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Both might impact the Component's performance.

How will I know?

Measure

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```
• • •
class Login extends React.Component {
  constructor(props) {
    super(props)
    this.login = this.login.bind(this)
  login(data) {
    if (data.isCat) {
      this.setState({
        logged: true,
        ...data
      })
  render() {
    <form onSubmit={this.login}>
      . . .
    </form>
```