

The free-energy cost of accurate biochemical oscillations

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Oscillations within the cell regulate the timing of many important life cycles. However, in this noisy environment, oscillations can be highly inaccurate owing to phase fluctuations. It remains poorly understood how biochemical circuits suppress these phase fluctuations and what is the incurred thermodynamic cost. Here, we study three different types of biochemical oscillation, representing three basic oscillation motifs shared by all known oscillatory systems. In all the systems studied, we find that the phase diffusion constant depends on the free-energy dissipation per period, following the same inverse relation parameterized by system-specific constants. This relationship and its range of validity are shown analytically in a model of noisy oscillation. Microscopically, we find that the oscillation is driven by multiple irreversible cycles that hydrolyse fuel molecules such as ATP; the number of phase coherent periods is proportional to the free energy consumed per period. Experimental evidence in support of this general relationship and testable predictions are also presented.

Living systems are dissipative, consuming energy to perform key functions for their survival and growth. Although it is clear that free energy^{1–3} is needed for physical functions, such as cell motility⁴ and macromolecule synthesis⁵, it remains poorly understood whether and how regulatory functions are enhanced by free-energy consumption. The relationship between biological regulatory functions and nonequilibrium thermodynamics has been an active area in biophysics^{6–11}. For example, recent studies in different cellular adaptation processes demonstrated that the cost-performance trade-off follows a universal relationship, independent of the detailed biochemical circuits^{8,9}.

Oscillatory behaviours exist in many biological systems, for example, glycolysis¹², cyclic AMP signalling¹³, cell cycle^{14–16}, circadian rhythms^{12,17} and synthetic oscillators^{18,19}. These biochemical oscillations are crucial in controlling the timing of life processes. Much is known now about the structure of biochemical circuits responsible for these oscillatory behaviours. There are a few basic network motifs, illustrated in Fig. 1a, which are responsible for all known biochemical and genetic oscillations^{12,13,16–18}. These network motifs share a few essential features, such as nonlinearity, negative feedback and a time delay, as summarized by Novak and Tyson in ref. 20. However, in small systems such as a single cell, the dynamics of oscillations are subject to large fluctuations from the environment, owing to their small sizes. Thus, one may ask how biological systems maintain coherence of oscillations amidst these fluctuations²¹. Here, we study the thermodynamic cost of controlling oscillation coherence in different representative oscillatory systems and investigate whether there is a general relationship between the accuracy of the oscillation and its minimum free-energy cost that may apply to all biochemical oscillations.

We study three specific models, the activator–inhibitor (AI) model, the repressilator model, and the allosteric glycolysis model, chosen to exemplify the three different basic oscillation motifs, as shown in Fig. 1. For all the systems studied, a finite (critical) amount of free energy is needed to drive them to oscillate. Beyond the onset of oscillation, extra free-energy dissipation must be applied to

reduce the phase diffusion constant and thus enhance the coherence time and phase accuracy of the oscillations. A general inverse relationship between the phase diffusion constant and the free-energy dissipation is found in all three models studied. The parameters in this inverse relationship and the range of its validity depend on the details of the system. This general energy–accuracy relation for noisy oscillations is also verified analytically in the noisy complex Stuart–Landau equation. In the following, we report these results, followed by an in-depth discussion of a plausible general microscopic mechanism/strategy for energy-assisted noise suppression.

Models and results

An inverse relationship between phase diffusion and free energy dissipation is shown in three biochemical oscillatory systems and in a simple analytical model. Experimental evidence is presented.

Three basic network motifs for biochemical oscillations. All known biochemical and genetic oscillators contain at least one of the basic motifs (or their variance) in network topology^{20,22}. To search for general principles in these noisy oscillatory systems, we study three biochemical systems (Fig. 1), each representing one of the three basic network motifs responsible for oscillatory behaviours. The first one is the activator–inhibitor (AI) system, where a negative feedback is interlinked with a positive feedback (left panel, Fig. 1a). This regulatory motif is common in biological oscillators, such as the circadian clock in cyanobacteria^{23,24}, cell cycle in frog eggs^{25,26}, cAMP signalling in *Dictyostelium*, and genetic oscillators in synthetic biology^{19,27,28}. We implement this motif in a simplified biological network with a phosphorylation–dephosphorylation cycle (Fig. 1b). The second model is a repressilator, which consists of three components connected in a negative feedback loop, such that each component represses the next one in the loop, and is itself repressed by the previous one (middle panel, Fig. 1a). The first synthetic genetic oscillator was built with this motif¹⁸. Many important transcriptional–translational oscillators also use this motif as their backbone, such as the circadian clock in mammalian cells¹⁷, NF- κ B

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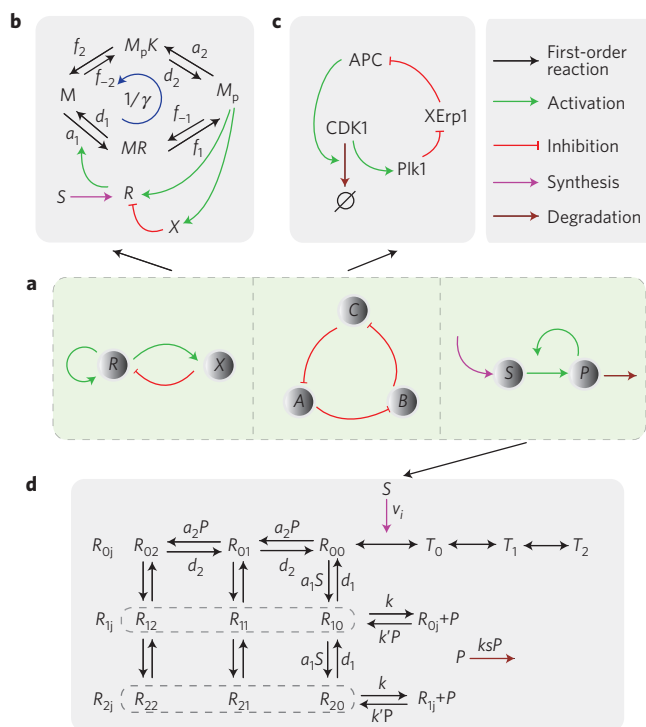


