

# Optimal Monetary Policy Response to Belief Distortions: Model-Free Evidence

KC FRB Brown Bag Series, 3 June 2025

---

**Jonathan J. Adams<sup>1</sup>**    **Symeon Taipladis<sup>2</sup>**

<sup>1</sup>Federal Reserve Bank of Kansas City

<sup>2</sup>University of Florida

The views expressed herein are those of the authors and do not necessarily represent the views of the Federal Reserve Bank of Kansas City or the Federal Reserve System.

# Motivation

- Mounting evidence: belief distortions (difference between expectations and FIRE) can have large macroeconomic effects

# Motivation

- Mounting evidence: belief distortions (difference between expectations and FIRE) can have large macroeconomic effects
- ... but no consensus on what drives aggregate belief distortions

# Motivation

- Mounting evidence: belief distortions (difference between expectations and FIRE) can have large macroeconomic effects
- ... but no consensus on what drives aggregate belief distortions
  - Causes vary: Behavioral errors? Information frictions?

# Motivation

- Mounting evidence: belief distortions (difference between expectations and FIRE) can have large macroeconomic effects
- ... but no consensus on what drives aggregate belief distortions
  - Causes vary: Behavioral errors? Information frictions?
  - Effects vary: Expansionary? Contractionary?

# Motivation

- Mounting evidence: belief distortions (difference between expectations and FIRE) can have large macroeconomic effects
- ... but no consensus on what drives aggregate belief distortions
  - Causes vary: Behavioral errors? Information frictions?
  - Effects vary: Expansionary? Contractionary?
- How to determine optimal policy without the microfoundations?

- How should **monetary policy** respond to **inflation belief distortions**?

# Contribution

- How should **monetary policy** respond to **inflation belief distortions**?
- We estimate the **model-free** optimal policy response to belief distortion shocks



# Contribution

- How should **monetary policy** respond to **inflation belief distortions**?
- We estimate the **model-free** optimal policy response to belief distortion shocks
- Belief distortion shocks are contractionary; optimal interest rate response is roughly 1:1

# Contribution

- How should **monetary policy** respond to **inflation belief distortions**?
- We estimate the **model-free** optimal policy response to belief distortion shocks
- Belief distortion shocks are contractionary; optimal interest rate response is roughly 1:1
- Target rate is a more effective tool than forward guidance, QE

# Empirical Strategy

## 1. Measure Belief Distortions (BDs)

# Empirical Strategy

1. Measure Belief Distortions (BDs)
  - Inflation expectations from surveys

# Empirical Strategy

## 1. Measure Belief Distortions (BDs)

- Inflation expectations from surveys
- Estimate the rational expectation (FIRE) from a VAR

# Empirical Strategy

## 1. Measure Belief Distortions (BDs)

- Inflation expectations from surveys
- Estimate the rational expectation (FIRE) from a VAR
- Difference is the BD

# Empirical Strategy

## 1. Measure Belief Distortions (BDs)

- Inflation expectations from surveys
- Estimate the rational expectation (FIRE) from a VAR
- Difference is the BD

## 2. Estimate IRFs to BD Shocks

# Empirical Strategy

## 1. Measure Belief Distortions (BDs)

- Inflation expectations from surveys
- Estimate the rational expectation (FIRE) from a VAR
- Difference is the BD

## 2. Estimate IRFs to BD Shocks

- Identify BD shocks by SVAR (Adams and Barrett, 2024)



# Empirical Strategy

## 1. Measure Belief Distortions (BDs)

- Inflation expectations from surveys
- Estimate the rational expectation (FIRE) from a VAR
- Difference is the BD

## 2. Estimate IRFs to BD Shocks

- Identify BD shocks by SVAR (Adams and Barrett, 2024)
- Also reduced form (statistical innovation) as a sanity check

# Empirical Strategy

## 1. Measure Belief Distortions (BDs)

- Inflation expectations from surveys
- Estimate the rational expectation (FIRE) from a VAR
- Difference is the BD

