A note on the Gaussian maximal function

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Abstract. In this note we give an improvement on a result first demonstrated by Pineda and Urbina [3]. In particular we present an improvement to their Lemma 1.1 which gives the boundedness of the Gaussian maximal function associated to the Ornstein-Uhlenbeck operator.

We present a proof which is at least to the author more transparant. Our main finding in this note is that our proof allows to use a larger cone and actually obtain the maximal function boundedness for a whole class of cones $\Gamma_x^{(A,a)}(\gamma)$.

1. Introduction

To be typed.

1.1. Notation. To begin, let us fix some notation. As is common, we use N to represent a positive integer. That is, $N \in \mathbf{Z}_+ = \{1, 2, 3, \dots\}$. In the same way we cast letters that denote the number of dimensions, e.g. $d \in \mathbf{R}^d$ as positive integers.

We use the capital letter T to denote a "time" endpoint, for instance, when writing $t \in (0, T]$.

2. The Mehler kernel and friends

2.1. Setting. Our setting is the one concerning the *Ornstein-Uhlenbeck* operator *L* which is defined as:

$$L := -\frac{1}{2}\Delta + x \cdot \nabla,$$

We define the Mehler kernel (see e.g., Sjögren [5]) as the Schwartz kernel associated to the Ornstein-Uhlenbeck semigroup $(e^{-tL})_t$. More precisely, this means:

(2)
$$e^{-tL}u(x) = \int_{\mathbf{p}^d} M_t(x,\cdot)u \, d\gamma.$$

It is often more convenient to use e^{-t^2L} instead of e^{-tL} as is done in e.g., Portal [4] and we will also do so.

2.2. The Mehler kernel. For the calculation of the Mehler kernel M_t in (2) we refer to e.g., Sjögren [5] which additionally offers related results such as those related to Hermite polynomials.

Observe that the kernel M_{t^2} is invariant under the permutation $x \longleftrightarrow y$. A formula for M_t which honors this observation is:

(3)
$$M_{t^2}(x,y) = \frac{\exp\left(-e^{-2t^2} \frac{|x-y|^2}{1-e^{-2t^2}}\right)}{(1-e^{-t^2})^{\frac{d}{2}}} \frac{\exp\left(2e^{-t^2} \frac{\langle x,y\rangle}{1+e^{-t^2}}\right)}{(1+e^{-t^2})^{\frac{d}{2}}}.$$

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3. Some fine lemmata and definitions

3.1. *m***inimal function.** We recall the lemma from [1, lemma 2.3] which first -although implicitly- appeared in [2]. For what follows it will be convenient to define a function *m* as:

$$m(x) := \min\left\{1, \frac{1}{|x|}\right\} = 1 \lor \frac{1}{|x|}.$$

We use m in our next lemma.

- 1. LEMMA. Let a, A be strictly positive numbers. We have for x, y in \mathbf{R}^d that:
- (1) If |x y| < At and $t \le am(x)$, then $t \le (1 + aA)m(y)$;
- (2) Likewise, if |x-y| < Am(x), then $m(x) \le (1+A)m(y)$ and $m(y) \le 2(1+A)m(y)$ A)m(x).

Recall that:

(4)
$$\Gamma_x^{(A,a)} := \Gamma_x^{(A,a)}(\gamma) := \{ (y,t) \in \mathbf{R}_+^d : |x-y| < At \text{ and } t \le am(x) \}.$$

To ease the notational burden a bit, we will write Γ_x^a and mean $\Gamma_x^{(1,a)}$. Using this notation we can deduce a cone version of Lemma 1. That is:

- 2. Lemma. Let a, A be strictly positive numbers. Then:
- (1) If $(y,t) \in \Gamma_x^{(A,a)}$ then $t \le (1+aA)m(y)$; (2) If $(y,t) \in \Gamma_x^{(A,a)}$ then $(x,t) \in \Gamma_y^{(1+aA,a)}$.

