the circular regression line representing the slope at a specific point. Therefore it is possible for the HPD interval to be wider than $2\pi$. In this case the interval is much wider and covers 0, indicating there is no evidence for an effect.

415  counterclockwise.

416

**Dependence between type and strength of interpersonal behavior.**  The
relation between the type and strength of interpersonal behavior in the CL-PN and CL-GPN
model, is described by the parameters $\gamma_{\cos}$ and $\gamma_{\sin}$. The HPD interval of $\gamma_{\cos}$ does not
include 0 for both the CL-PN and CL-GPN models, meaning that the cosine component of
the type of interpersonal behavior has an effect on the strength of interpersonal behavior.

In the teacher data the sine and cosine components have a substantive meaning. This
is illustrated in Figure 2. In a unit circle the horizontal axis (Communion) represents the
cosine of and the vertical axis (Agency) represents the sine of an angle. For the teacher data
this means that the Communion (cosine) dimension of the IPC positively effects the strength
of a teachers' type of interpersonal behavior, in plain words: teachers exhibiting
interpersonal behavior types with higher communion scores (e.g., "helpful" and
"understanding" in Figure 2) are stronger in their interpersonal behavior.

In the GPN-SSN model the dependence between the type and strengths of
interpersonal behavior is modelled through the covariances between the linear outcome and
the sine and cosine of the circular outcome $\sum_{sy_{2,3}}$ and $\sum_{sy_{1,3}}$. Both covariances, $\sum_{sy_{2,3}} = 0.09$
and $\sum_{sy_{1,3}} = 0.23$, are different from zero, but the one of the cosine component, and thus the
correlation with the Communion dimension, is larger. This mean that teachers scoring both
high on Communion and Agency show stronger behavior. Together with the results from the
CL-PN and CL-GPN models in the previous paragraph this translates to the conclusion that
teachers with the strongest interpersonal behavior have a type of interpersonal behavior
between 0° and 90°. To get these scores on the circle both the Agency and the Communion
score of a Teacher have to be positive (see (1)). This corresponds to the pattern observed in
the teacher data in Figure 2. At a strength of 0.4 and up we see that the scores on the circle
range on average between 0° and 100°.

441    **Model fit.**    Table 7 shows the values fof the PLSL criterion for the linear and circular

442    outcomes of the four cylindrical models fit to the teacher data.

443    The CL-PN and CL-GPN models have the best out-of-sample predictive performance

444    for the linear outcome. They show roughly the same performance because they model the

445    linear outcome in the same way. We should note that even though the predictive

446    performance of the Abe-Ley model for the linear outcome is worst on average, the standard

447    deviation of the cross-validation estimates is rather large. This means that in some samples,

448    the Abe-Ley model shows a lower PLSL value than the average of 25.49

449    The Abe-Ley model has the best out-of-sample predictive performance for the circular

450    outcome. This would suggest that for the circular variable a slightly skewed distribution fits

451    best. However, both the GPN-SSN and the CL-GPN models fit much worse even though the

452    distribution for the circular outcome in these models can also take a skewed shape. It should

453    be noted that the standard deviation of the cross-validation estimates is rather large for the

454    Abe-Ley and the CL-GPN model. It is possible that these large standard deviations for the

455    PLSL are caused by the fact that they are computed for a relatively small sample size, but

456    this does not explain why the PLSL has a large standard deviation for only a few cylindrical

457    models and not for all.

458    In this situation, where one model fits the linear outcome best and another one fits the

459    circular outcome best, it is hard to determine which model we should choose. In this case

460    the results for the CL-PN /CL-GPN and Abe-Ley model are quite different regarding the

461    effect of self-efficacy on the linear outcome (strength of interpersonal behavior). Because the

462    Abe-Ley fit for the linear part is worst we would choose to trust the results for the CL-PN

463    and CL-GPN model here. For the circular part however the results of the CL-PN/CL-GPN

464    model do not differ as much from the Abe-Ley model and we reach the same conclusion for

465    both models, namely that the effect of self-efficacy on type of interpersonal behavior is not

466    very strong. Therefore we would prefer the CL-PN/CL-GPN models in this case because

467    where it matters in terms of interpretation (the linear part) they show better fit.

