

LABORATORY 3427-3420 23 WALTERS DRIVE OSBORNE PARK WA 6017 PH: 08 9442 7444

PATIENT:

MR JONATHAN MARSH
C/O IMEDICAL 1 UNION ST
PYRMONT NSW 2009
PH: 0409346959
DOB: 27/07/1973 SEX: MALE
UR#: REF:

REQUEST DETAILS:

LAB REF: 24-22935815-IGF-0
REFERRED: 10/08/24
COLLECTED: 19/08/24 08:30
REPORTED: 23/08/24 08:56
TESTED: 19/08/24
BATCH: 0 0

IMEDICAL LIFE

IMEDICAL LIFE
1 UNION ST
PYRMONT NSW 2009

CLINICAL HISTORY:

BIOCHEMISTRY

INSULIN-LIKE GROWTH FACTOR -1

SPECIMEN: SERUM

Date	Time	Lab No.	IGF-1	Units	Ref. Range
19/08/24	08:30	22935815	10.3	nmol/L	(6.3 - 27.2)
15/07/24	10:35	21331661	15.3		
20/02/24	NS	86323787	17.9		

IGF1 test was performed on Siemens Immulite XPI.
As of 17/01/2018, revised and validated Age specific Reference Ranges
apply (from Siemens Ref. IMC 18-November 2017).

24-22935815:

Validated by Dr. Mirette Saad

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PATIENT: MR JONATHAN MARSH

ALL TESTS COMPLETE

PANEL CODES: GLU-R,GH-R,SCR-R,DHE-R,IGF-R,FAI-R,FBE-R,LFH-R,OST-R,PRG-R,PRL-R,IS-R+++

LABORATORY 3427-3420 23 WALTERS DRIVE OSBORNE PARK WA 6017 PH: 08 9442 7444

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CLINICAL HISTORY:

HORMONE STUDIES

SPECIMEN: Serum

Date	Time	Request	Growth Hormone
19/08/2024	08:30	24-22935815	0.1
20/02/2024	NS	24-86323787	0.2
Units			µg/L
Reference Ranges			< 5.0

Comments:

COMMENT: Growth Hormone (GH) results are now Standardised to the recombinant 2nd IS 98/574 Standard. In accordance with international guidelines, GH will be reported in mass Units µg/L. Conversion factor µg/L x 3.0 = mIU/L (98/574) Standard.

PATIENT: MR JONATHAN MARSH

PANEL CODES: GLU-R,GH-R,SCR-R,DHE-R,IGF-W,FAI-R,FBE-R,LFH-R,OST-R,PRG-R,PRL-R,IS-R+++

LABORATORY 20102-2906 23 WALTERS DRIVE OSBORNE PARK WA 6017 PH: 08 9442 7444		
PATIENT: MR JONATHAN MARSH C/O IMEDICAL 1 UNION ST PYRMONT NSW 2009 PH: 0409346959 DOB: 27/07/1973 SEX: MALE UR#: REF:	REQUEST DETAILS: LAB REF: 24-22935815-MBI-0 REFERRED: 10/08/24 COLLECTED: 19/08/24 08:30 REPORTED: 19/08/24 23:41 TESTED: 19/08/24 BATCH: 0 0	IMEDICAL LIFE IMEDICAL LIFE 1 UNION ST PYRMONT NSW 2009

CLINICAL HISTORY:

GENERAL CHEMISTRY

SPECIMEN: Serum

Date	19/08/2024
Collection Time	08:30
Request	24-22935815

Electrolytes / Renal Function		Units	Reference Range
Sodium	135	mmol/L	135 - 145
Potassium	4.5	mmol/L	3.5 - 5.2
Chloride	102	mmol/L	95 - 110
Bicarbonate	29	mmol/L	22 - 32
Anion Gap	8*	mmol/L	9 - 19
Urea	5.3	mmol/L	4.0 - 9.0
Creatinine	77	µmol/L	60 - 110
eGFR	> 90	mL/min/1.73m ²	> 59
Calcium	2.40	mmol/L	2.10 - 2.60
Adjusted Calcium	2.38	mmol/L	2.10 - 2.60
Phosphate	1.04	mmol/L	0.75 - 1.50
Magnesium	0.90	mmol/L	0.70 - 1.10
Uric Acid	0.32	mmol/L	0.21 - 0.43

Liver Function		Units	Reference Range
Total Protein	66	g/L	60 - 80
Albumin	41	g/L	35 - 50
Alkaline Phosphatase	52	U/L	30 - 110
Total Bilirubin	20	µmol/L	3 - 20
Gamma GT	18	U/L	5 - 50
AST	24	U/L	5 - 35
ALT	26	U/L	5 - 40
Globulin	25	g/L	23 - 39

Comments:

Electrolytes, uric acid, renal and liver function tests are within reference range.

