



# A 4 Hz Oscillation Adaptively Synchronizes Prefrontal, VTA, and Hippocampal Activities

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#### **SUMMARY**

Network oscillations support transient communication across brain structures. We show here, in rats, that task-related neuronal activity in the medial prefrontal cortex (PFC), the hippocampus, and the ventral tegmental area (VTA), regions critical for working memory, is coordinated by a 4 Hz oscillation. A prominent increase of power and coherence of the 4 Hz oscillation in the PFC and the VTA and its phase modulation of gamma power in both structures was present in the working memory part of the task. Subsets of both PFC and hippocampal neurons predicted the turn choices of the rat. The goal-predicting PFC pyramidal neurons were more strongly phase locked to both 4 Hz and hippocampal theta oscillations than nonpredicting cells. The 4 Hz and theta oscillations were phase coupled and jointly modulated both gamma waves and neuronal spikes in the PFC, the VTA, and the hippocampus. Thus, multiplexed timing mechanisms in the PFC-VTA-hippocampus axis may support processing of information, including working memory.

### **INTRODUCTION**

The prefrontal cortex (PFC), with its abundant anatomical interconnections with numerous other cortical and subcortical areas, is thought to play a key role in the integration of information from different brain regions to support various cognitive functions (Fuster, 2001; Miller and Cohen, 2001). In particular, the PFC is thought to be a pivotal substrate for maintaining information in the absence of changing external inputs, and neuronal activity in this brain region is assumed to be critical in working memory (Goldman-Rakic, 1995; Baddeley, 2003). It has been suggested that the PFC works in synergy with other brain regions, including basal ganglia and the hippocampus, in order to implement memory-related activity (Fuster, 2001; Miller and Cohen, 2001). It has been shown that recruitment of memory-active neurons in the PFC depends on task-relevant dopamine release from the ventral tegmental area (VTA) neurons (Williams and Goldman-Rakic, 1995; Watanabe et al., 1997; Lewis and O'Donnell, 2000; Schultz, 2006). Another synergistic mechanism of the PFC that interacts with other brain regions is implied by electroencephalogram (EEG) studies in humans. These experiments have demonstrated that the power of EEG oscillations in the 3-7 Hz band, recorded from the scalp above the PFC area (called "midline frontal theta"), correlates with working-memory performance (Gevins et al., 1997; Sauseng et al., 2010). In human studies, it has been tacitly assumed that the midline frontal theta rhythm is generated by the hippocampus (Klimesch et al., 2001; Canolty et al., 2006; Fuentemilla et al., 2010). In support of this hypothesis, recent experiments in rodents have shown increased phase coupling between hippocampal theta oscillations (7-9 Hz) and PFC neuronal firing during the workingmemory aspects of spatial tasks (Siapas et al., 2005; Jones and Wilson, 2005; Benchenane et al., 2010; Sigurdsson et al., 2010). However, theta frequency oscillations in the PFC are conspicuously weak or absent (Siapas et al., 2005; Jones and Wilson, 2005; Sirota et al., 2008), and it is unclear how the mesolimbic dopaminergic system is involved in hippocampal-PFC coordination (Benchenane et al., 2010; Lisman and Grace, 2005). Despite recent progress, the mechanisms underlying the temporal coordination of cell assemblies in the PFC-VTAhippocampal system have remained ambiguous (Lisman and Grace, 2005).

In this study, we performed simultaneous large-scale recordings of neuronal activities and local field potentials in the medial prefrontal cortex (mPFC), the VTA, and the hippocampus of the rat during a working-memory task. We found that a 4 Hz (2–5 Hz band) oscillation is dominant in PFC-VTA circuits and is phase coupled to hippocampal theta oscillations when working memory is in use. Both local gamma oscillations and neuronal firing can become phase locked to the 4 Hz oscillation. PFC neurons that predict the behavioral choice of the rat are more strongly comodulated by both 4 Hz and theta rhythms than nonpredicting neurons. We hypothesize that these multiplexed, temporal coupling mechanisms underlie the dynamic coalition of cell assemblies in the PFC-VTA-hippocampal system, supporting specific cognitive functions such as working memory.

### **RESULTS**

Neuronal activity was recorded in a working-memory task involving odor-place matching (Figure 1A; Fujisawa et al., 2008), which required rats to associate an odor cue (chocolate or cheese) presented in the start box with spatial position of a



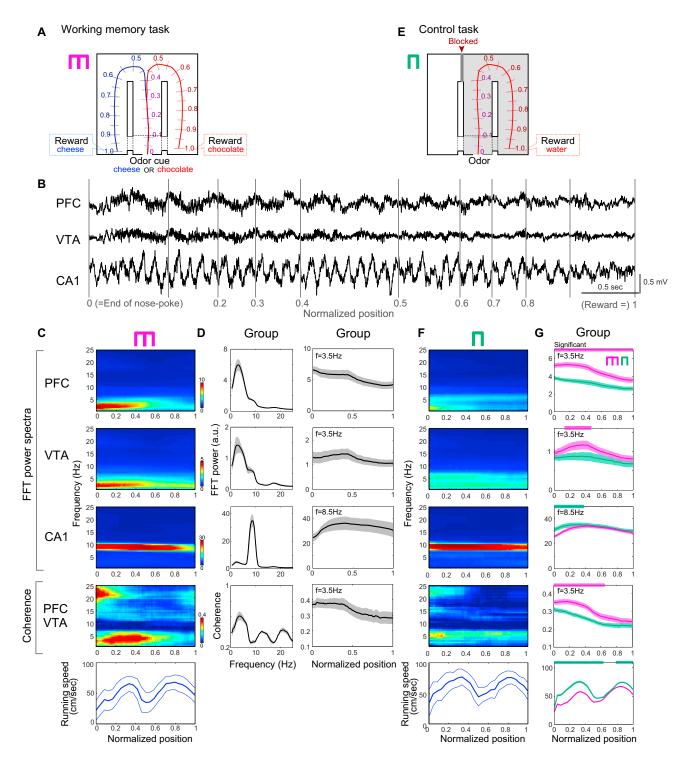


Figure 1. Enhanced Power of the 4 Hz Rhythm in PFC and VTA Correlates with Working Memory

(A) Odor-based matching-to-sample task. An odor cue (chocolate or cheese) is presented following a nose poke in a start box (position 0). Cheese or chocolate odor signals the availability of cheese or chocolate reward in the left or right goal area, respectively (position 1). Lap trajectories were linearized and represented as a one-dimensional line.