## Discussion

In this paper we modified four models for cylindrical data in such a way that they include a regression of both the linear and circular outcome onto a set of covariates. Subsequently we have shown how these four methods can be used to analyze a dataset on the interpersonal behavior of teachers. In this final section we will first comment on what researchers can gain by using cylindrical models for the teacher data. Subsequently we will comment on the differences between the cylindrical models that were introduced in this paper.

Concerning the teacher data, the advantage of cylindrical data analysis is that we were able to analyze the information about the type and strength of interpersonal behavior simultaneously. In previous research, the two components of the interpersonal circumplex (*i.e.*, Agency and Communion) were analyzed separately. Such an approach also provides information about the strength of teachers' score on Agency and Communion, yet a large portion of information about the combination of Agency and Communion, which describes the type of behavior that is observed, gets lost. A first solution to include both dimensions as a circular variable in data analysis was described by Cremers et al. (2018a). A downside of that analysis was that information about the strength of the specific type of interpersonal behavior could not be retained. In the present study, we have shown how using cylindrical models can simultaneously model the information about the type of and strength of interpersonal behavior and how these are influenced by teachers' self-efficacy in classroom management. Although we do not find any strong effects of self-efficacy on either the type or strength of behavior, the four cylindrical models do provide a way of analyzing and interpreting this effect. This is beneficial for future research in which we may want to investigate the effect of further covariates on data from the circumplex.

Furthermore, in addition to being able to assess the influence of covariates, the cylindrical models also provide information about the dependence between the type and

strength of interpersonal behavior. We found that stronger behavior is associated with higher scores on the Communion and in some models also the Agency dimension. This implies that teachers whose type of interpersonal behavior ranges between 0° and 90°, the "helpful" and "directing" subtypes are stronger in their behavior than teachers of the other subtypes.

As mentioned in the introduction, data from the interpersonal circumplex is not the only type of cylindrical data that occurs in psychology. The methods presented in this paper are also of use for research on human navigation and eye-tracking research. Furthermore, even though cylindrical models are already used in fields outside of psychology, the addition of a regression structure to the models is of use in these fields as well.

In terms of interpretability, the CL-PN and Abe-Ley models perform best out of the four cylindrical models. In the CL-GPN and GPN-SSN models the interpretation of the parameters of the circular outcome component is not straightforward, if at all possible. This is caused by the fact that in addition to the mean vector the covariance matrix of the GPN distribution affects the location of the circular data, making it difficult to compute regression coefficients on the circle. Wang and Gelfand (2013) state that Monte Carlo integration can be used to compute a circular mean and variance for the GPN distribution. In future research, this solution might be applied to the methods of Cremers et al. (2018b) in order to compute circular coefficients for GPN models.

In terms of flexibility the GPN-SSN model scores best. Multiple linear and circular outcomes can be included and we can thus apply the model to multivariate cylindrical data. In addition the GPN-SSN, the CL-GPN and CL-PN models are extendable to a mixed-effects structure and can thus also be fit to longitudinal data (see Nuñez-Antonio and Gutiérrez-Peña (2014) and Hernandez-Stumpfhauser et al. (2016) for hierarchical/mixed-effects models for the PN and GPN distributions respectively). For the Abe-Ley model this may also be possible but has not been done in previous research for the conditional distribution of its circular outcome (sine-skewed von Mises). Concerning asymmetry, both the GPN-SSN as well as the Abe-Ley model allow for non-symmetrical

shapes of the distributions of both the linear and circular outcome, while the CL-GPN model permits an asymmetric circular outcome.

