

A note on the Gaussian maximal function

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ABSTRACT. In this note we give an improvement on a result first demonstrated by Pineda and Urbina [3]. In particular we present an improvement to their Lemma 1.1 which gives the boundedness of the Gaussian maximal function associated to the Ornstein-Uhlenbeck operator.

We present a proof which is at least to the author more transparent. Our main finding in this note is that our proof allows to use a larger cone and actually obtain the maximal function boundedness for a whole class of cones $\Gamma_x^{(A,a)}(\gamma)$.

1. Introduction

Maximal functions are one of the most studied objects in harmonic analysis. For instance, the classical real-valued harmonic analytic maximal function can be seen to be of the form

$$\sup_{(y,t) \in \Gamma_x} |e^{-t^2 \Delta} u(y)| \lesssim \sup_{r>0} \int_{B_r(x)} |u| d\lambda.$$

(verify) In this note we are interested in gaussian harmonic analysis which is harmonic analysis with respect to the gaussian measure as opposed to the Lebesgue measure in classical real-valued harmonic analysis. As the gaussian maximal function will be of our main interest we

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Pineda and Urbina [3]

1.1. Notation. To begin, let us fix some notation. As is common, we use N to represent a positive integer. That is, $N \in \mathbf{Z}_+ = \{1, 2, 3, \dots\}$. In the same way we cast letters that denote the number of dimensions, e.g. $d \in \mathbf{R}^d$ as positive integers.

We use the capital letter T to denote a “time” endpoint, for instance, when writing $t \in (0, T]$.

2. The Mehler kernel and friends

2.1. Setting. Our setting is the one concerning the *Ornstein-Uhlenbeck* operator L which is defined as:

$$(1) \quad L := -\frac{1}{2} \Delta + x \cdot \nabla,$$

We define the Mehler kernel (see e.g., Sjögren [5]) as the Schwartz kernel associated to the Ornstein-Uhlenbeck semigroup $(e^{-tL})_t$. More precisely, this means:

$$(2) \quad e^{-tL} u(x) = \int_{\mathbf{R}^d} M_t(x, \cdot) u \, d\gamma.$$

It is often more convenient to use $e^{-t^2 L}$ instead of e^{-tL} as is done in e.g., Portal [4] and we will also do so.

2.2. The Mehler kernel. For the calculation of the Mehler kernel M_t in (2) we refer to e.g., Sjögren [5] which additionally offers related results such as those related to Hermite polynomials.

Observe that the kernel M_{t^2} is invariant under the permutation $x \leftrightarrow y$. A formula for M_t which honors this observation is:

$$(3) \quad M_{t^2}(x, y) = \frac{\exp\left(-e^{-2t^2} \frac{|x-y|^2}{1-e^{-2t^2}}\right) \exp\left(2e^{-t^2} \frac{\langle x, y \rangle}{1+e^{-t^2}}\right)}{(1-e^{-t^2})^{\frac{d}{2}} (1+e^{-t^2})^{\frac{d}{2}}}.$$

3. Some fine lemmata and definitions

3.1. minimal function. We recall the lemma from [1, lemma 2.3] which first –although implicitly– appeared in [2]. For what follows it will be convenient to define a function m as:

$$m(x) := \min\left\{1, \frac{1}{|x|}\right\} = 1 \vee \frac{1}{|x|}.$$

We use m in our next lemma.

1. LEMMA. *Let a, A be strictly positive numbers. We have for x, y in \mathbf{R}^d that:*

- (1) *If $|x - y| < At$ and $t \leq am(x)$, then $t \leq (1 + aA)m(y)$;*
- (2) *Likewise, if $|x - y| < Am(x)$, then $m(x) \leq (1 + A)m(y)$ and $m(y) \leq 2(1 + A)m(x)$.*

Recall that:

$$(4) \quad \Gamma_x^{(A,a)} := \Gamma_x^{(A,a)}(\gamma) := \{(y, t) \in \mathbf{R}_+^d : |x - y| < At \text{ and } t \leq am(x)\}.$$

To ease the notational burden a bit, we will write Γ_x^a and mean $\Gamma_x^{(1,a)}$. Using this notation we can deduce a cone version of Lemma 1. That is:

