



Flour Power:
Modeling the
Growth and
Decay of
Sourdough
Starters

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Smith

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Flour Power: Modeling the Growth and Decay of Sourdough Starters

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April 27, 2023



Outline

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1 Introduction and Background

- Motivation and Scope of Study
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2 Back-slopping Models

- Model Derivation
- Stability Analysis and Numerical Methods

3 Discussion and Conclusions

- Next Steps
- Closing Thoughts



Focusing on sourdough within the context of baking and food production

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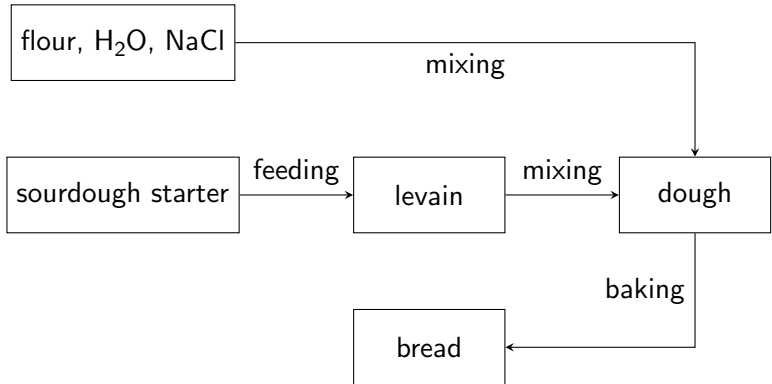
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Type I sourdough is most mathematically interesting (Neysens and De Vuyst 2007)

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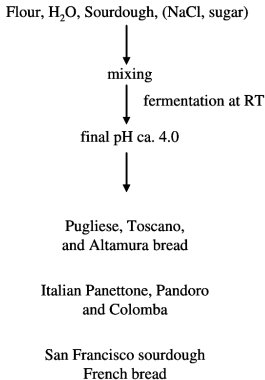
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Type I

Traditional process



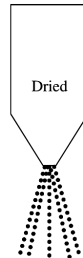
Type II

Industrial process



Type III

Industrial process





Monod's model introduces exponential growth and compartmental stages (Monod 1949)

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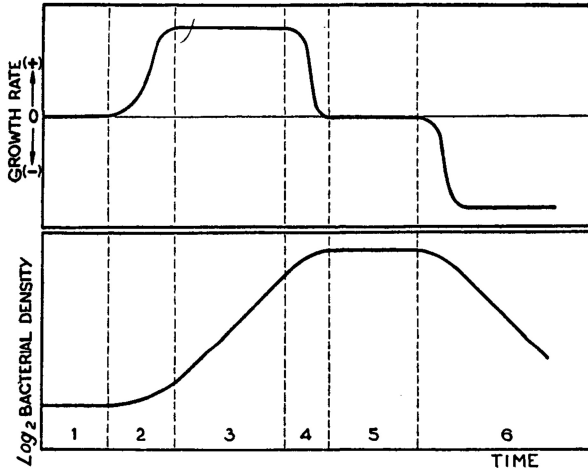
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LAB “eat” maltose and “excrete” glucose (Neysens and De Vuyst 2007)

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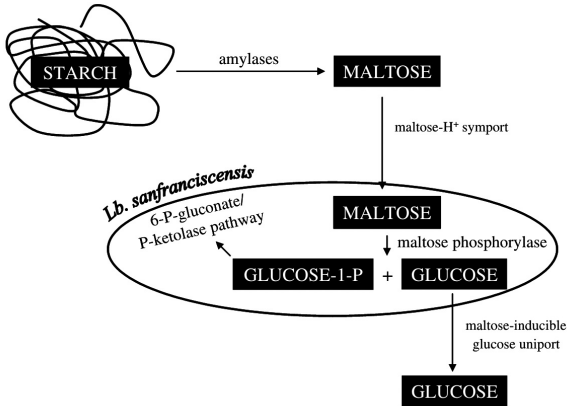
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Maltose consumption follows exponential decay (Neubauer et al. 1994)

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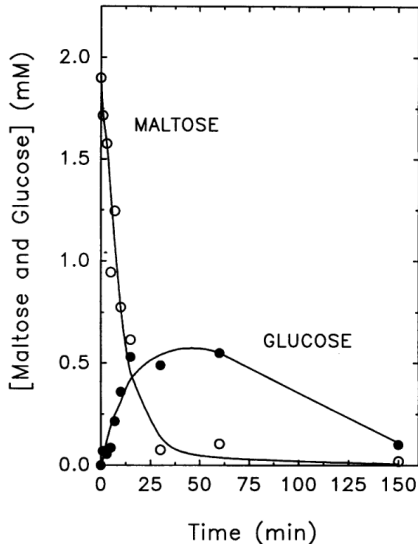
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Back-slopping conserves mass, but not biomass