## 2. Estimate IRFs to BD Shocks

- Identify BD shocks by SVAR (Adams and Barrett, 2024)
- Also reduced form (statistical innovation) as a sanity check

## 3. Estimate IRFs to Monetary Policy Shocks

# Empirical Strategy

1. Measure Belief Distortions (BDs)
  - Inflation expectations from surveys
  - Estimate the rational expectation (FIRE) from a VAR
  - Difference is the BD
2. Estimate IRFs to BD Shocks
  - Identify BD shocks by SVAR (Adams and Barrett, 2024)
  - Also reduced form (statistical innovation) as a sanity check
3. Estimate IRFs to Monetary Policy Shocks
4. Calculate Reduced-form Optimal Policy Counterfactual

# Empirical Strategy

1. Measure Belief Distortions (BDs)
  - Inflation expectations from surveys
  - Estimate the rational expectation (FIRE) from a VAR
  - Difference is the BD
2. Estimate IRFs to BD Shocks
  - Identify BD shocks by SVAR (Adams and Barrett, 2024)
  - Also reduced form (statistical innovation) as a sanity check
3. Estimate IRFs to Monetary Policy Shocks
4. Calculate Reduced-form Optimal Policy Counterfactual
  - Reduced-form approach inspired by McKay and Wolf (2023)

# Empirical Strategy

1. Measure Belief Distortions (BDs)
  - Inflation expectations from surveys
  - Estimate the rational expectation (FIRE) from a VAR
  - Difference is the BD
2. Estimate IRFs to BD Shocks
  - Identify BD shocks by SVAR (Adams and Barrett, 2024)
  - Also reduced form (statistical innovation) as a sanity check
3. Estimate IRFs to Monetary Policy Shocks
4. Calculate Reduced-form Optimal Policy Counterfactual
  - Reduced-form approach inspired by McKay and Wolf (2023)
  - Construct optimal monetary policy response to offset BDS effects

# Empirical Strategy

1. Measure Belief Distortions (BDs)
  - Inflation expectations from surveys
  - Estimate the rational expectation (FIRE) from a VAR
  - Difference is the BD
2. Estimate IRFs to BD Shocks
  - Identify BD shocks by SVAR (Adams and Barrett, 2024)
  - Also reduced form (statistical innovation) as a sanity check
3. Estimate IRFs to Monetary Policy Shocks
4. Calculate Reduced-form Optimal Policy Counterfactual
  - Reduced-form approach inspired by McKay and Wolf (2023)
  - Construct optimal monetary policy response to offset BDS effects
  - Counterfactual is robust to the Lucas critique!

- We use (monthly) median household 1-year-ahead inflation forecasts from the Michigan Survey of Consumers.
  - We infer the implied 1-year-ahead CPI forecasts according to:

$$f_t^{CPI} = (1 + f_t^{\pi,12}) \times CPI_t$$

- Coverage: Jan 1978 - May 2024
- We source high-frequency monetary policy shocks from Swanson (2023)
  - Three instruments: target rate, forward guidance, and large-scale asset purchases
  - Coverage: Feb 1988 - Dec 2023

- The VAR setting is completely standard (similar to Gertler and Karadi (2015))
- We load our (baseline) VAR model with log of CPI, log of IP, unemployment, excess bond premium (Gilchrist and Zakrajšek, 2012), 2-year treasury yield
- Lag length chosen by AIC