<sup>(</sup>B) LFP traces from the PFC, the VTA, and the hippocampal CA1 pyramidal layer. Gray lines represent normalized positions in the maze.

<sup>(</sup>C–G) To exclude spurious coupling, we calculated the baseline coherence values by shift predictor methods, and we subtracted them from the absolute values. (C) Time-resolved power (PFC, VTA, CA1) and coherence (PFC versus VTA) spectra for rat M, as the function of position. Bottom: running speed (mean ± standard deviation [SD]).



reward (left or right arm of the T maze). All rats performed the working memory task at high levels of performance (92.7% ± 5.0% correct, mean  $\pm$  standard deviation [SD], n = 57 sessions in seven rats) at the time of neurophysiological data collection. For recording local field potential (LFP) and neuronal spikes, silicon probes or wire tetrodes were placed in the PFC, hippocampus, and VTA (Figure 1B; see also Figure S1 available online). A total of 1,526 mPFC, 607 CA1, and 539 VTA neurons were recorded in the seven rats during the task behavior. To examine location bias of the physiological data in the maze quantitatively, we linearized lap trajectories and represented them parametrically as a continuous, one-dimensional line for each trial (total length, 230 cm), beginning with the odorsampling (nose-poking) location (position 0) and ending with the reward area (position 1; Figure 1A).

### Task-Modulated 4 Hz, Theta, and Gamma Oscillations

LFP patterns in the PFC, VTA, and hippocampus were characteristically different, with a dominant 7-9 Hz theta oscillation in the hippocampus and a 2-5 Hz (4 Hz for short;  $3.54 \pm 0.63$  Hz) oscillation in the PFC and VTA (Figure 1B). The most prominent physiological change in the working memory task was the significantly larger 4 Hz power of the PFC and VTA signals and their coherence in the central ("choice") arm of the T maze (segments 0.0-0.5 in Figures 1C and 1D), compared to the side arms (segments 0.0-0.3 versus 0.6-1.0; p < 0.01 for PFC, VTA, and PFC-VTA coherence; paired t test). Left and right lap trajectories in segments 0.0-0.3 of the central arm overlapped and began to differ significantly at position  $0.32 \pm 0.041$  (p < 0.01; permutation test; Fujisawa et al., 2008). Although the power of hippocampal theta oscillations (Figures 1C and 1D; Figure S2) and theta band coherence between the hippocampus and the PFC/VTA (Figure S2) were also high in the central arm, they remained elevated until the rat reached the goal location and consumed the reward. To exclude the possibility that elevated 4 Hz signal simply reflected some motor, noncognitive aspects, we also tested three of the seven rats in a control, nonmemory task (Figure 1E; Experimental Procedures). The power of the 4 Hz oscillation in both PFC and VTA was significantly lower in the control task than in the memory task (p < 0.01 for PFC, p < 0.05 for VTA; permutation test; Fujisawa et al., 2008), with the largest differences present in the central arm. The 4 Hz coherence between PFC and VTA signals was also significantly higher in the memory task compared to the control task (Figures 1F and 1G; p < 0.01; for individual rats, see Figure S2). To examine the possible confounding role of movement variables further, we correlated the running speed of the rats with the power of the PFC 4 Hz and hippocampal theta oscillations. Whereas hippocampal theta power was positively correlated with the velocity of the animals (p < 0.01; McFarland et al., 1975), no such relationship was observed between the velocity and the PFC 4 Hz power (p = 0.3).

To exclude the potential confound of different odorants and reward magnitude expectancies, we also examined PFC and hippocampal activity patterns in a spontaneous alternation task in the remaining three rats. During the delay between trials, the animal was required to run in a wheel (Pastalkova et al., 2008) and was rewarded with the same amount of water after choosing the correct left or right arm. The spontaneous alternation task was sensitive to both hippocampal and PFC lesions, as well as to dopamine agonists (Divac et al., 1975; Stevens and Cowey, 1973). While the rat had to keep the information about the previous choice as working memory for an extended duration (i.e., during running in the wheel and the central arm), the power of 4 Hz oscillation was high throughout, whereas in the side arms it was significantly lower (Figure S3; n = 17 sessions; p < 0.01, wheel versus side arms; p < 0.01, wheel versus 0.0-0.3 segment of central arm; paired t test), as in the working-memory task involving odor-place matching. In contrast, hippocampal theta power was more strongly correlated with motor aspects of the task (Figure S3) than with working memory, again similar to the working-memory task involving odor-place matching. These findings demonstrate that the power of 4 Hz oscillation in PFC and VTA and the coherence between these structures are correlated with the workingmemory component of the task.

