

# SNACKS & SIDES

## CHICKEN WINGS

**Sauces:** BBQ, Buffalo, Hot, Mild, Honey Garlic, Garlic Parmesan, Sweet Chili.

(Extra Sauces are \$.50 each)

**Dry Rub:** Lemon Pepper, Old Bay

**6 COUNT** ..... \$11.50

**10 COUNT** ..... \$17.50

**15 COUNT** ..... \$24.50

## CHICKEN TENDERS ..... \$11.95

**Sauces:** BBQ, Buffalo, Hot, Mild, Honey Garlic, Garlic Parmesan, Sweet Chili.

(Extra Sauces are \$.50 each)

## FRIED CHEESE CURDS ..... \$9.95

(Served with Marinara)

## FRIED PICKLES ..... \$9.95

(Served with Ranch)

## FRENCH FRIES ..... \$6.95

Add Chili ..... +\$1.50

Add Cheese ..... +\$1.50

## SEASONED FRIES ..... \$7.95

## PARMESAN TRUFFLE FRIES ..... \$8.95

(Served with Roasted Garlic Mayo)

## ONION RINGS ..... \$8.95

(Served with Chipotle Mayo)

## TATER TOTS ..... \$6.95

Add Chili ..... +\$1.50

Add Cheese ..... +\$1.50

## CHICHARRONES (FRESH FRIED) ..... \$6.95

## BREAKFAST SANDWICH ..... \$11.95

(Includes: Tater Tots, Two Fried Eggs, topped with American Cheese & Bacon)

## HOT DOG ..... \$3.50

(Add Chili: +\$1.50, Add Cheese: +\$1.50, Add Bacon: +\$2)

## HOUSE SALAD ..... \$10.95

(Add Chicken: +\$4.00)

**Dressings:** Balsamic Vinaigrette, Blue Cheese, Caesar, Honey Mustard, Ranch.

## CAESAR SALAD ..... \$10.95

(Add Chicken: +\$4.00)

## CHEESE QUESADILLA ..... \$12.95

## CHICKEN QUESADILLA ..... \$14.95

## CHICKEN CAESAR WRAP ..... \$13.95

(Chicken, Cheese, Onions, Peppers, Cilantro and served with Fries)

## FISH & CHIPS ..... \$13.95

(Served with Tartar Sauce)

## CHURROS ..... \$7.95

(Add Chocolate: +\$2, Add Caramel: +\$2)

**GYM**  
SPORTS . BAR . GRILL

# BURGERS

(include fries)

## BUILD YOUR OWN BURGER ..... \$13.50

(May substitute Beyond Burger, Turkey Burger, Grilled Chicken Breast, Fried Chicken Breast, or Fried Fish)

Add bacon or avocado .....+\$2.50

Add cheese, egg, truffle oil, or onion ring.....+\$2.50

sub side salad .....+\$3.50

sub onion rings ..... +\$3.50

sub parmesan truffle fries .....+\$3.50

## BIG BLUE BURGER .....\$15.95

Blue Cheese, Bacon, Mayo

## BIG EASY BURGER..... \$15.95

Aged White Cheddar Cheese, Bacon, Fried Egg, Chipotle Mayo

## COWBOY BURGER.....\$15.95

Aged White Cheddar Cheese, Bacon, Smokey BBQ Sauce, Crispy Onion Ring, Sea Salt

## GYM SIGNATURE BURGER .....\$15.95

Aged White Cheddar Cheese, Bacon, Crispy Onion Ring, Sea Salt

## SHROOM BURGER.....\$15.95

Aged White Cheddar Cheese, Sauteed Mushrooms, Truffle Oil, Roasted Garlic, Mayo

## VARSITY BURGER .....\$15.95

American Cheese, Bacon-Onion Jam, Chipotle Mayo

# DAILY SPECIALS

**MONDAYS** – Burger Night - All Burgers starting at \$11.50 served w/ Fries

**TACO TUESDAY** All Tacos \$4.00 each  
– Chicken Fajita, Grilled Shrimp or Fish, & Veggie

**WING WEDNESDAY** \$1.50 each – Minimum Order 6  
**Sauces:** BBQ, Buffalo, Hot, Mild, Honey Garlic, Garlic Parmesan, Sweet Chili. (Extra Sauces are \$.50 each)  
**Dry Rub:** Lemon Pepper, Old Bay

**THURSDAY** \$3.00 Hot Dogs All Night  
(Add Cheese: +\$1.00, Add Chili: +\$1.00)

**FISH FRIDAY** \$11.50 Fish & Chips  
served with Tartar Sauce

## SATURDAY/SUNDAY WEEKEND BRUNCH

Chilaquiles w/ Grilled Chicken \$14.95  
(Add Avocado: +\$2.00), Chicken & Waffles  
\$14.95, Breakfast Burrito served w/ Tots \$13.50

# GYM

SPORTS . BAR . GRILL





## *Wine* *Roster* \$10

BUBBLES  
PINOT GRIGIO  
SAUVIGNON BLANC  
CHARDONNAY  
ROSÉ  
RED BLEND  
CABERNET SAUVIGNON

## *Beer* *Roster*

### **DRAFTS \$7**

COORS LIGHT, BUD LIGHT  
(\$8) LAGUNITAS IPA, BLUE MOON,  
ANGRY ORCHARD CIDER,  
805 BLONDE, PERONI,  
SEASONAL SELECTION

### **BOTTLES/CANS DOMESTIC \$7**

BUDWEISER  
BUD LIGHT  
MICHELOB ULTRA  
MILLER LITE  
GILLEY'S 16OZ. (\$9)

### **IMPORTS \$8**

STELLA ARTOIS  
MODELO  
CORONA  
HEINEKEN  
GUINNESS 14.9OZ (\$9)

SELTZERS \$8  
TRULY, HIGH NOON, TOPO CHICO

NON-ALCOHOLIC BEERS \$8