Figure 1 | Different network motifs and the corresponding biochemical oscillatory systems. **a**, Illustrations of three network motifs for oscillation: activator-inhibitor, repressilator and substrate-depletion. Lines with different colours stand for different reactions. **b**, The activator-inhibitor model with a phosphorylation-dephosphorylation (PdP) cycle. R and K catalyse two opposing reactions $M \leftrightarrow M_p$ (phosphorylation and dephosphorylation) through different intermediate complexes MR and M_pK . M_p activates both R (activator) and X (inhibitor). X inhibits R by enhancing its degradation. Parameter $\gamma = d_1 f_{-1} d_2 f_{-2} / (a_1 f_1 a_2 f_2)$ is introduced to characterize the reversibility of the system. S is the basic synthesis rate. **c**, The ‘repressilator’ model of cell cycle in eukaryotic cells. In the simplified network, CDK1 activates Plk1, Plk1 activates APC by suppressing the inhibitor of APC, namely XErp1, and APC degrades CDK1, forming the mutually activating/inhibiting loop. **d**, The glycolysis network. The allosteric enzyme’s protomer has two states, R (binding with P) and T (unbinding with P), and only R has the catalysis activity. Each R_{ij} , with $i = 1, 2, \dots, n_i$ and $j = 1, 2, \dots, n_j$ represent the number of P and S bound to R , here we used $n_i = n_j = 2$. Each R_{ij} can undergo reactions of $R_{ij} + S \leftrightarrow R_{ij+1} \leftrightarrow R_{ij} + P$. Detailed descriptions and the values of the reaction rates ($a_i, d_i, k, k', k_s, v_i$) are given in Supplementary Information.

signalling²⁹, and the p53-mdm2 oscillations in cancer cells³⁰. Here, we take the repressilator composed of CDK1, Plk1 and APC in a cell cycle as our case study (Fig. 1c). The third oscillatory network motif we studied is the substrate-depletion model³¹ (the last panel in Fig. 1a), where substrate S is converted by a process that is amplified autocatalytically by the product P . Examples of substrate-depletion motif are oscillations in glycolysis^{12,32} and calcium signalling³³. Here, we examine the noise effect in glycolysis oscillations, where the allosteric enzyme PFK catalyses substrate to product in a network shown in Fig. 1d. To show the generality of our results, we have also studied the brusselator model, which represents one of the simplest chemical systems that can generate sustained oscillations. The brusselator is a special kind of substrate-depletion model.

In our study, we introduced a parameter γ to characterize the reversibility of the biochemical networks. In a reaction loop, γ corresponds to the ratio of the product of the reaction rates in one direction (for example, anticlockwise) and that in the other direction (for example, clockwise). When $\gamma = 1$, the system is

in equilibrium without any free-energy dissipation. For $\gamma \neq 1$, free energy is dissipated. Here, we study the relationship between the dynamics and the energetics of the biochemical networks by varying γ . The mathematical details of the four models are described in the Supplementary Information; all parameters (for example, reaction rates, concentrations, time and volumes) are shown here as dimensionless numbers, with their units explained in the Supplementary Information.

Phase diffusion reduces the coherence time. In all four models that we studied, there is an onset of oscillation as γ decreases below a critical value γ_c (< 1). This means that a finite critical free-energy dissipation ($W_c > 0$) is needed to generate an oscillatory behaviour (see Supplementary Fig. 1). In Fig. 2a, two trajectories of the concentration of the inhibitor X are shown for $\gamma = 10^{-5} < \gamma_c$ in the activator-inhibitor model, where $\gamma_c = 2 \times 10^{-3}$. As evident in Fig. 2a, biochemical oscillations are noisy. To characterize the coherence of the oscillation in time, we computed the autocorrelation function $C(t)$ for a given concentration variable x in the network. As shown in Fig. 2b, $C(t)$ follows a damped oscillation:

$$C(t) \equiv \frac{\langle (x(t+s) - \langle x \rangle)(x(s) - \langle x \rangle) \rangle_s}{\langle x^2 \rangle - \langle x \rangle^2} = \exp(-t/\tau_c) \times \cos(2\pi t/T) \quad (1)$$

where $\langle \dots \rangle$ denotes the average and s is a time variable. The period is given by T and τ_c defines a coherence time for the oscillation.

The oscillatory state breaks time translation invariance (symmetry) of the underlying biochemical system. As a result, the phase of the oscillation is a soft mode and follows diffusive dynamics in the presence of noise. To quantify the phase diffusion, we simulated many trajectories in the model(s) with the same parameters and the same initial conditions. In Fig. 2c, the peak times for 500 trajectories in the AI model are shown in a raster plot together with the peak-time distributions (red lines). The variance (σ^2) of the distribution versus the average peak time is shown in Fig. 2d. It is clear that the variance goes linearly with time, confirming the diffusive nature of the phase, and the linear slope defines a peak-time diffusion constant D . It is easy to show that the coherence time τ_c is inversely proportional to D :

$$\tau_c = \alpha T^2 / D \quad (2)$$

where α is a constant dependent on the waveform ($\alpha = (2\pi^2)^{-1}$ for a sine wave).