In what is next we will use a global/local region dichotomy and define it as follows:

1. Definition. Given $\tau > 0$, the set N_{τ} is given as:

(5)
$$N_{\tau}(x) := N_{\tau} := \{(x, y) \in \mathbb{R}^{2d} : |x - y| \le \tau m(x)\}.$$

Sometimes it is easier to work with the set $N_{\tau}(B)$, which is given for $B := B_r(x)$ as:

(6)
$$N_{\tau}(B) := \{ y \in \mathbf{R}^d : |x - y| \le \tau m(x) \}.$$

When we partition the space into $N_{ au}$ and its complement, we call the part belonging to $N_{ au}$ the local region and the part belonging to its complement the global region.

The set $t \leq am(x)$ is used in the definition of the cones $\Gamma_x^{(A,a)}$ and we will name it D^a , that is:

(7)
$$D^{a} := \{(x, t) \in \mathbf{R}^{d}_{+} : t \leq am(x)\}.$$

We will write $D := D^1$ for simplicity.

The next lemma will come useful when we want to cancel exponential growth in one variable with exponential decay in the other as long both variables are in a Gaussian

3. Lemma. Let $\alpha > 0$ and $|x - y| \le \alpha m(x)$. Then the Gaussians in x and y respectively are comparable. In particular this means that,

$$e^{-|x|^2} \simeq e^{-|y|^2}$$
.

REMARK. More precisely, from the proof we get the estimates (8) and (9). That is:

$$e^{-|x|^2} \le e^{(1+\alpha)^2-1}e^{-|y|^2}$$

and,

$$e^{-|y|^2} \le e^{(1+\alpha)^2} e^{2(1+\alpha)} e^{-|x|^2}$$

PROOF. Let *x* and *y* be such that $|x-y| \le \alpha m(x)$. By the inverse triangle inequality we get,

$$|y|^2 \le (\alpha m(x) + |x|)^2$$

= $\alpha^2 + 2\alpha m(x)|x| + |x|^2$
 $\le \alpha^2 + 2\alpha + |x|^2$.

Therefore,

(8)
$$e^{-|x|^2} \leqslant e^{-|y|^2} e^{(1+\alpha)^2} e^{-1}.$$

For the reverse direction we use Lemma 1 to infer $t \le (1 + \alpha)m(y)$. Proceeding as before we obtain:

$$|x|^2 \le (1+\alpha)^2 + 2(1+\alpha) + |y|^2$$
.

Therefore,

(9)
$$e^{-|y|^2} \le e^{-|x|^2} e^{(1+\alpha)^2} e^{2(1+\alpha)}.$$

Combining we get:

$$e^{-(1+\alpha)^2}e^{-1}e^{-(1+2\alpha)} \stackrel{\text{(9)}}{\leqslant} \frac{e^{-|x|^2}}{e^{-|y|^2}} \stackrel{\text{(8)}}{\leqslant} e^{-1}e^{(1+\alpha)^2}.$$

Summarizing we thus have that,

$$e^{-|x|^2} \simeq e^{-|y|^2}$$
,

as required.

4. Lemma. Let x, y and z in \mathbb{R}^d . Set

$$\tau = \frac{1}{2}(1+2\alpha)(1+\alpha).$$

If
$$|y-z| > \tau m(y)$$
 and $|x-y| \le \alpha m(x)$ then $|x-z| > \frac{1}{2}m(x)$.

PROOF. We assume that $(y,z) \notin N_{\tau}$ and $(y,t) \in \Gamma_x^{(A,a)}$. Written out this gives by (5) the inequality $|y-z| > \tau m(y)$, and by (4) the inequality |x-y| < aAm(x). Note that the latter inequality together with Lemma 1 yields,

(10)
$$\frac{1}{2} \frac{1}{1+\alpha} m(y) \leqslant m(x) \leqslant (1+\alpha) m(y).$$

Combining we get $|x - y| < \alpha(1 + \alpha)m(y)$. Now we are in position to apply the triangle inequality:

$$|x-z| \ge |y-z| - |x-y| > \tau m(y) - \alpha(1+\alpha)m(y).$$

As we require an lower bound in terms of m(x) and not m(y), we again apply (10) to obtain:

$$\begin{aligned} |x-z| \geqslant |y-z| - |x-y| &> \tau m(y) - \alpha m(y) \\ &\geqslant \tau \frac{1}{1+\alpha} m(x) - \alpha m(x) \\ &\geqslant \frac{1}{2} m(x). \end{aligned}$$

Very well, proof is done.

