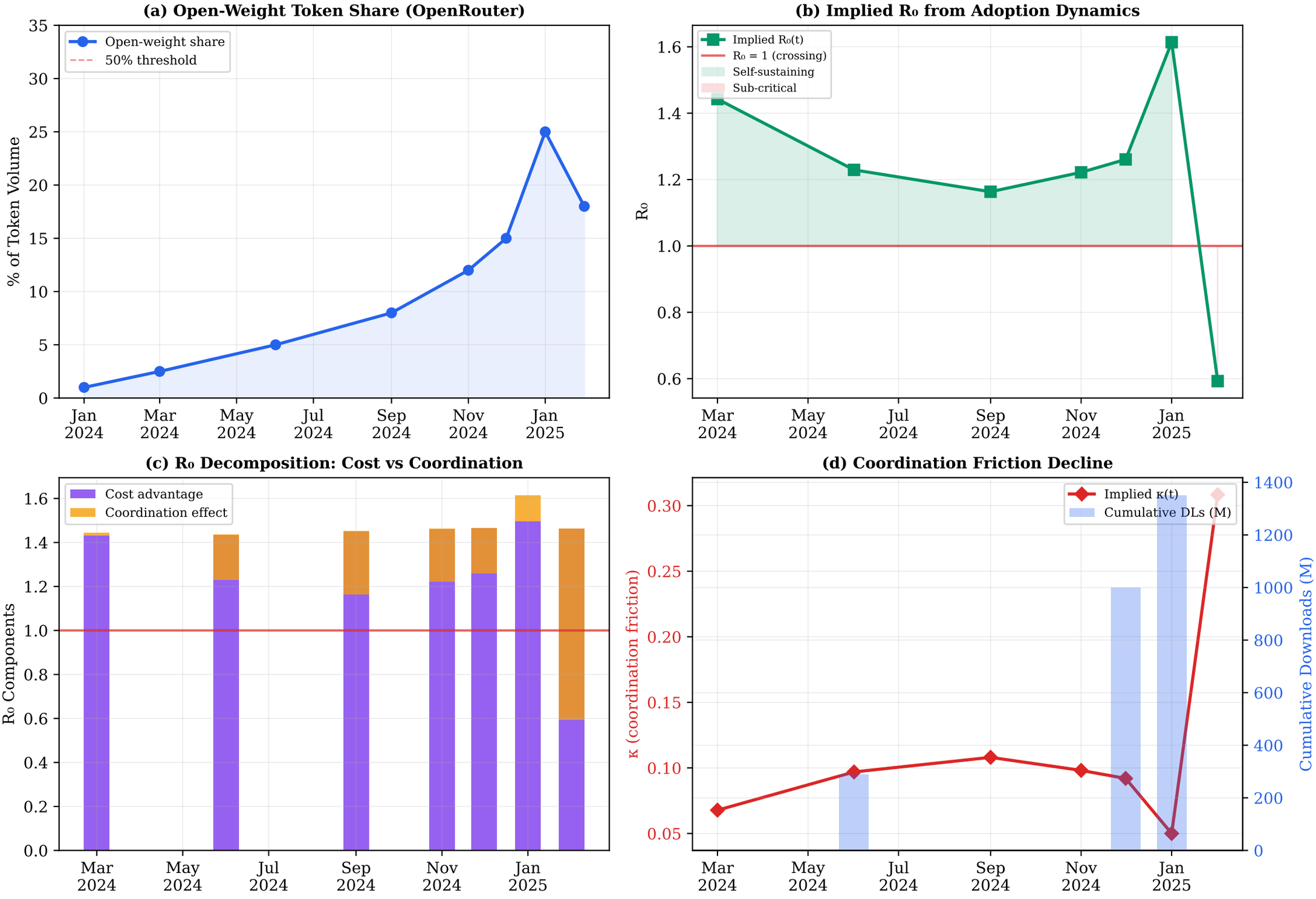# R₀ Dynamics: Empirical Bounds from Open-Weight Adoption Data