**Deliverable Form E – 5-Year Action Plans**

*(For further instructions see separate document titled “Action Plan Guidelines”)*

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| **MCAH SOW Goal \_: Improve Outreach and Access to Quality Health and Human Services** | |
| **Problem Category** | **Access to mental health care** |
| **Problem Statement(s)** | **Placer County's families experience greater levels of mental health hospitalizations due to limited mental health resources, fragmentation of those services, and perceived stigmatization of mental health problems that could result in distrust of the system.** |
| **Five Year Local Goal(s)** | **(Develop one or more five year local goal(s) that state the desired results of your interventions)** |
| **Risk/Contributing Factors** | **(List LHJ-specific contributing factors using a problem analysis)** |
| **Best Practice Strategies/ Interventions** | **(List best practice strategies and/or interventions to address your problems)** |
| **Intervention Population(s)** | **(List the populations you will be focusing on for the next five years)** |

| **Short and/or Intermediate Objective(s)** | **Inputs, including Community Partner involvement** | **Intervention Activities to Meet Objectives** | **Performance Measures Short and/or Intermediate** | |
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| **Process Description and Measure(s) including data source** | **Outcome Measure(s) including data source** |
| Fiscal Year 1 –  Increase mental health providers – collaboration with providers  Collaborate with MCMC  Systems in place, gaps in systems; how to get the largest number of clients into services quickly  How would you approach this problem | Placer County's Adult System of Care and Placer County's Children's System of Care, Kids First Family Resource Center, New Mourning Counseling Center, First 5 Placer, Sutter Hospital, Community- and Faith-Based Organizations that offer counseling, Lincoln Lighthouse Family Resource Center, North Tahoe Family Resource Center, School Districts, Latino Leadership Council, Sierra Native Alliance, Chapa De Health Clinic, Substance Abuse Prevention & Treatment (SAPT), and Placer County Youth Commission. | 1. Utilize media to promote messages that de-stigmatize mental illness and promote emotional health  2. Promote use of mental health screening by providers in routine assessments  3. Collaborate with Placer County's Adult System of Care and Children's System of Care and other community partners to build community trust and identify effective mechanisms for clients to access mental health services  4. Work to bring more mental health resources to our community. |  |  |
| Fiscal Year 2 |  |  |  |  |
| Fiscal Year 3 |  |  |  |  |
| Fiscal Year 4 |  |  |  |  |
| Fiscal Year 5 |  |  |  |  |