The four cylindrical models that were modified to the regression context in this paper are not the only cylindrical distributions available from the literature. Other interesting cylindrical distributions have been introduced by Fernández-Durán (2007), Kato and Shimizu (2008) and Sugasawa (2015) (for more references we refer to Chapter 2 of Ley and Verdebout (2017)). In the present study we have decided not to include these distributions for reasons of space, complexity of the models and ease of implementing a regression structure. In future research however it would be interesting to investigate other types of cylindrical distributions as well in order to compare the interpretability, flexibility and model fit to the models developed in the present study.

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Table 1

*Descriptives for the teacher dataset.*

| Variable | mean/$\bar{\theta}$ | sd/$\hat{\rho}$ | Range | Type |
|----------|--------:|--------:|--------:|------|
| IPC | 33.22° | 0.76 | - | Circular |
| strength IPC | 0.43 | 0.15 | 0.08 - 0.80 | Linear |
| SE | 5.04 | 1.00 | 1.5 - 7.0 | Linear |

Note: For the circular variable IPC we show sample estimates for the circular mean $\bar{\theta}$ and concentration $\hat{\rho}$. For the linear variable we show the sample mean, standard deviation and range.

Table 2

*Comparison of the four cylindrical regression models*

| Aspect | CL-PN | CL-GPN | Abe-Ley | GPN-SSN |
|---|---|---|---|---|
| Θ | | | | |
| Distribution | PN | GPN | Sine-skewed vM | GPN |
| Domain | $[0, 2\pi)$ | $[0, 2\pi)$ | $[0, 2\pi)$ | $[0, 2\pi)$ |
| Shape | symmetric, unimodal | assymetric, multimodal | assymetric, unimodal | assymetric, multimodal |
| $Y$ | | | | |
| Distribution | Normal | Normal | Weibull | skewed-Normal |
| Domain | $(-\infty, +\infty)$ | $(-\infty, +\infty)$ | $(0, +\infty)$ | $(0, +\infty)$ |
| Shape | symmetric, unimodal | symmetric, unimodal | assymetric, unimodal | assymetric, unimodal |
| Θ-$Y$ dependence | $y$ regressed on $\sin(\theta)$ and $\cos(\theta)$ | $y$ regressed on $\sin(\theta)$ and $\cos(\theta)$ | $\alpha$ and $\kappa$ | multivariate distribution |

Note: PN and GPN refer to the projected normal and general projected normal distribution.

vM refers to the von-Mises distribution

Table 3

*Results, cross-validation mean and standard deviation, for the modified CL-PN and CL-GPN models*

| Parameter | CL-PN | | | CL-GPN | | |
|---|---|---|---|---|---|---|
| | Mode | HPD LB | HPD UB | Mode | HPD LB | HPD UB |
| $\beta_0^I$ | 1.76 (0.09) | 1.50 (0.07) | 2.03 (0.09) | 2.43 (0.12) | 1.91 (0.10) | 3.05 (0.17) |
| $\beta_1^I$ | 0.65 (0.07) | 0.42 (0.06) | 0.90 (0.08) | 0.84 (0.11) | 0.45 (0.09) | 1.29 (0.15) |
| $\beta_0^{II}$ | 1.15 (0.05) | 0.92 (0.04) | 1.37 (0.04) | 1.47 (0.05) | 1.16 (0.04) | 1.78 (0.05) |
| $\beta_1^{II}$ | 0.58 (0.03) | 0.38 (0.04) | 0.79 (0.04) | 0.70 (0.06) | 0.47 (0.05) | 0.96 (0.08) |
| $\gamma_0$ | 0.38 (0.01) | 0.31 (0.01) | 0.44 (0.01) | 0.37 (0.01) | 0.31 (0.01) | 0.42 (0.01) |
| $\gamma_{cos}$ | 0.04 (0.00) | 0.01 (0.00) | 0.06 (0.00) | 0.03 (0.00) | 0.01 (0.00) | 0.04 (0.00) |
| $\gamma_{sin}$ | -0.01 (0.00) | -0.04 (0.00) | 0.02 (0.00) | -0.00 (0.00) | -0.03 (0.00) | 0.03 (0.00) |
| $\gamma_1$ | 0.03 (0.01) | -0.00 (0.00) | 0.07 (0.01) | 0.03 (0.00) | -0.00 (0.00) | 0.06 (0.00) |
| $\sigma$ | 0.14 (0.00) | 0.12 (0.00) | 0.16 (0.00) | 0.14 (0.00) | 0.12 (0.00) | 0.16 (0.00) |
| $\sum_{1,1}$ | NA (NA) | NA (NA) | NA (NA) | 3.04 (0.29) | 1.85 (0.13) | 5.00 (0.41) |
| $\sum_{1,2}$ | NA (NA) | NA (NA) | NA (NA) | 0.47 (0.12) | 0.12 (0.12) | 0.80 (0.10) |
| $\sum_{2,2}$ | NA (NA) | NA (NA) | NA (NA) | 1.00 (0.00) | 1.00 (0.00) | 1.00 (0.00) |

