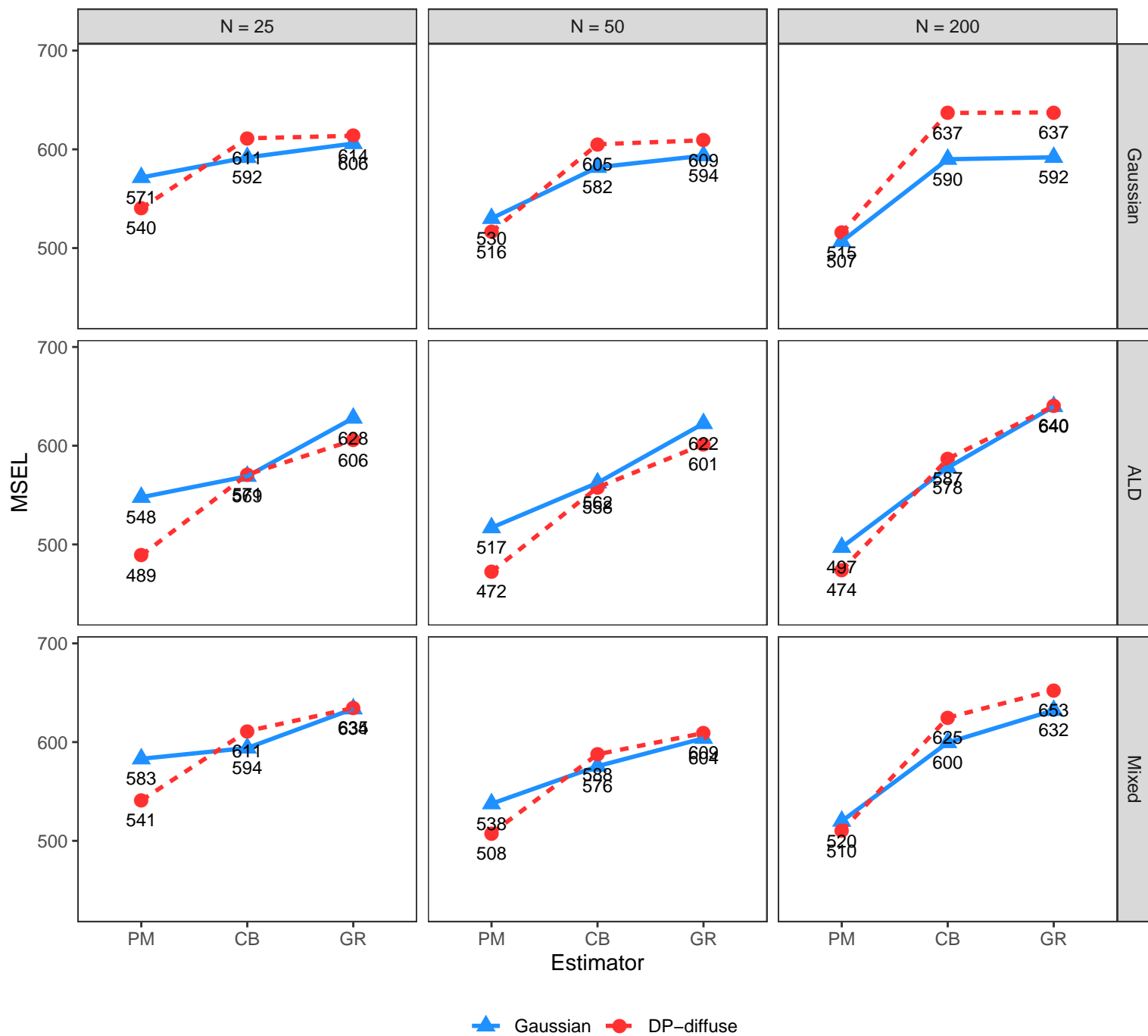Mean Squared Error Loss (MSEL) for the individual site-specific effects

ICC = 0.5, R = 1

PM: Posterior Mean, CB: Constrained Bayes, GR: Triple-goal