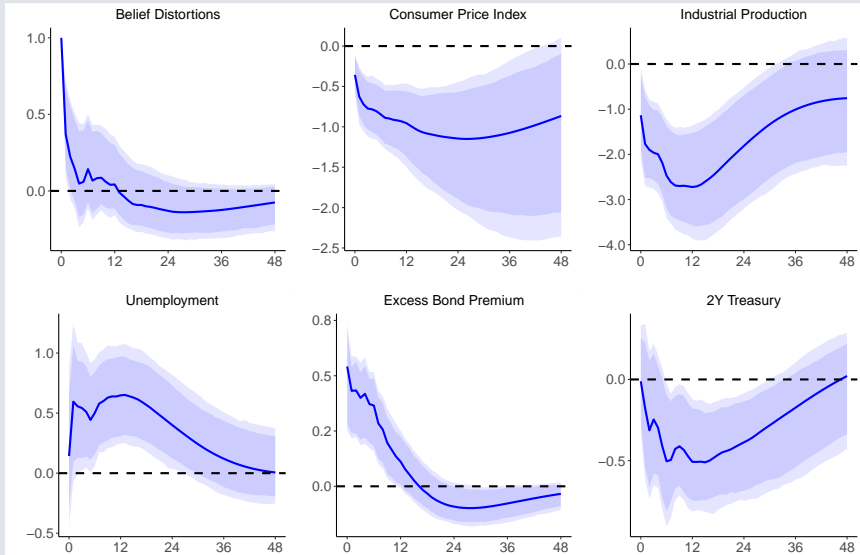
# Structural Shock to Belief Distortions

- Follow *Adams and Barrett (2024)*: assume that structural BD shocks are the only shocks to drive forecasts away from FIRE contemporaneously
- Stack 1-year-ahead inflation forecasts in a VAR model of the form:

$$\begin{pmatrix} f_t^{CPI,h} \\ x_t \end{pmatrix} = \sum_{j=1}^J B_j^S \begin{pmatrix} f_{t-j}^{CPI,h} \\ x_{t-j} \end{pmatrix} + \underbrace{w_t^S}_{A^S \varepsilon_t^S} \quad (1)$$

- VAR identifies  $B_j^S$ ; structural restrictions decompose  $Var(w_t^S)$  to identify first column of  $A^S$ . Combine  $\implies$  IRFs to BD shocks
- Inflation BD shocks surprisingly robust. Many different specifications: same qualitative effects.

# Structural Shock to Belief Distortions



# Reduced-form Shock to Belief Distortions

- An alternative approach (sanity check) is to infer BD shocks as the *statistical innovation* of Belief Distortions.

- Estimate BD from the data: ► Rational Expectations ► Time Series

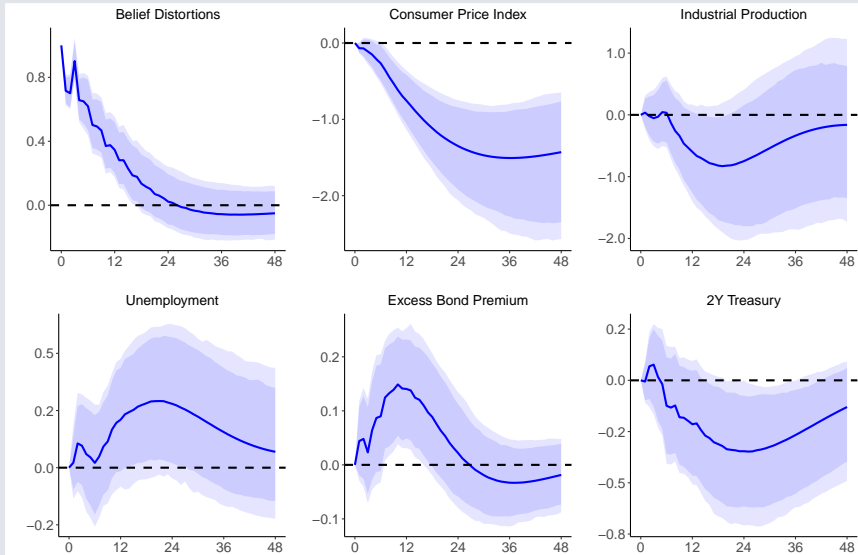
$$d_t^{y,h} \equiv f_t^{y,h} - \textcolor{red}{re}_t^{y,h} \quad (2)$$

- Include BD in the VAR model:

$$\begin{pmatrix} d_t^{y,h} \\ x_t \end{pmatrix} = \sum_{j=1}^J B_j^r \begin{pmatrix} d_{t-j}^{y,h} \\ x_{t-j} \end{pmatrix} + \underbrace{w_t^r}_{Ar \varepsilon_t^r} \quad (3)$$

- Reduced form:
  - Linear combination of structural shocks (extra assumptions needed for McKay-Wolf)
  - Does it resemble the structural BD shock?