Free-energy dissipation suppresses phase diffusion. As γ decreases below γ_c , more free energy is dissipated. What is the effect of the additional free-energy dissipation beyond the onset of oscillation? From the chemical reaction rates, we can compute the free-energy dissipation rate³⁴:

$$\dot{W} = \sum_i (J_i^+ - J_i^-) \ln \frac{J_i^+}{J_i^-} \quad (3)$$

where J_i^+ and J_i^- are the forward and backward fluxes of the i th reaction, and free energy is in units of thermal energy. For the activator-inhibitor and glycolysis models, we calculated the energy dissipation rate using equation (3). For systems with continuum stochastic dynamics described by Langevin equations (for example, the brusselator and the repressilator models), we can obtain the steady-state distribution $P(\mathbf{x})$ by solving the corresponding Fokker-Planck equation or by direct stochastic simulations (see Supplementary Fig. 2 for an example). From $P(\mathbf{x})$, we computed the phase-space fluxes and the free-energy dissipation rate following ref. 9 (see Methods and Supplementary Information for details). For

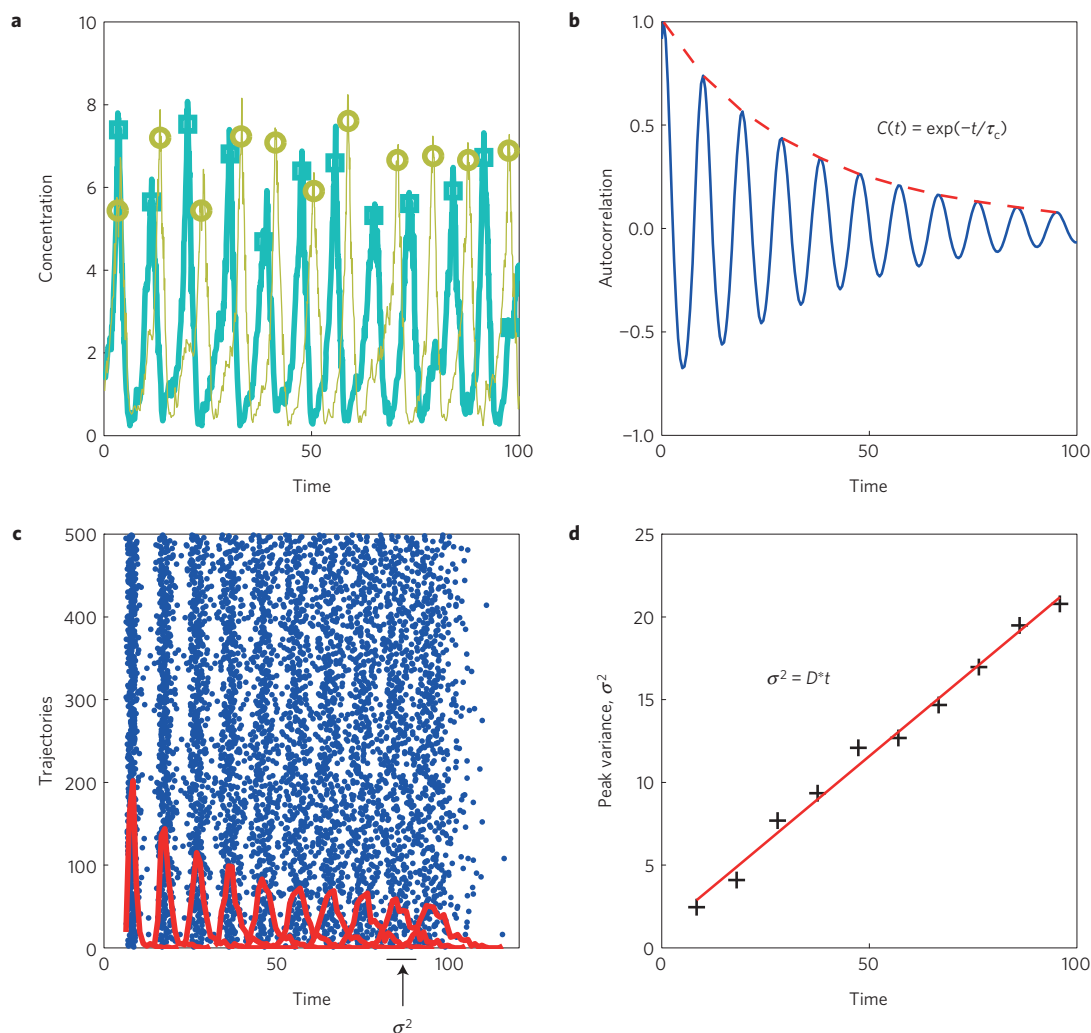


Figure 2 | Correlation and phase diffusion of the noisy oscillations in the activator-inhibitor model. **a**, Two noisy oscillation time series (trajectories) of the inhibitor (X) concentration, with the peaks labelled by circles and squares. **b**, The autocorrelation function $C(t)$ (defined in equation (1)) decays exponentially with a correlation time $\tau_c = 37.7$. **c**, Raster plot of the peak times for 500 different trajectories starting with the same initial condition. The distributions of the peak times for each consecutive peaks are shown by red lines. The peak-time variance σ^2 is shown. **d**, Peak time variance σ^2 goes linearly with the average peak time, with the linear coefficient defined as the peak-time diffusion constant. Here, parameters are $V = 50$, $\gamma = 10^{-5}$. We find $D = 0.2$ and $\alpha \equiv \tau_c D / T^2 \approx 0.07$.

oscillatory systems, the dissipation rate \dot{W} varies in a period T . We define $\Delta W \equiv \int_0^T \dot{W} dt$ to characterize the free-energy dissipation per period per volume.

For each of the four models, ΔW and the dimensionless peak-time diffusion constant D/T were computed for different parameter values (reaction rates, protein concentrations) in the oscillatory regime $\gamma < \gamma_c$ and for different volume V . As shown in Fig. 3a for the activator-inhibitor model, D/T decreases as the energy dissipation ΔW increases, and eventually saturates to a fixed value when $\Delta W \rightarrow \infty$ (that is, $\gamma = 0$). The phase diffusion constants scale inversely with the volume V . As shown in Fig. 3b, $V \times D/T$ for different volumes collapsed onto a simple curve, which can be approximated by

$$V \times \frac{D}{T} \approx C + \frac{W_0}{\Delta W - W_c} \quad (4)$$

where W_c is the critical free energy, and W_0 and C are intensive constants (independent of volume), whose values are given in the legend of Fig. 3. Equation (4) also holds true for the other models (repressilator, brusselator and glycolysis) we studied, see Fig. 3c and Supplementary Fig. 3 for details.

