The Surg-e-Screener HF Tool:

Improving Heart Failure Recognition in Electronic Health Records

e-Learning Module

Hyeon Joo

PhD Student

Department of Learning Health Sciences

University of Michigan, Ann Arbor

Michael R. Mathis

Assistant Professor

Department of Anesthesiology

University of Michigan, Ann Arbor

Advisors/Contributors:

Marty Tam, Brian George, VG Vinod Vydiswaran, Cornelius James, James Woolliscroft





The Problem



Treatments for heart failure (HF) proven to extend & improve quality of life are <u>limited by clinicians' ability to diagnose the disease</u> in early stages.





The Problem

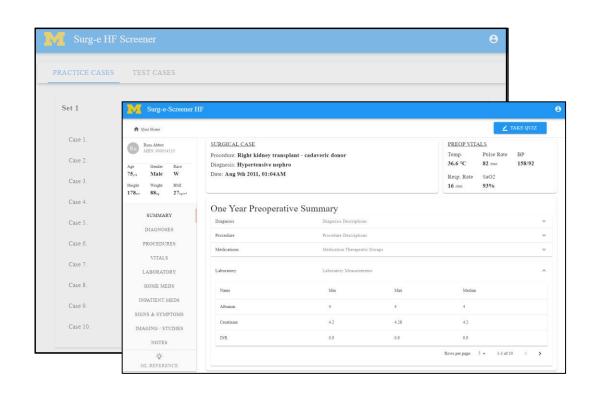


Unrecognized or untreated heart failure is the single greatest risk factor for <u>cardiovascular complications and mortality</u> after <u>major surgery</u>.





The Solution: Surg-e-Screener HF



Surg-e-Screener HF:

Automated screening & educational tool

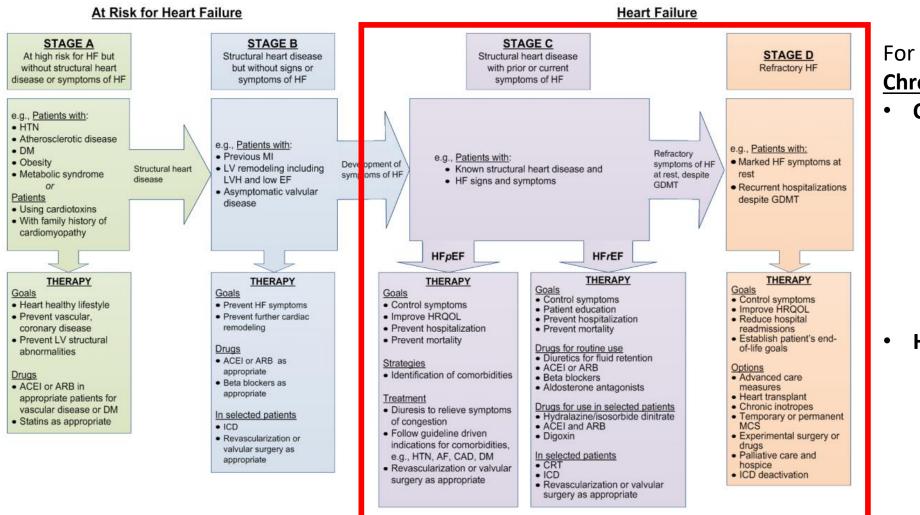
Education & Training –

- It is a quiz-based webapp to improve HF recognition with surgical cases in EHR
- It provides a report after completing quizzes to *compare* your clinical judgment to a pane of HF experts
- It is designed to augment clinicians' ability using evidence-based (EB) references





Chronic Heart Failure Definition for this Tool



For purposes of this tool, **Chronic HF** defined as:

Chronic:

Signs +/- symptoms or underlying pathophysiology persistent for ≥ 3 months (with onset defined as the start of this > 3 month period)

HF:

ACCF/AHA Stage C or D (prior or current symptoms + structural heart disease)



Yancy CW, Jessup M, Bozkurt B, et al. 2013 ACCF/AHA guideline for the management of heart failure: a report of the American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines. Journal of the American College of Cardiology. 2013;62(16):e147-239.



