

HEALTH · FLU SEASON

The U.S. is battling its worst flu season in at least 28 years. Here are the latest symptoms and where cases are skyrocketing

BY [LINDSEY LEAKE](#)



As a “quad-demic” of respiratory and gastrointestinal illnesses circulates—flu, COVID, RSV, and norovirus—seasonal influenza is the worst it’s been nationwide in nearly 30 years.

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