Because the involvement of local circuits in a task is often reflected by gamma band oscillations (Canolty et al., 2006; Gray et al., 1989; Siegel et al., 2009), and because the power of gamma oscillations in the PFC is correlated with working memory in humans (Howard et al., 2003), we next investigated the influence of the 4 Hz rhythm on gamma activity (30-80 Hz). A narrow-band gamma oscillation with a 50 Hz peak dominated in both PFC and VTA in the central arm (Figure 2) and mimicked the dynamics of the 4 Hz power in both the working-memory task involving odor-place matching and the control task (Figures 1C and 1F). Despite the large anatomical distance between the PFC and the VTA, gamma coherence between these structures was significantly high (Figure 2C; p < 0.01; permutation test), indicating that activity in PFC and VTA also synchronizes at short timescales in a behaviorally dependent manner. In addition to gamma phase coherence, the amplitude of gamma waves (Figure 3A) in both PFC and VTA was phase modulated by the PFC 4 Hz oscillation, with the strongest modulation present in the central arm (Figure 3A). In contrast, coherence between hippocampal LFP and the envelope of local gamma amplitude in different segments of the maze largely paralleled the power of the theta rhythm in the hippocampus (Figure 3A) and covaried more with the motoric aspects of the task than with the working-memory component. To determine the phase at which

<sup>(</sup>D) Power spectra mean (±standard error of the mean [SEM]) for all rats (left panels) and within-trial evolution of 4 Hz (VTA, PFC) or theta (CA1) power and PFC-VTA coherence (right panels) as the function of position. For these measurements, the peak power at the 4 Hz or theta band was used.

<sup>(</sup>E) Control task with the left arm blocked.

<sup>(</sup>F) Time-resolved spectra in the control task, performed on the same day as (C). Color scales are same as (C).

<sup>(</sup>G) Group comparisons between control (green) and working-memory (magenta) tasks (mean ± SEM). The frequency bands used in these analyses are the same as in (D). Significant increases or decreases in the memory task are shown by magenta and green horizontal lines, respectively (p < 0.01; permutation test; Fujisawa et al., 2008).



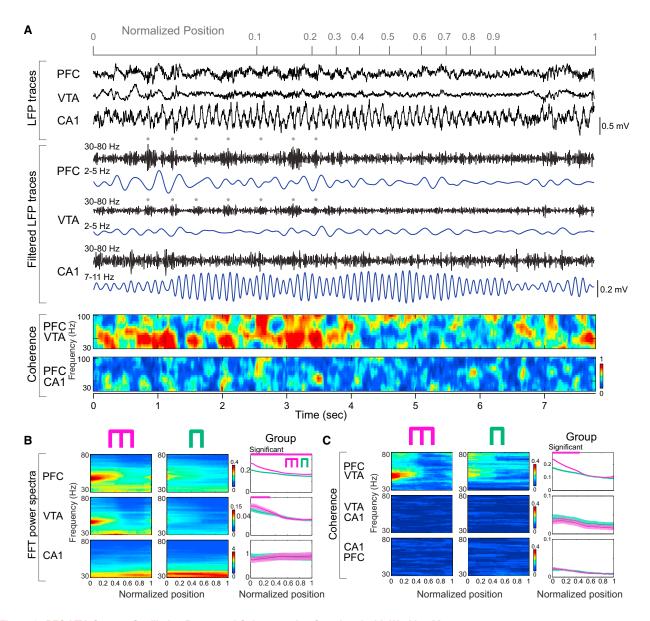


Figure 2. PFC-VTA Gamma Oscillation Power and Coherence Are Correlated with Working Memory

(A) Representative LFP traces and their filtered derivatives from the PFC, the VTA, and the hippocampal CA1 pyramidal layer (rat M). Dots represent 4 Hz rhythmic increase of gamma amplitude in PFC and VTA. Color plots represent PFC-VTA and PFC-HPC coherence of gamma activity.

(B) Time-resolved power spectra in the working-memory and control sessions in a single session. Right: group comparisons between working-memory (magenta) and control (green) tasks (mean ± SEM; n = 29 sessions in three rats). Magenta lines represent significant group differences (p < 0.01 for PFC, p < 0.05 for VTA; permutation test; Fujisawa et al., 2008).

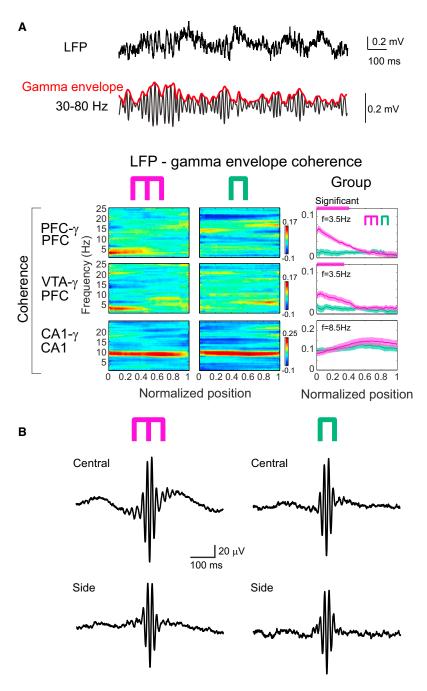
(C) Time-resolved coherence spectra in the working-memory and control sessions in a single rat and in group (p < 0.01; permutation test; spurious coupling subtracted).

the 4 Hz rhythm modulated gamma power, we used troughs of the filtered gamma waves to construct LFP averages from epochs corresponding to different locations of the rat (Figure 3B). This analysis showed that the largest amplitude of gamma waves occurs on the ascending phase of the 4 Hz oscillation (preferred phase: 241.1° ± 11.8°). Moreover, the largest amplitude and the most strongly modulated average occurred in the central arm of the working-memory task, compared with the side arm and the averages obtained in the control task.

