# The Great Horologion

According to the Rites of

The Non-Chalcedonian

# Orthodox Patriarchate of Alexandria

Commonly Known As:

The Coptic Orthodox

**Holy Psalmody** 

Agpeya

And the

Raising of Incense

With The

**Psalter** 

And The

Book of Psalis and Doxolgies

**Ψαλμοδια εθογαβ** 

Owah Ti Agpeya

Owah Pi Talo Empiestoinofi

### **TODO**

- Replace Thee/Thou in Raising of Incense (And Euchologion). Add notes for Doxology of Prime.
- Add additional rubrics to RoI
- Replace hymns in Raising of Incence with properly formatted tables consistent with the rest
- Revise Psalter for style and with Coptic variants
- Add festive Doxlogies
- Add saint Doxologies
- Add saint Psalis
- Add missing Psali translations
- Revise Psali translations
- Add footnotes of Scripture references
- Add other seasonal responses (e.g. Praxis response)
- Add Reader's service
- Add weekly Gospel responses
- Add selective comparative Byzantine rite hymns?
- PRIEST -> Presbyter, CONGREGATION -> People
- Make sure pasted in sections didn't bring their formatting (page size, page number location, margins, etc.)
- Rework compline. probably split into two versions
- Replace transliterations with Coptic on title page and roi
- Add defnar or synaxarium? At least notes for where to insert
- heading 3 should start a new page. places where that's ugly should be demoted to heading 4.
- Consider the effect of the drift that existed at the time of a saint's departure. For example, a modern saint, is effectively on the Gregorian calendar. If the Coptic calendar is shifted to make correct, they should be shifted on the Coptic calendar, not the Gregorian. A 4<sup>th</sup> century saint was effectively on the Coptic, so if the Coptic is shifted, they should be shifted on the Gregorian, and remain the same on the Coptic. All times in between are somewhere in between, depending on the drift at the time. Add the correction as a 3<sup>rd</sup> possible date to use...
- Revise doxology of prime. Add Coptic.

# Introduction

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# **Front Matter**

Style of English

Later Additions and Navigating the Book

Order of Day and Services

The Nature of the Hours

Koiak

The Use of Books in the Church

# The Horologion: The Book of the Hours

# The Setting of the Sun: Vespers (the Eleventh Hour)

The people gather at the setting of the sun. The lamps are solemnly lit while "Psalm 116: Glory be to our God. Praise the Lord, all you nations" is chanted in its known tune. The Evening Praise is said as the final service of the preceding day, saying the Psali and Theotokia of that day. Afterwards, then sun having set and the new day begun, Vespers is said as the first service of the new day, either the laic Little Vespers, or the full presbyter lead community Vespers, which begins with the Little Vespers but proceeds after the Kyrie to the Raising of Incense). Today it is customary to say the Ninth hour before Vespers if it has not been said previously in the preceding day, in order to complete the rule of the previous day before beginning Vespers. It is also customary to group the Psalms of the 9th, 11th, and 12th hours together, and then say Vespers Praise, and finally raise incense in order to save time (though this practice confuses the order of services).

## **Vespers Praise**

### Psalm 116

After Psalm 116, the rest of Vespers Praise follows identically the order of Matins, Page 108, but with the Psali and Theotokia of the previous day.

### The Psalms of the Eleventh Hour (Little Vespers)

### **Introductory Prayers**

The worshiper prays the introductory prayers,

In the Name of the Father and the Son and the Holy Spirit, One God. Amen.

Lord have mercy, Lord have mercy, Lord bless. Amen.

Glory be to the Father and to the Son and to the Holy Spirit, both now, and always, and unto the ages of ages. Amen.

Make us worthy to say thankfully,

# The Lord's Prayer

Our Father Who art in heaven, hallowed be Your Name. Your Kingdom come. Your will be done, on earth as it is in heaven. Our bread of the morrow, give us today, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil; in Christ Jesus our Lord. For Your is the Kingdom, the power and the glory, forever and ever. Amen.

### The Prayer of Thanksgiving

Let us give thanks to the beneficent and merciful God, the Father of our Lord, God and Saviour, Jesus Christ. For He has covered us, helped us, guarded us, accepted us to Him, spared us, supported us, and has brought us to this hour.

Let us also ask Him, the Lord our God, the Pantocrator, to guard us in all peace this holy day and all the days of our life.

O Master, Lord, God the Pantocrator, the Father of our Lord, God and Saviour, Jesus Christ, we thank You for everything, concerning everything, and in everything. For You have covered us, helped us, guarded us, accepted us to You, spared us, supported us, and have brought us to this hour.

Therefore, we ask and entreat Your Goodness, O Lover of mankind, grant us to complete this holy day, and all the days of our life, in all peace with Your fear.

All envy, all temptation, all the work of Satan, the counsel of wicked men and the rising up of enemies, hidden and manifest, take them away from us, and from all Your people, and from this holy place that is Your.

But those things which are good and profitable do You provide for us, for it is You Who has given us the authority to tread on serpents and scorpions, and upon all the power of the enemy.

And lead us not into temptation, but deliver us from evil, by the grace, compassion and love of mankind, of Your Only Begotten Son, our Lord, God and Saviour, Jesus Christ. Through Whom the glory, the honour, the dominion, and the adoration are due unto You, with Him, and the Holy Spirit, the Life Giver, Who is of One Essence with You, now, and at all times, and unto the age of all ages. Amen.

### Psalm 50

| Then shall be s      | aid,     |   |      |         |   |             |  |
|----------------------|----------|---|------|---------|---|-------------|--|
| /T <sup>-1</sup> 1 1 | C .1 1.1 | 1 | т сс | <br>17' | 1 | C 1 T '11 1 |  |

The hymn of the blessed Evening: I offer to Christ, my King and my God: I will hope in Him that He may forgive me my sins.

### The Psalms

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## The Gospel from St. Luke 4:38 41

But when He had risen out of the synagogue, He entered into Simon's house. And Simon's mother in law had a great fever; and they entreated Him for her. And He stood over her, and rebuked the fever; and it left her: and immediately she rose and ministered unto them.

Now when the sun set, every one that had any sick (ones) with many kinds of sickness, brought them unto Him; and He laid His hands on every one of them, and healed them. And demons also were coming out of many, crying out, and saying, You art (Christ) the Son of God. And He rebuking them did not let them speak: for they knew that He was Christ. *Glory be to God forever*.

An earlier rite offers this alternate Gospel according to Saint Mark 1:29-34

And immediately when they came out of the synagogue, they came to the house of Simon and Andrew, James and John being with them. And the mother-in-law of Simon lay with a fever; and immediately they told Him concerning her. And He came, He raised her, having taken hold of her hand; and the fever left her, and she was ministering to them. But when it was evening, when the sun set, they brought to Him every one who was suffering, and those with whom were demons. And all the city gathered at teh door. And He healed a multitude who were suffering from sicknesses of many kinds, and He cast out a multitude of demons, and He did not let the demons speak, for, indeed, they were knowing Him, that He is the Christ. *Glory be to God forever*.

### Then shall these Troparia be said,

If the righteous is hardly saved, where shall I the sinner appear? The burden of the day and its heat I could not bear because of my human frailty. But, O You merciful God, count me among those of the eleventh hour, for behold, I was conceived in iniquities and in sin did my mother desire me. Therefore, I (dare) not lift up my eyes unto heaven, rather, I trust in the richness of Your mercy and Your love to mankind, proclaiming and saying, "O God, forgive me, a sinner, and have mercy upon me!"

Doxa Patri ke Eio ke Agio Pnevmati. (Glory be to the Father and to the Son and to the Holy Spirit.)

Hasten, O my Saviour, to accept me in the Fatherly bosom, for I have destroyed my life in pleasures and lusts, and the day is over and spent. Therefore, I now trust on the abundance of Your infinite compassion. So, do not be far away from a lowly heart, begging for Your mercy,

for I cry to You, O Lord, with fear, "Father, I have sinned against heaven and before You, and I am not worthy to be called Your son, so make me like one of Your hired servants."

Ke nin ke a ee ke ees toos e onas ton e onon. Amen. (Both now, and always, and unto the ages of ages. Amen.)

I have sinned with attention and eagerness and I have subjected (myself) to every sin with yearning and diligence and I have become worthy of every torture and judgement. Prepare for me the causes of repentance, O Lady, the Virgin, for your intercessions I ask and entreat: And to you, only, I cry to help me lest I be ashamed. And when my soul flies forth from me, be with me, and the counsel of the enemies, defeat, and the mouths of Hades shut, lest they swallow me, O spotless bride of the True Bridegroom.

An earlier rite has these alternate longer Troparia,

I have sinned against You, Lord, as the son of dissoluteness, but receive me, Father, I being repentant. God, have mercy upon me. I have lifted up my eyes to You, Lord, Who dwells in the heavens. Lo, as the eyes of servants look to the hands of their masters, and as the eyes of a handmaiden, to the hand o f her mistress, so our eyes look to You, Lord our God, until You have compassion towards us. I will cry aloud to You, my Lord, my Saviour, with the voice of the publican: God forgive me, as him, and have mercy upon me. Have mercy upon us, Lord, have mercy upon us, for we have been filled with a multitude of contempt, and our soul is exceedingly filled with contempt. Show contempt to those who have abundance, and show contempt to the proud.

Doxa Patri ke Eio ke Agio Pnevmati. (Glory be to the Father and to the Son and to the Holy Spirit.)

The athletes who yearned not of the happiness of the earth, on account of this were made worthy of the happiness of the heavens, and became companions of the angels. Through their intercessions, Lord, save us and have mercy upon us.

Ke nin ke a ee ke ees toos e onas ton e onon. Amen. (Both now, and always, and unto the ages of ages. Amen.)

Save Your flock, O God-bearer, from straits, for we all flee to you, after God, as to a strong wall. Be to us a protectress. Now, my Master, You will dismiss Your servant in peace according to Your word; for mine eyes have seen Your salvation which You have prepared before all the people: a light for the revelation of the nations, and a glory of Your people Israel.

Say "Graciously Accord...", the Trisagion, "Our Father...", then,

Hail, thou who have found grace, Holy Mary the God-bearer: blessed art thou among the women and blessed is the fruit of thy womb, for thou has born for us the Saviour of our souls.

Doxa Patri ke Eio ke Agio Pnevmati. (Glory be to the Father and to the Son and to the Holy Spirit.)

Baptizer of Christ, holy John, remember our congregations, in order that we may be delivered from our iniquities, for you have been given boldness to intercede for us.

Ke nin ke a ee ke ees toos e onas ton e onon. Amen. (Both now, and always, and unto the ages of ages. Amen.)

Our holy fathers, the great Abba Antony and the just Abba Paul, and Abba Macarius and Abba Macarius, and our father Abba John and our father Abba Pishoi, and our father Abba Pachomius, and our father Abba Theodore, intercede for us, in order that we may be delivered from afflictions and straits, for we have taken you to us as intercessor before Christ. O Godbearer, we have fled beneath the protection of your tender-mercies, disregard not our petitions in straits, but deliver us from perdition, O you who are alone blessed.

Then shall be said: Lord hear us, have mercy on us and forgive us our sins, Lord have mercy (Kirié Eleison) 50 (or 41<sup>1</sup>), and the following prayer:

## Holy, Holy, Holy

Holy, Holy, Holy Lord of Hosts, heaven and earth are full of Your glory and Your honour. Have mercy on us, O God, the Father, the Pantocrator. All Holy Trinity, have mercy on us. O Lord, God of the powers be with us, for we have no helper in our afflictions and our troubles, save You. Loose, remit and forgive us, O God, our iniquities, which we have committed willingly, and which we have committed unwillingly; which we have committed knowingly, and which we have committed unknowingly. The hidden and the manifest, O Lord, remit unto us, for the sake of Your Holy Name which is called upon us.

According to Your mercy, O Lord, and not according to our sins.

Our Father Who art in Heaven...

Then shall this absolution be said,

We thank You, our Master, the compassionate, that You have granted us to pass this day in peace, brought us to the evening in thanksgiving, and made us worthy to behold the light until sunset. Accept, O God, our doxology which has now been made, and deliver us from the wiles of the adversary, and abolish all his snares which are laid against us. Grant us in this coming night peace without suffering, nor trouble, nor weariness, nor phantasies, that we may pass it also in peace and chastity; that we may stand up for hymns and prayers, at all times and

<sup>&</sup>lt;sup>1</sup> Originally "Lord have mercy" was recited 50 times. Under the influence of Roman Catholic missionaries, this came to be 41 times for the 39 lashes, crown of thorns, and sword pierced side.

in all places, glorifying Your Holy Name in all things, together with the Father Who is incomprehensible nor having any beginning, and the Holy Spirit, the Life Giver, Who is Co Essential with You, now and unto the ages of ages. Amen.

And earlier rite has this additional absolution,

My Lord Jesus Christ, my God, give to me in my sleep repose of the body, and guard us from the darkness which is in the gloom of sin. Let the assaults of the passions be repulsed; quench the fire of the body, bring to nought the uprising of the flesh. Let the passions and fleshly memories sleep; give to me a whatchful mind, and a purified memory and a stainless sleeping-mat, and a manner of life full of virtue, and a couch of rest. Touse us up for the hymns of the night and the morning, that we may praise Your Holy Name, full of glory and all beauty, with Your Good Father and the Holy Spirit, the Life-Giver, who is of one essence with You, now and at all times, and to the age of all ages. Amen. Kyrie eleison fifty times.

We give thanks to You, our Master, the Compassionate, that You have granted to us to pass this day in peace, and have brought us to eventide in thanksgiving, and has made us fit to see the light of evening. Receive, God, our doxology, which hath now been made, and deliver us from the guiles of the Adversary, and bring to nought all his snares which are laid against us. And graciously accord to us Your peace in this coming night also, a peace without pain or weariness or phantasies, that we may pass it also in peace and chastity, that we may stand for the hymns and prayers at all times in in all places, glorifying Your Holy Name in all things with the incomprehensible and beginningless Father with the Holy Spirit, the Life-Giver, who is of one essence with You, now and at all times and to the age of all ages. Amen.

# The Prayer of the Hours

Have mercy on us, O God, Who is worshipped and glorified at all times and at every hour, in heaven and on earth. Christ our God, the Good, long suffering, plenteous in mercy and compassion, Who loves the righteous and has mercy upon sinners, (among whom I am chief; Who desires not the death of a sinner, but rather that he return and live.) Who calls everyone to salvation, through the promises of the good things to come; do You, O Lord, receive our supplications at this very hour, and straiten our life to do Your commandments.

Sanctify our souls, purify our bodies, rectify our thoughts, cleanse our consciences, and deliver us from all evil affliction and grief. Surround us with Your holy Angels, that we being guarded and guided by their encampment; may attain to the unity of the faith, and the knowledge of Your unapproachable glory. For blessed art You unto the ages of ages. Amen

# The Raising of Evening (or Morning) Incense

### PRIEST:

Have mercy on us, O God, the Father, the Pantocrator. All Holy Trinity, have mercy on us. Lord, God of the powers, be with us, for there is not a helper in our afflictions and our needs, save You.

### **CONGREGATION:**

Our Father Who art in heaven, hallowed be Thy Name. Thy Kingdom come. Thy will be done, on earth as it is in heaven. Our bread of the morrow, give us today, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from the Evil One; in Christ Jesus our Lord. For Thine is the Kingdom, the power and the glory, forever and ever. Amen

### **PRIEST:**

We worship You, O Christ, with Your Good Father and the Holy Spirit, for You have {come / been born / been baptized / been crucified / risen} and saved us.

| Pray.                               | Eshlil.                |
|-------------------------------------|------------------------|
| <b>DEACON:</b> Stand up for prayer. | Epi prosevki stathité. |
| PRIEST: Peace be with all.          | Irini pasi.            |
| CONGREGATION: And with your spirit. | Ke to pnevmati soo.    |

### THE PRAYER OF THANKSGIVING

### **PRIEST:**

Let us give thanks to the beneficent and merciful God, the Father of our Lord, God and Saviour, Jesus Christ. For He has covered us, helped us, guarded us, accepted us to Himself, spared us, supported us, and has brought us to this hour.

Let us also ask Him, the Lord our God, the Pantocrator, to guard us in all peace this holy day and all the days of our life.

| DEACON: Pray.                  | Prosevexasté.  |
|--------------------------------|----------------|
| CONGREGATION: Lord have mercy. | Kyrié eleison. |

### PRIEST:

O Master, Lord, God the Pantocrator, the Father of our Lord, God and Saviour, Jesus Christ, we thank You for everything, concerning everything, and in everything. For You have covered us, helped us, guarded us, accepted us to Yourself, spared us, supported us, and have brought us to this hour.

#### **DEACON:**

Pray that God have mercy and compassion on us, hear us, help us and accept the supplications and prayers of His saints, for that which is good, on our behalf, at all times, and forgive us our sins.

### **CONGREGATION:**

Lord have mercy.

### PRIEST:

Therefore, we ask and entreat Your Goodness, O Lover of mankind, grant us to complete this holy day, and all the days of our life, in all peace with Your fear.

All envy, all temptation, all the work of Satan, the counsel of wicked men and the rising up of enemies, hidden and manifest, take them away from us, and from all Your people, {and from this church (Morning Incense only),} and from this holy place that is Yours.

But those things which are good and profitable do provide for us, for it is You Who have given us the authority to tread on serpents and scorpions, and upon all the power of the enemy.

And lead us not into temptation, but deliver us from evil, by the grace, compassion and love of mankind, of Your Only Begotten Son, our Lord, God and Saviour, Jesus Christ. Through Whom the glory, the honour, the dominion, and the adoration are due to You, with Him, and the Holy Spirit, the Giver of Life, Who is of One Essence with You, now, and at all times, and unto the age of all ages. Amen.

The priest offers incense while the congregation sings...

### THE VERSES OF THE CYMBALS

On Sunday, Monday and Tuesday, start by:

Oh come, let us worship the Holy Trinity—the Father, the Son and the Holy Spirit—

We, the Christian people—for this is our True God.

We have hope in Saint Mary, that God will have mercy upon us, through her intercessions. Amoini maren oo osht: en ti Trias Eth owab: été ef Yot nem ep Shiri: nem pi Pnevma Eth owab:

Anon kha ni la os: en Ekhristianos: fai ghar pe pen Nooti: en Alithinos.

Oo-on oo-helpis en tan khen thi Eth-owab Maria: éré ef Nooti nai nan: hiten nes presvia.

On all other days, start by:

We worship the Father, the Son and the Holy Spirit, the Holy and Co Essential Trinity.

Hail to the Church, the house of the angels. Hail to the Virgin, who gave birth to our Saviour.

Ten oo-osht em ef Yot nem ep Shiri: nem pi Pnevma Eth-owab: ti Trias Eth-owab en Omoosios.

Shéré ti Ekklisia: ep ee enté ni angelos: Shéré ti Parthenos: etas mes pen Sotir. Then continue by:

Hail to you, O Mary, the fair dove, who brought forth unto us God the Logos.

Hail to you, O Mary—a holy hail. Hail to you, O Mary, the Mother of the Holy.

Hail to Michael, the great archangel. Hail to Gabriel the Angel-Evangel.

Hail to the Cherubim. Hail to the Seraphim. Hail to all the heavenly orders.

Hail to John, the great fore-runner. Hail to the priest, the cousin of Emmanuel.

Hail to my lords and fathers, the Apostles. Hail to the Disciples of our Lord Jesus Christ.

Hail to you, O martyr. Hail to the Evangelist. Hail to the Apostle, Mark, the Beholder of God.

Hail to Stephen, the First Martyr. Hail to the blessed archdeacon.

Hail to you, O martyr. Hail to the noble athlete. Hail to the struggle-bearer, my lord the prince, George.

Hail to you, O martyr. Hail to the noble athlete, Hail to the struggle-bearer,

The wise virgin maiden, the elect true lady, the bride of Christ, Saint \_\_\_\_.

Hail to our father Antony, the Lamp of Monasticism. Hail to our father Abba Paul, the beloved of Christ. Shéré ne Maria: ti etchrompi ethnesos: thi-et as misi nan: em Ef Nooti pi Logos.

Shéré ne Maria: khen oo-shéré ef-owab: Shéré ne Maria: eth Mav em fi Eth-owab.

Shéré Mikha-il: pi nishti en arshi-angelos: Shéré Gabri-il: pi Fai-shennoofi.

Shéré ni Sherobim: Shéré ni Serafim: Shéré ni tagma tiroo: en ep ooranion.

Shéré Yo-annis: pi nishti en eprodromos: Shéré pi owib: ep sengennis en Emmanoo-eel.

Shéré na chois en yoti: en Apostolos: Shéré ni Mathitis enté pen Chois: Isos Pi Khristos.

Shéré nak O pi martiros: Shéré pi Ev-angelistis: Shéré pi Apostolos: Markos pi Thé-orimos.

Shéré Stefanos: pi Shorp em Martiros: Shéré pi arshi-diakon: owoh etesmaro-oot.

Shéré nak O pi martiros: Shéré pi choig en genné-os: Shéré pi athloforos: pa chois ep ooro Gé-orgios.

Shéré nak O pi martiros: shéré pi choig en genné-os: shéré pi athloforos: \_\_\_\_.

Ti aloo en savi em parthenos: ti sotp en kyria emmi: ti shelet enté Pi Khristos: ti Agia \_\_\_\_.

Shéré pen yot Antonios: pi Khips enté ti Met- Monakhos: Shéré pen yot Abba Pavlé: pi menrit enté Pi Khristos. Hail to my lords and fathers who love their children, Abba Pishoy and Abba Paul, the beloved of Christ.

Blessed are you, in truth, our saintly and righteous father, Abba \_\_\_\_, the beloved of Christ.

Hail to our holy father the patriarch. Hail to Athanasius the Apostolic, the beloved of Christ.

Through the intercessions of the holy Mother of God, Mary, O Lord, grant us the forgiveness of our sins.

That we may praise Thee, with Thy Good Father and the Holy Spirit, for Thou hast {come / been born / been baptized / been crucified / risen} and saved us. (Have mercy on us.)

Shéré na chois en yoti: en mai no shiri: Abba Pishoi nem Abba Pavlé: ni menrati enté Pi Khristos.

O-oonia tek khen oo-methmi: pen yot eth-owab en diké-os: Abba \_\_\_\_: pi menrit enté Pi Khristos.

Shéré pen yot eth-owab: em patriarshis: Shéré Athanasios pi Apostolikos: pi menrit enté Pi Khristos.

Hiten ni presvia: enté ti Thé-otokos eth-owab Maria: Ep Chois ari ehmot nan: em pi ko-evol enté nen novi.

Ethren hos Erok: nem Pek Yot en Aghathos: nem pi Pnevma Eth-owab: je {Ak ee / Av mask / Ak chi-oms / Av ashk / Ak tonk} ak soti emmon. (Nai nan.)

| DD   | <b>IES</b> | _  |
|------|------------|----|
| PК   | IH         |    |
| T T/ | LLU        | 1. |

Pray.

Eshlil.

#### **DEACON:**

Stand up for prayer.

Epi prosevki stathité.

### PRIEST:

Peace be with all.

Irini pasi.

### **CONGREGATION:**

And with your spirit.

Ke to pnevmati soo.

In the Offering of Evening Incense and Saturday Morning Incense only:

### THE PRAYER FOR THE DEPARTED

### PRIEST:

Again, let us ask God the Pantocrator, the Father of our Lord, God and Saviour, Jesus Christ.

We ask and entreat Your Goodness, O Lover of mankind, remember, O Lord, the souls of Your servants who have fallen asleep, our fathers and our brethren.

### **DEACON:**

Pray for our fathers and brethren who have fallen asleep and reposed in the Faith of Christ since the beginning: our holy fathers the archbishops and our fathers the bishops; our fathers the hegumens and our fathers the presbyters, and our brethren the deacons; our fathers the monks; and our fathers the laymen; and for the full repose of the Christians, that Christ our God may repose all their souls in the Paradise of Joy; and we too, accord mercy unto us, and forgive us our sins.

### **CONGREGATION:**

Lord have mercy.

### **PRIEST:**

Graciously, O Lord, repose all their souls in the bosom of our holy fathers Abraham, Isaac and Jacob.

Sustain them in a green pasture, by the water of rest, in the Paradise of Joy; the place out of which grief, sorrow and groaning have fled away, in the light of Your saints.

Raise up their bodies also, on the day which You have appointed, according to Your true promises, [which are] without lie. Grant them the good things of Your promises; that which an eye has not seen nor ear heard, neither have come upon the heart of man; the things which You, O God, have prepared for those who love Your Holy Name.

For there is no death for Your servants, but a departure; and if any negligence or heedlessness has overtaken them as men, since they were clothed in flesh and dwelt in this world, do, O God, as a Good One, and a Lover of mankind, graciously forgive them. For none is pure from blemish even though his life on earth is a single day.

As for those, O Lord, whose souls You have taken, repose them, and may they be worthy of the Kingdom of the heavens.

As for us all, grant us our Christian perfection that would be pleasing to You, and give them, and us, a share and an inheritance with all Your saints.

### **CONGREGATION:**

Lord have mercy.

#### PRIEST:

By the grace, compassion and love of mankind, of Your Only Begotten Son, our Lord, God and Saviour, Jesus Christ. Through Whom the glory, the honour, the dominion, and the adoration are due to You, with Him, and the Holy Spirit, the Giver of Life, Who is of One Essence with You, now, and at all times, and unto the age of all ages. Amen.

### THE PRAYER FOR THE SICK

During the Raising of Morning Incense on days other than Saturday,

### PRIEST:

Again, let us ask God the Pantocrator, the Father of our Lord, God and Saviour, Jesus Christ. We ask and entreat Your Goodness, O Lover of mankind, remember, O Lord, the sick of Your people.

#### **DEACON:**

Pray for our fathers and our brethren who are sick with any sickness, whether in this place or in any place, that Christ our God may grant us, with them, health and healing, and forgive us our sins.

### **CONGREGATION:**

Lord have mercy.

### PRIEST:

You have visited them with mercies and compassion, heal them. Take away from them and from us all sickness and all maladies; the spirit of sicknesses chase away.

Those who have long lain in sickness raise up and comfort. All them that are afflicted by unclean spirits, set them all free.

Those who are in prisons or dungeons, and those who are in exile or captivity, or those who are held in bitter bondage, O Lord, set them all free and have mercy upon them.

For You art He Who looses the bound and uplifts the fallen; the hope of those who are hopeless and the help of those who have no helper; the comfort of the faint hearted; the harbour of those in the storm.

All souls that are distressed or bound, give them mercy, O Lord; give them rest, give them coolness, give them grace, give them help, give them salvation, give them the forgiveness of their sins and their iniquities.

As for us also, O Lord, the maladies of our souls heal, and those of our bodies too, do cure. O You, the True Physician of our souls and our bodies, the Bishop of all flesh, visit us with Your salvation.

#### **CONGREGATION:**

Lord have mercy.

#### PRIEST:

By the grace, compassion and love of mankind, of Your Only Begotten Son, our Lord, God and Saviour, Jesus Christ. Through Whom the glory, the honour, the dominion, and the adoration are due to You, with Him, and the Holy Spirit, the Giver of Life, Who is of One Essence with Thee, now, and at all times, and unto the age of all ages. Amen.

### THE PRAYER FOR THE OBLATIONS

On Sundays and Feast Days during the Raising of Morning Incense only, the following is said,

### PRIEST:

We ask and entreat Thy Goodness, O Lover of mankind, remember, O Lord, the sacrifices, the oblations and the thanksgivings of those who have offered unto the honour and glory of Your Holy Name.

#### **DEACON:**

Pray for those who have care for the sacrifices, oblations, first fruits, oil, incense, coverings, reading books and altar vessels, that Christ our God reward them in the heavenly Jerusalem, and forgive us our sins.

### **CONGREGATION:**

Lord have mercy.

#### **PRIEST:**

Receive them upon Your holy, rational, altar of heaven, for a savour of incense before Your Greatness in the heavens, through the service of Your holy angels and archangels.

As You have received the offerings of the righteous Abel, the sacrifice of our father Abraham and the two mites of the widow, so also receive the thank offerings of Your servants; those in abundance or those in scarcity, hidden or manifest.

Those who desire to offer to You but have none, and those who have offered these gifts to You this very day, give them the incorruptible instead of the corruptible, the heavenly instead of the earthly and the eternal instead of the temporal.

Their houses and their stores, fill them with every good thing. Surround them, O Lord, by the power of Your holy angels and archangels.

As they have remembered Your Holy Name on earth, remember them also, O Lord, in Your Kingdom, and in this age too, leave them not behind.

### **CONGREGATION:**

Lord have mercy.

#### **PRIEST:**

By the grace, compassion and love of mankind, of Your Only Begotten Son, our Lord, God and Saviour, Jesus Christ. Through Whom the glory, the honour, the dominion, and the adoration are due to You, with Him, and the Holy Spirit, the Giver of Life, Who is of One Essence with You, now, and at all times, and unto the age of all ages. Amen.

### THE PRAYER FOR THE TRAVELLERS

During the Raising of Morning Incense, if the Prayer for the Departed and the Prayer of the Oblations are not said, the following is said,

### PRIEST:

We ask and entreat Your Goodness, O Lover of mankind, remember, O Lord, our fathers and our brethren who are travelling.

### **DEACON:**

Pray for our fathers and our brethren who are travelling, or those who intend to travel anywhere. Straighten all their ways, whether by sea, rivers, lakes, roads, or those who are travelling by any other means, that Christ our God may bring them back to their own homes in peace, and forgive us our sins.

#### **CONGREGATION:**

Lord have mercy.

### **PRIEST:**

Or those who intend to travel anywhere. Straighten all their ways, whether by sea, rivers, lakes, roads, or those who are travelling by any other means, everyone anywhere. Lead them into a haven of calm, a haven of safety.

Graciously accompany them in their embarkation and be their companion in their travel. Bring them back to their own, rejoicing with joy and safe in security.

Be a partner in work with Your servants in every good deed. As for us, O Lord, our so-journ in this life keep without harm, without storm and undisturbed unto the end.

### **CONGREGATION:**

Lord have mercy.

### PRIEST:

By the grace, compassion and love of mankind, of Your Only Begotten Son, our Lord, God and Saviour, Jesus Christ. Through Whom the glory, the honour, the dominion, and the adoration are due to You, with Him, and the Holy Spirit, the Giver of Life, Who is of One Essence with You, now, and at all times, and unto the age of all ages. Amen.

### **GRACIOUSLY ACCORD**

In the Evening, the priest offers incense while the congregation recites:

Graciously accord, O Lord, to keep us this night without sin. Blessed are You, O Lord, God of our fathers, and praised and glorified be Your Name forever. Amen.

Let Your mercy be upon us, O Lord, even as we have set our hope in You. For the eyes of everyone wait upon You, for You give them their food in due season.

Hearken to us, O God, our Redeemer, the hope of all the regions of the earth.

Blessed are You, O Lord; teach me Thy statutes. Blessed are You, O Lord; make me to understand Your commandments. Blessed are You, O Lord; enlighten me with Your precepts.

Your mercy, O Lord, endures forever. O despise not the works of Your hands.

Lord, You have been our refuge in all generations. I said, "Be merciful to me, heal my soul; for I have sinned against You."

Lord, I have fled to You. Teach me to do Your will, for with You is the Fountain of Life. In Your Light shall we see Light. O continue Your loving-kindness to those who know You, and Your righteousness to the upright in heart.

To You belongs worship, to You belongs praise, to You belongs glory, O Father, Son and Holy Spirit, now, and forever and ever. Amen.

It is a good thing to give thanks unto the Lord, and to sing praises unto Your Name, O Most High; to show forth Your loving-kindness in the morning, and Your faithfulness every night.

### THE GLORIA

In the morning, the priest offers incense while the congregation recites the following prayers:

Let us praise with the angels, saying, "Glory to God in the highest, peace on earth and goodwill toward men." We praise You, we bless You, we serve You, we worship You, we confess to You, we glorify You, we give thanks to You for Your great Glory, O Lord, Heavenly King, God the Father, the Pantocrator; O Lord, the Only Begotten Son, Jesus Christ; and the Holy Spirit.

O Lord God, Lamb of God, Son of the Father, Who takes away the sin of the world, receive our prayer. You Who sits at the right hand of the Father, have mercy on us. For You only are Holy; You only are the Lord, O Jesus Christ, and the Holy Spirit, to the Glory of God

the Father. Every day will I bless You, and I will praise Your Name forever; yea, forever and ever. Amen.

From the night season my soul awakes early to You, O my God, for Your precepts are a light upon the earth. I continually pursue Your ways for You have become a help to me. My voice shalt You hear in the morning. Early will I stand before You, and You shalt see me.

### THE TRISAGION

Holy God, Holy Mighty, Holy Immortal, Who was born of the Virgin, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, Who was crucified for us, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, Who rose from the dead and ascended into the heavens, have mercy on us.

Glory be to the Father, and to the Son, and to the Holy Spirit, both now, and always, and unto the ages of ages. Amen.

- O Holy Trinity, have mercy on us. All Holy Trinity, have mercy on us. O Holy Trinity, have mercy on us.
  - O Lord, remit our sins. O Lord, pardon our iniquities. O Lord, forgive us our trespasses.
- O Lord, visit the sick of Your people, heal them for the sake of Your Holy Name. Our fathers and our brethren who have fallen asleep, O Lord, repose their souls.
- O You Who are sinless, Lord have mercy on us. O You Who are sinless, Lord help us and receive our supplications. For Yours is the glory, the dominion, and the triple holiness. Lord have mercy. Lord have mercy. Lord bless. Amen.

Our Father...

### HAIL TO YOU

Hail to you! We ask you,
O saint, fully of glory,
The ever virgin Mother of God,
The Mother of Christ,

Χερε νε τεντεο ερο: ὑ θηξος εθμες νώος: ετοι ὑπαρθενος νατος νίβεν: τμαςνος τομας ὑΠχς.

**♣** Offer our prayers

To your beloved Son,

That He may forgive us ours sins.

Hail to the holy Virgin,
Who has brought forth
To us the True Light,
Christ our God.

Диюй итенпросетки:
 епщи га пещирі шенріт:
 итерка неннові нап'євой.

Хере өнтасысі нан: йпіотшіні нтафині: ПХС Пеннот†: †парөенос Ебт. Ask the Lord on our behalf,

That He may have mercy on our souls

And forgive our sins.

O Virgin Mary, The holy Theotokos, The faithful advocate for all mankind,

Intercede on our behalf
Before Christ,
Whom you bore,
That He may forgive us our sins.

### Then the congregation sings:

Hail to you, O Virgin
The very and true Queen.
Hail to the pride of our race,
Who has born to us Emmanuel.

We ask you, remember us,
 O our faithful advocate,
 Before our Lord Jesus Christ,
 That He may forgive us our sins.

∄пароєонс Царіа: ∄оєотокос єбт: ∄простатис етенгот: йте †метрωм.

• Δριπρεςβετιν εξρηι εχων: καθρεν Πχ̄ς φηεταρεχφος: δοπως ντεςερξωστ ναν: μπιχω εβολ ντε νεννοβι.

Χερε ης ω †παρθεήος: †οτρο μμη ηλληθίηη: χερε πωοτωοτ ήτε πεητέήος: λρέχφο ηλη η Εμμανοτήλ.

Τεντεο άριπενωενι:
 ἀ τπροτατής έτενεστ:
 ναερέν Πενός Ιπζ Πζζς:
 ὰτείχα νέννοβι ναν έβολ.

### THE DOXOLOGIES

The appropriate seasonal doxology is sung first, followed by:

# The Evening Doxology of the Virgin

The adornment of Mary,
In the highest heaven,
At the right hand of her Beloved,
Asking Him on our behalf.

♣ As David has said, In the book of the Psalms, "The Queen did stand At Your right hand, O King."

Solomon has called her, In the Song of Songs, "My sister and my spouse, My true city Jerusalem."

♣ For he has given a type of her
 In diverse high names,
 Saying, "come out of your garcen,
 O choicest aroma."

Hail to you, O Virgin,
The very and true Queen.
Hail to the pride of our race,
Who bore to us Emmanuel.

We ask you, remember us,
 O our faithful advocate,
 Before our Lord Jesus Christ,
 That He may forgive us our sins.

Ере псолсел Шаріан: Бен ніфноті етсапуші: саотінан шпесненріт: естивь шноц'єбрні ехшон.

Cολομοων νοτ† ερος: δεν πιχω ήτε νιχω: χε τλοωνι οτος τλώφερι: τλπολις μπι Ιεροτολήμα.

Детиніні тар єрос:
 жен ганинш пран єтбосі:
 же амн євохжен пекнпос:
 ф онетсштп паршиата.

Χερε ηε ω †παρθενίος: ‡οτρω μωτι κλληθίνη: ξερε πωοτωοτ ήτε πεντένος: αρέχφο ναν ήθωμανοτηλ.

Денфзо аріпеншеті:
 ф фіростатис етензот:
 назрие Пеноб Інб Пуб:
 нтеруа неннові нан евой.

# The Morning Doxology of the Virgin

Blessed are you, O Mary,
The prudent and the chaste,
The second Tabernacle,
The spiritual treasure.

♣ The pure turtle dove,
 Who declared in our land,
 And brought to us
 The Fruit of the Spirit—

The Spirit of Comfort, Which came upon your Son, In the waters of the Jordan, As in the type of Noah.

 ♣ For Noah's dove has proclaimed Good New to us—
 The peace of God
 Towards mankind.

Likewise you—our hope,
The rational turtle dove—
Have brought Mercy to us,
Carrying Him in your womb.

That is, Jesus our Lord, The Only-Begotten of the Father, Was born of you to us, And set free our race. Wornia† noo Uapia: #cabh oroz nceune: #uazcnor† nckhuh: пiazo шппатікон.

Πιππα ώπαρακλητον: φηέταψι έχεν Πεώμρι: ενχεν νιμωσό μτε Πιιοράανης: κατα πτόπος μΝώς.

# Дбромпі тар'єтє ймат:
 йнос асгіщеннотці нан:
 й†гірнин йтє Ф†:
 өн'єтасщені ща піршмі.

Νοο εωι ὼ τενεελπις: † τρομπωλλ ήνοήτε: ὰρὲινι μπίναι ναν: ὰρεσαι Βάρος Βεν τενεχί.

• Сте фаі пе Інб: пімісі євой бен Фішт: ачиасц нан євой йонт: ацер пентенос премее. Let us all declare
With all our hearts,
Then with our tongues as well,
Proclaiming and saying,

\* "O our Lord Jesus Christ, Make Your sanctuary in us, A temple of Your Holy Spirit, Every glorifying You."

Hail to you, O Virgin,
The very and true queen.
Hail to the price of our race,
Who bore to us Emmanual.

We ask you, remember us,
 O our faithful advocate,
 Before our Lord Jesus Christ,
 That He may forgive us our sins.

Φαι ταρ μαρεπταοτος: εβολ δεπ πεπεμτ ήψορπ: μεπεςως οπ δεπ πεκελας: επωψ εβολ επχω μμος.

\* Χε Πενός Ιπό Πχό:

μαθαμίο: νακ νάρμι νάμτεν:

νοτερφει ντε Πεκπνα έθη:

ετ 1 Δοχολοσία νακ.

Хере не ѝ †пароенос: †отрю йшні нахноінн: хере пщотщот нте пентенос: арехфо нан нСиманотнх.

Тентго аріпеншеті:
ф тпростатис етенгот:
нагрен Пенос Інс Пус:
нтецуа неннові нан евох.

The Doxologies of the saints of the day and Church are added, followed by the conclusion:

### THE ENDING OF THE DOXOLOGIES:

Be our advocate,
From on high where you dwell,
O Lady of us all, the Theotokos,
The ever-virgin Mary.

Ask of Him Whom you have borne,
 Our Good Saviour,
 To take away our afflictions
 And accord to us His peace.

∭шпі йөо єрєсомс єхши: вен німа єтбосі єтарехн йвнтот: ѝ тенос йннβ тнрен † веотокос: етоі йпарвенос йснот нівен.

• Սα†εο μφηέταρεμαςς:
Πενιστηρ κάταθος:
κατερώλι καιδισι εβολεαρον:
κατερεμαι και κατερειρηνη.

Hail to you, O Virgin,
The very and true queen.
Hail to the price of our race,
Who bore to us Emmanual.

We ask you, remember us,
 O our faithful advocate,
 Before our Lord Jesus Christ,
 That He may forgive us our sins.

Χερε ης ω †παρθεήος: †οτρω μωμι ηλληθίημ: χερε πωοτωοτ ήτε πεητεήος: λρέχφο ηαν ηθωμανοτηλ.

Τεντεο άριπενμετι:
 ὑ Τπροστατής ετένεστ:
 ναερέν Πενός Ιπζ Πζζς:
 ντευχά νεννοβι ναν εβολ.

The congregation now recites:

### THE INTRODUCTION TO THE CREED

We exalt you, the Mother of the True Light. We glorify you, O saint and Mother of God, for you brought forth unto us the Saviour of the whole world—He came and saved our souls.

Glory to You, our Master, our King, Christ—the pride of the Apostles, the crown of the martyrs, the joy of the righteous, the firmness of the churches, the forgiveness of sins.

We proclaim the Holy Trinity in One Godhead. We worship Him. We glorify Him. Lord have mercy. Lord have mercy. Lord bless. Amen.

### THE ORTHODOX CREED

We believe in One God: God the Father, the Pantocrator, Who created heaven and earth, and all things seen and unseen.

We believe in One Lord: Jesus Christ, the Only Begotten Son of God, begotten of the Father before all ages. Light of Light; True God of True God; begotten, not created; of One Essence with the Father; by Whom all things were made; Who, for us men and for our salvation, came down from heaven, and was incarnate of the Holy Spirit, and of the Virgin Mary, and became man.

And He was crucified for us under Pontius Pilate; suffered and was buried; and the third day He rose from the dead, according to the Scriptures. Ascended into the heavens, He sits at the right hand of His Father; and He is coming again in His glory, to judge the living and the dead; Whose Kingdom shall have no end.

Yes, we believe in the Holy Spirit: the Lord, the Giver of Life, Who proceeds from the Father; Who, with the Father and the Son, is worshipped and glorified; Who spoke by the prophets.

And in One, Holy, Catholic and Apostolic Church, we confess One Baptism, for the remission of sins.

The last article of the Creed is sung in its characteristic tune:

We look for the resurrection of the Ten gosht evol kha et hi en ti anastasis

dead, and the life of the coming age. Amen.

enté ni rev mo-oot: nem pi onkh enté pi é-on ethnioo: Amen.

The priest, holding the cross with three lit tapers in his right hand, chants the following:

### **PRIEST:**

God, have mercy upon us, Settle Thy mercy upon us, Have compassion upon us,

#### **CONGREGATION:**

Amen.

### PRIEST:

Hear us,

### **CONGREGATION:**

Amen.

### **PRIEST:**

Bless us, Guard us, Help us,

### **CONGREGATION:**

Amen.

### **PRIEST:**

Take away Your anger from us, Visit us with Your salvation, And forgive us our sins.

### **CONGREGATION:**

Amen. Lord have mercy. Lord have mercy. Lord have mercy.

Amen. Kyrié eleison. Kyrié eleison. Kyrié eleison.

During the weekdays of Holy Lent and the three days of the Fast of the Ninevites, the curtains of the sanctuary are closed and the prophecies are read. Then the priest says the Litany of Lent (page 195).

| PRIEST: Pray.                       | Eshlil.               |
|-------------------------------------|-----------------------|
| <b>DEACON:</b> Stand up for prayer. | Epi prosevki stathité |

| PRIEST: Peace be with all.          | Irini pasi.         |
|-------------------------------------|---------------------|
| CONGREGATION: And with your spirit. | Ke to pnevmati soo. |

### THE PRAYER FOR THE GOSPEL

### PRIEST:

O Master, Lord, Jesus Christ our God, Who said to His saintly, honoured Disciples and holy Apostles, "Many prophets and righteous men have desired to see the things which you see, and have not seen them, and to hear the things which you hear, and have not heard them. But blessed are your eyes for they see, and your ears for they hear."

May we be worthy to hear and to act [according to] Your Holy Gospels, through the prayers of Your saints.

#### **DEACON:**

Pray for the Holy Gospel.

### **CONGREGATION:**

Lord have mercy.

#### PRIEST:

Remember also, O our Master, all those who have bidden us to remember them in our supplications and prayers which we offer up to You, O Lord our God.

Those who have already fallen asleep, repose them. Those who are sick, heal them.

For You are the life of us all, the salvation of us all, the hope of us all, the healing of us all and the resurrection of us all, and to You we send up the glory, and the honour, and the adoration, together with Your Good Father and the Holy Spirit, the Giver of Life, Who is of One Essence with You, now, and at all times, and unto the age of all ages. Amen.

### **DEACON:**

A psalm of David.

The psalm is chanted, concluded by "Alleluia."

### **DEACON:**

Stand with the fear of God. Let us hear the Holy Gospel.

### PRIEST:

Blessed be He Who comes in the Name of the Lord.

### **READER:**

Bless, O Lord, the reading of the Holy Gospel, according to \_\_\_\_.

#### **CONGREGATION:**

Glory to Thee, O Lord.

### **READER:**

Our Lord, God, Saviour, and King of us all, Jesus Christ, Son of the Living God, to Whom is glory forever.

The Gospel is chanted.

### **READER:**

Glory is due to our God to the age of ages. Amen.

### **CONGREGATION:**

Glory to Thee, O Lord.

The congregation now sings the Gospel response appropriate to the season, or the following ordinary response:

Let us worship our Saviour,/ The Good Lover of mankind,/ For He had compassion on us: He came and saved us.

Mar-en oo-osht em pen Sotir: pi Mairomi en Aghathos: je Enthof af shenheet kharon: Af ee owoh af soti emmon.

Blessed be...

Je Ef-esmaro-oot...

### THE FIVE SHORT PRAYERS

PRIEST:

Pray. Eshlil.

**DEACON:** 

Stand up for prayer. Epi prosevki stathité.

PRIEST:

Peace be with all.

Irini pasi.

**CONGREGATION:** 

And with your spirit. Ke to pnevmati soo.

### PRIEST:

Again, let us ask God the Pantocrator, the Father of our Lord, God and Saviour, Jesus Christ.

We ask and entreat Your Goodness, O Lover of mankind, remember, O Lord, the peace of Your One, Only, Holy, Catholic and Apostolic Church.

### **DEACON:**

Pray for the peace of the One, Holy, Catholic and Apostolic, Orthodox Church of God.

### **CONGREGATION:**

Lord have mercy.

### PRIEST:

That which exists from one end of the world to the other.

Remember, O Lord, our patriarch, the honoured father, the high priest, Abba \_\_\_\_.

### **DEACON:**

Pray for our high priest, Papa Abba \_\_\_\_Pope and patriarch, and archbishop of the great city of Alexandria; and for our Orthodox bishops.

### **CONGREGATION:**

Lord have mercy.

### PRIEST:

In keeping keep him unto us for many years and peaceful times.

Remember, O Lord, the safety of this holy place, which is Your, and every place, and every monastery of our Orthodox fathers.

### **DEACON:**

Pray for the safety of the world, and of this city of ours, and of all cities, districts, islands and monasteries.

#### **CONGREGATION:**

Lord have mercy.

### PRIEST:

And every city, and every region, and the villages and all their ornaments. And save us all from famine, plagues, earthquakes, drowning, fire, the captivity of the Barbarians, the sword of the stranger, and the rising up of heretics.

### **CONGREGATION:**

Lord have mercy.

From the 12th of Paoni (19th of June) to the 9th of Paopi (19th/20th of October), the following prayer is said:

### PRIEST:

Graciously, accord, O Lord: the waters of the river this year, bless them.

#### **DEACON:**

Pray for the rising of the waters of the rivers this year, that Christ our God may bless them and raise them according to their measure; that He may give joy to the face of the earth, sustain us, the sons of men, save the beasts, and forgive us our sins.

### **CONGREGATION:**

Lord have mercy. Lord have mercy. Lord have mercy.

From the 10th of Paopi (20th/21st of October) to the 10th of Tobi (18th/19th of January), the following prayer is said instead:

### **PRIEST:**

Graciously, accord, O Lord: the seeds, the herbs and the plants of the field this year, bless them.

#### **DEACON:**

Pray for the seeds, the herbs and the plants of the field this year, that Christ our God may bless them to grow and multiply unto perfection with great fruit, have compassion on His creation which His hands have made, and forgive us our sins.

### **CONGREGATION:**

Lord have mercy. Lord have mercy. Lord have mercy.

From the 11th of Tobi (19th/20th of January) to the 11th of Paoni (18th of June), the following prayer is said instead:

### PRIEST:

Graciously, accord, O Lord: the air of heaven and the fruits of the earth this year, bless them.

### **DEACON:**

Pray for the air of heaven, the fruits of the earth, the trees, the vines, and for every fruit bearing tree in all the world, that Christ our God may bless them, bring them to perfection in peace without harm, and forgive us our sins.

#### **CONGREGATION:**

Lord have mercy. Lord have mercy. Lord have mercy.

Then the priest continues:

Raise them to their measure according to Your Grace. Give joy to the face of the earth. May its furrows be abundantly watered and its fruits be plentiful. Prepare it for sowing and harvesting. Manage our lives as deemed fit.

Bless the crown of the year with Your Goodness, for the sake of the poor of Your people; the widow, the orphan, the stranger, the sojourner; and for the sake of us all who entreat You and seek Your Holy Name.

For the eyes of everyone wait upon You, for You give them their food in due season.

Deal with us according to Your Goodness, O You Who gives food to all flesh. Fill our hearts with joy and gladness; that we too, having sufficiency in every thing, always, may abound in every good deed.

### **CONGREGATION:**

Lord have mercy.

#### PRIEST:

Again, let us ask God the Pantocrator, the Father of our Lord, God and Saviour, Jesus Christ

We ask and entreat Your Goodness, O Lover of mankind, remember, O Lord, our congregations. Bless them.

#### **DEACON:**

Pray for this holy church and for our congregations.

### **CONGREGATION:**

Lord have mercy.

#### PRIEST:

Grant that they may be unto us without obstacle or hindrance, that we may hold them according to Your holy and blessed will. Houses of prayer, houses of purity, houses of blessing: grant them unto us, O Lord, and Your servants who shall come after us forever.

The worship of idols utterly uproot from the world. Trample and humiliate Satan and his evil powers under our feet speedily.

All offences and their instigator, abolish. May all dissensions of corrupt heresies cease.

The enemies of Your Holy Church, O Lord, as at all times, now also humiliate. Strip their vanity; show them their weakness speedily. Bring to nought their envy, their intrigues, their madness, their wickedness, and their slander which they commit against us. O Lord, bring them all to no avail; disperse their counsel, O God, Who dispersed the counsel of Ahithophel.

#### **CONGREGATION:**

Lord have mercy.

#### PRIEST:

Arise, O Lord God. Let all Your enemies be scattered, and let all that hate Your Holy Name flee before Your face.

But let Your people be in blessing; thousands of thousands and ten thousand times ten thousand doing Your will. By the grace...

### **CONGREGATION:**

Our Father...

### THE ABSOLUTIONS

The priest, holding the cross in his right hand, looks eastward and says, inaudibly:

Yes, Lord, the Lord, Who has given authority to us to tread upon serpents and scorpions and upon all the power of the enemy, crush his heads beneath our feet speedily, and scatter before us his every design of wickedness that is against us. For You are King of us all, O Christ, our God, and to You we send up the glory, and the honour, and the adoration, together with Your Good Father and the Holy Spirit, the Giver of Life, Who is of One Essence with You, now, and at all times, and unto the age of all ages. Amen.

| DEACON: Bow your heads to the Lord.   | Tas kefalas ymon to Kyrio eklinaté. |
|---------------------------------------|-------------------------------------|
| CONGREGATION:<br>Before Thee, O Lord. | Enopion Soo Kyrié.                  |

The priest continues, inaudibly:

You, O Lord, Who bowed the heavens, You descended and became man for the salvation of the race of men. You are He Who sits upon the Cherubim and the Seraphim, and beholds them who are lowly. You also now, our Master, are He to Whom we lift up the eyes of our heart; the Lord Who forgives our iniquities and saves our souls from corruption. We worship Your unutterable compassion, and we ask You to give us Your peace, for You have given all things to us.

Acquire us to Yourself, God our Saviour, for we know none other save You; Your Holy Name we do utter. Turn us, God, unto fear of You and desire of You. Be pleased that we abide in the enjoyment of Your good things; and those who have bowed their heads beneath Your hand, exalt them in [their] ways of life, [and] adorn them with virtues. And may we all be worthy of Your Kingdom in the heavens, through the good will of God, Your Good Father, with Whom You are blessed, with the Holy Spirit, the Giver of Life, Who is of One Essence with You, now, and at all times, and unto the age of all ages. Amen.

| <b>DEACON:</b> Let us attend with the fear of God. (Amen.) | Proskhomen Thé-o meta fovoo.<br>(Amen.) |
|--|---|
| PRIEST: Peace be with all.                                 | Irini pasi.                             |
| CONGREGATION: And with your spirit.                        | Ke to pnevmati soo.                     |

The priest now looks westwards, and, bowing his head, he says:

### THE ABSOLUTION TO THE SON

Master, Lord Jesus Christ, the Only Begotten Son and Logos of God the Father, Who has broken every bond of our sins through His saving, life giving sufferings; Who breathed into the face of His holy Disciples and saintly Apostles, and said to them, "Receive the Holy Spirit. Whose sins you will remit, they are remitted to them, and those which you will retain, they shall be retained."

You also now, our Master, through Thine holy Apostles, have given grace to those who for a time laboured in the priesthood in Your Holy Church, to forgive sin upon the earth, and to bind and to loose every bond of iniquity.

Now, also, we ask and entreat Your Goodness, Lover of mankind, for Your servants, (signing the people once and twice) my fathers, and my brethren, (signing himself) and my weakness; those who bow their heads before Your Holy Glory. Dispense to us Your mercy, and loose every bond of our sins, and, if we have committed any sin against You, knowingly or unknowingly, or through anguish of heart, or in deed, or in word, or from faint heartedness, do You, the Master, Who knows the weakness of men, as a Good One, and a Lover of mankind, O God, grant us the forgiveness of our sins; (signing himself) bless us, (signing the clergy) purify us; make us absolved, (signing the congregation) and all Your people absolved. (Here he mentions the names of those whom he wishes to remember.)

Fill us with Your fear, and straighten us to Your holy, good will, for You are our God, [and] the glory, and the honour, and the dominion, and the adoration are due to You, together with Your Good Father and the Holy Spirit, the Giver of Life, Who is of One Essence with You, now, and at all times, and to the age of all ages. Amen.

If he wishes, the priest may add the following:

Remember, O Lord, the children of the Church: the hegumens, and the presbyters, and the deacons, and the monks, and the clergy, and all the people that have gathered themselves together in the Holy Church; the men and the women, the old and the young, the small and the great, them whom we know and them whom we know not, our enemies and our friends. O Lord, absolve them all and forgive them all sin.

### **CONGREGATION:**

Amen. Lord have mercy. Lord have mercy. Lord have mercy.

The appropriate End of Service hymn is sung, followed by:

### THE FINAL BLESSING

#### PRIEST:

May God have compassion on us, bless us, manifest His face on us, and have mercy on us. Lord, save Your people, bless Your inheritance, pasture them, and raise them up forever. Exalt the horn of the Christians through the power of the life giving Cross, through the supplications and prayers which our Lady, the Lady of us all, the holy Mother of God, Saint Mary, makes for us; and [those of] the three great, holy luminaries, Michael, Gabriel and Raphael, and the Four Incorporeal Beasts, and the Twenty Four Priests, and all the heavenly ranks, and Saint John the Baptist, and the Hundred and Forty Four Thousand, and our lords, the fathers, the Apostles, and the Three Holy Youths, and Saint Stephen, and the Beholder of God, the Evangelist, Mark, the holy Apostle and martyr, and Saint George, and Saint Theodore, and Philopater Mercurius, and the holy Abba Mena, and the whole choir of the martyrs, and our righteous father, the great Abba Antony, and the righteous Abba Paul, and the three saints Abba Macarii, and our father Abba John, and our father Abba Pishoy, and our father Abba Paul, the man of Tammoh, and our Roman fathers, Maximus and Dometius, and our father Abba Moses, and the Forty Nine Martyrs, and the whole choir of the cross bearers, and the just and the

righteous, and all the wise virgins, and the angel of this blessed day / sacrifice (if it is the time of the divine liturgy), and (here, mention is made of the patron saint of the church, and the saint[s] of the day, if not mentioned before); and the blessing of the holy Mother of God, first and last {, and the blessing of the Lord's Day of our Saviour (on a Sunday)}. May their holy blessing, and their grace, and their might, and their favour, and their love, and their help, be with us all, forever. Amen.

O Christ our God, King of Peace, grant us Thy peace, establish for us Thy peace, and forgive us our sins. For Yours is the power, the glory, the blessing and the might, forever. Amen.

#### **CONGREGATION:**

Amen. So be it.

#### PRIEST:

Go in peace. The Lord be with you all.

# After Supper: Retiring<sup>2</sup> (the Twelfth Hour)

This hour is commonly called Compline, from the Latin word for "complete", since in the Latin rite it is the prayer before sleeping is the last hour of the day, and completes the rule of the day. However, in the Eastern tradition, Vespers has already begun the new day and the prayer at retiring is well into the new day, so the name "Compline" is not appropriate.

### The Psalms of the Twelfth Hour

The worshipper prays the introductory prayers,

| The Lord's Prayer                                      | 8   |
|--|-----|
| The Prayer of Thanksgiving                             | 9   |
| Psalm 50: Have mercy on me, O God, in Your great mercy | 343 |

Then shall be said,

The hymn of the blessed Sleep: I offer to Christ, my King and my God: I will hope in Him that He may forgive me my sins.

### The Psalms

| Psalm 129: Out of the depths I cry to You, O Lord                                    | 469   |
|--|-------|
| Psalm 130: O Lord, my heart is not haughty, nor my eyes lofty                        | 470   |
| Psalm 131: O Lord, remember David and all his meekness                               | 471   |
| Psalm 132: Behold, how good and how delightful it is when brothers dwell together in | unity |
|  | 472   |
| Psalm 133: Behold now bless the Lord, all you slaves of the Lord                     | 473   |
| Psalm 136: By the rivers of Babylon we sat down and wept                             | 477   |
| Psalm 137: I will praise and thank You, O Lord, with my whole heart                  | 478   |
| Psalm 140: Lord, I cry to You, hear me   | 482   |
| Psalm 141: I cry to the Lord with all my voice, I pray with all my voice             | 483   |
| Psalm 145: Praise the Lord, O my soul! I will praise the Lord all my life            | 489   |
|  |       |

<sup>&</sup>lt;sup>2</sup> This hour is often referred to as "Compline", the Latin term for the 12<sup>th</sup> hour. This is inappropriate, as the meaning of "Compline" is completion, i.e. it is the completion of the hours of the day. However, in the Eastern rite, Vespers is the beginning of the new day, and the 12<sup>th</sup> hour is firmly in the new day. The Greek "Apodeipnon", literally means "after supper", and "Asheya" in Arabic has the root word of Asha, meaning "dinner/supper". This hour is said by families after dinner, and before sleeping.

| Psalm 146: Praise the Lord, for singing praise is good            | . 490 |
|---|-------|
| Psalm 147: Praise the Lord, O Jerusalem! Praise your God, O Zion! | . 491 |

## The Gospel from Saint Luke 2:25-32

And, behold, there was a man in Jerusalem, whose name was Simeon; and this man was just and devout, waiting for the consolation of Israel: and the Holy Spirit was upon him. And it was revealed unto him by the Holy Spirit, that he should not see death, before he saw the Lord Christ.

And he came in the Spirit into the temple: and when the parents brought in the child Jesus, to do for Him that which was required by the Law. And Simeon took Him up in his arms, and he blessed God, saying, Now, O my master, You shalt let Your servant depart in peace, according to Your word: for my eyes have seen Your salvation, Which You have prepared before the face of all the peoples; a light for a revelation to the nations, and the glory of Your people Israel. *Glory be to God forever*.

An earlier rite gives this alternative Gospel According to Saint Matthew 24:45-51

Who, then, is the faithful and wise servant, whom his lord will set over his servants, to give them their food in the time of giving it? Blessed is that servant, if his lord should come and find him doing thus. Amen, I say to you, that he shall set him over all which he possess. But if that evil servant should say in his heart: My lrod will delay to come, and he will begin to beat his fellow servants, and to eat and to drink with those who are drunken: the lord of that servant will come in a day which he does not expect, and in an hour which he does not know, and he shall cut him in sunder, and he shall set his portion with the hypocrites, the place in which will be weeping and gnashing of teeth. *Glory be to God forever*.

An earlier rite gives this additional Gospel According to Saint Luke 21:34-38

Give heed to yourselves, lest your hearts be heavy in dissipation and drunkenness and the cares of life, and suddenly that day come upon you as a snare: for it shall come upon every one who sits on the face of the earth. Watch, therefore, at all times, praying that you may be able to escape all these things which will happen, and stand before the Son of Man. And He was spending the days teaching in the Temple; and the night He was coming forth, resting Himself on the mountain which is called "of Olives" And all the people were coming early to Him in the Temple to hear Him.

An earlier rite gives this additional Prophecy from Isaiah 8:8-9:6

God is with us. Know, all nations, that God is with us. Know to the end of the earth that God is with us. All your counsels will be brought to nought, and you should strengthen your hands again, you will become feeble, for God is with us. And all counsels which you shall

counsel will not be able to stand, for God is with us; all your words will be brought to nought at once, for God is with us. And the fear of you we will not fear, neither will we be grieved at heart, for God is with us. And the Lord, you will bless Him, for He is our God: He it is Who gives strength to us, for God is with us. For we have trusted in Him, and on account of Him we will be saved, for God is with us. Behold, I and the children whom God hath given to me. The people who walk in darkness have seen a great light; and on them who sit in the land and the shadow of death a light hath shone, for God is with us, Whose government shall be upon His shoulders, Wonderful Counsellor, for God is with us. God Who is strong, Who is of authority, Prince of Peace and Father of the future ages, for God is with us. Glory to the holy Trinity.

Then shall these Troparia be said,

**Behold,** I am about to stand before the Just Judge, frightened and trembling because of the multitude of my sins, for the life that is spent in desires is worthy of judgement. Repent therefore, O my soul, as long as you dwell on this earth, for the dust in the grave offers no praise, and among the dead no one remembers God, nor do they who are in Amenti give thanks. But rise up from the sleep of negligence and entreat the Saviour in repentance, saying, "O God, have mercy on me and save me!"

Doxa Patri ke Eio ke Agio Pnevmati. (Glory be to the Father and to the Son and to the Holy Spirit.)

Had life been unending and this world eternal, O my soul, you would have had an excuse; but when your vile deeds and ugly evils are exposed before the Just Judge, what will you give in answer, while you are lying on the bed of sins and negligent in humiliating the flesh? O Christ our God, before the awesome throne of Your judgement I am frightened; and because of the ray of Your Divinity I dread, I, the defiled wretch who is lying on my bed and careless about my life. Yet, I identify myself with the Publican, beating upon my breast and crying, "God be merciful to me, a sinner!"

Ke nin ke a-ee ke ees toos e-onas ton e-onon. Amen. (Both now, and always, and unto the ages of ages. Amen.)

O undefiled Virgin, help me, I, who am your servant. And keep away from me the waves of vile thoughts. And raise my sickly soul to watch and pray because it has long lain in heavy sleep. For you are an able, merciful and helpful mother, the Mother of the Fountain of Life, Jesus Christ my King, my God and my Hope.

An earlier rite give these alternative Troparia,

Behold the day has passed. We give thanks to You, Lord, and we entreat You, that You graciously accord to us this evening and this night, that we be without sin, O Saviour, and deliver us.

**Doxa Patri ke Eio ke Agio Pnevmati.** (Glory be to the Father and to the Son and to the Holy Spirit.)

Behold the day has passed. We give thanks to You, Lord, and we entreat You, that You graciously accord to us this evening and this night, that we be without sin, O Saviour, and deliver us

*Ke nin ke a-ee ke ees toos e-onas ton e-onon. Amen.* (Both now, and always, and unto the ages of ages. Amen.)

The Bodiless Natures, the Cherubim who are a multitude of eyes and the Seraphim who possess six wings, with unceasing voices exalt You together with the Angels with the hymn of the Thrice-holy before the age. You, the beginningless Father and the Son Consubstantial with You and the Holy Spirit, the Life-Giver, an Undivided Trinity, You has been manifested to us from the Holy Virgin through Your Logos, Christ our Helper. You has called the ascetics and the prophets and the martyrs to an immortality from You; and these are gathered together, praying for the pardon of our transgressions, because we all have fled from toils through the deceit of the Enemy. Heal us, that we may sing to You with the angles, saying: Holy, Holy, Holy, Lord of Hosts, the heavens and the earth are fully of Your holy glory.

Then shall be said,

Graciously accord, O Lord, to keep us this night without sin. Blessed art You, O Lord, God of our fathers, and praised and glorified be Your Name forever. Amen.

Let Your mercy be upon us, O Lord, even as we have set our hope in You. For the eyes of everyone wait upon You, for You give them their food in due season.

Hearken to us, O God, our Redeemer, the hope of all the regions of the earth.

Blessed art You, O Lord; teach me Your statutes. Blessed art You, O Lord; make me to understand Your commandments. Blessed art You, O Lord; enlighten me with Your precepts.

Your mercy, O Lord, endures forever. O despise not the works of Your hands.

Lord, You have been our refuge in all generations. I said, "Be merciful to me, heal my soul; for I have sinned against You."

Lord, I have fled unto You. Teach me to do Your will, for with You is the Fountain of Life. In Your Light shall we see Light. O continue Your loving-kindness unto those who know You, and Your righteousness unto the upright in heart.

To You belongs worship, to You belongs praise, to You belongs glory, O Father, Son and Holy Spirit, now, and forever and ever. Amen.

It is a good thing to give thanks unto the Lord, and to sing praises unto Your Name, O Most High; to show forth Your loving-kindness in the morning, and Your faithfulness every night.

An earlier rite places the Creed here, then has,

Holy God-bearer, intercede for us, we sinners. Al heavenly Powers, the Angels and the Archangels, the Cherubim and the Seraphim, intercede for us, we sinners. Holy John the Forerunner, the Baptist and Martyr, intercede for us, we sinners. Holy Apostles, the Preachers and Evangelists, intercede for us, we sinners. All wonder-working Prophets, Moses and Aaron and Elijah and Elisha, and all the rest of the Prophets, intercede for us, we sinners. All the choir of the Martyrs, the Confessors, the holy Ascetics, intercede for us, we sinners. Our holy high-priestly fathers, the combatants for the Orthodox Faith, intercede for us, we sinners. Our holy Cross-bearing, Spirit-bearing, renunciatory fathers, intercede for us, we sinners. Through the power of the saving, incomprehensible Cross, take not away from us Your mercy.

(Thrice,) Lord, forgive me, I the sinner, and have mercy upon me, for thou art blessed unto the age of all ages. Amen.

### THE TRISAGION

Holy God, Holy Mighty, Holy Immortal, Who was born of the Virgin, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, Who was crucified for us, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, Who rose from the dead and ascended into the heavens, have mercy on us.

Glory be to the Father, and to the Son, and to the Holy Spirit, both now, and always, and unto the ages of ages. Amen.

- O Holy Trinity, have mercy on us. All Holy Trinity, have mercy on us. O Holy Trinity, have mercy on us.
  - O Lord, remit our sins. O Lord, pardon our iniquities. O Lord, forgive us our trespasses.
- O Lord, visit the sick of Your people, heal them for the sake of Your Holy Name. Our fathers and our brethren who have fallen asleep, O Lord, repose their souls.
- O You Who art sinless, Lord have mercy on us. O You Who art sinless, Lord help us and receive our supplications. For Your is the glory, the dominion, and the triple holiness. Lord have mercy. Lord have mercy. Lord bless. Amen.

Our Father Who art in Heaven...

#### HAIL TO YOU

Hail to you! We ask you, O saint full of glory, the ever-virgin Mother of God, the Mother of Christ; offer our prayers unto your beloved Son, that He may forgive us our sins. Hail to the holy Virgin, who has brought forth unto us the True Light, Christ our God. Ask the Lord on our behalf, that He may have mercy on us and forgive us our sins.

O Virgin Mary, the holy Mother of God, the faithful advocate for all mankind, intercede on our behalf before Christ, Whom you have brought forth, that He may forgive us our sins.

### THE INTRODUCTION TO THE CREED

We exalt you, the Mother of the True Light. We glorify you, O saint and Mother of God, for you brought forth unto us the Saviour of the whole world; He came and saved our souls.

Glory to You, our Master, our King, Christ; the pride of the Apostles, the crown of the martyrs, the joy of the righteous, the firmness of the churches, the forgiveness of sins.

We proclaim the Holy Trinity in One Godhead. We worship Him. We glorify Him. Lord have mercy. Lord have mercy. Lord bless. Amen.

### THE ORTHODOX CREED

We believe in one God; God the Father, the Pantocrator, Who created heaven and earth, and all things seen and unseen.

We believe in one Lord; Jesus Christ, the Only-Begotten Son of God, begotten of the Father before all ages. Light of Light; True God of True God; begotten, not created; of One Essence with the Father; by Whom all things were made; Who, for us men and for our salvation, came down from heaven, and was incarnate of the Holy Spirit, and of the Virgin Mary, and became man.

And He was crucified for us under Pontius Pilate; suffered and was buried; and the third day He rose from the dead, according to the scriptures. Ascended into the heavens, He sits at the right hand of His Father; and He is coming again in His glory, to judge the living and the dead; Whose kingdom shall have no end.

Yes, we believe in the Holy Spirit; the Lord, the Giver of Life; Who comes forth from the Father; Who, with the Father and the Son, is worshipped and glorified; Who spoke by the prophets.

And in One, Holy, Catholic and Apostolic Church, we confess one Baptism for the remission of sins. We look for the resurrection of the dead, and the life of the coming age. Amen.

An earlier rite adds here these additional Troparia,

You, Lord, it is Who knows the rising up of mine enemies, and the feebleness of my nature You understands, O Creator. Behold, I will commit my spirit into Your hands. Overshadow me with the wings of Your goodness, in order that I sleep not unto death. Enlighten my eyes to the greatness of Your words, raise me up at all times unto glorifying You, for You alone art Good and the Lover of mankind.

Doxa Patri ke Eio ke Agio Pnevmati. (Glory be to the Father and to the Son and to the Holy Spirit.)

Fearful is Your judgment-seat, Lord, men are gathered together, and Angels stand, and the books are opened; the works will be revealed, and the thoughts will make a defense. What judgment will be my judgment? I, who am bound in sin. Who will quench for me the flame of fire? Who will cause the darkness to e lightened, if You have not mercy upon me? For You art a Compassionate One towards me.

*Ke nin ke a-ee ke ees toos e-onas ton e-onon. Amen.* (Both now, and always, and unto the ages of ages. Amen.)

O God-bearer, since we have confidence in thee, we shall not be ashamed, but we shall be saved; and since we have obtained your aid and your mediation, O holy and perfectly pure one, we will not be afraid, but we will pursue our enemies and scatter them, having obtained the protection of your powerful aid in everything like a shield. And we ask and entreat and cry out to you, O God-bearer, that you deliver us through your prayers, and that you raise us up from the sleep of darkness, to offer glorification through the power of God who took flesh from You.

Then shall be said: Lord hear us, have mercy on us and forgive us our sins, Lord have mercy (Kirié Eleison) 50 (or 41<sup>3</sup>), Holy, Holy, (page 12), the Lord's Prayer and this absolution:

An earlier rite adds this additional absolution before the common one,

Master, Lord Jesus Christ, our God, give to us rest in our sleep, rest for our bodies and purity in our souls, and keep us from the obscurity which is the darkness of sin. Let the movements of the passions be stilled; let the fire of the body be quenched. Bring to naught the uprisings of the flesh and grant to us a watchful mind and a humble memory, and a conduct full of virtue and a sleeping-mat undefiled and a pure couch. And raise us up for the hymn of the night and morning. Graciously accord to us the doxology of the whole night, that we may bless Your Holy Name which is full of glory and all beauty, with Your Good Father and the Holy Spirit, the Life-Giver, now and at all times and to the age of all ages. Amen.

The absolution,

Lord, all things in which we have sinned against You this day, whether in deed, or in word, or in thought, or by all senses, do You graciously forgive unto us, for the sake of Your Holy Name, as a Good One and as a Lover of mankind. And grant unto us, O God, a peaceful

<sup>&</sup>lt;sup>3</sup> Originally "Lord have mercy" was recited 50 times. Under the influence of Roman Catholic missionaries, this came to be 41 times for the 39 lashes, crown of thorns, and sword pierced side.

night, and this sleep pure. And send to us an angel of peace to keep us from every evil, every calamity and every temptation of the enemy.

By the grace, compassion and love of mankind, of Your Only-Begotten Son, our Lord, God and Saviour, Jesus Christ. Through Whom the glory, the honour, the dominion, and the adoration are due unto You, with Him, and the Holy Spirit, the Life-Giver, Who is of One Essence with You, now, and at all times, and unto the age of all ages. Amen.

Then shall be said "The Prayer of the hours" (page 13).

## The Prayer of the Veil

The worshipper prays the introductory prayers,

| The Lord's Prayer                                      | 8   |
|--|-----|
| The Prayer of Thanksgiving                             | 9   |
| Psalm 50: Have mercy on me, O God, in Your great mercy | 343 |

Then shall be said,

The hymn of the blessed Sleep: I offer to Christ, my King and my God: I will hope in Him that He may forgive me my sins.

### The Psalms

Then the following Psalms from Prime are said:

| Psalm 4: You hear me when I call                                | 273 |
|---|-----|
| Psalm 6: O Lord, rebuke me, but not in Your anger               | 276 |
| Psalm 12: How long, O Lord? Wilt You forget me for ever?        | 284 |
| Psalm 15: Keep me, O Lord, for my trust is in You               | 286 |
| Psalm 24: To You, O Lord, I lift up my soul                     | 301 |
| Psalm 26 The Lord is my light and my Saviour; whom shall I fear | 304 |
| Psalm 66: My God have compassion on us and bless us             | 363 |
| Psalm 69: O God, come to my help                                | 370 |
| Psalm 22: The Lord is my Shepherd, and will deny me nothing     | 299 |
| Psalm 29: I will lift You on high, O Lord                       | 308 |
| Psalm 42: Judge me, O God, and defend my cause                  | 331 |

| Psalm 56: Have mercy on me, O God, have mercy on me                               | 351      |
|---|----------|
| Psalm 85: Incline Your ear, O Lord, and answer me                                 | 397      |
| Psalm 90: He who dwells in the help of the Most High will live                    | 406      |
| Psalm 96: The Lord is reigning, let the earth rejoice                             | 414      |
| Psalm 109: The Lord said to my Lord: 'Sit at My right hand                        | 438      |
| Psalm 114: I love Him because the Lord hears the cry of my prayer                 | 444      |
| Psalm 115: I believed and so I spoke; but I was deeply humiliated                 | 445      |
| Psalm 129: Out of the depths I cry to You, O Lord                                 | 469      |
| Psalm 130: O Lord, my heart is not haughty, nor my eyes lofty                     | 470      |
| Psalm 131: O Lord, remember David and all his meekness                            | 471      |
| Psalm 132: Behold, how good and how delightful it is when brothers dwell together | in unity |
|   | 472      |
| Psalm 133: Behold now bless the Lord, all you slaves of the Lord                  | 473      |
| Psalm 136: By the rivers of Babylon we sat down and wept                          | 477      |
| Psalm 140: Lord, I cry to You, hear me  | 482      |
| Psalm 145: Praise the Lord, O my soul! I will praise the Lord all my life         | 489      |

## 118 parts 20, 21, 22, but have to insert parts into 118 first.

### THE GOSPEL FROM SAINT JOHN 6:16-23

But when it was evening, His disciples came down to the sea, and when they had gone up into the ship, they were coming to the opposite shore of the sea to Capernaum. And it was already dusk, and Jesus had not yet come to them. But the sea was rising, (because) a great wind (was) blowing. So when they were about twenty five or thirty furlongs away, they saw Jesus walking upon the sea, and approaching the ship: and they feared. But he said to them, It is I; fear not. Then they willingly took him into the ship with them: and immediately the ship came to the shore, to the land to which they were to go.

4But in the morning, the multitude which was standing on the other side of the sea saw that there was not another ship there, except one, and that Jesus went not into the ship with his disciples, but that his disciples were gone away alone. Other ships came from Tiberias unto

<sup>&</sup>lt;sup>4</sup>This part not found in older copies

the place where they have eaten the bread, on which the Lord had given thanks. *Glory be to God forever*.

Then shall these Troparia be said,

You, O lord knowest the awakening of my enemies and the feebleness of my nature You understandest, O my Creator. Behold, I will commit my spirit into Your hands. Overshadow me with the wings of Your goodness, lest I sleep unto death.

Enlighten my eyes with the greatness of Your words, raise me up at all times unto glorifying You, for You alone art good and a lover of mankind.

**Doxa Patri ke Eio ke Agio Pnevmati.** (Glory be to the Father and to the Son and to the Holy Spirit.)

Fearful is Your judgement seat, O Lord, men are gathered together, the Angels stand, and the books are opened; the works will be revealed, and the thoughts will make a defence. What judgement will be my judgement? I, who am bound in sins. Who will quench away from me the flame of fire? Who shall enlighten my darkness, if You have not mercy on me, O Lord? For You art compassionate towards men.

Ke nin ke a-ee ke ees toos e-onas ton e-onon. Amen. (Both now, and always, and unto the ages of ages. Amen.)

O Mother of God, since we have confidence in you, we shall not be ashamed, but shall be saved; and, since we have obtained your help and your mediation, O holy, pure and perfect (one), we shall not be afraid, but we shall pursue our enemies and shall scatter them, having obtained the protection of your powerful help in every thing like a shield. And we ask and entreat, crying aloud unto you, O Mother of God, that you may deliver us though your supplications, and that you may raise us up from the sleep in which there is darkness, to offer a doxology through the power of God Who was incarnate of you.

Then shall be said: Lord hear us, have mercy on us and forgive us our sins, Lord have mercy (Kirié Eleison) 50 (or 41<sup>5</sup>), Holy, Holy, Holy, (page 12), the Lord's Prayer and this absolution:

Master, Lord, Jesus Christ our God, give us rest in our sleep: a rest for our bodies and purity in our souls. And keep us from the darkness, which is the darkness of sin. Let the movement of the passions be stilled; let the fire of the body be quenched. Bring to naught the uprising of the flesh, and grant to us a watchful mind and humble thoughts, and a conduct full of virtue, a sleeping mat undefiled and a pure bed. And raise us up for the hymn of the night

47

<sup>&</sup>lt;sup>5</sup> Originally "Lord have mercy" was recited 50 times. Under the influence of Roman Catholic missionaries, this came to be 41 times for the 39 lashes, crown of thorns, and sword pierced side.

and of the morning, being sustained by Your commandments and strengthened continually by the remembrance of Your judgement. Grant us a doxology for all the night, that we may praise Your holy Name which is full of glory and splendour, with Your Good father and the Holy Spirit, the Giver-of-Life, Now, and at all times and unto the age of ages. Amen.

Then shall be said "The Prayer of the hours" (page 13).

## Midnight

#### The Psalms of the First Watch

The worshipper prays the introductory prayers,

| The Lord's Prayer                                      | 8   |
|--|-----|
| The Prayer of Thanksgiving                             | 9   |
| Psalm 50: Have mercy on me, O God, in Your great mercy | 343 |

Then shall be said,

Rise up, O children of the Light, that we may praise the Lord of the powers, that He may grant us the salvation of our souls. When we stand before You in the body, take away from our minds the sleep of negligence. Grant us sobriety<sup>6</sup>, O Lord, that we may understand how to stand before You at time of prayer, and send up unto You a befitting doxology, and win the forgiveness of our many sins.

#### Doxa Si Philanethropi (Glory to You O Lover of mankind)

Behold, bless the Lord, all ye servants of the Lord, who stand in the house of the Lord, in the courts of the house of our God. In the nights, lift up your hands to the sanctuary, and bless the Lord. The Lord will bless you out of Zion, Who has created the heaven and the earth.

#### **Doxa Si Philanethropi** (Glory to You O Lover of mankind)

Let my supplication come near before You, O Lord: give me understanding according to Your word. My petition shall come in before You: revive me according to Your word. My lips shall pour forth blessing, if You teach me Your truths. My tongue shall respond with Your words: for all Your commandments are righteous. Let Your hand be unto delivering me; for I have desired Your commandments. I have longed for Your salvation, Lord; and Your Law is my meditation. My soul shall live, and it shall praise You; and Your judgments shall help me. I have gone astray like a lost sheep; seek after Your servant; for I have not forgotten Your commandments.

Glory be to the Father, and the Son, and the Holy Spirit, both now, and always, and unto the ages of ages. Amen.

Glory be to the Father, and the Son and the Holy Spirit, from now and unto the age of all ages. Amen.

<sup>&</sup>lt;sup>6</sup>Literally, expectancy of the Bridegroom

Glory to You, O Good One, the Lover of mankind. Glory to Your Mother, the Virgin, and all Your saints.

Glory to You, O Only-Begotten. O Holy Trinity, have mercy upon us.

Let God arise and let all His enemies be scattered, and let all that hate His Holy Name flee before His face.

But let Your people be in blessing, thousands of thousands, and ten thousand times ten thousands, doing Your will.

Lord, You shalt open my lips, and my mouth shall utter Your praise. Amen. Alleluia.

#### Then shall be said,

The hymn of the middle of the blessed night: I offer to Christ, my King and my God: I will hope in Him that He may forgive me my sins.

### Then the following Psalms are said:

| Psalm 3: Lord, how many are those who trouble me               | 273 |
|--|-----|
| Psalm 6: O Lord, rebuke me, but not in Your anger              | 276 |
| Psalm 12: How long, O Lord? Wilt You forget me for ever?       | 284 |
| Psalm 69: O God, come to my help                               | 370 |
| Psalm 85: Incline Your ear, O Lord, and answer me              | 397 |
| Psalm 90: He who dwells in the help of the Most High will live | 406 |
| Psalm 116: All you nations, praise the Lord                    | 446 |
| Psalm 117: Give thanks to the Lord, He is good                 | 446 |
| Psalm 118: Blessed are they who are faultless in the way       | 449 |

## The Gospel From Saint Matthew 25:1-13

Then the kingdom of the heavens is liken to ten virgins, which took their lamps, and went forth to meet the bridegroom. But there were five foolish among them, and five wise. For the foolish took their lamps, and took no oil with them: but the wise took oil in their vessels with their lamps.

When the bridegroom delayed, they all slumbered and they slept. When it was midnight there was a cry, Behold, the bridegroom has come; arise, come forth before Him. Then all those virgins arose, and trimmed their lamps. But the foolish said to the wise, Give us of your oil; for our lamps will be extinguished. But the wise answered, saying, Not so; lest there be not enough for us and you: but go ye rather to those who sell, and buy for yourselves. But when they went to buy, the bridegroom came; and they who were prepared went in with Him into the marriage feast: and the door was shut.

And, at last, the rest of the virgins came, saying, Our Lord, Our Lord, open to us. But He answered and said, Verily I say unto you, I know you not. Watch therefore, for ye know neither the day nor the hour in which the Son of man comes. *Glory be to God forever*.

Then shall these Troparia be said,

**Behold** the Bridegroom is coming at midnight. Blessed is that servant whom He shall find watching. But he whom He shall find neglectful, is unworthy to go with Him. See, O my soul, that you grow not heavy with sleep, lest you be found outside the kingdom. But be watchful and cry aloud, saying, "Holy, Holy, Holy art You O God. For the sake of the Mother of God, have mercy upon us."

Doxa Patri ke Eio ke Agio Pnevmati. (Glory be to the Father and to the Son and to the Holy Spirit.)

O my soul, consider that awesome day and be sober, and light your lamp with the oil of gladness, because you know not at what hour will come upon you the voice saying, "Behold the Bridegroom!" See, O my soul, that you slumber not, lest you stand outside, knocking like the five foolish virgins. But watch unto prayer, that you may meet Christ the Lord with sweet oil and that He may grant unto you the true marriage feast of His Divinity.

*Ke nin ke a-ee ke ees toos e-onas ton e-onon. Amen.* (Both now and always, and unto the ages of ages. Amen.)

O Virgin Mother of God, the invincible fortress<sup>7</sup>. Bring to naught the counsel of our adversaries, and turn the affliction of your servants into joy. Fortify our city and fight for our kings and intercede for the peace of the world. For you are our hope, O Mother of God.

*Ke nin ke a-ee ke ees toos e-onas ton e-onon. Amen.* (Both now and always, and unto the ages of ages. Amen.)

**O** Heavenly King, the Paraclete, the Spirit of Truth, who art in every place and Who fills all; the Treasure of the good and the Giver of Life, graciously come and be in us, and cleanse us from every blemish, O Good One, and save our souls.

Doxa Patri ke Eio ke Agio Pnevmati. (Glory be to the Father and to the Son and to the Holy Spirit.)

As You were with Your disciples, O Saviour, and gavest them peace, come also and be with us; save us and deliver our souls.

<sup>&</sup>lt;sup>7</sup>Literally, unbroken fence

*Ke nin ke a-ee ke ees toos e-onas ton e-onon. Amen.* (Both now, and always, and unto the ages of ages. Amen.)

If we stand in Your holy temple, we count ourselves as those who stand in heaven. O Mother of God, you are the gate of heaven; open to us the door of mercy.

Then shall be said: Lord hear us, have mercy on us and forgive us our sins, Lord have mercy (Kirié Eleison) 50 (or 41<sup>8</sup>), Holy, Holy, (page 12), and the Lord's Prayer

#### The Psalms of the Second Watch

The Psalms of Vespers (except for 117 and 118) are recited,

| Psalm 119: To the Lord in the hour of my distress I cry                          | 462 |
|--|-----|
| Psalm 120: I lift up my eyes to the mountains                                    | 463 |
| Psalm 121: I was glad when they said to me: 'Let us go to the house of the Lord' | 464 |
| Psalm 122: To You I lift up my eyes, O You Who dwell in heaven                   | 465 |
| Psalm 123: 'Unless the Lord had been among us,' let Israel now say               | 465 |
| Psalm 124: Those who trust in the Lord are like Mount Zion                       | 466 |
| Psalm 125: When the Lord brought back the captives to Zion                       | 467 |
| Psalm 126: Unless the Lord builds the house, the builders labour in vain         | 467 |
| Psalm 127: Blessed are all who fear the Lord, who walk in His ways               | 468 |
| Psalm 128: Often have they warred against me from my youth                       | 469 |

## The Gospel from Saint Luke 7:36-50

Then, one of the Pharisee's asked Him that He would eat with him. And when He had entered into the Pharisee's house, He reclined. And, behold, a woman who was a sinner in the city, when she knew that He reclines in the Pharisee's house, she took an alabaster box of ointment, and she stood behind at His feet, weeping, and began to wet His feet with her tears, and she wiped them with the hairs of her head, and she kissed His feet, and anointed them with the ointment.

But when the Pharisee who had invited Him saw, he spoke within himself, saying, If this was a prophet, he would have known what and of what sort is this woman who has touched Him, for she is a sinner.

And Jesus answering said unto him, Simon, I have a word to say unto you. And he said, Teacher, say it. He said to him, There was a certain creditor which had two debtors: the one

<sup>&</sup>lt;sup>8</sup> Originally "Lord have mercy" was recited 50 times. Under the influence of Roman Catholic missionaries, this came to be 41 times for the 39 lashes, crown of thorns, and sword pierced side.

owed five hundred pence, and the other fifty. But when they had nothing to pay, he graciously forgave them both. Which therefore, will love him more?

Simon answered and said, I think he, to whom he forgave the most. And He said to him, You have judged rightly. And when He had turned to the woman, He said to Simon, Do you see this woman? I entered your house, you gave no water for My feet: but she has washed my feet with her tears, and she has wiped them with her hair. You gave no kiss to my mouth: but this (woman) since the time I came in has not ceased kissing my feet. My head with oil you did not anoint: but this (woman) has anointed my feet with ointment. Therefore I say to you, Her sins, which are many, are forgiven her; for she has loved exceedingly: but to whom little is forgiven, he loves little.

And He said to her, your sins are forgiven.

And those who reclined began to say within themselves, Who is this that forgives sins also? But He said to the woman, Go in peace, your faith has saved you. *Glory be to God forever*.

Then shall these Troparia be said,

**Give me,** O Lord, fountains of many tears like that which You did first give unto the woman that was a sinner, and make me worthy to wash Your feet which have set me free from the path of error, that I may bring unto You precious ointment, and gain through repentance a pure life, and hear that voice full of joy, "Your faith has saved you."

Doxa Patri ke Eio ke Agio Pnevmati. (Glory be to the Father and to the Son and to the Holy Spirit.)

When I consider the multitude of my wicked deeds, and the remembrance of that awesome judgment comes into my heart, trembling takes hold upon me. I will flee unto You, O God, the Lover of mankind. Turn not away Your face away from me, I entreat You, Who alone art sinless. Grant unto my wretched soul a compunction, before the end comes, and save me.

*Ke nin ke a-ee ke ees toos e-onas ton e-onon. Amen.* (Both now and always, and unto the ages of ages. Amen.)

The heavens praise you, O full of grace, the unwedded Bride. And we also glorify your unspeakable bringing forth. O Mother of God intercede for the salvation of our souls.

**Ke nin ke a-ee ke ees toos e-onas ton e-onon. Amen.** (Both now and always, and unto the ages of ages. Amen.)

**O** Heavenly King, the Paraclete, the Spirit of Truth, who art in every place and Who fills all; the Treasure of the good and the Giver of Life, graciously come and be in us, and cleanse us from every blemish, O Good One, and save our souls.

Doxa Patri ke Eio ke Agio Pnevmati. (Glory be to the Father and to the Son and to the Holy Spirit.)

As You were with Your disciples, O Saviour, and gavest them peace, come also and be with us; save us and deliver our souls.

*Ke nin ke a-ee ke ees toos e-onas ton e-onon. Amen.* (Both now, and always, and unto the ages of ages. Amen.)

If we stand in Your holy temple, we count ourselves as those who stand in heaven. O Mother of God, you are the gate of heaven; open to us the door of mercy.

Then shall be said: Lord hear us, have mercy on us and forgive us our sins, Lord have mercy (Kirié Eleison) 50 (or 41°), Holy, Holy, (page 12), and the Lord's Prayer

### The Psalms of the Third Watch

The Psalms of Compline shall be recited,

| Psalm 129: Out of the depths I cry to You, O Lord                                 | 469          |
|---|--------------|
| Psalm 130: O Lord, my heart is not haughty, nor my eyes lofty                     | 470          |
| Psalm 131: O Lord, remember David and all his meekness                            | 471          |
| Psalm 132: Behold, how good and how delightful it is when brothers dwell together | her in unity |
|   | 472          |
| Psalm 133: Behold now bless the Lord, all you slaves of the Lord                  | 473          |
| Psalm 136: By the rivers of Babylon we sat down and wept                          | 477          |
| Psalm 137: I will praise and thank You, O Lord, with my whole heart               | 478          |
| Psalm 140: Lord, I cry to You, hear me  | 482          |
| Psalm 141: I cry to the Lord with all my voice, I pray with all my voice          | 483          |
| Psalm 145: Praise the Lord, O my soul! I will praise the Lord all my life         | 489          |
| Psalm 146: Praise the Lord, for singing praise is good                            | 490          |
| Psalm 147: Praise the Lord, O Jerusalem! Praise your God, O Zion!                 | 491          |
|   |              |

### THE GOSPEL FROM SAINT LUKE 12:32 46

Fear not, little flock; for your Father has been well pleased to give to you the Kingdom. Sell your possessions, and give them for charity; make for yourselves purses which do not

<sup>&</sup>lt;sup>9</sup> Originally "Lord have mercy" was recited 50 times. Under the influence of Roman Catholic missionaries, this came to be 41 times for the 39 lashes, crown of thorns, and sword pierced side.

become old, an unfailing treasure in the heavens, the place where no thief approaches, nor moth destroys. For where your treasure is, there will your heart be also.

Let your loins be girded, and your lights burning; and you also like men that awaiting their Lord, when he will return from the wedding feast; so that if He should come and knock, they may immediately open to Him. Blessed are those servants, whom if their Lord should come, He shall find watching: verily I say unto you, that He shall gird Himself, and make them to recline, and will stand and serve them. And if He should come in the second watch, or come in the third watch, and find them doing thus, blessed are those servants.

But know this, that if the master of the house knew in what hour the thief comes, he would have watched, and not have left his house to be broken through. And be ye also prepared: for in the hour that you know not, the Son of Man comes.

But Peter said, Lord, have You said this parable to us, or have You said it to every one? And the Lord said, Who then is the faithful and wise steward, whom his Lord shall set over his servants, that he may give them their food at the given time? Blessed is that servant, whom if his Lord should come, He may find doing thus. Truly, I say to you, that He will set him over all that His possessions.

But if that evil servant should say in his heart, My Lord will delay his coming; and begin to beat the servants and the handmaids, and to eat and drink, and to be drunken; the Lord of that servant will come in the day which he expects Him not, and in the hour which he knows not, and will cut him asunder, and his portion He will set with the unbelievers.

Then shall these Troparia be said,

With a merciful eye, Lord, look upon my weakness, for yet a little, (and) my life will cease, and from my deeds I have no salvation. Therefore, I ask (You), Lord, look with a merciful eye upon my poverty and save me.

Doxa Patri ke Eio ke Agio Pnevmati. (Glory be to the Father and to the Son and to the Holy Spirit.)

As though the Judge were present, be watchful and sober, O my soul, and understand that hour of terror; for there shall be no mercy at the judgment for him who showed not mercy. Therefore spare me, O Saviour, for You alone art the Lover of mankind.

*Ke nin ke a-ee ke ees toos e-onas ton e-onon. Amen.* (Both now and always, and unto the ages of ages. Amen.)

O rational Gate of Life, honoured Mother of God, save them who in faith fled unto you from distress. That in all things we may glorify your holy bringing forth for the salvation of our souls.

*Ke nin ke a-ee ke ees toos e-onas ton e-onon. Amen.* (Both now and always, and unto the ages of ages. Amen.)

**O** Heavenly King, the Paraclete, the Spirit of Truth, who art in every place and Who fills all; the Treasure of the good and the Giver of Life, graciously come and be in us, and cleanse us from every blemish, O Good One, and save our souls.

**Doxa Patri ke Eio ke Agio Pnevmati.** (Glory be to the Father and to the Son and to the Holy Spirit.)

As You were with Your disciples, O Saviour, and gavest them peace, come also and be with us; save us and deliver our souls.

*Ke nin ke a-ee ke ees toos e-onas ton e-onon. Amen.* (Both now, and always, and unto the ages of ages. Amen.)

If we stand in Your holy temple, we count ourselves as those who stand in heaven. O Mother of God, you are the gate of heaven; open to us the door of mercy.

Then shall be said: Lord hear us, have mercy on us and forgive us our sins, Lord have mercy (Kirié Eleison) 50 (or 41<sup>10</sup>), Holy, Holy, Holy, (page 12), and the Lord's Prayer.

### THE GOSPEL FROM SAINT LUKE 21:29-32

Now, O my master, You shalt let Your servant depart in peace, according to Your word: for my eyes have seen Your salvation, Which You have prepared before the face of all the peoples; a light for a revelation to the nations, and the glory of Your people Israel. *Glory be to God forever*.

Then shall be said this absolution,

Master, Lord Jesus Christ, Son of the Living God, Who abides forever, enlighten our minds that we may understand Your life-giving sayings. Raise us up from the darkness of sin that slays the soul. Make us worthy to be upright in well doing, and at Your Coming to judge the world, may we be worthy to hear that voice full of joy saying, "Come to me, ye blessed of my Father, inherit the kingdom prepared for you from the foundation of the world." Yea, Lord, straighten us, that we may be in that hour fearless, and unwavering, and unmoved. And make us not ashamed on account of the multitude of our iniquities. For You alone art the Compassionate, the Long-suffering and plenteous in mercy. Through the intercession of the Lady of us all, the Mother of God, Saint Mary, and of all the choir of Your saints. Amen.

<sup>&</sup>lt;sup>10</sup> Originally "Lord have mercy" was recited 50 times. Under the influence of Roman Catholic missionaries, this came to be 41 times for the 39 lashes, crown of thorns, and sword pierced side.

### The Midnight Praise

## The Beginning of the Midnight Praise

In the name of the Father and the Son: and the Holy Spirit, One God. Amen.

Lord have mercy. Lord have mercy. Lord Bless. Amen.

Glory be to the Father and the Son, and the Holy Spirit: Now and forever and unto the age of ages: Amen.

Our Father...

Let us give thanks...

Have mercy upon me, O God.

Glory be to You, O our God...

Arise, O children of the light: let us praise the Lord of the powers.

♣ That He may grant us the salvation of our souls.

Whenever we stand before You in the flesh.

**+** Take away from our minds the sleep of negligence.

Grant us sobriety, O Lord, that we may understand how to stand before You at times of prayer,

Јен өннөт ећуш инунри ите пнотини итенгис е $\Pi$ от ите инхом.

+ Вопшс итецеремот нан мпсш+ ите неифтун.

Бен пхинореноги ератен ипекиоо соматикос.

+  $\Delta\lambda$ іоті євох гітєм пеннотс інгенці інте + єв $\omega$ і.

**Uoi** ηλη Πος ηοτμετρεφερητώφιη: δοπως ητέηκλ ητέηδει ερλτέη μπεκώθο ώφηλα ητέ Τπροςέτχη. And send up to You a befitting doxology, and win the forgiveness of our many sins: Glory to You O Lover of mankind. (Doxa Si Philanethropé)

Behold, bless the Lord, all you servants of the Lord: Glory to You O Lover of mankind.

• Who stand in the house of the Lord, in the courts of the house of our God: Glory to You O Lover of mankind.

In the nights, lift up your hands to the sanctuary, and bless the Lord: Glory to You O Lover of mankind

The Lord who has created the heaven and the earth, will bless you out of Zion: Glory to You O Lover of mankind.

Let my supplication come near before You, O Lord: give me understanding according to You word: Glory to You O Lover of mankind.

♣ My petition shall come in before You: revive me according to Your word: Glory to You O Lover of mankind.

My lips will pour forth blessing, if You teach me Your truths: Glory to You O Lover of mankind. + Οτος ητενοτωρη νακ επώωι η Δοζολοσία ετερπρεπί: οτος η πενιμαμμι μπχω εβολ ήτε νεννοβι ετοψ: Δοζαςι φιλανθρωπε.

Знппе Δε смот «Пос нієвілік нтє Пос: Δοχλοι φιλληθρωπε.

+ инетогі єратот бей їні Moc: бей имат $\lambda$ нот їнте їні Mennor:  $\Delta$ охасі фі $\lambda$ ай $\theta$ р $\omega$ пе.

Νέρμι δεν νίεχωρε ται ίννετενχιχ επώωι νητέθτ ζωοτ εΠος: Δοξαςι Φιλανθρωπε.

♣ Πος εφέςμον εροκ εβολδεν Сιων φηεταφθαμίο ήτφε νεμ πκαδι: Δοξαςι φιλανθρωπε.

Παρε πατεο δωντ απεκάθο Πος μακατ νη κατα πεκςαχι: Δοζαςι φιλανθρωπε.

+ ετά τεξοτη μπεκύθο ήχε πλαξιωμά: κατα πεκςαχι ματαμέσι: Δοξαςι φιλαήθρωπε.

Ере насфотот веві ногслот ещип акщантсавої енеклефині: Дозасі фіданфрипе.

My tongue will respond with Your words: for all Your commandments are righteous: Glory to You O Lover of mankind.

Let Your hand deliver me, for I have desired Your commandments: Glory to You, O Lover of mankind.

♣ I have longed for Your salvation, Lord; and Your Law is my meditation: Glory to You O Lover of mankind.

My soul will live, and it will praise You; and Your judgments shall help me: Glory to You O Lover of mankind..

♣ I have gone astray like a lost sheep; seek after Your servant; for I have not forgotten Your commandments: Glory to You O Lover of mankind.

Glory be to the Father, and the Son, and the Holy Spirit: Glory to You O Lover of mankind.

♣ Both now, and always, and to the ages of ages. Amen: Glory to You O Lover of mankind.

Glory be to the Father, and the Son and the Holy Spirit, from now and to the age of all ages. Amen: Glory to You O Lover of mankind.

# Παλας εφερονώ δεν νεκςαχί: χε νεκεντολή τηρογ δανμέθμι νε: Δοξάςι Φιλανθώπε.

μαρεσωωπι ήχε τεκχιχ εφηλημετ: χε ηεκεητολη λιερεπιθτωίη ερωστ: Δοξασι φιλαηθρωπε.

 Διδιωμωστ απέκοτχαι Πος: οτος πεκνούος πε ταμέλετη: Δοξάςι φιλανθρώπε.

Ετέων η ήχε ταψτχη ότος ετέτμοτ ερόκ: ότος νέκσαπ ετέερβοθοίο ερόι: Δοζατί φιλανθρώπε.

 Δισωρεμ μφρητ ηοτεσωστ ελατακο:
 κωτ ησα πεκβωκ: αε νεκεντολη μπιερποτωβω: Δοζασι φιλανθρωπε.

 $\Delta$ οχα πατρι κε τιω κε άσιω πνετματι:  $\Delta$ οχαςι φιλανθρωπε.

★ κε ητη κε àι κε ις τοτς 'εὼπας τωπ 'εὼ ηωη αμηη: Δοζαςι φιλαηθρωπε.

Πιωοτ μφιωτ νεμ πωμρι νεμ πιπνά εθτ: ισχεν τνοτ νεμ ω α ενές ντε νιενές τηροταμην: Δοζασι φιλανθρωπε. ♣ Glory to You, O Good One, the Lover of mankind. Hail to Your Mother, the Virgin, and all Your saints: Glory to You O Lover of mankind.

+ Πιω`οτ νακ πιμαιρωμι νατάθος: χερε τεκματ μπαρθένος νέμ νητέθτ τηροτ ντακ: 2οξαςι φιλανθρωπε.

Glory to You, O Only-Begotten. O Holy Trinity, have mercy upon us: Glory to You O Lover of mankind.

 $\Delta$ οχαςι ο μονοσένης: άσια τριας ελείς ον Ήμας:  $\Delta$ οχαςι φιλανθρωπε.

♣ Let God arise and let all His enemies be scattered, and let all that hate His Holy Name flee before His face: Glory to You O Lover of mankind.

• Սαρεστωνος ναε Φ† μαροταωρ εβολ ναε νεσααχι τηροτ: μαροτφωτ εβολ δατεή μπεσεο ναε ότον νίβεν εθμος† μπεσραν εθτ: Δοξαςι φιλανθρωπε.

But let Your people be in blessing, thousands of thousands, and ten thousand times ten thousands, doing Your will. Пекхаос Де марецушпі бен пісмот `егананую іную нем ганівва ініва етірі імпекотиці.

♣ O Lord, You will open my lips, and my mouth will utter Your praise. Amen. Alleluia.

Πος εκέλοτων ηναλόφοτος: οτος ερε ρωι
 χε μπεκόμος. Δμην. Δλληλογία.

During the Month of Koiak, the Koiak Canticle (O sing unto the Lord a new song), and the hymn after the Koiak Canticle (Agios O Theos) page ### is now said. The Preceeding Hymn, "Arise", may be omitted rather than said before the Koiak Canticle, especially if it has already been said with the First Watch of Midnight

## The Hymn for the Resurrection

## Missing Heading 4

In current practice, the Hymn for the Resurrection, found on page **Error! Bookmark not defined.**, is said at this point daily from the Feast of the Resurrection until to Feast of Pentecost, and then on Sundays only until the start of the month of Koiak.

The Hymn for the Resurrection follows the form of Greek Orthodox hymns, and probably entered the Coptic Psalmody in the time of Pope Kyrollos V in the late  $19^{th}$  century when several Greek hymns were adopted.

We consider the resurrection of Christ.

We bow down to the holy Jesus Christ our

Lord,

Who alone is without sin.

We bow down to Your Cross, O Christ.

We sing, glorifying Your resurrection.

For You are our God, and we know none but You.

After Your Name we are called.

Glory be to the Father, and the Son, and the Holy Spirit.

Come all you believers,

Let us bow down to the Resurrection of

Christ.

Behold, through His Cross,

The whole cosmos has become joyful.

Fennar `etanactacic  $\hat{\mathbf{u}}\Pi\overline{\mathbf{x}}\mathbf{c}$ : of obtaining  $\hat{\mathbf{u}}$  which orabes the  $\Pi\overline{\mathbf{x}}\mathbf{c}$  Henoc:  $\hat{\mathbf{u}}$  has a nobe  $\hat{\mathbf{u}}$  was at  $\mathbf{q}$ .

Тенотом и пекстатрос  $\dot{\omega}$  П $\chi c$ : тенеф тенфот итеканастасіс.  $\chi \varepsilon$  и и пекста пе Пеннот отог и тексоти и пексота и  $\dot{\omega}$  врок: отог бен пекран семот  $\dot{\omega}$  ерон

 $\Delta$ oza natpi...

Дмшіні тнрот ніпістос: йтенотшут йтанастасіс  $M\Pi \overline{\chi}$ с:  $\chi \epsilon$  енппе євохентєн пецстатрос: афі й $\chi \epsilon$  фраці єдоти єпікосмос тнрц.

Let us continually praise the Lord And glorify His Resurrection. For He endured death, And crushed it by His death.

Now, and forever, and to the age of ages.

Your perfect joy is befitting O Theotokos, For by you Adam returned to Paradise. Eve received comfort in place of her sorrow.

By you she regained freedom, and received eternal salvation.

Let us also glorify you as a treasure of the resurrection.

Hail to the sealed treasure by whom we received life.

Hail to her who gave birth to Christ our God for us.

He gave us life through His Resurrection.

Blessed are You, O Lord. Teach me Your truths.

The hosts of the angels were amazed
To count You among the dead.
You crushed the power of death, O
Saviour;

You raised Adam up with You, freeing him from Hades.

Ke nyn...

Міращі тнрот сетшиі еро й † феотокос: же єводзітот аттасфо ѝДДам епіпарадісос: еасбі ѝотсодсед йже Ета: ефма мпесйказйзнт: еасбі йтелетферіа йкесоп: ефвіт нем піотхаі йейніон.

Anon  $\Delta \varepsilon$  swn mapentwor ne: swc oraso nte tanactacic:

же жере півтсатрос еттов: етанераполетін йпіший єволізітотц: жере внетасцісі нан  $\hat{\mathbf{u}}\Pi\overline{\mathbf{x}}$ с Пеннот†: отог ацтнан йпіший єволізітен тецанастасіс.

ксиаршотт Пос: натсавог енекнеонні.

Містратіа настелікон: аттшит бен пхінфротнат ерок: сатопк нем пірецишотт: отог акбомбем нфхом нте фиот ш пісшр: отог актотнос Длам немак: отог акаіц премле єволбен аменф.

Blessed are You, O Lord. Teach my Your truths.

Why did you mix fragrant ointment with Weeping and mourning, O disciples of the Lord?

The shining angel said to the women carrying the spices,

"Behold and see that the Saviour is risen from the dead."

Blessed are You, O Lord. Teach my Your truths.

The women hastened very early to Your tomb carrying ointment and crying.

But the angel stood before them saying,

"The time of weeping has passed, do not cry

But preach the resurrection to the Apostles."

Blessed are You, O Lord. Teach me Your truths.

ксиаршотт Пос: натсавог енекцеоции.

€θβε οτ νισσεν νεω νινεςπι νεω νιριω: τετενθωτ ύωωοτ νεω νοτερμοτ: ὁ νιωλθητης ντε Πος: πεχε πιλττέλος ετδιέβρηχ εβολ: Δατεν πιλδατ ννιδιοώ ναδισσχεν: άνατ λε νθωτεν ότος αρίεω χε αφόδι ερατα ναε Πιςωτηρ: ότος αφτωνά εβολδεν νηθωμοτ:

ксиаршотт Пос: натсавог енекнеонні.

Μώωρη επάωω ατίης μπώος επέκμενα: μχε μισιοπί μασιοχέν έτνες πίστε για μπός μπός: χε μισιοπ μπέρριπι: αγγα άρισιωμή ήτανας ταςς μνιαπός τολος:

ксиаршотт Пос: натсавоі енекнеонні. The women came to Your Tomb,
O Saviour, bearing ointment, and with incense.

They heard the angel ask them,
"Why do you seek the living among the
dead?"

And He, being God, is risen from the tomb.

Glory be to the Father, and the Son, and the Holy Spirit.

We worship the Father, and the Son, And the Holy Spirit, one in essence. And we cry with the cherubim saying, "Holy, Holy, Holy are You, O Lord."

Now, and forever, and to the age of Ages.

Amen.

You gave birth, O Virgin, to the Giver of Life,

And you delivered Adam from sin.

You gave joy to Eve instead of sorrow,

And granted us life and salvation from

corruption and alteration.

You became our intercessor before God our Saviour

Who was incarnate of you.

Amen. Alleluia: Lord have mercy,

Lord have mercy, Lord have mercy.

Μιδιομι ησαισοχέν αξι επέκμελε: νέμ πισθοινοταί ω Πισώτηρ: ότος ατσώτεμ επίσττελος έσχω μπος νώοι: χε έθβε ότ τετένκωτ ήςα φηέτονδ νέμ νιρεσμώσττ: ότος ήθος δώς νόττ αστώνς έβολδεν πιμέλε:

 $\Delta$ ода патрі...

Τενοτωώτ άφιωτ νευ Πώμρι νευ Πίπλα εθτ: δεν †μετοται ήτε †οτςια: οτος ήτενωώ εβολ νευ Νιχεροτβίω: χε χοταβ χοταβ χοταβ ήθοκ Πος:

KE NYN...

**A**penici  $\dot{\omega}$ †пар $\theta$ єнос: TP3q¢ú :&κωπίμ us & Len 5000тэгоиэдү евохбен фиові: арет йпочнос йвта: ϻ϶ϼͼ ὑπεсѝκλε :ТНЗЙ εμεσομφ μεν διαμπά: και τομέσεσης еволбен птако нем пшівт: арешшпі потпростатис: иэдѕи Ф† пепречсшт: фнетачбісару євой понт. αμην αλληλογία: κτρίε ελείσον κτρίε εγειςου κλυίε ελγολίζου

## The First Canticle: The Praise of Moses the Prophet

# Πιεως η ενώτη - 4εωλη η τ $\epsilon$ Πωντις πιπροφητής

Then Moses and the children of Israel sang this song to the Lord and spoke saying, "Let us sing to the Lord for He is greatly glorified."

Horse and rider He has thrown into the sea. He became my helper and protector; He has become my salvation.

This is my God, I will glorify Him, the God of my fathers, and I will exalt Him.

The Lord, when he shatters wars, the Lord is his Name. Pharaoh's chariots and all his host has he cast into the sea.

The chosen mounted captains He drowned in the Red Sea.

**\( \psi\)** With open water He covered them; they sake down into the deep like a stone.

Your right hand, O Lord, was glorified in power. Your right hand, O Lord, crushed Your enemies.

† In the abundance of Your glory you shattered Your enemies; You sent your wrath, and it consumed them as stubble.

Доте адемс нае Иштене нем ненщири иписрана етай еман нте Пос отов адхос ефротхос же маренемс еПос же бен отмот тар адбійот.

**Ф**Отено нем отбастено апрервшрот ефиом отвойнос нем отречешве евох емой адшина ингитериа.

Пос петромовы инивште Пос пе перан ниверебшотте ите Фарай нем термом тнре арвервшрот ефіом.

δανοωτπ κάναβατης κτριστατης αγχολκοτ δεν φιου κωμαρι.

 Девывс `єбрні `єхшот піхє пімшот атшис `єбрні `єпєтщнк йфрн† потшиі.

Τεκοτικά μΠος αςδιώστ δεν στασά τεκχιχ νοτικά Πανότ αςτακε νεκχαχι.

Бен пашаг пте пекшог акомобем помет пробольный пректической пректи Through the breath of Your wrath, the waters were separated; the waters were congealed like a wall; the waters were congealed in the midst of the sea.

The enemy said, 'I will pursue, I will overtake; I will divide the spoils; I will satisfy my soul; I will destroy with my dagger; my hand will reign.'

You sent Your breath; the sea covered them; they sank like lead in the the mighty waters.

♣ Who is like You, O Lord, among the gods? Who is like You, glorified among the holy, awesome in glorious deeds, doing wonders?

You stretched out Your right hand; the earth swallowed them. You in Your righteousness led Your people, whom you redeemed; You called them by Your power into Your holy abode.

**†** The nations heard and became angry; Sorrow took hold on the inhabitants of Palestine.

Then the rulers of Edom made haste. And the leaders of the Moabites, trembling took hold upon them. €Βολειτεν πιπνα ήτε πεκώβον αφοει έρατη ήχε πιμώστ απόιοι ήχε νιμώστ ώφρη† ήστοοβτ απόως ήχε νιχολ δεν θωη† ώφιου.

# Духос тар йхе піхахі хе †набосі йтатаго йтафшш йганшшх йтатсю йтафтун йтабштев бей таснуі йте тахіх єрос.

Дкогшрп ипекппа адговсог йхе фюл атшис `єпеснт ифрн† йоттатг бен ганишог етош.

Ηιω ετόνι αμόκ δεν νινότ Πος νιω ετόνι αμόκ αμόκ ελττώος νακ δεν νιεθα ήτακ επερώφηρι αμόκ δεν οτώος εκίρι ηγλανώφηρι.

Аксоттен текотінам 'євой адомкот йхе тказі акбійшіт захшд йпеклаос зен отменині фаі 'єтаксотпу актхом нау зен текномт етма йемтон 'єдотав нак.

 Атсштем йхе ваневное отов атхшит ваннакві атбі йинетщоп бен Иіфтлістім.

Τοτε ατιής αμώοτ ήχε ηιδητεμών ήτε Ελώμ ηιαρχών ήτε Μιμωάβιτης οτέθερτερ πε εταφίτοτ. + All the inhabitants of Canaan melted away. May fear and trembling fall upon them.

By the greatness of Your arm let them become as stone; till your people pass over, O Lord: till Your people pass over, whom you have purchased.

Bring them in, and plant them in the mountain of Your inheritance, in Your prepared dwelling place that you made, O Lord.

Your holy place, O Lord, which Your hands have prepared. The Lord, reigning as King forever and ever and beyond.

+ Because the horses of Pharaoh: and his chariots and horsemen went into the sea,

The Lord brought the waters of the sea upon them, but the children of Israel walked through dry land in the midst of the sea.

Then Miriam the prophetess: the sister of Aaron, took the tambourine in her hand, and all the women went out after her with tambourines and praises.

\* Δτβωλ εβολ ήχε οτου νίβευ ετώου φευ Χαυαν αφί εξρηι έχωοι ήχε οιζθερτερ νεω οιζοτ.

**Σ**ΕΝ πάωλι ήτε πεκάφοι μαροτερώνι ωλτεςινι ήχε πεκάλος φαι ετακάφος.

**4** Диітот еботи тохот віхей оттшот йтє текклирономій нем еботи епекмайщипі етсевтшт фаі етакервшв ероц Пос.

Πεκώλ εθτ Πος Φηετλτας βτώτη ήχε νεκχιχ Πος εκοι ήστρο ωλ ένες νεώ ισχεν ήξηκες στος έτι.

Фарай нем нецверебшотте нем нецбасіво.

ΔΠος εν πιωωος ντε φιομ εξρηι εχωος νενωμρι δε ΔΠιζλ νατμοώι δεν πετωοςώος δεν θανή άφιοα.

♣ Дебі Де нас йже Царіам †профитне тешні йДарши йпікемкем бен нескіх отог аті `євой саменене йже нігіомі тирот бен ганкемкем нем гангше. And Miriam lead them, saying: "Let us sing to the Lord, for gloriously has He glorified Himself."

♣ "Horse and rider he has thrown into the sea." Let us sing to the Lord for He has gloriously glorified Himself. Асерентс де бахшот нхе Царіац есхи ймос хе маренешс еПос хе бен отфот тар ачбіфот.

+ Οτέθο κεμ οτδασίδθο αμβερβωροτ εφιομ χε μαρεκεως εΠος χε δεκ οτώοτ ταρ αμδοώστ.

#### Psali Adam

### Bani A hau

The water of the sea was parted into parts, And the great deep became a path. Бен отщит ачщит но пімиот но фіом отог фноти етщик ачщипі ногмаймощі.

The sun has shone upon an unseen land, And they walked upon an untrodden way.

der-

 Отказі навотшиз афри щаі зіхше отшшіт натсіні атпощі зіште.

Flowing water stood upright, by a wonderful and miraculous act.

Отишот едвна евоа адогі ератд Бен отгшв ійфнрі йпара2озон.

+ Pharaoh and his chariots were drowned in it, And the children of Israel passed over the sea.

 Фарай неи нецвариа атиис епеснт ненщны иПісх атерхініор ифіои.

Moses the prophet was praising before them, Until he took them to the wilderness of Sinai. Спадешс δахшог пе йхе Иштснс піпрофитис щайтербітог ебоги гі пщаде йСіна.

- They praised the Lord with this new song, Saying "Let us praise the Lord, for He has gloriously glorified Himself."
- Ενατεως εΦ† δεν ται εωδη μβερι χε μαρενεως εΠος χε δεν οτώοτ ταρ ασδιώοτ.

Through the prayers of Moses the Archprophet, O Lord, grant us the forgiveness of our sins Hiten ni evki enté Moysis pi Arshiprofitis: Ep Chois ari ehmot nan em pi ko-evol enté nen novi. Ζιτεν νιετχή ντε υωτοής πιαρχήπροφη-τής Πος αριδμότ ναν ώπιχω εβολ ντε νεννοβι.

† Through the intercessions of the Mother of God, Saint Mary, O Lord, grant us the forgiveness of our sins Hiten ni presvia enté ti Théotokos Eth-owab Maria: Ep Chois ari ehmot nan em pi koevol enté nen novi. Зιτεν νιπρεσβιά ήτε †θεοτοκος εθτ Παριά Πος αριδμότ ναν μπιχω εβολ ήτε νεννοβι.

We worship You, O Christ, with Your Good Father and the Holy Spirit, for You have {come} and saved us.

Ten oo-osht Emmok: O Pi Khristos: nem Pek Yot en Aghathos: nem pi Pnevma Eth-owav: je {ak ee} ak soti emmon. Τενοτωμτ μποκ` ω Πχς νεμ Πεκιωτ νάταθος νεμ Πιπνά εθτ χε ακι ακοω† μπον.

In the current usage, one days other than Sunday, the Praise continues from the Gospel of the Sunday Theotokia on page 132, until Part Nine of the Sunday Theotokia before continuing as usual from the Second Canticle.

On Sundays during the month of Koiak, the Hymn after the First Canticle (The Lord said unto Moses) is said. See page ##.

During Koiahk, the Psali Adam on the Second Canticle, page ##, is said.

### The Second Canticle: Psalm 135

# Πιεως μπας Β: Ψαλμος ρλε

Amen. Alleluia. Kyrie Eleison. Kyrie Eleison. Kyrie Eleison.

O confess the Lord, for He is good: Alleluia: For His mercy endures forever. (Je Pef nai shop sha eneh.)

O confess the God of gods: Alleluia: For His mercy endures forever.

O confess the Lord of lords:
Alleluia: For His mercy endures forever.

To Him Who alone does great wonders: Alleluia: For His mercy endures forever.

To Him that by wisdom made the heavens: Alleluia: For His mercy endures forever.

To Him that stretched out the earth above the waters:

Alleluia: For His mercy endures forever.

To Him that made great lights:

Alleluia: For His mercy endures forever.

The sun to rule by day:
Alleluia: For His mercy endures forever.

 Οτωνε εβολ μΠος αε οτχπρηςτος οτλαθος πε λληλοτία αε πεσναι ψοπ ψα ενεε.

> Οτωης εβολ μΦ† ήτε ηιηστ† αλληλογία αε πεσηαί ωοπ ωα έηες.

Φ Οτωνε εβολ μΠος ητε νιος λληλογία σε πεσναι ψοπ ψα ενεε.

> Φιετιρι ήγελημη ή ήμφηρι άματατα αλληλογία σε πεσηλί μοπ μα ένιες.

 Фнетафаміо інпфноті бен отка аххнхотіа же перпаі щоп ща єнев.

Φη Εταφταχρο μπικαδι διχέν νιμώστ αλληλογία χε πέφναι ωσπ ωλ ενέδ.

 Фнетафаміо йваннішт інреферотшіні ймататф

Αλληλογία σε πεσηλί ψοπ ψα ένες.

Φρη εοτερωίωι ήτε πίεδοος αλληλογία σε πεσναί ώου φα ενέδ The moon and stars to rule by night:
Alleluia: For His mercy endures forever.

To Him that smote Egypt in their firstborn: Alleluia: For His mercy endures forever.

And brought out Israel from among them:
Alleluia: For His mercy endures forever.

With a strong hand and with a stretchedout arm:

Alleluia: For His mercy endures forever.

To Him Who divided the Red Sea into parts:

Alleluia: For His mercy endures forever.

And brought out Israel through the midst of it:

Alleluia: For His mercy endures forever.

• But overthrew Pharaoh and his forces in the Red Sea:

Alleluia: For His mercy endures forever.

To Him Who brought His people through the wilderness:

Alleluia: For His mercy endures forever.

To Him who retrieved water from a rock: Alleluia: For His mercy endures forever. # Πιιος νεω νισιοτ ετεξοτσίλ ήτε πιεχωρς

**Αλληλογία χε πεσηλί ώου φα ενέ**δ.

Φικταρωαρί ενα Χιμί νευ νοτωαμίοι αλληλογία σε πεσναί ψοπ ψα ενές.

 Οτος αφίνι μΠτα εβολ σεν τοτμητ αλληλογία σε πεφναί ψοπ ψα ένες.

есфосі Реи олхіх есупусі иєп олітрій

аллиндойга же песили шоп ша енег.

нэе ідацій моіфи храфратэнФ 💠 храфиясь

Αλληλογία ας πεσημί ωοπ ωα ενές.

Οτος αφινι μΠισλ έμμρ δεν τεφμητ αλληλογία σε πεφναί ψοπ ψα ένες.

• Οτος αμβορβερ μΦαραώ νεμ τεμχομ τηρς εφιομ ήωαρι αλληλοτία σε πεμναι ωοπ ωα ένες.

Фнетафіні імперлаос евол нізрні гі туаре

аллиндойга же песили шоп ша енег.

 Фнетафіні йотшшот євох бен отпетра йког йшшт

αλληλογία σε πευναί ψοπ ψα ενές.

To Him that struck down great kings: Alleluia: For His mercy endures forever.

And killed mighty kings:
Alleluia: For His mercy endures forever.

Sihon, king of the Amorites: Alleluia: For His mercy endures forever.

And Og, the king of Bashan:
Alleluia: For His mercy endures forever.

And gave their lands as a heritage: Alleluia: For His mercy endures forever.

**‡** Even a heritage to Israel His servant: Alleluia: For His mercy endures forever.

> Who remembered us in our humiliation: Alleluia: For His mercy endures forever.

And redeemed us from our enemies:
Alleluia: For His mercy endures forever.

Who gives food to all flesh: Alleluia: For His mercy endures forever.

O confess the God of heaven:
 Alleluia: For His mercy endures forever.

Φιετασωαρι ήδα παιώ † ήστρωστ αλληλογία σε πεσμαί ωσπ ωα είνες.

 Οτος αφάωτεβ ης ανοτρώοτ ετοι ημφηρι
 αλληλογία ας πεσηλί ψοπ ψα ενές.

> Chwn ποτρο ήτε Νιλωορρέος αλληλογία πε πεςιναί ώου φα ένες.

 Ηεω Ws ποτρο ητε θβασαη αλληλογία σε πεσηαί ψοπ ψα ένες.

Άς † ὑποτκαει ετκληρονομία ὑπεςβωκ Πίζα αλληλογία αε πεςιναι ψοπ ψα Ένεε.

**Ετκληρουομία ὑπεσβωκ π**ίσλ αλληλογία αε πεσμαί ψοπ ψα είνες.

Νέρμι Δεν πενθεβίο αφερπενμετί ήχε Πος αλληλοτία χε πεφναί ψοπ ψα Ένεε.

Φ Οτου αφασττεν εβολύεν νεναία ήτε νεναάα! αλληλογία αε πεφναί ψοπ ψα ένευ.