2. LEMMA. *Let a, A be strictly positive numbers. Then:*

- (1) *If $(y, t) \in \Gamma_x^{(A,a)}$ then $t \leq (1 + aA)m(y)$;*
- (2) *If $(y, t) \in \Gamma_x^{(A,a)}$ then $(x, t) \in \Gamma_y^{(1+aA,a)}$.*

In what is next we will use a global/local region dichotomy and define it as follows:

1. DEFINITION. *Given $\tau > 0$, the set N_τ is given as:*

$$(5) \quad N_\tau(x) := N_\tau := \{(x, y) \in \mathbf{R}^{2d} : |x - y| \leq \tau m(x)\}.$$

Sometimes it is easier to work with the set $N_\tau(B)$, which is given for $B := B_r(x)$ as:

$$(6) \quad N_\tau(B) := \{y \in \mathbf{R}^d : |x - y| \leq \tau m(x)\}.$$

When we partition the space into N_τ and its complement, we call the part belonging to N_τ the local region and the part belonging to its complement the global region.

The set $t \leq am(x)$ is used in the definition of the cones $\Gamma_x^{(A,a)}$ and we will name it D^a , that is:

$$(7) \quad D^a := \{(x, t) \in \mathbf{R}_+^d : t \leq am(x)\}.$$

We will write $D := D^1$ for simplicity.

The next lemma will come useful when we want to cancel exponential growth in one variable with exponential decay in the other as long both variables are in a Gaussian cone.

3. LEMMA. Let $\alpha > 0$ and $|x - y| \leq \alpha m(x)$. Then the Gaussians in x and y respectively are comparable. In particular this means that,

$$e^{-|x|^2} \simeq e^{-|y|^2}.$$

REMARK. More precisely, from the proof we get the estimates (8) and (9). That is:

$$e^{-|x|^2} \leq e^{(1+\alpha)^2-1} e^{-|y|^2},$$

and,

$$e^{-|y|^2} \leq e^{(1+\alpha)^2} e^{2(1+\alpha)} e^{-|x|^2}.$$

PROOF. Let x and y be such that $|x - y| \leq \alpha m(x)$. By the inverse triangle inequality we get,

$$\begin{aligned} |y|^2 &\leq (\alpha m(x) + |x|)^2 \\ &= \alpha^2 + 2\alpha m(x)|x| + |x|^2 \\ &\leq \alpha^2 + 2\alpha + |x|^2. \end{aligned}$$

Therefore,

$$(8) \quad e^{-|x|^2} \leq e^{-|y|^2} e^{(1+\alpha)^2} e^{-1}.$$

For the reverse direction we use Lemma 1 to infer $t \leq (1 + \alpha)m(y)$. Proceeding as before we obtain:

$$|x|^2 \leq (1 + \alpha)^2 + 2(1 + \alpha) + |y|^2.$$

Therefore,

$$(9) \quad e^{-|y|^2} \leq e^{-|x|^2} e^{(1+\alpha)^2} e^{2(1+\alpha)}.$$

Combining we get:

$$e^{-(1+\alpha)^2} e^{-1} e^{-(1+2\alpha)} \stackrel{(9)}{\leq} \frac{e^{-|x|^2}}{e^{-|y|^2}} \stackrel{(8)}{\leq} e^{-1} e^{(1+\alpha)^2}.$$

Summarizing we thus have that,

$$e^{-|x|^2} \simeq e^{-|y|^2},$$

as required. ■

4. LEMMA. Let x, y and z in \mathbf{R}^d . Set

$$\tau = \frac{1}{2}(1 + 2\alpha)(1 + \alpha).$$

If $|y - z| > \tau m(y)$ and $|x - y| \leq \alpha m(x)$ then $|x - z| > \frac{1}{2}m(x)$.