The free-energy sources and experimental evidence. What is the free-energy source driving the biochemical oscillations? For the activator-inhibitor model, the free energy is provided by ATP hydrolysis in the phosphorylation-dephosphorylation (PdP) cycle (see Fig. 1a). Besides the standard free energy ΔG_0 of ATP hydrolysis, the total free-energy dissipation per period ΔW also depends on (and thus can be controlled by) the concentrations of ATP, ADP and the inorganic phosphate P_i . In the activator-inhibitor model, we can include ATP, ADP and P_i explicitly in the reactions (see Methods). Here, we study how these concentrations ($[ATP]$, $[ADP]$ and $[P_i]$) affect the phase diffusion of the oscillation. In Fig. 4a, we show the phase diffusion constant (D/T) versus the dissipation per period (ΔW) for 300 sets of randomly chosen concentrations $[ATP]$, $[ADP]$ and $[P_i]$. Remarkably, all the points lie above an envelope curve (the dotted line), which follows equation (4). This envelope curve defines the best performance of the biochemical network—that is, the minimum free energy ΔW_m needed to achieve a given level of phase coherence. For each choice of the concentrations ($[ATP]$, $[ADP]$, $[P_i]$), a functional efficiency E can be defined as the ratio of ΔW_m and the actual cost ΔW for the same performance (D/T). The efficiency is represented by colour

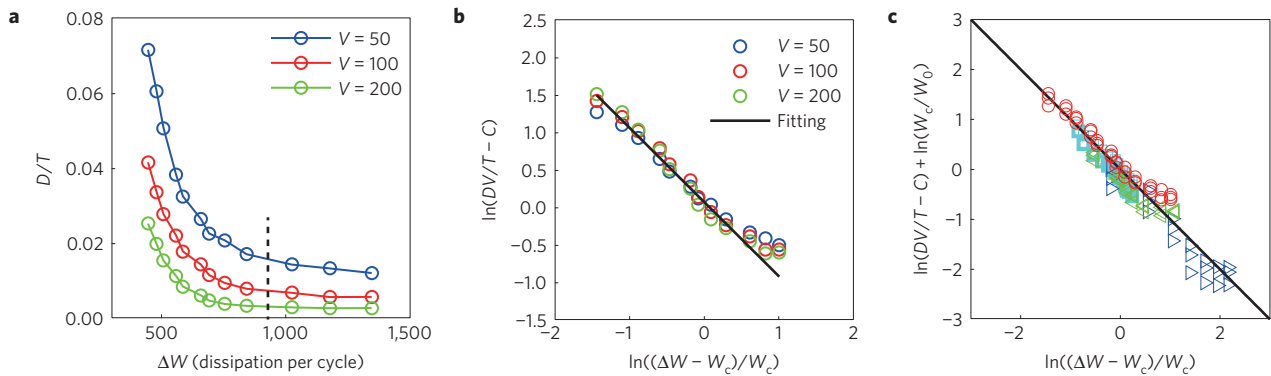


Figure 3 | Relation between the dimensionless diffusion constant (D/T) and free-energy dissipation per period per volume (ΔW , in units of thermal energy $k_B T_r$, with T_r the room temperature). Detailed descriptions of the models and parameters can be found in Supplementary Information. **a**, D/T versus ΔW for the activator-inhibitor model with different volumes, V . The black dashed line indicates the hydrolysis free energy of one ATP molecule $\Delta G^{(0)} \approx 12k_B T_r$, which corresponds to $\gamma \approx 10^{-5.2}$ in our model. **b**, Results from **a** for different volumes collapse onto the same curve when D/T is scaled by V . The data, plotted in log-log scale, are fitted well by the scaling form $V \times D/T - C = W_0 \times (W - W_c)^\alpha$ (black line). The fitting parameters are: $W_c = 360.4$, $W_0 = 379.7 \pm 89.6$, $\alpha = -0.988 \pm 0.114$, $C = 0.6 \pm 0.2$. **c**, The scaling plot, $\ln(DV/T - C)$ versus $\ln(\Delta W - W_c)$, for all oscillatory models studied in this paper (see Fig. 1 and Supplementary Information for details). Different symbols represent different models, red circles: activator-inhibitor; cyan squares: repressilator; blue triangles: brusselator; green triangles: glycolysis. For each model, the data is shifted by $\ln(W_c/W_0)$ to align. All data points lie close to the black line with a slope of -1 , showing the generality of the inverse dependence of phase diffusion on free-energy dissipation (equation (4)). The fitting parameters are given in **b** for the activator-inhibitor model and in Supplementary Fig. 3 for the other models.