Φηετή δρε ής αρχ νίβεν ετονδ αλληλογία σε πεςιναί ωοπ ωα ένες.

Φτωνε`εβολ ùΦ† ητε τφε λαληλογία ας πεσιαι μοπ ωα `ενεε.

O confess the Lord of lords, for He is good:

Alleluia: For His mercy endures forever.

Otwing 'ebol  $\hat{u}\Pi oc$  hte nioc ce οτχρηςτος οτλιλθός πε Αλληγολία πε μεσηνί πομ πα ενές.

### Psali Adam

### Ψαλι Δλαμ

Let us confess Christ our God, With David the prophet and the psalmist.  Иаренотшиг `євой інПіхристос Пєниот+ NEW ПІЄРО $\psi$ АХТНС  $\Delta$ АТІ $\Delta$  ПІЙРО $\phi$ НТНС.

For He has made heaven and all its host, And established the earth on the waters.

 $\mathbf{X}$ e aq $oldsymbol{lpha}$ aun  $oldsymbol{lpha}$ nni olua $oldsymbol{eta}$ pa  $oldsymbol{lpha}$ agsicent únikasi sizen niuwot.

Those two great lights, the sun and the moon,

He has made to enlighten the firmament.

мы изи неи при нем пиог αγχαν ενερονωινι δεν πίστερεώμα.

He brought forth the winds out of His

treasure box;

He breathed upon the trees and they

blossomed.

Дары изброй тононави инфавир ачичі йса нійшни шайтотфірі євох.

He caused rain to fall upon the face of the earth,

And it brought up herbs and gave its fruits.

ost neces rowsnrouron rowsp $oldsymbol{\mathcal{L}}$ Ϣπκλει ωλητεάρωτ εμώνι μτεά τη πιεάρωτης.

He brought forth water out of a rock, And gave drink unto His people in the wilderness.

Дфіні ночишот єводбен отпетра αστοο μπεσλαος ήδρηι δι ήωασε. He made man in His image and likeness, That he may praise Him.

Let us praise Him and exalt His Name, And give thanks unto Him: For His mercy endures forever. (Je Pef nai shop sha eneh.) **Φ** Ω σολμιο μπιρωμί κατα πεζίνι νεμ τεσεικών εθρεσζομον έρος.

> Παρεήδως έρος τεήδιοι ώπες ραή τεμοτώμε μας έβολ σε πεςμαί ψοπ ψα έμες.

Through the prayers of David the Psalmist, O Lord, grant us the forgiveness of our sins. Hiten ni evki ente pi Yeropsaltis David: Ep Chois ari ehmot nan em pi ko-evol enté nen novi. διτεή ηιέτχη ήτε πιιεροψάλτης Δατίδ: Πος άριδμοτ μαν ώπιχω βολ ήτε μενηροβι.

Through the intercessions of the Mother of God, Saint Mary, O Lord, grant us the forgiveness of our sins. Hiten ni presvia enté ti Théotokos Eth-owab Maria: Ep Chois ari ehmot nan em pi koevol enté nen novi. διτεν νιπρεσβιά ήτε †θεότοκος εθτ Παριά: Πος άριδμοτ ναν μπιχω βολ ήτε νεννοβι

Through the intercessions of all the choirs of the angels, O Lord, grant us the forgiveness of our sins.

Hiten ni presvia ente ep khoros tirf ente ni angelos: Ep Chois ari ehmot nan em pi koevol enté nen novi. Зітен ніпресвій інте пхорос тира інте ніаттехос: Пос хрідмот нан йпіхш вох інте неннові.

Blessed art You in truth, with Your Good Father, and the Holy Spirit, for You have {come} and saved us.

Ek-esmaro-oot alithos: nem Pek Yot en Aghathos: nem pi Pnevma Eth-owab: je {ak ee} ak soti emmon. Κυαρωστ άληθως ηξυ Πιπηλ έθτ χε ακι ακου† μπου.

During Sundays of the month of Koiahk, "The Fiery Bush" is said. See page ##.

## The Third Canticle: The Song of the Three Children

# Οιζως αναδί τιπ επίτ η κανώ με το κανώ συσιπ

Blessed art You, O Lord, God of our fathers, And to be highly praised, and exalted above all forever.

• Blessed is the Holy Name of Your glory, And to be highly praised, and exalted above all

forever.

Blessed art You in the holy temple of Your glory, And to be highly praised, and exalted above all forever.

• Blessed art You who beholds the depths sitting on the Cherubim, And to be highly praised, and exalted above all forever.

Blessed are you on the throne of Your Kingdom, And to be highly praised, and exalted above all forever.

Blessed art You in the firmament of heaven, And to be highly praised, and exalted above all forever.

Bless the Lord, all you works of the Lord: Praise Him and exalt Him above all forever. (Hos Erof arihoo-o chasf sha ni eneh.) Ксиаршотт Пос Ф† інте неніо† кергого спаршотт кергого бісі ща нієнег.

ф ὰκλαρωστ κας πιρακ σον κτς πεκώστ ὰρεσονο κλαρωστ ὰρεσονο δια ωα κιλεκε.

Kchapwort Den niephei nte nekwor eor kepsoro chapwort kepsoro bici ya nienes.

• Ксиаршотт фневнат еніноти ецевисі віжен Міжеротвім кервото спаршотт кервото бісі ща ніенев.

Καμαρωστ είχει πιθρονίος ντε τεκμετογρο κερεογό αμαρωσττ κερεογό δια ψα νίενεε.

 Ксиаршотт бен пістерешим інте тфе кергото спаршотт кергото бісі ща ніенег.

**C**μοτ εΠος Νιδβμοτί τηροτ ήτε Πος εως ερος άριδοτο δαςς ωα Νίενεδ. ♣ Bless the Lord, you heavens: Praise Him and exalt Him above all forever.

Bless the Lord, you angels of the Lord: Praise Him and exalt Him above all forever.

♣ Bless the Lord, all you water above the heaven: Praise Him and exalt Him above all forever.

Bless the Lord, all you powers of the Lord: Praise Him and exalt Him above all forever.

♣ Bless the Lord, O sun and moon: Praise Him and exalt Him above all forever.

Bless the Lord, stars of heaven: Praise Him and exalt Him above all forever.

♣ Bless the Lord, O rain and dew: Praise Him and exalt Him above all forever.

Bless the Lord, O clouds and winds: Praise Him and exalt Him above all forever.

♣ Bless the Lord, all you spirits: Praise Him and exalt Him above all forever.

Bless the Lord, O fire and heat: Praise Him and exalt Him above all forever.

**#** Bless the Lord, O cold and heat: Praise Him and exalt Him above all forever.

 ♣ Cμοτ εΠος αιφηροτίο εως ερος άριγοτό δαςς ωα αιένες.

**Choy** èΠος πιασσέλος τηρογήτε Πος εως έρος άριεογό δαςς ωα πίεπες.

 Επος εΠος κιμώσε τηρος ετςα πωωι κτάς

εως ερος άριδος δαςς ως κιενές.

Chor εΠος μίχου τηρος ήτε Πος εως ερος άριδοςο δάςς ωλ μίεμεδ.

♣ CMOT èΠος πίρη μεν πίιος εως èρος άριγοτο δάςς ψα μίεμες.

Cmor eΠος νισιος τηρος ντε τφε εως eρος άριδος δαςς ωλ νίενεδ.

+ Chor essential numbers of acq we niewes.

CMOT EPOC NIGHTH NEW NIGHOT SWC EPOCY APISOTO BACY WA NIENES.

 Смот єПос ніпіна тирот εωс єроц арівото басц ща нієнєв.

CMOT ETTOC THE POWER NEW THEATMA SWC EPOY APISOTO BACY WA NIENES.

 Choy eΠος πιώχεβ νεμ πικαγοων εως epoq άριεογό δαση ωλ νίενεε. Bless the Lord, O dew and falling snow: Praise Him and exalt Him above all forever.

♣ Bless the Lord, O nights and days: Praise Him and exalt Him above all forever.

Bless the Lord, O light and darkness: Praise Him and exalt Him above all forever.

**‡** Bless the Lord, O ice and cold: Praise Him and exalt Him above all forever.

Bless the Lord, O hoarfrosts and snow: Praise Him and exalt Him above all forever.

**‡** Bless the Lord, O lightnings and clouds: Praise Him and exalt Him above all forever.

Bless the Lord, all the earth: Praise Him and exalt Him above all forever.

**\$\displaystyle \text{Bless the Lord, O mountains and hills: Praise**Him and exalt Him above all forever.

Bless the Lord, all that grows in the earth: Praise Him and exalt Him above all forever.

♣ Bless the Lord, O springs fountains: Praise Him and exalt Him above all forever.

Choy è $\overline{\text{Hoc}}$  niiw $\uparrow$  nem niniqi swc èpoq àpisoyò bacq wa niènes.

 Chot eΠoc niezwps neu niesoot swc epoq apisoto басq wa nienes.

Chor eΠος πιοτωικί κεμ πιχλκί εως έρος λριδογό δλος ωλ κίεκεδ.

**Φ** Chor eΠος πίχλη μεμ πιώχεβ εως έρος λρίδογο δλός ωλ μιέμες.

Chor eΠος †παχνη νεμ πιχιών εως epoq άριδογο δάςς ωλ νίενες.

**Φ** CMOY eΠος ΝΙCETEΒΡΗΣ ΝΕΜ ΝΙΘΗΠΙ εως epoq à pieoyò басq ωα νίενεε.

Chor εΠος πικαδι τηρη δως εροη άριδογό δαςη ψα νίενεδ.

+ Cmoy εΠος νιτωού νεω πικαλαμφωού τηρού εως ερος άριδούο δαςς ως νίενες.

Смот є Пос ин тнрот є трнт είχεν πεο μπκαεί εως ερος άριεοτο δαςς ωα νίενεε.

Choy eΠος νιμοτμι
 εως epoq apisoyo bacq ωα nienes.

Bless the Lord, O seas and rivers: Praise ye Him and exalt Him above all forever.

♣ Bless the Lord, O whales and all that moves in the waters: Praise Him and exalt Him above all forever.

Bless the Lord, all birds of the air: Praise Him and exalt Him above all forever.

♣ Bless the Lord, all beasts and cattle: Praise ye Him and exalt Him above all forever.

Bless the Lord, O sons of men; worship the Lord: Praise Him and exalt Him above all forever.

♣ Bless the Lord, O Israel: Praise Him and exalt Him above all forever.

Bless the Lord, O priests of the Lord: Praise ye Him and exalt Him above all forever.

• Bless the Lord, O ye servants of the Lord: Praise Him and exalt Him above all forever.

Bless the Lord, O you spirits and souls of the righteous: Praise Him and exalt Him above all forever.

**Chot έΠος** Νιλμαιότ μεμ μιιαρώστ εως έρος άριδοτο δαςς ψα μίεμες.

**Φ** Chot eΠος νικητος νέμ ενχλι νίβεν ετκιμ δεν νιμώστ εως ερος άριδοτο δλός ωλ νίενες.

Cuor εΠος αιελλλ τηρος ατε τφε εως ερος άριεοςο δλος ωλ αιεπεε.

+ Chot eΠος αιθηρίοα αξώ αιτεβαώστι τηροτ εως έρος άριεστο δάςς ψα αιέαεε.

Смот εΠος νιώμρι ήτε νιρωμί οτωώτ μΠος εως ερος άριεοτο δάςς ως νίενες.

CMOT `eΠoc Πīcλ
 Swc `epoq àpisot`o bacq wa niènes.

Cmor εΠος αιότηβ ατε Πος εως ερος άριδοςο δάςς ως αιένες.

**Φ C**μοτ εΠος ηιεβιλικ ήτε Πος εως ερος λριεοτό δλος ωλ ηιέρεε.

Сωση εΠος αιππα αεω αιψυχη ατε αιθωμι εως ερος άριδονο δάςς ως αιεπες.

♣ Bless the Lord, O you who are holy and humble in heart: Praise Him and exalt Him above all forever.

Bless the Lord, O Hananias, Azarias and Misael: Praise Him and exalt Him above all forever.

♣ Bless the Lord, O you that serve the Lord, God of our fathers: Praise Him and exalt Him above all forever. Chor è $\overline{\text{Hoc}}$  Ananiac Azapiac Uicah $\lambda$  swc èpoq àpisorò d'acq wa niènes.

• Chor εΠος νηλετεροεβεσθε μΠος Φ†
 ντε νενιο†
 εως ερος λριεοτό δλος ωλ νίενεε.

#### Psali Batos

### **Ж**ай Ватос

O sing to Him Who was crucified, Buried and resurrected, And trampled and destroyed death: Praise Him and exalt Him above all. (Hos Erof ariho-oo chasf.)

Take off the old man,
And put on the new and better one.
Come closer to His great mercy:
Praise Him and exalt Him above all.

All you Christian people,
 The priests and the deacons,
 Glorify the Lord for He is worthy:
 Praise Him and exalt Him above all.

Дріфахіп єфнетатаще егрні єхши отог аткосе астшис асікшре йфиот асіфиоще гшс єросі арігото бассі.

Βωω μπιρωμι μπαλεος οτος χωλς μπιβερι ετκλεος οτος εδωντ εμεταέλεος εως έρος αριζοτό δαςς.

\* Σενος ηνιχριστίδησος νιπρεσβατέρος κε διδκονός μαὢόν μπος πε οτεικανός εως ερος δριεονό δαςς. ♣ Come unto us, O Three Children, Whom Christ our God has saved, And had delivered from the devil: Praise Him and exalt Him above all.

For the sake of your God, the Messiah,
The Giver of all good things,
Come unto us, Hananias
Praise Him and exalt Him above all.

O Azareas, the zealot,
Morning, noon and evening,
Glorify the power of the Trinity:
Praise Him and exalt Him above all.

- ♣ Behold, Emmanuel,
  Is in our midst, O Misael;
  Proclaim with a joyful voice:
  Praise Him and exalt Him above all.
- ♣ Gather and persevere,

  And proclaim with the presbyters:

  "Bless the Lord, all His works:"

  Praise ye Him and exalt Him above all.

The heavens declare the glory
Of God until this day.
O you angels whom He has made:
Praise Him and exalt Him above all.

\* Δεττε ελροη ὼ πις ήλλος ετλ Πζε Πεννος όλος λαμλεμος εβολελ πιδιλβολος εως ερος λριεος ο δλες.

Сове Пекнот† Uaciac фрес† ѝетерчесіас àuoт wapon Днаніас εωс`ерос| àpisovò бассі.

Zнхште Д zapiac есперас ке прші ке месни вріас машот нтхом н∰тріас вшс`єрод àpisorò басд.

- Ηππε ταρ ις Εμμανογηλ ει τενιμή ὼ Uιςαηλ λαλι δεν ογέων νθεληλ εως ερος άριεογό δαςς.

Ις ηιφησή σεςαχι μπώστ μΦ† ωα εξοτη μφοστ ώ ηιαττελος εταγχφωστ εως έρος άριεστό δαςς. And now, all you powers of the Lord, Bless His honoured Name.
O sun, moon, and all stars:
Praise Him and exalt Him above all.

- And you rain and dew,
  Sing praises to our Saviour,
  For He is the God of our fathers:
  Praise Him and exalt Him above all.
- Glorify the Lord, you clouds and winds,
   The souls and the spirits,
   The cold, the fire and the heat:
   Praise Him and exalt Him above all.

You, too, nights and days,
Light and darkness and lightnings,
Glorify the Lover of mankind:
Praise Him and exalt Him above all.

You trees and all that springs on the earth,
And all that moves in the sea;
Mountains and forests:
Praise Him and exalt Him above all.

Praise without ceasing,
 The Lord, the King of kings,
 O seas and river:
 Praise Him and exalt Him above all.

Ke nyn Aynamic toy Kypioy choy eneqpan toy timioy niph nem niios nem nicioy swc'epoq apisoyo bacq.

- \* λοιπον νιμοτήνωστ νεμ νιιω† ετφημικάτε Πευρείζω† χε ήθος πε Φ† ήτε νενιο† εως ερος άρικοτο δάςς.
- Uawor μΠος ω κισηπι ετμα κιθηστ κεμ κικισι κεμ κιππα πιχασ κεμ πιχρωμ κεμ πικατμα εως εροσ άριεοτο δαςσ.

Μγκτες κε ήμερε ρω πε φωςκε όκοτος κε αςτραπε χε Δοξα ςι φιλανθρωπε εως έρος άριεονό δαςς.

ZTAA KE ПАНТА ТА ФТОМЕНА
ЕН ТН КЕ ПАНТА ТАКІНОТМЕН
ВІ НІМОТ НЕМ НІТООТ НЕМ НІДРТИОНА
ВОС ЕРОЧ АРІВОТО БАСЧ.

♣ And as we seeing them,

Let us say with all of them:

"Bless the Lord, all you birds:"

Praise Him and exalt Him above all.

O ye snow and ice,
The cattle and all the beasts,
Bless ye the Lord of lords:
Praise ye Him and exalt Him above all.

Praise the Lord as befits,
And not like the heretics,
O you sons of men:
Praise Him and exalt Him above all.

- ♣ Israel offer honour and glory,
   Before Him, with the joyful voice;
   All you priests of Emmanuel:
   Praise Him and exalt Him above all.
- ♣ Ye servants of the True God,
   And spirits of the righteous,
   And charitable and contrite hearts:
   Praise Him and exalt Him above all.

God, my God, is the One,
Who saved you from the fire,
O Sedrach, Misach and Abednego:
Praise Him and exalt Him above all.

• Παιρη λίνου τευνάς ερωος μαρεύχος νέω ναι ων τηρος Cμος εΠος νίεαλα τηρος εως ερος άριεος ο δάςς.

> Ρω ήνιπαχνη νέα νιχιών κε κτηνών νέα νιθηριόν Caor èΠος των κτριών εως èρος άριεογό басς.

Смот èΠος κατα φτωμι èρος κε οτ ωη παρανοωι ὼ νιώμρι ντε νιρωμι εως èρος άριεοτο δαςς.

- ♣ 別ιμη κε Δοξα ὼ Πῖςλ ιπι παερασ Ֆεπ οτὰμη ἢθεληλ πιοτηβ ἢτε €μμαποτηλ εως εροσ ὰριεοτὸ δαςσ.
- \* Υπηρετων μΦ† μαηι νεα νιψτχη ντε νιθαηι νηετθεβίλοττ νρεσμει εως ερος λριεονό δαςς.

Φ† Πανοτή ετω
πετενρες ως κ τον άτω
Cεδραχ Uicaχ Δβδενατω
εως ερος άριδογό δαςς.

Make haste and be very attentive,
O you righteous of the Lord,
And all the creatures He has made:
Praise Him and exalt Him above all.

- Coolness and repose without ceasing,
   Grant to all of us,
   That we may joyfully proclaim:
   Praise Him and exalt Him above all.
- And also Your poor servant, Sarkis,
   Let him not be condemned,
   That he may join them and say:
   Praise Him and exalt Him above all.

Χωλεμ δεη οτημή ηψρωις ὼ ημετεροεβεσθε μΠος νεμ ηφτοίς τηροτ εταφαίς εως έρος άριδοτο δαςς.

- Φτχος κε λημπατςις

  μοι ηλη τηρέη χωρις θρατςις

  εθρέηχω δεη οτλπολατςις

  εως έρος λριεοτό δαςς.
- Wcartwc πεκβωκ πιπτωχος Capkic àpitq eqoi ñènoχος εсахі неш наі εωс μετοχος εως èpoq àpieorò басq.

During Sundays of the month of Koiahk, the Psali Batos "God, existing before the ages" is said instead of, or after the above Psali Batos. See page ##.

#### We Follow You

# Tenores nowk

We follow You with all our hearts and fear You,
And seek after Your face:
O God do not forsake us.

But rather, deal with us
 according to Your meekness,
 And according to Your great mercy,
 O God, help us.

Денотег йсшк бен пенгнт тира тенергоф батекен отог тенкшф йса пекго Фф аперфуши нан.

• Алла аріоті неман ката текметепікно нем ката паумаі нте пекнаі Пос арівоноїн ерон. May our prayers ascend unto You, O our Master, Like holocausts of lambs and fat calves.

 ♣ Do not forget the covenant You have made with our fathers,
 Abraham, Isaac and Jacob
 Israel, Your saints.

Bless the Lord, all you nations; The tribes, and all kinds of tongues. Praise Him and exalt Him Above all forever.

Pray to the Lord on our behalf,
 O three saintly children,
 Sedrach, Misach and Abednego,
 That He may forgive us our sins.

Սαρε τεμπροσέτχη πεμιήβ ι επώωι ώπεκώθο ώφρη ή ηγαμοδλίλ ήτε γαμωίλι μεω γαμωσί ετκεμιώσττ.

• Иперерпово ит гланкн онетак-семинтс нем ненют Авраам Ісаак Іаков Післ пеебт йтак.

Смот єПос ніхаос тнрот ніфтхн ніаспі йхас εωс єроц майот нац арігото басц ща нієнєг.

Τωβε ὑΠος εὲρηι εχωη
 ὼ πιτ ἡαλοτ ἡατιος
 Сεδρακ Џιςακ ဩβδενατω
 ἡτειχα νεννοβι ναν εβολ.

#### The Communion of the Saints

## MITWBS

Intercede on our behalf,
O lady of us all, the Mother of God,
Mary, the Mother of our Saviour,
That He may forgive us our sins.
(Entef ka nen novi nan evol.)

Дріпресветін еўрні ехшн ш тенос іннв тнрен †оеотокос Царіа ошат інпенсшр інтецха неннові нан євох.

Intercede on our behalf,
 O holy archangels,
 Michael and Gabriel,
 That He may forgive us our sins.

Дріпресветін еўрні ехши
 шілану ней учріну
 ў учрі

Intercede on our behalf,
O holy archangels,
Raphael and Souriel,
That He may forgive us our sins.

Ֆριπρεсветін є̀≳рні єхωн ω ніархн аттєхос є́вт Ратанх ней Сотрінх інтерха неннові нан євох.

♣ Intercede on our behalf,
 O holy archangels,
 Sedakiel, Sarathiel and Ananiel,
 That He may forgive us our sins.

Αριπρεσβετιν εὲρμι εχων
 ω νιλρχη ασσελος εθτ
 Cελακιηλ Cαραθιηλ νεω Δνανιηλ
 ντεςχα νεννοβι ναν εβολ.

Intercede on our behalf,
O Thrones, Dominions and Powers,
The Cherubim and the Seraphim,
That He may forgive us our sins.

Δριπρεσβετιν εξρη εχων λοθρονός νιμετος νιχου Μιχεροβια νεα νιζεραφια λτεσχα νεννοβι ναν εβολ. Intercede on our behalf,
 O Four Incorporeal Beasts,
 The ministering flames of fire,
 That He may forgive us our sins.

Intercede on our behalf,
O priests of the Truth,
The Twenty Four Presbyters,
That He may forgive us our sins.

Intercede on our behalf,
 O angelic hosts,
 And all the heavenly orders,
 That He may forgive us our sins.

• Дріпресветін ехрні ехшн підтот йушон йасшшатос йулья йухрши йтеуха неннові нан евох.

Σριπρεςβετια εξραι εχωα πιχοττάτοτ μπρεςβττερος πτεσχα αεακοβι και εβολ

 Дріпресветін еўрні ехши истратіа йазтелікон иси пітазма йепотраніон йтеджа неннові нан евох

+++

Pray to the Lord on our behalf,
My lords and fathers, the patriarchs,
Abraham, Isaac and Jacob,
That He may forgive us our sins.

Pray to the Lord on our behalf,
 O perfect man,
 The righteous and just Enoch,
 That He may forgive us our sins.

Pray to the Lord on our behalf, Elijah the Tishbite, And his disciple, Elisha, That He may forgive us our sins. Twb2 Moc e2phi exwn
naoc niot Matpiaxhc
Abpaau Icaak Iakwb
nte9xa nennobi nan ebox.

Τωβε μΠος εξρηι εχωη
 ω πιρωμι ήτελιος
πιθμηι Ενωχ πιδικέος
ήτες χα νεννοβι ναν εβολ.

Тове и Пос егрні ехон
Нхіас пінесвітнс
нем Ехісеос пецианнтнс
йтецха неннові нан евох.

Pray to the Lord on our behalf,
 O Moses and Isaiah,
 And Ezekiel and Jeremiah,
 That He may forgive us our sins.

Pray to the Lord on our behalf,
O good man,
The righteous and just Job,
That He may forgive us our sins.

Pray to the Lord on our behalf, The righteous and perfect man, The elect and just Noah, That He may forgive us our sins.

Pray to the Lord on our behalf, Melchizedek and Aaron, And Zacharias and Simeon, That He may forgive us our sins.

Pray to the Lord on our behalf,
 O choir of the prophets,
 And the righteous and the just,
 That He may forgive us our sins.

Intercede on our behalf,
O fore-runner and baptizer,
John the Baptist,
That He may forgive us our sins.

→ Ţωβς ѝΠος єгрні єхωм

ω Цωνсне піархнпрофітне

мем Неанае мем Ієрміае

мтерха меммові мам євох.

Ј шве и Пос ебрні ехши Датіх пієрофахтно нем Істекінх нем Данінх йтецха неннові нан євох.

→ ∑шве йПос егрні ехши

шакій ней Дина ней Ішснф

пресвттерос

ней пінані Ішв ней Ішснф ней

Мікохниос

йтесха неннові най евох.

Τωβε ὑΠος εὲρμι εχων Βελχιςελεκ νευ Δαρων νευ Ζαχαρίας νευ Стиєшν ντειχα νεννοβι ναν εβολ.

Τωβε ὰΠος εὲρηι εχωη ηιχορος ητε ηιπροφητής ηεω ηιθωήι ηεω ηιδικέος ητεσχα ηεριηθηί ηλη εβολ

#### +++

Δριπρεσβετιν εξρηι εχων ω πιπροδρομος μβλητιστης Ιωλ πιρες τωμς Ντες χα νεννοβι ναν εβολ. Intercede on our behalf,
 O One Hundred and Forty Four Thousand,
 And the celibate Evangelist,
 That He may forgive us our sins.

Pray to the Lord on our behalf, My lords and fathers, the Apostles, And the rest of the Disciples, That He may forgive us our sins.

Pray to the Lord on our behalf,
 O blessed archdeacon,
 Stephen the First Martyr,
 That He may forgive us our sins.

Pray to the Lord on our behalf,
O Beholder of God, the Evangelist,
Mark the Apostle,
That He may forgive us our sins.

Pray to the Lord on our behalf,
 O struggle-bearer the martyr,
 My lord the prince, George,
 That He may forgive us our sins.

Pray to the Lord on our behalf,
Theodorus and Theodorus,
Leontius and Panicharus,
That He may forgive us our sins.

\* Δριπρεςβετιν εχρηι εχων ω πιωε-χωεότοτ ήωο νεω πιπαρθενός ήεταττελιστής ήτες χα νεννόβι ναν εβολ.

Τωβε ἀΠος εὲρμι εχων ναος ὰιο† ὰαποςτολος νεω ὰςεπι ὰτε νιωαθητης ὰτεγχα νεννοβι ναν εβολ.

Тове иПос егрні ехон підрхнільком етсиарост Стефанос піфорп ий йтечха неннові нан евох.

Јшве иПос ебрні ехши пінешрімос нетаттелістно Царкос піапостолос йтецха неннові нан євол.

♣ ∑ωβε ὼΠος εὲρηι εχωη πιλολοφορος ὼβ πλος ποτρο ∑εωρτιος ητεςχλ ηενινοβι νλη εβολ.

Τωβε ὰΠος εἐρμι εχων Θεωδορος νεμ Θεωδορος νεμ δεοντίος νεμ Πανικαρπος ντεγχα νεννοβι ναν εβοδ. Pray to the Lord on our behalf,
 Philopater Mercurius,
 Abba Mina and Abba Victor,
 That He may forgive us our sins.

Pray to the Lord on our behalf, Master Claudius and Theodorus, Abba Eschyron and Abba Isaac, That He may forgive us our sins.

Pray to the Lord on our behalf,
 Basilidis and Eusebius,
 Macarius and Philotheos,
 That He may forgive us our sins.

Pray to the Lord on our behalf, Abba Pisoora and Abba Epshoi, Abba Eesi and his sister Thekla, That He may forgive us our sins.

Pray to the Lord on our behalf, O struggle-bearers the martyrs, Justus, Apali and Theoklia, That He may forgive us our sins.

Pray to the Lord on our behalf, Saint James the Persian, Saint Sergius and Saint Bachus, That He may forgive us our sins. Тыве йПос еёрні ехын Фіхопатнр Церкотріос ней апа Инна ней апа Віктыр йтерха неннові нан евох.

Τωβε ὑΠος εὲρμι εχων κτρι Κλατδιος νεω Θεωδορος νεω απα Сχηρον νεω απα Ιςαακ ντεγχα νεννοβι ναν εβολ.

♣ Дюве ѝПос еѐрні ехши Васілітне ней Стевіос ней Иакаріос ней Філофеос птесха неннові нан євол.

Τωβε ἀΠος εὲρηι εχων αββα Πιςοτρα νευ απα Πωωι νευ απα Ηςι νευ Θεκλα τεςсωνι ντεςχα νεννοβι ναν εβολ.

 Τωβε μΠος εξρηι εχών νιαθλοφορος μφι ιοτότοτο νέμ Δπαλί νέμ θεοκλία ντεγχα νέννοβι ναν εβολ.

Τωβε ὰΠος εξρηι εχων αββα Ιακωβος πισερςις νευ πατίος Сертіос νευ Βαχος ντεσχα νεννοβί ναν εβολ. Pray to the Lord on our behalf,
 O struggle-bearers the martyrs,
 Cosmas, his brothers and their mother,
 That He may forgive us our sins.

Pray to the Lord on our behalf,
Abba Cyrus and his brother John,
And Barbara and Juliana,
That He may forgive us our sins.

Pray to the Lord on our behalf,
 O struggle-bearers the martyrs,
 Master Apatir and his sister Era-ee,
 That He may forgive us our sins.

Pray to the Lord on our behalf,
O struggle-bearers the martyrs,
Julius and those who were with him,
That He may forgive us our sins.

Pray to the Lord on our behalf,
 O struggle-bearers the martyrs,
 Mari Pahnam and his sister Sarah,
 That He may forgive us our sins.

Pray to the Lord on our behalf, Abba Sarapamon the Bishop, Psati and Gallinikos, That He may forgive us our sins.  → Тыве йПос еёрні ехын нільхофорос йф Косил ней несісинот ней тотилт йтесух неннові нан євох.

Јшве МПос ебрні ехши апа Кір нем Іша пецсон нем Варвара нем Іотхіанн нем Јуманн йтецха неннові нан евох.

Тове иПос егрні ехом мільогофорос ий ктрі Апатнр мем Нран течсомі йтечха мемнові мам евох.

Јшве иПос егрні ехши пільхофорос иф Іотхіос пец пневнецац йтецха пеннові пан евох.

→ Дюве ѝПос еѐрні ехши пільхофорос ѝф марі павили нем Сарра тесісшні йтесіха неннові нан евох.

Тыве йПос еёрні ехын авва Сарапацын піспіскопос нец Фате нец Уаххінікос йтецха неннові нан евох. Pray to the Lord on our behalf,
 O struggle-bearers the martyrs,
 The Forty Saints of Sebastia,
 That He may forgive us our sins.

Pray to the Lord on our behalf,
Abba Piro and Athom,
And John and Simeon,
That He may forgive us our sins.

Pray to the Lord on our behalf, O struggle-bearers the martyrs, Abba Epshoi and his friend Peter, That He may forgive us our sins.

Pray to the Lord on our behalf,
Abba Eklog the priest,
Abba Epgol and Abba Kav,
That He may forgive us our sins.

Pray to the Lord on our behalf,
 Abba John of Heraclia,
 Master Piphamon and Pistavros,
 That He may forgive us our sins.

Pray to the Lord on our behalf, Isidore and Panteleon, Sophia and Euphemia, That He may forgive us our sins.  Τωβε μΠος εξρηι εχων νιαθλοφορος μμ

πιξμε εθτ ντε Cebacte

ντεγχα νεννοβι ναν εβολ.

> Τωβε ἀΠος εὲρηι εχωη αββα Πιρωοτ νευ Δοωμ νευ Ιωά νευ Сτυεων ντευχα νεννοβι ναν εβολ.

Тшве йПос егрні ехши пільхофорос йф апа Пшші ней пеційнр Петрос йтечха неннові нан евох.

Τωβε ὰΠος εὲρηι εχων απα Κλοχ πιπρεςβττερος νευ απα Πχολ νευ απα Κατ ντευχα νεννοβι ναν εβολ.

Τωβε ὰΠος εὲρμι εχων
 απα Ιωά πιρεμεαρακλια
 νεμ κτρι Πιφαμών νεμ Πιστατρος
 ντεγχα νεννοβι ναν εβολ.

Τωβε ἀΠος εξρηι εχων Ηςωλορος νευ Πλητελεον Cοφιλ νευ Ετφομίλ Ντεγχλ νεννοβί ναν εβολ. Pray to the Lord on our behalf, Master Apanoub and Ptolomeos, Apakragon and Sousennius, That He may forgive us our sins.

Pray to the Lord on our behalf,
O great high priest,
Abba Peter, the martyr among the priests,
That He may forgive us our sins.

Pray to the Lord on our behalf,
 O new martyrs,
 Pistavros and Arsenius,
 That He may forgive us our sins.

Pray to the Lord on our behalf,
O Michael the hegoumen,
And Michael the monk,
That He may forgive us our sins.

Pray to the Lord on our behalf,
 O choir of the martyrs,
 Who suffered for the sake of Christ,
 That He may forgive us our sins.

♣ Дшве йПос еёрні ехши

ктрі апанотв ней Похомеос

ней апа Кратон ней Сотсенніос

птерха неннові нан евох.

Јωве <u>иПос</u> еерні ехши ш пінішт нархн еретс авва Петрос іероф нтецха неннові нан евох.

♣ Дюве ѝПос еѐрні ехши ш нівері ѝӣ Пістатрос ней Дрсеніос ѝтеста неннові нан євох.

Τωβε ὑΠος εὲρηι εχωη Ϣ Աιχληλ πιεηχοτμένος νευ Աιχληλ πιμονλχος ντέςχλ νέννοβι ναν έβολ.

Τωβε μΠος εξρηι εχωη

γιχορος ήτε ημφ

ετατωεπώκας εθβε Πχς

ήτες χα ηενηοβί ηαν εβολ.



Pray to the Lord on our behalf,
My lords and fathers who love their children,
Abba Antony and Abba Paul,
That He may forgive us our sins.

Дюве йПос еёрні ехюн
наос піо† ймаінотунрі
Антюніотс ней авва Патхе
йтечха неннові нан евох

Pray to the Lord on our behalf, O three saints, Abba Macarii, And their children, the cross-bearers, That He may forgive us our sins.

Pray to the Lord on our behalf,
My lords and fathers the hegoumens,
Abba John and Abba Daniel,
That He may forgive us our sins.

Pray to the Lord on our behalf, My lords and fathers who love their children, Abba Pishoi and Abba Paul, That He may forgive us our sins.

Pray to the Lord on our behalf,
Our holy Roman fathers,
Maximus and Dometius,
That He may forgive us our sins.

Pray to the Lord on our behalf,
 O Forty Nine Martyrs,
 The elders of Shiheet,
 That He may forgive us our sins.

Pray to the Lord on our behalf,
O strong saint, Abba Moses,
And John Kama,
That He may forgive us our sins.

Τωβε ὑΠος εὲρμι εχων
πις εθς αββα Πακαρι
νευ νοτώμρι νετατροφορός
ντεάχα νεννοβι ναν εβολ

Тове  $\hat{\mu}$ Пос едрні єхон  $\hat{\mu}$ Ос йПос едрні єхон  $\hat{\mu}$ Ос й  $\hat{\mu}$ Ос  $\hat$ 

♣ Дшве йПос егрні ехши наос піо† ймаінотщирі авва Піщші ней авва Патле птеста неннові нан евол

Τωβε μΠος εξρηι εχων νενιο το το το τος Ναξιμος νευ Δομετιος ντεςχα νεννοβι ναν εβολ

♣ Љиве ѝПос еерні ехин піглефит ѝф нібеххої йте Шігнт йтечха иеннові нан евох

Τωβε ὰΠος εὲρηι εχων πιχωρι εθτ αββα Όως νευ Ιωά πιχαυη ντευχα νεννοβι ναν εβολ Pray to the Lord on our behalf, Abba Pachom of the Koinonia, And his disciple Theodorus, That He may forgive us our sins.

Pray to the Lord on our behalf, Abba Shenute the Archmandrite, And his disciple Abba Wisa, That He may forgive us our sins.

Pray to the Lord on our behalf, Abba Nopher and Abba Karus, And our father Paphnutius, That He may forgive us our sins.

Pray to the Lord on our behalf,
Abba Samuel the confessor,
And his disciples, Justus and Apollo,
That He may forgive us our sins.

Pray to the Lord on our behalf,
 Abba Apollo and Abba Apip,
 And our father Abba Pigimi,
 That He may forgive us our sins.

Pray to the Lord on our behalf, Abba Evkin and Abba Ehron, And Abba Hor and Abba Phis, That He may forgive us our sins. Τωβε μΠος εξρηι εχων αββα Παδωμ φα †κοινωνια νευ θεολωρος πεσμαθητης ντεσχα νεννοβι ναν εβολ

Дшвг йПос егрні ехши авва Щенот† піархниан2рітнс ней авва Внса пециаонтнс йтецха неннові нан евох

♣ Дюве ѝПос еѐрні ехши авва Йотчер ней авва Карос ней пенішт Пафноттіос ѝтечха неннові нан евох

Јшве иПос еерні ехши авва Самотня піомолотітно нем Іотстос нем Яполло песраантно йтесуха неннові нан євоя

♣ Дюве ѝПос еѐрні ехюн авва Дпоххо ней авва Єпіп ней пеніют авва Піхійі птесха неннові нан евох

Дюве йПос егрні ехон авва Єткін ней авва Зрон ней апа Зор ней апа Фіс йтеска неннові нан євох Pray to the Lord on our behalf,
 Abba Parsoma and Ephrem,
 And John and Simeon,
 That He may forgive us our sins.

Pray to the Lord on our behalf, Epiphanius and Ammonius, And Arshillidis and Arsenius, That He may forgive us our sins.

Pray to the Lord on our behalf,
 My lords, the ascetic fathers,
 Abba Abraam and Ge-orgi,
 That He may forgive us our sins.

Pray to the Lord on our behalf, Athanasius the Apostolic, Severus and Dioscorus, That He may forgive us our sins.

Pray to the Lord on our behalf,
 Basil and Gregory,
 And our father Abba Cyril,
 That He may forgive us our sins.

Pray to the Lord on our behalf,

O three hundred and eighteen gathered at

Nicea,

For the sake of the Faith,

That He may forgive us our sins.

♣ Дюве йПос еерні ехши авва Парсшил ней Ефрей ней Іша ней Стиеши йтечха неннові нан евох

Τωβε ἀΠος εὲρηι εχων Επιφανός νευ Δυωνίος νευ Δρχηλλίτης νευ Δροενίος ντεσχα νεννοβί ναν εβολ

Тове йПос егрні ехом наос йют йаскитис авва Двраам нем Уеорчи йтеска неннові нан євох

Тюве йПос егрні ехон Долисіос піапостолікос Сетнрос ней Діоскорос йтеста неннові нан евол

♣ Дюве йПос еёрні ехши Васіхіос ней ∑ріторіос ней пенішт авва Ктріххос йтерха неннові нан евох

Јшве <u>йПос</u> еерні ехши піщомт ще мнт <u>фини</u> етатошот† бен Нікеа еове пінае† йтечха неннові нан евох Pray to the Lord on our behalf,
 O one hundred and fifty at Constantinople,
 And the two hundred at Ephesus,
 That He may forgive us our sins.

Pray to the Lord on our behalf,
Abba Hadid and Abba John,
Our great father Parsoma and Abba Teji,
That He may forgive us our sins.

Pray to the Lord on our behalf,
 Abba Abraam the hegoumen,
 And our father Abba Mark,
 That He may forgive us our sins.

Pray to the Lord on our behalf,
O choir of the cross-bearers,
Who were perfected in the wilderness,
That He may forgive us our sins.

♣ Љωβε ѝΠος εὲρηι εχωη ω πιωετεβι ὰτε Κωςταντινοτπολις νευ πίζνατ ωε ὰτε €φεςος ὰτεγχα νεννοβι ναν εβολ

Јшве йПос ебрні ехши авва Захіх ней авва Іша ней пенішт пініщт авва Парсшиа ней авва Јехі йтеуха неннові нан евох

♣ Дюве йПос еерні ехши авва Двраам пігнтотменос нем пенішт авва Царкос йтечха неннові нан евох

Дюве <u>у Пос</u> ебры ехми ихорос ите истатрофорс етатхмк евох гі иімусет итесту иениові наи евох

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Pray to the Lord on our behalf,
O perfect men,
Joseph and Nicodemus,
That He may forgive us our sins.

Pray to the Lord on our behalf, My lord the king, Constantine, And his mother, Queen Helen, That He may forgive us our sins. Јшве йПос егрні ехши паос потро Кшстантінос ней Нханн †отрш йтечха неннові нан евох Pray to the Lord on our behalf,
 O wise virgin ladies,
 The brides of Christ,
 That He may forgive us our sins.

Pray to the Lord on our behalf, O saints of this day, Each one according to his name, That He may forgive us our sins.

Likewise, we exalt You,
 With David the Psalmist:
 You art a priest forever,
 After the order of Melchizedek.

Pray to the Lord on our behalf,
Our saintly father, the patriarch,
Abba \_\_\_\_\_\_, the high priest,
That He may forgive us our sins.

Pray to the Lord on our behalf,
Our saintly and righteous father,
Abba \_\_\_\_\_\_, the bishop,
That He may forgive us our sins.

♣ ∑ωβε ὰΠος εὲρηι εχωη ηιαλοτ ηςαβε ὰπαρθενος ηιωελετ ητε Π∑ς ητεσχα ηενινοβι ναν εβολ

Ј шво ј Пос ебрні ехши инеот ј те плісоот піотлі піотлі ката пестран й тестха испиові наи евох

♣ Wcattoc tendici ùmok
 νευ πιετμηγος γατίγ
 χε νθοκ πε πιοτήβ ώα ενές
 κατά μπαξίς ηπερίχισεγεκ

ЈШВЕ ШПОС ЕЕРНІ ЕХШИ
ПЕНІШТ ЕӨТ ШПАТРІАРХНС
АВВА .... ПІАРХН ЕРЕТС
ЙТЕЦХА НЕНИОВІ НАН ЕВОХ

### A Short Communion of the Saints

## MITWBS

Intercede on our behalf,
O lady of us all, the Mother of God,
Mary, the Mother of our Saviour,
That He may forgive us our sins.
(Entef ka nen novi nan evol.)

Дріпресветін ебрні ехшн ш тенос іннв тнрен †оеотокос Царіа биат інгенсшр інтецха неннові нан євох.

Intercede on our behalf,
 O holy archangels,
 Michael and Gabriel,
 That He may forgive us our sins.

Дріпресветін еўрні ехши
 Шіханх ней Заврінх
 йтефха неннові нан евох.

Intercede on our behalf,
O holy archangels,
Raphael and Souriel,
That He may forgive us our sins.

Дріпресветін еўрні ехши шархн астеўос <u>ефт</u> Ратану нем Сотріну

Intercede on our behalf,
 O holy archangels,
 Sedakiel, Sarathiel and Ananiel,
 That He may forgive us our sins.

Δριπρεσβετιν εξρηι εχων
 ω νιαρχη ασσελος εθτ
 Cεδακιηλ Cαραθίηλ νεω Δνανιηλ
 ντεγχα νεννοβί ναν εβολ.

Intercede on our behalf,
O Thrones, Dominions and Powers,
The Cherubim and the Seraphim,
That He may forgive us our sins.

Дріпресветін едрні ехши йооронос німетос ніхом Міжеровім нем ніСерафім йтеста неннові нан евох. Intercede on our behalf,
 O Four Incorporeal Beasts,
 The ministering flames of fire,
 That He may forgive us our sins.

Intercede on our behalf,
O priests of the Truth,
The Twenty Four Presbyters,
That He may forgive us our sins.

Intercede on our behalf,
 O angelic hosts,
 And all the heavenly orders,
 That He may forgive us our sins.

Pray to the Lord on our behalf, My lords and fathers, the patriarchs, Abraham, Isaac and Jacob, That He may forgive us our sins.

Pray to the Lord on our behalf,
 O perfect man,
 The righteous and just Enoch,
 That He may forgive us our sins.

Pray to the Lord on our behalf, Elijah the Tishbite, And his disciple, Elisha, That He may forgive us our sins. Дріпресветін ебрні ехшн підтот йушон йасшиатос йхітотруос йшав йухрши йтецха неннові нан евох.

> Дріпресветін еўрні ехшн піхоттфтот імпресвттерос імтефха неннові нан евох

 Дріпресветін еўрні ехшн ністратіа йаттехікон нем нітатма йепотраніон йтесуха неннові нан євох

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Jwb2 Moc e2phi exwn naoc niot Mnatpiaxhc Abpaau Icaak Iakwb nte9xa nennobi nan ebox.

♣ Дюве ѝПос еѐрні ехши ш піршы ѝтеліос півшні Еншх пілікеос ѝтесха неннові нан евол.

Тове и Пос егрні ехон
Нхіас пінесвітнс
нем Ехісеос пециантнс
нтеска неннові нан евох.

Pray to the Lord on our behalf,
 O Moses and Isaiah,
 And Ezekiel and Jeremiah,
 That He may forgive us our sins.

Pray to the Lord on our behalf,
O good man,
The righteous and just Job,
That He may forgive us our sins.

Pray to the Lord on our behalf,
 The righteous and perfect man,
 The elect and just Noah,
 That He may forgive us our sins.

Pray to the Lord on our behalf, Melchizedek and Aaron, And Zacharias and Simeon, That He may forgive us our sins.

Pray to the Lord on our behalf,
 O choir of the prophets,
 And the righteous and the just,
 That He may forgive us our sins.

Intercede on our behalf,
O fore-runner and baptizer,
John the Baptist,
That He may forgive us our sins.

→ Тωве ѝПос егрні ехши

ш Иштснс піархнпрофітно

ней Нсанас ней Ієршас

нтерха неннові най євой.

Јωве иПос ебрні ехши Дачід пієрофадтно нем Ісдекінд нем Данінд йтєчжа неннові нан євод.

† Тове йПос еёрні ехоп Іолій ней Дина ней Іоснф пресвятерос ней полні Іов ней Іоснф ней Пікодниос йтеска пеннові най евох.

Τωβε ὑΠος εὲρμι εχων Πελχισελεκ νευ Άλρων νευ ζαχαρίας νευ Стиєшν ντευχα νευνοβί ναν εβολ.

Φ Τωβε ὰΠος εὲρμι εχωη κιχορος ὰτε κιπροφητής κεν κιθωμί κεν κιδικέος ὰτεσχα κενικοβι καν εβολ

### +++

Дріпрєсветін є̀дрні єхшн  $\omega$  піпродромос мваптістнс  $l\overline{\omega}$  пірєсфимс  $i\overline{\omega}$  неннові нан євох.

♣ Intercede on our behalf,
 O One Hundred and Forty Four Thousand,
 And the celibate Evangelist,
 That He may forgive us our sins.

Pray to the Lord on our behalf, My lords and fathers, the Apostles, And the rest of the Disciples, That He may forgive us our sins.

Pray to the Lord on our behalf,
 O blessed archdeacon,
 Stephen the First Martyr,
 That He may forgive us our sins.

Pray to the Lord on our behalf,
O Beholder of God, the Evangelist,
Mark the Apostle,
That He may forgive us our sins.

Pray to the Lord on our behalf,
 O struggle-bearer the martyr,
 My lord the prince, George,
 That He may forgive us our sins.

Pray to the Lord on our behalf, Philopater Mercurius, Abba Mena and Abba Victor, That He may forgive us our sins. \* Δριπρεςβετιν εέρμι εχων ω πιωε-έλεξητον ήωο νεω πιπαρθενός ήετας τελιςτής ήτες χα νεννόβι ναν εβολ.

Дюве иПос ебры ехом пінеорімос піапостолос йтерух неннові нан євол.

♣ ∑ωβε ὰΠος εὲρηι εχωη πιλολοφορος ὰνβ πλος ποτρο ∑εωρτιος ὰτειχλ μεμνοβι κλη εβολ.

Τωβε άΠος εξρηι έχων Φιλοπατηρ Περκοτρίος νέω απά Πηνα νέω απά Βικτωρ ντεγχά νέννοβι ναν έβολ.

- Pray to the Lord on our behalf,
   O choir of the martyrs,
   Who suffered for the sake of Christ,
   That He may forgive us our sins.
- Τωβε μΠος εδρηι εχων νιχορος ντε νιφ

  ετατωεπώκας εθβε Πχς

  ντεςχα νεννοβι ναν εβολ.



Pray to the Lord on our behalf,
My lords and fathers who love their children,
Abba Antony and Abba Paul,
That He may forgive us our sins.

Pray to the Lord on our behalf, O three saints, Abba Macarii, And their children, the cross-bearers, That He may forgive us our sins.

Pray to the Lord on our behalf,
My lords and fathers the hegoumens,
Abba John and Abba Daniel,
That He may forgive us our sins.

Pray to the Lord on our behalf, My lords and fathers who love their children, Abba Pishoi and Abba Paul, That He may forgive us our sins.

Pray to the Lord on our behalf,
O strong saint, Abba Moses,
And John Kama,
That He may forgive us our sins.

Тове й Пос еёрні ехон наос йіо† ймаінотонрі Антоніотс ней авва Патхе йтесух неннові нан евох

Τωβε μΠος εξρηι εχων πις εθα αββα Πακαρι νευ νοτώμρι μεταιροφορός μτεάχα νεννοβι ναν εβοχ

Jwbs Moc esphi exwn haoc hiot hengormenoc abba  $l\bar{\omega}$ a neu abba  $\Delta$ anih $\lambda$ antegxa nennobi nan ebo $\lambda$ 

Ф Дюве йПос егрні ехши наос йю † ймаінотщирі авва Пішші нем авва Патле йтечха непиові наи евол

Τωβε ὑΠος εὲρηι εχων πιχωρι εθτ αββα Όως νευ Ιωά πιχαμη ντευχα νεννοβι ναν εβολ Pray to the Lord on our behalf, Abba Pachom of the Koinonia, And his disciple Theodorus, That He may forgive us our sins.

Pray to the Lord on our behalf, Abba Shenute the Archmandrite, And his disciple Abba Wisa, That He may forgive us our sins.

Pray to the Lord on our behalf,
 O choir of the cross-bearers,
 Who were perfected in the wilderness,
 That He may forgive us our sins.

Тиве йПос егрні ехин авва Пабим фа †коіншніа нем Өеохирос песраентно йтесуха неннові нан евох

Јшве йПос еерні ехши авва Менот† піархнианДрітнс ней авва Внса песпаонтнс йтеска неннові нан евох

♣ Дшве йПос егрні ехши піхорос йте пістатрофорс етатхшк євой зі піщацет йтецха пеппові пап євой

+++

Pray to the Lord on our behalf,
Athanasius the Apostolic,
Severus and Dioscorus,
That He may forgive us our sins.

Pray to the Lord on our behalf,
 Basil and Gregory,
 And our father Abba Cyril,
 That He may forgive us our sins.

Pray to the Lord on our behalf,

O three hundred and eighteen gathered at
Nicea,

For the sake of the Faith,

That He may forgive us our sins.

Тюве йПос еёрні ехон Деансіос піапостолікос Сетнрос ней Діоскорос йтеска неннові нан евол

ТшВе йПос еёрні ехши Васіхіос ней Уріторіос ней пенішт авва Куріхос йтечха неннові нан евох

Јωве <u>йПос</u> еѐрні ехши <mark>піщомт ще мнт фмни</mark> етатошот† бен Нікеа еове пінае† йтечха неннові нан евох Pray to the Lord on our behalf,
O one hundred and fifty at Constantinople,
And the two hundred at Ephesus,
That He may forgive us our sins.

Pray to the Lord on our behalf, Our saintly and righteous fathers, The choir of the High Priests, That He may forgive us our sins. ♣ Ţωβε ὑΠος εὲρηι εχωη
 ω πιωετεβι ὴτε Κωςταντινοτπολις
 νευ πίζηατ ωε ὴτε €φεςος
 ὴτεσχα νενηοβι ναν εβολ

+++

+

Pray to the Lord on our behalf,
O perfect men,
Joseph and Nicodemus,
That He may forgive us our sins.

Pray to the Lord on our behalf, My lord the king, Constantine, And his mother, Queen Helen, That He may forgive us our sins.

Pray to the Lord on our behalf,
 O wise virgin ladies,
 The brides of Christ,
 That He may forgive us our sins.

Τωβε μΠος εέρηι εχων παος ποτρο Κωςταντινος νεω Ηλανη Τοτρω

итечха иепиові нап евох

♣ ∑ωβε ὰΠος εὲρηι εχωη ηιαλοτ ηςαβε ὰπαρθενος ηιώεγετ μτε <u>Π∑ς</u> μτε σχα μενιοβι μαν εβοχ Pray to the Lord on our behalf,
O saints of this day,
Each one according to his name,
That He may forgive us our sins.

Likewise, we exalt You,
 With David the Psalmist:
 You art a priest forever,
 After the order of Melchizedek.

Τωβς μΠος εξρηι εχωη ηπεθτ μτε πλιεδοός πιοτλι πιοτλι κατά πεάραη μτεάχα μενηοβί μαν εβολ

## The Doxologies

Any appropriate seasonal Doxology is now said. See page 260.

## The Doxology of the Virgin for Midnight Praise

# Тенцетніщі

Your greatness O Mary, the undefiled virgin, is like the height of the palm tree, as Solomon has said.

♣ You are the spring of living water
That flows from Lebanon-For the grace of the Godhead,
Sprang forth from you to us.

You have borne to us Emmanuel, From your virginal womb. He made us heirs Of the Kingdom of the Heavens, Теметнішт ю Царіа тпароєнос натомаєв соні мінібісі мінвені етасохомин сахі єовит<sup>а</sup>

Ф Ноо те фиоти йишог пина ета фили йишог пина ета пина е

Дрешсі нан йЄмманотна бен темнтра шпароенікі ачаітен йканрономос йгрні бен бметотро йніфноті According to the oath
 That he swore to our father,
 King David the patriarch- Which He came and fulfilled to us.

Hail to you, O Virgin,
The very and true queen.
Hail to the pride of our race,
Who has borne to us Emmanuel.

♣ We ask you to remember us,
 O our faithful advocate,
 Before our Lord Jesus Christ,
 That He may forgive us our sins.

Χερε ης ω †παρθενός †οτρω μωνι ηλληθινη χερε μώοτώοι ητε μενιξενότο αρέχφο ναν ης Επιανοτηγ

Τεντεο άριπενωετι
 ψ Τπροστατής ετένεστ
 να Πενίσς Γής Πχς
 να έβολ

Any appropriate doxologies for other saints are now said (especially any saints whose feats are nearby, and the patron(s) of the church). See page **Error! Bookmark not defined.** 

## The Conclusion of the Doxologies

Be our advocate
In the highest where you are,
O lady of us all, the Mother of God,
The ever virgin Mary.

Ask of Him Whom you have borne,
 Our Good Saviour,
 To take away our afflictions
 And accord to us His peace.

Hail to you, O Virgin,
The very and true queen.
Hail to the pride of our race,
Who has borne to us Emmanuel.

+

- We ask you, remember us,
   O our faithful advocate,
   Before our Lord Jesus Christ,
   That He may forgive us our sins.
- Τεντεο άριπενωεῖι
   ὑ τπροστατης ετενεστ
   ναερεν Πενισς Γης Πχς
   νατεθχα νεννοβι ναν έβολ

## The Conclusion of the Midnight Praise

Conclude with the following, only if not proceeding directly to Matins:

The sick, O Lord, heal them;
Those who slept, repose them;
And all our brethren in distress,
Help us, O Lord, and all of them.

♣ May God bless us; And let us bless His Holy Name; And may His praise be Always on our lips.

Blessed is the Father and the Son, And the Holy Spirit, The perfect Trinity: We worship Him, we glorify Him. Μη Ετώωνι παταχέωος υμέτατενκοτ Πος πάμτον νωος νευςνημός τος η ξεν δοχδές νιβέν Παος άριβοθιν έρον νευωος

Χε ὰς μαρωστ απε Φιωτ αξώ Πώμοι αξα Πιμαξιάν ξεθολ Τενοτώμε μπος τενέφος απο Τενοτώμε μπος τενέφος απο

# The Rising of the Sun: Matins (or Lauds)

### **Matins**

#### The Fourth Canticle

## TISMC MASSY\_

#### Psalm 148

# Фалмос рин

Amen. Alleluia. Kyrie Eleison. Kyrie Eleison. Kyrie Eleison.

Praise the Lord from the heavens: Alleluia.Praise Him in the highest!

Praise Him, all His angels: Alleluia. Praise Him, all His hosts!

Praise Him, sun and moon: Alleluia.
Praise Him all stars of light!

Praise Him you heavens of heavens: Alleluia.

And water above the heavens!

♣ Let them praise the Name of the Lord: Alleluia.

<mark>For He spoke and they came to be</mark>!

For He commanded and they were created.

Alleluia.

He established them forever and ever!

**Φ C**μοτ εΠος εβολδεν νιφηοτί λλ `cμοτ ερος δεν νη ετδοςι

> Спол євод недугачно тньог уу Спол євод недугачно тньог уу

**4** Choy epoq night new thos  $\overline{a}\lambda$  choy epoq night thost intermedial

Chor epoq nifhoù ite nifhoù  $\overline{\lambda}\lambda$  nem nikemwor etca timmi ninfhoù i

• Uaporchor thpor εφραν μΠος αλ σε ήθος αγχος στος ατώωπι

Мөод адгонген отог атсшнт ал адтагшот ератот ща енег неп ща енег нте пјенег • He has made a decree that will not pass away. Alleulia.

Praise the Lord from the earth!

You dragons and all deeps: Alleluia.

Fire and hail, snow and ice, stormy wind, fulfilling His word!

+ High mountains and all hills: Alleluia. Fruitful trees and all cedars!

The wild animals and all the cattle: Alleluia. Creeping things and winged birds!

**\Display** Kings of the earth and all people: Alleluia. Rulers and all judges of the earth!

Both young men and maidens: Alleluia. Elders and children!

**+** Let them praise the Name of the Lord: Alleluia.

For His Name alone is exalted!

His glory is above the earth and heaven: Alleluia.

He also exalts the horn of His people.

Φ λαχω 'nοτεωι οτος 'nηεαςιιι  $\overline{a}$ λ  $\overline{c}$ μοτ εΠος εβολέει πκαςι

Μιδρακων νεω νινοτν τηροτάλ οτχρωμ οταλ οτχιων οτχρτεταλλος οτπνα νεαραθηστ νικετιρι ώπες και

 Μιτωον ετδοςι ηεμ ηικαλαμφωον τηρον Σλ

νιῷῶτη ἔἀνιοντας μεπ μιῶεμςιαι

τηρον

προν

> Μιθηριον νεπ μισεμορόι τηδος χν πιρατάι νεπ μισεγρή ετοι μτενς

 Miorpwor ήτε πκαδί μεμ μίλαος τηροτ āλ
 иιαρχων μεπ μίδεσ τηροτ ήτε
 πκαδί

 $\overline{\Delta}$  Sanderwiji neu sandapoenoc  $\overline{\Delta}$ 

• Uaporcuor τηρος εφραν μΠος αλ
 αε αφδιεί ναε πεσραν μπατατο

Педотшиг `євох щоп гіхен іткагі нем інгриі фен тфе ах інгриі фентап інге педхаос

- The praise of all His saints: Alleluia.

  The sons of Israel, a people near to Him.

Alleluia. Alleluia. Alleluia.

#### $\bar{\lambda} \lambda \bar{\lambda} \lambda \bar{\lambda} \lambda$

#### Psalm 149

## Vaduoc puo

Sing to the Lord a new song: Alleluia.

And His praise in the church of the saints.

Χω μΠος δεν οτχω μβερι λλ χε λρε πεςίς μοτ δεν τεκκλης ίλ ττε νητέστ

Let Israel rejoice in Him that made him: Alleluia.

Let the son of rejoice in their King.

Uapeqornoq nxe Πισλ έχεη
 Φηεταφαμιος αλ
 νεηώηρι η Cιων παροσθεχηγ έχεη
ποτοτρο

Let them praise His Name in the chorus: Alleluia.

Let them sing praises to Him with the timbrel and harp.

Uaporchor èneqpan  $\overline{\epsilon \Theta}$ r Den orxopoc  $\overline{\Delta} X$ 

маротерфахін еросі Фен откемкем нем отфахтиріон

For the Lord takes pleasure in His people: Alleluia.

He will exalt the meek with salvation.

 Хе Пос на тиа т ехен печхаос ах днабісі інпрепрату бен ототхаі

Let the saints boast in glory: Alleluia. Let them rejoice on their beds.  $\epsilon$  reworms and and  $\epsilon$  has a sen so  $\epsilon$ 

ΕΥΕΘΕΧΗΧ ΜΙΜΟΥ SIXEN ΝΟΥΜΑΝΕΝΚΟΤ

♣ The exaltations of God are in their mouth: Alleluia.

And two-edged swords in their hand.

To execute vengeance among the nations: Alleluia.

And rebukes upon the people.

To bind their kings with chains: Alleluia.

And their nobles with iron handcuffs.

To execute among them the judgement written: Alleluia.

This glory is for all His saints.

+ Alleluia. Alleluia. Alleluia.

Praise God in all His saints: Alleluia.

Praise Him in the firmament of His power: Alleluia.

+ Praise Him for His mighty acts: Alleluia.

Praise Him according to the abundance of His greatness: Alleluia.

Etanipi hordiùtigig sen niebnoc  $\overline{\Delta}\lambda$  new sancosi sen ni $\lambda$ aoc

 $\Phi$  Chaincons insanorpoor sen sanneahc  $\overline{a}$   $\lambda$  new nhettaihort intwor sen sanneahc inchaen  $\hat{a}$   $\hat{b}$   $\hat{b}$ 

Etizinipi nähtot notsat eqicahott  $\overline{\mathbf{A}}\lambda$  tai wot hai aqaoti aen nh $\overline{\mathbf{e}}$ 0 thpot ntaq

 $\bullet$   $\bar{\lambda}\lambda\bar{\lambda}\lambda\bar{\lambda}\lambda$ 

#### Psalm 150

+ Cuoy εΦ† δεη ημέθη τηρού ήτας  $\bar{\lambda}\lambda$ 

Chousehod ven ultaxbo hae ledxon y

**Φ** Cποτ ερος εξρηι είχει τεςμετχωρι λ

Cnor epoq κατα πάψαι ήτε τεquετηιψή δλ

• Praise Him with the sound of the trumpet: Alleluia.

f Choleshod ven olshin hogymizzog  $\underline{y}$ 

Praise Him with psaltery and harp: Alleluia.

Chousehod ven olaythbion nem olklapa by y

• Praise Him with timbrel and chorus: Alleluia.

\* Cnolebod ven sankenken nen

Praise Him with strings and instruments: Alleluia.

Смот ерос бен ганкап нем отортанон ах

• Praise Him with pleasant-sounding cymbals: Alleluia.

+ Charebod Den Sanktubakon enece torch ak

Praise Him with the cymbals of joy: Alleluia.

Cholebod sen sanktubayon ite olembayon  $\underline{a}$ 

♣ Let everything that has breath praise the Name of the Lord our God: Alleluia.

 Ніці нівен маротсмот тирот єфран мПос Пеннот тах

Glory to the Father and the Son and the Holy Spirit: Alleluia.

 $\Delta$ οζα Πατρι κε  $\Upsilon$ ιὼ κε ανιὼ Πηατι  $\overline{a}$ λ

♣ Now, and forever, and to the age of ages. Amen. Alleluia. **\Phi** Ke nyn ke âi ke ic toyc èwnac twn èwnwn àwhn  $\overline{a}\lambda$ 

Alleluia. Alleluia. Glory be to our God: Alleluia.

 $Πιωνοτ φα Πεννοτ τε <math>\overline{α}$ 

## Sunday

Any appropriate seasonal Psali may be said. See page Error! Bookmark not defined.

## The Sunday Psali for the Lord

# <mark>- Ηχος Δλαμ πια<sup>-</sup>-</mark>

I sought after You,

From the depth of my heart:

My Lord Jesus,

Help me.

Loosen all the bonds

Of sin from me:

My Lord Jesus Christ,

Help me.

Or sin from the.

♣ Be a help to me

So that You may save me:

My Lord Jesus,

help me.

♣ My your goodness

Come to me quickly:

My Lord Jesus Christ

Help me.

Overshadow me

With the shadow of Your wings:

My Lord Jesus,

Help me.

In six days You have

Made all the creation:

My Lord Jesus Christ,

Help me.

Δικω† ήςωκ

**ΣΕΝ ΉϢωΚ ΏΠ**λεΗΤ

πλος Ihc

арівоної і єрої

Βωλ εβολ σαροι

**ΝΕΙΝΑΥΣ ΝΤΕ ΦΝΟΒΙ** 

 $\pi \lambda \overline{oc}$  Інс  $\Pi \overline{\chi} c$  арівоноім єроі

◆ ∑еитні ўвоноос ині

еорексш† ўлоі

паос Інс арівоноїн єрої

 $+ \lambda$ ekmetasa $\theta$ 0c

παδεσταδοι μχωλεπ

па $\overline{oc}$  Інс П $\overline{\chi}$ с арівон $\overline{e}$ роі

Екерэніві ехші

**ΔΥ ΤΦΗΙΒΙ ΝΤΕ ΝΕΚΤΕΝ** 

паос Інс арівоноїм єрої

E sab nesool akayno

ѝфктнсіс тнрс

па $\overline{oc}$  Інс П $\overline{\chi}$ с арівон $\overline{e}$ роі

- ♣ Seven times every day, I praise Your Name: My Lord Jesus, Help me.
- All of the Earth Glorifies Your Name. My Lord Jesus Christ, Help me.

Lordship and authority, Belong to You: My Lord Jesus, Help me.

Make haste O my God, So You may save me, My Lord Jesus Christ, Help me.

- Every kneeBends before You:My Lord Jesus,Help me.
- ♣ All the different tongues

  Together bless Your Name:

  My Lord Jesus Christ,

  Help me.

- + Z исоп имниі †иасмот епекран паос Інс арівоної ерої
- Ης †κτησίς τηρο σε†ωος ωπέκραν παος Ιπς αριβοηθίνι έροι

θωκ τε †μετος νεμ †εζογεία παος Γης αριβοήθιη εροί

Ιως μποκ πανοτή εθρεκςωή μποι παος Ιμς Πζε αριβομθιν εροι

- Кеуі иівеи секфухпаос Інс арівоної ерої
- λας νίβεν ετςοπ
   σὲς μοτ επέκραν
   παος Γικς Πζες αριβοθοίν εροι

Turn Your face away
From my sins:

My Lord Jesus:

Help me.

∪атасоо ѝπек≥осаво̂ ѝнановіпаос Інс арівоноїн єрої

Wipe away, O God, All my iniquities:

My Lord Jesus Christ,

Help me.

Ναανομία τηροτ Φ† εκεςωλχοτ παος Γης Πχς αριβομθίν εροί

You know my thoughts, And You search my depths: My Lord Jesus,

My Lord Jesus, Help me.

+ Create in me

A clean heart:

My Lord Jesus Christ,

Help me.

Do not take away

Your Holy Spirit from me:

My Lord Jesus,

Help me.

+ Zorwn инблегі

κδοτδετ ημαδλωτ παος Ιμς αριβομθιμ εροι

Πεκπηλ εθν

# Отент есотав

ек'єсонти індит

жиероуд евоубуроный евог

па $\overline{oc}$  Інс  $\Pi \overline{\chi}$ с арівон $\Theta$ ім єрої

Incline Your ears to me;

Hear my quickly:

My Lord Jesus Christ,

Help me.

Рекпекиашх ерог

 $\pi \lambda \overline{oc}$  Інс  $\Pi \overline{\chi}$ с арівон $\Theta$ ім єроі

♣ Set a law before me
In the path of Your truth:
My Lord Jesus,
Help me.

Your kingdom, my God, Is an eternal kingdom: My Lord Jesus Christ: Help me.

> You are the Son of God: I believe in You: My Lord Jesus, Help me.

O You who carries the sins
Of the world, have mercy on me:
My Lord Jesus Christ,
Help me.

♣ Forgive me my Many iniquities: My Lord Jesus, Help me.

♣ All of the souls

Together bless Your Name:

My Lord Jesus Christ,

Help me.

**+** Семие номос ини го фишіт йте текменині паос Інс арівонній ероі

f T бкиетогро паногf T отиєтогро йєнєг паос Інс П $\chi$ с арівоної єрої

Тюс Өеос йөок амагт ерок па<del>ос</del> Гнс арьвоном ерог

Φηετωλι μφηοβι ητε πικός μος μαι νηι παος Ιής Πχς αριβοηθίη εροί

Хю ині євой йпащаї
 йтє нааноміа
 паос Інс арівоної єрої

Φτχη νίβεν ετςοπ
 τές μοτ επέκραν
 παος Ιτίς Πχς αριβοηθίν εροί

Be longsuffering with me,
Do not destroy me quickly:
My Lord Jesus,
Help me.

Молиянт иейні ушертакої ухмуей ш<u>чос</u> Інс убівон<del>о</del>їи ебої

I rise at the first watch
That I may bless Your Name:
My Lord Jesus Christ:
Help me.

 $\mathbf{W}$ аітшит йфиат йшшрп йтасцот єпєкраи па $\overline{\mathbf{o}}$ с Інс П $\overline{\mathbf{x}}$ с арівон<del>о</del>іи єроі

♣ Your yoke is sweet
 And Your burden is light:
 My Lord Jesus,
 Help me.

ф узохх ихе пекназвеч
 паос Інс арівоної ерої

♣ In the acceptable time: You will hear me: My Lord Jesus Christ: Help me.  $\begin{array}{ll} \text{LY} & \text{LY} & \text{LY} \\ \text{LY} & \text{LY} \\ \text{LY} & \text{LY} & \text{LY} \\ \text{LY} \\ \text{LY} & \text{LY} \\ \text{LY} & \text{LY} \\ \text{LY} \\ \text{LY} & \text{LY$ 

Oh, how I love Your Holy Name: My Lord Jesus, Help me.  $\begin{array}{ll} \text{Let} & \text{Let} & \text{Let} \\ \text{Let} & \text{Let} & \text{Let} \\ \text{Let} & \text{Let} & \text{Let} \\ \text{Let} & \text{Le$ 

Disperse away from me All of the devils: My Lord Jesus Christ, Help me. иулувоун игреи  $\alpha$  своу  $\alpha$  саргвон $\alpha$  евоу  $\alpha$  саргвон $\alpha$  евоу  $\alpha$  саргвон $\alpha$  саргвон

- Sow with me
  The seed of Your truth:
  My Lord Jesus:
  Help me.
- ♣ Grant us Your true peace:
  And forgive us our sins:
  My Lord Jesus Christ:
  Help me

- **Φ** δο μάρηι μάητ μποντας μτε τεκμεθμηι παος Ιπς αριβοηθίη εροί

#### The Conclusion of the Adam Psali

Whenever we
Gather for prayer,
Let us bless the Name
Of my Lord, Jesus.

We will bless You,
O my Lord Jesus:
Deliver us by Your Name:
For we have hope in You.

- That we may praise You,
   With Your Good Father,
   And the Holy Spirit,
   For You have come and saved us.
- Glory be to the Father, And the Son and the Holy Spirit, Now, and forever, And to the age of ages. Amen.

Хоіпон анфан<del>о</del>фот†: e†прохетхн: маренхмот епіран: hte Па<del>о</del>с Інс.

- + Εθρεηδως εροκ:

  ηεμ Πεκιωτ ηλταθος:

  ηεμ Πιπηλ εθτ:

  χε ακι ακοω μαοη.
- Δοξα Πατρι κε Υιω:
   κε αγιώ Ππατι:
   Κε ηγη κε αι κε ις τογς
   εώνας των εώνων αμεν

## The Sunday Theotokia

## Φεοτοκία μπεδοος ητκτριακή

#### Part One

You are called righteous,
O blessed one
Among the women,
The Second Tabernacle:

Which is called
The Holy of Holies,
Wherein are the Tables
Of the Covenant:

Whereupon are
The Ten Commandments,
Written by
The finger of God:

♣ Which direct us,To the Iota,The Name of Salvation,Of Jesus Christ:

Who was incarnate
Of you, without change,
And became the Mediator
Of a new covenant.

Cemort `ερο Δικεος ω θηετέμαρωσττ σεη ηιζιομι τε τμαζένοττ ηέκτητη

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Ντε τδιλθηκη νεω πιμη νέλει ναι ετλθέθητος νας πιτη θητι Φτ

• Сеершорп нерстимении нан апшота піран нотхаі нте Інс Пус

Фаі етаРопарайні вней хубогоратэ изе внегорато изе онтгозий помпра онтравить в править в правит

Through the sprinkling
Of His holy Blood,
He purified the faithful,
To be a justified people.

Therefore everyone
Magnifies you,
O my lady, the Theotokos,
The ever-holy.

And we pray,

That we may win mercy,

Through your intercessions

With the Lover of mankind.

той изтіской той той ройора той той ройора той одготра Ройом одготра Ройом той одготра то

€θβε φαι ότον νίβεν σεσίσι ώμο ταος †θεοτόκος εθτ νίσηστ νίβεν

Натичания Ртония Ртони



 $(1)(\bar{\lambda})$ 

Who can speak of
The honour of the Tabernacle,
Which Moses made
On Mount Sinai?

He made it with glory, According to the word of the Lord, And according to the pattern The He showed him. тошто нее зошлер С \*

ката псахі й Пос

тоднт зоптти атая цен

тошта Рошаттата

Where Aaron
And his sons served
In the likeness of the Highest
And the shadow of the heavenly.

They likened you to it,
O Virgin Mary,
The true Tabernacle,
Where God dwelt.

Therefore we
Magnify you befittingly,
With prophetic
Hymnology.

For they spoke of you
With great honour saying,
"O Holy City,
Of the Great King."

We ask and pray,
That we may obtain mercy,
Through your intercessions
With the Lover of mankind.

The ark overlaid
On all sides with gold,
That was made of wood
That would not decay:

# Дттеношні ёрос

Иаріа тпароенос

тскнин мині

ере Фт сазоти миос

Сове фаі тенбісі шио а̀ хішс эен Занчинолотіа̀ шпрофитікон

\* Σε ατςαχι εθβΗ†

Νὰ ΑΝΖ ΒΗΟΤὶ ΕΤΤΑΙΗΟΤΤ

ΤΒΑΚΙ ΕΘΤ

ΝΤΕ ΠΙΝΙΨΤ ΝΌΤΡΟ

Тентго тентовг еөреншашин ечнан готен непресвый готем шиманромин

## Part Two (B)

† Тківштос єтощх потв псаса півен онетатоліцос зен Занще патерЗолі Was a type of God the Logos, Who became man Without separation:

He is one from two,A Holy Divinity,Co-essential with the Father,And incorruptible:

And a Holy Humanity,
Begotten without seed,
Consubstantial with us,
According to the Economy.

This is which He has taken
From you O undefiled one,
And made one with Himself,
As a hypostasis.

Therefore everyone
Magnifies you,
O my lady, the Theotokos,
The ever-holy.

And we pray,

That we may win mercy,

Through your intercessions

With the Lover of mankind.

Дсершорп йүмнии Фф піхотос фнетачшып йршы Зен отметатфирх

• Οται πε εβολδεή ανατ οτμεθνότ εατοτβμόττ εαοι ήλττακο ηομορταίος νεμ Φίωτ

> Нем отметромі есотав хоріс стнотсій йомоотсіос неман ката †оікономій

• Оаг старбитс понф о фатомаев сарешти срос ката отехностасіс

> €θβε φαι ότον νίβεν σεσίοι ώμο ταος †θεοτοκός εθτ νίζηστ νίβεν

Намон Зом тентов? Соренщащи етна! Зорен метресвый отта растий водинать вод



The children of Israel,
Every soul together,
Brought offerings to
The Tabernacle of the Lord:

Gold and silver,

And precious stones;

Purple and scarlet,

And fine linen.

And they made an ark
Of wood that would not decay,
Overlaid with gold,
Within and without.

\*You too, O Virgin Mary,
Are clothed with the glory
Of the Divinity,
Within and without.

For you have brought Many people To God your Son Through your purity.

Therefore we
Magnify you befittingly,
With prophetic
Hymnology.

**Ψτχ**Η ΝΙΒΕΝ ΕΥΟΟΠ ΝΤΕ ΝΕΝЩΗΡΙ ΜΠΙΟΣ ΑΥΊΝΙ Ν΄ΖΑΝΣωρΟΝ ΕΤΟΚΗΝΗ ΝΤΕ ΠΟΣ

Πινούβ νέω πίζατ
 νέω πιώνι ώμηι
 νέω πιωένα έτα τ
 νέω πιζάκτνθινον

Дтоаміо нотківштос бен ганще натерголі атлалшс ннотв саботи нем савол

+ Техохь тар выг Иарій †пароєнос йпшот йте †меонот† саботи нем савох

> Хе ареіні едотн йотхаос есрощ йФ† пещнрі гітен петотво

# Εθβε φαι τενσιςι

Δυο άξιως

ΘΕ ΚΑΝΥΔΙΝΟΧΟΓΙά

ΔΠΡΟΚΟΝΙΤΗΦΟΡΙΚΟΝ

For they spoke of you
With great honour saying,
"O Holy City,
Of the Great King."

• We ask and pray,

That we may obtain mercy,

Through your intercessions

With the Lover of mankind.

Σε ατς αχι εθβη  $\dot{\theta}$  Νζαν  $\dot{\theta}$  βη εταιμοττ  $\dot{\theta}$  το  $\dot{\theta}$  επαιμοτο  $\dot{\theta}$  καταιμοτο  $\dot{\theta}$  επαιμοτο  $\dot$ 

Френцации егнал серенщации егнал серенцации егнал сересвый расти рести

## Part Three (3)

The Mercy Seat
Was covered by
The Cherubs
Forged from gold:

\* Was a figure of God the Logos,
Who was incarnate
Of you, without change,
O undefiled one.

He became the purification
Of our sins,
And the forgiver
Of our iniquities.

Therefore everyone
 Magnifies you,
 O my lady, the Theotokos,
 The ever-holy.

Πιίλαςτηριοη ετογεωβς ώμος ειτεη Μιχερογβια ενοι ηδικωη

• Ете Ф† пілочос етацбісарх німф штабні ф фатабні фен очметатшівф

> Дароні у толво у те иеииові иет ольеахо евоу у те иеиуиотіу

+ Cobe dai oton niben cegici mmo taoc toeotokoc eot nichot niben

And we pray,
That we may win mercy,
Through your intercessions
With the Lover of mankind.

Дион 2ши тептшв2 еөрепшашиі етнаі 21тен непресвіа йтимаіршыі

#### +++

The two Cherubs,

Forged from gold,

Always covered

The Mercy Seat with their wings.

Overshadowing
The place of
The Holy of Holies,
In the Second Tabernacle.

You too, O Mary,
Thousands of thousands,
And myriads of myriads,
Overshadowed you:

Praising their Creator, Who was in your womb, And took our form Without sin or alteration.

Therefore we
Magnify you befittingly,
With prophetic
Hymnology.

\* Херотвій снат йнотв етої йЗікш етЗшвс йпіїхастнріон эєп ноттенЗ йснот нівен

Стерэніві ѐдрні віхен піма е́от йте ине́от э̀ен †скнин э́мавсиот†

> χωρις μοβι δι Μίβ φαι επαάρι ψμεψινι εάχη φεν τενέχι φαι επαάρι ψμεψινι φαι επαάρι ψηθή καθί και μα το μου καθί κα το μου καθί και μα το μου καθί κα το μου καθί και μα το μου καθί κα το μου καθί

Φ ΘθΕ ΦΑΙ ΤΕΝΘΙΟΙ

ΔΙΖΟ ΑΣΙΙΜΟ

ΑΙΣΟ ΛΟΝΙΤΗΦΟΡΙΙΚ

ΑΙΣΟ ΚΟΝΤΗΦΟΡΙΙΚ

ΑΙΣΟ ΚΟΝΙΤΗΦΟΡΙΙΚ

ΑΙΣΟ ΚΟΝΙΤΗΚ

ΑΙΣΟ ΚΟΝ

For they spoke of you
With great honour saying,
"O Holy City,
Of the Great King."

• We ask and pray,

That we may obtain mercy,

Through your intercessions

With the Lover of mankind.

Σε ατς αχι εθβη η η επικοττ η επικοττ η επικοττ η επικοτη η επικ

Ф Лентго тентювг еөреншашин етнан гитен непресвый роти роти

## Part Four $(\bar{\lambda})$

οονωστόιπ οπ οθή ττοματόττο ατονή πης σηνασιπ οφό τημβότ νός ιης έν

The Bread of Life,
Which came down
from heaven for us,
Gave life to the world.

You are the Pot, Made of pure gold,

Was hidden:

Where the True Manna

Therefore everyone
Magnifies you,
O my lady, the Theotokos,
The ever-holy.

And we pray,

That we may win mercy,

Through your intercessions

With the Lover of mankind.

† Πιωικ ήτε πωμέ εταφί επές ττ ηλη εβολέεη τφε λαγ μπωμέ μπικος μος λαγ μπωμέ λαγ μπωμέ

> €θβε φαι ότον νίβεν σεσίοι μίμο ταος †θεοτοκός εθτ νίςμοτ νίβεν

На Дион Зши тентшв Зшен веренщащи етна Зпепресвіа на протити рототи рот

It is fitting
That you be called
The golden pot,
Where the Manna was hidden:

For that was kept
In the Tabernacle,
As a testimony for
The children of Israel:

Of the good things
That the Lord God
Did for them,
In the wilderness of Sinai.

♣ You too, O Mary,

Have carried in your womb

The rational Manna,

That came from the Father:

You have born Him without blemish.
He gave unto us
His honoured Body and Blood,
And we lived forever.

Therefore we
Magnify you befittingly,
With prophetic
Hymnology.

οφό φαν μωστή οφονμοτό έπεραν Βτονή οσοκατόπο εχ Ρτηεί πης κανακοπό εφό

Фн иеп етейиат уатхац беп †скнин йогиетиевре йте пепунрі йПісх

> €οβε ηιπεοηληση ετλαλιτον ηεμώον ήχε Πος Φ† ει πωλαε ή€ιηλ

\* Νοο εωι Παρια αρεφαι δεν τενεχι απιμανικά νου του του τωίθ κολδεν Φιωτ

> урепяса ядие өмуев урепяса елез пем шефсиод елемия претяса ядие өмуев

+ Сөве фаі тенбісі шио аўішс

мохопитиль нае

мітрофитікон For they spoke of you
With great honour saying,
"O Holy City,
Of the Great King."

\* We ask and pray,

That we may obtain mercy,

Through your intercessions

With the Lover of mankind.

You are the lamp stand Made of pure gold,

Carrying the

Σε ατς αχι εθβη η η επικοττ η επικοττ η επικοττ η επικοτη η επικ

Ф Лентго тептювг еөреншашин етнан капресвіа ртоти

## Part Five (€)

ΑΙΝΧΥΚΉ ΤΟ ΟΘΊΝ ΤΥΟΗΒΎΟΤΤЭ ΒΎΟΝΉ Ο ΣΑΠΙΔΑΊΠ ΔΕ ΙΔΡΤЭ ΝЭΒΙΝ ΥΟΗΟΉ SЭЩΘЭ

The unapproachable
Light of the world,
Out of the
Unapproachable Light:

Ever burning lamp:

The True God,
Of the True God,
Who was incarnate
Of you, without change.

By His manifestation,
 He gave light to us,
 Who were sitting in darkness
 And the shadow of death

# Ете фотши йпікосмос піатўмант ероч пі евохмен піотшіні йатўмант ероч

Пінот† йтафині євохбен отнот† йтафині єтацбісарх йбн† бен отиєтатшів†

На Вітен тецпаротсій аферотшіні ерон ба ннетвемсі бен пуакі нем тоніві йфмот

And guided our feet
To the path of peace,
Through the communion
Of His holy Mysteries.

Therefore everyone

Magnifies you,

O my lady, the Theotokos,

The ever-holy.

And we pray,
That we may win mercy,
Through your intercessions
With the Lover of mankind.

All the orders on high
 Cannot resemble you,
 O golden lamp stand,
 That carried the True Light:

That was made of Pure and elect gold, And was placed in The Tabernacle:

That was tended

By the hands of men,

Who brought oil for its lamps,

By day and by night.

 $\mathfrak{A}$ дсоттен ненба $\mathfrak{A}$ ате  $\mathfrak{A}$ коіншній  $\mathfrak{A}$ 

+ Εθβε φαι ότον νίβεν σεσίσι ώμο ταος τθεοτοκός εθτ νίζηστ νίβεν

> Дион 2ши тентшв2 еөреншашиі етнаі 21тен непресвіа йтот¶ шпиаіршыі

+++

Τοος νιβεν ετσεν πόσιςι ορό το ονώ των ορό το ονώ κινχτατίω οι μαιώ ινιων οιπ σε ισθτο

Он ией ете йиат фатоашос бей отнотв ессшти йкабарос фатхас бей Тскнин

+ Сееркевериітне ерос зітен занхіх промі еттнег пса песхампас йпієгоот нем пієхорг He Who dwelt in your womb,
O Virgin Mary,
Gives light to every man
That comes into the world.

♣ For He Whom you have born, Is the Sun of Righteousness, And He has healed us From our sins.

Therefore we Magnify you befittingly, With prophetic Hymnology.

♣ For they spoke of youWith great honour saying,"O Holy City,Of the Great King."

We ask and pray,
That we may obtain mercy,
Through your intercessions
With the Lover of mankind.

\*You are the Censer, Made of pure gold, Carrying the blessed Live coal: Фнетхн эен тенехі Паріа †пароєнос асеротшіні єршші нівен єоннот єпікосмос

• Ивод тар пе фрн йте †2ікеостин аремасц ацталбон еволбен неннові

> Сове фаі тенбісі шио а̀ хішс эен Зантшнохотіа̀ шпрофитікон

\* Σε ατςαχι εθβΗΤ ΝζαΝζβΗΟΤὶ ΕΤΤΑΙΗΟΤΤ ΤΒΑΚΙ ΕΘΤ ΝΤΕ ΠΙΝΙΨΤ ΝΌΤΡΟ

> Тентго тентювг еөреншашиі ечнаі гітен непресвід йтот шпішаіршыі

## Part Six (₹)

Ноо те ішотрн оод фармій втоній валіт ас імртэ тоомдайта шархій тоомдайта валіть валі

Which is taken
From the Altar,
To purge the sins and take
Away the iniquities:

♣ Which is God the Logos, Who was incarnate of you, And offered Himself as incense To God His Father.

Therefore everyone
Magnifies you,
O my lady, the Theotokos,
The ever-holy.

♣ And we pray,

That we may win mercy,

Through your intercessions

With the Lover of mankind.

Therefore, in truth,
I do not err

Whenever I call you, The golden Censer:

For therein
Is offered
The select incense,
Before the Holiest:

Фнетотбі ішор евохбен пішанерушоту уартотво інпові інтерійхі інпоша

♣ €τε Φ† πιλοτος
 κταφικά καμώνι λουσοινοτοι
 ωλ Φ† περιωτ

Cobe tal oton niben cegici  $\hat{\mathbf{M}}$ 00  $\hat$ 

Напрадния растива на помера на поме

+++

Тоте ахношс птушчт ап пгх апуапиотт еро че туотри ппотв

Where God takes away
The sins of the people,
Through the burnt offerings
And the aroma of incense.

♣ You too, O Mary, Carried in your womb, The Invisible Logos Of the Father:

He who offered Himself
As an acceptable sacrifice,
Upon the Cross,
For the salvation of our race.

♣ Therefore we Magnify you befittingly, With prophetic Hymnology.

For they spoke of you
With great honour saying,
"O Holy City,
Of the Great King."

♣ We ask and pray,
 That we may obtain mercy,
 Through your intercessions
 With the Lover of mankind.

₩αρε Φ† ωλι μπατ και πίζοι και πίζοι και πίζοι και πίζοι και πίζοι και μαστ και πίζοι και μαστ και πίζοι και μαστ και

Нео гом Иаріа арецаі бен тенехі йпіатўнат ерос йте Фіот

Фаі єтаденд єпідші нототсій есщнп готатрос За потхаі йпентенос

ΦΘΘΕ ΦΑΙ ΤΕΝΘΙΟΙ

ΔὶΝΟ ΑΣΙΙΟΟ

ΣΙΤΟΛΟΝΙΚΉΝΑ ΕΝΘΕ

ΑΙΤΗΦΟΘΠΊΑ

Σε ατςαχι εθβητ Νζανζβηστί ετταιμοττ Τβακι εθτ Ντε πινιωτ Νοτρο

Френуации егнал соттем непресвый расти ретовый ретовый ретовый ретовый ретовый ретовы ретовы

## The Gospel According the St. Luke

Now, O my Master, You will let Your servant depart in peace, according to Your word: for my eyes have seen Your salvation, which You have prepared before the face of all peoples; a light of revelation to the nations, and the glory of Your people Israel. *Glory be to God forever*.

## Part Seven (Modern) (7)

Hail to you Mary,
The beautiful dove,
Who, for us, gave birth to
God the Logos.

♣ You are the,
Fragrant flower,
That blossomed from
The root of Jesse.

The rod of Aaron,
Which blossomed without
Planting or watering,
Is a type of you.

You gave birth to Christ,
Our God in truth,
Without the seed of man,
While being a virgin.

Therefore everyone
Magnifies you,
O my lady, the Theotokos,
The ever-holy.

Хере не Иаріа торомпі евнесшс внетасцісі нан мФт піхочос

\* Νοο τε †ερμρι ητε πίσοοινοται ομετασφιρι εβολ δεν ονοτοι ήΙεσσε

> Піўвшт йте Дарон етафірі євод хшріс бо неш тсо фоі йттпос не

ф Фнетасмес Пхс Пеннот фен отменинг фен отменингостой парьенос

€θβε φαι ότον νίβεν σεσίσι μμο ταος †θεοτοκός εθτ νίζηστ νίβεν And we pray,

That we may win mercy,

Through your intercessions

With the Lover of mankind.

• Дион Сши тентшво • оренщащиі етнаі Сітен непресвіа йтот шпішаіршыі

+++

You are called righteous, O holy Mary, The Second Tabernacle Of the Holies:

The rod of Aaron,
And the fragrant
Holy flower.

You are clothed with purity, Within and without, O pure Tabernacle, The abode of the Righteous.

The orders on high,

And the choirs of the just,

All glorify

Your blessedness.

Therefore we Magnify you befittingly, With prophetic Hymnology. Cemort èpo Δικεως ὼ θηεθοταβ Uapia τε τμαθένοττ νέκηνη ντε νηεθτ

+ Θιέτοτχι νάττο Αλρον νε πιώβωτ ντε Δλρον νε Τέρηρι εθτ ντε πίσθοινοται

> Јеходе йпітотво саботи нем савод ѝ Тскнин йканарос фиайумпі йнідікеос

Пітачна йтє йбісі
 иєм йхорос йтє нідмні
 сеєрет 20 да дін
 йнємакарісмос

Сове фаі тенбісі шио адішс эен Зантинологіа ипрофитікон For they spoke of you
With great honour saying,
"O Holy City,
Of the Great King."

We ask and pray,
That we may obtain mercy,
Through your intercessions
With the Lover of mankind.

\* Σε ατσαχί εθβητ Νανάβηστὶ ετταίμοττ τβακί εθτ Ντε πινιψή Νότρο

Тентго тентшвг еөреншашин етнан катресвый ртоти

#### Part Seven (Modern Part Eight) (H)

Feven times everyday

I praise Your Holy Name,
With all my heart,
O Lord of all.

I remembered Your Name
And I was comforted,
O King of the ages
And God of all gods:

For our salvation.

Fessus Christ our God,

The True One who came,

And was incarnate

For our salvation.

He was incarnate Of the Holy Spirit, And of Mary, The holy Bride:

And changed our sorrow,
And all our afflictions,
To joy for our hearts
And perfect rejoicing.

Let us worship Him, And sing about, His mother Mary, The beautiful dove. Тисоп ишниі евохэєм пагнт тнря тисомот епекрам Пос ипієйтнря

Дієрфиєті йпекран отог аіхемном† потро іннієшн Ф† інте нінот†

† Γης Πχς Πεννοτ†
πιλληθίνος
Φηέτλο εθβε πενςω†
λαερςωματικός

Дебісару єво бен Пішна єбт нем євохбен Паріа †щехет єбт

Ф Дефших дпенгиви нем пенгохого тнре тнуб тенгохого тнре тнуб пент тре тнуб пентира по пенги пенгом пенгом

Иаренотошт ймос отог итенергтинос итеспат Иаріа †бромпі еөнесос Let us all proclaim,
With a joyful voice,
Saying, "Hail to you, O Mary,
The Mother of Emmanuel."

Hail to you O Mary: (Shéré ne Maria:) the salvation of Adam our father.

Hail to you O Mary: the Mother of the Refuge.

Hail to you O Mary: the rejoicing of Eve. Hail to you O Mary: the joy of all generations.

Hail to you O Mary: the joy of the just Abel. Hail to you O Mary: the true Virgin.

Hail to you O Mary: the salvation of Noah.

Hail to you O Mary: the chaste and undefiled.

Hail to you O Mary: the grace of Abraham.

Hail to you O Mary: the unfading crown.

Hail to you O Mary: the salvation of Isaac.

Hail to you O Mary: the Mother of the Holy.

+ Hail to you O Mary: the rejoicing of Jacob.

Hail to you O Mary: myriads of myriads.

Hail to you O Mary: the pride of Judah.

Hail to you O Mary: the Mother of the Master.

+ Отог інтеншу євол бен отсин інбелнл хе хере не Иаріа дитонашЭй тапе

Χέρε νε Uapia παωή κλλαμ πενιωτ  $\overline{\chi}$ ε θυαν μπιμαμφωτ  $\overline{\chi}$ ε πογνοή κνητενέλ

Σε ψατθωλεβ ήςεμης

Xε πέμοτ ηXβραλμ  $\overline{X}$ ε πιχλομ ηλολωμ  $\overline{X}$ ε ποω+ ηΙσλακ πεθοταβ  $\overline{X}$ ε θματ μφη $\overline{E}$ θ

\* Χε πθεληλ ήλακωβ

χε εληθβα ήκωβ

χε πωοτωοτ ήλοτλα

χε θματ μπιλεςποτα

Hail to you O Mary: the preaching of Moses.

Hail to you O Mary: the Mother of the

Master.

Hail to you O Mary: the honour of Samuel. Hail to you O Mary: the glory of Israel.

+ Hail to you O Mary: the firmness of righteous Job.

Hail to you O Mary: the precious jewel.

Hail to you O Mary: the Mother of the
Beloved.

Hail to you O Mary: the daughter of King David.

Hail to you O Mary: the spouse of Solomon. Hail to you O Mary: exaltation of the righteous.

Hail to you O Mary: the health of Isaiah. Hail to you O Mary: the healing of Jeremiah.

+ Hail to you O Mary: the knowledge of Ezekiel.

Hail to you O Mary: the gift of Daniel. Hail to you O Mary: the power of Elijah. Hail to you O Mary: the grace of Elisha.

Hail to you O Mary: the Theotokos.

Hail to you O Mary: the Mother of Jesus
Christ.

Hail to you O Mary: the beautiful dove.Hail to you O Mary: the Mother of the Son of God.

 $\overline{X}$ ε πειωιώ πησες  $\overline{X}$ ε μαν ήμησες στης  $\overline{X}$ ε μταίο η  $\overline{X}$ ε μποτής  $\overline{X}$ ε μποτώς  $\overline{$ 

Τε πταχρο ήλωβ πιθωμι Χε πιώνι ήλναμμι Χε θυαν ύπιμενριτ Χε τωερι ύποτρο ΔατιΔ

> Χε †ῷφερι ἀCολομων χε ὰσταλι ὰΗςὰὰλας χε ὰταλδο ἀΙερεμιας

\* Χε πεωι η ετεκιης

Χε τχου η Ηλίας

Χε πιξυοτ η Ελίσεος

 $\overline{X}$ ε †θεοτοκός  $\overline{\chi}$ ε θματ ή Πτο Π $\overline{\chi}$ ς  $\overline{\chi}$ ε †δρομπι εθνές ως  $\overline{\chi}$ ε θματ ή  $\overline{Y}$ ιος θεος

- Hail to you, O Mary,
   About whom
   All the prophets
   Prophesied and said,
- "Behold, God the Logos Was incarnate of you,
   With an indescribable Unity."

You are truly exalted, More than the rod Of Aaron, O full of grace.

What is the rod But Mary, For it is a type Of her virginity.

- She conceived and gave birth,
  Without mingling of substance,
  The Son of the Highest,
  The Eternal Logos.
- Through her prayers

  And intercessions,

  O Lord, open to us

  The door of the church.

- \* Хере не Иаріа етатериевре нас нхе ніпрофитис тирот отог атхю ймос
- + Знппе Ф† пілогос етасрісарх йэн† эен отцетотаі йатсахі йпесрн†

Јебосі ахноюс еготе пійвют ите Дарон й онеомег йгмот

Ду пе піўвот евна еЦаріа хе йоод пе йттпос йтеспароеніа

- Дсервокі асмісі жфіс стнотсій йітфірі ўфнетбосі шуотос нятуля
- # Зітен несетхн пем неспресвіх хотши нан Пос йфро йте †еккхнсіх

I ask you,
O Theotokos,
Keep the door of the church
Open to the faithful.

Let us ask her
To intercede for us,
Before her Beloved,
That He may forgive us

#†го еро

ф феотокос

жа фро инієккунсій

сөрестшвэ ехим нагрен песменыт парентво ерос

#### Part Nine $(\overline{\Theta})$

♣ O Virgin Mary, You are called, The holy, Fragrant flower,

That blossomed,
And came forth,
From the root of
The patriarchs and the prophets,

♣ Like the rod,Of Aaron the priest,Which budded,And bore fruit.

For you brought forth the Logos, Without the seed of man, And your virginity, Remained incorrupt. 
> Θμέτας τον δεπωωι ασφιρι εβολ δεν θνοννι ηνιπατριαρχής νεω νιπροφητής

 Ифрит ипійвют інте Дарон піочив етафірі євох афопт інкарпос

> Χε άρεχφο υπιλοτος αδικε ζπερμα ήρωμι εςοι ήαττακο ήχε τεπαρθενιά

Therefore we glorify you,
As the Theotokos.
Ask your Son,
That He may forgive us.

♣ €өВе фаі тен†фот не зыс өеотокос ма†го йпешнрі еөрецхш нан евох

On non-Sundays, return to the Second Canticle on Page 70.

#### Part Ten ()

You are more worthy
Thank all of the saints,
To entreat on our behalf,
O full of grace.

O full of grace.

You are greatly exalted
Above the patriarchs,

And honoured more Than the prophets.

And you have a means,
With freedom of speech,
Greater than the Cherubim,
And the Seraphim.

♣ For truly you are,The pride of our race,And the advocate,Of our souls.

Intercede on our behalf, Before our Saviour, That He may confirm us, In the upright faith; Τεοι ηζικανός εζοτε νηέθα τηρον εθρετωβζ έχων ω θηέθωες ηζωότ

♣ Дебосі ємащю
 еготе ніпатріархно
 отог тетаінотт
 еготе ніпрофитно

отон те хіндоўі бен отпаррнсій беоте ніхеротвім мем нісерафім

• Ньо тар ахноюс отог фіростатнс пе і тростатнс пте ненфтун

> Дріпресветін ехши магрен пенсштнр гопшс інтестахрон бен пінаг † етсоттшн

- That He may grant us,

  The forgiveness of our sins,

  And that we may obtain mercy,

  Through your intercessions.
- Нтечерумот ичи
   ушіхм євоу ите иеинові
   утей мешьесвіў

## Part Eleven (B)

All the exalted names,
Of the incorporeal,
The thousands of angels,
And archangels,

♣ Did not attainThe great blessedness,Of you who are clothed withThe glory of the Lord of Hosts.

You shine
More than the sun,
And you are brighter,
Than the Cherubim,

♣ And the Seraphim,
With the six wings,
Who are fluttering over you,
With rejoicing.

Your glory, O Mary,
Is exalted above heaven,
And above the honour of the earth,
And its inhabitants.

Ραη ηιβεη ετδοςι ητε ηιλοωματος ηιληλήψο ησττελος ηεω αρχηστελος

• Πποτώφος επδιει
 κτε κεμακαρισμός
 ψ θηετχολς μπιώοτ
 κτε Πος εαβαωθ

Тегіактін євох еготе фрн теоі йхампрос еготе Міхеротвім

Нем инсерафия
 та писоот итене
 та п

#### Part Twelve

Πεώοτ Աαρια σοςι έδοτε τφε τελικό ττοικτετ Ρτημέν ποιμτερη Δε For you are in truth,

The true path,

Reaching up,

Toward the heavens.

You are clothed,
In joy and rejoicing,
And girded with power,
O Daughter of Zion.

♣ O you were clothed,

With the garment of the heavenly,

That you may cover Adam,

With the garment of grace.

And restored him again,
To Paradise,
The place of joy,
And dwelling of the righteous.

The Virgin Mary is
A true Tabernacle;
In which are
The faithful testimonies:

The unblemished ark,

Overlaid roundabout with gold,

And the Cherubic,

Mercy Seat.

4 Нөо тар ахнөшс те †страта ишні етоі ишайиоші ейфнойі

Άρετειωτ ὰφραψι νευ ποεληλ ὰρευορτ νοτχου ὼ τωερι νι Οιων

• W • НЕТАСТВИТС

ПТОНФІН АНН ШОВЭЗТНА

ШАДДН ЗВШЗЭЗТНА

ТОЦЗІПЬ ШЭВЭЗТН

ТОЦЗІПЬ ШЭВЭЗТН

Αρετασθος ήκεσοπ επιπαραδισος ήτοπος δήστησς Φιάνιωση ήνηδικεσο

#### Part Thirteen

• Отскнин мыні
те Иаріа Іпароєнос
етун эен тесяні
йхе німетмеорет етенгот

Жеротвішкой фхеротвішкой фукратеротвішкой фукра ♣ The golden pot,
 In which the manna was hid,
 Behold, the Logos of the Father,
 Came and was incarnate of you.

The golden lampstand,
Carrying the True Light,
Who is the Light of the World,
The Unapproachable.

The golden censer,
 That carries the fiery ember,
 And the choicest,
 Fragrant incense.

The rod of Aaron, Which budded, And the holy, Fragrant flower.

All these together,Signified for us,Your wondrous birth-giving,O Virgin Mary.

#### Part Fourteen

You adorn our souls,
O Moses the Prophet,
Through the honour of the tabernacle,
Which you decorated.

• Пістамнос іннотв ере піманна вні інівнте іс піхотос інте Фішт і аебісарт інівнт

> ∄хчкиід імочВ етсы фа пісчшімі імні ете фочшімі імпікосисс піатіўфинт 'єросі

Дотри инотв
 етал за піхевс ихром
 иєм пісоонота єтсютп
 ихромата

Піўвшт йте Дарши етацфірі євох йте піс<del>в</del>оінотці

 Наі тирот єтсоп сєєрстименін нан йпехінмісі йійфирі й Иаріа †пароєнос

Σκοολοελ ηνενψτχη ω Όωτομο πιπροφητής σεν πτλιο νέτκηνη έτακοελοωλο έβολ The first tabernacle,
 Which Moses made;
 A place of forgiveness,
 For the children of Israel:

Moses made it with glory,
As commanded by the Lord,
According to the pattern,
Shown unto Him.

There was an Ark, In the tabernacle, Overlaid with gold Within and without.

> There was a Mercy Seat, In the Tabernacle, With golden Cherubs Overshadowing it.

There was a golden pot
In the tabernacle,
And a measure of the manna,
Was hidden within it.

There was a golden lampstand In the tabernacle, Which had seven lamps Giving light. 
> Деваміос бен отфот ката пссахі йПос нем ката ніттпос тнрот єтаттамос єршот

◆ Отои отківштос
 ҳн ठей †скнин
 еслалнотт йиотв
 саботи ней савол

Отон отгластнрон хн бен †скнин ганхеротвы инотв

• Отон отстамнос инотв жн бен Тскнин ере отшиманна енп ийрний фите

> Отои отхтхиіх йиотв хн эби Тскнин бре пішащ й йэнвс бротшій схис

There was a golden censer,
 In the tabernacle,
 Where the choice incense,
 Was in its midst.

There was a fragrant flower In the tabernacle, Smelled by all The house of Israel.

♣ The rod of Aaron
Was in the tabernacle,
Which had blossomed,
Without planting or watering.

There was a table of gold, In the tabernacle, With the shewbread, Set upon it.

There was a high priest,
In the tabernacle,
Offering up sacrifices,
For the sins of the people.

And when the Pantocrator, Smells the sweet savour, He takes away, The sins of the people. • Отон отфотрн инотв хн бен Тскнин ере піктнамшион етштп бен тесмн†

> Οτοη οτέρηρι ής θοιμοται χη δεη Τςχημη ετωωλεμ έρος τηροτ ήχε ης ήτι μΠιζλ

+ Отон отфвшт пте Даршн жн бен †схнин фагетафіргевох жшріс бо нем тсо

χη έξρηι έχως πωικ ή Τπροθέςις Χη φεν Τςχηνη Οτον οττραπέζα ήνιοτβ

Фотом отархнеретс
 Фен фенфотформи еденфотформи
 Фенфотформи
 Фенфотфор

уинові уте шучос уже шшчитокытты учатыты учаты Through Mary, The daughter of Joachim, We knew the True Sacrifice, Of the forgiveness of sins. ♣ Євохгітен Паріа тшері пішакім ансотен пішотшшотші ймні йханові євох

### Part Fifteen

Who can speak of,
The honour of the tabernacle,
Which was adorned,
By the prophet?

♣ When the chosen teachers
 Of the Holy Scriptures
 Marveled
 When they saw it.

They thought with
Their fine understanding,
And interpreted it,
Through the Holy Scriptures.

They called Mary,

The daughter of Joachim,

The true tabernacle,

Of the Lord of Hosts.

They likened the Ark
To the Virgin,
And its choice gold,
To her purity.

Μιω πεθηλιώς αχι ωπταιο ητόκ κη κη έτα <sup>4</sup> ( τα δολ ηχε πιπροφητής

Етатнат ерос
 ніже нісштп нісаф
 ніте нітрафн ефт
 атбійфнрі емашш

Дтиокиек евох бен потка тетщои атериннетін йиос бен ніўрафн еөт

+ Атиот† є Паріа тфері іншакій же †скнин ійшні інте Пос савашо

> Атен †ківштос гіхен †пароєнос пескенотв етсштп гіхен пестотво

They likened the Mercy Seat
To the Virgin,
With the glorious cherubs,
Overshadowing her.

They likened the golden pot
To the Virgin,
And the measure of the manna,
To Our Saviour.

They likened the golden lampstand
To the Church,
And the seven lamps,
To her seven orders.

They likened the golden censer
To the Virgin,
And its incense,
To Emmanuel.

They likened the fragrant flower,
To Mary the Queen,
And its choice fragrance,
To her virginity.

They likened the rod of Aaron To the wood of the Cross, Upon which our Lord hung, To redeem us.

 Атен піндастирной віжей †пароєнос іс Міжеротвім йте пюот сєєрфиіві єжис

> Дтен пістамнос іннотв гіхен †пароєнос пескещі іманна гіхен Пенсштнр

+ Дтен †Хткиід інотв ыхен †еккднсід пескефафа інднвс ыхен піфафа інтатил

> яхен Ешичногну пескануптинон пескануптиног эхен Дторын уносы

 Атен Тернрі йсөоіногді віжен Иаріа Тотрю пескесөоіногді етсютп віжен теспарөеній

Дтен пійвшт йте Даршн гіхен йше йте йістатрос етатеш Паос ерос шайтескот ймон They likened the table of gold
To the altar,
And the shewbread
To the Body of the Lord.

They likened the High Priest To our Saviour, The true sacrifice, For the forgiveness of sins.

This is He Who offered Himself,
 An acceptable sacrifice,
 Upon the Cross,
 For the salvation of our race.

And His Good Father, Smelled His sweet savour, In the evening, On Golgotha.

He opened the door,
 To Paradise,
 And restored Adam,
 Once again to his first estate.

Through Mary,
The daughter of Joachim,
We knew the true sacrifice,
For the forgiveness of sins.

**4** Дтен †трапеда йнотв зіхен пімайерффотфі йшік й†професіс зіхен йсфма <u>йПос</u>

> Дтен піархнеретс гімотфосфі йтні йхчюві евоу

• Фај етаренр ейши пототсіа есщип віхен йістатрос за йотхаї йпентенос

> Дармуєп є вод уке Песімі уулую уричи у се вечерося убича у се вечерося убича верося убича верос

Ф Дороми йфро йппарадісос астасою йДДам ётецарун йкесоп

> Свохгітен Иаріа тшері ізішакім ансотен пішотшшотші ізіні ізанові євох

♣ And we too,

Hope to win mercy,

Through your intercessions

With the Lover of Mankind.

The following hymn is for the Resurrection: It is prayed from the Feast of the Resurrection throughout all days of the Fifty days, and afterwards in the Sunday Midnight praise until the last Sunday of Athor (Unless the last Sunday of Athor is treated as the first Sunday of Koiak, in which case it is not said.).

#### Part Sixteen

Who among the gods, Is like You, O Lord? You are the True God, Performing wonders. ♣ You have declared Your strength,
 Among the people,
 And redeemed Your people,
 With Your arm.

Дкотшиг итекхом
 евохбен ніхаос
 изрні бен пекщивщ

You descend to Hades,
And brought up
The captivity
Of that place,

уен шпустейпул уен шпустейпул уен шпустейпул уен шпустейпул уен шпустейпул

And granted us,
 Freedom once again,
 As a Good God,
 For You have risen and saved us.

 Дкерумот нан інкесоп інтелетоєрій
 жис нотт індтавос
 же актинк аксит імпон

#### Part Seventeen

Christ our God,
Has risen from the dead,
And He is the first-fruit,
Of them that slept.

♣ He appeared to,
 Mary Magdalene;
 He spoke unto her,
 And said,

"Tell my brethren,
That they go,
To Galilee,
And there will they see me."

♣ Mary came,To the disciples,And told them she had seen the Lord,And He spoke these things to her.

Ϫ Πχα Πεννοτ† τωνς εβολδεν νηεθωωστ νηθος πε τλπαρχη νητε νηετατενκοτ

Даотомед є Паріа
 Даотомед є Паріа
 Даотомед є Паріа

Хе шаташе насинот гола птотщеншот ефталілей сенанат ероі йшат

♣ Дсі йхе Царіа ша пімантно пехас хе аінат єПос отог наі петацхотот нас

### Part Eighteen

The care

Kαλως δεν οτμεθμηι

Of St. Mary

Magdalene

Nας θηξον Uapia

Ψας Σαλίνη

♣ She came to the tomb,
 On the Sabbath day,
 Zealously seeking,
 The Resurrection of the Lord.

# Δεί επιλελτ

δεν φοτλι ήτε νιςλββλτον

λεκω† δεν οτεποτλη

για τληλετλεις μΠος

She saw the Angel,
Sitting on the stone,
Proclaiming and saying,
"He is Risen, He is not here!"

Therefore we glorify Him,

Proclaiming and saying,

"Blessed art You O my Lord Jesus,

For You have risen and saved us."

Дсиат єпіаттєхос εσωώ εβολ εσχω ππος χε αστωμό άχη πίματα αν

+ Εθβε φαι τεητώστ πας επωψ εβολ επχω ώμος χε κζιμαρωσττ ὼ Παος Ιπς χε ακτωπκ ακςωτ ώμοπ

### The Antiphonarium is read.

### The Conclusion of the Adam Theotokias

Your mercies, O my God, Are countless, And Your tender mercies Are too plenteous. Иекнаі ю Панот† Занатбінііі шшфот сеощ ешащф нте некметщен2нт

All the rain drops Are counted by You, And the sand of the sea Is before Your eyes.

> How much more are The sins of my soul Manifest before You, O my Lord.

Ηιτελτιλη μπολης πικεῶω μτε φιοπ
 σεχη ηγερεί μεκβγγ

Ιε ατηρ μαλλοη ηποκύθο Παος

Do not remember, my Lord,
 The sins that I have committed,
 And count not
 My iniquities.

Η Νινοβι εταιατον
Παος ηνεκερποτμενι
ονδε μπερτεθήκ
εναλνομίλ

For You have chosen the publican, You have saved the adulteress, And You have remembered The right hand thief.

♣ And I too,
The sinner,
Teach me, O my Lord,
To offer repentance.

For You do not desire
The death of a sinner,
But rather that he
Return and live.

Return us, O God,
 To You salvation,
 And deal with us
 According to Your goodness.

For You are good
And kind-hearted.
May we be quickly overcome
By Your compassions.

Have compassion on us all,
 O Lord God our Saviour,
 And have mercy on us
 According to Your great mercies.

Хе пітелшинс аксотпр †порин аксш† ймос пісоні етслотінам Паос акерперметі

> Хе хотом йфиот ан йпірецернові йфрн† йтецтасооц йтесона йхе тецфтхн

Иатасоон Ф†
 еботи епекотхаі
 аріоті неман
 ката текметатаоос

Хе йнок отатанос отог йнант мароттагон йхшхем

Фенгнт Дарон тирен
 Пос Ф† Пенсфр
 отог наг нан
 ката пекијф† ѝнаг

Remember these,
O Christ our Master.
Be in our midst,
And proclaim and say,

♣ "My peace I
 Give to you.
 The peace of My Father
 I leave with you."

O King of Peace,
Grant us Your peace,
Establish for us Your peace,
And forgive us our sins.

Disperse the enemiesOf the Church.Fortify Her that SheMay not be shaken forever.

Emmanuel our God
Is now in our midst,
With the glory of His Father,
And the Holy Spirit.

May He bless us all,
 Purify our hearts,
 And heal the sicknesses
 Of our souls and our bodies.

Наі кірі шпотметі  $\overline{w}$  пенинв П $\overline{x}$ с ексушпі бен тенин $\overline{y}$  ексуш ймос

+ Хе тагірнин алок †† алос иштей тгірнин апаішт †Хи алос иелитей

Потро йте †гірнин семиі нан йтекгірнин жа йтекгірнин

Тар `євох інніхахі
 Заправной приката прикат

Εμμανοτης Πεννοτ† δεν τενιμή †νοτ δεν πώος ντε Πεσιωτ νευ Πιπνα εθς

Итефсмот ероп тнреп
 ѝтефтотво ѝнемент
 ѝтефтом ѝнемент
 ѝте менфтом ѝнем менсома

We worship You, O Christ,
With Your Good Father,
And the Holy Spirit,
For You have {come} and saved us.

Τενοτωμτ άμοκ ω Πχς νευ Πεκιωτ νλτλθος νευ Πιπνλ έθτ χε {λκι} λκςω† άμον

### The Creed

### The Introduction to the Creed

We exalt you, the Mother of the True Light. We glorify you, O saint and Mother of God, for you brought forth unto us the Saviour of the whole world; He came and saved our souls.

Glory to You, our Master, our King, Christ; the pride of the Apostles, the crown of the martyrs, the joy of the righteous, the firmness of the churches, the forgiveness of sins.

We proclaim the Holy Trinity in One Godhead. We worship Him. We glorify Him. Lord have mercy. Lord have mercy. Lord bless. Amen.

### The Creed

We believe in one God; God the Father, the Pantocrator, Who created heaven and earth, and all things seen and unseen.

We believe in one Lord; Jesus Christ, the Only-Begotten Son of God, begotten of the Father before all ages. Light of Light; True God of True God; begotten, not created; of One Essence with the Father; by Whom all things were made; Who, for us men and for our salvation, came down from heaven, and was incarnate of the Holy Spirit, and of the Virgin Mary, and became man.

And He was crucified for us under Pontius Pilate; suffered and was buried; and the third day He rose from the dead, according to the scriptures. Ascended into the heavens, He sits at the right hand of His Father; and He is coming again in His glory, to judge the living and the dead; Whose kingdom shall have no end.

Yes, we believe in the Holy Spirit; the Lord, the Giver of Life; Who proceeds from the Father; Who, with the Father and the Son, is worshipped and glorified; Who spoke by the prophets.

And in One, Holy, Catholic and Apostolic Church, we confess one Baptism for the remission of sins.

We look for the resurrection of the dead, and the life of the coming age. Amen.

## The Conclusion of the Midnight Praise

Lord have mercy. (3) (Kyrié eleison.) (3)

God have mercy upon us:

Lord have mercy. (3)

God hear us:

Lord have mercy. (3)

God look unto us:

Lord have mercy. (3)

God behold us:

Lord have mercy. (3)

Ф† шенгнт барон God have compassion on us: Lord have mercy. (3) Δηση δα πεκλασς We are Your people: Lord have mercy. (3) We are Your creation: Δηση δα πεκπλασμα Lord have mercy. (3) Ихамен евоуфен неихахі Deliver us from our enemies: Lord have mercy. (3) Ναεμεή εβολελ οτέβωη Deliver us from scarcity: Lord have mercy. (3) Anon sa nekèbiaik We are Your servants: Lord have mercy. (3) You are the Son of God: Υιος θεος ήθοκ Lord have mercy. (3) We believe in You: Динаг + срок Lord have mercy. (3) **Σ**ε {ακι} ακου† αμον For You have {come} and saved us: Lord have mercy. (3) Visit us with Your salvation:  $\mathbf{X}$ емпеншин бен пекот $\mathbf{x}$ ал Lord have mercy. (3) Otos xa nennobi nan ebo $\lambda$ And forgive us our sins:

Lord have mercy.

### Holy, Holy, Holy

Holy, Holy, Holy Lord of Hosts, heaven and earth are full of Your glory and Your honour. Have mercy on us, O God, the Father, the Pantocrator. All-Holy Trinity, have mercy on us. O Lord, God of the powers be with us, for we have no helper in our afflictions and our troubles, save You. Loose, remit and forgive us, O God, our iniquities, which we have committed willingly, and which we have committed unwillingly; which we have committed knowingly, and which we have committed unknowingly. The hidden and the manifest, O Lord, remit unto us, for the sake of Your Holy Name which is called upon us.

According to Your mercy, O Lord, and not according to our sins.

# The Lord's Prayer

Our Father Who art in heaven, hallowed be Your Name. Your Kingdom come. Your will be done, on earth as it is in heaven. Our bread of the morrow, give us today, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from the Evil One; in Christ Jesus our Lord. For Your is the Kingdom, the power and the glory, forever and ever. Amen.

# Monday

# The Monday Psali Adam

Thousands of thousands And myriads of myriads Praise and glorify My Lord Jesus.

Everyone who says,
"O my Lord Jesus",
His is a sword at hand,
Striking down the enemy.

- ♣ For truly You are, Greatly exalted, Beyond the heavens And above the earth.
- ♣ For all the righteous,Who have pleased God,Meditate on,All the law.

God is placed,
Before them,
His Holy Name
Is always on their lips.

Exceedingly great,
Are Your compassions,
O giver of righteous judgments,
O my Lord Jesus.

Aniàna ngo ngo neu niànanèba nèba ce2wc cetwor uNaoc Inc

Βοη ηιβεή εθηλχος χε Πλός Ιμς οτοη οττημί ήτοτα ετρωδτ μπίχλχι

- иет ѕіхеи шкуѕі уѕрні феи иіфноўі ф 2е гур ууноюс
- Дікєос тар нівен статранац йФ† сеєрмехетан бен піномос тирц

Ερε Φ† χΗ ὑποτὰθο εβολ ερε πεσραν εθτ δεν ρωοτ νισοτ νιβεν

Ζεοώ επνώς μχε νεκπετώενση ω Πνος Ιμς

- ♣ God is Emmanuel,
  The true food;
  The tree of life,
  Of immortality.
- ♣ Gather within me,
  All my thoughts
  That I may praise and glorify
  My Lord Jesus.

Jesus is my Lord, Jesus is my God, Jesus is the hope Of Christians.

Little by little,
We remember You
And glorify Your Name,
O my Lord Jesus.

- ♣ May we set aside,All the evil causes,So that we may purify our heartsWith the Name of the Lord.
- ♣ May the Name of the Lord, Be within us, That it may enlighten us In our inner man.

- НХ пє Ємманочнх
   піффни уте упому
   фа флетавиох

ΙΗς πε Πλος ΙΗς πε Πληος† ΙΗς πε τεελπις ὰΝΙΙΧΡΙΙΤΙΑΝΟς

Κατα κοται κοται τειτιρι απεκμετι τειττώοτ απεκραι ω Παος Ιπς

- Хшіхі півен єтешот шаренхат інсшн шарентотво інпенент еботн ісфран інПос

For who amongst the gods, Is like You, O Lord?
You are the true God,
Who does wonders.

Blessed are You in truth, O my Lord Jesus, With thy Good Father and the Holy Spirit.

- ♣ Your Holy Name,
  Is a very
  Precious ointment,
  O my Lord Jesus.
- ♣ O true lamb,

  Of God the Father,

  Grant mercy to us,

  In Your kingdom.

For the voice of Your Father, Bears witness of You saying, "You are my Son, Today I have begotten You."

The cherubim
And seraphim
Stand by You,
But do not look upon You.

Мім чар бен нінот† етоні ймок Пос інфок пе Ф† ймні етірі неанффнрі

Ζμαρωστ άληθως ω Παος Ιης νεμ Πεκιωτ νάταθος νεμ Πιπνα έθτ

- Οτάρωματα εναψενιστενη πε πεκραν εθτ ὼ Παος Ικς
- Пізінв ймні
   йтє Ф† Фішт
   аріотнаї неман
   бен текметотро

Ρως ταρ μΠεκιωτ ετοι μμεθρε δαροκ χε ήθοκ πε παώμρι άνοκ αιχφοκ μφοοτ

Сетшотнот гарок ихе Иіхеротвіш неш Місерафіш сещнат ерок ан

- We behold You, Yourself
   Upon the altar;
   We partake of Your Body
   And Your precious blood.
- There is nothing in
   Every hymn
   In all the Law,
   But similitudes of You.

This is most precious,
True stone for which,
The merchant sold
His possessions to purchase.

Bestow upon us now,
This stone,
That it may illuminate us
In our inner man.

- ♣ Your Holy Name is the Adornment of our souls, And the gladness of our hearts O my Lord Jesus.
- ♣ You are the compassionate And the merciful, With great mercy, O Lord Jesus

- ♣ Деннат ерок имниі гіхен піманерффотфі тенбі евохбен пексфиа нем пексноф еттаінотт

Фаі пє пійні ймні евнащенсотенц ета піршмі йещшт †йпетейтац ацщопц

Хю нан зюн †ног йпаійні фаі йтесјерогшіні ерон бен пенршы етсаботн

- Φολςελ ημεμητα
   περοτωτ ημεμεμη
   πε πεκραν εθτ
   ω Πλος Ιμς
- # W піданзонс отоз інант фа пімну інаі й Паос Інс

The cherubim,
Wave their wings;
They praise, they glorify,
You O my Lord Jesus.

In time the sun
And the moon will set,
But You ARE,
Your years Do not fail.

- In the providence,
   Of Your goodness,
   You bent the heavens,
   And descended to us.
- As the true physician,
   Who gives healing,
   You did cure
   All our sicknesses.

Look to us,
O my Lord Jesus,
With the merciful eye,
Of Your goodness.

Plant within us,
An upright heart,
That we may bless You,
O my Lord Jesus.

Ϣατδακ ήηοττεης ήχε Νιχεροτβιμ ωατεως ωατ†ώοτ μΠαος Γης

дихеютп йхе фрн нем піюе бен потснот йнок хе йнок пе

- най іннь эшб фаврі фаврі фаврі фавра петі нашення трогий трогий фаврій фаррій фаврій фаврій

Χοτωτ εδρηι εχωη ω Πλός Ιης δεη οτβλλ ήνλητ ήτε τεκμετλυλθος

I ask You,
O my Lord Jesus,
Grant mercy to us
In Your Kingdom.