4. On-diagonal estimates

- **4.1. Kernel estimates.** We begin with a technical lemma which will be useful on several occasions.
 - 5. Lemma. Let t be in (0,T] and let $\alpha > 1$. Then,

(11)
$$\alpha e^{-T^2} \leqslant \frac{1 - e^{-t^2}}{1 - e^{-t^2}} \leqslant \alpha.$$

and,

(12)
$$0 \le \frac{1}{1 + e^{-t^2}} - \frac{1}{1 + e^{-\frac{t^2}{\alpha}}} \le \frac{1}{4} \left(1 - \frac{1}{\alpha} \right).$$

PROOF. We start with (11) and apply the mean value theorem to the function $f(\xi) = \xi^{\alpha}$. For $0 < \xi' < \xi$ this gives that:

$$f(\xi) - f(\xi') = \alpha \hat{\xi}^{\alpha - 1}(\xi - \xi')$$
 for some $\hat{\xi}$ in $[\xi, \xi']$.

Picking $\xi = 1$ and $\xi' = e^{-\frac{t^2}{a}}$ yields:

(13)
$$\frac{1 - e^{-t^2}}{1 - e^{-\frac{t^2}{a}}} = \alpha \hat{\xi}^{\alpha - 1} \text{ for some } \hat{\xi} \text{ in } \left[\exp\left(-\frac{t^2}{\alpha}\right), 1 \right].$$

Combining this result with the monotonicity of $\xi \mapsto \alpha \xi^{\alpha-1}$ we obtain:

$$\alpha e^{-t^2} \le \alpha \exp\left(-t^2 \frac{\alpha - 1}{\alpha}\right) \le \frac{1 - e^{-t^2}}{1 - e^{-\frac{t^2}{\alpha}}}.$$

Together with $e^{-T^2} \le e^{-t^2}$ we obtain,

$$\alpha e^{-T^2} \leqslant \frac{1 - e^{-t^2}}{1 - e^{-\frac{t^2}{\alpha}}} \downarrow \alpha.$$

We proceed with (12). Recalling that $\alpha > 1$ one can directly verify that:

$$\frac{1}{1 + e^{-t^2}} - \frac{1}{1 + e^{-\frac{t^2}{\alpha}}} \geqslant 0,$$

and that the function on the left-hand side is decreasing. To find an upper bound we compute the limit as *t* goes to 0. That is:

$$\lim_{t \to 0} \frac{1}{t^2} \left[\frac{1}{1 + e^{-t^2}} - \frac{1}{1 + e^{-\frac{t^2}{\alpha}}} \right] = \lim_{t \to 0} \frac{1}{2t} \left[\frac{2te^{-t^2}}{(1 + e^{-t^2})^2} - \frac{1}{\alpha} \frac{2te^{-\frac{t^2}{\alpha}}}{(1 + e^{-\frac{t^2}{\alpha}})^2} \right]$$

$$= \lim_{t \to 0} \left[\frac{e^{-t^2}}{(1 + e^{-t^2})^2} - \frac{1}{\alpha} \frac{e^{-\frac{t^2}{\alpha}}}{(1 + e^{-\frac{t^2}{\alpha}})^2} \right]$$

$$\uparrow \frac{1}{4} \left(1 - \frac{1}{\alpha} \right).$$

Which is as asserted and completes the proof.

The following lemma will be useful when transfering estimates from $M_{\frac{t^2}{a}}$ to M_{t^2} . It follows from the mean value theorem applied to $\xi \mapsto \xi^{\alpha}$.

