

An aerial photograph of a city, likely San Francisco, showing a dense urban landscape with buildings and streets. A large blue rectangular overlay is positioned in the upper half of the image, containing the title text.

# 05. Ridge, Lasso and ElasticNet

An aerial photograph of a city, likely San Francisco, showing a dense urban landscape with buildings and streets. A large blue rectangular overlay is positioned in the upper half of the image, containing the title text. A white rectangular overlay is positioned in the lower half of the image, containing the author information.

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# Outline

- 1. Ridge Regression**
- 2. Cross-Validation**
- 3. Lasso regression**
- 4. ElasticNet!**



# Occam's Razor and Statistics

- In statistics Parsimony is the analogue of Occam's razor
- Between two equal models (performance-wise) we prefer the simpler one
- Simpler = fewer variables
- But which variables are superfluous?! (unnecessary)
- Lasso and Ridge are key methods to derive parsimonious linear models

## CORE PRINCIPLES IN RESEARCH



### OCCAM'S RAZOR

"WHEN FACED WITH TWO POSSIBLE EXPLANATIONS, THE SIMPLER OF THE TWO IS THE ONE MOST LIKELY TO BE TRUE."

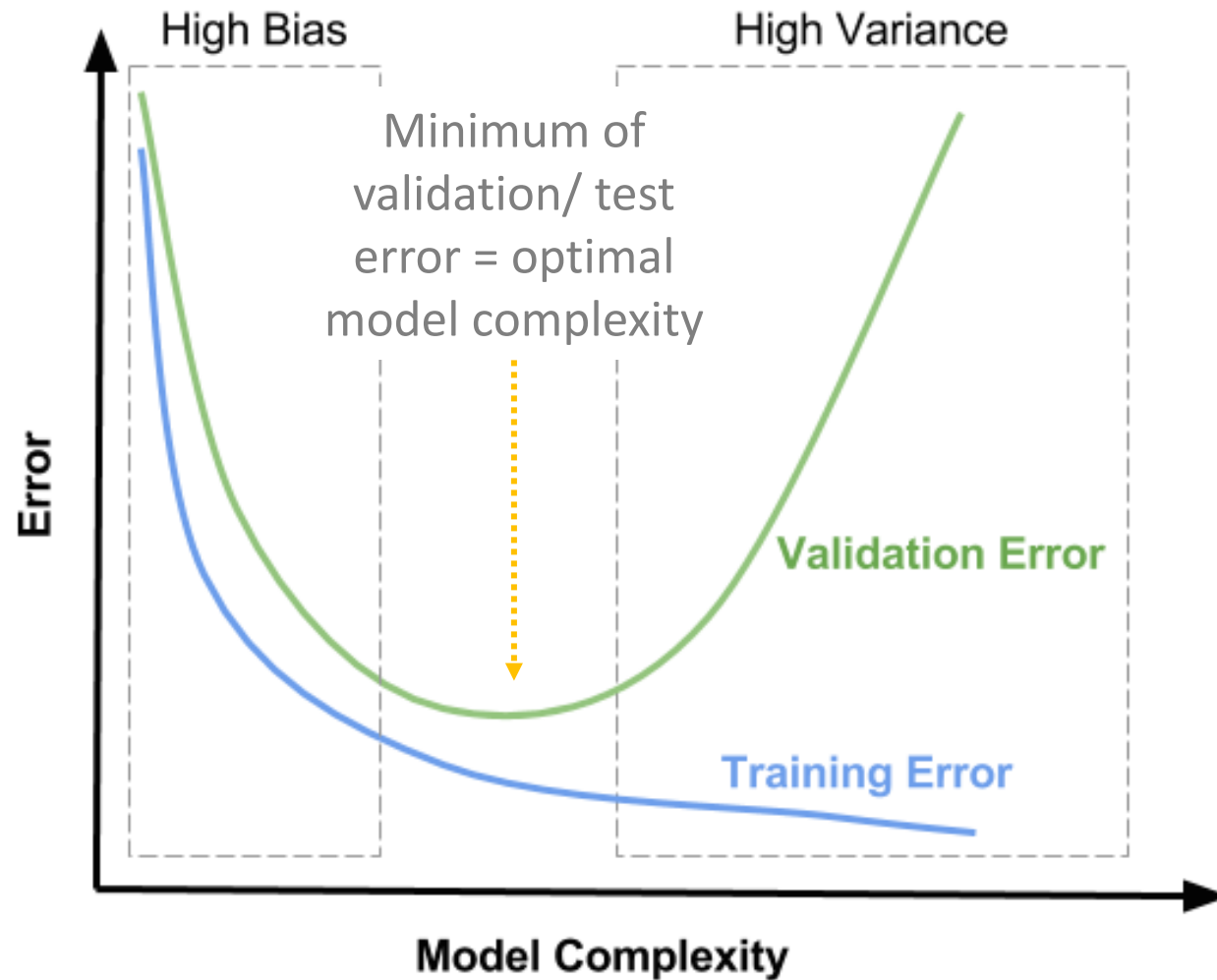


### OCCAM'S PROFESSOR

"WHEN FACED WITH TWO POSSIBLE WAYS OF DOING SOMETHING, THE MORE COMPLICATED ONE IS THE ONE YOUR PROFESSOR WILL MOST LIKELY ASK YOU TO DO."

[WWW.PHDCOMICS.COM](http://WWW.PHDCOMICS.COM)

# Recall Bias-Variance Tradeoff



- More model complexity test performance, but beyond a certain point it can increase test/validation error
- Note that training error always increases with model complexity!
- Key is determining optimal model complexity (in linear models, more complexity = more variables)



# Ridge Regression





# Ridge Estimator

$$\min_{\beta} \sum_{i=1}^N \underbrace{\left( y_i - \beta_0 - \sum_{j=1}^p \beta_j x_{ij} \right)^2}_{\text{sum of squared residuals (e.g. } y_i - \hat{y})} + \lambda * \sum_{j=1}^p \underbrace{(\beta_j)^2}_{\text{Squared coefficients}}$$

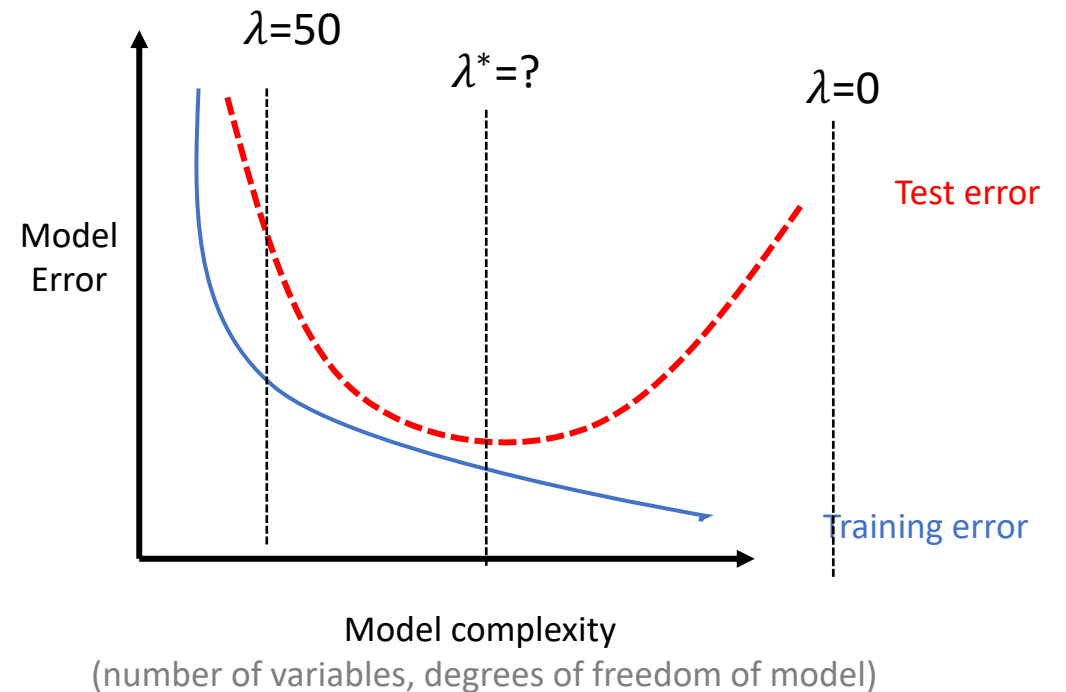
Lambda "tuning" parameter

- $\lambda$  super important! Controls the amount of “shrinkage” or penalization in the model, reducing model complexity
- If  $\lambda=0$  we just have linear regression!
- As  $\lambda$  increases, we reduce model complexity


# How to Choose Lambda ( $\lambda$ ) To Optimize Out of Sample Fit?

$$\min_{\beta} \sum_{i=1}^N \left( y_i - \beta_0 - \sum_{j=1}^p \beta_j x_{ij} \right)^2 + \lambda * \sum_{j=1}^p (\beta_j)^2$$

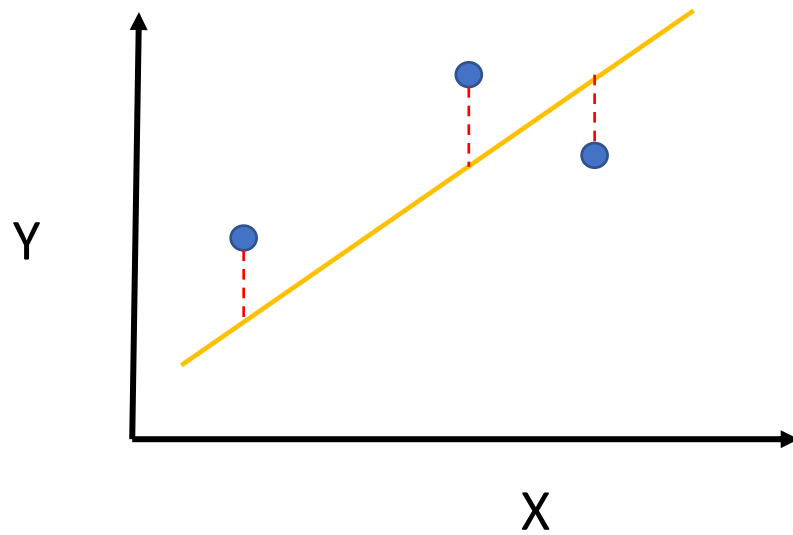
- Higher  $\lambda$ , more “shrinkage” or penalization
- If  $\lambda$  is too low our model will be overfit
- If we increase  $\lambda$  too much model will be underfit
- We need to find the optimal  $\lambda^*$  that maximizes out of sample fit
- How? We will use a technique called Cross-validation that approximates the error of our model in the test set



# Least Squares (OLS Estimator)

$$\hat{\beta} \text{ minimizes: } \sum_{i=1}^N (y_i - \beta_0 - x_{i1}\beta_1)^2$$


Least squares minimizes the sum of squared residuals (e.g.  $y_i - \hat{y}$ )