Purpose of this pilot study

To understand how EHR-based <u>heart failure (HF) recognition can</u> be improved as aided by the **Surg-e-Screener HF** tool.





Case Review Process

1. Case Reviews



Assume you are a preop physician reviewing the patient's medical history prior to surgery in order to identify factors pertaining to presence/absence of HF

- Previous HF diagnoses (simplest way to detect, <u>but occasionally inaccurate</u>)
- Signs & symptoms, labs, studies/imaging, medications, clinical notes.

2. <u>Pre-test</u>: HF Recognition Quiz



For the first 10 cases, you <u>use EHR data</u> to decide if a patient had HF (chronic ACC/AHA Stage C or D) before the start of the surgery.

3. EB Reference



After completing the quiz, you have access to the *Evidence-Based (EB)* reference, a list of HF risk factors determined by HF guidelines.

4. <u>Post-test</u>: HF Recognition Quiz



For the next 10 new cases, you <u>use EHR data</u> **AND** <u>the EB reference</u> to decide if the patient had HF (chronic ACC/AHA Stage C or D) before the start of the surgery.

5. Expert Review Comparison



After completing 20 surgical cases, you can access a result report, comparing your HF decision to pre-determined answers and a short case summary by HF experts.

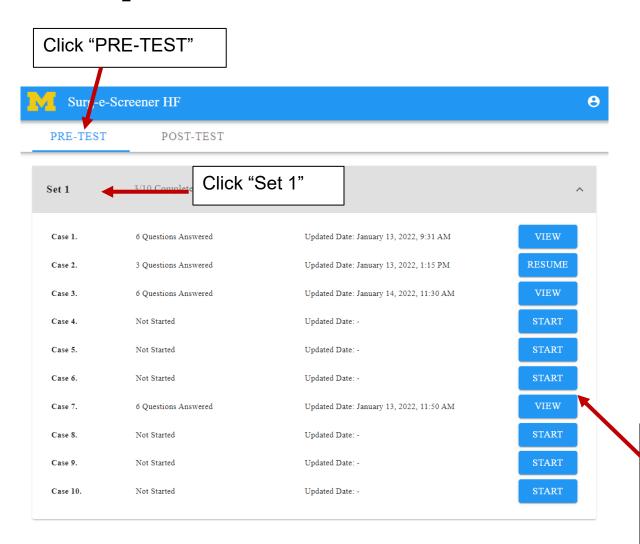
How to use the tool:

Step-by-step Guide





Step 1. Case Reviews



Check your assigned cases

- 10 surgical cases are assigned to Pre-Test and 10 surgical cases are in Post-Test
- Click Pre-Test to review 10 surgical cases.
- Click the Start button to begin your case review. The button indicates your status.

Status of your progress:

START No questions completed.

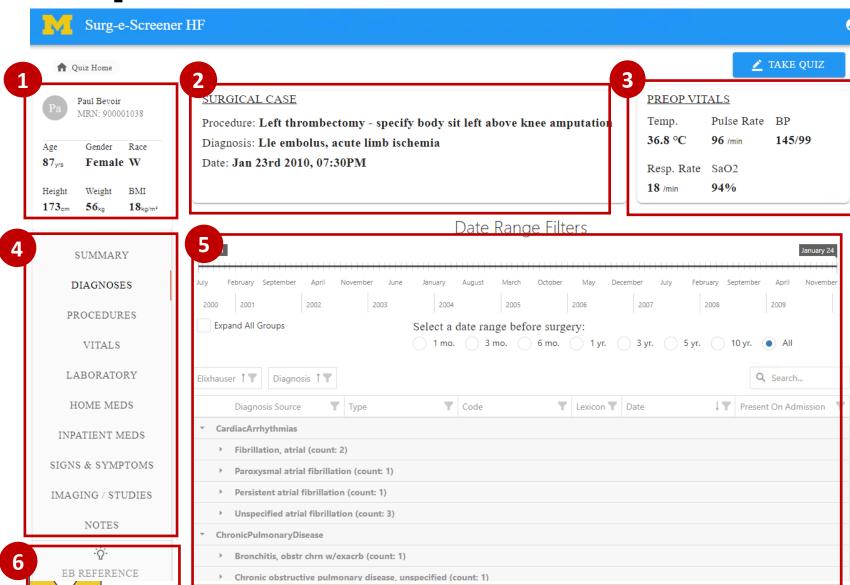
RESUME Partially answered questions, not yet completed. **VIEW**

Completed questions. You can only view the case.