6. Lemma. For $\alpha > 1$ and t in (0,T] and all let x, y in \mathbb{R}^d we have that:

(14)
$$\exp\left(-\frac{1}{2}\frac{|x-y|^2}{1-e^{-\frac{t^2}{a}}}\right) \leqslant \exp\left(-\frac{1}{2}\frac{\alpha}{e^{T^2}}\frac{|x-y|^2}{1-e^{-t^2}}\right).$$

PROOF. Let t in (0, T]. Applying (11) we get:

$$\exp\left(-\frac{1}{2}\frac{|x-y|^2}{1-e^{-\frac{t^2}{a}}}\right) \leqslant \exp\left(-\frac{1}{2}\frac{|x-y|^2}{1-e^{-t^2}}\frac{1-e^{-t^2}}{1-e^{-\frac{t^2}{a}}}\right) \leqslant \exp\left(-\frac{1}{2}\frac{\alpha}{e^{T^2}}\frac{|x-y|^2}{1-e^{-t^2}}\right).$$

Which is as asserted.

Our first lemma is about estimating $M_{\underline{t^2}}$ in terms of M_{t^2} .

4.1.1. Time-scaling of the Mehler kernel.

7. Lemma. Let $\alpha \ge 2e^{T^2}$, t in (0,T] and x,y in \mathbb{R}^d . If $t|x| \le C$ and $t|y| \le C$ then:

(15)
$$M_{\frac{t^2}{a}}(x,y) \leq \alpha^{\frac{d}{2}} e^{\frac{C^2}{2}} \exp\left(-\frac{\alpha}{2e^{T^2}} \frac{|x-y|^2}{1-e^{-t^2}}\right) M_{t^2}(x,y).$$

PROOF. To prove the lemma we compute $M_{\frac{t^2}{2}}M_{t^2}^{-1}$. First note that (11) gives

$$\alpha^{\frac{d}{2}} e^{-\frac{d}{2}T^2} \leqslant \frac{(1 - e^{-t^2})^{\frac{d}{2}}}{(1 - e^{-\frac{t^2}{a}})^{\frac{d}{2}}} \leqslant \alpha^{\frac{d}{2}}.$$

Combining the exponentials also gives

$$\exp\left(-2e^{-t^2}\frac{\langle x,y\rangle}{1+e^{-\frac{t^2}{a}}}\right)\exp\left(2e^{-t^2}\frac{\langle x,y\rangle}{1+e^{-t^2}}\right)$$

$$\leq \exp\left(\frac{2}{t^2}\left[\frac{1}{1+e^{-t^2}}-\frac{1}{1+e^{-\frac{t^2}{a}}}\right]t^2|\langle x,y\rangle|\right).$$

(12) Using this result and nothing that $|x + y|^2 \le 2|x|^2 + 2|y|^2$ yields:

$$\exp\left(-\frac{1}{2}\frac{|x+y|^2}{1+e^{-\frac{t^2}{a}}}\right)\exp\left(\frac{1}{2}\frac{|x+y|^2}{1+e^{-t^2}}\right) \le \exp\left(\frac{1}{8}\left(1-\frac{1}{a}\right)t^2|x+y|^2\right) \\ \le \exp\left(\frac{1}{4}t^2|x|^2\right)\exp\left(\frac{1}{4}t^2|y|^2\right).$$

From $t|x| \le C$ and $t|y| \le C$ we obtain that:

$$\exp\left(-\frac{1}{2}\frac{|x+y|^2}{1+e^{-\frac{t^2}{a}}}\right)\exp\left(\frac{1}{2}\frac{|x+y|^2}{1+e^{-t^2}}\right) \leqslant e^{\frac{c^2}{2}}.$$

Combining Lemma 6 and equation (14) gives is almost the final estimate.

$$\begin{split} \frac{M_{\frac{t^2}{a}}(x,y)}{M_{t^2}(x,y)} &\leqslant \alpha^{\frac{d}{2}} \mathrm{exp}\bigg(\frac{1}{2} \frac{|x-y|^2}{1-\mathrm{e}^{-t^2}}\bigg) \mathrm{exp}\bigg(-\frac{1}{2} \frac{|x-y|^2}{1-\mathrm{e}^{-\frac{t^2}{a}}}\bigg) \\ &\leqslant \alpha^{\frac{d}{2}} \mathrm{e}^{\frac{c^2}{2}} \mathrm{exp}\bigg(\frac{1}{2} \left[1 - \frac{\alpha}{2\mathrm{e}^{T^2}}\right] \frac{|x-y|^2}{1-\mathrm{e}^{-t^2}}\bigg) \mathrm{exp}\bigg(-\frac{\alpha}{2\mathrm{e}^{T^2}} \frac{|x-y|^2}{1-\mathrm{e}^{-t^2}}\bigg). \end{split}$$

