

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	<div><div>Jimmy Deans Turkey Sausage (4.0 Oz)</div><div></div></div>	<div><div>Popeyes<ul style="list-style-type: none"><li>• Chicken (1.0 Pieces)</li></ul>Popeyes<ul style="list-style-type: none"><li>• Chicken (1.0 Pieces)</li></ul></div><div></div></div>					
Snack	<div><div><ul style="list-style-type: none"><li>• Bacon (3.0 Slices)</li><li>• Bacon (3.0 Slices)</li><li>• Bacon (3.0 Slices)</li><li>• Bacon (3.0 Slices)</li><li>• Bacon (5.0 Slices)</li><li>• Bacon (3.0 Slices)</li></ul></div><div></div></div>						
Lunch	<div><div><ul style="list-style-type: none"><li>• Bacon (3.0 Slices)</li><li>• Bacon (3.0 Slices)</li><li>• Bacon (3.0 Slices)</li><li>• Bacon (3.0 Slices)</li></ul></div><div></div></div>						
Snack	<div><div><ul style="list-style-type: none"><li>• Bacon (3.0 Slices)</li></ul>Jimmy Deans Turkey Sausage (1.0 Oz)</div><div>Popeyes<ul style="list-style-type: none"><li>• Chicken (1.0 Pieces)</li></ul></div></div>		<div><div>Popeyes<ul style="list-style-type: none"><li>• Chicken (1.0 Pieces)</li></ul>Popeyes<ul style="list-style-type: none"><li>• Chicken (1.0 Pieces)</li></ul><ul style="list-style-type: none"><li>• Bacon (3.0 Slices)</li><li>• Bacon (3.0 Slices)</li></ul></div><div></div></div>				
Dinner			<div><div><ul style="list-style-type: none"><li>• Almond Milk (1.0 Cups)</li><li>• Almond Milk (1.0 Cups)</li></ul></div><div></div></div>			<div><div><ul style="list-style-type: none"><li>• Jimmy Deans Turkey Sausage (1.0 Oz)</li><li>• Jimmy Deans Turkey Sausage (1.0 Oz)</li><li>• Jimmy Deans Turkey Sausage (1.0 Oz)</li><li>• Jimmy Deans Turkey Sausage (1.0 Oz)</li><li>• Jimmy Deans Turkey Sausage (1.0 Oz)</li><li>• Jimmy Deans Turkey Sausage (1.0 Oz)</li></ul></div><div></div></div>	
Snack				<div><div><ul style="list-style-type: none"><li>• Bacon (3.0 Slices)</li><li>• Bacon (3.0 Slices)</li><li>• Bacon (3.0 Slices)</li></ul></div><div></div></div>		<div><div><ul style="list-style-type: none"><li>• Bacon (3.0 Slices)</li><li>• Bacon (3.0 Slices)</li><li>• Bacon (3.0 Slices)</li><li>• Bacon (3.0 Slices)</li></ul></div><div></div></div>	
Totals	<div>2218</div> <div>Calories: 137.7g</div> <div>Fat: 89.4g</div> <div>Carbs: 155.4g</div> <div>Protein: 44g</div>	<div>1000</div> <div>Calories: 20g</div> <div>Fat: 90g</div> <div>Carbs: 44g</div> <div>Protein: 44g</div>	<div>1396</div> <div>Calories: 46.4g</div> <div>Fat: 106.8g</div> <div>Carbs: 64.8g</div> <div>Protein: 64.8g</div>	<div>414</div> <div>Calories: 32.1g</div> <div>Fat: 1.2g</div> <div>Carbs: 28.2g</div> <div>Protein: 28.2g</div>	<div>0</div> <div>Calories: 0g</div> <div>Fat: 0g</div> <div>Carbs: 0g</div> <div>Protein: 0g</div>	<div>1052</div> <div>Calories: 67.8g</div> <div>Fat: 101.6g</div> <div>Carbs: 112.6g</div> <div>Protein: 112.6g</div>	<div>0</div> <div>Calories: 0g</div> <div>Fat: 0g</div> <div>Carbs: 0g</div> <div>Protein: 0g</div>