

# Password Security

LA GitHub Field Day 2018

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**You've been lied to**

The average American has been conditioned to use  
passwords that are easy for computers to guess,  
but hard for humans to remember

Let's walk through an average user's password selection process:

- Pick a password: mittens (their cat's name)
- Need a capital: Mittens
- Need a special char: Mitten\$
- Need a num: Mitten\$1

Overall complexity?

8 characters.

Time to crack on an average desktop with a  
modern GPU?

*9 hours*

(for salted md5 - unsalted? Instantaneously)

And those numbers are just with brute force  
attempts!

A lot of these issues are just due to developers storing their passwords using weak hashing methods, right?

- In reality, 9.1% of all passwords show up in the Top 1000 Common Passwords List
- The password "123456" accounts for ~1% of all passwords
- Small variations in the most common passwords will drastically reduce cracking times



And regardless, there are still some pretty bad developers writing code

- Still use SHA1
- Still use MD5
- Store passwords in plaintext (see: 000webhost)

- Now, this is an audience of good developers, right?
- You'll use PBKDF2 with HMAC-SHA512 with 1,000,000 iterations and a 1024-bit salt.

**But is cracking a password the only attack?**

# Password Reuse

- Password reuse is actually a much more subtle issue.
- Most people use the same password for different sites, or small variations of it

*A lot* of sites have been hacked.

- LinkedIn
- MySpace
- Uber
- Equifax

Chances are good that someone has used that same password before - trying it and common variations has an extremely high success rate

## The crazy part?

- A lot of these are hacked databases are public
- And they have been cracked (dehashed)
- And they're relatively small (16.1 M passwords/GB)



Just to see how easy this was, I spent about an afternoon collating data from different sources, writing a parser, and inserting them into a database overnight

## The result?

- 450GB of text
- 240GB MongoDB
- 4.2 *Billion* usernames and passwords

# Demo

Connect to 0xDEADBEEF and navigate to  
169.254.100.154

# Conclusion

- Increasing password entropy is the only way to have a secure password - make it long and random
- Use a password manager (although that might just be kicking the can down the road)
- Cycle your passwords often

# Questions?

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