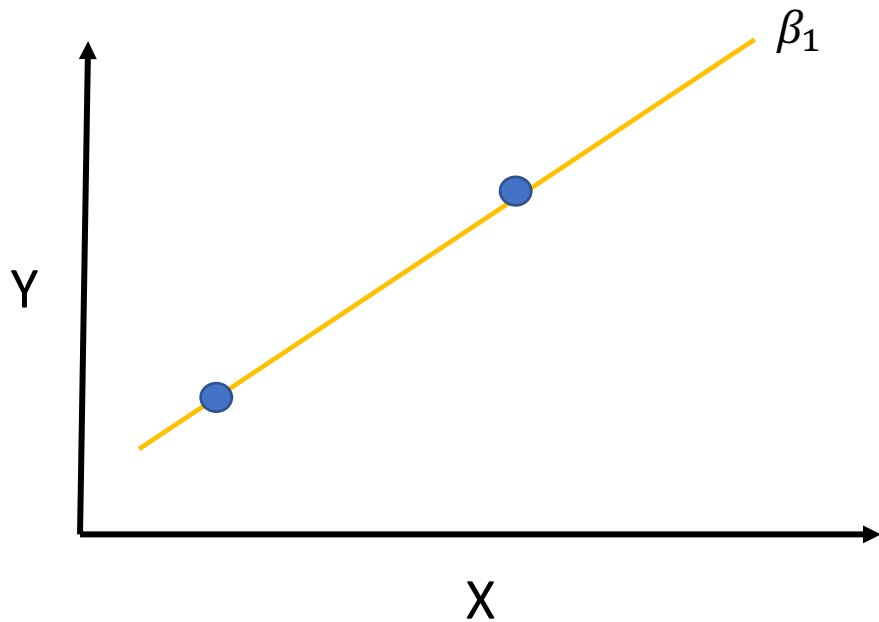
Let's set  $K = 1$  (i.e. one explanatory variable to make this easier)

Visually, the slope ( $\beta_1$ ) minimizes the difference between the points and the yellow line (red lines)



# Ridge Regression Idea

$\hat{\beta}_{ridge}$  minimizes: *residuals* +  $\lambda \cdot (\beta_1)^2$

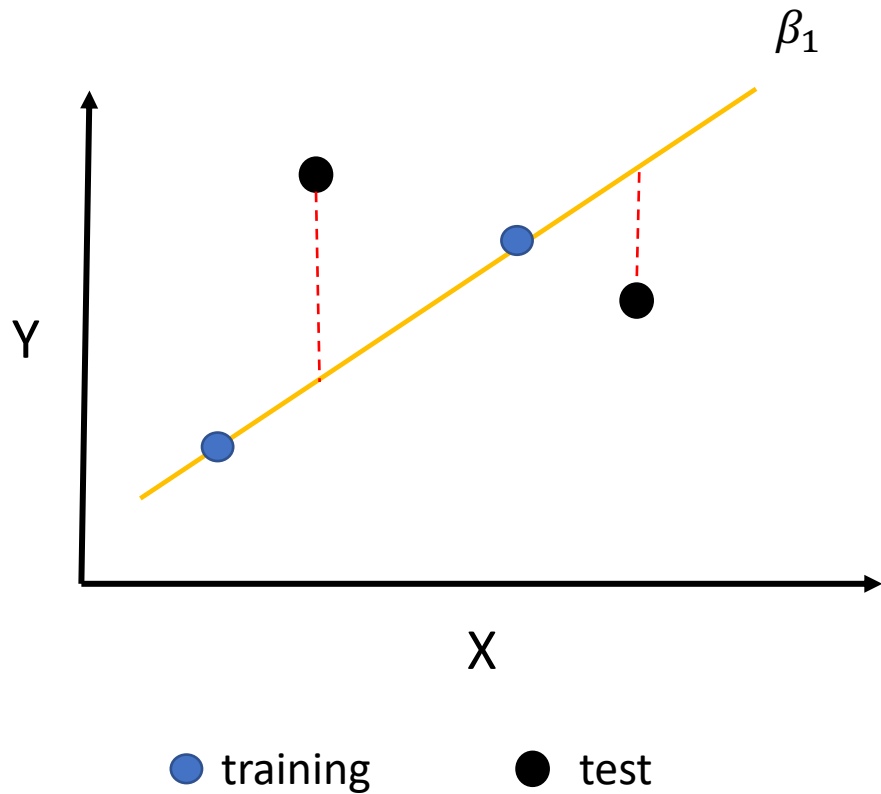


Ridge regression in contrast minimizes the OLS residuals plus the squared slope of beta times  $\lambda$

Why is this smart? Let's take the example where we only have two data points.

Our best fit line describes the points perfectly and our residuals = 0. Our bias is zero!

# OLS Bias and Variance



Bias = 0, which is good

What about our variance?

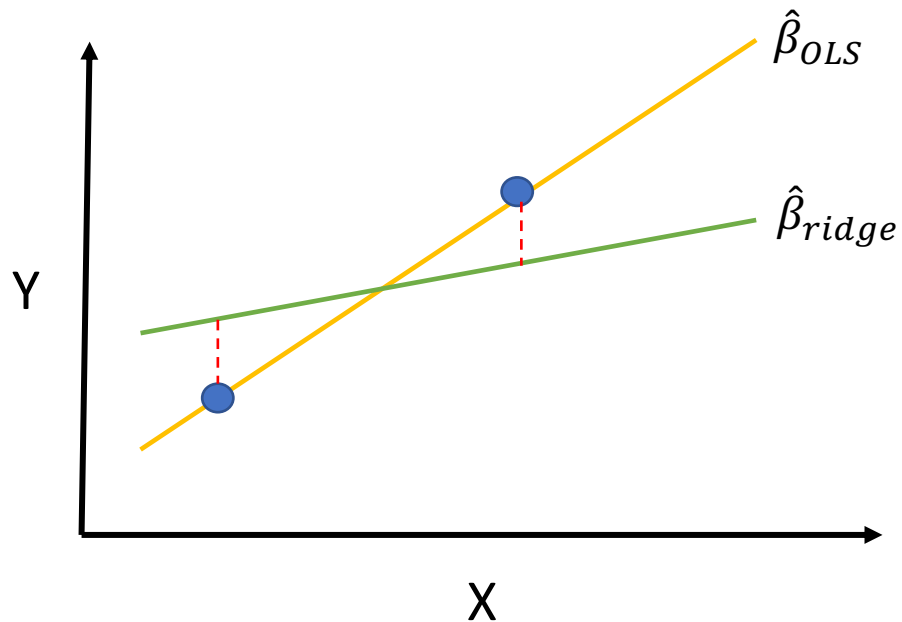
Imaging we had the following data in our test set

Then our test error would be the lines in red, and our variance would be high

**Intuition: increasing bias can often reduce variance**

# Ridge Regression Idea

$\hat{\beta}_{ridge}$  minimizes:  $residuals + \lambda \cdot (slope)^2$



Now let  $\lambda = 1$ .  $\hat{\beta}_{ridge}$  minimizes:

$$\begin{aligned} & residuals + 1 \cdot (\beta_1)^2 \\ &= residuals + 1 \cdot (\beta_1)^2 \end{aligned}$$

Suppose the OLS slope = 2

then  $\hat{\beta}_{ridge}$  would choose to have some positive residuals to because

$$\text{residuals\_ridge} + 1 \cdot (1)^2$$

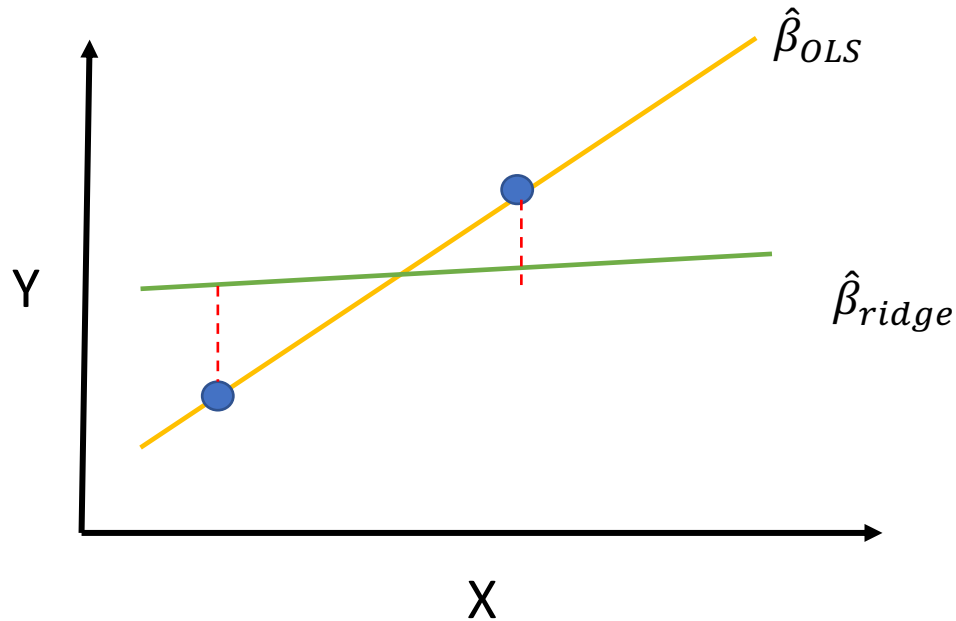
is likely less than  $0 + (2)^2 = 4$  (residuals with OLS plus lambda penalty)

Aka: we accept a little bias (higher residuals) for less variance (better test performance)



# Ridge Regression and Lambda

$\hat{\beta}_{ridge}$  minimizes:  $residuals + \lambda \cdot (slope)^2$



What if we set  $\lambda = 100$ ?

$\hat{\beta}_{ridge}$  minimizes:

$$residuals + 100 \cdot (\beta_1)^2$$

Here ridge will have to accept very high residuals in order to avoid high slope penalty

$\hat{\beta}_{ridge}$  will set slope to a very small amount (ex = 0.001) and we get:

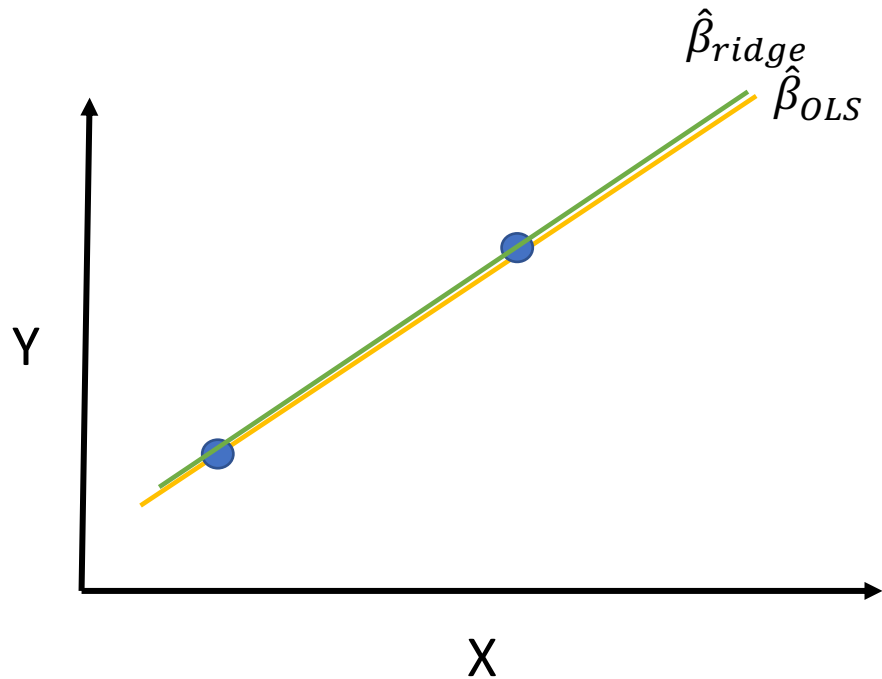
$$residuals + 100 \cdot (0.001)^2$$

$$= residuals + 0.0001$$

E.g. we accept a lot of bias but low variance

# Ridge Regression and Lambda

$\hat{\beta}_{ridge}$  minimizes:  $residuals + \lambda \cdot (slope)^2$



What if we set  $\lambda = 0$ ?