♣ 損†80 єрок
 ѝ Паос Інс
 ձрі отнаі неман
 ಶен текметотро

## The Conclusion of the Adam Psali

And whenever we Gather for prayer, Let us bless the Name Of my Lord, Jesus. <mark>Хоіпон аншанөшот†:</mark> е†прохетхн: маренхмот епіран: нте Паос Інс.

♣ We bless You,O my Lord, Jesus.Keep us through Your Name,For we have hope in You.

★ Хе теннасцой ерок:

ṁ Паос Інс:

назцен вен Пекран:

хе анер2ехпіс ерок.

That we may praise You,
With Your Good Father,
And the Holy Spirit,
For You have come and saved us.

Εθρεήδως έροκ: ηςμ Πεκίωτ ήλγλθος: ηςμ Π<u>ίπηλ έθτ:</u> χε ακί ακζω† μλιοή.

♣ Glory to the Father,

And the Son and the Holy Spirit,

Now, and forever,

And to the age of ages. Amen.

Δοξα Πατρι κε Υιω:
 κε αγιὼ Ππατι:
 Κε ηγη κε αι κε ις τογς
 εὼνας των εῶνων αμεν.

# The Monday Theotokia

#### Part One

When Adam became sorrowful,
The Lord was pleased
To restore him,
To his first estate.

♣ He has risen bodily,From the Virgin,Without the seed of man,That he might save us.

ΔΔαμ ετιεθοι Νεμκα2Ν2ΗΤ: αθτματ Ναε Πος: εταςθοθ ετεθαρχη

 Деран соматькое фантериа проми фантериа фанте

#### Part Two

Eve who was deceived

By the serpent,

Received sentence

From the Lord:

Eva θμέτα μμος

Ακτι πιζος

Ακτι πιζος

Εβολ ζίτεν Πος

♣ In multiplying, I will multiply, Your sorrows And groanings.

The Lord had compassion,
Because of his love for men:
He was pleased
To set her free again.

♣ He has risen bodily,From the Virgin,Without the seed of man,That he might save us.

\* Xe øen ordgal †naðpordgal ñxe neeukaeñeht neu negideou

> Дафенянт ихе <u>Пос</u> ятен теапетичівсти яафияф икесоп ечіс ирепяе

Деран сшалткос
 ввоховн таровнос
 абив спериа проин
 уаптессот плон

#### Part Three

Jesus Christ the Logos, Who was incarnate, Dwelt among us: And we saw His glory.

♣ As the glory,

Of the only Son

Of the Father.

He was pleased to save us

He has risen bodily,
From the Virgin,
Without the seed of man,
That he might save us.

♣ Esaias sawThe MysteryOf EmmanuelWith prophetic eyes.

This great prophet Cried out Proclaiming And saying:

\* "A child is born to us, A son is given to us: Authority is placed Upon his shoulders." • Цфрнт йпоот растина и потупны йматата и потото и посто в астина в астина

Дашаі сшиатікшс евохбен †пароєнос абиє спериа пршиі шаптечсш† йион

#### Part Four

НаЯнат эен нівах шпрофитікон епіштстиріон йтє Сишанотих

> Ихе Нсанас пінім тупрофитис еове фаі афиу евох ефхи бирос

 Хе атши нан ноталот ат† нан нотщири
 фнетере терархн
 хн зихен терназв God, who is powerful, Who wields authority, And the angel Of great counsel.

♣ He has risen bodily, From the Virgin, Without the seed of man, That he might save us.

#### Part Five

Ραψι οτο2 θεληλ

Be glad and rejoice, O human race, For God so Loved the world:

**+** That he gave, His beloved son, That those who believe on Him Might live forever.

For he was overcome, By his compassion, And he sent to us, His exalted arm.

**+** He has risen bodily, From the Virgin, Without the seed of man, That he might save us.

ω με ενος ηνιρωπι  $\Sigma \in \Pi$  and  $\Sigma \cap \Phi$ менре пікосмос

рэти этош 🕂

Фф фнетхор

**ΝΕ**ξογείλετης ολος μιγλλέγος

ите пиищ тисобии

+ Aqwai cwhatikwc

εβολσεν †παρθενος

абие спериа прши

шайтечсш фион

Dag dys ebod тнеиэштэмрэт иэтів или причора вого

диедоны диеныт

род † ерод

ક્રમાં કેલ હાલ્યાન

+ Aqwai cwhatikwc εβολσεν †παρθενος абие спериа прши шайтерсшт йшон

μπεαχφοι ετδοςι

#### Part Six

He who IS,
Who was,
Who has come
and Who will come again:

Jesus Christ the Logos,
 Who was incarnate,
 Without change,
 And became perfect man.

Without confusion,
Or mixture
Or division
After the union.

♣ Rather He is one nature,
One hypostasis,
One person,
Of God the Logos.

He has risen bodily,
From the Virgin,
Without the seed of man,
That he might save us.

♣ Hail to Bethlehem,The city of the prophets,Where Christ, the second Adam,Was born.

Фнетщоп фненаЧщоп фнетаЧі пахін он Чинот

♣ IHC IIXC πιλοσος
 εταφίσαρχ
 δεν οτμετατωίβτ
 αφωπί λρωμί λτελίος

Ппестам упесному окус упесному ката ууг успот иененса фистогаг

\* Αλλα οτφτειε ήστωτ οτεποεταειε ήστωτ οτπροεοποι ήστωτ ήτε Φ† πιλοσοε

Даму сопутикос евохбен фичьенос учите сперих уроги байте сопутить пробить байте сопутить пробить байте сопутить пробить байте сопутить пробить пробит

#### Part Seven

★ Хере Внолеем
 тполіс йніпрофитне
 отней охП озитатано
 пилли отпольной охима

That he might restore Adam, the first man Who is from the earth To Paradise,

♣ And abolish the sentence
Of death, which said:
"Adam you are earth:
And shall return to earth."

The grace of Christ Abounded much more In the place where Sin had abounded.

He has risen bodily,
 From the Virgin,
 Without the seed of man,
 That he might save us.

All souls rejoice and sing
A hymn to Christ the King,
In chorus
With the angels.

Proclaiming and saying,
 "Glory to God in the highest,
 Peace upon the earth,
 And goodwill toward men."

Зіна йтестансо йДДам півотіт йршші пі «ВоДэєн йкаві епіпараДісос

Οτος ητεάβωλ έβολ
 ηταποφαςις ήφωστ
 χε Άλαμ ήθοκ οτκάςι
 χηατάςθοκ επκάςι

Πιμα ταρ έτα αμωί λιμος ήχε φηοβι ασέρεοτο άωαι ήδητς λιπα τω μετά λιπα τα μετά λιπα μετά λιπα τα μετά λι

ф Дафуі сфичтікфс функті функтіства финктира фи

### Part Eight

елсмс ещольо  $\mathbf{L}$  олос сеерхмрели олос сеерхмрели

◆ Єгωщ євох єгхш ймос хе огфог бен инетбосі йФ† нем отгірнин гіхен пікагі нем отфиа† бен ніршмі For he has broken down
The middle wall,
And completely abolished
The enmity.

♣ He has blotted out The handwriting of servitude Upon Adam and Eve, And made them free.

He who was born to us
In the city of David,
According to the angel's word:
Our Saviour Jesus.

♣ He has risen bodily,From the Virgin,Without the seed of man,That he might save us.

God is Light,
He dwells in light.
Angels of light
Praise Him.

♣ The Light shone,From Mary;Elisabeth boreThe Forerunner.

Χε αμβωλ ταρ εβολ απιχινι εθαμή αμφωτεβδεν οτχωκ ημετχαχι

 Αφωδ μπίςδι ήχιχ ήτε †μετβωκ ήτε Δλαμ ήεμ
 Ετα αφαιτοτ ήρεμες

> Μαε φηετατμάς η να δεν θβακι ν∆ατιλ κατα πςααι ώπιας τελος πενιζώρ Γης

Дайуг сфичетимог
 Фуден Диуровиног
 Фуден Диуровиног

#### Part Nine

то эп ініштого фінастині то постані то пост

The Holy Spirit,
Woke David,
"Arise, sing,
For the Light has arisen."

The holy psalmist
David arose.
He took his,
Spiritual harp.

He went into the church, The house of the angels; He praised and hymned The Holy Trinity.

 "In Your light O Lord, We will see light.
 Let Your mercy come
 To those who know You.

O True Light,
Which lights every man
Who comes
Into the world.

You have come to the world,
 Through Your love for man.
 All the creation
 Has rejoiced at Your coming.

Δ Πιπηλ έθτ μεδεί δεμ Δατίδ: Σε τωμά αριψαδιμ Σε απιοτωίμι ωλι

• ачтынч ихе датід півтинодос еөт адбі йтецктвара йпиетиатікон

 $\mathfrak{L}$  девшх  $\mathfrak{L}$   $\mathfrak{L}$ 

\* Χε δεν πεκονωινι
Πος ενέναν εονωινι
μαρεφί να πεκναι
νημετούστη μποκ

Пютший йтафини фиетеротший ерший ийбей еөннөт епікосмос

Дкі епікослос
 гітен теклетлаіршиі
 а†ктнсіс тнрс
 оєхну ўа пекхіні

You save Adam
From the beguiling,
You delivered Eve
From the pangs of death.

♣ You have given us

The Spirit of sonship;

We praise You, we bless You

With Your angels.

He has risen bodily,
From the Virgin,
Without the seed of man,
That he might save us.

Дксш† нДДаи евохбен †апатн акер Ета преиге бен нінакгі пте фиот

> Дашаі сфиатікфс евохбен фпароенос абие спериа йрфиі файтечсфф йион

#### The Crown Adam

# Πιλωβιμ Άλλα

Indeed my lowly,
And sinful tongue,
Is not able to speak
Of your glory, O Mary.

♣ For our father Adam,

The first man created

By the hands of God

The Creator,

Through the counsel of Eve Our first mother, Did eat of the fruit Of the tree. Падас тар еттштев ого? пречернові наштештом ан ёсаті мпетаю Царіа

• Дали зар пенішт піщорп йөлийо фен ненхіх йФф пімнана пімн

Зітен псобні йста тенфорші ўпча адолюмі ўхе Ууч евоучен поллях ўшіўйни The authority of death
And of corruption
Came upon our race
And all of creation.

Through Mary,
The Theotokos,
Adam was restored again
To his first estate.

Behold, the exalted kings,
 David and Solomon,
 Write hymns to her,
 And honour her.

David the prophet, Spoke of her honour, And called her The city of God.

♣ In the Song of Songs,
 Solomon,
 The Preacher also
 Spoke of her saying,

"The fragrance of the clothing
Of my perfect
sister and spouse,
Is a sweet aroma."

 ♣ λὰι ειχει πειτειος κεν †κτησις τηρς κα πιερωιωι κτε φνογ κεν πτακο

> Сводентен Иаріа †өсотокос аттасөо йДДам етецарун йкесоп

♣ Ις νιοτρώστ ετδοςι
 Δατίδ νευ Cολομών
 ετερετώνος ερός
 ετ†ταίο νας

Δατιδ πιπροφητής cami επέςταιο αφμοτή ερος πε ήβακι ήτε Φή

+ Cολομων δε ον πιεκκληςιαςτης δεν πιχω ήτε νιχω μπος μπαιρη εςχω μπος

Χε ταςωνι ταῷφερι θηεταμκ εβολ πίςθοι ήτε νεὲβως οτάρωματα πε All you virgins,
 Love purity,
 That you may be daughters
 Of the holy Mary.

For indeed through her,
Womanhood did
Find favour
Before the Lord.

♣ And we too,
 Hope to win mercy
 Through your intercessions,
 With the Lover of Mankind.

 Ніпароєнос тирот менрє пітотво
 гіна інтетенфюті інфері інонёот Царіа

Χε οτηι εβολειτοτο λητενος νηιείοωι Σιωι νοτπαρρησία ὑπεύθο εβολ ὑΠος

• Дион гом тентов в боренщащий етна! гись вітен ніпресвій итота ритом на тентом на те

Continue to the Conclusion of the Adam Theotokias on page 152.

# **Tuesday**

# The Tuesday Psali Adam

Come to us today,
O Christ our Master;
Enlighten us in Your
Exalted divinity.

Send the great grace Of Your Holy Spirit, The Paraclete, Upon on. Дмот щарон афоот од пенинв Пхс арготоги ерон бен текмеонот етбосг

Οτωρπ έδρηι έχων παινιω ή νέμοτ ντε Πεκπνα έθτ Δπαρακλητον

- That I may speak Giving some small honour, About Your holy And blessed Name.
- Which has been glorified
   On the lips of the righteous,
   Your holy ones
   Who are upon the earth.

Who wandered
In the mountainous deserts,
In hunger and thirst,
And cold and frost.

In want and in distress,
And suffering,
According to the sayings
Of Paul, the Apostle.

- But Your holy Name,
   O my Lord Jesus,
   Has been to them a protector
   In all their afflictions.
- Your holy Name,
   O my Lord Jesus,
   Delivers them
   From all their tribulations.

- ♣ Зіна йтасахі йганкотхі йтаю є вве пекран є в отог етспаршотт
- Φαι εταςδιώστ

  δεν ρωστ νηθάμηι

  νηθέστ ντακ

  ετωσπ ειχεν πικαε

Наі етсюрей евох Вен нітюот нухае Вен отъко ней отіві Вен отхад ней отйхев

Ετερδάε ετεεχεωχ οτος ετδιμκάς κατα πραχι μΠατλος πιλποςτολος

- # Длла пекран еөт

  ш Плос Інс

  етщоп ишот йнащф

  мен иотгохгех тирот
- ♣ Πεκραν εθτ
   ὼ Πλος Γης
   εθνοδεν μπφολ
   ξεν νουθλιφίς τηρου

It is to them,
Life-giving nourishment,
Feeding both
Their souls and their bodies.

It is to them a fountain Of living water, Sweeter than honey In their mouths.

- ★ When they declare It, Their hearts will become joyful; And their flesh will blossom.
- When they say It:
   Their minds are enlightened,
   And their hearts ascend
   To the heights.

Νοος ετωοπ ηωος ηστιοται απώος μπης εςςοχα φεη τοτώβωβι εςοτε πίεβιώ

- + Дтуанфірі єросі уарє потент относі йтєсфірі євох йхє тоткерсарх
- Дтуансахі єрод
   уарє потнотс біотшіні
   йтєдуєнад єпбісі
   йхє поткєгнт

### The Conclusion of the Adam Psali

And whenever we Gather for prayer, Let us bless the Name Of my Lord, Jesus.

♣ We bless You,O my Lord, Jesus.Keep us through Your Name,For we have hope in You.

Хошон анфанөфот†: e†прохетхн: wapenxwor`eпipan: nte Паос Iнс

\* Χε τενναζωον εροκ:

ὰ Παος Ιπς:

ναεμέν δεν Πέκραν:

κε ανέρζελπις έροκ

That we may praise You,
With Your Good Father,
And the Holy Spirit,
For You have come and saved us.

Glory to the Father, And the Son and the Holy Spirit, Now, and forever, And to the age of ages. Amen. Εθρεήδως έροκ: ηςμ Πεκίωτ ήλυλθός: ηςμ Π<u>ίπηλ έθυ:</u> νε ακί ακοωτ ώμοη

Δοζα Πατρι κε Υιω:
 κε ανιώ Ππατι:
 Κε ηνη κε αι κε ις τονς
 εωνας των εωνων αμεν

# The Tuesday Theotokia

# Φοτοκια μπέζουν μπς

#### Part One

The crown of our pride,
The first-fruit of our salvation,
And the steadfastness of our purity:
The Virgin Mary.

♣ Who has borne to us, God the Logos, Who became man For our salvation.

> After He became man, He remained God, As after she Bore Him, She remained a Virgin.

Πιχλομ ήτε πενιψοτψοτ τὰπαρχη μπενοωτ πταχρο μπεντοτβο πε Uapia τπαρθένος

• Өнетасшсі пап

фнетасушті проми

фнетасушті проми

вере пепотхаі

Иененса оречерромі пооч он пе Ф† еове фаі асмасч есоі мпароенос Exalted is the wonder
 Of her conception,
 Her delivery
 Is beyond words.

For of His own will,
And the goodwill of His Father
And the Holy Spirit,
He came and saved us.

♣ Great is the glory
Of your virginity
O Virgin Mary,

The perfect one.

You have found grace, The Lord is with you, You are the ladder That Jacob saw.

♣ Set firmly on the earth,

Reaching high up to heaven,

On which the angels

Descended.

You are the tree, Which Moses saw, Filled with fire Yet not consumed. + Сбосі йхє †ұфнрі йтє песхінервокі песхіншісі он очатсахі ймод пе

> Хе йөөсү бен песротор нем птиат бөт аси асост басы асы асост басы

#### Part Two

+ Οτνιψή πε πωοτ ντε τεπαρθενιά Παρια ήπαρθενος θηετχηκ έβολ

> Άρεχευ δυοτ Πος ψοπ νευε ήθο τε †υοκι θηέτα Ιακώβ ναν έρος

♣ Εςταχρηστ είχεη πίκαει
 ♦ Εςταχρηστ είχεη πίκαει

Иво пе піўунн етачнат ероч йхе Иштенс мог мен піхрши Which is the Son of God, Who became in your womb, Yet the fire of His Divinity Did not consume your body.

You are the field, Which was not seeded, Yet it brought forth The Fruit of Life.

♣ You are the treasure
 That Joseph received.
 And He found the pearl
 Hidden in its midst.

Our Saviour Jesus
Was found in your womb.
You bore him into the world
That he may save us.

♣ For of His own will,

And the goodwill of His Father

And the Holy Spirit,

He came and saved us.

Hail, Mother of God,
The rejoicing of the angels.
Hail to the chaste one,
The preaching of the prophets.

• Ετε φαι πε πώμρι πΦ‡

ετασώωμι φεν τενεχι

πε μιχρωπ γιε τεσπεθνου‡

βωκε πμεςωπα

Νοο τε †κοι ὑποτ†χροχ ερος ὰρετλογὸ εβολ Ἡοτκαρπος ὴωμδ

> Дахей Ценстнь фехфод ешкостос функтической функтическои функтическои функтическои функтическои функтическои функтическои функтическои функтическои функтическои функтическо

\* Χε ήθος δεν πεςονωώ νευ πτυατ ύΠεςιωτ νευ Πιπνα εθν αζι αςςωτ ύπον

#### Part Three

χερε ταστηστη η το η η το

Hail to you who has found grace,
 The Lord is with you;
 Hail to her who received from the angels,
 The joy of the world.

Hail to you who gave birth

To the creator of all;

Hail to you who became worthy to be called

The Mother of the Christ.

Hail to you who gave Salvation to Adam and Eve. Hail to you who nursed He Who nourishes everyone.

Hail to the holy one,
The Mother of all living.
You are the one we ask
To intercede for us.

♣ For of His own will,
 And the goodwill of His Father
 And the Holy Spirit,
 He came and saved us.

Part Four

Everyone,
Regarding you,
O holy Virgin
And Mother of God,

Хере өнетасхей уйот
 Пос фои неме
 Хере өнетасы ите шаттехос
 йфрафі йпікосмос

Хере өнетасиісі йфрецөаміо йпіептнрц хере өнетасйпуа ймот† ерос хе биат йПхс

\* Χερε θήετας τ αποω τη πλλαμ νεμ ετα χερε θηετας τοι αφρεσιμανιμόνο του νίβεν

> Хере өнеөт биат пинетопь тнрот по пе етептивь имо аріпресветіп ехип

\* Χε ήθος δεν πεςονωμ νευ πτυλ ύΠεςιωτ νευ Πιπνλ έθτ λάι ληςωτ ύμον

Ape wan oral thiat quido w thappenoc eprocessivachort

### **♣** And the wonderful

Mystery

That was in you

For our salvation,

Will not be silent,
Because of its unspeakable character;

He will raise us up

To sing hymns,

### **+** On account of the greatness

Of that miracle,

That it might be beneficial

In diverse ways.

For the living Logos

Of God the Father,

Who came down to give the Law

On Mount Sinai.

### **♣** He covered

The mountain top

With smoke and darkness

Darkness, and storm.

Through the sound

Of the trumpets,

He taught those

Who stood there in fear.

# Нем пімустиріон

етоі йіўфнрі

фης η πωωρατэ

εθβε πενιογαλί

диухурта пен

εθβε †μετατςαχι μμος

ήνατοτηστεν επωωι

**солхінерглинос** 

### + Сове тиетищт

іднфій іотэнф этй

рэндиөэлдэрэди

ф той обтой ютэ

Піхотос тар єтонь

ητε Φ† Φιωτ εταφι επεςητ ε†ηομος

ειχει πτωος ήСινα

### 🛨 Δαεωβς ήτλφε

μπιτωοτ δεν οτχρεμτο

неп олхукі неп олхиофос

нем отсаравнот

Αφενία οθως μέλφ€

υπιτωον δεν ονχρεμτο

иеп олхукі иеп олзиофос

нем отсаравнот

He came down upon you,
 O rational mountain,
 In gentleness
 And love for mankind:

And in this manner,
He was incarnate of you,
Without change,
With a rational body.

Perfectly
Consubstantial with us,
And one with His mother,
With a rational soul.

He remained God,
At all times,
In His own Self,
And became perfect man;

♣ In order that He might
 Loose the iniquity of Adam
 And save him
 Who had perished;

That He may make him a citizen,
Of the heavens above,
And restore him to his first estate,
According to His great mercy.

> Иөод он аді епеснт ехш Ва пітшот нхотіко Вен отиєтрепрату ней отиєтиаіршиі

Номоотсюс неман есхнк евох еотон итас ммат йотфтхн инонра

> Σφοει εφοι ήποτ† δεη φηέηλασοι μπος οτος λαφωπι ήρωπι ήτεχιος

\* διην μτεάβωλ έβολ ὑπαραμτώπα μα λαν οτος μτεάςω‡ ὑΦηέταςτακο

> Итецаіц імпохітнс іні ры міфногі ін тецтасноц'єтецархн ката пециіщ† інаі

♣ For of His own will, And the goodwill of His Father And the Holy Spirit, He came and saved us. 

### Part Five

The honour of the Virgin,
Is inexpressible,
For God has desired her;
He came and dwelt in her.

♣ He who dwells in
 Unapproachable light,
 Has remained in her womb,
 For nine months.

Mary did conceive
The invisible
And unlimited,
While remaining a virgin.

♣ For this is the stone, Which Daniel saw, That was cut out From the mountain.

> The hand of man Never touched this, Which is the Logos, From the Father.

Πταιο ήτπαροεμος οπαταχι μασταγο ομαγο τΦα οχ οτική ιπωμΡα ίΡα

 Фнетшоп бен піотшіні йатўубшит ерос корупі бен теснехі йфіт йавот

Піхонат єроц піхтфошу єроц àИаріа масц єсоі мпароєнос

• Фаі тар пе пійні фіёта Данінх нат єрод єатщат робод є фіда робод є фіда робод робод фіда робод фіда робод фіда робод фіда робод робод фіда робод фіда р

Ετε ώπεχιχ ήρωμι δος ερος επτηρς ετε φαι πε πιλοτος πι εβολδεν Φιωτ ♣ He came and was incarnate,From the Virgin,Without the seed of man,That he may save us.

For of His own will,
And the goodwill of His Father
And the Holy Spirit,
He came and saved us.

♣ You became the branch
 Of purity,
 And the vessel
 Of the Orthodox faith,

Of our
Holy fathers,
O chaste Mother of God,
The honoured Virgin.

♣ For you bore for us,
God the Logos:
Our Saviour Jesus,
Who came and saved us.

For of His own will,
And the goodwill of His Father
And the Holy Spirit,
He came and saved us.

Ді адбісару
 Файтедсю филон
 Файтедсю филон

Хе ѝөод бен педочищ неи птиа төч мей Апшиа төч аді адсшт йион

#### Part Six

Δρεωωπι κοτκλαδος
 κτωλλιοη
 κτωλλιοη
 κτε πικαξή

ΝορθοΣοζος ητε ηενιο† εθτ ώ † τεωνε μπαςνοτ† ετταιμοττ μπαρθενος

+ Χε άρεμιςι κακ μΦ† πιλοτος Πεκισωρ Ιτις αὰι αςκω† μποκ

> Χε ήθος δει πεςοτωώ νεπ μτην τη πυστοική νεπ <u>Πίμνς εθ</u>τ σόι νός τη που σου μπου σου μπου σου μπου σου μπου σου μπου σου σου

### Part Seven

♣ You are the mother of the light,
 The honoured mother of God,
 Who carried
 The uncircumscript Logos.

After having borne him
You remained a virgin.
We magnify you
With praises and blessings.

♣ For of His own will,

And the goodwill of His Father

And the Holy Spirit,

He came and saved us.

Ηοο όμαν μποισικί :

Τοοισκά ττομίσττο σοζοκίπ σε ιαΡογά 

σοτοικίπ σε τα 

σοτιφωχά 

πιάνωχά 

πιάνωχά 

πιάνωχά 

πιάνωχά 

σοτιφωχά 

σοτι

Иененса оре масц ареогі ереоі мпароенос бен гангшс нем гансмот тенбісі ммо

\* Χε ήθος δεν πεςονωμ νεμ πτμα τ μΠεςιωτ νεμ Πιπνα εθτ αζίι αςςωτ μπον

### The Crown Adam

# Πιλωβιμ Άλλω

What tongue of flesh
Can presume to describe you,
O holy Virgin,
And Mother of God?

♣ For you became
 A royal throne
 For He who is carried
 On the cherubim.

Ере Ду нас нсард науберпіноін до о тароснос сот отог диаснот

In what manner
Shall we bless you?
For you became exalted above,
The higher rational natures.

♣ Your name shall be remembered
 Through all generations,
 O beautiful dove,
 And mother of Christ.

Rejoice, O Mary, Handmaid and Mother, For the angels praise Him Who is in your arms,

And the Cherubim And The Seraphim Worthily worship Him, Without ceasing.

> They cover Him with their wings, Saying, "This is the King of Glory, Who takes away the sin of the world According to his great mercy."

♣ And we too,
Hope to win mercy,
Through your intercessions,
With the Lover of Mankind.

Еннаўершакарідін ймо наў нрн† же аребісі еніфтсіс нонрон етсапуыі

Сеєрфиєті інперан
 фен ченеў нівен
 ф фромпі евнесшс
 отог биат иПхс

относ упо Паріу Пробрано перти Пробрано перти Пробрано Паріу Пробрано Паріу Пробрано Паріу Пробрано Паріу Пробрано Паріу Пробрано Паріу

♣ Отог Міхеротвій сеотффт ймод ахіфс ней Місерафій эен отметатмотик

> Ετερριπιζιη δεη ηστεής αε φαι πε ποτρο ήτε πώοτ φηετώλι μφηοβι μπικοςμός κατα πεσηιώ† ήναι

4 Дион 2ши тентшв2 сөрсишашиі стнаі 2ітен непресвіа йимающий Ртоти

Continue to the Conclusion of the Adam Theotokias on page 152.

## Wednesday

## The Wednesday Psali Batos

# Ηχος Βατος πιδ

Let those who seek the Lord, Who are constantly, Calling upon His Holy Name Rejoice and be glad.

They are the trees,
Spoken of by David the Psalmist,
Planted by the rivers of water,
And bringing forth perfect fruit.

- The river of water is our Saviour,
  Jesus Christ our Lord,
  And those who abide in Him
  Will live forever.
- The Holy Books teach us, To be like the breaths of God, Merciful to the creation, Which He has created.

And teach us that love, Will never fail, As the wise, Apostle Paul said. Παροτοτησή ήτοτθεληλ ήχε ημετκωτ ήςα Πος ημεθωμη έβολ ήςμοτ ηιβεη δεη θωελετη ώπεσραη εθτ

Ναι ης ηιώωμη εταφααί εθβητος ήχε πιστωπόδος Δατίδ δε ετρητ δατέη ηιφοί ώμωστ εττκαρπός εφαηκ εβολ

- +  $\pm$ доі ймоот пє Пєнсштнр Пєнос Інс П $\bar{\chi}$ с иневнащопі єтини єрос сенамих йхє тот $\pm$ хн
- ◆ Се†свш нан бен нітрафн бөт нініці йтє Ф†
   сөреншшпі єної йнант
   сботи єпісшнт єтацоашюц

Οτος οι σε τάταπη απαςςει εβολ είνες κατα πάλος πάποςτολος Παγλος πιάποςτολος The love spoken of,
By the holy Apostle,
Is the Name of Salvation,
Of our Lord Jesus Christ.

- ♣ When we love the Name of Salvation, Of our Lord Jesus Christ, And have mercy towards one another, We fulfill all the Law.
- Through mercy,
   Abraham was pleased,
   To host God,
   And His holy angels.

Through mercy,
The righteous Lot was saved,
From the tribulations,
That befell Sodom.

Through mercy,
Cornelius was worthy,
To be baptised,
At the hands of our father Peter.

 ♣ If we are impoverished, Lacking material wealth, And have nothing, To offer as alms. #ахапн етацсахі еөвнтс йхе піапостолос  $\overline{\epsilon \Theta}$  ете фаі пе піран йотхаі йте Пенос Інс П $\chi$ с

- + Εωωπ ανώννα ενδε μιδαν μοιχαι με Πενος [μς Πζς μενερμίναι νέπ νευερησι Φανχωκ ψμινοπος τηρά εβολ

Свохгітен †иєбнант адногей нхе Хют пібині євохга піктнахінос єбнают єтаді єгрні єхен Сохоиа

Евохгітен †мевнант ачер пемпуа нхе Корннхіос евречбі мпіваптісма зен ненхіх мпеніют Петрос

♣ Ісхе тар теноі йлає
 лен ніхрних йте плікоспос
 ймон йтан йлай ймат
 еөрентнітот йменнант

★ Yet we truly have
The precious pearl of great price,
Which is the sweet Name full of glory,
Of our Lord Jesus Christ.

When we remain with Him continually, In our inner being,
He will make us spiritually rich,
So we can give to others.

We do not ask for,
The wealth of this world,
But for the salvation of our souls,
Calling upon His Holy Name.

# 

Ешшп аншаниотн ерод фен пенршиі етсафотн фиааітен прамаю шайтент пеанкехшотні

Μιχρημα αν ήτε παικοςμος εθναςινι έτενκω† ήςωοτ αλλα φνοδεμ ήτε νενψτχη δεν θωελετη ώπεςραν εθτ

### The Conclusion of the Batos Psali

♣ And whenever we sing hymns
Let us say tenderly,
"O our Lord, Jesus Christ,
Have mercy upon us."

Glory to the Father

And the Son and the Holy Spirit,

Now, and forever,

And to the age of ages. Amen.

> Δοζα Πατρι κε γιώ κε άγιώ Πηεγματι Κε ηγη κε άι κε ις τογς εώνας των εώνων άμην

## The Wednesday Theotokia

## Φεοτοκιλ μπέζοον μπλ

### Part One

All the heavenly orders,
Sing, blessing you,
For you are the second heaven,
Which is upon the earth.

The Virgin Mary

Is the gate towards the east,

The pure bride,

Of the pure bridegroom.

The Father looked from heaven,
And found no one like you,
He sent his Only-Begotten,
Who came and was incarnate of you.

Glorious things are spoken of you,
 O city of God,
 For you are the dwelling place,
 Of all the joyful.

All the kings of the earth,
Walk in your light,
And the Gentiles in your brightness,
O Mary, the mother of God.

Μιτατμα τηροτ ήτε ηιφηοτί σεχω ήνεμακαρισμός χε ήθο τε τμαθόνοττ μφε ετιμοπ διχεν πικαδι

♣ ∄птЯн ѝте німайщаї
те Иаріа †пароенос
пімайщейет еттотвнотт
ѝте пінтифіос ѝкаоарос

Αφιωτ χοτωτ εβολέεν τφε υπεσχευ φηετονι υπο ασονωρη υπεσμονοσενης ι ασδιςαρχ εβολλέη†

### Part Two

Μιοτρωός τηρος ήτε πκαδι σενοώι δει ήτε πκαδι σενοώι δει πεοτωίνι οτος νιεθνός δειν πεφίρι ὼ Παρία θυας μφ† All generations,
 Call you blessed;
 We worship Him Whom you brought forth,
 And greatly exalt Him.

The Father looked from heaven,
And found no one like you,
He sent his Only-Begotten,
Who came and was incarnate of you.

 Сеериакарітій ймо йхе пітенеа тирот тенотющт йфиетарехфоц тенергого бісі ймоц

Αφιωτ χοτωτ εβολέκη τφε απεσχευ φηετόνι άμο ασοτωρπ άπεσμονοσενης ι ασδιςαρχ εβολήδη †

### Part Three

♣ You are the swift cloud,
That pointed us to,
The rainfall of the coming,
Of the Only-Begotten God.

The Father fashioned you,
The Holy Spirit came upon you,
And the power of the most High,
Overshadowed you, O Mary.

♣ For you brought forth,

The true Logos the Son of the Father,

Who endures forever;

He came and saved us from our sins.

The Father looked from heaven,
And found no one like you,
He sent his Only-Begotten,
Who came and was incarnate of you.

♣ Йөө те төнпі етасішот өнетасерстименін нан ипімоти2шот йте тпаротсіа йте пімонотенне йнотт

Αφιωτ ερτεχηιτης έρο λΠιπηλ έθα ι εχω οαχοώ ήτε φηετδοςι εθηλερδηιβι έρο Աλριλ

 Хє арєхфо йпіх хнопос пулотос йшнрі йтє фішт сомни євох ща єпез афі афсоттен бен неннові

Αφιωτ χοτωτ εβολέεν τφε υπεσχευ φηετονι υπο ασουρπ υπεσμονοτενης ι ασδιςαρχ εβολλέη†

### Part Four

♣ You became worthy
 Of great honour, O Gabriel,
 The angel-evangel
 Your face beams with joy.

You showed to us the birth,
Of God who came to us;
You brought good tidings to Mary,
The undefiled virgin.

♣ Saying, "Hail to you O full of grace,
The Lord is with you,
For you have found grace,
The Holy Spirit will come upon you."

"The power of the Most High, Will overshadow you, O Mary, You will give birth to the Holy, The Saviour of the whole world.

♣ The Father looked from heaven,
 And found no one like you,
 He sent his Only-Begotten,
 Who came and was incarnate of you.

Every day a feast of virginity Invites our tongues to venerate Mary the Theotokos Oτνιψί ταρ τε ίτιμη
 έτακεμπιμα μίμος ω Ταβριηλ
 πιαττέλος μθαιψεννοτ<sup>α</sup>
 έρε πέκ2ο ψοτό ραψι έβολ

Дкерстишенін нан йпіхфо йте ф† єтафі фарон акгіфеннотфі йИаріа †парөєнос йатөшлев

+ Χε χερε θης θα κενε οτος Πος ωοπ ης με λρεχιμι ταρ ήστε μοτ συπλε οτ $\overline{n}$  το κατή οτ $\overline{n}$  το κατή εκώ και  $\overline{n}$  το κατή εκώ και  $\overline{n}$  το κατή εκώ  $\overline{n}$  το

Отхом ічте фнетбосі ебнаєрэніві єро Царіа терамісі мфнебт іїстр мпікосмос тнрч

#### Part Five

Οτιμαι μπαρθενικον ετθω2εμ μπενλας μφοοτ εθρενερετφομιν ντθεοτοκος Цαρία Because of Him Who was born to us,
 In the city of David:
 Our Saviour Jesus,
 Christ the Lord.

O come all you nations, That we may bless her, For she became both Mother and virgin.

Hail to you O Virgin,
 Pure and incorrupt;
 The Logos of God,
 Came and was incarnate of you.

Hail to the unblemished,
And elect vessel,
Of your true
And perfect virginity.

Hail to the rational,
 Paradise of Christ,
 Who became a Second Adam,
 For Adam, the first man.

Hail to the workshop,

Of the undivided unity,

Of the natures that came together in one place,

Without mingling.

♣ €θβε φηετατώας η απ δεη θβακι η Δατιδ Πεηθωτηρ Ιπς οτος Πχς Πος

> Дишіні ніхаос тнрот інтенериакарігін йиос же асфипі йиат отог йпароєнос етсоп

\* Χερε νε ώ †παρθενος θη εττοτβηστ να ττακο ετα πιλοσος ντε ψιωτ ι αφδιςαρχ εβολνάη†

Хере піктылліон натабні отог етсштп нте тепароеній ймні отог етхнк евол

\* Χερε πιπαραδισος ηλοτικον ήτε Πχς φηεταφωπι απαθώτατ ήλλα εθε λλαμ πιωορπ ήρωμι

Хере пієрчастнріон інте фисточаї натфюрх інте піфтсіс статі стиа атсоп бен отистатиотхт Hail to the adorned
Bridal chamber,
Of the true bridegroom,
Who was united with humanity.

Hail to the spiritual,
Natural Bush,
Who was not consumed,
By the fire of the Divinity.

Hail to the maiden and mother,
 The Virgin and heaven,
 Who carried in the flesh,
 He Who is upon the Cherubim.

In this we rejoice and sing,
With the holy angels,
In joy we proclaim,
"Glory to God in the highest.

And peace upon the earth,
And goodwill toward men,"
He to Whom is due the glory forever
Was well-pleased with you,

The Father looked from heaven,
And found no one like you,
He sent his Only-Begotten,
Who came and was incarnate of you.

\* Χερε πιμαλιώελετ ετσελοωλ δει οτθο ήρη† ήτε πιηταφίος άλημι εταγεωτη ε†μετρωμι

Χερε πιὰψτχον ὰβατος ήτε †φτςις ετε ὰπε πιχρωα ήτε τεqueθνοτ† ρωκε ὴὲλι ήτας

 Χερε †βωκι οτος †ματ †παρθενός ότος τφε θηετασμί σωματικώς δα φηετείχεν Μιχεροτβίμ

Den nai tenpawi tenepyadin Den niattedoc eot Den nai tenpawi tenepyadin

Αφιωτ χοτωτ εβολέεν τφε λητανομού εθολέεν το λητανομού εθολλέεν το λητανομού εβολλέεν το λητανομού εθολλέεν το λητανομού εβολλέεν το λητανομού εβολλέεν το λητανομού εθολλέεν το λητανομο λητανομο λητανο

#### Part Six

Above all the saints,
For she was worthy to receive,
God the Logos.

Mary the Virgin, Carried in her womb, He before Whom, The angels are fearful.

♣ She is more exalted than the Cherubim, And more honoured than the Seraphim, For she became a temple, For One of the Trinity.

This is Jerusalem,
The city of our God,
And the joy of all the saints,
Dwells within her.

The Father looked from heaven,
And found no one like you,
He sent his Only-Begotten,
Who came and was incarnate of you.

> ат уураа тесиехт пургу Диуреенос бреоД футеленос функтере игуусындаг функтере игуусындаг функтере игуусындаг функтере игуусындаг функтере игуусындаг функтере игуусындаг

ф сбосі еніхеротвім
 стаінотт енісерафім
 же асщопі нотерфеі
 шпіотаї евох бен ∄тріас

өаі те ієротсални тполіс ипеннот∄ те <mark>єрѐ</mark> потнод ите ннеоотав тнрот щоп̀ н̀арні нантс

### Part Seven

Galilee of the Gentiles,
That sits in darkness,
And in the shadow of death,
Had the Great Light shine upon them.

 ♣ God who rests,In His saints,Was incarnate of the virgin,For the pouring of Salvation.

Gather, behold and wonder,
Praise and rejoice with shouting,
At this mystery,
Which has been revealed to us.

♣ For the Incorporeal became incarnate,
And the Logos became flesh;
He without a beginning took a beginning,
The timeless entered time.

The incomprehensible has been grasped,
The unseen has been seen,
The Son of the Living God,
Truly became the Son of Man.

Jesus Christ the same,
 Yesterday and today, and forever
 In one hypostasis.
 We worship Him, we glorify Him.

The Father looked from heaven,
And found no one like you,
He sent his Only-Begotten,
Who came and was incarnate of you.

> Дишіні анат аріўфнрі гіхен паіштстнріон <mark>стафотина</mark> нан євох

\* Хе піатсару отог підотос ацібнаі піатарун ацергнтс піатснот ацібній за отуронос

Піатўтагод атхемхшид піаннат єрод сенат єрод пунрі йф† єтона адушпі йунрі йршы аен отиєнині

\* Πτ Πχς ής αρα μου φοον ήθου ήθου πε ης ως ενες δεη ονεποστας οι ήστε τεπού του τωτ μου τεπόψον η αυ

#### The Crown Batos

### Πιλωβιμ Βατος

Ezekiel the prophet,
Proclaimed and bore witness,
I saw a gate that looks to the east;
Closed with a wondrous seal.

♣ No one will go through it,

Except the Lord of Hosts;

He has entered and come forth;

And it stands shut in this manner.

For the gate is the virgin,
Who gave birth to our Saviour,
And after giving birth,
Remained a virgin.

Blessed is your fruit,
 O you who brought forth God into the world,
 That He may save us from the hands,
 Of the unmerciful tyrant

You are blessed and perfect, O you who found all grace, Before the King of Glory Our true God.

♣ You are worthy of all honour,
 Above anyone on the earth,
 For the Logos of the Father
 Came and was incarnate of you.

Ιεζεκιηλ πιπροφητής ωψ έβολ ε<sup>(1</sup>οι ώμεθρε τε αίνατ έοτπτλη νίζα νιμανώμαι εςτοβ θεν οττέβς νωμφηρι

♣ Uπε δλι ωε εδοτη ερος εβηλ εΠος ητε νιχου λαωε εδοτη λαι εβολ λαοδι εςωοτευ ώπεςρη†

тину гар те фироенос отог он мененся ореспусс онетастіся упенсттнь

ф успарост ухе пекарпос
 ф өнетасхфе Ф† нан епикосмос
 фантечесттен бен нениих
 финтраннос на она

Јесианат технк евол о онетасхен харісна півен ипейоо йпотро пте поот пеналнопос пнот

\* Δρεεμπωα ήταιο ηίβεη παρα οτοη ηίβεη ετ είχεη πίκαει χε α πίλοτος ήτε Φίωτ ι αφδιςαρχ εβολήση †

And walked with men,
As a compassionate Lover of Mankind,
That He may save our souls,
Through His Holy manifestation.

♣ Let us worship our Saviour, The good lover of mankind, For He had compassion on us, and came and saved us.

Hail to you O virgin,
The very and true queen,
Hail to the pride of our race,
Who has borne to us Emmanuel.

We ask you, remember us,
 O our faithful advocate,
 Before our Lord Jesus Christ,
 That He may forgive us our sins.

Отог адиош ией июми  $\frac{1}{2}$  гого израш инеифт $\chi$ н гедпаротсіх  $\frac{1}{2}$  гого и темпра и т

Наренотор йПенсотнр пильном полька добор добор устания форм устания ф

убежфо ичи устичиолну фольт утні уууныин Хебе ие ф фичьенос

Τεντεο άριπενωετι
 ψ Τπροστατής ετένεστ
 να Τπρο

Continue to the Conclusion of the Theotokos Batos on page 238.

# Thursday

# The Psali Batos for Tuesday

# Ηχος Βατος πιε

Once more, my beloved, Let us cast away The evil lusts of our heart That lead us toward sin. Доіпон тар ю наменрат марен2іоті євод Сарон ніченотщі н2нт єт2юот єтсик ммон єзотн єфнові Let us bless the Name of Salvation,
Of our Lord Jesus Christ,
Greatly and unceasingly,
Proclaiming and saying,

♣ O My Lord Jesus Christ,
 Begotten of the Father,
 Before all the ages,
 Have mercy upon us according to Your great mercy.

♣ O My Lord Jesus Christ,

Who was born of the Virgin,

In Bethlehem of Judea,

Save us and have mercy on us.

O My Lord Jesus Christ,
Who was baptised in the Jordan,
Purify our souls,
From the defilement of sin.

O My Lord Jesus Christ, Who fasted on our behalf, Forty days and forty nights, Save us and have mercy on us.

♣ O My Lord Jesus Christ,

Who was crucified on the cross,

Bruise Satan,

Under our feet.

Μτενίσμον επιραν ήνονχαι ήντε Πενίσς Γης Πζς δεν ογνιψή μπεταθποννκ ενισώ εβολ ενίχω μπος

★ Xε Παος ΙΗς Πχς πιμιςι εβολδεη Φιωτ δαχωοτ ημίεωη τηροτ ηαι ηαη κατα πεκηιω† ημαι

♣ Παος Ιτς Πχς
 Φτέτας μας ήπε †παρθενός
 δεν Βιθλέευ ήτε ‡ιοτλέλ
 ςω† μπον ότος ναι ναν

Πασς Ιπς Πχς φηετασδιωμς δεν Πιιορδανης εκετογβο γνενψτχη εβολεα ποωλεβ ήτε φνοβι

 $\Pi \overline{aoc}$  Inc  $\Pi \overline{\chi} c$  the tageprheterin exphi exp

Пхос Інс Пхс
 фнетачащи епістатрос
 єкедомдем йПсатана
 сапеснт інненбахатх

♣ O My Lord Jesus Christ,
Who was placed in the tomb,
Crush under us,
The sting of death.

O My Lord Jesus Christ, Who rose from the dead, Ascended into the heavens, Raise us with Your power.

O My Lord Jesus Christ,
Who will come at His second Parousia,
Deal with us lovingly,
At Your fearful judgment seat.

♣ For of Your own will,

And the goodwill of Your Father,

And the Holy Spirit,

You have {come} and saved us.

♣ Πλος Γης Πχς φηέτληχλη δεν πιώελη εκέδοωδεω ηδρηι ηδητεν η†ςογρι ητε φωοη

> Παος Ιτς Πζς φτεταυτωνό εβολύεν νη εθωωοντ αυμένα το επώωι ενιφηούι εκετοννος τεν δεν τεκχομ

 $\Pi \times \overline{\partial G}$   $\Pi$ 

**Φ X**ε δεν πεκοτω<u>ω</u> μπιν μποκ
 νευ Π<u>ιπνα εθ</u>τ
 {ακι} οτος ακοω† μπον

### The Conclusion of the Batos Psali

And whenever we sing hymns
Let us say tenderly,
"O our Lord, Jesus Christ,
Have mercy upon us."

Glory to the Father
And the Son and the Holy Spirit,
Now, and forever,
And to the age of ages. Amen.

Δοξα Πατρι κε τιὰ κε αςιὰ Πηετματι Κε ητη κε αι κε ις τοτς εὰνας των εὰνηων αμην

## The Thursday Theotokia

# ήχος Βατος

### Part One

The bush that Moses,
Had seen in the wilderness,
Was filled with fire from within,
Yet its branches were not burnt,

This is a figure of Mary,
 The undefiled virgin,
 Of Whom the Logos of the Father,
 Came and was incarnate.

The fire of His Divinity,
Did not burn the womb of the Virgin.
And after giving birth,
She remained a virgin.

He did not cease to be God,
 He came and became the Son of Man,
 But He is in truth,
 He came and saved us.

Mary the Mother of God
Is the pride of all virgins,
For the first curse
Was abolished because of her.

Піватос єта Иштснс «Рещій Зом вора Рода «Реней Som мод'х не «Реней Som потроже «Реней «

+ ὰοι ὰττπος ὰΨαρια †παρθένος ὰτθωλεβ ετα πιλοσος ὰτε Φιωτ ι αςδίςαρς εβολ ὰδητς

> Ππε πιχρωμ ήτε τεqμεθνοτ ρωκε ήθησει ή τπαρθενός οτος ον μενέςα θρέςμας αςοει αςοι μπαρθένος

4 € τα σκι η ανα εσοι ή μου η αφι α το εφ το μου η ανα α εφ το μου η ανα α εφ το ε

### Part Two

Πωστωστ ηνιπαρθενός τηροτ πε Uapia tuachort εθβητς ον αμβωλ εβολ νας πιςαδοί ναρχεός That curse which came upon our race,
Through the transgression,
In which the woman fell,
When she ate from the fruit of the tree.

Because of Eve the door
Of Paradise was shut;
Through Mary the Virgin
It was once more opened to us.

★ We have become worthy To eat of the Tree of Life, Which is the Body of God, And His true Blood.

Let us worship our Saviour,
The Good lover of mankind,
For He had compassion on us;
He came and saved us.

♣ He did not cease to be God,
 He came and became the Son of Man,
 But He is in truth,
 He came and saved us.

What mind, what speech,
Or what hearing can grasp,
The unspeakable depth
Of Your love for mankind, O God?

• Фнетафі віхен пентенос вітен †паравасіс етафовіш фопі йэнтс асочом еволзен поттав йпіфонн

Сове Ета атибуювая йфро йпіпарабісос гітен Царіа †пароєнос атотин ймосі нан іжесоп

Пареногошт ипенсор пилагром йхээнэт барон афиенант барон афиенант барон

4 Старкни ан ерог упон фф упон адігаруын ад фф упон ад ф упон ад упон ад ф упон ад упон ад ф упон ад ф упон ад ф упон ад упон ад упон ад упон ад упон ад

### Part Three

Ду инотс іє ау исахі іє хінсштей ебнаўчаі за піпехатос натсахі ййоч ите текиетиаіршы фі ♣ The One, the only Logos, Begotten before all the ages, From the only Father In bodiless divinity.

He and only He
Was also born bodily,
Without change or alteration
From His only mother.

And after she gave birth to Him, Her virginity was not lost, And so it was revealed, That she is the Theotokos.

O the depth of the richness,
And wisdom of God,
For the womb under judgment,
To bring forth children in anguish.

Became a fountain of immortality,
 Bringing forth Emmanuel to us,
 Without human seed;
 He destroyed the corruption of our race.

Let us cry out to Him and say,

"Glory to You O Incomprehensible One,
The Good Lover of Mankind, Saviour of our souls,"

For He came and saved us.

Η Πιοται μπατατά μγολος
 Εταιχφοά φαχεί μιξων τηροι κατά ήμεθνοτή αδίνε ςωπα
 Η Πιοται μπατατά μγολος

Отог фаі он ймататц атхфоц сшматікшс бен отметатшів† нем отметатфшнг євохбен тесмат ймататс

Отог он мененса фресмасц
 жпесвых евох итеспароеных
 жен фанадотонго евох
 хе отоеотокос те

Ο πωωκ η τα τραμαό νεμ το φία ήτε φτ Σε τνεχι εταγειτο επεαπ αρχφο ή εανωμη εν δεν ογώκα ελεμτ

 ♣ Дефопі ногнотні нтє отпетавнот ястісі нян нЕппянотну ябие сперия нропі ядвоу евоу пітако пиентенос

Фаі мареншш отвно енхш ймос хе пішаіршы наханос фрессшт ниенфтхн аді отог ассшт ймон

- ♣ He did not cease to be God,
  He came and became the Son of Man,
  But He is in truth,
  He came and saved us.

### Part Four

O the honour of the conception,
Of the virginal womb,
Of Theotokos without seed,
As the angel witnessed.

♣ When he appeared to Joseph,He said that,"The One to Whom she will give birth,Is of the Holy Spirit."

For the Logos of the Father,
Came and was incarnate of her,
She gave birth to Him without change,
The angel added saying,

\* "She will give birth to a Son, His Name will be called Emmanuel, Which is interpreted, God with us."

"And also, you will call His Name Jesus, He will save His people, From their iniquities." **W**†τιμη ητε †χινερβοκι ητε †νεχι μπαρθενικη οτος ηθεοτοκός οτατχρός τε αθερμέθρε ηχε πιαττέλος

Етафотонгф ефисиф
 ефи тар етаснамасф
 от евохоен отпиа ефотав пе

Еті Де хе не пілогос йте Фішт і афбісарх євол йонтс бен отпетатшівт євспусф афтого йпаїхет єфхи йпос

**4** Хе есепісі йотунрі етепот† фнете уатотазмец хе Ф† непан

Отог он екепот епестран же Гнс ноос ебнаногей упестаос евохбен ноганома ♣ If we are now His people, He will save us with strength, He will forgive us our iniquities, let us firmly know Him.

For He is God in truth,
He became man without change,
To Him the glory is due,
Now and forever.

♣ He did not cease to be God,
He came and became the Son of Man,
But He is in truth,
He came and saved us.

#### Part Five

Oh the divine and, Wondrous child-bearing, Of the Theotokos, Mary, the Ever-Virgin.

• Undefiled virginity
And true birth
Came together
In one place in her.

For marriage did not,
Precede the birth,
Nor did the birth,
Remove her virginity.

♣ Ісхе Де анон пе пералос
 филновей йион бен отиетхшрі
 ерхш евой йненаноша
 идренсотшно бен оттахро

Хе йоод пе ф† бен отмеомні адерршы бен отметатшів† ісхен †нот нем ша енег

♣ Ναι ετε εβολ λιώνοτ
 ἐαὰι ετμα ετςοπ
 ὰνχε οτπαρθενία ὰατθωλεβ
 Νεω οτχίνωις λώμη

олу евоу итеспароенія олує он упе шхінтісі врійори епіхінтісі  ♣ For He Who was begotten of God Without pain from the Father,
 Was born according to the flesh,
 Without pain from the virgin.

One nature from two,
Divinity and humanity,
Therefore the Magi worshiped Him,
Silently declaring His Divinity.

They brought Him frankincense as God,
 And gold as king,
 And myrrh as a sign,
 Of His life-giving death.

He accepted these for our sake of His own will,

The one, only good Lover of Mankind,
the Saviour of our souls,

♣ He did not cease to be God,
 He came and became the Son of Man,
 But He is in truth,
 He came and saved us.

O what a great wonder, A rib was taken,

From the side of Adam;

He came and saved us.

A woman was formed from it.

Фн тар етапиасц гос нот†
 апиасц он ката сарх
 апавнс евохбен †парвенос

Отаі пе євохоєй снат отиєвнот† ней отиєтршиі оти фаі сеотшут ййод йхе нійатос етхи йршот етервеохотін

• Дүнн ича иолунданос ямс нолф иет олмуу елфтини епеахимол ибеатануо

Фаг етадуопд ерод еөвнтен жен педотоу имиймод йхе пютаг имататд пиагром ййханос фредсот йненфтхн адготог адсот имон

4 Ετασκην αν εσοι ήνου αφι ασωωπι ήωηρι ήρωπι αφι ασωωπι ήωηρι ήρωπι αφι οτος ασου ήνου †

### Part Six

Ш tnimt утфны внедусы шісфію ууууу брууды шісфію ууууу трууды ууууууууу She gave the form of humanity
 Perfectly to God,
 The Creator,
 The Logos of the Father.

This is He Who was Incarnate of her, Without alteration,

She gave birth to Him as man,

And His name was called Emmanuel.

Let us also entreat her,
 The Theotokos at all times,
 That she intercede on our behalf,
 Before her beloved Son.

For she is greatly honoured, By all the saints, the Patriachs, For she brought unto them, He Whom they were awaiting.

Likewise the prophets,
 Who prophesied concerning Him,
 In various and many types,
 That He would come and save us.

Together with the Apostles,
For She is the bearer,
Of Him Whom they preached,
To the whole world.

 ♣ Πιοτώψει τηρα ήτε †μετρωμι αςτηια δει οτχωκ εβολ μφ† πιλιμιοτρτος
 οτος ήλοτος ήτε φιωτ

Фаі стацбісару свой йонтс оси отистатців теаспасц оси роші атиот тепецран хе Симанотна

♣ Фаі он марентшве ймос ефесерпресветін еўрні ехшн нагрен песшнрі йменріт

Χε αταιμόττ ταρ εμάμω ητότος ημηθές τηρος ηματριαρχης σε αδινι νωος μφηθέτος σουμτ έβολ δασως

Νεω κιλποςτολος ετςοπ χε ήθος πε τρεαχφε μφηετοτερκτριζικ μποα δεκ τοικοτωεκή τηρς ♣ And the struggling martyrs,
For He came out of her,
The true Struggler,
Our Lord Jesus Christ.

Therefore, let us glorify, the greatness,
Of His vast riches,
And His boundless wisdom,
Beseeching His great mercy.

♣ He did not cease to be God,
He came and became the Son of Man,
But He is in truth,
He came and saved us.

### Part Seven

The Lord swore in truth to David,
And will not turn from it,
"Of the fruit of your loins,
I will set upon your throne."

So when the righteous David,
 Consented that from himself,
 Christ be brought forth according to the flesh,
 He sought earnestly,

To find a dwelling place,
For the Lord God, the Logos,
And this was fulfilled,
With great diligence.

 Ηιαθλιτηο μπαρττρος
 χε αφι εβολ ηφητς
 ηχε πογάτοινοθετης μπηι πενος Γης Πχς

Фаі марентюот йтметнію йте теспетрамаю етою нем тессофіа йататрнхс ейеретій йпеспіют йнаі

> ДЧωрк нъе Пос ндать эен отменин отог ниечтолч те еволэен поттаг нте текнет тажw гусн пекеронос

Φοεν εταφωτ νεητ
 κατα σαρξ
 ακω† ακριβως

ъеи одитф ийропс одос футуской евоу прос ф шуодос Схіті иодтуйты And immediately he cried out,
In the Spirit, saying,
"We heard it at Ephratah,"
Which is Bethlehem.

The place that Emmanuel our God, deemed worthy to be born in According to the flesh, For our salvation.

Also according to the saying,
Of Micah the prophet,
"And you also, Bethlehem,
The land of Ephratah,

Are not the least,

Of the rulers of Judah,

For out of you shall come,

A ruler Who will shepherd my people Israel."

♣ O what a symphony,
Of these prophets,
Who prophesied in this one Spirit,
Concerning the coming of Christ!

This is He to Whom the glory is due, With His good Father, And the Holy Spirit, Now and forever. ♣ Οτος σατότα αφωώ εβολ
 ∞εν πιπνα εάχω μπος
 ∝ε ανσοθμές δεν €φραθα
 ετε Βηθλέεν τε

Πιμα εταφερκαταζιοιν μφοφ νας Εμμανοτηλ Πεννοτ† εθροτάφος νάμτς κατα capz εθβε φηετε φων νοται

Κατα φρη οι ετασχος
 αχεος πιπροφητης
 αε νευ νοο εωι Βηθλεευ
 ακαι νοο εωι Βηθλεευ
 ακαι νοο εωι

Νοο ογκογχι αν εβο δεν νιμετεμτεμών ήτε loγδελ εςι ταρ εβολ ήδη ήχε ογεμτογμένος Φηεονάαμονι μπαλαος Πιζλ

 $m{\Phi}$  W или наістифшила йтє наіпрофитнс етсоп инєтатерпрофитетін бен паіппа йотшт є  $m{\Theta}$ Вє їхійі  $m{M}$ С

Φαι έρε πιώον ερπρεπι νας νεω Πιπνα έθν κω Τιπνα έθν και έρε πιώον ερπρεπι νας

- ♣ He did not cease to be God,
  He came and became the Son of Man,
  But He is in truth,
  He came and saved us.
- \* Ετασκην αν εσοι ήνοτ αφι ασωωπι ήωηρι ήρωνι αφι οτος ασου ή μυση

### Part Eight

The One from the Trinity, Co-essential with the Father, Looked upon our weakness, And our bitter bondage.

♣ He bowed the heaven of heavens, And came to the womb of the Virgin, He became man like us, Save for sin only.

He was born in Bethlehem,
According to the prophetic sayings;
He redeemed and saved us,
For we are His people.

♣ He did not cease to be God,
 He came and became the Son of Man,
 But He is in truth,
 He came and saved us.

I saw a sign appear in heaven,
A woman clothed with the sun,
And she had the moon,
Under her feet.

Πιοται εβολθέν Ττριας πιομοοοιος νέω Φίωτ έταγνατ έπενθεβιο νέω τενμετβώκ ετοι νώμαψι

 Дерек піфноті пте піфноті афі євинтра п†парвенос аферромі ілепрн†
 шатен фиові іматата

Статиасц бен Внолееи ката нісин іте ніпрофитнс адтотхон адсю тамион хе анон ба педлаос

4 €τασκην αν εσοι ήνου αφι ασωωπι ήωηρι ήρωνι αφι ασωωπι ήωηρι ήρωνι αφι οτος ασου ήνου †

#### Part Nine

Дінат ѐотиніні адотонгд эєн тфє іс отс̀2імі єстоХ2 м̀фрн ѝ вос он ѐре пію2 сапеснт ѝнессаХатт ♣ And there were twelve stars,
As a Crown upon her head,
She was pregnant and in labour,
Crying out to give birth.

This is Mary,
The new heaven on earth,
From whom the Sun of Righteousness,
Rises upon us.

♣ For the sun that is clothing her, Is Our Lord Jesus Christ, And the moon under her feet, Is John the Baptist.

The twelve stars,

That are a crown on her head,

Are the twelve apostles,

Surrounding her and giving her honour.

Therefore all you nations, Let us glorify the virgin, For she gave birth to God for us, And her virginity is sealed.

He did not cease to be God,
He came and became the Son of Man,
But He is in truth,
He came and saved us.

♣ €ре отоп мнт спат истот
 от ххом ехен тесуфе
 есивокі ес†пакзі
 есим євох еспамісі

Сте өлі те Илріл †фе йвері етзіхен піклзі етл пірн йте †мефмні щлі нам євох йэнтс

ψ Πίρη ταρ ετές νες δαλατα
 πε πενος Ιμς Π∑ς
 πε μενος Γμς Π∑ς

Πιωμή ενατ ταρ ήειστ ετοι ήχλοω έχεν τεεάφε πε πιωμή ενατ ήαποετολος ετκωή έρος ετήταιο νας

• Сөве фаі ніхаос тнрот марен†юот й†пароєнос хе асшсі нан йф† естов йхе теспароєній

> Стаскни ан есог упост астраст пе фт упин стаскни и есог упост в прости прост в прости прости прости прости в прости прос

#### The Crown

## Πιλωβιμ Βατος

Moses was worthy to behold
The glory of God
The unseen Who is before all the ages
On the mountain.

Φ† πιατιώναν έροθ Σαχωον νηνιέων τηρον αφερπειμήτω νηναν έπεφωον νίχε Μωντικ Σίχεν πιτωον

♣ For he beheld the bush,
 Filled with fire from within,
 But its branches did not burn,
 And its leaves were not destroyed.

Though the fire was lit,
The bush did not burn,
For God was within it
Speaking with the prophet.

♣ Saying "O Moses, O Moses,
O Moses the one I love,
I am the God of your fathers,
There is none but me.

Take off your shoes,
From your feet,
For the place where you stand,
Is holy ground, O prophet."

♣ Consider the bush,
 Filled with fire from within;
 Its branches did not burn,
 And its leaves were not destroyed.

+ Δαναν ταρ επιβατος ερε πιχρωμ μος νέθητα ογδε μπογρωκε νίχε νεακλαδος ογδε μπε νεαχωβι τακο

Піхром мен адерхампін зен піватос надроку ан хе ере Ф† сазоти ймос едсахі йөод нем пійрофнтнс

> Βωλ μπιθωογι εβολ φηετοι ενεκδαλαγχ σε πιμα ετεκόδι ερατκ διχως ογκαδι εςογαβ πε ω πιπροφητης

This is a figure of Mary,

The undefiled virgin,

From Whom the Word of the Father,

Came and was incarnate.

There we praise with,
 The celibate John, saying,
 Holy is this bride,
 Who is adorned for the Lamb.

Hail to you, O Virgin,
The very and true queen.
Hail to the pride of our race,
Who has borne to us Emmanuel.

♣ We ask you, remember us,
 O our faithful advocate,
 Before our Lord Jesus Christ,
 That He may forgive us our sins.

τοι ήττπος μυαριά †παρθενος ήτε Φιωτ ι αμδίς αρχ'εβολή επτς

♣ €θβε φαι τεπερχορετίη πεμ Ιωα πιπαρθέπος χε ζογάβ ήχε ταιψέλητ εταγχελζωλς μπιδιήβ

> Хере не ѝ Тпароенос фотро ймні нахноінн хере пфотфот нте пентенос арехфо нан нЕмманотнх

Τεντεο άριπενωετι
 ψ Τπροστατής ετένεστ
 ναερέν Πενίσς Γής Πχς
 νατέγχα νέννοι ιδον (εβολ)

Continue to the Conclusion of the Batos Theotokias on page 238.

## Friday

# The Psali Batos for Friday

# Hcoc Batoc $\pi i \overline{\epsilon}$

Truly I came to,
A great principal:
The Name of Salvation,
The Name of our Lord Jesus Christ.

Άληθως ταρ αιτ μπαοτοι ἐοτνιψτ νκεφαλεον ἐτε φαι πε πιραν νοτται πτε Πενος Ιμς Πχς Our Lord Jesus Christ,
Gave a sign to his servants
Who fear Him,
To escape the face of the bows.

- Our Lord Jesus Christ,
   Gave a sign to his servants
   Who fear Him,
   To shut the mouths of lions.
- Our Lord Jesus Christ,
   Gave a sign to his servants
   Who fear Him,
   To quench the power of fire.

Our Lord Jesus Christ,
Gave a sign to his servants
Who fear Him,
To cast out demons.

Our Lord Jesus Christ,
Gave a sign to his servants
Who fear Him,
to have lordship over their enemies.

Our Lord Jesus Christ,
 Gave a sign to his servants
 Who fear Him,
 To heal all sicknesses.

Д Пенос Інс ПХс † нотиніні ниесієвізік инетерго† батесігн є врофшт єво Х батгн йпго нотфі†

- ♣ № Пенос Інс Пҳс
   † ѝотшніні ѝнесієвілік
   инєтєрго† батєсігн
   є вротоши ѝршот ѝнішоті

Ֆ Πενος Ιμς Πχς Τ μολπημικι μκεάεβιγικ ημετεδ804 φγτεάβη πετοροφήση Το μουσήση Το μον ματά μιχόση

 $\mathfrak{D}$  Пенос Інс П $\mathfrak{T}$ с † иотмніні инесевізік инетергоф затесен еөротерос ехен нотхахі

# Д Пенос Інс Пхс

† потиніні пиесевілік

инетергоф батесен

сороттахобо пушин півен

Therefore let us glorify, Our Lord Jesus Christ, And His Good Father, And the Holy Spirit.

> This is the Name of Salvation, Of our Lord Jesus Christ, And His life-giving Cross, Upon which He was crucified.

Blessed is the man, Who puts this life behind himself, With its concerns full of suffering, That kill the soul.

- ♣ And he who carries His cross,

  Day by day, And joins his mind

  With his heart, To the Name of Salvation:

  Of our Lord Jesus Christ.
- Our hearts are glad,
   And our tongues rejoice,
   Whenever we meditate on,
   The Name of Salvation, of our Lord Jesus Christ.

Фента фантаренформация
 Фента фантаренф

Ete  $\phi$ ai ne nipan hotzai hte  $\Pi$ enoc Ihc  $\Pi$  $\overline{\chi}$ c nem negictarpoc hpeqtan $\phi$ o  $\phi$ hètara $\phi$ q è $\phi$ phi èx $\phi$ q

Мотніате ўпіршші еннахш усшеў ўпаівіос нем несіршогій ентея узісі няі етэштев уффтхн

- **Φ** Οτος ήτεσμαι μπεάστατρος ήεςοοτ δατεμ ήεςοοτ ήτεσμαι μπεσμοτό με πεάστητ το Πχο Επιραμ ήτος Της Πχο
- Φαρονησο ήχε πεηδας
   Φαρονησο ήχε πεηδας
   Φαρονησο ήχε πεηδας
   Φαρονησο ήχε πεηδητεί Πχε

### The Conclusion of the Batos Psali

And whenever we sing hymns Let us say tenderly, "O our Lord, Jesus Christ, Have mercy upon us." χε Πενος Ιμς Πχς παρεπλος φεν οιζχοι Εμών ανώγνερφαχιν

- ♣ Glory to the Father

  And the Son and the Holy Spirit,

  Now, and forever,

  And to the age of ages. Amen.
- Δοξα Πατρι κε Υιω:
   κε ανιώ Ππατι:
   Κε ηνη κε αι κε ις τογς
   εώνας των εώνων αμεν

### The Friday Theotokia

# Φοσοκια μπέζοση ήπαραςκετί

### Part One

Blessed are you among women,
And blessed is the fruit of your womb,
O Mary, the Mother of God,
The undefiled virgin.

Τεсиаршотт эεн ніЗіоші ἀξυαρωσττ ήτε πεκαρπος ώ Παρια όματ μφτ †παρθενιος ήατθωλεβ

♣ The Sun of Righteousness,
 Shined on us from you,
 With healing under His wings,
 For He is the creator.

\* Χε ασωαι ναν εβολλάντ γας πιρη γας τως συνι ερε πιταλδο χη δα νεστενς ας γοος πε πιρεσθαμιο

He took what is ours,
And gave us what is His,
We praise Him and glorify Him,
And exalt Him above all.

Νοος αςδι ήνηθετε νοτη ας† ναν ήνηθετε νοτς τενεως έρος τεν†ώοτ νας τενέρεοτο διοι ώμος

♣ You are more blessed than heaven,
And honoured more than the earth.
You are above every thought;
Who can speak of your honour?

### Part Two

 Τεсихрωотт έδοτε τφε τετλιμοττ έδοτε πκλδι τεςλπωωι μμετί νιβεν νιμ πεθνλώς κατι επετλιό There is no one like you, O Virgin Mary. The angels honour you; The Seraphim glorify you.

♣ For He who sits on the Cherubim,
 Came and was incarnate of you
 To unite us to Him,
 Through His goodness.

He took what is ours,
And gave us what is His,
We praise Him and glorify Him,
And exalt Him above all.

Blessed are you, O Mary, And blessed is the fruit of your womb, O Virgin, O Mother of God, The pride of virginity.

He Who WAS before the ages, Came and was incarnate of you. The Ancient of Days, Came forth from your womb.

♣ He took our flesh,
 And gave us His Holy Spirit.
 He made us one with Himself
 Through His goodness.

Ναοι φηεττενθωντ έρο Ναοι φηεττενθωντ έρο Ναοι φηεττενθωντ έρο

\* Χε λ φηετ είχεη πίχεροτβια ι αφδισαρχ εβολήφη† ωλ ητεφεοτπεν έροφ είτεν τεφμετάταθος

Νοος αςδι ήνη ετε νοτη ας ταν ήνη ετε νοτς τενεως ερος τεν τώος νας τεν ερεοτό διοι άλλος

#### Part Three

 Τεсихрωотт йөө Царіа ἀρακρωοττ κας πεκαρπος ω τπαρθέκος θυαν μφτ πωοτωοτ κατ τπαρθέκια

> Φιετωοπ δαχει νίεων ι αφδισαρχ βολ νόμ† πιάπας ντε νίεδοος αφί εβολ δεν τεμητρα

Ноод адбі йтенсарҳ
 ад† нан шпедппа еөт
 адаітен йотаі нешад
 гітен тедиетаҳа адаітен

He took what is ours,
And gave us what is His,
We praise Him and glorify Him,
And exalt Him above all.

Иөод адбі інністе ногн адт нан іннете ногд тенешс єрод тентішог над тенергого бісі ішод

# ♣ Many women received honour--

You are exalted above them all,
For you are the pride of the virgins,

O Mary, the Theotokos.

You are the spiritual city Where the Most High, Who sits upon the chariot Of the Cherubim dwells.

The Seraphim glorify Him Whom you held in your arms, Who gives food to all flesh, Through His great compassion.

He was nursed by you,
And you suckled Him,
For He is our God,
And the Saviour of everyone.

♣ He shepherds us,
Forever and ever.
We praise, we glorify Him,
And exalt Him above all.

#### Part Four

Δοταμμ νίζειαι σιταιό
 άρεσιαι νθο εξοτε ερωστ τηροτ
 χε νθο πε πωστωστ νηιπαρθενός
 †θεοτοκός Παρία

Τπολις μψτχοη

έτα φηετδοςι ωωπι ήδητς
φηετεεμςι έδρηι ειχεη
πεαρμα ήνιχεροτβια

Нісерафім сетфот над аретаход'єхен нехфоі фнет † фре йсару півен вітен теспетфануюнсь

> Додамоні інемно† ареф'єроф'єботи єроф хе зар інооф пе пеннотф отов їнстині те отом нівен

Ноод пеонаамоні мион
 фа енез йте піснез
 тензшс 'єрод тенфшот над
 тенергого тенбісі аммод

He took what is ours,
And gave us what is His,
We praise Him and glorify Him,
And exalt Him above all.

Νθος αςδι ήπη ετε ποτη ας τεπεως ερος τεπτώον πας τεπέρεονο διοι άμος

# The Virgin Mary, The prudent Mother of God, The fragrant garden, The holy fountain of living water.

The fruit of your womb,
Came and saved the world.
He abolished the enmity,
And established His peace for us.

Through His Cross, And His holy resurrection, He restored man once again, To Paradise.

He took what is ours,
And gave us what is His,
We praise Him and glorify Him,
And exalt Him above all.

The Virgin Mary,
The holy Theotokos,
The faithful advocate,
For all mankind,

#### Part Five

# Дпаробнос Паріан

тихспост йсавн

піктпос йтє пісооінотці

тиоты бот йтє півшог йшна

Д пікарпос йте тенехі аді адсют йтоікотменн адвей тметхахі євой гарон адсемні нан йтедгірнин

**Φ C**Bολειτεν πεάςτατρος νεω τεαλναςτας <del>εθ</del>τ αστας ο ώπιρωω νκες οπ εξοτη επιπαραδίσος

Νοος αςδι ήνη ή ετε νοτη ας ταν ήνη η ετε νοτς τενεως ερος τεν τώος νας τεν έρεοτο διεί μπος

#### Part Six

# #пароенос Иаріам
 †оеотокос еот
 †простатнс етенгот
 ѝте пѕенос ѝте †метршмі

Intercede on our behalf,
Before Christ Whom you brought forth,
That He may grant us
The forgiveness of our sins.

♣ He took what is ours, And gave us what is His, We praise Him and glorify Him, And exalt Him above all.  $oldsymbol{\Omega}$ ριπρες $oldsymbol{\Omega}$ ενιν $oldsymbol{\Omega}$ Ενιπος $oldsymbol{\Omega}$ 

изьен ПХс фнетарехфоц вопос итечеремот наи

μπιχω εβολ ήτε ηενινοβι

#### Part Seven

The Virgin Mary,
Cried out in the temple
Saying, "God knows
My peace.

♣ For I know nothing,
 Other than the word of the angel,
 Announcing to me the joy
 Coming to me from heaven."

He took what is ours,
And gave us what is His,
We praise Him and glorify Him,
And exalt Him above all.

Жпароенос Царіац шу ѐВохэєн пієрфеі же пааспасцос а̀нок Ф† метѐші ѐроЧ

единот ині євохуєи тфе едимениот ині иотрафі евну єтсян ите пічтеуюс фармання пробраба фармання раба фармання ра

Νοος αςδι ήνηθετε νοτη αςτ ναν ήνηθετε νοτς τενεως έρος τεντώστ νας τενέρεστο διει ώμος

#### The Crown

## Πιλωβιμ Βατος

What shall I call you,
O all-holy Virgin,
Who gave birth to the Incomprehensible
And Infinite One.

Many are your praises,
 O you who are adorned with all honour,
 For you became a habitation,

For the Wisdom of God. You are the rational hook, That catches Christians, Teaching them the worship, Of the Life-Giving Trinity.

♣ You carried the pillar,Which Moses saw,Who is the Son of God,Who came and dwelt in your womb.

You became the Ark,
Of Him Who created heaven and earth;
You carried Him in your womb,
For nine full months.

♣ You were also entrusted,
With the breadth of heaven and earth.
You became a cause for us,
To ascend the path to Heaven.

Ceom sap ήχε η ε ε τφομίλ
 ω θη ε τ ε ε λρεμωπι ή ο τ μα λημωπι
 ή τ ο φίλ ή τ ε Φ †

Νοε πε τωιμι ήνολτε ετταδο ήνιχριστιανός εστσαβο μμωση εταινότωω ήττριας ήρεστανδο

 Нөо пе таредаі да пісттууос етатнат ерос ние Иштене ете фаі пе пунрі мФ† етайі адушпі ден тенеиі

Αρεωωπι ήστκιβωτος μφήετασθαμίο ήτφε μεμ πκαδι άρεσαι δαροσ δεμ τεμέχι μψιτ ήάβοτ ήήπι

You are brighter than the sun.
You are the east,
That the righteous look towards,
With joy and rejoicing.

♣ Eve was condemned,To give birth with anguish,Yet, heard,"Hail to you, O full of grace."

You bore to us the King,
The Lord of all creation.
He came and saved us from our sins,
As a Good One and a Lover of Mankind.

♣ Therefore we sing, With your cousin Elizabeth saying, "Blessed are you among women, And blessed is the Fruit of your womb."

We give you salutation,
With Gabriel the angel,
"Hail to you, filled with grace,
The Lord is with you."

♣ We ask you, remember us,
 O our faithful advocate,
 Before our Lord Jesus Christ,
 That He may forgive us our sins.

Τεεροτωινι εδοτε φρη κρε νιθωμι χοτωτ εβολ δαχως δεν οτοτνος νεω οτθεληλ

4 Дтеркатакрінін йЄта хе терацісі бен отецкавнент йоо вші аресштец хе хере онеоцев йбиот

Дремісі нан йпотро Пос йте †ктнсіс тнрс афі афсоттен евохфен неннові вшс ата<del>о</del>ос отог ймаіршмі

♣ Сөве фаі теперхоретін
 пем Єхісавет тесттепнс
 хе тесмаршотт йөө бен нігіомі
 дсмаршотт йхе поттаг йте тепехі

Тент не ипіхеретіснос ней Бавріну пічалеуюс же хере кехарітшиенн о Каріос пета сот

Τεντεο άριπενωετι
 ὑ Τπροστατής ετένεστ
 ναερεν Πένος Γτς Πχς
 ντεςχα νεννοβι ναν εβολ

Continue to the Conclusion of the Batos Theotokias on page 238.

# Saturday

## The Saturday Psali Batos

# μπέζοοτ μπιςαββατον - ήχος Βατος

Remembering Your Holy Name

Brings joy to our souls:

O my Lord Jesus Christ,

O my Good Saviour.

(Pa Chois Isos Pi Khristos:

Pa Sotir en Aghathos.)

 $\mathbf{A}$ Ч $\mathbf{H}$  міточної йнен $\mathbf{\Psi}$ хних п'ехрані  $\mathbf{E}$ 

Πλος ΙΗς Πχς

Πασωρ Νάσαθος

Everyone blesses You,

The heavenly and the earthly:

O my Lord Jesus Christ,

O my Good Saviour.

Βοη ηιβεή σέσμον έροκ ηλ ηιφηρή η η η παλικλεί

Παζώρ κάταθος

+ For You alone are worthy,

That we bless You:

O my Lord Jesus Christ,

O my Good Saviour.

Те тар йөөк шататкКешпша йтейсиот ерок

Πλος ΙΗς Πχς

Πασωρ ηλγαθος

+ Truly You are worthy

Of the honour and the glory:

O my Lord Jesus Christ,

O my Good Saviour.

 $+ \Delta$ ikewc ke àziwc

κεμήψα μπιώος νεμ πιταίο

Πλος ΙΗς Πχς

Πασωρ ησταθος

All the tribes of the earth

Praise Your Holy Name:

O my Lord Jesus Christ,

O my Good Saviour.

Етесиот епекран евотав

ήχε ηιφτλη τηροτ ήτε πκαδί

Πλος ΙΗς Πχς

Πασωρ Νάταθος

Six pots of water
You have changed into fine wine:
O my Lord Jesus Christ,
O my Good Saviour.

♣ Seven times every day
I will praise Your Holy Name:
O my Lord Jesus Christ,
O my Good Saviour.

We, all of Your People,
 Praise You in ecstasy,
 O my Lord Jesus Christ,
 O my Good Saviour.

The glory of Your Holy Name Is on the lips of Your saints: O my Lord Jesus Christ, O my Good Saviour.

From Morning to evening every day,
I will praise You Holy Name:
O my Lord Jesus Christ,
O my Good Saviour.

♣ I will praise Your holy Name
With every breath that I breath,
O my Lord Jesus Christ,
O my Good Saviour.

≅ ὰετΣριὰ ὰμωστ ακαιτοτ ὰμρπ εφουτπ Πασσ Ιπο Πχο Πασωρ ὰὰναθοο

Ηνος γις μας το ος Ηνος γις μας Ηνος γις μας Ηνος γις Ηνος Ην

 ΗΣεως τενίσμος εροκ λιου τηρεν δα πεκλαος Πασωρ κάταθος

> θμεταλίε μπεκραν εθτ δεν ρωστ ήνητεθτ ήτακ Πλος Ιτς Πχς Πλοωρ ήλγαθος

Ісхен фюрц бу роля упни Пчустол ещекь и едл Пчустол учини Пчустол учини

Ката фенніці нівен ефт
 Паос Інс Пус
 Пасфр назавос

Cast away all the causes
 Of sin from our souls:
 O my Lord Jesus Christ,
 O my Good Saviour.

Chase away all the thoughts
Of the enemy from us,
O my Lord Jesus Christ,
O my Good Saviour.

Every breath blesses You,
According to the saying of the prophet,
O my Lord Jesus Christ,
O my Good Saviour.

- You are above everyone.
   You are the King of kings:
   O my Lord Jesus Christ,
   O my Good Saviour
- Glory be to You and Your Father,
  And the Holy Spirit:
  O my Lord Jesus Christ,
  O my Good Saviour.

Your Name is blessed and sweet,
On the lips of Your saints:
O my Lord Jesus Christ,
O my Good Saviour.

\* λωιχι ηιβέη ήτε φηοβι ειτος εβολές η μεηψέχη Πλός Πλός Πλός Πασωρ ήλγαθος

Ueγι ηιβεή ήτε πιχάχι μαροτοτεί caβολ μμοί Παος Ιτς Πχς Παςωρ ήλγαθος

Μισι νιβεν σέσπος έροκ κατα πσαχι απιπροφητής Πασωρ νάταθος

- Ζαπωωι ταρ ναρχη νιβεν νθοκ πε ποτρο ντε νιοτρωοτ Πασς Ιης Πχς Πασωρ ναταθος
- + Οτώοτ ηλκ ης Πεκιωτ ης Πιπηλ εθοτλβ Πλος Ιης Πχς Πλζωρ ήλτλθος

Πεκραη εολά οτος ζεμαρωστ δεη ρωστ ήνητεθτ ήτακ Πασς Ιής Πζς Παζωρ ήλταθος My lips praise You
And my tongue glorifies You:
O my Lord Jesus Christ,
O my Good Saviour.

- ♣ Yes, truly, we praise You; Yes, truly, we glorify You: O my Lord Jesus Christ, O my Good Saviour.
- We will never get weary:
  We will never cease praising You:
  O my Lord Jesus Christ,
  O my Good Saviour.

We send up to You,
All the praises and the blessing:
O my Lord Jesus Christ,
O my Good Saviour.

Yours alone is the glory,
The honour and thanksgiving:
O my Lord Jesus Christ,
O my Good Saviour.

Holy are You, O my Lord; Holy, in truth, O my God: O my Lord Jesus Christ, O my Good Saviour. 

- Сε οντως τενίσμον έροκ
   сε οντως τενήψον νακ
   Πασς Ιμς Πχς
   Παζωρ νάναθος
- ♣ Денналісі ан енелот ерок
   Паос Інс Пҳс
   Пасфр йатанос

Τμηολοτίλ ηιβεη ήςμοτ τεηοτωρη μμωστ επώωι εαροκ Πασς ΙΗς Πζς Παζωρ ήγεαθος

Φωκ πε πιώοτ κεω πιταίο κεω †εγχαριστία Πασς Ικς Πζς Παζο Παζο Παζορ κάγαθος

Χοταβ Πος οτος χοταβ
 χοταβ Πανοτ† δεν οτμεθμηι
Παος Ιτς Πχς
Πασωρ κάταθος

- Every soul praises You;
   Every knee bends to You:
   O my Lord Jesus Christ,
   O my Good Saviour.
  - O Name full of glory; O Name full of blessing: O my Lord Jesus Christ, O my Good Saviour.

We will not cease praising You, Forever and ever: O my Lord Jesus Christ, O my Good Saviour.

- Yours is the blessing,
   The honour and the glory:
   O my Lord Jesus Christ,
   O my Good Saviour.
- With the blessing we bless You;
   With the glory we glorify You:
   O my Lord Jesus Christ,
   O my Good Saviour.

As long as we live we'll praise You;
As long as we're here we'll glorify You:
O my Lord Jesus Christ,
O my Good Saviour.

Фтхн нівен сесмот ерок
 паос Інс Пхс
 Пасфр йатанос

W πιραν εθμες νώοτ πος ΙΗς Πχς Πασς ΙΑς Πχο

Ψα ένες ήτε πίενες τεννακην αν ενίσμος έροκ Πασς Ιής Πζς Παζωρ ήλγαθος

Soc επομό τεπόσον εροκ σος επώου τεπήφον πακ Πασς Ιμς Πζς Παζώρ πάγαθος The perfection of every blessing
Is in Your Holy Name:
O my Lord Jesus Christ,
O my Good Saviour.

Receive our prayers,
 From us the sinners:
 O my Lord Jesus Christ,
 O my Good Saviour.

♣ Grant us Your perfect peace
And forgive us our sins:
O my Lord Jesus Christ,
O my Good Saviour.

Χωκ εβολ ής μος Πασς Ιμς Πχς Πασωρ ήλγαθος

♣ ∄ναν ήτεκειρηνη μωηι
 χα νεννοβι ναν εβολ
 Πασς Ιης Πχς
 Παζωρ ήλγαθος

#### The Conclusion of the Batos Psali

And whenever we sing hymns Let us say tenderly, "O our Lord, Jesus Christ, Have mercy upon us."

♣ Glory to the Father

And the Son and the Holy Spirit,

Now, and forever,

And to the age of ages. Amen.

Ещшп аншанерфалін маренхос эен от8хох хе Пено<u>с Інс Пхс</u> аріотнаі нем ненфтхн

Δοξα Πατρι κε Υιώ
κε αγιώ Ππατι
κε ηγη κε αι κε
ις τογς εώνας των εώνων αμην

# The Saturday Theotokia

# Φεοτοκια μπέζουν μποαββατον

#### Part One

O chaste and undefiled, Holy in everything, Who brought unto us God, Carried in her arms.

The whole creation rejoices with you,
Proclaiming and saying,
"Hail to you, O full of grace:
The Lord is with you."

Hail to you, O full of grace.

Hail to you, who has found grace.

Hail to you, who has born Christ:

The Lord is with you.

♣ We honour your greatness,
 O prudent Virgin,
 And give you salutation
 With Gabriel the angel.

For through the fruit of your womb Salvation came to our race; God reconciled us again, Through His goodness.  ♣ Cbami neme yze ↓kthcic thbc cemm eboy eczm ymoc ze Xebe θηεθηές ygnot oros Πος mou neme

Хере өнеөмег измот хере өнетасхем змот хере өнетасмес  $\Pi \overline{\chi}$ с отог  $\Pi \overline{0}$ с щоп иеме

#### Part Two

 $\mathbf{X}$ е евохоітен пекарпос дітен терметатанос же евохоітен пекарпос

- ♣ Hail to you, O full of grace.
  Hail to you, who has found grace.
  Hail to you, who has born Christ:
  The Lord is with you.
- \* Χερε θηεθμές ήδμοτ χερε θηετλάχει δμοτ χερε ΟΠζά ψοπ ηεμε

#### Part Three

The Holy Spirit came upon you,
O undefiled bride,
And the power of the Most High
Overshadowed you, O Mary.

Overshadowed you, O Mary.

\*You have born the true

You have born the true

Logos and Son of the Father

The ever-existing,

Who came and saved us from our sins.

Hail to you, O full of grace.

Hail to you, who has found grace.

Hail to you, who has born Christ:

The Lord is with you.

The Lord is with you.

♣ You are the offspring
And the root of David.
You have born unto is, in the flesh
Our Saviour, Jesus Christ.

οχο μανώμελετ ναττακο αΠιπνα εθτ ὶ ένω εθνα εντά μετοοι εθνα ερια ερια ως το μαρια οτ κατα οτ κα οτ κατα ο

\* Χε άρεχφο μπιάληθινος ήλοτος ή Μηρι ήτε Φιωτ εθμην εβολ ωλ ενές λάι λαςοττεν δεν νεννοβι

Хере өнеөмег измот  $\chi$ ере өнетасмес  $\Pi \overline{\chi}$ с огоз  $\Pi \overline{0}$ С ого

#### Part Four

♣ Νθο ταρ πε πιτενος νεω τνογνὶ ντε Δαγιλ ἀρεωιςι ναν κατα ςαρχ ῶπενος τηρ Ιτς Πχς The Only-Begotten of the Father,
Before all the ages,
Emptied Himself and took the form of a
servant
Of you, for our salvation.

Hail to you, O full of grace.
Hail to you, who has found grace.
Hail to you, who has born Christ:
The Lord is with you.

Πιμονοσενής εβολέεν Φιωτ έλαωστ ηνιεων τήροτ λαμοτως εβολ μπινηπος αάρι γουπορφή ήβωκ μέμ‡ εθβε πενοταί

\* Χερε θης εν κυστ χερε θης τας του δυστ χερε θης τας του Τζς στος Πος ψοπ ης με

#### Part Five

You became a second heaven
On earth, O Mother of God,
For of you the Sun of Righteousness
Shone upon us.

♣ You have brought Him forth
According to the prophesies,
Without seed and incorruptible,
For He is the Creator, Logos of the Father.

Hail to you, O full of grace.
Hail to you, who has found grace.
Hail to you, who has born Christ:
The Lord is with you.

The Tabernacle, which is called The Holy of the Holies,
Containing the Ark, overlaid
With gold on every side,

Degioni normaschort ûφε Sixen πικαςι ω tmaschort xe aquai nan eboληθη ηχε πιρη ητε τλικεοστηη

\* Δρεχφος ειτεν οτπροφητια αδικε χροχ ναττακο εως Δημιοτρτος οτος νλοσος ντε Φιωτ

Хере өнеөмег углот хере өнетасиес  $\Pi \overline{\mathbf{x}}$ с отог  $\Pi \overline{\mathbf{u}}$ с отог  $\Pi \overline{\mathbf{u}}$ с

#### Part Six

† τὰκημη θηετογμοντ έρος
 χε θηεθν ήτε μιέθοναβ
 έρε †κιβωτος ήθητς
 ετομιχ ήμοσβ ήςαςα μιβεη

Which contains the tablets
Of the Covenant,
And the golden pot,
Containing the Manna,

♣ Is a figure of the Son of God,
 Who came and dwelt in Mary,
 The undefiled Virgin,
 And was incarnate of her.

She brought Him forth into the world,
United to the Godhead without separation,
For He is the King of Glory,
Who came and saved us.

Paradise rejoiced,
 At the coming of the Lamb,
 The Logos and ever-existing Son of the Father,
 To save us from our sins.

Hail to you, O full of grace.

Hail to you, who has found grace.

Hail to you, who has born Christ:

The Lord is with you.

♣ You are called the Mother of God,
 The true King,
 After giving birth to Him,
 Paradoxically, you remained a Virgin,

θη έρε αιπλαχ άδητο άτε †Διλθηκη αεω πίσταμμος άμογβ έρε πιωαμμα εμπ άδητς

 φοι ήταπος μΠωμρι μφ†
 εταψι αψωπι δεν Παρια
 †παρθενίος ήατθωλεβ
 αφδιςαρχ εβολήδητο

Дсхфод епікосиос абі отог адсш† йморх адуу уності уута убор аді отог адсш† ўмор аді отог адсш†

Πιπαραδισος εῷληλοτι
 αε αὰι ναε πιειηβ
 κλοτος νῷμρι ντε Φιωτ εθωην εβολ
 ωλ ενέε
 αὰι αασοττεν δεν νεννοβι

Хере өнеөмег измот хере өнетасмес  $\Pi \overline{\chi}$ с отог  $\Pi \overline{0}$ с шоп иеме

#### Part Seven

† Druort èpo re θματ μφτ Posagé sondhau uenenca θρεμας Sondhau austro noc Nocosagama austro noc Emmanuel Whom you brought forth,
Has therefore kept you,
In incorruption,
And your virginity is sealed.

♣ Hail to you, O full of grace.
 Hail to you, who has found grace.
 Hail to you, who has born Christ:
 The Lord is with you.

You were likened to the ladder,

That Jacob saw with fear,

With the Lord at its peak.

Reaching up to heaven,

Εμμανογηλ φηέταρεχφος εθε φαι αγάρες ερο ερεοι ναττακο εςτοβ νας τεπαρθενιά

+ Хере өнеөмег йгмот хере өнетасмес  $\Pi \overline{\chi}$ с отог  $\Pi \overline{0}$ С фоп неме

#### Part Eight

Δρετενοωντ έτωστκι ομέτα Ιακωβ νατ έρος εςσοςι ωα έζρηι έτφε έρε Πος Σιχως σεν στο τος οτ

Hail to you from all of us,
O you who received the Uncircumscript,
In your virginal womb,
Which was sealed from all sides.

You became our advocate, Before God our Saviour, Who was Incarnate of you, For our salvation.

♣ Hail to you, O full of grace. Hail to you, who has found grace. Hail to you, who has born Christ: The Lord is with you. • Хере не евохгітотен ш онетасшшп ерос шпіххшрітос бен тесинтріх шпароенікн отог есщотей исаса нівен

Дрешшпі нан ногіпростатно нагрен Ф† пенрецсшф фнетацбісару еводнян† евве пенотхаі

• Хере өнеөмег йгмот хере өнетасхей глот отог Пос фоп неме

#### Part Nine

Behold, the Lord came forth from you,
O blessed and perfect one,
To save the world, which He had created,
According to His great compassion.

Знппє іс Πος αθί έβολιθη κοθέ κατά ταμανό ταθολιό Ροιμαθρατά σομσοκισταθος ψοτα της καρμταθος ψοτα της καρμταθος κομοταθος κομοτά της καρμταθος κομοτά της καρμταθος κομοτά κ

- We praise Him and glorify Him, And exalt Him above all. As a Good One and a Lover of mankind, Have mercy upon us, according to Your great mercy.
- ♣ Σενεως ερος τεντώστ νας τενερεστό δια μπος εως αταθός ότος μπαιρωπι ναι ναν κατα πεκνιώ‡ γιναι

Hail to you, O full of grace.

Hail to you, who has found grace.

Hail to you, who has born Christ:

The Lord is with you.

Xere the tacken is not core that where  $\Pi \overline{\chi} c$  ord  $\Pi \overline{\chi} c$ 

#### The Crown Batos

# Πιλωβιμ μπέζοον μποαββατον πιμαζα

Hail to you O full of grace,
 The undefiled virgin,
 The vessel chosen
 From the whole world.

The unextinguished lamp,
The pride of virginity,
The indestructible Sanctuary,
And the scepter of the faith.

Піхампас натбено пюротурот нте тпароеній пієрфеі натвих євох отог пійвит нте пінагт Ask of Him Whom you have borne,
 Our good Saviour,
 To take away our afflictions,
 And establish for us His peace.

Hail to you O full of grace, The pure lampstand, That carried the Lamp, The fire of the Divinity.

♣ Hail to the hope of salvation,
For the whole world,
Because of you we are freed,
From the curse of Eve.

Because of you, also, we became A dwelling place of the Holy Spirit, Who came upon you, And sanctified you.

Hail to her whom Gabriel Greeted, saying, "Hail to you O full of grace, The Lord is with you."

For the goodwill of the Father, Was in your conception, And the coming of the Son, Was in your womb. Хере өнеөмег измот фистасцаі за піхампас піхрюм ите фисонотф

Χερε †εελπις ήσταλι
 ότε †οικοτμένη τηρς
 εθβη† τλρ λνερρεμες
 έβολελ πιςλεοὴι ήτε €τλ

Εθβη του ανέρμανώωπι ὑΠιπνα έθτ Φαι εταζι εξρηι εχω ασεράσια στι μπο

\* Χερε θήετα Σαβρίης ερχερετίζιν ώμος χε χερε θηεθμές ήξμοτ οτος Πος ψοπ ήεμε

Δ ήτμα τ ταρ μΦιωτ ωωπι δεν πεχινερβοκι λτπαροτείλ μΠιωμρι ωωπι νέρμι δεν τεμπτρα The Holy Spirit,
 Filled every part of,
 Your soul and your body,
 O Mary the Mother of God.

Therefore we also keep

Both a Spiritual

And prophetic feast,

Proclaiming with King David, saying,

"Arise, O Lord into Your rest, You and the Ark, Of You holy place,"Which is you, O Mary.

We ask you, remember us,
O our faithful advocate,
Before our Lord Jesus Christ,
That He may forgive us our sins.

ΔΠιπηλ εθτ

μος μμλι ηιβεη ήτε

τεψτχη ηεμ τεςωμλ(πεςωμλ??)

ω Πληίλ θμλτ μΦ†

Сове фаі тенершаі гшн Бен отщаі йппатікон отог йпрофнтікон етсоп еншш'євой ней потро Датід

\* Χε τωνκ Πος επεκώτον νθοκ νεω †κιβωτος ντε πιωλέθτ ντλκ ετε νθο τε ω Uapià

# The Second Crown Batos Підшвін штегот штельватом пішагь

Hail to her who is full of grace,
 The undefiled virgin,
 The tabernacle not made by hands,
 The treasure of righteousness.

Hail to the beautiful dove, Who evangelized us with, The peace of God, Toward mankind. \* Χερε θΗ Εθμε Ν΄ ΝΟΤ †παρθε ΝΟΣ Ν΄ ΑΤΘ Μ΄ ΧΕΒ † ĊΚΗΝΗ Ν΄ ΑΘΜΟΥΝΚ Ν΄ ΧΙΧ ΠΙΑ ΄ ΖΟ Ν΄ ΤΕ ΤΕΘΕΝΗΙ

Хере †бромпі евнесшс внетасгіщеннотці нан й†гірнин йте Ф† внетасщшпі ща піршмі Hail to the Mother of He Who was incarnate of His own will, And the goodwill of His Father, And the Holy Spirit.

Hail to the golden pot,
Containing the manna,
And the rod of almond wood,
Which Moses used to strike the rock.

Hail to you, O full of grace,
 The spiritual table,
 That gives life to everyone,
 Who eats thereof.

Hail to the incorrupt vessel,
Of the Divinity,
That heals everyone,
Who drinks thereof.

♣ Eagerly I will start

To move the instrument of my tongue,

And sing of the honour of this Virgin

And the types of her.

For she is our pride,
Our hope and our firmness
In the Parousia of our God,
Our Lord Jesus Christ.

\* Χερε θυατ μφη ετα σερρωμι δεν πεσονωμ μυνιμύνος νευ πτυα ΤΠεσιωτ νευ Πιπνα εθν

Хере пістамнос іннотв ере піманна гнп інфитц нем піўвшт інфе мпеткіншн ета Иштснс меў †петра інфитц

\* Χερε κεχαριτωμενη ὑ †τραπεζα μπατικη ετ† μπωνδ νοτον νιβεν εθναοτωμ εβολνόητο

Хере піктшіхліон йафвартон йте фисонотф етефафрі йотон нівен сонасш євохифитр

Χε ήθος ταρ πε πεηψοτώος νεπ τενσεχμίς νεπ μεντάχρο δεν τμάροτεια η Πεννότ Πενός Ιμό Πχο ♣ We exalt you befittingly,
With your cousin Elizabeth,
"Blessed are you among women,
And blessed is the fruit of your womb."

We give you salutation,
With Gabriel the Angel,
"Hail to you O full of grace,
The Lord is with you."

Hail to you O Virgin,
 The very and true queen,
 Hail to the pride of our race,
 Who has borne to us Emmanuel.

We ask you, remember us,
O our faithful advocate,
Before our Lord Jesus Christ,
That He may forgive us our sins.

♣ Денбісі ймо бен отеміща
 нем Єхісавет тестутеннс
 хе тесмаршотт йоо бен нівіомі
 йсмаршотт йхе поттав йте тенехі

Τεη η κ μπιχερετισμός η και Σαβρίη λ πιαττέλος χε χερε κεχαριτωμένη ο Κτρίος μετά cor

+

# The Ending of the Batos Theotokias

O our Lord, Jesus Christ, Who carries the sin of the world, Count us with Your sheep, Who will stand on Your right.

And in Your Second Coming,
Awesome and full of glory,
May we never hear You say,
"I do not know you."

W πενος Ιτς Πχς ΦΗΕΤώλι μφνοβι μπικοςμός οπτεν Ζων νέμ νέκζιηβ ναι ετςαοτίναμ μμοκ

+ Дкщайі бен текнагснот†

шпаротсій етоі йго†

шпенфренсштен бен отсфертер

же †сшоти йнштен ан

Rather, may we be worthy To hear Your tender voice, Which is full of joy, Proclaiming and saying,

\* "Come to me, O blessed of My Father, And inherit the life That endures forever."

> All the martyrs will come, Bearing their afflictions, And the righteous will come, Bearing all their virtues.

The Son of God will also come, In His glory and His Father's, To reward everyone According to his works.

O Christ, Logos of the Father, The Only-Begotten God, Grant us Your peace, Which is full of joy.

♣ As You have said to
Your holy Apostles,
Likewise say to us,
"My peace I give to you.

Уууч пуренерцепцфу исфден бформу волея уруба брати Эууч пуренерцепцфу исфден Эууч пуренердепцфу Эууч пурене

• Хе амшин варон инетсмаршотт ите Паншт аріканрономи мпішив сомин євой ща енев

Сенаі нже німарттрос етцаі за нотвасанос сенаі нже нідікеос етцаі за нотподитіа

Φ ἀναὶ νας πωμρι μΦ†

δεν πεσώος νευ φα Πεσιωτ

ἀνα† μπιοται

κατα νεσέβηση ετασαιτος

κατα νεσέβηση ετασαιτος

κατα νεσέβηση κα νεσέβηση κατα νεσέβηση κα νεσέβηση κατα νεσέβη κα νεσέβηση κατα νεσέβηση κατα νεσέβηση κα νεσέβηση κατα νε

 $\Pi \overline{\mathbf{x}}$ с піхотос йтє Фішт пішонотєнне йнот $\mathbf{t}$  екѐ $\mathbf{t}$  нан йтєквірнин

Ката фрн† єтактніс
 ймекатіос йапостолос
 ек'єхос нан апотрн†
 хє тагірнин †† амос иштен

My peace, which I have taken From My Good Father, I leave with you, Now and forever."

♣ O angel of this {day/evening},
Flying up with this hymn,
Remember us before the Lord,
That He may forgive us our sins

The sick, O Lord, heal them;
Those who slept, repose them;
And all our brethren in distress,
Help us, O Lord, and all of them.

May God bless us; And let us bless His Holy Name; And may His praise be Always on our lips.

Blessed is the Father and the Son, And the Holy Spirit, The perfect Trinity: We worship Him, we glorify Him.

Continue to the Creed on page 155.

Јагірнин анок өнетаютс гітен Паішт анок †хш ймос немштен †нот нем ща енег

Τιαττελος ήτε παι εξοον ετεμα επόις η και παιενιμής αριπεή επόις η απότη αριπεή επό η απότη από

Инетушин маталбиот инетатенкот Пос майтон ишот иенсинот етхн бен гохгех инбен Паос аривовин ерон иемиот

 ♣ Εσίες μον ερον ήχε Φ†
 πενινάς μον επεσραν εθν ής περίς μον ημού επεσίς μον ημού

Хе дсиаршотт нхе Фішт ней Пунрі ней Піпнетиа евотав Дтріас етхнк евох тенотиут ййос тенфют нас

# Early Morning: Prime (The First Hour)

#### The Psalms of Prime

The worshipper prays the introductory prayers,

| The Lord's Prayer                                      | 8   |
|--|-----|
| The Prayer of Thanksgiving                             | 9   |
| Psalm 50: Have mercy on me, O God, in Your great mercy | 343 |

Then is said.

- O come, let us worship! O come, let us ask Christ our God!
- O come, let us worship! O come, let us ask Christ our King!
- O come, let us worship! O come, let us ask Christ our Saviour!

O our Lord Jesus Christ, the Logos of God, our God, through the intercessions of Saint Mary and of Your saints, guard us, let us give glory with a good glorification. Have mercy upon us according to Your will forever. The night has gone by; we give thanks unto You, O Lord, and we pray You to guard us this day without sin and deliver us.

#### EPHESIANS 4:15

I ask you, I who am bound in the Lord, to walk worthy of the calling to which you have been called, with all lowliness of heart, and meekness, and long suffering, bearing with one another in love; hastening to keep the unity of the Spirit in the perfect bond of peace. One body, and one Spirit, even as ye have been called in one hope of your calling; one Lord, one faith, one baptism.

One is God the Father of everyone. One is His Son, Jesus Christ the Logos, Who was incarnate, died and rose again from the dead on the third day, and has raised us up with Him. One is the Holy Spirit the Paraclete, the One and the same in His hypostasis; Who proceeds from the Father. He sanctifies the whole creation; He teaches us to worship the Holy Trinity in One Godhead and One nature. We praise Him; we bless Him forever. Amen.

The hymn of the morning of the blessed day I offer to Christ, my King and my God: I will hope in Him that He may forgive me my sins.

#### The Psalms

| Psalm 1: Blessed is the man                      | 271 |
|--|-----|
| Psalm 2: Why do the nations rage                 | 271 |
| Psalm 3: Lord, how many are those who trouble me | 273 |
| Psalm 4: You hear me when I call                 | 273 |

| Psalm 5: Give ear to my words, O Lord                                  | 274 |
|--|-----|
| Psalm 6: O Lord, rebuke me, but not in Your anger                      | 276 |
| Psalm 8: O Lord, our Lord, how wonderful is Your Name                  | 278 |
| Psalm 11: Save me, O Lord, for there is no saint left                  | 283 |
| Psalm 12: How long, O Lord? Wilt You forget me for ever?               | 284 |
| Psalm 14: Lord, who can dwell in Your sanctuary                        | 285 |
| Psalm 15: Keep me, O Lord, for my trust is in You                      | 286 |
| Psalm 18: The heavens declare the glory of God                         | 293 |
| Psalm 24: To You, O Lord, I lift up my soul                            | 301 |
| Psalm 26 The Lord is my light and my Saviour; whom shall I fear        | 304 |
| Psalm 62: O God, my God, I rise early and pray to You                  | 358 |
| Psalm 66: My God have compassion on us and bless us                    | 363 |
| Psalm 69: O God, come to my help                                       | 370 |
| Psalm 112: Praise the Lord, you children                               | 441 |
| Psalm 142: Lord, hear my prayer; give ear to my petition in Your truth | 484 |

#### THE GOSPEL FROM SAINT JOHN 1:1 17

In the beginning was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. All things became through Him; and without Him there did not become anything of that which became. In Him was the life; and the life was the light of men. And the light shines in darkness; and the darkness comprehended it not.

There was a man sent from God, whose name was John. The same came for a witness, to bear witness of the Light, that every one might believe through him. He was not the Light, but (came) that he might bear witness of the Light.

That was the true Light, which lights every man who comes into the world. He was in the world, and the world became through Him, and the world knew Him not. He came to those who were His own, and those who were his own received Him not. But those who received Him, to them He gave power to become sons of God, those who believe on His Name: those who were not of blood, nor of the desire of the flesh, nor of the desire of man, but they were born of God.

And the Word became flesh, and dwelt among us, and we saw His glory, as the glory of an only begotten Son of His Father, full of grace and truth. John bare witness of Him, and cried, saying, This is He of whom I said, that He Who com¬es after me was before me: for He was indeed earlier than me. For we all received of his fulness, and grace instead of grace. For the

Law was given through Moses, but grace and truth became through Jesus Christ. *Glory be to God forever.* 

Or else the Gospel According to Saint Mark 1:1-3 is said<sup>11</sup>,

The beginning of the Gospel of Jesus Christ, the Son of God, According as it is written in Isaiah the prophet: Lo, I will send My angel before Your face, who shall prepare Your way before You. The voice of him who crieth in the desert: Prepare the way of the Lord: make straight His paths. *Glory be to God forever*.

Then shall this Psali Adam be said (or else the whole Doxology of Prime on page 246. Originally, "O True Light" was said here in its entirety, rather than just the first parts, without the rest of modern Doxology of Prime),

O True Light Which lights every man who comes to the world, You have come to the world through Your love toward man; all the creation rejoiced at Your coming. You have saved Adam from the deceitfulness and set free Eve from the pangs of death. You have given to us the spirit of sonship. We praise You, we bless You with Your angels.

Doxa Patri ke Eio ke Agio Pnevmati. (Glory be to the Father and to the Son and to the Holy Spirit.)

When the morning hour comes upon us, O Christ our God, the True Light, let the thoughts of light arise within us, and let not the darkness of passions cover us; that we may praise You rationally with David, crying unto You and saying, "My eyes are awake before the dawn time that I might meditate on all Your words." Hear our voices according to Your great mercy; save us, O Lord our God, according to Your compassions.

Ke nin ke a ee ke ees toos e onas ton e onon. Amen. (Both now and always, and unto the ages of ages. Amen.)

You are the Mother of the Light, who is honoured throughout the entire world. Glorifications are offered unto you, O Mother of God, the Second Heaven. For you are the pure and unchanging flower, and the ever virgin Mother. For the Father has chosen you, and the Holy Spirit has overshadowed you, and the Son of God came and was incarnate of you. Ask Him to grant deliverance unto the world that He has created, and to save it from the temptations. That we may praise Him with a new hymn, and bless Him, now and forever. Amen.

If praying Great Prime, i.e. continuing directly to the Raising of Morning Incense, omit the following, all of which are said in, or have equivalents in the Raising of Incense (which is simply the great or communal version of Prime), and proceed directly to the Raising of Morning Incense on page 260.

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 $<sup>^{11}</sup>$  The alternative, shorter Gospel reading is suppressed in current practice

#### THE GLORIA

Let us praise with the angels, saying, "Glory to God in the highest, peace on earth and goodwill toward men." We praise You, we bless You, we serve You, we worship You, we confess to You, we glorify You, we give thanks to You for Your great Glory, O Lord, Heavenly King, God the Father, the Pantocrator; O Lord, the Only Begotten Son, Jesus Christ; and the Holy Spirit.

O Lord God, Lamb of God, Son of the Father, Who takes away the sin of the world, receive our prayer. You Who sits at the right hand of the Father, have mercy on us. For You only art Holy; You only art the Lord, O Jesus Christ, and the Holy Spirit, to the Glory of God the Father. Every day will I bless You, and I will praise Your Name forever; yea, forever and ever. Amen.

From the night season my soul awakes early unto You, O my God, for Your precepts are a light upon the earth. I continually pursue Your ways for You have become a help unto me. My voice shalt You hear in the morning. Early will I stand before You, and You shalt see me.

#### THE TRISAGION

Holy God, Holy Mighty, Holy Immortal, Who was born of the Virgin, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, Who was crucified for us, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, Who rose from the dead and ascended into the heavens, have mercy on us.

Glory be to the Father, and to the Son, and to the Holy Spirit, both now, and always, and unto the ages of ages. Amen.

- O Holy Trinity, have mercy on us. All Holy Trinity, have mercy on us. O Holy Trinity, have mercy on us.
  - O Lord, remit our sins. O Lord, pardon our iniquities. O Lord, forgive us our trespasses.
- O Lord, visit the sick of Your people, heal them for the sake of Your Holy Name. Our fathers and our brethren who have fallen asleep, O Lord, repose their souls.
- O You Who art sinless, Lord have mercy on us. O You Who art sinless, Lord help us and receive our supplications. For Your is the glory, the dominion, and the triple holiness. Lord have mercy. Lord have mercy. Lord bless. Amen.

Our Father Who art in Heaven...

#### HAIL TO YOU

Hail to you! We ask you, O saint full of glory, the ever-virgin Mother of God, the Mother of Christ; offer our prayers unto your beloved Son, that He may forgive us our sins. Hail to the holy Virgin, who has brought forth unto us the True Light, Christ our God. Ask the Lord on our behalf, that He may have mercy on us and forgive us our sins.

O Virgin Mary, the holy Mother of God, the faithful advocate for all mankind, intercede on our behalf before Christ, Whom you have brought forth, that He may forgive us our sins.

#### THE INTRODUCTION TO THE CREED

We exalt you, the Mother of the True Light. We glorify you, O saint and Mother of God, for you brought forth unto us the Saviour of the whole world; He came and saved our souls.

Glory to You, our Master, our King, Christ; the pride of the Apostles, the crown of the martyrs, the joy of the righteous, the firmness of the churches, the forgiveness of sins.

We proclaim the Holy Trinity in One Godhead. We worship Him. We glorify Him. Lord have mercy. Lord have mercy. Lord bless. Amen.

#### THE ORTHODOX CREED

We believe in one God; God the Father, the Pantocrator, Who created heaven and earth, and all things seen and unseen.

We believe in one Lord; Jesus Christ, the Only-Begotten Son of God, begotten of the Father before all ages. Light of Light; True God of True God; begotten, not created; of One Essence with the Father; by Whom all things were made; Who, for us men and for our salvation, came down from heaven, and was incarnate of the Holy Spirit, and of the Virgin Mary, and became man.

And He was crucified for us under Pontius Pilate; suffered and was buried; and the third day He rose from the dead, according to the scriptures. Ascended into the heavens, He sits at the right hand of His Father; and He is coming again in His glory, to judge the living and the dead; Whose kingdom shall have no end.

Yes, we believe in the Holy Spirit; the Lord, the Giver of Life; Who comes forth from the Father; Who, with the Father and the Son, is worshipped and glorified; Who spoke by the prophets.

And in One, Holy, Catholic and Apostolic Church, we confess one Baptism for the remission of sins. We look for the resurrection of the dead, and the life of the coming age. Amen.

Then shall be said: Lord hear us, have mercy on us and forgive us our sins, Lord have mercy (Kirié Eleison) 50 (or 41<sup>12</sup>) times, Holy, Holy, Holy, (page 12), the Lord's Prayer and this absolution:

O Lord, God of hosts, Who art before the ages and Who abides forever; Who created the sun for a light of the day, and the night for a rest of all flesh; we give thanks to You, O King of the ages, for You have made us to pass this night in peace, and have brought us to the beginning of the day. Therefore, we ask You, O our Master, King of the ages: may the light of Your truth shine upon us, and enlighten us with the light of Your divine knowledge. Make us

<sup>&</sup>lt;sup>12</sup> Originally "Lord have mercy" was recited 50 times. Under the influence of Roman Catholic missionaries, this came to be 41 times for the 39 lashes, crown of thorns, and sword pierced side.

children of light, children of the day, that we may pass this day in purity, righteousness and good disposition, that we may complete the rest of our life without stumbling.

By the grace, compassion and love of mankind, of Your Only Begotten Son, our Lord, God and Saviour, Jesus Christ. Through Whom the glory, the honour, the dominion, and the adoration are due unto You, with Him, and the Holy Spirit, the Life Giver, Who is of One Essence with You, now, and at all times, and unto the age of all ages. Amen.

#### Another absolution:

O You Who sends the light and it goes; Whose sun rises upon the righteous and upon the wicked; Who created the light, which enlightens the world; enlighten our hearts, O Master of all, and graciously grant unto us that we may be pleasing to You, this present day. Watch over us against every evil thing, every sin, and every adverse power; in Christ Jesus our Lord, with Whom You art blessed together with the Holy Spirit, the Life Giver, Who is Co Essential with You now, and forever, and unto the ages of ages. Amen.

Then shall be said "The Prayer of the hours" (page 13).

#### The Doxology of Prime

The Doxology of Prime may be said after the Prime Hour (little Prime) and before the Raising of Morning Incense as a stand-alone service. Or it may be inserted into the Prime Hour after the Gospel, in place of the abbreviated form there, or it may be inserted into the Raising of Morning Incense TODO.

+

We worship the Father and the Son And the Holy Spirit.
Hail to the church,
The house of the angels.

♣ Hail to the Virgin,
 Who brought forth our Saviour.
 Hail to Gabriel,
 Who brought good news her.

Hail to Michael The Archangel. Hail to the Twenty Four Priests. + Hail to the Cherubim. + Hail to the Seraphim. Hail to all The heavenly orders. Hail to John, The great fore-runner. Hail to the Twelve Apostles. + Hail to our father, + Mark the Evangelist, The destroyer Of the idols. Hail to Stephen The First Martyr. Hail to George, The morning star. + Hail to all the choirs + Of the martyrs.

Hail to Abba Antony, And the three Macarii. Hail to all the choirs
Of the cross-bearers.
Hail to all the saints
Who have pleased the Lord.

♣ Through their prayers,
 O Christ our King,
 Accord to us mercy
 In Your Kingdom.

+++

+

O You True Light,
Which lights every man
That comes
Into the world.

♣ You have come to the world

Through Your love for man:

All the creation

Has rejoiced at Your coming.

You have saved Adam
From the beguiling;
You have delivered Eve
From the pangs of death.

♣ You have granted us
♣ The Spirit of Sonship:
We praise You; we bless You
With Your angels.



When the morning hour
Comes upon us,
O Christ our God,
The True Light,

♣ Let the thoughts of light
Abound within us,
And let not the darkness

Of passion cover us.

That we may praise You With understanding, With David, And proclaim and say,

\* "Mine eyes preventThe night watches,That I mightMeditate in Your word."

Hear our voices,
According to Your great mercy.
Save us, O Lord our God,
According to Your compassion.

♣ O beneficent

And caring God,

Who deals well

With His chosen ones.

+

+

+

The Strong Refuge for those Who take refuge in Him, Who longs for the salvation And deliverance of all.

Through Your goodness

You have prepared for us the night:

Grant us to pass this day

Without sin.

That we may be worthy
To lift up our hands
Before You, without anger
Or evil thoughts.

At this dawn, make straight

Our inner and outer ways,

In Your joyful

protection.

That we may proclaim Your righteousness every day, And glorify Your power, With David the prophet,

♣ Saying, "In Your peace,

O Christ our Saviour,

We slept and rose up,

For we have trusted in You."

+

+

Behold how good And how pleasant it is For brethren to dwell Together, in unity;

♣ United in trueBiblical love,Like untoThe Apostles.

Like the precious ointment, On the head of Christ, Which ran down the beard, Even down unto the feet;

♣ Which anoints everyday
 The elders and the children,
 The young men
 And the deacons.

Ye whom the Holy Spirit Has attuned together, As a harp, Always blessing God,

♣ In psalms and hymns
And spiritual songs,
Day and night, with a heart
That keeps not silent.

+

+

+

+++

O honoured Mother of the Light, You have borne The Infinite Logos.

♣ After having born Him,

+

You remained virgin:

We magnify you

With praises and blessings.

For of His own will,
And the good will of His Father
And the Holy Spirit,
He came and saved us.

♣ And we too,

+

Hope to win mercy,

Through your intercessions

With the Lover of mankind.

The elect incense

Of your virginity

Ascended to

The throne of the Father;

+ Better than the incense

+

Of the Cherubim

And the Seraphim,

O Virgin Mary.

Hail to the New Heaven, Whom the Father has made Into a place of rest For His Beloved Son.

+ Hail to the Royal Throne

+

Of Him Who is

Carried by

The Cherubim.

Hail to the advocate

Of our souls:

You are, indeed,

The pride of our race.

+ Intercede on our behalf,

+

O full of grace,

Before our Lord,

Jesus Christ.

That He may confirm us

In the Orthodox Faith,

And grant us

The forgiveness of our sins.

+ Through the intercessions

+

Of the Mother of God, Saint Mary,

O Lord, grant us

The forgiveness of our sins.

+++

Thousands of thousands, And myriads of myriads Of holy angels And archangels

## + Stand before

+

The throne of

The Pantocrator,

Proclaiming and saying,

"Holy, Holy, Holy: In truth,

The glory and honour

Befit the Trinity."

## **+** Through the intercessions

+

Of all the choirs of the angels,

O Lord, grant us

The forgiveness of our sins.

+++

Our fathers, the Apostles, Preached unto the nations

The Gospel

Of Jesus Christ.

+ Their sound went forth

+

Into all the earth,

And their words unto

The ends of the world.

Through the prayers

Of my lords and fathers, the Apostles,

O Lord, grant us

The forgiveness of our sins.



+

Unfading crownsThe Lord has placedUpon all the choirs

He saved and delivered them, For they took refuge in Him, And they kept a feast With Him, in His Kingdom.

Of the martyrs.

Through the prayers of all

The choirs of the martyrs,

O Lord, grant us

The forgiveness of our sins.



Your saints bless You, And declare The glory Of Your Kingdom. ♣ Your Kingdom, O my Lord,
Is an eternal Kingdom,
And Your Lordship is
Unto the age of ages.

Through the prayers of all

The choirs of the cross-bearers, and the righteous and the just,

O Lord, grant us

The forgiveness of our sins.

### +++

+

♣ Hail to Elijah,
 The prophet of temperance,
 And to Elisha,
 His elect disciple.

The great Evangelist
Of the land of Egypt,
Mark the Apostle,
The first prelate.

♣ You are the Mother of God,
O Virgin Mary:
Ask Him, on our behalf,
To have mercy on our race.

The great patriarch,
Our father Abba Severus,
Whose holy teachings
Enlightened our minds.

♣ Our father, the confessor,
Abba Dioscorus,
Defended the faith
Against the heretics.

And all of our fathers,
Who pleased the Lord,
May their holy blessings
Be a keeper unto us.

♣ Through their prayers,
♣ Grant us, O God,
The forgiveness of our sins,
And give us Your peace.

## The Conclusion of the Adam Theotokia

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+

Your mercies, O my God, Are countless, And Your tender mercies Are too plenteous.

♣ All the rain drops
Are counted by You,
And the sand of the sea
Is before Your eyes.

How much more are The sins of my soul Manifest before You, O my God. ♣ The sins that I have committed,
 Remember not, my Lord,
 And count not

For You have chosen the publican, The adulteress You have saved, And the right-hand thief You have remembered.

My iniquities.

♣ And me too, The sinner, Teach me, O my Master,

For You desirest not The death of a sinner, But rather that he Return and live.

To offer repentance.

\*Restore us, O God,
To Your salvation,
And deal with us
According to Your goodness.

For You art good And merciful. Let Your tender mercies Speedily prevent us. +

+

♣ Have compassion on us all,
 O Lord God our Saviour,
 And have mercy upon us
 According to Your great mercies.

+

Remember those,
O Christ our Master.
Be You amongst us,
And proclaim and say,

♣ "My peace I♣Give unto you.

The peace of My Father I leave unto you."

O King of Peace,
Give us Your peace,
Accord to us Your peace,
And forgive us our sins.

♣ Disperse the enemies
♠
Of the Church.
Fortify Her,
And establish Her forever.

Emmanuel our God
Is now in our midst,
In the glory of His Father,
And the Holy Spirit.

♣ May He bless us all,
 Purify our hearts,
 And heal the sicknesses
 Of our souls and our bodies.

We worship You, O Christ,
With Your Good Father,
And the Holy Spirit,
For You have {come} and saved us.

# The Raising of Morning Incense

+

This service is commonly called "Matins" on account of the fact that it is typically celebrated directly before the Liturgy, which is the time when the Byzantine Rite prays Matins. However, the Raising of Incense is uniquely Coptic, and the Matins Hour comes before it, at the Rising of the Sun, while Prime is properly prayed while the Sun is already in the sky.

# Mid-Morning (The Third Hour)

### The Psalms of the Third Hour

The worshipper prays the introductory prayers,

| The Lord's Prayer                                      | 8   |
|--|-----|
| The Prayer of Thanksgiving                             | 9   |
| Psalm 50: Have mercy on me, O God, in Your great mercy | 343 |

Then shall be said,

The hymn of the third hour of the blessed day: I offer to Christ, my King and my God: I will hope in Him that He may forgive me my sins.

# The Psalms

| 294                        |
|----------------------------|
| 299                        |
| 300                        |
| 303                        |
| 307                        |
| 808                        |
| 315                        |
| 328                        |
| 331                        |
| 334                        |
| 336                        |
| 337                        |
| 2<br>3<br>3<br>3<br>3<br>3 |

# THE GOSPEL FROM SAINT JOHN 14:26 15:3

But, if the Paraclete comes—the Holy Spirit, whom the Father will send in my Name—He Himself shall teach you all things, and remind you of every thing which I have said to you.

I will leave My peace with you, My peace I will give to you: not as the world gives, will I give to you. Let not your heart tremble, neither let it be fearful.

Ye have heard how I said to you, I will go, and come unto you. If you love me, you would rejoice, because I will go unto the Father: for my Father is greater than I. And now I have told you before it happens, that, should it happen, you may believe.

I will not talk much with you any longer: for the ruler of this world comes, and he has nothing in Me. But that the world may know that I love My Father; and like My Father gave me commandment, thus I do. Arise, let us go from here.