## Phase Modulation of PFC, Hippocampal, and VTA Neurons by 4 Hz and Theta Oscillations

To gain insight about the local impact of the 4 Hz and theta oscillations on unit firing, we examined their phase correlations with putative principal cells and interneurons (Figure 4A; Figure S4). A sizable fraction of neurons in both PFC and hippocampus was significantly modulated by the 4 Hz rhythm (PFC pyramidal cells: 17.7%; PFC interneurons: 51.6%; CA1 pyramidal cells: 17.8%; CA1 interneurons: 30.9%; p < 0.05; Rayleigh test was





used for assessing uniformity). Large percentages of neurons were also phase locked to hippocampal theta oscillations (Figure 4A; PFC pyramidal cells: 36.4%; PFC interneurons: 55.9%; Siapas et al., 2005; Sirota et al., 2008; CA1 pyramidal cells: 88.6%; CA1 interneurons: 96.8%; Sirota et al., 2008). In addition to spike modulation, spike transmission efficacy between monosynaptically connected PFC neurons, as inferred from the short-term cross-correlograms between neuron pairs (Figure 4B; Fujisawa et al., 2008), was also phase modulated by both PFC 4 Hz and hippocampal theta oscillations in 42% and 22% of the pairs, respectively (Figure 4C).

### Figure 3. Working Memory Is Correlated with 4 Hz Modulation of Gamma Power

(A) Wide-band (1–1,250 Hz) and filtered (30–80 Hz) LFP from PFC. Red line indicates the envelope of gamma amplitude fluctuation. Color panels: time-resolved coherence spectra between the LFP and the gamma envelope in the working-memory and control sessions in a single rat. Right panels: group data of LFP versus gamma envelope coherence in the working-memory (magenta) and control (green) tasks (mean  $\pm$  SEM). Note opposite changes of LFP versus gamma envelope in the 4 Hz and theta bands in both working-memory and control tasks. Horizontal magenta and green lines above panels indicate significant group differences (p < 0.01 for PFC gamma, p < 0.05 for VTA gamma; permutation test; Fujisawa et al., 2008; spurious coupling subtracted).

(B) Gamma trough-triggered LFP in the central and side arms in both tasks. Note strongest phase locking of gamma waves to the ascending-phase 4 Hz oscillation in the central arm of the memory task (upper left).

Neurons in the VTA were classified as putative dopaminergic and putative GABAergic cells (Figures S4 and S5). Almost half (46.2%) of the putative dopaminergic and 37.5% of the putative GABAergic VTA neurons were significantly phase locked to the 4 Hz oscillation, as shown by their phase histograms and the significant peaks in their unit-LFP coherence spectra (Figure 4D). Approximately the same proportions of VTA neurons were also significantly phase locked to the hippocampal theta rhythm (putative dopaminergic: 43.6%; putative GABAergic cells: 39.4%).

Phase modulation of neurons by 4 Hz and theta oscillations was also compared between the memory and nonmemory control tasks. For these comparisons, only the right-turn trials of the memory task were included, and the same neurons were compared in both tasks. Despite the similar firing rates of the neurons in each brain area in both tasks, almost twice as many PFC pyramidal cells and putative dopaminergic VTA neurons were significantly phase locked to 4 Hz oscillation in the memory task than in the control task (Figure 5). PFC interneurons, hippocampal cells, and putative VTA GABAergic cells did not show such task-dependent phase lock-

ing. The fraction of significantly theta phase-locked neurons in each brain region was similar in the two tasks (Figure 5). These findings show that the magnitude of 4 Hz modulation of PFC pyramidal cells and VTA dopaminergic cells was task specific.

## Enhanced Modulation of Goal-Predicting PFC Neurons by 4 Hz and Theta Oscillations

Although changes in 4 Hz and gamma oscillations in both PFC and VTA were reliably correlated with the working-memory component of the task, they did not predict the directional choice of the animal on a given trial (p > 0.05 for each rat). In contrast,



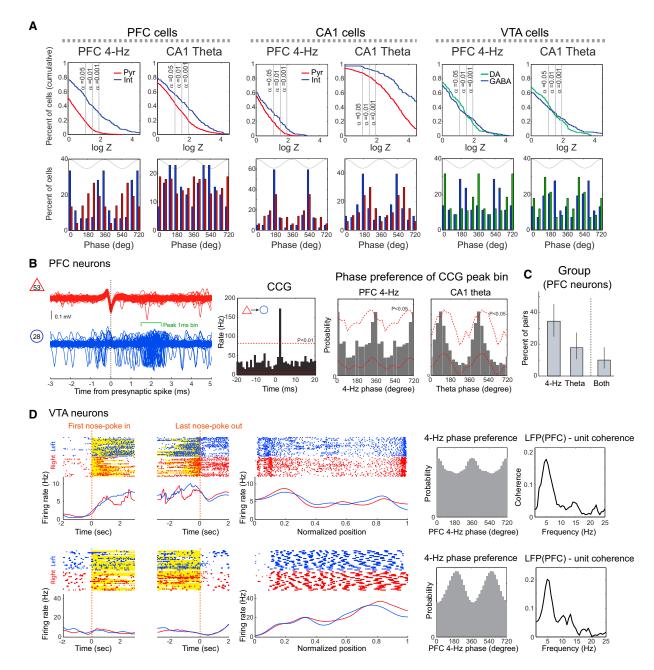


Figure 4. Entrainment of Unit Firing by 4 Hz and Theta Oscillations

(A) Top: cumulative density function of phase modulation strength statistics log Z (Rayleigh Z statistic; Sirota et al., 2008) for putative pyramidal cells (red), GABAergic inhibitory cells (blue), and dopaminergic cells (green) from PFC (left), CA1 (middle), and VTA (right). Bottom: distribution of preferred phases for all significantly modulated (p < 0.05) neurons.

(B) Modulation of synaptic connections by 4 Hz and theta oscillations. Left: filtered traces of a synaptically connected PFC putative pyramidal cell- (triangle) interneuron (circle) pair and their cross-correlogram (CCG, second panel). Spike transmission efficacy was estimated by the short-term cross-correlograms between neuron pairs. Note short-latency (~2 ms) firing of the interneuron after the pyramidal cell spike in an example pair. Third and fourth panels represent phase distribution of coincident spikes of the example pyramidal cell-interneuron pair (cofiring within 1 ms windows, 1 ms after pyramidal cell spike; Fujisawa et al., 2008) during PFC 4 Hz and hippocampal theta oscillations. Red lines indicate significance level estimated by permutation test (p < 0.05; Fujisawa et al., 2008).

