Run/Walk for Relief - Burma 2009 Event Information

Purpose Increase awareness about the situation in Burma and raise funds to support the relief efforts. This

run/walk is in conjunction with the Global Day of Prayer for Burma.

Date Sunday, March 8, 2009

Time 12:15 pm to 12:45 pm - Race Day Registration and Packet Pick-Up for Pre-registered Participants

(Church gym – Entrance H, lower level). Parking available in upper lots.

1:00 pm - 5K run/walk starts

2:15 pm - Kid's Dash (for children 5 and under)

Awards (in the gym) – Immediately following Kid's Dash

Awards Awards for the top male and female finisher overall will be presented. The top three finishers in

each age group will be posted and the first place finisher in each age group will get awards.

Age Groups 6-10, 11-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

Distance 5K (3.1 miles) and Kid's Dash (short route in lower parking lot of church)

Location Chapel Hill Presbyterian Church, 7700 Skansie Ave. NW, Gig Harbor

Registration Complete attached form and return to Chapel Hill Church by February 26, 2009 to guarantee your

t-shirt order. Participants registering after this date may not receive a shirt and/or may not get the size ordered. Runners can also seek sponsor donations using the Individual Sponsorship Form

(page 2). Shirts will be long-sleeved.

Food Food will be served in the "Diner" and is included in the price of registration. Your race number will

be your "meal ticket". Food will be available for purchase for those not participating in the run/walk.

Mail to Chapel Hill Church, Attn: Missions Office, P.O. Box 829, Gig Harbor, WA 98335

Contact Emily Beilke at 253.853.0238 or ebeilke@chapelhillpc.org

Websites www.prayforburma.org

www.students.washington.edu/burma

www.partnersworld.org

www.freeburmarangers.org www.geocities.com/run4relief

www.chapelhillpc.org







For one million villagers in Burma—Running is not a choice.

Run/Walk for Relief—Burma 2009 March 8, 2009 Individual Sponsorship Form

For a million villagers in Burma, running is not a choice.

Purpose: To increase awareness about the situation in Burma and raise funds to support the relief efforts there.

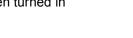
Use this form to gather individual sponsors who are unable to participate but would like to donate towards your participation.

Name		E-mail		
Address		City		Zip
Sponsor	Name Address	Phone	Pledge Amount	Total Received

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Please remember:

- Make checks payable to Chapel Hill Church.
- Pledges are due on race day, March 8, 2009.
- Be sure to write your name in the memo section of each check and bring any pledges that haven't been turned in to the race.



Chapel

Mail pledges to:

Chapel Hill Church Attn: Missions Department P.O. Box 829 Gig Harbor, WA 98335

Run/Walk for Relief—Burma: March 8, 2009 - Entry Form

For a million villagers in Burma, running is not a choice.

Please complete the information below and return with payment to Chapel Hill Church, P.O Box 829, Gig Harbor, WA, 98335, Attn: Missions Department, by February 26, 2009 to guarantee t-shirt size and quantity. For further information, call 253-853-0238.

Name			
Address			
City	State Zip	Phone	
E-mail			

Participant Information

Please print the information below. Circle the appropriate t-shirt size for each participant. (Note: Adult t-shirts will be long-sleeve t-shirts and the sizes run smaller than normal.) There is no fee for children 5 and under to participate in the Kids' Dash but registration is required (includes free lunch). A child's t-shirt can be ordered below for \$8.*

Last Name	First Name	Sex	Age on 03-08-09	Kids Dash	T-Shirt (Y/N)	T-Shirt Size	Office use only
	3 /44.00					Child: S-M-L Adult: M-L-XL-XXL	
						Child: S-M-L Adult: M-L-XL-XXL	
						Child: S-M-L Adult: M-L-XL-XXL	
						Child: S-M-L Adult: M-L-XL-XXL	
						Child: S-M-L Adult: M-L-XL-XXL	

Registration Fees

Complete the appropriate lines and calculate a total at the bottom. Make check(s) payable to Chapel Hill Church.

Description	T-Shirt	Number of Participants	Price Per Person		Total
Adult (18+) with t-shirt and lunch	Yes		\$20.00		
Adult (18+) without t-shirt and lunch	No		\$12.00	= :::	
Child/youth (6-17) with t-shirt and lunch	Yes		\$15.00	=	
Child/youth (6-17) without t-shirt and lunch	No		\$7.00	=	
*Children 5 and under t-shirt S – M – L	Yes		\$8.00	=	
Adult t-shirt only M – L – XL –XXL	Yes		\$12.00	=	
Family without T-Shirts (3 or more in family) with lunch	No		\$30.00		
EXTRA GIVING (please write separate check for these donations)					
GRAND TOTAL				=	

Release Information – All participants must read and sign this waiver.

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including but not limited to falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my entry, I, for myself and anyone entitled to act on my behalf, waive and release the cities of Gig Harbor, Pierce County, the State of Washington, Chapel Hill Presbyterian Church, World Aid, all sponsors, volunteers and their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant my permission to all of the foregoing to use photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose. I also understand that my entry fee is nonrefundable. A parent must sign if entrant is under 18 years of age. This is to certify that my child has permission to compete in this event, is in good physical condition and the event officials may authorize necessary emergency medical treatment. I understand that bicycles, skateboards, roller skates or blades, animals and headsets are not allowed in the race, and I will abide by this guideline.

Signed (if under 18 signature of parent /guardian)		Date
Signed (if under 18 signature of parent /guardian)		Date
Please note that race results will be published on the Cl permission for your name or your child's name to be print Please do not release/print my name or my child's	nted upon winning, please check t	he box below.
How did you hear about Run / Walk for Reli	ef—Burma?	
	a distant	
Donations: If you would like to further support the relief efforts in Bumake a direct donation or sponsor a runner. Please of Hill Church.		
Name		
Phone	Donation Amount	
	THANK YOU!	