I am the True Vine, and my Father is the vine-dresser. Every branch in me which will not bring forth fruit He will cut off: and every one which will bring forth fruit, He will purify, so that it may bring forth more fruit.

Already you have been purified because of the word which I have spoken unto you. Abide in me, and I in you. *Glory be to God forever*.

Then shall these Troparia be said,

Your Holy Spirit, O Lord, Whom You have sent forth upon Your holy disciples and the honourable Apostles at the third hour, This take not away from us, O Good One, but renew Him within us. A pure heart You shalt create in me, O God; and an upright spirit renew within me. Cast me not away from Your face; and Your Holy Spirit take not from me.

Doxa Patri ke Eio ke Agio Pnevmati. (Glory be to the Father and to the Son and to the Holy Spirit.)

O Lord, who have sent forth Your Holy Spirit upon Your holy disciples and the honourable Apostles at the third hour, This take not away from us, O Good One, but we ask You to renew Him within us, O our Lord Jesus Christ, the Son of God, the Logos: an upright and life giving Spirit, a prophetic and reverent Spirit; a sanctifying and righteous and governing Spirit, Who has power over every thing. For You art He Who enlightens our souls, Who enlightens every man who comes into the world. Have mercy upon us.

Ke nin ke a ee ke ees toos e onas ton e onon. Amen. (Both now, and always, and unto the ages of ages. Amen.)

O Mother of God, you are the True Vine, who has born the cluster of life. We ask you, O full of grace, together with the Apostles, concerning the salvation of our souls. Blessed be the Lord our God. Blessed be the Lord day by day. The God of our salvation shall prepare our way for us.

Ke nin ke a ee ke ees toos e onas ton e onon. Amen. (Both now, and always, and unto the ages of ages. Amen.)

The earlier rite is to here say the Trisagion, then "Our Father...", then

O Heavenly King, the Paraclete, the Spirit of Truth, who art in every place and Who fills all; the Treasure of the good and the Giver of Life, graciously come and be in us, and cleanse us from every blemish, O Good One, and save our souls.

Doxa Patri ke Eio ke Agio Pnevmati. (Glory be to the Father and to the Son and to the Holy Spirit.)

As You were with Your disciples, O Saviour, and gavest them peace, come also and be with us; save us and deliver our souls.

Ke nin ke a ee ke ees toos e onas ton e onon. Amen. (Both now, and always, and unto the ages of ages. Amen.)

If we stand in Your holy temple, we count ourselves as those who stand in heaven. O Mother of God, you are the gate of heaven; open to us the door of mercy.

Then shall be said: Lord hear us, have mercy on us and forgive us our sins, Lord have mercy (Kirié Eleison) 50 (or 41<sup>13</sup>), Holy, Holy, Holy, (page 12), the Lord's Prayer and this absolution:

O God of all compassion and Lord of all comfort, Who has comforted us at all times with the comfort of Your Holy Spirit, we give thanks to You that You have made us to stand for prayer at this holy hour in which You did pour forth the grace of Your Holy Spirit in abundance, upon Your own holy disciples and honourable and blessed Apostles, in the likeness of tongues of fire.

We ask and entreat You, O Lover of mankind: receive our prayers, and send down upon us the grace of Your Holy Spirit. Cleanse us from all stain of body and spirit, and translate us into a spiritual state, that we may walk in the Spirit and not ful¬fill the desire of the flesh. And make us worthy to serve You in purity and righteousness all the days of our life. For to You are due the glory, the honour and the might, with Your Good Father and the Holy Spirit. Now and ever, and unto the ages of ages. Amen.

Then shall be said "The Prayer of the hours" (page 13).

<sup>&</sup>lt;sup>13</sup> Originally "Lord have mercy" was recited 50 times. Under the influence of Roman Catholic missionaries, this came to be 41 times for the 39 lashes, crown of thorns, and sword pierced side.

# Noon (The Sixth Hour)

### The Psalms of the Sixth Hour

The worshipper prays the introductory prayers,

| The Lord's Prayer                                      | 8   |
|--|-----|
| The Prayer of Thanksgiving                             | 9   |
| Psalm 50: Have mercy on me, O God, in Your great mercy | 343 |

Then shall be said.

The hymn of the sixth hour of the blessed day: I offer to Christ, my King and my God: I will hope in Him that He may forgive me my sins.

# The Psalms

| Psalm 53: O God, save me by Your Name                          | 346 |
|--|-----|
| Psalm 56: Have mercy on me, O God, have mercy on me            | 351 |
| Psalm 60: Hear, O God, my supplication                         | 356 |
| Psalm 62: O God, my God, I rise early and pray to You          | 358 |
| Psalm 66: My God have compassion on us and bless us            | 363 |
| Psalm 66: My God have compassion on us and bless us            | 363 |
| Psalm 83: How I love Your dwellings, O Lord of Hosts           | 395 |
| Psalm 84: O Lord, You has blessed Your land                    | 396 |
| Psalm 85: Incline Your ear, O Lord, and answer me              | 397 |
| Psalm 86: His foundations are on the holy mountains            | 398 |
| Psalm 90: He who dwells in the help of the Most High will live | 406 |
| Psalm 92: The Lord is reigning, He is robed in beauty          | 409 |

# The Gospel From Saint Matthew 5:1 16

But when He saw the multitudes, He went up upon mountain: and when He had sat down, His disciples came unto Him: And He opened His mouth, and taught them, saying,

Blessed are the poor in spirit: for theirs is the kingdom of the heavens.

Blessed are they who mourn now: for they shall be comforted.

Blessed are the meek: for they shall inherit the earth.

Blessed are those who hunger and those who thirst for righteousness: for they shall be satisfied.

Blessed are the merciful: for they shall obtain mercy.

Blessed are the pure in their heart: for they shall see God.

Blessed are the peacemakers: for they shall be called the children of God.

Blessed are those who have been persecuted because of righteousness: for theirs is the kingdom of the heavens. Blessed are you if they should persecute you, and despise you, and say every evil against you falsely, for my sake. Rejoice, and be glad: for great is your reward in the heavens: for so they persecuted the prophets who were before you.

You are the salt of the earth: but if the salt have lost its taste, with what shall they salt it? It is not good for anything, but to be cast out, and to be trodden under foot of men.

You are the light of the world. A city that is set upon a mountain cannot be hidden. Neither do men light a lamp, and put it under a bushel, but on a lamp stand; and it gives light unto every one who is in the house. Thus let your light shine before men, that they may see your good works, and glorify your Father Who is in the heavens. *Glory be to God forever*.

Then shall these Troparia be said,

O You Who on the sixth day, at the sixth hour was nailed to the cross because of the sin Adam dared to commit in Paradise, tear away the handwriting of our sins, O Christ our God and deliver us.

I have cried unto God and the Lord has heard me. O God hear my prayer and disregard not my supplication; attend unto me and hear me.

At evening and at morning and at noontime will I say my words and He will hear my voice and save my soul in peace.

Doxa Patri ke Eio ke Agio Pnevmati. (Glory be to the Father and to the Son and to the Holy Spirit.)

O Jesus Christ, our God, Who was nailed to the cross at the sixth hour, You have slain sin by the Wood, and through Your death gavest life to the dead, which is man, whom You have created with Your own hands, who had died through sin.

Slay our passions by Your saving and life giving sufferings and by the nails with which You were nailed rescue our minds from the harm of material things and worldly lusts, unto the remembrance of Your heavenly judgments, according to Your compassions.

Ke nin ke a ee ke ees toos e onas ton e onon. Amen. (Both now, and always, and unto the ages of ages. Amen.)

In as much as we have not any opportunity, because of the multitude of our sins, yet, because of you, O Virgin Mother of God, we have boldness before Him Whom you did bear, for abundant are your intercessions, strong and acceptable with our Saviour, O pure Mother. Reject not the sinners in your intercessions with Him Whom you did bear, for He is merciful; for He has power to save us: for truly He suffered on our behalf that He might deliver us. Let

Your compassions speedily precede us for we have become exceedingly poor. Help us, O God, our Saviour, for the sake of the glory of Your Name, O Lord You will deliver us and forgive our sins, for the sake of Your Holy Name.

Ke nin ke a ee ke ees toos e onas ton e onon. Amen. (Both now, and always, and unto the ages of ages. Amen.)

According to an earlier rite, here the Trisagion, and "Our Father..." is said before,

You have wrought salvation in the midst of the earth, O Christ our God, in the stretching forth of Your holy hands upon the Cross. Therefore all nations cry out saying, "glory to You, O Lord!"

Doxa Patri ke Eio ke Agio Pnevmati. (Glory be to the Father and to the Son and to the Holy Spirit.)

We worship Your incorruptible form, O You Good. We ask for the forgiveness of our sins, O Christ our God. For, truly, of Your will You were pleased to go upon the Cross to deliver those Whom You have created from the servitude of the enemy. We cry unto You, we give thanks unto You, for You have filled all with joy, O Saviour, when You did come to help the world. Lord, Your is the glory.

Ke nin ke a ee ke ees toos e onas ton e onon. Amen. (Both now, and always, and unto the ages of ages. Amen.)

You are she who is full of grace, O Virgin Mother of God; we praise you. For through the Cross of your Son, Amenti has fallen and death was destroyed. We who were dead were raised and were made worthy of eternal life, and have obtained the joy of the first Paradise. Therefore we, in thanksgiving, glorify Him, the mighty Christ our God.

Then shall be said: Lord hear us, have mercy on us and forgive us our sins, Lord have mercy (Kirié Eleison) 50 (or 41<sup>14</sup>), Holy, Holy, Holy, (page 12), the Lord's Prayer and this absolution:

We give thanks to You, O our Master, the Pantocrator, the Father of our Lord, God and Saviour Jesus Christ, and we glorify You, for You have appointed the hours of the suffering of Your Only Begotten Son to be times of prayer and supplication. Receive our prayers and blot out the handwriting of our sins that is written against us, even as You have rent it apart at this holy hour through the Cross of Your Only Begotten Son, Jesus Christ our Lord and the Saviour of our souls, by Whom You have shattered all the power of the enemy.

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<sup>&</sup>lt;sup>14</sup> Originally "Lord have mercy" was recited 50 times. Under the influence of Roman Catholic missionaries, this came to be 41 times for the 39 lashes, crown of thorns, and sword pierced side.

And give us, a bright and blameless life, and a calm living, that we may please Your holy worshipful Name, and may stand before the awesome and righteous judgment seat of Your Only Begotten Son, Jesus Christ our Lord, without falling into judgement; and that we may glorify You with all Your saints; You, the unoriginate Father, and the Son, Who is Co Essential with You, and the Holy Spirit, the Giver of Life, now, and ever, and unto the ages of ages.

An earlier rite adds "Lord, have mercy (x3). Holy Htirgy, God, our hope, have mercy upon Your creatures and save our souls. Kyrie eleison." However, this is likely an isolated, late addition.

Then shall be said "The Prayer of the hours" (page 13).

# Afternoon (The Ninth Hour)

### The Psalms of the Ninth Hour

The worshipper prays the introductory prayers,

| The Lord's Prayer                                      | 8   |
|--|-----|
| The Prayer of Thanksgiving                             | 9   |
| Psalm 50: Have mercy on me, O God, in Your great mercy | 343 |

Then shall be said.

The hymn of the ninth hour of the blessed day: I offer to Christ, my King and my God: I will hope in Him that He may forgive me my sins.

## The Psalms

| Psalm 95: Sing to the Lord a new song; sing to the Lord all the earth  | 412 |
|--|-----|
| Psalm 96: The Lord is reigning, let the earth rejoice                  | 414 |
| Psalm 97: O sing to the Lord a new song, for the Lord has done wonders | 415 |
| Psalm 98: The Lord is reigning, let the peoples rage                   | 416 |
| Psalm 99: Shout for joy to the Lord, all the earth                     | 416 |
| Psalm 100: I will sing to You of mercy and judgment, O Lord            | 417 |
| Psalm 109: The Lord said to my Lord: 'Sit at My right hand             | 438 |
| Psalm 110: I will thank You, O Lord, with my whole heart               | 439 |
| Psalm 111: Blessed is the man who fears the Lord                       | 440 |
| Psalm 112: Praise the Lord, you children                               | 441 |
| Psalm 114: I love Him because the Lord hears the cry of my prayer      | 444 |
| Psalm 115: I believed and so I spoke; but I was deeply humiliated      | 445 |

### THE GOSPEL FROM SAINT LUKE 9:1 17

And when the apostles returned, they told Him all they have done. And He took them with Him, and went apart alone into a city called Bethsaida.

But when the multitudes knew, they followed Him: and He received them, and spoke unto them of the kingdom of God, and healed those who had need of healing.

And when the day began to decline, then the twelve came, and said unto Him, Send the multitude away, so that they may go into the villages and the fields round about, that they may rest, and may find what to eat: for we are here in a desert place.

But He said unto them, Give ye them (what) to eat. And they said, We have no more than five loaves and two fishes; except we should go and buy food for all this people. For they were about five thousand men.

But He said to His disciples, Make them sit down, fifty in each place. And they did so, and all sat down.

Then He took the five loaves and the two fishes, and looking up to heaven, He blessed them, and broke them, and He gave to the disciples that they might set before the multitudes.

And they are, and all were satisfied: and they took that which was in excess to them, twelve baskets full of fragments. *Glory be to God forever*.

Then shall these Troparia be said,

O You Who tasted death in the flesh at the time of the ninth hour for our sakes, we the sinners, slay our carnal thoughts, O Christ our God, and deliver us.

Let my supplication come near before You, O Lord; give me understanding according to Your word. My petition shall come before You; revive me according to Your word.

Doxa Patri ke Eio ke Agio Pnevmati. (Glory be to the Father and to the Son and to the Holy Spirit.)

O You Who gave up the Spirit into the hands of the Father, when You did hang upon the Cross at the time of the ninth hour, and have led into Paradise the thief who hung with You, forget me not, O You Good. Loath me not; but purify my soul and enlighten my understanding. You shalt make me a partaker of the graces of Your immortal mysteries, that when I have tasted of Your goodness, I may offer unto You praise without ceasing, I shall long for Your beauty above all things. O Christ our God and deliver us.

Ke nin ke a ee ke ees toos e onas ton e onon. Amen. (Both now, and always, and unto the ages of ages. Amen.)

O You Who for our sakes was born of the Virgin, and have tolerated the Cross, O You Good. You have slain death by Your death, and manifested forth the Resurrection. O God, leave not behind those whom You have created with Your hands; show forth Your love toward mankind, O You Good, and accept the supplications of Your Mother on our behalf.

O our Saviour, save a humble people. Leave us not unto the end neither give us up unto the age; make not void Your covenant. Take not away Your mercy from us, for the sake of Abraham Your beloved, Isaac Your servant and Israel Your holy one

Ke nin ke a ee ke ees toos e onas ton e onon. Amen. (Both now, and always, and unto the ages of ages. Amen.)

And earlier rite adds here the Trisagion, "Our Father...", and then,

When the thief saw the Author of Life hanging on the Cross, he said, "If He Who is hanging with us were not God Who was Incarnate, the sun would not have hidden its rays, nor would the earth had quaked trembling. But, O You, Who is able to do everything, and Who tolerates every thing, remember me, O Lord, when You comest into Your Kingdom."

Doxa Patri ke Eio ke Agio Pnevmati. (Glory be to the Father and to the Son and to the Holy Spirit.)

O You Who received the confession of the thief upon the Cross, receive us, O You Good, we who have fallen under sentence of death because of our sins. With him we acknowledge our sins, confessing Your Divinity, crying with him unto You, saying, "Remember us, O Lord, when You comest into Your Kingdom."

Ke nin ke a ee ke ees toos e onas ton e onon. Amen. (Both now, and always, and unto the ages of ages. Amen.)

When the Mother saw the Lamb and the Shepherd, Saviour of the world, hanging on the Cross, she said, weeping: "The world indeed rejoices, for it has received salva¬tion. But my bowels burn seeing Your crucifixion, which You have endured patiently for all, O my Son and my God!"

Then shall be said: Lord hear us, have mercy on us and forgive us our sins, Lord have mercy (Kirié Eleison) 50 (or 41<sup>15</sup>), Holy, Holy, (page 12), the Lord's Prayer and this absolution:

O God, the Father of our Lord, God and Saviour, Jesus Christ, Who by His manifestation has redeemed us and delivered us from the servitude of the enemy; we entreat You in His blessed and great Name, turn our minds away from the cares of life and worldly desires, unto the remembrance of Your heavenly judgments.

Perfect in us Your love toward mankind, O You Good, and let the prayer of the ninth hour before You, be accepted in Your presence at all times. And grant unto us to walk worthy of the calling whereunto You have called us, that when we pass out of the body, we may be numbered with the true worshippers of the passion of Your Only Begotten Son, Jesus Christ our Lord, and that we may obtain mercy and forgiveness of our sins and salvation, together with the choir of Your saints, who have pleased You in truth from everlasting to everlasting. Amen.

Then shall be said "The Prayer of the hours" (page 13).

<sup>&</sup>lt;sup>15</sup> Originally "Lord have mercy" was recited 50 times. Under the influence of Roman Catholic missionaries, this came to be 41 times for the 39 lashes, crown of thorns, and sword pierced side.

### The Book of the Psalter

#### Psalm 1: Blessed is the man

The Two Ways: Tree or Dust

- 1 Blessed is the man who never goes by the advice of the godless, who never loiters in the way of sinners, nor sits in the company of the destructive,
- 2 but whose delight is in the law of the Lord, and who reflects on His law day and night.
- 3 He is like a tree that is planted beside the flowing waters, that yields its fruit in due season and whose leaves do not fall; and all that he does prospers.
- 4 Not so the godless, not so! No, they are like dust which the wind hurls from the face of the earth.
- 5 So the godless will not rise at the judgment, nor sinners at the gathering of the righteous.
- 6 For the Lord knows the way of the righteous, 16 but the way of the godless is doomed.

# Psalm 2: Why do the nations rage

#### The Messianic Drama: Warnings to Rulers and Nations

1 Why do the nations rage, and the peoples cherish vain dreams?<sup>17</sup>

<sup>&</sup>lt;sup>16</sup> Not to be known by God spells death... With God to know is to love, so that knowledge partakes of being; to be unknown is to cease to exist' (St. Augustine). cp. Habakkuk 1:13; 1 Cor. 8:3; 13:2; Mt. 7:23.

<sup>&</sup>lt;sup>17</sup> 'An allusion to our Lord's persecutors mentioned in Acts 4:26' (St. Augustine).

- 2 The kings of the earth take their stand and its rulers join forces together against the Lord and against His Christ.
- 3 'Let us break their bonds asunder and throw off their yoke from us.'
- 4 He Who dwells in heaven will laugh at them; the Lord will hold them in derision.
- 5 Then He will speak to them in His wrath, and alarm them in His fury.
- 6 But I am appointed king by Him over Zion, His holy mountain, <sup>18</sup>
- 7 Proclaiming the Lord's decree. The Lord said to me, 'You are my Son. Today I have begotten You.<sup>19</sup>
- 8 Ask of Me, and I will give You the nations for Your inheritance, and the ends of the earth for Your possession.
- 9 You shall rule them with a rod of iron, and crush them like a potter's vessel. 20
- 10 And now, you kings, understand; all you rulers of the earth, take warning.<sup>21</sup>
- 11 Serve the Lord with fear, and rejoice in Him with trembling.
- 12 Embrace correction and discipline, lest the Lord be angry, and you perish through leaving the right way.

<sup>18</sup> If Zion denotes contemplation, we can apply it to nothing more aptly than the Church whose members are urged to rise daily to the contemplation of God's glory: *We all beholding the glory of the Lord'* (St. Augustine, cp. 2 Cor. 3:18).

<sup>&</sup>lt;sup>19</sup> 'In this phrase orthodox catholic belief proclaims the eternal generation of the Power and Wisdom of God Who is the only-begotten Son of God' (St. Augustine). Also Resurrection = new birthday (Acts 13:33).

<sup>&</sup>lt;sup>20</sup> Revelation 2:27; 12:5; 19:15. The rod of iron is the Roman rule, the fourth kingdom of Daniel 2:40 (St. Theodoret). Also means laws of nature.

<sup>&</sup>lt;sup>21</sup> 'rulers': *or*, Judges. Judges and rulers were identical in Hebrew thought.

13 When His fury suddenly blazes out, blessed are all who trust in Him.

# Psalm 3: Lord, how many are those who trouble me

### A Morning Prayer for Protection and Salvation

- 1 (A Psalm of David, when he fled from his son Absalom)
- 2 Lord, how many are those who trouble me! How many are rising up against me!
- 3 How many are saying of my soul: "There is no salvation for him in his God.' (Pause)<sup>22</sup>
- 4 But You, O Lordly are my protector, my glory, and the lifter up of my head.
- 5 I cry to the Lord with my voice, and He answers me from His holy mountain. (*Pause*)
- 6 I lie down to rest and I sleep, I awake and rise, for the Lord sustains me.
- 7 I will not be afraid of myriads of people ranged on every side against me.
- 8 Arise, O Lord; save me, O my God.
  For You strike all who vainly oppose me;
  You break the teeth of sinners.
- 9 Salvation belongs to the Lord, and Your blessing is upon Your people.

#### Psalm 4: You hear me when I call

An Evening Prayer of Trust in God

The Sacrifice of Righteousness

1 (With harps. A Song of David)

 $<sup>^{\</sup>rm 22}$  Pause a moment and give that a little thought.

- 2 You hear me when I call, O God of my righteousness; You enlarge me in trouble. Have mercy on me, and hear my prayer.
- 3 Sons of men, how long will you be heavy-hearted?<sup>23</sup> Why do you love vanity and seek falsehood? (*Pause*)
- 4 Know also that the Lord has made His Holy One wonderful; the Lord will hear me when I cry to Him.
- 5 Be angry, yet do not sin;<sup>24</sup> for what you say in your hearts feel compunction on your beds.<sup>25</sup> (*Pause*)
- 6 Offer the sacrifice of righteousness,<sup>26</sup> and put your trust in the Lord.
- 7 There are many who say, 'Who will show us good times?'
  The light of Your presence has been signed upon us, O Lord.
- 8 You have given my heart more gladness than fills men at the harvest of their wheat, wine and oil.
- 9 In peace with Him I will rest and sleep;<sup>27</sup> for You, Lord, enable me to live trustfully alone.<sup>28</sup>

# Psalm 5: Give ear to my words, O Lord

### A Morning Prayer for Guidance

#### The Joy of Life Indwelt by God

# 1 (A Psalm by David)

1

<sup>&</sup>lt;sup>23</sup> heavy-hearted': weighed down with earthly cares, instead of rising to divine contemplation (St. John Chrysostom. cp. Lk. 21:34).

<sup>&</sup>lt;sup>24</sup> Ephes. 4:26. Be angry at sin, but love the sinner. 'If you do give way to anger, lead it into silence with silent compunction of heart' (St. Athanasius the Great).

<sup>&</sup>lt;sup>25</sup> 'This relates to the widening of the heart required to receive the inpouring of love through the Holy Spirit' (St. Augustine).

<sup>&</sup>lt;sup>26</sup> Obtain righteousness, do righteousness, and offer it in sacrifice to God' (St. Athanasius). See also Ps. 16:1, 30:2 and footnotes there.

<sup>&</sup>lt;sup>27</sup> Or: I rest in peace and fall asleep at once.

 $<sup>^{\</sup>rm 28}$  Following the Ethiopian version, which is based on the Septuagint.

- 2 Give ear to my words, O lord, consider my cry.
- 3 Attend to the voice of my prayer, my King and my God. For to You I will pray, O Lord.
- 4 You will hear my voice in the morning.

  In the morning I will stand before You and You will visit and watch over me.
- 5 For You are not a God Who wills iniquity; evil living cannot dwell with You.
- 6 The violent will not remain before Your eyes. You hate all whose work is sin.
- 7 You will destroy all who tell lies; the Lord abhors a bloody and deceitful man.
- 8 But as for me, in Your abundant mercy
  I will enter Your house;
  and in the fear of You
  I will bow down towards Your holy temple.
- 9 Guide me, O Lord, in Your justice; direct my way before You because of my enemies.
- 10 For there is no truth in their mouth; their heart is vain.Their throat is a yawning tomb; with their tongues they deceive.
- 11 Judge them, O God.

  Let them fall through their own thoughts;
  for their wanton wickedness cast them out,
  for they provoke You, O Lord.
- 12 But let all who trust in You be glad in You. They will rejoice for ever and You will dwell in them.<sup>29</sup> All who love Your Name will glory in You.

<sup>&</sup>lt;sup>29</sup> cp. John 14:20, 23; 17:23; Rom. 8:9, 11: Gal. 2:20: Eph. 3:17; Col. 1:27; 1 John 3:24; Rev. 3:20; 1 Cor. 3:16; 6:19; 2 Cor. 6:16.

13 For You will bless a righteous person, O Lord; You have crowned us with goodwill as with a shield.

# Psalm 6: O Lord, rebuke me, but not in Your anger

#### A Cry in Anguish of Body and Soul

### Faith Receives the Answer to Prayer

- 1 (A Psalm by David)
- 2 O Lord, rebuke me, but not in Your anger; and chasten me, but not in Your wrath.<sup>30</sup>
- 3 Have mercy on me, O Lord, for I am weak, heal me, O Lord, for my bones shake.
- 4 My soul also is troubled exceedingly. But You, O Lord, how long?<sup>31</sup>
- 5 Return, O Lord, deliver my soul; save me for Your mercy's sake.
- 6 For in death no one remembers You, and who will confess You in hell?
- 7 I am weary and worn with my groaning. Every night I bathe my bed and sprinkle my couch with my tears.
- 8 My eye is troubled with anger; I grow old among all my enemies.
- 9 Depart from me, all you who do evil,<sup>32</sup> for the Lord has heard the voice of my weeping.
- 10 The Lord has heard my petition, the Lord has received my prayer.
- 11 May all my enemies be ashamed and deeply troubled;

<sup>&</sup>lt;sup>30</sup> cp. Psalm 37:2; Jeremiah 10:24.

<sup>&</sup>lt;sup>31</sup> Meaning: 'But where art You, O Lord? How long am I to suffer?' cp. Rev. 6:10. 'How long, O sovereign Lord, holy and true, must it be before You wilt judge and punish the inhabitants of the earth for our blood?'

<sup>&</sup>lt;sup>32</sup> cp. Mt. 7:23.

# Psalm 7: O Lord my God, in You I put my trust

### God the Just Judge Strong and Patient

#### **Evil is Self-Destructive**

- 1 (A Psalm by David which he sang to the Lord concerning the words of Cush, the Benjamite)
- 2 O Lord my God, in You I put my trust; save me from all who persecute me, and deliver me;
- 3 lest my enemy seize my soul like a lion,<sup>33</sup> when there is no one to redeem or save me.
- 4 O Lord my God, if I have done wrong, if there is guilt on my hands,
- 5 if I have repaid with evil those who wronged me, let me fall empty<sup>34</sup> before my enemies,
- 6 let my enemy persecute my soul, seize and trample my life into the earth, and bury my glory in the dust. (*Pause*)<sup>35</sup>
- 7 Arise, O Lord, in Your wrath; be exalted in the utmost confines of Your enemies. Rise up, O Lord my God, in defence of the law You Yourself have enjoined,
- 8 and the congregation of peoples will gather round You. And over it ascend on high.
- 9 The Lord will judge the peoples.

  Judge me, O Lord,

  according to my righteousness

  and according to the innocence that is in me.
- 10 O let the evil of sinners come to an end;but guide the righteous.It is God Who tests hearts and minds.

<sup>34</sup> Empties fall (Ephes. 5:18).

<sup>&</sup>lt;sup>33</sup> cp. 1 Pet. 5:8.

<sup>&</sup>lt;sup>35</sup> Pause a while. Calmly think it over.

- 11 The right help comes to me from God, Who saves the upright of heart.
- 12 God is a just judge, strong and patient, not inflicting vengeance every day.
- 13 If you do not return, He will polish His sword; He has drawn His bow and made it ready,
- 14 and in it He has fitted the arrows of death; He has forged His bolts for those who are burning.
- 15 The sinner travails with wrongdoing; He conceives trouble and gives birth to iniquity.
- 16 He has dug a pit and scooped it out, and he will fall into the hole he has made.
- 17 His trouble will recoil on his head, and his wrongdoing will crash on his crown.
- 18 I will give thanks to the Lord for His justice; and I will sing praise to the name of the Lord Most High.

# Psalm 8: O Lord, our Lord, how wonderful is Your Name

#### The Greatness of God and His Love for Men

#### The Greatness of Man as God's Plenipotentiary

- 1 (A Psalm by David)
- 2 O Lord, our Lord, how wonderful is Your Name in all the earth!<sup>36</sup> For Your majesty is exalted above the heavens.
- 3 Out of the mouth of babes and sucklings You have perfected praise<sup>37</sup> because of Your enemies, to silence the enemy and the avenger.
- 4 When I behold the heavens, the work of Your fingers,

<sup>&</sup>lt;sup>36</sup> 'By His name death is destroyed, demons are bound, heaven is revealed, the gates of paradise are opened, the Spirit is bestowed' (St Chrysostom).

<sup>37</sup> Mt. 21:16.

the moon and stars which You have poised,<sup>38</sup>

- 5 what is man that You remember him, or a son of man that You visit him?
- 6 You have made him a little lower than the angels; You have crowned him with glory and honor,
- 7 You have set him over the works of Your hands; You have put all things under his feet:<sup>39</sup>
- 8 all sheep and cattle, and also the beasts of the plain;
- 9 the birds in the sky and the fish in the sea, and the things that pass through the paths of the seas.
- 10 O Lord, our Lord, how wonderful is Your Name in all the earth!

# Psalm 9: I will thank You, O Lord, with my whole heart

## Praise of God's Just Government

#### Call to Make God Known to the Nations

- 1 (On the Mysteries of the Son. A Psalm by David)
- 2 I will thank You, O Lord, with my whole heart; I will tell of all Your wonders.
- 3 I will be glad and exult in You; I will sing to Your name, O Most High.
- 4 When my enemy is put to flight, my foes weaken and perish from Your presence.
- 5 You uphold my cause and my right, sitting enthroned, judging justly.
- 6 You have rebuked the nations, and the wicked one has perished;<sup>40</sup>

<sup>&</sup>lt;sup>38</sup> poised: *lit*. fixed.

<sup>&</sup>lt;sup>39</sup> Heb. 2:6-8. The Sovereignty of the Son of Man (Messiah).

<sup>&</sup>lt;sup>40</sup> 'This refers to the coming destruction of the devil' (St. Athanasius the Great).

You have wiped out his name for all eternity.

- 7 The enemy's swords have utterly failed, and You have destroyed their cities; their memory with their din has perished.
- 8 But the Lord continues for ever; He has prepared His throne for judgment.
- 9 He will judge the world with justice; He will judge the peoples rightly.
- 10 The Lord is the poor man's refuge, his helper in times of trouble.
- 11 Let those who know Your name put their trust in You, for You have never failed those who seek You, O Lord.
- 12 Sing to the Lord Who dwells in Zion, declare His ways among the nations.
- 13 As the avenger of blood He remembers them; He does not forget the prayer of the poor.
- 14 Have mercy on me, O Lord;see how my foes humiliate me,O You Who lifts me from the gates of death,
- 15 that I may tell of all Your praises in the gates of the daughter of Zion. I will rejoice in Your salvation.
- 16 The nations are stuck in the rot they have made;<sup>41</sup> in this trap which they hid is their own foot caught.<sup>42</sup>
- 17 The Lord is known by the judgments He makes; the sinner is caught in the works of his own hands.

<sup>&</sup>lt;sup>41</sup> 'While eager to butcher bodies they were inflicting death on their own souls' (St. Augustine).

<sup>&</sup>lt;sup>42</sup> 'The foot typifies the soul's affection, which when depraved is termed lust or cupidity, but when upright is love or charity. Love is the magnet which draws the soul towards its goal. When sinners try to set their affection on God, they suffer as they would in trying to free their foot from a fetter. So they prefer not to sever themselves from their pleasures' (*ibid*).

- 18 Let the sinners be turned into hell, all the nations that forget God.
- 19 For the poor man will not always be forgotten; the patience of the needy will never perish.
- 20 Arise, O Lord, let not man prevail! Let the nations be judged in Your presence.
- 21 Set a lawgiver over them, O Lord; let the nations know they are only men. (Pause)

(Psalm 10 according to the Hebrew)

- 22 Why stand away far off, O Lord? Why disregard us in times of trouble?
- 23 At the pride of the godless, the poor man burns; they are caught in the schemes they have planned.
- 24 For the sinner boasts of the desires of his soul, and he who does wrong is praised for it.
- 25 The sinner provokes the Lord; in his great anger he will not seek Him. God is not before his eyes.
- 26 His ways are always defiled; Your judgments are far above his head. He domineers over all his enemies.
- 27 For he says in his heart: 'I shall never be shaken; no harm will ever come to me.'
- 28 His mouth is full of cursing, gall and deceit; under his tongue are trouble and pain.
- 29 He sits in ambush with the rich in secret places to kill an innocent man; his eyes are fixed on the poor man.
- 30 He lurks in secret like a lion in his den; he lurks to make a prey of the poor, to make a prey of a poor man by drawing him in.
- 31 In his trap he will humble him.

  He stoops and falls in getting the poor into his power.

- 32 For he says in his heart: 'God has forgotten. He has turned away His face, so He will never see.'
- 33 Arise, O Lord God, let Your hand be uplifted, forget not the poor.
- 34 Why does the wicked man provoke God?

  Because he says in his heart: 'He will not look into it.'
- 35 But You see, for You behold pain and passion<sup>43</sup> that You may take them into Your hands.

  The poor man is left to You.

  You are the helper of the orphan.
- 36 Break the power of the sinner and the evil one; his sin will be sought, and will not be found.
- 37 The Lord will reign for ever and ever; you nations will perish from His land.
- 38 O Lord, You hear the desire of the poor, Your ear attends to their heart's disposition,
- 39 to judge the orphan and the humble man, that no man on earth should continue to boast.

# Psalm 10: In the Lord I have put my trust

#### An Act of Trust

#### The Sin-lover is a Self-hater

(A Psalm by David)

- 1 In the Lord I have put my trust. How can you say to my soul: Fly away like a bird to the mountains?
- 2 For, lo, the sinners bend their bow; they have arrows ready in the quiver to shoot in the dark at the upright in heart.
- 3 They destroy what You are building. But what has the just man done?

<sup>&</sup>lt;sup>43</sup> Pain and passion: *or*, trouble and anger.

- 4 The Lord is in His holy temple<sup>44</sup> the Lord Whose throne is in heaven, Whose eyes regard the poor, Whose eyelids test the sons of men.
- 5 The Lord tests the just and the godless; so he who loves wrongdoing hates his own soul.
- 6 Upon sinners He will rain snares: fire and brimstone and a tempestuous wind will be the portion of their cup.
- 7 For the Lord is righteous and loves righteousness; His countenance beholds justice.

## Psalm 11: Save me, O Lord, for there is no saint left

### The Safety of the Poor and Needy

#### Faith in the Truth of God's Promises

- 1 (A Psalm by David)
- 2 Save me, O Lord, for there is no saint left; for truths have dwindled from the sons of men.
- 3 Empty follies they talk, everyone with his neighbor; with lying lips they speak evil with double heart.
- 4 May the Lord destroy all lying lips, a tongue that boasts and those who say:
- 5 'We will make more of our tongue. Our lips are our own. Who is lord over us?'
- 6 'Because of the oppression of the needy and the groaning of the poor, now I will arise,' says the Lord;
  'I will set him in safety and speak plainly in him.'
- 7 The words of the Lord are pure words,

<sup>&</sup>lt;sup>44</sup> cp. 2 Cor. 6:16; 1 Cor. 6:19.

<sup>&</sup>lt;sup>45</sup> cp. Mt. 10:19, 20; Luke 21:12-19.

like silver refined by fire, purged of earth, seven times purified.

- 8 You, O Lord, will keep us and preserve us from this generation and for ever.
- 9 The godless prowl around; from Your height, great is Your care of the sons of men.

# Psalm 12: How long, O Lord? Wilt You forget me for ever?

#### Progress of a Soul from Desolation to Exultation

#### My Heart Rejoices in Your Salvation

1 (A Psalm by David)

- 2 How long, O Lord? Wilt You forget me for ever? How long will You turn Your face away from me?
- 3 How long must I make plans in my soul, and have grief in my heart day and night? How long will my enemy be exalted over me?
- 4 Regard and hear me, O Lord my God; enlighten my eyes lest I sleep in death,
- 5 lest my enemy say, 'I have prevailed over him.'

  Those who trouble me will rejoice if I am shaken.
- 6 But my trust is in Your mercy; my heart rejoices in Your salvation.
- 7 I will sing to the Lord my benefactor, and I will praise the name of the Lord Most High.

## Psalm 13: The fool says in his heart: 'There is no God.'

#### Unbelief leads to Universal Corruption

1 (A Psalm by David)

The fool says in his heart: 'There is no God.'<sup>46</sup>
They are corrupt and abominable in their ways;

 $<sup>^{\</sup>rm 46}$  Psalm 13 differs only slightly from Psalm 52. cp. Romans 1:20-25.

- there is not one that does good, no not one.
- 2 The Lord looks through from heaven at the sons of men to see if any understand or seek God.
- 3 All have strayed, one and all are depraved; there is not one that does good, no not one.
- 4 Will they never learn, all the evildoers who eat up my people like eating bread and never call on the Lord?
- 5 They quail with fear where there is nothing to fear; for God is with the righteous.
- 6 You would confound a poor man's plans, but the Lord is his hope.
- 7 O that Israel's salvation would be granted from Zion! When the Lord restores the captives of His people, let Jacob rejoice and let Israel be glad.

### Psalm 14: Lord, who can dwell in Your sanctuary

### Life on the Mountain Tops

#### (A Psalm by David)

- 1 Lord, who can dwell in Your sanctuary, or who can rest upon Your holy mountain?
- 2 He who lives a blameless life and does what is right and speaks the truth from his heart;
- 3 who does not deceive with his tongue, or do evil to his neighbor, or accept reproach against his friends;
- 4 in whose sight evil-living is scorned, but who honors those who fear the Lord; who swears to his neighbor and keeps his word:
- 5 who does not lend his money at interest or take bribes against the innocent.
- 6 He who does these things will never be shaken.

# Psalm 15: Keep me, O Lord, for my trust is in You

## The Vision and Presence of God is our Joy

(An inscription for a pillar. By David)

- 1 Keep me, O Lord, for my trust is in You.
- 2 I said to the Lord: 'You are my God; You have no need of my goods.'
- 3 To the saints who are in His land the Lord has shown the wonder of all His will in them.
- 4 Their weaknesses were multiplied; after that they made haste. I will not enter their assemblies of blood, nor will I mention their names with my lips.
- 5 The Lord is the portion of my inheritance and of my cup; it is You Who restores my inheritance to me. 47
- 6 The lines have fallen for me in the best places; for I have a most excellent heritage.
- 7 I will bless the Lord Who gives me wisdom, so that even at night my heart instructs me. 48
- 8 I see the Lord before me continually, for He is beside me that I may not be shaken,
- 9 So my heart is glad and my tongue is exultant, and even my flesh rests in hope.
- 10 For You will not leave my soul in hell, not let Your holy one see corruption.
- 11 You have made known to me the ways of life; You will fill me with joy by Your presence.<sup>49</sup>

<sup>&</sup>lt;sup>47</sup> Salvation puts us in that state in which God's eternal life becomes ours, according to the normal right of succession to an inheritance (cp. Rom. 8:17, 'heirs of God and jointheirs with Christ').

 $<sup>^{\</sup>rm 48}$  heart:  $\it lit.$  kidneys. The unconscious mind. cp. Psalm 138:13 and footnote.

# Psalm 16: Hear, O Lord, my righteousness, attend to my need

## Discipline leads to Vision

### The Vision of God brings Likeness

(A Prayer of David)

- 1 Hear, O Lord, my righteousness;<sup>51</sup> attend to my need. Give ear to my prayer from lips without deceit.
- 2 Let my judgment come from Your presence; let my eyes behold justice.
- 3 You have proved and visited my heart in the night; You have tried me by fire and have found nothing wrong in me.
- 4 That my mouth may not speak of the doings of men, for the sake of the words of Your lips
  I have kept hard ways.<sup>52</sup>
- 5 Direct my steps in Your paths, that my feet may not slip.
- 6 I have cried, O God, and You have heard me; incline Your ear to me, and hear my words.
- 7 Show me the wonder of Your mercy, O You Who saves those who hope in You from those who resist Your right hand.
- 8 Keep me as the apple<sup>53</sup> of an eye. You will hide me in the shadow of Your wings

<sup>&</sup>lt;sup>49</sup> Verses 8-11b are quoted verbatim by St. Peter in Acts 2:25-23, and are explained in Acts 2:31. St. Paul quotes 1 verse, Acts 13:35 cp. Jn. 2:22.

<sup>&</sup>lt;sup>50</sup> At: *or*, In.

 $<sup>^{51}</sup>$  i.e. Hear Christ who intercedes on our behalf (1 Cor. 1:30; Rom. 8: 34).

<sup>&</sup>lt;sup>52</sup> cp. 2 Tim. 2:3, 12.

<sup>&</sup>lt;sup>53</sup> apple: *or*, pupil. Enshrined in its tiny temple, the eye can shut out the cares and vanities of the world. It cannot bear the smallest speck of dust. So the Christian should hate the least stain of sin.

- 9 from the presence of the godless who oppress me. My enemies surround my soul.
- 10 They have closed their heart; their mouth speaks proudly.
- 11 Those who cast me out have now surrounded me;<sup>54</sup> they have set their eyes cast down to the earth.
- 12 They dog me like a lion eager for its prey, and like a young lion lurking in ambush.
- 13 Arise, O Lord, forestall them and overthrow them; deliver my soul from the godless,
  Your sword from the enemies of Your hand.
- 14 O Lord, divide them in their life from the few of the earth and from Your hidden treasures.
- 15 You have filled their stomach, they are satisfied with children, and they leave the surplus to their babes.
- 16 As for me, may I in righteousness behold Your face, and be satisfied with beholding Your glory.

# Psalm 17: I love You, O Lord, my strength

#### Act of Love and Gratitude

## Earth-Shaking Prayer

1 (By David the servant of the Lord, who spoke to the Lord the words of this song on the day the Lord delivered him from the hand of Saul and from the hand of all his enemies; and he said:)<sup>55</sup>

2 I love You, O Lord, my strength.

<sup>&</sup>lt;sup>54</sup> 'They cast Me out of their city and now surround Me on the cross' (St. Augustine). <sup>55</sup> This Psalm, with slight variations, is also found in 2 Kings 22 (2 Samuel 22). It is a war-song of Christ the Warrior-King, fighting His way through a rebellious world with the weapons of His faith and love alone, until He comes into His Kingdom and gathers all to Himself.

- 3 The Lord is my Support, my Refuge, and my Deliverer. My God is my Helper, in Him I will trust; my Protector, my Saviour, and my Defender.
- 4 With songs of praise I will call upon the Lord, and I shall be saved from my enemies.
- 5 The pangs of death beleaguered me,<sup>56</sup> and torrents of wickedness alarmed me.
- 6 The pangs of hell surrounded me, and death-traps confronted me.
- 7 In my distress I called upon the Lord and cried to my God.He heard my voice from His holy temple, and my cry before Him reached His ears.
- 8 Then the earth rocked and quaked, and the mountains shook to their foundations and rocked, because God was angry with them.
- 9 There went up a smoke in His wrath, and fire burst into flame at His presence. Coals were kindled by it.
- 10 And He bowed the heavens and came down, and darkness is under His feet.
- 11 And He rode upon Cherubim and flew; He swooped on the wings of the wind.
- 12 He made darkness His hiding-place. As His canopy round Him dark thunder-clouds hung in the sky.
- 13 From the brightness before Him there broke through the clouds hailstones and coals of fire.
- 14 Then the Lord thundered from heaven, and the Most High let His voice be heard.<sup>57</sup>

<sup>&</sup>lt;sup>56</sup> Cp. Acts 2:24.

<sup>&</sup>lt;sup>57</sup> cp. Exodus 9:23.

- 15 He shot His arrows and scattered the foes; He volleyed His lightnings and routed them.
- 16 Then the ocean beds were exposed, and the foundations of the world were uncovered at Your rebuke, O Lord, at the blast of the breath<sup>58</sup> of Your wrath.
- 17 He reached from on high and took me; He drew me out of many waters.
- 18 He will deliver me from my powerful enemies and from those who hate me, for they are too strong for me.
- 19 They confronted me in the day of my adversity, but the Lord was my support.
- 20 And He brought me out into freedom; He will deliver me because He delights in me.
- 21 The Lord will reward me according to my righteousness, and according to the cleanness of ray hands
  He will recompense me.
- 22 For I have kept the ways of the Lord and have not turned profanely from my God.
- 23 For all His judgments are before me, and His rights I have not forgotten.
- 24 I will be faultless with Him, and will keep myself from my sin.
- 25 And the Lord will reward me according to my righteousness and according to the cleanness of my hands in His eyes.
- 26 With a holy man, You art holy; and with an innocent man You are innocent.
- 27 With the chosen You are chosen, and with the twisted You will twist.<sup>59</sup>

<sup>58</sup> breath: *or* spirit; cp. Acts 4:31; 12:5-12; 16:24-26.

 $<sup>^{59}</sup>$  Twist and wrestle (Gen. 32: 4). And he will untwist the twister and the twisted 290

- 28 For You dost save a humble people, and dost humble the eyes of the proud.
- 29 For You will light my lamp, O Lord; my God, You will enlighten my darkness.<sup>60</sup>
- 30 For in You I am delivered from temptation, and through my God I can scale the wall.
- 31 As for my God, His way is perfect; the words of the Lord are tried by fire; He is the protector of all who trust in Him.
- 32 For who is God but the Lord, and who is God but our God?
- 33 It is God Who girds me with strength, and makes my way perfect.
- 34 He makes my feet like deer's feet, and sets me on the heights.
- 35 He trains my hands for war.

  And You have made my arms like a bow of bronze.
- 36 You have given me the defence of Your salvation, and Your right hand has upheld me; and Your correction teaches me.
- 37 You have stretched my strides beneath me,<sup>61</sup> and my feet never falter.
- 38 I will pursue my enemies and overtake them; and I will not turn back till they are destroyed.
- 39 I will crush them and they will be unable to stand; they will fall under my feet.
- 40 For You have girded me with strength for battle, and have subdued under me all my aggressors.

<sup>(144:15).</sup> 

<sup>&</sup>lt;sup>60</sup> cp. Rev. 21:23.

<sup>&</sup>lt;sup>61</sup> or, 'made room for (widened) my steps under me.' 'By removing snares and stumbling-blocks prepared by enemies. You have cleared the way for me' (St. Athanasius).

- 41 And You have forced my enemies to turn their backs to me, and utterly destroyed those who hate me.
- 42 They cried for help, but there was none to save them; they cried to the Lord, but He did not answer them.
- 43 I will thrash them like dust in the face of the wind, I will pound them like mud in the streets.
- 44 Deliver me from this people's arguments. You will set me at the head of nations. A people I did not know have served me.
- 45 As soon as they heard of me they obeyed me.

  But the strange children have proved false to Me. 62
- 46 The strange children have grown old and have limped from their paths.
- 47 May the Lord live and reign, and blessed be my God, and may the God of my salvation be exalted;
- 48 the God Who sees that I am avenged, and subdues peoples under me;
- 49 my deliverer from angry enemies. You will lift me above my aggressors. You will deliver me from vicious men.
- 50 Therefore I will give thanks to You among the nations, O Lord, and will sing praise to Your name. 63
- 51 Great is the salvation He grants to His King, and the mercy He shows to His anointed, to David and his Son for ever.<sup>64</sup>

<sup>&</sup>lt;sup>62</sup> The strange children are the alienated Jews, whom Christ wished to make young through the New Covenant but who remained their old selves (Jn.8:34-59).

<sup>63</sup> Rom. 15:9. Christ in David, Apostles, nations. (cp. Ps. 66:2-6).

<sup>&</sup>lt;sup>64</sup> Son: *Lit.* seed. David's Son who inherits David's throne is Christ (Lk. 1:32, 33). 'Whatever words in this Psalm cannot be adapted to our Lord Himself as Head of the Church apply to the Church. For the words spoken are those of the whole Christ, of Christ united to His members' (St. Augustine).

# Psalm 18: The heavens declare the glory of God

# The Sun of Righteousness: His Works and Words Sweeter than Honey, More Precious than Gold

## 1 (A Psalm by David)

- 2 The heavens declare the glory of God, and the firmament tells of the work of His hands.
- 3 Day to day breaks the news, and night to night imparts knowledge.
- 4 There is no speech or spoken word, and no sound of them is heard.
- 5 Yet their message goes out into all the earth, and their words to the ends of the world. 65
- 6 He has set His sanctuary in the sun;<sup>66</sup> and He is like a bridegroom coming out of His canopy. He exults like a giant to run His course.
- 7 From utmost heaven is his procession, and till utmost heaven is his goal, and from his heat no one can hide.
- 8 The law of the Lord is perfect, converting souls; the testimony of the Lord is sure, making children wise.
- 9 The Lord's rights are just, they rejoice the heart; the Lord's commandment is clear, it enlightens the eyes.
- 10 The fear of the Lord is pure, it continues for ever; the Lord's judgments are true, and entirely justified.
- 11 They are more desirable than gold and most precious stone, and sweeter than honey and the honeycomb.<sup>67</sup>
- 12 Moreover thy servant keeps them,

<sup>66</sup> cp. Ps. 88:38.

<sup>65</sup> Rom. 10:18.

<sup>&</sup>lt;sup>67</sup> cp. Ps. 118:72.

and in keeping them there is great reward.

- 13 Who can know all his faults?

  Cleanse me from my secret ones. 68
- 14 And from strange gods spare Your servant.<sup>69</sup> If they have no dominion over me, then I shall be blameless and clear of grave sin.
- 15 Then the words of my mouth and the meditation of my heart will be continually acceptable in Your sight, O Lord), my Helper and my Redeemer.

## Psalm 19: May the Lord hear you in the day of trouble

## A Prayer for the King Offering His Sacrifice

#### We will Rejoice in Your Salvation

1 (A Psalm by David)

- 2 May the Lord hear you in the day of trouble; may the name of the God of Jacob protect you.
- 3 May He send you help from the sanctuary, and support you out of Zion.
- 4 May He remember all your sacrifice, and accept your holocaust. (Pause)
- 5 May the Lord grant you your heart's desire and fulfill all your will.
- 6 We will rejoice in Your salvation and triumph in the name of our God.

 $^{68}$  As darkness blinds the eyes, so sins blind the soul and rob it of self-knowledge' (St. Augustine).

<sup>&</sup>lt;sup>69</sup> Strange gods: *or* hostile spirits. Psalm 95:5 says all national and tribal gods are demons. 'Not only thoughts surround us, but hordes of demons also besiege us. He rightly calls them strange (gods), since they are malevolent aliens and enemies' (St. Athanasius).

May the Lord fulfill all your petitions.

- 7 Now I know that the Lord has saved His Christ;<sup>70</sup> He will hear Him from His holy heaven, and with mighty acts show the salvation of His right hand.
- 8 Some trust in chariots and some in horses; but we will triumph in the name of the Lord our God. They were fettered and fell, but we are risen and stand upright.
- 9 O Lord, save the king, and hear us when we call upon You.

# Psalm 20: The King shall rejoice in Your power, O Lord

#### God's Presence Fires Friends and Fries Enemies

## We will Sing and Praise Your Power

1 (A Psalm by David)

- 2 The king shall rejoice in Your power, O Lord, and exult greatly in Your salvation.
- 3 You have given him his heart's desire, and have not denied him the request of his lips. (*Pause*)
- 4 For You have gone before him with the blessings of goodness; You have placed on his head a crown of precious stones.
- 5 He asked You for life, and You have given him it; length of days for ever and ever.
- 6 Great is his glory in Your salvation; You will confer on him glory and majesty.
- 7 For You will give him eternal blessing; You will gladden him with the joy of Your presence.<sup>71</sup>
- 8 For the king trusts in the Lord, and in the mercy of the Most High he will not be shaken.

 $<sup>^{70}</sup>$  Christ: or Anointed. 'God saved Christ by raising Him from the dead' (St. Athanasius). Cp. Acts 2:22-24; 3:15, 26; 5:30; 17:31; Rom. 8:11 &c.

<sup>&</sup>lt;sup>71</sup> presence: *or* face, countenance. (Gen (16:13).

- 9 May all Your enemies feel Your hand; may Your right hand find all who hate You.
- 10 You will make them like a fiery oven at the time of Your presence,

  The Lord will convulse them in His wrath, and fire will devour them.
- 11 You will destroy their fruit from the earth, and their race from the sons of men.
- 12 For they intended evil against You; they devised plans which could never succeed.<sup>72</sup>
- 13 For You will put them to flight; You shall prepare Your remnants against their faces.
- 14 Be exalted, O Lord, in Your strength; we will sing and praise Your power.

## Psalm 21: O, God, my God, attend to me

#### The Great Shepherd Gives His Life for the Sheep

#### The Sufferings of Christ and the Redemption of the Nations

- 1 (For the help of the Dawn. 73 A Psalm by David)
- 2 O God, my God, attend to me: why have You forsaken me?<sup>74</sup> Far from my salvation is the burden of my sins.
- 3 O my God, I cry by day and You answer not, and by night, yet it is not foolish of me.
- 4 But You dwell in the holy place, the praise of Israel.
- 5 Our fathers trusted in You; they trusted, and You did deliver them.

<sup>&</sup>lt;sup>72</sup> 'Christ died that we might live' (1 Thess. 5:10; 1 Pet. 2:24).

<sup>&</sup>lt;sup>73</sup> Dawn is one of Christ's names (cp. Lk. 1:78; Mal. 4:2).

<sup>&</sup>lt;sup>74</sup> cp. Isaiah 54:7. 'For a brief moment I forsook you, but with great mercy I will compassionate you. In brief displeasure I turned away My face from you, but with eternal love I will have mercy on you' (cp. Mt. 27:46; Mk. 15:34).

- 6 They cried to You and were saved; they trusted in You and were not disappointed.
- 7 But I am a worm, and not a man; the scorn of men and an outcast of the people.
- 8 All who see me jeer at me; they say with their lips as they wag their heads:
- 9 'He trusted in God. Let Him deliver him, let Him save him, since He wants him.'<sup>75</sup>
- 10 For You art He who took me from the womb. You have been my hope from my mother's breasts.
- 11 I have been cast on Your care from my birth; You are my God from my mother's womb.
- 12 Leave me not when trouble is near, for there is no one to help.
- 13 Many bullocks surround me, fat bulls beset me.
- 14 They open their mouths at me,<sup>76</sup> like a ravening and roaring lion.
- 15 I am poured out like water, and all my bones are disjointed: my heart is like moulten wax within me.
- 16 My strength is dried up like a potsherd, and my tongue sticks to my throat; You have brought me down to the dust of death.
- 17 For a pack of dogs surround me, and a gang of rogues beset me.

  They have pierced my hands and my feet.<sup>77</sup>
- 18 They count all my bones; they stare and gloat over me.

<sup>&</sup>lt;sup>75</sup> Mt. 27:39,43; Wis. 2:12-20.

<sup>&</sup>lt;sup>76</sup> Lam. 2:16; 3:46.

<sup>&</sup>lt;sup>77</sup> Jn. 19:37.

- 19 They divide my garments among them, and for my robe they cast lots.<sup>78</sup>
- 20 But You, O Lord, delay not my help; attend to my defence.
- 21 Deliver my soul from the sword, my only one<sup>79</sup> from the power of the dog.
- 22 Save me from the mouth of the lion, and my humility from the horns of the rhinoceros.
- 23 I will declare Your name to my brothers; in the midst of the Church I will praise You. 80
- 24 You who fear the Lord, praise Him; all you sons of Jacob, glorify Him. Let all the sons of Israel fear Him.
- 25 For He has not spurned or scorned the prayer of the poor, nor turned away His face from me, but when I cried to Him He answered me.
- 26 From You comes my praise in the great Church. I will give thanks to You.

  I will pay my vows before those who fear Him.
- 27 The poor shall eat and be satisfied, and those who seek the Lord will praise Him. Their hearts will live for ever.
- 28 All the ends of the earth will remember and return to the Lord; and all the families of the nations will worship before Him.
- 29 For the Kingdom is the Lord's, and it is He Who rules the nations.
- 30 All the great of the earth eat and worship in His presence; all who go down to the earth fall down before Him.

<sup>&</sup>lt;sup>78</sup> Jn. 19:24.

 $<sup>^{79}</sup>$  His only one is His Bride, the Church, that He holds in His arms. cp. Jn. 3:29. 'He who holds the bride is the Bridegroom.'

<sup>80</sup> Hebrews 2:12.

May my soul live for Him.

- 31 And my children<sup>81</sup> will serve Him; the coming generation will tell of the Lord.
- 32 They will tell of His righteousness to people yet to be born; they will tell of the salvation the Lord has accomplished. 82

# Psalm 22: The Lord is my Shepherd, and will deny me nothing

## God the Good Shepherd-King Guides and Keeps His Sheep

#### Love follows the Followers of Love

(A Psalm by David)

- 1 The Lord is my Shepherd, and will deny me nothing.
- 2 He settles me in green pasturage, and raises me on refreshing water. 83
- 3 He converts my soul, and guides me on the right tracks for His Name's sake.
- 4 For even though I go through the shadow of death, I will fear no evils, for You art with me.
  Your rod and Your staff comfort me.
- 5 You have prepared a table before me in the face of those who trouble me.
- 6 You have anointed my head with oil.

  And Your chalice which inebriates me, how glorious it is!<sup>84</sup>
- 7 And Your mercy will follow me all the days of my life.
- 8 And I shall dwell in the house of the Lord throughout the length of my days. 85

<sup>81</sup> my children: *Lit*. my seed.

<sup>82</sup> Romans 3:24-26; John 17:4; 19:30.

<sup>&</sup>lt;sup>83</sup> 'He raises, rears and feeds me on the water of baptism, which restores health and strength to those who have lost them' (St. Augustine). cp. John 7:37-39.

<sup>84</sup> cp. Ephes. 5:18.

#### Psalm 23: The earth is the Lord's and all that is in it

## The King of Glory enters His Sanctuary

# Who can enter the Holy Mountain Temple?

(A Psalm by David. For the first Sabbath)

- 1 The earth is the Lord's and all that is in it, 86 the world and all who dwell in it.
- 2 He has set it firmly on the seas, and poised it on the floods.
- 3 Who will ascend into the mountain of the Lord, 87 or who will stand in His holy place?
- 4 He who has clean hands and a pure heart. who does not set his mind on vanity or swear deceitfully to his neighbour.
- 5 He will receive blessing from the Lord, and mercy from God his Saviour.
- 6 These are the kind that seek the Lord, that seek the face of the God of Jacob. (*Pause*)
- 7 Throw open the gates, you rulers, swing open wide, you eternal doors, and the King of Glory will enter.<sup>88</sup>
- 8 Who is this King of Glory?
  The Lord strong and mighty,
  the Lord mighty in battle.
- 9 Throw open the gates, you rulers, swing open wide, you eternal doors,

<sup>85</sup> cp. Ps. 26:4.

<sup>86 1</sup> Cor. 10:26-28; cp. Psalm 49:12.

<sup>87</sup> Is. 2:2; Dan. 2:35; 1 Cor. 10:4.

<sup>&</sup>lt;sup>88</sup> 'The Psalter indicates beforehand the Saviour's bodily Ascension into heaven', cp. also 46:6 (St. Athanasius the Great). The angels in attendance at the Lord's ascension call to the angelic rulers or princes in charge of the gatekeepers to open the heavenly gates so that the King of Glory may enter. and they also address the actual doors that open into eternity (Rev. 3:20).

and the King of Glory will enter.

10 Who is this King of Glory?
The Lord of Hosts, He is the King of Glory.

# Psalm 24: To You, O Lord, I lift up my soul

## A Prayer for Guidance, Forgiveness and Redemption

## The Covenant Consciousness (v. 14)

(A Psalm by David)

- 1 To You, O Lord, I lift up my soul.
- 2 O my God, in You I trust; let me not be put to shame, nor let my enemies laugh at me.
- 3 For none who wait for You shall be put to shame; let those be ashamed who do wrong without cause.
- 4 Your ways, O Lord, make known to me, and teach me Your paths.
- 5 Guide me in Your truth and teach me; for You, O God, art my Saviour, and on You do I wait all day.
- 6 Remember Your compassions and Your mercies, O Lord, for they are from all eternity.
- 7 Remember not the sins of my youth and ignorance, but in Your mercy remember me for Your goodness' sake, O Lord.
- 8 Good and just is the Lord; so He gives laws for a path to those astray.
- 9 He will guide the meek in judgment, He will teach the meek His ways.
- 10 All the ways of the Lord are mercy and truth

to those who seek<sup>89</sup> His covenant and His laws.<sup>90</sup>

- 11 For Your Name's sake, O Lord, pardon my sin, for it is great.
- 12 Who is the man who fears the Lord?

  He will guide him in the way he should choose.
- 13 His soul will dwell amid good things, and his children<sup>91</sup> will inherit the earth.
- 14 The Lord is the strength of those who fear Him; and His covenant is to make them know it. 92
- 15 My eyes are continually on the Lord, for He will draw my feet out of the net.
- 16 Turn Your face to me and have mercy on me, for I am lonely and poor.
- 17 The sorrows of my heart are multiplied; O bring me out of my troubles.<sup>93</sup>
- 18 See my humiliation and my labour and forgive me all my sins.
- 19 See how my enemies have increased, and the cruel hatred with which they hate me.
- 20 O keep my soul and deliver me; let me not be ashamed, for I have hoped in You.
- 21 The harmless and upright have joined me, because I wait for You, O Lord.
- 22 Redeem Israel, O God, out of all his troubles.

<sup>89</sup> seek: *Heb.* keep

<sup>90</sup> laws: or, testimonies; witnesses (Ps. 118:2)

<sup>91</sup> children: lit. seed.

<sup>&</sup>lt;sup>92</sup> Strength is renewed by love—(blood)—transfusion. 'My love for you will never fail; nor will the covenant of your peace ever cease' (Isa. 54:10). 'This is My blood of the new covenant' (Mt. 26:28; cp. Prov. 3:6).

<sup>&</sup>lt;sup>93</sup> Or: O relieve me of my afflictions.

# Psalm 25: Judge me, O Lord, for I have walked in my innocence

## The Prayer of a Good Conscience

#### Concentration encircles the Altar

(By David)

- 1 Judge me, O Lord, for I have walked in my innocence; and by trusting in the Lord I shall not grow weak.
- 2 Prove me, O Lord, and try me; burn my heart and mind.
- 3 For Your mercy is before my eyes, and I delight in Your truth.
- 4 I do not sit in frivolous gatherings, nor do I consort with lawbreakers.
- 5 I hate the company of evildoers, and I will not sit with the godless.
- 6 I will wash my hands among the innocent, and will encircle Your Altar, O Lord,
- 7 that I may hear the voice of praise<sup>94</sup> and tell of all Your wonders.
- 8 O Lord, I love the beauty of Your house<sup>95</sup> and the sanctuary of the abode of Your glory.
- 9 Destroy not my soul with the wicked, nor my life with men of blood,

<sup>94</sup> (a) The voice of the Holy Spirit in the Church's praises 'to teach me how to praise You' (St; Augustine); (b) To hear God does not mean to catch audible sounds. How many are deaf to God! You should so hear the voice of praise as never to praise yourself, however good you may be. Humility made you good, pride makes you sinful' (St. Augustine). 'Keep your mind in an expectant frame to hear God's praises' (Tukaram). cp. Ps. 21:26.

<sup>&</sup>lt;sup>95</sup> 'God's house means the ark. because the temple was not yet built' (St. Theodoret). 'The beauty of the house is those in the Church who are adorned with the beauty of holiness' (St. Athanasius).

- 10 in whose hands are iniquities, and whose right hand is full of bribes.
- 11 But I walk in my innocence; redeem me and have mercy on me.
- 12 My foot stands on the straight path; I will bless You, O Lord, in the churches.<sup>96</sup>

# Psalm 26 The Lord is my light and my Saviour; whom shall I fear

## Contemplation of the Divine Beauty and Goodness

#### The Believing Heart does not Shrink in Fear

(A Psalm of David before he was anointed)

1 The Lord is my light and my Saviour; whom shall I fear? The Lord is the guard of my life; from whom shall I shrink?

2 When the wicked draw near me to eat my flesh, it is they, my oppressors and foes, who grow feeble and fall.

3 Though an army encamp against me, my heart shall not fear; though war rise against me, in this I hope.

4 One thing I ask of the Lord, this one thing I request: that I may dwell in the house of the Lord all the days of my life, that I may contemplate the Lord's delightful beauty and visit His holy temple.

5 For He hides me in His sanctuary in the day of trouble; in the secrecy of His sanctuary He shelters me; He lifts me high on a rock.

 $<sup>^{\</sup>rm 96}$  churches: assemblies, gatherings, congregations (not buildings).

6 And even now He is lifting my head above my enemies; I will go round and offer in His sanctuary a sacrifice with shouts of joy. 97 I will sing and praise the Lord. 98

7 Hear, O Lord, my voice when I cry; have mercy on me and answer me.

8 I will seek the Lord.

My heart speaks to You:
I have eyes only for You.
Your face, O Lord, will I seek.

9 Turn not Your face away from me, and withdraw not in anger from Your servant. Be my helper, reject me not; forsake me not, O God, my Saviour.

10 My father and mother abandoned me, but the Lord welcomes me. 99

11 Be a law to me in Your way, O Lord, and guide me in the right path because of my enemies.

12 Deliver me not to the hands of my oppressors, for false witnesses have risen against me and injustice has deceived itself.

13 I believe that I shall see the goodness of the Lord in the land of the living.

14 Wait for the Lord, have courage, and let your heart be strong; and wait for the Lord.

<sup>&</sup>lt;sup>97</sup> go round: *or* encircle the altar (cp. 25:6).

<sup>&</sup>lt;sup>98</sup> 'Marvellous is it that man is not always praising, since everything continually invites praise' (St. Gregory).

<sup>&#</sup>x27;No sweeter fragrance than to follow Christ, when man makes offerings of a holy life, and offers golden deeds in sacrifice' (St. Prosper).

<sup>&</sup>lt;sup>99</sup> cp. Psalm 21:11.

# Psalm 27: To You, O Lord, I cry

#### God the Protection and Salvation of His Anointed

#### A Prayer of Faith with Thanksgiving

(By David)

1 To You, O Lord, I cry.
O my God, be not silent to me;
lest if You be silent to me,
I become like those who go down to the pit.

- 2 Hear, O Lord, the cry of my prayer when I pray to You, when I lift up my hands to Your holy temple.
- 3 Do not drag away my soul with sinners and destroy me not with wrongdoers, who speak peace with their neighbour while evil thoughts are in their hearts.
- 4 Give them, O Lord, according to their works, and according to the evil of their ways; give them according to the works of their hands, repay them what they deserve.
- 5 Because they do not regard the works of the Lord or the workings of His hands, 100 You will pull them down and not build them up.
- 6 Blessed is the Lord, for He has heard the voice of my prayer.
- 7 The Lord is my helper and my protector; on Him my heart relies and I am helped. Even my flesh has revived, and with all my heart I will give thanks to Him.
- 8 The Lord is the strength of His people, and the protector and salvation of His anointed.
- 9 Save Your people and bless Your inheritance;

| <sup>100</sup> cp. | Isaiah | 5:12. |
|--------------------|--------|-------|
|--------------------|--------|-------|

# Psalm 28: Bring to the Lord, O sons of God

#### The Voice of God: the Thunder of Silence

## God's Power and Glory in a Thunderstorm

(A Psalm by David at the Exit of the Ark or Tabernacle.

For the Feast of Tabernacles in commemoration of the Exodus)

- 1 Bring to the Lord, O sons of God, bring to the Lord young rams; bring to the Lord honour and glory.
- 2 Bring to the Lord glory to His name; worship the Lord in His holy court.
- 3 The voice of the Lord peals over the waters. It is the God of glory thundering. The Lord is over many waters.
- 4 The voice of the Lord is with power; the voice of the Lord is with majesty.
- 5 The voice of the Lord shatters cedars; The Lord shatters the cedars of Lebanon and breaks them to pieces.
- 6 As a young rhinoceros crushes a calf, so will the Beloved do to Lebanon.
- 7 The voice of the Lord bursts out in flashing lightning.
- 8 The voice of the Lord whirls the sand of the desert; the Lord whirls the desert of Kadesh.
- 9 The voice of the Lord brings the birth-pangs on hinds, <sup>102</sup> and strips the forests bare; while in His temple all say, 'Glory!' <sup>103</sup>

<sup>&</sup>lt;sup>101</sup> Cp. Isaiah 40:11; John 10:11.

<sup>&</sup>lt;sup>102</sup> Cp. Exodus 9:23. In thunderstorms deer often cast their young.

 $<sup>^{103}</sup>$  While storms rage on earth, all heavens sing God's glories. The storm of judgment

- 10 The Lord inhabits the flood; and the Lord sits enthroned as King eternally.
- 11 The Lord will give strength to His people; the Lord will bless His people with peace.

# Psalm 29: I will lift You on high, O Lord

#### Song of Praise and Thanksgiving: You have Healed Me

## In His Will is Life and Security

- 1 (A Song for the Dedication of David's Palace)
- 2 I will lift You on high, O Lord, for You have raised me up, and have not let my enemies rejoice over me.
- 3 O Lord, my God, I cried to You; and You have healed me.
- 4 O Lord, You have brought up my soul from hell; You have saved me from those going down to the pit.
- 5 Sing to the Lord, O you His Saints, and give thanks at the remembrance of His holiness.
- 6 For wrath is in His anger,<sup>104</sup>
  but in His will is life;
  in the evening weeping may pitch its tent,
  but joy comes with the morning.
- 7 So I said to myself in my prosperity: 'I shall never be shaken.'
- 8 O Lord, in Your love grant power to my beauty. 105
  But You did turn away Your face,
  and I became troubled.

clears the air for the Messianic age of peace (Shalom).

<sup>104</sup> By angering and displeasing God, we incur wrath and retribution, 'for the wages of sin is death' (Rom. 6:23). By doing God's will we find life, health and happiness (1 Jn. 2:17; 3:14; Rom. 14:17).

<sup>105</sup> 'Although I was beautiful by nature, I became feeble because I was deadened by sin through the malice of the serpent. So too the beauty I received from You when I was first created. You have added power to do Your will' (St. Basil the Great).

- 9 To thee, O Lord, I will cry, and I will pray to my God:
- 10 'What profit is there in my blood, <sup>106</sup> by my going down to corruption? Will the dust give thanks to You, or will it declare Your truth?'
- 11 The Lord has heard and had mercy on me; the Lord has become my helper.
- 12 You have turned my mourning for me into joy; You have ripped off my sackcloth and clothed me with gladness,
- 13 that my glory<sup>107</sup> may sing to You, and that I may not be pierced with sorrow. O Lord my God, I will give thanks to You for ever.

# Psalm 30: In You, O Lord, I hope and trust

## A Passion Psalm. Confident Prayer in Trouble

#### You have Redeemed Me, O Lord God of Truth

- 1 (A Psalm by David. Of Madness)
- 2 In You, O Lord, I hope and trust; let me never be put to shame. Rescue me and deliver me in Your righteousness.<sup>108</sup>
- 3 Incline Your ear to me; make haste to deliver me. Be my God and protector, my house of refuge to save me.
- 4 For You are my strength and my refuge, and for Your Name's sake
  You will guide me and support me.
- 5 You will get me out of this trap

<sup>&</sup>lt;sup>106</sup> Blood signifies death (cp. Lev. 17:14).

<sup>&</sup>lt;sup>107</sup> glory: 'The glory of a righteous man is the Spirit in him' (St. Basil the Great).

<sup>&</sup>lt;sup>108</sup> Christ is our righteousness and holiness (1 Cor. 1: 30). 'If anyone is in Christ, he is a new creation; the past is dead and gone, everything has become new' (2 Cor. 5:17).

which they have hidden for me, for You are my protector, O Lord.

- 6 Into Your hands I entrust my spirit;<sup>109</sup> for You have redeemed me, O Lord God of truth,
- 7 You hate those who observe empty follies;<sup>110</sup> but I trust in the Lord.
- 8 I will rejoice and be glad in Your mercy, for You have regarded my humility and have saved my soul from wants.
- 9 And You have not shut me up in the hands of my enemies, but have set my feet in fields of freedom.
- 10 Have mercy on me, O Lord, for I am distressed; my eye is troubled with anger, my soul and my body also.
- 11 For my life is spent with grief and my years with sighing; my strength has weakened from poverty, and my bones are troubled.
- 12 I have become a reproach among all my enemies, and especially among my neighbours, and a horror to my acquaintances; those who see me outside shun me.
- 13 I am forgotten like a buried corpse; I am become like a broken pitcher.
- 14 For I hear the blame of many who hover round me, as they conspire together against me and plot to take my life.
- 15 But I trust in You, O Lord.

<sup>&</sup>lt;sup>109</sup> Luke 23:46.

<sup>&</sup>lt;sup>110</sup> 'By follies he means distractions of the present life, by occupying ourselves with which we labour in vain' (St. Athanasius). By Biblical usage 'empty foilies' could also refer to idolatry (cp. Syriac: 'false worship').

I say: 'You are my God.'

16 My life is in Your hands.

Deliver me from the hand of my enemies and from those who persecute me.

- 17 Let Your face shine on Your servant; save me in Your mercy.
- 18 O Lord, let me not be disappointed, for I call upon You.Let the godless be disappointed and brought down to hell.
- 19 Let lying lips be dumb which forge iniquity against the righteous in pride and contempt.
- 20 O how great is Your infinite goodness, O Lord, which You have hidden for those who fear You and wrought for those who trust in You before the sons of men!
- 21 You hide them in the secrecy of Your presence from the disturbance of men;
  You shelter them in Your sanctuary from the strife of tongues.
- 22 Blessed is the Lord, for He has shown the wonder of His mercy in a besieged city.
- 23 Yet I said in my madness:
  'I am an outcast to Your watchful presence.'

  But You did hear the voice of my prayer
  when I cried to You.
- 24 Love the Lord, all you His Saints for the Lord requires truth and fully repays those who act with pride. 113

<sup>&</sup>lt;sup>111</sup> Supreme Goodness, God, Heaven is hidden in all things. Seek (See) and you will find. The apparent defeat and shame of the Cross is the supreme victory, blessing and grace of eternal Redemption (cp. Ps. 73:12; 110:9).

 $<sup>^{\</sup>rm 112}$  The sense of separation from God is the great illusion and madness.

25 Have courage and let your heart be strong, all you who trust in the Lord.

# Psalm 31: Blessed are they whose iniquities are forgiven

#### A Prayer of Repentance and Confession

## The Joy of Being Forgiven

(By David. Of Contemplation)

- 1 Blessed are they whose iniquities are forgiven, and whose sins are covered.<sup>114</sup>
- 2 Blessed is the man to whom the Lord imputes no sin and in whose mouth there is no deceit.
- 3 When I kept silent, 115 my bones grew old from my groaning all day long.
- 4 For day and night Your hand was heavy upon me; I was reduced to misery by a piercing thorn. (*Pause*)
- 5 I made known my sin to You and no longer hid my iniquity.
  I said: 'I will confess against myself my sin to the Lord.'
  And You forgave the profanity of my heart. (*Pause*)
- 6 For this every saint should pray to You at the right time: then in a flood of many waters the waves will not come near him.
- 7 You are my refuge from the trouble besetting me; my joy, deliver me from those who surround me. (*Pause*)
- 8 'I will instruct you and teach you the way to go; I will fix My eyes upon you.'

<sup>113</sup> *Or:* and repays those who act with excessive pride.

<sup>114</sup> Rom. 4:7,8. verbatim, cp. 'Love covers a multitude of sins' (1 Pet. 4:8). 'Such liberality God shows to sinners, that He not only forgives, but obliterates their sins, so that not the smallest vestige remains' (St. Theodoret). See also Ps. 84:3.

<sup>&</sup>lt;sup>115</sup> 'When I was unable to confess' (St. Athanasius). A year passed before David confessed his two sins to Nathan (2 Sam. 12).

- 9 Be not like a horse or a mule, which have no understanding, whose mouth must be held with bit and bridle, or they will not come near you.
- 10 Many are the scourges of the sinner, but mercy surrounds him who trusts in the Lord.
- 11 Be glad in the Lord and rejoice, you righteous; and exult all you whose hearts are right. 116

# Psalm 32: Rejoice in the Lord, you righteous

## The New Song of Victory and Heavenly Earthquake

#### Praise of God's Perfection in Word and Work

- 1 Rejoice in the Lord, you righteous! Praise befits the upright.
- 2 Give thanks to the Lord with the harp; sing praises to Him with a ten-stringed psaltery.
- 3 Sing Him a song that is new; sing with a will and a shout.
- 4 For the word of the Lord is true, and all His works are acts of faith.
- 5 He loves mercy and justice; the earth is full of the love of God.
- 6 By the Word of the Lord the heavens were made, all the heavenly host by the Breath of His mouth. 117
- 7 He gathers the sea waters as in a wineskin, He puts the oceans in His cellars.
- 8 Let all the earth fear the Lord, all who dwell in the world be shaken by Him. 118

<sup>&</sup>lt;sup>116</sup> Man is made for happiness, fruit of grace, forgiveness, right relations, holiness.

<sup>&</sup>lt;sup>117</sup> Breath: *or* Spirit, cp. Gen. 6:3; 6:17; 7:15. 'Here a glimpse of the Holy Trinity is revealed' (St. Athanasius).

 $<sup>^{118}</sup>$  cp. Ezek. 38:20; Hag. 2:6-7; Amos 9:9. 'I will shake the house of Israel among all the

- 9 For He spoke, and they were born;<sup>119</sup> He commanded, and they were created.
- 10 The Lord wrecks the plans of nations; He rejects the thoughts of peoples, and rejects the plans of rulers.
- 11 But the Lord's plan continues for ever, the thoughts of His heart from generation to generation.
- 12 Blessed is the nation whose God is the Lord, the people whom He has chosen as His own inheritance.
- 13 The Lord looks down from heaven, He sees all the sons of men.
- 14 From His permanent dwelling
  He regards all who dwell on the earth.
- 15 It is He Who forms their hearts separately, Who understands all their actions.
- 16 A king is not saved by a great army, and a giant is not saved by his great strength.
- 17 A horse is a hoax for safety, and with all its power it cannot save.
- 18 Behold, the eyes of the Lord are on those who fear Him, on those who hope for His mercy,
- 19 to deliver their souls from death, and to feed them in time of famine.
- 20 Our soul waits for the Lord; for He is our helper and protector.
- 21 Our heart rejoices in Him, and we trust in His holy name.
- 22 May Your mercy, O Lord, be upon us,

nations as one shakes with a sieve, but not a grain shall fall on the ground' (cp. Lk. 21:18, 'Not a hair of your head will be lost'). 'May all living on earth be shaken from their former state in which they served idols' (St. Athanasius the Great).

119 Naturally and spiritually (Jn. 3:3-6).

#### Psalm 33: I will bless the Lord at all times

## His Praise Continually in my Month

#### Taste and See that the Lord is Good

- 1 (By David, when he disguised his character before Abimelech, who let him go, and he went away)
- 2 I will bless the Lord at all times, His praise shall be continually in my mouth.
- 3 My soul will be praised in the Lord; let the meek hear and rejoice.
- 4 O magnify the Lord with me, and let us exalt His name together.
- 5 I sought the Lord and He answered me; and He delivered me out of all my troubles.
- 6 Surrender to Him and be radiant, and your faces will never be ashamed.
- 7 This poor man cried and the Lord heard him and saved him out of all his troubles.
- 8 The Angel of the Lord encamps round those who fear Him and delivers them.
- 9 O taste and see that the Lord is good; blessed is the man who trusts in Him.
- 10 Fear the Lord, all you His saints; for those who fear Him lack nothing.
- 11 The rich<sup>120</sup> do become poor and hungry, but those who seek the Lord lack no blessing. (*Pause*)
- 12 Come, children, listen to me; I will teach you the fear of the Lord.
- 13 Who is the man who desires life

<sup>&</sup>lt;sup>120</sup> *rich:* opposite of Mt 5:3; i.e., proud, fallen, apostate men.

and loves to see good days?

- 14 Keep your tongue from evil, and your lips from speaking deceit.
- 15 Shun evil and do good; seek peace and pursue it.
- 16 The eyes of the Lord are on the righteous, and His ears are open to their prayer.
- 17 But the face of the Lord is against evildoers, to wipe their memory from the land. 121
- 18 The righteous cry and the Lord hears them and delivers them from all their troubles.
- 19 The Lord is near the broken-hearted, and will save those who are humble in spirit.
- 20 Many are the troubles of the righteous, but the Lord will deliver them from them all.
- 21 The Lord guards all their bones, not one of them will be broken.
- 22 The death of sinners is evil, and those who hate the just man sin.
- 23 The Lord will redeem the souls of His servants, and none will sin who trust in Him.

# Psalm 34: Judge those who wrong me, O Lord

## Christ's Passion seen in the Psalmist's Struggle

#### The Lord be Magnified

(By David)

- 1 Judge those who wrong me, O Lord, fight those who fight me.
- 2 Take arms and shield,

<sup>121 &#</sup>x27;The land of the living.'

and rise to help me. 122

- 3 Draw the sword and bar the way against those who persecute me. Say to my soul: 'I am your salvation.'
- 4 Let those who seek my life be ashamed and confounded; let those who devise evils for me be abashed and routed.
- 5 Let them be like dust in the face of the wind, and let the angel of the Lord drive them.
- 6 Let their way be dark and slippery, and let the angel of the Lord pursue them.
- 7 For they hid their destructive snare for me without cause; in vain they reproached my soul.
- 8 Let a snare come upon them unawares; and let them be caught in the trap they have hidden, and let them fall into their own trap.
- 9 But my soul shall rejoice in the Lord and delight in His salvation.
- 10 All my bones will say: 'Lord, who is like You, who rescues the poor from the clutch of their overlords, and the poor and needy from those who rob them?'
- 11 False witnesses rose up against me, and asked me things of which I knew nothing.
- 12 They repaid me evil for good, to the desolation of my soul.
- 13 But I put on sackcloth, a hair-shirt when they molested me, and I humbled my soul with fasting; and my prayer will return to my own bosom.
- 14 As though he were our brother, our friend,
  I tried to conciliate him.
  As one mourning and grieving I humbled myself.

<sup>&</sup>lt;sup>122</sup> 'Look, the heavens are opened, and I can see the Son of Man standing at the right hand of God' (Acts 7:56).

- 15 But they rejoiced and gathered together against me.

  The scourgers gathered against me, and I knew not why. 123

  They were divided and felt no compunction.
- 16 They tempted me, they sneered at me. they gnashed their teeth at me.
- 17 O Lord, how long will You look on? Rescue my soul from their malice. my only one<sup>124</sup> from the lions,
- 18 I will thank You in a great assembly.

  I will praise You in a throng of people.
- 19 Let not those who are unjustly my enemies rejoice over me; let not those who hate me without cause wink their eyes. 125
- 20 For to me they spoke words of peace, while with wrath they were devising plots.
- 21 And they opened their mouths wide against me. and said: 'Fine, fine! Our eyes have seen it.'
- 22 You have seen, O Lord. Be not silent. O Lord, forsake me not.
- 23 Arise, O Lord, and attend to my judgment; avenge my cause, my God and my Lord.
- 24 Judge me, O Lord, by Your justice; O Lord my God, let them not rejoice over me.
- 25 Let them not say in their hearts: 'Fine, fine! Just what we wanted!' Let them not say: 'We have swallowed him up!'
- 26 Let those who rejoice at my troubles be ashamed and confounded together. Let those who boast over me be covered with shame and confusion.

<sup>123</sup> John 19:1; Mt. 27:26.

<sup>124</sup> cp. Psalm 21:21.

<sup>&</sup>lt;sup>125</sup> cp. John 15:25.

27 Let those who desire my justification rejoice and be glad.Let those who wish the peace of Your servant say continually: 'The Lord be magnified.'

28 And my tongue shall tell of Your justice<sup>126</sup> and all the day long sing Your praise.

# Psalm 35: The sinner, in order to sin, talks to himself

#### Fountain of Life, Torrent of Delight

#### Man's Malice and God's Goodness

1 (By David the Servant of the Lord)

- 2 The sinner, in order to sin, talks to himself. There is no fear of God before his eyes.
- 3 For he deceives himself over finding his sin and hating it.
- 4 The words of his mouth are wicked and false; he has no will to live wisely and well.
- 5 He plans wrongdoing on his bed, he is ready for any course not good, and vice he does not avoid.
- 6 O Lord, Your mercy reaches to heaven and Your truth to the clouds.
- 7 Your justice is like towering mountains, Your judgments are like the great deep. You save men and beasts, O Lord.
- 8 How great is Your mercy, O God!

  The children of men trust in the shelter of Your wings.
- 9 They will become drunk with the fat<sup>127</sup> of Your house, and they will drink from the torrent of Your delight.
- 10 For with You is the fountain of life,

<sup>&</sup>lt;sup>126</sup> cp. Psalm 36:30.

<sup>&</sup>lt;sup>127</sup> cp. Psalm 109:7.

and in Your light we see light. 128

- 11 O continue Your mercy to those who know You, and Your justice to the upright of heart.
- 12 Let not the foot of pride kick me, <sup>129</sup> and let not the hand of sinners shake me.
- 13 There all whose work is sin have fallen; they are thrust out and cannot stand.

## Psalm 36: Do not fret because of evildoers nor envy those who commit sin

#### The Meek inherit the Land of Peace

#### **Insecurity in Apparent Prosperity of Sinners**

(By David)

1 Do not fret because of evildoers, <sup>130</sup> nor envy those who commit sin.

2 For they will soon wither like grass, and like green herbs they will soon fall.

3 Trust in the Lord, and do good; dwell in the land 131 and be fed on its wealth. 132

4 Delight in the Lord, <sup>133</sup> and He will grant you your heart's desires.

<sup>131</sup> 'The land of the living' (St. Jerome). 'Our home is in Heaven' (Phil. 3:20). 'Live in My love' (Jn. 15:9).

<sup>&</sup>lt;sup>128</sup> No one can illumine himself; all light comes from above, from 'the Spirit of truth Who proceeds from the Father' (Jn. 15:26). In the light of the Spirit we see the Son and Word in Whom we see the Father: 'To see Me is to see Him Who sent Me' (Jn. 12:45). When light dawns in the dark heart of man, he sees his own deformity and need of salvation and at the same time 'the light of the glorious Gospel...in the person of Jesus Christ' (2 Cor. 4:3-6).

<sup>&</sup>lt;sup>129</sup> 'The Prophet asks to be free from passion' (St. Athanasius).

<sup>&</sup>lt;sup>130</sup> Prov. 24:19.

<sup>&</sup>lt;sup>132</sup> 'Wealth'. This is the only gold that satisfies without aggravating the desire which it seems to allay (cp. Rev. 21:21).

<sup>&</sup>lt;sup>133</sup> We delight in the Lord by seeing and contemplating God through His works, by living in His love, and by finding all our joy and happiness in Him.

- 5 Commit your way to the Lord, and trust in Him, and He will act.
- 6 And He will bring to light your honesty and make your cause clear as noonday.
- 7 Submit to the Lord and pray to Him.

  Do not fret over one who prospers in his way, 134 the man who thrives by dishonesty.
- 8 Cease from wrath and forsake anger; do not fret yourself into evildoing.
- 9 For the evildoers will be destroyed, but those who wait for the Lord will inherit the land.
- 10 Yet a little while, and the sinner is gone; you will seek his place and never find it.
- 11 But the meek will inherit the land, <sup>135</sup> and will delight in an abundance of peace.
- 12 The sinner watches the righteous man, and gnashes his teeth at him.
- 13 But the Lord laughs at him, for He sees that his day is coming. 136
- 14 The sinners draw their sword and bend their bow, to bring down the poor and needy, and slaughter the honest-hearted.
- 15 Let their sword enter their own heart, and let their bows be broken.
- 16 Better is the little that the righteous man has than the great wealth of sinners.

<sup>&</sup>lt;sup>134</sup> 'There are ways that seem right to a man, but they lead to the bottom of hell' (Prov. 16:25). cp. Heb. 4:10; Is. 28:12; 30:15; Jn. 4:34; 6:38.

 $<sup>^{\</sup>rm 135}$  cp. Mt. 5:5. 'Land':  $\it or$  earth. 'The land of the living.'

<sup>&</sup>lt;sup>136</sup> coming: 'We need not despair of anyone; so long as there is life. If we remember what we have been, we shall not despair of those who are now what we once were' (St. Augustine).

- 17 For the arms of sinners will be broken, but the Lord upholds the righteous.
- 18 The Lord knows the ways of the blameless, and their inheritance will be eternal.
- 19 They are not embarrassed in bad times, and in days of dearth they have enough.
- 20 But sinners will perish, those enemies of the Lord; no sooner honoured and exalted than they die and vanish like smoke.
- 21 The sinner borrows and does not repay; but the just man shows compassion and gives.
- 22 Those who bless him will inherit the land, but those who curse him will be ruined.
- 23 The steps of a man are directed by the Lord, when he takes great delight in His way.
- 24 When he happens to fall, he will not fall headlong; for the Lord holds his hand.
- 25 I was young and now I am old, yet I have not seen a good man forsaken or his children begging bread.
- 26 All day long the good are merciful and lend and their children are a blessing.
- 27 Shun evil and do good and live eternally.
- 28 For the Lord loves justice and will not forsake His saints; they will be kept for ever.

  But the lawless will be driven out, and the sons of the godless will be exterminated.
- 29 The righteous will inherit the land, and dwell in it for ever.
- 30 A just man's mouth reflects wisdom,

- and his tongue speaks justice.
- 31 The law of his God is in his heart, and his steps do not slip.
- 32 The sinner watches the righteous man and seeks occasion to kill him.
- 33 But the Lord will not leave him in his hands, nor condemn him when he is judged.
- 34 Wait for the Lord and keep His way, and He will exalt you to inherit the land. When sinners are destroyed, you will see it.
- 35 I have seen a godless man highly exalted and towering aloft like the cedars of Lebanon.
- 36 And I passed by, and lo! he was gone.

  I looked for him, and he was nowhere to be found. 137
- 37 Watch innocence, and behold justice, for there is a future for the man of peace. 138
- 38 But sinners will be exterminated together; the remnants of the godless will be destroyed.
- 39 The salvation of the righteous is from the Lord, and He is their protector in time of trouble.
- 40 The Lord will help them and deliver them; He will rescue them from sinners and save them, because they put their trust in Him.

# Psalm 37: O Lord, rebuke me, but not in Your anger

#### The Saviour's Passion

#### The Suffering Saint and the Isolation of Sin

1 (A Psalm by David. For a Memorial. Concerning the Sabbath)

2 O Lord, rebuke me, but not in Your anger;

<sup>137 &#</sup>x27;Remove sin, and then whatever you see in man is of God' (St. Augustine)

<sup>&</sup>lt;sup>138</sup> Compare Ps. 36:1, 37 with Proverbs 24: 19-20 (RSV) and Mt. 5:5-9.

and chasten me, but not in Your wrath. 139

- 3 For Your arrows stick fast in me, and You are pressing Your hand upon me.
- 4 There is no healing in my flesh because of Your wrath, there is no peace in my bones because of my sins.
- 5 For my sins have gone over my head; they weigh upon me like a heavy burden.
- 6 My wounds stink and fester through my foolishness.
- 7 I am miserable and utterly dejected; I go mourning all day long.
- 8 For my soul is filled with mockings, and there is no healing in my flesh.
- 9 I am afflicted and humbled exceedingly; I roar from the anguish of my heart.
- 10 Lord, You know all my desire, and my groaning is not hidden from You.
- 11 My heart is troubled, my strength fails me; and the very light of my eyes is no longer with me.
- 12 My friends and my neighbours draw near and confront me; and my nearest stand afar off.
- 13 Those also who seek my life take to violence; and those who seek to do me evil discuss intrigues and imagine deceits all the day long.
- 14 But I am like a deaf man who cannot hear and like a dumb man who cannot open his mouth.
- 15 I have become like a man who hears nothing and in his mouth has no rebukes.
- 16 For in You, O Lord, I have put my trust; You will answer me, O Lord my God.

<sup>139</sup> cp. Heb. 12:5-13. Psalm 6:2 is identical with 37:2.

- 17 For I pray: 'Do not let my enemies rejoice over me and exult over me if my feet slip.'
- 18 For I am ready for scourges, and my pain is before me continually.
- 19 For I confess my lawlessness and I am concerned about my sin.
- 20 But my enemies live and have got possession of me, and those who hate me wrongfully have multiplied.
- 21 Those who repay me evil for good have slandered me, because I pursue goodness.
- 22 Forsake me not, O Lord; O my God, be not far from me.
- 23 Come to my help, O Lord of my salvation.

#### Psalm 38: I said: 'I will watch my ways, lest I sin with my tongue

#### Pilgrims and Strangers, Nomads and Guests

#### The Lord is my Patience and my Courage

- 1 (For Jeduthun. A Song by David)
- 2 I said: 'I will watch my ways, lest I sin with my tongue. I must put a muzzle on my mouth so long as sinners are with me.'
- 3 I became dumb and was humble, and I stopped doing good, yet my pain only grew worse.
- 4 My heart burned within me, and as I reflected the fire blazed out. Then I prayed with my tongue:
- 5 'Lord, let me know my end and the number of my days,

that I may know what I lack. 140

- 6 You have made my days a few spans, and my existence is nothing in Your sight.' Truly all is vanity, every man alive. (*Pause*)
- 7 Surely man passes like a shadow, and disquiets himself in vain; he hoards wealth and does not know for whom he is gathering it.
- 8 And now, who is my patience?<sup>141</sup>
  Is it not the Lord?
  And my courage is from You.
- 9 Deliver me from all my sins; You have made me the taunt of the fool.
- 10 I am dumb and tongue-tied, because You have made me so.
- 11 Remove Your scourges from me, for I faint at the vehemence of Your hand.
- 12 With rebukes You correct man for sin, and put his soul to the test till he is as weak as a spider.

  Yet every man disquiets himself in vain. (Pause)
- 13 Hear my prayer, O Lord, and give ear to my petition; be not silent at my tears. For I am a pilgrim and stranger with You as all my fathers were.
- 14 O spare me, that I may recover my strength, before I depart and exist no more.

#### Psalm 39: I waited and waited for the Lord

A New Song: Praise to our God

A Body Prepared for the Redeemer: I come to do Your will

<sup>&</sup>lt;sup>140</sup> cp. Mt. 19:20. 'One thing you lack' (Mk. 10:21).

<sup>&</sup>lt;sup>141</sup> patience: endurance, perseverance, persistence (Lk. 21:19).

#### 1 (A Psalm by David)

- 2 I waited and waited for the Lord, and He attended to me and heard my prayer.
- 3 And He brought me up out of the pit of misery and from the miry clay, and He set my feet on a rock and directed my steps.
- 4 And He has put a new song in my mouth, praise to our God. He Many will see and fear, and will trust in the Lord.
- 5 Blessed is the man whose hope is the name of the Lord, and who pays no regard to vanities or mad delusions.
- 6 Many are Your works, O Lord my God; and the wonders You have done for us, and in Your thoughts there is no one like You.

  If I recount or speak of them, they are more than I can tell.
- 7 Sacrifice and offering You have not desired, 143 but a body You have prepared for me. Burnt-offerings and sin-offerings You have not required.
- 8 Then I said: Lo, I come (in the roll of the Book it is written of me)
- 9 to do Your will, O my God!<sup>144</sup>
  I am determined to do it;
  indeed Your law is within my heart.
- 10 I have preached righteousness in the great congregation. 145

 $<sup>^{142}</sup>$  'Nothing so sustains and strengthens Christian souls as persevering and untiring praise of God' (St. Leo the Great).

 $<sup>^{\</sup>rm 143}$  cp. 1 Sam. 15:22. Love shown in obedience is the true sacrifice.

<sup>&</sup>lt;sup>144</sup> Heb. 10:3-10; Lk. 4:16-21; Lk. 24:44; Jn. 4:34; Rom. 7:22. 'The Jews still keep their Scriptures in scrolls' (St. Theodoret).

I will not restrain my lips; You know, O Lord.

## 11 I have not hidden Your righteousness within my heart; I have declared Your truth and Your salvation. I have not hidden Your mercy and Your truth from a large assembly.

#### 12 Withhold not then, O Lord, Your compassion from me; let Your mercy and Your truth continually uphold me.

13 For countless evils surround me; my sins have caught me so I cannot look up. They are more than the hairs of my head, and my heart fails me.

### 14 Be pleased, O Lord, to deliver me: O Lord, draw near and help me.

- 15 Let those who seek to destroy my soul be ashamed and confounded together; let those who wish me evil be turned back and put to shame.
- 16 Let those who say to me, 'Fine, fine!' suddenly earn their shame.
- 17 Let all who seek You rejoice and be glad in You, O Lord; and let those who love Your salvation say continually, 'The Lord be magnified.'
- 18 But I am poor and needy; the Lord will care for me. You are my helper and my protector; O my God, make no delay.

#### Psalm 40: Blessed is he who considers the poor and needy

The Blessing of Compassion: Prayer for Healing

 $<sup>^{145}\,\</sup>mbox{The}$  great universal Church (cp. St. Athanasius).

#### Christ's Betrayal Foreshadowed

#### 1 (A Psalm by David)

- 2 Blessed is he who considers the poor and needy; the Lord will deliver him in time of trouble.
- 3 The Lord will guard him and give him life, and will bless him in the land, and will not give him up into the hands of his enemies.
- 4 The Lord will help him on his bed of pain; You will turn all his bed to health in his sickness.
- 5 I said: 'Lord, be merciful to me; heal my soul, for I have sinned against You.'
- 6 My enemies vent their malice against me: 'When will he die and his name perish?'
- 7 And if one comes to see me, he talks nonsense; his heart gathers iniquity to itself.
  He goes out, and speaks of it. 146
- 8 All my enemies whisper against me; they devise evils against me.
- 9 They spread a false report against me.
  Will not the sleeper surely rise again?<sup>147</sup>
- 10 Why, even my intimate friend in whom I trusted, who shared my bread, has lifted up his heel against me. 148
- 11 But You, O Lord, have mercy on me<sup>149</sup> and raise me up, and I will repay them.
- 12 By this I know that You delight in me, that my enemy does not triumph over me.

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<sup>146</sup> John 13:30.

 $<sup>^{147}</sup>$  'Do you think to conquer Life by death? Death is merely sleep, and I will rise again' (St Athanasius).

<sup>&</sup>lt;sup>148</sup> John 13:18. Just as Ahitophel turned against David and then hanged himself, so Judas turned against Jesus (2 Sam. 17:1,2,23).

<sup>&</sup>lt;sup>149</sup> With the Gospel of forgiveness (1 Sam. 24:17-20; Lk. 23:34).

- 13 And because of my innocence You have helped me and secured me in Your presence for ever.
- 14 Blessed is the Lord God of Israel from age to age.
  Amen. Amen.

#### Psalm 41: As years the deer over springs of water

The Ultimate Sorrow: Loss of God

I Thirst: Deep calls to Deep

1 (For contemplation. For the sons of Korah)

- 2 As yearns the deer over springs of water, <sup>150</sup> so yearns my soul for You, O God.
- 3 My soul thirsts for God, for the strong living God. When shall I come and behold the face of God?
- 4 My tears are my bread day and night, while they say to me daily: 'Where is your God?'
- 5 These things I remember, and pour out my soul within me. I will pass into a place of wondrous protection to the house of God with shouts of joy and thanksgiving and festive singing.
- 6 Why are you downcast, O my soul?
  And why are you disquieting me?
  Trust in God, for I will praise and thank Him;
  He is the salvation of my person and my God.
- 7 My soul is troubled within me.

  Therefore I will remember You
  from the land of Jordan
  and the Hermons, from the small mountain.
- 8 Deep calls to deep at the roar of Your cataracts; all Your waves and Your billows sweep over me.

<sup>&</sup>lt;sup>150</sup> In Palestine which is rainless for 9 months of the year, springs, wells and aqueducts are kept covered. Deer come and stand over the water, braying and languishing for the hidden treasure below. With this psalm in His heart Christ said, 'I thirst' (Jn. 19:28).

- 9 The Lord will show His mercy in the daytime, and in the night His song is with me, a prayer to the God of my life.
- 10 I will say to God: 'You are my protector. Why have You forgotten me? And why must I go mourning with my enemy oppressing me?'
- 11 As if crushing my bones my enemies taunt me and say to me daily: 'Where is your God?'
- 12 Why are you downcast, O my soul?
  And why are you disquieting me?
  Trust in God, for I will praise and thank Him;
  He is the salvation of my person and my God.

#### Psalm 42: Judge me, O God, and defend my cause

#### Light and Truth from God's Holy Mountain

#### The Way to God is the Way of the Altar

(A Psalm by David)

- 1 Judge me, O God, and defend my cause from an unholy nation; deliver me from the wicked and treacherous man.
- 2 For thou, O God, art my strength. Why have You rejected me? And why must I go mourning with my enemy oppressing me?
- 3 O send out Your light and Your truth that they may lead me and bring me to Your holy mountain and to Your dwelling.
- 4 And I will go to the altar of God, to God, the joy of my youth. <sup>151</sup> I will praise and thank You on the harp, O God, my God.

<sup>&</sup>lt;sup>151</sup> The way to God is the way of the altar of the cross (Heb. 4:16; 13:10). God is the joy of the new man born crucified. Joy renews life. (St Athanasius)

- 5 Why are you downcast, O my soul? And why are you disquieting me?
- 6 Trust in God, for I will praise and thank Him; He is the salvation of my person and my God.

#### Psalm 43: O God, we have heard with our ears

#### Saved for Love, Service and Suffering

#### In God We Glory and are Killed All Day Long

- 1 (For the sons of Korah. A Psalm for Contemplation)
- 2 O God, we have heard with our ears and our fathers have told us the work You did in their days, in the days of long ago.
- 3 Your hand destroyed the nations, and You did plant our fathers. 152 You did afflict peoples and evict them.
- 4 For it was not by their sword that they took possession of the land, and it was not their arm that saved them; but it was Your right hand and Your arm and the light of Your face and presence, because of Your love for them.
- 5 You Yourself art my King and my God, Who dost command the salvation of Jacob.
- 6 Through You we rout our enemies, and in thy name we scorn our assailants.
- 7 For I will not trust in my bow, and it is not my sword that will save me.
- 8 But it is You Who saves us from our oppressors, and putts to shame those who hate us.
- 9 In God we glory all day long,

<sup>&</sup>lt;sup>152</sup> cp. 2 Macc. 1:29, 'Plant Your people in Your sanctuary, as Moses said' (Dt. 30:5; Ex. 15:17).

- and we give praise and thanks to Your name for ever. (Pause)
- 10 Yet now You have rejected us and put us to shame. by not going out with our armies, O God.
- 11 You have put us to flight before our enemies, and those who hate us plunder us as they please.
- 12 You have given us up like sheep to be eaten and have scattered us among the nations.
- 13 You have sold Your people for nothing, and there is no gathering at Your festivals.
- 14 You have made us the taunt of our neighbors, a scorn and derision to those around us.
- 15 You have made us a byword among the nations, a shaking of the head among the peoples.
- 16 All day long my disgrace is before me, and my face is covered with shame,
- 17 at the voice of the taunter and blasphemer, at the sight of the enemy and avenger.
- 18 All this has come upon us, yet we had not forgotten You or broken Your covenant.
- 19 We have not withdrawn our hearts from You, yet You have turned our steps from Your way.
- 20 For You have humbled us in a place of affliction and covered us with the shadow of death.
- 21 If we have forgotten the name of our God, <sup>153</sup> or stretched out our hands to a strange god,
- 22 will not God require us to answer for it? For He knows the secrets of the heart.
- 23 Yet for Your sake we are being killed all day long, 154

<sup>&</sup>lt;sup>153</sup> Yahweh = He Who is. The name implies the nature which demands the love of the whole man, to the exclusion of all other objects of adoration (Acts 4:12; Ex. 3:13-15).

we are counted as sheep for slaughter.

- 24 Awake, why do You sleep, O Lord? Arise, reject us not for ever.
- 25 Why turn Your face away and forget our need and our affliction?
- 26 For our soul is humbled to the dust; our belly hugs the earth.
- 27 Arise, O Lord, help us and redeem us for Your name's sake.

#### Psalm 44: My heart is bubbling over with a good word

## The Messiah King in His Beauty and Universal Rule

#### Wedding Song of the Warrior King

- 1 (For those who are to be changed. For the sons of Korab. For contemplation. A song of the Beloved)
- 2 My heart is bubbling over with a good word;<sup>155</sup> I address my works to the King.

  My tongue is the pen of a ready writer.
- 3 You are lovely with a beauty beyond the sons of men; grace pours from Your lips; therefore God has blessed You for ever.
- 4 Gird Your sword on Your thigh, O Mighty Warrior, <sup>156</sup> in thy splendor and beauty.
- 5 Draw Your bow and prosper and reign in the cause of truth and meekness and justice; and Your right hand will guide You wonderfully.
- 6 Your arrows are sharp, O Mighty Warrior,

 $<sup>^{154}</sup>$  Rom. 8:36 'It is possible to die many times in a day. For he who is always ready to die keeps receiving his full reward' (St. Chrysostom).

<sup>&</sup>lt;sup>155</sup> 'Refers to the intellectual faculty of the soul, because of all the ideas that are constantly bubbling and welling up. He who fixes his gaze on the infinite beauty of God is constantly discovering something new. And as God continues to reveal Himself, man continues to wonder.' (St. Gregory of Nyssa).

<sup>&</sup>lt;sup>156</sup> cp. Rev. 19:11-16.

- in the heart of the King's enemies;<sup>157</sup> peoples will fall under You.
- 7 Your throne, O God, is for ever and ever; the sceptre of Your Kingdom is a rod of justice.
- 8 You have loved right and hated wrong.

  Therefore God. Your God, has anointed You with the oil of gladness beyond Your fellows. 158
- 9 Your garments are fragrant with myrrh, aloes and cassia, from the ivory palaces which gladden You.
- 10 Kings' daughters are among Your ladies of honor. On Your right hand stands the queen arrayed in gold inwrought with many colors.
- 11 Listen, my daughter, and see, and incline your ear; and forget your people and your father's house.
- 12 Then the King will desire your beauty, for He is your Lord and you shall worship Him.
- 13 And the daughter of Tyre will worship You with gifts; the richest of the people will entreat Your favor. 159
- 14 All the glory of the King's daughter is within, though she is arrayed in tasseled gold inwrought with many colors.
- 15 The virgins in her train will be brought to the King; those near her will be brought to You.
- 16 They will be brought with joy and gladness; they will be led into the King's temple.
- 17 Instead of Your fathers, sons are born to You; You shall make them rulers over all the earth.
- 18 I will remember Your name throughout all generations; therefore people will praise and thank You for ever and ever.

 $<sup>^{157}</sup>$  The arrows of divine love wound the hearts of God's enemies and turn them into lovers.

 $<sup>^{158}</sup>$  Heb. 1:8;9. 'The coming of Messiah is mentioned first and foremost in Psalm 44' (St. Athanasius the Great).

<sup>159</sup> Favor: Lit. Face. A Hebraism. cp. Psalm 118:58.

#### Psalm 45: Our God is our refuge and strength

#### God is with Us: Lifted Up on the Cross

#### The Warrior King is Abolishing War

- 1 (For the sons of Korah. A Psalm concerning hidden things)
- 2 Our God is our refuge and strength, our helper in the troubles that grievously befall us.
- 3 So we will not fear though the earth should rock and mountains be hurled into the heart of the sea,
- 4 though its waters roar and foam, though the mountains are convulsed by His power. (*Pause*)
- 5 The streams of the river gladden the city of God;<sup>160</sup> the Most High has sanctified His dwelling-place.
- 6 God is within her, and she cannot be shaken; God will help her at break of dawn. 161
- 7 Nations are in turmoil, kingdoms totter; He lifts His voice, the earth reels.
- 8 The Lord of Hosts is with us; the God of Jacob is our protector. (*Pause*)
- 9 Come and see the works of God, the wonders He has done on earth.
- 10 He is abolishing wars all over the earth; He breaks the bow and snaps the spear, and burns up all the shields with fire. 162
- 11 Be still and know that I am God; I will be exalted among the nations, I will be lifted up on the earth. 163

<sup>&</sup>lt;sup>160</sup> Rev. 22:1.

<sup>&</sup>lt;sup>161</sup> Security of citizens of the Holy City. Break of Dawn is Christ's death. (cp. Is. 30:26).

<sup>&</sup>lt;sup>162</sup> cp. 75:4; Is. 2:4; 11:9; 65:25; Hos. 2:18; Zac. 9:10.

<sup>&</sup>lt;sup>163</sup> Cp. Jn. 3:14; 8:28; 12:32. 'I will be lifted up on the cross' (St. Basil the Great).

#### Psalm 46: All you nations, clap your hands

### The Great King of the Earth: His Triumphant Ascension

#### A Call to All Nations to clap for Joy: Love Reigns

- 1 (A Psalm for the sons of Korah)
- 2 All you nations, clap your hands;<sup>164</sup> shout to God with cries of joy.
- 3 For the Lord Most High is terrible;<sup>165</sup> He is the great King over all the earth.
- 4 He subdues peoples under us, and nations under our feet.
- 5 He has chosen for us an inheritance for Him, 166 the beauty of Jacob whom He loves. (*Pause*)
- 6 God has gone up with a shout, the Lord with the sound of a horn.
- 7 Sing praises, sing praises to our God; Sing praises, sing praises to our King.
- 8 For God is King of all the earth; sing praises with understanding.
- 9 God is reigning over the nations; God is seated on His holy throne.
- 10 Rulers of peoples gather together with the people of the God of Abraham, for God's strong men of the earth are highly exalted.<sup>167</sup>

*Scholasate* = 'Be still, all ears and attention.'

<sup>&</sup>lt;sup>164</sup> 'The calling of the Gentiles is to be understood, as in 71:9' (St. Athanasius).

<sup>&</sup>lt;sup>165</sup> Cp. Heb. 12:28,29; Deut. 4:24; 9:3; 10:17-21; Neh. 1:5; Zeph. 2:11.

<sup>&</sup>lt;sup>166</sup> Cp. Ex. 15:17; Is. 58:14: I Pet. 1:4.

 $<sup>^{\</sup>rm 167}$  'Who are God's strong men? They are the Apostles and all the faithful. They are

#### Psalm 47: Great is the Lord and greatly to be praised

#### The Glory of Mount Zion, God's Eternal City

#### The Invincibility of the Church

- 1 (Psalm of a Song for the Songs of Korah. For the second Sabbath)
- 2 Great is the Lord and greatly to be praised in the city of our God, on His holy mountain,
- 3 beautifully situated, the joy of all the earth. Mount Zion, the northern slopes is the city of the great King.<sup>168</sup>
- 4 God is known within her citadels when He defends her.
- 5 For lo, the kings of the earth joined forces and advanced together.
- 6 On seeing her they were lost in wonder; they were alarmed, they were shaken.
- 7 Trembling seized them there, like the pangs of a woman in childbirth,
- 8 when with a violent wind You did wreck the ships of Tarshish. 169
- 9 As we have heard, so we have seen<sup>170</sup> in the city of the Lord of Hosts, in the city of our God;
  God has founded her for ever. (*Pause*)
- 10 We have received Your mercy, O God, in the midst of Your people.

strong because they faced the whole world, they overcame all, and nothing could defeat them' (St. Chrysostom).

<sup>&</sup>lt;sup>168</sup> 'Jerusalem is the city of the great King' (Mt. 5:35). cp. Lam. 2:15.

<sup>&</sup>lt;sup>169</sup> Tarshish: in Ceylon. The words used for ivory, apes and peacocks brought from Tarshish are Singhalese Tamil (II Chron. 9:21).

<sup>&</sup>lt;sup>170</sup> cp. Ps. 71:10. 'What we heard, we have seen in actual fact, namely victories, triumphs, God's providential care, astounding miracles' (St. Chrysostom).

- 11 Your praise, O God, like Your name reaches to the ends of the earth. Your right hand is full of justice, righteousness and right judgment.
- 12 Let Mount Zion be glad and let the daughters of Judah rejoice because of Your judgments, O Lord.
- 13 Encircle Zion and make the round of her;<sup>171</sup> take count of her towers.
- 14 Give your mind to her power, <sup>172</sup> and inspect her citadels, that you may tell the next generation:
- 15 This is our God for ever and ever. He will shepherd us eternally.

#### Psalm 48: Hear this, all you nations

#### Riches and Honor and the Grim Shepherd Death

#### God will Redeem my Soul

- 1 (A Psalm for the Sons of Korah)
- 2 Hear this, all you nations; give ear, all dwellers in the world,
- 3 clods of earth and men of worth, rich and poor alike.
- 4 My mouth will speak wisdom as the meditation of my heart brings understanding.
- 5 I will incline my ear to a parable; I will expound my problem on the harp.
- 6 Why should I fear on an evil day, when iniquity dogs my heel and surrounds me?

<sup>&</sup>lt;sup>171</sup> After the victory, there is a tour of inspection. Perhaps this Psalm was sung as the procession went round the city walls.

<sup>&</sup>lt;sup>172</sup> *Lit.* Set your hearts on her power.

- 7 Some trust in their power, and some boast of the amount of their wealth.
- 8 A brother cannot redeem; can a man redeem?<sup>173</sup> He cannot give a ransom to God for himself,
- 9 or the price of his soul's redemption, even if he were to labour all his life
- 10 and were to live for ever. Will he not see corruption when he sees the wise dying?
- 11 The fool and the dolt perish together, and they leave their riches to strangers.
- 12 And their graves are their homes for ever, their dwelling-places for all generations; they call their lands after their own names.
- 13 But man who was in honor did not understand: he has been compared to thoughtless animals and has become like them.
- 14 This very way of theirs is a pitfall to them, vet after all this they express delight with their mouth. (Pause)
- 15 They are driven to hell like sheep, where death shepherds them. But with the Dawn the upright will rule over them, and their help will vanish in hell. They are banished from their glory.
- 16 But God will redeem my soul from the power of hell, when He receives me. (Pause)
- 17 Have no fear when a man grows rich or when the glory of his house increases;
- 18 for he will take nothing with him when he dies,

<sup>&</sup>lt;sup>173</sup> Yes, when that man is also the Eternal Son and Word and Wisdom of God, 'the one Mediator between God and men, the man Christ Jesus' (1 Tim. 2:5; Jn. 1:1; etc.)

- and his glory will not descend with him.
- 19 Though during his life his soul is blessed and he thanks You when You prosper him,
- 20 yet he will go to join his fathers and will never see the light.
- 21 Man who was in honor did not understand: he has been compared to thoughtless animals and has become like them.

#### Psalm 49: The God of gods, the Lord, has spoken

#### The Sacrifice of Praise: Worship in Spirit

#### Sins of Formalism and Hypocrisy

(A Psalm by Asaph)

- 1 The God of gods, the Lord, has spoken and has called the earth from sunrise to sunset.
- 2 The loveliness of His beauty has appeared out of Zion.
- 3 God will come visibly; no longer will our God keep silence. A fire will burn before Him, and a mighty storm will rage round Him.
- 4 He will summon heaven above and the earth to judge His people.
- 5 Gather His saints together to Him—
  those who have made a covenant with Him for sacrifice.
- 6 And the heavens will declare His justice, for God is judge. (*Pause*)
- 7 'Listen, My people, and I will speak.
  O Israel, I must protest against you:
  I am God, your God.
- 8 I find no fault with your sacrifices;

your whole burnt-offerings are before Me continually.

- 9 It is not bullocks from your farm I welcome, nor he-goats from your folds.
- 10 For all the beasts of the forest are Mine, the herds and cattle on the mountains.
- 11 I know all the birds of the sky, and all the beauty of the countryside is Mine.
- 12 If I am hungry, I will not tell you; for the world is Mine, and all that is in it.
- 13 Am I to eat bulls' flesh, or drink the blood of goats?
- 14 Offer to God a sacrifice of praise, and pay your vows to the Most High.
- 15 Then call upon Me in the day of trouble, and I will deliver you and you will glorify Me.' (Pause)
- 16 But to the sinner God says:

  'Why do you declare My rights,
  and take My covenant in your mouth,
- 17 while you hate correction, and turn your back on My words?<sup>174</sup>
- 18 If you see a thief, you run with him, and you throw in your lot with adulterers.
- 19 Your mouth exaggerates malice, and your tongue weaves deceit.
- 20 You sit and speak against your brother, and provoke a scandal against your own mother's son.

<sup>&</sup>lt;sup>174</sup> words: In the first place the Ten Words or Commandments, three of which are named here: stealing, adultery and blasting instead of blessing (false witness). The commandments are correctives (verse 17a).

- 21 These things you have done, and I was silent.
  You assumed the profanity that I am like you.
  I will convict you and set your sins before your face.
- 22 Now consider this, you who forget God, lest death snatch you away and there is no one to save you.'
- 23 The sacrifice of praise glorifies Me, and this is the way I will show him My salvation.

#### Psalm 50: Have mercy on me, O God, in Your great mercy

#### **Broken-Hearted Repentance**

#### The Renewal of the Holy Spirit

1 (A Psalm by David, when Nathan the Prophet came to him

2 for his sin with Bathsheba)

- 3 Have mercy on me, O God, in Your great mercy; and in Your abundant compassion blot out my transgression.
- 4 Wash me thoroughly from my iniquity, and cleanse me from my sin.
- 5 For I realize my iniquity, and my sin is before me continually.
- 6 Against You only have I sinned and done evil in Your sight, that You may be justified in Your words and win when You are judged.<sup>175</sup>
- 7 For, behold, I was conceived in iniquities, and in sins did my mother desire me.

<sup>&</sup>lt;sup>175</sup> Men accuse God of various wrongs. So God is thought of as under trial. But when a man admits his guilt, God is acquitted and wins His case, so to speak, and incidentally wins the heart and soul of His child (cp Lk 23:39-43).

- 8 For, lo, You love truth; the unknown and secret things of Your wisdom You have made known to me.
- 9 You shall sprinkle me with hyssop,<sup>176</sup> and I shall be cleansed; You shall wash me, and I shall be whiter than snow.
- 10 You shall make me hear joy and gladness; the bones that have been humbled will rejoice.
- 11 Turn Your face from my sins, and blot out all my iniquities.
- 12 Create in me, a clean heart, O God; and renew Your right Spirit within me.
- 13 Cast me not away from Your face, and take not Your Holy Spirit from me.
- 14 Restore to me the joy of Your salvation, and strengthen me with Your ruling Spirit.
- 15 I shall teach Your ways to the lawless, and the godless will return to You.
- 16 Deliver me from blood, O God,O God of my salvation,and my tongue will extol Your justice.
- 17 O Lord, You will open my lips, and my mouth shall declare Your praise.
- 18 For if You had desired sacrifice, I would have given it. Burnt-offerings do not please You.
- 19 The sacrifice for God is a broken spirit; a broken and humbled heart God will not despise.
- 20 Gladden Zion, O Lord, with Your goodwill, and let the walls of Jerusalem be built.

<sup>&</sup>lt;sup>176</sup> Exodus 12:22; John 19:29; Hebrews 9:19.

21 Then You will be pleased with the sacrifice of righteousness, the oblation and burnt-offerings; then they will offer calves on Your altar.

#### Psalm 51: Your tongue devises injury and falsehood

#### A Fruitful Tree in God's House

#### The Fate of Liars and Worshippers of the Beast

- 1 (Of Contemplation. By David; when Doeg the Edomite came and
- 2 told Saul and said to him, 'David went to Abimelech's house.')
- 3 Why do you glory in evil, strong man, and commit iniquity all day long?
- 4 Your tongue devises injury and falsehood; like a sharp razor you practice deceit.
- 5 You love evil more than goodness, and lying rather than speaking the truth. (*Pause*)
- 6 You love all devouring words, and a deceitful tongue.
- 7 For this God will destroy you utterly; He will pluck you out and drive you from your dwelling, and root you out of the land of the living. (*Pause*)
- 8 The righteous will see and fear; and they will laugh at him, and say:
- 9 'Behold the man who would not make God his helper, but trusted in the amount of his riches, and strengthened himself in his vanity!'
- 10 But I am like a fruitful olive tree in the house of God;I trust in the mercy of God for this life and for eternity.
- 11 I will praise and thank You for ever for all You have done;

and I will stand by Your name, for it is good to be with Your saints.

#### Psalm 52: The fool says in his heart: 'There is no God'

#### Unbelief leads to Idolatry and Immorality

#### **Evildoers Haunted by Fear and Shame**

- 1 (A Prayer of Contemplation. By David)
- 2 The fool says in his heart: "There is no God.'
  They are corrupt and abominable in their iniquities; there is not one that does good.
- 3 God looks through from heaven at the sons of men to see if any understand or seek God.
- 4 All have strayed, one and all are depraved; there is not one that does good, no not one.
- 5 Will they never learn, all the evildoers, who eat up My people like eating bread, and never call upon God?
- 6 They tremble with fear where there is nothing to fear, for God scatters the bones of the men-pleasers; they are put to shame because God rejects them.
- 7 Who will give salvation to Israel out of Zion? When the Lord restores the captives of His people, Jacob will rejoice and Israel will be glad.

#### Psalm 53: O God, save me by Your Name

#### Song of Faith in God's Full Redemption

#### Faith Sees and Receives the Answer

- 1 (With songs. Of contemplation. By David; when the Ziphites came and told Saul that David was hiding among them)
- 2 O God, save me by Your Name,

- 3 and judge me by Your power. 177
- 4 Hear my prayer, O God; give ear to the words of my mouth.
- 5 For strangers have risen against me, and the mighty have sought my life and have not set God before them.
- 6 Behold, God is helping me; the Lord is the defender of my soul.
- 7 He will turn the evils upon my enemies. <sup>178</sup> Destroy them in Your truth.
- 8 I will freely sacrifice to You; I will praise Your Name, O Lord, for it is good. 179
- 9 For You have delivered me out of all my trouble, and my eye has seen the fall of my enemies. 180

#### Psalm 54: Give ear, O God, to my prayer

#### The Wings of a Dove: Cast your Care on the Lord

#### Care is a Burden that Stoops the Heart

- 1 (A Prayer of Contemplation. By David)
- 2 Give ear, O God, to my prayer, and despise not my petition.
- 3 Attend to me and hear me.

  I am grieved by my trial, and am troubled,

<sup>&</sup>lt;sup>177</sup> 'The suffering of the Prophet David is a type of the Passion of our Lord Jesus Christ. By the power of God's judgment human weakness is rescued to bear God's name and nature ... as the reward of His obedience He is exalted to the saving protection of God's name. The Son of Man was to have the name and power of the Son of God restored to Him by the power of judgment' (St. Hilary). Cp. Rom. 1:2-4.

<sup>&</sup>lt;sup>178</sup> 'They found, in ruin and destruction by famine and war, their reward for crucifying God and condemning the Lord of Life to death ... The Truth of God destroyed them when He rose to resume the majesty of His Father's glory' (St. Hilary).

<sup>&</sup>lt;sup>179</sup> We rejoice in praising God because God is our joy and to praise Him is itself a joy. <sup>180</sup> Lk. 10:18; 2 Thess. 1:6.

- 4 because of the voice of the enemy, and because of the oppression of the sinner; for they have cast a slur upon me, and have boiled with anger against me.
- 5 My heart was troubled within me, and fear of death fell upon me.
- 6 Fear and trembling came upon me, and darkness overwhelmed me.
- 7 And I said: 'Who will give me wings like a dove, and I will fly away and be at rest?' 181
- 8 Lo, far have I fled, and have camped in the desert.
- 9 I waited for Him Who saves me from faint-heartedness and from storm.
- 10 Drown their voices, O Lord, and divide their tongues, for I see only iniquity and strife in the city.
- 11 Day and night they make the round of its walls. Iniquity and trouble are in the midst of it,
- 12 and injustice; usury and fraud never leave its streets.
- 13 For if an enemy had reproached me,I could have borne it.And if one who hated me had boasted against me,I would have hidden myself from him.
- 14 But it was you, a man my equal, my sovereign, and my friend,
- 15 who made sweet the food we shared together. We walked to the house of God in harmony.
- 16 Let death come upon them, and let them go down alive to hell; for evil is in their hearts and homes.