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CLINICAL HISTORY:

ENDOCRINOLOGY

SPECIMEN: SERUM

HORMONE STUDIES

** Follicle Stimulating Hormone	< 1 IU/L	(2 - 18)
Luteinizing Hormone	< 1 IU/L	(< 6)
* Oestradiol	215 pmol/L	(< 150)
Progesterone	1 nmol/L	(< 5)
Prolactin (mIU/L)	132 mIU/L	(45 - 375)

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PATIENT: MR JONATHAN MARSH

PANEL CODES: GLU-R,GH-W,SCR-R,DHE-R,IGF-W,FAI-R,FBE-R,LFH-R,OST-R,PRG-R,PRL-R,IS-R+++

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CLINICAL HISTORY:

THYROID FUNCTION TEST

SPECIMEN: Serum

Date	19/08/2024
Collection Time	08:30
Request	24-22935815

		Units	Reference Range
Free thyroxine (FT4)	16.0	pmol/L	9.0 - 25.0
Thyroid Stimulating Hormone	0.96	mIU/L	0.40 - 4.00
Free Tri-iodothyronine (FT3)	5.4	pmol/L	3.5 - 6.5

Comments:

ENDOCRINOLOGY

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CLINICAL HISTORY:

ANDROGEN STUDIES SPECIMEN: Serum

Date	19/08/2024
Collection Time	08:30
Request	24-22935815

		Units	Reference Range
Testosterone	42.5*	nmol/L	6.0 - 28.0
SHBG re-std.	22	nmol/L	15 - 50
Free Testosterone	1286**	pmol/L	200 - 600

Comments:

ENDOCRINOLOGY

LABORATORY 20102-2906 23 WALTERS DRIVE OSBORNE PARK WA 6017 PH: 08 9442 7444

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CLINICAL HISTORY:

BIOCHEMISTRY

C REACTIVE PROTEIN (hsCRP)

SPECIMEN: SERUM

hsCRP 1.2 mg/L see below

For assessment of cardiovascular risk in the WELL individual see the following table (Reference: American Heart Association)

CRP (mg/L)	Relative Risk.
< 1.0	Low risk
1.0 - 3.0	Average risk
> 3.0	High risk

PATIENT: MR JONATHAN MARSH

PANEL CODES: GLU-R,GH-W,SCR-R,DHE-R,IGF-W,FAI-W,FBE-R,LFH-V,OST-V,PRG-V,PRL-V,IS-R+++

LABORATORY 20102-2906 23 WALTERS DRIVE OSBORNE PARK WA 6017 PH: 08 9442 7444

PATIENT: MR JONATHAN MARSH C/O IMEDICAL 1 UNION ST PYRMONT NSW 2009 PH: 0409346959 DOB: 27/07/1973 SEX: MALE UR#: REF:	REQUEST DETAILS: LAB REF: 24-22935815-DHE-0 REFERRED: 10/08/24 COLLECTED: 19/08/24 08:30 REPORTED: 19/08/24 15:27 TESTED: 19/08/24 BATCH: 0 0	IMEDICAL LIFE IMEDICAL LIFE 1 UNION ST PYRMONT NSW 2009
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CLINICAL HISTORY:

DHEA SULPHATE

SPECIMEN: Serum

Date	Time	Request	DHEA-Sulphate
19/08/2024	08:30	24-22935815	5.1
20/02/2024	NS	24-86323787	7.4
Units			µmol/L
Reference Ranges			2.2 - 15.2

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PATIENT: MR JONATHAN MARSH

PANEL CODES: GLU-R,GH-W,SCR-W,DHE-R,IGF-W,FAI-W,FBE-R,LFH-W,OST-W,PRG-W,PRL-W,IS-R+++

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CLINICAL HISTORY:

ENDOCRINOLOGY

CORTISOL STUDIES

SPECIMEN: SERUM/PLASMA/URINE

Coll. Date:	19/08/24	20/02/24		
Coll. Time:	08:30	NS	Ref.	
Lab Number:	22935815	86323787	Range	Units

Serum Cortisol	246	456	See below	nmol/L
Reference Ranges:	AM 110 - 550 nmol/L			
	PM 70 - 400 nmol/L			

22935815 Cortisol less than 300 nmol/L may be seen with normal diurnal rhythm, exogenous steroids or adrenal insufficiency. Consider repeat cortisol with ACTH at 08:00 to clarify. Cortisol measured on the Siemens Centaur.

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PATIENT: MR JONATHAN MARSH

PANEL CODES: GLU-R,GH-W,SCR-W,DHE-W,IGF-W,FAI-W,FBE-R,LFH-W,OST-W,PRG-W,PRL-W,IS-R+++

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CLINICAL HISTORY:

LIPID STUDIES

SPECIMEN: Serum

Date 19/08/2024
Collection Time 08:30
Request 24-22935815

		Units	Desirable Range (Fasting)
Fasting status	Fasting		
Cholesterol	3.5	mmol/L	< 5.6
H.D.L. Cholesterol	1.4	mmol/L	> 0.9
L.D.L. Cholesterol	1.8	mmol/L	< 3.1
Non-HDL Cholesterol	2.1	mmol/L	< 4.1
Triglyceride	0.7	mmol/L	< 2.1
LDL/HDL Ratio (Risk Factor)	1.3		
Chol/HDL Ratio (Risk Factor)	2.5		

Comments:

The Heart Foundation of Australia recommend calculation of the absolute cardiovascular risk using the NVDPA's calculator at www.cvdcheck.org.au. LDL-c target depends on the absolute CVD risk.