# Reduced-form Shock to Belief Distortions

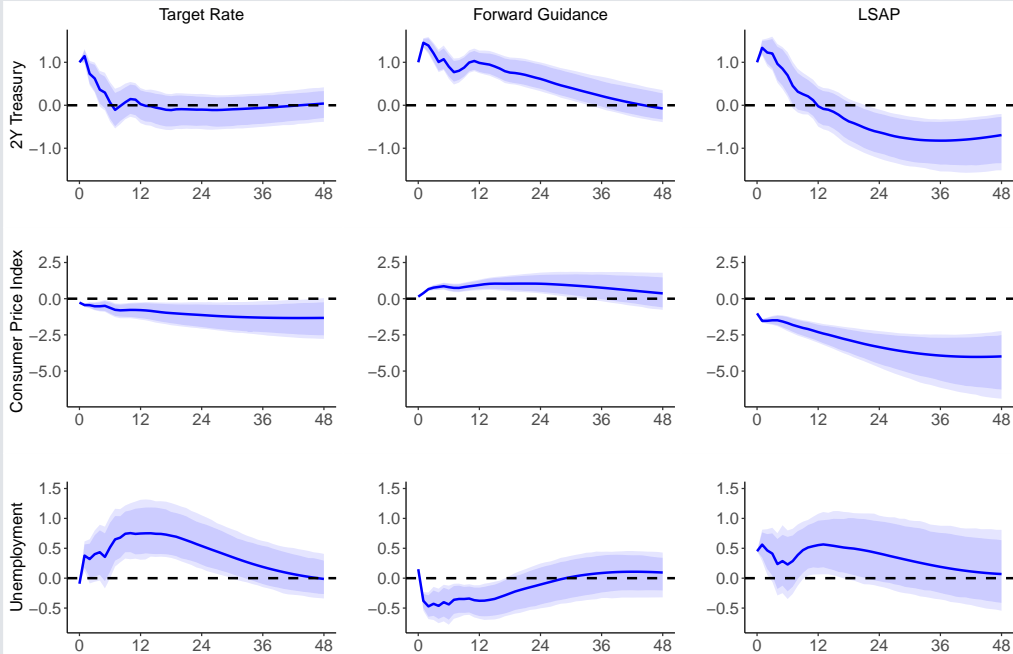


# Monetary Policy Shocks (MPS)

- High frequency-identified MPS from Swanson (2023): Target Rate, Forward Guidance, Large-Scale Asset Purchases (LSAP)
- For each response variable  $i$ , we regress each residual  $w_{i,t}$  on the MPS

$$w_{i,t} = \alpha_i + \underbrace{\omega_i}_{\text{impact}} m_t + \eta_{i,t} \quad (4)$$

and estimate IRFs by proxy-VAR



# Optimal Response to Belief Distortions

- We set a *welfare criterion* consistent with the Fed's dual mandate:

$$\mathcal{W}_s = \lambda V_s^u(H) + (1 - \lambda) V_s^\pi(H) \quad (5)$$

- $V_s^u(H)$  and  $V_s^\pi(H)$ : variance of unemployment and inflation due to BD shocks  $s$  (up to horizon  $h$ )
- $\mathcal{W}_s$  is a function of the IRF to shock  $s$
- Baseline: equal weight to *full-employment* and *price stabilization* i.e.  
 $\lambda = 1/2$  ► Computation

# Optimal Response to Belief Distortions

- As in McKay and Wolf (2023) we construct a counterfactual rule for MP shock  $m$ :

$$m_t = \psi s_t$$

- By responding to the shock, the IRF to a BD shock becomes:

$$\phi_\psi(k) = \phi_s(k) + \phi_m(k)\psi$$

- $\phi_\psi(k)$  is the counterfactual IRF to a BD shock
- $\implies$  implies counterfactual welfare  $\mathcal{W}_\psi$