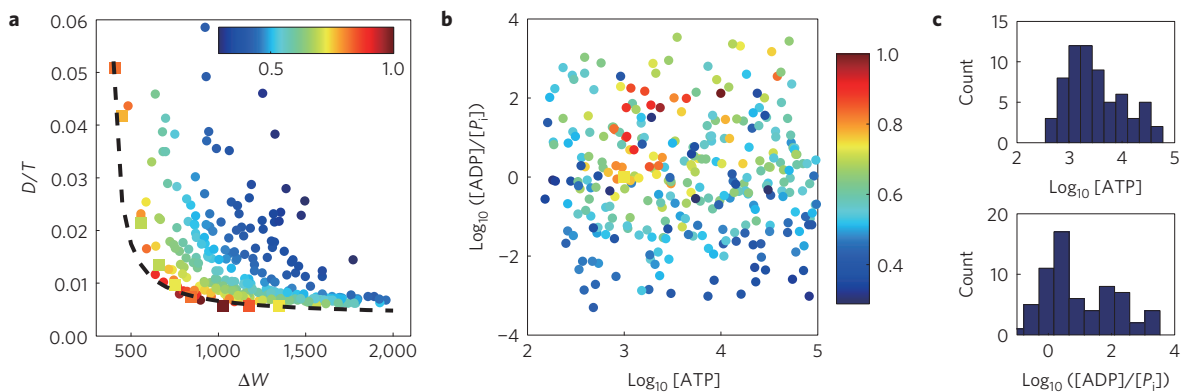


Figure 4 | The dependence of phase diffusion on the ATP, ADP and P_i concentrations. We studied the activator-inhibitor model with 300 randomly chosen parameters of dimensionless $[ATP]$, $[ADP]$ and $[P_i]$ (see Methods). We chose $V = 100$. **a**, D/T versus ΔW for the 300 different parameter choices. All the points lie above an envelope curve, which follows equation (4) with $D/T = 1.94/(\Delta W - 400) + 0.0036$. Points shown as squares indicate the points shown in Fig. 3. For a given value of D/T , the corresponding minimal energy dissipation ΔW_{\min} is computed according to the fitted envelope curve. The efficiency is defined as $E \equiv \Delta W_{\min}/\Delta W$. Colours of the points indicate the efficiency. **b**, Distribution of the 300 randomly sampled points in the parameter space ($[ATP]$, $[ADP]/[P_i]$). Colours of the points indicate the efficiency as in **a**. Points with high efficiency are clustered. **c**, Distribution of $[ATP]$ and $[ADP]/[P_i]$ for parameter choices with high efficiency $E \geq 0.75$. The most probable parameter values for high efficiency are $[ATP] \approx 10^3$, $[ADP] \approx [P_i]$, which corresponds to $a_1 = a_2$, $f_{-1} = f_{-2}$ in the kinetic equations. This result indicates that high efficiency is achieved when the kinetic rates in the two halves of the PdP cycle (phosphorylation and dephosphorylation) are matched.

in Fig. 4a,b. We investigated how efficiency depends on the three concentrations. As shown in Fig. 4b,c, the efficiency E does not simply increase with the ATP concentration; instead it peaks near a particular level of $[ATP]$, at which the forward (anticlockwise in Fig. 1b) rates along different steps of the PdP cycle are matched. Similarly, E does not have any clear dependence on $[ADP]$ or $[P_i]$ level, it is high near a fixed ratio of $[ADP]/[P_i]$, when the backward (clockwise in Fig. 1b) rates along the different steps of the PdP cycle are matched. In the Supplementary Information we show in a simple model of chemical reaction cycles that with a constant energy dissipation (that is, a fixed γ), phase diffusion approaches its minimum when the forward and the backward rates along different steps of the cycle, for example, the PdP cycle, are matched.

These predicted dependence of oscillatory behaviours on $[ATP]$, $[ADP]$ and $[P_i]$ concentrations, as shown in Fig. 4, may be tested ex-

perimentally by measuring peak-to-peak time variations, or equivalently the correlation time for different nucleotide concentrations. As reported in two recent studies^{35,36}, the oscillatory dynamics of the phosphorylated KaiC protein in a reconstituted circadian clock from cyanobacteria (the Kai system) have been measured in media with different ATP/ADP ratios. We analysed the data according to equation (1) and obtained the correlation time (τ_c) and the period (T) for different ATP/ADP ratios (see Supplementary Information and Supplementary Fig. 4 for details). In Fig. 5, we plotted the period and the phase diffusion versus $\ln([ATP]/[ADP])$, which is the entropic contribution to the free-energy dissipation. As the ATP/ADP ratio increases, the period changes little. In contrast, the phase diffusion $T/\tau_c \equiv \alpha^{-1} D/T$ decreases significantly and eventually saturates at high ATP/ADP ratios, consistent with the relationship between energy dissipation and phase diffusion discovered here.

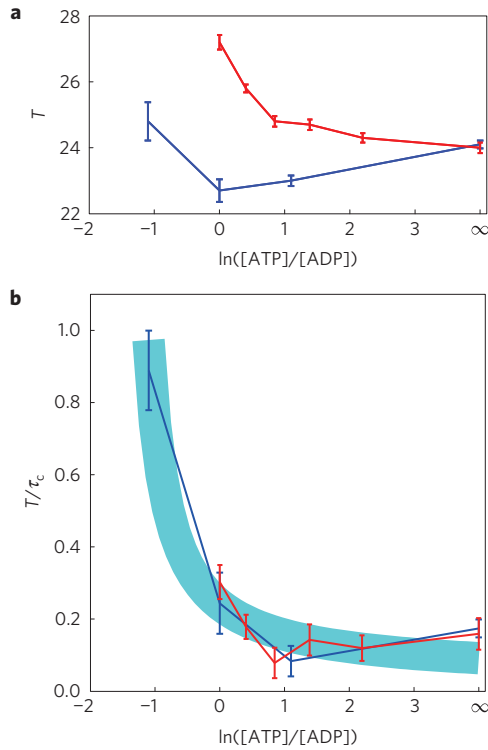


Figure 5 | Experimental evidence from ref. 36 (blue curve) and ref. 35 (red curve). The two experiments measured the oscillation of KaiC phosphorylation *in vitro* in media with different ATP/ADP ratios. The autocorrelation functions were calculated from the original data and fitted by an exponential decay cosine function $A \cos(2\pi t/T) e^{-t/\tau_c}$, where T is the period and τ_c is the correlation time. $\ln([ATP]/[ADP])$ represents the entropic contribution to the free energy. **a**, The period T is robust against changes in the ATP/ADP ratio. **b**, $T/\tau_c \propto \alpha^{-1} D/T$ decreases with $\ln([ATP]/[ADP])$ and eventually saturates at a large ATP/ADP ratio, consistent with our theoretical prediction. The data can be fitted by following equations (2) and (4): $T/\tau_c = C + 0.28/(\ln([ATP]/[ADP]) - \ln([ATP]/[ADP])_c)$, as represented by the thick blue line (line width comparable to the average standard deviation in the experimental data), with $\ln([ATP]/[ADP])_c = -1.4$ and $C = 0.04$. Taking the standard hydrolysis free energy of ATP, $\Delta G^{(0)}$, to be $12 k_B T_r$ (T_r is the room temperature), we have $W_c/(k_B T_r) = \Delta G^{(0)}/(k_B T_r) + \ln([ATP]/[ADP])_c = 10.6$. Error bars represent standard deviations.