Step 1. Case Reviews: Dashboard

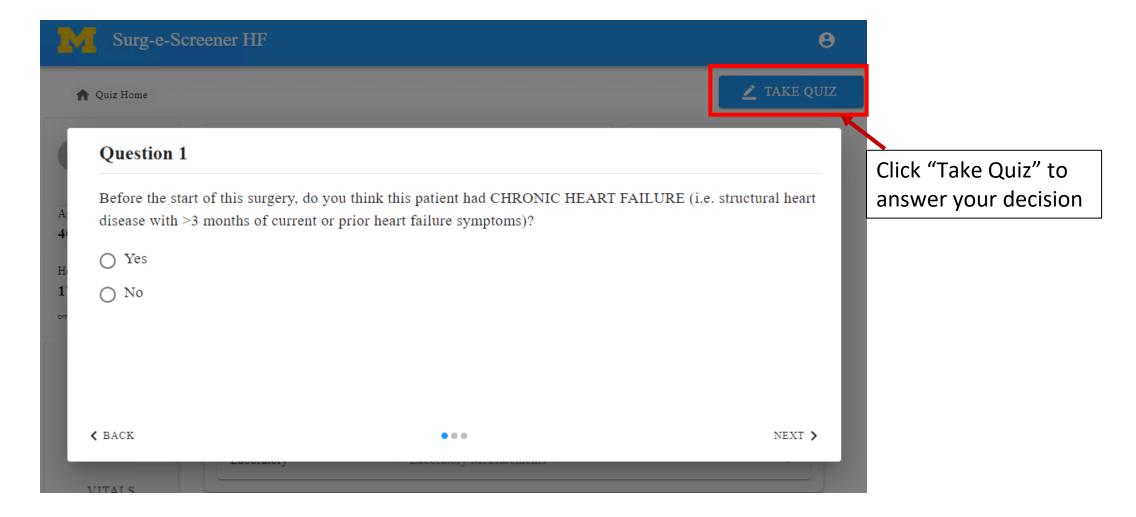


Key components

- 1. Demographics
- 2. Surgical Case
- 3. Preoperative Vitals
- 4. Subject Domains
- 5. Date Filter & EHR data
- 6. EB reference