<sup>&</sup>lt;sup>181</sup> I will fly by activity and be at rest by contemplation and humility.' (St. John Climacus, Ladder 4:1)

- 17 As for me, I cried to God, and the Lord heard me.
- 18 In the evening and morning and at noon I will tell and declare my needs and He will hear my voice.
- 19 He will redeem my soul in peace from those who come near me, for they were in crowds about me.
- 20 God will hear and will humble them, He Who is before the ages. (*Pause*) There is no change of heart for them, for they do not fear God.
- 21 He has stretched out His hand to requite them. They have profaned His covenant.
- 22 They were divided by the wrath of His countenance, and their hearts drew near.

  Their words are smoother than oil, and yet they are swords.
- 23 Cast your care on the Lord, 182 and He will support you. He will never let a just man stumble.
- 24 But You, O God, will bring them into the pit of destruction.

  Men of blood and deceit will not live half their days.

  But I will trust in You, O Lord.

#### Psalm 55: Be merciful to me, O god, for man tramples upon me

#### The Victory of Faith over Fear

#### I Will Live to Please the Lord

1 (For people far removed from holy things. By David, for a pillar inscription, when the Philistines held him at Gath)

2 Be merciful to me, O God,

<sup>&</sup>lt;sup>182</sup> cp. 1 Peter 5:7.

- for man tramples upon me; all day long he fights and oppresses me.
- 3 My enemies trample on me all day long; and many there are who war against me from on high. 183
- 4 The days ahead I will not fear, but I will trust in You.
- 5 In God—I praise His promises to me in God I have put my trust; I will not fear. What can flesh do to me?
- 6 All day long they execrate my words; all their thoughts are against me for evil.
- 7 They keep close and lurk in hiding; they watch my steps as if they are waiting for my soul.
- 8 You will save them for extinction;<sup>184</sup>
  You will bring such people down in anger.
- 9 O God, I have told You my life; You have set my tears before You, according to Your promise.
- 10 All my enemies will turn back on the day when I call upon You. This I know, that You are my God.
- 11 In God—I will praise His Word—in the Lord—I will praise His Word—
- 12 In You I have put my trust; I will not fear. What can man do to me?
- 13 I am under vows to You, O God; I will pay You my due of praise.
- 14 For You have delivered my soul from death,

 $<sup>^{183}</sup>$  cp. Ephes 6:12; 1 Tim 4:1; Rev. 16:14.

<sup>&</sup>lt;sup>184</sup> Any false light or life will be saved only to be extinguished later if there is no change or repentance.

my eyes from tears and my feet from slipping. I will live to please the Lord in the light of the living.

#### Psalm 56: Have mercy on me, O God, have mercy on me

#### Two Environments: Wings and Lions

#### In the Midst of Lions: My Heart is Ready, I will Sing

1 (Do not destroy. By David, for a pillar inscription, when he fled from Saul to the cave)

2 Have mercy on me, O God, have mercy on me; for my soul trusts in You; and in the shadow of Your wings I will trust till the iniquity passes.

3 I will cry to God Most High, to God my benefactor.

4 He sent from heaven and saved me; He delivered my oppressors to reproach. (Pause) God sent His mercy and His truth.

5 He delivered my soul from the midst of lions. I slept, troubled as I was.
As for the sons of men,
their teeth are spears and arrows,
and their tongue is a sharp sword.

6 Be exalted, O God, above the heavens, and Your glory over all the earths

7 They prepared a trap for my feet, and they bowed down my soul. They dug a pit before me, and fell into it themselves. (*Pause*)

8 My heart is ready, O God, my heart is ready; I will sing and chant psalms with my glory. 186

9 Awake, my glory; awake, psaltery and harp!

 $<sup>^{185}</sup>$  Saul incurred reproach when he fell into David's hands in the cave, for David did not injure him but merely cut off the tip of his cloak (1 Sam. 24).

<sup>&</sup>lt;sup>186</sup> *glory*, i.e., with all my soul and spirit (see Ps. 29:13).

- I will rise early.
- 10 I will praise You, O Lord, among the peoples; I will sing praises to You among the nations.
- 11 For great is Your mercy reaching to the heavens, and Your truth to the clouds.
- 12 Be exalted, O God, above the heavens; and Your glory over all the earth. 187

#### Psalm 57: Do you truly speak righteousness

#### God's Judgment is True Government

#### The Doom of Wicked Judges and Rulers

- 1 (Do not destroy. By David, for a pillar inscription)
- 2 Do you truly speak righteousness?

  Do you judge justly, you sons of men?
- 3 No, in heart you do wrong in the earth; your hands weave injustice and wrong.
- 4 Sinners are estranged from the womb; they go astray as soon as they are born; they keep telling lies.
- 5 Their venom is like serpent's poison; they are like a deaf cobra that stops its ears,
- 6 so as not to hear the snake-charmer's voice, but is spell-bound when charmed by a wise man.
- 7 God crushes their teeth in their mouths; the Lord crushes the lions' grinders.
- 8 They will come to nothing like leaking water; He will bend His bow until they weaken.
- 9 Like melting wax they will be consumed; fire falls on them, and they are blind to the sun.

 $<sup>^{\</sup>rm 187}$  Verses 8-12 are repeated almost verbatim in Ps. 107:2-6.

- 10 Before their prickles grow to a thorn-tree, He devours them alive as it were in His wrath.
- 11 The righteous will rejoice when he sees the vengeance; he will wash his hands in the blood of the sinner.
- 12 And men will say:

'There is indeed a reward for the righteous; there is surely a God Who judges those on the earth.'

#### Psalm 58: Deliver me from my enemies, O God

#### Love Rules the Universe

#### I will Sing of Your Power

- 1 (Do not destroy. By David, for a pillar inscription, when Saul sent men to watch his house and kill him)
- 2 Deliver me from my enemies, O God; and redeem me from those who rise up against me.
- 3 Rescue me from evildoers, and save me from men of blood.
- 4 For see, they hunt my soul; the mighty set upon me! It is not my fault or my sin, O Lord.
- 5 I have run without fault and have kept straight. Awake to meet and help me and see.
- 6 You then, O Lord God of hosts, God of Israel, take care to visit all the nations; show all the evildoers no mercy. (*Pause*)
- 7 They will return at nightfall, hungry as dogs, and will prowl round the city.
- 8 Behold, they speak with their mouth and a sword is in their lips for 'Who,' they think, 'will hear us?'

- 9 But You, O Lord, will laugh at them; You will bring to nothing all the nations.
- 10 O my strength, I watch for You; for You, O God, art my protector.
- 11 My God, His mercy goes before me; my God will show me His mercy among my enemies.
- 12 Slay them not, lest they forget Your law; scatter them by Your power and bring them down, O Lord my defender.
- 13 Every word of their lips is a sin of their mouth; so let them be caught in their pride.

  And by their cursing and lying they will be known in the end.
- 14 In the final wrath they will cease to be; and they will know that God rules Jacob and the ends of the earth. (*Pause*)
- 15 They will return at nightfall, hungry as dogs, and will prowl round the city.
- 16 They will scatter in search of food; and they will growl when they are not satisfied.
- 17 But I will sing of Your power, and will rejoice at Your mercy in the morning; for You have been my protector and my refuge in the day of my distress.
- 18 You are my helper, to You I will sing; for You, O God, art my protector, my God, my mercy. 188

#### Psalm 59: O God, You did reject us and crush us

#### Prayer After a Defeat

#### **Earth-shaking Catastrophe**

1 (For those who are still to be changed. For a pillar inscription, by David:

<sup>&</sup>lt;sup>188</sup> Mercy: love (Luke 10:37).

- 2 For teaching; when he burned Syrian Mesopotamia and Syrian Zobah, and Jacob returned and defeated 12,000 Edomites in the Valley of Salt.)
- 3 O God, You did reject us and crush us. You were angry, but had had compassion on us.
- 4 You have shaken the earth and troubled it; heal its wounds, for it is tottering.
- 5 You have shown Your people hard things; You have made us drink the wine of compunction.
- 6 You have given those who fear You a signal<sup>189</sup> to escape from before the bow. (*Pause*)
- 7 That Your beloved may be delivered, save with Your right hand and answer me.
- 8 God has spoken in His sanctuary: 'I will rejoice and divide Shekem, and parcel out the valley of tents.
- 9 Gilead is Mine, and Manasseh is Mine, and Ephraim is the strength of My head; Judah is My King.
- 10 Moab I hope to make My washbowl, 190 over Edom I will extend my sway, 191 strangers will submit to Me.'
- 11 Who will lead me to the fortified city? Or who will guide me to Edom?
- 12 Wilt not You, O God, Who have rejected us? Wilt not You, O God, go out with our armies?
- 13 Grant us help from our trouble, for vain is the salvation of man.
- 14 In God we shall win a mighty victory, 192

<sup>189</sup> cp. Lk. 21:20-24. Warning signals were lit on mountain tops in times of danger.

<sup>&</sup>lt;sup>190</sup> Washbowl: i.e. reduced to the most menial servitude.

<sup>&</sup>lt;sup>191</sup> Extend my sway: *lit.* stretch my shoe (cp. Deut. 11:24). Psalm 59:7-14 differs only in 3 words from 107:7-14.

 $<sup>^{192}</sup>$  win a mighty victory: lit. create power or work a miracle or do a mighty work.

#### Psalm 60: Hear, O God, my supplication

#### An Exiled Prayer of Faith

#### Love Lifted me to the Rock Sanctuary

1 (With songs. By David)

- 2 Hear, O God, my supplication; attend to my prayer.
- 3 From the ends of the earth I cry to You when my heart is despondent.
  You have lifted me high on a rock;
  You have guided me.
- 4 For You are my hope, a tower of strength from the face of the enemy.
- 5 I will dwell in Your sanctuary for ever.

  I will take cover in the shelter of Your wings. (Pause)
- 6 For You, O God, have heard my prayers; You have given an inheritance to those who fear Your name.
- 7 You will add days to the days of the King, and prolong his years to the day of eternity.
- 8 He will continue for ever in the presence of God. Who will search out His mercy and truth?
- 9 So I will sing praise to Your name for ever, that I may perform my vows from day to day.

#### Psalm 61: Shall not my soul submit to God

The Two are One: Power that is Love

God Repays Everyone According to his Works

1 (For Jeduthun, A Psalm by David)

- 2 Shall not my soul submit to God? For from Him is my salvation.
- 3 For He is my God and my Saviour; with Him as my Protector I shall not be greatly shaken.
- 4 How long will you all attack a man to murder him and knock him down like a leaning wall or a toppling fence?
- 5 They only plan to impugn my honour; they run in thirst.
  They bless with their mouth, but curse with their heart. (Pause)
- 6 But submit to God, my soul, for from Him is my patience.
- 7 For He is my God and my Saviour; He is my Protector, I will not yield.
- 8 My salvation and my glory depend on God; He is the God of my help, and my hope is in God.
- 9 Trust in Him, all you assemblies of people; pour out your hearts before Him, for God is our helper. (*Pause*)
- 10 But vain are the sons of men; the sons of men are liars and cheat with their scales;<sup>193</sup> they themselves, the whole brood,<sup>194</sup> are sons of vanity.
- 11 Put no hope in dishonesty and have no longing for plunder; if riches flow in, set not your heart on them.
- 12 God spoke once, these two things I heard:<sup>195</sup>

<sup>&</sup>lt;sup>193</sup> Cp. Lev. 19:35-37; Deut. 25:13-16; Ezek.45:10; Mic. 6:10,11; Prov. 11:1.

<sup>&</sup>lt;sup>194</sup> Cp. 'brood of vipers' (Matt. 12:34; 23:33).

<sup>&</sup>lt;sup>195</sup> Job. 33:14.

That power belongs to God.

13 And to You, O Lord, belongs mercy. For You will repay everyone according to his works.

#### Psalm 62: O God, my God, I rise early and pray to You

#### A Song of the Desert

#### I Thirst for You: Your Love is Better than Life

- 1 (A Psalm by David, when he was in the desert of Judah)
- 2 O God, my God, I rise early and pray to You. My soul thirsts for You, and in how many ways my flesh longs for You, in a desolate land, trackless and waterless.
- 3 So I appear before You in the sanctuary to see Your power and Your glory.
- 4 For Your love is better than life; my lips shall praise You.
- 5 So I will bless You as long as I live, and lift up my hands in Your name.
- 6 My soul is satisfied as with marrow and fatness, and my mouth praises You with joyful lips,
- 7 when I remember You on my bed. and meditate on You in the morning.
- 8 For You have been my Helper, and in the shelter of Your wings I rejoice.
- 9 My soul is glued<sup>196</sup> to You; and Your right hand holds me tight.
- 10 But those who seek to destroy my soul shall go into the underworld.
- 11 They shall be delivered to the edge of the sword;

 $<sup>^{\</sup>rm 196}$  'What is this glue? It is love.' says St. Augustine.

they shall be morsels for foxes.

12 But the king shall rejoice in God; all who swear by Him shall be praised, for the mouth of those who tell lies shall be stopped.

#### Psalm 63: O God, hear my cry when I pray to You

#### The Defeat of God's Enemies: Fear of Fear runs to God

#### A Man will Come Whose Heart is Deep and God will be Exalted

1 (A Psalm by David)

- 2 O God, hear my cry when I pray to You; deliver my soul from fear of the enemy.
- 3 You protect me from the swarm of evildoers, from the crowd of those whose work is iniquity,
- 4 whose tongues are as sharp as swords, who bend their bow to shoot a bitter word
- 5 at an innocent man in secret.

  Suddenly they shoot him down without a qualm.
- 6 They encourage one another in an evil design; they talk of hiding snares.
  They say, 'Who will see them?'
- 7 They search out iniquity; they fail in their search. A man will come whose heart is deep,
- 8 and God will be exalted.

  Their blows are the dart of babes,
- 9 and their tongues are feeble against him. All who see them are troubled.
- 10 Then every man is afraid, and they declare the works of God and understand His actions.
- 11 The righteous man will rejoice in the Lord, and will trust in Him;

# Psalm 64: Praise is due to You, O God, in Zion A Springtime Song: Showers of the Holy Spirit Praise and Thanksgiving for Abundant Harvests

1 (A Psalm by David)

- 2 Praise is due to You, O God, in Zion; and prayer shall be offered to You in Jerusalem.
- 3 Hear my prayer; to You all flesh will come.
- 4 The words of sinners overwhelm us, but You will pardon our impieties.
- 5 Blessed is he whom You have chosen and taken to Yourself; he shall dwell in Your courts.

  We shall be filled with the blessings of Your house; holy is Your temple, wonderful in holiness. 197
- 6 Hear us, O God our Saviour, the hope of all the ends of the earth, and of those who are far away at sea;
- 7 Who upholds the mountains in Your strength, Who are surrounded with power;
- 8 Who stirs the depths of the sea and stillest its roaring waves. 198
- 9 The nations are alarmed and those who inhabit the remotest parts are afraid at the signs of Your presence. You make sunrise and sunset a joy and delight.
- 10 You dost visit the earth and water it; You give ample means for enriching it. The river of God is full of water,

<sup>&</sup>lt;sup>197</sup> *Lit.* wonderful in righteousness (but cp. Exod. 15:11).

 $<sup>^{\</sup>rm 198}$  So the Slavonic (Greek often omits 'stillest').

You provide the supply, for such is Your provision.

- 11 Water the furrows, grant bumper crops; they will spring up and rejoice in the showers.
- 12 You will bless the crown of the year with Your goodness, and the fields will be full of fat stock.
- 13 The desert ranges will yield luxuriantly, and the hills will wear girdles of joy.
- 14 The rams of the flocks will grow thick coats, and the valleys will stand deep in corn. They will shout and sing.

# Psalm 65: Shout the song of victory to God, all the earth

#### You are My Witnesses

# Praise and Thanksgiving for Answered Prayer

1 (A Song of a Psalm of Resurrection)<sup>199</sup>

Shout the song of victory to God, all the earth.<sup>200</sup>

- 2 Sing to His name; give glory to His praise.
- 3 Say to God: 'How tremendous are Your works!'
  At the greatness of Your power
  Your enemies play false with You.<sup>201</sup>
- 4 Let all the earth<sup>202</sup> worship You, and sing to You; let them sing to Your Name, O Most High. (*Pause*)
- 5 Come and see the works of God, <sup>203</sup>

<sup>199</sup> The return from the Babylonian captivity to Jerusalem; and then the return of every soul from sin to grace and virtue.

 $<sup>^{200}</sup>$  A prophecy of the conversion of the Gentiles. 'Just as the Jews were delivered from slavery to the Babylonians, so by the incarnation of the Saviour all peoples were delivered from the cruel power of the devil' (Theodoret).

 $<sup>^{201}</sup>$  play false: or lie. It may mean they kow-tow or submit in pretence, acting a lie.

<sup>&</sup>lt;sup>202</sup> See footnote 62. <2 previously>

 $<sup>^{203}</sup>$  'He Who did signs and wonders when He came in the flesh is the same God Who of

- tremendous in His plans<sup>204</sup> for the sons of men,
- 6 Who turns the sea into dry land; they pass through the river on foot. So let us rejoice in Him
- 7 Who rules by His eternal power. His eyes watch over the nations.<sup>205</sup> Let not those who grieve Him be exalted in themselves. (*Pause*)
- 8 Bless our God, you nations, and let the sound of His praise be heard,
- 9 Who has restored my soul to life and has not allowed my feet to stumble.
- 10 For thou, O God, have proved us; You have tried us as silver is tried.
- 11 You did bring us into the trap;<sup>206</sup>
  You did lay afflictions on our backs.
- 12 You did set men over our heads; we passed through fire and water, but You have brought us to revival.
- 13 I will enter Your house with whole burnt offerings; I will pay You my vows,
- 14 which my lips framed and my mouth uttered in my affliction.
- 15 I will offer You costly sacrifices, with incense and rams;
  I will offer You bullocks and goats. (Pause)

old dried up the Red Sea and divided the streams of Jordan so that the Israelites could pass through on dry land' (St Athanasius the Great).

<sup>&</sup>lt;sup>204</sup> 'What God has planned for His lovers' (1 Cor. 2:9).

<sup>&</sup>lt;sup>205</sup> The Shepherd of Israel watches over His human flock as shepherds were watching their flocks when the same good Shepherd was born in Bethlehem (Lk. 2:8).

 $<sup>^{206}</sup>$  Captivity to hostile powers is the devil's trap. Cp. Matt. 6:13, 'Do not bring us to trial or temptation.'

- 16 Come and hear, all you who fear God, and I will tell you what He has done for my soul.
- 17 I cried to Him with my mouth, and praised Him under my tongue.<sup>207</sup>
- 18 If I have contemplated sin in my heart, may the Lord not answer me.
- 19 But that is why God has answered me; He attended to the cry of my prayer.
- 20 Blessed be God Who has not rejected my prayer nor turned His mercy from me.

# Psalm 66: My God have compassion on us and bless us

#### The Smile of Grace

# Prayer for the Expansion of God's Kingdom

- 1 (With songs. A Psalm of a Song)
- 2 May God have compassion on us and bless us; and may He manifest His presence to us, <sup>208</sup> and have mercy on us.
- 3 That Your way may be known on earth, Your salvation among all nations.
- 4 Let the peoples give thanks to You, O God; let all the peoples give thanks to You.
- 5 Let the nations be glad and rejoice; for You will judge the peoples justly, and guide the nations on earth. (*Pause*)
- 6 Let the peoples give thanks to You, O God; let all the peoples give thanks to thee.

 $<sup>^{207}</sup>$  No sooner had I cried to God vocally than I was mentally praising and thanking Him for answering me.

<sup>&</sup>lt;sup>208</sup> Presence: *or*, face. The face of the Father is the Son. 'He who has seen Me has seen the Father' (John 14:9). Thus, this psalm is a prayer for the incarnation (cp. 2 Cor. 4:6).

- 7 The earth has yielded her fruit;<sup>209</sup> may God, our own God, bless us.
- 8 May God bless us, and may all the ends of the earth fear Him.

# Psalm 67: Let God arise, and let His enemies be scattered

# Triumphal March of God's People

# God scatters All who Delight in War

1 (A Psalm of a Song by David)

- 2 Let God arise, and let His enemies be scattered; and let those who hate Him fly from his face.<sup>210</sup>
- 3 As smoke vanishes, let them vanish; as wax melts at the presence of fire; so let the sinners perish at the presence of God.
- 4 But let the righteous be glad and rejoice in the presence of God; let them exult with delight and gladness.
- 5 Sing to God, sing praises to His Name; make a way for Him who rides upon the sunsets;<sup>211</sup> the Lord is His name, and rejoice before Him.
- 6 They will be alarmed at the presence of Him Who is the father of orphans and the judge of widows.

  God is in His sanctuary.
- 7 God settles the solitary in His house, and releases prisoners with power; likewise the rebellious who dwell in tombs.
- 8 O God, at Your marching out at the head of Your people, at Your crossing through the wilderness, (*Pause*)

<sup>&</sup>lt;sup>209</sup> Mary has borne Jesus. 'You have been seen, O soil untilled, bearing the corn of life' (Oktoechos).

<sup>&</sup>lt;sup>210</sup> Numbers 10:35. Cp. Exodus 14.

<sup>&</sup>lt;sup>211</sup> The sunset is His own death, over which He rose by His Resurrection (St Gregory the Dialogist, Mor. 19:3).

- 9 the earth shook and the heavens dripped at the presence of the God of Sinai, at the presence of the God of Israel.
- 10 You did grant a gracious rain, O God, to Your inheritance, which was weak, but You did restore it.
- 11 There Your living people find a home prepared in Your goodness, O God, for the poor.
- 12 The Lord will give the word to those who preach the Gospel with great power.<sup>212</sup>
- 13 The king of the forces of the Beloved will grant them to divide the spoils with the beauty of the house.
- 14 Even if you sleep among the farms, <sup>213</sup> you will be like a dove whose wings are covered with silver and her back with the luster of gold.
- 15 When the Heavenly One commissions kings over it, they will be white as the snow on Salmon.
- 16 The mountain of God is a rich mountain, a mountain of curds, a rich mountain.
- 17 Why do you imagine mountains of curds?

  This is the mountain in which God is pleased to dwell; for the Lord will dwell in it for ever.
- 18 The chariots of God are composed of myriads, thousands of victors; the Lord is in them as in the sanctuary on Sinai.
- 19 You have ascended on high, You have taken gifts to men,<sup>214</sup> so as to dwell even in unbelievers.

<sup>&</sup>lt;sup>212</sup> Luke 4:32.

<sup>&</sup>lt;sup>213</sup> *Or:* 'Even though you have slept among the allotments.' Hebrew may mean: 'camp fire-places.' The passage is obscure, but may refer to the Reubenite slackers who stayed on their farms and refused to fight (Judges 5:16). The beauty or beauties of verse 13 are the women with whom the spoils were shared.

<sup>214</sup> Cp. Ephes. 4:8.

- 20 Blessed be the Lord God, blessed be the Lord from day to day; the God of our salvation will prosper us. (*Pause*)
- 21 Our God is the God to save, and the ways out of death are the Lord's.
- 22 But God will crush the heads of His enemies, the hairy scalp of those who persist in their sins.
- 23 The Lord said: 'I will return from Bashan, I will return through the depths of the sea;
- 24 that your feet may be bathed in blood, and the tongues of your dogs lick the blood of His enemies.'
- 25 Your processions, O God, have been seen the processions of my God, the King, in the sanctuary.
- 26 The rulers went in front, followed by the singers, while between them were damsels playing on timbrels.
- 27 Bless God in the churches; praise the Lord from the fountains of Israel.
- 28 There is Benjamin the younger in ecstasy; the princes of Juda are their leaders, the princes of Zabulon, the princes of Nephthali.
- 29 Command Your power, O God; strengthen, O God, what You have wrought in us.
- 30 From Your temple in Jerusalem, kings will offer gifts to You.
- 31 Rebuke the beasts of the reed, the herd of bulls with the cows of the peoples, that those who have been tried with silver may not be shut out; scatter the nations that desire wars.<sup>215</sup>
- 32 Ambassadors will come from Egypt; Ethiopia will hasten to stretch out her hand to God.

 $<sup>^{215}</sup>$  Desire wars: or delight in wars.

- 33 Sing to God, you kingdoms of the earth; sing to the Lord. (*Pause*)
- 34 Sing to God Who rides upon the heaven of heaven to the East; lo, He gives to His voice a thunderous sound. 216
- 35 Give glory to God; His magnificence is over Israel, and His power is in the clouds.
- 36 God is wonderful in His Saints, the God of Israel. He will give strength and power to His people. Blessed be God!

# Psalm 68: Save me, O God; for waters have entered even my soul

# Cry from the Depths: Christ's Passion Foreshadowed

#### Praise for the Vision of the Universal Worship of Creation

- 1 (For those who are to be changed. By David)
- 2 Save me, O God; for the waters have entered even my soul.
- 3 I am stuck in deep mire, and there is no foothold;<sup>217</sup> I have come into the depths of the sea, and a storm has overwhelmed me.
- 4 I am tired of shouting, my throat is hoarse; my eyes fail with hoping for my God.
- 5 Those who hate me without cause are more than the hairs of my head; my enemies who persecute me unjustly have grown strong, I then repaid what I never robbed.<sup>218</sup>
- 6 O God, You know my folly, and my faults are not hidden from You.

7 Let not those who trust in You be ashamed on my account.

<sup>&</sup>lt;sup>216</sup> Thunderous sound: *Lit.* sound of power.

<sup>&</sup>lt;sup>217</sup> *Hypostasis* = substance, standing-ground.

<sup>&</sup>lt;sup>218</sup> 'He did not die as being Himself liable to death. He suffered for us... as Isaiah says:

<sup>&</sup>quot;He bore our sicknesses" '(St. Athanasius the Great).

- O Lord God of Hosts, let not those who seek You be confused through me, O God of Israel.
- 8 It is for Your sake I have borne reproach and my face is covered with shame.
- 9 I have become a stranger to my brothers, and an alien to my mother's children.
- 10 Zeal for Your house consumes Me, and the insults hurled at You fall upon Me.<sup>219</sup>
- 11 I bowed down my soul with fasting, and it gave occasion for reproaching me.
- 12 I made sackcloth my garment, and I became a byword to them.
- 13 Those who sat in the gate<sup>220</sup> spoke against me; and the wine drinkers<sup>221</sup> made me their song.
- 14 But as for me, O Lord, with prayer to You I await Your pleasure, O God.
  In Your infinite mercy answer me with the truth of Your salvation.
- 15 Save me from the mud lest I stick there; deliver me from those who hate me, and out of the deep waters.
- 16 May storm waves never drown me, nor the deep swallow me, nor the pit close its mouth over me.
- 17 Hear me, O Lord, for Your mercy is gracious; in Your great compassion look upon me.

<sup>&</sup>lt;sup>219</sup> Mk. 15:29; Jn. 2:17; Rom. 15:3.

<sup>&</sup>lt;sup>220</sup> The elders and chief priests.

<sup>&</sup>lt;sup>221</sup> The soldiers at the Crucifixion drank themselves the spiced wine prepared for the sufferers to deaden the pain, and substituted vinegar. (v. 22). This psalm is a good example of interpenetration, the figure of the Divine Saviour showing through the human figure of the psalmist, whose sufferings are seen as a foreshadowing of Christ's Passion, (*verse* **5** = In. 15:25; **13** = In. 2:17; **23-4** = Rom. 11:9,10; **26** = Acts 1:20).

- 18 Turn not away Your face from Your servant, for I am in trouble; hear me speedily.
- 19 Attend to my soul and redeem it; deliver me because of my enemies.
- 20 For You know my reproach, my shame, and my confusion; all who afflict me are before You.
- 21 My soul expected rebuke and suffering;<sup>222</sup> and I looked for a condoler but there was none, and for a comforter but I found none.
- 22 And they gave me gall for my food; and in my thirst they gave me vinegar to drink.<sup>223</sup>
- 23 Let their table be a snare to them, a retribution and a stumbling-block.
- 24 Let their eyes be blinded so they cannot see; and bend their back continually. 224
- 25 Pour out Your anger upon them, and let the fury of Your anger overtake them.
- 26 Let their camp be deserted, and let no one dwell in their tents.
- 27 For they persecute the one You have struck, and they add to the pain of My wounds.
- 28 Add iniquity to their iniquity, and let them not come into Your righteousness.
- 29 Let them be blotted out of the book of the living, and not be enrolled with the righteous.
- 30 I am poor and in pain; let Your salvation help me, O God.

<sup>&</sup>lt;sup>222</sup> Mt. 16:21; Mk. 8:31.

<sup>&</sup>lt;sup>223</sup> Mt. 27:34.

<sup>&</sup>lt;sup>224</sup> Cp. Rom. 11:9,10.

- 31 I will praise the name of my God with a song; I will magnify Him with praise.
- 32 And this will be more pleasing to God than a young bull with horns and hoofs.
- 33 Let the poor see and rejoice; seek God and your soul shall live.
- 34 For the Lord hears the poor and does not despise His prisoners.
- 35 Let heaven and earth praise Him, the sea and all that moves in them.
- 36 For God will save Zion, and the cities of Judah will be built; and men will dwell there, and inherit it.
- 37 And the children of His slaves<sup>225</sup> will possess it; and they who love Your name will dwell in it.

#### Psalm 69: O God, come to my help

# The Lord be Magnified, my Helper and Redeemer

# Let All Who Seek You Rejoice in You

- 1 (By David, In remembrance that the Lord has saved me)
- 2 O God, come to my help; O Lord, make haste to help me.
- 3 Let all who seek my life<sup>226</sup> be put to shame and confounded. Let all who wish me evil be turned back and put to shame.
- 4 Let those who say of me, 'Fine, fine!' be turned back immediately ashamed.
- 5 Let all who seek You

<sup>225</sup> Thus, by the miracle and mystery of redemption, Saul of Tarsus was changed from a fanatical Pharisee into a devoted slave of the Lord Jesus.

<sup>&</sup>lt;sup>226</sup> Ps. 69:3-7 differs only slightly from Ps. 39:15-18.

rejoice and be glad in You, O God; and let those who love Your salvation say continually, 'The Lord be magnified.'

6 But I am poor and needy; help me, O God.

7 You are my helper and my redeemer; O Lord, make no delay.

# Psalm 70: In You, O Lord, I hope and trust

# An Old Man's Prayer for Grace to Witness to Youth

# My Song is Continually of You

1 (By David. Sung by the sons of Jonadab and the first captives)

In You, O Lord, I hope and trust; let me never be put to shame.

- 2 Rescue me and deliver me in Your righteousness.<sup>227</sup> Incline Your ear to me and save me.
- 3 Be my God and protector, and a strong sanctuary to save me;<sup>228</sup> for thou art my stronghold and my refuge.
- 4 Deliver me, O God, from the hand of the sinner, from the clutch of the outlaw and wrongdoer.
- 5 For You are my patience, O Lord; O Lord, You are my hope from my youth.
- 6 On You I have leaned from my birth; You are my protector from my mother's womb; my song is continually of You.
- 7 I am a wonder to many, but You are my strong helper.
- 8 Let my mouth be filled with Your praise, that I may sing of Your glory and splendor all day long.

<sup>&</sup>lt;sup>227</sup> The first three lines of Psalms 70 and 30 are identical. See footnote there.

<sup>&</sup>lt;sup>228</sup> sanctuary: *lit.* place. Cp. Psalm 131:5 and footnote there.

- 9 Reject me not in my old age; forsake me not when my strength is failing.
- 10 For my enemies speak of me, and those who watch my soul conspire together,
- 11 saying: 'God has forsaken him; follow and catch him, for there is no one to save him.'
- 12 O God, be not distant from me; my God, draw near and help me.
- 13 Let those who slander my soul be confounded and perish; let those who seek to do me evil be covered with shame and confusion.
- 14 But I will hope and trust continually, and will praise You more and more.
- 15 My mouth will tell of Your justice and of Your salvation all day long, for I do not know the art of writing.
- 16 I will enter the Lord's dominion.
  O Lord, I will speak of Your righteousness, Your alone.
- 17 O God, You have taught me from my youth, and still I proclaim Your wonders.
- 18 So even when I am old and venerable, O God, forsake me not, until I tell of Your power to all the rising generation,
- 19 Your power and Your justice, O God, that reaches to the heights, <sup>229</sup> and the great things You have done.
  O God, Who is like You?
- 20 O how many evils and afflictions You have shown me! Yet You have returned and revived me, and have brought me up again from the depths of the earth.
- 21 You have lavished upon me Your greatness, and have returned and comforted me, and have brought me up again from the depths of the earth.

<sup>&</sup>lt;sup>229</sup> Ephes. 3:10; 4:8.

- 22 So I will praise Your truth to You with a song, O God; I will sing to You with the harp, O Holy One of Israel.
- 23 When I sing to You my lips will rejoice and my soul which You have redeemed.
- 24 And my tongue will tell of Your justice all day long, when those who seek to harm me are confounded and put to shame.

# Psalm 71: O God, give the King Your judgment

# The King of Peace and His glorious Reign

#### Final Redemption from All Tyranny and Oppression

1 (For Solomon)<sup>230</sup>

- O God, give the King Your judgment, and Your justice to the King's Son,
- 2 to judge Your people with justice<sup>231</sup> and give Your poor their rights.
- 3 May the mountains bring Your people peace and the hills justice and righteousness.
- 4 He will do justice to the poor of Your people and save the children of the needy, and humble the oppressor.
- 5 And He will continue as long as the sun and beyond the moon throughout all generations.
- 6 He will come down like rain on a fleece and like a drop that falls on the earth.<sup>232</sup>
- 7 In His days righteousness will flourish and lasting peace till the moon is no more.

<sup>&</sup>lt;sup>230</sup> The true Solomon or Peacemaker is Jesus Christ Son of King David, to whom alone verses 5-19 truly apply (cp. Ephes. 2:14; Col. 1:20; Mt. 5:9).

<sup>&</sup>lt;sup>231</sup> Judging and ruling are fused in Hebrew thought (cp; 2 Sam. 7:7; 1 Chron. 17:6). The King is the Messiah and the King's Son is the same person.

<sup>&</sup>lt;sup>232</sup> Silently as rain falling on wool or a drop of dew on the earth, the Word became the Son of Man (Jn. 1:14). Cp. Job 29:23; Acts 2:17; Jn. 7:39.

- 8 And He will rule from sea to sea, and from the rivers<sup>233</sup> to the ends of the earth.
- 9 The Ethiopians will fall down before Him, and His enemies will lick the dust.
- 10 The kings of Tarshish<sup>234</sup> and the isles will pay tribute; the kings of the Arabs and Sabeans will bring gifts.
- 11 All the kings of the earth will worship Him; all the nations will serve Him.
- 12 He will deliver the poor from the tyrant, and the needy who have no one to help them.
- 13 He will spare the poor and needy, and the needy souls He will save.
- 14 He will redeem their souls from oppression and wrong, and His name will be precious in their sight.
- 15 He lives<sup>235</sup> and to Him will be given the gold of Arabia, and in His name men will pray continually;<sup>236</sup> all day long they will bless Him.
- 16 There will be support in the land on the mountain tops; His fruit will rise above Lebanon, and they will spring from the city like grass from the earth.
- 17 May His name be blessed throughout the ages!
  His name will continue as long as the sun;
  and in Him all the tribes of the earth will be blessed.
  All the nations will call Him blessed.
- 18 Blessed be the Lord God of Israel Who alone does wonders.
- 19 And blessed be His glorious name in time and eternity, and may the whole earth be filled with His glory. *Amen. Amen.*

<sup>235</sup> Cp. Rev. 1:18; Heb. 7:25; Num. 14:28.

<sup>&</sup>lt;sup>233</sup> Rivers: Tigris and Euphrates.

<sup>&</sup>lt;sup>234</sup> Cp. Ps. 47:8.

<sup>&</sup>lt;sup>236</sup> 'Men will name Him in their prayers and ask that through Him the Father will grant His gifts and blessings' (St Athanasius the Great).

# Psalm 72: How good God is to Israel

# Change of Outlook and Vision through Prayer

# Heaven and Happiness not the Prosperity of Sinners

1 (A Psalm by Asaph)

How good God is to Israel, to those who are pure in heart!

- 2 Yet my feet had almost slipped; I had nearly lost my foothold.
- 3 For I was envious of the wicked, when I saw the peace<sup>237</sup> of sinners.
- 4 For there is no objection<sup>238</sup> in their death, and in their scourging no severity.
- 5 They are not in trouble like other men, nor like other men are they scourged.
- 6 Therefore pride holds full sway over them; they are wrapped up in their wrongdoing and wickedness.
- 7 Their wrongdoing oozes from them like grease; it passes into a state of heart.
- 8 They think and speak with malice wickedly, they speak blasphemy against the Most High.
- 9 They poke their mouths at heaven, but their tongues drag in the dirt.
- 10 So My people will return here, and full days will be found among them.

For them there are no pains; fit and strong are their bodies.

<sup>&</sup>lt;sup>237</sup> peace: Heb; *shalom* = well-being, success, prosperity, security, happiness.
<sup>238</sup> objection: They do not object to dying in sin and they offer no resistance to the devil. (*Variant reading:* revival). Hebrew of verse 4 seems to mean:

- 11 And they say, 'How can God know?' and, 'Is there knowledge in the Most High?'
- 12 These are the sinners, yet they are prosperous; they are for ever amassing wealth.
- 13 And I said, 'How useless to keep my heart right and wash my hands among the innocent,
- 14 only to be scourged all day long and rebuked every morning!'
- 15 Had I said, 'I will speak like that', I should have betrayed the family of Your children.
- 16 So I tried to understand it, but it proved too hard for me,
- 17 until I entered God's sanctuary. Then I understood their ends.
- 18 It is because of their crooked ways that You inflict evils upon them.
  You hurl them down by their exaltation.
- 19 How suddenly they come to ruin!<sup>239</sup> They vanish, perish in their sin.
- 20 Like a dream when one awakes, O Lord, You will reject their phantoms in Your city.
- 21 So when my heart was burning and my thoughts kept changing,
- 22 I was contemptible without knowing it; I was like a beast before You.
- 23 Yet I am continually with You; You hold my right hand.
- 24 You guide me in Your will, and receive me with glory.
- 25 For what is there in heaven for me, and what do I want on earth but You?

 $^{\rm 239}$  The apparent success and prosperity of the godless is transitory and short-lived.

- 26 My heart and my flesh fail; You, O God, art the God of my heart and my portion for ever.<sup>240</sup>
- 27 Those who divorce themselves from You will perish; You destroy all who are unfaithful to You.<sup>241</sup>
- 28 But my happiness is to cling to God,<sup>242</sup> to put my trust in the Lord, that I may declare all Your praises in the gates of the daughter of Zion.<sup>243</sup>

# Psalm 73: Why, O God, dost You utterly reject us

# Destruction of the Temple: You Hast Wrought Salvation<sup>244</sup>

1 (Of Contemplation, By Asaph)

Why, O God, dost You utterly reject us?
Why fume in anger at the sheep of Your pasture?

2 Remember Your community<sup>245</sup>
which You have acquired of old,
the sceptre of Your inheritance
which You have redeemed,
this Mount Zion which is Your dwelling-place.

- 3 Lift up Your hands against their perpetual pride, against all the evil the enemy has done in Your sanctuary.
- 4 Those who hate You boast in the midst of Your festival; they set up their own standards.

<sup>&</sup>lt;sup>240</sup> The death of the body is powerless to break the love-forged links of a soul's union with God.

<sup>&</sup>lt;sup>241</sup> 'unfaithful': *or*, 'who play the wanton from You.' Idolatry is adultery or infidelity. Love brooks no rivals (Jas. 4:4-8; Dt. 5:9; Mt. 6:24).

<sup>&</sup>lt;sup>242</sup> Hebrew: 'The nearness of God is my good.' Cp. Wisdom 3:9; Ecclesiasticus 2:3.

<sup>&</sup>lt;sup>243</sup> 'The daughter of Zion' is the New Jerusalem which is born of Old Zion. The Church of the New Covenant sprang from the Old Covenant Church (Gal. 4:26).

<sup>&</sup>lt;sup>244</sup> The salvation of the world was accomplished by the Savior's death, that is the destruction of Christ's bodily temple, foreshadowed in the destruction of the Temple at Jerusalem (Jn. 2:19-22; 2 Cor. 5:14-21; Rev. 5:9 &c).

<sup>&</sup>lt;sup>245</sup> *Gk*. synagogue = congregation etc.

- 5 The signs pointing to the escape above they do not know.
- 6 As if felling a forest of trees with axes, they cut out the doors of the temple; with hatchet and hammer they hack it all down.
- 7 They set fire to Your sanctuary; they profane to the ground the dwelling-place of Your name.
- 8 The whole brood of them said in their hearts together: 'Come, let us abolish all the festivals of God from the land.'
- 9 We do not see our signs,<sup>246</sup> there is no longer a prophet, nor will he acknowledge us any longer.
- 10 How long, O God, will the enemy taunt us? Shall the adversary defy Your name for ever?
- 11 Why dost You withhold Your hand, and for ever hide Your right hand in Your bosom?
- 12 Yet God is our eternal King; He has wrought salvation in the midst of the earth.
- 13 You did hold the sea by Your power; You did crush the heads of the dragons in the water.
- 14 You have shattered the dragon's heads; You gave him as food to the peoples of Ethiopia.
- 15 You did open springs and torrents; You did dry up swollen rivers.<sup>247</sup>
- 16 The day is Your and the night is Your. You did prepare the sun and the moon.
- 17 You have fixed all the bounds of the earth;<sup>248</sup> summer and spring are Your creation.

<sup>&</sup>lt;sup>246</sup> Signs and miracles of God's presence, protection and deliverance.

<sup>&</sup>lt;sup>247</sup> Swollen rivers: *lit.* rivers (of) Etham. Fathers seem to refer it to the Jordan (Joshua 3:13-17).

<sup>&</sup>lt;sup>248</sup> *Variant:* You have made all the beautiful things of the earth.

- 18 Remember this: the enemy blasphemes the Lord, and foolish people defy Your name.
- 19 Do not give to beasts a soul that praises You; forget not for ever the souls of Your poor.
- 20 Have regard to Your covenant, for earth's dark places are filled with houses of iniquity.
- 21 Let not the ashamed and downtrodden be turned away; the poor and needy will praise Your name.
- 22 Arise, O God, defend Your cause; remember how the fool blasphemes You all day long.
- 23 Forget not the cry of Your suppliants; the pride of those who hate You mounts continually.

# Psalm 74: We praise and thank You, O God

#### Song of Victory

# The True Judge Who Humbles and Exalts

- 1 (Do not destroy. A Psalm for a song by Asaph)
- 2 We praise and thank You, O God, we praise and thank You, and we call on Your name.
- 3 I will tell of all Your wonders. When I take time, I will judge aright.
- 4 The earth and all its inhabitants melt; it is I who support its pillars. (Pause)
- 5 I say to the lawless: 'Do not be outrageous;' and to sinners: 'Do not flaunt your power.
- 6 Do not flaunt your power on high and speak unjustly against God.'
- 7 It is not from East or West that power comes, nor from the desert or the mountains.
- 8 For God is judge;

He humbles one and exalts another.

9 For in the hand of the Lord there is a cup of strong wine fully mixed, and He pours it out of one into another, yet the dregs of it are never emptied; all the sinners of the earth drink of them.

10 But I will rejoice for ever,
I will sing praises to the God of Jacob;
and all the power of sinners I will crush,
but the power of the righteous will be exalted.

# Psalm 75: God is known in Judah; His name is great is Israel

# Song of Victory

#### God is Terrible to the Proud but He Saves the Humble

1 (With hymns. A Psalm by Asaph. An ode to the Assyrian)

- 2 God is known in Judah; His name is great in Israel.
- 3 His sanctuary is in peace, <sup>249</sup> and His dwelling in Zion.
- 4 There He broke the power of the bow, the shield, and the sword, and war. <sup>250</sup> (Pause)
- 5 You enlighten wonderfully from the eternal mountains.<sup>251</sup>
- 6 All the foolish of heart are troubled; they sleep their sleep, and none of the men of wealth find anything in their hands.
- 7 At Your rebuke, O God of Jacob, the riders of horses sink to sleep.
- 8 Terrible art You, and who can resist You

<sup>&</sup>lt;sup>249</sup> sanctuary: *lit.* place; Cp. Psalm 131:5 and footnote there. Cp. 72:3.

<sup>&</sup>lt;sup>250</sup> Cp. Ps. 45:10; Is. 2:4; 11:9; 65:25; Hos. 2:18; Zac. 9:10.

 $<sup>^{\</sup>rm 251}$  Sinai and Zion, Moses and Christ, the Law and the Gospel enlighten the earth.

#### when Your anger is roused?

- 9 You make judgment heard from heaven; earth is scared and silent,
- 10 when God rises for judgment to save all the meek of the earth. (*Pause*)
- 11 For the thought of man will confess to You; and the remains of his thought will keep festival to You. <sup>252</sup>
- 12 To the Lord our God make your vows and pay them; let all around Him bring gifts
- 13 to Him Who is terrible and claims the spirits of rulers, and is terrible to the tyrants<sup>253</sup> of the earth.

# Psalm 76: I cry to the Lord with all my voice

# Remembrance of God's Saving Acts

#### **Changes Doubt into Triumphant Faith**

- 1 (For Jeduthun. A Psalm by Asaph)
- 2 I cry to the Lord with all my voice, I cry to God with my voice and He attends to me.
- 3 In the day of my trouble I sought God with my hands uplifted to Him in the night, and I was not deceived; my soul refused to be comforted.
- 4 I remembered God and was glad; I mused and my spirit desponded. (Pause)
- 5 My eyes forestalled the watches; I was troubled and did not speak.
- 6 I considered the days of old

<sup>&</sup>lt;sup>252</sup> 'Every thought will be confessed to God at judgment. *The remains of thought* is thought brought to purity by what is left of the grace of choice. So far as thought is pure, it shares Your festivity. (St Athanasius. Cp. 1 Cor. 5:8); *Heb.* Surely the wrath of man shall praise thee.

<sup>&</sup>lt;sup>253</sup> tyrants: *or* kings.

- and remembered the years of past ages.
- 7 I meditated at night and communed with my heart, and stirred up my spirit.
- 8 Will the Lord reject us for ever and never again be favorable?
- 9 Or will He cut off His mercy for ever? Has His promise ended for all generations?
- 10 Will God forget to have compassion?
  Will He withhold His pity in His wrath? (Pause)
- 11 And I said: 'Now I begin to understand; this change is due to the right hand of the Most High.'
- 12 I will remember the works of the Lord, I will recall Your wonders from the beginning.
- 13 And I will meditate on all Your works and reflect on Your mighty acts.
- 14 O God, Your way is in the Holy One. Who is a great God like our God?
- 15 You are the God Who does wonders; You have made known Your power among the peoples.
- 16 You have with Your arm redeemed Your people, the sons of Jacob and Joseph. (*Pause*)
- 17 The waters saw You, O God; the waters saw You and were afraid, the depths were troubled.
- 18 Great was the roar of the waters; the clouds gave a clap, for Your bolts pass through them.
- 19 The clap of Your thunder was in the whirlwind; Your lightnings lit up the worlds the earth shook and trembled.
- 20 Your ways are in the sea, and Your paths in many waters; and Your footsteps are not known.

# Psalm 77: Attend, my people, to my law

# The History of Israel: God's Goodness and Man's Badness

# Handing on the Truth from Generation to Generation

1 (Of Contemplation. By Asaph)

Attend, my people, to my law; incline your ears to the words of my mouth.

- 2 I will speak my mind in parables,<sup>254</sup> read riddles cryptic since creation.
- 3 All that we have heard and known and our fathers have told us, has not been hidden from their children
- 4 from one generation to another; and we will tell our children the praises of the Lord and His mighty acts and the wonders He has done.
- 5 He raised up a testimony<sup>255</sup> in Jacob and appointed a law in Israel, which He commanded our fathers to make known to their children,
- 6 that the next generation might know it, that the children to be born might rise and tell their children:

7 That they should put their trust in God

<sup>&</sup>lt;sup>254</sup> The Word Who is the open door and light and key to the riddles of the universe quotes the first line of this verse verbatim and the second line with slight verbal changes thus (Matt. 13:35):

<sup>&#</sup>x27;I will speak My mind in parables, divulge secrets hidden since creation' (cp. Rev. 3:14).

<sup>&</sup>lt;sup>255</sup> The Ark of Witness or Testimony, containing the Law which testified to God's will for men, revealing the way of life (Ex. 25:16; 31:18).

- and not forget the works of God but seek His commandments;
- 8 that they should not be like their fathers, a crooked and provoking race, a race that did not set its heart aright and whose spirit was not loyal to God.
- 9 The children of Ephraim, though skilled bowmen, were routed on the day of battle. <sup>256</sup>
- 10 They did not keep God's covenant, and refused to walk in His law.
- 11 They forgot His blessings and the wonders He had shown them,
- 12 the wonders He had done in the sight of their fathers in the land of Egypt, in the field of Tanis.
- 13 He divided the sea and led them through; He held the waters together as though in a wineskin.
- 14 He led them with a cloud by day, and all the night long by the light of a fire.
- 15 He split a rock in the wilderness and gave them drink as from great depths.
- 16 He brought water out of the rock and made waters flow like rivers.
- 17 Yet still they went on sinning against Him; they provoked the Most High in the desert.
- 18 And they tempted God in their hearts by demanding food for their cravings.
- 19 And they spoke against God and said: 'Can God provide a table in the wilderness?
- 20 True, He struck a rock so that water gushed out and torrents overflowed; but can He also give us bread,

<sup>&</sup>lt;sup>256</sup> Ephraim = Israel (cp. Hos. 7; Num. 14; 1 Sam. 4).

- and provide a table for His people?'
- 21 So the Lord heard and deferred, <sup>257</sup> and a fire was kindled in Jacob, and wrath mounted against Israel,
- 22 because they did not believe in God or trust in His salvation.
- 23 Then He commanded the clouds above, and opened the doors of heaven,
- 24 and rained upon them manna to eat, and gave them the bread of heaven.
- 25 Man ate the bread of Angels; He sent them food in abundance.
- 26 He banished the south wind from heaven, and by His power He brought in a southwest wind.
- 27 And He rained flesh on them as thick as dust and winged birds like the sand of the seas.
- 28 And the birds fell in the midst of their camp, all round their tents.
- 29 So they ate and were thoroughly stuffed, and He brought them their desire.
- 30 They had not stayed their desire and the food was still in their mouths
- 31 when the wrath of God rose against them and slew the strongest of them. and laid low the picked men of Israel.
- 32 Yet for all this they still sinned, and did not believe in His wonders.
- 33 Their days slipped by in vanity, and their years in anxiety.
- 34 When He slew them, then they sought Him, and returned and rose to seek God early,

 $<sup>^{\</sup>rm 257}$  He deferred giving them the promised food and the Promised Land.

- 35 and they remembered that God was their helper and that the Most High was their redeemer.
- 36 Then they loved Him with their mouth, and with their tongue they lied to Him.
- 37 Their heart was not right with Him, and they were not faithful to His covenant.
- 38 Yet He Who is compassionate forgave their sins and did not destroy them; again and again He averted His anger and did not let His wrath consume them.
- 39 He remembered that they were flesh, a spirit that passes and never returns.
- 40 How often they provoked Him in the wilderness and grieved Him in the desert!
- 41 They turned back and tempted God, and provoked the Holy One of Israel.
- 42 They did not remember His hand, or the day when He redeemed them from the hand of the oppressor,
- 43 how He wrought His signs in Egypt, and His wonders in the field of Tanis,
- 44 and turned into blood their rivers and rain-water, so that they could not drink.
- 45 He sent them the dog-fly and it devoured them, and the frog and it destroyed them.
- 46 And He gave their crops to the mildew, and the fruit of their labors to the locust.
- 47 He killed their vines with hail, and their mulberry trees with frost.
- 48 And He gave up their cattle to the hail, and their produce to the fire.
- 49 He sent upon them His furious wrath, fury and wrath and trouble,

- a visitation of evil angels.
- 50 He gave free range to His wrath, He spared not their lives from death and to death consigned their cattle.
- 51 And He struck all the first-born in the land of Egypt, all their labor's first-fruits in the homesteads of Ham,
- 52 Then He removed His people like a herd of sheep, and led them like a flock in the wilderness.
- 53 And He guided them with hope so they were not afraid, while the sea closed over their enemies.
- 54 And He brought them to His mountain sanctuary, to this mountain which His right hand acquired.
- 55 And He drove out nations from before them, and gave each his share of land by lot and settled the tribes of Israel in their homesteads.
- 56 Yet they tempted and provoked the Most High God, and did not keep His testimonies.
- 57 They turned away and broke faith like their fathers, they twisted like a crooked bow.
- 58 They provoked Him with their high places and defied Him with their carved images.
- 59 God heard of it and disdained them, and utterly rejected Israel.
- 60 And He abandoned the tabernacle of Shiloh, His tent where He dwelt among men.
- 61 And He delivered their strength into captivity, and their beauty into the power of their enemies.
- 62 And He consigned His people to the sword, and despised His inheritance.
- 63 Fire consumed their young men, and their virgins raised no lament.
- 64 Their priests fell by the sword,

- and their widows sang no dirge.
- 65 Then the Lord awoke as if from sleep, like a warrior recovered from wine.
- 66 And He struck His enemies in the rear: He branded them with eternal disgrace.
- 67 And He rejected the dwelling of Joseph, and did not choose the tribe of Ephraim.
- 68 But He chose the tribe of Judah, Mount Zion which He loved.
- 69 And He built His sanctuary like the horn of a rhinoceros;<sup>258</sup> He established it in the land for ever.
- 70 And He chose His servant David, and took him from his flocks of sheep—
- 71 from behind lambing ewes He took him to shepherd His servant Jacob and Israel His inheritance.
- 72 And he shepherded them in the innocence of his heart. and guided them with the wisdom of his hands.

#### Psalm 78: O God, the nations have come into Your inheritance

# Lament Over the Destruction of Jerusalem Sin invites Enemies to pour into the Holy City

1 (A Psalm by Asaph)

- O God, the nations have come into Your inheritance; they have defiled Your holy temple; they have made Jerusalem like a vegetable dump.
- 2 They have flung Your servants' corpses as food for the birds of heaven, flung the flesh of Your saints to the beasts of the earth.

<sup>&</sup>lt;sup>258</sup> 'The rhinoceros is an invincible animal, because it has on its forehead a sharp horn with which it kills every beast. So the Psalmist says that when God's temple was built, all the nations submitted and yielded to the power that dwelt in it' (St Athanasius).

- 3 They have poured out their blood like water all round Jerusalem, and there was no one to bury them.
- 4 We have become the taunt of our neighbours, the scorn and derision of those around us.
- 5 How long, O Lord, will You be angry? Will Your jealousy burn like fire for ever?
- 6 Vent Your wrath on nations that do not know You, and on kingdoms that do not invoke Your name.
- 7 For they have devoured Jacob and laid waste his sanctuary.<sup>259</sup>
- 8 Remember not our old sins; let Your compassion swiftly meet us, for great is our need, O Lord.
- 9 Help us, O God, our Saviour; for the glory of Your name deliver us, O Lord, and forgive our sins for Your name's sake,
- 10 lest the nations say: 'Where is their God?'
  And let the nations be repaid before our eyes
  with vengeance for Your servants' blood that has been shed.
- 11 Let the groans of the prisoners enter Your presence; by the greatness of Your power protect the children of those who have been slain.
- 12 Return sevenfold into our neighbours' laps the insults with which they insult You, O Lord.
- 13 Then we who are Your people and the sheep of Your pasture will return You thanks throughout the ages; we will declare Your praise from generation to generation.

# Psalm 79: Attend, O Shepherd of Israel, You Who guides Joseph

I am the Vine, the True Israel<sup>260</sup>

# Prayer for the Restoration and Revival of Israel

<sup>&</sup>lt;sup>259</sup> sanctuary: *lit.* place. Cp. Psalm 131:5 and footnote there. <sup>260</sup> John 15.

- 1 (For those who are to be changed. A testimony by Asaph. A Psalm for the Assyrian)
- 2 Attend, O Shepherd of Israel, You Who guides Joseph<sup>261</sup> like a sheep; O You Who art enthroned on the Cherubim<sup>262</sup>, appear.
- 3 Before Ephraim and Benjamin and Manasseh, bestir Your power and come to save us.
- 4 O God, restore us and let Your face shine and we shall be saved.
- 5 O Lord God of hosts, how long will You frown at the prayer of Your servants?
- 6 How long will You feed us with the bread of tears and fill our cup with tears to the brim?
- 7 You have made us the butt of our neighbours, and our enemies sneer at us.
- 8 O Lord God of hosts, restore us and let Your face shine, and we shall be saved. (*Pause*)
- 9 You did lift a vine out of Egypt; You did drive out the nations and plant it.
- 10 You did clear the way before it and plant its roots, and it filled the land.
- 11 Its shadow covered the mountains and its boughs the lordly cedars.
- 12 It stretched out its branches to the sea, and its off-shoots to the rivers.
- 13 Why have You torn down its hedge, so that all who pass that way strip it?
- 14 The boar from the forest ravages it, and the lone beast devours it.
- 15 O God of hosts, return then, and look from heaven, and behold

<sup>&</sup>lt;sup>261</sup> Joseph = Israel (Gen. 40:23; 48:15; Amos 6:6).

<sup>&</sup>lt;sup>262</sup> 2 Sam. 6:2 (LXX).

and visit this vine and restore it,

- 16 the vine Your right hand has planted, through the Son of Man Whom You have made strong for Yourself.<sup>263</sup>
- 17 Men have burned it with fire and rooted it up; they will perish at the rebuke of Your countenance.
- 18 Let Your hand be on Your right-hand man and on the son of man whom You have made strong for Yourself.
- 19 Then we will never forsake You again; revive us and we will call on Your name.
- 20 O Lord God of hosts, restore us and let Your face shine, and we shall be saved.

#### Psalm 80: Exult and rejoice in God our helper

# A Song of Redemption

# Open your Mouth Wide and I will Fill you with My Spirit

- 1 (For the Wine Presses. A Psalm by Asaph)
- 2 Exult and rejoice in God our helper; shout for joy to the God of Jacob.
- 3 Take a psalm and sound the drum, the dulcet harp with the psaltery.
- 4 Blow the trumpet at the new moon, on the great day of your festival.
- 5 For it is a command to Israel, a decree of the God of Jacob.
- 6 He made it a testimony in Joseph when he left the land of Egypt; he heard a tongue which he did not know.<sup>264</sup>

<sup>&</sup>lt;sup>263</sup> 'Who is the Son of Man if not our Lord Himself Who so calls Himself in the Gospels?' (St.Athanasius). But in verse 18 the same title can refer to the human leader building the Temple or Church of God (cp. Ezra 5:2). See Ps. 126 and footnote there.

<sup>264</sup> 'What tongue? The voice of God' (St Athanasius).

- 7 He relieved his back of the burdens, where his hands had slaved at the basket.
- 8 'In distress you called upon Me, and I delivered you; I answered you in a mysterious storm;<sup>265</sup> I proved you at the water of conflict. (*Pause*)
- 9 Listen, My people, and I will warn you. O Israel, if only you would listen to Me!
- 10 In you there must be no new or alien god; no strange god must you worship.
- 11 For I am the Lord your God Who brought you up from the land of Egypt. Open your mouth wide, and I will fill it.'
- 12 But My people did not hear My voice, <sup>266</sup> and Israel did not attend to Me.
- 13 So I left them to their hearts' desires: 'Let them go their own ways.'
- 14 If only My people had listened to Me, if Israel had walked in My ways,
- 15 I would have humbled their enemies in on time, and would have laid My hand on their oppressors.
- 16 The enemies of the Lord lie to Him, and their doom will be eternal.
- 17 And He fed them with the finest wheat, and filled them with honey from the rock.

#### Psalm 81: God stands in the assembly of judges

# The Judge of Judges, King of Kings

#### The Court of Lords

<sup>&</sup>lt;sup>265</sup> Exodus 9:23; 19:16.

<sup>&</sup>lt;sup>266</sup> 'You have always been deaf to His voice, blind to the vision of Him' (Jn. 5:37; cp. Deut. 18:16; Isaiah 48:18).

#### 1 (A Psalm by Asaph)

- God stands in the assembly of judges, <sup>267</sup> and in our midst He judges rulers. <sup>268</sup>
- 2 'How long will you judge unjustly, and take bribes from sinners? (*Pause*)
- 3 Do justice to the orphan and poor man; deal fairly with the humble and destitute.
- 4 Rescue the poor and needy; deliver him from the clutch of the sinner.
- 5 They do not know or understand, they grope about in darkness; all the props of earth collapse. <sup>269</sup>
- 6 I have said: 'You are gods and all sons of the Most High.'<sup>270</sup>
- 7 But you will die like men and will fall like one of the princes.'
- 8 Arise, O God, judge the earth;<sup>271</sup> for You shall have an inheritance in all the nations.

# Psalm 82: O God, who can be compared to You

# A Cry for Help Against a World in Arms

#### Shame inflames to Seek God's Name

1 (Song of a Psalm by Asaph)

2 O God, who can be compared to You?

<sup>&</sup>lt;sup>267</sup> *Lit.* gods. In the O.T. judges and rulers are called 'gods' (= lords) because they act for God and in His name (cp. Ex. 21:6; 22:9,28; Deut. 1:17; 19:17; Ps. 57; John 10:34-35). In verse 6 God says: You are My representatives, clothed with My power, to administer justice to all alike. But your high office is no guarantee of immortality; if you sin. you die (verse 7).

<sup>&</sup>lt;sup>268</sup> See the previous footnote.

<sup>&</sup>lt;sup>269</sup> Cp. Isaiah 36:6; 2 Chron. 32:8; 1 Tim. 6:17; Ps. 74:4; Gal. 2:9; 1 Sam. 2:8.

<sup>&</sup>lt;sup>270</sup> John 10:34-36.

 $<sup>^{271}</sup>$  This prayer is already answered (John 3:18; 9:39; 12:31; Acts 17:31).

- Be not silent and still, O God.
- 3 For, lo, Your enemies make a tumult, and those who hate You lift their heads.
- 4 They make wicked plots against Your people and conspire against Your saints.
- 5 They say: 'Come, let us wipe them out from being a nation, and let the name of Israel be remembered no more.'
- 6 For with one consent they conspire together; they have made a league against You.
- 7 The tents of Edom and the Ishmaelites, Moab and the Hagarites,
- 8 Gebal and Ammon and Amalek, and the Philistines with the people of Tyre.
- 9 Assyria has also jointed them; they have come to help the sons of Lot. (*Pause*)
- 10 Treat them like Midian and Sisera, like Jabin at the torrent of Kishon.
- 11 They perished at Endor; they became like dung for the earth.
- 12 Make their rulers like Oreb and Zeb, and all their princes like Zeba and Zalmunna,
- 13 who said, 'Let us take for ourselves the sanctuary of God.'
- 14 My God, make them like a whirl of dust, like stubble before the wind,
- 15 like fire that burns the forest, like a flame that sets mountains ablaze.
- 16 So pursue them with Your tempest, and confound them with Your wrath.
- 17 Fill their faces with shame, and they will seek Your name, O Lord.

- 18 Let them be ashamed and confounded for ever; let them be put to confusion and perish.
- 19 And let them know that Your name is Lord, that You alone are the Most High over all the earth.

# Psalm 83: How I love Your dwellings, O Lord of Hosts

#### The Grace and Glory of God's House

#### A Pilgrim's Love Song and Act of Faith

- 1 (For the wine presses. A Psalm for the sons of Korah)
- 2 How I love<sup>272</sup> Your dwellings, O Lord of Hosts!
- 3 My soul longs and faints for the courts of the Lord, my heart and my flesh exult in the living God.
- 4 For even the sparrow finds a home, and the dove a nest for herself; where she may lay her young, Your altars, O Lord of Hosts, my King and my God.
- 5 Blessed are they who dwell in Your house; they will praise You eternally. (*Pause*)
- 6 Blessed is the man whose help is from You, who has resolved in his heart to ascend by steps
- 7 in the valley of tears, in the place he has made.<sup>273</sup> for the Lawgiver will indeed give blessings.
- 8 They will go from power to power.
  The God of gods will be seen in Zion.
- 9 O Lord God of Hosts, hear my prayer; give ear, O God of Jacob. (*Pause*)
- 10 Behold, O God, our defender; and look on the face of Your Christ.

<sup>&</sup>lt;sup>272</sup> Lit. 'How beloved are Your dwellings.'

 $<sup>^{273}</sup>$  Man has made a mess of the earth (Gen. 3; Isaiah 24:4-6 etc.)

- 11 For one day in Your courts is better than thousands without.<sup>274</sup> I would choose rather to be an outcast in the house of my God than dwell in the tents of sinners.
- 12 For the Lord loves mercy and truth. God will give grace and glory. No blessing will the Lord withhold from those who live in innocence.
- 13 O Lord God of Hosts, blessed is the man who trusts in You.

# Psalm 84: O Lord, You has blessed Your land

# Praise, Prophecy and Prayer for Conversion

# The Glory of God's Presence and Reign of Peace

- 1 (A Psalm for the Sons of Korah)
- 2 O Lord, You have blessed Your land; You have turned away the captivity of Jacob.
- 3 You have forgiven the iniquity of Your people; You have covered all their sins. <sup>275</sup> (*Pause*)
- 4 You have stopped all Your wrath; You have turned away the heat of Your anger.
- 5 Convert us, O God our Saviour, and turn away Your anger from us.
- 6 Wilt You be angry with us for ever, or prolong Your wrath from generation to generation?
- 7 O God, You will convert and quicken us, and Your people will rejoice in You.
- 8 Show us Your mercy, O Lord, and grant us Your salvation.

<sup>&</sup>lt;sup>274</sup> Cp. Lk. 13:25; Mk. 4:11; Col. 4:5; Rev. 22:15.

<sup>&</sup>lt;sup>275</sup> God is love. Love covers all sins (see 1 Jn. 4:16; 1 Pet. 4:8; Prov. 10:12; Jas. 5:20; Lk. 7:47).

- 9 I will hear what the Lord God will speak within me; for He will speak peace to His people, to His saints, and to those who turn their hearts to Him.
- 10 For His salvation is near those who fear Him, that His glory may dwell in our land.
- 11 Mercy and truth have met together; justice and peace have kissed each other.
- 12 Truth has sprung from the earth, and justice has looked down from heaven.
- 13 For the Lord will give goodness, and our land will yield her fruit.
- 14 Righteousness will go before Him, and will set His footsteps on the way.

## Psalm 85: Incline Your ear, O Lord, and answer me

## A Song of the Lamb: Prayer for Joy as Proof of God's Grace Prophecy that All Nations will Worship and Glorify Him

1 (A Psalm by David)

Incline Your ear, O Lord, and answer me; for I am poor and needy.

- 2 Preserve my soul, for I am holy;<sup>276</sup> O my God, save Your servant, who trusts in You.
- 3 Have mercy on me, O Lord; for all day long I cry to You.
- 4 Rejoice the soul of Your servant; for to You, O Lord, do I lift up my soul.<sup>277</sup>
- 5 For You, O Lord, art good and gentle. and rich in mercy to all who call on You.
- 6 Give ear, O Lord, to my prayer;

<sup>276</sup> holy: cp. 1 Cor. 3:16,17; 6:15-19; Heb. 3:1; 12:10; 1 Pet. 1:15,16; 2 Pet. 1-4.

<sup>&</sup>lt;sup>277</sup> Powers of the soul are will, desire, intellect, understanding, memory, imagination.

and attend to the cry of my supplication.

- 7 In the day of my trouble I call upon You, for You dost answer me.
- 8 There is none like You among the gods, O Lord, and no works like Your.
- 9 All the nations You have made will come and worship You, O Lord, and will glorify Your Name.<sup>278</sup>
- 10 For You art great and work wonders; You are the only God.
- 11 Teach me Your way, O Lord, and I will walk in Your truth; let my heart rejoice to fear Your Name.
- 12 I will thank You, O Lord my God, with my whole heart; I will glorify Your Name for ever.
- 13 For great is Your mercy towards me, and You have delivered my soul from the lowest hell.
- 14 O God, the lawless have risen against me, and a band of violent men have sought my life, and have not set You before them.
- 15 But You, O Lord my God, art full of compassion and pity, long-suffering, most merciful and true.
- 16 Look upon me and have mercy on me: give Your strength to Your servant, and save the son of Your handmaid.
- 17 Work with me a miracle for good, and let those who hate me see it and be ashamed, because You, O Lord, have helped me and comforted me.

## Psalm 86: His foundations are on the holy mountains

The Celestial City of God, Mother of All Nations

 $<sup>^{\</sup>rm 278}$  'The song of the Lamb.' (Rev. 15:3-5; John 12:32).

## The Kingdom of Righteousness, Peace and Joy

1 (For the sons of Korah. The Psalm of a song)

His foundations are on the holy mountains.

- 2 The Lord loves the gates of Zion<sup>279</sup> more than all the dwellings of Jacob.
- 3 Glorious things are said of you, O city of God. (Pause)
- 4 I will mention Rahab<sup>280</sup> and Babylon to those who know me. and behold, foreigners and the people of Tyre and Ethiopia, these were born there.
- 5 A man will say, 'Mother Zion,' and, 'This man was born in her,' and, 'The Most High Himself founded her.'
- 6 The Lord will declare this in His record of the peoples and rulers who were born in her. (*Pause*)
- 7 How happy are all whose home is in you!<sup>281</sup>

## Psalm 87: O Lord, God of my salvation

## Contemplation of Christ Suffering and Praying

## A Prayer in the Depths of Distress

- 1 (Psalm of a song for the sons of Korah. For Mahalath to sing responsively. Of Contemplation. By Heman the Israelite)
- 2 O Lord, God of my salvation, I cry day and night before You.
- 3 O let my prayer enter Your presence;

<sup>279</sup> Zion is a type of the Church; the dwellings of Jacob signify life under the law (cp. St. Athanasius). Happy are they who are born of water and the Spirit and whose home is the heavenly Zion! (cp. Jn; 3:3-5). See also Ps. 136 and footnotes. 'His foundations' (Ephes. 2:20: Isaiah 28:16).

<sup>280</sup> Rahab (*Heb.*) = Pride. Mythical monger of chaos at creation (Job 24:12) and at redemption from Egypt (Is. 51:9). Poetic synonym for Egypt (Is. 30:7).

<sup>281</sup> 'Whatever God now gives us, He himself will be to us in place of His gift.... Our joy, our peace, our rest, the end of all our troubles, is none but God' (St. Augustine).

incline Your ear to my petition.

- 4 For my soul is full of trouble, and my life has drawn near to hell.
- 5 I am counted with those who go down to the pit; I have become as a man without help, free among the dead,
- 6 like those who are wounded and lie in the grave, whom You remember no more, and they are cut off from Your hand.
- 7 They laid me in the lowest pit, in dark places and in the shadow of death.
- 8 Your wrath presses upon me, <sup>282</sup> and all Your waves You have brought upon me. (*Pause*)
- 9 You have put away my acquaintances far from me, and made me an abomination to them.I am imprisoned and cannot escape.
- 10 My eyes fail from poverty, Lord, I cry all day to You, I stretch out my hands to You.
- 11 Wilt You work wonders among the dead, or will physicians rise up and praise You?
- 12 Will anyone in the grave tell of Your mercy or Your truth in the place of destruction?
- 13 Can Your wonders be known in the dark, and Your justice in the land of oblivion?
- 14 But to You do I cry, O Lord, and early shall my prayer come before You.
- 15 Lord, why dost You reject my soul, and turn Your face from me?
- 16 I am poor and in trouble from my youth; but after being exalted, I am humbled and perplexed.

<sup>282</sup> 'The Lord suffered, not for His own sake, but for ours... He suffered *for us*, and bore in Himself the wrath that was the penalty of our sin' (St. Athanasius).

- 17 Your wrath has swept over me, and Your threats alarm me.
- 18 They surround me like water all day long, they overwhelm me together.
- 19 You have put far from me friend and neighbor and my acquaintances because of my misery.

## Psalm 88: I will sing of Your mercies, O Lord, forever

### The Glorious Promises of God: The Eternal Covenant

## The Eternal Reign Planned for the Son<sup>283</sup>

- 1 (Of contemplation. By Ethan the Israelite)
- 2 I will sing of Your mercies, O Lord, for ever; I will proclaim Your truth with my mouth to all ages.
- 3 For You have said: 'Mercy shall be built up for ever.'284 Your truth is ready in the heavens.
- 4 I have made a covenant with My chosen people, I have sworn to My servant David:
- 5 'I will prepare your Son<sup>285</sup> for an eternal reign, and build up your throne for all generations.' (*Pause*)
- 6 The heavens praise Your wonders, O Lord, and Your truth in the Church of the Saints.
- 7 For who in the clouds can equal the Lord?
  And who is like the Lord among the sons of God?
- 8 God is glorious in the council of the saints, great and terrible above all those around Him.
- 9 O Lord, God of Hosts, who is like You? You art powerful, O Lord, and Your truth is around You.

<sup>&</sup>lt;sup>283</sup> 'No eye has seen, no ear has heard.... what God has planned for His lovers' (1 Cor. 2:9).

<sup>&</sup>lt;sup>284</sup> 'God's mercy is the salvation and grace granted by Christ' (St. Athanasius).

<sup>&</sup>lt;sup>285</sup> Son: *lit.* 'seed'. God will prepare the son of David to be the Messiah King.

- 10 You rule the raging of the sea, You stillest the surge of its waves.
- 11 You humblest the proud like wounded men; with Your powerful arm You dost scatter Your enemies.
- 12 Your are the heavens and Your the earth; the world and its fullness You have founded.
- 13 The north and the sea You have created;<sup>286</sup> Tabor and Hermon rejoice in Your name.
- 14 Your is a mighty arm; let Your hand be strong, Your right hand uplifted.
- 15 Justice and judgment prepare the way for Your throne; mercy and truth pave the way for Your presence.
- 16 Blessed are the people who know the festal shout. They walk, O Lord, in the light of Your presence.
- 17 They exult in Your name all day long, and in Your righteousness they are exalted.
- 18 For You are the glory of their strength; and by pleasing You we are raised to power.
- 19 For our protection belongs to the Lord, and to our King, the Holy One of Israel.
- 20 Once You did speak in a vision to Your children<sup>287</sup> and say: 'I have laid help upon a warrior; I have exalted one chosen from My people.
- 21 I have found David, My servant; with My holy oil I have anointed him.
- 22 For My hand will support him, and My arm will strengthen him.
- 23 The enemy will not get the better of him,

<sup>&</sup>lt;sup>286</sup> 'This means the four parts of the globe: North means the land of the midnight sun; sea means the West' (St. Athanasius). On the West of Palestine lies the Mediterrranean sea, so the Bible calls the West the Sea.

<sup>&</sup>lt;sup>287</sup> Cp. 2 Samuel 7:4-17; 1 Chron. 17:3-14.

- and the son of iniquity will do him no harm.
- 24 And I will cut down his enemies before his face, and rout those who hate him.
- 25 My truth and My mercy shall be with him, and in My name he will rise to power.
- 26 I will extend his power over the sea, and his right hand over the rivers.
- 27 He will call on Me: 'You are my Father, my God, and the support of my salvation.'
- 28 And I will make him My firstborn, <sup>288</sup> high above the kings of the earth.
- 29 I will cherish My love for him for ever, and My covenant will stand firm with him.
- 30 And I will make his dynasty<sup>289</sup> eternal, and his throne as the days of heaven.
- 31 If his sons forsake My law and do not walk by My judgments,
- 32 if they profane My rights and do not keep My commandments,
- 33 I will visit their sins with the rod, and their iniquities with the scourge.
- 34 Yet I will not withdraw My mercy from them, and will never break My troth. 250
- 35 I will never profane My covenant, nor ignore what has gone from My lips.
- 36 Once for all I have sworn by My holiness;

<sup>&</sup>lt;sup>288</sup> Firstborn = Christ in David. Cp. Heb. 1:6; Rom. 8:29; Col. 1:13-18; Rev. 1:5; 3:14; Matt. 1:25; Exod. 4:22; Heb. 12:23.

<sup>&</sup>lt;sup>289</sup> dynasty: *lit.* seed (Gal. 3:16; Is. 9:7).

<sup>&</sup>lt;sup>290</sup> In Hebrew thought, truth, troth and fidelity are inseparable concepts. To be true is to be faithful. True life is the relationship of obedient and mutual love (Jn. 14:15; 15:10; Mk. 3:35).

#### can I lie to David?

- 37 His dynasty<sup>291</sup> will continue for ever, and his throne as long as the sun before Me,
- 38 like the moon that is fixed for ever, like the faithful witness in heaven. (Pause)
- 39 But You have rejected and spurned us; You have delayed Your Christ.
- 40 You have dissolved the covenant with Your servant, and profaned his sanctuary to the ground.
- 41 You have broken down all his defences, and put cowardice in his strongholds.
- 42 All who pass by plunder him; he has become the scorn of his neighbors.
- 43 You have raised up the right hand of his oppressors; You have gladdened all his enemies.
- 44 You have foiled the help of his sword, and have not supported him in battle.
- 45 You have made an end of his purification; You have dashed his throne to the ground.
- 46 You have shortened the days of his life; You have covered him with shame. (*Pause*)
- 47 How long, O Lord, will You turn away? Will Your wrath burn like fire for ever?
- 48 Remember what my substance is.

  Hast You created in vain all the children of men?
- 49 What man can live and not see death?

  Who can deliver his soul from the clutch of hell? (Pause)
- 50 Where are Your mercies of old, O Lord, which You did solemnly promise to David by Your truth?

<sup>&</sup>lt;sup>291</sup> dynasty: *lit.* seed.

<sup>&</sup>lt;sup>292</sup> Rev. 1:5; 3:14.

- 51 Remember, O Lord, the reproach of Your servants, how I bear in my bosom the reproach of many nations,
- 52 with which Your enemies reproach us, O Lord, with which they reproach the redemption of Your Christ.
- 53 Blessed be the Lord for ever. So be it! So be it!

## Psalm 89: Lord, You have been our refuge from generation to generation

# God our Home and Refuge: Prayer for Guidance and Radiance Dying Creatures, Dying Comforts

1 (A Prayer of Moses, the Man of God)

Lord, You have been our refuge from generation to generation.

- 2 Before the mountains came to birth or the earth and the world was formed, from age to age eternally You art.
- 3 Do not turn men away to humiliation. and You have said: 'Return, sons of men.'
- 4 For a thousand years in Your sight are like a single day, like yesterday which has come and gone, like a watch in the night.
- 5 Trifling will their years be.
  In the morning like grass they may pass away.
- 6 In the morning it flowers, then fades away; by evening it droops, grows hard and withers.
- 7 For we are dying in Your wrath, <sup>293</sup> and we are dismayed by Your anger.
- 8 You have set our sins before You,

<sup>&</sup>lt;sup>293</sup> From Egypt to the Promised Land was only a matter of days (Dt. 1:2), yet Israel wandered for 40 years and most of them died in the wilderness without entering it. So we today wander in the wilderness of unbelief and disobedience without entering by faith and love into the rest and resources of the Kingdom (Heb. 4; Num. 14:26-35).

our lives in the light of Your presence.

- 9 For all our days are passing;and we are dying in Your wrath.Our years may be considered a cobweb.
- 10 The span of our lives is seventy years, and if in the strong it is eighty years, yet most of it is labor and sorrow, for weakness comes over us and we are subdued.
- 11 Who knows the power of Your anger, and who can gauge Your wrath by Your fear?
- 12 So make Your right hand known to me, and those disciplined in heart by wisdom.<sup>294</sup>
- 13 Return, O Lord; how long? and be gracious to Your servants.
- 14 Let us be satisfied with Your mercy in the morning, and we shall rejoice and be glad all our days.
- 15 Gladden us for the days in which You have humbled us, for the years in which we have seen evils.
- 16 And look upon Your servants and Your works, and guide their children.
- 17 And may the radiance of the Lord our God be upon us, and direct the works of our hands for us, and direct the work of our hands.

### Psalm 90: He who dwells in the help of the Most High will live

#### God a Mother Bird

A Colloquy: Security of the Divine Protection

1 (The Praise of a Song. By David)

He who dwells in the help<sup>295</sup> of the Most High,

<sup>&</sup>lt;sup>294</sup> Make known to me Christ the Wisdom and Power of God (1 Cor. 1:24), and make known to me Your Saints whose hearts are disciplined by Him (cp. St. Athanasius).

will live in the protection of the God of Heaven.

- 2 He will say to the Lord,
  'You are my Protector and my Refuge—
  my God,' and in Him will I trust.
- 3 For He will deliver you from the snare of the hunters, and from the embarrassing word.
- 4 He will overshadow you with His shoulders, and under His wings you shall trust; His truth will surround you with armour.
- 5 You will not be afraid of any terror by night, nor of the arrow that flies by day;
- 6 of a thing that prowls in the dark, of accident, or the noonday devil.
- 7 A thousand may fall at your side and ten thousand at your right hand; but it will not come near you.
- 8 Only with your eyes you will behold and see the reward of sinners.
- 9 For You, O Lord, art my hope; You have made the Most High Your Refuge.
- 10 No evil will come to you, and no scourge will come near your dwelling.
- 11 For He will give His Angels charge over you, to guard you in all your ways.
- 12 They will bear you in their hands, lest you dash your foot against a stone. <sup>296</sup>
- 13 You will tread upon the asp and the basilisk; the lion and the dragon<sup>297</sup> you will trample underfoot.
- 14 Because he has trusted in Me, I will deliver him;

<sup>&</sup>lt;sup>295</sup> That is, in the Kingdom (1 Cor. 4:20).

<sup>&</sup>lt;sup>296</sup> Verses 11 and 12 were quoted by Satan to tempt Christ (Matt. 4:6; Lk. 4:10).

<sup>&</sup>lt;sup>297</sup> dragon: *or* serpent.

I will protect him, because he has known My name.

- 15 He will call upon Me. and I will answer him. I am with him in trouble;
  I will deliver him and glorify him.
- 16 With long life will I satisfy him, and show him My salvation.

## Psalm 91: It is good to give thanks to the Lord

## Praise and Thanksgiving of a Good and Happy Man Singing Creation prompts a Singing Heart

- 1 (Psalm of a song for the day of the Sabbath)
- 2 It is good to give thanks to the Lord, and to sing praises to Your name, O Most High,
- 3 to tell of Your mercy in the morning, and of Your truth in the night.
- 4 on a psaltery of ten strings, with a song on the harp.
- 5 For You, O Lord, have made me glad by Your creations, and at the work of Your hands I sing for joy.
- 6 How great are Your works, O Lord! How very deep are Your designs!
- 7 A senseless man cannot know, and a fool cannot understand this, that
- 8 when sinners spring up like grass all the evildoers show their faces, that they may be destroyed eternally.
- 9 But You art supreme for ever, O Lord.
- 10 For, lo, Your enemies, O Lord, lo, Your enemies shall perish; and all evildoers will be scattered.
- 11 But You give me the strength of a rhinoceros,

- and finest oil to refresh my old age.
- 12 And my eye looks down on my enemies, and my ear hears the doom of my malicious assailants.
- 13 The righteous will nourish like a palm tree, and will grow like a cedar in Lebanon.
- 14 Those who are planted in the house of the Lord<sup>298</sup> will nourish in the courts of our God.
- 15 They will still bear fruit in a ripe old age, and will rejoice to declare
- 16 that the Lord our God is just, and that there is no injustice in Him.

## Psalm 92: The Lord is reigning, He is robed in beauty

## Rivers of Living Water<sup>299</sup>

## Praise of God Reigning in the Beauty of Holiness

1 (For the day before the Sabbath, when the earth was peopled. The Praise of a Song by David)

The Lord is reigning, He is robed in beauty.

The Lord is robed and girt with power.

He has made the world firm and it cannot be shaken.

- 2 Your throne is prepared from of old, You art from all eternity.
- 3 The rivers rise, O Lord, the rivers raise their voice, the rivers lift their waves.
- 4 Beyond the roar of many waters and the wondrous ocean breakers, more wondrous is the Lord on high.
- 5 Your testimonies can be fully trusted. Holiness becomes Your house, O Lord, forever.

<sup>&</sup>lt;sup>298</sup> House—Home, Family, Church, Kingdom: where God's will is done (1 Tim. 3:15; Heb. 3:2-6; Lk. 2:49; Mt. 6:10).
<sup>299</sup> John 7:38.

## Psalm 93: The Lord is a God of justice; the God of justice has appeared

## God the Just Judge: His Judgments are His Appearances

## The Blessing of God's Correction and Training

1 (A Psalm by David for the fourth day of the week)

The Lord is a God of justice;<sup>300</sup> the God of justice has appeared.

- 2 Arise, O Judge of the earth! Give the proud their deserts.
- 3 How long, O Lord, will sinners, how long will sinners boast?
- 4 How long will they bluff and talk injustice? How long will all the evildoers talk?
- 5 They crush Your people, O Lord, and oppress Your inheritance.
- 6 They kill the widow and the orphan, and murder the stranger.
- 7 And they say, 'The Lord does not see; the God of Jacob does not understand.'
- 8 Understand, you most foolish of people; and think, you dolts, for once.
- 9 He Who planted the ear, does He not hear? Or He Who formed the eye, does He not see?
- 10 He Who trains the nations, does He not rebuke? He Who teaches man, does He have no knowledge?
- 11 The Lord knows the thoughts of men, He knows that they are foolish. 301
- 12 Blessed is the man whom You train, O Lord,

<sup>&</sup>lt;sup>300</sup> justice: *or* vengeance. Vengeance left to God culminates in Christ's Passion. Cp. Deut. 32:35; Heb. 10:30; Rom. 3:5; 12:19.

 $<sup>^{301}</sup>$  Cp. 1 Cor. 3:20, 'The Lord knows the thoughts of the wise...'

- and teach out of Your law.
- 13 to make him meek in evil days, until the pit is dug for the sinner.
- 14 For the Lord will not reject His people or abandon His inheritance
- 15 until His justice returns in judgment and all the upright in heart abide by it. (*Pause*)
- 16 Who will stand up for me against the wicked? Who will stand by me against the evildoers?
- 17 Unless the Lord had helped me, my soul would soon have been in hell.
- 18 If I say, 'My foot is slipping,'
  Your mercy, O Lord, assists me.
- 19 Amid the thronging sorrows of my heart Your consolations enrapture my soul.
- 20 Can godless rulers have Your help, who make trouble in the name of law,
- 21 who hunt for the souls of honest men and condemn innocent men to death?
- 22 But the Lord is my refuge, and my God is the helper I trust.
- 23 And the Lord will repay them for their iniquity; and by their own wickedness the Lord God will destroy them.

Psalm 94: O come, let us sing with joy to the Lord
Call to Praise the Great Saviour, God and King Jesus
True Worship is Obedience: My Sheep obey My Voice

(The Praise of a Song. By David.)

1 O come, let us sing with joy to the Lord; let us shout for joy to God our Saviour.

- 2 Let us come before His presence with thanksgiving, and shout for joy to Him with psalms.
- 3 For the Lord is a great God, and a great King over all the earth.
- 4 In His hand are all the ends of the earth, and the mountain peaks are His.
- 5 The sea is His, and He made it; and His hands formed the dry land.
- 6 O come, let us worship and fall down before Him; and let us weep before the Lord our Maker.
- 7 For He is our God, and we are the people of His pasture and the sheep of His hand.
- 8 Today if you hear His voice, do not harden your hearts, as in the provocation on the day of trial in the wilderness, <sup>302</sup>
- 9 where your fathers tried Me, challenged Me, and saw My works.
- 10 For forty years I was grieved with that generation, and said: 'Their minds are always wandering, and they never learn My ways.'<sup>303</sup>
- 11 So I swore in My wrath:

  'They shall never enter My rest.'<sup>304</sup>

## Psalm 95: Sing to the Lord a new song; sing to the Lord all the earth

## Call to Praise God the Reigning King and Coming Judge

## Sing to the Lord a New Song

1 (When the House was built after the Captivity. A Song by David)

Sing to the Lord a new song;

<sup>&</sup>lt;sup>302</sup> Ex. 17:1-7.

<sup>&</sup>lt;sup>303</sup> Num. 14:32-34.

<sup>&</sup>lt;sup>304</sup> Cp. Heb.3:7-11; 4:10.

sing to the Lord all the earth.

- 2 Sing to the Lord, bless His name; tell the glad tidings of His salvation from day to day.
- 3 Declare His glory among the nations, His wonders among all peoples.
- 4 For great is the Lord and greatly to be praised; He is to be feared above all gods.
- 5 For all the gods of the nations are demons;<sup>305</sup> but the Lord made the heavens.
- 6 Praise and beauty attend Him; holiness and majesty are in His sanctuary.
- 7 Bring to the Lord, O families of nations, bring to the Lord glory and honour.
- 8 Bring to the Lord glory to His name; bring sacrifices and come into His courts.
- 9 Worship the Lord in His holy court; let all the earth tremble at His presence.
- 10 Say among the nations: 'The Lord is reigning.'
  He has set the world right and it cannot be shaken.
  He will judge the peoples with justice.
- 11 Let the heavens be glad and let the earth exult, let the sea rock and roll and all that is in it. 306
- 12 The fields and all that is in them will rejoice; then all the trees of the forest will sing for joy
- 13 at the presence of the Lord. For He is coming, He is coming to judge the earth. He will judge the world with justice, and the peoples by His truth.

<sup>305</sup> Cp. Deut. 32:17; 1 Cor. 10:20; Psalm 105:36-38; 1 Chron. 16:26.

<sup>&</sup>lt;sup>306</sup> i.e. Let the sea dance and roar in thunderous applause as the King of Glory appears. (This line is identical with 97:7a).

## Psalm 96: The Lord is reigning, let the earth rejoice

# Earth Rejoices and Trembles at the Reign of God

## All the Peoples Behold His Glory

1 (By David, when his land was at rest)

The Lord is reigning, let the earth rejoice; let the many islands be glad.

- 2 Clouds and darkness are round about Him; justice and judgment are the basis of His throne.
- 3 Fire goes before Him and burns His enemies on every side.
- 4 His lightnings illumine the world; the earth sees and trembles.
- 5 The mountains melt like wax at the Lord's presence, at the presence of the Lord of all the earth.
- 6 The heavens declare His justice, and all the peoples behold His glory. 307
- 7 Let all who worship carved images and boast of their idols be ashamed. Worship Him, all you Angels of His.
- 8 Zion heard and was glad, and the daughters of Judah rejoiced, because of Your judgments, O Lord.
- 9 For You are the Lord Most High over all the earth; You art exalted far above all gods.
- 10 You who love the Lord, hate evil; the Lord guards the lives of His saints; He delivers them from the clutch of sinners.
- 11 Light has dawned for the righteous, and joy for the upright in heart.

 $<sup>^{307}</sup>$  Cp. Pss. 32:5b; 84:10b. Rom. 1:19-21; 2 Cor. 4:6; Jn. 1:14; 6:40; 17:22-24.

12 Rejoice in the Lord, you righteous, and give thanks at the remembrance of His holiness.

## Psalm 97: O sing to the Lord a new song, for the Lord has done wonders

## The New Song of Redemption and Judgment

#### All the Earth has seen God's Salvation

1 (A Psalm by David)

- O sing to the Lord a new song, for the Lord has done wonders; His own right hand and His holy arm have saved Him.<sup>308</sup>
- 2 The Lord has made known His salvation; He has revealed His righteousness in the sight of the nations.
- 3 He has remembered His mercy to Jacob, and His truth to the house of Israel; all the ends of the earth have seen the salvation of our God.
- 4 Shout for joy to God, all the earth; sing and exult and chant psalms.
- 5 Sing praises to the Lord with the harp, with the harp and the tune of a psalm.
- 6 With metal trumpets and the sound of the horn shout for joy before the Lord our King.
- 7 Let the sea rock and roll and all that is in it, the world and all who dwell in it.
- 8 Let the rivers clap their hands, let the mountains sing for joy.
- 9 For He is coming to judge the earth; He will judge the world with justice and the peoples with equity.

<sup>&</sup>lt;sup>308</sup> Christ was saved from corruption and rose from the dead by His own power and holiness;. *Variant reading:* 'have saved (men) for Him.'

## Psalm 98: The Lord is reigning, let the peoples rage

#### Praise of God's Sovereign Supremacy and Holiness

## A Forgiving God Enthroned on Cherubim

1 (A Psalm By David)

The Lord is reigning, let the peoples rage;
He is enthroned on the cherubim<sup>309</sup>, let the earth quake.

2 Great is the Lord in Zion, and supreme over all the peoples.

3 Let them thank and praise Your great name, for it is terrible and holy.

4 The King's honour loves justice; You have provided laws; judgment and justice You have wrought in Jacob.

5 Exalt the Lord our God and fall down before His footstool, for He is holy.

6 Moses and Aaron among His priests and Samuel among those who call on His name, they called on the Lord, and He heard them.

7 He spoke to them in a pillar of cloud, for they kept His testimonies and the orders He gave them.

8 O Lord our God, You did answer them; a forgiving God You were to them, though correcting all their practices.

9 Exalt the Lord our God and worship at His holy mountain, for the Lord our God is holy.

## Psalm 99: Shout for joy to the Lord, all the earth

Praise God for His Goodness: Serve the Lord with Gladness

<sup>&</sup>lt;sup>309</sup> Rev. 4:6, Ezek. 1:5-10.

## Enter with Exultation and Song, Praise and Thanksgiving

1 (A Psalm for a Thank-offering)

Shout for joy to the Lord, all the earth.

- 2 Serve the Lord with gladness; enter His presence with exultation.
- 3 Know that the Lord Himself is our God; it is He who made us, and not we ourselves; we are His people and sheep of His pasture.
- 4 Enter His gates with thanksgiving and His courts with songs; give thanks to Him and praise His name.
- 5 For the Lord is good, His mercy is eternal; and His truth continues from generation to generation.

## Psalm 100: I will sing to You of mercy and judgment, O Lord

## A Mirror for Kings

## I will Sing of Your Love

1 (A Psalm by David)

I will sing to You of mercy and judgment, O Lord,

- 2 I will sing and consider the way of perfection.

  O when will You come to me?

  I have walked in my house
  in the innocence of my heart.
- 3 I set no ill deed before my eyes; I hate those who do wrong.
- 4 No crooked heart has joined me.

  A villain who avoids me I refuse to know.
- 5 The man who in private slanders his neighbor, him I drive away.Men of proud looks and grasping hearts have no place at my table.

- 6 My eyes look to the faithful of the land, that they may dwell with me. He who lives a blameless life shall minister to me.
- 7 He who acts proudly shall not live in my house; he who speaks falsehood shall not prosper in my sight.
- 8 Each morning I slay all the sinners of the land,<sup>310</sup> that I may purge all wrongdoers from the city of the Lord.

## Psalm 101: O Lord, hear my prayer, and let my cry come to You

## The Lord will Appear in His Glory to Declare the Divine Name Israel's Renewal and the Gathering of the Nations

- 1 (A Prayer for a poor man when he is despondent and pours out his petitions before the Lord)
- 2 O Lord, hear my prayer, and let my cry come to You.
- 3 Turn not Your face from me in the day when I am in trouble; incline Your ear to me.

  Answer me speedily in the day when I call.
- 4 For my days vanish like smoke, and my bones burn like brushwood.
- 5 My heart is sick and dry as grass, so that I forget to eat my bread.
- 6 Because of my loud groaning my bones stick to my flesh.
- 7 I have become like a pelican of the desert; I am like a screech-owl in a ruined building.
- 8 I keep vigil, and am become like a solitary bird on the housetop.

<sup>&</sup>lt;sup>310</sup> Daily I pray for the lost. Sinners are slain by conversion into believers, saints, friends and lovers.

- 9 All day long my enemies taunt me, and those who praise me swear against me. 311
- 10 For I have eaten ashes like bread and mingled my drink with weeping,
- 11 because of Your wrath and Your fury; for You have lifted me up and cast me down.
- 12 My days decline like a shadow, <sup>312</sup> and I am withered like grass.
- 13 But You, O Lord, dost endure for ever, and Your remembrance throughout all generations.
- 14 You will rise and have mercy on Zion; for it is time to have mercy on her, because the time has come.
- 15 For Your servants delight in her stones and have pity on her dust.<sup>313</sup>
- 16 The nations will fear Your Name, O Lord, and all the kings of the earth Your glory.
- 17 For the Lord will build up Zion and will appear in His glory.
- 18 He will regard the prayer of the humble, and will not ignore their need.
- 19 Let this be written for another generation, so a people to be created may praise the Lord.
- 20 He stooped from His holy height; the Lord looked from heaven at the earth
- 21 to hear the groaning of the prisoners and release the children of those put to death,

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<sup>&</sup>lt;sup>311</sup> Peter praised and confessed Christ, yet later he swore he did not know Him (Mt. 26:74; Mk. 14:71).

<sup>312</sup> Cp. Ps. 38:7a.

<sup>&</sup>lt;sup>313</sup> Though Zion is in ruins, to her servants every stone and even her dust is precious. '*Stones* are believers in Christ (1 Pet. 2:5; Zac. 9:16), *servants* are apostles, *dust* is earthlings, unbelievers' (St. Athanasius). Cp. Ps. 102:14.

- 22 to declare the Name of the Lord in Zion and His praise in Jerusalem,
- 23 to gather together the peoples and their kings to serve the Lord.
- 24 He asked Him at the height of his strength: Tell me how short my life is to be.
- 25 Do not take me away in the midst of my days. Your years are throughout all generations.
- 26 In the beginning, O Lord, You did found the earth, and the heavens are the work of Your hands.
- 27 They will perish, but You remain; they will all wear out like a garment, and You will change them like clothing and they will be changed.
- 28 But You art ever the same, and Your years never end.
- 29 The children of Your servants will dwell securely, and their descendants<sup>314</sup> will be guided for ever.

## Psalm 102: Bless the Lord, O my soul, and all that is within me

## Praise of God's Compassionate Love and Mercy<sup>315</sup>

## He Forgives all Sin and Heals all Disease

1 (By David)

Bless the Lord, O my soul, and all that is within me bless His holy name.

- 2 Bless the Lord, O my soul, and forget not all His benefits:
- 3 Who forgives all your sins, Who heals all your diseases,

<sup>&</sup>lt;sup>314</sup> descendants: *lit.* seed. Verses 26-28 are quoted at Heb. 1:10-12; 13:8.

<sup>&</sup>lt;sup>315</sup> 'God is love' (1 John 4:8,16).

- 4 Who redeems your life from destruction, Who crowns you with mercy and compassion,
- 5 Who satisfies your desire with good things; your youth will be renewed like an eagle's.
- 6 The Lord offers mercy and judgment to all who are wronged.
- 7 He made known His ways to Moses, His will to the children of Israel. 316
- 8 The Lord is compassionate and merciful, long-suffering and of great mercy.
- 9 He will not always be angry, nor will He threaten for ever.
- 10 He has not dealt with us according to our sins, nor rewarded us according to our iniquities.
- 11 For as heaven is high above the earth, so great is the Lord's mercy to those who fear Him.
- 12 As far as the East is from the West, so far has He set our sins from us.<sup>317</sup>
- 13 As a father has compassion on his children, so the Lord has compassion on those who fear Him.
- 14 For He knows our mould, He remembers that we are dust.
- 15 The days of man are as grass; he flourishes as a flower of the field.
- 16 Once the spirit in him has passed, he will not exist; and he will know his place no more.
- 17 But the Lord's mercy is eternal, and continues for ever towards those who fear him.

<sup>&</sup>lt;sup>316</sup> Cp. Ps. 147:8.

<sup>&</sup>lt;sup>317</sup> East and West intersecting heaven and earth forms the Cross to which our sins were nailed (Col. 1:20; 2:14).

- 18 And His justice is upon their children's children, for those who keep His covenant and remember His commandments and do them.
- 19 The Lord has prepared His throne in heaven, and His kingdom embraces all. 318
- 20 Bless the Lord, all angels of His, who are mighty in strength, who do His word and listen to the voice of His orders.
- 21 Bless the Lord, all His Hosts, His ministers who do His will.
- 22 Bless the Lord, all His works, in every place of His dominion. Bless the Lord, O my soul.

## Psalm 103: Bless the Lord, O my soul. O Lord my God

## The Wonders of Creation and God's Constant Care

#### All Look to You

1 (By David)

Bless the Lord, O my soul.

O Lord my God, You are very great.

You art clothed with praise and splendor,

- 2 wrapping Yourself in light for a garment, stretching out the sky like a skin:<sup>319</sup>
- 3 Who covers His upper regions with waters, Who makes the clouds His chariot, Who walks on the wings of the winds,
- 4 Who makes spirits His Angels, and His servants flames of fire, 320

<sup>318</sup> embraces all: or, 'rules over all.'

<sup>&</sup>lt;sup>319</sup> He Whose hands stretch out the sky like a skin now stretches out His healing hands on the cross to draw all to Himself (cp. Is. 45:12; 65:2; Rom. 10:21; Jn. 12:32; 21:18: Acts 4:30; 1 Pet. 2:24).

- 5 Who poises the earth on its axis; it will never wander throughout all ages.
- 6 The deep like a garment is its clothing; on the mountains waters stand.
- 7 At Your rebuke they flee, at the peal of Your thunder they quail.
- 8 They spring from mountains and flow down valleys to the place which You have appointed for them.
- 9 You have set a bound they cannot pass, so they can never return to cover the earth.
- 10 He sends torrents down ravines; the waters pass between the mountains.
- 11 They give drink to all the beasts of the field; therein wild asses slake their thirst.
- 12 The birds of heaven settle on them; among the rocks they pipe their calls.
- 13 You water mountains from above; the earth is filled with the fruit of Your works.
- 14 He makes grass spring up for the cattle and plants through the labor of men to produce bread from the earth:
- 15 that wine may cheer the heart of man, that his face may shine with oil, and bread sustain man's heart.
- 16 The trees of the plain are drenched, the cedars of Lebanon which He planted.
- 17 There the birds make their nests, the heronry at their head.
- 18 The high mountains are for the deer, a rock is a refuge for badgers.
- 19 He has made the moon for seasons;

- the sun knows his setting time.
- 20 You decree darkness and night falls, in which all the beasts of the forest prowl:
- 21 young lions roaring for their prey and seeking their food from God.
- 22 The sun rises and they gather together, and lie down in their dens.
- 23 Man goes out to his work and to his labor until the evening.
- 24 How magnificent are Your works, O Lord! You have made all things in wisdom. The earth is full of Your creatures.
- 25 There is the sea, great and wide; there live reptiles without number, creatures small and great.
- 26 There ships sail to and fro; there too is that serpent which You have made to sport in it.
- 27 All look to You to give them their food in due season.
- 28 When You give it them, they gather it; when You open Your hand, all things are filled with goodness.
- 29 When You turn away Your face they are troubled. You take away their spirit and they vanish, and return to their dust.
- 30 You send out Your spirit, and they are created; and You renew the face of the earth.
- 31 May the glory of the Lord endure for ever; the Lord delights in His works.
- 32 He looks upon the earth and makes it tremble; He touches the mountains and they smoke.
- 33 I will sing to the Lord all my life;

I will sing praise to my God as long as I live.

- 34 May my meditation please Him, and I will delight in the Lord.
- 35 May sinners vanish from the earth, and the lawless so as to be no more. Bless the Lord, O my soul.

## Psalm 104<sup>321</sup>: O give thanks to the Lord and call on His name

## The History of Israel: Saved to Serve and Obey

## He never Forgets His Eternal Covenant

1 (Alleluia)

- O give thanks to the Lord and call on His name; tell of His doings among the nations.
- 2 Sing to Him and praise Him; recount all His wonders.
- 3 Glory in His holy name; let the hearts of those who seek the Lord rejoice.
- 4 Seek the Lord and be strengthened; seek continually His presence.
- 5 Remember the wonders He has done, His portents and the judgments of His mouth,
- 6 you children of Abraham, His servants, you sons of Jacob, His chosen people.
- 7 He is the Lord our God; His judgments are in all the earth.
- 8 He never forgets His covenant, the promise He made for a thousand generations,
- 9 the covenant which He made with Abraham, and the oath which He swore to Isaac,

<sup>&</sup>lt;sup>321</sup> Much of Psalm 104 occurs almost verbatim in 1 Chron. 16:8-22 (cp. vv. 7:36).

- 10 which He confirmed to Jacob as a law, and to Israel as an eternal covenant,
- 11 saying, 'To you I will give the land of Canaan as the portion of your inheritance,'
- 12 when they were few in number, very few and foreigners in it.
- 13 And they passed from nation to nation, and from one kingdom to another people.
- 14 He allowed no one to injure them, and reproved kings on their account:
- 15 'Touch not My anointed people, <sup>322</sup> and do My prophets no harm.'
- 16 And He called a famine on the land—broke all the support of bread.
- 17 He sent a man ahead of them; Joseph was sold as a slave.
- 18 They humbled his feet with fetters; his life was spent in hard labour.
- 19 Till what He had said came to pass, the word of the Lord tested him.
- 20 The king sent and released him; the ruler of the people set him free.
- 21 He made him lord of all his house and ruler of all his possessions,
- 22 to train his princes to be like himself and to teach his senators wisdom.
- 23 Then Israel came into Egypt, and Jacob settled in the land of Ham.
- 24 And He increased His people exceedingly, and made them stronger than their enemies.

<sup>&</sup>lt;sup>322</sup> 'You have an anointing from the Holy One' (1 Jn. 2:20; Ex. 19:6; Is. 61:6; Rev. 1:6; 1 Pet. 2:5-9). *Lit.* 'Touch not My Christs.'

- 25 He turned their hearts to hate His people, to deal craftily with His servants.
- 26 He sent His servant Moses, and Aaron whom He had chosen for Himself.
- 27 To them He committed the words of His signs and of His portents in the land of Ham.
- 28 He sent darkness and made it dark, for they had provoked His words.
- 29 He turned their waters into blood and killed their fish.
- 30 Their land swarmed with frogs, even in their royal apartments.
- 31 He spoke and the mosquito came, and gnats in all their country.
- 32 He gave them hail for rain, and a flaming fire in their land.
- 33 And He struck their vines and their fig-trees, and broke every tree of their land.
- 34 He spoke and the locust came, and caterpillars <sup>323</sup> past all counting.
- 35 And they devoured everything green in their land, and consumed the fruit of their ground.
- 36 Then He struck all the firstborn of their land, the first-fruits of all their labour.
- 37 And He brought them out with silver and gold, and there was not a sick person among their tribes.
- 38 Egypt was glad at their departure, for a fear of them had fallen upon them.
- 39 He spread a cloud for their protection, and fire to illumine the night for them.

 $<sup>^{323}</sup>$  caterpillars: larva of the locust.

- 40 They asked, and flocks of quail came, and He filled them with the bread of heaven. 324
- 41 He split a rock and waters gushed out; rivers ran in the desert.
- 42 For He remembered His holy promise made to Abraham His servant. 325
- 43 And He brought out His people with joy and His chosen ones with gladness.
- 44 And He gave them the lands of the nations, and they inherited the peoples' labours,
- 45 that they might observe His rights, and search out His law. 326

### Psalm 105: Give thanks to the Lord, He is good; His mercy is eternal

## Historical Retrospect: Confession of Sin and Ingratitude

### They Forgot God Who roused Compassion for Them

1 (Alleluia)

Give thanks to the Lord, He is good; His mercy<sup>327</sup> is eternal.

- 2 Who can tell of the mighty powers of the Lord, or make all His praises heard?
- 3 Blessed are they who act justly and do what is right at all times.
- 4 Remember us, O Lord, in Your love for Your people; visit us with Your salvation,
- 5 that we may see it in the goodness of Your chosen ones, that we may rejoice in the gladness of Your nation,

<sup>&</sup>lt;sup>324</sup> Ex. 16:12-15; Jn. 6:31-35.

<sup>325</sup> Gen. 15:14.

<sup>&</sup>lt;sup>326</sup> Law (Torah) meant scripture. 'Torah planted in our midst eternal life' says the Jewish Prayer Book. Study of the Law was the centre of Jewish life (cp. Jn. 5:39). <sup>327</sup> mercy: *or* love.

that we may sing praises with Your inheritance.

- 6 We have sinned with our fathers, we have done evil, we have done wrong.
- 7 Our fathers failed in Egypt to understand Your wonders,<sup>328</sup> and they did not remember Your great mercy, and they provoked You when going up at the Red Sea.
- 8 Yet He saved them for His name's sake to make known His mighty power.
- 9 He rebuked the Red Sea and it dried up, and He led them in its depths as in the desert.
- 10 And He saved them from the clutch of their hateful foe and redeemed them from the hands of their enemies.
- 11 Water covered their oppressors; not one of them was left.
- 12 Then they believed His words and sang His praise.
- 13 They soon forgot His works; they would not wait for His will.
- 14 They indulged their desire in the wilderness, and tempted God in the desert.
- 15 And He gave them their request, and sent surfeit into their souls. 329
- 16 They angered Moses in the camp, and Aaron the priest of the Lord.
- 17 The earth opened and swallowed up Dathan<sup>330</sup> and buried Abiram's crew.
- 18 And fire broke out in their company; the flames burned up the sinners.

<sup>&</sup>lt;sup>328</sup> Cp. Mark 8:17-21; Matthew 16:9-12.

<sup>&</sup>lt;sup>329</sup> Num. 11:34.

<sup>330</sup> Num. 16:32.

- 19 They made a calf at Horeb and worshipped the carved idol.
- 20 They exchanged the glory of God for the image of a bull that eats grass.
- 21 They forgot God their Saviour, Who had done great things in Egypt;
- 22 wonderful things in the land of Ham, terrible things at the Red Sea.
- 23 And He said He would destroy them, had not Moses His chosen servant stood in the breach before Him to prevent His wrath from destroying them.
- 24 Then they despised the promised land; they did not believe His word.
- 25 And they murmured in their tents; they did not obey the Lord's voice.
- 26 So He raised His hand against them to lay them low in the wilderness,
- 27 to scatter their children among the nations<sup>331</sup> and disperse them in foreign lands.
- 28 They were initiated to Baal-Phegor, and ate the sacrifices of the dead.
- 29 And they provoked Him with their ways, and the plague raged among them.
- 30 Then Phineas rose and made atonement, and the outbreak was stopped.
- 31 And this has been counted to him for righteousness from age to age eternally.
- 32 They angered Him too at the water of conflict, and Moses suffered on their account.
- 33 For they provoked his spirit,

<sup>&</sup>lt;sup>331</sup> children: *lit*. seed.

- and he spoke rashly with his lips.
- 34 They did not destroy the nations, as the Lord had told them;
- 35 but they mixed with the nations, and learned their practices.
- 36 And they served their idols, which became a snare to them.
- 37 They even sacrificed their sons and their daughters to demons,
- 38 and shed innocent blood, the blood of their sons and daughters, whom they sacrificed to the idols of Canaan. And the land was polluted with blood
- 39 and defiled by their practices, and they played the wanton by their ways.
- 40 Then the Lord raged with fury against His people and abhorred His inheritance.
- 41 And He delivered them into the hands of their enemies, and those who hated them ruled over them.
- 42 Their enemies oppressed them, and they were humbled under their hands.
- 43 Many times He delivered them, but they provoked Him by their wilfulness and were humbled for their iniquities.
- 44 Yet the Lord saw when they were in trouble, and He heard their prayer
- 45 and He remembered His covenant, and in His great mercy He relented.
- 46 He even roused compassion for them among all who took them captive.
- 47 Save us, O Lord our God, and gather us from among the nations, that we may give thanks to Your holy name

and triumph in Your praise.

48 Blessed be the Lord God of Israel from age to age.

And let all the people say: Amen. Amen.

## Psalm 106: Give thanks to the Lord, He is good; His mercy is eternal

## Historical Retrospect: God's Infinite Love and Mercy in Saving Men

#### He sent His Word and Healed Them

1 (Alleluia)

Give thanks to the Lord, He is good; His mercy is eternal.

- 2 Let those say so who have been redeemed by the Lord, whom He has redeemed from the hand of the enemy,
- 3 whom He has gathered out of the lands, from the east and the west and the north and the sea.
- 4 They wandered in the wilderness, in a waterless land; they could find no way to a city to settle in.
- 5 Hungry and thirsty, their soul fainted within them.
- 6 Then they cried to the Lord in their trouble, and He delivered them from their distress.
- 7 And He guided them to the right way, till they came to a city where they could settle.
- 8 Let them praise and thank the Lord for His mercies and His wonders for the children of men.
- 9 For He satisfies the empty soul, and fills the hungry with good things.
- 10 Those who sat in darkness and the shadow of death, bound by poverty and iron,
- 11 because they rebelled against God's decrees, and thwarted the will of the Most High,

- 12 when their heart was humbled by troubles, when they were weak and there was no one to help them,
- 13 then they cried to the Lord in their trouble, and He saved them from their distress.
- 14 And He brought them out of darkness and the shadow of death and snapped their chains.
- 15 Let them praise and thank the Lord for His mercies and His wonders for the children of men.
- 16 For He shatters gates of bronze and crumples iron bars.
- 17 He helped them out of the way of their sin, for they were brought low through their iniquities.
- 18 Their soul loathed all food, and they came near to death's door.
- 19 Then they cried to the Lord in their trouble, and He saved them from their distress.
- 20 He sent His word and healed them. and delivered them from their disorders. <sup>332</sup>
- 21 Let them praise and thank the Lord for His mercies and His wonders for the children of men.
- 22 And let them offer Him the sacrifice of praise, and tell of His works with exultation.
- 23 Those who go down to the sea in ships, who do trade in great waters—
- 24 they see the works of the Lord, and His wonders in the deep.
- 25 He speaks and a storm wind rises, which lifts the waves of the sea.

<sup>332</sup> 'Not even venomous serpents' teeth vanquished Your sons, for Your mercy came to their help and healed them. No herb or poultice cured them, but it was Your Word, O Lord, that heals all men.' (Wisdom 16:10-12; Num. 21:6-9; Heb.4:2).

- 26 They mount to the sky and sink to the depths; their soul melts at their evil plight.
- 27 They reel and stagger like drunken men, and all their skill is scuttled.
- 28 Then they cry to the Lord in their trouble, and He brings them out of their distress.
- 29 He commands the storm and lulls it to a breeze, and its waves are stilled.
- 30 Then they are glad because they are quiet, and He guides them to the haven of His will.
- 31 Let them praise and thank the Lord for His mercies and His wonders for the children of men.
- 32 Let them exalt Him in the assembly of the people, and praise Him at the session of elders.
- 33 He turns rivers into a wilderness, and streams into thirsty ground.
- 34 He turns fruitful land into a salt marsh, for the wickedness of those who dwell in it.
- 35 He turns a wilderness into pools of water, and arid ground into streams.
- 36 And there He settles the hungry and they build cities to dwell in.
- 37 And they sow fields and plant vineyards, which yield a harvest of fruits.
- 38 And He blesses them and they multiply greatly, and their herds do not diminish.
- 39 Then they dwindle and suffer hardship from the stress of adversity and sorrow.
- 40 He pours contempt on their rulers, and makes them wander in a trackless waste.
- 41 Again He helps the poor out of their poverty, and makes their families like flocks of sheep.

- 42 Honest men see and are glad, and the mouths of all sinners are silenced.
- 43 Whoever is wise will observe these things, and will understand the mercies of the Lord. 333

# Psalm 107: My heart is ready, O God, my heart is ready Morning Prayer for Victory: God's Glory Over All the Earth My Heart is Ready: I will rise Early

- 1 (Songs of a Psalm by David)
- 2 My heart is ready, O God, my heart is ready; I will sing and chant psalms with my glory.
- 3 Awake, psaltery and harp; I will rise early.
- 4 I will praise You, O Lord, among the peoples; I will sing praises to You among the nations.
- 5 For great is Your mercy beyond the heavens, and Your truth reaches the clouds.
- 6 Be exalted, O God, above the heavens, and Your glory over all the earth. 334
- 7 That Your beloved may be delivered, save with Your right hand and answer me.
- 8 God has spoken in His sanctuary: 'I will be exalted and divide Shekem, and parcel out the valley of tents.
- 9 Gilead is Mine, and Manasseh is Mine, and Ephraim is the support of My head; Judah is My King.
- 10 Moab I hope to make My washbowl; over Edom I will extend my sway,<sup>335</sup>

<sup>&</sup>lt;sup>333</sup> 'mercies of the Lord': *or*, the Lord's love.

<sup>&</sup>lt;sup>334</sup> The first 6 verses of this Psalm are almost identical with Psalm 56:8-12, and the rest only differ in 3 words from 59:7-14.

strangers will submit to Me.'

- 11 Who will lead me to the fortified city? Or who will guide me to Edom?
- 12 Wilt not You, O God, Who have rejected us? Wilt not You, O God, go out with our armies?
- 13 Grant us help from our trouble, for vain is the salvation of man.
- 14 In God we shall win a mighty victory, and He will bring to nothing our enemies.

#### Psalm 108: O God, do not silently ignore my praise

### A Prediction of Christ's Rejection, Death and Resurrection

#### In Return for My Love they Accuse Me

1 (A Psalm by David)

- O God, do not silently ignore my praise,
- 2 for the mouths of sinners and the mouths of deceivers are opened against me; they speak against me with a lying tongue.
- 3 They surround me with words of hatred and war against me without cause.
- 4 In return for my love they accuse me; but I pray for them.
- 5 They repay me evil for good, and hatred for my love.
- 6 Set a sinner over him, and let the devil stand at his right hand.
- 7 When he is judged, let him go out condemned; and let his prayer become a sin.

- 8 Let his days be few, and let someone else take his commission. 336
- 9 Let his children be orphans, and his wife a widow.
- 10 Let his sons be displaced persons, vagabonds and beggars; let them be driven from hearth and home.
- 11 Let the creditor ransack all that he has, and let strangers plunder his labours.
- 12 Let there be no one to help him, nor anyone to pity his orphans.
- 13 Let his children be doomed to destruction; in a single generation let his name be wiped out.
- 14 Let the sin of his fathers be remembered by the Lord, and let his mother's guilt not be blotted out.
- 15 Let their sins be always before the Lord, and let their memory perish from the earth.
- 16 For he never thought of showing mercy, but persecuted the poor and needy man, and hounded the brokenhearted to death.
- 17 He loved cursing, so that is what comes to him; he cared nothing for blessing, so blessing eludes him.
- 18 He put on cursing like a cloak, and it entered his body like water, <sup>337</sup> and like oil it seeped into his bones.
- 19 Let it be like a cloak he wraps round him, and like a belt which continually binds him.
- 20 This is what the Lord does to my accusers, and to those who speak evil against my soul.
- 21 But You, O Lord God, deal with me for Your name's sake,

 $<sup>^{336}</sup>$  *Or* episcopate, oversight, superintendence. Acts 1:20-25.  $^{337}$  Cp. Num. 5:22.

- for Your mercy is gracious.
- 22 Deliver me, for I am poor and needy, and my heart is troubled within me.
- 23 Like a shadow at sunset I glide away; I am shaken out like locusts.
- 24 My knees are weak from fasting, and my flesh is shrunken for want of oil.
- 25 I have become an object of scorn; all who see me shake their heads. 338
- 26 Help me, O Lord my God, and save me in Your mercy.
- 27 Let them know that this is Your hand, and that You, Lord, have done it.
- 28 They may curse, but You will bless. Let those who rise against me be put to shame, but let Your servant rejoice.
- 29 Let my accusers be clothed with confusion, and let them be covered with shame for a cloak.
- 30 I will give great thanks to the Lord with my mouth, and in the midst of crowds I will praise Him.
- 31 For He stands at the side of the poor and needy to save my soul from my persecutors.

#### Psalm 109: The Lord said to my Lord: 'Sit at My right hand

### The Messiah King, Priest and Judge: His Triumphant Ascension

#### Ruling in the midst of His Enemies

1 (A Psalm by David)

The Lord said to my Lord: 'Sit at My right hand, 339

<sup>338</sup> Mt. 27:39.

<sup>339 &#</sup>x27;Can you wonder that David's Son is his Lord when you see that Mary was the Mother of her Lord? He is David's Lord as being God the Lord of all and David's Son as 438

till I put Your enemies under Your feet.'

- 2 The Lord will send You from Zion the sceptre of power:<sup>340</sup> 'Rule in the midst of Your enemies.'
- 3 The dominion is Your in the day of Your power, in the glories of Your saints.<sup>341</sup>
  From the womb before the dawn I begot You.<sup>342</sup>
- 4 The Lord has sworn and will not change His mind: 'You are a priest forever in the line of Melchisedek.' 343
- 5 The Lord at Your right hand will crush kings in the day of His wrath.
- 6 He will judge among the nations,
  He will fill the earth with corpses;
  He will crush the heads of many on earth.
- 7 He will drink from the stream by the wayside; therefore He will lift up His head.<sup>344</sup>

#### Psalm 110: I will thank You, O Lord, with my whole heart

#### Praise and Thanksgiving for the Great Works of God

#### He sent Redemption to His People

1 (Alleluia)

I will thank You, O Lord, with my whole heart in the assembly of the upright and in the congregation.

being the Son of Man. At once Lord and Son' (St. Augustine. Cp. Mt. 22:43-45).

- <sup>340</sup> The power of the Gospel, the power of the Cross, which is the power of the Holy Spirit given at Pentecost (St. Athanasius).
- <sup>341</sup> Cp. 1 Cor. 15:41-43.
- <sup>342</sup> Before the dawn of creation, before time began, the Son is eternally begotten of the Father. He never left His Father's bosom even as a man on earth (Jn. 1:18; 3:13). <sup>343</sup> Heb. 7:21.
- <sup>344</sup> 'Showing His active and frugal way of life, Christ spent most of His time in mountains and deserts, not only by day, but also by night' (St. Chrysostom). Dt. 8:7. Stream: *lit*. torrent. Cp. Ps. 35:9.

- 2 Great are the works of the Lord, adapted to all His purposes.
- 3 His work is filled with glory and majesty, and His righteousness endures for ever.
- 4 He has made a memorial of His wonders;<sup>345</sup> merciful and compassionate is the Lord.
- 5 He gives food to those who fear Him; He will ever be mindful of His covenant. 346
- 6 He has shown His people the power of His works by giving them possession of the nations.
- 7 The works of His hands are truth and justice; all His commandments are sure.
- 8 They are fixed throughout the ages; they are made in truth and justice.
- 9 He sent redemption to His people; He has commanded His covenant for ever. Holy and terrible is His name.
- 10 The fear of the Lord is the beginning<sup>347</sup> of wisdom, and all who do this have a good understanding.<sup>348</sup> His praise continues throughout the ages.

#### Psalm 111: Blessed is the man who fears the Lord

#### The Good and Righteous Man is a Light in a dark World

#### He is not Afraid of Bad Tidings

1 (Alleluia)

Blessed is the man who fears the Lord, who takes great delight in His commandments.

<sup>&</sup>lt;sup>345</sup> Ex. 12:14-27; 1 Cor. 11:23-30; Mt. 26:28. This Psalm names some of the wonders: the manna, redemption from Egypt, the law-giving, the gift of the promised land.

<sup>&</sup>lt;sup>346</sup> Gen. 6:18; 9:9f; 15; 17; Ex. 19:5; Mk. 14:24; Lk. 22:20,29,30.

<sup>&</sup>lt;sup>347</sup> Or: source, fount, spring, sum, essential principle (Prov. 1:7).

<sup>&</sup>lt;sup>348</sup> To cultivate this fear is to practise living in the presence of God, which is the height of wisdom and understanding.

- 2 His sons will be powerful on earth; the children of the upright are blessed.
- 3 Glory and riches are in his house, and his righteousness endures for ever.
- 4 He shines as a light in the dark for the upright: merciful, compassionate and just.
- 5 A good man shows compassion and lends; he conducts his affairs with justice.
- 6 For he will never be shaken; the righteous will live in eternal remembrance.
- 7 He is not afraid of bad tidings; his heart is resolved to trust in the Lord.
- 8 His heart is firm, he will not be afraid; till he sees the fall of his enemies.
- 9 He distributes freely, he gives to the poor; his goodness continues for ever, he is raised to power and glory.
- 10 The sinner sees and rages; he grinds his teeth and pines away; the desire of the sinner will perish. 349

#### Psalm 112<sup>350</sup>: Praise the Lord, you children

#### Adoration of the Supreme God of Glory and Compassion

#### He Watches over the Humble

1 (Alleluia)

Praise the Lord, you children!
Praise the name of the Lord.

<sup>&</sup>lt;sup>349</sup> 'The world is passing away, and the desire for it; but anyone who does the will of God lives for ever' (1 Jn. 2:17).