Note: $\beta_0^I$, $\beta_0^{II}$ and $\gamma_0$ inform us about the type and strength of interpersonal behavior at the average self-efficacy. $\beta_1^I$, $\beta_1^{II}$ and $\gamma_1$ inform us about the effect of self-efficacy on the type and strength of interpersonal behavior. $\gamma_{cos}$ and $\gamma_{sin}$ inform us about the dependence between the type and strength of interpersonal behavior. $\sum_{1,1}$, $\sum_{1,2}$ and $\sum_{2,2}$ are are elements of the variance-covariance matrix of the type of interpersonal behavior in the CL-GPN model and $\sigma$ is the error standard deviation of the strength of interpersonal behavior.

Table 4

*Results, cross-validation mean and standard deviation (SD), for the modified Abe-Ley model*

|      | $\beta_0$ | $\beta_1$ | $\gamma_0$ | $\gamma_1$ | $\alpha$ | $\kappa$ | $\lambda$ |
|------|------|-------|------|------|------|------|------|
| Mean | 0.36 | -0.03 | 1.17 | 0.04 | 3.66 | 1.51 | 0.70 |
| SD   | 0.02) | 0.01 | 0.02 | 0.02 | 0.12 | 0.08 | 0.05 |

Note: $\beta_0$ and $\gamma_0$ inform us about the type and strength
of interpersonal behavior at the average self-efficacy. $\beta_1$
and $\gamma_1$ inform us about the effect of self-efficacy on the
type and strength of interpersonal behavior. $\alpha$ is the
shape parameter of the distribution of the strength
of interpersonal bahavior. $\kappa$ and $\lambda$ are the concentration
and skewness parameters for the distribution of the type
of interpersonal behavior.