$\hat{\beta}_{ridge}$  minimizes:

$$residuals + 0 \cdot (\beta_1)^2$$

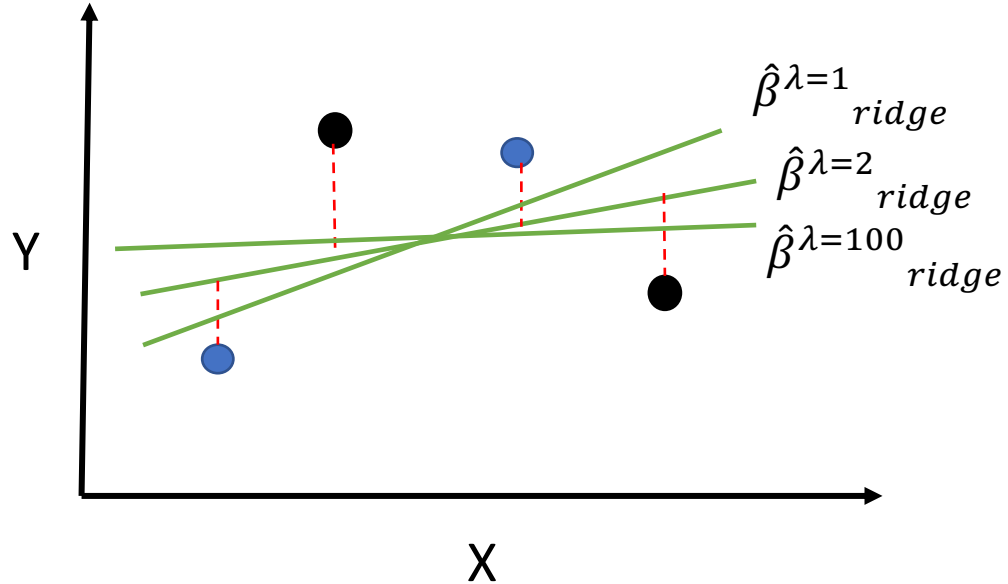
$$= residuals + 0$$

That's just the OLS estimator and  $\hat{\beta}_{ridge} = \hat{\beta}_{OLS}$

E.g. lower the penalty on lambda the closer ridge is to OLS.

# Larger $\lambda \Rightarrow$ More Penalization, Smaller Coefficients

$\hat{\beta}_{ridge}$  minimizes:  $residuals + \lambda \cdot (slope)^2$



So how do we choose  $\lambda$ ?

In practice we estimate a many models with many different values of  $\lambda$

We pick a min and max lambda (say 0 and 100), then choose some points in-between

Optimal  $\lambda^*$  minimizes cross-validated error



# Ridge Regression in R: glmnet and glmnetUtils



## Lasso and Elastic-Net Regularized Generalized Linear Models

We provide extremely efficient procedures for fitting the entire lasso or elastic-net regularization path for linear regression (gaussian), multi-task gaussian, logistic and multinomial regression models (grouped or not), Poisson regression and the Cox model. The algorithm uses cyclical coordinate descent in a path-wise fashion. Details may be found in Friedman, Hastie, and Tibshirani (2010), Simon et al. (2011), Tibshirani et al. (2012), Simon, Friedman, and Hastie (2013).

Version 3.0 is a major release with several new features, including:



## Introduction to glmnetUtils

The [glmnetUtils package](#) provides a collection of tools to streamline the process of fitting elastic net models with [glmnet](#). I wrote the package after a couple of projects where I found myself writing the same boilerplate code to convert a data frame into a predictor matrix and a response vector. In addition to providing a formula interface, it also features a function `cva.glmnet` to do crossvalidation for both  $\alpha$  and  $\lambda$ , as well as some utility functions.

### The formula interface

The interface that glmnetUtils provides is very much the same as for most modelling functions in R. To fit a model, you provide a formula and data frame. You can also provide any arguments that glmnet will accept. Here are some simple examples for different types of data:

```
# least squares regression
(mtcarsMod <- glmnet(mpg ~ cyl + disp + hp, data=mtcars))
```

- glmnet quickly estimates Ridge and Lasso models
- It's one of the best package in R or any language (ported to python in 2015) but can be difficult to work with
- glmnetUtils is a helper package that makes our lives much easier
- Make sure to install both glmnet and glmnetUtils!

# Ridge Model with glmnetUtils

```
ridge_mod <- cv.glmnet(any_bank_account ~ urban + tenureTypeOwn + outerWallsPoor  
  + toiletPoor + elecGrid + bedrooms + aircon + fridges  
  + micros + washers + stereos + DVDplayers + TVs +  
  + cellphones + computers + vehicles + cable +  
  + internet + numHHmem + numDep + numChildren,  
  data = LFS_train,  
  weights = Weight,  
  family = "binomial",  
  # note alpha = 0 sets ridge!  
  alpha = 0)
```

```
> print(ridge_mod$lambda.min)
```

```
[1] 0.09385864
```

```
> #
```

```
> print(ridge_mod$lambda.1se)
```

```
[1] 0.797567
```

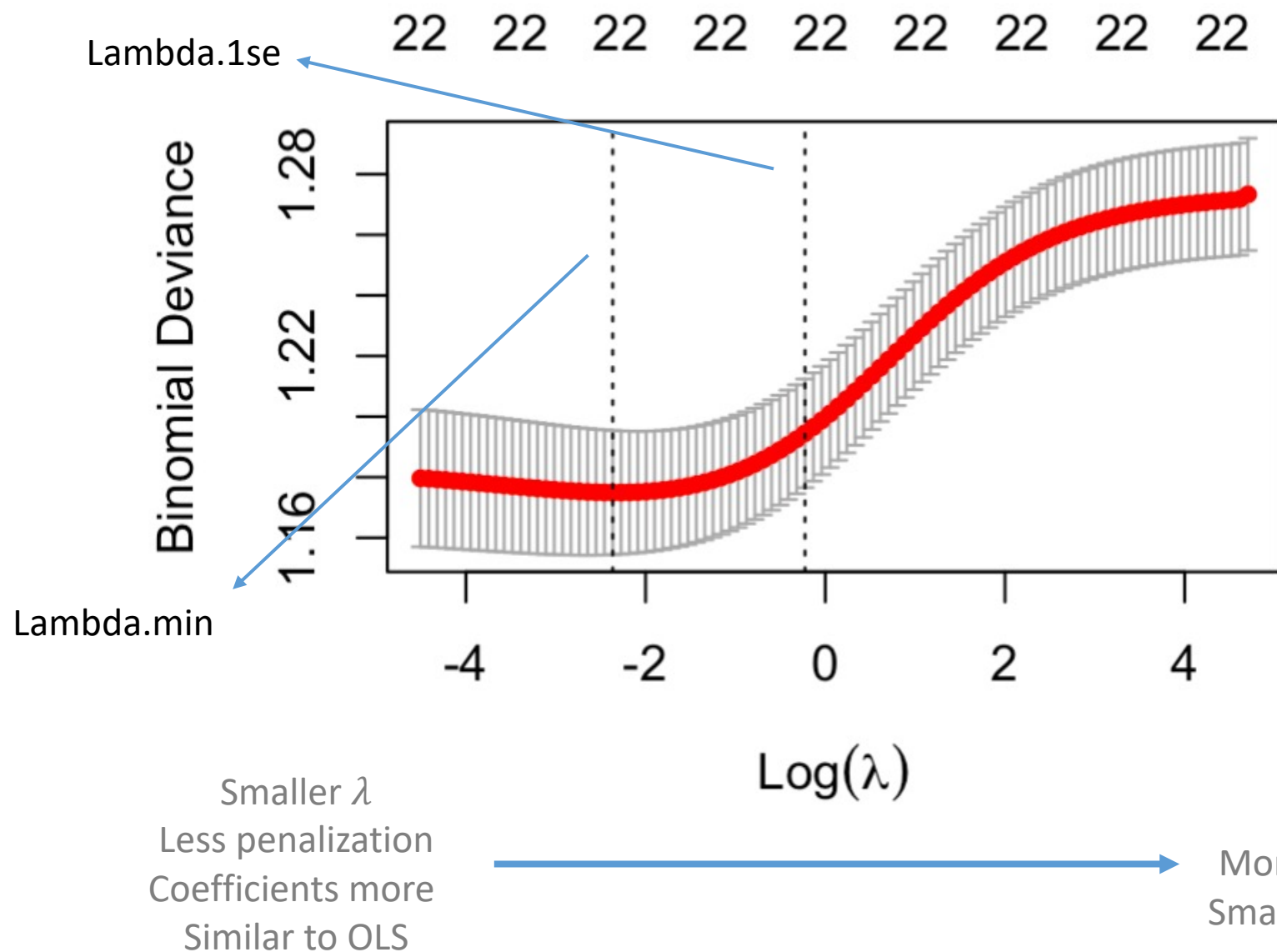
- cv.glmnet estimates a lasso or ridge model. Automatically performs cross-validation to select optimal lambda!
- We must set alpha = 0 to signify ridge model

- lambda.min stores the value of lambda that minimizes cross-validated error

- lambda.1se stores the value of lambda that minimizes cross-validated error plus one estimated standard error

- Why the difference? Lambda.min gives the best performing value, lambda.1se add extra penalization for more parsimony

# Cross-Validated MSE Plot As A Function of Lambda



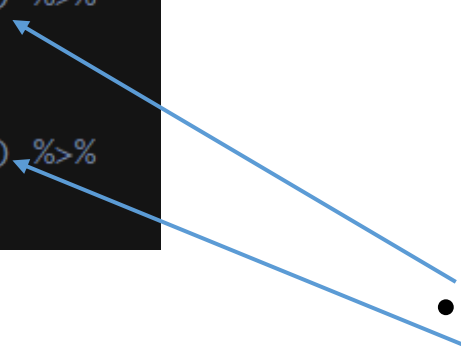
- `plot(model_object)` calls the MSE plot
- This shows how the cross-validated MSE (y-axis) varies as we increase lambda (penalization)
- Model defaults to lambda.1se but either can be appropriate