Analytical results from the noisy Stuart–Landau equation. To understand the relationship between phase accuracy and energy dissipation, we consider the noisy Stuart–Landau equation for x, y :

$$\begin{aligned} \frac{dx}{dt} &= (ax - by) - (cx + dy)(x^2 + y^2) + \eta_1(t) = F_x + \eta_1(t) \\ \frac{dy}{dt} &= (bx + ay) - (cy - dx)(x^2 + y^2) + \eta_2(t) = F_y + \eta_2(t) \end{aligned} \quad (5)$$

where $a, b, c, d, (b, c, d > 0)$ are real variables, and $\langle \eta_i(t) \eta_j(t') \rangle = 2\Delta \delta_{ij} \delta(t - t')$. The corresponding equation in polar coordinates is:

$$\frac{dr}{dt} = ar - cr^3 + \eta_r, \quad \frac{d\theta}{dt} = b + dr^2 + \eta_\theta \quad (6)$$

where $\eta_r = \eta_1(t) \cos \theta + \eta_2(t) \sin \theta$ and $\eta_\theta = -\eta_1(t) \sin \theta / r + \eta_2(t) \cos \theta / r$. For $a > 0$, the system starts to oscillate with a mean amplitude $r_s = \sqrt{a/c}$.

Phase can be defined without ambiguity when the amplitude fluctuation $\langle \delta r^2 \rangle \equiv \langle (r - r_s)^2 \rangle$ is smaller than r_s^2 . This leads to $a > \sqrt{2c\Delta}$. When Δ is small, the phase diffusion constant is determined by expanding the phase velocity around $r = r_s$. This leads to $d\theta/dt = b + dr_s^2 + \beta \delta r(t) + \eta_\theta(t)$, with $\beta \equiv \partial \omega(r_s)/\partial r = 2d\sqrt{a/c}$. Approximately we have $\langle \eta_\theta \rangle = 0$, $\langle \eta_\theta(t) \eta_\theta(t') \rangle \approx \Delta/r_s^2 \delta(t - t') \approx \Delta/r_s^2 \delta(t - t')$. The phase fluctuation $\delta\theta \equiv \theta - \omega(r_s)t$ follows a diffusive behaviour with the diffusion constant given by:

$$D_\theta = \frac{\Delta}{a} \left(\frac{d^2}{2c} + c \right) = \frac{\kappa \Delta}{a} \quad (7)$$

where $\kappa = d^2/2c + c$.

It is clear from equations (5) and (6) that detailed balance is broken and the system is dissipative. To compute the free-energy dissipation, we first determine the phase-space probability distribution function $P(x, y, t)$. Solving the Fokker–Planck equation in polar coordinates, we obtain the steady-state probability $P_s(r, \theta)$:

$$P_s(r, \theta) = P(r) = A \exp \left[-\frac{(cr^4/4 - ar^2/2)}{\Delta} \right]$$

where $A = [2\pi \int \exp[-(cr^4/4 - ar^2/2)/\Delta] r dr]^{-1}$ is the normalization constant.

We compute the system's entropy production rate \dot{S} (refs 37,38), from which we obtain the minimum free-energy dissipation (see Supplementary Information for details): $\dot{W} = k_B T_e \int \int (r^2 \omega^2 P / \Delta) r dr d\theta$, where T_e is an (effective) temperature of the environment and k_B the Boltzmann constant, we set $k_B T_e = 1$ here. The period of the oscillation is $T = 2\pi / \langle \omega(r) \rangle$. The energy dissipated in one cycle is

$$\Delta W = \dot{W} T = \frac{2\pi \langle r^2 \omega^2 \rangle}{\Delta \langle \omega \rangle}$$

Under the conditions of $a > \sqrt{2c\Delta}$ and small Δ , we have (see Supplementary Information for details)

$$\Delta W = \frac{2\pi da^2}{c^2 \Delta} + \frac{2\pi ba}{c \Delta} + \frac{4\pi d^2 a}{c(ad + bc)} + \frac{8\pi d}{c}$$

When $a \ll bc/d$, higher order terms can be neglected and ΔW is linearly dependent on a :

$$\Delta W = W_c + \xi a \quad (8)$$

where $\xi = 2\pi b/(c\Delta) + 2\pi d^2/(bc^2)$, and $W_c = 8\pi d/c > 0$.

Eliminating a from equations (7) and (8), the relation between phase diffusion and energy dissipation emerges:

$$D_\theta = C + \frac{W_0}{\Delta W - W_c} \quad (9)$$

where $C = 0$ and $W_0 = \xi \kappa \Delta$. The region where equation (9) holds is given by $\sqrt{2c\Delta} < a \ll (bc/d)$, where the lower bound is limited by phase ambiguity, and the upper bound is given by the linear regime of ΔW . The noise strength affects the lower bound. The phase–amplitude correlation parameter d controls the upper bound (see Supplementary Information and Supplementary Fig. 5 for details).