Table 5

*Results, cross-validation mean and standard deviation, for the GPN-SSN model*

| Parameter | Unconstrained | | | Constrained | | |
|---|---|---|---|---|---|---|
| | Mode | HPD LB | HPD UB | Mode | HPD LB | HPD UB |
| $\beta_{0_s^I}$ | 0.30 (0.01) | 0.26 (0.01) | 0.34 (0.01) | 2.11 (0.11) | 1.75 (0.09) | 2.50 (0.11) |
| $\beta_{0_s^{II}}$ | 0.19 (0.00) | 0.17 (0.01) | 0.21 (0.00) | 1.34 (0.06) | 1.10 (0.05) | 1.57 (0.06) |
| $\beta_{0_y}$ | 0.33 (0.01) | 0.30 (0.30) | 0.36 (0.01) | 0.33 (0.01) | 0.30 (0.01) | 0.36 (0.01) |
| $\beta_{1_s^I}$ | 0.09 (0.01) | 0.05 (0.01) | 0.13 (0.01) | 0.60 (0.06) | 0.33 (0.05) | 0.90 (0.06) |
| $\beta_{1_s^{II}}$ | 0.07 (0.00) | 0.04 (0.00) | 0.09 (0.01) | 0.48 (0.03) | 0.30 (0.04) | 0.66 (0.04) |
| $\beta_{1_y}$ | 0.09 (0.01) | 0.06 (0.06) | 0.12 (0.01) | 0.09 (0.01) | 0.06 (0.01) | 0.12 (0.01) |
| $\sum_{s_{1,1}}$ | 0.05 (0.00) | 0.04 (0.00) | 0.06 (0.00) | 2.44 (0.15) | 1.72 (0.07) | 3.46 (0.14) |
| $\sum_{s_{2,2}}$ | 0.02 (0.00) | 0.02 (0.00) | 0.03 (0.00) | 1.00 (0.00) | 1.00 (0.00) | 1.00 (0.00) |
| $\sum_{y_{3,3}}$ | 0.03 (0.00) | 0.02 (0.02) | 0.04 (0.00) | 0.03 (0.00) | 0.02 (0.00) | 0.04 (0.00) |
| $\sum_{s_{1,2}}$ | 0.00 (0.00) | -0.00 (0.00) | 0.01 (0.00) | 0.08 (0.06) | -0.20 (0.06) | 0.34 (0.06) |
| $\sum_{sy_{1,3}}$ | 0.03 (0.00) | 0.02 (0.00) | 0.04 (0.00) | 0.23 (0.01) | 0.17 (0.00) | 0.32 (0.01) |
| $\sum_{sy_{2,3}}$ | 0.01 (0.00) | 0.01 (0.01) | 0.02 (0.00) | 0.09 (0.01) | 0.06 (0.01) | 0.12 (0.01) |
| $\lambda$ | 0.16 (0.01) | 0.14 (0.01) | 0.18 (0.01) | 0.16 (0.01) | 0.14 (0.01) | 0.18 (0.01) |

Note: $\beta_{0_s^I}$, $\beta_{0_s^{II}}$ and $\beta_{0_y}$ inform us about the type and strength of interpersonal behavior at the average self-efficacy. $\beta_{1_s^I}$, $\beta_{1_s^{II}}$ and $\beta_{1_y}$ inform us about the effect of self-efficacy on the type and strength of interpersonal behavior. $\sum_{s_{1,1}}$, $\sum_{s_{1,2}}$, $\sum_{s_{2,2}}$, $\sum_{y_{3,3}}$, $\sum_{sy_{1,3}}$, and $\sum_{sy_{2,3}}$ are elements of the variance-covariance matrix of which $\sum_{sy_{1,3}}$, and $\sum_{sy_{2,3}}$ inform us about the dependence between the type and strength of interpersonal behavior.

$\lambda$ is the skewness parameter of the distribution of the strengths of interpersonal behavior.

Table 6

*Posterior estimates (in degrees) for the circular mean (at SE = 0) in the CL-PN, CL-GPN and GPN-SSN models*

|  | Mode | HPD LB | HPD UB |
|---|---|---|---|
| CL-PN | 32.29 | 24.81 | 39.71 |
| CL-GPN | 33.70 | 26.72 | 41.15 |
| GPN-SSN | 35.53 | 28.40 | 43.30 |

Note that these means are based on their posterior predictive distribution following (Wang and Gelfand, 2013)

Table 7

*PLSL criteria, cross-validation mean and standard deviation, for the circular and linear outcome in the four cylindrical models*