# Printing Ridge Coefficient Vector

```
# print coefficient using lambda.min
coef(ridge_mod, s = ridge_mod$lambda.min) %>%
  round(3)

# print coefficient using lambda.1se
coef(ridge_mod, s = ridge_mod$lambda.1se) %>%
  round(3)
```



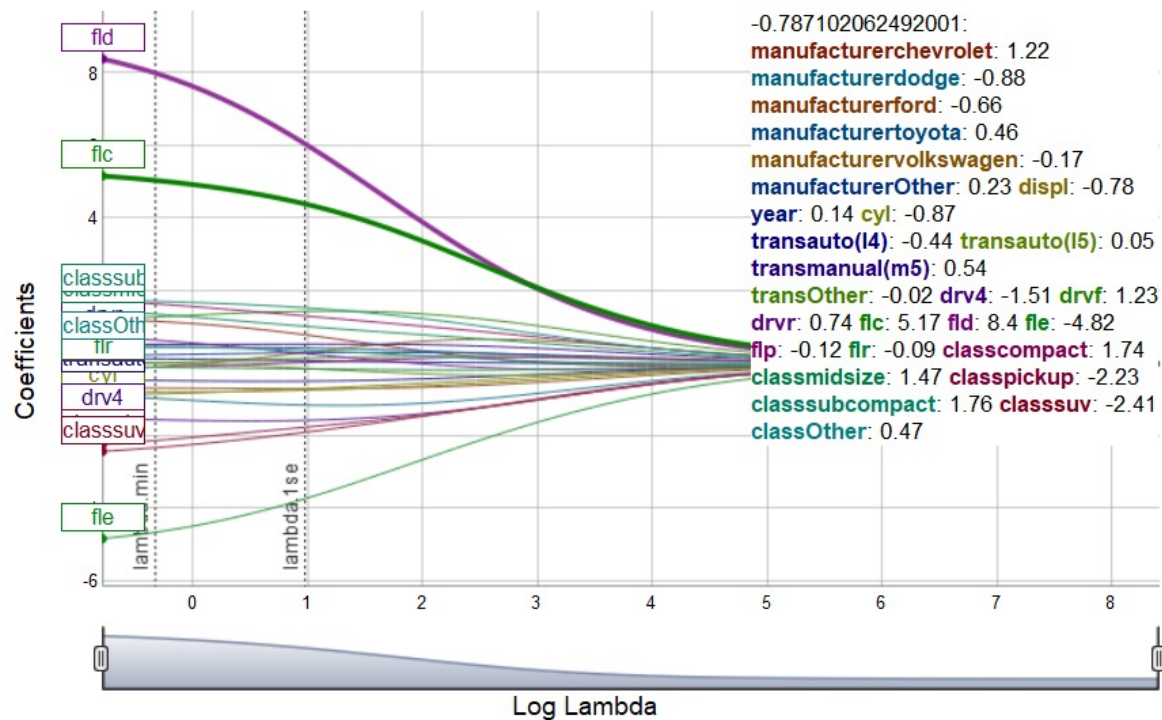
```
# put into coefficient vector
ridge_coefs <- tibble(
  `varnames` = rownames(coef(ridge_mod, s = ridge_mod$lambda.1se)),
  `ridge_min` = coef(ridge_mod, s = ridge_mod$lambda.min) %>%
    round(3) %>% as.matrix() %>% as.data.frame(),
  `ridge_1se` = coef(ridge_mod, s = ridge_mod$lambda.1se) %>%
    round(3) %>% as.matrix() %>% as.data.frame()
)

print(ridge_coefs, n = 31)
```

- Remember ridge estimates a model for every value of lambda, so we actually have dozens of coefficient vectors
- We must specify the lambda to use that indexes the coefficients desired
- We can collect and print the coefficients for every lambda value desired

# Coefpath() in coefplot to Examine Shrinkage Path of Coefficients

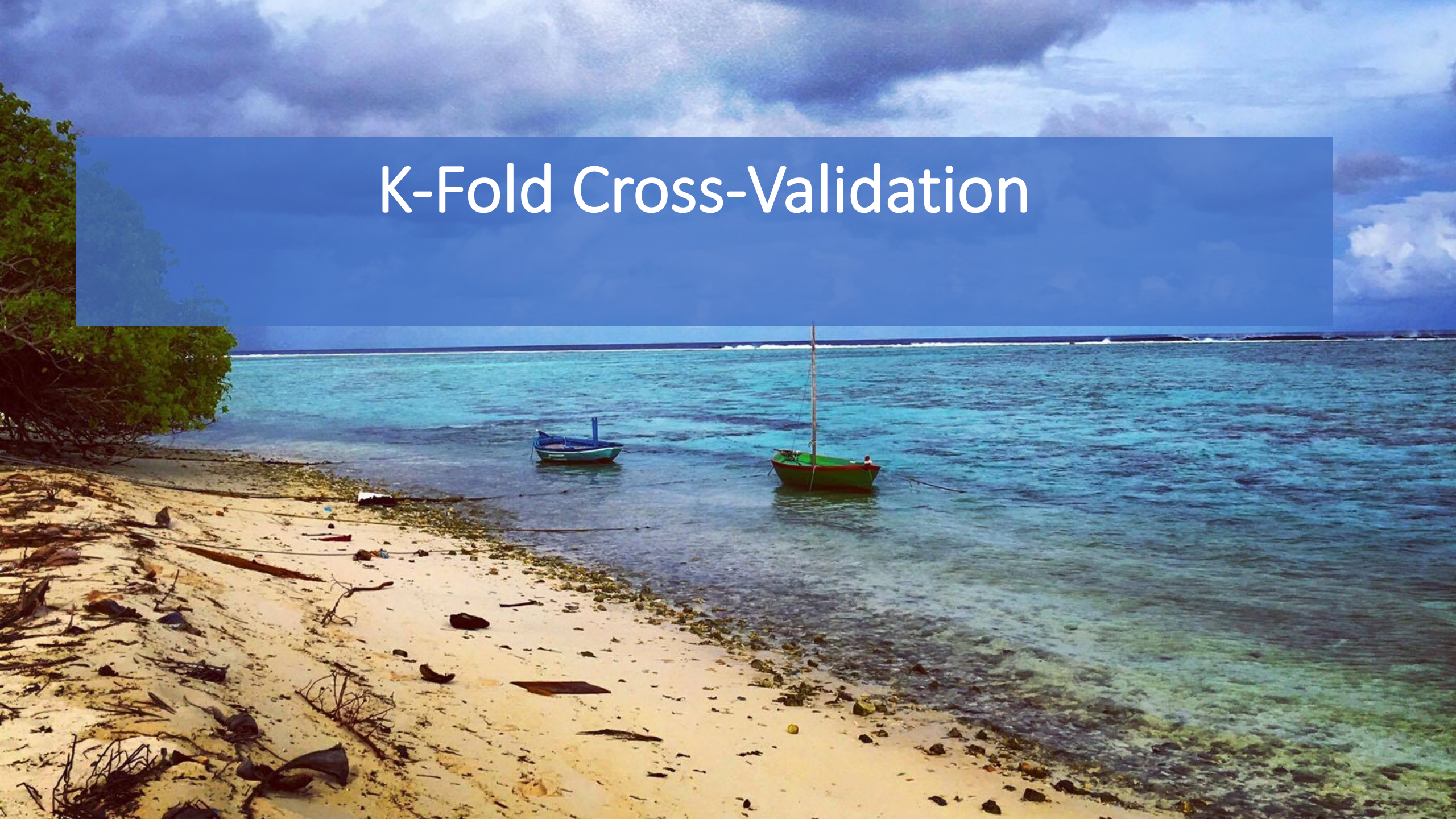
```
### examine coefficient shrinkage path
# note may need to install devtools first
# install.packages('devtools')
devtools::install_github("jaredlander/coefplot")
library('coefplot')
coefpath(ridge_mod)
```



- The function `coefpath` will allow us to interactively examine the shrinkage path for coefficients
- Coefficients are standardized (mean zero, std dev =1) and coefficient magnitudes are plotted as we vary lambda



# K-Fold Cross-Validation



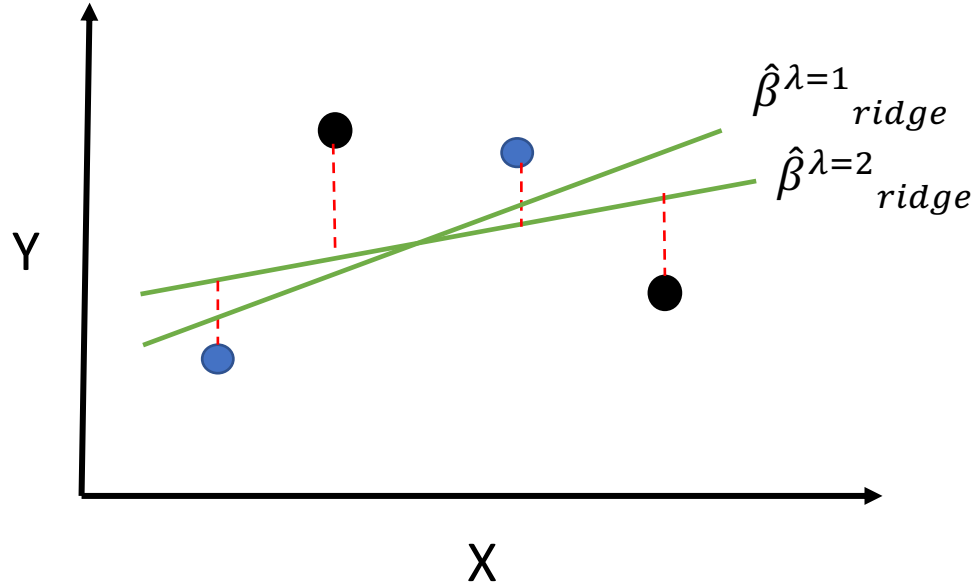


# How to choose $\lambda$ ?

- $\lambda$  determines how parsimonious our final model is
  - Higher  $\lambda$   $\rightarrow$  more parsimonious = fewer variables
  - Lower  $\lambda$   $\rightarrow$  less parsimonious = more variables
- In practice, we will estimate several values of  $\lambda$  and see which best approximates out of sample-fit.
- **Cross-validation** is a clever technique that approximates out of sample fit.
- Why not just estimate against the test set? We want to save our test set to estimate final “tuned” model performance after we’ve chosen  $\lambda$

# Choosing $\lambda$ for Ridge?

$\hat{\beta}_{ridge}$  minimizes: *residuals* +  $\lambda \cdot (\text{slope})^2$



So how do we choose  $\lambda$ ?