PROOF. We assume that $(y, z) \notin N_\tau$ and $(y, t) \in \Gamma_x^{(A, \alpha)}$. Written out this gives by (5) the inequality $|y - z| > \tau m(y)$, and by (4) the inequality $|x - y| < \alpha m(x)$. Note that the latter inequality together with Lemma 1 yields,

$$(10) \quad \frac{1}{2} \frac{1}{1 + \alpha} m(y) \leq m(x) \leq (1 + \alpha)m(y).$$

Combining we get $|x - y| < \alpha(1 + \alpha)m(y)$. Now we are in position to apply the triangle inequality:

$$|x - z| \geq |y - z| - |x - y| > \tau m(y) - \alpha(1 + \alpha)m(y).$$

As we require an lower bound in terms of $m(x)$ and not $m(y)$, we again apply (10) to obtain:

$$\begin{aligned} |x - z| &\geq |y - z| - |x - y| > \tau m(y) - \alpha m(y) \\ &\geq \tau \frac{1}{1 + \alpha} m(x) - \alpha m(x) \\ &\geq \frac{1}{2} m(x). \end{aligned}$$

Very well, proof is done. ■

4. On-diagonal estimates

4.1. Kernel estimates. We begin with a technical lemma which will be useful on several occasions.

5. LEMMA. *Let t be in $(0, T]$ and let $\alpha > 1$. Then,*

$$(11) \quad \alpha e^{-T^2} \leq \frac{1 - e^{-t^2}}{1 - e^{-\frac{t^2}{\alpha}}} \leq \alpha.$$

and,

$$(12) \quad 0 \leq \frac{1}{1 + e^{-t^2}} - \frac{1}{1 + e^{-\frac{t^2}{\alpha}}} \leq \frac{1}{4} \left(1 - \frac{1}{\alpha}\right).$$

PROOF. We start with (11) and apply the mean value theorem to the function $f(\xi) = \xi^\alpha$. For $0 < \xi' < \xi$ this gives that:

$$f(\xi) - f(\xi') = \alpha \xi^{\alpha-1} (\xi - \xi') \text{ for some } \xi \text{ in } [\xi', \xi].$$

Picking $\xi = 1$ and $\xi' = e^{-\frac{t^2}{\alpha}}$ yields:

$$(13) \quad \frac{1 - e^{-t^2}}{1 - e^{-\frac{t^2}{\alpha}}} = \alpha \xi^{\alpha-1} \text{ for some } \xi \text{ in } \left[\exp\left(-\frac{t^2}{\alpha}\right), 1\right].$$

Combining this result with the monotonicity of $\xi \mapsto \alpha \xi^{\alpha-1}$ we obtain:

$$\alpha e^{-t^2} \leq \alpha \exp\left(-t^2 \frac{\alpha - 1}{\alpha}\right) \leq \frac{1 - e^{-t^2}}{1 - e^{-\frac{t^2}{\alpha}}}.$$

Together with $e^{-T^2} \leq e^{-t^2}$ we obtain,

$$\alpha e^{-T^2} \leq \frac{1 - e^{-t^2}}{1 - e^{-\frac{t^2}{\alpha}}} \downarrow \alpha.$$

We proceed with (12). Recalling that $\alpha > 1$ one can directly verify that:

$$\frac{1}{1 + e^{-t^2}} - \frac{1}{1 + e^{-\frac{t^2}{\alpha}}} \geq 0,$$

and that the function on the left-hand side is decreasing. To find an upper bound we compute the limit as t goes to 0. That is:

$$\begin{aligned} \lim_{t \rightarrow 0} \frac{1}{t^2} \left[\frac{1}{1 + e^{-t^2}} - \frac{1}{1 + e^{-\frac{t^2}{\alpha}}} \right] &= \lim_{t \rightarrow 0} \frac{1}{2t} \left[\frac{2te^{-t^2}}{(1 + e^{-t^2})^2} - \frac{1}{\alpha} \frac{2te^{-\frac{t^2}{\alpha}}}{(1 + e^{-\frac{t^2}{\alpha}})^2} \right] \\ &= \lim_{t \rightarrow 0} \left[\frac{e^{-t^2}}{(1 + e^{-t^2})^2} - \frac{1}{\alpha} \frac{e^{-\frac{t^2}{\alpha}}}{(1 + e^{-\frac{t^2}{\alpha}})^2} \right] \\ &\uparrow \frac{1}{4} \left(1 - \frac{1}{\alpha}\right). \end{aligned}$$

Which is as asserted and completes the proof. \blacksquare

The following lemma will be useful when transferring estimates from $M_{\frac{t^2}{\alpha}}$ to M_{t^2} . It follows from the mean value theorem applied to $\xi \mapsto \xi^\alpha$.