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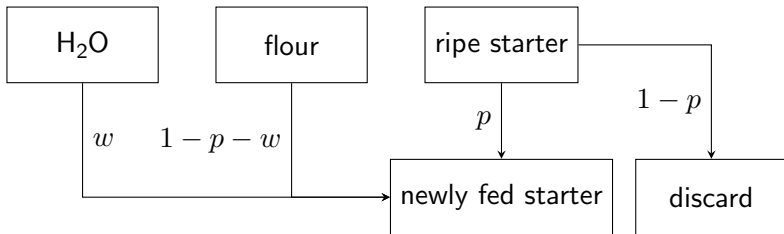
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$$p \in (0, 1)$$
$$w \in (0, 1 - p)$$



Exponential growth captures general shape of curve ($B, D, G, X, t \in \mathbb{R}_{\geq 0}; \alpha_B, \alpha_X \in \mathbb{R}_+$)

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$$\frac{dB}{dt} = \alpha_B B$$

$$\frac{dD}{dt} = -\alpha_B D$$

$$\frac{dG}{dt} = \alpha_B B - \alpha_X X$$

$$\frac{dX}{dt} = \alpha_X X$$



Michaelis-Menten kinetics accurately describe nutrient consumption ($K_D, K_G \in \mathbb{R}_+$)

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$$\frac{dB}{dt} = \alpha_B B \frac{D}{K_D + D}$$

$$\frac{dD}{dt} = -\alpha_B B \frac{D}{K_D + D}$$

$$\frac{dG}{dt} = \alpha_B B \frac{D}{K_D + D} - \alpha_X X \frac{G}{K_G + G}$$

$$\frac{dX}{dt} = \alpha_X X \frac{G}{K_G + G}$$



Steady state analysis at this point reveals the necessity of a decay term

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$$\frac{dB}{dt} = \alpha_B B \frac{D}{K_D + D}$$

$$0 = \alpha_B B \frac{D}{K_D + D}$$

$$\alpha_B = 0 \quad \text{or} \quad B = 0 \quad \text{or} \quad D = 0$$

There could exist some $(\bar{B}, \bar{D}) = (0, d)$ where $d \neq 0$.



Adding a decay term “pushes” all solutions to 0 asymptotically ($\gamma_B, \gamma_X \in \mathbb{R}_+$)

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$$\frac{dB}{dt} = \alpha_B B \frac{D}{K_D + D} - \gamma_B B$$

$$\frac{dD}{dt} = -\alpha_B B \frac{D}{K_D + D}$$

$$\frac{dG}{dt} = \alpha_B B \frac{D}{K_D + D} - \alpha_X X \frac{G}{K_G + G}$$

$$\frac{dX}{dt} = \alpha_X X \frac{G}{K_G + G} - \gamma_X X$$



Adding a yield term fixes dimension discrepancies in D and G equations ($Y_D, Y_G \in [1, \infty)$)

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$$\frac{dB}{dt} = \alpha_B B \frac{D}{K_D + D} - \gamma_B B$$

$$\frac{dD}{dt} = -\frac{\alpha_B}{Y_D} B \frac{D}{K_D + D}$$

$$\frac{dG}{dt} = \frac{\alpha_B}{Y_D} B \frac{D}{K_D + D} - \frac{\alpha_X}{Y_G} X \frac{G}{K_G + G}$$

$$\frac{dX}{dt} = \alpha_X X \frac{G}{K_G + G} - \gamma_X X$$



An iterative process is best suited to describe back-slopping ($i \in \mathbb{N}; h \in \mathbb{R}_+$)

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$$B_{i+1}(0) = pB_i(h)$$

$$D_{i+1}(0) = pD_i(h)$$

$$G_{i+1}(0) = pG_i(h)$$

$$X_{i+1}(0) = pX_i(h)$$



Adding another term accounts for nutrients and ambient organisms from flour

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$$B_{i+1}(0) = pB_i(h) + (1 - p - w)B_0(0)$$

$$D_{i+1}(0) = pD_i(h) + (1 - p - w)D_0(0)$$

$$G_{i+1}(0) = pG_i(h) + (1 - p - w)G_0(0)$$

$$X_{i+1}(0) = pX_i(h) + (1 - p - w)X_0(0)$$



Acceptable variable values and dimensions

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| Variable List | | | |
|---------------|-----------------------|--------------------|----------------------------|
| Variable | Range | Units | Biological Significance |
| t | $\mathbb{R}_{\geq 0}$ | h | time since last feeding |
| B | $\mathbb{R}_{\geq 0}$ | cfu | LAB density |
| D | $\mathbb{R}_{\geq 0}$ | g kg^{-1} | disaccharide concentration |
| G | $\mathbb{R}_{\geq 0}$ | g kg^{-1} | glucose concentration |
| X | $\mathbb{R}_{\geq 0}$ | cfu | yeast density |
| i | \mathbb{N} | n/a | cycle counter |



