$$Z_{
m in}$$
 desired input impedance in  $\Omega$ 
 $Z_{
m out}$  desired output impedance in  $\Omega$ 
 $a$  attenuation of the RF power or amplitude in dB
 $L$  loss  $L=10^{rac{a}{10}}$ 
 $A=(L+1)/(L-1)$ 

Pi attenuator
 $R_2=rac{L-1}{2}\cdot\sqrt{rac{Z_{
m in}\cdot Z_{
m out}}{L}}$ 
 $R_1=rac{1}{rac{A}{Z_{
m in}}-rac{1}{R_2}}$ 
 $R_3=rac{1}{rac{A}{Z_{
m out}}-rac{1}{R_2}}$