

SNACKS & SIDES

CHICKEN WINGS

Sauces: BBQ, Buffalo, Hot, Mild, Honey Garlic, Garlic Parmesan, Sweet Chili.

(Extra Sauces are \$.50 each)

Dry Rub: Lemon Pepper, Old Bay

6 COUNT \$11.50

10 COUNT \$17.50

15 COUNT \$24.50

CHICKEN TENDERS \$11.95

Sauces: BBQ, Buffalo, Hot, Mild, Honey Garlic, Garlic Parmesan, Sweet Chili.

(Extra Sauces are \$.50 each)

FRIED CHEESE CURDS \$9.95

(Served with Marinara)

FRIED PICKLES \$9.95

(Served with Ranch)

FRENCH FRIES \$6.95

Add Chili +\$1.50

Add Cheese +\$1.50

SEASONED FRIES \$7.95

PARMESAN TRUFFLE FRIES \$8.95

(Served with Roasted Garlic Mayo)

ONION RINGS \$8.95

(Served with Chipotle Mayo)

TATER TOTS \$6.95

Add Chili +\$1.50

Add Cheese +\$1.50

CHICHARRONES (FRESH FRIED) \$6.95

BREAKFAST SANDWICH \$11.95

(Includes: Tater Tots, Two Fried Eggs, topped with American Cheese & Bacon)

HOT DOG \$3.50

(Add Chili: +\$1.50, Add Cheese: +\$1.50, Add Bacon: +\$2)

HOUSE SALAD \$10.95

(Add Chicken: +\$4.00)

Dressings: Balsamic Vinaigrette, Blue Cheese, Caesar, Honey Mustard, Ranch.

CAESAR SALAD \$10.95

(Add Chicken: +\$4.00)

CHEESE QUESADILLA \$12.95

CHICKEN QUESADILLA \$14.95

CHICKEN CAESAR WRAP \$13.95

(Chicken, Cheese, Onions, Peppers, Cilantro and served with Fries)

FISH & CHIPS \$13.95

(Served with Tartar Sauce)

CHURROS \$7.95

(Add Chocolate: +\$2, Add Caramel: +\$2)

GYM
SPORTS . BAR . GRILL

BURGERS

(include fries)

BUILD YOUR OWN BURGER \$13.50

(May substitute Beyond Burger, Turkey Burger, Grilled Chicken Breast, Fried Chicken Breast, or Fried Fish)

Add bacon or avocado+\$2.50

Add cheese, egg, truffle oil, or onion ring.....+\$2.50

sub side salad+\$3.50

sub onion rings +\$3.50

sub parmesan truffle fries+\$3.50

BIG BLUE BURGER\$15.95

Blue Cheese, Bacon, Mayo

BIG EASY BURGER..... \$15.95

Aged White Cheddar Cheese, Bacon, Fried Egg, Chipotle Mayo

COWBOY BURGER.....\$15.95

Aged White Cheddar Cheese, Bacon, Smokey BBQ Sauce, Crispy Onion Ring, Sea Salt

GYM SIGNATURE BURGER\$15.95

Aged White Cheddar Cheese, Bacon, Crispy Onion Ring, Sea Salt

SHROOM BURGER.....\$15.95

Aged White Cheddar Cheese, Sauteed Mushrooms, Truffle Oil, Roasted Garlic, Mayo

VARSITY BURGER\$15.95

American Cheese, Bacon-Onion Jam, Chipotle Mayo

DAILY SPECIALS

MONDAYS – Burger Night - All Burgers starting at \$11.50 served w/ Fries

TACO TUESDAY All Tacos \$4.00 each
– Chicken Fajita, Grilled Shrimp or Fish, & Veggie

WING WEDNESDAY \$1.50 each – Minimum Order 6
Sauces: BBQ, Buffalo, Hot, Mild, Honey Garlic, Garlic Parmesan, Sweet Chili. (Extra Sauces are \$.50 each)
Dry Rub: Lemon Pepper, Old Bay

THURSDAY \$3.00 Hot Dogs All Night
(Add Cheese: +\$1.00, Add Chili: +\$1.00)

FISH FRIDAY \$11.50 Fish & Chips
served with Tartar Sauce

SATURDAY/SUNDAY WEEKEND BRUNCH

Chilaquiles w/ Grilled Chicken \$14.95
(Add Avocado: +\$2.00), Chicken & Waffles \$14.95, Breakfast Burrito served w/ Tots \$13.50

GYM

SPORTS . BAR . GRILL



Wine *Roster* \$10

BUBBLES
PINOT GRIGIO
SAUVIGNON BLANC
CHARDONNAY
ROSÉ
RED BLEND
CABERNET SAUVIGNON

Beer *Roster*

DRAFTS \$7

COORS LIGHT, BUD LIGHT
(\$8) LAGUNITAS IPA, BLUE MOON,
ANGRY ORCHARD CIDER,
805 BLONDE, PERONI,
SEASONAL SELECTION

BOTTLES/CANS DOMESTIC \$7

BUDWEISER
BUD LIGHT
MICHELOB ULTRA
MILLER LITE
GILLEY'S 16OZ. (\$9)

IMPORTS \$8

STELLA ARTOIS
MODELO
CORONA
HEINEKEN
GUINNESS 14.9OZ (\$9)

SELTZERS \$8
TRULY, HIGH NOON, TOPO CHICO

NON-ALCOHOLIC BEERS \$8

GYM ESPRESSO-TINI \$15

KETEL ONE VODKA, MR BLACK COFFEE LIQUEUR A
LITTLE BAILEY'S IF YOU LIKE IT WITH CREAM.

SPICY MARGARITA \$15

21 SEEDS CUCUMBER JALAPENO TEQUILA, LIME
JUICE, AGAVE AYPUR WITH A LIME

DICKEL COLLINS \$15

DICKEL 8 SMALL BATCH BOURBON,
CLUB SODA & SOUR MIX, LIME

PINEAPPLE OLD FASHIONED \$15

BUCHANAN'S PINEAPPLE WHISKY, SIMPLE SYR-
UP, BITTERS, WITH A CHERRY & ORANGE

ZACAPA STORM \$15

RON ZACAPA 23 RUM, GINGER BEER, LIME JUICE
AND A LIME.

UNION PALOMA \$15

UNION MEZCAL, GRAPEFRUIT JUICE, CLUB SODA,
DASH OF CRANBERRY JUICE & A LIME.

DJ ROSADO MULE \$30

DON JULIO ROSADO REPOSADO AGED IN PORT
BARRELS WITH GINGER BEER, LIME JUICE
& A LIME.

DON JULIO MARGARITA \$18

DON JULIO BLANCO, LIME JUICE, TRIPLE SEC
AND SWEET & SOUR MIX WITH A LIME.

CREAMY ROE & CO JOE \$18

ROE & CO IRISH WHISKY, MR BLACK COFFEE
LIQUEUR & BAILEY'S ALL SERVED ON THE ROCKS.

DUTCH CHERRY LEMONADE \$15

NOLET'S GIN LEMONADE AND
FILTHY CHERRY JUICE..

HENNESSY MARGARITA \$18

HENNESSY VS, LIME JUICE, COINTREAU
WITH A LIME

DRINK RESPONSIBLY