Recommended targets for high risk patients are

Total cholesterol < 4.0 mmol/L

HDL Cholesterol > 1.0 mmol/L

LDL Cholesterol < 2.5 mmol/L (< 1.8 mmol/L for very high risk) Non-HDL Cholesterol < 3.3 mmol/L (< 2.5 mmol/L for very high risk) Fasting triglycerides < 2.0 mmol/L

Lipid ranges and targets are from the AACB Guideline for Harmonised Lipid Reporting (2018)

Target values need to be individualised based on clinical assessment of overall risk.

See the AusCVD Risk calculator at www.cvdcheck.org.au

PATIENT: MR JONATHAN MARSH

PANEL CODES: GLU-R,GH-W,SCR-W,DHE-W,IGF-W,FAI-W,FBE-R,LFH-W,OST-W,PRG-W,PRL-W,IS-R+++

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CLINICAL HISTORY:

IRON STUDIES SPECIMEN: Serum

Date	19/08/2024
Collection Time	08:30
Request	24-22935815

		Units	Reference Range
Iron	20.0	µmol/L	10.0 - 30.0
Transferrin	2.38	g/L	2.10 - 3.80
Transferrin Saturation	34	%	15 - 50
Ferritin	208	µg/L	30 - 500

Comments:

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LABORATORY 20102-2906 23 WALTERS DRIVE OSBORNE PARK WA 6017 PH: 08 9442 7444		
PATIENT: MR JONATHAN MARSH C/O IMEDICAL 1 UNION ST PYRMONT NSW 2009 PH: 0409346959 DOB: 27/07/1973 SEX: MALE UR#: REF:	REQUEST DETAILS: LAB REF: 24-22935815-GLU-0 REFERRED: 10/08/24 COLLECTED: 19/08/24 08:30 REPORTED: 19/08/24 14:59 TESTED: 19/08/24 BATCH: 0 0	IMEDICAL LIFE IMEDICAL LIFE 1 UNION ST PYRMONT NSW 2009

CLINICAL HISTORY:

GLUCOSE **SPECIMEN: Fluoride oxalate**

Date	19/08/2024
Collection Time	08:30
Request	24-22935815

		Units	Reference Range
Glucose Time	08:30		
Collection type	Fasting		
Glucose	4.2	mmol/L	3.0 - 5.4

Comments:
Glucose Reference Ranges
Random 3.0 - 6.9 mmol/L
Fasting 3.0 - 5.4 mmol/L
1 Hour post prandial 3.0 - 11.0 mmol/L
2 Hour post prandial 3.0 - 7.7 mmol/L
Specimen Legend:
FI-ox = Fluoride oxalate, serum = Serum, np = Non-Preserved

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PATIENT: MR JONATHAN MARSH C/O IMEDICAL 1 UNION ST PYRMONT NSW 2009 PH: 0409346959 DOB: 27/07/1973 SEX: MALE UR#: REF:	REQUEST DETAILS: LAB REF: 24-22935815-HAE-0 REFERRED: 10/08/24 COLLECTED: 19/08/24 08:30 REPORTED: 19/08/24 14:18 TESTED: 19/08/24 BATCH: 0 0	IMEDICAL LIFE IMEDICAL LIFE 1 UNION ST PYRMONT NSW 2009

CLINICAL HISTORY:

GENERAL HAEMATOLOGY

SPECIMEN: Whole blood

Date	19/08/2024	20/02/2024
Collection Time	08:30	NS
Request	24-22935815	24-86323787

			Units	Reference Range	H A E M A T O L O G Y
Haemoglobin	154	142	g/L	125 - 175	
RBC	4.96	4.58	x10 ¹² /L	4.50 - 6.50	
HCT	0.44	0.40		0.40 - 0.55	
MCV	89	88	fL	80 - 99	
MCH	31.0	31.0	pg	27.0 - 34.0	
MCHC	350	352	g/L	310 - 360	
RDW	13.2	11.9	%	11.0 - 15.0	
White Cell Count	6.7	5.8	x10 ⁹ /L	4.0 - 11.0	
Neutrophils	4.3	3.4	x10 ⁹ /L	2.0 - 8.0	
Lymphocytes	1.4	1.7	x10 ⁹ /L	1.0 - 4.0	
Monocytes	0.5	0.3	x10 ⁹ /L	< 1.1	
Eosinophils	0.4	0.2	x10 ⁹ /L	< 0.7	
Basophils	< 0.1	< 0.1	x10 ⁹ /L	< 0.3	
Platelets	256	262	x10 ⁹ /L	150 - 450	
MPV	9.0	9.2	fL	7.1 - 11.2	

Comments:
#22935815 : The red cell, white cell and platelet parameters are within normal limits.