(C) Percent of monosynaptically connected PFC pyramidal-interneuron pairs significantly modulated by either or both rhythms. Clopper-Pearson confidence intervals (p < 0.05) are also shown.

(D) Raster plots of unit firing and mean rates during left- (blue line) and right-bound (red line) trials for two representative VTA units related to nose-poking onset (0 s; first panel), offset (0 s; second panel), and activity (third panel) in the maze. Histogram represents modulation of unit firing by PFC 4 Hz. Rightmost panel: coherence between LFP in PFC and unit firing. Top unit shows increased firing rate at sniffing onset. Bottom unit fired rhythmic bursts of spikes during running (note rhythmicity of spikes).



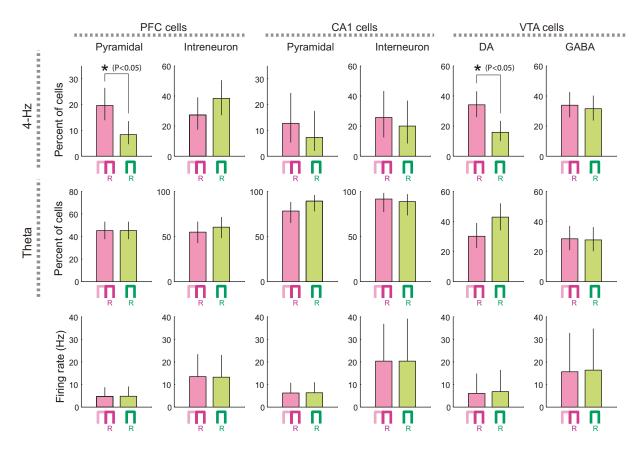


Figure 5. Phase Locking of Unit Firing to 4 Hz or Theta Oscillations in the Working-Memory and Control Tasks Percent of significantly phase-modulated PFC, CA1, and VTA cells (p < 0.05; Rayleigh test) in the working-memory (magenta) and control (green) tasks is shown. In these comparisons, only the right-turn trials of the memory task were included. Only neurons whose mean firing rates were >1 Hz in both tasks were included in the analyses. Bars indicate Clopper-Pearson confidence intervals (p < 0.05). Bottom: mean firing rates of the neurons (mean ± SD).

a sizeable fraction of both PFC and hippocampal cells fired at significantly different rates in the central arm on trials with future left and right turns (Figure 6A). Because such goal-predicting, "prospective," or "episode" neurons have been suggested to be a part of the working-memory network (Wood et al., 2000; Frank et al., 2000; Fujisawa et al., 2008; Pastalkova et al., 2008), we examined their relationship with LFP oscillations and compared them with nonpredicting but active neurons in the 0.0-0.3 segment of the central arm, in which movement trajectories and speed during left and right trials were indistinguishable (Fujisawa et al., 2008). For these comparisons, only neurons that fired at least 1 Hz in the central arm were included. The fraction of both 4 Hz and theta-modulated neurons was significantly higher in the goal-predicting PFC pyramidal cell group (Fujisawa et al., 2008), as compared to nonpredicting cells (Figure 6B). Furthermore, the magnitude of phase locking of the goal-predicting PFC pyramidal cells to 4 Hz and theta oscillations was also significantly higher than phase locking of the nonpredicting neurons (Figure 6C). This difference could not be explained by the significantly lower firing rate of nonpredicting neurons in the central arm because the phase-modulation differences persisted after equalizing the spike numbers of all predicting and nonpredicting neurons for the analysis, using exhaustive bootstrapping (Vinck et al., 2010; Figure S6). Although the fraction of predicting neurons in the hippocampus and PFC was similar, hippocampal predicting and nonpredicting neurons did not show differential phase locking to 4 Hz or theta oscillations (Figure S6).

### **Joint Phase Modulation of PFC and Hippocampal Neurons by 4 Hz and Theta Oscillation**

Because timing of neuronal spikes was biased by both 4 Hz and theta rhythms, we also examined their joint effects. First, we tested whether there is a phase relationship between these oscillations. The PFC 4 Hz trough (180°) was significantly locked to the trough (198.5° ± 3.78°) of CA1 theta waves in each rat (Figure 7A; p < 0.01; shift predictor statistics). The phase relationship between these oscillations was also indicated by single unit data. A fraction of neurons was significantly modulated by both PFC 4 Hz and hippocampal theta oscillations (Figure 7B; PFC: 13.7%; CA1: 21.0%; VTA: 16.9%; p < 0.05; Rayleigh test). Plotting all significantly jointly modulated neurons showed that the population of phase-locked units occupied a diagonal (Figure 7C), similar to the joint phase distribution of 4 Hz and theta oscillations (Figure 7A, second panel). The diagonal distribution of the comodulation values is an indication of the



