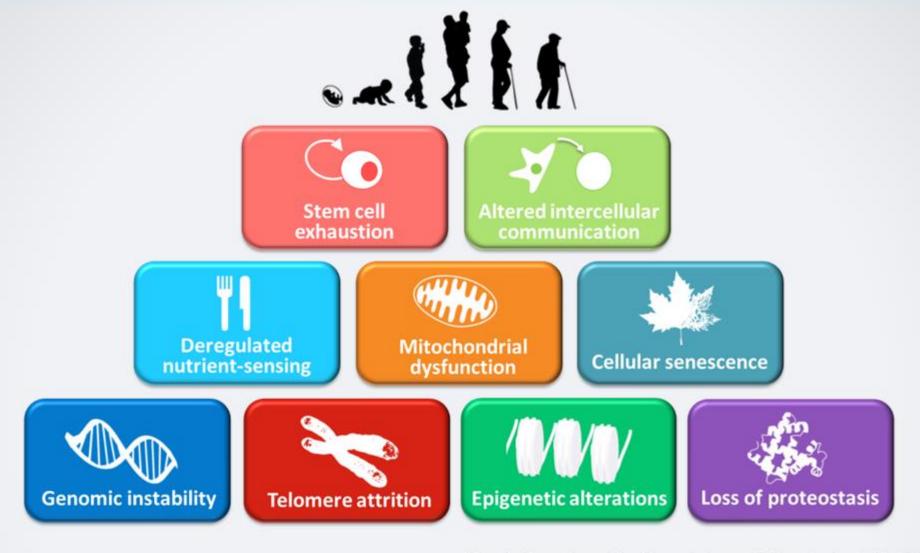
#### Ako sa dožiť 1000 rokov?



### What is aging? Can we delay it?



The hallmarks of aging, López-Otín et al., Cell 2013

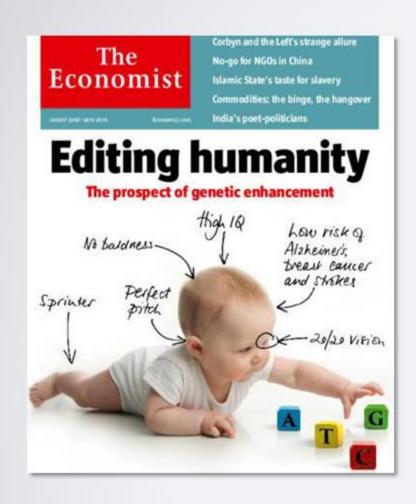
#### Learn to think on an exponential level



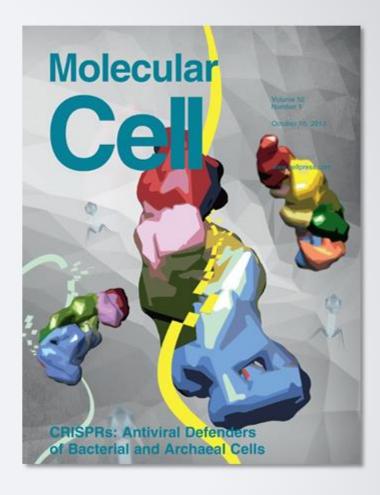
## How close are we to finding cure for aging?



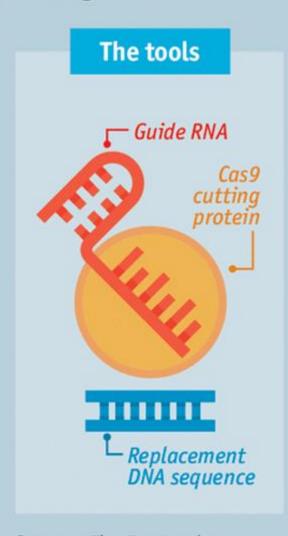
## Easy DNA editing will remake the world

