***Ruby Payne: A Framework for Understanding Poverty***

***Leading Change – June 28, 2016***

***Guiding discussion questions:***

***1.  What does scarcity do to stress and having time to learn academically?***

***2.  Why is it true that the fewer your resources, the more difficult it is to plan?***

***3. Everyone in the world has 24 hours a day.  How does survival impact how you spend this time?***

***4. All emotional health is based in two things:  belonging and safety.  What happens to emotional health when either of these is jeopardized or unpredictable?***

***5.  Approximately 7% of individuals in poverty suffer from mental health issues as compared to 3% in middle class.  Does the poverty create the mental illness or does the mental illness create the poverty?***