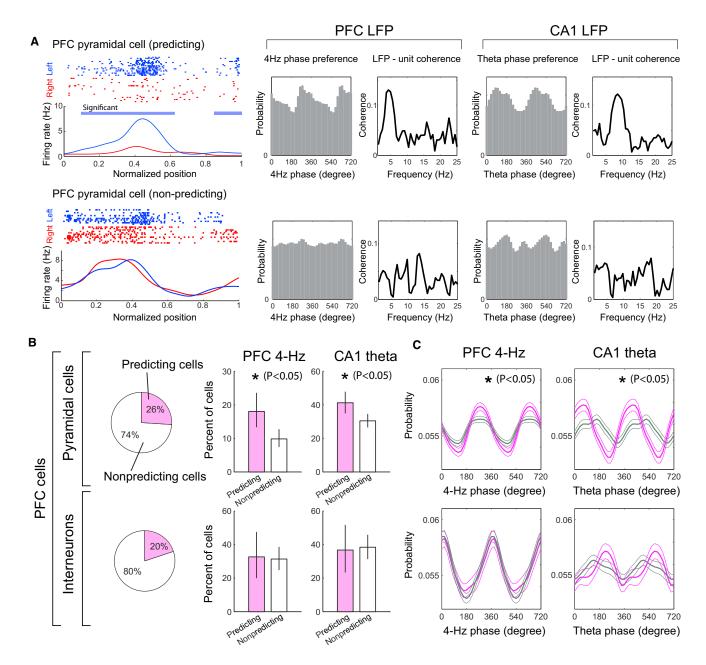


Figure 6. Trial Outcome-Predicting PFC Neurons Are More Strongly Modulated by the 4 Hz Oscillation Than Nonpredicting Cells

(A) Raster plots and mean firing rates for two example PFC neurons during left- (blue) and right-bound (red) trials. Blue horizontal line indicates significant difference (p < 0.05; permutation test; Fujisawa et al., 2008) between left and right trials. Top row: side-predicting neurons with strong unit-LFP coherence at 4 Hz. Bottom row: nonpredicting neurons with poor unit-LFP coherence.

(B) Pie charts represent fractions of side-predicting (pink; significantly different mean discharge rates at position 0.0–0.3 in left and right trials; p < 0.05) and nonpredicting (white) neurons. Graphs represent percentage of PFC neurons significantly phase locked to PFC 4 Hz or hippocampal theta oscillations in the central arm. Clopper-Pearson confidence intervals (p < 0.05) are shown.

(C) Mean (±SD) phase modulation of predicting (pink) and nonpredicting (gray) PFC neurons by 4 Hz and theta oscillations. Peak-to-trough height of the phase histograms was used for the assessment of statistical significance (p < 0.05; permutation test).

interdependent nature of neuronal phase locking to both rhythms. Comparison between jointly modulated predicting and nonpredicting PFC pyramidal neurons revealed that predicting neurons were significantly more strongly comodulated by these rhythms than nonpredicting cells (Figure 7D; p < 0.05; Fig-

ure S6). In addition, we found that local gamma oscillations in PFC and hippocampus were modulated by both PFC 4 Hz and CA1 theta oscillations (Figure S7). These findings suggest that PFC neurons, which are active in the working memory part of the task, are temporally coordinated (Jones and Wilson, 2005;



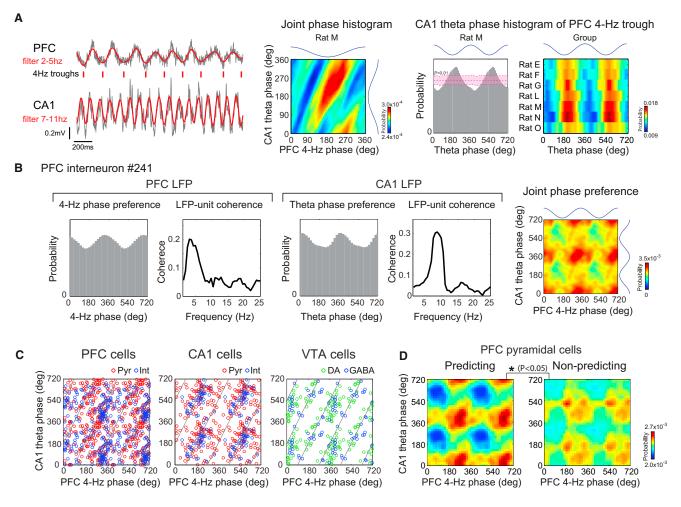


Figure 7. Joint Modulation of Neurons by 4 Hz and Theta Oscillations

(A) Phase relationship between 4 Hz and theta oscillations. Ticks indicate troughs of the filtered 4 Hz rhythm. Middle panel: joint phase histogram between PFC 4 Hz and hippocampal theta oscillations. Note diagonal bands indicating phase coupling. Right: theta phase histogram referenced to the trough of the 4 Hz oscillations for rat M and each rat (group; p < 0.01; shift predictor statistics). Trough of waves is 180°.

(B) Joint modulation of an example PFC neuron by both 4 Hz and theta oscillations. Unit firing histograms and coherence plots between unit discharge and PFC (left) and CA1 (right) LFP. Color plot indicates comodulation of the neuron by both 4 Hz and theta oscillations.

(C) Peaks of joint phase preferences for single neurons significantly phase locked to both 4 Hz and theta oscillations in each structure. Diagonal lines indicate ideal trough-to-trough phase coupling between 4 Hz and theta (8 Hz) oscillations.

(D) Mean joint phase modulation of side-predicting and nonpredicting neurons. Peak-to-trough height of the joint phase histograms was used for the assessment of statistical significance (p < 0.05; permutation test).

Benchenane et al., 2010; Rutishauser et al., 2010) by 4 Hz and theta oscillations. The expected results of such coordination are that the synchronously discharging predicting cells can exert a stronger impact on downstream targets that guide behavior, as compared to the less synchronous nonpredicting population.

