Reference Manual:

Command	Description	Example
A	Move left	Use when you want to move left on the screen
D	Move right	Use when you want to move right on the screen
ESC	Return to menu	Use to return to the title screen menu
Help	Opens/closes help menu	Use when unsure of features of the game
Left click	Shoot	Use when you want to kill an enemy
S	Move down	Use when you want to move down the screen
Shift	Sprint (used in conjunction with a movement direction)	Use when you want to move quickly
W	Move up	Use when you want to move up the screen
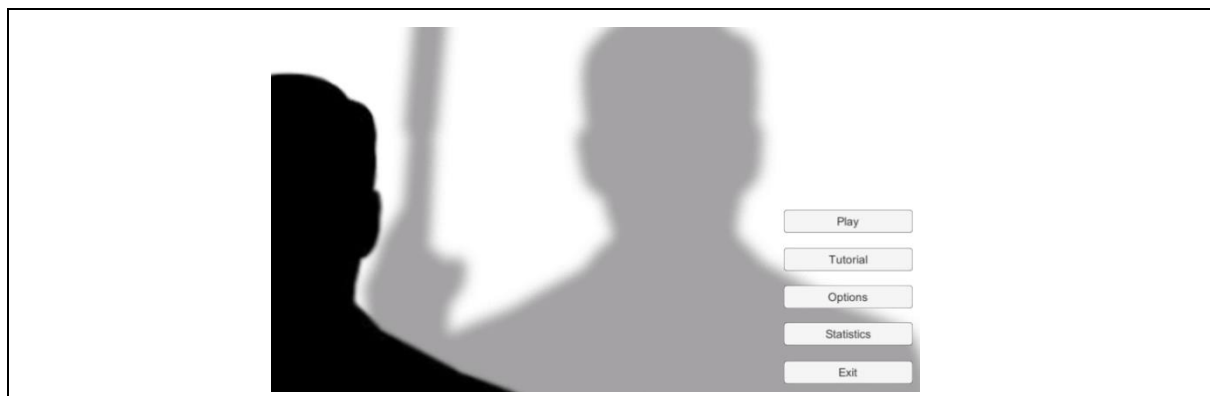
Menu Item	Description
Exit	Exits application
Options	Allows for volume to change and the resetting of user data
Play	Opens play selection menu
Statistics	Displays statistics and data about the user's playing
Tutorial	An interactive tutorial for learning the game
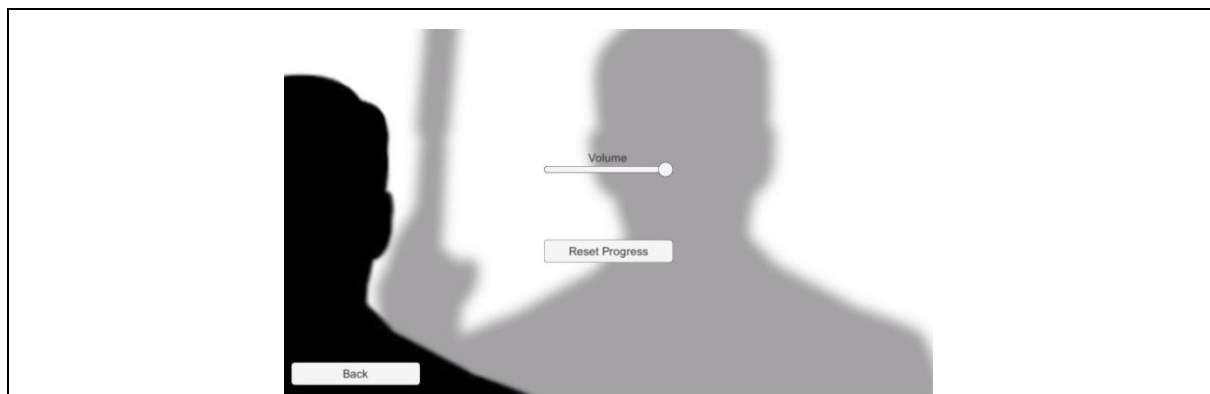
Options Item	Description
Back	Returns to menu screen
Volume	Changes volume of game
Reset log	Resets user log
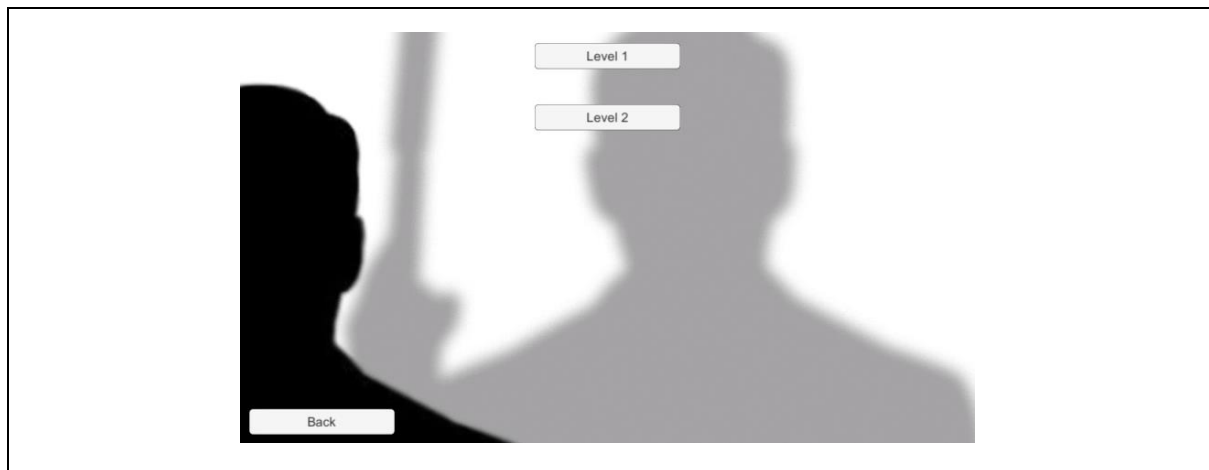
Play Item	Description
Level (#)	Plays the selected level
Back	Returns to menu screen

Statistics Item	Description
Back	Returns to menu screen