# Optimal Response to Belief Distortions

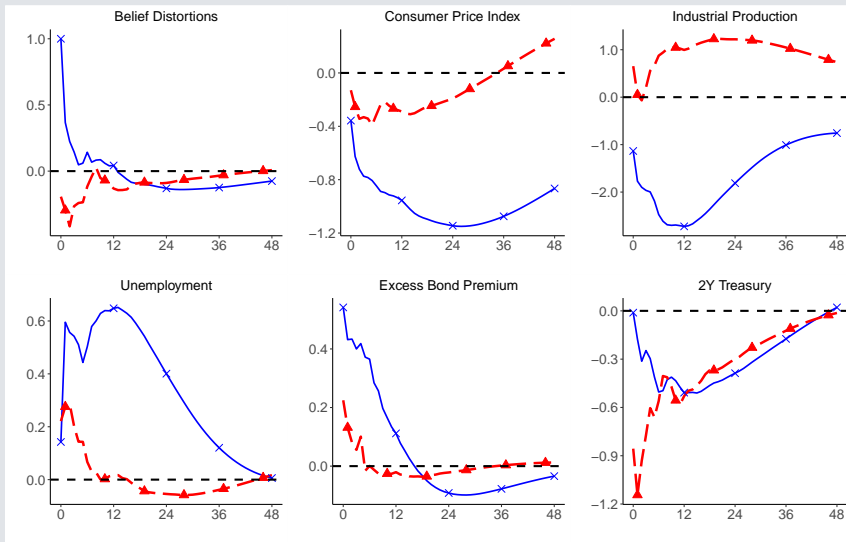
- The optimal policy response is the  $\psi$  that minimizes the counterfactual welfare loss  $\mathcal{W}_\psi$ . ► Minimization Problem
- To be robust to Lucas critique: shocks must be unanticipated.
  - Definitely for Swanson MPS
  - Yes for structural BD shocks, if structural assumptions hold
  - Yes for reduced-form shocks, if our rational expectation estimation is accurate

# Optimal Policy Response

► Reduced-form alternative

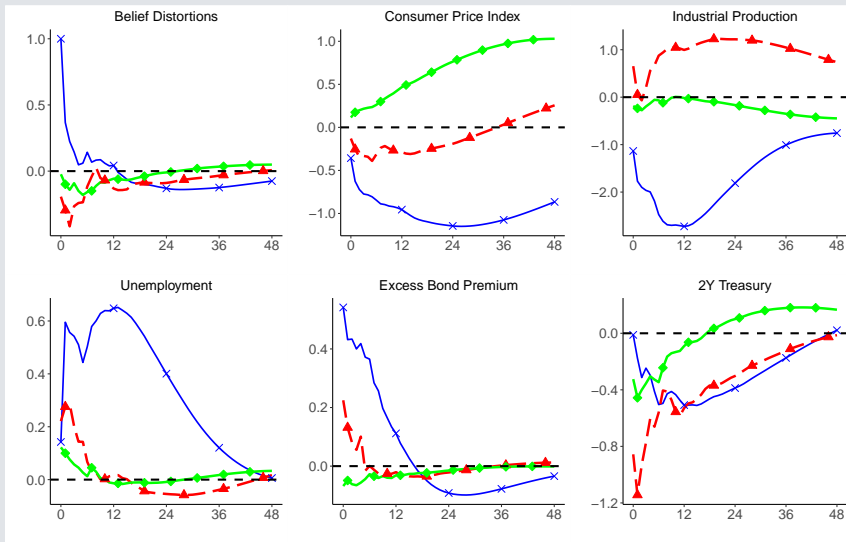
Policy Tools	Structural Methodology			$R^2$
	Target	FG	LSAP	$R^2$
Independent	<b>-0.85</b> (0.30)			<b>0.95</b>
		1.42 (0.46)		0.73
			-0.95 (0.35)	0.85
Pairwise	<b>-0.68</b> (0.25)	0.41 (0.34)		0.97
	<b>-0.65</b> (0.28)		-0.26 (0.23)	0.96
Triplewise	<b>-0.46</b> (0.21)	0.43 (0.27)	-0.28 (0.18)	<b>0.99</b>