Finally, we apply the assumption $\alpha \ge 2e^{T^2}$ to obtain:

$$\frac{M_{\frac{t^2}{\alpha}}(x,y)}{M_{t^2}(x,y)} \leqslant \alpha^{\frac{d}{2}} e^{\frac{c^2}{2}} \exp\left(-\frac{\alpha}{2e^{T^2}} \frac{|x-y|^2}{1-e^{-t^2}}\right).$$

Which is as asserted.

4.2. An estimate on Gaussian balls.

8. Lemma. Let $B_t(x)$ be the Euclidean ball with radius t and center x. If γ is the normalized Gaussian measure with density $\sim \exp(-|x|^2)$ we have:

(16)
$$\gamma(B_t(x)) \leq S_d \pi^{-\frac{d}{2}} e^{-|x|^2} e^{2t|x|} e^{-t^2} t^d.$$

PROOF. Next, remark that for a ball $B := B_t(x)$ there holds that

$$\begin{split} \int_{B} e^{-|\xi|^{2}} d\xi &= e^{-|x|^{2}} \int_{B} e^{-|\xi - x|^{2}} e^{-2\langle x, \xi - x \rangle} d\xi \\ &\leq e^{-|x|^{2}} \int_{B} e^{-|\xi - x|^{2}} e^{2|x||\xi - x|} d\xi \\ &\leq \pi^{\frac{d}{2}} e^{-|x|^{2}} e^{2t|x|} \gamma(B_{t}(0)). \end{split}$$

That is:

(17)
$$\gamma(B_t(x)) \leq e^{-|x|^2} e^{2t|x|} \gamma(B_t(0)).$$

We will estimate the Gaussian volume of the ball $B_t(0)$. To ease the notation, let S_d be the surface area of the d-dimensional sphere. Using polar coordinates we then obtain:

$$\gamma(B_t(0)) = \pi^{-\frac{d}{2}} \int_{B_t(0)} e^{-|\xi|^2} d\xi$$
$$= S_d \pi^{-\frac{d}{2}} \int_0^t e^{-r^2} r^{d-1} dr$$
$$\leq S_d \pi^{-\frac{d}{2}} e^{-t^2} t^d.$$

Upon combining this result with (17) we obtain (16), which is as promised.

4.3. On-diagonal kernel estimates on annuli. As is common in harmonic analysis, we often wish to decompose \mathbf{R}^d into sets on which certain phenomena are easier to handle. Here we will decompose the space into disjoint annuli C_k . For the sake of simplicity we will write $B := B_t(x)$ and mean that B is the closed ball with center x and radius t. Furthermore, we use notations such as 2B to mean the ball obtained from B by multiplying its radius by 2.

The C_k are given by,

(18)
$$C_k(B) := C_k = (2^{k+1} - 1)B \setminus (2^k - 1)B.$$

So, whenever ξ is in $C_k(B_t(x))$, we get for $k \ge 0$:

(19)
$$(2^{k} - 1)t < |y - \xi| \le (2^{k+1} - 1)t.$$

9. Lemma. Given A > 0, let $B = B_{At}(y)$ and ξ in C_k . Then we have:

$$M_{t^2}(y,\xi) \leq \frac{e^{|y|^2}e^{-At|y|}}{(1-e^{-t^2})^{\frac{d}{2}}} \exp(2^{k+1}At|y|) \exp\left(-\frac{A^2}{2e^{2t^2}}(2^k-1)^2\right).$$