| Model | Circular | | Linear | |
|---|---|---|---|---|
|  | mean | sd | mean | sd |
| CL-PN | 82.96 | (9.47) | -17.65 | (3.70) |
| CL-GPN | 86.05 | (16.63) | -18.30 | (3.00) |
| Abe-Ley | 31.97 | (22.07) | 25.49 | (17.46) |
| GPN-SSN | 107.10 | (10.52) | -2.37 | (7.01) |
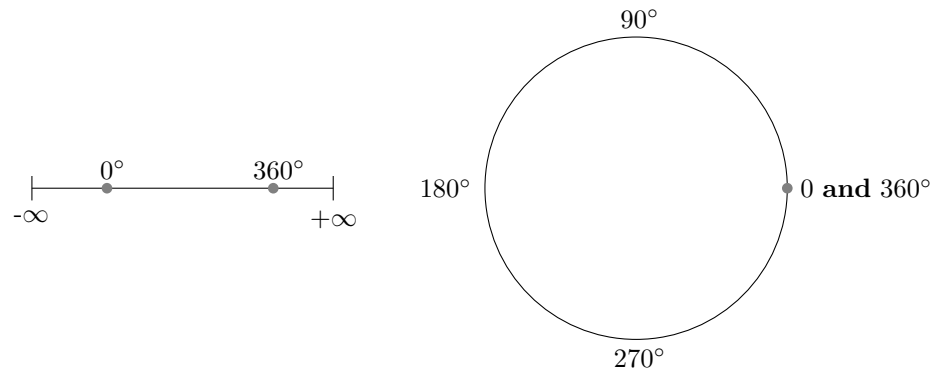
*Figure 1*. The difference between a linear scale (left) and a circular scale (right).
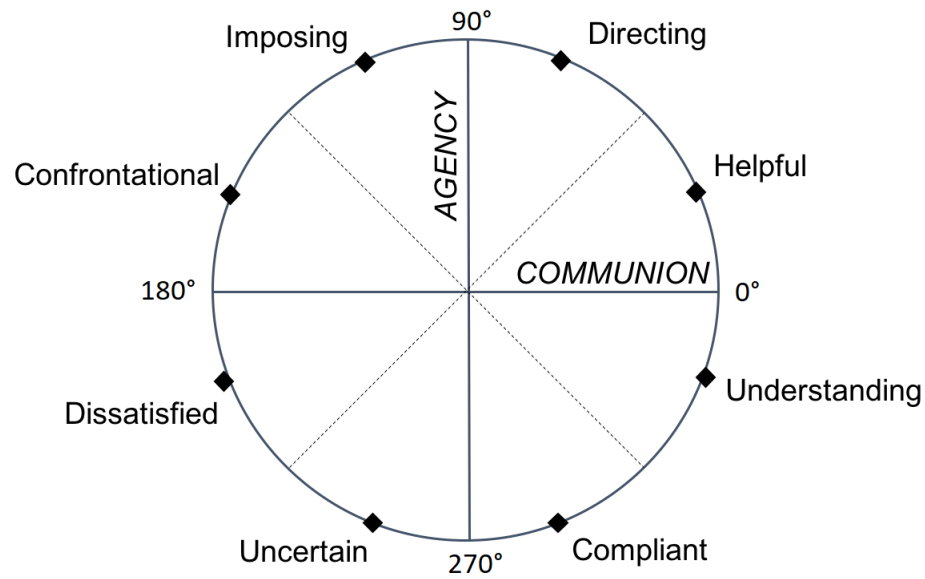
*Figure 2*. The interpersonal circle for teachers (IPC-T). The words presented in the circumference of the circle are anchor words to describe the type of behavior located in each part of the IPC.
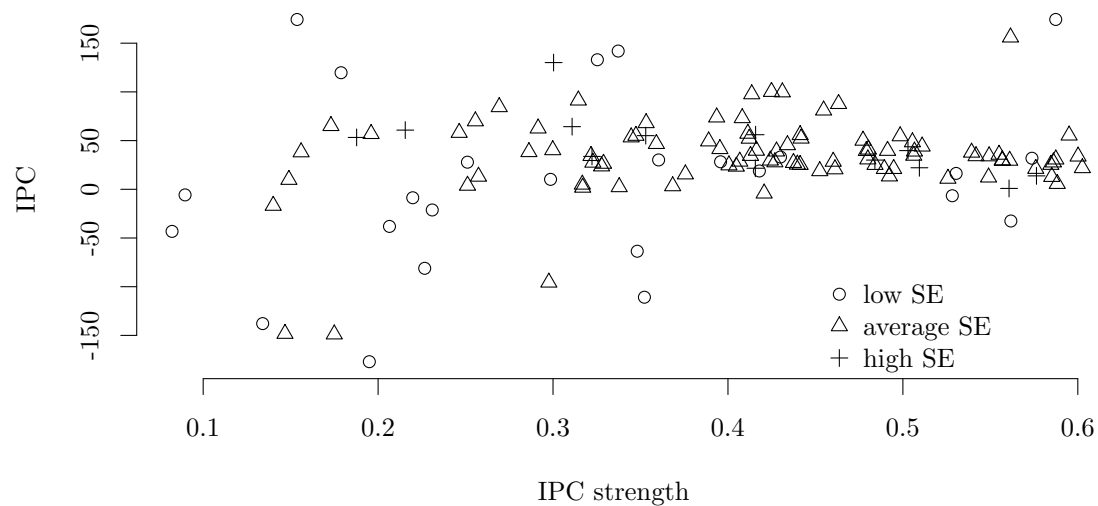