<sup>&</sup>lt;sup>350</sup> Psalms 112-117 form the *Hallel* sung in the Temple at Passover, Pentecost, Tabernacles, Dedication, and the New Moons. At the domestic celebration of the Passover, 112-113:8 were sung before and 113:9-117 after the supper (cp. Mt. 26:30; Mk. 14:26).

- 2 Blessed be the name of the Lord from this time forth and for evermore.
- 3 From sunrise to sunset may the Lord's name be praised.
- 4 The Lord is supreme over all the nations; His glory is beyond the heavens.
- 5 Who is like the Lord our God, Who makes His home on high,
- 6 yet watches over the humble things in heaven and on earth?
- 7 He raises the poor from the earth and lifts the needy from the dunghill,
- 8 to seat him with princes, with the rulers of His people.
- 9 He settles the barren woman in a home as a happy mother with her children.

#### Psalm 113: When Israel came out of Egypt

#### The Exodus: Israel Becomes God's Sanctuary and Domain

#### The Earth shook at the Presence of God

1 (Alleluia)

When Israel came out of Egypt, the house of Jacob from a barbarous people,

- 2 Judea became His sanctuary,<sup>351</sup> Israel His domain.
- 3 The sea saw and took to flight;<sup>352</sup> Jordan turned back at the sight.

<sup>&</sup>lt;sup>351</sup> Ex. 19:6; 29:43-46; Deut. 27:9; Is. 63:18,19; Jer. 2:3; 2 Cor. 6:16.

<sup>&</sup>lt;sup>352</sup> Israel saw God save him (Gen. 32:30). The sea saw what Israel saw and shrank from the vision of God (Cp. Ex. 14:21; Josh. 3:13-16; Ps. 76:17). Israel was saved to serve both as sanctuary or house and as domain or kingdom, Isra = ruled, El = by God: Ruled-by-God (Gen. 32:28).

- 4 The mountains skipped like rams and the little hills like lambs.
- 5 Why was it, O sea, that you fled, and you, O Jordan, that you turned back?
- 6 Why did you mountains skip like rams and you little hills like lambs?
- 7 The earth rocked<sup>353</sup> at the presence of the Lord, at the presence of the God of Jacob,
- 8 Who converts rock into pools of water and flint into fountains.

(Psalm 115 in the Hebrew version)

- 9 Not to us, O Lord, not to us, but to Your name give the glory,
- 10 for the sake of Your mercy and truth, lest the nations say, 'Where is their God?'
- 11 But our God is in heaven and on earth; He does whatever He likes.<sup>354</sup>
- 12 The idols of the nations are silver and gold, the work of men's hands.
- 13 They have mouths yet cannot speak, they have eyes yet cannot see,
- 14 they have ears yet cannot hear, they have noses yet cannot smell,
- 15 they have hands yet cannot feel, they have feet yet cannot walk, nor can they make a sound with their throat.
- 16 Let those who make them be like them, and all who trust in them.
- 17 The house of Israel trusts in the Lord; He is their helper and protector.

<sup>&</sup>lt;sup>353</sup> Earth rocked and rolled in travail at the birth of a nation (cp. Jn. 16:20-22).

<sup>&</sup>lt;sup>354</sup> Cp. John 1:18; 3:13; Wisdom 18:16.

- 18 The house of Aaron trusts in the Lord; He is their helper and protector.
- 19 Those who fear the Lord trust in the Lord; He is their helper and protector.
- 20 The Lord has remembered us and blessed us; He has blessed the house of Israel, He has blessed the house of Aaron.
- 21 He has blessed those who fear the Lord, both small and great.
- 22 May the Lord grant you increase, you and your children.
- 23 May you be blessed by the Lord, Who made heaven and earth.
- 24 The heaven of heaven belongs to the Lord, but the earth He has given to the sons of men.
- 25 The dead do not praise You, O Lord, nor all who go down to hell. 355
- 26 But we who live will bless the Lord, from now and to all eternity.

#### Psalm 114: I love Him because the Lord hears the cry of my prayer

#### Act of Love on Being Saved from Death

#### I will live to Please the Lord

1 (Alleluia)

I love Him<sup>356</sup> because the Lord hears the cry of my prayer,

2 because He inclines His ear to me; so all my days I will call upon Him.

<sup>&</sup>lt;sup>355</sup> Gk. *hades:* the abode of the dead or departed (and so elsewhere).

<sup>&</sup>lt;sup>356</sup> 'Who did he love? The Lord God wilh all his heart .... and as a reward for his love, he received the answers to his prayers' says St. Athanasius the Great (cp. 1 John 4:19). Gk. *ēgapēsa* can also mean: I am overjoyed or delighted.

- 3 The pangs of death beset me, the trials of hell befell me; I encountered trouble and grief.
- 4 Then I called on the name of the Lord: 'O Lord, deliver my soul.'
- 5 The Lord is merciful and just; Our God is indeed merciful.
- 6 The Lord is the keeper of infants; I was humbled and He saved me.
- 7 Return, O my soul, to your rest, 357 for the Lord has dealt kindly with you.
- 8 For He has delivered my soul from death, my eyes from tears and my feet from slipping.
- 9 I will live to please the Lord in the land of the living.

#### Psalm 115: I believed and so I spoke; but I was deeply humiliated

# Promise of Sacrificial Service in Gratitude to God I will drink the Cup of Salvation

1 (Alleluia)

- I believed and so I spoke;<sup>358</sup> but I was deeply humiliated.
- 2 I said in my madness: Everyman is a liar.
- 3 What shall I give in return to the Lord for all that He has given me?
- 4 I will receive the cup of salvation and call on the name of the Lord.
- 5 I will pay my vows to the Lord

<sup>&</sup>lt;sup>357</sup> cp. Heb. 4:10; Phil. 2:12; Mt. 11:28,29; Jer. 6:16. <sup>358</sup> 2 Cor. 4:13.

in the presence of all His people.

- 6 Precious<sup>359</sup> in the sight of the Lord is the death of His Saints.
- 7 O Lord, I am Your slave; I am Your slave and the son of Your handmaid. You have broken my bonds asunder.
- 8 I will offer to You the sacrifice of praise, and I will pray in the name of the Lord.
- 9 I will pay my vows to the Lord in the presence of all His people,
- 10 in the courts of the Lord's house, in your midst, O Jerusalem.

# Psalm 116: All you nations, praise the Lord World-Wide Call to Praise the Lord

#### Mercy and Truth Meet without Merging

1 (Alleluia)

All you nations, praise the Lord! Praise Him, all you peoples!<sup>360</sup>

2 For strong is His love for us, and the Lord stays true to His word forever.

#### Psalm 117: Give thanks to the Lord, He is good

#### Processional Song of Praise for the Great Redemption

#### The Lord is my Strength and my Song

1 (Alleluia)

Give thanks to the Lord, He is good; His mercy<sup>361</sup> is eternal.

<sup>&</sup>lt;sup>359</sup> Or: costly (Wisdom 1:13-16).

<sup>360</sup> Rom. 15:11.

- 2 Let the house of Israel say: He is good; His mercy is eternal.
- 3 Let the house of Aaron say: He is good; His mercy is eternal.
- 4 Let all who fear the Lord say: He is good; His mercy is eternal.
- 5 Out of my trouble I called on the Lord, and He answered me with enlargement.
- 6 The Lord is my helper;
  I will not fear what man can do to me. 362
- 7 The Lord is my helper, and I shall see the fall of my enemies.
- 8 It is better to trust in the Lord than to trust in man.
- 9 It is better to hope in the Lord than to hope in princes.
- 10 All the nations surrounded me, but by the name of the Lord I repulsed them.
- 11 They surrounded me in swarms, but by the name of the Lord I repulsed them.
- 12 They surrounded me like bees round a honeycomb, and blazed like fire in thorns; but by the name of the Lord I repulsed them.
- 13 I was hard pressed and about to fall, but the Lord supported me.
- 14 The Lord is my strength and my song, and has become my salvation.
- 15 The voice of joy and health is in the homes of tents righteous.

  The Lord's right hand wins a mighty victory.

<sup>&</sup>lt;sup>361</sup> Mercy *or* love.

<sup>&</sup>lt;sup>362</sup> Heb. 13:6.

- 16 The Lord's right hand lifts me on high; the Lord's right hand wins a mighty victory. 363
- 17 I will not die, but live and proclaim the works of the Lord.
- 18 The Lord has chastened me, chastened me indeed, but He has not delivered me to death.
- 19 Open to me the gates of righteousness;
  I will enter by them and give thanks to the Lord.
- 20 This is the gate of the Lord; the righteous enter by it.
- 21 I praise and thank You that You have answered me and have become my salvation.
- 22 The stone which the builders rejected has become the corner-stone. 364
- 23 This is the Lord's doing, and it is marvelous in our eyes.
- 24 This is the day which the Lord has made; let us rejoice and be glad in it.
- 25 O Lord, save us; prosper us, O Lord.
- 26 Blessed is he who comes in the name of the Lord; we bless you from the house of the Lord.
- 27 The Lord is God and has appeared to us. Bind the sacrifice<sup>365</sup> with ropes to the horns of the altar.
- 28 You are my God, and I will praise You;

<sup>363</sup> Or exerts power or works a miracle or creates power; (Cp. Ps. 59:14)

<sup>&</sup>lt;sup>364</sup> Mt. 21:42; Acts 4:11; 1 Pet 2:7; Eph. 2:20; Is. 28:16; Zach. 4:7. Not a keystone of an arch, but a corner-stone uniting two walls and all walls.

<sup>&</sup>lt;sup>365</sup> Heorte = festal victim or sacrifice. The 4 corners of the altar were shaped like horns (Ex. 27:2). Christ was bound to the horns of the altar of the cross by the cords of love (cp. Hos. 11:4; Jn. 10:18).

You are my God, and I will exalt You; I praise and thank You that You have answered me and have become my salvation.

29 Give thanks to the Lord, He is good; His mercy is eternal.

#### Psalm 118: Blessed are they who are faultless in the way

#### Love for the Law of Love

#### The Word Reveals the Heart and Mind of God

(Alleluia)

- 1 Blessed are they who are faultless in the way,<sup>366</sup> who live by the law of the Lord.<sup>367</sup>
- 2 Blessed are they who search out His testimonies, 368 who seek Him with their whole heart. 369
- 3 For those whose work is sin do not walk in His ways.
- 4 You have ordered Your commandments to be strictly observed.
- 5 O that my ways were directed

<sup>366</sup> 'The new and living way' (Heb. 10:19) of love (1 Cor. 12:31), peace with all (Heb. 12:14), holiness (Is. 35:8), 'the way of God' (Mt. 22:16), righteousness (2 Pet. 2:21), truth (2 Pet. 2:2), salvation (Acts 16:17), perfection (Mt. 5:48; 19:21; 1 Jn. 2:5) 'the King's Highway' (Num. 20:17), the way of life (Mt. 7:14) revealed by God Who said, 'I am the Way' (Jn. 14:6). The one law (Gal. 5:14; Rom. 13:10) is the all-embracing love of God: 'Live in love, as Christ love us' (Eph.5:2).

<sup>&</sup>lt;sup>367</sup> Rom. 10:5; Gal. 3:12; Lev. 18:5; Luke 10:25-28.

<sup>&</sup>lt;sup>368</sup> Testimonies are God's works and creations through which we see and know God (Rom. 1:19-24), the Tabernacle, Ark and Mercy-Seat, the Covenant, His words and commandments, the whole Bible, the Church and Mysteries (Jn. 5:39), especially the Decalogue Laws, abiding testimonies of the Covenant, called the Testimony (Ex. 25:16; 27:21).

<sup>&</sup>lt;sup>369</sup> Man has lost sight of God through sin. We are to seek Him by repentance. in truth, by praver and fasting, in His word, for Himself alone, through His Son, and in His Holy Spirit (Jn. 14:6-26).

to the observance of Your rights!

- 6 Then I shall not be ashamed, when I regard all Your commandments.
- 7 I will praise and thank You with an upright heart, as I learn the justice of Your judgments.
- 8 I will observe Your rights; O forsake me not utterly.
- 9 How can a young man direct his way? By obeying Your words.
- 10 With my whole heart I seek You; let me not be driven from Your commandments.
- 11 Your words I have hidden in my heart, that I may not sin against You.
- 12 Blessed art You, O Lord; teach me Your rights.
- 13 With my lips I declare all the judgments of Your mouth.
- 14 I delight in the way of Your testimonies, as in all riches.
- 15 I will reflect on Your commandments, and consider Your ways.
- 16 I will meditate on Your rights, and not forget Your words.
- 17 Respond to Your slave, that I may live and keep Your words.
- 18 Unveil my eyes, and I shall discern the wonders of Your law.
- 19 I am a stranger on earth; hide not Your commandments from me.
- 20 My soul longs to welcome<sup>370</sup>

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 $<sup>^{\</sup>rm 370}$  He does not dare to say he wants God's judgments (cp. Ps.53:3), but he longs to be  $^{\rm 450}$ 

- Your judgments at all times.
- 21 You have rebuked the proud;<sup>371</sup> cursed are they who turn from Your commandments.
- 22 Take from me reproach and contempt, for I seek Your testimonies.
- 23 For rulers also sat and spoke against me; but Your slave meditates on Your rights.
- 24 For Your testimonies are my meditation, and Your rights are my counsellors. 372
- 25 My soul clings to the earth; revive me according to Your word.
- 26 I confess my ways and You answer me; teach me Your rights.
- 27 Make me understand the way of Your rights, and I will reflect on Your wonders.
- 28 My soul is drowsy with sloth;<sup>373</sup> strengthen me with Your words.
- 29 Remove from me the way of lying, and by Your law have mercy on me.
- 30 I have chosen the way of truth, and have not forgotten Your judgments.
- 31 I have stuck to Your testimonies, O Lord; put me not to shame.
- 32 I ran the way of Your commandments, when You did enlarge my heart.

so pure in heart and action that he welcomes them at all times (St. Hilary).

<sup>&</sup>lt;sup>371</sup> God rebuked proud Satan when he was cast from heaven, and proud man when he was banished from Eden; likewise Pharaoh, Saul, Nebuchadnezzar etc. He rebukes the proud and gives grace to the humble. The eternal law is stated in Deut. 28.

<sup>&</sup>lt;sup>372</sup> Everything is a testimony, witness, word of the living God. But the chief are the Saviour's Birth, Death, Descent into Hell, Resurrection, Ascension, Gift of the Spirit, Second Corning: the 7 seals of the Book only He could open (Rev. 5:5).

- 33 Teach me, O Lord, the way of Your rights, and I will seek it continually.
- 34 Give me understanding and I will search out Your law and will keep it with my whole heart.
- 35 Guide me in the path of Your commandments, for that is what I want.
- 36 Incline my ear to Your testimonies and not to covetousness.
- 37 Turn away my eyes from looking at vanities;<sup>374</sup> revive me in Your way.<sup>375</sup>
- 38 Confirm the promise of Your word to Your slave in the fear of You. <sup>376</sup>
- 39 Take away my reproach which I dread; for Your judgments are good.
- 40 Behold, I long for Your commandments; revive me in Your righteousness.<sup>377</sup>
- 41 And let Your mercy come upon me, O Lord, Your salvation according to Your word.
- 42 And to those who taunt me I will answer that I trust in Your words.
- 43 And take not the word of truth utterly out of my mouth, for I trust Your judgments.
- 44 And I will keep Your law continually, for ever and to all eternity.
- 45 And I walk in freedom because I seek Your commandments,

<sup>&</sup>lt;sup>374</sup> Eyes were given us that we might see in creatures our Creator (St Athanasius).

 $<sup>^{\</sup>rm 375}$  Christ is our way and our righteousness (cp. Jn. 14:6; 1 Cor 1:30; Ephes. 2:5-7).

<sup>&</sup>lt;sup>376</sup> The house of wisdom can be built only if the fear of God is rooted deeply in the soul (cp. St Ambrose).

<sup>&</sup>lt;sup>377</sup> Christ is our way and our righteousness (cp. Jn. 14:6; 1 Cor 1:30; Ephes. 2:5-7). <see 2 footnotes above>

- 46 And I will speak of Your testimonies before kings and will not be ashamed.
- 47 And I meditate on Your commandments, which I love exceedingly.
- 48 And I lift up my hands to Your commandments which I love, and I meditate on Your rights.
- 49 Remember Your words to Your slave, by which You have given me hope.
- 50 This comforts me in my dejection, for Your promise gives me life.
- 51 The proud are utterly outrageous, but I do not swerve from Your law.
- 52 I remember Your judgments of old, O Lord, and take comfort.
- 53 Dejection seizes me, because of sinners who forsake Your law.
- 54 Your rights are my songs in the place of my exile.
- 55 I remember Your name, O Lord, in the night, and keep Your law.
- 56 This blessing is mine because I seek Your rights.
- 57 You are my portion, O Lord; I promise to keep Your law.
- 58 I implore Your grace<sup>378</sup> with all my heart; have mercy on me according to Your word,
- 59 I have considered Your ways, and turned my feet to Your testimonies.
- 60 I was ready and not slack to obey Your commandments.

<sup>&</sup>lt;sup>378</sup> *Lit.* Face: a Hebraism for 'favor'. (Cp. Psalm 44:13).

- 61 The cords of sinners entangle me, but I do not forget Your law.
- 62 At midnight I rise to praise and thank You for the justice of Your judgments.
- 63 I am a friend of all who fear You and keep Your commandments.
- 64 The earth, O Lord, is full of Your mercy;<sup>379</sup> teach me Your rights.
- 65 You have shown kindness to Your slave, O Lord, according to Your word.
- 66 Teach me kindness, discipline and knowledge, for I believe in Your commandments.
- 67 Before I was humbled I went wrong; so now I keep Your word.
- 68 You are good, O Lord, and in Your goodness teach me Your rights.
- 69 The injustice of the proud is heaped upon me, but I will seek Your commandments with my whole heart.
- 70 Their heart is curdled<sup>380</sup> like milk; but I meditate on Your law.
- 71 It is good for me that You have humbled me, that I may learn Your rights.
- 72 The law of Your mouth is a treasure to me beyond thousands of gold and silver.<sup>381</sup>
- 73 Your hands have made me and moulded me; give me understanding and I will learn Your commandments,

<sup>&</sup>lt;sup>379</sup> When Christ dwells in the heart, while others complain of poverty, want and suffering, the saints see love and mercy everywhere. 'Everything has become new' (2 Cor. 5:17). See also Psalms 32:5; 117:1.

<sup>&</sup>lt;sup>380</sup> Curdled with scorn, anger and fear.

<sup>&</sup>lt;sup>381</sup> Was St. Peter poor when he had no gold and silver for the cripple? They are not currency in Canaan (cp. St. Chrysostom).

- 74 Those who fear You will be glad when they see me, because I trust in Your words.
- 75 I know, O Lord, that Your judgments are just, and that You have rightly humbled me.
- 76 But let Your mercy comfort me according to Your word to Your slave.
- 77 Let Your compassion come to me, and I shall live; for Your law is my meditation.
- 78 Let the proud be ashamed, for they unjustly injure me; but I will meditate on Your commandments.
- 79 Let those who fear You turn to me, and those who know Your testimonies.
- 80 Let my heart be faultless in Your rights, that I may not be ashamed.
- 81 My soul is dying for Your salvation; I hope in Your words.
- 82 My eyes fail with watching for Your word, saving: 'When will You comfort me?' 382
- 83 For I have become like a wineskin in the frost; <sup>383</sup> yet I have not forgotten Your rights.
- 84 How many are the days of Your slave? When will my persecutors undergo judgment?
- 85 The lawless have told me fables, but not as Your law, O Lord.
- 86 All Your commandments are truth.

  They persecute me unjustly; help me!
- 87 They nearly made an end of me on earth; but I have not forsaken Your commandments.

<sup>382</sup> 'When wilt You comfort me?' = When wilt You send Your Comforter, so that I may be filled with Your Spirit, Comforter, Paraclete? (cp. Ephes. 5:18).

 $<sup>^{383}</sup>$  Sprinkled with hoar-frost, a wineskin is like the greying head of an old man.

- 88 In Your mercy give me life, and I shall obey the testimonies of Your mouth.
- 89 Your word, O Lord, continues for ever in Heaven.
- 90 Your truth is for all generations; You have founded the earth, and it continues.
- 91 The day continues by Your arrangement, for all things are Your servants.
- 92 Unless Your law had been my meditation, I should have died in my humiliation.
- 93 I will never forget Your rights, for by them You have given me life.
- 94 I am Your, O save me, for I seek Your rights.
- 95 Sinners wait for me to destroy me; I contemplate Your testimonies.
- 96 I have seen the end of all perfection; Your commandment is exceedingly broad. 384
- 97 O how I love Your law, O Lord! It is my meditation all day long.
- 98 You have made me wiser than my enemies by Your commandment, for it is mine for ever.
- 99 I have understood more than all my teachers, because Your testimonies are my meditation.
- 100 I have understood more than my elders, because I seek Your commandments.
- 101 I restrain my feet from every evil way, that I may keep Your words.

<sup>&</sup>lt;sup>384</sup> The commandment to love God, our neighbor and our enemy, is infinitely broad because all-inclusive; it contains the sum of all our perfection, and is the crowning experience (cp. St Basil).

- 102 I have not shrunk from Your judgments, for You teach me Your law.
- 103 How sweet are Your words to my heart!<sup>385</sup> They are sweeter than honey to my mouth.
- 104 From Your commandments I get understanding; therefore I hate all wrong ways.
- 105 Your law is a lamp to my feet, and a light to my paths. 386
- 106 I have sworn and am determined to keep Your just judgments.
- 107 I have been humbled, O Lord, exceedingly; revive me by Your word.
- 108 Accept the free-will offerings of my mouth, O Lord; and teach me Your judgments.
- 109 My life is continually in Your hands, and I do not forget Your law.
- 110 Sinners laid a snare for me, but I do not stray from Your commandments.
- 111 Your testimonies are my heritage for ever, for they are the joy of my heart.
- 112 I have inclined my heart to do Your rights, for the sake of an eternal reward.
- 113 I hate wicked spirits,<sup>387</sup> but I love Your law.
- 114 You are my helper and my protector; I trust in Your words.
- 115 Depart from me, you evil spirits, and I will search out the commandments of my God.

<sup>&</sup>lt;sup>385</sup> hear: *lit*. gullet, throat, larynx.

<sup>&</sup>lt;sup>386</sup> 'The rays of the Word are eternally ready to shine wherever the windows of the soul are opened in simple faith' (St. Hilary).

<sup>&</sup>lt;sup>387</sup> 'In wicked men we rightly hate the evil, but love the creature' (St. Prosper).

- 116 Defend me according to Your word, and revive me; and let me not be disappointed in my expectation.
- 117 Help me and I shall be saved; and I will meditate on Your rights continually.
- 118 You have rejected all who ignore Your rights, for their intention is wrong.
- 119 All the sinners of the earth I regard as outcasts;<sup>388</sup> that is why I love Your testimonies.
- 120 Nail down my flesh with the fear of You, for I am afraid of Your judgments.
- 121 I have done what is right and just; leave me not to those who injure me.
- 122 Be responsible for Your slave's welfare;<sup>389</sup> do not let the proud oppress me.
- 123 My eyes fail in looking for Your salvation, and for the word of Your righteousness.
- 124 Deal with Your slave according to Your mercy, and teach me Your rights.
- 125 I am Your slave: give me understanding, and I shall know Your testimonies.
- 126 It is time for the Lord to act;<sup>390</sup> they have defied Your law.
- 127 That is why I love Your commandments more than gold or topaz.<sup>391</sup>

<sup>388</sup> The world's real outcasts are those who deliberately exclude themselves by sin from the realm of grace and glory. Cp. Ps. 50:13. 'Cast me not out of Your Presence, from a sense of Your grace and favor, from the vision of Your Face.' Cp. Ps. 21:7; Mt. 25:30; Jn. 15:6; 6:37.

<sup>&</sup>lt;sup>389</sup> Be surety *or* bail (*Lat.* Bajulus = burden-bearer), as Judah was answerable for the welfare and safety of Benjamin (Gen. 43:9). Cp. Hezekiah's prayer: 'O Lord, I am oppressed. Undertake for me' (Isaiah 38:14).

<sup>&</sup>lt;sup>390</sup> These words are repeated by the deacon at the beginning of the Divine Liturgy.

<sup>&</sup>lt;sup>391</sup> 'When the commandments are loved more than gold or precious stones (cp. 18:11),

- 128 That is why I obey all Your commandments; every wrong way I hate.
- 129 Your testimonies are wonderful; that is why my soul seeks them.
- 130 The exposition of Your words enlightens and instructs children. 392
- 131 I open my mouth and draw in the Spirit, for I long for Your commandments.
- 132 Look upon me and have mercy on me with the judgment of those who love Your name. 393
- 133 Direct my steps by Your word, and let no iniquity have dominion over me.
- 134 Redeem me from the oppression of men, and I will keep Your commandments.
- 135 Let Your face beam on Your slave, and teach me Your rights.
- 136 My eyes shed streams of water, when I do not keep Your law.
- 137 Righteous art You, O Lord, and Your judgments are right.
- 138 You have strictly enjoined as Your testimonies righteousness and truth.
- 139 Your zeal consumes me, because my enemies forget Your words.
- 140 Your word is very pure,<sup>394</sup> and Your servant loves it.

all earthly reward compared with the commandments themselves is trivial; then no other human blessings can compare with those good gifts and laws by which man himself is made good' (St. Augustine).

<sup>&</sup>lt;sup>392</sup> Cp. Lk. 24:27,32,45.

<sup>&</sup>lt;sup>393</sup> Just as we who claim to love God judge it right to show mercy, so we can expect the divine mercy (Mt. 5:7).

<sup>&</sup>lt;sup>394</sup> pure: *lit*. burnt, fired: hence refined and pure (cp. Psalm 11:7).

- 141 Young and despised as I am, I do not forget Your rights.
- 142 Your justice is eternal justice, and Your law is truth.
- 143 Sorrows and sufferings befall me; Your commandments are my meditation. 395
- 144 Your testimonies are eternal justice; give me understanding and I shall live.
- 145 I cry with my whole heart; hear me, O Lord, I will seek Your rights.
- 146 I cry to You; save me, and I will keep Your testimonies.
- 147 I rise at dead of night and cry; my hope is in Your words.
- 148 My eyes forestall the dawn,<sup>396</sup> that I may meditate on Your words.<sup>397</sup>
- 149 Hear my cry, Lord, in Your mercy; by Your judgment grant me life.
- 150 Those bent on wickedness draw near me, but they are far from Your law.
- 151 You art near, O Lord; and all Your ways are truth.
- 152 I have known of old from Your testimonies, that You have founded them for ever.

<sup>&</sup>lt;sup>395</sup> 'No athlete enters a contest unless he has first been trained. Let us anoint the arms of our soul with the oil of reading, and have regular exercise day and night in the gymnasium of Holy Scripture' (St. Ambrose).

<sup>&</sup>lt;sup>396</sup> 'It is a grim outlook if the rising sun finds you in bed weighed down with snoring sloth! You owe the daily first-fruits of your heart and voice to God. The Lord Jesus spent nights in prayer that you might learn to pray. Give Him what He paid for you.' (St. Ambrose, cp. Mk. 13:35-37).

<sup>&</sup>lt;sup>397</sup> Words: Gk. *logia* = oracles, utterances, sayings, promises (cp. Rom. 3:2; Acts 7:38; Heb. 5:12; 1 Pet. :11).

- 153 See my humility and rescue me, for I do not forget Your law.
- 154 Judge my cause and redeem me; through Your word grant me life.
- 155 Salvation is far from sinners, for they do not seek Your rights.
- 156 Many are Your mercies, O Lord; by Your judgment grant me life.
- 157 Many are they who trouble me and persecute me; yet I do not swerve from Your testimonies.
- 158 I see senseless people and am grieved, because they do not keep Your words.
- 159 See how I love Your commandments, O Lord! In Your mercy grant me life.
- 160 The sum<sup>398</sup> of Your words is truth; and all the judgments of Your justice are eternal.
- 161 Rulers persecute me without cause, but I dread to be deaf to Your words. 399
- 162 I rejoice over Your words like one finding rich spoils.
- 163 Injustice I hate and abhor, but I love Your law.
- 164 Seven times a day I praise You for the justice of Your judgments.
- 165 Great peace have those who love Your law, and for them there is no stumbling.
- 166 I look for Your salvation, O Lord, and love Your commandments.

<sup>&</sup>lt;sup>398</sup> Cp. Ps. 110:10.

<sup>&</sup>lt;sup>399</sup> 'I do not fear my enemies, but I dread to be dead to Your word' (St. Athanasius). Cp. Psalm 80:12-14 and footnote there. Cp. Rom. 6:11-13.

- 167 My soul keeps Your testimonies and loves them exceedingly.
- 168 I keep Your commandments and Your testimonies, for all my ways are before You, O Lord.
- 169 Let my need come before You, O Lord; give me understanding according to Your word.
- 170 Let my prayer enter Your presence, O Lord; deliver me according to Your word.
- 171 Let my lips burst into song, when You have taught me Your rights.
- 172 Let my tongue tell of Your words, for all Your commandments are just.
- 173 Let Your hand be near to save me, for I have chosen Your commandments.
- 174 I long for Your salvation, O Lord, and Your law is my meditation.
- 175 May my soul live to praise You, and may Your judgments help me.
- 176 I have gone astray like a lost sheep; seek Your slave, for I have not forgotten Your commandments.

#### Psalm 119: To the Lord in the hour of my distress I cry

#### A Pilgrim Song: The Enemies of Peace

#### The Arrows of Love

1 (A Song of Ascents)

- To the Lord in the hour of my distress I cry and He answers me.
- 2 O Lord, deliver my soul from lying lips, and from a treacherous tongue.
- 3 What should be given you, what added protection,

against a treacherous tongue?

- 4 The sharp arrows of the mighty warrior with coals of desolation. 400
- 5 Woe is me, that my pilgrimage is prolonged, that I live among the tents of Kedar.
- 6 My soul has long been on pilgrimage with those who hate peace.
- 7 I am peaceful:

but when I speak to them, they fight me without provocation.

#### Psalm 120: I lift up my eyes to the mountains

## A Pilgrim Song: The Ever-Watchful Guardian of Israel

#### **Tunneling Mountains**

1 (A Song of Ascents)

I lift up my eyes to the mountains. 401 Where will my help come from?

- 2 My help comes from the Lord, Who made heaven and earth.
- 3 Let not your foot be moved, nor Him Who keeps you slumber. 402
- 4 Behold, He Who keeps Israel will neither slumber nor sleep.
- 5 The Lord will keep you; the Lord is your shadow at your right hand.
- 6 The sun will not burn you by day, nor the moon by night.

 $^{400}$  Cp. Psalm 139:11; Rom. 12:20. 'Coals of hell'. For desolation as the equivalent of hell, see Mark 13:14.

<sup>&</sup>lt;sup>401</sup> Cp. Jeremiah 3:23. I look through the hills to their unseen Maker.

<sup>&</sup>lt;sup>402</sup> Cp. Matthew 8:24-27. 'Lord, save us, we are sinking.' Prayer rouses God to action and prevents the illusion of His being asleep.

- 7 May the Lord keep you from all evil; the Lord will keep your soul.
- 8 The Lord will keep your coming and going, from now and for ever.

# Psalm 121: I was glad when they said to me: 'Let us go to the house of the Lord'

#### A Pilgrim Song of Love for the Holy City

#### Pray for the Peace of Jerusalem

1 (A Song of Ascents)

I was glad when they said to me: 'Let us go to the house of the Lord.'

- 2 Our feet are standing in your courts, O Jerusalem.
- 3 Jerusalem is being built as a city that is shared by all alike.
- 4 For there the tribes go up, the tribes of the Lord, as a testimony to Israel,<sup>403</sup> to thank and praise the name of the Lord.
- 5 For there the thrones are set for judgment, thrones of the house of David.
- 6 Pray for the peace of Jerusalem, and abundance for those who love you. 404
- 7 Peace be within your realm, and abundance within your strongholds.

<sup>&</sup>lt;sup>403</sup> The law of worship requiring the triannual ascent of males to the holy mountain was a witness and acknowledgement of God's liberation of Israel, and a means of attesting their loyalty and claiming the consequent privileges of the Covenant (Deut. 16:16-20; Ex. 23:14-17).

<sup>&</sup>lt;sup>404</sup> Abundance (cp. John 10:10). Pray for pardon and peace before the King comes as Judge with thousands of His holy ones (Lk. 14:32; Jude 14).

- 8 For the sake of my brethren and my neighbors, I speak peace regarding you.
- 9 For the sake of the house of the Lord our God, I seek your good.

#### Psalm 122: To You I lift up my eyes, O You Who dwell in heaven

#### A Pilgrim Song: The Reproach of Christ<sup>405</sup>

#### Our Eyes are on the Lord

1 (A Song of Ascents)

To You I lift up my eyes, O You Who dwell in heaven.<sup>406</sup>

2 As the eyes of slaves on the hands of their lords, as the eyes of a maid on the hands of her mistress, so our eyes are on the Lord our God till He has compassion on us.

- 3 Have mercy on us, O Lord, have mercy on us; for we have had our fill to the full of scorn.
- 4 Our soul is more than full; the reproach be on the prosperous and the contempt on the proud.

#### Psalm 123: 'Unless the Lord had been among us,' let Israel now say

#### A Pilgrim Song of Thanksgiving to the Saviour

#### Our Help is in the Name of the Lord

1 (A Song of Ascents)

'Unless the Lord had been among us,'

<sup>&</sup>lt;sup>405</sup> Hebrews 11:26; 13:13.

<sup>&</sup>lt;sup>406</sup> Heaven is here (Mt. 4:17; Lk. 17:21; Prov. 17:24).

(let Israel now say),

- 2 'unless the Lord had been among us when men rose up against us,
- 3 they would have swallowed us alive, when their fury blazed against us.
- 4 The water would have drowned us, our soul would have passed through a torrent.
- 5 Our soul would have passed through irresistible water.'
- 6 Blessed be the Lord, Who did not give us as a prey to their teeth!
- 7 Our life, like a bird, has been saved from the snare of the hunters; the snare has been broken and we have been saved.
- 8 Our help is in the name of the Lord; Who made heaven and earth.

#### Psalm 124: Those who trust in the Lord are like Mount Zion

# A Pilgrim Song of Faith: God our Mountain Stronghold Conditions of Safety and Security

1 (A Song of Ascents)

- Those who trust in the Lord are like Mount Zion; he who dwells in Jerusalem will never be shaken.
- 2 Round Jerusalem are the mountains, and the Lord is round His people, from now and for ever.
- 3 The Lord will not leave the rod of sinners over the realm of the righteous, lest the righteous should stretch out their hands to wrongdoing.
- 4 Do good, O Lord, to the good, and to those who are right in heart.

5 But those who turn aside into crooked ways, the Lord will drive away with evildoers. On Israel, peace.

#### Psalm 125: When the Lord brought back the captives to Zion

#### A Pilgrim Song: Messianic Days of Heaven on Earth

#### Returned Exiles Pray for the Release of Captives Still in Babylon

1 (A Song of Ascents)

When the Lord brought back the captives to Zion, we were like those who are comforted.

2 Then was our mouth filled with joy,and our tongue with exultation.Then they said among the nations:"The Lord has done great things for them."

- 3 The Lord has done great things for us, and we are rejoiced.
- 4 Bring back, O Lord, our captives like torrents in the South. 407
- 5 Those who sow in tears will reap in joy.
- 6 They go, full of tears as they go, broadcasting their seed.

  But when they come home they will come full of joy, bringing their sheaves.

#### Psalm 126: Unless the Lord builds the house, the builders labour in vain

#### A Pilgrim Song: God is All in All

#### Divine Grace and Guidance Indispensable

1 (A Song of Ascents. By Solomon)

<sup>&</sup>lt;sup>407</sup> 'South': *Heb*. Negeb. The Negeb is dry for about 9 months, but in winter the rocky watercourses become rushing torrents.

- Unless the Lord builds the house, 408 the builders labor in vain; unless the Lord guards the city, the watchman keeps awake in vain.
- 2 It is in vain that you rise early; you sit down, you get up again, you eat your bread in grief, when He has given His beloved sleep.
- 3 Truly sons are a gift from the Lord, the reward of a fruitful womb.
- 4 Like arrows in the hand of a warrior, so are the children of the exiles.
- 5 Happy is he who satisfies his desire with them; such exiles will not be ashamed or confounded when they speak to their enemies at the gates.

#### Psalm 127: Blessed are all who fear the Lord, who walk in His ways

### A Pilgrim Song: The Blessings of a Gracious Home God Bless you to see Daily the Joys of Jerusalem

1 (A Song of Ascents)

Blessed are all who fear the Lord, who walk in His ways.

- 2 You will eat the fruits of your labors; blessed are you, and it will be well with you.
- 3 Your wife will be like a fruitful vine on the sides of your house; your children like olive shoots round your table.
- 4 Behold what blessings await the man who fears the Lord.

<sup>&</sup>lt;sup>408</sup> The house God builds and keeps is the temple made of living stones (1 Pet. 2:5). 'We are His house' and 'the Builder of all things is God' (Heb. 3:4-6). 'Apart from Me you can do nothing' (Jn. 15:5). The Church is God's House, Temple, City (Eph. 2:19f; 1 Cor. 3:9-17).

5 The Lord bless you from Zion to see the joys of Jerusalem all the days of your life,

6 and see your children's children. On Israel, peace.

#### Psalm 128: Often have they warred against me from my youth

## A Pilgrim Song: The Gates of Hell will not Prevail

#### We Bless you in the Name of the Lord

1 (A Song of Ascents)

- 'Often have they warred against me from my youth,' (let Israel now say),
- 2 'Often have they warred against me from my youth; yet they could not prevail over me.
- 3 The sinners plowed on my back; they prolonged their iniquity.
- 4 But the just Lord breaks the sinners' necks.'
- 5 Let all who hate Zion be confounded and routed.
- 6 Let them be like grass on the housetops that withers before it is pulled up,
- 7 with which no reaper can fill his arms, no one gathering sheaves fill his bosom.
- 8 And no passers-by will say to them: "The blessing of the Lord be upon you; we bless you in the name of the Lord."

#### Psalm 129: Out of the depths I cry to You, O Lord

A Pilgrim Song of Mercy and Forgiveness Praying and Waiting for Full Redemption 1 (A Song of Ascents)

Out of the depths I cry to You, O Lord. 409

- 2 O Lord, hear my cry; let Your ears be attentive to the cry of my prayer.
- 3 If You, O Lord, should mark our sins, O Lord, who would survive?
- 4 But with You is forgiveness.
- 5 For Your name's sake I wait for You, O Lord;<sup>410</sup> my soul waits for Your word.
- 6 My soul hopes for the Lord from the morning watch till the night; from the morning watch let Israel hope for the Lord.
- 7 For with the Lord there is mercy, and with Him there is full redemption.
- 8 And He will redeem Israel from all his iniquities. 411

#### Psalm 130: O Lord, my heart is not haughty, nor my eyes lofty

# A Pilgrim Song: The Spirit of Humility and Childhood Weaning is Growth in Freedom and Strength

1 (A Song of Ascents. By David)

O Lord, my heart is not haughty, nor my eyes lofty; I do not meddle with great things,

<sup>&</sup>lt;sup>409</sup> We can cry from the depths only when we go down to the depths. To suffer is to live deeply. The cross is the secret of the heart-cry. Will holy God be attentive if we are not attentive ourselves? When we cry out of the depths of our need, we can be sure of the divine response (cp. Mt. 15:8).

<sup>&</sup>lt;sup>410</sup> For Your name's sake: *variant reading*, For the sake of Your law. The law contained the word or promise of forgiveness (Is. 43:25: Jer. 31:34).

<sup>411</sup> Cp. Titus 2:14.

nor with marvels beyond me.

- 2 If I am not humble-minded, but lift up my neck,<sup>412</sup> like a weaned child against its mother, You will pay my soul back.
- 3 Let Israel trust in the Lord, from now and for ever.

#### Psalm 131: O Lord, remember David and all his meekness

#### A Pilgrim Song: The Promises of God

#### The Growth of Saints is the Flowering of Holiness

1 (A Song of Ascents)

- O Lord, remember David and all his meekness,
- 2 how he swore to the Lord, and vowed to the God of Jacob:
- 3 'I will not enter my house, or go under its roof, or climb on to my bed;
- 4 I will give no sleep to my eyes, no repose to my eyelids, no rest to my temples,
- 5 till I find the Lord's sanctuary, 413 the dwelling of the God of Jacob.'
- 6 We heard it was at Ephrata, we found it in the woodland fields. 414
- 7 Let us enter His sanctuaries; let us bow down to the place where His feet stood.

<sup>412</sup> Prov. 29:1; 2 Kings 17:14; Neh. 9:16; Dt. 9:6.

<sup>&</sup>lt;sup>413</sup> sanctuary: *lit.* place. David confessed this vow to Nathan (2 Sam. 7). Cp. 'The Romans will come and destroy both our sanctuary and our nation' (Jn. 11:48). Christ was born at Ephrata (cp. Jn. 2:19).

<sup>414</sup> Cp. 1 Kings 6:21 (1 Sam. 6:21).

- 8 Arise, O Lord, into Your resting-place; You and the ark of Your holiness.
- 9 Let Your priests be clothed with righteousness, and let Your saints rejoice.
- 10 For Your servant David's sake, turn not away Your face from Your anointed.<sup>415</sup>
- 11 The Lord pledged His troth to David, and will not annul it: 'One of your sons I will set on your throne. 416
- 12 If your children keep my covenant and these testimonies which I will teach them, their sons also for ever will sit on your throne.'
- 13 For the Lord has chosen Zion; He has selected it for His dwelling:
- 14 'This is My resting-place for ever; here I will dwell, for I have selected it.
- 15 I will abundantly bless her provisions; I will satisfy her poor with bread.
- 16 Her priests I will clothe with salvation, and her saints will shout for joy.
- 17 I will make the stock<sup>417</sup> of David nourish there; I have prepared a lamp<sup>418</sup> for my Christ.
- 18 His enemies I will clothe with shame; but in Him my holiness will blossom.

## Psalm 132: Behold, how good and how delightful it is when brothers dwell together in unity

A Pilgrim Song: The Blessing of Unity

<sup>&</sup>lt;sup>415</sup> Ps. 131:8-10 = 2 Chron. 6:41-42.

<sup>&</sup>lt;sup>416</sup> I Chron. 17:11-14; Acts 2:30-33.

<sup>&</sup>lt;sup>417</sup> stock: *lit*. horn.

<sup>&</sup>lt;sup>418</sup> lamp: 'the word of prophecy' (2 Pet. 1:19) culminating in St. John the Baptist, of whom Christ said, 'He was a burning and shining lamp\* (Jn. 5:35).

#### The Spirit of God is Oil and Dew

1 (A Song of Ascents. By David)

Behold, how good and how delightful it is when brothers dwell together in unity!

2 It is like the precious oil on the head running down to the beard, to Aaron's beard, running down to the edge of his garment.

3 It is like the dew of Hermon that descends on the mountains of Zion. 419 for there 420 the Lord has enjoined the blessing of eternal life.

#### Psalm 133: Behold now bless the Lord, all you slaves of the Lord

#### A Pilgrim Song of the Night

#### **Intercessors Standing in the Holy Spirit**

1 (A Song of Ascents)

Behold now bless the Lord, all you slaves of the Lord, who stand in the house of the Lord, in the courts of the house of our God.

2 At night lift up your hands to the Holy of Holies, <sup>421</sup> and bless the Lord.

3 May the Lord Who made heaven and earth

 $^{419}$  As oil falls first on the priest's head and then runs to the edge of his clothing, and as dew falls first on the highest mountain and then the hill of Zion, so God's blessings flow from Zion to all the land.

<sup>420</sup> There: 'among brothers living together in unity on Zion, for there on the holy Apostles was sent down the life-giving dew of the All-Holy Spirit, from Whom all believers reap eternal blessing' (St Athanasius).

<sup>421</sup> A suppressed *tōn hagiōn* is to be understood here (cp. Heb. 8:2; 9:3,8,12,24,25, wrongly translated 'holy place' in R.V. etc.) In the liturgy of St Basil and in the church services God is addressed as the 'Holy of Holies.' (1 Tim. 2:8).

#### Psalm 134: Praise the name of the Lord; praise the Lord, you slaves of His

#### Call to Praise the Divine Name and Nature

#### God's Vast, Unceasing Activity beside Inert and Lifeless Idols

1 (Alleluia)

Praise the name of the Lord; praise the Lord, you slaves of His,

- 2 you who stand in the house of the Lord, in the courts of the house of our God.
- 3 Praise the Lord, for the Lord is good; sing psalms to His name, for it is delightful.
- 4 For the Lord has chosen Jacob for Himself, and Israel for His own possession.
- 5 For I know that the Lord is great, and that our Lord is above all gods.
- 6 The Lord does whatever He likes, in heaven and on earth, in the seas and in all the deeps.
- 7 He brings up clouds from the ends of the earth; He makes lightnings bring the rain; He brings winds out of His storehouses.
- 8 He struck the firstborn of Egypt, roan and beast alike.
- 9 He sent signs and wonders in your midst, O Egypt, against Pharaoh and all his servants.
- 10 He struck many nations and slew mighty kings:
- 11 Sehon, king of the Amorites, and Og, king of Bashan, and all the kingdoms of Canaan.

- 12 And He gave their land as a heritage, a possession to His people Israel. 422
- 13 O Lord, Your name continues for ever, Your fame from generation to generation.
- 14 For the Lord will judge His people and have compassion on His servants. 423
- 15 The idols of the nations are silver and gold, the works of men's hands.
- 16 They have mouths, yet cannot speak; they have eyes, yet cannot see.
- 17 They have ears, yet cannot hear; never a breath is in their mouths.
- 18 Let those who make them be like them, and all who trust in them.
- 19 Bless the Lord, O house of Israel; bless the Lord, O house of Aaron!
- 20 Bless the Lord, O house of Levi; you who fear the Lord, bless the Lord!
- 21 Blessed be the Lord from Zion, Who dwells in Jerusalem.

#### Psalm 135: Give thanks to the Lord, He is good; His mercy is eternal

#### Song of Thanksgiving to the Good God: For Responsive Chanting<sup>424</sup>

#### The Crowning Wonder: The Bread of Life

1 (Alleluia)

Give thanks to the Lord, He is good; His mercy<sup>425</sup> is eternal.

 $<sup>^{422}</sup>$  The kingdoms of this world have become the kingdoms of our Lord and of His Christ' (Rev. 11:15).

<sup>423</sup> Deut. 32:36.

<sup>&</sup>lt;sup>424</sup> This Psalm is called 'The Great Hallel' or Hymn of Praise in the Talmud, and is still used by the Jewish people in their daily worship.

- 2 Give thanks to the God of gods; His mercy is eternal.
- 3 Give thanks to the Lord of Lords; His mercy is eternal.
- 4 To Him who alone does great wonders; His mercy is eternal.
- 5 To Him Who made the heavens in wisdom; His mercy is eternal.
- 6 To Him Who poised the earth on the waters; His mercy is eternal.
- 7 To Him Who alone made the great lights; His mercy is eternal.
- 8 The sun to rule the day; His mercy is eternal.
- 9 The moon and the stars to rule the night; His mercy is eternal.
- 10 Who struck Egypt with their firstborn; His mercy is eternal.
- 11 And brought out Israel from among them; His mercy is eternal.
- 12 With a strong hand and a high arm; His mercy is eternal.
- 13 To Him Who divided the Red Sea in two; His mercy is eternal.
- 14 And led Israel through the midst of it; His mercy is eternal.
- 15 But shook off Pharaoh and his army into the Red Sea; His mercy is eternal.
- 16 To Him Who led His people in the wilderness; His mercy is eternal.

<sup>&</sup>lt;sup>425</sup> mercy: *or* love. Cp. Lk. 10:37.

- 17 To Him Who struck great kings; His mercy is eternal.
- 18 And slew mighty kings; His mercy is eternal.
- 19 Sehon, King of the Amorites; His mercy is eternal.
- 20 And Og, King of Bashan; His mercy is eternal.
- 21 And gave their land as a heritage; His mercy is eternal.
- 22 A possession to His servant Israel; His mercy is eternal.
- 23 For the Lord remembers us in our abasement; His mercy is eternal.
- 24 And redeems us from our enemies; His mercy is eternal.
- 25 Who gives food to all flesh; His mercy is eternal.
- 26 O give thanks to the God of Heaven; His mercy is eternal.

#### Psalm 136: By the rivers of Babylon we sat down and wept

#### Song of the Babylonian Exile

#### The Unsung Song of the Heart

- 1 By the rivers of Babylon we sat down and wept when we remembered Zion. 426
- 2 On the willows in Babylon we hung up our instruments.

<sup>&</sup>lt;sup>426</sup> Jerusalem and Zion are types of the Church, the bride of Christ. 'Christ loved the Church and gave Himself up for her' (Ephes. 5:25f).

- 3 For there our captors asked us for songs and our abductors called for a tune, saying: 'Sing us some of the songs of Zion.'
- 4 How can we sing the Lord's song in a foreign land?
- 5 If I forget you, O Jerusalem, may my right hand be forgotten.
- 6 May my tongue stick in my throat if I do not remember you, if I do not put Jerusalem first<sup>427</sup> as above all my joy.
- 7 Remember, O Lord, against the sons of Edom the day of the fall of Jerusalem, when they said: 'Down with it, down with it, to its very foundations!'
- 8 O daughter of Babylon the wretched!

  Blessed is he who repays you for what you did to us.

  Blessed is he who seizes your children
  and dashes them against the rock. 428

#### Psalm 137: I will praise and thank You, O Lord, with my whole heart

#### Thanksgiving to God for Answering Prayer

#### Great is the Word, Promise, Name and Glory of God

1 (By David)

I will praise and thank You, O Lord, with my whole heart, <sup>429</sup> and in the presence of the Angels I will sing to You; for You hear all the words of my mouth.

<sup>&</sup>lt;sup>427</sup> See footnote on page 170. <See previous footnote>

<sup>&</sup>lt;sup>428</sup> Babylon signifies the flesh. Blessed is he who subdues it with fasts and deprives it of joys, as it dealt with the soul, and who dashes incipient evil thoughts, while still weak, against the Rock which is Christ (1 Cor. 10:4; Mt. 21:44; Rev. 18).

<sup>&</sup>lt;sup>429</sup> heart: 'My whole heart I lay on the altar of Your praise, a sacrifice of praise I offer to You. May the name of Your love set on fire my whole heart; may nothing in me be left to me, nothing in which I can look to myself, but may I wholly burn with You, be wholly on fire, wholly love You, as though set aflame by You' (St Augustine).

- 2 I will bow down towards Your holy temple and praise Your name for Your mercy and truth, for You have magnified Your holy name above every name.<sup>430</sup>
- 3 On the day when I call upon You, answer me speedily; You will strengthen me with Your power in my soul.
- 4 May all the kings of the earth acknowledge You, O Lord; for they have heard all the words of Your mouth.
- 5 And let them sing among the songs<sup>431</sup> of the Lord: 'Great is the glory of the Lord.'
- 6 For the Lord is high, yet He regards the humble; but the proud and haughty He knows from afar.
- 7 Though I walk in the midst of trouble, You give me life. Against the wrath of my enemies You dost stretch out Your hand, and Your right hand saves me.
- 8 The Lord will repay for me.
  O Lord, Your mercy is eternal;
  despise not the works of Your hands.

#### Psalm 138: O, Lord, You have proved me and known me

### The Presence of God and His Knowledge of Man

#### Your Right Hand will Hold Me

- 1 (A Psalm by David)
- O, Lord, You have proved me and known me,
- 2 You know my resting and my rising; You canst read my thoughts from afar.
- 3 You have tracked my path and my life and have foreseen all my ways.
- 4 There is no deceiving You with my tongue,

<sup>&</sup>lt;sup>430</sup> Cp. Phil. 2:9-11. *Heb.* You have magnified Your word above all Your name.

<sup>&</sup>lt;sup>431</sup> songs: *variant reading and Slavonic:* ways.

- 5 for You, O Lord, know everything from beginning to end.
  You have created me and laid Your hand on me.
- 6 Your knowledge is too wonderful for me; too great—I cannot attain to it.
- 7 Where can I go from Your Spirit, and where can I escape from Your presence?<sup>432</sup>
- 8 If I ascend to heaven, You are there; if I descend to hell, You are present.
- 9 If I wing my flight to the sunrise and dwell in the utmost bounds of the sea,
- 10 even there Your hand will guide me and Your right hand will hold me.
- 11 And I said: 'Surely darkness will hide me and night be the only light in my pleasure.'
- 12 But darkness is not dark to You, and night is as light as day; to You darkness and light are alike.
- 13 You have created my heart, <sup>433</sup> O Lord; You have sustained me from my mother's womb.
- 14 I praise and thank You for the dread wonder of Your presence; wonderful are Your works too, as my soul well knows.
- 15 No bone of mine is hidden from You, though made in secret with my substance in earth's underworld.
- 16 Your eyes beheld my unformed state, and in Your book all men are written; day by day they are formed, when as yet there are none of them.
- 17 But to me Your friends are very precious, O God;

<sup>432</sup> The Spirit of the Lord fills the world (Wisdom 1:7).

<sup>&</sup>lt;sup>433</sup> heart: *lit*. kidneys (seat of the affections in Hebrew thought).

- very strong are their principles.
- 18 Should I count them, they would be more than the sand. I rise and I am still with You.
- 19 If only You wouldst slay sinners, O God! Be gone from me, you men of blood,
- 20 for you are wranglers in your thoughts. They take Your cities for vanities.
- 21 Do I not hate those who hate You, O Lord, and do I not burn with rage at Your enemies?
- 22 With perfect hatred I hate them; I count them my own enemies.
- 23 Try me, O God, and know my heart; examine me and know my ways.
- 24 And see if there is any wrong way in me, and guide me in the way of life eternal.

#### Psalm 139: Rescue me, O Lord, from evil men

#### A Prayer of Faith and Trust under Persecution

#### Trouble gives Occasion for a Song<sup>434</sup>

- 1 (A Psalm by David)
- 2 Rescue me, O Lord, from evil men; deliver me from wicked men,
- 3 who plan wrongdoing in their hearts; all day long they are stirring up wars.
- 4 They make their tongue sharp as an adder's; the venom of vipers is under their lips. (*Pause*)
- 5 Guard me, O Lord, from the hands of sinners; rescue me from wicked men who scheme to trip my steps.

 $<sup>^{434}</sup>$  'He gives songs in the night' (Job. 35:10).

- 6 The proud hide a trap for me and stretch cords as snares for my feet; they set stumbling-blocks across my path. (*Pause*)
- 7 I said to the Lord: 'You are my God.'
  Give ear, O Lord, to the cry of my prayer.
- 8 O Lord, Lord, power of my salvation, You overshadow my head in the day of battle.
- 9 Do not abandon me to sinners,O Lord, through my desire.They scheme against me;leave me not, lest they be uplifted. (Pause)
- 10 As for the heads of those who surround me, the work of their own lips will bury them.
- 11 Coals will fall on them; You will cast them into the fire, into miseries they cannot bear.
- 12 A long-tongued man will not prosper in the land; evils will hunt wicked men to their destruction.
- 13 I know that the Lord maintains the cause of the poor and the rights of the needy.
- 14 Truly the righteous will praise Your name; honest men will live in Your presence.

#### Psalm 140: Lord, I cry to You, hear me

#### **Evening Prayer: My Eyes Look to You**

#### The Cry of Desire in the Temple of the Heart

1 (A Psalm by David)

- Lord, I cry to You, hear me; attend to the voice of my prayer when I cry to You.
- 2 Let my prayer go straight to You like incense, and let the lifting up of my hands be an evening sacrifice.
- 3 Set a watch, O Lord, over my mouth,

and a strong door across my lips.

- 4 Incline not my heart to evil words to make excuses for my sins with folk whose work is lawlessness, and I will not join their choice society.
- 5 A just man will strike and correct me with mercy, but may the oil of sinners never anoint my head, for my prayer is ever against their pleasures.
- 6 Their leaders and judges drown clinging to rocks. Men will hear my words, for they are sweet.
- 7 As clods of earth are crushed on the ground, our bones are scattered beside the grave.
- 8 O Lord, Lord, my eyes look to You; in You I trust; reject not my soul.
- 9 Keep me from the snare they have laid for me, and from the stumbling-blocks of evildoers.
- 10 Sinners will fall into their own net; I am apart until I pass on. 435

#### Psalm 141: I cry to the Lord with all my voice, I pray with all my voice

### Prayer for Deliverance to Join the Exultant Throng of Saints Free my Soul from the Prison of Sin to Praise Your Name.

1 (Of contemplation. By David, when he was in the cave. A Prayer.)

- 2 I cry to the Lord with all my voice, I pray with all my voice to the Lord.
- 3 I pour out my prayer before Him; I tell my trouble in His presence.

<sup>435</sup> Jesus trod the winepress alone (Is. 63). 'I (Christ) am alone, with no one to help or understand, till I pass over, till that Passover comes, when I shall depart from the world to my Father' (St. Augustine). A Christian 'keeps himself apart from the world and walks for ever with God alone' (St. Symeon the New Theologian), in isolation from sin and idols (1 Jn. 5:21).

- 4 When my spirit departs from me, You know my paths. In this way that I am going<sup>436</sup> they hide a snare for me.
- 5 I look to the right and see:
  No one notices me;
  night is cut off from me,
  but there is no one seeking my life.
- 6 I cry to You, O Lord, and say: You are my hope, my portion in the land of the living.
- 7 Attend to my prayer, for I am brought very low; deliver me from my persecutors, for they are too strong for me.
- 8 Bring my soul out of prison, that I may praise Your name; the righteous are waiting for me, until You reward me.

#### Psalm 142: Lord, hear my prayer; give ear to my petition in Your truth

#### Hands of Love Outstretched on the Cross

#### No one is Righteous in Your Sight

1 (A Psalm by David, when his son Absalom was pursuing him)

Lord, hear my prayer; give ear to my petition in Your truth. Hear me in Your justice.

- 2 And enter not into judgment with Your slave, for in Your sight no living soul can be justified.
- 3 For the enemy has persecuted my soul, he has humbled my life to the earth; he has made me dwell in darkness, like the dead of long ago. 437

 $<sup>^{\</sup>rm 436}$  this way: the confession of Christ (2 Tim. 3:12).

- 4 And my spirit desponds within me, and my heart within me is troubled.
- 5 I remember the days of old, I meditate on all Your works, I meditate on the works of Your hands.
- 6 I stretch out my hands to You; my soul like parched earth thirsts for You. (Pause)
- 7 Hear me speedily, O Lord:my spirit grows faint.Hide not Your face from me lest I be like those who go down to the pit.
- 8 Make me hear Your mercy in the morning, for in You I have hoped.

  Make known to me the way I should go, O Lord, for I lift up my soul to You.
- 9 Deliver me, O Lord, from my enemies; I fly for refuge to You.
- 10 Teach me to do Your will, for You are my God; Your good Spirit will guide me to the right land.
- 11 You will quicken me, O Lord, for the glory of Your Name. In Your justice You will bring my soul out of trouble.
- 12 And in Your mercy You will slay my enemies, and destroy all who afflict my soul, for I am Your slave.

#### Psalm 143: Blessed be the Lord my God, who trains my hands for war

#### New Song of Praise to God Who Gives Victory to Kings

#### God not Affluence is our Happiness

1 (By David. On Goliath)

Blessed be the Lord my God, Who trains my hands for war and my fingers for battle:

<sup>&</sup>lt;sup>437</sup> These two lines are identical with Lamentations 3:6.

2 my mercy and my refuge, my support and my deliverer, my protection in whom I trust, Who subdues my people under me.

3 Lord, what is man that You make Yourself known to him, or the son of man that You think of him?

4 Man has become like vanity; his days are like a passing shadow.

5 O Lord, bow the heavens and come down; touch the mountains and they will smoke.

6 Flash lightning and You will scatter them; shoot Your arrows and You will confound them.

7 Send out Your hand from on high; rescue me and deliver me from many waters, from the hand of aliens,

8 whose mouths talk vanity, and whose right hand is raised in perjury. 438

9 O God, I will sing You a new song; on a ten-stringed harp I will sing praises to You.

10 Who gives salvation to kings,
Who did redeem David Your servant from the evil sword. 439

11 Rescue me and deliver me from the hand of aliens, 440 whose mouths talk vanity and whose right hand is raised in perjury:

12 whose sons are like plants grown up when young,

<sup>438</sup> Cp. Rev. 10:5; Ezek. 20:23,28,42; Deut. 32:14.

<sup>&</sup>lt;sup>439</sup> evil sword: *or* sword of an evil man (Title indicates Goliath). It can also mean 'the sword of judgment' (2 Chron. 20:9). War is evil (Jas. 4; Mt. 5:9).

<sup>&</sup>lt;sup>440</sup> 'It seems to me the Prophet means people estranged from God and alienated from the truth, whose lives are full of bad habits, who love falsehood, and who talk a lot of nonsense' (St. John Chrysostom).

their daughters decked and daubed like a temple image;

13 their garners full to overflowing with all manner of stores; their flocks prolific, teeming in their streets.

14 Their cattle are fat.

There is no fallen-down fence, no breaking out, no wailing in their streets.

They call people blessed who have these things!

Blessed is the people whose God is the Lord.

#### Psalm 144: I will lift You on high, my God and my King

#### Praise of the King Messiah and His Glorious Kingdom

#### The Lord keeps all who Love Him

1 (Praise. By David)

I will lift You on high, my God and my King,<sup>441</sup> and I will bless Your name for ever and ever.

- 2 Every day I will bless You; and I will praise Your name for ever and ever.
- 3 Great is the Lord and greatly to be praised; and of His greatness there is no end.
- 4 Generation after generation will praise Your works and will declare Your power.
- 5 They will speak of the glorious majesty of Your holiness, and will tell of Your wonders.
- 6 They will proclaim the power of Your terrible acts, and tell of Your greatness.
- 7 They will spread the fame of Your abundant goodness, and will rejoice in Your justice and righteousness.

<sup>&</sup>lt;sup>441</sup> Cp. 'If I am lifted up from the earth, I will draw all men to Me' (Jn. 12:32). See also Psalm 45:11 and the note there.

- 8 The Lord is compassionate and merciful, long-suffering and of great mercy.
- 9 The Lord is good and kind to all, and His mercies are over all His works.
- 10 Let all Your works praise You, O Lord, and let Your saints bless You.
- 11 They speak of the glory of Your Kingdom, and talk of Your power;
- 12 to make known to the sons of men Your power, and the glorious majesty on Your Kingdom.
- 13 Your Kingdom is a Kingdom of all ages, and Your dominion endures throughout all generations.
- 14 The Lord is faithful in all His words, and holy in all His works.
- 15 The Lord upholds all who are falling, and straightens all who are bent down.
- 16 The eyes of all look to You, and You give them their food in due season.
- 17 You open Your hand, and fill with delight every living being.
- 18 The Lord is just in all His ways, and holy in all His works.
- 19 The Lord is near to all who call upon Him, to all who call upon Him in truth.
- 20 He will do the will of those who fear Him and will hear their prayer and save them.
- 21 The Lord keeps all who love Him, and all the sinners He will destroy.
- 22 My mouth will declare the praise of the Lord; and let all flesh<sup>442</sup> bless His holy name for ever and ever.

 $^{442}$  'Not all flesh is the same flesh, but men are one kind, beasts another, fish another,

#### Psalm 145: Praise the Lord, O my soul! I will praise the Lord all my life

#### Life is Praise

#### The Lord Straightens the Bent and Crooked

1 (Alleluia, By Haggai and Zachariah)

Praise the Lord, O my soul!

- 2 I will praise the Lord all my life; I will sing praise to my God as long as I live.<sup>443</sup>
- 3 Put not your trust in rulers, in the sons of men, in whom there is no salvation.
- 4 Man's spirit departs and returns to its earth; on that day all his projects perish.
- 5 Blessed is he whose help is the God of Jacob. whose hope is in the Lord his God,
- 6 Who made heaven and earth, the sea and all that is in them, Who keeps troth for ever;
- 7 Who administers judgment for those who are wronged, Who gives food to the hungry, The Lord releases those who are bound.
- 8 The Lord makes wise the blind; the Lord straightens those who are bent down; the Lord loves the righteous.
- 9 The Lord protects strangers; He supports the orphan and the widow, and wipes out the way of sinners.
- 10 The Lord will reign for ever, your God, O Zion, throughout all generations.

# Psalm 146: Praise the Lord, for singing praise is good Builder of the City and Gatherer of His Scattered Children God Delights in the Love of Those Who Trust and Obey Him

1 (Alleluia. By Haggai and Zachariah)

Praise the Lord, for singing praise is good; may our praise delight our God.

- 2 The Lord is building Jerusalem, and is gathering the dispersed of Israel.<sup>444</sup>
- 3 He heals the heartbroken, and binds up their wounds.
- 4 He determines the galaxy of stars, and calls them all by their names.
- 5 Great is our Lord and great is His power, and infinite is His understanding.
- 6 The Lord lifts up the meek, and humbles sinners to the ground.
- 7 Begin by thanking and praising the Lord; sing praises to our God on the harp:
- 8 Who covers heaven with clouds, Who prepares rain for the earth, Who makes grass grow on the mountains, and plants for the service of men:
- 9 Who gives the beasts their food, and feeds the young ravens that call upon Him.
- 10 He takes no pleasure in the strength of a horse, nor delights in a person's legs.
- 11 The Lord delights in those who fear Him, and in all who trust in His mercy.

<sup>444</sup> *Lit.* 'dispersions'. Cp. Mt. 24:31.

#### Psalm 147: Praise the Lord, O Jerusalem! Praise your God, O Zion!

#### God's Providential Care of His People

#### He Reveals His Will for the World through Israel

1 (Alleluia. By Haggai and Zachariah)

Praise the Lord, O Jerusalem! Praise your God, O Zion!

- 2 For He has strengthened the bars of your gates; He has blessed your children within you.
- 3 He makes peace on your borders, and feeds you with the finest wheat.
- 4 He sends His command to the earth; His word runs swiftly.
- 5 He showers snow like wool; He scatters mist like ashes.
- 6 He rains His hail like crumbs; Who can stand before His cold?
- 7 He sends His word and melts ice and snow; He blows His breath and the waters flow.
- 8 He made known His word to Jacob, His rights and judgments to Israel.
- 9 He has not dealt like this with any other nation, nor made His judgments known to them.

#### Psalm 148: Praise the in Heaven, praise Him in the heights

#### **Cosmic Chorus of Praise**

#### Natural Law is God's Iron Rod

1 (Alleluia, By Haggai and Zachariah)

Praise the Lord in Heaven, praise Him in the heights.

- 2 Praise Him, all you Angels of His; praise Him, all His Hosts.
- 3 Praise Him, sun and moon; praise Him, all you stars and light.
- 4 Praise Him, you heaven of heavens, and you waters above the heavens.
- 5 Let them praise the name of the Lord; for He spoke and they were made, He commanded and they were created.
- 6 He has set them there throughout the ages; He has made a law, and it cannot be bypassed. 445
- 7 Praise the Lord on earth, you monsters and all deeps.
- 8 Fire, hail, snow and ice, the storm-wind, all obeying His word.
- 9 All you mountains and hills, all you fruit-trees and cedars.
- 10 All you wild beasts and cattle, reptiles and winged birds.
- 11 All you kings and peoples of the earth, all you rulers and judges.
- 12 Young men and virgins, old men and children;
- 13 Let them praise the name of the Lord, for His name only is supreme. His praise is above heaven and earth.
- 14 He will raise His people to power. A song for all His saints, for the children of Israel, for a people drawing near to Him.

<sup>&</sup>lt;sup>445</sup> 'a law'. Cp. Jeremiah 31 (38):36,37. Break Life's laws and you strike and break yourself with an iron rod (Rev. 19:15; Ps. 2:9; Jer. 2:9; Prov. 3:10-19).

## Psalm 149: O sing to the Lord a new song; sing His praises in the Church of the saints

#### Triumphal Song of the Redeemed

#### Weapons of World Conquest: Prayer and Praise

1 (Alleluia)

- O sing to the Lord a new song; sing His praise in the Church of the saints.
- 2 Let Israel rejoice in Him Who made him, and let the children of Zion rejoice in their King.
- 3 Let them praise His Name with a dance, and sing praises to Him with tambour and harp,
- 4 For the Lord takes pleasure in His people, and will exalt the humble with salvation.
- 5 The saints will exult in glory, and will rejoice on their beds.
- 6 Let the high praises of God be in their mouths, and a two-edged sword in their hands;<sup>446</sup>
- 7 to pass judgment on the nations, and give rebukes to the peoples;
- 8 to bind their kings with chains, and their nobles with fetters of iron:
- 9 to pass judgment on them as God has written. This glory is for all His saints.<sup>447</sup>

#### Psalm 150: O praise God in His saints

#### **Crowning Outburst of Praise**

#### Last Call to Praise God with Every Breath

<sup>&</sup>lt;sup>446</sup> two-edged sword: praise which conquers Amalek (St. Chrysostom).

<sup>&</sup>lt;sup>447</sup> 'Holiness of life is the mother of glory' (St Theodoret).

#### 1 (Alleluia)

- O praise God in His saints, praise Him in the expanse of His power.
- 2 Praise Him for His mighty acts, praise Him for the greatness of His majesty.
- 3 Praise Him with the sound of the trumpet, praise Him with psaltery and harp.
- 4 Praise Him with drum and dance, praise Him with strings and bells.
- 5 Praise Him with tuneful cymbals, praise Him with cymbals of victory.
- 6 Let every breath praise the Lord.

#### Psalm 151: I was the smallest one of my brothers

1 (This Psalm in his own handwriting was written by David, when he fought in single combat with Goliath.)

- I was the smallest of my brothers, and the youngest in my father's house; I tended my father's sheep.
- 2 My hands made a musical instrument, and my fingers tuned a psaltery.
- 3 But who will tell my Lord? My Lord Himself hears.
- 4 He sent His angel and took me from my father's sheep and anointed me with the oil of His unction.
- 5 My brothers were tall and handsome, but the Lord took no delight in them.
- 6 I went out to meet the Philistine, and he cursed me by his idols.
- 7 But I drew his own sword and beheaded him, and removed reproach from the sons of Israel.

### The Book of Psalis and Doxologies

#### September or $\theta$ oort

#### August 29 (30) / Tho-out 1: Ecclesiastical New Year: Nairouz

The beginning of the Ecclesiastical Year is on Tho-out 1. This corresponds to August 29 (30th on leap years). If following the Julian or Gregorian Calendars rather than the Coptic, the New Year is September 1. The Joyful Tune is used from the New Year until the Feast of the Cross on September 14 (15) or Tho-out 17.

#### The Doxology

Praise the Lord with a new praise,
All people who love Christ our God,
For He has visited us with His salvation,
As a Good One and a Lover of mankind.

♣ We ascribe praise to You,
With the voices of glorification,
O our good Saviour,
Conform us to the end.

Grant us, O Lord, Your peace,
And save us from the hands of our enemies.
Humiliate their counsel,
And heal our sicknesses.

♣ Bless the crown of the year
 With Your goodness, O Lord:
 The rivers and the springs,
 The seeds, and the fruits.

Swc Πσς δεν οτεως μβερι:

Τε ασχεμπενωινι δεν πεσοτχαι:

Σως άταθος οτος μπαιρωπι

Τενοτωρπ νακ μπιετμνος:
 δεν εανάμη νή Σοζολοτίλ:
 ὰ Πεναστηρ κλταθος:
 ματάχρον ψα †στητελία.

Иоі нан Пос нтекзірнін:
назмен бен ненхіх нте ненхахі:
маневіо мпотсобні:
отог матахбо іненушні.

**Φ** Choy επιχλομ ήτε †ρομπι: ειτεν τεκμετχριστός Πόδ: νιιαρωού νεμ νιμούμι: νεμ νισι† νεμ νικαρπός. Bless us in our work
With Your heavenly blessings,
And send us Your grace
And You goodness form on high.

Save the afflicted.

Return the travelers.

Unbind the bound.

Repose those who have slept.

Take away Your wrath from us,
And deliver us from famine,
And from the wiles of the demons,
O Giver of good things.

We praise Him and glorify Him, And exalt Him above all, As a Good One and a Lover of mankind. Have mercy on us according Your great mercy. Смот èpon đen nenèbhoti: δεν πεκόμοτ ηèποτρανίον: οτωρπ ναν èboλ δεν πεκδία: πεκρμοτ νεμ νεκάταθον.

♣ Инетрехоши пармот `євол: пн`єтатще `єпщеммо матасошот: пем пнетсшир волот `євол: пн`єтатепкот майтоп пшот.

Wλι μπεκχωντ εβολ ελρον: ναεμεν εβολελ οτέβων: νεμ νιφαώ ντε νιδεσμών: ω φρεςτ ννιάταθον.

Тенеше ` Epoq тенфот наq:

тенереото бісі шлоq:

еше атанос отог шлаіршиі:

наі нан ката пекнішт інаі.

#### The Psali Adam

I will worship you,
O my Lord, Jesus Christ.
Glory be to You, Alleluia.
Glory be to our God.

∄ναοτωώτ ύποκ: Πασς Ιμς ΠΧς: πιώοτ νακ αλληλοτίς: Σοζα Χι ο θεος. Lead me,
I the weak.
Glory be to You, Alleluia.
Glory be to our God.

- ♣ Regard us,In Your goodness.Glory be to You, Alleluia.Glory be to our God.
- Behold my tongue will
   Declare Your glory.
   Glory be to You, Alleluia.
   Glory be to our God.

Kill my thoughts that are Full of evil.
Glory be to You, Alleluia.
Glory be to our God.

The blessing, glory,
And praise befit You.
Glory be to You, Alleluia.
Glory be to our God.

♣ Be a comfort to meIn my rationality.Glory be to You, Alleluia.Glory be to our God.

6΄ μωιτ ημι απόκ: Δα πίελαχιστός: πιώοτ ηακ αλληλοτία: Δοζα χι ο θέος.

- \* Χοτωτ εδρηι εχων:

  δεν τεκμετασαθόν:

  πιώοτ νακ αλληλοτίλ:

  Δοζα χι ο θεος.
- + δηππε τηλάχει:

  εθβε πεκώοτ δεν πλλάς:

  πιώοτ νακ αλληλοτία:

  Δοζα χιο θεος.

μωτεβ ήναμετι:
εθμες ήκακως:
πιὼοτ νακ αλληλοτίὰ:
Δοζα χι ο θεος.

Υεμήψα ήχε πίσμος: ηεμ πιώος ηεμ πισως: πιώος ηακ αλληλογία: Δοζα χι ο θέος.

+ Μωπι ημι ήμου †:

δεη ηλλοτισμός:

πιώοτ ηλκ λλληλοτίλ:

Δοζλ χι ο θεός.

Take the suffering
Of sin away from us.
Glory be to You, Alleluia.
Glory be to our God.

The adornment of our spirits, And the joy of our tongues, Glory be to You, Alleluia. Glory be to our God.

Holy, Holy, Holy, Is Your All-Holy Spirit. Glory be to You, Alleluia. Glory be to our God.

- ♣ O God the merciful,

  The good One,

  Glory be to You, Alleluia.

  Glory be to our God.
- Because of Your mercy,
   O God of my salvation,
   Glory be to You, Alleluia.
   Glory be to our God.

Make us worthy,
O Master, of Your Kingdom,
Glory be to You, Alleluia.
Glory be to our God.

Ψυλι εβολεαροη:
 ἡνινοβι ὑπαθος:
 πιὼον νακ αλληλονιὰ:
 Δοζα χι ο θεος.

Ψολελ ήμεμπηετμα: περοτοτ ώπεμλας: πιώοτ μακ αλληλοτίλ: Δοζα χι ο θεος.

Χοταβ χοταβ χοταβ: Πεκήμετμα μπαμάτιας: πιώοτ μακ αλληλοτίά: Δοτα χι ο θεος.

- Φ† πίναητ:
   οτας καταθός:
   πιὢότ κακ αλληλοτίλ:
   Δοζα χι ο θεός.
- Τπερ μπεκναι:
   Φ† ήτε παοτχαι:
   πιὼοτ νακ αλληλοτιά:
   Δοζα χι ο θεος.

Τεκμετοτρο ηεμηήβ: λριτεή ηεμπώλ μμος: πιώοτ ηλκ λλληλοτίλ: Δοζλ χι ο θεος. Hear our prayer,
O Christ our King.
Glory be to You, Alleluia.
Glory be to our God.

- ♣ Guard us, O Lord,From the Devil.Glory be to You, Alleluia.Glory be to our God.
- ♣ Your Name is blessed,
  On the lips of the faithful:
  Glory be to You, Alleluia.
  Glory be to our God.

Glory to Your Incomprehensible Godhead. Glory be to You, Alleluia. Glory be to our God.

You know, O Lord, My weakness. Glory be to You, Alleluia. Glory be to our God.

♣ Have mercy on my,
 In Your mercy O Creator.
 Glory be to You, Alleluia.
 Glory be to our God.

Cωτεμ επεμώληλ: πενογρο Πχζ: πιώοτ νακ αλληλοτία: Δοζα χι ο Θεος.

- Ρωις εροή Πός:
   εβολ δεή πιδιαβολός:
   πιώοτ νακ αλληλοτία:
   Δόζα χι ο θέος.
- Πεκραη ζίζμαρωσττ:

  δεη ρωστ ηνιπιστός:

  πιώστ νακ αλληλοτίλ:

  Δοζα χι ο θεός.

Οτώοτ ήτεκμεθησή: †ατσαχι μμος: πιώοτ ηακ αλληλοτία: Δοζα χι ο θεος.

Ζωοτη ήθοκ Πός: ήταμεταςθέημς: πιώοτ μακ αλληλοτία: Δοζα χι ο θέος.

♣ Ναι ημι δεη πεκηαι:
 ὼ πιΣμμιοργος:
 πιὼον ηακ αλληλονιὰ:
 Σοζα χιὸ θεος.

♣ Do not lead us
 Into temptation.
 Glory be to You, Alleluia.
 Glory be to our God.

Truly every tongue Praises Your Name. Glory be to You, Alleluia. Glory be to our God.

Let Your help
Come to me quickly.
Glory be to You, Alleluia.
Glory be to our God.

Jesus is my hope.Jesus is my help.Glory be to You, Alleluia.Glory be to our God.

# ♣ You reign Until the end of time. Glory be to You, Alleluia. Glory be to our God.

Behold, I will bless You, O Son of God. Glory be to You, Alleluia. Glory be to our God. • Uπερεντέν ανόν:
 • ἐδοτν ἐπιρασμός:
 πιὢότ νακ αλληλοτίλ:
 Δοζα χι ὁ θέος.

λας ηιβέη ςέδως: επέκραη ηαλήθως: πιώοτ ηακ αλλήλοτιά: λοζα χι ο θέος.

Κατα τεκβοὴθιὰ: ταξοι δεν οτικο: πιὢοτ νακ αλληλοτιὰ: Δοζα χι ο θεος.

θωκ πε πιλωλει:
 ωλ ήχοκ ήνειχρονός:
 πιώοτ κλκ λληλοτίλ:
 Δοζλ χι ο θεός.

Ηππε †Νασμον εροκ: ε Υιος θεος: πιώον Νακ αλληλονία: Δοζα χι ο θεος. Your mercies are countless, O eternal One. Glory be to You, Alleluia. Glory be to our God.

# ♣ The honourIs due to God.Glory be to You, Alleluia.Glory be to our God.

O Master, have mercy on me,
 O eternal One.
 Glory be to You, Alleluia.
 Glory be to our God.

For You are, O Lord,
The King of the righteous.
Glory be to You, Alleluia.
Glory be to our God.

For all help
Is from God.
Glory be to You, Alleluia.
Glory be to our God.

I love Your face.

Perfect us wholly.

Glory be to You, Alleluia.

Glory be to our God.

Ζεοψ ηεκηλι `ε πιλιδιος: πιὼοτ ηλκ λλληλοτίλ: Δοζλ χι ο θεος.

• Ερε πιταιο:
ερπεπι ήθεος:
πιώοτ μακ αλληλοτία:
Δοζα χι ο θεος.

Δεςποτα ναι νηι:
 ὑ πιαιδιος:
 πιὼον νακ αλληλονιὰ:
 Δοζα χιὸ θεος.

Σε ταρ ήθοκ Πός: ποτρο ήμαιδικέος: πιώοτ μακ αλληλοτία: Δοζα χι ο Θέος.

Βοήθια ταρ νίβεν: σε εβολείτεν θέος: πιώοτ νακ αλληλοτία: Δοζα χι ο θέος.

Διμένρε πέκδο:
 χοκτεν εβολ καλως:
 νιὢοτ νακ αλληλοτίλ:
 Δοζα χι ο θέος.

#### The Psali Batos

Come let us glorify
The King of the ages,
For glory is due to our God.
Glory be to our God.

Loosen from us, O my Lord, The bonds of the demons, For glory is due to our God. Glory be to our God.

- ♣ For Your strength is a great weapon For our weakness,For glory is due to our God.Glory be to our God.
- ♣ You are righteous and worthy, From generation to generation, For glory is due to our God. Glory be to our God.

You will sprinkle me,
O Lord, with Thy hyssop,
For glory is due to our God.
Glory be to our God.

Shape within our souls
The beauty of Your Image,
For glory is due to our God.
Glory be to our God.

Δωωνι τηρος ήτεν τώος: ὑποτρο ήτε νίεων: Σε πιώος φα πεννος πε: Δοζα χι ο θεος ήμων.

Βολοτ παδε εβολεαρον: ΝΝΙΧΝΑΤΕ ΝΤΕ ΝΙΔΕΜΟΝ: ΣΕ ΝΙὢΟΤ ΦΑ ΠΕΝΝΟΤ ΤΕ: ΔΟΖΑ ΧΙ Ο ΘΕΟΟ ΉΜΟΝ.

- τε ταρ τεκχου ήτεημετχωβ:
   απιώστ φα Πεημοτή πε:
   Δοζα χι ο θεος ήμωη.
- Δικεως κε αξίος:
   σενέλ κε σενέων:
   αε πιώοτ φλ Πεννότ πε:
   Δοζλ χι ο θέος ήμων.

εκένοταδ εδρη έχων: πος ύπεκωενεντωπον: αε πιώοτ φα Πεννοτή πε: Δοζα χι ο θεος ήμων.

ζωτραφιή δεη ηεήψηχη: ἡθωετςλίε ήτε τεκδικώη: Σε πιώοτ φα Πεήμοτ η πε: Δοζά χι ο θέος ήμωη.

- All the hymns of praise,
  Are due to our God,
  For glory is due to our God.
  Glory be to our God.
- Draw the sword of Your strength,Arise and help us,For glory is due to our God.Glory be to our God.

Jesus Christ the King of glory, And the King of the ages, For glory is due to our God. Glory be to our God.

Lord have mercy,
O Lord forgive us,
For glory is due to our God.
Glory be to our God.

- Every tongue blesses God,With heavenly joy,For glory is due to our God.Glory be to our God.
- ♣ Wash me and I will be,Whiter than snow,For glory is due to our God.Glory be to our God.

- + Ηχος νιβεν ήτε νιχινοώς: χεεπρπεπι ήθεος: χε πιώοτ φα Πεννοτ† πε: Δοζα χι ο θεος ήμων.

ιμς μέχς μοιδο μτε μφοι: σιος μοιδο μνικων: σε μιφοι φυ Πεννοι με: σοσυ Χι ο θεος ήπων.

κτριε ελέμεοη: κτρι απιστηχωριη: χε πιώοτ φα Πεημοτή πε: Δοζα χι ο θεος ήμωη.

- \* λας ΝίβεΝ ζωοτ εφ†:

  δεΝ θλαλια Νεποτρανίον:

  χε πιώοτ φα Πεννοτ† πε:

  λοζα χι ο θεος Ήμων.
- ματοτβοι είεοτβαψ:
   μφρη ή νοτχιων:
   χε πιώοτ φα Πεννοτ πε:
   Δοζα χι ο θεος ήμων.

You are the God,
Who is worthy of the praises of Zion,
For glory is due to our God.
Glory be to our God.

Blessed are You O Lover of mankind, Because of Your miraculous works, For glory is due to our God. Glory be to our God.

- ♣ Confess to the Lord our God,The Lord of lords,For glory is due to our God.Glory be to our God.
- Glory be to our GodUntil the end of the ages,For glory is due to our God.Glory be to our God.

Rejoice, all you, Who strive towards goodness, For glory is due to our God. Glory be to our God.

Bless the Lord all you nations, With a spiritual song, For glory is due to our God. Glory be to our God. ηθοκ πε φ† άερωατ ηακ: ήχε πιχω δεη χιωη: χε πιώοτ φα Πεημοτή πε: Δοζα χι ο θεος ήμωη.

χμαρωστ ὰ πιμαιρωμι: εθβε νεκέβησὰ ὰπαραδοζον: αε πιὰοτ φα Πεννοτ† πε: δοζα χι ο θεος Ήμων.

- οτωνε εβολ ώπος πεννοτή: κτριε των κτριων: Σε πιώοτ φα Πεννοτή πε: Δοζα χι ο θεος ήμων.
- πιώοτ φα πενινότ πε:
   μα πχωκ εβολ ηνιεων:
   χε πιώοτ φα Πενινότ πε:
   λοζα χι ο θεος ήμων.

ραωι νιβεν ήστον νιβεν: ετιρι ώπιλταθον: χε πιώστ φα Πεννότ† πε: Δοζα χι ο θεος ήμων.

σωστ πός νιεθνός τηρος: δεν όγεωχη μπνατικόν: χε πιώος φα Πεννός πε: Δοζα χι ο θεος ήμων.

- ♣ We entreat and pray to You,Forsake us not,For glory is due to our God.Glory be to our God.
- That we may bless Your greatness,From day to day,For glory is due to our God.Glory be to our God.

All the races of man,
Praise You O Lover of mankind,
For glory is due to our God.
Glory be to our God.

Holy, O Lord and holy, Worthy and righteous, For glory is due to our God. Glory be to our God.

- ♣ May the growth of virtue,Be accomplished in order,For glory is due to our God.Glory be to our God.
- ♣ O Good shepherd,
  In Your mercy shepherd us,
  For glory is due to our God.
  Glory be to our God.

- τεητήο τεητώβε μμοκ: μπεροιτεί ςαβολ μμοη: χε πιώοτ φα Πεημοτή πε: Δοζα χι ο θεος ήμωη.
- ተ τηλ ητεηχμοτ ετεκμετηίως: αποτοή κε απωέροη: αποτοί φα Πενίνος πε: Δοζα χιό θεος ήμωη.

φτειε νιβεν ήτε †μετρωμι: εεεως εροκ φιλανθρωπε: χε πιώοτ φα Πεννοτ† πε: Δοζα χι ο θεος ήμων.

χοταβ πός ότος χοταβ: αξιοή κε Δικέοη: αε πιώοτ φα Πεμμότ† πε: Δοζα χι ο θέος ήμωη.

- ψτφωςις ήτε ηιεωβ:
   μαρεςωωρη ήοττωτμος:
   χε πιώοτ φα Πεημοτή πε:
   Δοζα χι ο θεος ήμωη.
- ω πιμανές ωστ να τα μος:
   δεν πεκναι άμονι μμον:
   χε πιώστ φα Πεννοτ† πε:
   Δοζα χι ο θεος ήμων.

Cut away from our souls,
All thoughts of doubt,
For glory is due to our God.
Glory be to our God.

Precious in the eyes of the Lord, Is the death of his saints, For glory is due to our God. Glory be to our God.

- ♣ In Your strength You crushed
   The head of the serpent,
   For glory is due to our God.
   Glory be to our God.
- For You have created everything,
   In great mystery,
   For glory is due to our God.
   Glory be to our God.

Perfect in us,
The faith in the Trinity,
For glory is due to our God.
Glory be to our God.

Guide me to Your uprightness, In the spirit of authority, For glory is due to our God. Glory be to our God. Ϣωτ εβολ δεν νενψτχη: ννιμετί ντε νιχκανδαλον: αε πιώοτ φα Πεννοτ† πε: δοζα χι ο θεος ήμων.

Υταιμοντ ώπεὺμο ὼπο̄ς: ἀχε φμον ἀνιδικεον: χε πιὼον φα Πενινον† πε: Δοζα χι ο θεος ὰμωνι.

- Φεν τεκχου νησκ ακλες:
   κιλφησή ντε νιδριακών:
   χε πιώος φα Πεννος πε:
   λοζα χι ο θεος ημών.
- + δωβ ταρ πίβεπ ακθαμίωση: δεπ οτπίω † ματετηρίοπ: χε πίωση φα Πεπποτή πε: Δοζα χι ο θέος ήμωπ.

Χοκτεν εβολ δεν πινας: εθοταβ ντριατικον: Σε πιώοτ φα Πεννοτ† πε: Δοζα χι ο θεος ήμων.

6'ιμωιτ ημι ε1πεκχοντωη: δεη πιπηζ ήδητεμωη: χε πιώον φα Πεημονή πε: Δοζα χι ο θεος ήμωη.

- I will praise the Name of the Lord,
  As long as I am here, forever,
  For glory is due to our God.
  Glory be to our God.
- τηλεως εφρλη ώπος:
   εος † μοπ μλ πίεωη:
   αε πιώοτ φλ Πεννοτ† πε:
   λοζλ χι ο θεος ήμων.

# August 30 (31) / Tho-out 2: St. John the Baptist The Doxology

September 4 (5) / Tho-out 7: St. Dioscorus

The Doxology for St. Severus on September 29 (30) / Paopi 2 on page ## can be adapted.

#### September 12 (13) / Tho-out 15: St. Stephen

See December 26 / Tobi 1 on page ##.

# September 14 (15) / Tho-out 17: The Dedication of the Church of the Holy Cross

From September 14 (15) / Tho-out 17 to September 16 (17) / Tho-out 19, the Feast of the Cross is celebrated and the Palm tune is used.

#### The Doxology

We, all the children
Of the Orthodox people,
Bow down before the Cross
Of my Lord Jesus Christ.

Δηση εωη Δα ηίλασς: ηιώμρι μορθοσοζός: μτενολώμτ υπίςτατρος: μτε Πένος Ιμς Πχς.

♣ Paul the Apostle declares
The honour of the Cross, saying,
"No boast have we, save
In the Cross of Jesus Christ."

Πατλος πιλποςτολος:
 εςχω μπταίο μπίςτατρος:
 χε τενναψοτώσο μπον αν:
 εβηλ δεν πίςτατρος ήτε Πχζ.

O faithful, we sing hymns
To our Lord Jesus Christ,
And we bow down before His Cross,
The holy and life-giving Wood.

♣ You are our boast, O Cross

Upon which Jesus was crucified,

You are the type

Of our freedom.

The lips of the Orthodox,
And the seven orders of Angels,
Boast of you, O Cross
Of our Good Saviour.

We carry you, O Cross,
 Around our necks,
 The strength of the Christians,
 And we proclaim,

"Hail to you, O Cross,
The joy of the Christians,
The conqueror of tyranny,
The steadfastness of the faithful.

Hail to you, O Cross, The comfort of the faithful, And the firmness of the martyrs Who fulfilled their afflictions. Τενερεγώνος ω νιπιςτος: Μιτος Ιπό Πχό: οτος τενογωμτ μπετέςτατρος: πιώε έθτ νάθανατος.

Ρωστ ήμιορθολοζος: μεμ ψάψη ήτατμα ήαττελος: сещотщот μποκ ω πίστατρος: ήτε Πεηςωτηρ ήαταθος.

• Дентало ймок ѝ пістатрос: фиащ† йніхрістійнос: ехен неншо† йланатос: отог йтеншш євол пнтшс.

Хере нак ѝ пістатрос: фраці інніхрістіанос: нібро отве піттраннос: нем пентахро анон за ніпістос.

• Хере нак ѝ пістафрос: фиом † інніпістос: отог інтахро іннмарттрос: ща інтотхик євой іннотвасанос. Hail to you, O Cross,
The means of victory.
Hail to you, O Cross,
Upon which the King was glorified.

♣ Hail to you, O Cross, The sign of salvation. Hail to you, O Cross, The shining light.

> Hail to you, O Cross, The sword of the Spirit. Hail to you, O Cross, The fount of grace.

♣ Hail to you, O Cross,
 The treasure of good things.
 Hail to you, O Cross,
 To the end of ages.

Hail to you, O Cross,
Which King Constantine
Carried to war,
And smote the barbarians.

♣ Greatly honoured

Is the sign of the Cross,

Of Jesus Christ the King,

Our God in truth,

Хере нак ѝ пістатрос: пігопхон ічте пібро: хере нак ѝ пістатрос: пі<del>о</del>ронос йпіотро.

• Хере нак ѝ пістатрос: пімніні інте піотхаі: хере нак ѝ пістатрос: піотюнні єтацщаі.

Хере нак ѝ пістатрос: †снці нте Піппа: хере нак ѝ пістатрос: †иотиі нніхарісиа.

• Хере нак ѝ пістатрос: півтсатрос нте ніатавон: хере нак ѝ пістатрос: ща пхшк євой ниїєши.

> Хе хере нак ѝ пістатрос: фніста потро Кюстантінос: оху немау єпіпохемос: аушарі іннВарварос.

Who was crucified on the Cross
In order to save our race.
We too, let us honour Him,
Crying out, saying,

The Cross is our means,
The Cross is our hope,
The Cross is our steadfastness,
In troubles and afflictions.

Blessed be Christ our God,
And His life-giving Cross,
Upon which He was crucified,
In order to save us from our sins.

• We praise Him and glorify Him, And exalt Him above all, As a Good one and a Lover of mankind. Have mercy on us according to Your great mercy. ♣ Πίςτατρος πε πενεολπον:
 πίςτατρος πε τενεελπις:
 πίςτατρος πε πενταχρο:
 δεν νενεολεεχ νεω νενθλιψις.

Χε ὰςμαρωστ κα Πχ̄ς Πεκκοτή: κεμ πεαζατατρος κρεστακδο: Φηεταταμά εδρηι εχως: ωα κτεκισσοττεκ δεκ κεκκοβι.

♣ Денгюс ерос тепфот нас: тепергого бісі ймос гос атанос отог ймаірши наі нан ката пекнійф ниаі.

#### The Psali Adam

We truly believe in You,
O Jesus Christ,
The Saviour, the Son of God,
And in Your Cross.

Δληθώς τεννας †: εροκ ὼ Ιπζ Πχζ: παωτερ Πωηρι ωΦνοτ†: νεω πεκαταγρος. All glory and honour

Are due to the Cross

Of the King of glory,

The confirmation of the faithful.

- ♣ For Queen Helen Rose up And eagerly sought The victorious Cross.
- ♣ For David spoke of
   The honour of the Cross,
   Saying, the Lord reigned
   From a fair Tree.

Emmanuel, our God,
The true One
Granted us salvation
Through the Cross.

All seven Orthodox Orders Join at all times With the sign of the Cross.

♣ And we, the faithful, Keep the beautiful feast, Proclaiming and saying, Hail to the Cross. Βοη οτώοτ ης σταίο: ερπρεπι μπεςίςτατρος: Ποτρο ήτε πώοτ: πταχρο ήμπιςτος.

- Τε ταρ αστοωής ήχε:
   Ηλαημ †οτρω:
   αςκω† δεη οτὰποτλη:
   ὴςα πὶςτατρός πίρες δρο.
- Δατίδ ταρ είταυ:
   ὰπταίο ἀπίστατρος:
   αε Πος ερότρο:
   εβολει ότως καλώς.

Симанотна Пеннот†: піадноінос: аст нан нотсфт: еове пістатрос.

Даур нтатих нівен: нороо∆озос: еттомі ніснот нівен: ефиніні мпістатрос.

Ηππε ανόν νιπισταός: τενερώαι νας καλώς: ενώψ εβολ ενχώ μπός: χε χερε πίστατρός. ♣ Yours is the power, the glory, And the blessing, O Christ, King of kings, The Son of God.

Jesus Christ our God,
The King of the ages,
Was crucified for our salvation
On mount Golgotha.

King Constantine
Saw the Cross
Of the King of glory
In the midst of the heavens.

- ♣ O faithful people,
   Rejoice in joy
   On the Feast of the Cross
   Of Emmanuel.
- ♣ Grant us Your peace
  To see Jerusalem,
  The city of Zion,
  And the land of Bethlehem,

And the Resurrection,
And mount Golgotha,
And the Ascension,
And the Cave,

• θωκ τε †χομ ηεμ πιώοτ: ηεμ πίσμοτ ὼ Πχ̄̄̄̄̄̄̄: Ποτρο ητε ηιοτρωοτ: Πωμρι ηθεος.

ІНТ ПХТ ПЕННОТТ:
ПОТРО ЙНІЄШН:
атаще сове пенсшт:
бен йтшот йКраніон.

Κωςταντινός πιότρο: αφατ επίςτατρος: Δποτρο ήτε πώοτ: Δεν θωμή ποτρανός.

- Алос инпістос:

  етаці бен отвелнл:

  бен пцаі ите пістатрос:

  ите Елманотнл.
- Иог нам итекзірнин: итеннат еверотсахни: ней Сіши †Вакі: ней пкані йВнохеей.

Νεω τανιτασιο: νεω πιτωος ήΚρανιον: νεω ταναλοψίο: νεω πίζπηλεον. The tomb of Christ
As well,
Full of glory,
And the land of Jordan.

- ♣ Great is the honour

  Of the sign of the Cross

  Of our King

  Jesus Christ, our Lord.
- The Cross is our strength.

  The Cross is our hope.

  The Cross is our victory

  Through tribulations.

Rejoice joyfully,
O faithful
Of Emmanuel
On the Feast of the Cross.

Bless the Lord our God With a good Psalm, And say, Hail to the Cross.

What boasting have we Save in the Cross?"As the righteousApostle Paul has said. Ζαπινα ήγονο: πιώγαν ώΠχζ: φηέμεν ήψον: νεμ πκανι ώπιΙορΔανης.

- Οτνιω τε ήταιο:

  απττπος απίςτατρος:

  ήτε Πενοτρο Ιπς:

  Πιχριςτος Πενιδοις.
- Πίστατρος πε πεντάχρο:
   πίστατρος πε τενεελπις:
   πίστατρος πε πενρεσδπρο:
   εβολδεν πενθλτψις.

Рафі отог бехнх: ѝ птенос иніпістос: ите Емманотнх: энен пфаі йпістатрос.

Chor eΠδοις Πεννοτή: Σε νανε οτψαλμός: οτος άχος ûπαιρηή: με χερε πίςτατρος.

Деннафотфот ймон ан:
 евна епістатрос:
 ката псахі йпідікеос:
 Пата пістолостолос.

♣ O Son of God have mercy on us, That we may see Jerusalem, And mount Golgotha, And the land of Bethlehem.

You Who carries the sins
Of the world,
Save us from our sins,
Through the Cross.

Hail to the Cross.

Hail to the city of Zion.

Hail to the Jordan,

And the place of the Tomb.

- Repose, O Christ,
   The souls of our fathers,
   For the sake of the Mother of God,
   The Virgin Mary.
- O You who was born
   Of the Virgin,
   And crucified in the flesh,
   Deliver us from temptation.

♣ Υιος θεος ναι ναν: ὴτεννατ εἰεροτεαλμω: νεω πιτωοτ ὴΚρανιον: νεω ῆκαδι ὑΒΗθλεεω.

> Φηετώλι μφηοβι: ητε πικοσμός: αυττεν δεν νεννοβι: εθβε πίζτατρος.

> Χερε πίστατρος: χερε †βακι ή Сιων: χερε πιλοτράανης: νεω πιωα ή ζπελεον.

- Φτχη νης νης:
   μας μτον νωστ ω Πχ̄ς:
   εθβε τμας νοττ:
   Աαρια 1 παρθενος.
- ♣ W фнетатиасц: евох бен ∄пароенос: отог бен тсару аташц: нагиен бен ніпарасиос.

#### The Psali Batos

Sing to Him, you faithful, Beloved of Jesus Christ, By the honour of the Cross, The holy and immortal wood. Δριψαλιη ὁ νιπιστος: Διαινοτ Ιπό Πχό: εμβε πταιο Δπίστατρος: πιώε εθοταβ ήλθαντος Today there is joy,
In heaven and on earth,
Through the life-giving Cross
Of Christ the King of the heavens.

- ♣ For Helen arose and went,

  To the city of the Lord, Jerusalem,

  And asked with strength,

  For the wood of the Holy Cross.
- ♣ David the Psalmist said,
  In the Book of the Psalms,
  "The Lord has reigned from the Wood,"
  Which is the sign of the Cross.

Through His Cross
He restored Adam, Eve,
Our fathers and all the righteous,
Once again to Paradise.

Great is Your Compassion,
O our Good Saviour,
For You are a merciful God,
As You revealed by the Cross.

♣ We too, the Christians, Boast in the Cross, For through this Sign We were set free. Βοη οτραφι φωπι άφοστ: δεη τφε ηεω είχεη πικαεί: εθβε πίστατρος ήρεςταδο: ήτε Πχς ποτρο ημιφηού.

евохгітен пефстатрос: аттасоо епіпарадісос: йДдам нем Ета нем нідікеос: нем неніот йаржеос.

Zeow nze nekwetwenzht: w Пенсwthe nataooc: ze nook ornort nnaht: akt nan ûntrnoc ûnictarpoc.

Ηππε ανόν δα πιχριστιανός:
 τενιψότιμος ύμον εμβε πίστατρος:
 αε εβολείτεν πείττπος:
 ανώωπι δελετθέρος.

Unto You is the power and the praise,
 O good Lover of Mankind,
 Who was crucified upon the Cross,
 And cast out tyranny.

Jesus Christ is our hope.

Jesus Christ is our help.

Jesus Christ is the Only-Begotten,

Who was crucified upon the Cross.

Constantine the beloved of Christ Saw the sign of the Cross In the firmament of Heaven, And believed on Jesus Christ.

- He also made the sign,
  And conquered in war,
  With his good soldiers,
  Through the strength of the sign of the Cross.
- Grant us, O Lord, Your peace,
   In the Assembly of Your people.
   Heal our sicknesses,
   And confirm us through Your Cross.

Have mercy on us and hear us,
O You who was crucified upon the Cross.
Take Your wrath away from us,
And save us from temptations.

Φοκ τε †χομ νεμ πιετμνος:
 ὑ πιμαιρωμι κλταθος:
 ψηὲταγαμη επίσταγρος:
 Φηὲταγδοχι κα πιτγραννος.

ΙΗΣ Πχζ πε τεμδελπις: ΙΗΣ Πχζ πε πεμβοήθος: ΙΗΣ Πχζ πιμομοσεμής: εταγαψη επως ήτε πίςταγρος.

Κωςταντινός άμαι Πχ̄ς: αφνατ επττπός ήτε πίςττρος: δεν πίςτερεώμα ήστρανός: ότος αφαςτ εἰπ̄ς Πχ̄ς.

- Хіопон адірі йпецттпос: отог адбро бен ніполемос: нем педстратетма інкалюс: бен тхом йфиніні йпістатрос.
- Иог нан Пос птеквірнин: эен теккансій пте пекалос: отог шаталбо пненщшиі: отог шаталрон эен пекстатрос.

Ναι καν οτος σωτεμ έρον: ὑ φιέταταψη επίστατρος: ὑλι ὑπεκχωντ εβολεαρον: κανεν έβολ δεν νιπασμος. You are blessed, O our Master Christ, Who was born of the Virgin, And lifted up upon the Cross, To save our race.

- We glorify You with thanksgiving,
   O our true God,
   For You granted us Your grace
   Through the sign of the Cross.
- The Cross is our hope.
   The Cross is our strength.
   In our struggles and afflictions,
   The Cross is our purification.

Deliver us from our enemies,
For the sake of the Cross, forever.
Disperse the enemies
Of the Church, O Lord.

Bless the Lord in praises
And hymns saying,
"Hail to the pride of the faithful,
The Cross of Jesus Christ."

We ask and entreat You,
 Bless the waters,
 The plants and the seeds,
 The Earth and the rain.

Дмаршотт ѝ Пенинв Пхс: фнетациасц нхе ∄пароенос: отон атохц ехен пістатрос: еове псш† йпентенос.

- Πὶςτατρος πε τενεελπις:
   πὶςτατρος πε πενταχρο:
   δεν νενεοχεεχ νεω νενθληψις:
   πὶςτατρος πε πεντοτβο.

Ρωις εροη εβολ δεη ηεήχαχι: εθβε πίςτατρος ψα †ςτητελίλ: οτος χωρ εβολ ημίχαχι: ὼ Πεήημβ ητε †εκκληςίλ.

Cuot Πός δεη δαηδυμήσο: ηεω δαηδωλη ερετεήχω ώμος: χε χερε πωούωου ηνηπίστος: ηιςτατρος ήτε Ιπζ Πχς.

♣ Jentho οτομ τεντωβε:
 εθβε νιμωστ αυστ ερωστ:
 νεμ νικαρπος νεμ νισταε:
 ντε πκαει νεμ νιμοτνεωστ.

♣ O Son of God, our God,

Save us from temptations,

For the sake of Your Mother,

And by the power of Your Cross.

O You who carries the sins of the world, Who was lifted up on the Cross, Even to save our race, We the Christian people.

Hail to the Cross.

Hail to the City of the Only-Begotten.

Hail to the tomb of Christ.

Hail to the place of the Resurrection.

- The Salvation of the world,

  Is by the Cross of Christ.

  Remember me for the sake of the Virgin,
  In Your Kingdom, O Son of God.
- ♣ O You who was crucified on the Cross,
  Save us from the hands of the tyrant,
  And forgive us, your people,
  Through the intercessions of the Theotokos.

♣ Тюс Неос Пеннот†: нагмен бен ніпірасмос: еөве текмат ймаснот†: нем тхом йпістатрос.

Фннетшхі йфнові йпікосмос: ετατολα сапшші єпістатрос: евве псшт йпентенос: анон да ніхрістіанос.

Χερε νακ ὼ πὶςτατρος: χερε τπολις ὑμονοσενης: ξερε πιὰεατ ντε Πχ̄ς: ξερε ῷμα ντὰναςταςις.

- Φωτηρ ήτε πικοσμός:
  πε ηιςτατρός ήτε Πχς:
  αριπαμετί εθβε Ηπαρθένος:
  δεν τεκμετότρο ω Υίος Θεός.
- W фнетадатащо епістатрос: пазмен бен ненхіх шпіттраннос: отог хш нан евох анон пекхаос: гітен нітго нфесотокос.

September 29 (30) / Paopi 2: St. Severus

The Doxology

# October or Πλωπε

October 4 (5) / Paopi 7: St. Paul of Tammoh
The Doxology

October 17 (18) Paopi 20: St. John the Short

The Doxology

October 27 (28) / Paopi 30: St. Mark

See the principle feast on April 8 / Pharamuthi 30, page ##.

# November or **A**00p

November 3 (4) / Athor 3: St. George
The Doxology

November 4 (5) / Athor 4: The Four Incorporeal Beasts

The Doxology

November 11 (12) / Athor 15: St. Mina the Martyr
The Doxology

November 20 (21) / Athor 24: The Twenty Four Presbyters

The Doxology

November 21 (22) / Athor 25: St. Philopater Mercurius
The Doxology

#### December or Koiask

The Advent or Koiak Tune is used from the earlier of November 27 (28) / Koiak 1 or four Sundays prior to the Feast of the Nativity on December 25 (26) / Koiak 29, until the Preparation Day of the Feast. For those following the Julian or Gregorian calendars, the Advent Tune should be used for four weeks prior to the Feast on December 25, so that the Advent Tune is used for four Sundays before the Feast.

#### The First Doxology of December or KOIA2K

When I speak of you,
The cherubic throne,
My tongue never wearies
Of blessing you.

♣ Indeed, I will go
 To the house of David,
 In order to acquire a voice
 Able to speak of your honour.

For God has stood
At the borders of Judea,
And joyfully granted His voice,
Which the tribe of Judah accepted.

The tribe of Judah is the Virgin,
 Who bore our Saviour,
 And afterwards
 Remained a Virgin.

Ке тар аішансахі еөвн†: ш пізарма нхеротвімікон: пахас набісі ан енез: тенермакарітін ймо.

\* Σε οπτώς ταρ †παώεπη:

Ϣα πιατληστ ήτε ήτη ή ΔατιΔ:

ήταδι ήστε μη εβολειτστη:

εθρικαχι μπεταίο.

Χε αΦ† όδι ερατς: δεν νιθωώ ήτε ქΙοδεά: αγ† ήτεγαμη δεν ονθεληλ: άτφνλη ήΙονδα ώοπς έρος.

Φ ΠΦΥλΗ ΝΙΟΥΔΑ ΤΕ †ΠΑΡΘΕΝΟΟ: ΘΗ ΕΤΑCLΙΙCΙ ΔΠΕΝΟΘΤΗΡ: ΟΥΟΖ ΟΝ ΜΕΝΕΝΟΑ ΘΡΕΟΜΑΟΟ: ΑΘΟΣΙ ΈΘΟΙ ΔΠΑΡΘΕΝΟΟ. We send you salutations,
With the voice of
Gabriel the Angel,
O Mary the Theotokos.

Hail to you from God.
 Hail to you from Gabriel.
 Hail to you from us.
 We magnify you, saying, "Hail to you".

The holy angel Gabriel
Announced glad tidings to the Virgin.
After he saluted her,
He strengthened her, saying,

\* "Be not afraid, O Mary,

For you have found favour with God.

Behold, you shall conceive,

And bring forth a Son.

And the Lord will grant Him
The throne of HIs father, David,
And He will reign over the house of Jacob
Forever and ever."

Therefore, we glorify you,
As the Theotokos, at all times.
As the Lord on our behalf,
That He may forgive us our sins.

ΕΒολ ταρ είτεν †φωνη:ὰτε Ταβρίηλ πιαττελος:τεν † νε μπιχερετίσμος:ὰ †θεοτοκός Uapia.

\* Χερε νε εβολειτεν Φ†:

χερε νε εβολειτοτεν:

χερε νε εβολειτοτεν:

χερε νε τενδιοι μωο.

• Хе иперерго ( Царіац: арехіші тар ногдиот: батен Фиот ( гар терасрвокі: отог йтемісі ногунрі.

Εφέ† νας να Πος Φ†: ὑπιθρονος ντε Δατίδ πεςιωτ: ἀναιτορογρο έχεν πηι νίακωβ: ψα ένες ντε πίενες.

• Εθβε φαι τεντωστ νε: δως θεότοκος να κοτ νιβεν: ματο εΠος εδρηι έχων: ντες κα νεννοβι να νεβολ. Hail to you, O Virgin,
The very and true Queen.
Hail to the pride of our race,
Who has borne to us Emmanuel.

We ask you, remember us,
 O our faithful advocate,
 Before our Lord, Jesus Christ,
 That He may forgive us our sins.

Χερε ηε ω †παρθεήος: Τοτρω μαμι ηλληθίηη: χερε πωοτώοτ ήτε πεησείος: αρέχφο ηαν ηθωμανότηλ.

Тентго аріпеншеті:
 ф тпростатис етенгот:
 нагрен Пенос Інс Пус:
 нтецуа неннові нан евох.

#### The Second Doxology of December or KOIA2K

The adornment of the Virgin Mary, The daughter of King David, At the right hand of Jesus Christ, The beloved Son of God.

♣ As David the king
Has said in the Psalm,
"The Queen did stand
On the right hand of the throne."

You are exalted above the Cherubim,
O Mother of the God of powers,
And more honoured than the Seraphim,
In heaven and on earth.

Blessed are you, O Mary, For you have borne the True One, While remaining a virgin, And your virginity is ever sealed. Ере псолсел нтпароенос: Иаріа туері йпотро Дауіл: саотінам нІнё ПХЕ: Пунрі йФт піменріт.

Κατα πααχι η Δατιδ ποτρο:
πιετμηοδος δεη πιψαλμος:
χε ακόδι ερατς ήχε τοτρω:
καστικά μπιθρονός.

Το Κατα ποτρο:
κατα ποτ

Τεδοςι εΝιχερονβια: ὰ θμαν μΦ† φα πιάμαδι: τεταιμοντ εΝιςεραφία: δεν τφε νεω δίχεν πικαδι.

Ψοτηια ή νθο Παριά:
 Χε άρεχφο μπιάληθινος:
 εςτοβ νας τεπαρονιά:
 ερεοδί ερεοί μπαρθένος.

As Isaiah has said, With a joyful voice, "Behold, a virgin shall conceive, And bring forth Emmanuel."

♣ We magnify you every day,
Saying with Gabriel,
"Hail, O full of grace,
The Lord is with you."

Hail to you, O Virgin, And we call you blessed, With Gabriel the Angel: "The Lord is with you."

♣ We ask you to remember us,
 O our faithful advocate,
 Before our Lord Jesus Christ,
 That He may forgive us our sins.

Κατα φρητ ετασχος: ναε Ηςαλάς δεν οτόμη νθέληλ: αε ις άλοτ υπαρθένος: εξεμιςι ναν νθωμανοτηλ.

• Тенбісі ймо ймниі ймниі: еихш ймос нем Баврінх: хе хере кехарітшменн: оКтріос мета сот.

Χερε νε ω †παρθενος: πεω Σαβρικα πιασσελος: οτος Πός ωοπ νεωε.

Тентво аріпеншеті:
 ф тпростатис етенвот:
 наврен Пеноб Інб Пуб:
 нтецка неннові нан евох.

#### The Third Doxology of December or KOIA2K

Gabriel the Angel,
Announced to the Virgin,
After greeting her saying,
"Hail to you, O full of grace!"

When the chaste young woman Heard his voice, She responded wisely, "What manner of greeting is this?" Таврінх ніаттєхос: ачерентс йпіаспасмос: же жере өнеөмее йёмот.

 The angel, who is of
Incorporeal fire said to her,
"O my Lad, the Virgin,
Incline your ear and hear me.

Do not be fearful, nor tremble, O Mary, daughter of Joachim, The Lord God of the seraphim Has chosen you as His dwelling.

In truth, you shall conceive
The Logos, who became poor
For the sake of us poor ones,
In order to make us rich."

\* "How shall this be, Seeing as I know not a man? I beseech you, tell me, Do not hide this from me."

"The Holy Spirit shall come upon you,
And the power of the Highest shall
overshadow you.
The angels will praise you
In awe of their Creator.

♣ You shall give birth to the Son of God,
 And the Wisdom of God.
 He is the God of our fathers,
 There is no other [god] but He.

Πεχας μας ήχε ηιαττελος: πιώας ήχρωμ ήγςωματος: χε ταδοις μπαρθένος: πεκ πεμαώχ ςωτεμ έροι.

Uπερερεσή στως μπερκιμ:
 Πος Φή ηΝισεραφιμ:
 ασστη μπο ετπαμώσμι νας.

Длношс тераервокі: мпілотос етацеренкі: еовнтен анон ба ніенкі: ща йтецаітен йрамаю.

Η Πως φαι καψωπι άμο: ὰπε ελι ψε εδοτκ εροι: ††εο εροκ ματαμοι: ὰπερεωπ κελι εχωι.

Πιπηετώα εθοτάβ εθημοτ έχω:
οτχού ήτε φμετδος εθηλερφμίβι έρο:
μιαττέλος ςεδώς έρο:
εθβε τδοτ μποτρείζωντ.

• Τεραμικι μπωμρι μΦ†:

οτος † κοφιλ ήτε Φ†:

Σε ήθος πε Φ† ήτε μεμιο†:

μπομ κε οται εβμλ έρος.

Where shall I go? For through you
The Son of God will enter the womb.
Behold, be not afraid,
For through you everyone shall be saved."

♣ The Virgin Mary,

Of the seed of Abraham,

Through whom Adam was saved

From the curse of sin.

Hail to you, O Virgin,
The very and true Queen.
Hail to the pride of our race,
Who has borne to us Emmanuel.

♣ We ask you to remember us,
 O our faithful advocate,
 Before our Lord, Jesus Christ,
 That He may forgive us our sins.

Διναφενηι εβολειτο†: Πωμρι μΦ† ναφωπι δεν το†: άνατ οτν μπερερεο†: χε πτηρη νανοεευ εβολειτο†.

# Дпароенос Иаріам:
 Бен пісперма йДвраам:
 өнетасновем йДДам:
 єводва йсавойі йте фнові.

Χερε ηε ω †παρθεήος: ‡οτρω μμη ηλληθίηη: χερε πωοτώοτ ήτε πεητέήος: αρέχφο ηαν ηθωμανότηλ.

Тентво аріпенметі:
 ф тпростатис етенвот:
 наврен Пеноб Інб Пуб:
 нтецха неннові нан евох.

### The Fourth Doxology of December or KOILEK

In the sixth month,
Gabriel was sent
To evangelize Mary
With the Holy Gospel.

• Gabriel, the servant

Of salvation was sent;

The incorporeal servant was sent

To the undefiled Virgin.

Ьен пійвот ймаг соот: атотшрп й Гаврінх: бен пістаттейіон евотав: ачгіщеннотці йЦарій.

Gabriel was sent;
He raised us with a new invitation.
The free one was sent
To the chaste young woman.

♣ Gabriel was sent

To prepare the True Bride.

Gabriel was sent

To the high palace.

A wonderful Mystery:
A high paradox:
The Logos of the Father
Dwelt among men.

★ We worship Him and glorify Him, With His incomprehensible Father, And the Spirit, the Paraclete, For He came and saved us. Д тотшрп й Гаврінх: астотностєм бен півшеєм йвері: атотшрп йпієхетверос: ща †ахот йсемне.

• Дтотшрп й Гаврінх: есевте нінтифіос йині: атотшрп й Гаврінх: та пахатіон ййбісікон.

> Отматстнріон йіўфнрі: отог парадогон етбосі: же підотос йте фішт: ацішпі нем піршмі.

Τενοτωμτ άμος τεντώον νας:
 νευ Πεφιωτ νατώταδος:
 νευ Πιπνα άπαρακλητον:
 χε αζι αςςωτ άμον.

#### The Fifth Doxology of December or KOILLK

When the lot fell to Zachariah To raise incense,
He entered the Sanctuary
And completed his service.

♣ An angel appeared to him

At the right side of the altar

As he raised incense,

Saying, "Fear not, Zachariah."

Ста пішп'і є Дахаріас: єтале отсоотінотці є тішші: ацше є доти пієрфеі: ацхик йпецшейщі євол.

+ Οταττελος αφοτονεφ εροφ:

εφταλε οταθοινοτοι επωωι:

κε μερερεο † Ζαχαριας.

"He looked upon your honour,
And your wife, Elizabeth,
Will bear you a sin,
And you shall call his name John."

♣ Gabriel spoke with

Zachariah the priest

At the right side of the altar,

While he raised incense.

"Your wife Elizabeth
Shall bear you a son.
You will have joy
And gladness at his birth."

"How shall I know this? For I am an old man, And my wife Elizabeth Is barren, without child.

"You shall be dumb
Until the child is born.
When your eyes behold him
You will glorify the God of Israel."

♣ Gabriel was sent From the King of glory To a city of Galilee, Called Nazareth, Δανατ ταρ επεκταίο: οτου τεκόυμω Ελισαβετ: εδεμισι νακ νοτώμρι: εκεμοτή επεαράν πε Ιωάννης.

+ Oore ζαχαριας πιοτήβ:

αοτίναμ μπιμανέρωωοτωι:

εγχω μπίσθοινοται:

Σαβριήλ αγζαχι νέμας.

Хе текселы Схісавет: еселісі нак нотщирі: ере отращі щюпі нак: нем отоехнх бен печхінмісі.

\* Χε πως φαι ναψωπι άμοι: επιλη αιερδελλοι: οτος ταςςιμι Ελικαβετ: οταδρην τε εςεμικι αν.

Εκεφωπι εκχω ήρωκ: Ψα τοτμιοι μπιάλοτ: ατφαννατ έχε νεκβαλ: χνατώοτ μΦνοττ μΠίορακλ.

• Δτοτωρπ ή Σαβριήλ:
εβολείτει ή ότρο ήτε πώστ:
εστβακί ήτε ‡ταλιλέλ:
επεςράν πε Ναζάρεο.

To a Virgin
Of the house of David
Named Mary,
The daughter of King David.

♣ [He] comforted her, saying, "Rejoice and be glad! Hail to you, O full of grace, The Lord is with you!"

Hail to you, O Virgin,
The very and true Queen.
Hail to the pride of our race,
Who has borne to us Emmanuel.

♣ We ask you to remember us,
 O our faithful advocate,
 Before our Lord Jesus Christ,
 That He may forgive us our sins.

Ζα οτάλοτ ὑπαρθεονις: εβολ δεν πιι νΔατιΔ: πεσραν πε Uαριαμ: τωερι ὑποτρο ΔατιΔ.

• Дкушпі ектномт нас: Хе раці относі ймо: Хе хере онеомег немот: отог Пос цоп неме.

Χερε ης ω †παρθενός: †οτρο μωτι κλληθίνη: χερε πωοτωοτ ήτε πεντένος: λρέχφο καν ήθωνακοτηλ.

• Денфео аріпенметі:

ф фпростатис етенеот:

нагрен Пеноб Інб Пуб:

птецуа неннові нан евох.

### The Sixth Doxology of December or KOIA2K

It is in truth meet
And right that we sing
To the True God,
The Lord in the heavens.

His Name is blessed and sweat
On the lips of the saints.
This is God the Father,
The Son and the Holy Spirit.

Чемпул тар бен отмевині: отог отбікеон пе: евренгис єФ† птафині: Пос фнетуоп бен тфе.

Πεσραν δολα ότου ζεμαρωόττ:
 Δεν ρωότ κνημέθη:
 έτε φαι πε Φ† Φιώτ:
 νεμ Πώμρι νεμ Πιπνά έθη.

And that we glorify
The chaste Mary, the Theotokos,
The second tabernacle,
The true treasure.

♣ And we cry out fervently,
With great beauty,
Saying, "Hail to you, O Virgin,
The Lord is with you."

Hail to you, O Virgin,
The salvation of Adam and Eve.
Hail to you, O Virgin,
The joy of all generations.

♣ Hail to you, O Virgin,
The joy of the just Abel.
Hail to you, O Virgin,
Who is above the Sanctuary.

Hail to you, O Virgin, The ark of Noah. Hail to you, O Virgin, Until our last breath.

Hail to you, O Virgin, The grace of our father Abraham. Hail to you, O Virgin, The trusted advocate. Отог птентфот птешне: Шаріа тоботокос: Диагснотт пскнин: піаго пахнопос.

+ 0τος ήτενωμ εβολ ρητώς: Δεν οτνιμή αμετςλίε: Χε χερε νε ω ήπλρθενος: οτος Πός ψοπ νεμε.

Хере не ѝ Дпароенос: псф† нД Дам нем Ста: хере не ѝ Дпароенос: потносі йніченей.

• Хере не ѝ Дпароенос: фращі навех пібині: хере не ѝ Дпароенос: етсапщиі епіерфеі.

> Χερε ηε ὼ ∄παρθενος: χερε ηε ὼ ∄παρθενος: ωα πινιςι νάδις.

• Хере не ѝ Дпароенос:
піглот навраам пеніют:
хере не ѝ Дпароенос:
†простатис етенгот.

Hail to you, O Virgin,
The salvation of holy Isaac.
Hail to you, O Virgin,
The Mother of the Holy.

♣ Hail to you, O Virgin,
 The joy of our father Jacob.
 Hail to you, O Virgin,
 Thousands times tens of thousands.

Hail to you, O Virgin,
The pride of Judah and his brothers.
Hail to you, O Virgin,
Until the end of the ages.

♣ Hail to you, O Virgin,
 The [spiritual] vision of Moses.
 Hail to you, O Virgin,
 The Mother of the Master.

Hail to you, O Virgin,
The power of Joshua and Gideon.
Hail to you, O Virgin,
The victory of Barak and Samson.

Hail to you, O Virgin, The strength of Samuel. Hail to you, O Virgin, The Queen of Israel. Хере не ѝ Дпароенос: псф† ѝІсаак пеоотав: хере не ѝ Дпароенос: о̀иат ѝфнеоотав.

• Хере не ѝ Дпароенос: поехнх йпенішт Іакшв: хере не ѝ Дпароенос: гананщо нем ганова нкшв.

Хере не ѝ Дпароенос: πωοτωοτ ήΙοτδα нем несісннот: χερε не ѝ Дпароенос: ωα πχωκ εβολ ήніснот.

\* Χερε νε ω Ππαρθενος:
Πθεωριά ντε Πωτοις:
χερε νε ω Ππαρθενος:
Θυατ υπιδεοποτιο.