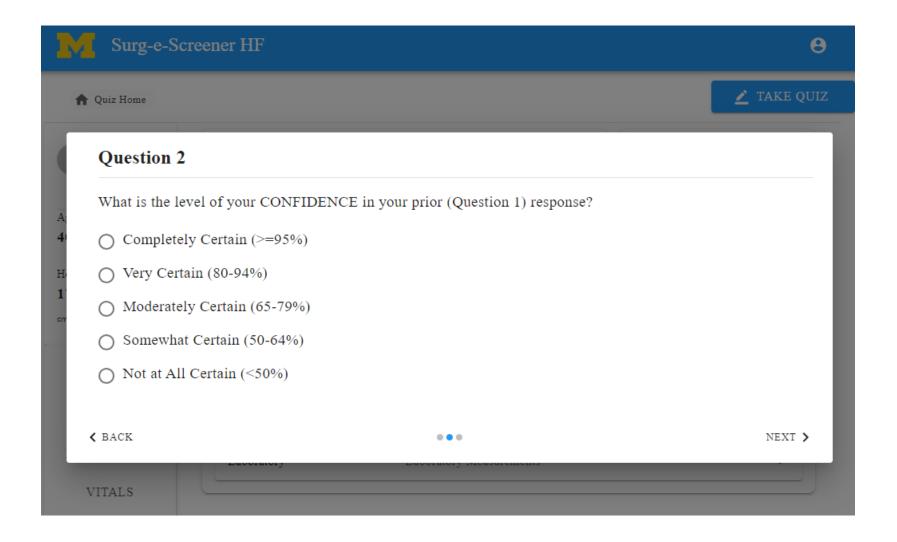
Step 2. Pre-test: HF Recognition Quiz







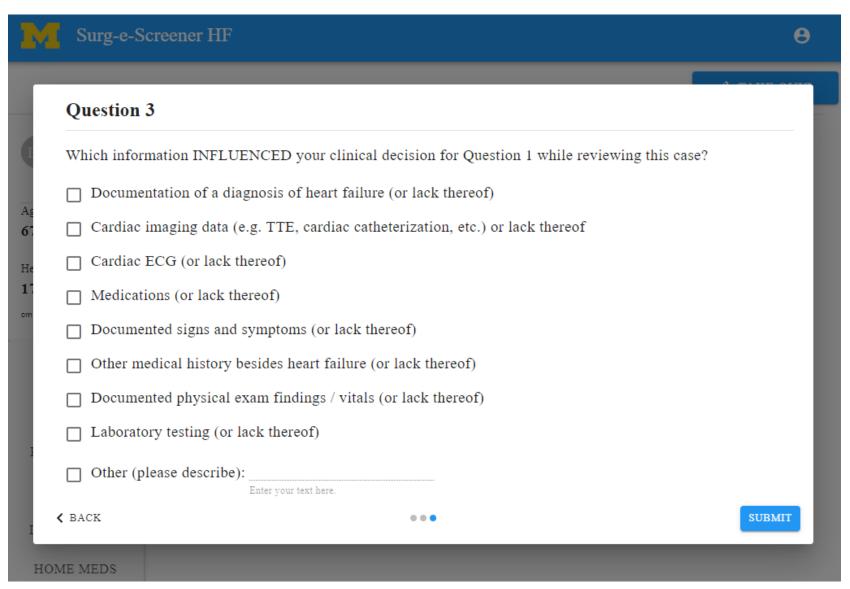
Step 2. Pre-test: HF Recognition Quiz







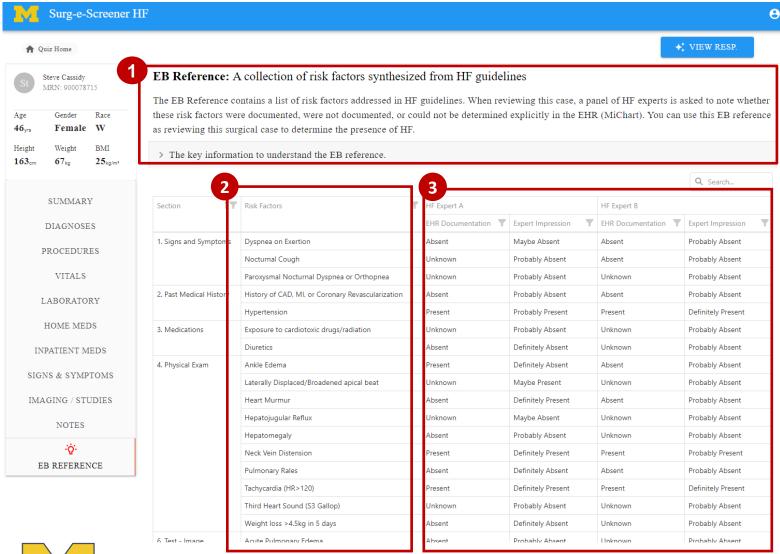
Step 2. Pre-test: HF Recognition Quiz







Step 3. Evidence-Based (EB) Reference



Key components

- 1. The EB reference description
- 2. Key risk factors from the HF guidelines
- 3. Two HF expert predetermined reviews
 - EHR Documentation Present / Absent / Unknown of risk factors
 - Expert Impression clinical impression of whether the risk factor present or not.





