

Name of Class: Term: Course Number:

Professor's Name and Contact Info:

Class Time:

Office Location:

Office Hours:

Teaching Assistants' name(s) (optional)

What is this Course about?

[Sample paragraph] Psychology is concerned with every aspect of life, including most of the different occupations and jobs one can hold. This course provides an overview of the history and current status of the field and introduces you to the many ways psychology can help us understand and improve our everyday lives. Whether you want to go into business, law, medicine, public service, agriculture, construction, or psychology and its many related fields (e.g., environmental, health, clinical, industrial/organizational, nutritional, exercise/sports), this course will give you the basic theories and knowledge you need to do well in your chosen area. This course will prepare you to appreciate and be better qualified to participate in life, as well as in upper-level courses in psychology and human development

Grading Policy

A=% B=% C=% D=% F=%

Attendance and Absences Policy:



What are the Goals of this Course?

[Sample Learning Objectives]

- **A. To Foster an Understanding of the Breath of Psychological Science** To help you to comprehend, analyze, synthesize, and evaluate the major psychological approaches to the study of human behavior, and apply them to everyday life.
- **B. To Develop Scientific Values and Skills** To help you learn how to: think critically and use the scientific method to ask and answer questions about everyday life, recognize common errors in decision making, thinking and acting, and especially to develop a critical attitude about accepting authority-based conclusions and media-reported evidence.
- **C. To Aid Personal Development** -- To help increase your understanding of the behavior of others as well as your own. To enhance your curiosity about the internal and external factors that influence thoughts, feelings, and actions, and better understand individual differences. To promote an open acceptance of the diversity of human nature and functioning.

The Textbook:

Version A: This instructor just lists Noba as they would a regular commercial textbook. They include a citation of sorts, and a link to their unique textbook, with a mention of his school's LMS compatibility.

Biswas-Diener, R & Diener, E. (Eds.). (Current Year). *Discover psychology 2.0 - a brief introductory text*. Champaign, IL: DEF Publishers. DOI: http://noba.to/5wjrz72n Available for download from (LMS version). [sample].

Version B: This instructor directs students to create a Noba account and access specific chapters (listed in the syllabus). The instructor offers some brief overview of Noba and encourages motivated students to explore Noba on their own.



Text: FIRST, signup for a NOBA account at http://nobaproject.com/ (Links to an external site.). Signing up for a NOBA account is a fast, easy, and FREE process. You must have a NOBA account and be LOGGED INTO your account to access the chapters of material that we will be covering in this class.

SECOND, you now have access to the NOBA psychology chapters listed below that we will be using in this class.

Remember, account set-up and LOG IN is necessary for access to the psychology chapters listed relative to the topics we will be covering in this class.

You can access chapters beyond the chapters we are covering by going to nobaproject.com, clicking on "Browse", and scrolling through the literally hundreds of chapters and topics.

And yes, we really do use these chapters extensively in this class. [sample].

How do you Maximize Your Learning (and get a great grade)? [sample paragraph]

- 1. Come to class prepared and stay focused.
- a. Read the assigned readings before you come to class and take the quizzes.
- b. Identify difficult areas in the text to discuss in class.
- 2. Take good notes.
- a. Write down the key material from lecture and the book in your own words.
- b. Write down examples.
- c. Leave a lot of space (use one side of a notebook or leave extra lines between topics/subtopics).
- 3. Study well for exams.



Use the Study Pyramid: All levels are important but you need to spend the most time at the top.

- -Start studying early and study often (review text/notes after each class).
- -PLAN your studying and break down the task into subtasks.
- -Use the study guide provided and the online study aids (textbook website).
- -Use different techniques; study with a friend, use flashcards.
- -TEST yourself well to see what you do not know and spend time restudying.
- -Come see me/call me/email me, if you do not understand something.

Test your knowledge

Apply, Evaluate, Expand

Plan your study: Goals, sub-tasks, breaks

Read, Rehearse, Revise

Give Learning Your Time, Energy, and Commitment: Supplement each hour of inclass work with approx. 2 hours of course related study for optimal performance and understanding.



Breakdown on how the class points will be earned:

Exams
Projects
Assignments
Pop-quizzes
Research Experience (includes, but is not limited to: participating in research, working in a research lab, attending research lectures, or reading published research literature).
Class Projects/Classroom Activities
Special Projects
Extra Credit
Classroom Rules/Code of Conduct:
Student Disability Accommodations:
Class Schedule: