Studies on patients with brain damage have allowed scientists to determine how each side of the brain controls different functions. The left hemisphere, for example, specializes in language skills and logic. The right hemisphere allows us to recognize shapes and faces and express and read. Most people are not likely to be strictly left-brain or right-brained – we use each side of our brain depending on the task we're dealing with. However, some theorists and researchers believe that there may be one side of the brain that we draw on more, which can in turn make the personality traits characteristic of that side of the brain to be more dominant than others.

How to read your results: If you score closer to the right side of the graph, your personality is more characteristically right-brain. If you score closer to the left side of the graph, your personality is more characteristically left-brain. If you score somewhere in the middle, you share characteristics of both sides of the brain.

Overall Result



Both your right and left hemisphere seem to have reached a level of perfect harmony – rather than trying to dominant each other, they work together to create a unique and well-balanced "you". Your spontaneous, impulsive, and free-flowing right brain creates an exciting and adventurous world, while your left brain helps you make sense of it and keep track of everything.

When faced with a problem or a tough decision, you're not only able to break things down and make an informed and sensible choice, but you're also not afraid to go with your gut when necessary. You tend to express your individuality both in words and actions, and although you're perfectly comfortable running on a schedule or planning things ahead of time, there are occasions when you love to throw in a little spontaneity.

Your balanced outlook and approach to life creates a desire in you to not only understand the world, but to also take it in your hands and mold it as you see fit. With both your right and left hemispheres working together to guide you, you are able to understand yourself and life in general from so many wonderful perspectives.