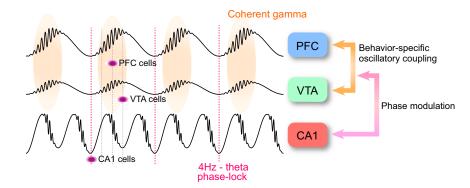
### **4 Hz and Theta Are Distinct Oscillations**

Finally, we compared LFP activity in PFC and hippocampus during task behaviors and in the home cage during waking immobility, rapid eye movement (REM) sleep, and slow-wave sleep (Figure S8). PFC 4 Hz power was high during nose poking and running in the central arm and wheel, i.e., during times when working memory was active. PFC 4 Hz power was low during immobility and sleep, including theta-dominated REM sleep. Hippocampal theta power was high during running behavior and REM sleep but low during nose poking, immobility, and slow-wave sleep (Figure S8). Slow-wave sleep in both PFC and hippocampus was dominated by a large 2 Hz peak, a reflection of slow oscillation of non-REM sleep (Steriade et al., 1993). This behavior-dependent dissociation of power changes demonstrates that theta and 4 Hz oscillations are distinct rhythms with characteristically different behavioral correlates and presumably different mechanisms.

### **DISCUSSION**

Our findings demonstrate a triple time control of neurons in the PFC-VTA-hippocampus axis (Figure 8). The 4 Hz rhythm is the





## Figure 8. A 4 Hz Oscillation Temporally Coordinates Activity across the Limbic and Basal Ganglia Systems

In PFC-VTA circuits, the 4 Hz rhythm is the dominant pattern, enhancing both coherent gamma oscillations and neuronal firing on the ascending phase. Through phase coupling (red dotted line), 4 Hz and theta oscillations jointly coordinate gamma oscillations and neuronal assembly patterns according to task demands.

dominant pattern in PFC-VTA circuits, effectively modulating both local gamma oscillations and neuronal firing, whereas synchrony of neuronal spikes in the hippocampus is largely under the control of theta oscillations. Through phase coupling, 4 Hz and theta oscillations jointly coordinate gamma oscillations and neuronal assembly patterns in a task-relevant manner. We hypothesize that these physiological mechanisms temporally coordinate neuron populations within and across the prefrontal, limbic, and basal ganglia systems.

## Coupling of PFC and VTA Circuits by 4 Hz and Gamma Oscillations

Our observation of the prominent 4 Hz rhythm in the PFC led us to investigate the LFP and unit firing activity in the VTA because of the prominent 2–5 Hz oscillatory firing patterns of dopaminergic neurons both in vitro and in vivo (Figure 4; see also Hyland et al., 2002; Paladini and Tepper, 1999; Bayer et al., 2007; Dzirasa et al., 2010; Kobayashi and Schultz, 2008). Whereas the "pacemaker" role of the VTA is compatible with our observations, future experiments are needed to support this idea. Furthermore, even if dopaminergic neurons or the VTA circuit proves to be the fundamental source of the 4 Hz rhythm, it remains to be explained how the VTA entrains its target structures.

One possibility is that the 2–5 Hz rhythmic firing patterns of VTA dopaminergic neurons are transmitted through fast glutamatergic signaling to the target neurons (Koos et al., 2011). Recently, support for the corelease of glutamate and dopamine in the axon terminal of VTA dopaminergic neurons (Chuhma et al., 2004) has been reported in the prefrontal cortex (Lavin et al., 2005; Yamaguchi et al., 2011). Another possibility is that the 3–6 Hz rhythm of dopaminergic neurons arises from the interaction with GABAergic neurons, because the blockade of GABA<sub>A</sub> receptors of dopaminergic neurons abolishes their 2–5 Hz firing pattern in vivo (Paladini and Tepper, 1999). Under the latter scenario, the 4 Hz activity can be broadcasted by the GABAergic neurons with projections to the PFC (Carr and Sesack, 2000a).

Another striking observation from the present experiments is the task-dependent increase of gamma coherence between the PFC and the VTA. Given the short period of the gamma rhythm, phase coupling in this temporal range requires fast conduction mechanisms. A possible mechanism for such highly efficient coupling is a downstream PFC projection that is known

to terminate on GABAergic neurons of the VTA (Carr and Sesack, 2000b). The preferential discharge of the putative GABAergic VTA neurons on the ascending phase of the 4 Hz rhythm provides support to this hypothesis. The return GABAergic projection from the VTA to the PFC (Carr and Sesack, 2000a) could also contribute to this fast signaling.

The presence of 4 Hz oscillations is visible in a number of previous reports, even though the authors may not have emphasized them. Clear 3–6 Hz rhythmic activity was visible in the striatal recordings of mice during level pressing (Jin and Costa, 2010) and in rats during ambulation or exploration (Tort et al., 2008; Berke et al., 2004; Dzirasa et al., 2010). The presence of theta wave "skipping" of neurons (i.e., firing on every second theta cycle), firing rhythmically at 4 Hz, has been reported in deeper regions of the medial entorhinal cortex (Deshmukh et al., 2010). Similar theta wave skipping was observed in ventral hippocampal pyramidal neurons, resulting in a 4 Hz peak of their autocorrelograms (Royer et al., 2010). These observations and the present findings illustrate that 4 Hz oscillations are widespread and likely play a critical role in the temporal coordination of neuronal networks in the basal ganglia-PFC axis.

## Interactions between 4 Hz and Hippocampal Theta Oscillations

Several previous studies have demonstrated theta coupling of PFC neurons in working-memory tasks (Siapas et al., 2005; Jones and Wilson, 2005; Hyman et al., 2005; Benchenane et al., 2010). In addition to PFC, we found that a significant portion of VTA neurons were also phase locked to theta, expanding the realm of theta oscillations to the mesolimbic dopamine system. The anatomical substrate and physiological mechanisms responsible for the theta entrainment of VTA cells remain to be identified. Theta phase-locked PFC neurons can, in principle, convey the theta rhythm to VTA GABAergic neurons (Carr and Sesack, 2000b). An alternative route is a polysynaptic pathway, including the subiculum, nucleus accumbens, and ventral pallidum. This indirect path has been suggested to carry novelty-induced signals from the hippocampus to the reward neurons in the VTA (Lisman and Grace, 2005). The third possible pathway is the CA3-lateral septum-VTA projection (Luo et al., 2011). In return, VTA neurons can affect theta oscillations by their monosynaptic connections to the septal area (Gaykema and Záborszky, 1996) and the hippocampus (cf. Lisman and Grace, 2005). In support for a role of the dopaminergic system in theta



oscillations, transient inactivation of the VTA decreases hippocampal theta power (Yoder and Pang, 2005), and VTA stimulation increases theta burst firing of medial septal neurons, mediated by D1/5 receptors (Fitch et al., 2006). Accordingly, the VTA, with its spontaneously oscillating neurons at 4 Hz, along with the theta pacemaker medial septal area may form an interactive circuit, an ideal substrate for cross-frequency phase coupling between the 4 Hz and theta rhythms.