PROOF. Let $B = B_{At}(y)$ and let C_k be as in (18). For the sake of clarity we write s := At. Considering the first exponential which occurs in the Mehler kernel (3) together with (19) gives for $k \ge 0$:

$$\exp\left(-e^{-2t^2}\frac{|y-\xi|^2}{1-e^{-2t^2}}\right) \leqslant \exp\left(-e^{-2t^2}\frac{(2^k-1)^2A^2t^2}{1-e^{-2t^2}}\right)$$

$$\stackrel{(i)}{\leqslant} \exp\left(-\frac{A^2}{2e^{2t^2}}(2^k-1)^2\right).$$

Where (i) follows from

$$\frac{t^2}{1 - e^{-2t^2}} \geqslant \frac{1}{2}.$$

Before we consider the last exponential in the Mehler kernel we note that by Cauchy-Schwarz:

$$(20) |\langle y, \xi \rangle| \le |\langle y - \xi, \xi \rangle| + |\langle y, y \rangle| \le |y - \xi||y| + |y|^2.$$

Furthermore we have the estimate:

$$\frac{e^{-t^2}}{1 + e^{-t^2}} \leqslant \frac{1}{2},$$

So, using these we get for the last exponential in the Mehler kernel (3):

$$\begin{split} \exp & \left(2 \mathrm{e}^{-t^2} \frac{\langle y, \xi \rangle}{1 + \mathrm{e}^{-t^2}} \right) \leqslant \exp(|\langle y, \xi \rangle|) \\ & \leqslant \exp(|y - \xi||y|) \mathrm{e}^{|y|^2} \\ & \leqslant \exp(2^{k+1} At|y|) \mathrm{e}^{-At|y|} \mathrm{e}^{|y|^2}. \end{split}$$

where (i) is due to y and ξ being in $C_k(B)$.

Wrapping it up, we can estimate the Mehler kernel (3) M_{t^2} on C_k from above by:

$$M_{t^2}(y,\xi) \leq \frac{e^{|y|^2}e^{-At|y|}}{(1-e^{-t^2})^{\frac{d}{2}}} \exp(2^{k+1}At|y|) \exp\left(-\frac{A^2}{2e^{2t^2}}(2^k-1)^2\right).$$

Which is as claimed.

$$M_{t^2}(y,\xi) \leq \frac{e^{|y|^2}e^{-At|y|}}{(1-e^{-t^2})^{\frac{d}{2}}} \exp(2^{k+1}At|y|) \exp\left(-\frac{A^2}{2e^{2t^2}}4^k\right) \exp\left(\frac{A^2}{e^{2t^2}}2^k\right) \exp\left(-\frac{A^2}{2e^{2t^2}}\right)$$

5. The boundedness of some non-tangential maximal operators

The following lemma is a small modification of [3, lemma 1.1] with a new proof.

10. Lemma. Let A, a > 0. For all x in \mathbf{R}^d and all u in L^2_{γ} we have

(21)
$$\sup_{(y,t)\in\Gamma_x^{(A,a)}} |\mathrm{e}^{-t^2L}u(y)| \lesssim \sup_{r>0} \int_{B_r(x)} |u| \, \mathrm{d}\gamma.$$

PROOF. Since we have |x - y| < At and $t \le am(x)$ we infer that $t|x| \le a$. By Lemma 2 we also that $t|y| \le 1 + aA$. From this and Lemma 9 we infer that:

(22)
$$M_{t^2}(y,\xi) \leqslant \frac{e^{|y|^2}}{(1-e^{-t^2})^{\frac{d}{2}}} \exp(2^{k+1}At|y|) \exp\left(-\frac{A^2}{2e^{2t^2}}(2^k-1)^2\right).$$

Recalling Lemma 8 we get using $t|x| \le a$ that

(23)
$$\gamma(B_t(x)) \leq S_d \pi^{-\frac{d}{2}} e^{-|x|^2} e^{2t|x|} t^d.$$

This allows us to estimate the remaining unbounded exponential in the Mehler kernel and allow a penalty up to $e^{-|x|^2}$. Furthermore, we have the following estimate which will make clear how to handle the time part in the Mehler kernel:

$$\frac{t^d}{(1-\mathrm{e}^{-t^2})^{\frac{d}{2}}} \leqslant \left(\frac{t^2}{1-\mathrm{e}^{-t^2}}\right)^{\frac{d}{2}} \leqslant \left(\frac{a^{2d^{-1}}}{1-\mathrm{e}^{-a^2}}\right)^{\frac{d}{2}} = C_{a,d}.$$

In the next step we will bound the integral on the right-hand side by the maximal function centered at x. For this we need to scale up the C_k . So,

$$|x - \xi| \le |x - y| + |\xi - y| \le 2^{k+1} At$$
.