In practice we estimate a many models with many different values of  $\lambda$

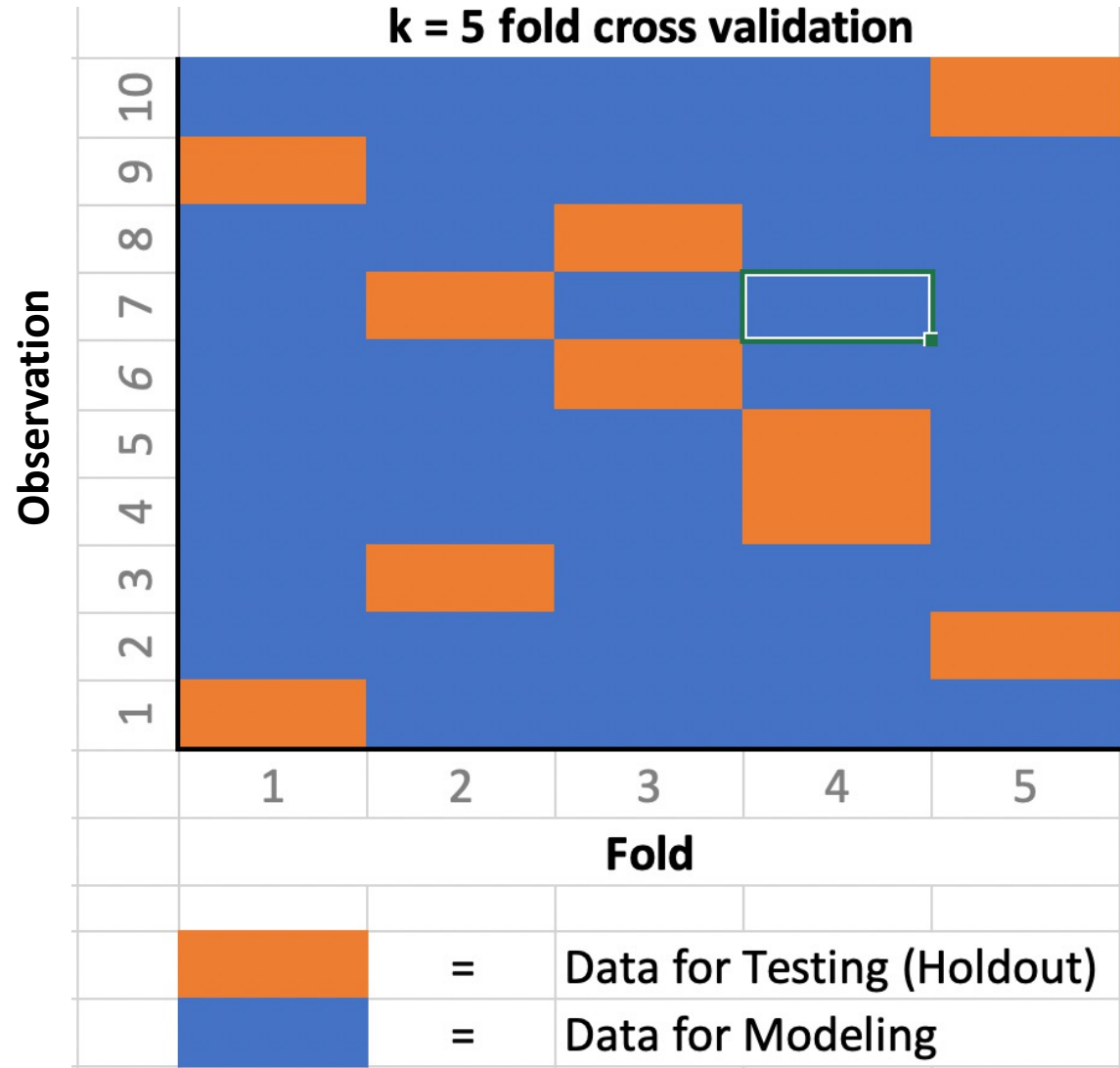
We pick a min and max lambda (say 0 and 10), then choose some points in-between

Our **optimal**  $\lambda^*$  is the lambda that minimizes cross-validated error



# K-Fold Cross-Validation

- With k-fold **cross-validation** we first partition (divide) data into K distinct groups
- Fit a model using data excluding group 1, use that model to predict into group 1.
- Fit a model using data excluding group 2, etc
- Proceed until we have y-hats for every group



# Resampling: K-Fold Cross-Validation

- We start by randomly assigning each data point to one of k folds
- Here we are setting  $k = 3$
- We fit a model excluding data from fold 1
- That model is used to predict into fold 1

$\hat{y}^{KCV}$	Fold	mpg	cyl	Displ
	3	20	4	3
	2	15	6	5
	3	12	4	2.4
11	1	10	8	4.6
	2	14	6	3
22	1	25	4	2

$X^{-\{1\}}$ :  $X$  excluding fold 1

# Resampling: K-Fold Cross-Validation

- Here we are setting  $k = 3$
- Next we fit a model excluding observations in fold 2
- That model is used to predict into fold 2

$\hat{y}^{KCV}$	Fold	mpg	cyl	Displ
	3	20	4	3
18	2	15	6	5
	3	12	4	2.4
11	1	10	8	4.6
15	2	14	6	3
22	1	25	4	2

$X^{-\{2\}}$ :  $X$  excluding fold 2

# Resampling: K-Fold Cross-Validation

- Here we are setting  $k = 3$
- Next we fit a model excluding observations in fold 3
- That model is used to predict into fold 3

$\hat{f}_{X-\{3\}}(X^{-\{3\}})$

$\hat{y}_{\{3\}}^{KCV} = \hat{f}_{X^{\{3\}}}(X^{\{3\}})$

$\hat{y}^{KCV}$	Fold	mpg	cyl	Displ
22	3	20	4	3
18	2	15	6	5
12	3	12	4	2.4
11	1	10	8	4.6
15	2	14	6	3
22	1	25	4	2

$X^{-\{3\}}$ :  $X$  excluding fold 3

# K-Fold CV Versus LOOCV

- Advantages of K-Fold CV over LOOCV
  - Only need to estimate K models
- Disadvantages
  - Higher variance (more uncertainty in  $\hat{y}_{\text{hats}}$ )
- Because of computational cost K-Fold CV more commonly used

$\hat{y}^{KCV}$	mpg	cyl	Displ
18	20	4	3
16	15	6	5
12	12	4	2.4
11	10	8	4.6
11	14	6	3
22	25	4	2

$$MSE_{KCV} = \frac{1}{N} \sum_{i=1}^N (y_i - \hat{y}_i^{KCV})^2$$



# Lasso Regression





# Lasso Estimator

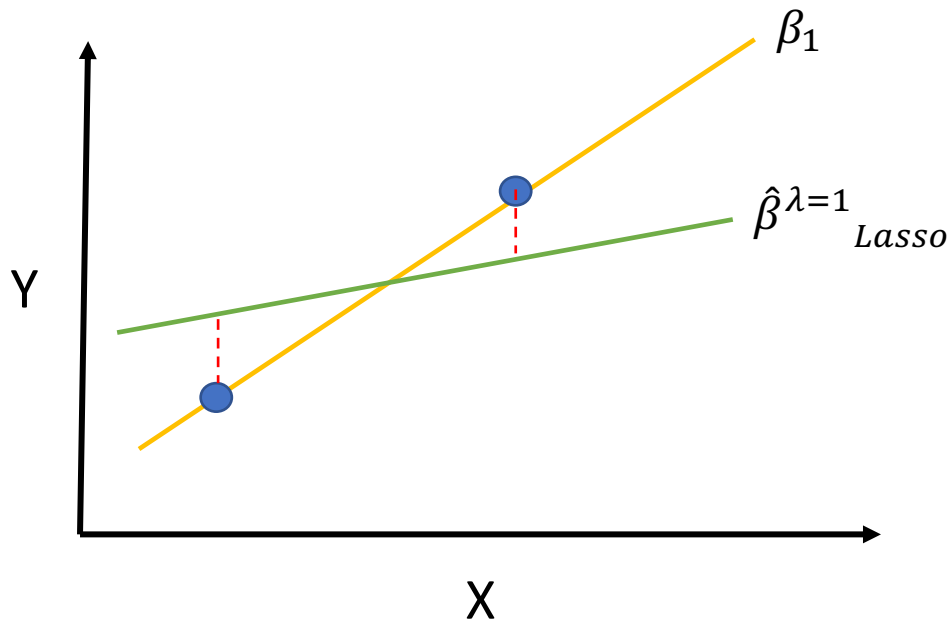
$$\min_{\beta} \sum_{i=1}^N \underbrace{\left( y_i - \beta_0 - \sum_{j=1}^p \beta_j x_{ij} \right)^2}_{\text{sum of squared residuals (e.g. } y_i - \hat{y})} + \lambda * \sum_{j=1}^p \underbrace{|\beta_j|}_{\text{Absolute value of coefficients}}$$

Lambda "tuning" parameter

- Ridge penalization was  $\beta_j^2$ ! Now we have a penalization of  $|\beta_j|$
- If  $\lambda=0$  we just have linear regression!
- As  $\lambda$  increases, we reduce model complexity and something special happens to the variables in the model

# Lasso Regression Idea

$\hat{\beta}_{Lasso}$  minimizes: *residuals* +  $\lambda \cdot (|\beta_1| + |\beta_2| + \dots + |\beta_k|)$



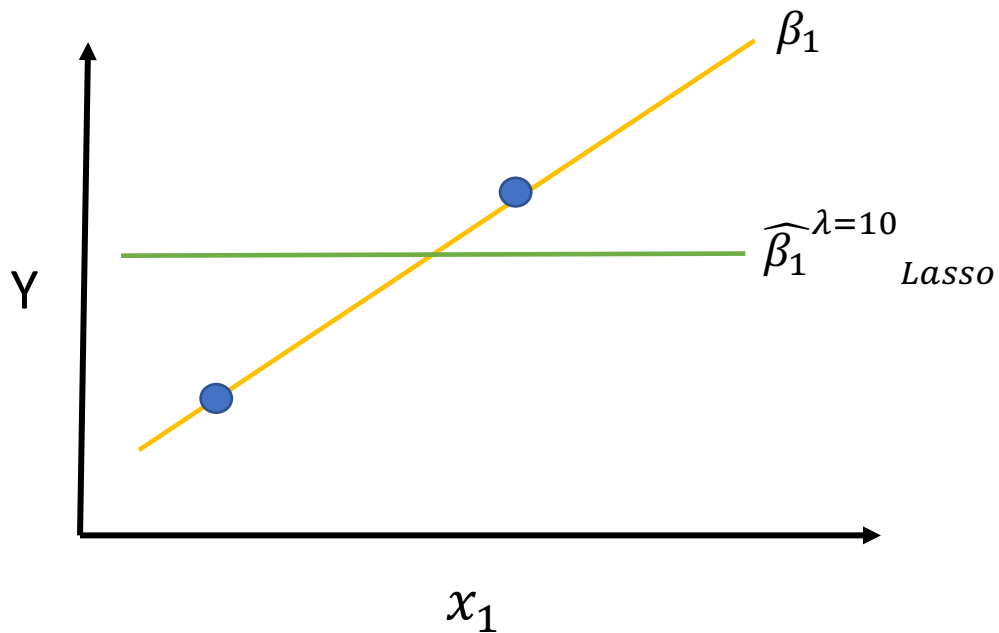
Lasso minimizes the residuals plus lambda times the absolute value of the slope coefficients