6. LEMMA. For $\alpha > 1$ and t in $(0, T]$ and all let x, y in \mathbf{R}^d we have that:

$$(14) \quad \exp\left(-\frac{1}{2} \frac{|x-y|^2}{1-e^{-\frac{t^2}{\alpha}}}\right) \leq \exp\left(-\frac{1}{2} \frac{\alpha}{e^{T^2}} \frac{|x-y|^2}{1-e^{-t^2}}\right).$$

PROOF. Let t in $(0, T]$. Applying (11) we get:

$$\exp\left(-\frac{1}{2} \frac{|x-y|^2}{1-e^{-\frac{t^2}{\alpha}}}\right) \leq \exp\left(-\frac{1}{2} \frac{|x-y|^2}{1-e^{-t^2}} \frac{1-e^{-t^2}}{1-e^{-\frac{t^2}{\alpha}}}\right) \leq \exp\left(-\frac{1}{2} \frac{\alpha}{e^{T^2}} \frac{|x-y|^2}{1-e^{-t^2}}\right).$$

Which is as asserted. \blacksquare

Our first lemma is about estimating $M_{\frac{t^2}{\alpha}}$ in terms of M_{t^2} .

4.1.1. Time-scaling of the Mehler kernel.

7. LEMMA. Let $\alpha \geq 2e^{T^2}$, t in $(0, T]$ and x, y in \mathbf{R}^d . If $t|x| \leq C$ and $t|y| \leq C$ then:

$$(15) \quad M_{\frac{t^2}{\alpha}}(x, y) \leq \alpha^{\frac{d}{2}} e^{\frac{C^2}{2}} \exp\left(-\frac{\alpha}{2e^{T^2}} \frac{|x-y|^2}{1-e^{-t^2}}\right) M_{t^2}(x, y).$$

PROOF. To prove the lemma we compute $M_{\frac{t^2}{\alpha}} M_{t^2}^{-1}$. First note that (11) gives

$$\alpha^{\frac{d}{2}} e^{-\frac{d}{2} T^2} \leq \frac{(1-e^{-t^2})^{\frac{d}{2}}}{(1-e^{-\frac{t^2}{\alpha}})^{\frac{d}{2}}} \leq \alpha^{\frac{d}{2}}.$$

Combining the exponentials also gives,

$$\begin{aligned} & \exp\left(-2e^{-t^2} \frac{\langle x, y \rangle}{1+e^{-\frac{t^2}{\alpha}}}\right) \exp\left(2e^{-t^2} \frac{\langle x, y \rangle}{1+e^{-t^2}}\right) \\ &= \exp\left(\frac{2}{t^2} \left[\frac{1}{1+e^{-t^2}} - \frac{1}{1+e^{-\frac{t^2}{\alpha}}} \right] t^2 \langle x, y \rangle\right). \end{aligned}$$

(12) Using this result and nothing that $|x+y|^2 \leq 2|x|^2 + 2|y|^2$ yields:

$$\begin{aligned} \exp\left(-\frac{1}{2} \frac{|x+y|^2}{1+e^{-\frac{t^2}{\alpha}}}\right) \exp\left(\frac{1}{2} \frac{|x+y|^2}{1+e^{-t^2}}\right) &\leq \exp\left(\frac{1}{8} \left(1 - \frac{1}{\alpha}\right) t^2 |x+y|^2\right) \\ &\leq \exp\left(\frac{1}{4} t^2 |x|^2\right) \exp\left(\frac{1}{4} t^2 |y|^2\right). \end{aligned}$$

From $t|x| \leq C$ and $t|y| \leq C$ we obtain that:

$$\exp\left(-\frac{1}{2} \frac{|x+y|^2}{1+e^{-\frac{t^2}{\alpha}}}\right) \exp\left(\frac{1}{2} \frac{|x+y|^2}{1+e^{-t^2}}\right) \leq e^{\frac{C^2}{2}}.$$