Χερε ηε ώ ∄παρθενος: τχου ήΙκον ηευ ζεδεοη: χερε ηε ώ ∄παρθενος: πιδρο ùΒαρακ ηευ ζαυψων.

• Хере не ѝ ∄пароенос: оиетхирі нСамотна: хере не ѝ ∄пароенос: †отро ѝПісрана. Hail to you, O Virgin,
The patience of Job.
Hail to you, O Virgin,
Endlessly, in diverse ways.

Hail to you, O Virgin, The daughter of King David. Hail to you, O Virgin, Who is adorned with purity.

Hail to you, O Virgin,
The friend of Solomon.
Hail to you, O Virgin,
The wooden rod bearing almonds.

♣ Hail to you, O Virgin, The prophecy of Isaiah. Hail to you, O Virgin, The return of Jeremiah.

> Hail to you, O Virgin, The chariot of Ezekiel. Hail to you, O Virgin, The vision of Daniel.

♣ Hail to you, O Virgin,
 The ascent of Elijah.
 Hail to you, O Virgin,
 Who bore the Messiah.

Хере не ѝ Дпароенос: тепомонн нте lwB: хере не ѝ Дпароенос: бен отоо нрнт нем отмну нсоп.

\* Χερε νε ὼ ∄παρθενος: τωερι λλατιλ ποτρο: χερε νε ὼ ∄παρθενος: θηετχολε ὼπιτοτβο.

> Χερε ηε ώ ∄παρθενος: χερε ηε ώ ∄παρθενος: πιώβωτ ήωε άπεγκινων.

• Хере не ѝ Дпароенос: †профитіх нИсанас: хере не ѝ Дпароенос: птасоо нІерешіас.

> Хере не ѝ Дпароенос: пвариа нестекня: жере не ѝ Дпароенос: Творасіс нДаніня.

• Хере не ѝ ∄пароенос: пбісі нНхіас: хере не ѝ ∄пароенос: онетасмісі нИасіас. Hail to you, O Virgin, The grace of Elisha. Hail to you, O Virgin, The pure bride.

Hail to you, O Virgin,
 The joy of the angels.
 Hail to you, O Virgin,
 The delight of the archangels.

Hail to you, O Virgin,
The honour of the patriarchs.
Hail to you, O Virgin,
The preaching of the prophets.

♣ Hail to you, O Virgin:
The tongue of the apostles:
Hail to you, O Virgin:
The purity of the virgins.

Hail to you, O Virgin,
The crown of the martyrs.
Hail to you, O Virgin,
The joy of the righteous.

♣ Hail to you, O Virgin, The confirmation of the Church. Hail to you, O Virgin, The truly holy Mary. Хере не ѝ Дпароенос: піглот нЕлісеос: хере не ѝ Дпароенос: †щелет нкабарос.

• Хере не ѝ Дпароенос: Чращі іннаттехос: точносі іннароенос:

Χερε νε ω ∄παρθενος: πταίο ήνιπατριαρχής: χερε νε ω ∄παρθενος: πειωιω ήτε νιπροφητής.

• Хере не ѝ Дпароенос: фхас нивапостолос: хере не ѝ Дпароенос: нточво нипароенос.

> Χερε ηε ω παρθεμος: πιχλομ ημιμαρττρος: χερε ηε ω παρθεμος: πθεληλ ημιλικέος.

• Хере не ѝ Дпароенос: ттахро нніекклисіа: хере не ѝ Дпароенос: †атіа ймні Царіа. Hail to you, O Virgin,
The font of living water.
Hail to you, O Virgin,
The forgiveness of sins.

Hail to you, O Virgin,
 The seed of Israel.
 Hail to you, O Virgin,
 Who bore Emmanuel for us.

Hail to you, O Virgin,
The adornment of the cross-bearers:
Hail to you, O Virgin,
The hope of the Christians.

We ask you to remember us,
 O our trusted advocate,
 Before our Lord Jesus Christ,
 That He may forgive us our sins.

That He may confirm all we,
His sheep, in the faith,
And lead us through His goodwill
To the end of days.

♣ Preserve our shepherd,
Abba (\_\_\_\_). He shall raise his glory
In order that he might guide his people,
With our fathers, the bishops;

Хере не ѝ Дпароенос: тиотш нинь етасвеві: жере не ѝ Дпароенос: пхи евох ите нінові.

• Χερε νε ω ∄παρθενος:
πίςπερμα ήτε Πίςραμλ:
χερε νε ω ∄παρθενος:
αρέχφο ναν ήθαμανοτηλ.

Хере не ѝ Дпароенос: теевсю иністатрофорос: хере не ѝ Дпароенос: теехпіс инізрістіанос.

Τεντεο άριπενμετι:
ώ Τπροστατής ετένεστ:
ναερέν Πος φηέταφερρωμι:
οτος αςτ ναν ώπεςξωστ.

Εθρεςταχρον δεν πιναε: ανον τηρέν δα νες ες ωσς: ντες διμωίτ ναν δεν πες τμα τ: ωα πχωκ εβολ ννίε εδος.

Нтерарег епенианесшот: авва (...) еребісі шпершот: еөрерацоні шпералос: неш ненюф йепіскопос. That He might accept our prayers
And become our refuge place,
And give rest to the souls
Of the Christians who have slept;

That He may give us boldness

Through the prayers and intercessions

Of our Lady and Queen Mary,

Until the end of time.

We glorify you, the faithful,
With the angel of praise,
Saying, "Hail to you, O full of grace,
The Lord is with you."

♣ Intercede on our behalf,
 O Lady of us all, the Theotokos
 Mary, the Mother of our Savior,
 That He may forgive us our sins.

• Итест нан потпаррнсій: Зітен нітшве нем ніпресвій: нте тенос пинв Иарій: ща пхшк евох пиіститенхій.

Τεντώον νε ώ θηετενεστ: νεω πιασσελος ήτε πίςωση: χε χερε φηεθώες ήδωστ: ο Κυρίος μετα con.

### The Doxology of Archangel Gabriel for December or Koiaek

You are truly great,
O Angel-evangel of Good News,
Among the choirs of the angels,
And the heavenly orders.

♣ O Gabriel the Evangel,
 The great among the angels,
 And the holy orders on high,
 Who carry flaming fiery swords.

Нөок отніф† ууноос: ю ністібенноссі укууюс: рен нітехіс уулеуікон: нем нітухму ууность

• Таврінх підаіменотці: инімф бен ніаттехос: ием нітатма ефотав етбосі: етдаі ба тснрці ймаг йхрюм. Daniel the prophet
Behold your honour.
You have revealed to him the Mystery
Of the Life-giving Trinity.

♣ To Zacharias the priest,

You announced the good news

Of the birth of the forerunner,

John the Baptizer.

Likewise, you evangelized the Virgin,
"Hail, O full of grace,
The Lord is with you. You shall bring forth
The Saviour of the whole world."

Intercede on our behalf,
 O holy archangel,
 Gabriel the Angel-Evangel,
 That He may forgive us our sins.

Данат тар епектаю: ихе Данінх піпрофитис: отог актамод епімтстиріон: ифтріас ирестанью.

• Οτος ζαχαρίας πιοτήβ:

νόοκ ακείωεννοται ναα:

δεν πχινωίαι ωπίπροδομός:

Ιωάννης πιρέα τωμά.

Δκειωενινοται ον ή παρθεονα: Χε χερε θηεθμέν ήδμοτ: Πός νεμε τεραμία: μπουτηρ μπικόσμος τήρα.

Дріпресветін едрін ехши:
 тіархн аттелос ефотав:
 Таврінх підаішенногці:
 тедха неннові нан евох.

# December 4 (5) / Koiak 8: Sts. Barbara and Juliana, St. Samuel the Confessor

#### The Doxology

December 21 (22) / Koiak 25: St. John Kami

December 24 (25) / Koiak 28: Nativity Preparation Day

In the Current Practice, if the Preparation Day falls on a Saturday or a Sunday, it begins on the preceding Friday and extends until the day before the Feast. The Annual or Ordinary Tune is used for this period.

#### The Doxology

Today all the creation

Beheld a great illuminating light:

The divine appearance,

Which was revealed to us.

The Incorporeal was incarnate,
And the Virgin bore Him,
After the manner of mankind,
Yet being God and man.

Bethlehem, the city of David Boasts with rejoicing, For it has received into the flesh He Who sits on the Cherubim.

♣ He Who IS, Who was,The only Creator,Who breaks the bonds of sin,Was bound in swaddling clothes.

The Virgin Mary, Joseph, and Salome Wondered greatly At what they saw.

The heavenly orders,
 Singing upon the earth,
 This holy hymn
 Proclaiming and saying,

Δινατ ετκτης εφοστ: σερλαμπιν δεν οτνιωτ νοτωινι: εθβε τνιωτ νθοώρια: ετατοτώνε ναν εβολ.

\* Χε πιατσαρχ αφδισαρχ: ασμασφ ήχε †παρθενίος: μφρη ή νοτον νίβεν: εφοι ήνοτ † εφοι ήρωμι.

> Βηθλεεμ όβακι ήΔατιδ: Μοτωοτ άμος δεη οτθεληλ: Χε αςγαι ςωματικός: δα φηετ είχεη ηιχεροτβίμ.

ΦΗΕΤϢΟΠ ΦΗΕΘΝΑΡΟΘΟΠ: οτος πιρερισματ λίματατη: ΦΗΕΤΙΘΑΝΤ ΝΌΝΑΤΟ ΝΤΕ ΦΝΟΒΙ: ατκοτλωλη Νεαντωιοι.

∄пероєнос Паріам: нем Ішснф нем Сахотин: атеру́фірі емауш: еоβе ннетатнат ершот.

Η Νίςτρατιά ήτε ηιφηρή: ετερετώπος είχεη πικαεί: ετχω ήταιετώπος εδή: ετωώ εβολ ετχώ μώος. "Glory to God in the highest,
Peace on earth
And goodwill towards men"—
For He came and saved us.

The shepherds in the field

Came and worshipped Him.

And we too worship Him,

And witness of Him,

That He came into the world,
And was born of the Virgin,
And saved our race
From the evil Devil.

• We praise Him and glorify Him, And exalt Him above all, As a Good One and a Lover of mankind. Have mercy on us according to Your great mercy. Xe orwor ይen nhetboci ሲΦተ: nem oreiphnh eizen πikaei: nem ortmat ይen nipwmi: xe ağı oroe aqcwt mmon.

Η Πιμανέςωση ετάξη τκοι: ατι ότος απόγωμη μμος: απόν εων τενόγωμη μμος: ότος ητένερμέθρε άλρος.

Χε ήθος αξί επικοσμός απμάςς εβολ δεν †παρθέονς: οτος αςσω† μπεντένος: εβολ ςα πιλιάβολος ετεωοτ.

Тенгис `єроц тенфот нац:

тенергото бісі імоф:

гис атанос отог імпаримі:

наі нан ката пекнімф інаі.

#### December 25 (26) / Koiak 29: The Feast of the Nativity

The Joyful Tune is used until the Feast of the Wedding of Cana of Galilee on January 8 (9) / Tobi 13, inclusive.

#### The First Doxology for Nativity

Our mouth is filled with joy,
And our tongue with rejoicing,
For our Lord Jesus Christ
Was born in Bethlehem.

Τοτε ρων ασμος ήραψι: οτος πενλας δεν οτθεληλ: ατμαςς δεν Βηθλεεμ Hail to the city of the Lord,
 The city of the Living,
 The dwelling of the righteous,
 Jerusalem.

Hail to you, O Bethlehem, The city of the prophets, Who have prophesied of The birth of Emmanuel.

The True Light
Has shone upon us
Today, from the virgin,
Mary, the pure Bride.

Mary gave birth to our Saviour,
The good lover of mankind,
In Bethlehem of Judea,
According to the prophetic sayings.

♣ Isaiah the Prophet, Proclaimed with a voice of joy, Saying, "she shall give birth to Emmanuel, Our Good Saviour."

Now the heavens rejoice,
And the earth is glad,
For she has born Emmanuel to us,
We, the Christian people.

\* Χερε †βακι μΠεννοτή: τπολις ν1τε νηετονδ: φμανωωπι ηνιδικεος: ετε θαι τε Ιερογςαλημ.

> Хере не ѝ Внолееи: тполіс інпіпрофнтнс: ннетатерпрофнтетін: еове інхіншісі інСиманотнл.

• Дпіотшіні йтафині:
асішаі нан ешн йфоот:
ен тпароєнос Царіаи:
тшехет йкаоарос.

Uapià acuici ùΠεηςωτήρ: πιμαιρωμι ήλταθος: δεη Βηθλεεμ ήτε ∄ιοδεα: κατα μίζωη ήτε μιπροφητής.

Hcahac πιπροφητής:
 ωω εβολ δεν οτζιμή νθέληλ:
 χε εζειμοι νθιμανοτήλ:
 Πενοωτήρ νάταθος

Ις ηιφηστι ετεστήση: νευ πκαδι θέληλ: Σε αςμιςι ναν ηθυμανοτηλ: ανον δα νιχριστίανος. Therefore, we are rich
In al perfect fits,
And in faith let us sing,
Saying, "Alleluia."

Alleluia, Alleluia:
Jesus Christ, the Son of God,
Was born in Bethlehem.

This is He to Whom the glory is due,
 With His Good Father,
 And the Holy Spirit,
 Now and forever.

• Cobe φαι τενοι ήραμαδ:

Δεν νιάταθον ετχηκ εβολ:

Δεν οτνάζ τενερψαλιν:

ενχω μίμος χε Δλλελονίλ.

Δλλελοτίλ Δλλελοτίλ: Δλλελοτίλ Δλλελοτίλ: Ιπτ Πχτ Πωμρι μΦ†: ατιιατς δει Βιθλεει.

Φαι ερε πιώοτ ερπρεπι νας:
 νεω Πεςιωτ νάταθος:
 νεω Πινπνά εθτ:
 ισχεν τνοτ νεω ωα ενέδ.

### The Second Doxology for Nativity

One of the Trinity,
Co-essential with the Father,
Beheld our humiliation,
And our bitter bondage, and,

He bowed down the heaven of heavens,
 And entered the Virgin's womb.
 He became man like us
 In all things save sin alone.

Πιοται εβολδεν Ττριας: πιομοοτείος νεω Φιωτ: εταγναν επενθεβίο: νεω τενωετβωκ ετοι εωαωί.

Дерек піфнеоті їнте піфноті: афі ебинтра їнтароєпос: аферромі йпепрнт: уатей фиові ймататф. He was born in Bethlehem
According to the prophetic sayings.
He rescued and saved us,
We are His people.

 ♣ He did not cease being divine when He came and became the Son of Man. He is the true God; He came and saved us. Ετατμάς σε Βηθλεεμ: κατα νίς μη ήτε νιπροφητής: αστοτχον αφοώ† μπον: χε ανόν πε πεφλάος.

• Εταμκην αν εμοι ήνοτ: αξι αμωνπι ήνωμρι ήρωμι: αλλα ήθου πε Φ† μπηι: αξι οτος αμού μπον.

#### The Third Doxology for Nativity

Come all, and worship
Our Lord Jesus Christ.
He was born of the Virgin,
And her virginity is sealed.

The magi came

To worship God in Bethlehem,

Where He, our Lord Jesus Christ,

Was born of the Virgin.

The heavenly orders

Gathered together

To praise God in Bethlehem.

He was born of the Virgin.

The proclaimed and said,

"Glory to God in the heist,

Peace on earth,

And goodwill towards men."

Δωωικι τηρος ήτεκοςωως: μΠεκός Ιής Πχς: φηετλομλος ήχε †πλρθεκός: εστοβ ήχε τεςπλρθεκίλ.

Φ Δὰ ἀχε κιματος: ατοτωμτ ùΦκοτ† δεκ Βηθλεεμ: φηετασμαση ἀχε †παρθεκός: ετε Πεκός Ιπζ Πχζ.

Δίςτρατια ήτε τφε: αφωστή εδοτή μεμ μονερμόν: ετεως εΦή δεή Βηθλεεμ: φηετασμάς ήχε ήπαρθεσής.

• Ετωψ εβολ ετχω μμος:
Χε οτώοτ δεν νηετδος μΦ†:
νεω οτειρηνη είχεν πικάξι:
νεω οττμά δεν νιρωμί.

The magi came from the east,
To Jerusalem, asking,
"Where is He who has been born
The King of the Jews?"

♣ For we have seenHis star in our land,And on the written witness,We came to worship Him.

Isaiah the prophet,
With his prophetic voice,
Prophesied of
The birth of Christ.

♣ The magi came and Searched for Him, asking, "Where is He who has been born, The King of the Jews?"

When Herod heard this,
He was troubled.
Fear came upon him,
And upon Jerusalem with him.

Therefore he called the magi secretly,
And send them to Bethlehem,
"You will find the Child
Who is born, in that place."

Ηππε αν ήχε εληθατος: εβολ ςλ πειεβτ είερονςλλημ: χε ληθωή φηετλυλός: πογρο ήτε μίζονλλι.

• θμεταλίε ήτε πεαςιος:
α αρεροτωικί δεκ τεκχωρα:
ερε ελκάδλι άδκοττ έρος:
αλί ήτεκοτωωτ μμος.

Η κα το μα το ματικού το μα το μα το ματικού α το ματικού α α το ματικού α το ματι

Η Πιματος ετα τι ωαρος: ατωινι εθβητη δεν οτ απολλη: αε αρθων φη ετατμαςς: ποτρο ήτε νιίοτλαι.

Εταφούτεμ ήχε Ηρώδης: αφέρεστ στος αφώθορτερ: ηεμ Ιεροταλημ τηρο ηεμαφ: στεστ αδι έχωστ.

Παιρητ αφμοττ εΝιματος:
 Νχωπ αφοτορποτ εΒηθλεεμ:
 Χε αρετενναχιμι μπιάλοτ:
 Φηετατμάς δεν πιμα έτε μματ.

The shepherds beheld
A pure birth
From an incorruptible virginity,
And they praised God.

♣ Therefore we praise Him,
 And we worship Him,
 With those who pleased Him,
 That He may have mercy on our souls.

Alleluia, Alleluia, Alleluia, Alleluia, Jesus Christ the Son of God, Was born in Bethlehem.

This is He to whom the glory is due, With His Good Father, And the Holy Spirit, Now and forever. Отпароеній натвых євох: отхіншсі ецхнк євох: нішанесшот атнат євох: атсшот єФ† ща євох.

• Сөве фаі тенгос ероц: тенотомт епомо гароц: еове инетатранац: итецеротнаі нем ненфтхн.

Δλληλοτίὰ Δλληλοτίὰ: Δλληλοτίὰ Δλληλοτίὰ: Ιπτ Πχτ Πωμρι μΦ†: ατιλατ δει Βηθλεεμ.

• Φαι ερε νιώοτ ερπρεππι νας: νευ Πεσιωτ νάταθος: νευ Πιπνα εθτ: ισχεν τνοτ νευ ωα ενευ.

### The Sunday Psali Adam

God the merciful,
The King of ages,
The great and compassionate,
The true One,

Sent His Word

To the true bride,

And dwelt in her womb

For our salvation.

Д Ф† пінант: потро інпієши: пініщ† інрецшенент: отог налненнос.

Βωρπ ναν ώπεςταχι: ε†ωελητ ώωμι: αςωωπι δεν τεςνεχι: εθβε πενοτχαι.

- Jesus the King of Glory,
   The overflowing font.
   Today was
   Born of the Virgin.
- ♣ Come among us, David,
   With your Psalter,
   In the city of God,
   Which is full of blessings.

Our Saviour
Knowing her virtue
Delighted to dwell
In her womb.

O our Lady, Mary,
Your praises
Are more numerous than
The sand of the sea,

- For truly
  Isaiah
  The perfect prophet
  Proclaimed,
- This is a great mystery, "Unto us a Child is born, Unto us a Son is given," The mighty Jesus Christ.

- 5 ระททธอเต อ อะหามอออกจะ
   น้ามอามา หมามา หมามา
- Δατίλ αμότ τεπμητ:

  Νεαπχωμ μψαλία:

  ετβακί ήτε φτ:

  εθμες Νετλοτία.

Спідн тар ацтшат; єщшпі йонтс: йхє пенрецсшт: фнетатсеминтс.

Хеош емашш: нхе нестфоміа: пара тінпі імпішш: й тенос Иаріа.

- Ηππε γαρ λληθως: παιρη ον ασχω ώμος: νας Ηςανας: κε προφητης όσιος.
- Φαι τε †νιω† νώφτρι:
   οτάλοτ ναν ατμισι:
   ατ† ναν νοτωτρι:
   φα πισοδνι νώφτρι.

"And the government
Will be on His shoulders
His Name will be called
The Angel of Great Council."

In truth,
Ezekiel has proclaimed
Of the Messiah,
The King of Israel,

- ♣ I saw a gate towards the East,
  Sealed with a mysterious seal.
  God is merciful.
- ♣ No man shall pass through it, But the Lord God of Israel, We praise Him with praises Befitting Him.

The kings, the Magi,
Came from the East
And worshipped Christ,
Whose Name is honoured.

In truth,
They presented their gifts,
And offered to Him
Three offerings:

ΙΗΘ Πχο πιχωρι:
πίεχοτοιλοτης:
Φηέρε τεαλρχη:
χη ειχεν νεαμοτή τηρο.

Καλως οη ασχος: ηχε Ιεζεκιηλ: εχεη Πασίας: ποτρο ΜΠισχ.

- Хоіпон аінат єотпатан: пса нішапщаі: естощ бен оттевс пійфнрі: Ф† піречнаі.
- Ипе ули ще ехоти: ерос евня йнос: тенеше настоя это отсмот: ката пенранас.

Νιοτρωοτ ήθαμματος: ατι εβολ ςα πειεβτ: ατοτωώτ μΠχς: φα πίραη ετταίμοττ.

Ζαπινα ατοτων: νιοτάεωρ ατινι: νας νεανδωρον: Τριάδικον ατταμινι.

- Frankincense for His is divine, Gold for He is the King, And Myrrh for, His life-giving death.
- ♣ Also the kings
  Of the Arabs,
  And the shepherds,
  And Sheba and the islands,

Truly offered to Him Acceptable offerings. They worshipped Him As Lord and Master.

And also we, the faithful,
Ought to be
Strong and brave
In the Name of Christ,

- That we may gather together
  To celebrate Him
  With pure hearts,
  And offer to Him
- All exaltation and praise,
   Glorification and honour
   Befitting God
   With pure tongues,

- Отліванос гос нотт:

  ней отнотв гос отро:

  ней отфал аттиніні:

  епескіниот престанбо.
- ♣ Паірн† ніотршот:
   ѝтє ніДравос:
   нєм німайєсшот:
   нєм Сава нем ніннсос.

Рнтос аўіні нац: неанДшрон етщнп: отог атотшщт ймоц: ката боіс нінв.

Сє єрносірі нап Δε он: απου δα υπίστος: πιχωρί ητευνέος: δευ φραν μπχς.

- Теноотнт етсоп: हामर भेтенеруда наср: бен отент ефотав: отое भेтеніні наср.
- Τωνος νιβεν νεω εως: νεω ελνδοζολοτίλ: μφρη ήθεο πριπτος: δεν τλςπι λπιτίλ.

He who was
Born of Mary
Was crucified
For our sins.

Make haste and save us
From our enemies,
O You who by Your death
Carried our sins.

- ♣ Let all souls give
   Reverence to Him,
   With His Holy Father,
   And say joyfully,
- ♣ O Shepherd,
  Our good Saviour,
  We praise You
  With incessant hymns.

ΦΗ ταρ ετατμάς: εβολ δεν Παριά: νθος πι Φιεταςαμς: εθβε νενάνομιά.

Xwlen Le on agotten: ebolden toparcic: siten nequor agolten: et anaparcic.

- Фтхн нівен етсоп: маротбнехшот над: нем пецішт фнёбт: ахос бен ототнод.
- **+** W піманесшот: пресіновем інкахшс: бен ванвшхн песмот: енвшс нак ас фахшс.

### The Monday Psali Adam

Ask of Me and
I will give You
The nations
For Your inheritance,

Along with all
The inhabitants of Heaven,
And all the earth
Under Your Dominion.

Дрієтін інтот: отог інтаф нак: енневнос тнрот: етеккі прономій.

Βοη νίβεη ετώου: υμότη τεν νίφηος: ολος μέκσπας: Μα αλόμας: Μ

- Truly You will

  Rule them with

  A scepter of Iron

  In the world.
- ♣ O David of the

  Ten strings, the prophet,

  The Son of Jesse

  Come to us today

To witness that,
"The Lord said to me,
You are My Son
Today I have begotten You."

Many are
The witnesses
Of Your birth
From the Virgin.

- ♣ Isaiah the prophet,

  The son of Amos,

  Witnessed concerning

  The birth saying,
- \* "Behold, the Virgin Will bear a Son, And call His Name Immanuel,

- Ус тар ахношс:

  скамоні ймошот:

  бен отувшт йвеніпі:

  бен фокотменн.
- Δατιδ πιπροφητις:
   πωμρι λίεςςε:
   φα πιμητ λαπ:
   λωοτ ωαρον μφοοτ.

Εκερμεθρε μπλιρηή: Πος λαχος ημι: ήθοκ πε Πλωμρι: ληοκ λιχφοκ μφοος.

Хеоф'ємафю: йхе метмеорт: ййхінмісі: йпароенікон.

- Нсанас піпрофитис: пімирі намос: є вве піхінмісі: адерме оре мпаірит.
- θαι τε †Παρθενίος: ùτεςμιςι νου Ψηρι: ενεμον † ερος: ε Εμμανονηλ.

Jesus the powerful, The majestic, The Great Child, King of ages."

Cyril says,
After His birth
Her virginity
Was sealed.

- ♣ The wise Luke,
   Likewise witnessed
   In the chapter
   Of his Gospel,
- Mary the Virgin
   Was betrothed
   To a righteous man
   Named Joseph.

All generations
Glorify
Mary the bride
And He Who was born of her.

You are blessed, O Christ, With Your Good Father And the Holy Spirit, The Paraclete. Ιπ̄ φμέτχορ: ἡέξονισαςτης: πινιω ἡ ἡάλον: πΟνρο ἡνιεων.

Κτριλλος πεχας: μενενία θρέςμις: εςόδι εςψοτέμ: νας τεςπαρθένια.

- + λογκάς πισοφός: αφερμέθρε μπαιρηή: δεν ήτνως: μπεψεγάσσελιον.
- Ψ Παρθενίος:
   ΘΗ ΕΤΑΥΜΠ ΝΟΜΟ:
   Νοτρωμι Νθμιι:
   Επεφραν πε Ιωσεφ.

Иітеней тенрот: сеермакапітін: птфехнт Иаріа: нем пімісі понтс.

Хиаршотт ѝ ПХ̄с: нем Пекішт н̀а̀таоос: нем піПнетма ёбт̄: йПаракхнтон. ♣ One of the Holy Trinity Was born of The virgin.

The psalmist said,
"Before the
Morningstar,
I have begotten You."

O race of Adam,
Rejoice and be happy,
With the Theotokos,
The daughter of Abraham.

Severus the great
Patriarch
Of Antioch
Likewise witnessed,

- \* "Behold, God was born Of the holy Mary; His Divinity parted not From His Humanity."
- The great and fearful
  Was seen in
  The glory of His Divinity.

• Οται πε εβολ:

δεν † Τριας εδτ:

αςμιχι μμος:

νας † Παρθενος.

• Πεχε πιετμηόδος:

δαχως μπισιότ:

ήτε εδηλτοοτί:

ληοκ διχφοκ.

Ραψι οτος θεληλ: ὰ πτενος ΝΩΔαμ: νεμ †θεοτοκος: τωερι ΝΩβρααμ.

Cετήρος πινιώς: οτος μπατριαρχής: ήτε Δτιοχία: αφερμέθρε μπαιρής.

- Τοτε ασμικι μφ†: ναε θηξος Παρία: οτος μπε τεσμεθνός†: φωρα ετεσμετρωμί.
- Тиманотна пенИот†:
  пінішт етої нгот;
  фневнат ероц:
  пот нте тециевнотт.

God in truth,
Was born and
Came into the world
Through His love for mankind.

Hail to Mary,
A holy salutation.
Hail to her who bore
God the Logos,

- The Saviour of the world,
  The Lord of everyone,
  Jesus Christ our God,
  The Son of God in truth.
- Blessed are you O Mary the Virgin, For you bore to us God the Logos.

The day of Nativity is the twenty-ninth of Koiahk And on leap years,
The twenty-Eighth.<sup>448</sup>

Your name, O Mary,
Is truly Holy,
As is He Whom you bore
To save us,

Ф† піа̀ хношс:
фнета чермісіс:
афі епікосмос:
гітен течметма іршмі.

Хере не Иаріа: бен отхере дотав: хере өнетасмісі: мФ† піхочос.

- Φωτηρ απικος μος:
  Πος απίεπτηρη:
  Ιπς Πχς πενινοτή:
  αωηρι αΦ† ααη.
- Wornal† ñθ0:
   Uapia †Παρθενίος:
   xe àpeuici nan:
   ùΦ† πιλοσος.

Μωρπ μπαιημιςι: αντ ψιτ ηχιακ: δεν Τρομπι ηκεπις: αντ ώμην η έεδουτ.

Чотав ахношс: пхе фран Шаріа: пеи фнетатиасц: ща птефсш† йиоп.

 $<sup>^{\</sup>rm 448}$  Or: The day of / The feast of Nativity / Is the twenty-fifth / Of December

- ♣ In the cityOf BethlehemThe holy cityOf His father David.
- That the prophesy
  Of Micah
  Might be fulfilled,
  Which said,

In Bethlehem
Christ will be born,
And He will shepherd
Jacob Israel.

Lead us to Your fear, Save Your people. Shepherd them, Exalt them forever.

♣ I ask You, O Christ our Master, Keep us, the Christians By Your power.

- δινα να τηροσητία: να τηροφητία: να Uιχεος: • θι τα μπος.

Χε δεη Βηθλεεμ: ατηλικό Πχζ: φηεθηλάμοη: ἡΙακοβ πισραήλ.

G'IMWIT NAN ETEKSOT: NOSEM MIEKAAOC: AMONI MMWOT: GACOT WA ENES.

# ქ † εο εροκ:

ὰ πενΝΗΒ Πχ̄̄̄̄̄̄:

ϫωκτεν ἔεν τεκχομ:

εληχριστιλού.

### The Tuesday Psali Adam

Today our Saviour, Jesus, is born to us In Bethlehem Of Judea. Άτμιχι κακ άφοστ: κοτ ωτερ Ιπζ: κέρμι δεκ Βηθλεεμ: κτε τοτ Δεά. There is great joy today,
For the Sun of Righteousness
Shone upon us,
And illuminated us.

- ♣ A Galilean appeared
  In the land of Ephratha,
  The pride of
  The house of Israel.
- David the prophet,
   With his son, Solomon,
   Rejoice today
   At His birth.

The Magi saw His star Towards the East And came And worshipped Him.

A Nazarene appeared In the land of Naphtali And all the regions Of Zebulon.

♣ Come, O Isaiah,

Behold this Virgin

Of whom you spoke

Long ago.

Вон отнішт пращі: асішаі нан йфоот: йфрн птє тиєфині: асієротшіні єрон.

- Σαλιλεος οτωμες:

  σεμ ήκαει ήθφραθα:

  ατώοτώοτ ήφητς:

  μχε να μηι ψηις της.
- Δαωιδ πιπροφητής:

  νευ Cολομών πεσωμρι:

  ετραωι ύφοοτ:

  εθβε πεσχινώς.

Статнат пецсіот: сапуші інпиаінумі: заниатос аті: атотиут йиоц.

Ζωρεος αφοτωμες: δεη π καδι η Μεφαλίω: πεω μιδίη τηρος: ητε Ζαβολομ.

Ης Αλας Αμοτ:
 Ανατ εταιΠαρθενός:
 ΘΗ ετακς αχι εθβητς:
 ις χεν οτμηψ λίχρονός.

♣ She bore todayImmanuel our God.God became man,Have mercy on us.

Arise, O Jeremiah, Come among us, Leave your sorrow And rejoice today.

As you have seen
Of Gilead
Arise and behold
The land of Bethlehem.

- ♣ All the nations were left
  In the mysteries,
  O Ezekiel,
  The seer.
- The Messiah was born
  From a sealed gate:
  The holy virgin,
  In Bethlehem.

As the supplications were raised, So were the seals, As the gate That you saw. • Фаі асшіхі йфоот:

Єшианотна пенПот†:

Фт ачерршиі:

ачеротнаі нешан.

Ієрєшас тшик: àмот тепмн† йфоот: хш йпійкагійгнт: раші бен паієгоот.

Κατα φρη† ετακναν: ητε ΣαλλααΔ: τωνκ άμον ητεκναν: πκαδι μΒηθλεεμ.

- Хаос нівен атхат: бен вамитстнріон: ше верекінх: пірецереешрін.
- Uaciac atmacq:
   δεν †πτλη εςψοτεμ:
   δοτ μΠαρθενός:
   κερηι δεν Βηθλεεμ.

Мітшве йпотогютєв: мітєвс йпотрнт: йфрнт мтптхн: етакнат єрос. Ninety-nine signs Were counted By the holy scribes Of the Church.

- Of seventy weeks,
   O young Daniel,
   You informed Israel
   For their salvation.
- The time is fulfilled,
  In time,
  For a child is born
  Of a virgin.

Rejoice today, O Adam, our father With your son Abel And all the ancients,

The elect with you:
Abraham the righteous
Isaac the sacrifice
And Jacob Israel.

♣ Tetra, the judge,
 And the strong Judah,
 Through whom the
 Great salvation came.

Ζω ψιτ ήλοσος: απδίμπι άμοπ: ήχε ηιςαδ έθη: ήπε †εκκληςία.

- Παιχρονός ασσωκ:
   δεν παιχρονός φαι:
   ειτέν παιχινωίς:
   ὴταιλλος ὑΠαρθένος.

Ραψι νακ ήφοστ: ὰ Δλαμ πενιώτ: νεμ Δβελ πεκώμρι: νεμ νιδελλοι τμροτ.

Сштп немштен тнрот: Апідині Двраам: нем Ісаак піщотщшотщі: нем Іакшв пІсран̀Я.

• Τετρα πικριστος:

κευ Ιονδας πιχωρι:

ετε πικιω ή κικοδεω:

ωωπι εβοδειτοτα.

## + Behold Samuel

The elder who anointed The just men, the prophets, And the kings.

The God of glory
Appeared to Moses,
In Median,
In a flaming fire.

Leave Median and
Come to Bethlehem
To behold
The God of glory.

# The spiritual bush Engulfed in flames Is Mary And her Only-Begotton.

# ♣ You are blessed More than all women, And your womb is blessed, For it carried God.

Take away
From our race,
Every defiled thought,
Fully of disease.

# Τππε πιδελλο: Сλμοτηλ πιρεσθωες: νιθωμι νεω νιπροφητης: νεω νικεοτρωοτ.

Φ† ήτε πώση: εταφονωμες ευώγομο: ήδρμι δεμ υαδιαμ: δεμ οτθαε ήχρωω.

Χω μυαδιαν: αμόν ψα Βηθλέεμ: είνα ντέκναν: εΦ† ντε πώον.

♣ Φτχος μβατος: εσμος δεν πιχρωμ: ετε θαι τε Uapia: νεμ πεσμονσενής.

# • Wornait ήθο: παρα μιδίομι τηρος: ὰνοτηαιτς ήτεμεχι: Έτας τα μΦt.

Μωω πιβεπ ετεωον: οτομ εθμες ήψωπι: λριώλι μμωον: εβολ ελ πεπτεπος. God appears
To many nations.
But only openly
From you.

He spoke with us Through His Son In this age with Sayings and prophesies.

♣ O Theotokos,O Mary,O Holy virgin,Saint Mary,

Today were fulfilled
The sayings of David,
For He saved the poor
From the hand of the enemy.

Oh our father Adam,
Life your voice today,
For you were exalted
By the salvation of your race.

♣ I ask you,My Lady, the Virgin,Entreat your SonTo forgive us our sins.

Чотшиг евол йхе Ф†: беи глимну йевнос: асотшиг фаі йэн†: эен отпаррисіа.

• Бен отоо прнт:

ассахі пем піпрофитнс:

бен паіснот ассахі:

пеман бен Песцинрі.

• Вшс Оеотокос: поо вші Царіа: ебт ШПароенос: †атіа Царіа.

> Χε Ά Ίχωκ μφοον: επαχι η ΔατιΔ: χε αμποσεμ ποτσηκι: σεν τχιχ πνεσχαχι.

6'ίαμη νακ άφοση: ὰ Άλαμ πενιώτ: Χε αφδία νακ: παωτ άπεκσενός.

• Дтно єро:

шатго ипефирі:

еөреухш нап євох.

#### The Wednesday Psali Batos

Come, all you, to praise
Our Lord, Jesus Christ,
The Son of God in truth,
For He was born in Bethlehem

Today there is joy in Heaven and on the earth, For Christ, the King of glory Was born in Bethlehem.

- ♣ For He is without beginning, As David the King said, "This is my beloved Son"; He was born in Bethlehem.
- \* O Master, King of the heavenly,

  "Before the Morningstar,

  I gave birth to you today,"

  He was born in Bethlehem.

Glory to God in the highest,
Peace on earth towards
Men of goodwill,
For He was born in Bethlehem.

Your compassions and mercies
Are great O merciful one.
O Christ, the long suffering,
Was born in Bethlehem.

Δωωινι τηροτ ήτενεως: ὑπενός Ιπς Πχς: ἡϢηρι ὑΦ† λληθως: Φηέτατμαςς δεν Βηθλεεμ.

Βοη οτραψεί ψωπί άφοστ: δεη τφε νέω είχεη πικαεί: εθβε Πχ̄̄̄ πΌτρο ήτε πωστ: φηέτατμαςς δεη Βηθλέεω.

- Σε ταρ ήθος πε πιδοτίτ: κατα πράχι ώποτρο Δατίδ: χε ήθοκ πε παώμρι παμενρίτ: Φηέτατμαχς δεν Βηθλέεμ.
- Δεςποτα πΟτρο ηνανιφιού: δαχως μπισιού ητε δανατοού: ανοκ ναιχφοκ: φηέτατμαςς δεν Βηέθλεεμ.

Corwor δεη ημέτδος μφή: νεω οτειρημη είχεη πικαεί: νεω οττωαή δεη ηιρωώι: Φήετατωας δεη Βθηλεεώ.

Ζεοώ ήχε ηεκμετώεης ηξα πίρεσωοτής Φήτατμας δεη Βηθλεεμ.

- ♣ Isaiah, the son of Amos,Proclaims and says,"A child is born to us."He was born in Bethlehem.
- ♣ Yours is the power and the might,In heaven and on earth,O the great and majestic.He was born in Bethlehem.

Jesus Christ, our King, Who reigns in power, Truly took flesh, and, He was born in Bethlethm.

According to Jeremiah
The righteous,
The Son of God, truly,
Was born in Bethlehem.

- ♣ Ezekiel also said,
   Of the birth of Immanuel,
   Christ, the King of Israel:
   He was born in Bethlehem.
- ♣ No one has entered by

  The gate towards the east,

  Except the One, the Lord;

  He was born in Bethlehm.

- ♣ Ηςαὶλες πωμρι ἢλωως: εσωω εβολ εσχω ὑωος: τωιςι κλιν ἢοτλλοτ: Φιὲτλταλος δεκ Βηθλεεω.
- θωκ τε †χομ νεμ πίλμαδι: δεν τφε νεμ δίχεν πίκαδι: φα πίνιω † νάμαδι: φηέτατμας δεν Βηθλεεμ.

ΙΗΞ ΠχΞ πενΟτρο:

φα †ε1χοτειά νεω †μετοτρο:
αφδιεαρχ δεν οτταχρο:
Φιὰτατμάςς δεν Βιολεεμ.

Κατα φρητ ετασχος: ναε πιθωμι Ιερεωίας: πωμρι ώΦτ άληθως: φηεταγμάςς δεν Βηθλεεω.

- \* λοιπον πεχε Ιεζεκικλ:
  εθβε πχινιμικί η Εμμανογικλ:
  Πχε πθογρο μπικρακλ:
  Φικταγμακς δεν Βιθλεεμ.
- Ипе улі ще езоти енея:
   зен ніптан йте нішанщаі:
   евна еотсаі же Дашнаі:
   фнетатиасц зен Внолеем.

Isaiah has said,
Jesus is the Mediator for
All who have come since Adam, and,
He was born in Bethlehem.

Blessed are You, O Jesus Christ, With Your Good Father, And the Holy Spirit. He was born in Bethlehem.

- This is a virginal feast,
  Inviting the heavenly
  To glorify the King of the ages:
  He was born in Bethlehem.
- ♣ Job the just said,"My God lives."Jesus Christ the Son of GodWas born in Bethlehem.

Incline Your ears to the shepherds
Who saw Your glory as
The angels glorified You
Who were born in Bethlehem.

Listen to the angels proclaiming, "Peace on Earth towards
Men of goodwill" for
He was born in Bethlehem.

Νεω ημεθημοτ ισχέη Άλλω: πεχλη ήχε Ησλήλο: Ιπό πε πιωεσίτμο: Φμέτατωλος δεη Βηθλέεω.

Ζμαρωστ Ιπζ Πζζ: νεμ Πεκιωτ ήλταθος: νεμ πιΠνετμα έθτ: Φήετατμαςς δεν Βηθλεεμ.

- Отщаі шпароєнікой:
   єтоагей йєпотраніой:
   єт†шот шпОтро йнієши:
   фнієтатмасц бен Внолеєм.
- Πεχας ήχε Ιωβ πιθωμι:

  χε ζοηδ ήχε παΝοτ†:

  Ιπζ Πχζ πωμρι ώΦ†:

  Φηὲτατμαςς δεη Βηέλεεμ.

Ρεκ πεκμαωχ ενιμανέςωση: νιλττελος επτώση: φιέτατμας δεν Βηθλεεμ.

Cωτεμ επιάσσελος: οτειρημη είχεη πικάει: ηεμ οττμάτ δεη ηιρωμί: Φήεταγμάςς δεη Βηθλέεμ.

- Arise and come among us,
   O Isaiah the great prophet,
   And explain what you have seen:
   He was born in Bethlehem.
- ♣ Only-Begotten Son of God,
   God the Lord of
   The Lady,
   Who was born in Bethlehem.

God the invisible
Was seen.
Come, let us worship Him
Who was born in Bethlehem.

Hail to Bethlehem,
A holy salutation,
For the ever-existent
Was born in Bethlehem.

- ♣ O saviour of the whole world, And all that is in it, Jesus, God of everyone, Who was born in Bethlehem.
- All glory and praise
   Befit Your Goodness,
   O our Lord, Jesus Christ,
   Who was born in Bethlehem.

- Τωνκ αίμοτ τενώμη μφοότ: ὼ Ηςαλάς φα πινιώη νέρωστ: ότωνε ννηθέτατνας έρωστ: φηθέτατωας έν Βηθάξεω.
- Τιος θεος πιμονοσένης:
  Φ† φηεζοτςιατής ετατμάςς:
  γα †προςτατής:
  φηετατμάςς δεν Βηθλεεμ.

Ф† піхтўнат ероц; бен тецфтсіс атнат ероц: ашыні маренотыўт ймоц; фнетатмасц бен Внохеем.

Хере нак ѝ Внолееи: бен отхере пнетпатікон: хе фнетофоп ісхен пенея: фнетатпасц бен Внолееи.

- Φετηρ απικός μος τηρα:

   νεω εωβ νίβεν ετε νέητα:

   Ιπε Φ† απίπτηρα:

   Φηέτατμας εν Βηθλεεμ.

#### The Thursday Psali Batos

God spoke with Moses
From within the bush.
The fire engulfed it,
And its branches were not burnt.

He sent His mercy and word: The flower bearing fruit, In your womb for our sake In a great mystery.

- He was born on this day
   From our Lady, Mary.
   He became man, and the forgiveness of our sins,
   For our salvation
- Davis the Psalmist, Come praise Him among us, He Who became a mediator for us With His Good Father.

The daughters of Tyre,
And Sheba and Arabia,
And the kings of Tarshish,
They presented Him with gifts.

The steadfast life-giver,
The Giver of good things,
Appeared in the land of Naphtali
And the region of Zebulun

ΑΦ† χαχι νεμ υωτόμο: εβολδεν θμη† μπιβατος: ερε πιχρωμ μος νόητη: οτλε μπροτρωκς νας νεακλαλος.

Βωρπ απεσιλί νεω πεσιλί: ε†ερηρι θη ετλοφιρι: λαμωπι εθβητεν δεν τεονέχι: δεν ογωγοτηριον νώφηρι.

- Тенневіс бен паїєвоот фаі: «Вохбен тенос іннв Царіа: аферршші евве пенотхаі: «пхш євох іненаноша.
- Даші зар пії єрофайтно: амот птеншні птенешо: ефнетацшипі ммесітно: нагрен Пецішт пазавос.

Ετιπι πας πεαπδωροπ: πας πιωςρι πτς Ττρος: πεω Cabe πεω πιδραβος: πεω πιοτρωότ πτς Θαρςος.

- ♣ Isaiah speaks with
  A loud voice saying,
  "A child is born to us,
  A merciful Son is given.
- ♣ God the strong ruler,

  The government will be

  On his shoulders.

  He is the Master"

Ezekiel also said,
"I saw a door, sealed
With a mysterious seal.
The Son of the Holy entered it.

The Lord Jesus Christ,
Alone entered it.
He came out,
And her virginity is sealed."

- The Logos of God, our Father,
   The sanctuary of safety for the faithful.
   One in His Person,
   Our Saviour from affictions.
- Micah also said,
   "You, O Bethlehem of Judea,
   The Land of Ephrathah,
   Are not the least in Jerusalem.

- Η Η Καὶλας φωνικ μεταλοτ:
   αε ατμικι ναν λοτάλοτ:
   οτος ατ† κοτωμρι
- Θεος πιΝαήτ ήχωρι:

  ονος πίεζοντιαςτης:

  τεφάρχη είχεν τεφναβί:

  κε παλιν πιλεςπότης.

Ιεζεκιήλ ασχός δε όη: αιναν εόντην εςτόβ: δεν όντεβς θαν μαςτόν: θσωε εδόνν ερός: ναε πώηρι μφηθούναβ.

Ктрюс Інс Пхс: йпе улі ще еботи ерос: евнх йөод отог адхас: есщотей йпесрн† кахос.

- Άοτος τον ο Πετρος:
   πιοναι δεν πεσπροσοπον:
   ελανακωεν δεν νιπιρασμος.
- Ψ Uιχεος παλικ ασχος:
   χε κιω κου εωι ω Βηθλεεω:
   πκαδι κθραθα κεω Ιοτλεά:
   κου ογκοτχι ακ δεκ Ιερογολληω.

Out of you shall come
A ruler,
Who will Shepherd Israel,
My people in truth."

Truly the angel
Revealed the mystery,
Saying likewise,
"Unto you today is born

- A Saviour in Bethlehem, Who is the King of glory. Go quickly and You will find him there."
- They immediately came to Him,
   And worshipped Him,
   The child in a manger,
   Wrapped in swaddling cloths

Incline your ears to me,
Listen to the words of Matthew,
Regarding the birth of the merciful,
Of Jesus Christ.

Indeed, he said,
In his Gospel,
"Our Lord Jesus was born.
He became Man to save us."

ΝՖΗ† εφι ταρ εβολ: ναε οτεμτοτμένος: φήεθναα Ιμονι μπίςραμλ: παλας νάληθινος.

Ζαπινα νιάττελος: αφοτώνε ύπιματετηριον: ύπαιρη τ εφχω ύμος: χε ατμικί νωτεν ύφοοτ.

- Οτ Сωτηρ δε ο Βηθλεεμ:

  ετ φαι πε πΟτρο ότε πώοτ: μαψενωτεν

  δε όχωλεμ:

  ερετεν εχιμι μματ.
- Ταίλοτ εσχη δεν οτόνες: οτος δεν ελντωίς ετκοτλωλς: κατότοτ ατι ελρός: απί εδρηι ατότωωτ μπος.

Πικι ήνετεμηλώχ εροι: cωτεμ παλχι μθλτθεος: εθβε πχινμικι μπιρεηλι: ετε ήθος πε Ιπζ Πχζ.

Ce οντως παιρη πεχας: δεν πεσέτασσελιον: πενός Ιπς φηέτασμαςς: ασέρρωμι ωα ντεσέω μπον.

- Then came the kings, the magi,
  From the East
  To Jerusalem saying,
  "O holy honoured city,
- ♣ Where is the One born The King of the Jews? For we say His star In the East."

The is He who was born,
The Saviour of the world.
We praise Him and exalt Him,
With the choir of the angels.

Make haste, O believers, To worship Jesus Christ, Who was born in the flesh From the pure Virgin.

- ♣ O Saviour of the world,

  Save us and have mercy on us.

  Save us from all our afflictions,

  And grant us salvation.
- ♣ O Our Lord, Jesus Christ the merciful,
  Grant us the light that overcomes
  Darkness through the prayers of the bride.
  Yours is the glory. Amen.

- Доте ніотршот інниктос:
   кті євох са пеієвт:
   єверотсахни стиш іннос:
   †Вакі єбт єттаютт.
- \* Τπο τα τι αφθων πεδιον νοτρο ντε νιΙοτδαι: Σε αννατ ταρ επεφείοτ: τα πτε νιμανώδι.

Фаі пе еовитен атмісі ймод: же йоод пе пСштир йпікосмос: тенешс над тенбісі ймод: нем пхорос йте ніаччелос.

Хюхей ймютен ѝ ніпістос: нтенотюют нІнс Пхс: фнетатиасц сюйатікос: бен өнеттотвнотт йпарөєнос.

- **Ф**штнр йпікосмос тнра: сшт ймон отог наі нан: ашт йпенгохгех тнра: отог пекотхаї мніа нан.
- W πενός Ιπζ Πχζ πινητ:
   †ναν ωπιονωινι νάτκακιν:
   ειτέν νι το ν τωέλητ:
   πιώον νακ νέμας άμην.

#### The Friday Psali Batos

O come all, to praise
Our Lord Jesus Christ,
The Son of God in Truth,
Who was born in Bethlehem.

Today there is joy, Rejoicing, and glorification, For Christ, the King of glory, Was born in Bethlehem.

- He is the lover of mankind,
   The Great God, incarnate
   To save mankind.
   He was born in Bethlehem.
- Truly David the Psalmist
  Spoke, beginning:
  "You are my beloved Son"
  Who was born in Bethlehem.

From sunset to sunrise we give honour,
For two became One:
Divinity and Humanity, in He
Who was born in Bethlehem.

The angels with six wings
Praise the Good God
With His Son, Jesus Christ,
Who was born in Bethlehem.

Δωωινι τηρος ήτενεως: ὑπενός Ιπς Πχς: ἡωμρι ὑΦ† λληθως: Φηέτατμαςς δεν Βηθλεεμ.

Βοη οτοτησή αφωπι άφοστ: δεη οτραψι ηξω οτώστ: εθβε Πχ̄σ̄ ποτρο ήτε πώστ: φηέτατμας δεη Βηθλέεμ.

- Σε ταρ ήθος πε πιμαιρωμι: οτηίω † ήμοτ † αςερρωμι: ωα ήτες τωας φεή Βηθλέεω.
- Δικεος πεχε Δατίλ: πιεγμανοδος δεν πιεοτίτ: χε νθοκ πε παψηρί παμενρίτ: φηέταγμας δεν Βηθλεεμ.

Ερε πταίο ήτε παίωαι:
ισχεν πεμείτ σα νιμαήωαι:
χε πίσναν αφεροναί:
τμενθνοντ νεω τμετρωμί:
φήετανμαση δεν Βηθλέεμ.

Coor ήτεης ήλττελος: εγεως εΦ† ηίλτλθος: ηεμ πεσωμρι Ιπζ Πχζς: Φήετλγμλςς δεη Βηέλεεμ.

- ♣ Ezekiel said, no one entered
   The gate towards
   The east save He
   Who was born in Bethlehem.
- ♣ O, Isaiah, come today;

  Proclaim aloud,

  Explain the wonders you have seen,

  Concerning the birth of Christ.

He said, behold a Virgin Shall conceive without marriage And bear an eternal Son, Which is Immanuel.

Jesus Christ, God with us, Who saved us by His name, And granted us salvation, Was born in Bethlehem.

- ♣ Luke the Apostle,Spoke of the comingOf the Magi,Who presented Him gifts.
- Behold, the Magi presented
   Myrrh, gold, and frankincense
   To God the Logos,
   Who was born in Bethlehem.

- Ζακιηλ ασχος δεή φαι:
   χε οππλη ήςα ημαλήψαι:
   μπεσςιηί ήδητο ήχε οπαι:
   εβηλ εΠος Φ† ήτε ηιχωμ.
- Hcahac amor mooor:
   ωω εβολ δεν πεκδρωστ:
   οτωνδ ήνικου ετακνας ερωστ:
   εθβε πχινμικίς μπχς.

Ол те пехац хе †нароенос: есеервокі абне тамос: есемісі нотщнрі наржеос: ете фаі пе Емманотна.

Ιπό Πχό Φ† νεμάν: Φηθταμαδώεν δεν πεμράν: εθβε πόω† αμερδώστ ναν: Φηθταγμάς δεν Βηθλέεω.

- Κατα φρη ετασχος:
  ήχε Πατθέος πίλπος τολος:
  εθβε πχιὴι ἡνιματος:
  αγινι νας ἡγανδωρον.
- Λοιπον ατινι ηνιματος:
   οτώαλ νεπ οτνοτβ νεπ οτλιβανος:
   ψηέπατμας δεν Βρολεεπ.

Let us praise with the angels,
Saying, "glory to God in the highest.
Pease one earth towards
Men of goodwill."

The shepherds beheld His glory, And return glorifying Jesus Christ, the King of glory, Who was born in Bethlehem.

- ♣ In ninety-nine verses,
   Daniel said that,
   The Messiah will come and be
   Born in Bethlehem.
- ♣ He is the Logos of the Father,
   The true and faithful Son,
   Born of the Father
   Before all ages.

The head of the ages, Who appeared in Zion, Even to save us, By his holy Parousia.

Incline your ear to the shepherds, Who saw the angels Praising and glorifying He Who was born in Bethlehem. Աαρεήδως ήτα πιαττέλος: Σε ότωστ δεή ημετδοςί μΦ†: πεω ότειρητη είχεη πικαδί: πεω όττμα† δεή ηιρωμί: Φήτατμαςς δεή Βηθλέεω.

Μιμανές ωστ ατικτ πες ώστ: ατκοτοτ πε νθωστ θτ ψοτ: Ιπς Ππς ποτρο ντε πώστ: Φιέτατμας με Βιέλεεμ.

- \* Ζοψιτ ερ πε πινομοθέτης:
  Δανιήλ ασχε μμός:
  ἀναί ναε Uaciac:
  Φηέτατμαςς δεν Βηθλεεμ.
- Οτος ήθος πε πιλοσος ήτε Φιωτ: νεω ήωμρι ώωμι ετενεότ: πιωιςι εβολδεν Φιωτ: δαχωος ήνιεων τηρος.

Πλιρχων ήτε νίεων: ετληστώνε δεν Сιών: ωλ ήτε ηλεμέν λνον εων: ειτεν τε ηπλρογείλ εστ.

Ρεκ πεμάχα ενιμανές ωστ: οτος νη ετατνατ ερωστ: νιαττέλος σερως σε τωστ: Φη ετατμάς σεν Βηθλεεμ.

- Listen to the explanation:
   Mary bore a child,
   And her virginity remains sealed,
   By a mysterious working.
- ♣ We magnify you with Gabriel
   The Angel saying,
   Hail to you, O Virgin,
   Mary the daughter of Joachim.

The Son of God came to us
With compassion and manifested
His face to us to save us
According to His great mercy.

O You who sits in Heaven, Remember us in your mercy. Forgive us our sins, Which we have committed.

- Hail to Bethlehem,
   The spiritual house.
   The town of King David,
   Who was born in Bethlehem.
- ♣ O saviour of the whole world,
  And all that is in it,
  Your great birth into it
  Was in nine months.

- Cωτεμ ετερμενίλ:

  χε ογλλογ αγμας ήνχε Uapià:
  εςτοβ ήνχε τεςπαρθενίλ:
  δεν ογεωβ μπαραλοζον.
- Τενερμακαριζιν μωο:
   νεω Σαβρικλ νιασσελος:
   σε χερε νε ὼ †παρθενος:
   Παριά τωερι λίωλκιω.

Тюс Өеос аді фарон: отог адфенент барон: адотшне йпедго ѐгрні е́хшн: отог еденаі нан ката педніф† нінаі.

ΦΗΕΤΣΕΜΟΙ ΣΙΧΕΝ ΝΙΦΗΟΥΊ: ΔΕΝ ΠΕΚΝΑΙ ΑΡΙΠΕΝΜΕΥΊ: ΟΥΟΣ Χω ΈΒΟΧ ΉΝΕΝΝΟΒΙ: ΝΗΈΤΑΝΑΙΤΟΥ ΙΟΧΕΝ ΣΗ.

- \* Χερε Βηθλεεμ Σε οη:

  πι ηι ώπεητματικοη:

  πι†μι ώποτρο ΣατιΣ:

  φηέτατμαςς δεη Βηθλεεμ.

All glory and all praises,
Truly befit
Your heavenly Name,
O Our Saviour, Jesus Christ.

After nine months,
The Beloved was born,
As King David had said
In the Psalms.

- Blessed is your fruit,
   O holy Virgin,
   Mary the mother of the Logos,
   The Queen of all women.
- ♣ In the Name of the One born,
   All the orders on high
   Praise the exalted Name,
   And glorify Him in the highest.

Praise Him and glory Him, And greatly exalt Him, For there is no God but He, In heaven and upon the earth.

For He is our God in truth,
The Logos of the Good Father,
With the Spirit, the Paraclete,
The Trinity, One in Essence.

Мот нівен нем отхінгюс: текран йуольчнос: пенсютнь Інс ПХС

Μωρπ ήλβοτ άμας ψιτ: ήχιημικι άπιμεηριτ: κατα ήκαχι άποτρο Δανίδ: δεη πιψαλτηρίοη.

- Чсиаршотт йхе пекарпос:
   Шарій биат єпіхотос:
   фотры йнівіомі тирот.
- ♣ Бен фран шпіхіншісі: ере нітатиа ете п б'ісі: етешс ефран шфнетбосі: етфют бен ннетбосі.

Swc epoq uawot naq: apisoto 6'ici ùmoq: se ùmon ke nottebha epoq: sen the new sixen tikasi.

Χε ήθος πε πεννότ λληθως: πιλοτος ήτε Φ† πιλτλθός: πιππα μπαρακλητός: † τριας ήδωοοτςίος.

- ♣ Lead us to salvation,
  For You are the One God,
  You are the pure and faithful one;
  You alone are exalted.
- ♣ I ask of Your goodness,
   Have mercy on my weakness,
   O Our Saviour, Jesus Christ,
   Who was born in Bethlehem.

- **4** 6 μωιτ δαχων ω πιμανφωτ: νθοκ πε πινογή νογωτ: νθοκ πε πιθωμι ετενδοτ: νθοκ ωμαγατκ ετδοςι.

### The Saturday Psali Batos

Come all you to worship
Our Lord Jesus Christ,
Who was born of the Virgin,
And her virginity is sealed.

Today there is joy,
In heaven and on earth,
For the Virgin bore God,
And her virginity is sealed.

- The Magi came

  To Bethlehem and worshipped

  The One born of the virgin,

  And her virginity is sealed.
- The heavenly hosts
   Assembled together
   To praise in Bethlehem,
   God, who was born of the Virgin.

Дишіні тнрот інтенотшут: йПенос Інс Пхс: фнетатиасц інхе †пароєнос: єстов інхе теспароєніа.

Βοη οτραφί φωπί άφοστ: δεη τφε νεω δίχεη πικαδί: χε ά παρθενός μιςι άΦ†: εςτοβ ήχε τεςπαρθενίά.

- Σε ταρ ατι τίχε ελπίλτος:
   ατοτωώτ μΦ† δεπ Βηθλεεμ:
   φηέτατμας μχε †παρθεπος:
   εςτοβ τίχε τεςπαρθεπία.
- Δίστρατιά ήτε τφε:
  ατθωστ εδοτή πεμ ποτερμότ:
  ετεως εΦ τ δεή Βηθλεεμ:
  φηέτατμας ήχε τπαρθέπος.

They cried out and said,
"glory to God in the highest
Peace on earth
And goodwill towards man."

The angelic voice,

Spoke to the shepherds, saying,

"Unto you is born today,

A saviour in Bethlehem."

- The Magi came from the East
  To Jerusalem asking,
  "Where is He who has been born
  The King of the Jews?
- ♣ The splendor of His star Appeared in our land, As was prophesied afore, We came to worship Him."

Make haste O you people, To worship God the Logos, Who was born of the Virgin, And saved our race.

As it was prophesied,
By Micah the prophet,
"Out of you will come a ruler,
From the city of Bethlehem."

ETWW EBOX ETXW MMOC: XE OTWOT DEN NHETFOCI MT: NEM OTSIPHNH SIXEN TIKASI: NEM OTTMAT DEN NIPWMI.

Ζωτεμ επιδρωοτ ήτε ηιαττελος: ετατςαχι ηεμ ηιμαήεςωστ: χε ατμιςι ηωτεή μφοστ: ήσοςωτηρ δεη Βηθλεεμ.

- Ηππε ατι τίχε κιμάτος: εβολ ςα πειεβτ είλην: χε αφοών φιετατναμάςς: ποτρο ττε κιίοτδια.
- θμεταλί ήτε πεσσίος: ασεροτωίνι δεν τενχωρά: ερε ελνάδαι ζάδηστ ερος: αλί ήτενοτωωτ μμος.

Ιως τεηθημος ω μιλλος: ητεμογωμτ μΦ† ηλοσος: φηέτατμας ηχε †παρθεμος: οτος αγεω† μπεησεμος.

Κατα φρητ ετασχος: ναε Uιχεος πιπροφητής: εσεί ναε οτεοτοτμένος: εβολέεν Βηθλέεν Τβακι.

- The prophetic voices
   Were fulfilled,
   Which prophesied
   Of the birth of Christ.
- ♣ Let us honour His greatness,
  With the orders on high,
  And cry out joyfully,
  "Glory to God in the highest."

The Magi came to,
Diligently seeking Him,
Asking, "where is His who has been born
The King of the Jews?"

In the very hour
Herod heard this,
He was fearful and disturbed,
And all of Jerusalem with him.

- ♣ Fear fell upon the king's heart, And upon all those with him, Of the birth of our Saviour And our King, Jesus Christ.
- He secretly called the Magi, And sent them to Bethlehem, saying, "Find the child Who is born in that place."

- \* λοιπον ας αταωκ εβολ:

  νας νίς μη μπροφητικον:

  νης τα τερπροφητικον:

  νης τα τερπροφητετίν:

  εθβε παινωικία μπας.
- Uapentwor ntequentnint:

  νεω νιτατμα nte πδιςι:

  ντος nwy ebol δεν οτθεληλ:

  σε οτώοτ δεν νηετδοςις μΦτ.

Μιμασος εταγι ψαρος:

νατωινι νάμτς δεν ογέπολη:

нε αςθων φηεταγναμαςς:

πογρο ήτε νιΙογλαι.

Ζαπινα δεν τοτνοτ: εταφοωτεμ ήχε Η ρωλμο: αφερεοτ οτος αφώθορτεπ: νεμ Ιχήπ τηρο νεμαφ.

- Отгот асі єхен потро: нем ин тнрот евнемац: евве пхінмісі мпесфр: пенотро Інс Пус.
- Παιρη τα αμοτ τ επιματος ήχωπ:
   αφοτορποτ ε Βηθλεεμ:
   αε ερετεπηαχιμι μπιάλοτ:
   Φήετατμας σε η πίμα ετε μματ.

The lips of the Evangelist,
Matthew the Apostle,
Witnessed to these words
About the birth of our Saviour.

Hear also the prophecy Of David the Psalmist, "He will live and be given Gold from Arabia."

- The prophecy of Isaiah
  Informs us of
  The birth of our Saviour,
  Saying,
- \* "Behold a virgin will be with child, And will bring forth a son, And they will call His name Immanuel, Which is, being interpreted, 'God with us."

This is the Lord of lords, And the King of kings; The Virgin bore Him In Bethlehem of Judea.

Hail to you, O Virgin,
The cherubic throne,
Which carried
The Ancient of days.

Ρως μπιετασσελιστής: Πατθέος πιλποςτολός: ὰθος αφέρμεθρε εναισαχί: δεν πχινιμικί μπενισώδ.

Сωτεμ εως ε†προφητιά: νεμ πιετμνοδος Δαωιδ: Σε εγεωνε εγε† νας: δεν πινογβ ντε † Δραβιά.

- ♣ ∄іпрофитій йтє Н сайас:
   †иатамштєй єрос:
   єове йхіншісі йпейсюр:
   йпаіри† єдхш ймос.
- \* Υππε ις †παρθενίος:

  ναεβοκί ότος ντεσμίεις νοτώμρι:

  ετεμοτ† επετράν σε Εμμανότης:

  ετε φαι πε Φ† νεμάν.

Φαι πε Πος ήτε ηιος: οτος ποτρο ήτε ηιοτρωότ: αςμιςι μμος ήχε †παρθείος: δεη Βηθλεεμ ήτε †Ιοτλεά.

Χερε ηε ω †παρθεήος: πεαρμα ηξεροτβιμτκοη: θη τα πάλλη ερος: η κε πίλπας η τε η ι εερος.

- ♣ Your virginity is great,
   You are radiant,
   The One incarnate of you
   Saved our souls.
- Blessed are you, in truth,
   O Mother of the True Light.
   You are the blessed root,
   Which blossomed and brought fruit.

We bless you forever,
For you gave birth to the King,
Who saved our race
From our evil enemies.

Blessed is your Fruit,
O true vine,
He who was incarnate of you
Is the True God.

- With the blessing we bless you.
   We joyfully celebrate
   With the orders on high,
   For Immanuel is born to us.
- There is mercy from the Son

  For those who keep His commandments.

  May he make us worthy,

  And forgive us our sins.

- Фалін те таппароєній: асеротшіні ємащи: фнетацбісару евол йонт: ацногем евол йнефтун.
- Wornià† ท้อง ฮัยท งานยอนหา:
  พั อันฉา นิทเจาพเทเ นินหา:
  ท้อง пе †ทจาทเ єтсиаршотт:
  อหัєтас ритос †карпос.

Ψα ενιές τενισώς ερο: Σε άρεμιοι μποτρο: οτος αστοτχο μπενισένος: εβολδεν νενιχάχι ετεώοτ.

Υσωαροντ ήχε πεκαρπος: ὑ †βω ἠλλολι ήτα ψωμι: ψμεταςδισαρχ εβολ ἠՖμ†: ἡθος ταρ πε Φ† Ώωμι.

- Þεη οτάμοτ τενάμοτ εροκ:

  νεμ νιτασμα ντε πδια:

  ντενερωμι δεν οτθέληλ:

  χε αφμια ναν νθαμανοτηλ.
- διαλ ήτε πωμρι ερογαλι:

  αεμ αμετάρες επεσεατολμ:

  οτος ήτεπερπεμπωλ:

  μπιχω εβολ ήτε μεακοβι.

O Christ, Our Master,
Perfect Your love in mankind,
Guide us and make us steadfast
In Your Orthodox faith.

Accept our prayers unto you Yourself, The prayers of us, the unworthy, Through the supplications of our lady, Mary the Theotokos.

I ask you,
 Through the prayers of my fathers and brethren,
 Forgive me, the sinner,
 For I cannot speak.

Хшк евох ѝ пенинв Пхс: птекиетамарши неман: пишт нан огог матахрон: бен пекнаг † етсоттим.

6'ι нак ѝнентωве ѝτοτεн: àнон ঠα нιατεμπώα: ειτεн ні†εο ѝτεнός τηρεн: Uapià †θεοτοκος.

• # #†го†тшве ишштен:

маю † неш насинот ѝ нашепра †:

хш ині євох за пірецернові:

хе аітшит зен піпехатос.

December 26 (27) / Koiak 30: The Second Day of the Feast of the Nativity

See the Feast of the Nativity on the preceding day.

December 27 (28) / Tobi 1: St. Stephen Day
The Doxology

December 30 (31) / Tobi 4: St. John the Evangelist
The Doxology

# January or Twbi

## January 1 (2) / Tobi 1: The Feast of the Circumcision

## The Doxology

| +        | +        |
|----------|----------|
| +        | +        |
| +        | <b>+</b> |
| <b>+</b> | +        |
| +        | <b>+</b> |
| <b>+</b> | <b>+</b> |

+ +

+

+ +

#### The Psali Adam

Offer to the Lord

Aniori μΠος:

Glory and honour;

Norwor new οτταίο:

Anioii μΠος:

Victorious praise.

Nεανεγωνος μπιδρο.

Send up to Him

Silent lambs

New songs

And blood offerings at all times.

Bωρπ Νας επίχων λωμηνι:

Νεω ελναν μβερι:

Νεω ελναν μβερι:

Νεω ελναντιλ κατζονος.

- From nothing.

  He purified us and taught us

  The ways of Heaven.
- David says truly says
   At all times,
   Blessed are those who dwell
   In Your house.

- Σε ταρ αφθαμίοη:

  οτος απόν απ πε:

  αφτοτβον αφτοάβον:

  κιμωωιτ ντε τφε.

I will enter
The altar of God
At all times
And offer oblations.

It is truly wondrous,
Christ, the lover of mankind,
Accepted circumcision
As a man.

- ♣ Saint Luke

  Spoke of this,

  Of the Messiah,

  And wrote saying,
- When the week was fulfilled His Name as called Jesus according to The angelic proclamation.

When Josesph, Salome And His mother Mary Completed the Forty days,

They went again
To the house of prayer
To offer
The elect offerings.

Сієї єдоти: ща піманерщотщі: нте Фнот† ден отмоти: єїєщшт ганщшотщшотщі.

Zє онтше бен отффирі: à ПХС пімаіршмі: фшт єроч йпісеві: йфрит інпршмі.

- Нппе чар Лочкас:
   ачсахі бен фаі:
   еове Иасіас:
   очог ачсбаі.
- + θεβλωμας εταςκην:

  ατμοτή ερος:

  κατα πεαραν:

  κατα πεαχι μπιαςςελος.

Ιωσεφ κεμ Caλωμη: κεμ Uapia τεσματ: εταγχωκ μπίξμε: κελοογετε μματ.

Ке пахін атфенфот: ейні й†йросетхн: еврочіні ехфот: йгансфтп йетхн.

- There they found
   Simeon the priest,
   Standing and offering
   His priestly service.
- ♣ He did not hesitate,
   But boldly
   Took Him in his arms
   And carried Him.

And He said, "Now O Lord
You are letting Your servant depart,
For you have kept me
To see Yourself."

And then Anna,
The prophetess,
The meek woman,
Came and confessed.

- ♣ She spoke of Him,

  Before all,

  For everyone awaited

  Him at all times.
- Our Master, the lover of mankind,
   Christ our King,
   Accepted circumcision
   To fulfill the Law.

- Хюпон тар атхімі: ѝСімшн пютнв: есіогі ерате еешемші: бен тесметотнв.
- Η υπεσερλωελικο:
  Αλλα ασή ώπεσονοι:
  ασολο δεν ονικο:
  εχεν νεσέφοι.

Νασχος χε Παδοις: †Νοτ χναχα πεκβοκ: χε νθοκ πε ετακρωις: εροι εθρινατ εροκ.

Запіна асі: ихє Дина †профитис: †семиє йселмі: асеромохотітис.

Rejoice and be glad, O you sons of men, For Immanuel Has born our sins.

Truly, He has established us
In His Incarnation,
And brought to an end our lowliness
By His circumcision.

- There for He taught us,
   The ways of salvation,
   And He has saved us
   According to His great mercy.
- He is in truth
   The Son of God.
   And Saint Mary
   Gave birth to Him.

He who is carried By the invisible hosts, Was carried by Simeon the Priest.

You are Holy O Christ,
In your precepts,
And Your power and wisdom
Is without limit.

Ραψι οτος θεληλ: ὰ πτενος ηνιρωμι: Σε Εμμανοτηλ: ασιάλι ηνεννοβι.

Се онтшс астажро: йпесжинеррши: астик йпеноевіо: йбрні бен пессеві.

- Τοτε αγτααβοή:
  εελημωίτ ήτε πιοτχαί:
  οτοε αφω† μμοή:
  κατα πεφηίω† ήναι.
- Тюс Өеөс йөөч:

  Бен оталный:

  асшеі шиоч:

  йхе өнеөотав Царіа.

Χοταβ ὼ Πχ̄̄̄̄̄̄̄̄̄̄ ் δεν τεκοικονομίλ: οτατὼ†ωι ερος: τε τεκχωμ νεμ τεκςοφια.

- ♣ Heal the sicknesses
   Of Your people,
   And remember, O Lord,
   Those who have departed.
- Likewise, I Your Servant,
   I the sinner,
   I entreat You
   To forgive me my sins.

- Фені шпеклаос: шаталбо инотушні: неш инетатенкот Пос: аріпотшейі.
- + Осаттос пеквок:

  \[
  \frac{1}{2} + \frac{1}{2} \text{Cattoc пеквок:}
  \]

  \[
  \frac{1}{2} + \frac{1}{2} \text{Cattoc пеквок:}
  \]

  \[
  \frac{1}{2} + \frac{1}{2} \text{Cattoc nekbok:}
  \]

#### The Psali Batos

Offer to the Lord,
O blessed sons of God,
Offer to the Lord
Lambs and fat calves.

Send up to Him the honour,
And the glory of His holy Name.
Serve God righteously,
And worship Him in the courts of His holiness.

♣ The oblations are offered to Him, Come into His holy courts, And raise on His altar The calves and lambs. Δ νιοτ μΠος ννιωμρι: ντε Φνοτ τετομαρωστ: ανιοτ μΠος νεανωίλι: νεμ εανμαοί εγκενιώσττ.

Βωρπ νας επώωι ώπιταίο: νεω οτώοτ ώπες μαν εθοταβ: άριβωκ ώΠος δεν οτόβω: οτος οτωώτ δεν νεςατλήοτ εθοταβ.

♣ Уе тар етда над налишотшшотши: нашенштен еботн енедатанот ебт: ин епшш ехен педалиершшотши: наливарніт нем гангинв. ♣ David, the hymnist of truth,
Proclaims with great care,
"I was glad when they said to me,
Let us enter the house of the Lord."

Come into
The Altar of God,
With good praises,
With the bloodless Oblations.

For truly the Master of the Law,
The creator of Adam,
Came under the Law,
When He was born of Mary.

- When eight days were fulfilled, After His mysterious birth, He fulfilled the Law, Entering the house of circumcision.
- The Only-Begotten God,
   The Lord of hosts,
   Took our form in all things,
   Save sin alone.

And He was called Jesus Christ, According to the angelic saying, Before He emptied Himself and Entered the womb of the Virgin. \* Δατίδ πιετώποδος μώμι:

εσάχος δεν οτνιώ ή νώρωις:

αε αιτνος έχεν νη έτατας νη ικτατάς το και μπος

αε τενναψέναν έπη μπος

Сієї єдоти ща: піманерушотуї нте Фиот†: деи наинтинос єнанет: неи ганотсіа натсносі.

Ze онтшос петсемне номос: фнетацоаміо нДДам: ацшшпі за піномос: етасмасц йже Царіам.

- Ψωμη νέεδοση εταγμός εβολ: μενεκά πεσχινωία νώφηρι: ασχωκ μπινομός εβολ: ασως εδότη επι μπισεβι.
- Θεος πιοται άματατς:
  αὰινι άμον δεν εωβ νιβεν:
  ωατεν φνοβι άματατς:
  νιθος πε Πος ντε νομ† νιβεν.

IHC Πχζ ατμοτ† ερος: ἀπατοτερβοκι ἀμος: ἄεν θνεχι ὰπαρθενος. When she completed her days,
According to the Law of Moses,
She made haste and washed
And was purified.

- And with a meek spirit,
  She went to Jerusalem
  To fulfil in humility
  That which was written.
- And after that, Simeon, Having carried Him in his arms, Opened his mouth And blessed the Lord of the ages,

"Now, O my Master, You will let Your servant depart in peace According to Your word: For My eyes have seen Your salvation."

And Anna the prophetess, The daughter of Phanuel Came with rejoicing, And confessed,

The glory and the honour are due to You,
O You who are meek in Your power,
The Lord, the Creator
The Ancient one at His right hand.

Ke hadin on Den otihc: atxwk`ebod nxe notesoot: kata mnouoc ulwtchc: atxwkeu otos attotbwot.

- \* λοιπον δεν οτηνετώ εςτεννηστ: ατώενωστ ον είεροταλημ: είρι μφηετάδηστ: ερε νοτεητ 10 νατκίω.
- Иепенса на адши шиод: ехен недхіхі нхе Сішши: штаірн тадотши нршд: афсиот еФнот типісши.

Νβαλ ατηατ επεκηόδεω: † ηστ Παημβ χηχα πεκβωκ: δεη στειρημι ηχωλεω: κατα ήςαχι ήτε ρωκ.

Ζαπινα δεν οτθεληλ: αὰι να τηροφητής: Δηνα τωερι μΦανοτήλ: οτος αςερομολοτίτης.

Οτὼοτ κακ κεω οτταίο:
 ὼ παιπλοτς δεκ τεσοτεία:
 Πικοτ† κρεσθαμίο:
 ὼπιρωμι κάπας δεκ τεσογικαμ.

♣ Your Name is blessed and sweet,
 On the lips of Your saints.
 We worship You with Your Father
 And the Holy Spirit.

All of you, behold,
Praise and confess Him
With the shepherds, the Wise Men,
And the angelic orders.

And with Simeon and Anna the Prophetess,
With the voice of the Father,
With John the Baptist,
And his father Zechariah.

- Therefore David rejoiced,
   With authority,
   Therefor they present,
   Rams on Your altar.
- ♣ Immanuel, the Son of God,
  Is the true Sacrifice,
  The oblation and burnt offering,
  Placed on the Altar.

He Who was raised
On the Wood of the Cross,
By His will alone,
For the purification of the world.

• Πεκραή δολχ ότος ζεμαρωόττ:

δεή ρωός γημεθόταβ ήτακ:

τεμοτωώτ μποκ ήεμ Πεκίωτ μποκ ήεμ

Πεκίωτ:

ηεμ Πίπης έθς.

Ршіс йотон нівен: етгшс ероц етермевре нац ахношс: німайєсшот нем німатос: нем пхорос йніаттехос.

Сιμοή η μα Δημά Τηροφητής: νεω τομή ητε Φίωτ: νεω Ιωάνημο πιβαπτίστης: νεω ζαχαρίας πεςίωτ.

- Тюс Оеос Емианотна:

  пе піфотффотфі дменині:

  отанафора нем отбала:

  статхасі бем піерфеі.

Φικτατενό επώωι μπος: διχεν πιώε ντε πίστατφρος: δεν πεόρτωμ μπιν μπος: εθβε πτοτβο μπικοσμός. Holy are You in truth,
Who are perfectly human,
And God in truth in
The perfection of Your wondrous divinity.

- ♣ Grant coolness and repose
   To all of Your people,
   In the bosoms of the patriarchs,
   Abraham, Isaac, and Jacob.
- ♣ O Name full of glory,
   O Name full of blessing,
   Delivers us from the evil one,
   The prince of death.

Хотав ноок бен отмеомні: ш фнетацхек тметршмі: ш фност отнотт мині: бен пхшк нтецмеонотт нійфнрі.

- Ψτχη νίβεν ντε πεκλλος:

  μοι νωοτ νοτώτον νεω οτχβοβ:

  δεν κενα ννιπροτοπλτρος:

  Δβρλλω Ιζλλκ Ιλκωβ.
- W πιραν εθμες νώος:
  ώ πιραν εθμες νόμος:
  μασμετ εβολσα πιπετσωος:
  νεμ εβολσα περωιωι ντε φμος.

# January 6 (7) / Tobi 11: The Feast of Theophany The Doxology

## The Sunday Psali Adam

The Lord reigns!
Let the earth rejoice,
For He is the King
Of majesty.

Baptise Me,
O Baptist,
And draw near to Me,
For I am Jesus.

Δ Πος εροτρο: αμεληλ ήχε πκαδι: χε Νθος πε πΟτρο: οτος φα πίλμαδι.

Βαπτιστιν άμοι: ὰ πιπροδρομος: οτος δωντ εροι: Σε άνοκ πε Ιπε.

- For this workI came into the world,To doMy own good will.
- ♣ David said,With a strong voice,"The voice of the LordIs upon the waters."

Therefore you
Openly told us
About this mystery
Of the Church.

Zachariah gave birth
To this faithful preacher,
To raise up
Every valley in honour.

- ♣ Isaiah cries,Filled with wisdom,"You are the voice of oneCrying out in the wilderness."
- ♣ Rejoice O Jordan,
   And exalt O sea,
   For John came to you,
   Working powerfully.

- ♣ Ѕе чар еөве паізшв: ай `епікосмос: зіна ўтаерзшв: йпетезнні кахшс.
- Δατίδ ταρ ασχος:

  δει οτιίω τη μάρωστ:

  χε πάρωστ μΠος:

  εξρηι είχει πιμώστ.

Сове фаі астаном: бен отпаррисіа: еове паімтетиріон: йте †Сккансіа.

Ζαχαριας αφωιςι: ὑπαικτριχ ετεμεστ: ειμα ѝτεφδιςι: ѝχε πταιο ѝμιδελλοτ.

- Ης Αρακτικός:
   Σε Νθοκ πε Νόρωος ετωω:
   Νόρηι ει πωλίξε.
- Θεληλ ὁ πιΙορδανης:

  οτηση μποκ φιόπ:

  αφι ώποκ μπε Ιωννηνης:

  Φρεφιρι μνιποπ.

Jesus, the glorious,
Walked with him,
To be baptised in the water,
According to His will.

The waters said,
"His coming to us is good,
Jesus the glorious,
To confirm us."

- ♣ I offer hymns of praise
   To Your greatness
   Along with the waters,
   For You are our protector.
- May the islands
   Rejoice today,
   Along with the clouds
   And the fog.

Each one of
The prophets proclaimed,
"The glory of God
Has thundered".

Truly He who is
The Highest, the Creator
Has walked
In great humility.

Інс фа пійот: аспощі непасі: ефресібішне бен ніншот: ката петевнасі.

Καλως αφι ωαροη: πεχωστ ήχε ημωστ: εινα ήτεσταχροη: ήχε Ιπζ φα πιώστ.

- λελι ώπιεως:

  †ΝΑΤΗΙΤΟΥ ΈΤΕΚΜΕΤΝΙϢ†:

  λΝΟΚ ΝΕΜΦΟΥ ΚΑλΦΟ:

  ΧΕ ΝΘΟΚ ΠΕ ΠΕΝΝΑϢ†.
- + Иарогогнод йфоот: ихе ніннсос: еткш† єршот ихе отбипі нем отгнофос.

Μιπροφητής ήθωση: κατα φογαί φογαί: αγχε φ† ήτε πώση: αμερδαραβαί.

Ζαπινα ασμοψι: δεν οτνιψ† νθεβιο: ναε φηθτδοιο: οτος πιΠεφθαμιο.

- He, in a humble spirit,
   Deigned to be washed
   In order to fulfill
   That which is written.
- The Spirit of Truth

  Came down in truth,

  As a dove upon

  The Creator of the ages.

All the exalted names
Of the incorporeal
Praise the Highest,
Our Lord Jesus Christ.

They heard a voice proclaim, Witnessing of Him, "This is My Son, In Whom I am well pleased."

- Then was fulfilled

  The saying of the prophet:

  The Lord has moved

  In the wilderness of Kadesh.
- ♣ The Son of God appeared, Accompanied by great deeds, The rivers clap together Their hands,

- Οτος ασχωκ εβολ:

  δει οτπειτμα εστεινηστ:

  εινα ητεσχοκ εβολ:

  ηχε φηετόσηστ.
- Πιπνετμα ετε †μεθμηι:
   μφρη † νοτδρομπι:
   αὰι δεν οτμεθμηι:
   εχεν ΦΡεσθαμιο ννιρομπι.

Ραη ηιβεή ετδος: ητε ηιάςωματος: ετεως εφηθτδος: πενός Ιπς Πχς.

Сωτεμ ετέμη αφιρι: αφερμεθρε εθβητα: αε φαι πε Παωηρι: εταιτματ νάπτα.

- Τοτε αγχωκ εβολ: κα πολαι μπροφητής: αε Πος κακιμ εβολ: μπωλας εκαλής.
- Τιος θεος ασοτώνε: δεν πεσνιώ ήνεωβ: ελνιάρωση εγκώλε: δεν ήνοταια εγκοπ.

The sea saw and retreated,
And the Jordan reversed,
They all trembled,
When they saw the Creator

You are worthy of the thrice holy,
O God, Lover of Mankind,
For You are baptised
To cleans us of our sin.

- ♣ Grant to all the souls
  Of the Christians
  Together, coolness
  In Paradise.
- ♣ Be patient with me, I the wretched, And save meFrom the tyrant.

Φιομ αθνατ αφωτ: απιλορδανής κότη εφαδό: ετατνάτ επιΡεςσωνή: δεν οτεθερτέρ ατμάδοτ.

Хотав фомт (₹) ахішс: ф† піЦаіршмі: же Ноок акбішмс: акіші йненнові.

- \* Φτχη νίβεν ετςοπ: ντε νιχριστιανός: μοι νωοτ νοτχβοβ: δεν πιΠαραδίσος.
- + Wornsht exwi:

  ànok післахістос:

  отог новем ймоі:

  евелбен пітатраннос.

## The Monday Psali Adam

I raise my eyes
To You, O Lord,
As the eyes of
A servant to his Lord.

Loosen from me
The bonds of sin.
Help me through
Your love for mankind,

Δισαι ήναβαλ: επωωι εαροκ Πος: μφρητ ήεανβαλ: ήτε πιβωκ ωα πεσός.

Вшя євоя зароі: пийснать пте фиові: арівоної єроі: зітен текметаїршмі.

- That I may begin
   Desiring greatly
   In all my being
   To offer glory to You.
- ♣ All of the righteous
  Who pleased God,
  And walked at all times
  In His godly law:

David the divinely-inspired,
The psalmist,
Spoke of them
In his psalm,

"Truly they are planted By the river of water, Because of their pure hearts, To the end of their days."

- Behold, you are honoured
   More than all the righteous,
   O blessed and righteous,
   John the Baptist.
- The invoking of your name,
  On the lips of the faithful
  Became a support
  For us.

- Σε ταρ † παερεπτο:

  δεπ οτπιω † πδιωωωοτ:

  εβολδεπ ταχομ τπρο:

  ε†πακ μπιώοτ.
- Дікеос тар нівен:

  етатранац йФ†:

  атиощі йснот нівен:

  мен Пецномос йнотф.

Εταφαχί εθβητός: νας πιεγμνόδος: Δαφίδ πιθεόφορος: δεν πεφψάδμος.

Zє оптшс єтрнт: Ватен нідоі іншот: сове птотво інпотент: ща інжик інпотегоот.

- Ηππε κταιμοττ:
   εεοτε ρωοτ τμροτ:
   ὼ πιθωμι εταμαρωσττ:
   Ιωαννοτ τοτ προΣρομοτ.
- Обрабній спекран:

  Вен ршот інніпістос:

  стещшті нан:

  стеот інотвоїнос.

You placed your hands upon Jesus, the Only-Begotten, And you baptised him In the Jordan.

You are exalted more Than the patriarchs, And honoured more Than the prophets.

- ♣ You were nakedWith the beasts;You lead the multitudeTo the upright Way.
- ♣ There were none Like you; You loved asceticism And put on sack-clothes

You are a prophet.
You are an Apostle.
You are an anchorite.
You are a martyr.

Your deeds adorned you, For you are righteous, You became Like the angels. ΙΗΣ ΠΙΜΟΝΟΣΕΝΗC: ΑΚΧΜ ΉΤΕΚΧΙΧ ΈΧΜΟ: ΑΚΤΜΙΔΟΝΟΣΕΝΗC:

Кбосі ємащю: єготє ніпатріархнс: ктаінотт нгого: ніпрофитис.

- Хоіпон тар наквиш: нем ніонріон: акбімшіт інімиш: епімшіт етсоттшн.
- Ипе отон тшнс:
   естон ишок:
   же акшенре пшрс:
   акерфорин йотсок.

Νοοκ οτπροφητής: Νοοκ οτλποςτολός: Νοοκ οτληλχωριτής: Νοοκ οτμαρττρός.

Χουνοεν φεν νεκεβηούι: πε μθοκ ολγικέος: γιματτένος. ♣ And Malachi
Identifies you:
You are Elijah,
Coming in perfection

Christ your King,
 Said of you to the multitudes,
 "He is greater
 Than all the prophets."

The lips of Zacharias
Witnessed to us
When his lounge was loosed
After he wrote your name.

Yes, we ask you
To pray for us
To your Creator,
To have mercy on us,

- ♣ And to lift up the pains

  From His people,

  And to look down from above

  With the eyes of His goodness.
- On account of Your mercy,
   Forsake us not,
   O God of our salvation,
   But accept us unto You.

Φ Oros Uaλχιας:
 αφωστ εροκ:
 αε ήθοκ πι Ηλιας:
 εθημοτ δεη οτχωκ.

• Пठ्ठं пекОтро: хахос йининш: хе йоок отгото: йпрофитис.

> Ρως ήζαχαριας: αςερμεθρε ναν: εταςςαχι ήχε πεςλας: εταςςδαι μπεκραν.

Сε τενήδο εροκ: εθπεκτωβδ εχών: ναδρεν φιεταφθαμιοκ: εθρεσωεντ Δαρον.

- Τερώλι ηνιδις:
   Έβολελ περλλος:
   ητερχοτωτ εβολεκη πριςι:
   εκη φβλλ ητε τερμετχρηςτος.
- Тпер шпекнаі:
   шперхан Исшк:
   ф† йте пенотхаі:
   ахха шоптен ерок.

Disperse the evil
Of the heretics from us,
Through the intercessions
Of the Baptist.

Hail to you O John,
The son of Zacharias,
Hail to the cousin
Of the Messiah.

Grant coolnessIn paradiseTo all of the soulsWho have departed this age.

♣ O Creator,

Have mercy on my weakness

Through the prayers

Of Your forerunner.

Фюрх ниікакотруіа: нте нівересіс: вітен ніпресвіа: нте півахтістнс.

Хере Ішанінс: пшнрі йХахаріас: хере пістиченнс: йте Иасіас.

ΦΥΧΗ ΝΙΒΕΝ ΕΥCOΠ:
 ΕΤΑΥΧω ΜΠΑΙΒΙΟC:
 μοι ΝωοΥ ΝοΥΧΒΟΒ:
 ΔΕΝ ΠΙΠΑΡΑΔΙCOC.

→ ₩ πιΠεςθαμιο:

ναι δα ταμετελαχιστος:

ειτεν νι†εο:

ντε πεκπροδρομος.

## The Tuesday Psali Adam

You are truly exalted,
O John the Baptist,
The Forerunner
Above all the righteous.

Help us, O our Lord,
And confirm us,
For the sake of the Theotokos,
And John the Prophet.

Δκδιςι λληθος: ὑ πιπροΔρομός: Ιωληνης πιρεςτωμς: εεότε ηιδικέος.

Βοήθιη έροη πεήδε: οτος ματάχροη: εθβε †θεότοκος: ηεώ Ιωάνημε τοτπροφητοή.

- ♣ The faithful people,
  Keep a feast for you today,
  O priest of the Lord,
  John, who overcame.
- David, come among us
   O psalmist,
   For the sake of the great honour
   Of John the Baptist.

Have mercy upon us,
O Jesus Christ,
On account of Your mother, Mary,
And your cousin, John.

All the seven orders
Of the Church
Honour John the wise
At all times.

- Behold, John the Baptist,
  Taught us well,
  Baptising the Lord
  In the waters of the Jordan.
- ♣ Rejoice, O John,
   The son of Zacherias,
   The forefunner
   Of the Messiah.

- Бенос инпістос: сеєрщаї нак йфоот: ѝ піотнв ите Пос: Ішанинс пірецбро.

Сленсон ниас: ѝ Інс Пхс: евве Текиат Иаріа: неи Ішанннс пекстученнс.

∭аш्प (₹) йтачша півєп: йтє †€ккхнсіа: єттаю йснот півєп: Ішаппнс фа †софіа.

- Ηππε ασταμόν καλώς:
   Ιωάννης πιβαπτίςτης:
   Χε αιτωμό εΠόδ:
   δεν νιμώου ντε πιιοράανης.
- Θεληλ ω Ιωαννης: πωηρι ηζαχαριας: οτος πιπροδρομο: ητε Ναςιας.

John was greatly blessed, For he witnessed and said, "I saw the Holy Spirit Descending from Heaven.

And the voice of God the Father saying, 'This is my beloved Son, hear Him.''

- Rejoice O you

  Christian people

  At the fast of the martyr,

  John the Baptist.
- ♣ Grant us Your peace,
   O Only-Begotten,
   Heal our sicknesses,
   For the sake of St. John.

Hear us and have mercy on us, Take away your wrath from us, O Christ, for the sake Of the blessed John.

Blessed are You, O Christ, With Your good Father, And the Holy Spirit, One in essence with You. Ιωαννής αφέρμεθρε: Σε αινατ επιΠενατίμα εδτ: εταψι εβολδεν τφε: ὼοτνίατη νθβα νκωβ.

Κε παλιν νεω τζωε: ντε Φ† φΙωτ: αε φαι πε Παωμρι: Παωενριτ ςωτεω Νςως.

- Хехі й ніхаос:

  інніхрістіанос:

  бен інша інпиарттрос:
  Ішаннне піпрохромос.
- Uoi nam întekziphnh:
   w πιμονοσενής:
   ματαλδο înnenywni:
   εθβε φηέστ lwannhc.

Ναι ναν σωτεν έρον: ονος ωλι ώπεκχωντ: ωΠχε εβολεαρον: εθβε Ιωαννής Φηετςμαρωοντ.

Ζμαρωστ ὼΠχ̄̄̄̄̄̄̄̄̄̄̄̄ ἐνεμ Πεκιωτ καταωσς: νεμ πιΠνετμα ὼΠαρακλιτος: κομοστείος.

- ♣ Your name is great
  Among the angels,
  Ask Christ to have mercy,
  O St. John.
- ♣ O our God, disperse
  The enemies of the Church,
  Trample them
  Until the end.

Guard us, O Christ,
From evil doers,
From deceivers, and from pains,
For the sake of Mary the Queen.

Bless the rivers,
The plants and the fruits,
Through the prayers
Of John the Baptist.

- ♣ You ask you O our Master,
   Keep the priests,
   And the deacons,
   And all of the faithful.
- ♣ O Son of God, save us From tribulations. Confirm us in Your Name For the sake of St. John.

- Οτνιώ τε πεκραν:
   Δεν θωμ τ ηνιασσελος:
   μα τεο εΠχε εναι ναν:
   ὰ φηεστ Ιωαννης.

Ρωις εροη ώΠχδ:
εβολδεη πιρωμι ετεωοτ: πιχρος πεμ
πιπαθος:
εθβε Uapia Τοτρω.

Смот еннаршот: нем нісіт нем нікарпос: еове нітго: йте Ішаннне піречтшме.

- Τεντεο εθβε νιοτήβ:

  νεω νιδιακονός:

  αρες ερωός πενίθηβ:

  νεω παξι ννιπίατος.

  Τεντεο εθβε νιοτήβ:

  νεω παξιακονός:

  Αρες ερωός πενίθη και παξιακονός:

  Αρες ερωός παξιακονός πενίθη και παξιακονός:

  Αρες ερωός παξιακονός παξιακονός παξιακονός:

  Αρες ερωός παξιακονός παξιακον
- Τιος θεος ναδμένι:
  εβολδεν νιθληψις:
  οτος δεν πεκράν ματάχρον:
  εθβε ψηξετ Ιωάννης.

O God, raise the horn
Of the Christians
For the sake of our lady
The Virgin Mary.

Hail to the Theotokos,
The mother of Jesus Christ.
Hail to the forerunner,
John the Baptist.

- ♣ Grant coolness

  To the souls of our fathers

  In the bosom of our fathers,

  Abraham, Isaac and Jacob.
- ♣ O our Saviour, remember

  Your servant Nicodemous;

  Forgive him his sins,

  With the rest of the Christians.

Χερε †θεότοκος: θματ ήΙΗς Πχς: χερε πιπροδρομος: Ιωαννης πιρες†ωμς.

- Φτχη ήνειος:

  μοι ηωοτ ήνοτχβοβ:

  δεν κενα ήνεινος:

  Δβρααμ Ιςαακ Ιακωβ.
- W пенСштнр аріфметі: шпеквшк Пікотдімос: жш нас іннеснові: нен псепі інніХрістіанос.

## The Wednesday Psali Batos

I begin to speak with longing, Before Christ, the King of glory, Of the honour of the forerunner, John the Baptist.

All of the tribes,
All those on earth,
All tongues feast today,
For John the Baptist.

Дінаєрентс бен отбіщщшот: нтахш йптаю йпіпроДромос: йпейно йПхс пОтро нте пішот: Ішанинс піречтимс.

Βοη ηίβεη ετείχεη πικαεί: ηιφτλη ηεώ ηίλαος: ετερώαι ώφοος ηεώ πιαςπί: εθβε Ιωανήμο πιρεςήτωνο.

- Gabriel the angel
   Evangelized Zachariah
   Of the birth of the Baptist,
   Of John the Baptizer.
- ♣ David the Psalmist,

  Spoke in the book of Psalms,

  About the morning star:

  John the Baptist.

Through John the Baptist
We learned of our Lord Jesus Christ,
And His Good Father,
And the Holy Spirit, One in essence.

The seven orders of the Church Honour you, O forerunner, Before Christ the majestic, O John, the priest of the Lord.

- ♣ Isaiah cries out
  With true prophecy,
  "You are the voice crying out
  In the wilderness in truth."
- Rejoice and be glad, O you faithful,
   Sing praises and songs:
   Hail to you, O John,
   The Son of the promise.

- ♣ ΣαβιΗλ πιασσελος: αγειωεπποσηι ηΖαχαριας: εθβε πιὰφο ὑπιπρο∆ρομος: Ιωαπημε πιρεγψωμε.
- Δατίδ πιενώμοδος:
   αφαχί δεν πχωμ ὑπεφψαλώος:
   εθβε πισιον ήτε ελνάτοοὖι:
   Ιωάννης πιρεφψως.

Cobe Ιωλνημο περεςτωμο: λης Πεςιωτ ήλτλος: Νεμ Πεςιωτ ήλτλος: Νεμ πιΠετιμλ επτ ήνομοοτοίος.

Ψάως (Ζ) ήτας μα ήθκκλης ια: ετταιο μακ ω πίπροδρομος: μπεμθο μΠζε φα τεξοτεία: Ιωαμμης πιοτήβ ήτε Πος.

- Ης είνας είνας είνας είνας είνας το πόρωση είνας εί
- θεληλ ραφι ω νιπιστος:

  Σεν δεν δανδωλη νευ δανψαλια:

  Σε χερε νακ ω Ιωαννης:

  πωηρι ή τεπασσελια.

John was worthy
To Baptise our Saviour,
And heard the voice
Of His good Father.

He rose from the water,
After the Baptism,
And heard the great voice
Of the Father crying out,

- "This is my Son
  In whom I am well pleased,"
  And he saw the Holy Spirit
  Descend from Heaven.
- O Lord, grant us Your peace,
   O our good Saviour.
   Bless the crown of the year,
   With your goodness, O Lord.

Raise the waters

Of the rivers through Your grace,

And through the intercession and prayers

Of John son of Blessing.

You are blessed, O our Master Christ. Behold, save Your people From their enemies and temptations, And from evil men. Ιωληνης αφερπεμπώλ: εθρες τωμς μπεν Cωτηρ: οτος αφοωτεμ δεν οτπαρρης α: εται μΠεςιωτ κάσαθος.

Καλως αφωε εβολέεη πιμωση: μενενία πεσχινώμε εβολ: ασώτεμ εστνιώ η υδρώση: ητε φίωτ εσωώ εβολ.

- Λοιπον σε φαι πε Παωμρι:

  εται τια τ κάντς:

  νευ πιΠενετία εδτ:

  εταζι εβολδεν τφε αςνας ερος.
- Ψ Uoi ναμ Πος ντεκειρηνη:
   ὰ πενιζωτηρ νάσαθος:
   ἐμος επιχλομ ντε †ρομπι:
   ειτεν τεκμετχρηςτος Πος.

Μιμωστ ετε φιαρο: ανιτοτ επώωι κατα πεκέμοτ: ειτεν νιπρεσβια νεω νι†εο: αντε Ιωαννής πώμρι ετς μαρωσττ.

Диаршотт ѝ пенИнВ ПХС: анат епеклаос назиот: еволбен нотхахі неи ніпірасиос: неи еволбен ніршиі етгшот.

- Disperse the enemies
   Of the Christ, O Christ
   Humiliate their council
   For the sake of John the forerunner.
- ♣ The Jordan rejoices today
  In the feast of John,
  Son of Zachariah the priest,
  The priest of Christ, the King of glory,

Guard us, O Christ our Master,
From the deceitful and envious,
Through the intercessions of the Virgin,
And John the Baptist.

Bless with Your blessing
Our deeds, O Good One,
Jesus Christ, the King of glory.
Save us from the hand of the tyrant.

- We ask You for the priests,
   The deacons, and the laymen,
   Save them, O Christ our Master,
   For the sake of the Virgin and the Forerunner.
- ♣ O Son of God, the Creator,
  Grant us to complete our Christianity
  For the sake of the Virgin
  And the Forerunner, John the Baptist.

- Οτος χωρ εβολ ηνιχαχι:
   ητε †Εκκλησια ω Πχσ:
   μαρθεβιο μποτοοδηι:
   εθβε Ιωαννης πιπρολρομος.
- Πιιορδανής ραψι ώφοση: δεν πωλι ήλωληνής πιοτήβ: ήτε Πχε πΟτρο ήτε πώση: πωήρι ήζαχαρίας πιοτήβ.

Ρωις εροη ὼ πεημήβ Πχς: εβολδεη ηιχρος ηεω ηιφοονός: ειτεη ηιπρεςβιά ήτε †Παροενός: ηεω Ιωανήμο πιρες†ωώς.

Couc epon δεη πεκсμοτ: δεη ηεηδβησή ω ηίλτλθος: ω Ιπς Πχς πΟτρο ήτε πώστ: ηλεμεή δεη ταια μπιττρλημός.

- ♣ Σεντεο εροκ εθβε νιοτήβ: νεω νιδιακών νεω νικαικός: ναεμότ ὼ Πχ̄ς πενΝήβ: εθβε †Παρθένος νεω πιπροδρομός.
- Тюс беос підтигрую:
   мої нан йпенхшк ѝ Хрістіанос:
   евве †Парвенос ней піпродромос:
   Ішанніс пірецтшнс.

O our Master, God, our Help,
Raise the heads of the Christians
Through the intercessions of the Virgin
And John the Baptist.

Hail to you, O Virgin,
Mary the fair dove.
Hail to the cousin of Christ,
John the Baptist.

- ♣ Grant coolness to all the souls,
   In the bosom of the righteous fathers,
   Abraham, Isaac, and Jacob,
   For the sake of Mary and the Forerunner.
- ♣ O Our Saviour, remember me, I, Nicodemus, the dust, And forgive me my sins With the rest of the Christians.

Φημβ Φ† ηεηΒολοος: δια μπταπ ηνηΧριστιανός: ειτεν ημπρεσβια ήτε †Παρθενός: νεμ Ιωάννης πιρες†ωμς.

Хере не ѝ †Пароенос: Иаріа †бромпі еонеошс: хере пістученне ете Пхё: Ішанинс пірец†шис.

- Φτχη νίβεν μοι νωστ νοτχβοβ:
   δεν κενα νινενίο λλικεος:
   Δβρααμ Ιςαακ Ιακωβ:
   εθβε Uαρία νεμ πιπροδρομός.
- ♣ W пенСштнр аріпаметі: анок пікермі Нікотымос: отог хш ині евох инанові: нем псепі иніХрістіанос.

## The Thursday Psali Batos

Keep me, O Lord my God, For a reply on You. Grant me grace and salvation, That I may praise You.

Loosen from me my evils.

Keep me by Your power,

That I may begin with longing

And open my mouth.

Αρεε εροι Πος παΝοτή: Σε αιερεελπις εροκ: μοι ημι ηοτέμοτ ηεμ οτοψή: εινα ητάςμοι εροκ.

Βωλ εβολδεη ηλπετεωση: δεη τεκχομ άρες εροι: εθριερεμτο ηστδιωμωση: στος ήτλοτωη ήρωι.

- ♣ I speak of your virtues,
   O great forerunner,
   The favoured John,
   The cousin of Christ.
- ♣ David revealed to us

  That truth sprang from the earth,

  And justice shone

  From heaven majestically.

This is the Bridegroom, Jesus, the sun of righteousness; And John the forerunner Is truly the shining moon.

Your father, Zacharias, Called you the prophet And the witness Of Christ the Creator.

- ♣ Isaiah proclaimed Eloquently calling you "the voice crying out In the wilderness."
- ♣ You became the servant of The lake of Zebulon And land of Nephtali,
   O unwavering struggler.

- Σε ταρ †χω ἡνικαθαρτωμα:

  ὑ πινιψ† ὑπροδομος:

  Ιωαννης φα πιαξιωμα:

  πιςττενης ἡτε Πχ̄ς.
- + Δωιδ ασοτώνε ναν εβοδ:

  σε τμεθμη αςωαι εβοδ:

  δεν πκαει τδικεόςτναμας χοτωτ:
  εβοδδεν τφε δεν οτάμαει.

Ετε φαι πε πιΝτωφιος: Ιπ̄σ Πιρη ητε † μεθωη: νεω Ιωαννης πιπροχρομος: πιιος μφοτωινι μωηι.

Ζαχαριας ταρ πεκιωτ: ασμοτή εροκ χε πιπροφητής: οτος πιμεθρε ετένεοτ: ητε Πχε πιμενχνιτής.

- Η Η Καλλας δεκ κεφδρωστ: κεμ πεφλιμα ετεραφατ: αφμοτή εροκ αε κδρωστ: ετωψ εβολδεκ κιψαφετ.
- Φαλαςςα τοτ ζαβολοη: Νεμ πκαδι η Μεφθαλίω: ακώωπι ηφοτ η οτλιακώη: ὼ πιαθλίτης η ατκίω.

Jesus Christ chose you
From the tribe of Levi.
He sanctified you
And baptized you in the womb.

You are exalted more than the patriarchs
And honoured more than the prophets,
For you became the baptizer
Of Jesus, the Messiah.

- He also witnessed of you
   Before the multitudes,
   Therefore they came to you
   And were baptized of you.
- \* None among those born
  Of women is like unto you,
  You struggled and were exalted,
  You spoke truth from your lips.

You are greater than a prophet, You were truly exalted, You are the friend of the Master, The true Lamb of God.

You were adorned by your deeds, You witnessed to the light, Which came down from heaven, True Light of True Light. ΙΗΣ Πχε αφεωτη άμοκ:
εβολδεν τφτλη άλετι:
αφερατιαζιν άμοκ:
οτος αφήωμε άμοκ δεν θνεχι.

Κδοις ενιπατριαρχής: κταίμοντ ενιπροφητής: σε ακώωπι ώπιβαπτίστης: γτε Ιπζ πιθασίας.

- Хоіпон адерменте барок:
   штейно інімню отог нашопк:
   єнве фаі аті шарок:
   єбішис євой гітотк.

Νοοκ οτετό Δπροφητής: ακδίςι δεν Τμέθμη: νοοκ πε πώφηρ Δπίδεςποτής: νιδιήβ ντε ΦΤ Δωήι.

Ζοολοελ δεη ηεκεβησή:

ακερμεθηε δα πιθτωινι:

εταψί επεσητ εβολ δεη ηιφησή:

θτωινι πε εβολδεη οτθτωινι.

- ♣ Yours is a proud name,
   O cousin of Immanuel,
   For you disciplined us and
   Became the chariot of Israel.
- Also, he was worthy
  To behold the Mystery:
  The life-giving Trinity
  Who abides forever.

Truly, you spoke with your tongue And reprimanded the opposers, Herod and Herodia, Before the people.

You were truly beheaded,
And died for the truth.
You were taken to heaven,
O unfailing and humble one.

- ♣ We do not weary
   Of blessing
   And praising you
   For ever and ever.
- ♣ Behold, your intercession
   Is acceptable before your King,
   For you have favour
   Before the Creator.

- Ф Отран ѝщотщот пе пекран : ѝ пістученне ѝ Симанотну: акщипі ѝотгупете нан: нем отгарма ѝпІсрану.
- Падін он ацерпешпуа: снат єпіштстнріон: ѝ†Тріас ѝрецтандо: сошни євод уа єйг.

Ρητος ακάςχι δεν πεκλάς: ακτοδι μνισμούς: Ηρωγης νέπ Ηρωγίας: πεπθο πιιλάος.

Ce οπτως ατώλι ήτεκάφε: οτος ακμοτ έχεη †μεθμηι: ατώλι μμοκ επώωι ετφε: ὼ πιθεβιήοττ ετήατες.

- Τεππαδίς απ' επές:
  τεπερμακαρίζιπ μμοκ:
  μα επές ητε πίεπες:
  τεπερετφομίπ μμοκ.
- Тппе іс некпресвіа: есфип нагрен пекОтро: отон йтак ймат йотпаррисіа: йпейно йпіРечнаміо.

O wonderful God,
In the highest,
Came and became Man
And made us His people.

Forgive our transgresses,
O good lover of mankind,
Through the mediations
Of Your forerunner.

- Repose in the bosom of Abraham,
  All souls who have
  Departed from this life,
  In newness and mercy.
- ♣ O Holy and long-suffering, Forgive me my sins For the sake of Your saint, John the Baptist.

Φ† φμετοι ή ή φμρι: δεν νη ετδοςι ήτας: φή ετα ότι ο το εν ας ας ερρωμι: ας αιτεν ή ο τλαος νας.

Χω ναν εβολ ννενάνουια: ὰ πιθαιρωμι νάταθος: ειτεν ψετμεςιτία: ντε πεκπροδρομός.

- Фтхн нівен етатфорхот: евохбен паівіос фаі: бен кенб наврали роовот: бен отметвері нем отнаі.
- Wοτησητ ώ φηξος.
   χω νηι εβολ μναλνομία:
   εθβε πεκβωκ ξος:
   Ιωαννής φα †παρθενία.

## The Friday Psali Batos

The forerunner,
The cousin of Immanuel,
John the Baptist
Came to the land of Israel,

Baptising in the waters
Of the river Jordan, saying,
"The Kingdom of Heaven
Is at hand.

Діді інже піпродромос: пісетттенне інЄмманотня: Ішанине пірец†шме: епкагі інте пІсраня.

Βαπτιςιν δεν φαιρο: απιωωστ ντε πιλορδανής: χε αςδωντ νας τμετοτρο: ντε νιφησή δεν στιής.

- ♣ O men of the house of Israel,
   Bring forth fruit
   Of repentance
   Joyfully and without despair.
- ♣ Truly, I baptize you With the water of repentance, but He Who is coming will baptize With the Spirit of purity."

Therefore the blessed Isaiah
Cried out, saying,
"The voice of one crying in the wilderness,
Make straight the way of

The life-giver, the Lord our God; Make His paths straight, All vallies and fields Rejoice with joy."

- Behold, Jesus the merciful
   Came to the Jordan
   On this night,
   And was baptised by John.
- The holy worshipper
  Witnessed and said,
  "I saw the Holy Spirit
  Coming upon Him."

- Σενος νιβεν πι νίοτδα: αριοτί νοτοττας: ὰευπωα ντμετανία: δεν οτοτνος νατώκας.
- \* Δικεως λησκ τωμε μμωτεή: δεή στιώστ ητμετλησία: Φηθημοτ τηλ τωμε μμωτεή: δεή στηπα ήτε τατήλα.

Сөве фаі ацшш евол: нхе Нсанас фнетспаршотт: хе тсмн петшш евол: гіпшаце хе севте фишіт.

Ζωት форос Пос ненИот†: отог соттен нечилишшы: белхот нівен нен мешшо†: егевлнх бен отраші.

- Ηππε ταρ Ιπζ πιΡεςναι:
   αὰι εχεν πιΙορλανης:
   μφρη μπαιεχωρε φαι:
   αςδίωμε εβολδεν Ιωαννης.
- Φεὸοςεβης φηξοτ:
   αφερμεθρε ότος πεχαφ:
   χε λίναν επίΠνενμα
   ξοτ: εφνησός επέςητ έχωφ.

Behold the voice of the Father Said openly of Him, "This is My beloved Son In whom I am well pleased."

The sea saw and retreated and The Jordan reversed,
According to the saying of
David the Spirit bearer.

- ♣ As he said in the Psalm,

  "The waters say you,

  The depths were afraid,

  And the mountains trembled."
- ♣ The heavens rejoice,
  And the earth exalts,
  At the baptism of the sinless One,
  The majestic Jesus Christ.

O you faithful, the new Israel
Come to the Holy baptism
In the Name of the Father and the Son
And the Holy Spirit.

Truly Ezekiel said,
"I will wash you joyfully
With elect water
And purify you.

lc ογέμη εβολδεη φίωτ: εσχω μμος ρητώς εθβητέη: χε φαι πε Παώμρι Παμεηριτ: εταιτματ ήδητα.

Κε φιομ αθνατ αθφωτ: πιΙορδανής αθκότη εφαδόν: κατά πραχί ετένδοτ: ηδανίδ πιπνέτματοτφορός.

- \* λοιπον πεχας δεν πιψαλμος: ατνατ εροκ ήχε ελνμωστ: ατερεσ† νευ νιπελατος: ατώθορτερ ήχε νιτωστ.
- Uapotothoq ne nichoù:
   οτου μαρεσθεληλ ne πκαυ:
   εθβε πίωμε μπίλιθησβι:
   Ιπζ Πχζ φα πίλιαδι.

Μιπιστος μπίσραμα μβερι: αμωίνι επίωμε εθτ: δεν φραν μφίωτ νεμ πώμρι: νεμ πίΩνετμα εθτ.

Ζαπινα ασχος Ιεζεκικλ: χε †νανοτχό έχεν θηνοτ: νοτιωότ εσρωτη δεν οτθέληλ: οτος ντατοτβεθηνοτ.

- ♣ A new heart and spirit,

  I will make within you,

  And I will remove the stony heart

  From you at all times."
- This pure one also said

  That every living soul

  Upon which the water of the river
  Is cast shall live.

Rejoice, O Christians, For Christ chose you And delivered sweet Salvation, filling all.

Give ear, all peoples,
The tribes and all tongues,
Rush to the glorious baptism
And receive eternal life.

- Ask the Lord without malice,
   With a humble heart,
   Come to be illuminated
   And your faces made unashamed.
- The Son of God, the lover of mankind,
  Said in His authority,
  "If a man is not born
  Of water and the Spirit,

- Отент ней отПнетил йвері:

  †наліч саботн йиштен:

  †найхі йпіент нійні:

  «Вохбен нетенсару ніснот нівен.
- Пехац он йхе підяні фаі: хе фтхн нівен етонь: етвервер ехшот йхе паімшот фаі: йте паііаро сенашиь.

Рафі й ніХрістіанос: хе Пхс ачсштп ймштен: отог иніс нштен †нот; йпіотхаї йснот нівен.

Сωτεμ ω πιλλος τηρος: κωλεμ επιωμς ετωογωος: εθρεηδι μπιωμό εώνας.

- Дювг йПос бен отметатуові: бенн отгнт есревіо: амшіні евретен еротшіні: протбіціпі на нетенго.
- Τιος θεος πιθαιρωμι:
   πεχας δεν τεςεξοτεία:
   χε ατώτεμμες οτρωμι:
   εβολδεν οτμωος νεμ οτπνετμα.

He cannot
Enter the Kingdom
Of God and joy
Eternal and incorruptible."

Forgive our trespasses
Through the prayers of the advocate
The lady uf us all, Mary
And John the Baptist.

- ♣ All the souls of the faithful
  Who have departed, repose them.
  Prefect we, the Christians
  From now till eternity.
- ♣ Be patient O my Master.
  Save me from my enemies,
  The hidden and the manifest,
  Disperse their council and cast them out.

Фаг ймон ўхом ймод: èr edorn etmetorpo: hte Ф† нем пютнод: евинн ebod hattako.

Χω ναν εβολ ννενάνοωια: ειτεν νιτωβε ντε †προστατής: τενός ννήβ τηρέν Ναρία: νεω Ιωάννης πιΒαπτίζης.

- Φτχη νίβεν ηνίπιστος: νηθετατένκοτ μαμτον νωστ: χωκτέν εβολ η Χριστιανός: ισχέν τηνός ως πχωκ εβολ.
- **Ф** Wornsht exwi паИнв:

  Naswet eboaden naxaxi:

  Nheoorwns eboa new nhtshn:

  xwp wnorcodini den ordoxi.

#### The Saturday Psali Batos

O King of all creation,
And creator of the springs,
God by His nature,
O Lord God, Lover of mankind,

Help us, O Helper
Of those who have no help,
And wash our transgressions,
O establisher of the Christians.

ΔπιΟτρο ή † κψης της:
οτος φΠεσθαμιο ή η ιμοτμι:
φηετοι ή Νοτ †:
Πος Φ † πι Ναιρωμι.

Βοήθικι έροκ & †βοήθια: κατε άμοκ τοτβοήθος: οτος ιωι κατακομία: ὰ πιΡεφερεισεκή καιΧριστίακος.

- ♣ For the son of Levi,
  John the Baptist,
  Who was in the wilderness,
  Of the Jordan,
- Whom Elizabeth, who was
   Previously barren bore,
   Placed his hand on Your head and
   Baptised You like the rest, O Chosen one.

The Son of the Father
Who comes in His great glory
Is baptised in the Jordan today,
And has become a refuge for us.

Zebulun and its region,
With the banks of the Jordan
Were filled with your voice,
O preacher of righteousness.

- ♣ With a true prophecy,
  Isaiah cries out, saying,
  "You are the voice of one
  Crying out in the wilderness."
- ♣ Rejoice like lambs,
   O Jordan and your wilderness,
   For to you came the Lamb
   Who lifts the sin of the world.

- ♣ Σε ταρ πωμερι απιλεττης: αγχα τεγαία επέν τεκάφε: ετε Ιωανημό πιΒαπτίστης: φηεταγωωπι ειπωαγε.
- Δι ΙορΔανής αστωμό μμοκ: μφμή νοτχρονίον πισωτή: ετε Ελισάβετ ασμίσι μμοκ: θηξινάστη καθρην νώση.

Εσμέι δεν πεσνιώ ή ύφος: να ε μώνρι να εφίσα: ετασδίωμε δεν νιμώσε μφοσε: ασώσπι ναν νοτμαμφώτ.

Ζαβολοη μεω μεςδίμ: μεω είωμρ μτε πιορδαμης: απώος εβολδεή τεκζώμ: ὰ πικτρχ μτε Τμετετςεβης.

- Η Η Καλλας αφωώ εβολ:
   Δεν τεφπροφητία μωνι:
   χε νθοκ πε νάρωση ετωώ εβολ:
   ει νιώαφει δεν ογμεθώνι.
- Φεληλ μφρη ή νεανειήβ:
   ώ πιορλανής νέω περβριώς:
   χε αφι ψαροκ ήχε νιδιήβ:
   Φηετώλι μφνοβι μπικοςμός.

John confirmed
In the four Gospels,
"I baptized my King
In a great mystery.

When he ascended from the water After His baptism, I hears a great voice, The voice of the Father saying,

- ♣ This is my Beloved Son In Whom I am well pleased, My Only-Begotten, Whom I declared."
- May the sea move,
   And the fields rejoice,
   Trembling before
   The Lord God of powers.

All trees and fields
Rejoice, and exalt
Before the Face of Jesus,
King of Israel.

Blessed are You, O Christ our Master, The Only-Begotten Son, Who was incarnate of the Virgin And baptised in the Jordan. Ішанинс астос бен оттатро: бен піфтоот ( $\Sigma$ ) йетаттєлюн:  $\Sigma$  а аітшис шпа $\Omega$ тро: бен отніщ $\Sigma$  шистнріон.

Κε ταρ ετασωε εβολέεν πιωωση: μενεςα πεσχινωμό εβολ: ακόωτεμ εστνιώ η νάρωση: γιτε φίωτ εσωώ εβολ.

- \* Λοιπον αε φαι πε Παωμρι Πανενριτ: φιλεται τω τη διάττη: οτος Παωμρι διοτιτ: ετα νιπροφητής ςααι εθβητή.
- Ψ Παρεσκιώ ήχε πιωεώωο†:
   χε Πος Φ† ήτε πιχού:
   ασώθερτωρος δεπ οτπιώ† ήδο†.

Νιώωμη τηρος ήτε πιλεώωην: εγερλωι εγεθεληλ: εβολ δα τεη ώπεο ώφηεθημος: Ιπο πογρο ώπιορληλ.

- We glorify You with thanksgiving,
   O our good Good,
   For you granted us Your grace
   Of liberty.
- ♣ The Spirit of Truth, Came in the likeness of a dove, And truly rested upon He who took our form.

The lips of the righteous prophets Spoke openly, saying, "The Lord will in truth be Baptised and wash away our sins."

Look and contemplate
On these hidden mysteries,
See the forerunner's
Witness of the Lamb.

- This is the Lamb of God Who takes away the sin of the world, Who brought a trumpet of salvation In order to save His people.
- The Son of God shined forth
  In the lands around the Jordan,
  And loosened the paralyzed,
  And made them firm after weakness.

- Οτώοτ νακ δεν οτωεπδυοτ:

  α πενΝοτ† κάταθος:

  α ακ† ναν ώπεκδυοτ:

  κτε †μετελετθερος.
- Η Πιπικένμα ήτε †μεθμηι: αὰι μὰπη † ηοτδρομπι: οτος αὰοςι δει οτμεθθμηι: εχει φηέταζδι ήτειμορφη.

Ршот інпіпрофитис інфані: атсахі бен отпаррифіа: же Пос набішис бен отпефані: отоб інтеціші іненаноміа.

Сомс отог мајатеноннот: δεн најмтстнріон єтгнп: інтетеннат єпајпродромос: ецермеоре δа півінв.

- Τοτε ις πιδιή ητε Φ†:
   φηετώλι μφηοβί μπικοςμός:
   φηεταζίνι η ηταπ ηςω†:
   εθρεσμόδεω μπεσλάος.
- Τιος θεος αφοτωνε εβολ: δεν πκαει μπιοράανης: νιδάλετ αμβωλοτ εβολ: αφταχρώστ μενέςα τοτάς θενης.

The sea retreated;
The Jordan reversed course with haste.
Why did you retreat O sea,
From side to side?

Arise from the water and
Work according to Your Word,
Ascend to the mountain
To destroy the enemy's power.

- ♣ O Saviour of our souls,
   Purify us from our sins,
   Accept to Yourself our prayers,
   Remember us with Your mercy.
- ♣ O You who were baptised in the water, According to the great economy, Keep Your servant from evil thoughts, And confirm him until the end.

Φιομ αφηλή ότος αφφωτ: απίορ δανής κότη εφαςό δεν ότις: ότης τωρή φιομ σε ακφωτ: ισσεν νίσα πεωςίτ ωα φρής.

Χωλεμ λμοτ εβολδεη ημωστ: λριοτι ηεμλη κατα πεκςαχι: μαφεηλκ επφωι διχεη πιτωστ: ητεκκωρς ήτχου ήπιχαχι.

- Вштнр пте пепфтхн:

  матотвоп евохбен пеппові:

  фоп ерок ппепетхн:

  бен пекнаї аріпепмейі.
- W фнетарбюмс бен нимот:

  бен тернішт ноікономіа:

  арег епеквок евохбен німеті етгмот:

  отог матахрор ща тетнтехіа.

#### January 7 (8) / Tobi 12: The Second Day of the Feast of Theophany

See The Feast on the preceding day.

