South Australian Neonatal Medication Guidelines

gaviscon Infant

oral granules

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Note

This guideline provides advice of a general nature. This statewide guideline has been prepared to promote and facilitate standardisation and consistency of practice, using a multidisciplinary approach. The guideline is based on a review of published evidence and expert opinion.

Information in this statewide guideline is current at the time of publication.

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Health practitioners in the South Australian public health sector are expected to review specific details of each patient and professionally assess the applicability of the relevant guideline to that clinical situation.

If for good clinical reasons, a decision is made to depart from the guideline, the responsible clinician must document in the patient's medical record, the decision made, by whom, and detailed reasons for the departure from the guideline.

This statewide guideline does not address all the elements of clinical practice and assumes that the individual clinicians are responsible for discussing care with consumers in an environment that is culturally appropriate and which enables respectful confidential discussion. This includes:

- The use of interpreter services where necessary,
- Advising consumers of their choice and ensuring informed consent is obtained,
- Providing care within scope of practice, meeting all legislative requirements and maintaining standards of professional conduct, and
- Documenting all care in accordance with mandatory and local requirements

Generic Ingredients

Sodium alginate 225mg, magnesium alginate 87.5mg per sachet.

Dose and Indications

Gastro Intestinal reflux

Oral

One sachet with at least 120mL of feed (or a proportionate dose)

Preparation and Administration

Oral

Mix one sachet with at least 120mL of feed (or a proportionate dose)

Volume of feed	30mL	40mL	60mL	120mL
No. of sachets (approx)	1/4	1/3	1/2	1

Do not use with soy-based formula feeds.

For Breast fed infants - Mix one sachet with 15mL sterile water. Give with or after feeds.

May be kept for up to 12 hours in the fridge.

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Contact: South Australian Neonatal Medication Guidelines Workgroup at:

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Adverse Effects

Generally well tolerated, however, diarrhoea and hypokalaemia have been occasionally reported

Practice Points

- > Use cautiously in patients with significant renal impairment or gastroenteritis, as Gaviscon[®] Infant may add to the risk of hypernatremia.
- > Liquid Gavison® preparations have higher sodium content and are not recommended in infants.
- > Higher doses may be used at neonatologists discretion

Version control and change history

PDS reference: OCE use only

Version	Date from	Date to	Amendment
1.0	July 2013	current	Original version

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