



March 2012  
Volume 15 Issue 1

## **CURRENT GRANTS**

### **Health & Wellness**

**Venoco Community Partnership**  
**Wells Fargo Community Assistance Fund**

### **Landscaping & Gardens**

**Colorado Garden Show**  
**The Home Depot Foundation**

### **Mission and Ministry**

**Schlessman Family Foundation**

### **Social Services**

**U.S. Department of Housing Urban Development**

## **TREE OF LIFE -**

### **MEMORIAL LEAVES**

#### **Ivan & Kathryn Grieser**

Liz Grieser & Alan Miller  
Mary K Grieser &  
Chuck Prather

#### **Debbie Wegener**

Gabriela Gottlieb  
Neal Wegener

## **MEMORIALS**

#### **Jean Campbell**

Jill & Tim Wayne

#### **Hazel Davidson**

Jill Davidson

#### **Andrew and Fay Elland**

Ann Ross

#### **Kathryn Grieser**

Beth & Jim Elland

#### **Marjorie Scutt**

Shari Neugebauer

#### **Shirley Speckman**

William & Wendy Speckman

#### **Fran Yehle**

Mary Vodneck

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Liz Grieser 303-937-3088

### **Eaton Senior Communities**

303-937-3000

# **News from Eaton Senior Communities**

**supported by Wellspring Senior Foundation**

**YOU ARE INVITED** to **Wellspring's Fundraising Dinner** with Live and Silent Auctions on Saturday, April 28th at Eaton Senior Communities. The event is sponsored by **FirstBank, US Bank** and **Knight Field Fabry LLC**.

The evening begins at 5:00 pm in the Community Room at 323 South Eaton Street with hors d'oeuvres, wine, beer and a Silent Auction. At 6:30 guests will move to the Dining Room at 333 South Eaton Street for Dinner followed by a Live Auction.

All proceeds from the fundraiser will be added to **Wellspring's GAP Fund**, established to provide operating support for the assisted living community.

What could be better than delicious food and an evening with friends while supporting a good cause? Individual tickets are \$75 and tables for eight are available for \$600. Contact Liz Grieser at 303-937-3088 for reservations.



## **FOCUS ON RESIDENTS — Mildred Killip**



*"A little boy was looking at a wall with all these names on it when the minister came by and said, 'Pretty impressive isn't it?' 'What is it?' the little boy asked. 'Those are the names of all the people that died in the service,' the minister replied. The little boy had a puzzled look on his face and said, 'Well, was that in the 9 o'clock service or the 11 o'clock service?'"* Millie can be found telling jokes at Eaton Senior Communities and this is just one of the many she shared during her interview.

Born in Trinidad, Colorado to a railroad man and a homemaker at the start of the roaring 20's, Millie Killip is the eldest of three daughters. Married right after WWII at 26 years of age, Millie and her husband, Bill, an automobile mechanic, had two children; a son, William J. Killip II, and daughter, Kristine Killip. Tragedy struck in 1959 when Bill was seriously injured in a freak accident. He was helping out a friend with car repairs when mechanical equipment fell on him, leaving him paralyzed from the neck down. Millie was confronted with raising two small children and helping her husband recover. To aid in his recovery, Millie had him teach her how to use a power saw. He felt useful, and she was able to construct shelves and bookcases for their home.

To support her family, Millie earned a business college certification. She learned how to use all the cutting-edge office equipment of the time and later became a business college instructor. Her professional resumé includes working for the Boy Scouts, United Way, and Western Federal Savings.

When asked what her greatest accomplishment is, Millie responded, "My children!" Her daughter has three girls, her son has two boys and one girl, and they all reside in Littleton, Colorado. She does not have any great-grandchildren ...yet.

Millie participates fully in her life at Eaton Senior Communities. She is a floor representative and enjoys walks several times every day. During these walks, she visits with neighbors and staff members and is always ready to share a joke. A cheerful attitude, patience, courtesy and honesty are characteristics she practices daily. "You can't choose your circumstances, but you can choose how you react to them; so choose to be happy." She credits her parents as her most important influence. They taught her to not be a quitter and the importance of honesty.

Millie's husband passed away in 1977. Since then, she has belonged to the Widows / Widowers Club, or as she refers to it - WOW – Wild Old Women. She has served as the membership chairperson, and her membership allowed her the opportunity to travel to Spain. She has also traveled to Morocco and New Orleans.

Mildred is very grateful to her sister, Betty Bickley, for all the support she has provided during Mildred's later years. We are lucky to have Millie as a member of our community — she brightens everyone's day.

Wellspring Senior  
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*Providing affordable housing in a  
service-rich environment that  
enables all to live to their fullest  
potential.*

**You may have noticed — we have begun the process of changing our name to  
Eaton Senior Communities — Assisted Living and Senior Apartments**

## **PARTNERSHIP with NEW AMERICA SCHOOL**

Last year, Eaton Senior Communities' Chief Operating Officer, Diana Delgado, attended an informational workshop on the **Council for Life Long Engagement** (CLLE). Laura Lamb, Vice President of Residential Housing and Healthcare for Episcopal Retirement Homes in Cincinnati, Ohio, created the Council for Life Long Engagement as a way to *"encourage and enable elders to share their knowledge and talents with school children to reverse any negative aspects of ageism."* Their mission is *to develop a replicable model for schools and retirement communities across the country.*



**Diana and Andrew Holbrook, at the New America School next door to Eaton Senior Communities, are now using CLLE's materials to replicate the CLLE model.** Eaton residents were surveyed to compile an inventory of speaking topics/life experiences that they would be willing to share with the students. New America School teachers can now use this topics list to "request" a resident with the applicable experiences/stories to come to the school and participate in the classroom setting.

For example, in Cincinnati, a resident shared her experience in a math class regarding the importance of precise measurements when it comes to baking. She worked with the students as they tried to double a recipe to make a batch of chocolate cookies — one group succeeded in getting the measurements right and another group did not, so they were able to experience why math is important in everyday life, as well as participate in an intergenerational activity.

As Eaton Senior Communities and New America School embark on this journey, residents and students will be able to learn from one another and create positive experiences among generations.

## **INTERNS PLAY VITAL ROLE at EATON SENIOR COMMUNITIES**



Eaton Senior Communities is proud to continue hosting student interns for their field placements as they learn about the aging process in a housing setting. The interns' job description has recently been adapted to include a strong focus on Wellness. This makes it possible for a variety of academic majors with a strong Wellness component to qualify for an internship at Eaton Senior Communities.

The interns assess residents, establish goals with them, and create an action plan to reach those goals, resulting in a "Healthy Aging Plan" for each participant.

The current interns, Samantha Goldenhersh (left) and Lara Royer (right), are studying at Metropolitan State College of Denver. Lara is a first year student in the Graduate School of Social Work and Samantha is in the last semester of an undergraduate program in Integrative Therapies. Both women are very energetic, enthusiastic, and enjoy the relationships they are developing with residents and staff.

**To support Wellspring Senior Foundation and Eaton Senior Communities, go online  
at [www.wellspringseiorfoundation.org](http://www.wellspringseiorfoundation.org) and click on "Make A Donation."  
We also accept donations at 333 South Eaton Street, Lakewood, CO 80226.**