In general, $C > 0$ when the noise strengths of the two variables (x and y) vary independently, see Supplementary Information for an analytical derivation (based on small noise expansion) and Supplementary Fig. 6 for a direct simulation demonstration. In a system with multiple variables, large energy dissipation may

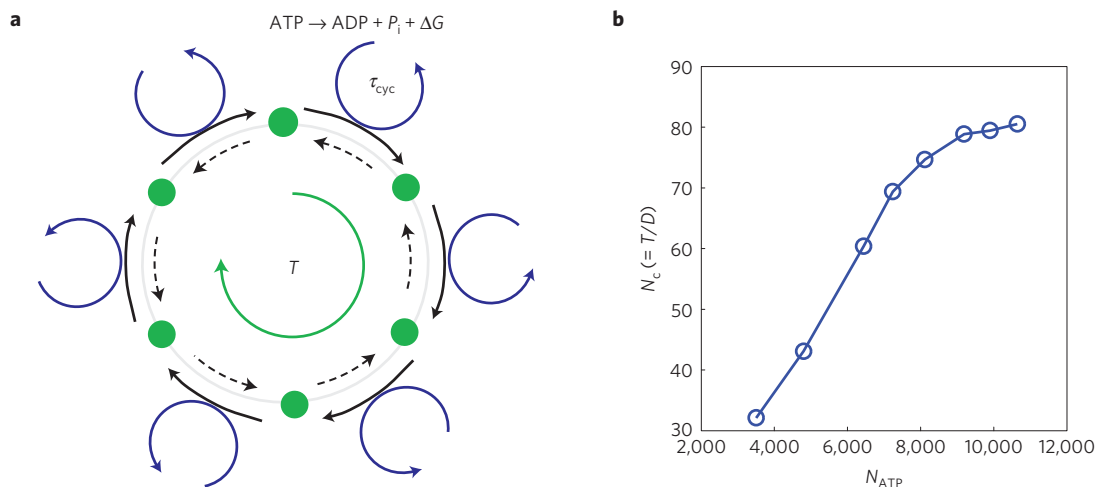


Figure 6 | Oscillation coherence increases with the number of ATP hydrolysed per period. **a**, Illustration of a biochemical oscillation as a clock in phase space. The intermediate states (green dots) are represented as the ‘hour ticks’ of the clock. The transition from one tick to the next is coupled with a ATP hydrolysis cycle. The free-energy release ΔG from the hydrolysis cycle powers the forward transition (thick solid arrow) and/or suppresses the backward transition (thin dotted arrow). The number of ATP consumed per enzyme molecule in each period T is given by T/τ_{cyc} , where τ_{cyc} is the average cycle time. **b**, The accuracy of the oscillation, characterized by the number of correlated (coherent) periods N_c , increases linearly with the total number of ATP consumed per period N_{ATP} before saturating at very high N_{ATP} . We varied N_{ATP} by changing the cycle time (see Methods for details). We used $V=100$ here.

completely suppress fluctuations in some of the variables. However, other variables, which are not subject to the energy-assisted noise control mechanism, can introduce a finite contribution to the phase diffusion, resulting in a finite C .

Equation (9) has the same form as equation (4) obtained empirically from studying different biochemical networks. Analysis of the noisy Stuart–Landau equation clearly shows that free-energy dissipation is used to suppress phase diffusion. The parameters in this relationship and the range of its validity depend on the details of the system. However, the inverse dependence of phase diffusion on energy dissipation seems to be general.

Discussion

Oscillations are critical for many biological functions that require accurate time control, such as circadian clock, cell cycle and development. However, biological systems are inherently noisy. The phase of a noisy oscillator fluctuates (diffuses) without bound and eventually destroys the coherence (accuracy) of the oscillation. Specifically, the number of periods N_c in which the oscillation maintains its phase coherence is given by $N_c = \tau_c/T = \alpha T/D$, which decreases with the phase diffusion constant. Here, our study shows that free-energy dissipation can be used to reduce phase diffusion and thus prolong the coherence of the oscillation. A general relationship between the phase diffusion constant and the minimum free-energy cost, as given in equation (4), holds true for all the oscillatory systems we studied here. The amplitude fluctuations also decrease with free-energy dissipation (see Supplementary Fig. 7 for details), as fluctuations in phase and amplitude are coupled in realistic systems. Our study thus establishes a cost-performance trade-off for noisy biochemical oscillations.

How do biological systems use their free-energy sources (for example, ATP) to enhance the accuracy of the biochemical oscillations? As illustrated in Fig. 6a, a biochemical oscillation can be considered as a clock, which goes through a series of time-ordered chemical states (green dots) during each period. These chemical states are characterized by the conformational and chemical modification (for example, phosphorylation) states of the key proteins or protein complexes in the system. The forward transition from one state to the next is coupled to an energy consuming cycle exemplified here by a PdP cycle (blue arrowed

circle) driven by hydrolysis of one ATP molecule. For each forward step, the reverse transition introduces a large error in the clock. The system suppresses these backward transitions by utilizing the ATP hydrolysis free energy. However, this is just one half of the story. Even in the absence of the reverse transition, the time duration between two consecutive states is highly variable owing to the stochastic nature (Poisson process) of the chemical transitions. A general strategy of increasing accuracy is averaging³⁹. In the case of biochemical oscillations, each period may consist of multiple steps, each powered by at least one ATP molecule. As a result of averaging, the error in the period should go down as the number of steps increases. Specifically, we expect that the variance of the period $\sigma_T^2 (= D/T)$ should be inversely proportional to the total number of ATP hydrolysed $N_{\text{ATP}} \propto T/\tau_{\text{cyc}}$ in each period T , where τ_{cyc} is the average PdP cycle time, which is essentially the ATP turnover time. Consequently, the number of coherent periods $N_c = \alpha T/D$ should be proportional to the number of ATP hydrolysed in each period. We checked this prediction by varying the kinetic rates in the PdP cycle to change τ_{cyc} (see Methods for details). In Fig. 6b, it is shown that the accuracy of the oscillation (clock), as measured by N_c , is enhanced by the number of ATP molecules hydrolysed in each period. This result reveals a general strategy for oscillatory biochemical networks to enhance their phase coherence by coupling to multiple energy-consuming cycles in each period. For the cyanobacteria circadian clock, each KaiC molecule has two phosphorylation sites. In principle a full circadian cycle should consume 2 ATP molecules per KaiC monomer. Interestingly, approximately 15 ATP molecules are consumed per KaiC molecule per period⁴⁰. Our study suggests that the extra ATP molecules may be used to increase the phase coherence of the circadian clock.