Combining Lemma 6 and equation (14) gives is almost the final estimate.

$$\begin{aligned} \frac{M_{\frac{t^2}{\alpha}}(x, y)}{M_{t^2}(x, y)} &\leq \alpha^{\frac{d}{2}} e^{\frac{C^2}{2}} \exp\left(\frac{1}{2} \frac{|x-y|^2}{1-e^{-t^2}}\right) \exp\left(-\frac{1}{2} \frac{|x-y|^2}{1-e^{-\frac{t^2}{\alpha}}}\right) \\ &\leq \alpha^{\frac{d}{2}} e^{\frac{C^2}{2}} \exp\left(\frac{1}{2} \left[1 - \frac{\alpha}{2e^{T^2}}\right] \frac{|x-y|^2}{1-e^{-t^2}}\right) \exp\left(-\frac{\alpha}{2e^{T^2}} \frac{|x-y|^2}{1-e^{-t^2}}\right). \end{aligned}$$

Finally, we apply the assumption $\alpha \geq 2e^{T^2}$ to obtain:

$$\frac{M_{\frac{t^2}{\alpha}}(x, y)}{M_{t^2}(x, y)} \leq \alpha^{\frac{d}{2}} e^{\frac{C^2}{2}} \exp\left(-\frac{\alpha}{2e^{T^2}} \frac{|x-y|^2}{1-e^{-t^2}}\right).$$

Which is as asserted. ■

4.2. On-diagonal kernel estimates on annuli. As is common in harmonic analysis, we often wish to decompose \mathbf{R}^d into sets on which certain phenomena are easier to handle. Here we will decompose the space into disjoint annuli C_k . For the sake of simplicity we will write $B := B_t(x)$ and mean that B is the closed ball with center x and radius t . Furthermore, we use notations such as $2B$ to mean the ball obtained from B by multiplying its radius by 2.

The C_k are given by,

$$(16) \quad C_k(B) := C_k = \begin{cases} 2B & \text{if } k = 0, \\ 2^{k+1}B \setminus 2^k B & \text{for } k \geq 1. \end{cases}$$

So, whenever ξ is in C_k , we get for $k \geq 1$:

$$(17) \quad 2^k at < |y - \xi| \leq 2^{k+1} at.$$

While we get for $k = 0$:

$$(18) \quad |y - \xi| \leq 2at.$$

8. LEMMA. *Given $a > 0$, let $B = B_{at}(y)$ and ξ in C_k . Furthermore, assume that $t \leq am(y)$ for some $A > 0$. Then we have:*

$$M_{t^2}(y, \xi) \leq \frac{e^{|y|^2}}{(1 - e^{-t^2})^{\frac{d}{2}}} \exp(2^{k+1} aC) \begin{cases} 1 & \text{if } k = 0, \\ \exp\left(-\frac{a^2}{2e^{2t^2}} 4^{k+1}\right) & \text{if } k \geq 1. \end{cases}$$

PROOF. Let $B = B_{at}(y)$ and let C_k be as in (16). We consider the two exponentials in the Mehler kernel (3) separately. First we consider

$$\exp\left(2e^{-t^2} \frac{\langle y, \xi \rangle}{1 + e^{-t^2}}\right).$$

Using the Cauchy-Schwarz inequality we get that:

$$(19) \quad |\langle y, \xi \rangle| \leq |y - \xi||y| + |y|^2$$

Next, note that

$$\frac{e^{-t^2}}{1 + e^{-t^2}} \leq \frac{1}{2}.$$

Together with (19) this gives for $k \geq 1$:

$$\begin{aligned} \exp\left(2e^{-t^2} \frac{\langle y, \xi \rangle}{1 + e^{-t^2}}\right) &\leq \exp(|\langle y, \xi \rangle|) \\ &\leq \exp(|y - \xi||y|) \exp(|y|^2) \\ &\stackrel{(i)}{\leq} \exp(2^{k+1} aC) \exp(|y|^2). \end{aligned}$$