Factors Contributing to Heart Failure

Framingham Criteria

| Major | Minor | | |
|--|-----------------------|--|--|
| Acute pulmonary edema | Ankle edema | | |
| Cardiomegaly | Dyspnea on exertion | | |
| Hepatojugular reflux | Hepatomegaly | | |
| Neck vein distention | Nocturnal cough | | |
| Paroxysmal nocturnal dyspnea/orthopnea | Pleural effusion | | |
| Pulmonary rales | Tachycardia (HR >120) | | |
| Third heart sound (S3 gallop) | | | |
| Weight loss >4.5 kg in 5 days in response to treatment | | | |





Factors Contributing to Heart Failure

European Society of Cardiology Guidelines

| | Assessment of HF Probability |
|-------------------------|---|
| Clinical History | History of CAD (MI or revascularization) |
| | History of arterial hypertension |
| | Exposure to cardiotoxic drugs/radiation |
| | Use of diuretics |
| | Orthopnea / paroxysmal nocturnal dyspnea |
| Physical Examination | Rales |
| | Bilateral ankle edema |
| | Heart Murmur |
| | Jugular venous distention |
| | Laterally displaced / broadened apical beat |
| ECG | Any abnormality |

| Natriuretic Peptides (HF unlikely if negative) | | | |
|--|-------------|--|--|
| NT-proBNP | ≥ 125 pg/mL | | |
| BNP | ≥ 35 pg/mL | | |

Echocardiography

Cardiologist assessment

2016 ESC Guidelines for the diagnosis and treatment of acute and chronic heart failure. Eur Heart J. 2016;37(27):2129-2200. doi:10.1093/eurheartj/ehw128





Factors Contributing to Heart Failure

ACCF/AHA Guidelines

Clinical History

Family history of cardiomyopathy

Severity & triggers of dyspnea/fatigue, chest pain, exercise capacity, physical activity, sexual activity

Anorexia, early satiety, weight loss

Rapid weight gain

Palpitations, (pre)syncopal episodes, ICD shocks

Symptoms suggesting transient ischemic attack/thromboembolism

Disordered breathing at night, sleep problems

Diet

Physical Exam

Vital signs, heart rhythm, orthostatic changes

Jugular venous distention / hepatojugular reflux

Peripheral edema / cool lower extremities

Hepatomegaly / ascities

Extra heart sounds, murmurs, enlarged/displaced maximal impulse, RV heave

Rales, pleural effusion

EHR Features

Hospitalizations for HF

Medications for HF





Using the Evidence-Based (EB) HF Reference

- For each patient, a HF expert panel reviewed the EHR, and documented whether or not factors contributing to heart failure were:
 - Present
 - Absent
 - Unable to explicitly determine (Unknown)
- Additionally, the expert panel noted quantitative and qualitative findings describing the lowest left ventricular ejection fraction within the EHR prior to surgery





Example Data from HF Expert Panel Review

Based on *relevant* clinical records within 365 days of surgery, what specific Major Framingham Criteria for heart failure did the patient exhibit *prior* to surgery?

| | Explicitly Determined from Clinical Documentation? | | |
|--|--|-------------------------|--------------------------------|
| | Documented as Present | Documented as Absent | Unable to explicitly determine |
| Acute Pulmonary Edema | • | 0 | 0 |
| Hepatojugular Reflux | 0 | • | 0 |
| Neck Vein Distension | • | \circ | 0 |
| Paroxysmal Nocturnal Dyspnea/Orthopnea | 0 | • | 0 |
| Pulmonary Rales | 0 | • | 0 |
| Third Heart Sound (S3 Gallop) | 0 | 0 | • |

Based on <u>relevant</u> clinical records within 365 days of surgery, what specific risk factors for heart failure did the patient exhibit on *prior* to surgery?