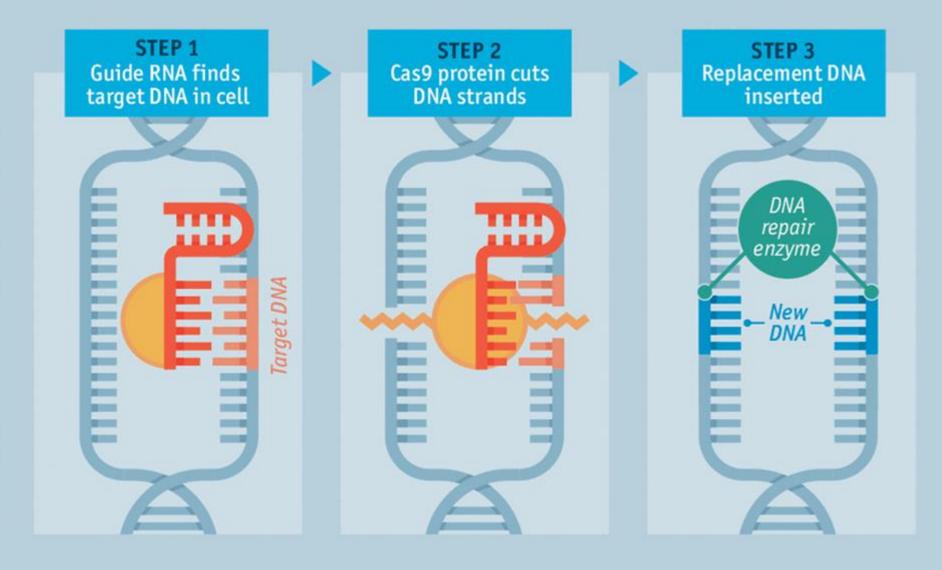






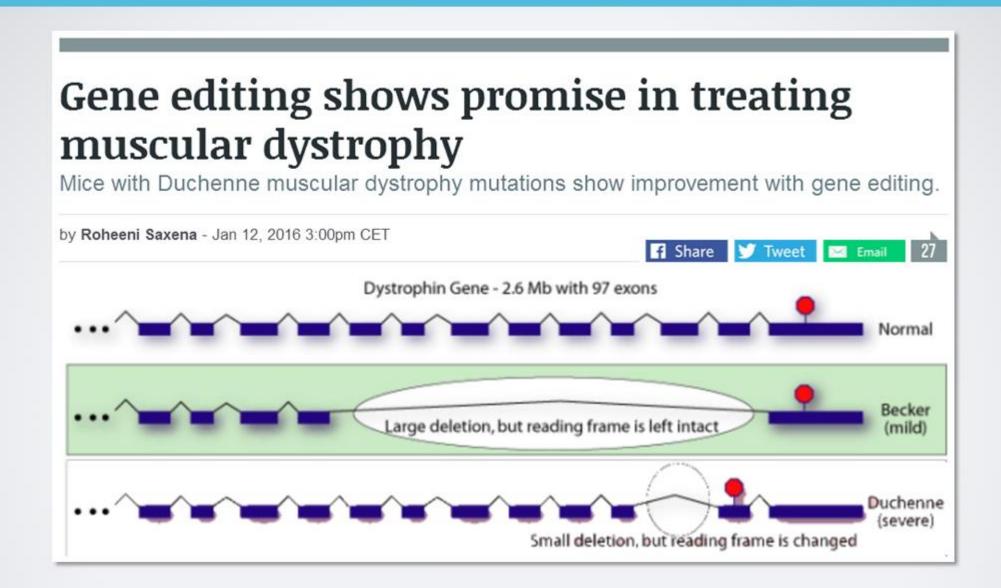
#### **Using CRISPR**





Source: The Economist

#### The genesis engine: CRISPR/Cas9



# Medical enhancement and posthumanity



#### 2015 – Great year for longevity science

HOME » NEWS » SCIENCE » SCIENCE NEWS

#### World's first anti-ageing drug could see humans live to 120

Scientists believe the common diabetes drug metformin could hold the secret of long life and want to start a groundbreaking human trial in 2016