Where (i) uses (17, 18) and $t|y| \leq C$. Considering the first exponential in the Mehler kernel (3) we get:

$$\exp\left(-e^{-2t^2} \frac{|y - \xi|^2}{1 - e^{-2t^2}}\right).$$

This inequality together with

$$\frac{t^2}{1 - e^{-2t^2}} \geq \frac{1}{2},$$

yields using (17, 18),

$$\exp\left(-e^{-2t^2} \frac{|y - \xi|^2}{1 - e^{-2t^2}}\right) \leq \exp\left(-\frac{a^2}{2e^{2t^2}} 4^{k+1}\right).$$

Concluding we get:

$$\exp\left(-e^{-2t^2} \frac{|y - \xi|^2}{1 - e^{-2t^2}}\right) \leq \begin{cases} 1 & \text{if } k = 0, \\ \exp\left(-\frac{a^2}{2e^{2t^2}} 4^{k+1}\right) & \text{if } k \geq 1. \end{cases}$$

Thus, we can estimate the Mehler kernel (3) M_{t^2} on C_k from above by:

$$M_{t^2}(y, \xi) \leq \frac{e^{|y|^2}}{(1 - e^{-t^2})^{\frac{d}{2}}} \exp(2^{k+1} a C) \begin{cases} 1 & \text{if } k = 0, \\ \exp\left(-\frac{a^2}{2e^{2t^2}} 4^{k+1}\right) & \text{if } k \geq 1. \end{cases}$$

Done. ■

5. The boundedness of some non-tangential maximal operators

9. LEMMA. Let $B_t(x)$ be the Euclidean ball with radius t and center x . If γ is the normalized Gaussian measure with density $\sim \exp(-|x|^2)$ we have:

$$(20) \quad \gamma(B_t(x)) \leq C_d e^{-|x|^2} e^{2t|x|} e^{-t^2} t^d.$$

PROOF. Next, remark that for a ball $B := B_t(x)$ there holds that

$$\begin{aligned} \int_B e^{-|\xi|^2} d\xi &= e^{-|x|^2} \int_B e^{-|\xi-x|^2} e^{-2\langle x, \xi-x \rangle} d\xi \\ &\leq e^{-|x|^2} \int_B e^{-|\xi-x|^2} e^{2|x||\xi-x|} d\xi \\ &\leq \pi^{\frac{d}{2}} e^{-|x|^2} e^{2t|x|} \gamma(B_t(0)). \end{aligned}$$

That is:

$$(21) \quad \gamma(B_t(x)) \leq e^{-|x|^2} e^{2t|x|} \gamma(B_t(0)).$$

We will estimate the Gaussian volume of the ball $B_t(0)$. To ease the notation, define $C_d := |S_{d-1}| \pi^{-\frac{d}{2}}$ where $|S_{d-1}|$ is the surface area of the d -dimensional sphere. Using polar coordinates we then obtain:

$$\begin{aligned} \gamma(B_t(0)) &= \pi^{-\frac{d}{2}} \int_{B_t(0)} e^{-|\xi|^2} d\xi \\ &= C_d \int_0^t e^{-r^2} r^{d-1} dr \\ &\leq C_d e^{-t^2} t^d. \end{aligned}$$

Upon combining this result with (21) we obtain (20) as promised. ■

The following lemma is a small modification of [3, lemma 1.1] with a new proof.

10. LEMMA. Let $A, a > 0$. For all x in \mathbf{R}^d and all u in L_γ^2 we have

$$(22) \quad \sup_{(y,t) \in \Gamma_x^{(A,a)}} |e^{-t^2 L} u(y)| \lesssim \sup_{r>0} \int_{B_r(x)} |u| d\gamma.$$

PROOF. Since we have $|x - y| < At$ and $t \leq am(x)$ we infer that $t|x| \leq a$. By Lemma 2 we also that $t|y| \leq 1 + aA$. From this and Lemma 8 we infer that:

$$(23) \quad M_{t^2}(y, \xi) \leq \frac{e^{|y|^2} e^{A(1+aA)2^{k+1}}}{(1 - e^{-t^2})^{\frac{d}{2}}} \begin{cases} 1 & \text{if } k = 0, \\ \exp\left(-\frac{A^2}{8e^{2t^2}} 4^k\right) & \text{if } k \geq 1. \end{cases}$$