#### January 8 (9) / Tobi 13: The Feast of The Wedding of Cana of Galilee

#### The Doxology

#### The Psali Adam

Διερεελπις εροκ: Παδς Ιπς πανοτή: απερχατ νοωκ: αε νθοκ ταρ πι Φή

Βωλ εβολ εαροι: ΝΝΙΕΒΗΟΎ ΝΤΕ ΝΑΝΟΒΙ: ΜΠΕΡΕΙ ΠΈΟ ΜΜΟΙ: ΕΘΒΕ ΧΕ ΑΙΕΡΝΟΒΙ.

- Бе тар анок пе пеквшк: арівоннім ероі: ††го ерок: енрек шенгнт бароі.
- Дітшве ймок Пос:
  Пус плотро ймн:
  сөве текметатанос:
  аріотнаї немні.

Сове некметщенент: нем пекран ёбт: матотво мпаент: егтен пекпла ёбт.

(Ε) ης Σριά μμοωση: δεη Τκανα ήτε † ζαλιλεά: στηρπ ακονωτεβ μμωση: ειτεν τεκοοφία.

+

+

+

• Z исоп имни:

†паотофт имок панот†:

мог нан итекзірни:

нем текметотро.

+

♣ Ης νηξοτ: ενώς μποκ Παός: ενώς αξονάβ:

Ін $\bar{c}$   $\Pi$  $\chi\bar{c}$   $\Pi$  $\epsilon$ н $\bar{c}$ .

θωκ τε †χομ νεμ πιλμαδι: νεμ πιώοτ ισχεν πένδ: δεν τφε νεμ διτεν πικαδι: †νοτ νεμ ψά νενδ.

ΙΗΤΟ ποτρο ήτε πώστ: ΦΗΈΤΕΝ Τωβε ΔΙΜΟΚ: ΉΘΟΚ ΠΕ ΉCAC ΝΕΙΙ ΔΙΦΟΟΤ: ΉΘΟΚ ΝΙΙΙ ΠΕΤΌΝΙ ΔΙΜΟΚ.

+

• Кахос бен отменин: тенотомт мпилироми: пинот птафини: етацомп проми.

+

• Άλος Νίβεν ετεως:
εφραν ήθωμανοτηλ:
αε ήθοκ λληθως:
πε Φ† μΠιζχ.

Uπερφωνε ώπεκεο: cabol ώπεκβωκ: cωτεμ επατεο: σε ττεο εροκ.

Μιω ταρ δεκ κικοτή: ετόκι άμοκ Πός: αε νθοκ πε πώμρι: άΦ† πιάχωριτος.

+

+ Zwoth inamet:

мей петсаботи ймоі:

бен пекнаі аріпаметі:

мей пек отхаі матавоі.

+

+ Οτωνετηρίου ωΦ† πιλοσός: αφονώνε έρου: εβολδέν †παρθένος.

> Πιοται εβολ: δεν †τριας εδτ: αφτικαρχ εβολ: δεν θνεχι νθηεδτ.

Ршс адиог пращі: же піотхаі аді щароп: тепиєтвшк есепщащі: адвойс євой гароп.

+

Сштем урея ерон:ф шулунос:екейти нетуп:хе нөөк ие иенвонөөс.

+

Τενοτωώτ άποκ & πίναητ:
 Φα πίραν ετσολά:
 δεν οτθεβίο νεντ:
 νεω οτκελί ετκωλά.

Tē Oē Kē:

ναι φα πιρεσερνοβι: αποκ φα πιελαχιστος: αε αγχωκ ήχε ηληοβι.

Ф† пімаіршы: піредфот нент: фнетадушпі нршы: евве недметуенент.

• Хю нні євох панот†:

інанові нархеос:

еове нітно миаснотт;

Иаріа тпароенос.

• ชาхн ทเติยท сегюс:

•Ф† пірестраціо:

се отфрп ипіглинос:

ифа пітаю.

#### The Psali Batos

I cried to You,
Entreating with all my heart:
Grant comfort to Your servants,
And save the children of Your handmaidens.

+

+

Дішш нтасин ейшші зарок: бен пазнт тирц аікшт нсшк: майбилзі йпеквшк: нозем йширі нтеквшкі. Everyone looks to You, O lover of mankind, Even the animals, As you give feed them.

- ♣ For You are our hope
   On the day of judgment,
   And our help in tribulations
   That press hard upon us.
- ♣ O Master Jesus Christ,
  You are One in truth
  With Your good Father
  And the Spirit, the Paraclete.

The heavens witness
To His wonders and powers.
Praise the Lord with a new song,
Praise the Lord, all the Earth.

You have changed Six pots of water into fine wine, Revealing Your great glory, In Cana of Galilee.

Many are Your Powers, Which you made in your power, For You hard the cry of Those in bondage. Вон нівен інте фистромі: сенат єрок і пімаіромі: еті Де нем нітенвенооті: же іннок еннафінтот эреноот.

- Σε ταρ ήθοκ πετεμεελπις: δεμ πίεδοος ήτε †κριςις: πεμβοήθος δεμ μεμθληψις: εταγχεμτεμ εμαώω.
- Δεςποτα Ιπζ Πχζ:
   πιομοοτείος άληθος:
   νεμ Πεκίωτ ηνάταθος:
   νεμ πίππζ μπαρακλητός.

Ετοτωής ήπες μφηρι: ήχε πιφηρή πεω τεσμετχωρι: εως εΠος δεή οτέως άβερι: εως εΠος πκαδί τηρο.

Coor (&) ήδτδριά μμώστ: οτηρπ ετςωτπ ακοτώτεβ μμώστ: εβολδιτεν πεκνιώ† ήωστ: σεν Κανα ήτε †5αλιλεά.

+ ζεοώ ταρ νε νιμού:

νιμετακαιτοίτ δεν τεκχού:

χε άκοωτευ επιφάδου:

ντε νιμετδωού ύπεδης.

♣ Isaiah, Elijah,
 Moses, and Jeremiah
 Have called You the Messiah,
 Which means, the Christ.

Assemble now, all you people,
The children of Orthodoxy,
To praise Christ,
The Son of God in truth.

From the ages and forever, You are the King of the ages; Be with us until the end of days, For Your is the glory.

- Have mercy on my according to Your mercy.
   Teach me with Your knowledge.
   Have mercy on me, O God, and have mercy,
   For my soul has entreated You.
- All the nations speak of Your great humility,
   For Your commandments
   Are sweeter than honey.

Let my heard rejoice in Your Name,
For You are merciful,
O God of compassion and mercy,
O righteous One.

Η Η Καὶλας νεω Ηλίας: νεω ὑωτς νεω ἱερεωίας: ατωστ† εροκ χε ὑαςίας: Φιὰωατ οτας μεσχε Πχ̄ς.

θωστ τηροτ ω νιλλος: νιωμρι νορεθοδοζος ντενεως είπο Πχο: νωμρι ωΦτ σεν οταεθαμι.

Ισχεη πένες νεα ωλ ένες: ηθοκ πε ποτρο ήτε νίενες: ωωπι νεαλή ωλ νίενες: ερε πιώοτ ερπρεπι νακ.

- Ката пекнаі Пос наі нні:

  мен пекеш масвшні:

  наі нні Ф† отог наі нні:

  хе асха гонс грок йхе тафтхн.
- λαος νιβεν ετεροτώ:
   σεν πεκνιψ† νθεβιό:
   κεν πινηνι νας νεκεντολη.

Паресточное нас паснт: Затен шпекран ю пінант: че ноок отнот тресубенент: наще пекнаї юпібшні. You have created all the peoples, They worship Your glory, O my Lord Jesus, comfort them, For You are our helper.

- Blessed are You, O Jesus Christ,
   With Your good Father,
   And the Spirit, the Paraclete,
   Who is One with You.
- ♣ For Yours is the power,
  And the glory.
  Let us say, "Amen: Alleulia,"
  For glory is due to our Lord.

Grant salvation to Your people,
And to Your Church.
Bless Your inheritance,
And shepherd them until the end.

Hear us and keep us.

Bless us and have compassion on us.

Overshadow us with

The shadow of Your wings.

♣ We entreat of Your kindness,
 O Only-Begotten Son,
 For we are weak,
 Sustain us in Your mercy.

Инеенос тнрот етакеамійот: етеотишт нагрен пекйот: Пабс Інс маном† ниот: же неок пе пенвонеос.

- + Ζυαρωοττ ω Ιπζ Πζζ:

  Νευ Πεκιωτ κάταθος:

  Νευ πιππζ ώπαρακλητος:

  κουοστοίος Νευακ.
- Φ Οτος εσερπρεπι νακ νας †ξοτσία:
   αλρενασό ας λωην αχ:
   αξ πιώος φα πεννός πε.

Пеххаос ней текеккансіа: поі ншот потсштнріа: спот етекканрономіа: отог апоні йишот ща †ститехіа.

Сштем ерон арег ерон: смот ерон шенгнт барон: екербніві егрні ехши: ба Тскепн ете нектенг.

Τεντωβε ντεκμετεπικής:
 ω πωμρι μμονοσένης:
 Σε λνον ενοί ναςθένης:
 ματανδον εθβε πεκναί.

♣ O Son of God, Jesus Christ have mercy on Your people, and my weakness, For I am poor and needy.

Deliver us, O Lord, by Your Name.
Hear us and have mercy on us.
Comfort us by Your will,
And remember those who have slept.

Forgive me, a sinner,
And teach my Your ways.
Attend, O Lord, to my tears,
And grant healing to the sick.

- ♣ O Saviour of the world,
   Jesus ,the King of peace,
   I praise You at all times,
   And praise Your Holy Name.
- ♣ O King of all kings,
  O great Shepherd,
  O Name full of glory,
  Keep the rulers (kings) of the earth.

Τιος θεος Ιπζ Πχζ:
 λριοτηλί ηεμ πεκλλος:
 ηεμ τλμετελλαίστος:
 αε ληοκ οτεμκί οτος οταωβ.

Ф† навшен бен пекран: сштем ерон отог наі нан: бен пекотшу маном† нан: инетатенкот аріпотмейі.

Хш ині євой же йнок отрецернові: масвшині єнекшітшоті: бі смн Ф† єнаєрмшоті: инетщині матайбшот.

- Вштнр й тогкотменн:

  Пто потро йте теприни:

  тиасмот ерок мини:

  мини тиасмот епекран ебт.
- W ποτρο ήτε ηιοτρωστ:

  ὰ πινιω τ άμανες τους:

  ὰ πιραν εθμες μώστ:

  νιοτρωστ (ναιρχη) ήτε ήκαςι άρες

  Έρωστ.

January 9 (10) / Tobi 14: St. Maximus

The Doxology

January 12 (13) / Tobi 17: St. Domatius

See the Feast of St. Maximus on January 9 (10) / Tobi 14, page ##.

### January 16 (17) / Tobi 21: The Dormition of the Virgin The Doxology

January 17 (18) / Tobi 22: St. Anthony the Great
The Doxology

January 18 (19) / Tobi 23: St. Timothy the Apostle

See the Doxology for Any Apostle on page ##.

January 27 (28) / Meshir 2: St. Paul the Anchorite
The Doxology

### February or Umpp

February 2 (3): Meshir 8: The Entrance into the Temple

The Doxology

The Psali Adam

The Psali Batos

#### March or Napusotn

#### March 6 / Phamenoth 10: The Finding of the Holy Cross

See the Principle Feast on September 14 (15) / Tho-out 17, page ##.

#### March 23 / Phamenoth 27: St. Macarius the Great

#### The Doxology

#### March 25 / Phamenoth 29: Annunciation

#### The Doxology

#### The Psali Adam

I have hoped in You,
O Jesus Christ, the Son of God.
I have sinned, forgive me,
For the sake of the Mother of God.

Loosen unto me,
The works of my sins.
Hide not Your face from me,
O Christ, the Lover of mankind.

For you have truly entered,
The womb of the Virgin.
You are the Head,
And the Creator.

Διερεελπις εροκ: ὰ Ιπ̄σ Πχ̄σ πωμρι ὰΦ†: λιερνοβι εροκ: χω νηι εβολ εθβε †μλονοτ†.

Βωλ εβολ εαροι: ὑπερει πεο ὑποι: ὑ Πχς πιπαιρωπι.

• Σε ταρ ήθοκ ακί:

δεν θνεχι ή παρθενος:

νθοκ πε παρχη:

οτος πιδημιοτρτος.

Truly Luke has

Taught us joyfully,

Of the Mystery

Of Emmanuel.

Therefore he spoke
Of the servant,
Gabriel the heavenly evangelist
Of the Virgin.

Truly he spoke
With her, saying,
"Hail to you o full of grace,"
O pure one.

- "Behold you shall conceive,
   And bring forth a son,
   The Son of the Highest,
   Jesus, the Mighty One.
- ♣ Yours is the power, and the blessing,
   O Christ the Eternal One,
   Who today has shone
   From the womb of Mary.

Jesus, the Lover of mankind,
Has shone in the flesh,
According to the heavenly evangelist,
Gabriel the Angel.

• Дікєос астаном:
Аоткас бен отведна:
еве пінфстиріом:
пте Еннамотил.

Εθβε φαι αφαχί: εθβε πιλογτογργός: Σαβριέλ πιφαιωεννόται: έχεν †παρθένος.

Zе оптшс адсахі: пешас адхш ймос: хе хере кехарітшменн: й каварос.

- Ηππε περλερβοκι:
   οτος ήτελιοι ήοτωμρι:
   ἡωμρι λφηετδοοι:
   Η̄σ̄ πε πιλλλει.
- θωκ τε †χομ νεμ πίσμον:

  ὼ Πχ̄σ πιαδιὰ:

  φηετασωαι μφοον:

  δεν θνεχι Παριὰ.

Інс пімаіршы: ачшаі сшиатікос: ката пізіщеннотчі: йте Ѕврінх піаттехос. Truly He became
The Son of Man.
You are the True God,
The King of Heaven and Earth.

- Proclaim, O prophets,
   With the righteous:
   Christ the Master
   Came into the world.
- ♣ Let us be proud today,
   With the great Abraham,
   And all his sons,
   The race of Adam.

Have mercy and hear us
O Only-Begotten One,
O King of the ages,
Save us from our afflictions.

You are blessed O King,
The Lamb of God,
The King of all kings,
Who came for our salvation.

The Mystery:
God the Logos
Appeared to us,
From the Virgin.

Кахис бен отпевині: афиті імнрі іршпі: інвок пе Ф† імні: потро іте тфе неп пікаві.

- Наредшотшот ифоот:
  ным недшны тнрот:
  наме итенос иД Дам.

Наі нан сштем єрон: шионотеннс: шионотеннс: шионотеннс: шионотем обрана шионотем обра

Ζαμαρωστ ὼ πενοτρο: πιδιήβ ετε Φ†: ποτρο ήτε νιοτρωστ: φηέταξι εθβε νεναψ.

Ф† пілотос:афотине єрон:єволяєн †пароєнос.

### ♣ One from the Holy Trinity

Was incarnate today

From the holy one.

Our mouths are filled with joy, For the Lord has come to us And abolished Our bitter bondage.

Hear us and have mercy upon us,
O Good One,
Be with us,
For you are our help.

- ♣ Your Name is sweet, O merciful One.

  We worship You

  With humble hearts

  And bended knees.
- ♣ O Son of God have mercy on me,
   The sinner,
   That I might be saved,
   For I have committed many sins.

God the lover of mankind,
The longsuffering,
Who became man
Of His compassion.

#### + Πιοται εβολέεν: Ττριας εθτ: αφτις αροστ:

εβολδεη θηξθί.

Рши адмог праці: Пос аді щарон: тепшетвок есепщащиі: асвша еводгарон.

Cωτεμ οτος ναι ναν: ὼ πιαταθος: εκεώωπι νεπαν: νθοκ πε πενβοήθος.

- Τενοτωψτ μποκ ω πίναητ:
   φα πίραν ετεολα:
   δεν οτθεβίο κεντ:
   νευ οτκελί ετκολα.
- Τ̄ ο̄ ο̄ και κηι:
   αποκ Φα πιρεφερησβι:
   εταμετογχαι:
   χε αιχωκ κηιποβι.

Ф† пімаіршмі: пірєсішотнянт: фнетасішыпі пршмі: евве песіметшенянт. Forgive me my iniquities, Through the intercessions Of your mother Mary, The great all-holy one.

- ♣ All souls praise

  God the Creator,

  And offer the hymns

  To Him with honour.
- ♣ Be patient with us, Hear our prayers, O Lord, guard usFrom the snares.

Χω παη ήπεπαπομία: είτεη ημπρεσβία: ήτε τεμαν Upia: †πίωτ μπαπάσια.

- ተ ชาхн ทівен єтеюс:

  •Φ† пірецолію:

  οτος єτοτωρη μπλιετμήος:
  μφλ πίτλιο.
- Wornsht έχων: cwtem innenerch: Πος αρές έρον: έβολςα έτχη.

#### The Psali Batos

Keep us O ruler,
Enlighten my mind and my thoughts;
Make me to understand, O You who knows
The hidden mysteries of all the creation.

All mankind praises You,
O Lover of mankind,
For You are the ruler,
And the supporter of everyone.

♣ O Jesus Christ, my King, You are in truth The Light who carries The sins of the world. Дрег ерон ѝ піречергемі: аріотшіні йпанотс нем паемі: мака† нні ѝ петемі: йнетгнп й†к†сіс.

Βοη νίβεν ήτε νίρωμι: ετεως έροκ & πιμλιρωμι: αε ήθοκ πε πιρεσερεεμι: οτος φρεφωλής ήστον νίβεν.

Σε ταρ ήθοκ δεη οτμεθμη:

Ιπό Πχό παοτρο μμη:

οτος πιοτωινι ήταφμη:

φηεταώλι μέφηοβι μπικοσμος.

♣ David the king and psalmist, Said in the psalms, "Arise O Lord with the ark Of Your Sanctuary."

This is the Virgin,
The daughter of the righteous,
Mary the Theotokos,
The very and true Queen.

The praises offered to
The all-holy Bride are plenteous;
The Pure One full of wisdom,
The Mother of the True Light.

- ♣ God is the True God,
  And the patient One.
  He bowed down the heavens,
  And came and took flesh of you.
- ♣ Gather all you faithful,

  The sons of the Orthodox,

  That we may honour the Virgin,

  The wondrous Bride.

Jesus Christ has chosen you, O Mary, the Queen. He found no one like you In the whole world. • Δατίδ ποτρο πιετώμοδος: αφερψαλικ δεκ πιψαλώο: αξε τωκκ Πός κεω †κτβωτός: ετε πιώα ξότ κτακ.

Ετε φαι τε †παρθενος: τωερι νινιδικέος: Πριά †θεοτοκός: †οτρω μωμι ναδιμθίνη.

ζεοψ ήχε νε ετφομία: †ψελετ ὑπανάτια: †καθαρος εθμέν ἡςοφία: θματ ὑπιοτωινι ὑμμι.

- Ηλ πε Φ† μωμι:

  οτος πιρεσωοτής μτ:

  ασρεκ τφε αφι επεσητ:

  ασδισαρχ εβολ ήδη†.
- θωοτ† τηροτ ω αιπιστος: αιωηρι ὰορθοδοζος: ὰτενται ὰ†παρθενος: †ωελετ ὼπαραδοζοκ.

Ιπό Πχό αφόωτη άμο: ὰ Παριά Τόγρω: ὰπεφχευ φηετόνι άμο: δεν Τοικουένη τηρό. For you are the Tabernacle, O chaste, and undefiled. This is a great honour, Oh true vine.

- ♣ All peoples and all tribes
  Praise you in every tongue,
  O our Lady the Queen,
  Our true treasure.
- ♣ Moses the Archprophet
  Saw fire in the bursh.
  The flames were upon it,
  Yet its branches were not burned.

O wise and inspired ones, Contemplate on this Bride, From whom God The Merciful took flesh.

Gabriel the Angel
Came to her,
And gave her salutation in peace,
In a joyful voice.

♣ And he spoke with praises,
Saying, "Hail to you O all-holy one,
You have found favour
And grace before God.

Ке тар ноо те тскнин: ѝ †атошлев нсемие: фаі те †иіш† нтімн: †Вш налолі нтафмні.

- \* Άλος ΝίβεΝ ΝΕΩ ΦΥΆΗ ΝΊβΕΝ: ενεως ερο δεν λαπι Νίβεν: ὰ τενός ΝΝΗβ ΝαΗΟΥ ΝΊβΕΝ: Πίλεο Νλάληθινος.
- Uwrchc πιαρχηπροφητής:
  ασματ εοτχρωμ δεν πιβατός:
  πιχρωμ νασερλαμπιν ήδητς:
  οτλε μποτρωκε ήχε νεσκλαλός.

Иісавет отог інкатент: аріноін інтаі фехет: ета Ф† пінант: ацбісарх евох інэнтс.

Ζαπινα αφι ωαρος: ναε Σβρικλ πιασσελος: αφερχερετίζιν άμος: δεν ογέμη ντε ποελκλ.

Φ Οτος ασχος δεκ οτςτμφωίκα: χε χερε κε ὼ †πακάτια: αφεχιμι κοτπαρρησιά: κεμ οτέμοτ ὑπεὐθο ὑΦ†. The Holy Spirit will come
Upon you, O Mary the Queen;
God saw your purity,
And found no one like you."

The mouths of the pure prophets, Have witnessed in truth, "You are the Ladder, Which Jacob saw."

Hear me, O my blessed daughter, Look, and incline your ear. Forget your father's house, And your people, O pure one.

- \* "Blessed are you among women, Do not be afraid, O holy one, Behold you will bring forth a son, And He shall be called the Son of God."
- \* "Behold the handmaid of the Lord,
  Be it unto me, O Angel,
  According to your word, O Servant."
  Immediately He shone in the flesh.

Yours is the glory and the honour,
And the thanksgiving,
O Christ the Creator.
Save us for the sake of Your mother Mary.

Пเทีกร हिन हिनाम हिट्टण:
 ปังมีอุทร์ ปราชุบ:
 รัฐปราชุบ รายารัฐปราชิบ:
 ปักธุราชุบ ปราชุบ รายารัฐปราชิบ:
 ปักธุราชุบ รายารัฐปราชุบ รายารัฐปราชิบ:
 ปักธุราชุบ รายารัฐปราชิบ:
 ปักธุราชิบ:
 ปักธุราชิบ:

Ршот імпіпрофитис ій мині: атермефре бен отмефині: же ій те фмоткі інтафині: фиета Іакшв нат'єрос.

Сωτεμ ταψερι ὼ θηεταμαρωόντ: αναν πεκ πεμαψα ὼ θηετενδότ: αριπωβώ ὰπηι ετε πειωτ: νεμ πελαος ὼ †καθαρός.

- \* Τεμαρωστ ήθο δεν νιδιομι: απερερδο τω τατία: ενππε τεναμικί ήστωμρι: ετμοτ τέρος σε πωμρι μΦτ.
- Τc εμππε ληοκ †βωκι μΠος:
   εσεώωπι ημι ω ηιαττεχος:
   κατα πεκσαχι ω πιχττοργος:
   οτος σατοτά αάωαι σωματικός.

Φωκ πε πι ώστ κεμ πιταιο:
κεμ τεγχαριστία:

ὁ Πχς πιρεσθαμιο:
καριστια Υαριά.

Hail to you, O Virgin,
The Mother of God the Logos.
Hail to the joy of the angels,
Mary the fair dove.

♣ O Saviour grant coolness,
 To the souls of our fathers,
 Through the intercession of the Mother of God,
 And Abraham, Isaac, and Jacob.

♣ Be patient with me, remember me
In Your Kingdom for the sake of the Virgin.
And forgive my sins,
With all the Christians.

Χερε ης ὼ †παρθενιος: ὑματ ὑΦ† πιλοτος: Χερε φραψι ἡνιιαττελος:

- Φτχη νίβεν ντε νενίο†:
   ὑ πενδωρ μοι νωος νος χβοβ:
   είτεν νιπρεσβίλ ντμασνος τ:
   νεμ Δβρααμ Ισαακ Ιακοβ.
- Wornsht exwi aпіпаметі:

  Бен текметотро ебве †парбенос:

  отог хw нні евох інанові:

  нем псепі інніхрістіанос.

### April or $\Pi$ apmorte

#### May or Namanc

#### May 9 / Pashons 14: St. Pachomius

#### The Doxology

#### May 19 / Pashons 24: The Entrance into Egypt

#### The Doxology

#### The Psali Adam

My soul has desired Your salvation, That I might declare Your glory And Your great mercy.

Send Your help to me,
Teach me Your precepts,
Grant me wisdom,
O true God.

- ♣ For Your great works, And Your humility O Creator, Are truly mysterious.
- ♣ Christ the MasterWas born of Mary.He saved the raceOf Adam and Eve.

Дтафтхн біфффот: йса пекотхаі: еөрісахі бен пекфот: нем пекніф† йнаі.

Βωρπ ημι ητέκβομθία: ματαβοί ενέκμεθμμι: μοι ημι ηογοφία: ω πίνοτ ήτα φμμι.

- Σε ταρ †οι ἢῷΦΗΡΙ:
   κοβε νεκδβΗΟἦΙ:
   νεμ πεκθεβίὸ.

He was in a manger In Bethlehem. He is the Saviour, The King of all ages.

He Who is the refuge, Who is the judge, Truly fled from The face of Herod.

- Behold, He has taught us Not to return
   Evil for evil,
   Till the end of our days.
- The right hand of the Lord,
  The Logos of the Father,
  Is the unlimited power
  In the bosom of His Father.

Jesus Christ,
Our true God,
Came and was incarnate
For our salvation.

Truly today
He came to the Egyptians
And walked with them
As a man.

Εσχη σεν Βηθλεεμ: σεν πίσπελεον: νθος πε πιρεσνοσεμ: ποτρο ννιεων.

ζε οντος αφφωτ: εβολ εα πεο ήΗρωλης: ήθος πε πιμαμφωτ: εθος πε πικριτης.

- Θοτιναμ μΠος:
  πιλοσος ήτε Φιωτ:
  †χομ ήλατατρήχς:
  ετ δεν κενή μπεσίωτ.

ΙΗΤΟ ΠΙΙΤΟ ΠΕΝΝΟΥΤ:

ΝΑΙΝΗΘΙΝΟΟ:

ΕΤΑΘΊ ΕΘΒΕ ΠΕΝΟΨΤ:

ΑΘΕΡΟΨΜΑΤΙΚΟΟ.

Ке тар бен паієгоот: афі ща нірешнХнші: еспощі неишот: йфрн† нотршші.

- ♣ Behold the saying

  Of the prophet came to pass

  Which he prophesied

  Concerning the Master:
- The holy Mary,

  The light cloud,

  Carried the holy One

  Today in Egypt.

The idols have fallen,
Their demons have fled
From the true God,
The Son of the Father.

Therefore He,
In His eternal
And great wisdom,
Entered a cave.

- And he likewise Entered a house.
  Jesus placed healing
  In a deep well.
- ♣ Again He went

  To Ashmounin,

  And dispersed the enemies

  In that place.

- Λοιπον ασχωκ εβολ:
   καε πίσαχι μπιπροφητής:
   ετασχος εβολ:
   εθβε πιλεοπότης.
- Царіа өнебт:
   фбнпі єтасійот:
   асйхі йфнебт:
   ща Хниї йфоот.

Дапіна ацфе: ебочи піспелеон: бен тециетсаве: йеочнюм.

- Φ Οτος οη ασμοώι:
   Ιμς ασχω πμφαφρι:
   σεν τωωτ.
- Пахін он астофі: фа Миотн снат: асхфр евох нніхахі: эен піца ете йшат.

Rejoice and be glad
In Immanuel,
The King of all creation,
O land of Egypt.

Salome, Mary,
And the righteous Joseph
Praise before the precious One
With eagerness.

- Therefore they
   Truly sang to Him
   With new songs,
   When they beheld the wonders.
- ♣ The Son of God, Our Lord, Who appeared to Abraham, Came into our midst On mount Coskam.

God the Creator, Who spoke to Moses, Has entered Egypt With humility.

Holy, Holy, are You In Your economy O Holy One, Glory be to You. Alleliua. Рафі отог обхил: бкагі йХнші: бен Ешшанотил: потро й†ктисіс.

Сахома нем Царіа: нем Ішснф пібмні: начеос бен отакрівіа: йпейбо йпіанамні.

- Tote alhowc:
   δεν οτεως μβερι:
   ετεως έρος ρητως:
   ετατνατ ενιώφηρι.
- Тюс Оеос Пеннот †:

  ета сотонь й Дврааи:

  асушть бен тенин †:

  бен й тоот й Коскаи.

Φ† πιρεφθαμίο: εταφαχί νεμ Úwrchc: δεν οτθεβίο: αὰι ωα πκαδι νίχημί.

Χοταβ χοταβ: Δεη τεκοικοηομία: ὼ φηεθοταβ: πιὢοτ νακ Άλληλοτιὰ.

- ♣ O Saviour of the world, God the lover of mankind, Have mercy on Your people, And heal their sicknesses.
- Be patient with me,In my weakness.Grant mercy unto me,In the day of Judgment.

- Фф пімаіршмі:
   паі за пекхаос:
   матабшог протщині.
- ♣ Wοτήδητ έχωι:
   ανοκ πιαςθένης:
   μοι νηι ήοτηαι:
   δεν πίεμοοτ ήτε †κρίζης.

#### The Psali Batos

Truly I approached,
A great ruler,
The Name of salvation,
Of Christ the King of the ages.

Everyone in heaven
And on earth rejoices today,
For the King of kings,
Has appeared on earth.

- ♣ For truly, today,
   He walked like any man,
   And in His great mercy,
   He descended to Egypt.
- ♣ David the Psalmist spoke, Glorifying His majesty, "Let the heavens rejoice, And let the earth be glad."

Άληθως ταρ αι† μπαοτοι: εοτνιψή γκεφαλέον: ετε φαι πε πιραν νοτχαι: ντε Πχς ποτρο ννιεων.

Βοη οτραφί φωπί άφοστ: δεη τφε νέω δίχεη πικαδί: χε άποτρο ήτε ηιοτρώστ: οτοηδ έβολ δίχεη πικαδί.

- Σε ταρ δεν παίεδοος φαι:
  ασμοώι μφρη ήρωμι:
  οτος δεν πεσνιώ ήνναι:
  αζί επεςητ ωα πκαδι ή χημι.
- Δατίδ πιετμήοδος αφέαχι:
   αφόσο ὑπεφάμαει:
   αε μαροτοτήοφ ἡχε μιφηοῦι:
   μαρεφεληλ ἡχε ῆκαει.

The valleys and
Everything in them rejoices,
At the coming of Christ,
As the prophets proclaimed.

Yes, indeed,
Matthew the Apostles,
Told likewise,
Saying in the Gospel,

- \* "Behold an angel Spoke to Joseph, saying, 'Arise, take Jesus Christ And go to Egypt quickly."
- This is the mysterious prophecy,

  Which appeared and has come to pass,

  "Out of the land of Egypt,

  Have I called my Son."

Joseph wisely arose
In strength and
Took his Lord,
And Mary and Salome.

For truly they came

Down with endurance,

To the land of Egypt,

Fleeing the face of Herod.

Сєращі ήχε ηιμεμμοή: ηεμ εωβ ηίβεη ετε ήδητος: εθβε ήχιηι μΠχς Πεημοςή: κατα ήςαχι ημήροφητης.

Zє онтос тар ачтамон: йже Иатосос піапостолос: бен пістаттеліон: йпаірн† счжи ймос.

- Ηππε ις ογασσελος:
   ασως ήΙως η Τζς:
   αλως μα χημι ήχωλεπ.
- Θαι τε †προφητιά ήψωφηρι: εταςονώνε ονός αςφιρι: χε εβολ δεν πκαει ήχημι: ανόκ αιμονή μπαψηρι.

Ιωσεφ δεκ οτώρωις: κεμ οτχομ κεμ οτσοφίλ: αστωκα ασδι ώπεσος: κεμ Աαρία κεμ Cαλοτμα.

Κε ταρ ατι επεсητ:

ωα τχωρα ηχημι:

δεν οτμετφεσώοτησητ:
εβολεα πεο ηΗρωλης.

- And before the King of glory,
   The demons also fled,
   With all their evil hosts,
   And the idols were destroyed.
- And afterwards the seas,
  And the rivers praise Him,
  And the hills and the mountains,
  Worship Him.

All the trees and the cedars, And the rain and dew, Praise God who has come For our salvation.

Blessed are You indeed, With Your good Father, And the Spirit, the Comforter, The co-essential Trinity.

- What a glorious mystery, He who created the heavens, Walked as all men On this day.
- ♣ The King of all ages, Took flesh and became man, And He came to the cave, Which is in Egypt.

- Λοιπον ατφωτ ήχε νιδεμων: νεμ νοτδτηλμία ετεωστ: ατκωμ ήχε νὶιδωλον: ὑπεὺθο ὑποτρο ἡτε πωστ.
- ◆ Иененса наі етгшс ероц:
   ѝхе ніашают неш нііаршот:
   отог етотшшт йшоц:
   ѝхе нікалашфшот неш нітшот.

Иіўшни тнрог йте піілгўшни: нем німочигшот нем нііш†: ечгшс еФ† фнеомни: етасі еове пенсш†.

Диаршотт ноок ахношс: нем пекішт назаоос: нем Піпенетма мпаракхнтон: ∄тріас номоотсіос.

- Отффирі едмег йшот:
   фистадолию йифиоті:
   ката фрит шпайсгоот:
   адмощі йфрит йотршмі.
- Ποτρο ήτε νίεων:
   αφείκλοτη ότα λαερρωμι:
   αφε έδοτη έτα λαπέλεον:
   θη έτχη δεν όβακι ή Χημι.

All the names of the incorporeal Praise Him without doubt, With unceasing voices, saying, "Glory to You, O Only-Begotten."

Hear me, O my beloved, In the land of Pagem. He left His blessing in the well, Healing and delight.

- Then He came to Ashmounin, And dispersed the idols, And performed miracles In that city.
- They walked also walked to the mountain Of Coskam joyfully.

  They stayed there for many months

  And He blessed it with His right hand.

Yours is the glory, the honour, And the thanksgiving, O King and Creator, In Your great economy.

You are holy, O Lover of mankind, For You have visited in Your mercy. You took flesh and became man, And granted us salvation. Ран нівен насшиатос:
етгис ероц абне саніс:
бен гансин натхаршот:
же пійот нак пімоноченнс.

Cοτεμ εροι ω ναμενρα †: δεν τχωρα μΠεμχε: αγχω μπεγός μον δεν τωω †: νεμ πιταλδο νεμ πιελοχ.

- Τοτε αφί ψα Ψυοτή επατ: αφχωρ εβολ ηθιλωλοή: οτος δεή †βακί ετε μυατ: αφίρι ηθαπχού.
- ♣ Т\(\text{con \(\psi\) бен отерот\(\psi\) тио\(\psi\) из пр\(\psi\) тоска\(\psi\):

  ат\(\psi\) ат\(\psi\) из нтерот\(\psi\) кана\(\psi\) ас\(\psi\) сот\(\psi\) ерод \(\psi\) нтерот\(\psi\) на\(\psi\).

Φωκ πε πιώοτ νεμ πιταίο: νεμ τεγχαριστία: ώ πιοτρο νπεσθαμίο: δεν τεκνιωτ νοικονομία.

Χοταβ ήθοκ ὰ πιμαιρωμι: Σε ακχεμπεηψίηι δεη πεκηλί: ακδισάρζ ότος ακερρωμί: ακή ηλη μπιοτχαί.

- ♣ O Saviour, have mercy on Your people

  Through the prayers and intercessions

  Of Your mother, the Virgin,

  The holy and true Mary.
- ♣ Be patient with Your servant,

  Forgive me my iniquities,

  So that I may praise You, saying,

  "Glory to You. Alleluia."
- Вштнрп наі ба пеклаос: гітен нітшве ней ніпресвіа: пте текмат мпароенос: †атій мині Царіа.
- + Wοτήσητ έχεη πεκβοκ: χω ημι έβολ ήναληομία: σινα ήταςμοτ έροκ: χε πίωστ νακ Άλλελοτία.

May 28 / Paoni 3: St. Abraam of Fayyoum
The Doxology

#### June or ΠλωΝε

#### The Apostles' Fast

#### The Doxology

#### The Psali Adam

I cried to You, O Lord, Forget me not, Be a guard to me, And hear me.

Send to me Your help, From the highest. Lift away my afflictions, And my iniquities.

- For I will joyfully

  Declare the words,

  Of my lords

  And fathers the Apostles.
- ♣ David the fair,
  Said in the Spirit,
  "Their voices went forth
  To all the earth."

These are the foundations Of Orthodoxy, Who established the faith In the Church. Дішш отвик Пос: шперхаршк ероі: шшп ині йотрефшіс: отог пазонк ероі.

Βωρπ ημι εβολδεη ήδις: ητεκβοήθιλ: ωλι ήναδις: νευ ναληομίλ.

- Δατιδ πεθηληση: δεη πιπηετωλ ετε ηδητη: αε λποτδρωοτ ωεηλη: ειαεη πικλει τηρη.

Ετε ηλι ης ηιςεη†: ητε τορθοδοζιλ: ετληχω μπιηλεή: δεη τεκκληςιλ. Therefore they are
In truth our guides
Unto salvation.
These are their names:

- ♣ Behold, Peter and Andrew, John and James, Philip and Matthew, and Bartholomew,
- Thomas and James,
   Simon the Zealot,
   The wise Thaddeus,
   And Matthias who completed them.

Behold, these twelve
Are precious pearls,
Along with the other
Seventy-two chosen Disciples.

They went into
Every land, city and village,
And continually
Performed miracles.

They also truly

Restored the world

To the knowledge of the Truth,

By their many wonders.

Ζε οντως εθβε φαι: Νοωος πε εταγδιμωίτ ναν: εδοτη επιογχαι: ναι ταρ νε νογραν.

- Нппе Петрос нем Ди∆реас:
   lwannhc нем Іакшвос:
   Філіппос нем Иатоєос:
   нем Варооломеос.
- θωμας μεμ Ιακώβος:

  μεμ Οιμώμ πιρεγχος:

  μεμ θαλλεος πιςοφος:

  δεμ Πατθίας αγμός.

Инт снат ете шат: ноні шартарітно: нем пікеўве снат: номтп шааотно.

Ката хюра нівен: нем поліс нем †мі: атмощі йснот нівен: атірі йганмніні.

\* λοιπον δεν οτμεθμη: αττάς ο νη οικοτμένη: επός οτεν ημεθμη: εθβε πάωαι ννιωφηρι.

#### Moses had brought Forth twelve fountains From a rock, Flowing and gushing.

In Elim there were
Twelve fountains,
Many herbs,
And seventy palm trees.

The prophet has said,
"An olive tree
Has blossomed and budded
Into twelve branches."

## These are indeed,The parables,Of the Apostles,Who passed on the commandments.

#### ♣ These twelve were chosen By our Saviour. He sent them everywhere, Like the stars.

The names of
The twelve tribes,
And the twelve gates,
Of that City.

# Иштене тар афіні: єволбен отпетра йшні: йпішнт снат йпентн: єтва т євол єтвеві.

Надфоп бен Діхім: йхе мнт спат йпнтн: нем ганмну йсім: нем ўве йвені.

Ζτλοη ήταωιτ:
πεχε πιπροφητής:
αφιρι εβολ αφρωτ:
απιωητ ζηλτ ήκλαδος.

## Отині ахношс: иє наі паравохн: єхєн ніапостохос: єтатхю йнієнтохн.

# Пашнт снат адсотпот: йх є Пенсштнр: отог адоторпот: йфрнф йганфистнр.

Ραη ἡνιφτλη: ατιρι ὑπιωητ ἀνατ: νεω ωητ ἀνατ ὑπτλη: ντε θβακι ετε ὑωατ. Look and learn,
There are
Twelve hours,
Passing by every day.

- ♣ And also there are

  Twelve months in a year.

  And our daily works,

  Are twelve in number.
- Behold, all these symbolsDirect us toThe Apostles,Who preached to us.

O God of refuge,
Through their prayers,
Repose all the souls
Of those who have fallen asleep.

Forgive us our sins,
And our iniquities,
Through Your love for mankind,
And through their intercessions.

♣ And the rest of Your people, Those who are Your vessels, Guard them, O Lord, O God our guardian. Comc ήθωτεή †not: Σε δεη ηίεδοοτ: ΜΗΤ ζηλτ ήστηστ: ψατζίηι κατά εδοοτ.

- Лоте нійвот он:

  шнт снат бен трошпі:

  отог ненуште он:

  шнт снат бен тотініі.
- Тппе на тетпос: сеерстименін нан: ехен ніапостолос: етатгіщеннотці нан.

Фиот пілайфот: гітен нотетхн: ннетатенкот: майтон йнофтхн.

ХШ нан євой іненнові: нем ненаномій: бен текметмаіршмі: гітен нотпресвій.

♣ Φεπι ὑπεκλλος: ὰρεε ερωοτ Πδοις: ΝΗΕΤΕ ΝΟΤΚ ΝὰΚΕΤΟς: ὼ πινοτ† Νρεαρωις. ♣ O You who was, With Your Apostles, Forgive us our sins, We Your people. ♣ ₩ фнетафшип:
хш нап `єВох інпеннові:
хнон за пекхаос.

#### The Psali Batos

Our Lord Jesus Christ,
Our God in truth,
Gave a sign to His servants,
My lords and fathers, the Apostles.

By His strength He bound them with All perfect help.

He gave them authority

To preach throughout the world.

- ♣ For He has chosen them,
  And filled them with all understanding.
  He send them, commanding,
  "Go to all regions."
- ♣ David taught
  Testifying in his book:
  "The Lord gives strength
  To those who preach His Name."

Who among the wise
Have fully explained
The mystery of your blessedness,
O my lords and fathers, the Apostles?

Βοὰθιὰ ΝίβεΝ ετχηκ εβολ: δεν τεσχου ασμορος ύμος: αστ ερωιωι νωος εβολ: εθρος ειωιώ δεν πικοσμος.

- \* Σε αρ ήθος ας αυτη μποφος: ας ανακωος εβολ δεν κα τη νίβεν: ας οτορπος ας κονεν νώος: Σε παφενώτεν δεν παι νίβεν.
- Δατίδ ασταμού δευ πεσχώμ: νεσμετμεθρέν αστ ναν: χε Πος εσέτ νονχομ: νυμετειώεννους πεσίραν.

Ере нім бен нісофос: пнермниеттне кахше: пасажі інетенмакарісмос: пабоіс інот інапостохос. Truly the Lord spoke in truth, When He promised, "O you who endured with me In my tribulations,

- Behold, I surely establish A covenant with you, You will sit In My Kingdom.
- ♣ And you will truly
  Sit upon holy thrones.
  You will judge
  All generations."

From the East to the West
And the North to the South,
Confirm the elect,
And restore the impious.

The Lord is the Messiah.

He has chosen His Apostles:
Peter and Andrew,
John and James,

Philip and Matthew, Bartholomew and Thomas, James the Son of Alphaeus, And Simon the Canaanite. Ζε οντως αφααί δεν οτμεθμή: αφωμ νωτέν νας Πδοίς εφαω μμός: ας νηετερενπομονίν νεμή: νέρη δεν ναπίραςμος.

- Ηππε ληοκ † σεμηι η εμωτεη: ὴοτλιλθηκη δεη οτταχρο: χε τετεηναδεμει ὴθωτεμ: ὴδρηι δεη τεμετοτρο.
- Φρονος μωμι ε̄ο̄τ:
   ερετενεεειςι ε̄ερμι ε̄χωοτ:
   ονος ερετενε†ελπ:
   λνιρωμι ντε νιχωοτ.

Ісхен німайщаї ща німайгютп: нем ісхен пемгіт ща фрнс: матахро йннетсютп: матасоо йнійсевнс.

Ктрюс пе Иасіас: αцештп іннецапостолос: ете Петрос нем Дидреас: Ішанняс нем Іакшвос.

Matthias was chosen
 Instead of Judas,
 And was numbered with the rest,
 Who followed the Master.

These Christ, Immanuel,
Has chosen and commanded,
"go to the sheep,
The lost of Israel.

Adorn them with the adornment Of Holy Baptism, In the Name of God the Father, The Son, and the Holy Spirit.

- Heal the sick,
   Cast out demons,
   Remedy illnesses,
   In perfect strength.
- ♣ I shall give you with power,
   The eternal authority,
   In heaven and on earth,
   To loose and to bind.

Incline your ears strongly,
To these meek men,
Whom the King has granted,
To judge in retribution.

 Ψ Πατθίας φηετασώωπι:

 γιτωεβίω γίου δας:

 νεω πχωκ εβολ νεω παεπι:

 νημετασμού για δεαποτα.

Ναι αφεστποτ αφεσήδει ηωστ: ήχε Πχε Εμμανότηλ: χε μαψενωτέν δα νίεςωστ: ημετςωρέμ δεν Πίςραηλ.

Ζελοωλοτ δεν οτμετλαμπρος: Ντε πιωμό εδτ: εν ονοματι τοτ θεοτ Πατρος: νεμ Πωμρι νεμ Πιπνετμά εδτ.

- Отог маталбо иннетушии:

  имдемии гитот евол:

  арифафри иншави:

  фен отхом есхнк евол.
- Πιερωίωι εθώμη εβολ:
   δεν τφε νέω δίχεν πικαδί:
   έτε πισώνο νέω πιβωλ εβολ:
   †νατμίς νωτέν δεν οτάμαδι.

Ρεκ πετεμμάωχ δεμ ογτάχρο: ἡμιρωμι ἡαςθεμμς: εταφερδμότ μωος ἡχε πόγρο: εθρος τεαπ δεμ Τκρικίς. Listen, for their voices went out Into all the world, And their words have reached The hearts of all.

- And so our mouths shall not weary
   Of praising you,
   And our tongues will not cease
   Magnifying you.
- ♣ Your names and remembrance
  Is on the lips of the faithful,
  For you saved them from
  The thoughts of the devil.

O Father of compassion,
Have mercy through their prayers,
And through Your patience,
Save us from the snares.

Forgive us our iniquities,
Through their intercessions,
O eternal One without beginning,
Now and forever.

♣ Guard us in Your strength,
 The rest of our days,
 Deliver us from evil,
 And confirm us in Your faith.

Сωτεμ χε λποτόρωοτ ωεκλη: εβολ ειχεκ πεο ώπκλει τηρη: οτοε κοταλι λτφοε: δεκ πεητ κτε πιεπτηρη.

- Доте рши набісі ан: птенеретфомін миштен: отог пенхас нахаршцан: птенергото бісі миштен.
- ♣ Τς ηετέηραη ηέω ηετέηερψωετί: ετώμη δεη ρώοτ ηνιπίστος: ετηόδεω μωώοτ εβολ δεη ηιμετί: ητε πιδιάβολος.

Φιωτ ήτε ηιμετωεήςη:

ηλι ηλη είτεη ηοτέτχη:

είτεη τεκμετρεσώοτηςητ:

ηλεμεή Έβολελ πίφλω ετχη.

Χω ναν εβολ ννενάνομιά: ὑ πιαταρχη πιώα ενές: ειτεν νοττώως νεν νοτπρεσβιά: ισχεν 4νος νεν ωα ενές.

• Вепі ете ненегоот:

Бен текхом брег ерон:

нагмен еводга піпетешот:

Бен пекнаг матахрон.

♣ O our Lord Jesus Christ,
 With Your chosen Apostles,
 Remember the poor,
 And count us with Your faithful.

+ W Πενός Ιπς Πχς:

νεμ νεκοωτη νλποςτολος:

λριφμενι μπίελαχιστος:

οτος οπτεν εων νεμ νεκπιστος.

# June 6 / Paoni 12: Archangel Michael The Doxology

June 11 / Paoni 17: Return of St. Mark's Relics

See ##.

June 18 / Paoni 24: St. Moses the Strong
The Doxology

June 20 / Paoni 26: Archangel Gabriel

?

June 24 / Paoni 30: The Nativity of St. John the Baptist

see ##.

# June 27 / Epip 3: St. Cyril of Alexandria The Doxology

# June 29 / Epip 5: The Apostle's Feast

#### The Psali Adam

Дітшве ймок Панот†: хш нні й Паб'оіс Інсотс: еове набоіс н1іо†: Петрос нем Патхос.

Βοήθιν εροί Παδοίς: εθβε ∯θεότοκος: νεω νιάποςτολος: Πετρος νεω Παγλος.

- ♣ Σε ταρ ήθωστ ατδιει:
   εεστε ηιδικέσε:
   ηὶςτατλος ήρεσοτωινι:
   Πετρος νεμ Πατλος.
- \* Δατιδ ποτρο κεχας:

  σεκ πχωμ μπεςψαλμος:

  κε α κοτάρωστ μεκας:

  εβολ επικοςμος.

Сове набоіс ніо†:

напостолос:

ансоттен Фнот†:

Пенбоіс Інсотс Піхрістос.

+

Ζεοψ εμλώω: ναε νιαομ νευ νιώφηρι: ετλύρι μπφολ: δεν φραν μΠιχριστός Πιαωρί.

+

♣ Ηππε Ποτρο ήτε πωστ: αφοτωρποτ επικοσμός: είνα ήτοτειωιω μωστ: δα ∄αναστασίο μπ6 οίς.

+

• Ошот то наменра т:

птенерузі мфоот кахис:

еове набоіс піот:

Петрос нем Паухос.

Інсотс Πιχριστος αφοωτη: καιο ή καποστολος: Πετρος νεω Πατλος: πιδαε δεν νιαποστολος.

Κε ταρ δεν οτμεθμη: ατειωίω δεν νιεθνός: δεν φραν ή τμεθμη: ετε φραν ή Ικονς Πιχρίςτος.

+

λαλι ὼ νιπιστος:
 δεν ψραν ὑνιὸταγλος:
 ὴτε Ιμςογς Πιχριστος:
 Πετρος νεω Παγλος.

+

• Иог нан итеквірнин: ша пхшк иніхронос: шатахбо иненщшні: евве ніапостохос.

Νεμιο ή κλπος τολος: δεμ πιετασσελίομ: ατειωίω δεμ μιεθμός: δηεμ φραμ ή Κτρίομ.

Ζα πωωι εμαωω: Πετρος μιαποςτολος: μεμ πιρεςτέβω: πιςωτπ εθοταβ Πατλος.

- Οτνιώ τε ποτται:

  δεν θων τ νοτρανός:

  εκότε νη εθοτά Β τη ροτ:

  νεω νιδικέος.
- НепинВ хюр йигхахі:
   йте Деккхнсіа:
   ма тахрои бей текатапн:
   ма †ститехіа.

Ραφι ω ηιπολίς: Ρωμη ηεω Δλεξαηδρία: ηεω Χημί ηεω Εφεςεός: ηεω Δητίοχία.

Cμοτ επιιαρώστ: νεω νισιτ νεω νικαρπος: εβολ είτεν νιτεο: ΔΠετρος νεω Παγλος.

+ Jentwbe εθβε nenio†:

niothβ nte Π6'oic:

neu niapzwn ûwainot†:

neu niΔiakwnoc.

+

+

+

🛨 Υλεοη ηιλιακός:

νεμ πσεπι ηνιπιστός: ναθμος ὁ Πεννήβ Πιχριστός: εθβε νιλποστόλος.

Фиот† Пімаіршмі:

άρες επεκλαος: εθβε †ψε μβερι: Νεω Νιάποςτολος.

Χερε Ναδοις Νιο†: καποςτολος: ετε Πετρος Νινιωή: Νεω πεκςαδ Παγλος.

+

+  $\Psi$ тхн майтоп пофот:

бен Піпарадісос: евве нірецбро: Петрос нем Пачдос.

+

Ш Пенинв λριφμεὰι:
 ὑτεκβωκ †φε ѝερι:
 νεα Петрос:

**ΝΕ**Μ Πλτλος.

#### The Psali Batos

Αρισαλπιζιν ω ναμένρα †: δεν ογώμι ναλλπισσος: δεν πωαι νναδοις νιο †: πενιωτ Πετρος νεμ πενίσδ Παγλος.

Βοη οτραφί μεπ οτθέληλ: ερπρεπι μπίσηαν (Β) ήστανλος: ήτε Πιχρίστος Εμμανονήλ: πενιώτ Πετρός μεμ πενίζα Πανλός.

- Тенос нівен інпіпістос: атошот† бен †еккансіа: бен ітшаі інпіапостолос: бен занушс неш занфаліа.
- Δατιδ ποτρο ασωψ εβολ:

  δεν πχωμ ήτε νιψαλμος:

  αε α ποτδρωοτ ψενασ εβολ:

  οτος νοτζαχι ατφος επικοσμος.

€Βολειτεν νιὰποςτολος: νεω νιωλθητής ὼΠιχριςτός: ανόστεν Πεν6'οις Ιμόστος Πιλοτός: εθβητός ναι ναν ὼ Πιάταθος.

Хеоф йже німніні: етатаітот бен пікосмос: отог аттайбо йннетфшні: бен фран МПенбоіс Інсотс Піўрістос.

- Ηππε ληση δα Νιχριστιανός:

  τεπερωλι ημός δεη εληεγώνος:

  ενωμ εβολ ενχω μμός:

  χε ζερε ημότεν ω νιλποστολός.
- θωκ τε †χομ νεμ νιταιο:
   ὼ Πενςωτηρ κλυάδος:
   χω ναν εβολ εθβε νι†δο:
   ὼπενιωτ Πετρος νεμ πενςάδ Παυλος.

+

+

Ic εμππε πενδοις Ιμςότς Πιχριστός: ασταλό ητεσχιχ ηογίναμ: έχεν νιάφμογι ηνιάπος τολός: νισενή ετνάνες ηατκίμ.

Κε παλιή πεής Παγλός: αφότωμε μας ήχε Ιμέονς Πιχρίςτος: δεή φμωίτ ήλαμαςκός: όνος αφέωτη μμος ήσγαποςτολός.

- λαος ημιχριστιανός:
   ετδεν Ρωμή νευ Δλεξανδρία:
   σεται ηνιάποστολος:
   νευ τχωρα ηχημί νευ Δητιοχία.
- Սαρενθωστ ὁ ναμένρα †:

  κατενεως εΠιχριστος Πενθοις:

  κατενταὸ κναδοις κιο †:

  νηθετουτη κλησοστολος.

   Επαρενθωστολος

  κατενθωστολος

  \*\*Επαρενθωστολος

  \*\*Επαρενθωστο

Ηλι ηλη οτος αυτεμ έροη: ὑ Πεηαυτηρ ηλτλθός: ὑλι ὑπεκχωητ εβολ ελροη: εθβε ηεριοτ ηλποατολός.

Ζα πωωι εμαωω νινιω†: εδοτε νιθωμι νεω νιδικέος: εθβε νιωμινι ετοι νδοτ: νηθεταταίτοτ δεν πικόςωος.

• Οτιίω Τε πταιο ημιάπος το λος:
πενιώτ Πετρος νευ πενίζε Πατλος:
κνέτατως πάιςι ηνιβαζανός:
εθβε φραν ήμις Τιχρίς τος.

+

+

+

♣ Πενιωτ Πετρος εσθβικόττ:
 ασχωκ ὑρεσάτων καλως:
 δεν ςοτ ετοοτ (ē) ѝεπκπ ετςμαρωόττ:
 δεν νίεδοοτ ѝΝιρον πίλνομος.

Ραψι εναψω à πενις Πατλος: φα τωμ ετεολχ νεν τοφία: αε αφνοτ δεν τομφί εθβε Πιζρίστος: φιεταφνένριτη φα τεχοτοία.

Εμοτ επιμωστ μφιαρο: νεμ νις τ νεμ νικαρπος: ειτεν νιψληλ νεμ νιτεο: ντε νενιοτ εθοταβ ναποςτολος.

- ♣ Ţεντεο εροκ ὼ Πεννήβ Πιχριστος:
   εβε νιοτήβ νεω νιδιακώνος:
   ματαχρώον δεν τωετάσαθος:
   εθβε νηὲτενεοτ κάποςτολος.

Φημβ Φηστ η κηβοήθος: δια ώπταπ η Νιχριστιανός: οτος ματάχρο η η ιπιστός: εθβε η εκρώτη η λποςτολός.

Хере не ѝ Дпароенос: Иаріа Доеотокос: жере неніот напостолос: ннетачениці бен пікосмос.

- Φτχη νίβεν μοι νωστ νοτχβοβ:

  δεν κενα νητενιό τηνιδικέος:

  Δβρααμ Ιςακ Ιακωβ:

 $\varepsilon \Theta B \varepsilon \ \text{nenio} \dagger \ \grave{\text{na}} \tilde{\text{noctolog}}.$ 

# July or **E**ПНП

July 1 / Epip 7: St. Shenouti

The Doxology

July 2 / Epip 8: St. Pishoy

The Doxology

The Virgin's Fast

# August or Uεсорн and Κογχι κλβοτ (The Little Month)

## August 6 / Mesori 13: The Transfiguration

## The Doxology

#### The Psali Adam

The Lord reigns,
Let the Earth rejoice.
The King is

The God of Israel.

Let everyone Who has beheld His great glory Praise and sing.

- Three strong men
  Of the Disciples
  Saw the glory of Christ
  On Tabor.
- ♣ David has spoken By his mouth, saying, "Many great clouds Seek after Him."

Righteousness,
Goodness,
And upright justice
Befit His throne.

ΔΠος έροτρο: μαρε πκαδι θεληλ: φα †μετοτρο: Φηοτ† μΠίςραηλ.

Βοη νίβεν ετέως: ετθτερμέθρε: επεςιώστ ρητός: οτος ετερψάλιν.

- Ψομτ ήρωμι εγχορ:
   δεη μιλποςτολος:
   αγηλα είχεη θοβωρ:
   ερώοτ μΠχζ.
- ΔατιΔ ταρ θαχος:
   δεν πιςαχι ήρωα:
   αε οτό μπι νεω οτό νοφος:
   ετκω† εροα.

Ερε οταεθαμι: Νεα οταετχριστος: Νεα οτελπ ήςωσττεν: απετθρονός. For truly He covered The mountaintop With clouds, mist And storms.

- ♣ God is our refuge,

  And our Judge,

  In the glory of His Father,

  And the Holy Spirit.
- ♣ God, the powerful,Has authority,Was transfigured on Tabor,O three Discipole.

Behold, His clothes
Also shone
Whiter than snow,
And brighter than lightning.

He also brought
Moses the Prophet,
The performer of miracles,
And Elijah the Tishbite.

The Disciples

Recognized what they saw

Before them,

And they preached it.

Ze онтос ацешвс: ѝтафе шпітшот: Фен отбипі нем отхремтс: нем отсара<del>о</del>нот.

- Ηλ πε πενμαλφωτ:
   οτος πιρες τς λαπ:
   δεν πωος ντε πεςιωτ:
   νευ Πιπνετμα εθτ.
- Оеос фнетхор:

  еніехотсіастнс:

  аспотинь віхен Оаршп:

  и піщомт ймаюнтнс.

Ic εμππε δε οη: ηεςεβως αγειβρηχ: εεότε ογχίωη: ηεώ ογεετεβρηχ.

Κε παλιη αφινι: ὑ Աωτομο πιπροφητμο: Φιλετιρι Νεανωμινι: νεω Η λιαο πιθεοβιτμο.

• Хоіпон атсфотн: постатнат ерфот: отог атермефе. Moses spoke to Him, Concerning the house of Israel, And Elijah spoke to Him, Concerning Ahab and Jezebel.

The Disciples were amazed, In their hearts, For they could not behold The Master.

You are above all thought,
O Voice which said,
"This is my Son,
Hear Him."

- ♣ A light has shone
  Upon the mountaintops:
  Jesus the Merciful,
  The God of glory.
- ♣ He was manifested
   In humility,
   And He has revealed
   His Kingdom.

All the high names
Of the incorporeal, said,
"Glory be to You,
O Holy God."

Φ υωτείε ασχός νας:
 εθβε πλι μΠίεραηλ:
 Ηλιάς ασταμός:
 εθβε λξάπ νεω Ηζάβελ.

Наттшит бен нотент: йхе німафитис: йпротфунаіт: бен підеспотис.

Ζαπωωι ήνιμετι: ὑ πιὰρωοτ ετατχος: Χε φαι πε παωμρι: οτος σωτεμ ερος.

- Петадотшиг евол:

  лен піневіо:

  адотшиг евол:

  итециетотро.

Ραη ηιβεή ετδος: ητε ηιλοωματός: ατχός χε Δοζάς: άτιος ο θεός. Adorn us,
O Nathan by your words,
For Tabor and Hermon,
Rejoice in you.

- Your right hand is glorious.
   Let Your hand be raised
   In justice and glory,
   And Your throne be magnified.
- ♣ All the blessings,
  And praise befit You,
  Now and always,
  Until the end of the ages.

He who was and who is, Who came to us, Who shall come again, To judge us.

Moses and Elijah,
The saints proclaim:
"Holy, Holy,
Holy is the Messiah."

Completed the rest
 Of our days in peace,
 O God of glory,
 And King of peace.

Содсед шион анон:
Наван еводбен ршк:
же вавшр неи Дриотн:
етеведна шиок.

- Τεκογίναμ αςδιώση: τεκχίχ μαρεδίζι: δεν ογβαπ νεμ ογώση: πεκθρονός αφδίζι.
- Тиєнохотіх нівен:
   етерфат нак нем півфс:
   †нот нем йснот нівен:
   ща йхмк йніхронос.

Фнетфоп фненасфоп: фнетасі фарон: пахін он финот ікесоп: е†гап ерон.

Хотав отог хотав: хотав Иасіас: бен ршот іннёбт: Иштене нец Нхіас.

Фепі ѝте нейегоот:
 хокот бен отгірнин:
 Ф† ѝте йшот:
 ѝотро ѝте †гірнин.

♣ Be patient with Your servant O my Master,Count him with Your sheep,That are accepted to You. • Wornsht паннв: ебры ехен пеквшк: опо нем неконнв: етакшопот ерок.

#### The Psali Batos

I lift up my eyes
To behold the mountains,
As I seek help today
From the God of power.

Everyone is amazed, With hearts full of winder, Beholding His works, And His great mercy.

- For God, who has dominion
   Over all the powers,
   Was transfigured on Tabor
   Before His Disciples.
- David, the King and Psalmist, Spoke, saying, "His lightnings enlightened The whole world."

And he also said,
"The firmament was torn asunder,
The mountains were shaken,
And the hills were moved."

Διδαι Νηαβαλ: έχεη ηιτώση: έκω† Ναα βοήθια μφοση: έβολ διτέη φα †έχοηςια.

Βοη ηιβεή ετερβφήρι: οτος εττομτ δεή ποτεήτ: ετατηάτ επειέβθηστι: πεω τειμιώτ μωεθήλητ.

- Σε ταρ Φ† ΦΗΕΤΑΧΟΡ:
  εχεν νιεξοτείλ:
  αφοτωνε εβολ είχεν θαβωρ:
  ὑπεῦθο ὑνεσμαθητης.
- Датіс йотро отог пігтинодос:
   ацсахі отог ацергитс:
   хе нецсетеврих атеротшіні:
   ефоікомени тирс.

Εσχω μμος δεν πεσδρωση: χε ασόνωνε νας πιτακρό: οτος αγμονμέν έκε πιτωση: οτος αγκία νας νικαλαφωση. Indeed, Habakkuk the Prophet, Proclaimed, saying, "The mountains were scattered, And the nations were dissolved."

- ♣ Isaiah proclaimed,Worthily,"The house of God will beOn the mountaintops."
- Tabor and Hermon, together,
   Rejoice in Your Name,
   O Lord God who Is,
   As Nathan has proclaimed.

Jesus Christ, the King of glory, Took Peter and James, And the celibate John, And ascended the mountain.

Likewise, He also brought to Himself Moses and Elijah. A cloud covered them, And they spoke with the Messiah.

 ♣ The also gave witnesses that His clothes were Brighter than the sun, And His face did shine. ζε οντως Δβκοτκ πιπροφητής: αφωώ εβολ εσχω ώμος: χε νιτωος ατρέομές: ατβωλ έβολ ντε Ζανεθνός.

- Η Η Κα Η Α Κα Τα ερπρεπι:
   ασχω ώμος δεν πεσβρωση:
   αε πιι μΦ† αναμωπι:
   εχεν νιαφορή ντε νιτωση.
- Фавшр нем Дрмотн етсоп: етебехнх бен пекран: Пос Фнот† фнетщоп: паірн† ачхос йхе Набан.

Інс Пχς ποτρο ήωστ: αφδι Πετρος ηεω Ιακωβος: αφωείας ςαπωωι ώπιτωστ: ηεω Ιωανίης πίπαρθενος.

Κε παλιή οη αφίηι ήωση: ὑΠωντικ ήευ Ηλίας: στος οτόμπι αςςωβς ερώση: ατέρεμτς ήςαχι ήευ Παςίας.

• λοιπον ταρ ατερμεθρε: Σε ατνατ ενες εδος: ατειακτιν εεστε φρη: απες οι νλαμπος. ♣ After these things the Disciples
 Stood before the Lord.
 When they saw the prophets,
 They said in haste,

"It is good for us, O Master,
To build three tabernacles here,
One for You and one for Moses,
And one for Elias."

They then heard first,
The word concerning Him,
"This is my Beloved Son,
In whom I am well pleased."

- Glory and honour to You, In Your hidden mysteries, For You appeared in humility, You who are God, the Judge.
- ♣ Jesus Christ, the blessed One is The Lord, the Eternal God Of the living and the dead, The Creator of the ages.

The Disciples truly
Saw Him and prostrated,
They bent their knees,
For His is the true Judge.

Νανες ναν ὼ νιδεςπότης: εδι ὰπαι να νωοντ νόκτνη: οὰι νακ οὰι ὰθωτςης: οὰι νΗλιας δεν οττινη:

Ζαπινα δεν πιδοτιτ: ατοωτεμ επισαχι εθβητη: χε φαι πε παωμρι παμενριτ: Φηεταιτματ νάπτη.

- Отфот нак нем отта:
   Бен некметстнрюн етгнп:
   хе акотфиг евох бен пекфевю:
   хе йфок Ф† пірефрап.
- ♣ Πος Φ† πίωλ ενές:
   έχεν νηετονό νευ νιρεσμώσττ:
   πιρεσθλωίο νηιενές:
   ΙΗς Πχζ φηετουλρώσττ.

Ρητος ετατήας έρος: ήχε ηιμαθητής: αγείτος αγοτωώτ: μπος σε ήθοκ πε πίρες τεαπ. He indeed ordered them

Not to speak of this vision.

Afterwards he filled them

With all grace.

- ♣ He opened their minds To perceive that He is the Only-Begotten. He came and became the Son of Man, And He will judge at judgment.
- The Son of God, Who is full of Glory, Revealed His Kingdom.
   He is the God of glory, And the Lord, the Creator.

Moses and Elijah Were worthy to see The unseen ones Before all the ages.

The holy Moses,
And Elijah the Tishbite proclaim,
"Holy, holy, holy,
Is Jesus Christ the Teacher."

Guard, O good One, The rest of You people In every place, Now and at all times. Се онтос ачеонеен етотот: ефтемсахі йпігорама: мененса наі он ачмагшот: еволбен ніхарісма.

- Τοτε αφοτων ηνονέω:
   αφι αφωπι ηφηρι ηρωω:
   εφνατελοτων ήνωτος της:
- \* Τιος θεος φηεθμές ήώση: αφοτώμε ήτε ημετογρο: Σε ήθος πε Φ† ήτε πώση: Πος πιρεσθαμίο.

Фнавнат ерод: ахшот ингенес: атерпешпша инат ерод: ихе Иштене неш Нхіас.

Χοταβ χοτ β οτος χοταβ: Ιπζ Πχζ πτεχνιτης: δεν ρως μθωτικ πεθότ.

\* Фепі нте пеклаос:

етбен маі нівен:

арег ершот ш піатавос:

ісхен тнот нем ніснот нівен.

- ♣ O You Who appeared to Your Disciples
  Upon Mount Tabor,
  Grant me a watchful mind,
  And save me from temptations.
- W фнетадотшие инецианнтно: елхен пітшот и вавшр: мої ині йотното едршіс: навшет євохбен ніпірасшос.

August 9 / Mesori 16: The Assumption of the Virgin ##

August 28 / Little Month 28: St. Parsouma
The Doxology

# The Pascal Cycle

Jonah's Fast

Jonah's Feast

**Great Lent** 

## The Psali Adam

I cried aloud

Before You, O My God:

Through fasting

Grand me salvation.

Help my weakness,

O Saviour.

Through fasting

Cleanse our filth.

**+** For our forefathers

Have taught us that

Through fasting

They gained salvation.

**♣** David the son of Jesse

Received victory

Through fasting,

In his kingdom.

The serpent deceived

Adam and Eve.

Through fasting

The Lord had compassion on them.

Διωω ήτα έμμι:

є1п1щої гарок Панот†:

 $\epsilon \Theta B \epsilon$  † NHСТІА:

MOI NHI HOTCW +.

Βοηθιν εταπεταωβ:

 $\dot{\omega}$  Пірєчновєм:

 $\epsilon \Theta B \epsilon$  †инстіа:

εκειωι ημεμρωφεπ.

+ 5е чар аттамон:

ήχε ηεμφορπ ήιο†:

 $\epsilon \Theta B \epsilon$  †инстіа:

атшашиі єпісш .

 $+ \Delta$ ati $\Delta$  fa lecce:

ден течиетотро:

 $\epsilon \Theta B \epsilon$  †инстіа:

αφδι μπιδρο.

Era neu Adau:

ά πιεος ερεαλ μμοωος:

 $\epsilon \Theta B \epsilon$  †инстіа:

à Пбоіс щенент даршот.

Truly Enoch's mind
Was enlightened
Through fasting,
And he was lifted up to heaven.

Elijah in prayerAsked and received:Through fastingThe rain was stopped.

The Lord accepted
Abraham's sacrifice.
Through fasting,
He hosted God.

Isaac the beloved
Was offered as a sacrifice.
Through fasting
He was returned in joy.

And also Jacob's

Eyes were darkened.

Through fasting

He saw the ladder.

Joseph as well
 Was sold to men.
 Through fasting
 He reigned over Egypt.

ζε οπτως Επωχ: αφεροτωίπι ήχε πεφποτς: εθβε †πηςτία: ατολφ εοτράπος.

Налас бен пестрана:
 фетшве отое астрана:
 финстіа:
 шпестаха отпотившот єї.

Фтсіа й Двраам:
 à Пбоіс фопс ероц:
 евве †инстіа:
 à Фиот† хшілі ероц.

Ісаак піменріт: атенц епфолфел: евве †инстіа: адотжаї фен отвлил.

Κε παλιή Ιακώβ: ηεάβαλ ατέρχακι: εθβε Τημοτία: αματ'ετμοτκί.

Хоіпон тар Ішсеф:
 аттніц йганршші:
 еове †инстіа:
 ацеротро єхен Хіші.

Moses the Prophet
Spoke with God.
Through fasting,
He received the two tabletd.

The righteous Noah
Even before the flood,
Through fasting,
Made the ark.

The men of Nineveh
Repented and at once,
Through fasting,
The Lord heard their voices.

- And in the fire,
   Lot, through his deeds and
   Through fasting
   Was saved with his daughters.
- ♣ Likewise Jonah was
   In the belly of the whale yet,
   Through fasting,
   He emerged safely.

The mouths of the lions
Could not approach Daniel.
Through fasting,
They were subdued with prayer.

Ψ υωντις πιπροφητές:
 αφελεί νεω Φνονή:
 εθβε †νηςτίλ:
 αφδι νήπλαξ ζνονή.

Мю̀є підікеос: Да пікатакуусмос: еөве †инстіа: а̀фірі ѝ†ківютос.

Дапіна ніршиі: інте Мінетін: евве †нистіл: а Пбоіс сштем етотісми.

- Οτος λωτ δεν πιχρωμ: εβολ ειτεν νεσήμβον:: εθβε †νηςτια: ασογχαι νεμ νεσωερι.
- Παιρη Ιωνα:

   βεν θνεχι μπικητος:

   θβε Τνηςτια:

  αὰμ εβολ καλως.

Ρωστ ημιμοτί: μποτωθέωντ εδανίης: εθβε †νηςτία: ατδνέχωστ δεν πεσώλης. Samuel the anointer
Of the kings:
Through fasting,
His days were increased.

- And the three children,
  Of Babylon,
  Through fasting
  Quenched the fire.
- ♣ My lords and fathers
   The Apostles,
   Through fasting,
   Restored the nations.

The God of all gods,
Jesus the Judge,
Through fasting,
Confirmed the athletes.

Coolness and rest,
And repose,
Through fasting,
Will be granted at Judgment Day.

The Saviour taught us,
 In His Gospel that
 Through fasting
 We can cast out demons.

Самотна пірецошес: не ніотршот: сове †инстіа: аталаї нже нец'єгоот.

- ♣ Τς ναδοις ѝιο†:ѝὰποςτολος:ͼθβє †νηςτια:αγταςθο ѝνιιεθνος.

Φηστ ήτε ηιηστ: Ιμέστε Πικριέτος: εθβε †ημετίλ: αστάχρο ήνιλθλητης.

ХВОВ НЕМ ОТЙТОН: НЕМ ОТАНАПАТСІС: ЕӨВЕ ТИНСТІА: НАМОПІ БЕН ТКРІСІС.

• Φωτηρ αφταδον:

Δεν πεφεψασσελίον:

εθβε †νηςτια:

νιτενειονι νινιλεμων.

- ♣ O You who are compassionateTo the sinners,Through fastingForgive us our sins.
- + W Пішанай вод:

  ежен ніпецернові:

  евве †инстіа:

  жw нап'євой йненнові.

#### The Psali Batos

Come let us fast,
A perfect fast.
Through prayer and fasting,
The Lord will forgive us.

Let us purify with love,
The fifth of our hearts
Through prayer and fasting,
And appropriate deeds.

- The Lord has taught us In His Gospel that Through prayer and fasting We can cast out demons.
- The Master praised

  Those who fasted for Him

  In prayer and fasting

  With pure thought.

Our fathers repented
With purity and righteousness.
Through prayer and fasting,
They became worthy of the Kingdom.

Дишіні йтенерненстетін: йганинстіа етхнк евол: гітен піўлнл ней †инстіа: йте Пбоіс хю най евол.

Вон оітбюбем інпенент: марентотвосі бен †атапн: гітен піўхнх нем †инстіа: нем гангвногі етеріпрепі.

- **Τ** σε ταρ Πδοις αφήςβω ναν: δεν νεφετασσελίον: είτεν πίζληλ νεω ήνηςτια: ντενδοχί νας νιδεωων.
- Деспота адеретфомін: иннетатеринстетін варод: вітен пісхнх нем финстіа: энен отметі натошд.

Ере неню терметаноін: Бен отменині нем оттотво: Зітен піўхнх нем тинстіа: атерпемпуа птметотро. Eve and Adam, our father,
Wept for Paradise.
Through prayer and fasting,
The Lover of mankind restored them.

- Elijah shut the heavens For three years and six months Through prayer and fasting; The clouds did not bring rain.
- The sacrifice of Abraham, our father Was accepted by God, our Master, Through prayer and fasting; He made him a patriarch.

Isaac was bound by his father,

To be offered as an acceptable sacrifice.

Through prayer and fasting,

A ram replaced him.

Jacob Israel also,
Because of his truthful intentions, and
Through prayer and fasting,
Received his father's blessing.

The righteous Lot was worthy
To receive the angels,
Through prayer and fasting;
He was saved from trouble.

Ζωὶ νεω Δδαμ πενιωτ: εθβε Πιπαραδισος ατριμι: ειτεν πιώληλ νεω †νηστία: αγτασθωστ να Πιμαιρωμι.

- Отсіа йпенішт Двраам:
  афшопс йхе Фнот† Підеспотнс:
  гітен піўдна нем †нестіа:
  отог афаіф йпатріархнс.

Іслак адсонод йхе педішт: εθρεσεнό йоготсіл есфип: ειτεν πιώληλ νεω †νηςτίλ: ατήφεβιω νας ώπιδιηβ.

Κε παλιή Ιακώβ Πίσραμλ: εθβε νεσμένι ντένδοτ: Ηιτεν πιώληλ νέω Τνήστια: αφδι νογσμός δεν πεσίωτ.

λωτ πίθωμι αφερπεωπωα:
 εθροὰι ψαροφ μαε μιασσελος:
 αμοσεω εβολ δα πικψηδικός.

♣ Moses received the two tablets,
 And placed them in the Tabernacle,
 Through prayer and fasting.
 He struck the Red Sea and it parted.

God directed the righteous Noah
To build the Ark.
Through prayer and fasting,
He was saved from the flood.

God removed His wrath
From the Ninevites,
Through Prayer and fasting,
He forgave their evil deeds.

- Truly Jonah was in the belly
  Of the whale for three days.
  Through prayer and fasting,
  He was thrown on dry land.
- The three saintly children
  Rejected the king's decree.
  Through prayer and fasting,
  They quenched the furnace.

The lions in the den
Licked the feet of Daniel,
Through prayer and fasting;
He became great in Israel.

• Πωτομο αφδι ή τπαλαξ οποτή:

δεν τοκμνή οτος αφχατ:

διτέν πιώληλ νέν τνημοτία:

αφωρί εφιον αφέρονατ.

Ише пібині ацбшрей нац: пхе Фнот† бен †ківштос: гітен пійхну ней †нестіа: ацногей ещох га пікатаўтсяюс.

Хапіна ніремНінеті: à Фнот† тасоо мпецхшит ехшот: вітен півхнх нем †инстіа: ацха нотввнот ишот етвшот.

- Ο ΝΤως Ιωνά νασχη δεν θνεχι: απικητος νωομτ νεδοος: ειτεν πιώληλ νεμ †νηςτια: ασςι † αμος επετωος ωστ.
- Η Πιώουτ μάχοι μάχιος: ανείμεο ύμαχι μΠοτρο: ειτεν πιώχην νεν 4νηςτια: ανώωεν ύμωχη ντε 45ρω.

Ρωοτ ήνιμοτι δεν φλακκος: ατλωχε ήνιφατ ήΔανικλ: ειτεν πιώληλ νεν Σνηςτια: αφεροτνιώ† δεν Πίςραηλ. Samuel the anointer of kings

Was offered to the Temple by his parents.

Through prayer and fasting

He was called the anointer.

- ♣ Joseph the chaste was truly Saved from the adulteress Through prayer and fasting; He came to rule over Egypt.
- Behold the twelve Apostles Preached the blessed Name. Through prayer and fasting, They raised the dead.

David the Psalmist
Received the gift of prophecy,
Through prayer and fasting;
The kingdom became his.

Every grace from on high, Was received by the ascetics, Through prayer and fasting, And Also piety.

♣ All of the souls who have pleased
The Lord God through their works,
By prayer and fasting,
Won the Kingdom of Heaven.

Самотна πιρεσθων και ανιστρωστ: α νεσιστ τη επη από από τους: διτεν πιώλη νεω τνηστια: ατωσττ εροσ σε πιρεφθωνς.

- + Лафині Ішснф пісофрон: асповей євох ва †порин: вітен пійхнх ней †инстіа: ачхас йархши єхен Хнш.
- ♣ Тс піметснат напостолос: атгімім бен фран етсмаршотт: гітен пійлну нем финстіа: аттотнос ніречмшотт.

Фа †ктвара пе Датіс: Дпофитіа аттніс нац: Зітен піўхнх нем финстіа: а фметотро фюпі нац.

Χαρισμα ΝίβεΝ ετδοίς: ασταδο ΉΝΙΑΟΚΗΤΗΟ: δίτεΝ ΠΙΜΧΗΧ Νέω ΤΝΗΟΤΙΑ: Νέω Τκεμετεγέβης.

• Фтхн нівен єтатранац:

шПбоіс Фнот рен нігноті:

гітен пішхнхн нем тинстіа:

атвавні єдметотро інпіфноті.

Therefore let us praise Him And glorify Him, Through prayer and fasting, And worship before Him. • When μαρενήως έρος:

οτος ήτεν τώοτ νας:

ειτέν πίβληλ νέω τνηςτία:

νέω τπροκτνής να χρας.

### Lazarus Saturday

#### The Psali Batos

Come all you together,
To praise and sing to the Lord,
Jesus Christ the Logos,
Who raised Lazarus.

Everyone glorified You,
O eternal Son,
With glory befitting You,
For You have raised Lazarus.

- ♣ For truly Lazarus was dead. They buried him in a tomb, And after four days Jesus has raised him.
- ♣ When the righteous Martha learned Of the coming of our Lord Jesus, She cried saying, "If You were here, Lazarus my brother would not have died."

When our Lord saw her He had compassion on her, And told her, "O woman, Lazarus will rise." Δωωινι τηροτ ήτενεως: οτος ήτενερψαλιν εΠ680δδ: Ιπό Πχό Πιλοτος: Φηέταμτοτνός ήλαχαρός.

Βοη ηίβεη ςετώστ ηλκ: ὑ Πιώμρι ἡλιδιος: οτος ηιώστ ἀερώατ ηλκ: χε ακτοτήος ἡλαζαρός.

- \* Σε ταρ ασώωπι δεν οτμεθμη:

  λαζαρος ασμοτ ότου δεν ταφος:

  ατκός μενένεα ότοοτ νέωοοτ:

  αστότνος να Ιπζ.
- Дікеос етасеш нхе Цароа: бен пхіні Шенос Інс: асріш хе енакхи шпаша: шпециот пасон Дахарос.

Стаднат ерос нхе Пеннот: есрімі адменент Варос: пехад нас й Тсеімі: хе днатшид нхе Ладарос. Then she said to Him, "Yes,
In the end of times.
But command him,
'Lazarus rise and come forth.'

- ♣ I know that You are
  The Uncircumscript One,
  And you can call him, saying,
  'Lazarus rise and come forth.'"
- To You is due the glory and praise,
  O good Lover of Mankind.
  By Your power raise us up,
  As You raised the righteous Lazarus."

After this she returned
To her sister, saying,
"Our Teacher, the Christ has come
To comfort us for Lazarus.

He is also calling you,
So arise and let us go to Him,
Worship before Him,
So that He may raise Lazarus."

♣ So Mary came to Him quickly,
And the Jews followed here,
Who were gathered to comfort them,
For their brother Lazarus.

ζεόντος πεχάς νας: δεν τδάε ήνιχρονός: αλλα ωμ εβολ ναεράς; χε τωνκ άμος λαζαρός.

- Ηππε ληοκ είεηλε†:
  χε ὴθοκ πε Πιλχωριτος:
  εοτοη ῷχου ὑμοκ εκεμοτ†:
  χε τωηκ λυοτ Άλζαρος.
- θωκ τε †χομ νεμ πιεως εροκ:
   ω Πιμαιρωμι κάταθος:
   ματογνός τεν δεν τέκχομ:
   μφρη† μπίθμηι λαζάρος.

Ιτα μενέςα ναι αςκότς:
ψα τεςςωνί εςχω άμος:
Πενρεςτόβω Πζζ:
αὰι ετνομή ναν δεν Άαζαρος.

Κε παλιη εφεμοτή έρο: τωνς ήτεν ναψε ναν δαροφ: οτος ήτενοτωψη μπεφμοο: δινα ήτεφτοτνός ήλαζαρος.

• λετων αὰι εβολ εαρος:

νευ Νιιοτλαι ετυοψι νας:

νιλετατθωοτ† ντοτ† νου† νωοτ:

δεν νοτον λαζαρος.

♣ So Mary came and wept
At the feet of the Lord,
Saying, "look to me and have mercy,
On me according to Your goodness."

Who is like You among the gods,
O our good Saviour?
By the power of Your divinity,
You have raised the righteous Lazarus.

When our Lord Jesus
Saw everyone weeping,
He sighed in the spirit and said,
"Lazarus rise and come forth."

- His soul was troubled, And He cried out saying, "Where has he bene placed, The beloved Lazarus?"
- They told Him, "Come, O Lord, And behold him,"

  So Jesus wept, and He said,
  "Lazarus rise and come forth."

He went with them to the tomb,
A cave with a rock
Placed on it, and He said,
"Lazarus rise and come forth."

• Uapia Δε αςδίτς εδρηί: ca πεκητ ηνεήδαλατα μΠος: αε άνατ εροί ότος ναι νηι: κατα τεκμετάσαθος.

Μιμ ετόνι μμοκ σεν νινοτή: ὼ Πενςωτηρ νάταθος: νθοκ σεν τχομ ντεκμεθνοτή: ακτογνος μπίθωμι λαζαρος.

Ζεριτος εταθηαν ερωον: ανριμι ήχε Πεησς Ιής: αρφίλεου δεη πίπηενμα: χε τωηκ άμον Άαζαρος.

- Отог ачкім йэрні йэнтч: ечшу євох ечхи ймос: піма ачоши етхн йэнтч: піменріт Хадарос.
- Пехшот над же Пос:
   диот отог днат ерод:
   Птс он днадвах фермн:
   же тшик диот Дахарос.

Ρητος ασώειας νεπωος: νασχη πιμεας επαλεον: νεπ οτωνί έξρηι έχως: χε τωνκ άπος λαζαρος. Yes indeed, O Compassionate One, You have said, "Remove the rock From the opening of the tomb. Lazarus rise and come forth."

- Therefore Martha told Him,

  "Behold he is decomposed,

  For he has laid there for four days",

  "Lazarus rise and come forth."
- ♣ Behold Jesus, the Creator,
  The Reviver of the dead,
  Cried out in a great voice, saying,
  "Lazarus rise and come forth."

To You is the glory and the praise, For You are the Eternal One. We proclaim to Him who has said, "Lazarus come forth,"

Forgive us our transgressions; Grant us salvation, Through the prayers and intercessions Of our Lady, Mary.

♣ O Saviour of the whole world, O true God, We believe that You are He, The King in truth. Сє̀онтос πιρεσωεή εντ: Σε σωκι μπλιώνι κλλώς: εβολ ει ρος μπιμελή: Σε τωνκ λμος Άλζαρος.

- ♣ Τοτε Παρθα πεχάς νας: εμππε ις δε νθος αγχώνς: χε εάν εεοοτ ότοοτ ντας: χε τωνκ αμότ Λαζάρος.
- ♣ Υππε Ιπ̄ πιδτωιορτος:
   φηὲτταμόο ἡμιρεσμωσττ:
   ασωμ εβολόεη οτημή ἡςωη:
   αε λαζαρος λωοτ εβολ.

Φωκ πε πιώοτ νεμ πιετμνος: νθοκ πε πι εσμην εβολ: τενωψ εβολ ας φηέτασας: ας λαζαρος αμοτ εβολ.

Χω μαν εβολ ήνενανομία: οτος μοι μαν ήνοτς ωτηρία: ειτεν Νιτωβς νεμ Νιπρεςβία: ήτε τενός ήνηβ Uapia.

• Φωτηρ απικοσμός τηρα: τενίνοτ λάληθινον: τεννάς δεν πενέντ τηρα: χε νθόκ πε πογρό ον.

- ♣ O You who raised Lazarus,
   I am Your poor servant.
   Grant me a share and an inheritance,
   With Your beloved Lazarus.
- ♣ ₩ фнетацточнос Дадарос: анок пеквшк піадахістос: мої ині йочмерос нем очкдирос: нем пекменріт Дадарос.

### Palm Sunday

#### The Psali Adam

Sound today
With the trumpet,
With the hymn of the feast
Of the Son of God.

Loosen the guile
And the passions from your hearts,
For the merciful God
Has saved our race.

- ♣ For He who has created
   The chariot of the Cherubim,
   Rode on an ass
   In the midst of Jerusalem.
- ♣ David the Psalmist,

  Spoke in this way,

  Saying, "Offer unto the Lord,

  O children of God."

From the mouths of babes You have perfected praise. Hosanna in the highest, O King of glory! Δρισαλπιζιν: ύφοος δεν ος σληισσος: οτος αριψαλιν: δεν πωαι να Θε.

Βωλοτ δεκ κετέκεμτ: κιλρος κεν κιπλθος: Σε δΠος πικλητ: αςου ή διπέκτεκος.

- Σε ταρ φιετασθαμίο:

  μπεαρμα ίνιι Χεροτβιμ:

  ασταλιοττ εοτεώ:

  δεν θμιτ λίλπα.
- Δατίδ πιετμοδός:
   αφαχί μπαιρητ:
   αξ ανιοτί μΠ6 οις:
   λοιώμρι ήτε Φτ.

Сводбен ршот наликотхі: ноок аксевте нісмот: Шсанна бен ннетбосі: ѝ піотро нте пійот. Your compassions are
Too plenteous,
And your works are many,
O merciful Christ.

- Behold, the righteous Lazarus
   Died and was buried.
   Jesus Christ, the Logos,
   Raised him by His power.
- ♣ Yours is the power, the glory
  And the thanksgiving.
  Hosanna to the Son of David,
  Until the perfection.

Jerusalem, the city
Of our Saviour Jesus
Is likened to the heavens,
The dwelling of the righteous.

Grant us, O King of glory,
That we may see
Mount Kranion,
Where You were crucified.

♣ And also to see
the Resurrection of Christ the Saviour,
The land of Jordan,
And the Baptism of John.

Ζεοώ επαώω: ναε νεκμετώενσητ: ετοώ πηέτακαιτος: ὼ Πάς πίναητ.

- Η Ηππε πίθωμι λαζαρος: ασμον ονος αγκοςς: Ιπζ Πχζ πιλονος: δεν τεσχου αστοννοςς.
- θωκ τε †χομ ηεμ πιώστ: ηεμ †ετχαριστιά: Όσανηα τω τιώ ΔατιΔ: ψα† στητελιά.

ІХНА ТПОЛІС: АПЕНСШТНР ІНТ: ЄСОНІ ЙОРАНОС: ФИАНЦШПІ ЙНІЛІКЄОС.

Κρανιόν πιτωόν:
πιμα εταγαμκ νέθητη:
μοι ναν ω πιογρό ντε πώον:
εινα ντεννάν έρος.

\* Λοιπον † λναστασίο:

ντε πενοωτή Πχ̄̄̄̄̄̄̄̄̄̄

νευ πκαδι ὑπιλοτρλανήο:

νευ πιὼυς ντε Ιωάννης.

♣ But first, to see the tomb,Full of grace.Forgive us our sinsIn that place.

Who among the gods
Is likened to Immanuel?
Hosanna to our God,
The King of Israel!

Blessed are You, O Christ, The Only-begotten Son. Hosanna, O God, In the highest!

- The feast of Palms,
  Of the Lord Adonai,
  The Holy God
  Is truly great.
- The incomprehensible light

  Became manifest in the world.

  Let us praise Him, saying,

  "Holy, O Mighty!"

Rejoice, O you faithful, In the feast of Jesus Christ, And praise wholly, "Holy, O Immortal!" Uaλicte πίμελη:
 εθμες ηχαρίσμα:
 δεη πίμα ετε μμαη:
 λαμοπαραπτωμα.

Нім тар бен нінот†: есіоні нСиманотнх: Исанна інпеннот†: Васілітот Ібх.

- ◆ Οτνιψ† πε ήψαι:
   ὰπιετλοτιμένος:
   ὰτε Πο̄̄̄̄ λλωναι:
   ὰτιος ὸθ̄̄̄̄̄̄̄.
- Піотшіні натўтагоц:
   афотонгф бен пікосмос:
   маренгшс ероф:
   атіос ісхтрос.

Ραφι ω νιπιστος: δεν πφαι νίπο Πχο: οτος άριψαλιν καλως: άτιος άθανατος. Praise the Lord, our God,
For Psalm is good,
In the great day,
The feast of Palms.

- We praise Christ, the King, With the heavenly order, "O Son of God, Hosanna in the highest!"
- Behold, the little childrenPraise Immanuel,"It is right to say 'Hosanna'O King of Israel!"

O compassionate God,
Have mercy on us, O good One,
For the sake of Your mother, the Bride,
The Virgin Mary.

Hail to Kranion!

Hail to the city of the Lord!

And hail to the tomb,

And the Resurrection!

\*Repose the souls
In paradise,
And grant us a share
With them, O Christ.

CMOT EΠ687ΘΕ ΠΕΝΝΟΤ: XE NAME ΟΤΨΑΧΜΟC: ΔΕΝ ΠΙΈΝΟΟΥ ΠΙΝΙΜΤ: NTE ΠΙΕΥΛΟΣΙΜΕΝΟC.

- Τενεως εποτρο Πχ̄̄̄̄̄̄̄̄̄̄̄ κεμ νιτασμα ντε νδίςι:
   ω Τ̄̄̄̄ Θ̄̄̄̄̄̄

   ωταν κεν ντε νδίςι:
   ωταν κεν ντε νδίςι:
   ωταν κεν ντε νδίςι:
   ωταν κεν ντε νδίςι:
   ωταν κεν ντε νδίς:
   ωταν ντε νδίς:
- Тс нікотхі налшоті:

  «тешс «Ємманотня:

  Шсанна ерпрепі:

  йпотро йПісх.

Φ† πιρεφωεής:

ναι ναν ὼ πιάταθος:

εθβε τέκας †ψέλητ:

Παριά †παρθενός.

Χερε πικρανιόν: χερε †πολις μΠος: χερε πιμελά Δεον: νευ †ληλατλοίς.

• Φτχη μλεμτον νωση:
δεν πιπαραδίσος:
οτος μοι ναν νεμωση:
νοτμέρος & Πχζ.

- Remember me, O our Master,
  In Your Kingdom.
  Forgive me my sins,
  And have mercy on Your people.
- ♣ ₩ пенинв аріпамей: Вен текметотро: отог хш ині йнанові євох: нем пекхаос наі ишот.

#### Resurrection

## The Psali Adam

Let us sing today,
In a joyful voice,
For the King of glory,
Jesus Christ is risen.

Everyone praises
With incessant voices,
For God the Logos,
Jesus Christ is risen.

- ♣ For He is our God.
   Come, let us worship Him.
   The Lamb of God,
   Jesus Christ is risen.
- The Master died in the flesh,
   And was buried,
   And on the third day,
   Jesus Christ is risen.

Let us praise
Emmanuel the Logos
With the angels, for,
Jesus Christ is risen.

Δριψαλιη άφοστ: δεη οτάμη ήστηση: αε ποτρο ήτε πωστ: Ιπζ Πχζ αςτωης.

Βοη ηίβεη σεδώς: δεη οτσιμ ήλτχαρώς: χε Φ† πίλοτος: Ιπζ Πχζ αφτώνη.

- Σε ταρ ήθος πε Πενινότ: αμωίνι μαρενοτώμτ μμοφς: πιδικέβ ήτε Φνοτή: Ιχό Πχό αςτώνη.
- Δεςποτα ασμος:

  δεν τς αρχ οτος αγκοςς:

  δεν πιμας ψομτ νεςοος:

  Ιχς Πχς αστωνς.

Ешианотна Підотос: маренешс'єроц: нем ніаттелос: Іхс Пхс ацтшнц. All the seven orders
Worship Him,
Continually proclaiming,
"Jesus Christ is risen."

- ♣ Behold, our father Adam With our father Abraham Rejoiced and was glad, for, Jesus Christ is risen.
- ♣ Rejoice O prophets,
   For the Incomprehensible One,
   Our Lord, the Master,
   Jesus Christ is risen.

Behold the Apostles
Saw and rejoiced.
They preached to the world that
Jesus Christ is risen.

The angel appeared to those Who were carrying the spices, And said, "He is not here," Jesus Christ is risen.

\* Rejoice O Virgin,

Mary the Mother of joy,

For truly your Son

Jesus Christ is risen.

Даша итачна півен: сеотшшт ймоа: етшш евох иснот півен: Іхс Пхс аатшпа.

- ♣ Нппе пенішт ДДам: афащі отог афотноф: нем пенішт ДВраам: Іхё Пхё афтшиф.
- Θεληλ η προφητής:

  πόφοος σε πιατώτα δος:
  Πενινός πιδες ποτής:

  Ιχς Πχς αςτώνς.

Ic highestoches: athat ofor atothog: atribud ben hikochos:  $IX\bar{c}$  Actuard.

Κε παλιη ηισαισοχέη: πιασσέλος ηφος ασοσότηες: χε άχη ώπαιμα αη: Ιχε Πχε αστώης.

\* λελι ω †παρθενος:

Uαρια θυατ ώποτνος:

Σε πεωμρι λληθως:

Ιχε Πχε αςτωνς.

♣ Let us rejoice today,And be glad,For the King of kings,Jesus Christ is risen.

The wise Luke,
With John the beloved,
Have truly preached that
Jesus Christ is risen.

Blessed are You, O Christ, The unquenchable light. Come let us praise Him, for, Jesus Christ is risen.

- ♣ He saved His peopleFrom the devilBy His arm.Jesus Christ is risen.
- ♣ Let us praiseThe true Lamb;Our God in truth,Jesus Christ is risen.

Guard us, O our God,
From all malice.
Our Master, the Son of God,
Jesus Christ is risen.

Uαρενθεληλ ώφοση:
 отог йтенотноц:
 αε ποτρο йτε νιοτρωση:
 Iχε Πχε αγτωνς.

Νεω Άστκας πισοφος: νεω Ιωαννής πεςωενρίτ: ατειωίω γκαλώς: Ιχτ Πχτ αςτώνς.

Ζυαρωσττ ὼ Πχς: πιστωινι νατὼσετσωτς: αμωινι μαρενεως: Ιχς Πχς αςτωνς.

- Οτος αφοωή μπεφλαος:

  κερολ σεν πιδιάβολος:

  Ιχε Πχε αφτωνφ.
- Пізінв ймні: марєнзюс єрод: Пеннот† йтафині: Іхс Пхс адтюнд.

Ρωις έροη & Πεημοτή: έβολ δεη πιχροφ: πεημηβ Πωμρι ΔΦή: Ιχε Πχε αστωνα. Zion and Jerusalem Rejoice today With the land of Ephtaliah, for, Jesus Christ is risen.

- ♣ We praise Him, bless Him, Serve Him, And worship Him, for, Jesus Christ is risen.
- The Son of God our King, Died and was buried, And after three days Jesus Christ is risen.

This is the day,
Which the Lord has made.
Let us rejoice in it, for,
Jesus Christ is risen.

Hail to the Resurrection,
The tomb, and the Blood,
Which the Only-Begotten shed.
Jesus Christ is risen.

Repose the souls

In the place of joy,

For the sake of Your mother the Queen.

Jesus Christ is risen.

Cιωη ηεω Ιεροτςαλμω: μφοοτ ετεοτηση: ηεω πκαδι η Εφθαλίω: Ιχς Πχς αστώης.

- ♣ Σενεως τενίσμον ερος: τενωεμωι μπος: ονος τενονωμη μπος: Ιπζ ΠΧζ αγτωνς.
- Τιος θεος πενοτρο:
  ασμοτ οτος ατκοςς:
  μενενικά ψομτ νεοοτ:
  Ιχς Πχς αστώνα.

Φαι πε πίεδοον: ετα Πός θαμιος: μαρενθέληλ μφοον: Ιχς Πχς αςτώνς.

Χερε Τάναστασις:

νευ πιώδατ νευ πίσνος:

εταφφονό να επιωονοσενής:

Ιχε Πχε αφτώνο.

Φτχη νίβεν μαμτον νωστ:
 δεν φμανώωπι ήτε ποτνος:
 εθβε τεκματ †στρω:
 Ιχζ Πχζ αςτωνς.

- ♣ O You Who has suffered,

  And trampled death, have mercy

  On us, O King of the Ages.

  Jesus Christ is risen.
- ተ W фнетацбійкав:

  отов пімот ацкорцц:

  наі нан ŵ піотро йєнєв:

  Іχε Πχε ацтюнц.

## The Psali Batos

Truly, we, the
Orthodox people believe
That the King of the Ages,
Christ is risen from the dead.

God has given to us
All joy and gladness,
For Emmanuel, our King,
Christ is risen from the dead.

- ♣ All of the race of mankind,
  Follows the upright paths,
  For the Logos, the lover of mankind,
  Christ is risen from the dead.
- ♣ David, the King of Israel,
  Said in the Psalms,
  "God has risen joyfully."
  Christ is risen from the dead.

For the sake of the holy Resurrection, Sing praises and rejoice, Preach to the nations, for, Christ is risen from the dead. Δληθος τεννας τανον: πιψλολ νορθεδοξον: Σε ποτρο ντε νιεων: Πχε ανέςτη εκ νέκρων.

Вои отрафі нем отвехну:  $x \in \Phi \uparrow$  ачтнітот наи:  $x \in \pi$  пенотро Ємманотну:  $\Pi \overline{x} \overline{c}$  анестн ек некрюи.

- Тенос нівен йте нірши: нотишіт тнрот сесоттши: хе піхотос ймаіршиі: Пхс анестн ек некрши.
- Δατίδ ποτρο μΠίτραμλ:
  ασχος δεν πιψαλτηριον:
  αε αστώνο ναε Φ† δεν οτεληλ:
  Πχε ανέτη εκ νέκρων.

Εθβε †Άναςτας Εδή: εως θεληλ άρψαλιν: ειωεννοται δεν νιεθνός ετςοπ: Πχζ ανέςτη εκ νέκρων. Seven angelic orders
Praise Him spiritually, for,
For the salvation of the world,
Christ is risen from the dad.

- ♣ God is the Son of God.

  Praise Him with music,

  For He has saved our race.

  Christ is risen from the dead.
- ♣ Rejoice, O race of Adam,
   With spiritual joy,
   For the creator of Adam,
   Christ is risen from the dead.

All the creation rejoiced
Together in this Mystery,
For the Son of the Holy,
Christ is risen from the dead.

We praise our Lord
Jesus Christ, The Son of God,
The Logos, saying,
Christ is risen form the dead.

As the prophets said,
He was buried in the tomb,
And on the third day,
Christ is risen from the dead.

Маше птатих паттехос: сегос ерое пнетиатікон: еове фногеи ипікоспос: Пхс анестн ек некрон.

- Ηλ ήθος πε Τιος θεος:
   τενεως ερος μποςικον:
   χε ήθος αςςωή μπεντενος:
   Πχς ανέςτη εκ νέκρων.
- Θεληλ ω πτενος ηλλαμ:

  δεν οτραφι ώπνετματικον:

  ω πιεςςωντ ηλλαμ:

  Πχς ανέςτη εκ νέκρων.

Іс † κτης τηρς ετςοπ:
ραφι εθβε παιωτετηριοη:
αε Πφηρι ώφηξθτ:
Πχε ανέςτη εκ νέκρων.

Κτριος Ιπζ Πχζ:
Πωμρι μΦ† Πιλοτος:
τενεως έρος ενχω μπος:
Πχζ ανέςτη εκ νέκρων.

\* Λοιπον ατχας δεν πιάνατ: κατα νίς μι άπροφητικον: δεν πιμαν ψομτ νένουτ: Πχς ανεςτη εκ νεκρων.

★ Let us understand, O people,
The Gospel,
Which teaches that the Immortal
Christ is risen from the dead.

All the heavenly orders,
And the rational natures,
Were amazed at Your works.
Christ is risen from the dead.

Your works are exalted,
With your mysterious judgments,
For You, the King of heaven,
Christ is risen from the dead.

- ♣ Your Name is full of pride,
   O Son of God, the Lover of mankind.
   We believe without doubt, that,
   Christ is risen from the dead.
- ♣ One of the Trinity,
   The eternal Logos,
   The Son of the True God,
   Christ is risen from the dead.

Our mouths are filled with joy, And immeasurable happiness, For the Physician of the sick, Christ is risen from the dead. Чаренка финалос:
 Финетачтос же піловитос:
 Пуб анестн ек некром.

Иітачма тнрот'єтє піфноті: піфтсіс ппонроп; атерффирі беп пек'ввноті: ПХс апести ек пекршп.

**ξ**ερετων νε νεκδβηοτί: νεκδαπ ὑπαραδοζον: Σε νθοκ πε ποτρο ντε νιφηοτί: Ιχ̄ς ανέςτη εκ νέκρον.

- Отран ѝщотщот пе пекран: Тюс Оеос Філаноршпон: теннаг† абие скандалон: Пус анестн ек некрши.
- Піотаї євохбен Ттріас:
  піхотос наіхіон:
  Пфирі фФиот† ахиюс:
  Пхс апести ек пекрои.

Рши тар астое урабі: пет односі учтыетьои: же піснімі умнетфюмі: П<u>же</u> чиестн ек иекьфи Hear me, O my beloved,
Who have received the testament,
Of the Resurrection of the Son of God,
Christ is risen from the dead.

- ♣ We believe this mysterious matter Without doubt,
   That the Only-begotten Son,
   Christ is risen from the dead.
- Behold, all the prophets,
   Also prophesied,
   The King of kings,
   Christ is risen from the dead.

The God of all the prophets,
And the righteous and the just,
Is the Master;
Christ is risen from the dead.

Holy, O Lord, and holy,
Holy now and to the ages.
You are the Son of the Holy.
Christ is risen from the dead.

★ We believe with all our hearts,
 The Saviour of the whole world,
 Our God in truth,
 Christ is risen from the dead.

Сωτεμ εροι ω ναμενρα †: νη ετατδι μπιπαραβίον: εθβε †άνας τα είς μπωρρι μΦ †: Πχε ανές τη έκ νέκρων.

- Ф Теннаг† абие саніс:
   Вен паівшв ймустнріон:
   хе Пшнрі ймоноченно:
   Пхс анестн ек некрши.
- Тππε κιπροφητής τηρος:
   ατερπροφητετία Δε οκ:
   αε ποτρο ήτε κιοτρώος τηρος:
   Πχζ ακέςτη εκ κέκρωκ.

Φ† ήτε πιπροφητής:

νεω πιθωμι νεω νιδικέον:

νθος πε πιδεςπότης:

Πχτ ανέςτη εκ νέκρων.

Χοταβ Πος οτος χοταβ: χοταβ †νοτ νεμ ψα νίεων: Σε νθοκ πε Πωμρι μφηεθή: Πχς ανέςτη εκ νέκρων.

• Вштнр м1пікосмос тнра:
Пеннот і налинон:
теннаг зен пенгнт тнра:
Пхё анестн ек некршн.

♣ O You Who was before the ages,

The Creator of all ages,

We praise You forever.

Christ is risen from the dead.

• W фнетуоп захен ніенев: пірецсшит іннеши: тенвшс ерок уза ніенев: Пхё анестн ек некрин.

# **Thomas Sunday**

# The Holy Fifty

## Ascension

# The Psali Adam

Sing doxologies,
Sing with joy,
To Jesus Christ,
Who has all authority.

Everyone praises
The Incomprehensible
And Invisible One,
Our Saviour Jesus.

- ♣ For truly indeed,
   In that day
   The King of Glory
   Ascended to Heaven.
- ♣ David has said,With the trumpet,"Sing all praisesTo Christ."

Δριψαλιη καλως: δεη εαμδοζολοτίλ: ήμης Πχς: φα τεζοτείλ.

Bon nißen ceswc:  $\frac{1}{2} \sum_{i=1}^{n} \frac{1}{2} \sum_{i=1}^{n} \frac{1}{2}$ 

- Σε ταρ Δικεοη:
  ὑφρη ὑπαὶεδοος:
  ασωενας εοτρανός:
  ναε ποτρο ντε πωος.
- \* Δατίδ ταρ ασχος:

  δεν οτζων ναλπίττος:

  αριψαλιν εΠχ̄ς:

  δεν εανετώνος.

He spoke to them
Of the mysteries
Which the King
Of all ages has worked.

The Only-Begotten God, Spoke many things To His Apostles After the Resurrection:

- ♣ Behold, "Do you have Anything to eat?"
  They offered to Him, And He took and ate.
- They assembled and offered Him Broiled fish And Honey,
   And He took and ate.

Jesus, in His authority Blessed His Apostles, And ascended to heaven Upon a cloud.

Jesus the True Lord, The King of Heaven, The True Light, Ascended to Heaven. Cobe ηματετηριοη: εταφιρι μμωστ: ήχε ποτρο ημίεωη: αφεάχι ηεμωστ.

ζεοώ μιπουολευης: σάσχι μεπ μεάχμος τοχος: πεμεμός φάμας τας: εάχω ππου

- Ηππε αε οτοη:
   τετεη εηχλι ήοτωμ:
   λτ† ηλη δε οη:
   οτος ληδι ληστωμ.
- Ошот ат нац: поттевт есресухис: нем отиниі етасбі асотим.

ІНС бен печерунун: асуопч нае отбин: асуопч нае отбин:

Κτριος Ιπ̄σ μωμι: ποτρο ήτε τφε: πιοτωινι ήταφωμι: ασωενας έτφε.

- ♣ Luke has said
   In the Gospel,
   Along with Matthew,
   And Mark as well,
- ♣ "No one has ascended To heaven, Except the One who Came down from Heaven."

John has witnessed,
"This is the Son of Man,
Who dwells in heaven,
Jesus the Ruler."

Blessed are You indeed, O Christ our Master, Upon the Throne Of Your glory.

- ♣ And He taught
   His Apostles
   Until the day
   When He commanded them.
- After His Resurrection, Christ our King Appeared to them, And ate with them.

- λοτκάς ασχός:
   δεν πιετάττελιον:
   νεω Πάτθεος ασχός:
   νεω Πάρκος δε όν.
- + Uπε ελι ωενας:

  επωωι ετφε:

  εβηλ εφηέταζι επεςητ:

  εβολ δεν τφε.

Μχε πωμρι άφρωμι: πε φμετωοπ δεν τφε: Ιπζ πιρεσερδεμι: Ιωδυνης ασερμεθρε.

Жсмаршотт ахношс: штен пібронос: ште пекшот кахшс.

- Οτος αφτεαβωση:
   ωα πίεςοση:
   εταφεοής ετότοη:
   ημεφάπος τολος.
- Пхс пенотро:

  мененса теданастасіс:

  адотонгд ершот:

  отог адотши нешшот.

Rejoice, O believers,
In the feast of the Only-Begotten,
He who created Heaven
And all its hosts.

Praise the Lover of mankind, The King of all ages, Who created man In His likeness.

- ♣ We pray to You
   With upright hearts,
   And ascribe spiritual
   Praise to You.
- ♣ O Son of God,

  Guard us from scarcity,

  Death, earthquakes,

  And persecutions.

This is the day
Which the Lord has made.
Let us rejoice
And be glad in it.

Hail to the Resurrection,
O Jerusalem and Zion,
The mountain of the Ascension,
And the mountain of Golgotha.

Ραφι ω ηιπιστος: δεη πφαι μπιμοηότεημο: στασθαμιο ηοτραμός: νεμ ηοτλτημμίς.

Смот епімаіршмі: потро іннешні: астаміо інпршмі: ката тесеткшні.

- ♣ Лентшве ймок: бен отент едсоттши: тенотшрп нак: йеше йпнетматікон.
- + Tioc θεος άρες έροη:

  εβολεα ηιέβωη:

  ηεμ οτμοτ ηεμ οτμοημεη:

  ηεμ ηιδιωτμος.

Φαι πε πίεδοος: ετα Πός θαμιος: μαρενθέληλ μμον νάμτς: οτος ντενοτνός.

Хере †анастасіс: ш Іеротсахны нем Сішн: нем пітшот нанахтыс: нем нітшоіт нкраніон.

- ♣ O Saviour of the world,

  Save Your people

  And Your Parousia,

  And bless Your inheritance.
- ♣ O our Lord, Jesus Christ,

  Have compassion on Your people,

  Guard them in truth

  Unto Paradise.
- Фотнр ипікосмос:

  Бен текпаротсіа:

  новем ипеклаос:

  смот етекклирономіа.
- → ₩ Πενδε Ιπε Πχε:

  ψενδητ Φα πεκλαος:

  άρες ερωστ αληθως:

  δεν πιπαραδισος.

#### The Psali Batos

I will praise You, O Lord, In mercy, peace, and righteousness, For You are the Saviour And the true Judge.

I speak of the Mystery of You With all my understanding, For You have granted salvation, And revealed your works.

- ♣ All human races
   Praise Your Resurrection.
   We confess Your Ascension
   To the Heavens without doubt.
- ♣ David, the King of Jerusalem.

  Spoke long ago, saying,

  "He was lifted on the Cherubim

  And He flew on the wind."

Дінавюс єрок Пос бен отнаі: нем отвірнин нем отмеюмні: хе йюок пе піречсю†: отов піреч†вап ймні.

Βοη ηνιβαλ ήτε πεκα†: εγεςαχι δεη ηεκώφηρι: χε ακιρι ηογςω†: ακογωης εβολ ηνεκδβηογι.

- Σενος νίβεν ηνιρωπί:

  ελεπος ετεκχνας εμώπι ενίζηση:

  ελεπος νίβεν ηνιρωπί:

  ελεπος νίβεν ηνικατισμέ ηνισωπί:

  ελεπος νίβεν ηνιρωπί:

  ελεπος νίβεν ηνικοπί:

  ελεπος νίβεν ηνικοπί
- \* Δατιδ ποτρο ή εροτεαλημ: αρχω ώμος ισχεή οττηστ: χε αρωλη έχεη η ιστροτβιμ: αρελλι έχεη η ιθηστ.

Rejoice in the Lord,
O principalities, dominions,
Thrones, authorities,
And powers, saying, "Alleluia."

Yes, in truth,
He ascended into the heavens;
He led captivity captive,
And gave honour to mankind.

- \* We praise You along with
  The invisible orders;
  And we worship You
  With the visible.
- ♣ Rejoice in God with voices
   Full of mercy and truth,
   For He ascended to the Heaven
   Of Heavens, towards the East.

John the Theologian Said in his Gospel, "I saw Christ the King Ascended to Heaven."

Also our father Peter,
Taught us by his mouth,
"He has ascended to heaven,
And the angels worshipped Him."

Εὼληλοτί εβολ ὼΠος:

πιαρχη πεω πιεξοτεία:

πιθροπός πεω πιωετός:

πιχου χε δεπ οτΩλληλοτία.

ζε οπτος δεπ ογλληθίς: αφωεπας επώωι επιφηούι: αφερεχμαλωτετίπ ηθαμέχμαλωςία: αφή ηθαπταίο ηπίρωμί.

- ♣ Н∑еон тейсмот ерок: нем итатма навнат ершот: отог тенотшут ммок: нем мнетотнат ершот.
- θεληλ μΦ† δεη εδησωή: ητε οτμεθμηι ησμ οτηδι: Σε δαμωρίδα διμών ετφε: ητε τφε σα ημαλήμαι.

Iwannhc pieconotoc:  $\begin{tabular}{ll} $\rm adxoc $\rm sen persupers $\rm delay $\rm del$ 

Ке палін пенішт Петрос: астамон евол бен ршсі: же асшенас еотранос: аніаттелос отшшт ймосі.

- ♣ Luke, the true Physician, Wrote in the book of Acts, "This is Jesus who has truly Ascended to His place."
- ♣ Mark, the Beholder of God, Also revealed to us, saying, "He has truly ascended, And sat at the right hand of His father."

All the powers of the heavens Came and worshipped Him; The heavenly and the earthly Praise Him with blessings.

Blessed are You, O King, You are just with Your creation, You have authority and victory, And just judgment.

- ♣ Glory be to You in thanksgiving, You are the true God, For You send Your grace Upon Your Apostles.
- ♣ The Spirit of Comfort
   Filled them with strength,
   Like tongues of fire
   In the upper room of Zion.

- Άστκας πισμίνι άμμι:
  αφέδαι δεν νιπράξις:
  αε φαι πε Ιπζ δεν ογμεθμμι:
  αφωένας ωα τεφτάξις.
- Աαρκος πιεθωριμός:
   ασότωνε ναν μπαίςμότ:
   αε ασώενας άληθως:
   ασερεύς (σαογίναμ μπεσίωτ.

Міхом тнрот інте піфноті: атгітот ейрні атотшут імосі: на піфноті нем на іткагі: бен гансмот атгис еросі.

Зсмаршотт ѝ піотро: пібині бен течктнсіс: фа пієршіші нем пібро: піречтвап бен ткрісіс.

- **Φ** Οτώοτ κακ δεκ οτωεπέμοτ: ὼ πικοτ† κάλκος: Σε ακοτωρπ ὼπεκέμο: εχεκ κεκάποςτολος.
- Η Πιπηετία ὑπαρακλητοη: ὑφη ἡ ἢεαηλας ἢχρωμ: ἐξη ἡβαλμι ἢτε Cιωη: ασμαεοτ εβολ ἔξη τεσχομ.

They knew all names,
All tribes and varied tongues;
They spoke of hidden things
By the power of the Trinity.

Hear the word of Joel,
The honoured prophet
Of the house of Israel,
Concerning this blessed day,

- "In the end of days,
  I will pour my Spirit
  Upon everyone I have created;
  I will reveal miracles."
- ♣ We ascribe to You
   All praises and psalmody,
   As David the Prophet
   And divine-mantled has said,

"He who sits on the Cherubim,
Shine forth before Ephrem,
Manasseh, and Benjamin.
Arise in strength and come for our salvation."

Holy, holy, holy,
O Heavenly King,
With Your Holy spirit,
The treasure of good things.

Ран нівен атемі єршот: ніфтан ніаспі наас: ннетенп атсахі мишот: гітен єтхом нфтріас.

Cωτεμ επαχι hlorhλ: πιπροφητής εττλιμόντ: ήτε να πηι μΠίσραμλ: έχεν παίεδοος ετσμαρώσης.

- Τελε ήτε ηίεδοση:
   †ηλαψώ εβολ μΠλπηετμα:
   εχεη σαρχ ηίβεη εταιθαμίο:
   ειἐοτωης εβολ ηνίκαθαρτωμα.
- Τωνολοτία νίβεν νίσωστ:

  τενοτωρπ ώμωστ εαροκ ετσοπ:

  κατα πσαχι ώπιθεοφορος:

  Δατιδ πιπροφητής.

ΦΗΕΤΣΕΊΙ ΟΙ ΣΕΝ ΝΙΧΕΡΟΥΒΙΙΙ:

ΟΤΟΝΣΚ ΈΒΟΛ ΜΠΕΜΘΟ ΝΕΦΡΕΊ:

ΝΕΊ ΠΑΝΑΙΟΗ ΝΕΊ ΒΑΝΙΑΙΙΝ:

ΜΑΤΟΥΝΟΟ ΤΕΚΧΟΝ ΆΝΟΥ ΈΦΝΑΣΜΕΝ.

Хотав хотав хотав: ѝ піотро ійспотраніон: нем пекпнетма ёбт: піотсатрос інте ніатаоон.

- ♣ O Saviour of everyone,And giver of life,Come and dwell in us,O Son of the Living God.
- ♣ Be patient with Your servant,
   Who has sinned against You,
   O Only-Begotten God,
   Grant him salvation.

O our Lord, Jesus Christ,
Remember our father the bishops,
The monks, the deacons,
And the rest of Your faithful.

- Вштнр йте отон ивеи:

  отог фрест ипшиг:

  диот шшпі йлитеи:

  Пшнрі иФт етоил.
- **Φ** Wornsht εχεν πεκβοκ: ὰ πιμονοσενής ανοστή: Φηεταφερνοβί εροκ: λρίδμοτ ναφ άπιςωή.

W Πενός Ιπς Πχς:

λριφμενι νικονιό γικονιός:

νευ νιμοναχός νευ νιδιάκωνος:

νευ τρεπι υπέκδαος υπίστος.

# Pentecost

# The Psali Adam

Christ our Lord,
The King of the ages,
The Head of our salvation,
Sent us the Paraclete.

Everyone glorifies You,
O heavenly King,
And worships before You,
The Spirit of Comfort.

ΔΠχς Πεννοτή: ποτρο ήτε νίεων: τλπαρχη μπενςωή: ασοτωρπ μπιπαρακλητον.

Вон нівен сеффот нак: ф піотро непотраніон: сеотфут награк: Піпнетма мпаракунтон.

- ♣ For in truth He appeared
  To the Apostles
  In the upper room of Zion.
  He sent the Paraclete.
- ♣ He truly spoke to them About the Mysteries Which He performed. He sent the Paraclete

Upon the Apostles, Who preached to us, Proclaiming and saying, "He sent the Paraclete."

The Gospels have taught Very clearly, In the Name of our King, He sent the Paraclete.

- Behold, the Apostles
   Have taught us;
   They baptised the gentiles;
   He sent the Paraclete.
- ♣ Rejoice, O prophets,
  And righteous ones,
  For the Master,
  He sent the Paraclete.

- Τε ταρ νιαποςτολος:
  δεν θβαδωι ήτε Cιων:
  αφοτονεφ ερωστ αληθως:
  αφοτωρη ώπιπαρακλητον.
- Δικεως ασχος ηωοτ:
  εθβε ημετετηριοη:
  ετασιρι μιωοτ:
  ασοτωρη μπιππαρακλητοη.

Ехен нідпостолос: атышіш ймон: етщю євол етхю ймос: адотюрп йпіпараклитон.

Zeow artcbw: эен фран эпенотро: асоторт эпипаракунтон.

- Нппе ніапостолос:
   ат†свю ймон:
   ат†шис інневнос:
   асрочирп йпіпараклитон.
- Φεληλ ηιπροφητο:
   κεν ηιδικέοη:
   αξοτωρη ὑπιπαρακλητοη.

Jesus Christ
Ascended to Heaven,
And, upon the Apostles,
He sent the Paraclete.

And whenever I speak Of Your Mysteries My heart rejoices, for, He sent the Paraclete.

- ♣ Rejoice, O believers,

  Let us keep a spiritual feast

  With the Apostles, for,

  He sent the Paraclete.
- ♣ Let us praise in truth
   Christ, who created us.
   My Lord Jesus Christ,
   He sent the Paraclete.

The prophets

And the righteous

Spoke of the Messiah,

He sent us the Paraclete.

Blessed are You in truth. We ask You to save us, We Your faithful. He sent us the Paraclete. ІНС ПХС: аффенац сотранон: ехен иніапостолос: адотфрп мпіпараклитон.

Ке тар аішансхі: еөве некштстнріон: пагнт ефераці: афоторп йпіпаракянтон.

- ӨЕХНХ È NIПІСТОС:

  ТЕПЕРШАІ ЙПЕПТШИАТІКОП:

  ПЕМ ПІЙПОСТОХОС:

  АСОТОРП ЙПІПАРКАХНТОП.

Μιπροφητής: νεω νιδικέον: ατςαχι εθβε Uaciac: αφοτώρη ώπιπαρακλητόν.

**Z**Сианршотт ахношс: тенфео назмен анон: пе пекхаос ипістос: афотшрп ипіпаракхнтон. Glory be to You,With Your Holy Father.You are exceedingly blessed,O Spirit, the Paraclete.

Christ our Master,
 He sent us the Paraclete,
 The treasure of good things,
 The Holy Spirit.

Rejoice O believers
With a spiritual feast,
For Jesus Christ,
He sent the Paraclete.

Yea, we ask You
To cleanse us
With Your hyssop.
He sent the Paraclete.

Purify us and wash us;
 And make us
 Whiter than snow.
 He sent us the Paraclete.

♣ O Son of God have mercy;

Be compassionate with us

According to Your great mercy.

He sent us the Paraclete.

Отфот нак:
 нем пекішт начіон:
 кергото смаршотт:
 Піпнетма мпіпаракантон.

Πχ̄̄̄ Πεννήβ:
 πιθετατρός ντε νιλτλθόν:
 Πιπνέτωλ ἔθ̄̄̄̄̄:
 λαοτωρη ῶπιπλρλκλητόν.

Ραφι ω ηιπιστος: ἡοτφαι ώπηςτματιικοη: Σε Ιπζ Πχζ: ασοτωρη ώπιπαρακλητοη.

Сє тєн†го єрок: екенотхд єхши: інтекщенгосшпон: адотшрп інпараклитон.

Τοτε εκετοτβο:
 εκερωδι μπον σε ον:
 ενεοτβαώ εδοτε οιχιών:
 αποτωρη μπιπαρακλητον.

Тюс Обос наі нан:
бкешенент барон:
ката пекнішт йнаі:
ачочшрі шпіпаракантон.

The light of Your reign
Has enlightened us,
O Jesus, the lover of mankind.
He sent the Paraclete.

Holy, holy, holy; Worthy and righteous, With Your Holy Father; He sent the Paraclete.

♣ Guard in truthThe rest of our race,O my Lord God.He sent the Paraclete.

♣ O Christ, our Master,

Remembered our honoured

Father, Abba \_\_\_\_\_

The Archbishop.

Фотшіні йпекеруіўі: адеротшіні ерон: Інс пімаіршы: адотшрп йпіпаракунтон.

Χοταβ χοταβ χοταβ: αξιοη κε Δικέοη: ηεμ Πεκιωτ εθοταβ: αφοτωρη Δηιπαρακλητοη.

Фені ипентенос:
 ठेट्स отахноїном:
 арег ершот Пабё:
 аспотшря ипіпаракхнтом.

# Hymns for Koiak