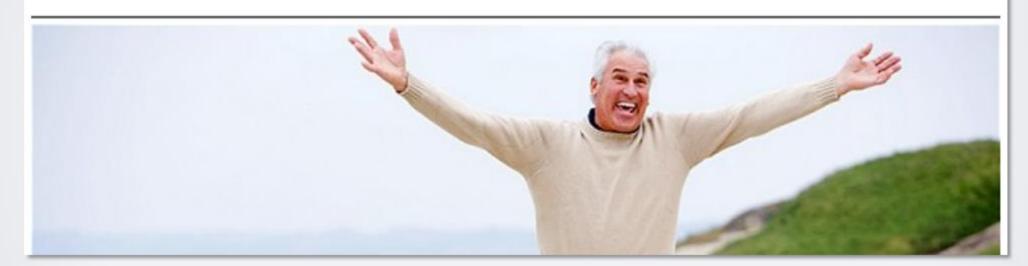








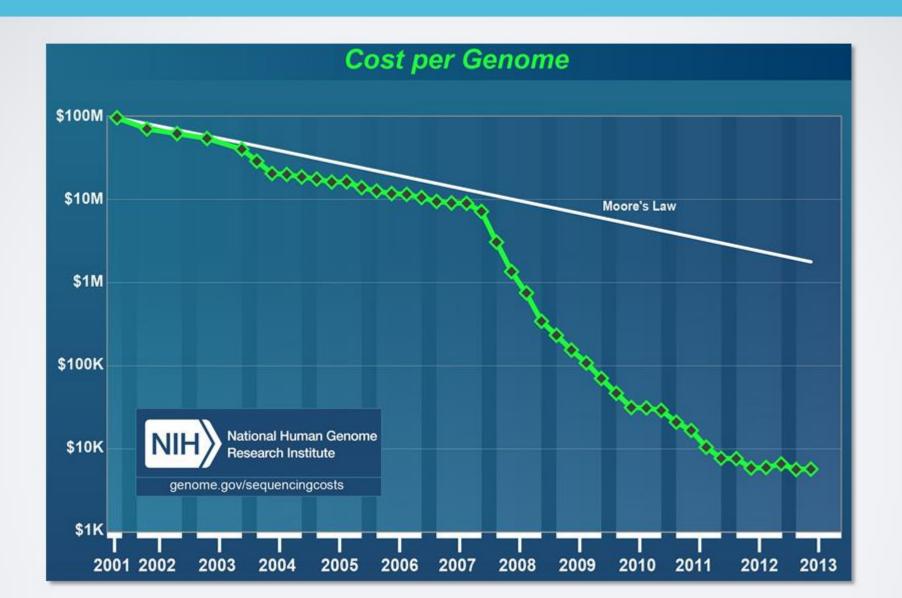




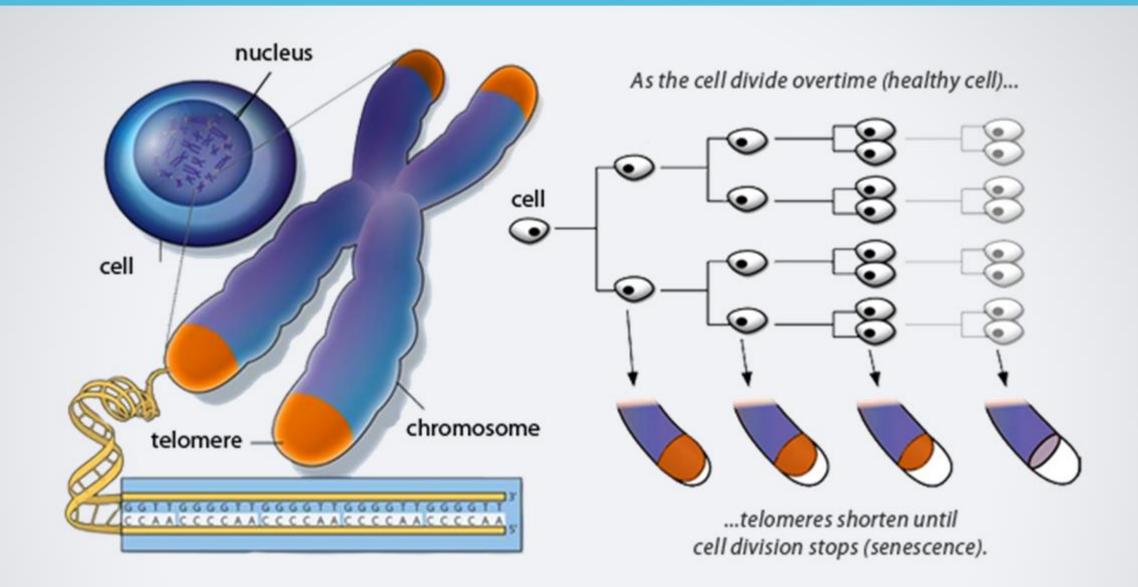
## Longer lives won't mean overpopulation



# Life-extension will be accessible to everyone



#### Meditation improves telomerase activity



#### Personal genomics: the future of healthcare?

Orientation plus Stabilized plus Geno + Mag + Summary (A;A)Higher vitamin B12 levels Lower vitamin B12 levels (G;G) Make rs602662(A;G) Reference GRCh38 38.1/141 Chromosome 19 Position 48703728 Gene FUT2 is a snp mentioned by is dbSNP rs602662



## Longevity – The correlate of wellbeing



- Education
- Intellectual Activity
- Prosperity
- Indicator of economic success and failure (GDP/GDP per capita)
- Equality (Gini Index)
- **Peacefulness**