Lasso coefficients are still smaller than OLS coefficients

Lasso still accepts a little bias for (hopefully) less variance

# Key Lasso Property: Variable Selection

$\hat{\beta}_{Lasso}$  minimizes: *residuals* +  $\lambda \cdot (|\beta_1| + |\beta_2|)$



For large values of  $\lambda$ , some slope coefficients will be chosen to be exactly zero

E.g. if we set  $\lambda = 10$ , maybe  $\beta_1^{lasso} = 0$  but  $\beta_1^{lasso} \neq 0$

If that happens we effectively remove  $\beta_1$  from the equation, and we have a variable selection algorithm

# Lasso Model with glmnetUtils

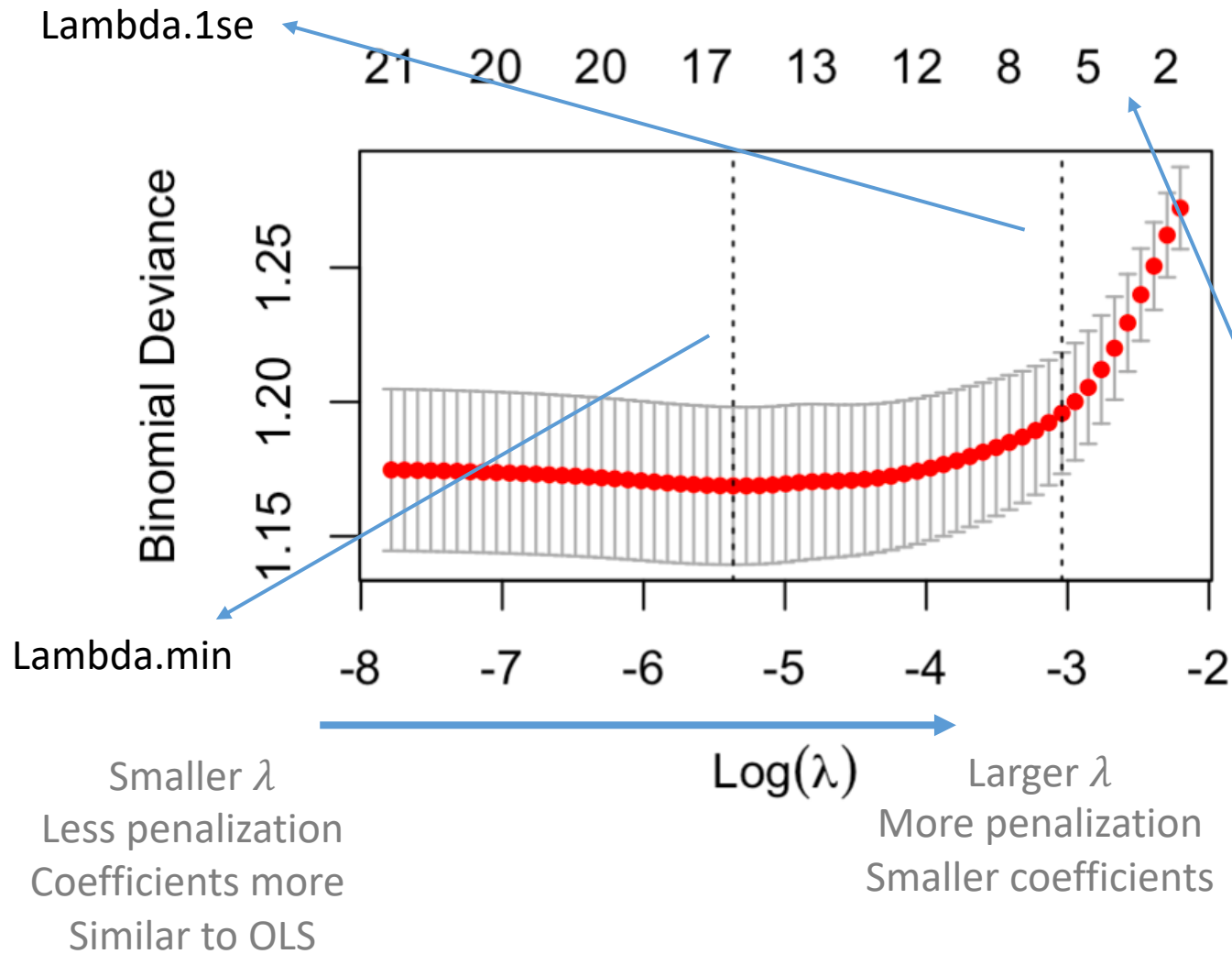
```
lasso_mod <- cv.glmnet(any_bank_account ~ urban + tenureTypeOwn + outerWallsPoor  
  + toiletPoor + elecGrid + bedrooms + aircon + fridges  
  + micros + washers + stereos + DVDplayers + TVs +  
  cellphones + computers + vehicles + cable +  
  internet + numHHmem + numDep + numChildren,  
  data = LFS_train,  
  weights = Weight,  
  family = "binomial",  
  # note alpha = 1 sets lasso!  
  alpha = 1)
```

```
> print(lasso_mod$lambda.min)  
[1] 0.004671366  
> #  
> print(lasso_mod$lambda.1se)  
[1] 0.04781288
```

- We estimate lasso using `cv.glmnet`
- Here we must set `alpha = 1` to estimate Lasso
- Again we get values of `lambda.min` (minimizes cross-validated MSE) and `lambda.1se` (minimum plus 1 SE)



# Lasso Cross-Validated MSE Plot



- Lasso MSE plot is very similar
- Top number indicates number of non-zero coefficients for each value of lambda!
- E.g. at this value of lambda, 5 variables are non-zero
- We still have lambda.1se and lambda.min vertical dashed lines but lambda.1se generally shrinks more variables to exactly zero!

# Lasso Coefficient Vector

```
> print(lasso_coefs, n = 23)
```

```
# A tibble: 23 × 3
```

	varnames	lasso_min\$s1	lasso_1se\$s1
	<chr>	<dbl>	<dbl>
1	(Intercept)	-0.896	-0.207
2	urban0	-0.009	0
3	urban1	0	0
4	tenureTypeOwn	0	0
5	outerWallsPoor	-0.156	0
6	toiletPoor	-0.038	0
7	elecGrid	0.232	0
8	bedrooms	0	0
9	aircon	0.416	0
10	fridges	0.224	0.195
11	micros	0	0
12	washers	0.355	0.147
13	stereos	-0.04	0
14	DVDplayers	0.154	0
15	TVs	0	0
16	cellphones	0.829	0.395
17	computers	0.568	0.371
18	vehicles	0.519	0.316
19	cable	0.017	0
20	internet	0.045	0
21	numHHmem	-0.108	0
22	numDep	0	0
23	numChildren	0.091	0

- We can build the lasso coefficient vector as we did for Ridge
- Note the higher the lambda (lambda.1se > lambda.min) the more variables that are “shrunk” to zero
- Lasso sets coefficients = 0 if they do not improve the cross-validated MSE
- Ridge will just shrink these coefficients towards zero but will never set them exactly = 0

# Another way to write Lasso

**Lasso**

$$\min_{\beta} \sum_{i=1}^N \left( y_i - \beta_0 - \sum_{j=1}^p \beta_j x_{ij} \right)^2 \quad \text{subject to} \quad \sum_{j=1}^p |\beta_j| \leq s$$

**Lasso with two variables**

$$\min_{\beta} \sum_{i=1}^N (y_i - \beta_0 - \beta_1 x_{i1} - \beta_2 x_{i2})^2 \quad \text{subject to} \quad |\beta_1| + |\beta_2| \leq s$$

In other words: I give you  $s$  as a budget (like setting some lambda)

You can increase your coefficients but the sum of the absolute value of them must be less than  $s$

# Another way to write Ridge

**Ridge**

$$\min_{\beta} \sum_{i=1}^N \left( y_i - \beta_0 - \sum_{j=1}^p \beta_j x_{ij} \right)^2 \quad \text{subject to} \quad \sum_{j=1}^p (\beta_j)^2 \leq s$$

**Ridge with two variables**

$$\min_{\beta} \sum_{i=1}^N (y_i - \beta_0 - \beta_1 x_{i1} - \beta_2 x_{i2})^2 \quad \text{subject to} \quad (\beta_1)^2 + (\beta_2)^2 \leq s$$

In other words: I give you  $s$  as a budget (like setting some lambda)

You can increase your coefficients but the sum of the absolute value of them must be less than  $s$