So, we can bound the integral on the right-hand side of (24) by

$$\begin{split} \int_{C_k} |u| \; \mathrm{d}\gamma & \leq \gamma (B(x, 2^{k+1}At)) \sup_{r>0} \int_{B_r(x)} |u| \; \mathrm{d}\gamma \\ & \stackrel{\text{(i)}}{\leq} S_d \pi^{-\frac{d}{2}} \mathrm{e}^{2^{k+2}At|x|} 2^{d(k+1)} A^d t^d \mathrm{e}^{-|x|^2} \sup_{r>0} \int_{B_r(x)} |u| \; \mathrm{d}\gamma \\ & \leq S_d \pi^{-\frac{d}{2}} \mathrm{e}^{2^{k+2}aA} 2^{d(k+1)} A^d t^d \mathrm{e}^{-|x|^2} \sup_{r>0} \int_{B_r(x)} |u| \; \mathrm{d}\gamma. \end{split}$$

Where (i) uses Lemma 8. The remark following Lemma 3 gives us by assuming $|x - y| \le aAm(x)$ the following estimate:

$$e^{|y|^2} \le e^{(1+aA)^2-1}e^{|x|^2}$$
.

Let $G_{d,a,A} = S_d \pi^{-\frac{d}{2}} e^{(1+aA)^2 - 1} A^d$, then

$$e^{|y|^2} \int_{G_k} |u| \ d\gamma \le G_{d,a,A} e^{2^{k+2}aA} 2^{d(k+1)} t^d \sup_{r>0} \int_{B_r(x)} |u| \ d\gamma.$$

Using this, (22) and $t|y| \le (1 + aA)$ we can bound the Mehler kernel (3) from above by:

$$M_{t^2}(y,\xi) \le \frac{e^{|y|^2}}{(1-e^{-t^2})^{\frac{d}{2}}} \exp(2^{k+1}A(1+aA)) \exp\left(-\frac{A^2}{2e^{2t^2}}(2^k-1)^2\right).$$

We can then bound the maximal function: (24)

$$\begin{split} \mathrm{e}^{-t^2L}|u(y)| &= \sum_{k=0}^{\infty} \int_{C_k(B)} M_{t^2}(y,\cdot)|u| \, \mathrm{d}\gamma \\ &\leqslant \frac{\mathrm{e}^{|y|^2}}{(1-\mathrm{e}^{-t^2})^{\frac{d}{2}}} \sum_{k=0}^{\infty} \exp\left(-\frac{A^2}{2\mathrm{e}^{2a^2}}(2^k-1)^2\right) \exp\left(2^{k+1}A(1+aA)\right) \int_{C_k(B)} |u| \, \mathrm{d}\gamma \\ &\leqslant G_{d,a,A}(\mathcal{M}_{\gamma}u)(y) \frac{t^d}{(1-\mathrm{e}^{-t^2})^{\frac{d}{2}}} \sum_{k=0}^{\infty} \exp\left(-\frac{A^2}{2\mathrm{e}^{2a^2}}(2^k-1)^2\right) \exp\left(2^{k+1}A(1+aA)\right) \mathrm{e}^{2^{k+2}aA} 2^{d(k+1)} \\ &\lesssim \sup_{r>0} \int_{B_r(r)} |u| \, \mathrm{d}\gamma. \end{split}$$

Wrapping it up, we have that:

$$e^{-t^2L}|u(y)| \lesssim \int_{B_r(x)} |u| d\gamma.$$

With implied constant

$$G_{d,a,A}\left(\frac{a^{2d^{-1}}}{1-e^{-a^2}}\right)^{\frac{d}{2}}\sum_{k=0}^{\infty}\exp\left(-\frac{A^2}{2e^{2a^2}}(2^k-1)^2\right)\exp\left(2^{k+1}A(1+aA)\right)e^{2^{k+2}aA}2^{d(k+1)}$$

Which is what we wanted to prove.

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