Biological systems need to function robustly against variations in their underlying biochemical parameters (rates, concentrations)^{41,42}. For oscillatory networks, the free-energy dissipation needs to reach a critical value (W_c) to drive the system to oscillate. We showed here that additional free-energy cost in excess of W_c is needed to make the oscillation more accurate, as demonstrated explicitly in equation (4). In addition to this energy-accuracy trade-off, we found that larger energy dissipation can also enhance the system’s robustness against its parameter variations. Take the activator–inhibitor model, for example: the concentrations of enzyme M (M_T) and phosphatase

K (K_T) may vary from cell to cell. We search for the existence of oscillation in the (M_T , K_T) space for different values of γ . Robustness is defined as the area of the parameter space where oscillation exists. As shown in Supplementary Fig. 8, the robustness increases as the system becomes more irreversible (that is, when more free energy is dissipated). This suggests a possible general trade-off between the functional robustness and energy dissipation in biological networks.

Methods

Methods and any associated references are available in the [online version of the paper](#).

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Author contributions

Y.T. and Q.O. initiated the work; Y.C., H.W., Q.O. and Y.T. designed the research; Y.C. performed simulations; Y.C. and Y.T. contributed to the analytical results; Y.C., Q.O. and Y.T. wrote the paper.

Additional information

Supplementary information is available in the [online version of the paper](#). Reprints and permissions information is available online at www.nature.com/reprints. Correspondence and requests for materials should be addressed to Q.O. or Y.T.

Competing financial interests

The authors declare no competing financial interests.

Methods

Simulation methods. The Gillespie algorithm⁴³ is used for the stochastic simulations of the reaction kinetics. The parameters in Figs 2 and 3 for the activator–inhibitor model are $k_0 = k_1 = k_3 = 1(t^{-1})$, $k_2 = 1(c^{-1}t^{-1})$, $k_4 = 0.5(t^{-1})$, $S = 0.4(c)$, $K_T = 1(c)$, $M_T = 10(c)$, $a_1 = a_2 = 100(c^{-1}t^{-1})$, $f_1 = f_2 = d_1 = d_2 = 15(t^{-1})$, $f_{-1} = f_{-2} = \sqrt{\gamma} a_1 f_1 / d_1 (c^{-1}t^{-1})$, with c the arbitrary concentration and t the time. Parameters for the other three models are given in Supplementary Information. For given kinetic rates and the volume V , we simulated 1,000 trajectories starting with the same initial condition. For the j th trajectory, we obtained its i th peak time t_{ij} from the trajectory $x_j(t)$ after smoothing (smooth function in MATLAB was used). The peak positions for two trajectories are shown in Fig. 2a. For each of the trajectories, we computed the mean of their i th peak time $m_i = \sum_j t_{ij} / N$, and variance $\sigma_i^2 = \sum_j (t_{ij} - m_i)^2 / (N - 1)$, where N is the total number of trajectories. The average period T is given by $T = m_i / i$. Asymptotically, σ_i^2 depends linearly on m_i (Fig. 2d), and the slope of this linear dependence is the peak-time diffusion constant D , which has the dimension of time. The phase diffusion constant D_ϕ is linearly proportional to D : $D_\phi = (2\pi)^2 D / T$. For the repressilator and the brusselator models, we simulated the stochastic kinetic equations to a sufficiently long time (10,000 periods) to obtain the time-averaged distribution $P(\mathbf{x})$, where \mathbf{x} represents the phase space. We used $P(\mathbf{x})$ to compute free-energy dissipation.

Random sampling. We can include ATP, ADP and P_i explicitly in the reactions: $M + R + \text{ATP} \rightleftharpoons M \cdot R \cdot \text{ATP} \rightleftharpoons M_p + R + \text{ADP}$ and $M_p K \rightleftharpoons M + K + P_i$. The

affected kinetic rates are $a_1 = a_{1,0}[\text{ATP}]$, $f_{-1} = f_{-1,0}[\text{ADP}]$ and $f_{-2} = f_{-2,0}[P_i]$, where $a_{1,0} = 0.1$, $f_{-1,0} = f_{-2,0} = 1$ are constants. The energy parameter γ for the PdP cycle can now be expressed as: $\gamma = (d_1 d_2 f_{-1,0} f_{-2,0} [\text{ADP}][P_i]) / (a_{1,0} a_2 f_1 f_2 [\text{ATP}])$. Random sampling in the $([\text{ATP}], [\text{ADP}], [P_i])$ space is performed (in log scale) in the region $\log_{10}([\text{ATP}]/[\text{ATP}]_0) \in [2, 5]$, $\log_{10}([\text{ADP}]/[\text{ADP}]_0) \in [-3, 1]$, $\log_{10}([P_i]/[P_i]_0) \in [-3, 1]$ by using Latin hypercube sampling (the lhs-design function in MATLAB). The reference concentrations $[\text{ATP}]_0$, $[\text{ADP}]_0$ and $[P_i]_0$ are set to unity and their actual values are absorbed into the baseline reaction rates $a_{1,0}$, $f_{-1,0}$ and $f_{-2,0}$, which are given in the caption of Fig. 4.

ATP consumption. In the activator–inhibitor model, the ATP consumption rate is $R_{\text{ATP}} = V(J_p^+ - J_p^-)$, where J_p^+ and J_p^- are the fluxes for the $M \rightarrow M_p$ and $M_p \rightarrow M$ reactions, respectively. We varied the overall reaction kinetics, for example, τ_{cyc} and the ATP consumption rate, by introducing a timescale factor B for all four rates $d_1 = d_2 = Bd$, $f_1 = f_2 = Bf$, where $d = 15$ and $f = 15$ are the original values used in this paper (see Supplementary Information). By changing the rates this way, the free-energy release of ATP hydrolysis $\Delta G = -\ln \gamma = \ln(a_1 f_1 a_2 f_2 / (d_1 f_{-1} d_2 f_{-2}))$ is unchanged. We varied $B \in [0.2, 2]$, and computed the total number of ATP consumed per period $N_{\text{ATP}} \equiv \int_0^T R_{\text{ATP}} dt$ and N_c for Fig. 6b.

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