

health



10

THE AVERAGE NUMBER—IN
MILLIONS—OF BACTERIA
UNDER YOUR HAND WHEN
IT'S RESTING ON YOUR DESK

Women: Playing dirty at work

*Your desktop
has 400 times
as many
grimy bugs
as a toilet*

Your work space has an ugly secret—it's harboring nearly three times as many bacteria as one occupied by a man, say University of Arizona researchers. Women's fondness for keeping snacks and knickknacks around gives germs extra places to lurk—which means more opportunity for them to infect you. Microbes are also attracted to hand lotion and can hitch a ride from desktop to phone to keyboard. Clean your area daily with a disinfectant wipe to keep it snick-and-span (or at least up to male standards)