| | Explicitly Determined from Clinical Documentation? | | |
|---|--|-------------------------|--------------------------------|
| | Documented as Present | Documented as Absent | Unable to explicitly determine |
| History of CAD, MI, or Coronary Revascularization | • | 0 | 0 |
| History of Hypertension | • | \circ | 0 |
| Exposure to cardiotoxic drugs/radiation | 0 | 0 | • |
| Use of diuretics | 0 | \circ | • |
| Heart Murmur | 0 | • | \circ |
| Laterally Displaced/Broadened apical beat | 0 | 0 | • |





Example Data from HF Expert Panel Review

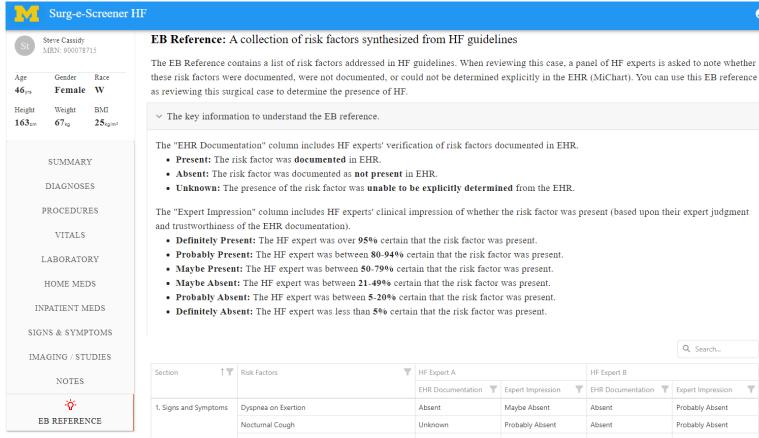
What was the lowest left ventricular ejection fraction (%), or if no ejection fraction available, lowest qualitative report of left ventricular systolic function performed within this time period?

| Specific EF Reported: |
|--|
| 32% |
| O No EF Reported, but Hyperdynamic (>=70%) or equivalent qualitative report |
| O No EF Reported, but Normal (50-69%) or equivalent qualitative report |
| O No EF Reported, but Mild Dysfunction (40-49%) or equivalent qualitative report |
| O No EF Reported, but Moderate Dysfunction (30-39%) or equivalent qualitative report |
| O No EF Reported, but Severe Dysfunction (<30%) or equivalent qualitative report |





Step 3. Evidence-Based (EB) Reference





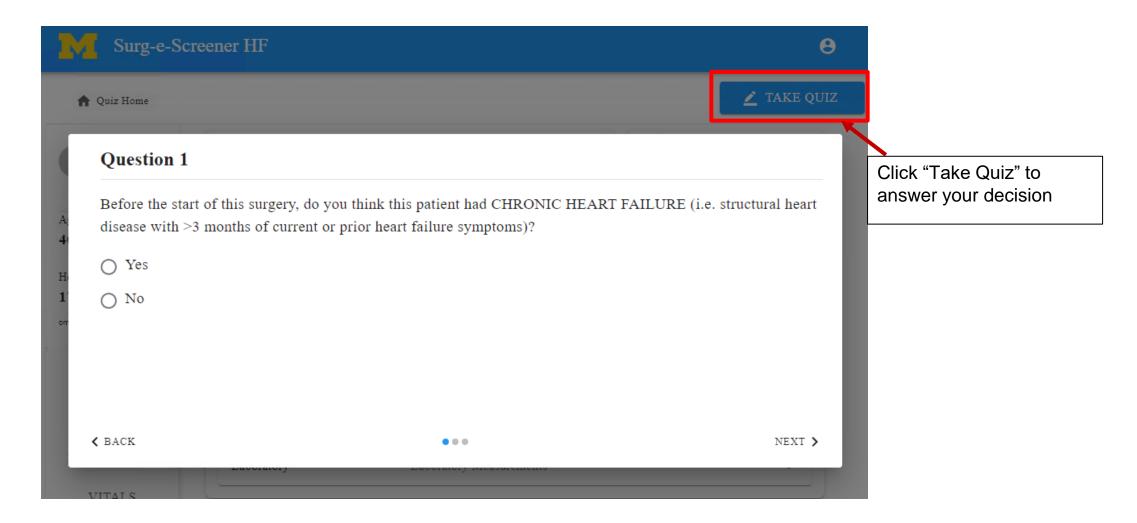
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| Section 1 | Risk Factors | HF Expert A | | HF Expert B | |
|-------------------------|---|-------------------|-------------------|-------------------|--------------------|
| | | EHR Documentation | Expert Impression | EHR Documentation | Expert Impression |
| 1. Signs and Symptoms | Dyspnea on Exertion | Absent | Maybe Absent | Absent | Probably Absent |
| | Nocturnal Cough | Unknown | Probably Absent | Absent | Probably Absent |
| | Paroxysmal Nocturnal Dyspnea or Orthopnea | Unknown | Probably Absent | Unknown | Probably Absent |
| 2. Past Medical History | History of CAD, MI, or Coronary Revascularization | Absent | Probably Absent | Absent | Probably Absent |
| | Hypertension | Present | Probably Present | Present | Definitely Present |
| 3. Medications | Exposure to cardiotoxic drugs/radiation | Unknown | Probably Absent | Unknown | Probably Absent |
| | Diuretics | Absent | Definitely Absent | Unknown | Probably Absent |
| 4. Physical Exam | Ankle Edema | Present | Definitely Absent | Absent | Probably Absent |
| | | | | | |