# Counterfactual Responses to BD shocks (Structural Method)



Counterfactuals: \* No Response \* Target Rate

# Counterfactual Responses to BD shocks (Structural Method)



Counterfactuals: ◆ All 3 Tools × No Response ▲ Target Rate

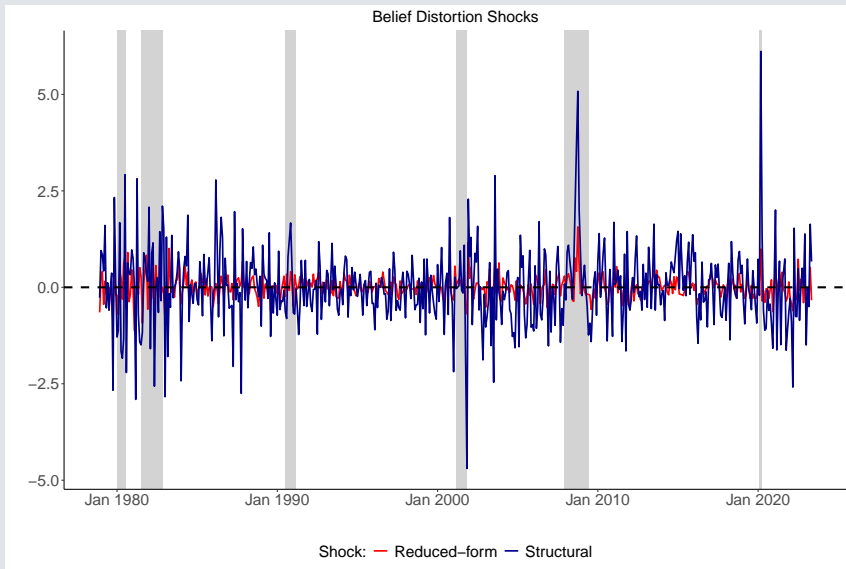
# Conclusion

- Evidence: Belief distortions exert contractionary effects (why?)
- Intuitively, MP should respond by easing
- We employ model-free counterfactuals following McKay and Wolf (2023) and find optimal policy in line with this intuition.
- Quantitatively: respond  $\sim 1:1$
- Monetary easing through short-term rates is the most effective tool
- Robustness checks confirm our conclusions across many specification choices

► List

## **Appendix**

# Time Series of Belief Distortion Shocks

[▶ Back](#)

- Rational Expectation (RE) is the conditional expectation of  $y_{t+h}$  for some information set  $\Omega_t$ :

$$re_t^{y,h} = \mathbb{E}_t[y_{t+h}|\Omega_t]$$

- The Rational Expectation is **not directly observed** in the data.
- We proxy for the info set using lags of macro variables and inflation forecasts.
- We estimate ex-post RE using the fitted values of the following model:

$$y_{t+h} = \sum_{j=0}^J \left( \alpha_j f_{t-j}^{y,h} + \beta_j x_{t-j} \right) + v_{t+h} \quad (6)$$



- The Welfare criterion:

$$\mathcal{W}_s = \lambda V_s^u(H) + (1 - \lambda) V_s^\pi(H) \quad (7)$$

- where  $V_s^x(H)$  is the horizon- $H$  conditional variance of  $x$ :

$$V_s^x(h) = \sum_{k=0}^H \text{Var}(x_{t+k} | s_t) = \sum_{k=0}^H (\phi_w^x(k))^2 \text{Var}(w_t)$$

- Example: Any shock  $s$  would give the following welfare loss over  $H$  horizons:

$$\mathcal{W}_s = \sum_{k=0}^H \left( \lambda (e_u \phi_w(k))^2 + (1 - \lambda) (e_\pi \phi_w(k))^2 \right) \quad (8)$$

- Welfare criterion:

$$\mathcal{W}_s = \sum_{k=0}^H \left( \lambda (e_u \phi_\psi(k))^2 + (1 - \lambda) (e_\pi \phi_\psi(k))^2 \right) \quad (9)$$

- Can minimize  $\mathcal{W}_s$  by linear projection of IRFs, i.e. run the regression:

$$\left( \lambda \phi_s^u(k)^2 + (1 - \lambda) \phi_s^\pi(k)^2 \right) = - \left( \lambda \phi_m^u(k)^2 + (1 - \lambda) \phi_m^\pi(k)^2 \right) \times \hat{\psi} + \hat{\epsilon} \quad (10)$$

# Optimal Policy Response [► Back](#)

Policy Tools	Structural Methodology				Reduced-form Methodology			
	Target	FG	LSAP	$R^2$	Target	FG	LSAP	$R^2$
Independent	<b>-0.85</b> (0.30)			<b>0.95</b>	-0.44 (0.34)			0.81
		1.42 (0.46)		0.73		0.24 (0.40)		0.08
			-0.95 (0.35)	0.85			-0.42 (0.34)	0.32
Pairwise	<b>-0.68</b> (0.25)	0.41 (0.34)		0.97	-0.52 (0.48)	-0.26 (0.48)		0.87
	<b>-0.65</b> (0.28)		-0.26 (0.23)	0.96	-0.42 (0.32)		-0.04 (0.25)	0.81
Triplewise	<b>-0.46</b> (0.21)	0.43 (0.27)	-0.28 (0.18)	<b>0.99</b>	-0.54 (0.44)	-0.28 (0.44)	0.05 (0.21)	0.88

- Inflation vs. Full Employment Targeting
  - We shift  $\lambda \in (0, 1)$ .
  - Conventional policy responds with  $\psi \in (-1.01, -0.84)$
- Change number of lags  $p$  in VAR( $p$ ) model.
- Exclude COVID-19 Era from baseline VAR model.
- Truncate Welfare Horizon.
  - Suppose the monetary authorities care about welfare effects over a 1-year vs. 10-year horizon. Conventional policy responds with  $\psi \in (-0.87, -0.82)$
- Run parsimonious a VAR model
- Use a high-frequency MPS from a natural-language approach (Aruoba and Drechsel, 2024)
  - This robustness check suggests a more aggressive monetary easing.

# Robustness Checks

[▶ Back](#)

	Structural		Reduced-form	
	Target	$R^2$	Target	$R^2$
Baseline Model	-0.845 (0.301)	0.948	-0.435 (0.344)	0.806
Inflation Targeting ( $\lambda = 0$ )	-1.006 (0.263)	0.718	0.075 (0.284)	0.004
Employment Targeting ( $\lambda = 1$ )	-0.843 (0.339)	0.955	-0.439 (0.354)	0.857
VAR with 3 lags	-1.046 (0.456)	0.892	-0.524 (0.341)	0.894
VAR with 12 lags	-0.599 (0.262)	0.861	-0.186 (0.229)	0.275
Belief Distortion estimation with 12 lags	-	-	-0.378 (0.237)	0.773
Excl. COVID-19 Era	-0.828 (0.239)	0.736	-0.677 (0.475)	0.793
24-Month Truncation of Welfare Objective	-0.874 (0.366)	0.954	-0.378 (0.291)	0.764
120-Month Truncation of Welfare Objective	-0.822 (0.303)	0.913	-0.397 (0.377)	0.596
Aruoba-Drechsel Monetary Policy Shock	-2.092 (1.059)	0.705	-0.912 (0.942)	0.845

## References

---

**Adams, Jonathan J. and Philip Barrett**, “Shocks to inflation expectations,” *Review of Economic Dynamics*, October 2024, 54, 101234.

**Aruoba, S. Borağan and Thomas Drechsel**, “Identifying Monetary Policy Shocks: A Natural Language Approach,” May 2024.

**Gertler, Mark and Peter Karadi**, “Monetary Policy Surprises, Credit Costs, and Economic Activity,” *American Economic Journal: Macroeconomics*, January 2015, 7 (1), 44–76.

**Gilchrist, Simon and Egon Zakrajšek**, “Credit Spreads and Business Cycle Fluctuations,” *American Economic Review*, June 2012, 102 (4), 1692–1720.

**McKay, Alisdair and Christian K Wolf**, “What can time-series regressions tell