# Ridge Versus Lasso Penalty

**Ridge  
penalty**

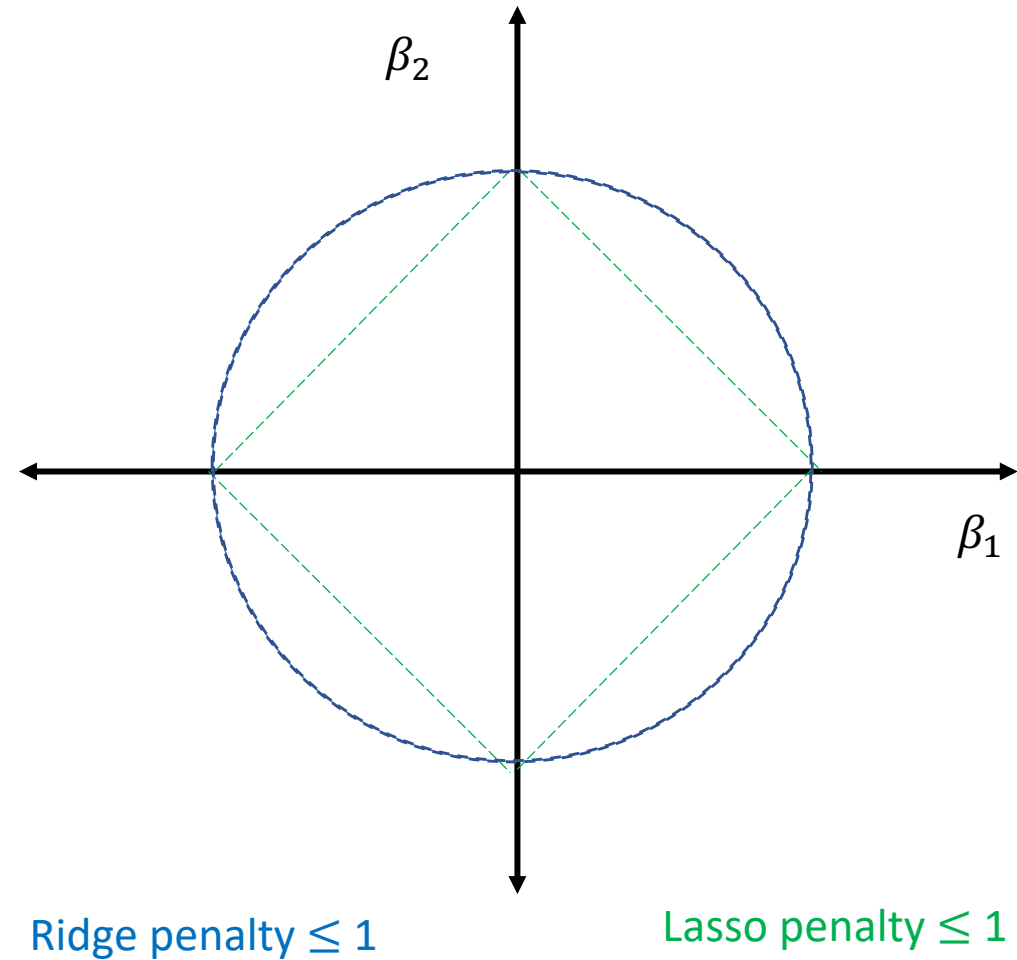
$$(\beta_1)^2 + (\beta_2)^2 \leq 1$$

**Lasso  
penalty**

$$|\beta_1| + |\beta_2| \leq 1$$

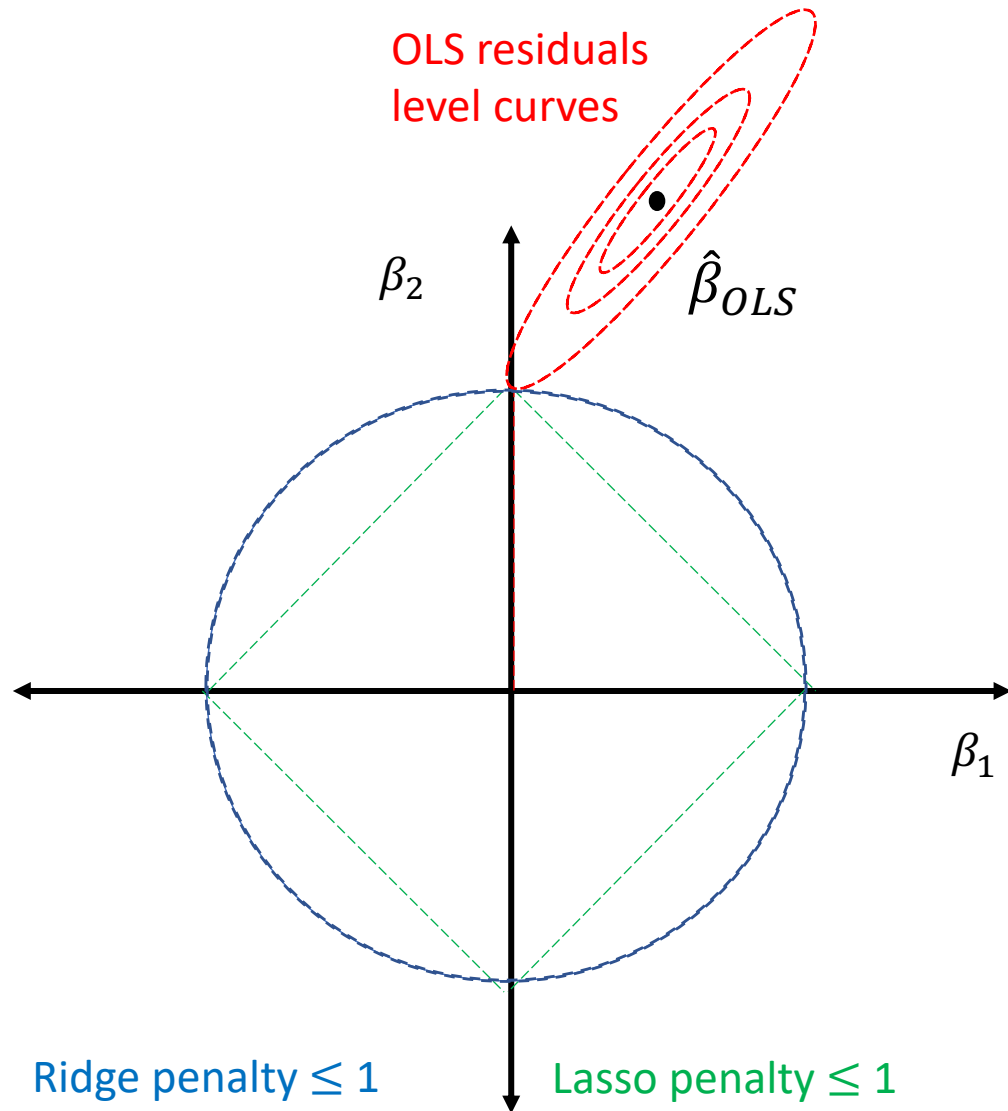
Let's pick an arbitrary value of  $s = 1$

What do these look like graphically?





# Ridge and Lasso Equations Redux



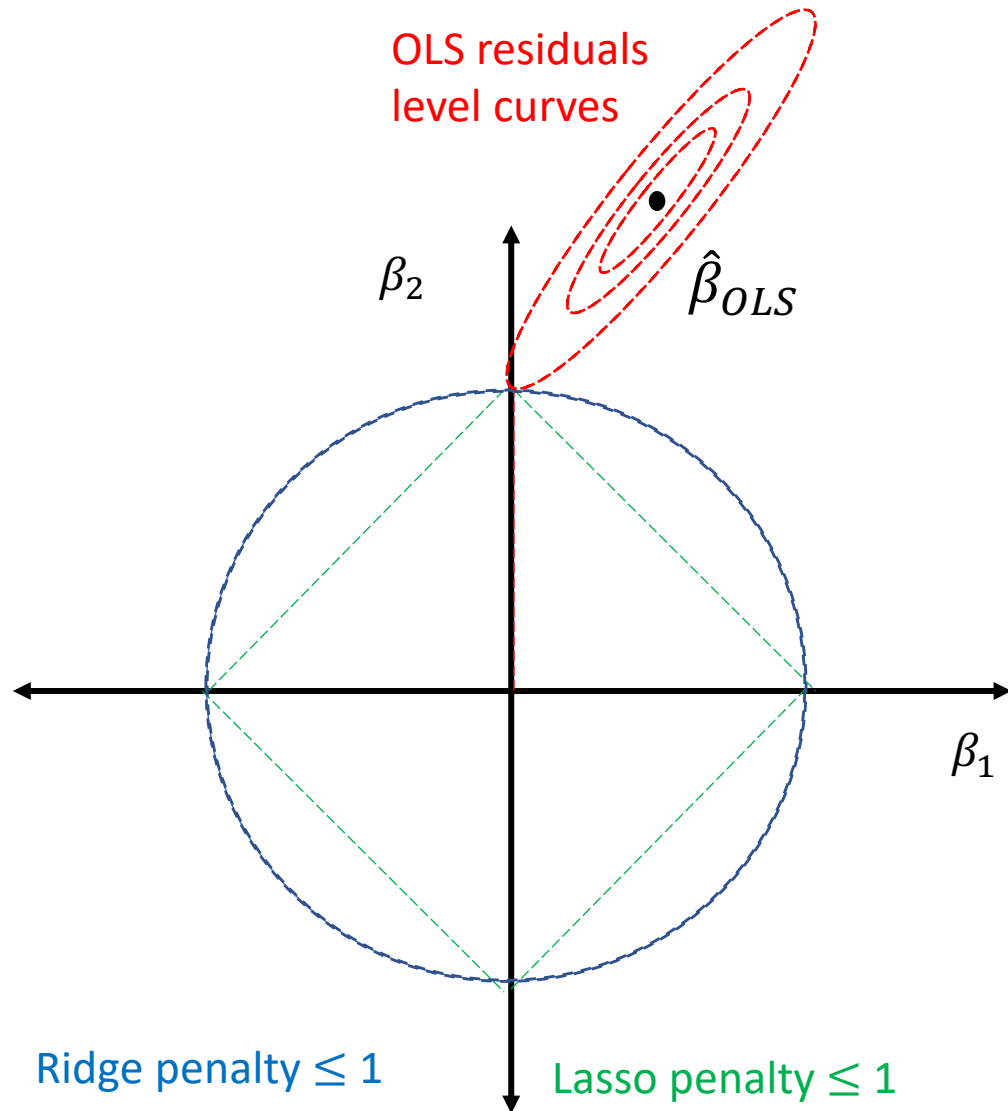
Suppose the optimal OLS beta is this point in black

Meaning, without constraints this point achieves a minimum of the residuals

We can represent that graphically as a series of contour lines where the black dot (OLS beta) is the minimum

Level curves farther from the OLS point are higher residuals

# Ridge and Lasso Equations Redux



Graphically what the ridge equation is asking is: “find the lowest residual level curve while staying within the blue circle”

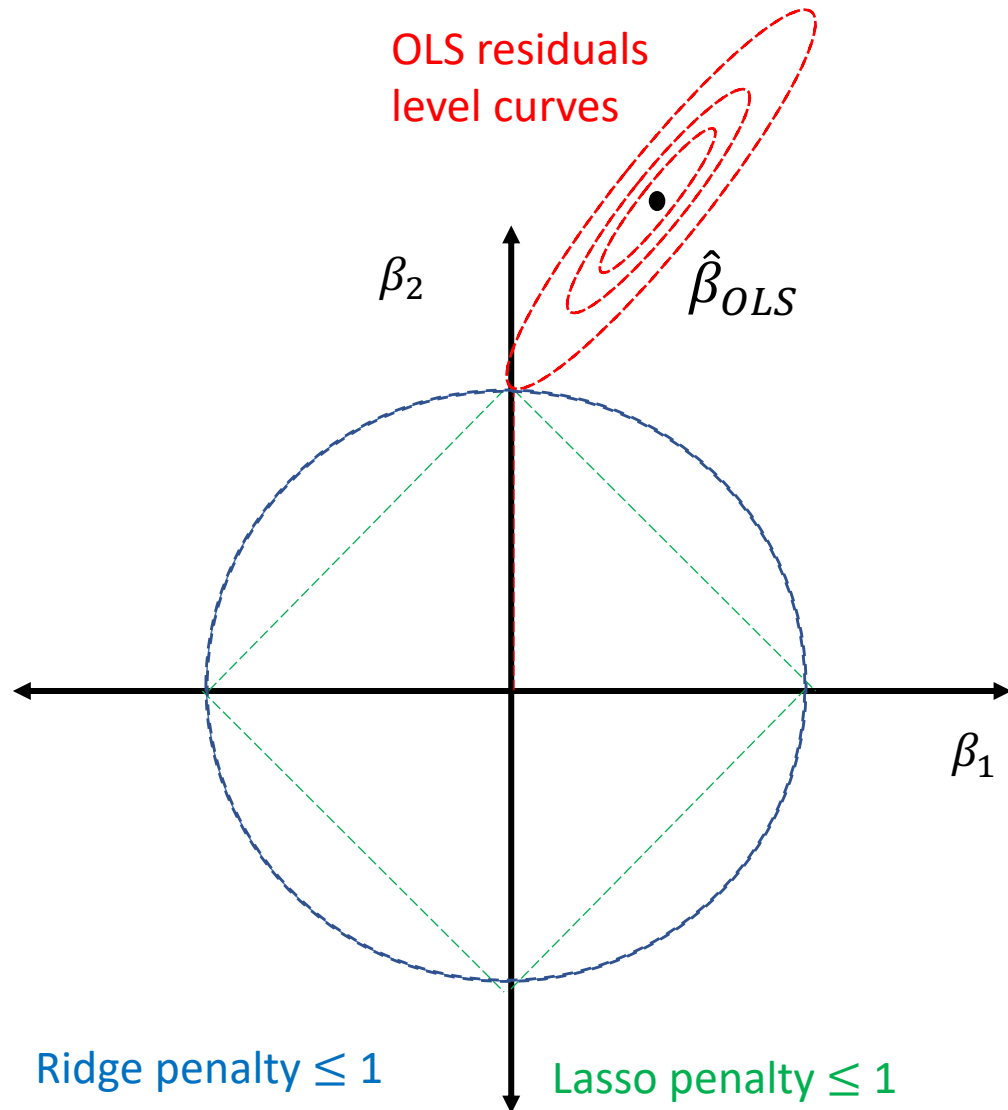
That is the level curve tangent to the blue line