*Figure 3*. Plot showing the relation between the linear and circular outcome component (in degrees) of the teacher data.
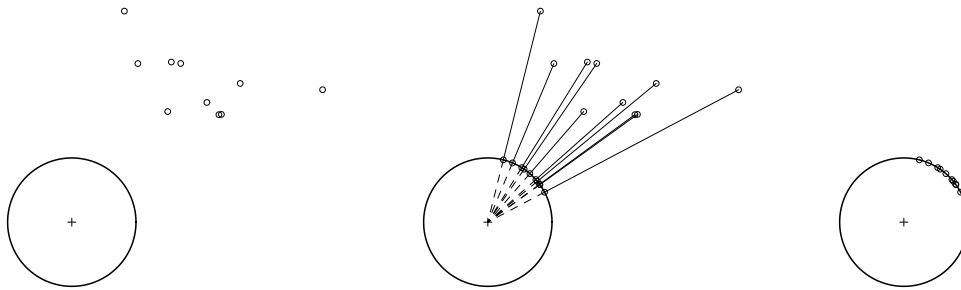
*Figure 4*. Plot showing the projection of datapoints in bivariate space, **S**, (left) to the circle (right). The lines connecting the bivariate datapoints to the circular datapoints represent the euclidean norm of the bivariate datapoints, the random variable $R$.
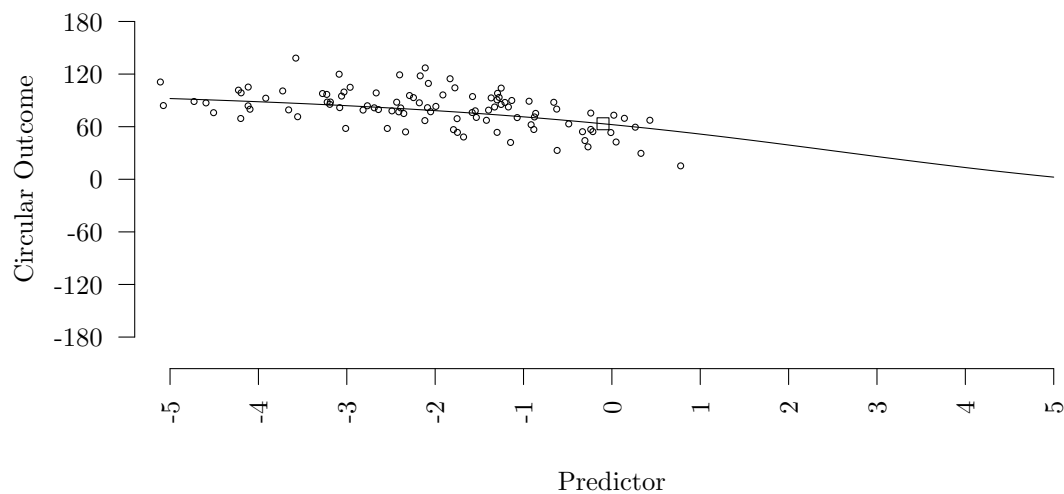