Using [Lemma 9](#) we get that

$$(24) \quad \gamma(B_t(x)) \leq C_d e^{-|x|^2} e^{2t|x|} e^{-t^2} t^d.$$

Recalling that $(y, t) \in \Gamma_x^{(A,a)}$ we have $t \leq am(x)$ and $|x - y| \leq aAm(x)$. Hence by the remark following [Lemma 3](#) we get

$$e^{|y|^2} \leq e^{(2+aA)^2-1} e^{|x|^2}.$$

Concluding we get

$$(25) \quad \gamma(B_t(x)) e^{|y|^2} \lesssim_{d,a,A} e^{-t^2} t^d.$$

In the next step we will bound the integral on the right-hand side by the maximal function centered at x . For this we need to scale up the C_k . So,

$$(2^{k-1} - 1)At \leq ||\xi - y| - |x - y|| \leq |y - \xi| \leq |x - y| + |\xi - y| \leq (2^k + 1)At.$$

So, we can bound the integral on the right-hand side of (26) by

$$\int_{C_k} |u| \, d\gamma \leq \int_{B(x, 2^{k+1}At)} |u| \, d\gamma$$

Next, we apply (25) to obtain that

$$e^{|y|^2} \int_{C_k} |u| \, d\gamma \lesssim_{d,a,A} e^{-4^{k+1}A^2t^2} 4^{(k+1)d} t^d \sup_{r>0} \int_{B_r(x)} |u| \, d\gamma.$$

Using (23) we can bound the maximal function:

$$(26) \quad \begin{aligned} e^{-t^2L}|u(y)| &= \sum_{k=0}^{\infty} \int_{C_k(B)} M_{t^2}(y, \cdot) |u| \, d\gamma \\ &\leq \frac{e^{|y|^2}}{(1 - e^{-t^2})^{\frac{d}{2}}} \sum_{k=0}^{\infty} e^{-\frac{A^2}{2} 4^{k+1}} e^{A(1+aA)2^{k+1}} \int_{C_k(B)} |u| \, d\gamma \\ &\leq \frac{t^d}{(1 - e^{-t^2})^{\frac{d}{2}}} \sum_{k=0}^{\infty} e^{-\frac{A^2}{2} 4^{k+1}} 4^{d(k+1)} \int_{C_k(B)} |u| \, d\gamma. \end{aligned}$$

Considering the exponential in the sum, and collecting terms we get:

$$\begin{aligned} -\frac{A^2}{2} 4^{k+1} + A(1+aA)2^{k+1} &= -\frac{1}{2} [(A2^{k+1} - (1+aA))^2 - (1+aA)^2] \\ &= -A2^{k+1} [A2^k - (1+aA)], \end{aligned}$$

which will be negative as long as $A2^k$ is larger than $1+aA$. That is, whenever

$$2^k > \frac{1+aA}{A} = a + \frac{1}{A}.$$

For the common choice of $A = 1$ and $a = 2$ this means that there has to hold that $k \geq 2$.

Wrapping it up, we have that:

$$e^{-t^2L}|u(y)| \lesssim C_d 4^d A^d \frac{t^d}{(1 - e^{-t^2})^{\frac{d}{2}}} \sum_{k=0}^{\infty} e^{-2^{k+1}[2^k - (A^{-1}+a)]} e^{-4^k 8A^2 t^2} 2^{kd} \sup_{r>0} \int_{B_r(x)} |u| \, d\gamma.$$

The function in front of the sum is bounded from below by 1 and bounded from above by $(t+1)^d$. As $t \leq am(x) \leq a$ we can bound it by $(a+1)^d$. Therefore,

$$e^{-t^2L}|u(y)| \lesssim C_d 4^d A^d (1+a)^d \sum_{k=0}^{\infty} e^{-2^{k+1}[2^k - (A^{-1}+a)]} e^{-4^k 8A^2 t^2} 2^{kd} \sup_{r>0} \int_{B_r(x)} |u| \, d\gamma.$$

Which is what we wanted to prove. ■

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