**Ridge**

$$\min_{\beta} \sum_{i=1}^N (y_i - \beta_0 - \beta_1 x_{i1} - \beta_1 x_{i2})^2$$

subject to  $(\beta_1)^2 + (\beta_2)^2 \leq s$

# Ridge and Lasso Equations Redux



Graphically what the Lasso equation is asking is: “find the lowest residual level curve while staying within the green diamond”

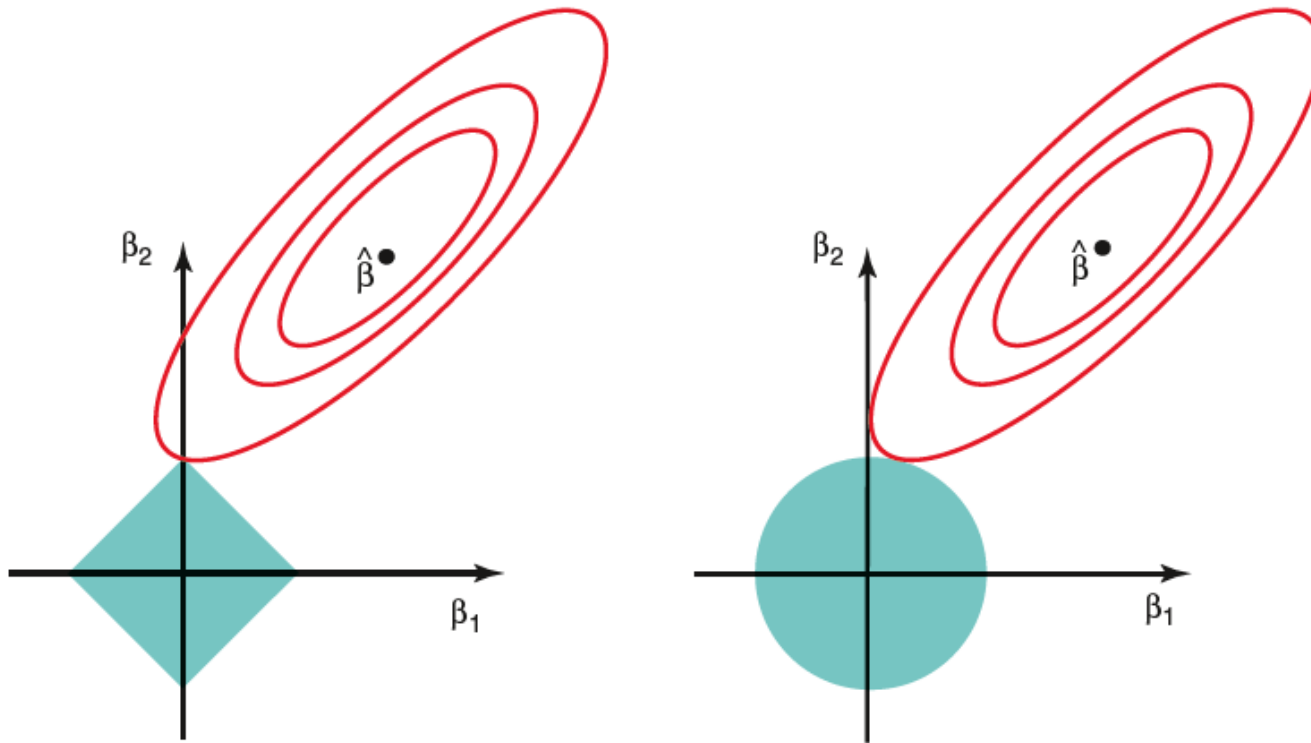
That is the level curve tangent to the **green** line

**Lasso**

$$\min_{\beta} \sum_{i=1}^N (y_i - \beta_0 - \beta_1 x_{i1} - \beta_1 x_{i2})^2$$

subject to  $|\beta_1| + |\beta_2| \leq s$

# Ridge and Lasso Equations Redux



**FIGURE 6.7.** Contours of the error and constraint functions for the lasso (left) and ridge regression (right). The solid blue areas are the constraint regions,  $|\beta_1| + |\beta_2| \leq s$  and  $\beta_1^2 + \beta_2^2 \leq s$ , while the red ellipses are the contours of the RSS.

Lasso acts as a **variable selector** because the point of tangency for Lasso is often such that one of the variables (here  $\beta_1$ ) is zero

Ridge does not have this property, and we see there's still some small value for  $\beta_1$  in the right plot

# Ridge versus Lasso

- Use Lasso when the “data generating process” (DGP, how the data is really formed) is **sparse**
- What is a sparse DGP?
  - Only a few variables really matter!
  - True model is parsimonious
- Ridge should be used when many variables matter a little





# ElasticNet





## Why Choose? ElasticNet Uses Both Ridge and Lasso Penalty

$$\beta_{ENet} = \min_{\beta} \sum_{i=1}^N (y_i - \beta_0 - \beta_1 x_{i1} - \beta_2 x_{i2})^2$$
$$+ \lambda \left[ \underbrace{\alpha(|\beta_1| + |\beta_2|)}_{\text{Lasso penalty}} + \underbrace{(1 - \alpha)(\beta_1^2 + \beta_2^2)}_{\text{Ridge penalty}} \right]$$

- $\alpha \in [0,1]$  controls the amount of ridge versus lasso penalty
- $\lambda$  functions as before -> controlling total amount of shrinkage penalty

## How to choose $\lambda$ and $\alpha$ ? Grid Search

$$\beta_{ENet} = \min_{\beta} \sum_{i=1}^N (y_i - \beta_0 - \beta_1 x_{i1} - \beta_2 x_{i2})^2 + \lambda [\alpha (|\beta_1| + |\beta_2|) + (1 - \alpha)(\beta_1^2 + \beta_2^2)]$$

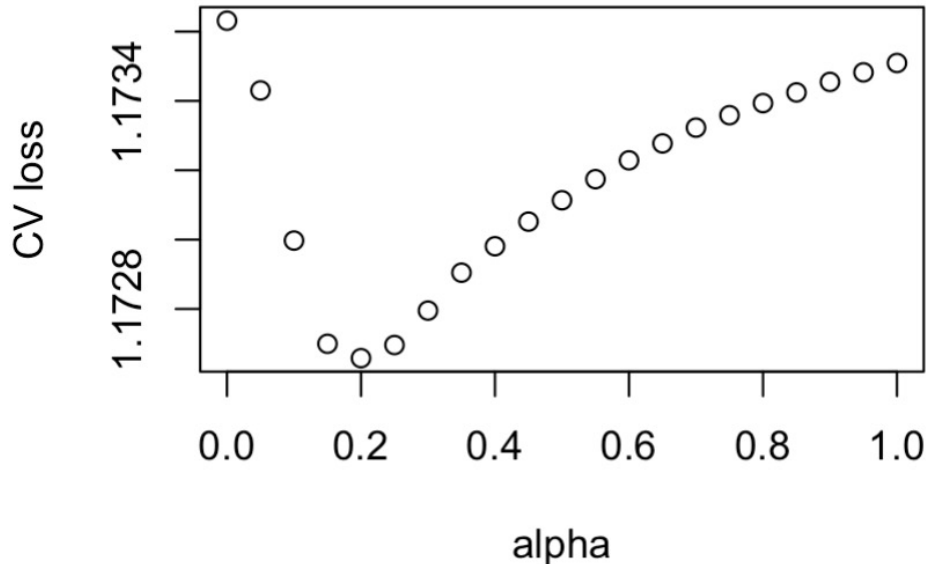
$\lambda$	$\alpha = 0$	$\alpha = 0.25$	$\alpha = 0.5$	$\alpha = 0.75$	$\alpha = 1$
0.5	0.3	0.6	1.3	1.7	4.0
1.0	2.6	3.1	2.1	3.2	4.3
1.5	3.1	3.9	3.2	4.3	5.3
2	3.8	4.6	5.4	6.0	7.4

- We try out a number of different combinations of hyper-parameters
- For each hyper-parameter combination we calculate cross-validated MSE
- Optimal combination has lowest cross-validated MSE

# Estimating ElasticNet with `cva.glmnet`

```
enet_mod <- cva.glmnet(any_bank_account ~ urban + tenureTypeOwn + outerWallsPoor  
  + toiletPoor + elecGrid + bedrooms + aircon + fridges  
  + micros + washers + stereos + DVDplayers + TVs +  
  cellphones + computers + vehicles + cable +  
  internet + numHHmem + numDep + numChildren,  
  data = LFS_train, alpha = seq(0,1, by = 0.05),  
  weights = Weight, family = "binomial")
```

```
minlossplot(enet_mod,  
  cv.type = "min")
```



- `cva.glmnet` will estimate a variety of elasticNet models varying alpha from 0 (all ridge) to 1 (all lasso)
- We must specify a sequence of alphas (between zero and 1) to estimate
- The function `minlossplot()` shows us how cross-validated MSE varies as we change alpha
- This plot reveals the minimum alpha value is at  $\alpha = 0.2$

# Summary – Some Machine Learning Models

- **Parsimony means a model explains equally well using fewer variables**
- **Ridge and Lasso penalize magnitude and number of variables to obtain parsimony and avoid overfitting**
- Ridge uses  $\lambda^2$  penalization, Lasso uses absolute value penalization
- Cross-validation approximates out of sample fit
- $\lambda$  key parameter and controls how much parsimony or shrinkage is used
- Higher lambda -> more shrinkage
- Lasso acts as a variable selector
- Use lasso when you believe the true model is sparse/parsimonious/few variables matter
- Use ridge when you believe the true model is not sparse