*Figure 5*. Circular regression line for the relation between a covariate and a circular outcome with the data the regression line was fit to. The square indicates the inflection point of the regression live.
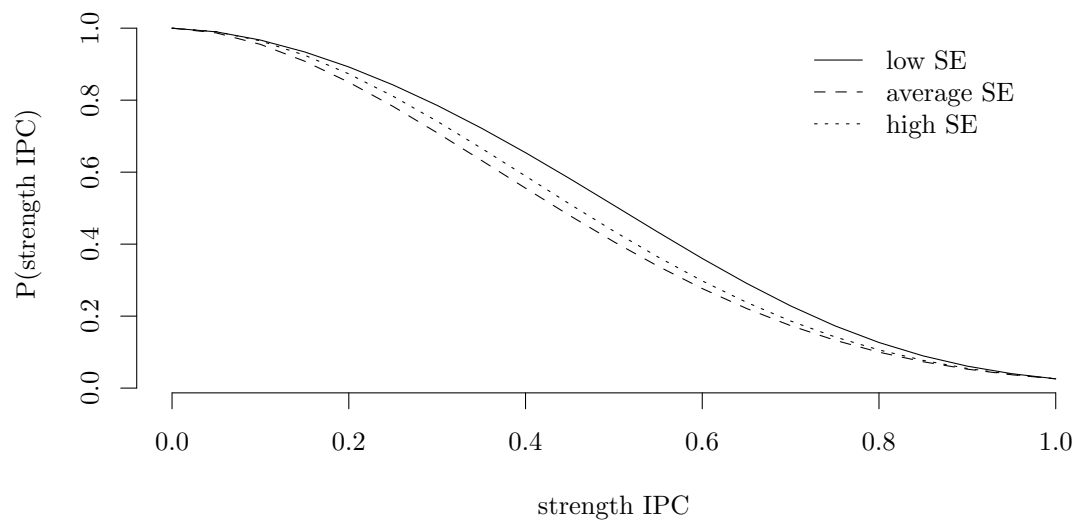
*Figure 6*. Plot showing the probability of having a particular strength of interpersonal behavior (survival plot) for the minimum, mean and maximum self-efficacy in the data.
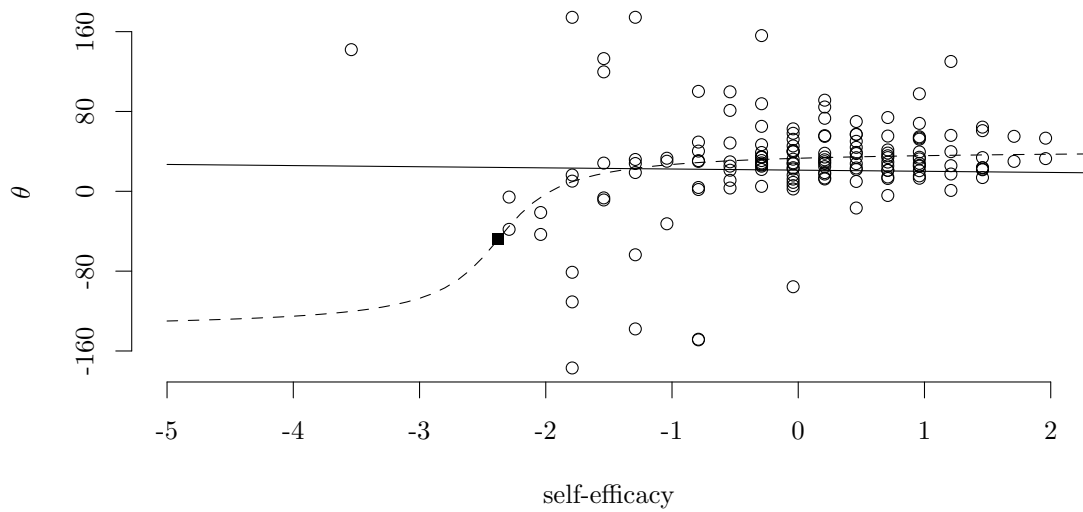
*Figure 7*. Plot showing circular regression lines for the effect of self-efficacy as predicted by the Abe-Ley model (solid line) and CL-PN model (dashed line). The black square indicates the inflection point of the circular regression line for the CL-PN model.