### Relationship between 4 Hz Rhythm and Frontal Midline **Theta Oscillations**

The working-memory component of the task in our experiments was correlated with the sustained power of 4 Hz oscillation and the phase modulation of both gamma power and goal-predicting PFC neurons by the 4 Hz rhythm. Power increase in the 3-8 Hz band near the frontal midline area of the scalp is the dominant EEG pattern during various cognitive tasks in humans, known as "frontal midline theta" (fm-theta; Gevins et al., 1997; for a review, see Mitchell et al., 2008; Sauseng et al., 2010). Two controversial issues of fm-theta have persisted: its specific behavioral correlates and the source of the fm-theta signal. Numerous studies have reported increased power of fm-theta during working-memory tasks (Gevins et al., 1997; Sarnthein et al., 1998; Klimesch et al., 2001; Onton et al., 2005). Intracranial recordings in patients also demonstrate a correlation between theta power and working memory (Raghavachari et al., 2001; Canolty et al., 2006). In contrast, other studies emphasize that fm-theta is best correlated with "mental concentration" (Mizuki, 1987; Gevins et al., 1997; Onton et al., 2005) or focused attention (Basar-Eroglu et al., 1992). This controversy may be explained by the co-occurrence of two rhythms in the PFC, as shown here. In human studies, it is often tacitly assumed that the "cognitive frontal rhythm" (Klimesch et al., 2001) is driven by hippocampal theta oscillations (Jensen and Tesche, 2002). Alternatively, it may be more related to the 4 Hz oscillations described here. In support of this hypothesis, several studies have pointed out that the behavioral specificity of fm-theta depends on the frequency band chosen (Klimesch et al., 2001; Onton et al., 2005; Sauseng et al., 2010). Finally, recent studies in primates suggest that resetting of LFP in this low frequency band plays an important role in attention and stimulus selection (Lakatos et al., 2008). We hypothesize that, similar to our observations in the PFC of the rat, two distinct oscillations with complementary roles are activated during working memory in the human prefrontal cortex and other mammals.

### **Conclusions**

Structures within the limbic area and basal ganglia form distinct systems and perform different types of computations. However, systems often interact to support various behaviors. The representation strengths of memories and planning (served by PFChippocampus circuits) are often strongly affected by associated values (served by basal ganglia circuits; Luo et al., 2011). The various structures of the limbic system are bound together functionally by theta oscillations (Buzsáki, 2002). Our findings, along with previous observations by others, suggest that activity in the basal ganglia is temporally coordinated by a 4 Hz oscillation. We hypothesize that the phase-phase (2:1) coupling mechanism between theta and 4 Hz oscillations provides a communication link between the limbic and basal ganglia systems (Figure 8). Theta and 4 Hz oscillations can exert cross-structure, crossfrequency phase-coupling effects on local operations, as reflected by the comodulation of gamma power by these slower rhythms. In our experiments, the cross-frequency phase coupling effectively modulated task-specific PFC neurons, which carried goal-related positional and memory information. These findings illustrate how three independent rhythms (i.e., 4 Hz, theta, and gamma) can coalesce transiently to perform specific actions. We hypothesize that phase coupling between the 4 Hz and theta oscillators, and their joint modulation of local gamma oscillations, may be a mechanism for linking the entorhinal-hippocampal spatial-contextual system with the mesolimbic dopaminergic reward system.

### **EXPERIMENTAL PROCEDURES**

All protocols were approved by the Institutional Animal Care and Use Committee of Rutgers University. Seven adult male (3-5 months old) rats were trained in an odor-based delayed match-to-sample working-memory task prior to surgery. The training apparatus was a figure eight T maze with a start area, in which the sample odors (chocolate or cheese) were presented and goal arms contained the reward. The animals were required to nose poke into a hole in the start box, and the cue odor was given. If the cue was cheese odor, a piece of cheese (300 mg) was given at the end of the right arm as reward. If the cue was chocolate, the reward was a piece of chocolate (300 mg) at the end of the left arm. The odor-side arm match varied across rats. Seven rats with a performance better than 85% correct choices in 5 consecutive days were chosen for surgery. Three out of the seven rats were also trained in a control, nonmemory task. The left arm of the maze was blocked at the choice point so that the animals could only enter the right arm, and they were always rewarded with a drop of water. To initiate a trial in the control task, we required the rats to nose poke while coconut odor was presented. The control (nonmemory) task was always followed by the working-memory task after an  $\sim$ 1–2 hr rest in the home cage. For recording LFP and neuronal spikes, rats were implanted with silicon probes or tetrodes in the PFC, the hippocampus CA1, and the VTA (PFC-CA1 double recordings in three rats, PFC-VTA-CA1 triple recording in four rats; Figure 1B; Figure S1). See Supplemental Experimental Procedures for further details.

### SUPPLEMENTAL INFORMATION

Supplemental Information includes eight figures and Supplemental Experimental Procedures and can be found with this article online at doi:10.1016/ j.neuron.2011.08.018.

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### 4 Hz Rhythm Couples PFC, VTA, and Hippocampus



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