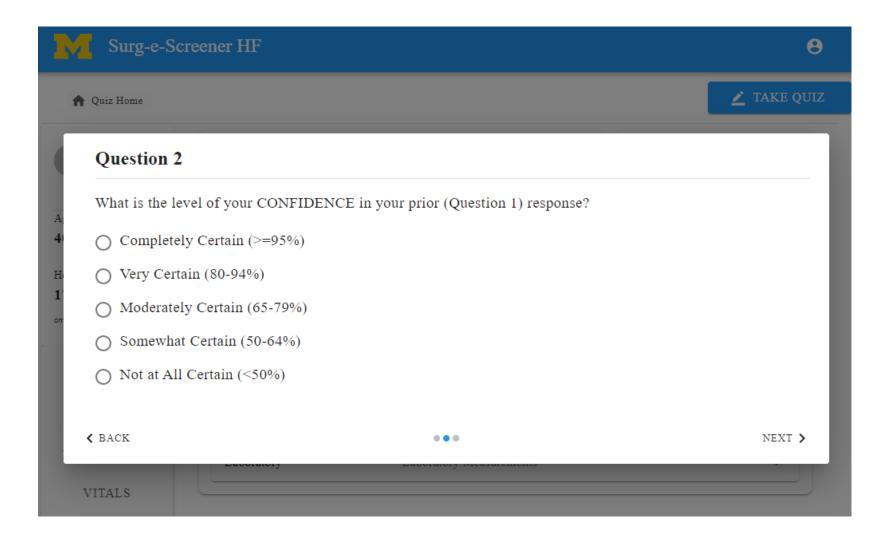
Step 4. Post-test: HF Recognition Quiz







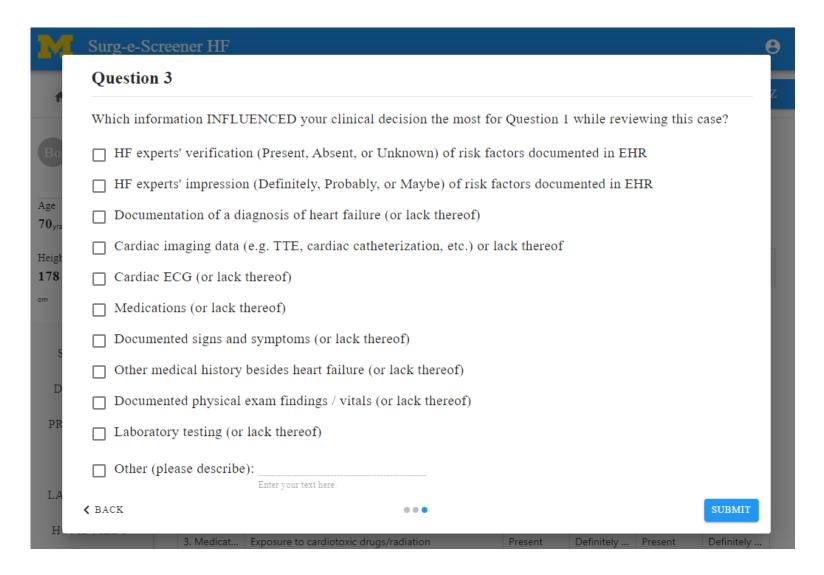
Step 4. Post-test: HF Recognition Quiz







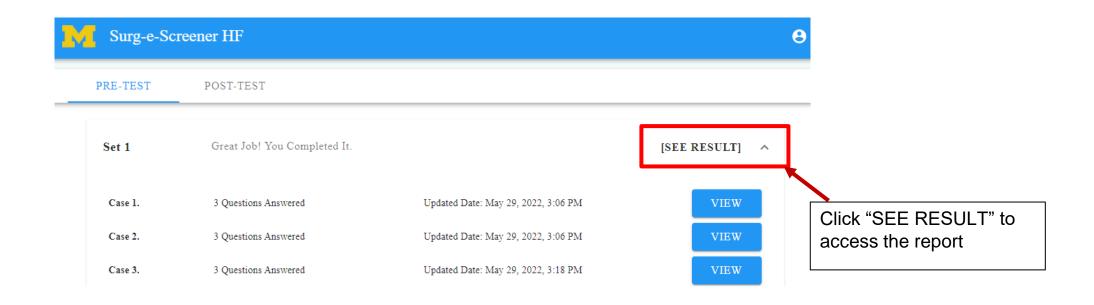
Step 4. Post-test: HF Recognition Quiz







Step 5. Result Report Access



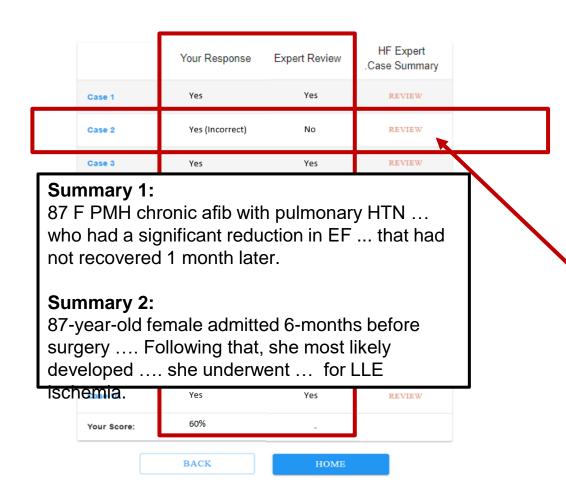
Key components

SEE RESULT will be available after reviewing 20 surgical cases, 10 case review results in PRE-TEST and 10 case review results in POST-TEST.





Step 5. Expert Review Comparison



Review your result report

- Compare your HF recognition with the pre-determined answers by HF experts in each case.
- Re-examine cases when you are misaligned with the answers.
- Review a short description of the surgical cases summarized by the HF experts.





Summary of e-Learning Module

After watching this e-Learning module, you should be able to:

- 1. Understand the **process and activities required** to complete the HF recognition study
- 2. Identify **risk factors contributing to HF** from Framingham Criteria, European Society of Cardiology, and American Heart Association guidelines
- 3. Describe what combination of **major and minor risk factors** determines HF using the Framingham Criteria.

The short quiz will ask you mainly about Point 2 and Point 3.





Demo



Final Step

 No further actions after completing the test cases. We appreciate your participation.

- Reimbursement:
 - Follow-up if any case reviews remain incomplete
 - Pending follow-up / completion of all cases, you will receive reimbursement of \$50 as a check delivered to your mailing address

• Email Hyeon Joo (thejoo@med.umich.edu) if any questions