Acceptable parameter values and dimensions

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Parameter List

| Parameter | Range | Units | Biological Significance |
|------------|----------------|--------------------------|-------------------------|
| α_B | \mathbb{R}_+ | h^{-1} | LAB growth |
| α_X | \mathbb{R}_+ | h^{-1} | yeast growth |
| Y_D | $[1, \infty)$ | g (cfu kg)^{-1} | disaccharide yield |
| Y_G | $[1, \infty)$ | g (cfu kg)^{-1} | glucose yield |
| γ_B | \mathbb{R}_+ | h^{-1} | LAB decay |
| γ_X | \mathbb{R}_+ | h^{-1} | yeast decay |
| K_D | \mathbb{R}_+ | g kg^{-1} | Michaelis-Menten for D |
| K_G | \mathbb{R}_+ | g kg^{-1} | Michaelis-Menten for G |
| p | $(0, 1)$ | 1 | inoculation/carryover |
| w | $(0, 1 - p)$ | 1 | hydration |
| h | \mathbb{R}_+ | h | cycle length |



The only steady state is the trivial one!

$$((\bar{B}, \bar{D}, \bar{G}, \bar{X}) = \vec{0})$$

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- Baker “keeps starter alive” only through feeding (avoiding trivial steady state)
- Transience is most important property to study in this system
- This matches intuition: there can never be a non-zero bacteria or yeast population with an absence of nutrients



After a few generations, the maximum concentrations and shapes seem to even out

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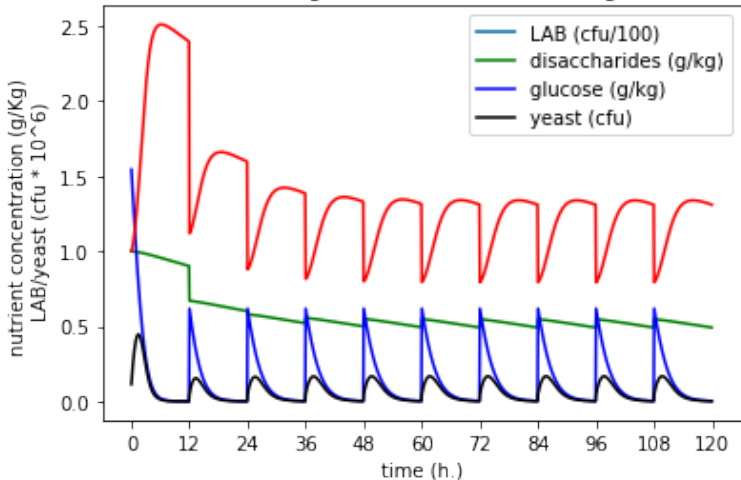
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Sourdough Culture with 10 Feedings





With these same parameter values, we can find the cycle length which maximizes LAB and yeast pop.

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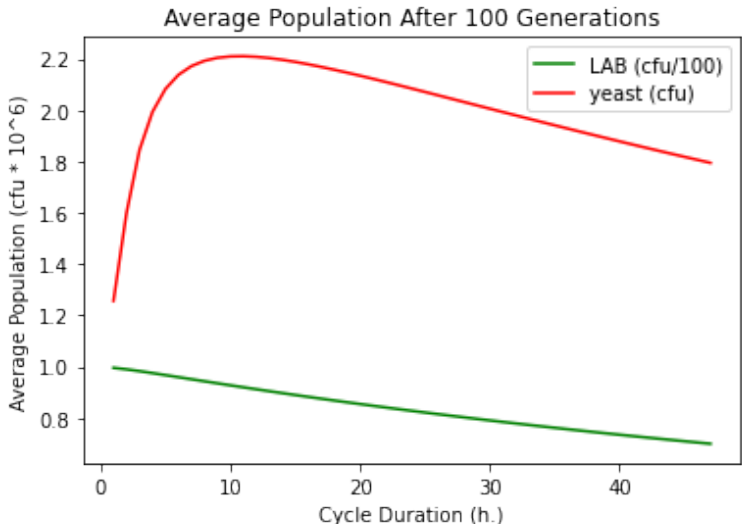
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Shortcomings of the model: accuracy versus feasibility

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- No pH control (Gänzle 2014)
- No temperature control (Gänzle 2014)
- Uncertainty Quantification (Tennøe 2018)
- (More) optimization



Where can we go from here?

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- Good model for fermentation and symbiosis in other organisms (wine, cheese, etc.)
- Could apply to other models for species interactions
- Iterative model is also an interesting tool



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